



MSCoE CG and CSM Send: Commemorating Women's Equality Day

On Friday, we commemorate Women's Equality Day and celebrate the 19th Amendment to the Constitution, which enshrines women's right to vote. The passage of the 19th Amendment in 1920, is a result of the courage and determination of those who challenged the nation to achieve our founding principles.



Garrison leaders host quarterly housing town hall

U.S. Army Garrison Fort Leonard Wood leaders hosted a quarterly housing town hall Tuesday evening at Stonegate Community Center, providing an opportunity for on-post residents to get the most up-to-date housing information, voice any concerns or ideas and have issues addressed.



Military police company builds trust in leadership through new pick-up event

More than 150 new recruits with Company E, 701st Military Police Battalion, experienced a new approach to reception and integration – the process of receiving and integrating future Soldiers to the Army during Initial Entry Training – Tuesday here.



Bringing the world to Fort Leonard Wood: IMSO hosts 20th Know Your World event

The Fort Leonard Wood community was given the opportunity to travel to more than 40 countries on Friday evening – all without leaving Nutter Field House – when the International Military Student Office hosted their 20th Know Your World event.

Read these stories and more at https://www.army.mil/paowood.



First female Sapper Leader Course instructor paves the way for others

Sapper Leader Course Instructor Staff Sgt. Ariana Sanchez never set out to make history or be the example she is today.

acebook Instagram

DEPARTMENT OF DEFENSE NEWS

Defense Department releases first department-wide social media policy

The Defense Department today released a policy that for the first time spells out, from the highest levels of the defense community, how DOD military and civilian personnel should use official social media accounts to best advance the mission of the U.S. military and further instill trust in the credibility of the DOD.



U.S. Army civilian ordnance disposal experts safeguard nation from explosive threats

U.S. Army civilian ordnance disposal experts take on unexploded ordnance in support of military operations and civil authorities.



Team Army's Warrior Games odyssey begins

After months of training and nail-biting anticipation, Team Army finally kicked off their quest for Department of Defense Warrior Games dominance on Friday, with a changeof-plans opening ceremony at the ESPN Wide World of Sports Complex.



NEWS BRIEFS

Army civilian retirement

Due to an increase in applications, the Army Benefits Center - Civilian is asking Army civilian employees to submit retirement applications six months in advance. Call the Fort Leonard Wood Civilian Personnel Advisory Center at 573.596.0927 if assistance is needed.

COVID-19 vaccines at GLWACH

The General Leonard Wood Army Community Hospital has COVID-19 vaccine appointments available for all beneficiaries on Sept. 1 and Sept. 22. Those under 18 years old may make an appointment between 7:30 and 11:30 a.m., and adults between 1 and 4 p.m. Call 866.299.4234 for details.

Pay office closure

Fort Leonard Wood's Army Military Pay Office will close at noon on Sept. 2. In case of emergency, call 317.363.7133 or 317.361.0198.

Commissary sidewalk sale

The Fort Leonard Wood Commissary is hosting a Labor Day sidewalk sale from 9 a.m. to 7 p.m. Sept. 1 to 3, and 10 a.m. to 6 p.m. Sept. 4. Call 573.596.0783 for details.

New employee onboarding

The next New Employee Onboarding Course is scheduled for Sept. 6 to 9. Email farrah.l.overman.civ@army.mil for details.

Retiree Appreciation Days

Fort Leonard Wood is set to host its Retiree Appreciation Days celebration Sept. 9 and 10 at various locations around the installation. Events this year will include a bus tour of the post, a retirement ceremony, lunch in an Army dining facility, retiree dinner and a town hall. The goal is to provide retirees and their families with information, services and assistance concerning their personal affairs, benefits, privileges, rights and entitlements. Call 573.596.0947 or click here for details.

Welcome back!



Photo by Angi Betran, Fort Leonard Wood Public Affairs Office

Maneuver Support Center of Excellence and Fort Leonard Wood Command Sgt. Maj. Randolph Delapena helps kick off the school year on Monday by greeting students and teachers at the Waynesville Middle School. Leaders from across post also visited the high school and elementary schools on post to help welcome students back to school.

9-8-8 for mental health help

The national suicide prevention and mental health helpline may now be reached by calling 9-8-8. Veterans may still press "1" to be connected with a responder trained to assist the military and veteran populations. Click here for additional details.

Peak PCS season delays

Personnel preparing for a permanent change of station should anticipate delays in the scheduling of household goods moves, and should not try to move or store their household goods prior to receiving PCS orders. Individuals should contact the Fort Leonard Wood transportation office when orders are received – any delay in contacting the transportation office may result in non-availability of Department of Defense-contracted moving companies. Call 573.596.0077, or visit in person in Bldg. 470, Room 1220. The transportation office is open from 8 a.m. to 3 p.m. weekdays. Customers also have the option to start the process on-line

through the Defense Personal Property System. To request access to DPS, click here. Scroll down to the red button that reads, "LOG IN TO DPS." When at the DPS landing page, scroll down to the customer column and click "Register as a Customer," and fill out the requested information. A user ID and password is sent to the email provided. This option is not available for first-time movers, retirees and separating members. Call 800.462.2176 for details.

