



Task	Distance	#Rds	#Reps	Total	Time
Controlled Pairs	5 meters	2	1	2	3 sec
Failure Drill	5 meters	3	2	6	4 sec
Rapid Reload	5 meters	4	1	4	10 sec
Controlled Pairs	5 meters	2	2	4	3 sec
Turns from Right	7 meters facing right	2	2	4	3 sec
Turns from Left	7 meters facing left	2	2	4	3 sec
Turns to Rear: 1 round to head (2 reps: over firing shoulder & 2 reps over non-firing shoulder)	7 meters facing about	1	4	4	5 sec
Rapid Reload	7 meters	4	1	4	10 sec
Engage targets while moving	15 to 5 meters	2	2	4	3 sec
Engage at a Distance	25 meters	2	2	4	8 sec

Standard:
-32 out of 40 (80%)
-3 out 6 possible head shots
-2 attempts to qualify