

Q&A

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Provides prevention and education service for the Substance Abuse and Suicide Prevention programs on Fort Leonard Wood, serves as liaison to command teams as the Risk Reduction Program Coordinator, and provides education and resources to the community.



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What advice would you give to others who might be looking at working for the Army?

Come to the job with an open mind, be willing to learn and remain flexible. **Have a goal to learn as much as you can**, ask questions and become a **wealth of institutional knowledge** to ensure smooth operations.

What is your most memorable Army experience?

Being a drill sergeant and first sergeant during family days and graduations, and **seeing how the Soldiers grow** during their training and **the pride in the families' faces**. Standing up at the graduation ceremony to honor the veterans in the audience, because **that is our shared history**.

What made you decide to have a career with the Army?

I wanted to continue to serve the Fort Leonard Wood community **after retiring from the Army with 26 years** as a military police noncommissioned officer.

What do you like most about your Army career?

Having the chance to teach and help build stronger, resilient service members, family members and civilians. I'm part of a team whose mission is to create a positive community climate, and **encourage community members to reach out for help and not suffer in silence**. And, being able to build a stronger, healthier community through Commander's Ready and Resilient Council projects.

What are the benefits of working for the Army?

You are a member of a team, or, as I think of it, a family. **You are never alone**, just ask and someone will have your back. Working here at Fort Leonard Wood **you see the future of the military learning valuable lessons that they can apply to both their professional and personal life**.

