

# Guidon

Thursday, March 25, 2021

Fort Leonard Wood, Missouri



## Fort Leonard Wood units stand-down to address violent extremism

Fort Leonard Wood service members and civilians are getting training on their roles regarding the elimination of extremism from the Department of Defense, in line with an initiative announced in February by Secretary of Defense Lloyd Austin.



## Officials design third version of Army Combat Fitness Test with more inclusive scoring

The latest version of the Army Combat Fitness Test, or ACFT 3.0, is exploring the potential use of a performance tier program that accounts for the physiological differences between the genders. Another change also adds the plank as a fully graded substitute for the leg tuck.



## Fort Leonard Wood introduces housing mayors

Four of Fort Leonard Wood's neighborhoods have elected their mayors, and Col. Jeff Paine, U.S. Army Garrison Fort Leonard Wood commander, is set to introduce them during a Housing Town Hall at 6 p.m. tonight, livestreamed in the Fort Leonard Wood Housing Town Hall Facebook group.



## Fort Leonard Wood Soldier, civilian to represent TRADOC in AGCRA competition

Two Fort Leonard Wood human resource managers were picked March 2 to represent U.S. Army Training and Doctrine Command in the Army wide Adjutant General School's 2020 Adjutant General Corps Regimental Association competition.

Read these stories and more at <https://www.army.mil/paowood>.



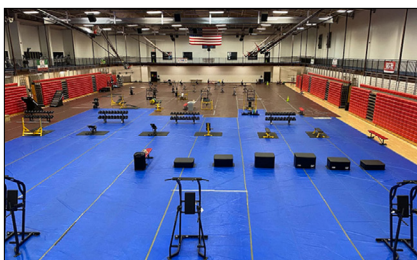
## Parson, Bonner speak at kick-off event for the Month of the Military Child

Missouri Governor Mike Parson, alongside Maj. Gen. James Bonner, Maneuver Support Center of Excellence and Fort Leonard Wood commanding general, spoke at a kick-off event Monday designating April as the Month of the Military Child.



## Multiple construction projects improving post's museum complex

Anyone passing by the John B. Mahaffey Museum Complex here has probably noticed the ongoing construction projects. While much of the visible work has been exterior — fixing the roof and masonry issues on the 53-year-old structure — other projects are improving the museum for visitors and the artifacts inside.



## Where to get fit on Fort Leonard Wood

Looking to improve your fitness? There are five fitness facilities on Fort Leonard Wood that serve most Department of Defense ID card holders.



## Cunningham Gym to test 24/7 schedule

Cunningham Gym is testing a 24-hour, seven-days-per-week schedule during the month of April as part of a new pilot program entitled "This We'll Defend Fitness."

Story ideas? Submit them to [guidoneditor@myguidon.com](mailto:guidoneditor@myguidon.com).



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### YOUTH SPORTS & FITNESS

SPORTS REGISTRATION FROM **MARCH 15 - APRIL 9**  
Sports physicals and health assessments required.  
Register by April 9 at Parent Central Registration, Bldg 470, Rm. 1126.  
Parent Outreach Services: 573-596-0238

**TRACK:** Open to youth ages 5-15. Registration limited to 24 youth in each age group: (5-8 and 9-15). Parents meetings will be scheduled for April 13-15. Cost is \$50 per youth. Includes team uniform top and medallion.

**SOCCER:** Open to youth age 3-15. Registration limited to 40 youth in each age group (5-6, 7-8, 9-10) and 20 in each age group (11-12, 13-15). No limit on 3 & 4 year olds. Parents meeting will be scheduled April 13-15. Cost is \$25 (ages 3 & 4) and \$50 (ages 5-15). Includes a team uniform top and medallion.

YOUTH SPORTS & FITNESS, BLDG 9625 / 2538 YOUNG STREET  
**573-596-2611**



Easter  
COOKIE  
DECORATING  
KITS

REGISTER BY MARCH 31

Each kit includes one dozen bunny and egg-shaped cookies, icing, and sprinkles for decorating. Purchase your Easter cookie decorating kits online by March 31st for \$12 pickup on April 2 at the Ozark Tavern!

573-596-0001

### DAUGHERTY BOWLING CENTER

## NOONTIME LEAGUE

**THURSDAYS  
BEGINNING  
APRIL 1 11:30AM-12:30PM**

**SHADOW BOWL AT 11:30 AM  
BOWL FOR SCORE AT 11:40 AM**

2-PERSON TEAMS, 16 WEEKS.  
\$3 PER GAME—2 GAMES BOWLED.  
(SHOE RENTAL REGULAR RATES)  
STOP BY TO REGISTER YOUR TEAM OR  
CALL DAUGHERTY BOWLING CENTER  
FOR MORE INFORMATION. OPEN TO  
AGE 18 AND UP. FACE COVERS AND  
SOCIAL DISTANCING REQUIRED.

1609 S. DAKOTA AVE. **573-596-1488 / 329-2477**