

# Community honors future service members at Salute to Service event

Future service members from high schools across South-Central Missouri were honored for their commitment to serve their country at the Community Salute to Service event, held Wednesday evening at Waynesville High School.





# Fort Leonard Wood thanks military spouses at appreciation day event

Fort Leonard Wood's Army Community Service team hosted a day of activities, food and education on Friday, to recognize the resilience of military spouses and the roles they play in the readiness of America's armed forces.

# 31st Engineer Battalion helps create understanding, comradery through Drill Sergeant for a Day event

Family members of the 31st Engineer Battalion got a taste of what it is like to train America's newest Soldiers during the battalion's Drill Sergeant for a Day event Saturday.





## Preservation efforts keep history alive on post

No need to hop in a Delorean to travel through time on Fort Leonard Wood. Thanks to the Directorate of Public Works' Natural Resources Branch Cultural Resources Program – responsible for preserving and protecting more than 700 archeological and cultural sites on the installation – the history of Fort Leonard Wood lands, and the stories of the people who called this area home, stays alive.

Read these stories and more at https://www.army.mil/paowood.

#### **NEWS BRIEFS**

#### **USAMPS** change of commandant

The U.S. Army Military Police School will conduct a change of commandant ceremony at 8 a.m. Friday at Lincoln Hall Auditorium. During the ceremony, Brig. Gen. Niave Knell will transfer responsibilities for the MP School and MP Corps Regiment to Col. Sarah Albrycht, who will become the school's 52nd commandant and chief of the MP Corps Regiment.

#### **EFMP** workshops

Army Community Service is hosting free virtual workshops designed to provide information for military families enrolled in the Exceptional Family Member Program. A workshop on effective communication begins at 2 p.m. Wednesday, and a workshop on health care begins at 2 p.m. May 19. Classroom A in ACS – Bldg. 486 – will be available for anyone needing a place to view the workshops. Click here to register.

#### **Resilience speaker coming to FLW**

Mental health advocate and suicide prevention educator David Woods Bartley will visit Fort Leonard Wood May 24 to 26, and members of the community here are invited to attend one of several scheduled speaking engagements. Service members are invited to attend any one of six 60- to 90-minute sessions. They begin at 8 and 11 a.m. May 24; 10 a.m., 12:30 and 2:30 p.m. May 25; and 8 a.m. May 26. Department of Defense civilians are invited to attend any one of two 90-minute sessions, including one at 1 p.m. May 24, and one at 8 a.m. May 25. Community members with access to Fort Leonard Wood are invited to attend from 7 to 8:30 p.m. May 25. All sessions will be held at the Main Post Chapel. Call 573.596.0938 for details.

#### **HVAC** systems switch

As summer in Missouri nears, the Directorate of Public Works has switched climate control systems in government-owned facilities from heating to cooling. Per Army Regulation 420-1, most facilities will have thermostats set at 74

## **Career summit at Nutter Field House**



Photo by Amanda Sullivan, Fort Leonard Wood Public Affairs Office

Pvt. Evelynn Francis, Company F, 3rd Battalion, 10th Infantry Regiment, discusses future career options with Army and Air Force Exchange Service recruiters during a career summit organized by the Fort Leonard Wood Transition Assistance Program at Nutter Field House today. Eighty-two vendors participated with more than 70,000 available positions.

degrees Fahrenheit for energy conservation purposes. Many climate systems monitor outside air temperatures and will automatically convert to cooling and back to heating when necessary. However, there are many others facilities that require a manual, hands-on switch-over. Once converted to cooling mode, these facilities cannot be switched back to heating mode until October. Buildings may take a few days to adjust. If cooling systems seem inoperable after today, a service request can be initiated using the Army Maintenance Activity site.

#### Peak PCS season delays

Personnel preparing for a permanent change of station move in May, June, July, August – and potentially September – should anticipate delays in the scheduling of their household goods move, and should not try to move or store their household goods prior to receiving PCS orders. Individuals should contact the Fort Leonard Wood transportation office when orders are received – any delay in contacting the transportation office may result in non-availability of Department of Defense-contracted moving companies. Call 573.596.0077, or visit in person in Bldg. 470, Room 1220. The transportation office is open from 8 a.m. to 3 p.m. weekdays. Customers also have the option to start the process on-line through the Defense Personal Property System. To request access to DPS, click here. Scroll down to the red button that reads, "LOG IN TO DPS." When at the DPS landing page, scroll down to the customer column and click on "Register as a Customer," and fill out the requested information. A user ID and password is sent to the email provided when registering. This option is not available for first-time movers, retirees and separating members. Call the DPS help desk at 800.462.2176 for additional assistance.

#### New golf course hours

Piney Valley Golf Course is now open from 10 a.m. to 7:30 p.m. Monday through Thursday, and 8 a.m. to 7:30 p.m. Friday through Sunday. Call 573.329.4770 for details.

