



MSCoE CG and CSM Send: Celebrating the National Guard's 386th Birthday

On Tuesday, we recognize and celebrate the service of the oldest current military force in America – the National Guard. On this date, 386 years ago, the early militia regiments gathered in Massachusetts and organized into three permanent regional regiments to defend their settlements against attack.



AAFES updating its Fort Leonard Wood facilities, improving services offered

Fort Leonard Wood Army and Air Force Exchange Service officials are constantly working to improve the shopping and entertainment experiences available here for service members, their families and military retirees and veterans with service-connected disabilities.



Fort Leonard Wood EEO program trains counselors to further assist civilian workforce

The Fort Leonard Wood Equal Employment Opportunity Program will now have extra "boots on the ground," thanks to the onboarding of 25 volunteer civilian EEO counselors who completed a week-long EEO Collateral Duty Counselor's Course held Nov. 14 through 18.



SOS Angel Bell Remembrance Tree event brings survivors together to build healing connections

Fort Leonard Wood's Survivor Outreach Services hosted more than 40 survivors from the surrounding community at its Angel Bell Remembrance Tree ornament-decorating event and potluck-style luncheon Saturday at Army Community Service.

Read these stories and more at https://www.army.mil/paowood.



'Determination is an unstoppable force:' Soldier commits to healthier lifestyle with help from AWC

For Explosive Ordnance Disposal Soldier Sgt. Jonothan Holtby, with Fort Leonard Wood's 763rd Ordnance Company (EOD), the decision to make his initial appointment with the Army Wellness Center in July was part of a larger decision he made to change to a healthier lifestyle after the birth of his first child.



CFC

DPW employee finds balance between engineering and horses

Jerry Lee Rosa's life as a horse trainer is a stark contrast to his job as an engineering technician with the Fort Leonard Wood Directorate of Public Work's Engineering Division, but they balance each other out.

There's still time to make a donation to Fort Leonard Wood's 2022 Combined Federal Campaign



drive, which runs through Dec. 16. Click here for details.

Technologies we use every day can pose an Operations Security, or OPSEC risk.



Location data advertises where you are, where you've been and potentially when you'll return.

To mitigate risk:

- turn off precise location settings when not needed for navigation, workouts or other activities, or when taking pictures, especially when on vacation;

- refrain from posting information online about your vacation or extended trips away from your residence until you have returned home;

- always examine where a company is based when deciding to purchase a smart device or download an application. Understand the risk factors, and that your data could be stored by whatever country owns that technology.

Does your unit have an event people might want to read about?

Do you know someone here who has done something interesting lately?

We'd like to hear about it. Submit it here.



NEWS BRIEFS

FEHB open season

The Federal Employees Health Benefits open season runs through Monday. During this time, FEHB enrolees can change their health care, vision and dental insurance coverage. More information is available on the BENEFEDS website.

Dental Assistant Program

Applications for the Dental Assistant Program will be accepted through Jan. 9, 2023. The program is a free, six-month combination of classroom and hands-on training designed to provide skills necessary to become employed at any dental treatment facility. Candidates must have regular access to Fort Leonard Wood. Applications are available by calling Jason Ramlow at 816.536.0108, or by email at jason.ramlow@redcross.org for details.

Fed Night at the Blues Game

The Greater St. Louis Federal Executive Board invites the Fort Leonard Wood community to participate in "Fed Night at the Blues Game," when the St. Louis Blues take on the Calgary Flames at 7 p.m. Jan. 10 at the Enterprise Center in St. Louis. Discounted tickets are available for \$30 and each ticket includes a \$10 value at the concessions stands. Click here to purchase tickets.

ROTC cadre positions open

The Army ROTC program at Missouri University of Science and Technology in Rolla, Missouri, has two positions open. A captain or major, who has completed Captains Career Course, is needed as an assistant professor of military science. Responsibilities include coordinating and supervising the overall training program and serving as the adjunct instructor for all 200-level military science course





Photo by Amanda Sullivan, Fort Leonard Wood Public Affairs Office nilies came out to Fort Leonard Wood's Automotive

Service members and their families came out to Fort Leonard Wood's Automotive Skills Center on Friday to choose from nearly 400 live holiday trees brought to the installation by the Trees for Troops program. Fort Leonard Wood is one of more than 80 military installations receiving trees this holiday season as part of the program, which has provided more than 250,000 live holiday trees to service members and their families since its launch in 2005.

sections (which includes developing curriculum, lesson plans and evaluations). A sergeant first class or master sergeant is needed as a military science instructor. Responsibilities include coordinating and supervising cadet physical development, leadership labs, training management and resourcing requirements, and serving as an adjunct instructor for 100- and 200-level military science course sections (which includes developing curriculum, lesson plans and evaluations). Duty location is on campus. Applicants must be Army Reserve or Individual Ready Reserve, have current height and weight compliance, medical and personnel readiness, generally positive evaluations, and professor of military science

approval. Call 573.341.6802 for details or to apply.

