



Guidon

Thursday, September 8, 2022

Fort Leonard Wood, Missouri



MSCoE CG and CSM Send: 9/11 – a national day of service and remembrance

On Sept. 11, we pay tribute to the 2,977 lives taken during the attacks on New York City, Shanksville, Pennsylvania, and the Pentagon, along with the service members, civilians and families who have since served and sacrificed.



MSCoE CG and CSM Send: We're in this together – Suicide Prevention Awareness Month

Suicide is a public health issue and prevention is a top priority for our military. Each of us can protect against the threat of suicide through relationships and being available for our battle buddies, co-workers, neighbors and families.



MP Corps set to celebrate 81st anniversary during Regimental Week festivities

Fort Leonard Wood will celebrate the 81st birthday of the U.S. Army Military Police Corps during the 2022 MP Regimental Week, scheduled for Sept. 19 through 24.



Fort Leonard Wood to host Retiree Appreciation Days events around post Friday and Saturday

Events during this year's Retiree Appreciation Days Friday and Saturday will include a bus tour of the post, a retirement ceremony, lunch in an Army dining facility, a retiree dinner and a town hall.

Read these stories and more at <https://www.army.mil/paowood>.



Fort Leonard Wood Exchange team wins AAFES diversity and inclusion award

The Army & Air Force Exchange Service named the Fort Leonard Wood Exchange team the worldwide winner of its 2022 Global Connections Worldwide Award.



September is Suicide Prevention Awareness Month

During Suicide Prevention Awareness Month, it's a good time to be reminded to look out for one another. It's also a good time to think about the things we should all be doing in our own lives to help ensure we don't find ourselves in crisis.



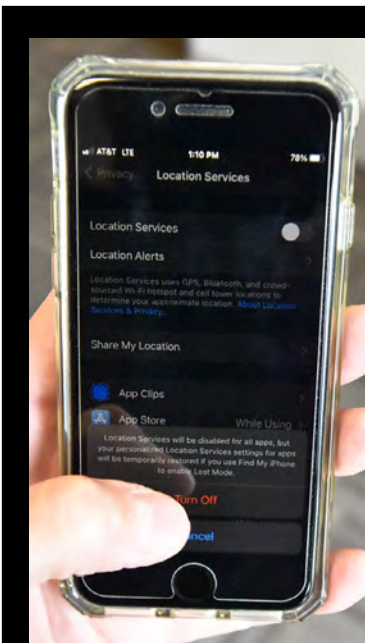
Army officer, Miss Spirit of St. Louis pageant winner eyes Miss Missouri title next

First Lt. Donna Gilbert, executive officer for Company B, 3rd Battalion, 10th Infantry Regiment, was crowned Miss Spirit of St. Louis during a scholarship pageant at the Kirkwood Theater in St. Louis, Missouri, on Aug. 29. The win qualifies her to compete for the title of Miss Missouri in 2023, and if successful there, Miss America in 2024.



Combat engineer, bridge crewman class gets unique training experience during CEFTX

During their culminating combat engineer field-training exercise this week, the trainees of Company B, 35th Engineer Battalion, were given the chance to see how military police detention and corrections operations factor into one of their most important combat roles – breaching enemy fortifications. For more photos, check out today's photo page.



Technologies we use every day can pose an Operations Security, or OPSEC risk.

Location data advertises where you are, where you've been and potentially when you'll return.

To mitigate risk:

- turn off precise location settings when not needed for navigation, workouts or other activities, or when taking pictures, especially when on vacation;
- refrain from posting information online about your vacation or extended trips away from your residence until you have returned home; and
- always examine where a company is based when deciding to purchase a smart device or download an application. Understand the risk factors, and that your data could be stored by whatever country owns that technology.

Practice OPSEC every day, keep terrorists at bay.

Patriot Day ceremony

The Fort Leonard Wood Religious Support Office is holding a Patriot Day ceremony from 8:45 to 9:05 a.m. Tuesday on the Maneuver Support Center of Excellence Plaza. Call 573.596.2127, or visit their [Facebook page](#) for details.

Scheduled traffic disruption

The General Leonard Wood Army Community Hospital parking lot entrance off of Headquarters Avenue will be closed from 7:30 a.m. to 5:30 p.m. Friday through Tuesday for construction. The entrance off Missouri Avenue will remain open. Call 573.596.3076 for details.

Garrison employee town hall

U.S. Army Garrison Fort Leonard Wood leaders are hosting the quarterly employee town hall at 10 a.m. Wednesday at the Main Post Chapel.

East Gate construction update

Demolition work on Fort Leonard Wood's East Gate bridge is set to resume in mid-September, and construction completion is scheduled for January 2023. Call 573.596.7131 for details.

9-8-8 for mental health help

The national suicide prevention and mental health helpline may now be reached by calling 9-8-8. Veterans may still press "1" to be connected with a

Garrison commander signs proclamation for upcoming Fire Prevention Week



Photo by Brian Hill, Fort Leonard Wood Public Affairs Office

While Maj. Erin Fritzler, from the Directorate of Emergency Services, and Sparky the Fire Dog look on today at Fire Station No. 3, Col. Anthony Pollio, U.S. Army Garrison Fort Leonard Wood commander, signs a proclamation acknowledging Fort Leonard Wood's role in National Fire Prevention Week, which takes place from Oct. 9 through 15. This year marks the 100th anniversary of the observance, and the 2022 theme – "Fire Won't Wait. Plan Your Escape." – highlights the critical importance of developing a home escape plan with all members of the household and practicing it regularly, officials said.

responder trained to assist the military and veteran populations. Click [here](#) for additional details.

