

Guidon

Wednesday, November 22, 2023

Fort Leonard Wood, Missouri



MSCoE CG and CSM Send: Celebrating Thanksgiving safely

On the fourth Thursday of November, Americans remember those who came to this land in search of freedom, and the community and relationships that allowed our nation to flourish. As you celebrate Thanksgiving, we hope you relax, spend time with your loved ones and reflect on the liberty and prosperity we enjoy in America.



MSCoE leaders update Fort Leonard Wood standards book

Maneuver Support Center of Excellence senior leaders have made updates to the MS-CoE and Fort Leonard Wood standards book, a collection of information service members and civilians here need to know.



Fort Leonard Wood inducts 21 Soldiers into NCO Corps during ceremony

Fort Leonard Wood's 43rd Adjutant General Battalion (Reception) hosted an NCO induction ceremony Friday in Abrams Theater, where 21 NCOs from across the installation were welcomed into the NCO Corps.



Military Police Soldiers tackle Marine Corps' Combat Fitness Test

Marines training on Fort Leonard Wood to be correctional specialists were given the opportunity to share the Marine Combat Fitness Test with their Soldier classmates, providing opportunities for the two branches to share a bit of friendly competition and bond over the unique experience.

Read these stories and more at <https://www.army.mil/paowood>.

Female Mentor Program meeting

The November meeting of the Female Mentorship and Morale Program will take place from 11:30 a.m. to 1 p.m. Nov. 29 in Thurman Hall, Room 1521. This month's guided discussion topic is avoiding burnout and maintaining healthy habits. Email michelle.m.kokoski.mil@army.mil or milana.m.taylor-turnbough.mil@mail.mil or click [here](#) for details.

H2F clinic

Holistic health and fitness experts here will be on hand to discuss healthy eating and sleeping habits, along with physical and spiritual fitness, during an H2F clinic from 9 a.m. to noon Dec. 2 at Cunningham Gym. Activities will be available for all ages, and families are invited. Call 1st Lt. Oluwaleke Ajenifuja at 573.596.3087, or email oluwaleke.k.ajenifuja.mil@army.mil for details.

Holiday craft and antique fair

The Fort Wood Community Spouses' Club is hosting a holiday craft and antique fair from 9 a.m. to 4 p.m. Dec. 2 at Waynesville High School. Admission is \$5 (children ages 15 and younger get free admission). Click [here](#) or email craftfairfwsc@gmail.com for details.

Tree-lighting ceremony

Fort Leonard Wood's annual holiday tree-lighting ceremony will take place at 5:30 p.m. Dec. 4 on the Maneuver Support Center of Excellence Plaza.

Quarterly housing town hall

U.S. Army Garrison Fort Leonard Wood leaders will host the quarterly on-post housing town hall at 5:30 p.m. Dec. 6 at Stonegate Community Center.

Chanukah celebration

The Fort Leonard Wood Jewish community will host a Chanukah celebration at 6:30 p.m. Dec. 7 at the South Iowa Chapel. Email Lt. Col. Kathryn Shaw at kathryn.l.shaw4.mil@army.mil for details.

Holiday hourly child care options

Child Youth Services is currently offering holiday hourly care for children

ages 3 to 5, from 8 a.m. to 4 p.m. weekdays at Child Development Center 615. To apply for hourly care, an orientation must be completed and children must be registered with CYS. Meals will be offered at 8:30 a.m., 11:30 a.m. and 2:30 p.m. Hourly care is limited to 15 hours per week. Cost is \$8 per hour per child. Call 573.596.0238 for details on registering. Call 573.596.0197 or visit the [online hourly care system](#) to make a reservation.

Flu shots

Flu shots are now available on post for beneficiaries within the Fort Leonard Wood community. For Tricare beneficiaries, mandated Department of Defense and non-appropriated funds civilians and contractors, and tenant units without organic medical teams (call 573.596.3663 for group scheduling) between the ages of 18 and 64, without a complex medical history, walk-in hours are 8 a.m. to 2 p.m. weekdays at Harper Clinic, Bldg. 500. For beneficiaries between the ages of 6 months and 17 (along with the parents of children being vaccinated)

and beneficiaries 65 and older, and beneficiaries with a complex medical history, walk-in hours are 7:30 a.m. to 4 p.m. weekdays at the General Leonard Wood Army Community Hospital Immunizations Clinic. Active-duty service members with a U.S. Army Training and Doctrine Command Organic Medical Team should contact their unit operations or TOMS for times and locations. Call 573.596.0518 for more information.

FEHB Open Season

This year's Federal Employees Health Benefits open season runs through Dec. 11. During this time, FEHB enrollees can change their health care, vision and dental insurance coverage. More information is available on the [Army Benefits Civilian website](#) and the [BENEFEDS website](#).

Suicide prevention helpline

The national suicide prevention and mental health helpline is available by calling 9-8-8. Press "1" to be connected with a responder trained to assist military and veteran populations.

Engineers win 2023 Turkey Bowl event



Photo by Brian Hill, Fort Leonard Wood Public Affairs Office

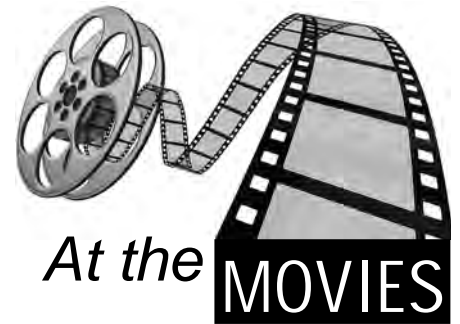
Maneuver Support Center of Excellence and Fort Leonard Wood Command Sgt. Maj. Jorge Arzabala presents the 2023 Turkey Bowl trophy to the 1st Engineer Brigade team Tuesday at Colyer Park. This year's event featured an ultimate frisbee tournament, with teams representing many of the units on post, including MScOE staff, the MScOE NCO Academy, the three training brigades, General Leonard Wood Army Community Hospital, the Marine Corps Detachment, the Air Force and more. To see all of the photos from the Turkey Bowl ultimate frisbee event, visit the [Fort Leonard Wood Flickr page](#).

