



DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
JOINT BASE LEWIS-MCCHORD YAKIMA TRAINING CENTER
970 FIRING CENTER ROAD
YAKIMA, WA 98901-9399

IMLM-YTC-ZA

15 July 2020

MEMORANDUM FOR All Service Members, Department of the Army (DA) Civilians, Department of Defense (DoD) Contractors, Family Members, and Visitors to Yakima Training Center (YTC)

SUBJECT: Yakima Training Center (YTC) Policy Statement #18, Physical Training (PT), Running/Walking Routes and Pedestrian's Rights and Duties

1. References:

- a. AR 350-1, Army Training and Leader Development, 10 December 2017.
- b. FM 7-22, Army Physical Readiness Training, 26 October 2012.

2. Applicability: This policy letter applies to all Service Members, regardless of component or service branch; DA Civilians: DoD Contractors, family members and all visitors of YTC who are walking or conducting PT on YTC.

3. Policy. Active participation in a physical fitness program enhances ones quality of life, improves productivity, and brings about positive physical and mental changes.

4. Runners/walkers in formation an unit PT.

a. Units may hold PT formations anywhere on YTC, with exception of open roadways. Units may reserve parade fields with the Garrison Command Sergeant Major, 509-577-3205.

b. Personnel responsible for conducting PT running formations must ensure unauthorized roadways and streets are not used, and only use designated roads and streets (see attached map for unauthorized areas).

c. Personnel will observe and comply with approved running routes as shown on enclosed map. As indicated, there are NO PT routes near or on surrounding trails near the ASP, or on Firing Center Road east of East Gate.

d. Running in parking lots is not permitted unless specifically designated and closed with cones or other means.

e. Personnel are not authorized to use vulgar or derogatory cadence or language at any time.

f. Running in formations will not exceed 3 files, nor will formation extend over the centerline of the road. This includes the cadence call and formation leader.

g. Running formations will run on the right side of the road, with the flow of traffic and have the right-of-way over all traffic, with the exception of emergency vehicles responding to an emergency with flashing lights.

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e. Personnel are not authorized to use vulgar or derogatory cadence or language at any time.

f. Running formations will not exceed 3 files, nor will the formation extend over the centerline of the road. This includes the cadence call and formation leader.

g. Running formations will run on the right side of the road, with the flow of traffic and have the right-of-way over all traffic, with the exception of emergency vehicles responding to an emergency with flashing lights. In this case, formations must completely clear off of the roadway.

h. Safety personnel/road guards will be placed at the front and rear of each formation. During hours of limited visibility, all personnel in the formation are required to wear reflective vests or belts. Additionally, during hours of limited visibility, safety personnel/road guards will carry flashlights. Limited visibility is defined as any time from dusk to dawn and any other time when, due to insufficient light or unfavorable atmospheric conditions, personnel are not clearly discernible from a distance of approximately 200 meters.

i. Formations on streets will run or march as close to the right side of the road as possible.

5. Runners/walkers not in formation and pedestrians.

a. No more than 2 people running abreast on sidewalks or authorized roadways.

b. Personnel must ensure unauthorized roadways and streets are not used, and designated roads and streets are used when necessary (see attached map for unauthorized areas).

c. Personnel will observe and comply with approved running routes as shown on the enclosed map. As indicated, there are NO PT routes near the ASP, on surrounding trails near the ASP, or on Firing Center Road east of East Gate.

d. When not running on sidewalks, runners/walkers not in formation and pedestrians will stay to the left side of the road, facing themselves against the flow of traffic.

e. During hours of limited visibility, runners/walkers not in formation and pedestrians no utilizing sidewalks will wear a reflective vest, reflective belt, or lights (i.e. headlamps, lighted vests) that are visible from the front and the rear and unobstructed by clothing or equipment. Limited visibility is defined as any time from dusk to dawn and any other time when, due to insufficient light or unfavorable atmospheric conditions, personnel are not clearly discernible from a distance of approximately 200 meters.

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6. This policy does not apply to Morale, Welfare, and Recreation (MWR) sponsored running events. These events will be coordinated and planned by MWR to ensure the safety of all participants.

7. The point of contact for this memorandum is the Garrison Command Sergeant Major undersigned at (509) 577-3205 or paul.p.desanto.mil@mail.mil.


LUKE A. WITTMER
LTC, SF
Commanding

The areas depicted in RED are off-limits to physical training (e.g. running, walking, etc.). All other roads within the cantonment area are open for physical training.

