

MSCoE CG and CSM Send — the Bugle Call: 'Reveille,' 'Retreat' and 'To the Color'

Since long before radios, satellites and the internet, bugles have been an instrument used by military leaders to issue commands and signals, enhance celebrations and confer honors. 200 years later, the bugle still serves as a reminder of our rich history and traditions through the sounding of "Reveille" and "Retreat."





CYS staff to host focus groups, request community input on available services

Fort Leonard Wood's Child and Youth Services will be hosting a series of focus groups next week to help define issues, concerns and impacts to mission in regards to child care.

Green to Gold Program offers commissioning option for many Soldiers

The Army's Green to Gold Program provides an opportunity for eligible Soldiers to complete their first bachelor's or master's degree as an ROTC cadet and then commission as an active-duty Army officer.





Best Sapper Competition registration opens Tuesday

The U.S. Army Engineer School will begin accepting applications on Tuesday for the 15th Lt. Gen. Robert B. Flowers Best Sapper Competition, scheduled to take place here from April 20 through 26.

Read these stories and more at https://www.army.mil/paowood.

NEWS BRIEFS

Grocery shortages

The Defense Commissary Agency remains committed to providing a world-class grocery benefit to its valued military communities. Grocery shortages due to COVID-19-related disruptions to the supply chain have affected stock levels in DeCA's distribution centers, however, which has led to product delays and unavailability at Commissaries worldwide, including Fort Leonard Wood. These interruptions are unpredictable, with the greatest impact being on chilled products, such as alternative milks (lactose free and almond, for example), cheese, breakfast and lunch meats, sour cream, cream cheese, nondairy creamers, canned biscuits, butter, margarine and vogurt. DeCA officials are doing everything possible to stock these items, including searching for alternative sources when products become unavailable. The Fort Leonard Wood Commissary staff appreciates everyone's patience and understanding in these trying and often uncertain times.

Blood drive

The Fort Leonard Wood NCO Academy is hosting a blood drive from 8 a.m. to 2:30 p.m. Monday in Thurman Hall, Room 1522. Anyone 17 years old and older, who weighs at least 116 pounds – military or civilian – and has felt well for at least three days may donate, and all donors will receive a free Armed Services Blood Program t-shirt. Juice and cookies will be available. Department of Defense employees are authorized up to four hours of administrative leave for donating blood with supervisor's approval. Call 573.596.6150 for details.

Photo appointments available

The Fort Leonard Wood Visual Information Center begins accepting appointments on Tuesday for official Department of the Army and head-and-shoulder command photos. Visit the Visual Information Ordering Site to make an appointment.

Community Information Forum

The February Community Information

Forum is scheduled for 10:30 a.m. Wednesday, to be livestreamed on the Fort Leonard Wood Facebook page. The monthly forum is designed as an information exchange and dialogue between the garrison and the community, to improve quality of life for service members, families, civilians and retirees.

Pre-retirement briefing

A pre-retirement briefing is scheduled for 8 a.m. Feb. 8 in Lincoln Hall Auditorium, and includes information on the rights, benefits and privileges to which retired military personnel and their dependents are entitled. Representatives from state and federal employment agencies will be present to provide information. Call 573.596.6637 for details.

SFAB recruitment briefing

The Security Force Assistance Brigade is hosting a recruitment briefing from 9 to 11 a.m. and 1 to 3 p.m. Feb. 15, 16 and 17 in Thurman Hall, Room 3081. Call Sgt. Maj. Gregg Daily at 808.927.8257, or email greggory.m.daily.mil@army.mil for details.

Part-day preschool

Fort Leonard Wood's Family and Morale, Welfare and Recreation is offering part-day preschool for children ages 3 through 5. The program runs through May 27. Call 573.596.0238 for details.

Estate claim

Anyone with claims against the estate of Pvt. Julian Shivy, Company C, 1st Battalion, 48th Infantry Regiment, or knowing of assets belonging to Shivy, should contact the Summary Court Martial Officer, 1st Lt. Laura Leforge, at 573.596.1452, or by email at laura.leforge.mil@army.mil.

Vaccine boosters

General Leonard Wood Army Community Hospital no longer offers Pfizer's COVID-19 booster vaccine – service members may still receive it for compliance with vaccine mandates. Tricare beneficiaries may still receive the Moderna booster vaccine at GLWACH. The U.S. Food and Drug Administration has authorized mixing COVID-19 boosters. Anyone who received the Johnson & Johnson vaccine more than two months ago; the Pfizer series more than five months ago; or the Moderna series more than six months ago may get either the Pfizer or Moderna booster. Call the GL-WACH appointment line at 866.299.4234 to schedule an appointment.

