



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, US ARMY GARRISON YONGSAN - CASEY
UNIT #15333
APO AP 96205-5333

IMYN-ZA

09 OCT. 2018.

UNITED STATES ARMY GARRISON YONGSAN - CASEY POLICY LETTER # 32

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Nursing Mother's Policy

1. **REFERENCES:**

a. Section 7(r) of the Fair Labor Standards Act – Break Time for Nursing Mothers' Provision.

b. United States Army Public Health Command (USAPHC) Technical Guide 281, A Guide to Female Soldier Readiness, June 2010.

c. United States Army Public Health Command's Breastfeeding Resources at <http://phc.amedd.army.mil/topics/healthyliving/wh/Pages/BreastfeedingandBreastHealth.aspx>.

d. United States Office of Personnel Management (OPM), Guide for Establishing a Federal Nursing Mother's Program, January 2013.

2. **PURPOSE:** To establish policy on the requirements to support mothers who desire to express milk or breastfeed during duty hours and provide guidance for use of government facilities.

3. **APPLICABILITY:** This Policy applies to all Soldiers, Civilians, Family Members, and other personnel who work on, reside on, or visit US Army Garrison Yongsan - Casey facilities.

4. **DISCUSSION:** All Commanders/Supervisors will ensure all nursing mothers on USAG-Y-C installations have adequate facilities and reasonable time periods to breastfeed their children and/or express breast milk in compliance with federal laws and installation policies.

5. **POLICY:** Female Soldiers and DA Civilians have the option to continue breastfeeding their babies after they return from maternity leave. If they so choose, commanders/supervisors must:

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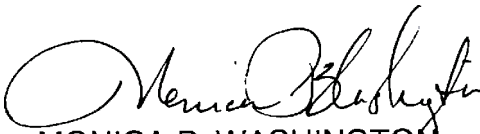
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a. Provide reasonable break time for a Soldier/ DA Civilian to express breast milk for her nursing child for one year after the child's birth each time such person has need to express milk.

b. All Major Subordinate Commands (MSCs) and Civilian Directorates assigned to USAG Yongsan – Casey should provide a clean, quiet private area, in both garrison and field environments, which are shield from view and free from intrusion from coworkers and the public, to be used by a Soldier or employee to express breast milk. The room should provide access to electricity, good lighting, proper ventilation, and a place to sit (other than the floor) with a flat surface. Bathroom and latrine facilities will not be used.

c. Any room designated for breastfeeding shall be a clean and quiet area in USAG Yongsan - Casey that is free from intrusion from co-workers and the public. The room will be reserved solely for use by Soldiers or employees to breastfeed or express breast milk. Bathrooms, locker rooms, and latrine facilities may not be designated as expressing or breastfeeding rooms.

d. The point of contact for this policy is the Family Advocacy Program Manager (FAPM) at DSN: 738-7505.



MONICA P. WASHINGTON
COL, LG
Commanding

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