Sexual assault helpline

Fort Leonard Wood's sexual assault helpline is available 24/7 at 573.855.1327. Click here for additional resources.

At the movies

This weekend's movies at Abrams Theater include "DC League of Super-Pets," rated PG, showing at 6:30 p.m. Friday; "Nope," rated R, showing at 1 p.m. Saturday and 11 a.m. Sunday; and "Top Gun: Maverick," rated PG-13, showing at 2 p.m. Sunday. Call 573.329.6176, or visit the Exchange website for details.

How well do you Know Your World?

The Fort Leonard Wood community was invited to learn more about the world around them at the Know Your World event Friday at Nutter Field House, hosted by the International Military Student Office. Below are the answers to the quiz:

Caribbean

How many square miles is the island of Jamaica? 4,244 What musical instrument is made in Trinidad and Tobago? steel pan What is the name of Saint Vincent and the Grenadines annual festival? Vincymas

This flag belongs to what country?



Trinidad and Tobago

South America

What is the name of the longest river in the world located in Brazil?

Amazon

In this South American country, you can see the ocean and snow at the same time.

Colombia

Where in the world can I find Rapa Nui? Chile

This flag belongs to what country?



Colombia

Africa

What country is known as "The Warm Heart of Africa?" Malawi What is the capital of Rwanda? Kigali Where can I find "home" in Tunisia? everywhere This flag belongs to what country?



Nigeria Sierra Leone's capital city has a famous tree. What type of tree is it?

Freetown Cotton Tree

What is the most populated country in Africa? Nigeria

Europe

In what year were the winter Olympics held in Bosnia and Herzegovina? 1984

What famous basketball player from Croatia played with Michael Jordan? Toni Kukoc How much area in Estonia is swamp? 22.3 percent This boot-shaped peninsula is surrounded by the Tyrrhenian, Adriatic and Ionian seas. Italv What is the name of the gulf that borders Latvia? Gulf of Riga or Baltic Sea What was Moldova originally named? Bessaraba Pope John Paul II was born in Poland. What was his birth name? Karol Jozef Wojtyle This flag belongs to what country?



Moldova What calendar was developed in Bulgaria? Protobulgarian's Calendar What country has the most castles in Europe? Czech Republic What is the capital of Hungary? Budapest What is the newest country in Europe? Kosovo (formed Feb. 17, 2008) In what year was the name Lithuania first mentioned? 1009 CE In what European country was Mother Teresa born? North Macedonia What is the name of the Romanian currency? RON (leu/lion) What language is spoken in Montenegro? Montenegrin

Asia

Who is known as the greatest Mongolian emperor? Genghis Khan In the Philippines, what holiday starts on Sept. 1 and ends the first week of January? Christmas What martial art comes from South Korea? Taekwondo What will I find in the northeastern part of Thailand? forests, waterfalls and hills What are Vietnamese tacos called? Banh Mi What Middle Eastern country has man-made islands? **United Arab Emirates** The capital of Bangladesh (Dhaka) is known as... "The City of Mosques"

Who is the Emperor of Japan? KinjoTenno Where can I find a moon cake? Taiwan How many active Volcanoes are in Indonesia? 76 What two bodies of water border Saudi Arabia? **Red Sea and Arabian Gulf** Which wonder of the world is located in Iraq? Hanging Garden In Kuwait, what animal is known as the "ship of the desert?" camel This flag belongs to what country?



Japan

What is Georgia well known for? wine Where in the world will I find the largest population of Lebanese outside of Lebanon? Brazil Who are the king and queen of Jordan? King Abdullah II and Queen Rania

What does the name Pakistan mean? "Land of the Pure"

Bonus Questions: North America

What is the capital of Missouri? Jefferson City How many individual states make up the U.S.? 50 What was the first state to be granted statehood? Delaware What is the largest state in the U.S.? Alaska How many land-locked countries are there in North America?

zero How are the interstates numbered in the U.S.? odd roads are north-south; even are east-west In what year did Missouri become a state? 1821 On what date did the United States sign the Declaration of Independence? July 4, 1776 The world's longest border is shared by the United States and what other country? Canada What is the longest river in North America? **Missouri River** What is the lowest point in North America? **Death Valley** What is the largest freshwater lake in North America? Lake Superior



Photos by Brian Hill, Fort Leonard Wood Public Affairs Office

Five-year-old Anna Romito – daughter of Lt. Col. John Romito, commander of the 1st Battalion, 48th Infantry Regiment – fires a squirt gun at a target during the react-to-contact portion of the event.