2-10 hosts fourth-, fifth-grade fitness event



Photo by Brian Hill, Fort Leonard Wood Public Affairs Office

Drill sergeants and cadre with Fort Leonard Wood's 2nd Battalion, 10th Infantry Regiment, help Wood Elementary School fourth and fifth graders perform a litter carry Saturday at Shea Gym during a modified Army Combat Fitness Test and team-building event. The students, all enrolled in their school's fitness club, were given the opportunity to try events, such as the sprint-drag-carry, ball toss and kettle-bell squats, before splitting into teams to perform mock life-saving procedures with a litter and bandages. More photos from the event are available on the [Fort Leonard Wood Flickr page](#).



Abrams Theater is open for movies on Saturdays and Sundays. This weekend's showings include:

"Silent Night"

Rated R

Showing at 11 a.m. Saturday*

"Wish"

Rated PG

Showing at 2 p.m. Saturday, and 11 a.m. and 2 p.m. Sunday**

Prices for regular showings are \$7 for adults and \$4 for children (ages 6 to 11). First-run showings are \$8.75 for adults and \$6.75 for children. 3D showings are \$9 for adults and \$6 for children. Children under 5 are free. Call 573.329.6176, or visit the [Exchange website](#) for details.

*This is a distributor-appreciation screening. Admission is free. Seating is first-come, first served.

**This is a first-run showing.

DIGITAL GARRISON

—keeping military communities connected!

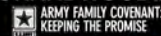


The Army's Digital Garrison mobile app is a one-stop information source for military communities. It's free and available at the [Google Play](#) and [Apple](#) stores.



MWR Events & Specials. Just For You.

ONLINE AT LEONARDWOOD.ARMYMWR.COM



DISCOUNT PAINTBALL
OUTDOOR ADVENTURE CENTER
MONTH OF NOV

All month, join us Tuesday through Saturday from 10am - 5pm for \$10 off paintball!

BLACK FRIDAY SPECIALS
NOV 24

Visit us online for deals from your favorite MWR programs!

LORA
Daugherty Bowling Center
Auto Skills Center
Outdoor Adventure Center
Piney Valley Golf Course

CARDS TO THE COMMUNITY

DEC 4 MSCoE PLAZA

Design your larger-than-life card to be displayed throughout the season. Bragging rights for the top three entries will be announced at the Dec 4th Tree Lighting. Guidelines available on the MWR website. Register by Dec 1.



Photos by Brian Hill, Fort Leonard Wood Public Affairs Office

During an NCO induction ceremony Friday in Abrams Theater, Cpl. James Lizotte, an Army Paralegal Specialist with Fort Leonard Wood's Office of the Staff Judge Advocate, prepares to pass through a ceremonial archway, signifying his membership in the Army NCO Corps. More photos from the ceremony are available to view and download on the [Fort Leonard Wood Flickr page](#).



FORT LEONARD WOOD CELEBRATES 21 NCO INDUCTEES

DURING A CEREMONY FRIDAY IN ABRAMS THEATER

Right: Three candles are lit during the ceremony, representing the NCO values.

Below: The 21 NCO inductees recite the NCO Creed.

Bottom right: Maneuver Support Center of Excellence Command Sgt. Maj. Jorge Arzabala leads the receiving line to congratulate Fort Leonard Wood's newest NCO inductees.



SOLDIER SPOTLIGHT

FORT LEONARD WOOD



U.S. ARMY

Beginning his Army career at one station unit training here in 2021, Pfc. Dylan Kaskalla is a combat engineer with the 5th Engineer Battalion.

What is your hometown?

Zuni, New Mexico. It is near the Arizona border. I was born and raised on the Zuni Indian Reservation there, and I am 100% Native American.

Why did you join the military?

I wasn't happy with the jobs I was doing; I wanted a career. My wife was a 31E Corrections/Detention Specialist, and when she got out of the Army, I asked her if she thought it was right for me – she told me to try it. We have family members in the Army, who helped me find a recruiter in Gallup, New Mexico.

What do you like most about being a Soldier in the U.S. Army?

The people I have met and the places I have visited. I have gone places and done things I never thought I would, like maintaining military equipment. I always thought a career like this was way out of my league until I got here. All of my instructors and fellow Soldiers have been super helpful when learning about military equipment and how to maintain and use it properly.

What are your future Army goals?

I want to be an NCO. I want to



Pfc. Dylan Kaskalla,
Headquarters and Headquarters Company, 5th Engineer Battalion

teach and lead others. I have had so many wonderful mentors, outside of the Army and inside of the Army. I want to take care of others and help them succeed.

What is the most fulfilling part of your job?

A job well done. When we are given a list of tasks, I enjoy making sure each task is completed successfully. We stay busy, and I like that.

Why are you proud to be a Soldier?

I have been to California for work and Romania. It is so rewarding. I never thought I would leave New Mexico.

What advice would you give to people thinking about joining the Army?

Do it. It is going to be tough, but it is so worth it.

Click [here](#) to learn more about combat engineer careers in the Army.



U.S. ARMY

Click [here](#) to nominate a Fort Leonard Wood Soldier for recognition.