Flu shots

Tricare beneficiaries may get flu shots at the General Leonard Wood Army Community Hospital Immunization Clinic, located on the first floor. Pediatric doses and 65 and older high-dose flu shots are offered on a walk-in basis. Otherwise, call 866.299.4234 to make an appointment. Tricare beneficiaries may also get flu shots at any off-post pharmacy in the Tricare network at no cost. Call 877.363.1303, or click here to find a participating pharmacy.

Community testing

Harper Clinic, located at 4566 Oklahoma Ave., is now open to the Fort Leonard Wood community for COVID-19 testing and screening from 8 a.m. to 4 p.m. weekdays. Due to supply limitations, personnel will conduct screening and only test as appropriate. Due to supply constraints, personnel may be considered a presumed positive if COVID-19-like symptoms are present. Anyone requiring medical attention should contact their primary care manager, or, if symptoms require emergent care, go to the nearest emergency department.

Monthly Special Operations PFA

Fort Leonard Wood offers all Soldiers the opportunity to take the Army Special Operations Physical Fitness Assessment at 4 a.m. the first Friday of each month at Training Area 129, near Abrams Theater. Email Sgt. 1st Class Max Saalmann at maximilian.j.saalmann2.mil@army.mil for details.

You'd be surprised how eating habits affect you, and your readiness

Physical fitness is more than just a set of scores measuring your body-mass index, run times, or how many push-ups you can do. Optimizing your physical fitness requires a good diet, healthy lifestyle, strength, flexibility, balance, and endurance all working together.





Military OneSource eases tax season stress with remote tax support through MilTax

Military OneSource's MilTax suite of 100-percent free tax services is available to provide the military community with a remote option for receiving expert tax support and e-filing their 2021 taxes, the Defense Department announced Monday.

Public Health nurses offer insights on living with COVID-19 now, looking into future

As the two-year anniversary of the World Health Organization's March 11, 2020, COVID-19 pandemic declaration approaches, Public Health nurses at the Army Public Health Center, spoke about some of the questions to which they typically respond.

Living with COVID

When will life return to normal?

Will we ever reach herd immunity? Will I need to get a COVID booster every

year – just like my annual flu shot?

What is the difference between a pandemic and an endemic anyway?



Actor, filmmaker Robert Duvall was Navy 'brat' turned Soldier

Actor and filmmaker Robert Duvall grew up a Navy brat and later enlisted in the Army in 1953, just after the end of the Korean War.

MWR Events & Specials. Just For You.

TASTE TASTE

Join in on this VIRTUAL creative event! Age category fees for art entries: Adults: \$10, Children grade K-12: \$5. Registration open through Feb 2nd.

Art must be photographed from at least 3 angles and emailed to: fiwspecialevents@gmail.com no later than Feb 3rd. Include name, age, category type, and title of the piece of art.





For a short time only, purchase a heart at the front counter for \$1 and decorate or dedicate the heart to your loved one, or to yourself, and staff will display them from the ceiling for all to see.

573-596-1498



ONLINE AT LEONARDWOOD.ARMYMWR.COM

No matter the occasion, we'll deliver a tasty treat and a friendly greeting! We have delicious options such as chocolate covered strawberries, cake pop bouquets, heart-shaped cake pop bundles, delicious cookies by the dozen.

Deliveries start at \$20. All deliveries include greeting card, balloons, and a photo of the surprise recipient as they receive their surprise!



HEATHER FRIEND

REGISTERED NURSE PRIMARY CARE AND ALLERGY CLINIC GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL

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I enjoy providing vaccines to our patients to prevent diseases and keep our community safe and healthy.

Oversees and maintains the allergy and immunization clinic and provides beneficiaries, dependents and service members vaccines or allergy shots



Why did you choose a career working as a DA Civilian?

I have multiple family members and friends who work as DA Civilians. The DA Civilian positions are great positions for non-military and military families, and provide many opportunities and benefits.

What is your most memorable experience working as a DA Civilian?

My most memorable experience is working the mass vaccination events and vaccinating Soldiers against COVID-19. What do you like most about your job/career as a DA Civilian?

I enjoy providing vaccines to our patients to prevent diseases and keep our community safe and healthy.

What advice would you give to others who might be looking at working as a DA Civilian?

Keep your options open. There are so many different options and opportunities available for civilians.

What are the benefits of working as a DA Civilian?

Providing care to the most valuable work force in America – our service members – and **the flexibility to work in different states and countries.**

Is there anything else you would like people to know about your job/career as a DA Civilian?

The staff at General Leonard Wood Army Communi-

ty Hospital truly cares about their patients, and wants to provide the best care to meet our patient's needs.

