

Guidon

Thursday, October 28, 2021

Fort Leonard Wood, Missouri



Defense Department honors USAMPS civilian with Spirit of Hope Award

Donna Ferguson, U.S. Army Military Police School Behavioral Sciences Education and Training Division chief, was presented with the Department of Defense Spirit of Hope Award Wednesday. Ferguson was recognized for notable service to members of the U.S. Armed Forces, their families and service veterans.



Fort Leonard Wood DES using RAMs to ensure good order and discipline

Drivers on Fort Leonard Wood may have noticed or participated in one of several temporary police checkpoints set up at various times and locations on Friday. The random anti-terrorism measures, or RAMs, were aimed at protecting the public by ensuring regulations are being followed and drivers on the installation are as safe as possible.

October is Breast Cancer Awareness Month – know the importance of early detection

October is a time for transition as the leaves change colors and we prepare to usher in the holiday season. It is also a time to highlight the importance of breast cancer awareness. Breast cancer is the most common cancer in women after skin cancer.



5th Engineers join 100-unit club for second time with fall blood drive

Soldiers from the 5th Engineer Battalion donated 106 units of blood to the Armed Services Blood Program Sept. 29, becoming members of the 100-unit club – reserved for organizations that donate 100 or more units of blood in a single-day drive – for the second time. They donated 101 units Oct. 1, 2018.

Read these stories and more at <https://www.army.mil/paowood>.

When it's time to turn back the clock, it's also time to check smoke alarms

As the fall season ushers in cold weather, it also increases the risk of deadly home fires. That's because heating equipment is the second-most common cause of fatalities from home fires, which, on average, take seven lives every day in the U.S. Having functioning smoke alarms can double a person's odds of survival.



NEWS BRIEFS

Flu shots

Service members may get flu shots on a walk-in basis from 8:30 a.m. to 3:30 p.m. Monday through Friday at the Harper Clinic. Family members, retirees and Defense Department civilians with a flu vaccination requirement in their position description may get flu shots by appointment at the PX vaccination clinic from 9 a.m. to noon and 1 to 3 p.m. Monday through Friday. Call 866.299.4234 to make an appointment. Pediatric doses and 65 and older high-dose flu shots are offered on a walk-in basis at the General Leonard Wood Army Community Hospital Immunization Clinic. Tricare beneficiaries may also get flu shots at any off-post pharmacy in the Tricare network at no cost. Call 877.363.1303, or click [here](#) to find a participating pharmacy.

Halloween events

A drive-through trick-or-treat event is scheduled from 5 to 7 p.m. Friday at the Bldg. 470 parking lot. On-post Halloween trick-or-treat hours in housing areas is 6 to 8 p.m. Saturday. The General

Leonard Wood Army Community Hospital Radiology Department will X-ray candy from 6:30 to 9:30 p.m. Sunday. Parents are required to sign a waiver. Call 573.596.0029 for details.

West Gate closure

The West Gate will be closed from 7 p.m. to 5 a.m. Monday through Wednesday, while repairs are performed on the Polla Road Bridge. Call 573.596.2463 for details.

Community Information Forum

The November Community Information Forum is scheduled for 10:30 a.m. Wednesday, to be livestreamed on the [Fort Leonard Wood Facebook page](#).

Free car seat inspections

The Fort Leonard Wood Fire Department is hosting a free car safety seat inspection from 11 a.m. to 1 p.m. Nov. 4 at Williams Elementary School (the event will move to Fire Station No. 3, Bldg. 2375, if required due to inclement weather). Call 573.596.0886 for details.

Virtual health benefits fair

The 2021 open benefit enrollment season for Federal Employee Health Benefits coverage runs from Nov. 8 to Dec. 13, and a virtual benefits fair will be available to assist eligible individuals enroll in or change their healthcare coverage. Register at [www.benefeds.com](#) to participate in a live chat on one of the following dates: Nov. 12, Nov. 19, Dec. 1 or Dec. 8. Click [here](#) to find and compare 2021 FEHB healthcare plans.

EIB/ESB validation event

Fort Leonard Wood is hosting a validation event Nov. 30 through Dec. 2 for an upcoming opportunity to earn the Expert Infantry Badge or Expert Soldier Badge at Fort Campbell, Kentucky. Interested Soldiers have until Nov. 18 to reserve a spot through their unit. A maximum of 30 Soldiers may attempt to validate during the event. Call Sgt. 1st Class Todrick Murry, noncommissioned officer in charge of operations at MSCoE, at 573.563.5652 for details.



MWR Events & Specials. Just For You.

