

What's Killing Us?

In FY20, the Army lost 71 Soldiers to off-duty mishaps: 54 PMV (28 automobile, 22 motorcycle and 4 pedestrian), 9 water-related, 4 weapons-related, 3 sports/recreation (2 hiking and 1 bicycling), and 1 fall from a balcony.

- 32% of PMV mishaps involved indiscipline: speed, alcohol, fatigue, lack of training, distracted driving and failure to wear a seat belt or helmet.
- 38% of indiscipline-related PMV mishaps involved speeding, followed by 31% that were alcohol-related.
- 46% of all off-duty mishaps occurred between COB Friday and Monday PT.
- 78% of fatal PMV-related crashes occurred during nighttime conditions.
- Nationally, 48% of all fatal PMV mishaps were during nighttime conditions.
- Nationally, the deadliest 3-hour period for traffic accidents was Saturday from midnight-3 a.m., followed by 6-9 p.m.
- COVID-19 travel restrictions decreased the number of traffic fatalities slightly, but nationally, the overall fatality rate rose almost 13%.
- Nationally, people ages 21-24 had the highest PMV fatality rate per 100,000 population.
- Every day, about 9 people die and over 1,000 are injured in crashes involving a distracted driver.
- For more than two decades, speeding was involved in 33% of all motor vehicle fatalities. (NHTSA)

Local High Risk Areas

Mishap information on this card is compiled from all active, Reserve and National Guard components.



Talking Points

As travel limitations ease and the country returns to normal operations while still dealing with the COVID-19 pandemic, some units are easing PCS and leave/pass restrictions. Soldiers will again hit the roadways to visit family and friends for holidays, move to new duty stations or take weekend trips. What will we ask them?

What COVID risk prevention measures are you taking to stay safe during your trip?

What are your weekend plans and have you shared them with someone you trust or a family member? If something goes wrong, you'll then have someone who can act immediately to assist or attempt to locate you.

If you died in a PMV mishap, what do you think the impact would be to the unit, your friends and family?

Slow down. A 50-mile drive at 65 mph vs. 75 mph only saves about 6 minutes. Is that worth getting a ticket or losing your life?

Ensure everyone in your vehicle wears a seat belt, which reduces the risk of fatal injuries by 45%.

Nighttime conditions (midnight-6 a.m.) are the deadliest time to travel. Limit driving at night if possible and remember to take frequent rest breaks.

If you're taking leave or pass, what's your rest plan before you head out? Do you need to take an extra day?

- *Getting 7-8 hours sleep is the only true way to protect yourself from the risks of drowsy driving.*
- *Check your prescription and over-the-counter medication labels to see if drowsiness is a side effect.*

If You Need Help Call Me:

