# **Mt. Carmel Update**



WELLNESS • TRANSITION • RESOURCES

"Some people spend an entire lifetime wondering if they made a difference, Veterans don't have that problem." - Ronald Reagan

### **MT. CARMEL EXCELLENCE AND MOMENTUM**



*"We must never forget our mission to serve Military, Veterans, and their Families. They deserve our very best."* 

Jay Cimino

### In order to build a strong community, we must:

- 1. Never let a military member, veteran or family member fall through the cracks.
- 2. Build partnerships with passion to work alongside our team to support the mission.
- 3. Connect with partners that have means to help fuel the engine.

### **MT. CARMEL VETERANS SERVICE CENTER**



### Mission

To provide best practices for our Military, Veterans, and their Families through accessible programs, integrated resources, and collaborative partnerships that empower lives and strengthen our community.

### Vision

Mt. Carmel collaborates with community partners to provide health, wellness and transition services that nurture mind, body and spirit.



**"Boots on the Ground Services"** Bringing together Public, Private, and Philanthropy under one roof.



# **SERVICES / BEST PRACTICES**

#### **HEALTH & WELLNESS**

- Counseling Services
- Alternative Therapies
- Optometry
- Medical Benefits
- Spiritual Resources
- Cultural Competence
- Support Groups



Next Chapter

#### **MILITARY, VETERAN, AND FAMILY SERVICES**

- Veterans Services
- Social Services
- Housing Resources
- Homeless Outreach
- Financial Wellness
- Legal Services
- Emergency Assistance



**Mission Outreach** 

#### **TRANSITION & EMPLOYMENT**

- Employment Resources
- Transition Services
- Peer Mentors/Navigators
- Scholarships
- Training/Workshops (LINK)
- Internships
- Networking

### Transition & Employment

#### Veterans Service to Career

#### **CRITICAL OUTCOMES**

Suicide Prevention Homeless Prevention Food Insecurity Self Sufficiency Access to Care

#### **VETERANS BUSINESS OUTREACH CENTER (VBOC)**

- Provide Entrepreneurial Development Services
- Entrepreneurial Training and Counseling
- Comprehensive Feasibility Analysis
- Concept Assessments
- Business Plan Preparation
- Peer Mentorship
- Partner Referrals
- Training/Workshops
- Internships
- Networking

### **MISSION OUTREACH**



## **MISSION OUTREACH**



Through Mt. Carmel's extensive partner network, Mission Outreach provides assistance in numerous ways, including donations of resources, funds, and time. Mission Outreach collaborates with supporters, volunteers, partner organizations, and businesses to provide the means to support its programs.



#### **OPERATION STEP UP**

719 Heroes at Sellstate Alliance Realty and Rocky Mountain Vibes Baseball invite the public to help end veteran homelessness in the Pikes Peak region through support of transitional housing and services delivered by Mt. Carmel Veterans Service Center through the operation step up program.



### **COMMUNITY CONNECTIONS**

Over 200 partners in the community help us to provide Veterans with everything from monetary assistance to program sponsorship such as educational training and financial assistance.



#### **VETERAN CONNECTIONS**

With support from key partners, Veteran Connections identifies programs and connects services focusing on education, financial, and legal benefits for veterans. Services include Rapid Resources, life skills coaching and classes, benefit counseling and planning, and legal advice.



Rodger Johnson Program Manager (Mt. Carmel) Ken Curtner Lead Clincian (UCHealth)

# **IMPACT:**

- Pilot program in El Paso County until 2025 (three years).
- Focus on UPSTREAM psychosocial stressors (Build Resilience/Wellness).
  - Suicide stressors: financial, housing, employment, legal, behavioral health, or relationships.
- Stigma free, easy access, resources, no out of pocket cost.
- Expanded to Teller and Pueblo County.
- UCHealth outpatient BH facility to open on Mt Carmel Campus in 2024.

- Goal: Enroll 636 Vets and FMs over three years.
- Status: Enrolled over 1,000 Vets and FMs in Next Chapter since inception (Jun 22 - Jun 24 (2 Years)).
- Goal: Create stigma free, no cost, access to care.
- Status: 9,821 visits to BH care providers at no cost to Veteran or family member.
- Goal: Reduce rate of suicide in veterans.
- Status: CY22 saw a 5% decrease from CY21 in the incidence of Veteran suicide (El Paso County Coroner).

# **QUESTIONS?**

Bob McLaughlin COL, U.S. Army (Retired) Mt. Carmel Veterans Service Center Executive Director <u>bmclaughlin@mtcarmelcenter.org</u> (719) 309-4713 (w) (915) 217-3582 (c)