Sexual assault helpline

Military members, their families and DOD civilians can call Fort Leonard Wood's 24/7 Sexual Assault Resource Center at 573.855.1327. Click here to learn more about other available support options.

9-8-8 for mental health help

Dial 9-8-8 to reach the national suicide prevention and mental health helpline. Press "1" to be connected with a responder trained to assist the military and veteran populations. Click here for details.



DIGITAL GARRISON

- keeping military communities connected!

The Army's Digital Garrison mobile app is a one-stop information source for military communities. It's free and available at the Google Play and Apple stores.

HEROES THE BATTLEFIELD

Capt. Rollin Barton, an Engineer Captains' Career Course student, witnessed a serious vehicle crash. Barton responded quickly, using the first aid kit

in his vehicle to render aid to the injured motorist and providing medical sup-

port until an ambulance could arrive. His quick action and personal character reflect our values and our profession. We are proud to serve with him.

Mike Koren from our Fielded Force Integration Directorate, has worked tirelessly to support our Protection Integrator's Course. Specifically, his efforts have contributed to transitioning the course from a pilot to a permanent



course through the course growth process. He has worked effectively across our Cen-

ter and the entire Protection community of practice to develop, prioritize and establish this course that provides required knowledge, skills and development for professionals in Protection-related positions across the operational force.





Abrams Theater is now open for movies on Fridays, Saturdays and Sundays. This weekend's film showing's include:

"Halloween Ends" Rated R Showing at 6:30 p.m. Friday

"Smile" Rated R Showing at 1 p.m. Saturday

"As Above So Below" Rated R Showing at 11 a.m. Sunday

"Black Panther: Wakanda Forever" Rated PG-13 Showing at 2 p.m. Sunday

Prices for regular showings are \$6.50 for adults and \$3.75 for children. Prices for 3D showings are \$8.50 for adults and \$5.75 for children. Call 573.329.6176, or visit the Exchange website for details.





Photos by Angi Betran, Fort Leonard Wood Public Affairs Office

After a quick 1-2-3 count, Maj. Gen. James Bonner, Maneuver Support Center of Excellence and Fort Leonard Wood commanding general, and MSCoE and Fort Leonard Wood Command Sgt. Maj. Randolph Delapena – with a little help from Santa Claus and children from the installation's School Age Center – flip the switch Monday evening on MSCoE Plaza, turning on the holiday tree lights. In addition to lighting the tree, the 399th Army Band and a children's choir from the School Age Center performed holiday music; the Directorate of Family and Morale, Welfare and Recreation provided games, giveaways and activities; and volunteers from Better Opportunities for Single Service members handed out hot chocolate and snacks provided by the Commissary and the USO.

1-2-3... HAPPY HOLIDAYS!!!

Fort Leonard Wood kicks off holiday season with tree-lighting ceremony







Above: Children from Fort Leonard Wood's School Age Center sing holiday songs in front of members of the 399th Army Band.

Far left: Fort Leonard Wood's 35-foot tall holiday tree stands lit on MSCoE Plaza.

Left: Three-year-old Josephine Murrieta picks out her favorite Cards to the Community entry. Six cards were entered this year, with the winner coming from the Directorate of Plans, Training, Mobilization and Security.



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I am a military spouse, so I take a lot of what I do personally ... I enjoy being able to be there and listen to their concerns and ensure that they have somewhere to live.

ANDEE HINOJOSA

HOUSING MANAGER

HOUSING DIVISION FORT LEONARD WOOD DIRECTORATE OF PUBLIC WORKS

Responsible for assisting service members in finding and securing off-post housing resources as they transition to Fort Leonard Wood.



Why did you choose to become a DA Civilian?

My husband is active-duty Army. This is the second time we've been stationed here at Fort Leonard Wood. I became a DA Civilian because it makes it easier for me to transition professionally as a military spouse.

What is your favorite part about being a DA Civilian?

I work on the Housing Services Office side, so we do all the resources for off-post housing, and I really like helping service members. I am a military spouse, so I take a lot of what I do personally. Having to move and transition so often is hard on military families, so I enjoy being able to be there and listen to their concerns and ensure that they have somewhere to live, whether it be onor off-post.

What has been your most memorable experience as a DA Civilian?

I went through the Junior Executive Development Initiative program last year as a mentee and was able to learn a lot about the opportunities that are out there for DA Civilians. **Through the program, I learned a lot about the trainings available to me locally and that people really do care about growth here at Fort Leonard Wood.**

What advice would you give to others who are thinking of becoming a DA Civilian?

Don't limit yourself; reach for the stars. Even the craziest goal you can think of is attainable, but you have to start somewhere.