Prior to the restart of school this week, the 1st Battalion, 48th Infantry Regiment hosted an event Friday for the families of the unit. Called the Kids Army Field Day, the event featured food and opportunities for fun, including five family-friendly Soldiering skills lanes and a face-painting tent.





Above: Four-year-old Colton – son of Staff Sgt. Clayton Ryckman – participates in the lowcrawl portion of the event.

Left: Six-year-old Alek Adair learns how to use a compass from his mother, Spc. Pathrice Adair, during the land-navigation portion of the event.



Seven-year-old Anthony Wall attempts to hit a target with a toy grenade as his father, Capt. Chad Douglas (right), looks on.



Sgt. 1st Class Andrew Brashear applies face paint to his five-year-old son, Kollin, at the event.

It is great when people can get their degrees, but it hits home when they return and let you know you were part of the driving force behind their success.

SHARON WASHINGTON

EDUCATION SERVICES OFFICER TRUMAN EDUCATION CENTER FORT LEONARD WOOD

Responsible for the adult continuing education of all Soldiers, family members and civilians within the community.



Why did you choose to become a DA Civilian?

I got out of the military in 2005, which was a difficult transition. **Civilian life just wasn't my thing.** I had 11 jobs in less than 13 months. I was an educator before going into the service. It was one of the most rewarding jobs I had ever had in my adult life, so I decided to give it another shot. **I applied for a guidance counselor position at Fort Bliss, Texas, and was selected. I've been in education ever since.**

What is the most rewarding part about your job/career as a DA Civilian?

I find seeing everyone's accomplishments the most rewarding. **It is great** when people can get their degrees, but it hits home when they return and let you know you were part of the driving force behind their success. I also enjoy seeing other colleagues and educators grow professionally.

What advice would you give to others who are thinking of becoming a DA Civilian?

Do it. Don't give it a second thought. There's something for everybody as a DA Civilian, so it's an excellent option, especially if you've been in the military for quite some time. It keeps you close to that culture. In many cases, if you stay in the same area, you still have that camaraderie with people on the installation. It gives you the feeling of being stable and having the best of both worlds.



SOLDIER *in the*

Spotlight

Capt. Eric Arzaga has had a diverse Army experience since graduating from the U.S. Military Academy at West Point, New York, in 2013. As a military police officer, he has taken the road less traveled to the U.S. Army Chemical, Biological, Radiological and Nuclear School, where he currently serves as assistant operations officer.

What is your hometown? Kalihi, Hawaii.

Where did you complete Initial Entry Training?

I completed Basic Combat Training at the U.S. Military Academy at West Point, New York. They bring in drill sergeants from the U.S. Army Training and Doctrine Command, who come to coach the rising juniors and seniors who conduct the six-week training. The drill sergeants are there to coach and guide them because the whole purpose is for the juniors to understand what it is like to be an NCO.

At West Point, we were constantly in Advanced Individual Training and learning a little about all the branches, like infantry, engineer, and chemical through summer training and coursework. For instance, I learned how to be a fire support officer my sophomore year. We are all infantrymen at our core, though. We breed infantrymen before all the other branches.

Why did you join the Army?

I joined the Army to separate myself from my peers. I want to be better today than I was yesterday and constantly desire improvement. I noticed I was different early on in my childhood. Once you realize that, you have to find people who will propel you and set you apart. I knew I wouldn't find that in my hometown.

A retired lieutenant colonel and West Point alumni who ran the Junior Reserve Officer Training Corps at my high school saw some-



Capt. Eric Arzaga U.S. Army Chemical, Biological, Radiological and Nuclear School

thing in me that I didn't see in myself at the time. He mentored me and thought I needed to go to West Point, so I put all my eggs in one basket and gave it a shot because he believed in me.

Why did you choose to be an MP officer?

My degree is in sociology. I enjoy people, society, community and learning about the world in general. I wanted to put myself in a position where I could directly impact others and create a lasting legacy.

What advice would you give to others who are considering joining the Army?

I highly recommend joining the military. Do what your heart tells you to do. If your heart is in the right place, and it feels right, keep going. If it doesn't, go try something else. Go make a mess, but don't be so messy that you're all over the place; at some point you must hone it down to one thing. Stick to that one thing and work on it for a little bit. For me, it has been incredible and opened the door for many opportunities, and I'm extremely grateful for that. I would not have had the connections I have today without the Army.

What does leadership look like to you?

Example. That's what I look for in a leader – I watch what they do, and from there, they don't have to say much.

How did you end up working for the chemical corps as an MP officer?

I served two years in corrections at the Northwestern Joint Regional Correctional Facility at Joint Base Lewis-McChord, Washington, and a year in law enforcement with the 42nd Military Police Brigade. I could feel myself starting to slow down. I needed to plant new seeds elsewhere so I could continue to develop, and Fort Leonard Wood was open. I took it for a new challenge.

