



## MSCoE CG and CSM Send: Honoring those who served

We ask that each of you observe national Medal of Honor Day on March 25 – along with the anniversary of the beginning of Operation Iraqi Freedom, March 20 – in a way that is appropriate for you, and that you show gratitude to those who served honorably.

## March is Save Your Vision Month: Army officials ask service members to wear approved eye protection

While routine eye exams and healthy habits can help reduce the risks or severity of age-related vision loss, the possibility of injury or trauma to the eye can happen at any age. The Army Public Health Center encourages service members to wear eye protection while at work and at home to prevent eye injuries.





## Army encourages Soldiers to assist recruiting effort after completing initial training via HRAP

Army recruiters look to expand their presence in the communities they serve as they seek to help fulfill the dreams of the less than one percent of America's sons and daughters who choose to serve their country in the military. One way recruiters are welcomed into communities is through the Hometown Recruiter Assistance Program.

## Fort Leonard Wood foster family work to positively impact children, the foster system

When asked how many children they've fostered over the years, Staff Sgt. Scott Harper and his wife, Mindy, have to pause to count – the answer is 27. That's just one part of the story, however. Their volunteer efforts, along with the work they are doing to find solutions for issues in the foster care system, have made an impression on many in the area.



Read these stories and more at https://www.army.mil/paowood.

#### **NEWS BRIEFS**

#### Motorcycle safety courses

Fort Leonard Wood's Garrison Safety Office has dates available in April and May for the two-day Basic Motorcycle Rider Course and the one-day Advanced Rider Course. Contact John Lackey at 573.596.3449, or by email at john.e. lackey.civ@army.mil for details on these and other available courses.

#### **EIB, ESB testing**

Soldiers can attempt to earn their Expert Infantry Badge or Expert Soldier Badge at Fort Leonard Wood during a testing and training event scheduled for May 31 to June 10. Anyone interested should contact their unit expert badge representative, or contact Sgt. 1st Class James Boyette at 573.563.8032, or by email at james.c.boyette8.mil@army.mil.

#### Housing events

The Directorate of Public Works Housing Division is hosting two events this month for on-post housing residents. A meeting with the outgoing community mayors is scheduled for 5:30 p.m. Monday and a town hall – and introduction of the new mayors – is scheduled for 5:30 p.m. March 24. Both events will be held at the Stonegate Community Center, 235 Ellis St. Call 573.596.0984 for details.

#### Supporting foreign governments

Service members, along with federal employees and contractors, have rights and responsibilities when it comes to supporting foreign governments. Certain activities done on behalf of a foreign government must be reported to the unit security manager. These include, but are not limited to: fighting on behalf of a foreign government; purchasing war bonds or providing other financial or material support to a foreign government; and housing refugees from a foreign country. Other activities are not required to be reported, such as donating to charitable organizations that support foreign countries. Those occupying positions of greater responsibility within special programs have different reporting requirements and should consult with their program managers, as appropriate. Unit security managers are available to provide additional guidance.

#### Estate claim

Anyone with claims against the estate of Maj. Brittany Hall, Army Medical Department Activity, or knowing of assets belonging to Hall, should contact the Summary Court Martial Officer, Capt. Charlotte Chang, at 408.966.1130, or by email at charlotte.chang2.mil@mail.mil.

#### Theater on the Square

The Pulaski Fine Arts Association presents "Sherlock Holmes and the Portal of Time." Directed by Toni Rowland, the show is a unique mix of mystery, science fiction and comedy, with Sherlock Holmes and trusted side-kick Watson involved in a time-travelling caper. Show times for the 1.5-hour production begin at 7:30 p.m. Friday and Saturday, and 2:30 p.m. Sunday at the Theater on the Square in Waynesville, Missouri. The schedule repeats from March 25 through 27. Visit https://www.pfaa-tots. com for details.

#### Tax Center now open

The Fort Leonard Wood Tax Center, located in Bldg. 315, is open from 9 to 11:30 a.m. and 1 to 3 p.m. weekdays.

Tax preparation services are pick up and drop off only, and no appointment is necessary. Call 573.596.1040 for details.

#### Part-day preschool

Family and Morale, Welfare and Recreation is offering part-day preschool for children ages 3 through 5. The program runs through May 27. Call 573.596.0238 for details.

#### Photo appointments now available

The Fort Leonard Wood Visual Information Center is now accepting appointments for official Department of the Army and head-and-shoulder command photos. Visit the Visual Information Ordering Site to make an appointment.

#### New museum hours

The John B. Mahaffey Museum Complex is open from 8 a.m. to 5 p.m. weekdays and 9 a.m. to 3 p.m. Saturdays. It is closed on Sundays and federal holidays.

#### **Monthly Special Operations PFA**

Fort Leonard Wood offers all Soldiers the opportunity to take the Army Special Operations Physical Fitness Assessment at 4 a.m. the first Friday of each month at Training Area 129, near Abrams Theater. Email Sgt. 1st Class Max Saalmann at maximilian.j.saalmann2.mil@army. mil for details.

#### Sexual assault helpline

Fort Leonard Wood's sexual assault helpline is available 24/7 at 573.855.1327. Visit https://safehelpline. org for additional resources.

