

# Guidon

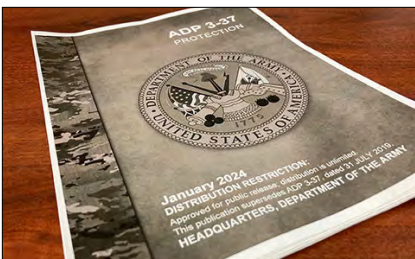
Thursday, January 18, 2024

Fort Leonard Wood, Missouri



## Garrison leaders host first civilian employee town hall of 2024

U.S. Army Garrison Fort Leonard Wood senior leaders hosted a town hall for civilian employees Jan. 17 at Nutter Field House.



## New Army publication expands on integration, employment of protection capabilities

A new Army publication, titled “Army Doctrine Publication 3-37, Protection,” was released this month, helping to more accurately explain how Army formations plan, prepare, execute and assess the protection warfighting function.

## Cold weather training is snow joking matter

Staff Sgt. Edward Williams, an instructor with Fort Leonard Wood’s Combat Training Company, helps prepare trainees assigned to Company D, 2nd Battalion, 10th Infantry Regiment, for hand grenade training Jan. 18 at Range 31. In freezing temperatures, Fort Leonard Wood training units have the option to switch from the primary headgear – called the patrol cap – to the fleece cap for better warmth. The fleece cap must be “pulled down snugly on the head,” and the bottom edge of the cap may be folded but not rolled. It must also be free of unit markings or additional stitching. More information on regulatory guidance – local and otherwise – can be found in the [Fort Leonard Wood Standards Book](#).



Photo by Melissa Buckley, Fort Leonard Wood Public Affairs Office

Read these stories and more at <https://www.army.mil/paowood>.

## NEWS BRIEFS

### Spouse Resource Center to open

A grand-opening ceremony for Fort Leonard Wood's new Spouse Resource Center is scheduled for 10 a.m. Jan. 30 on the second floor of Bldg. 470, in Room 2222. The center – which will be operated by a team made up of experts from the Transition Assistance Program and the Truman Army Education and Personnel Testing Center – will be open 8 a.m. to 4 p.m. Monday through Thursday (closed Fridays and federal holidays and observances) to provide Fort Leonard Wood military spouses opportunities to network, acquire new skills and learn more about area resources, on and off the installation. More information on the center is available by calling 573.596.8804, or by [email](#).

### Veteran of the Year nominations

Nominations are now being accepted for the 2024 Fort Leonard Wood Veteran of the Year, to be honored during Retiree Appreciations Days

later in the year. Nominees must be retired at least 10 years, currently living in the Fort Leonard Wood community, and have distinguished military service and continued distinguished service in the community after retirement. Nominations are due by Feb. 1, and may be emailed to [camilah.l.jefferson.civ@army.mil](mailto:camilah.l.jefferson.civ@army.mil) or physically mailed to Retirement Services, P.O. Box 614, Fort Leonard Wood MO, 65473. Call 573.596.0413 for details.

### National Prayer Breakfast

Fort Leonard Wood leaders will host the National Prayer Breakfast event from 7 to 8:30 a.m. Feb. 13 in Nutter Field House. The guest speaker is Chaplain (Brig. Gen.) William Green, deputy chief of Army Chaplains. Free tickets are available through unit ministry teams and donations will be accepted at the event. Call the Religious Support Office at 573.596.2127, or email [beth.j.shamhart.civ@army.mil](mailto:beth.j.shamhart.civ@army.mil) for details.

### Scholarship opportunity

Applications are now being accepted for the Balfour Beatty Communities Foundation scholarship program for the 2024-2025 academic year. All current Balfour Beatty Communities housing residents – including spouses and children – set to be attending an accredited college or university in the fall of 2024 – or who are enrolled in a program of study designed to transfer directly into a four-year program – are eligible to apply. Applications are being accepted now through March 21. Click [here](#) for details.

### Suicide prevention helpline

The national suicide prevention and mental health helpline is available by calling 9-8-8.

### Sexual assault helpline

Fort Leonard Wood's 24/7 Sexual Assault Resource Center is available by calling 573.855.1327. Visit the [Safe Helpline website](#) for more options.



# MWR Events & Specials. Just For You.

ONLINE AT [LEONARDWOOD.ARMYMWR.COM](http://LEONARDWOOD.ARMYMWR.COM)

ARMY FAMILY COVENANT: KEEPING THE PROMISE

## CHILD & YOUTH SERVICES IS NOW HIRING!



# JAN 31

## SCHOOL AGE CENTER

### BDG 616

SCAN THE CODE TO APPLY!





## RED CROSS LIFEGUARD CLASSES

PRE-COURSE TEST  
FEB 9 AT 4:30 PM

Davidson Fitness Center Pool

Nationally recognized 2-year lifeguard certification.  
Limited spaces available. Must pass pretest to attend additional class dates.  
\$225 per person, open to age 15 and up.  
Register with deposit by 6pm Feb 8.

# 573-596-3529



## FEB 9

### PERSHING COMMUNITY CENTER

# DUELING PIANOS

Don't miss this upbeat, dynamic show featuring country, rock & roll, and top pop hits from the 50s to today, with your requests taken throughout the show!

Purchase tickets in advance from Leisure Travel Services and online!  
Open to ages 18 & up.

# SOLDIER SPOTLIGHT

FORT LEONARD WOOD



U.S. ARMY

*Cpl. James Lizotte is an Army Paralegal Specialist with the Fort Leonard Wood Office of the Staff Judge Advocate, assigned to Headquarters and Headquarters Company, Maneuver Support Center of Excellence. There, he compiles supporting documents and evidence from units and drafts documents for senior leaders.*

## **What is your hometown?**

Clearwater, Florida

## **Why did you join the Army?**

I wanted to be a part of something bigger than myself. I was looking for a purpose, and the Army fulfilled that for me.

## **What do you enjoy most about being a Soldier?**

I am gaining expertise, knowledge and experience that I would have never had a chance to learn in the civilian world, and I am creating opportunities for myself. I have also been able to meet and interact with a wide variety of people — wonderful people that I would have never met otherwise. As a paralegal specialist for U.S. Army Training and Doctrine Command, we don't get to go to the field, and we don't get to go to the range here. A couple months ago, during Basic Leader Course, I got to use what most would consider to be typical Soldier skills, and I enjoyed it.



**Cpl. James Lizotte**  
Army Paralegal Specialist  
Fort Leonard Wood Office of the Staff Judge Advocate

## **What is the most fulfilling part of being a paralegal specialist?**

Seeing proper justice being carried out brings me a sense of a job well done. I see a lot of bad stuff. It's hard. When justice is served, it is rewarding to know you helped a victim or victims.

## **What is something that surprised you about your role in the Army?**

I would say I didn't realize how much I would be directly working with senior leaders as a new Soldier. It just doesn't feel normal for a private to be informing a brigade or battalion commander about actions

in their unit. It took me awhile to get used to it.

*Click [here](#) to learn more about opportunities as an Army Paralegal Specialist.*



U.S. ARMY

Click [here](#) to nominate a Fort Leonard Wood service member for recognition.