



MSCoE Sends: Celebrating Hispanic Heritage

National Hispanic Heritage Month gives us the opportunity to reflect upon our shared history as Americans, and specifically upon the contributions of our teammates with Spanish, Mexican, Caribbean, Central American and South American heritage. The observance lasts from Sept. 15 through Oct. 15 each year.



MSCoE Sends: Happy Birthday, U.S. Air Force!

On Sept. 18, 1947, President Harry Truman signed the National Security Act, separating the United States Air Force from the United States Army and establishing a new branch of service. Saturday, we celebrate this important milestone in our military's history with the 74th birthday of the Air Force.



Fort Leonard Wood service members participate in military appreciation event before Cardinals game

Fort Leonard Wood service members participated in pre-game ceremonies for the annual Association of the United States Army Military Appreciation Game with the St. Louis Cardinals Sept. 11 at Busch Stadium.



Fort Leonard Wood hosts Retiree Appreciation Day town hall virtually

Fort Leonard Wood leaders hosted a virtual Retiree Appreciation Day town hall event Friday, livestreamed on Facebook.

Read these stories and more at https://www.army.mil/paowood.



Paine signs Fort Leonard Wood proclamation for upcoming National Fire Prevention Week

U.S. Army Garrison Fort Leonard Wood Commander Col. Jeff Paine signed a proclamation Wednesday acknowledging the installation's role in National Fire Prevention Week, which is Oct. 3 through 9.



CBRN Soldiers, civilians honor 9/11 victims, fallen GWOT service members during sunrise 5k

The U.S. Army Chemical, Biological, Radiological, and Nuclear School held a sunrise 5K run Friday, where nearly 50 CBRN Soldiers came together to reflect on 9/11 and the ensuing Global War on Terror, and their roles as service members.

Commentary



Army Resiliency director: social connections, sense of belonging key to preventing suicide

Every Soldier, civilian and family member can play a part in suicide prevention by understanding the signs and symptoms of at-risk behavior and encouraging and connecting those in distress with those who can help.

Past issues of the eGuidon are available here.

HEROES OF BATTLEFIELD

Pvt. Connor Jewett, a trainee with Company A, 3rd Battalion, 10th Infantry Regiment, noticed a battle buddy choking in the dining facility. Without hesitation, Jewett jumped into action by initiating the "Man Down" drill, demonstrating initiative to administer first aid and prevent**Maxane Morris**, a protocol specialist with the Maneuver Support Center of Excellence, provided superior support and invaluable advice to everyone involved in the planning, preparation and execution of a One Station Unit Training graduation with Missouri Governor Mike Parson in atten-

ing a possible negative outcome. Jewett's chain of command awarded him an Army Achievement Medal, and we wanted to highlight his quick and positive action as well.



dance. Morris shared her experience, knowledge and time to ensure the team was prepared. Her efforts directly resulted in a successful visit and a strengthened civic partnership and relationship.

Does your unit have an event people might want to read about in the eGuidon?

We'd like to hear about it. Submit it here.



NEWS BRIEFS

Spouses Club luncheon

The Fort Wood Community Spouses Club is hosting a luncheon from 11 a.m. to 2 p.m. Tuesday at the Fort Leonard Wood USO. RSVP is required by email at reservationsfwcsc@gmail.com.

Pollinator garden class

The Phelps County Master Gardeners group is hosting a free class on starting pollinator gardens from 4 to 6 p.m. Tuesday at the Master Gardener Demonstration Garden (1200 Holloway Rd., in Rolla, Missouri). Email phelps gardener@gmail.com for details.

RSO announces fall classes

The Fort Leonard Wood Religious Support Office is hosting its fall religious education classes from 6:15 to 7:30 p.m. Wednesdays through Nov. 3, with dinner at 5:30 p.m. Email Martha Strong, or click here for details.

East Gate closure

The East Gate is closed until further notice while construction work is performed on the bridge near the gate. Call 573.596.0918, or click here for details.

FLW 1 road repairs

FLW 1, from FLW 38 to the South Gate, will periodically be reduced to one lane

while the road surface is repaired. The project is expected to be completed by Oct. 1. Call 573.596.1179 for details.

Estate claim

Anyone with claims against the estate of Pvt. Jamal Rogers, Company D, 2nd Battalion, 10th Infantry Regiment, or knowing of assets belonging to Rogers, should contact the Summary Court Martial Officer, 1st Lt. Christina Hill, at 202-805-3944, or by email at christina.i.hill2.mil@mail.mil.

Estate claim

Anyone with claims against the estate of Staff Sgt. Robert Early, Medical Activity, or knowing of assets belonging to Early, should contact the Summary Court Martial Officer, Capt. Jessica Dolan, at 573.596.9093, or by email at jessica.l.dolan3.mil@mail.mil.

Estate claim

Anyone with claims against the estate of Spc. Joshua Morrison, 50th Multi-Role Bridge Company, 5th Engineer Battalion, or knowing of assets belonging to Morrison, should contact the Summary Court Martial Officer, Capt. Kevin BemisterBuffington, at 573.596.5075, or by email at kevin.a. bemisterbuffington.mil@mail.mil.

Commander's Cup

The Commander's Cup swimming event starts at 9 a.m. Saturday at Davidson Fitness Center. The fiscal year 2022 events calendar has been published. The flag football league starts Tuesday — games begin at 6 p.m. on fields one and two, near the Daugherty Bowling Center — and the flag football and volleyball tournaments, along with a 5K event are scheduled for October. Call 573.596.7762 for details.