#### Suicide prevention helpline

Call 1.800.273.8255 (or text 8-3-8-2-5-5). It is anonymous and available 24/7.

Do you know someone here who has done something really interesting lately? Does your unit have an event people might want to read about?

We'd like to hear about it. Submit it here.

# HEROES OF BATTLEFIELD

**Capt. Hunter Callahan,** Combat Training Company commander, maintains communication with battalions and companies to ensure any distractions are resolved and reaches out to units to gain feedback on how his range cadre could improve their performance in service to the training units. He is highly **Roberto Ordonez,** 35th Engineer Battalion, provides expert knowledge and diligence in training all tasks related to bridging. Ordonez uses creativity to add realism to training by developing scenarios with rigorous practical exercise strategies that challenge students to apply newly acquired skills in order

receptive to feedback and immediate in his responses to any questions our units have, even during periods of inclement weather that affected range operations.



to perform complex maneuvers during operation of the Common Bridge Transporter and Bridge Erection Boat. He is a phenomenal, engaging and exemplar instructor and role model.

### Annual NFL ProCamps contest now underway

Commissary customers have until April 10 to help Fort Leonard Wood win an instructional football camp for children in grades one through eight, led by an NFL player.





## Exchange's 'BE FIT Live' workouts pump up the military community

The military community can put in work each week with the Army & Air Force Exchange Service's fitness experts during "BE FIT Live" workouts on Facebook. Live workouts featuring BE FIT ambassador Roy Montez and Air Force Senior Master Sgt. Sonja Berry typically air at 11 a.m. Central Standard Time on Mondays.



Past issues of the eGuidon are available here.



Sgt. Joshua Gerstenberger, an Army Medical Laboratory specialist at the Blood Donor Center (right), prepares donated blood for shipping on Monday. Each box leaving Fort Leonard Wood can hold 15 units – a unit is equal to about a pint – and dry ice keeps the blood fresh. The center is one of 22 collection sites for the Armed Services Blood Program.



Photos by Angi Betran, Fort Leonard Wood Public Affairs Office

Marine Pvt. Daniel Lamielle, a heavy equipment mechanic trainee with the Engineer Equipment Instruction Company (left), speaks with Sgt. Keylee Murcia, a healthcare technician, while he donates blood on Monday at the Blood Donor Center. Donating takes about 10 minutes and technicians monitor donor vitals throughout the process.

#### FORT LEONARD WOOD BLOOD DONOR CENTER

## **HELPING SAVE LIVES**



Marine Pvt. Carlos Perez, a heavy equipment operator trainee with the Engineer Equipment Instruction Company, is interviewed on Monday at the Blood Donor Center to ensure he is a qualified donor. The process includes a medical screening, a vital signs check and an iron level test.



Sgt. Killashandra Goode-Null, an Army Medical Laboratory specialist at the Fort Leonard Wood Blood Donor Center, carries a tray of blood from the donor area to the lab for processing on Monday.



Sgt. Killashandra Goode-Null, an Army Medical Laboratory specialist at the Fort Leonard Wood Blood Donor Center, sets out collected units of blood to rest for one hour on Monday to allow time for the blood to clot – a crucial step in the process of testing blood for its viability.



### **CAROL OBERWAGER-SPENCER**

SEXUAL ASSAULT RESPONSE COORDINATOR SEXUAL HARRASSMENT/ASSAULT RESPONSE AND PREVENTION PROGRAM FORT LEONARD WOOD

Responds to cases of sexual assault and sexual harassment and aids sexual assault victims through the medical, investigative and legal process; provides support and helps sexual harassment victims with the complaint process; teaches/facilitates SHARP classes to aid in the response and prevention of sexual harassment and assault



## Being able to reassure someone that what happened to them was not their fault, and that they are not alone in navigating the situation, is what makes it all worthwhile.

### Why did you choose a career as a DA Civilian?

After serving 24 years as a MEDCOM Soldier, I wanted to continue to serve our military members, family members, DoD Civilians and retirees, so it was a perfect transition for me. I get to continue doing what I love, which is taking care of others.

#### What is your most memorable experience as a DA Civilian?

My most memorable experience as a DA Civilian has been **teaching the Rape Aggression Defense Systems of Basic Physical Defense for Women.** It is so much fun to have wonderful ladies ages 13 to 92 attend the course. Watching some of the participants come in so quiet and leave with a voice is powerful for everyone involved. Not to mention, it is a lot of fun for the instructors and the participants.

### What are the benefits of working as a DA Civilian?

Being there when you are needed is one of the greatest feelings in the world. **Being able to reassure someone that what happened to them was not their fault, and that they are not alone in navigating the situation, is what makes it all worthwhile.** 

### What advice would you give to others considering becoming a DA Civilian?

Look for the opportunities that exist within the system. Continue your education and knowledge base, and take the hard jobs. Network with people in your field, and in fields similar to yours. Always apply for every job you are qualified for, or think you might be qualified for. The worst that can happen is you don't get referred, but the best that could happen is you get the career and future you desire.

### What do you like most about your job/ career as a DA Civilian?

The thing I like most about my career is **the people I am privileged to work with every day**, whether it be the amazing co-workers or the courageous people who come to the SHARP program for help, resources or just needing someone to listen.