## HEROES THE BATTLEFIELD

Staff Sgt. Wesley Compton, a drill sergeant assigned to 1st Engineer Brigade, and two trainees, Pfc. Tucker Ahrens, and Pvt. (E-2) Joshua Franklin reacted quickly to save the life of a battle buddy with a medical emergency. Ahrens and Franklin

initiated CPR with Ahrens and Frank-

actions taken, the ailing trainee could

lin until EMTs arrived. Without the

have died or had severely-damaged

We'd like to hear

noticed the situation and immediately alerted Compton, then called 911. Compton assessed and then

cognitive ability.



and was highlighted as one of the best in U.S. Army Training and Doctrine Command. Her passion for excellence and OPSEC education and training is unmatched; her attention

Marti Yoshida, Operations Security

program manager, did a tremendous

job during a recent program review,

unmatched; her attention to detail in regulatory compliance is impecca-

ble; and her assistance to the brigades and schools ensured a successful review. She is a force multiplier, offering multiple level-3 courses here each year – fully self-sustained with local instructors, using resources wisely.

# Do you know someone here who has done something really interesting lately?

Does your unit have an event people might want to read about?





Abrams Theater is now open for movies on Fridays, Saturdays and Sundays. This weekend's films include:

"Sonic the Hedgehog 2" Rated PG Showing at 6:30 p.m. Friday

"Doctor Strange in the Multiverse of Madness" Rated PG-13 Showing at 1 p.m. Saturday\*

"Scream" Rated R Showing at 11 a.m. Sunday

"Fantastic Beasts 3" Rated PG-13 Showing at 2 p.m. Sunday

Call 573.329.6176 for details.

\*Denotes a first-run showing.

ONLINE AT LEONARDWOOD.ARMYMWR.COM

about it. Submit it <u>here</u>. MWR Events & Specials. Just For You.





Photos by Angi Betran, Fort Leonard Wood Public Affairs Office Army Wellness Center Supervisory Health Educator Anna Schwartz holds up a gallon of water during a class at ACS on creating exercise routines anywhere.



Fort Leonard Wood celebrates

# MILITARY SPOUSE APPRECIATION DAY

The Army Community Service team hosted a day of activities, food and education on Friday, to recognize the resilience of military spouses and the roles they play in the readiness of America's armed forces.



Above: Fitness instructors Karen Proctor Shackleford (right) and Ina Keazer De Aponte (second from right) teach a Zumba class for military spouses at Davidson Fitness Center. Right: Saber Hickerson, daughter of Staff Sgt. Patrick Hickerson, Company B, 787th Military Police Battalion, and Amber Hickerson, admires the flower bouquet being made by her mother at the Make It, Take It Bouquet class at ACS.





Carol Oberwager, Fort Leonard Wood Sexual Assault Response Coordinator, gives an introduction to the Basic Physical Defense for Women Course at ACS.



1st Lt. Cara Adams, a registered dietitian with General Leonard Wood Army Community Hospital, teaches a healthy meal preparation class at ACS.

# THEN AND NOW

## GARLINGTON HOUSE



Completed in **1941**, Garlington House was built as the home for the Engineer Replacement Training Center commander. The building is named after Fort Leonard Wood's second commanding general, Brig. Gen. Creswell Garlington, who was the first to live in the home.

The building is located on MP Drive, behind Candlewood Suites and features a **POW stonework** chimney, patio, barbeque pit and walking paths. It was converted to a guesthouse

in **1965**, and is eligible for the **National Register of Historic** 

Places, along with the POW stonework.



## **BETH ROWDEN**

## PARALEGAL SPECIALIST OFFICE OF THE STAFF JUDGE ADVOCATE FORT LEONARD WOOD

When I get calls from former staff members, or other civilians in the same type of job needing help, that is my reward.

Researches, develops, analyzes and adjudicates claims in accordance with the Federal Tort Claims Act and the Military Claims Act, which includes property damage or loss, personal injury, medical malpractice and wrongful death claims against the U.S.Army.



## Why did you choose a career as a DA Civilian?

I grew up in Dixon, Missouri, and my mother worked here on Fort Leonard Wood, so I have always been near this installation. Her career helped support our family, so I knew it would be a good career move. I started my career as a summer hire at 3rd Training Brigade during my college break, and loved it.

## What do you like most about your job/career as a DA Civilian?

I have met some great attorneys, paralegals and co-workers, who have passed on valuable lessons to me. I have been in this position a long time, and when I get calls from former staff members, or other civilians in the same type of job needing help, that is my reward – **knowing I have worked hard and my integrity has stood the test of time.** 

## What is your most memorable experience as a DA Civilian?

I would have to say it was the **EF3 tornado that struck Fort Leonard Wood on December 31, 2010.** It was on the ground for 7.5 miles, and destroyed 41 homes and government property. I was amazed by how this incident brought all the Fort Leonard Wood agencies and community together to assist Soldiers and their families.

### What advice would you give to others considering becoming a DA Civilian?

You have to be willing to like change, because the Army is always

changing. **Be a team player** when it comes to your work.