Virtual health benefits fair

The 2021 open benefit enrollment season for Federal Employee Health Benefits coverage runs Nov. 8 to Dec. 13, and a virtual benefits fair will be available to assist eligible individuals enroll in or change their healthcare coverage. Register at www.benefeds. com to participate in a live chat on one of the following dates: Nov. 12, Nov. 19, Dec. 1 or Dec. 8. Click here to find and compare 2021 FEHB healthcare plans.

Suicide prevention helpline

Anyone having suicidal thoughts is encouraged to call 1.800.273.8255 (text 8-3-8-2-5-5). It is anonymous and available 24/7. Download the free WeCare app for details on additional resources.

ONLINE AT LEONARDWOOD.ARMYMWR.COM **MWR Events & Specials. Just For You. FLW AUTO SKILLS CENTER MOVIE IN** THE PARK MINICOMIC OIL CHAI & TIRE ROTATION PM 3400 M STATIONARY BIKE Stake tents at 6pm, activities begin at 6:30pm, movie begins at 7:30 pm. Advance overnight reservation SECOND FRIDAY OF EVERY MONTH 800 M SWIM includes a 20x20 space, overnight stay, MWR breakfast 5:30рм - 7рм snack pack, pre-movie activities, the movie, as well as one pizza courtesy of the USO. Concessions available. Reserve your overnight space through Sept 22nd for Only \$11 per patron includes staff instruction and a DAVIDSON FITNESS CENTER POOL bay card for free hour use of lift bay with impact tools \$20 online, by phone, or in the Installation Wide Be your own hero in this comic tri-fitness for future use! Class is limited to first 6 authorized Events Office in building 470, Suite 1105. Bring your challenge! Register as your favorite comic book own or rent a tent at the Outdoor Adventure Center patrons. Facemasks and distancing will be enforced. character at Davidson Fitness Center by Sept 23. while supplies last! No open-toed shoes in the facility. Limited to first 20 registrants. SEP17 FEATURE: Raya and the Last Dragon, rated PG Free and open to ages 16 & up. No overnight supervision. No event if rain/wind. BLDG 1383 573-596-0243 573-596-6913 573-596-4359

MALIA NEMITZ

SUICIDE PREVENTION PROGRAM MANAGER FORT LEONARD WOOD DIRECTORATE OF HUMAN RESOURCES ARMY SUBSTANCE ABUSE PROGRAM

Provides prevention and education service for the Substance Abuse and Suicide Prevention programs on Fort Leonard Wood, serves as liaison to command teams as the Risk Reduction Program Coordinator, and provides education and resources to the community.



I'm part of a team whose mission is to create a positive community climate, and encourage community members to reach out for help so they do not suffer in silence.

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What advice would you give to others who might be looking at working for the Army?

Come to the job with an open mind, be willing to learn and remain flexible. Have a goal to learn as much as you can, ask questions and become a wealth of institutional knowledge to ensure smooth operations.

What is your most memorable Army experience?

Being a drill sergeant and first sergeant during family days and graduations, and **seeing how the Soldiers grow** during their training and **the pride in the families' faces.** Standing up at the graduation ceremony to honor the veterans in the audience, because **that is our shared history**. What made you decide to have a career with the Army?

I wanted to continue to serve the Fort Leonard Wood community after retiring from the Army with 26 years as a military police noncommissioned officer.

What do you like most about your Army career?

Having the chance to teach and help build stronger, resilient service members, family members and civilians. I'm part of a team whose mission is to create a positive community climate, and encourage community members to reach out for help and not suffer in silence. And, being able to build a stronger, healthier community through Commander's Ready and Resilient Council projects. What are the benefits of working for the Army?

You are a member of a team, or, as I think of it, a family. You are never alone, just ask and someone will have your back. Working here at Fort Leonard Wood you see the future of the military learning valuable lessons that they can apply to both their professional and personal life.



2021 COMMANDER'S CUP

POINTS STANDINGS

Unit	5K run	Archery	Bowling	Golf	Cornhole	Trap	Swimming Saturday	Tennis Sept. 27	Total
Marine Corps Detachment	92	96	96	72	78	88	,		522
554th Engineer Battalion	100	100	64	76	78	100			518
84th Chemical Battalion	96	92	92	56	78	80			494
Garrison	76	86	100	66	58	84			470
Navy Detachment	64	64	44	100	100	92			464
58th Transportation Battalion		76	76	80	96	96			424
31st Engineer Battalion	88	68	52	60	58	76			402
Medical Activity	84	56	40	92	58	68			398
14th Military Police Brigade	52	72	88	96	88				396
Air Force		80	48	48	78	72			326
Dental Activity	60	86	56	66	58				326
795th MP Battalion	68		60	88	58				274
3rd Battalion, 10th Inf. Reg.	80	60	36						176
787th MP Battalion	72		68						140
43rd Adjutant General Battalion	44				92				136
252nd MP Detachment			72		58				130
Marine Corps Detachment 2				84					84
MSCoE			84						84
3rd Chemical Brigade			80						80
701st MP Battalion	56								56
Alpha, 554th Engineer Battalion				52					52
35th Engineer Battalion	48								48
2nd Battalion, 48th Inf. Reg.	40								40

For more information on the Commander's Cup series, email Danny Howell at the Family and Morale, Welfare and Recreation Sports Branch.