ONLINE AT [LEONARDWOOD.ARMYMWR.COM](#)

HALLOWEEN BUNCO

OCT 29

PERSHING COMMUNITY CENTER

Cash prizes and prize drawings. Arrive in costume and receive an additional drawing ticket! 6pm check-in. Age 18 & up. Advance thru Oct 28: \$5 Day-of: \$10

Bldg. 470/13486 Replacement Avenue
573-596-6913

\$10 OFF PAINT BALL

OUTDOOR ADVENTURE CENTER

OCT 30, 31

\$10 off regular price. Bring a group of 8 or more and get an additional discount. 18 and under require parent/guardian waiver.

BLDG 2290 FLW K ROAD
573-596-4223

SPOOKTACULAR BOWL

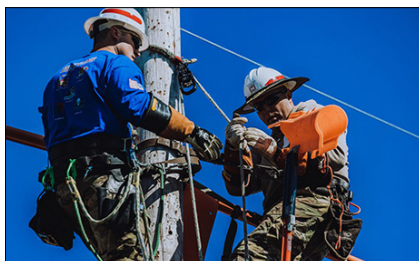
OCT 31

DAUGHERTY BOWLING CENTER

Join us IN COSTUME at Daugherty Bowling Center and receive a free game!

Enter our costume contest (adult and children categories) for a chance to win prizes! Enjoy our Strike Zone special: \$1 hot dog or comdog with a small fountain drink!

BLDG 1609 S. DAKOTA AVE. **573-596-1498**



249th Engineer Battalion Soldiers make showing at 37th International Lineman's Rodeo

Soldiers from the 249th Engineer Battalion, Prime Power, combined their military and professional skills to compete in the 37th International Lineman's Rodeo Oct. 16 at the National Agricultural Center and Hall of Fame in Bonner Springs, Kansas.

Army's 'Dragon's Lair' opens to all military services

The Dragon's Lair program bring Soldiers from across the Army together to pitch their innovations to a panel of civilian tech experts and military leaders. Initiated by the XVIII Airborne Corps at Fort Bragg, North Carolina, the "Shark Tank"-style competition will solicit innovations from the Navy, Air Force, Marine Corps, Space Force and Coast Guard for their December program.



HEROES^{OF}THE BATTLEFIELD

1st Lt. Daniel Nyachwaya, a platoon leader with Company C, 3rd Battalion, 10th Infantry Regiment, distinguished himself in support of Expert Infantry Badge and Expert Soldier Badge competitors from Fort Leonard Wood. During the competition, he inspired teammates and ensured they maintained the pace and mental toughness. Nyachwaya received praise from the Airborne Ranger Training Brigade commander for efforts to help competitors reach their goals and attain their skill badges. We will be cheering him on as he becomes a competitor in January at Ranger School.



Cristy Rosencrans, a case manager in General Leonard Wood Army Community Hospital's Behavioral Health Clinic, has dedicated herself to patients needing extra assistance for the past 17 years. Her efforts have had a noticeable positive impact on the ward. She streamlined the discharge planning process, coordinates with units, and created numerous efficiencies and soft cost-savings measures. She is determined and dedicated to patient advocacy, and her knowledge of policy and procedure in her area is unmatched. Even better, she is eager and available to share her knowledge and mentor others.

October is Energy Awareness Month

Let the sun do some of the heating for your home this winter. Before you go to work, open the blinds or curtains of south-facing windows, allowing the sun to warm the room while you're gone. Don't forget to close them when you get home to lock in that free heat. In areas where your home doesn't get much sun, keep your curtains and blinds closed to trap in the heat.



Click [here](#) for more energy saving tips from the Department of Energy and the Environmental Protection Agency.

Q&A

NOAH STEVENS

RETIREMENT SERVICES OFFICER

RETIREMENT SERVICES OFFICE
DIRECTORATE OF HUMAN RESOURCES

Provides Soldiers and family members with information on retirement programs and benefits



“

I wanted to continue serving the Soldiers and family members who protect this great country.

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What do you like most about your job/career as a DA Civilian?

Seeing Soldiers get out of the Army or retire with a **skill or career** that will assist them tremendously in the **next chapter of their lives**.

What advice would you give to others who are considering becoming a DA Civilian?

Always **continue to seek ways to improve yourself**, and start investing and saving early for retirement.

What are the benefits of working for the Army?

Benefits include healthcare, thrift savings plan matching and **potential for career advancement**.

What is your most memorable Army experience?

The joy of seeing Soldiers walk across the stage at their retirement ceremony knowing that they have prepared in advance to have a successful retirement. **Retirement is a process, not an event!**

Why did you choose a career as a DA Civilian?

I wanted to **continue serving** the Soldiers and family members **who protect this great country**.



U.S. ARMY