DOD sexual assault helpline

The Department of Defense sexual assault helpline is 877.995.5247. Service members, their families and DOD civilians can also call Fort Leonard Wood's 24/7 Sexual Assault Resource Center at 573.855.1327. Visit the [Safe](#)

[Helpline website](#) to learn more about other available support options.

Army civilian retirement

Due to an increase in applications, the Army Benefits Center - Civilian is asking Army civilian employees to submit retirement applications six months in advance. Call the Fort Leonard Wood Civilian Personnel Advisory Center at 573.596.0927 if assistance is needed.

Does your unit have an event people might want to read about?

Do you know someone here who has done something interesting lately?

We'd like to hear about it. Submit it [here](#).



MEET YOUR MAYOR



Name: Eric Hawes

Community: North Stone Gate

Why did you decide to become a community mayor?

I decided to become a community mayor because I am a huge supporter of community pride. I have been active-duty military for 18 years, and I know the trials and tribulations Soldiers and their families endure. I like to use my knowledge and experiences to better their lives while being residents here.

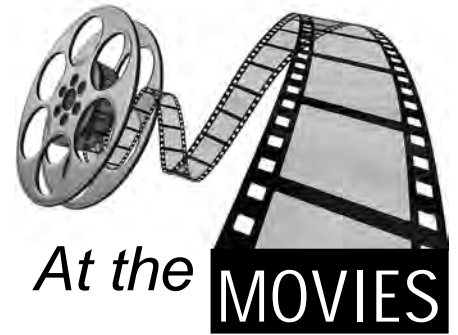
What are some initiatives you want your community to know about?

I would like to have the community aware of [the community Facebook page](#) and all the information that is available on it and the live videos that mayors provide.

On-post family housing here is operated and maintained by Balfour Beatty Communities, Fort Leonard Wood's housing partner.

Routine maintenance requests may be made online through the resident portal on the [BBC website](#). Work order requests received via the website are monitored during normal duty hours.

Non-routine maintenance needs can be addressed by calling BBC's 24/7 work order line at 573.329.4000.



Abrams Theater is now open for movies on Fridays, Saturdays and Sundays. This weekend's films include:

"DC League of Super-Pets"
Rated PG
Showing at 6:30 p.m. Friday

"Pinocchio"
Rated PG
Showing at 1 p.m. Saturday*

"Thor: Love and Thunder"
Rated PG-13
Showing at 11 a.m. Sunday

"Fall"
Rated PG-13
Showing at 2 p.m. Sunday

Prices for regular showing are \$6.50 for adults and \$3.75 for children. Prices for 3D showings are \$8.50 for adults and \$5.75 for children. Call 573.329.6176, or visit the [Exchange website](#) for details.

*Denotes a distributor appreciation screening with free admission. Seating is first come, first served.



MWR Events & Specials. Just For You.

ONLINE AT LEONARDWOOD.ARMYMWR.COM



FALL YARD SALE

SEPT 10 8AM - 12PM
Stop by Baker Theater parking lot to browse Fort Leonard Wood's largest yard sale!

BAKER THEATER: 6907 IOWA AVE.
573 596 693

Daugherty Bowling Center

NOONTIME LEAGUE

THURSDAYS, 11:30AM
BEGINNING
SEPT 15

\$3 PER GAME
(SHOE RENTAL REGULAR RATE)

REGISTER BY SEPT 15.
OPEN TO THE PUBLIC, AGE 18 AND UP.

Daugherty Bowling Center, Bldg 1609 S. Dakota Ave.
573-596-1498 / 329-2477

ALL-NIGHT SOFTBALL TOURNAMENT

SEPT 16, 6PM
SOFTBALL COMPLEX B



Preregister til Sept 9: \$175
Late registration from Sept 12 - 14: \$225
Register in person at Davidson Fitness Center, online, or by phone.

573-596-4359



ARMY FAMILY COVENANT: KEEPING THE PROMISE



Photos by Angi Betran, Fort Leonard Wood Public Affairs Office

Combat engineer and bridge crewman trainees with Company B, 35th Engineer Battalion, cross the lake at Training Area 250 with poncho rafts Wednesday as an add-on to the field-training exercise portion of their instruction. Building poncho rafts is not part of the required program of instruction for these trainees, but was conducted to show some of the additional knowledge available in follow-on schools Soldiers can attend throughout their career, such as the Sapper Leader Course.

NOT YOUR AVERAGE CEFTX

Company B, 35th Engineer Battalion, executed their culminating training event, the combat engineer field-training exercise, or CEFTX, this week, and company leadership lined up a couple of extra training opportunities to help expand the trainees' skills and provide more tools for their toolbox.



In addition to learning how to build and use poncho rafts, the trainees were given a lesson on Zodiac boats as well.



Above: Bravo Company trainees watch a demonstration of a point-of-contact transfer of a high-value target with military police detention and corrections operations instructors from Company C, 701st Military Police Battalion Wednesday at TA 250.

Left: Sgt. 1st Class Brandon Grajeda, an instructor from Company C, 701st Military Police Battalion (left), speaks to combat engineer and bridge crewman trainees after securing a high-value target. Combat engineers and MPs often work together in the Army.



COURTNEY WRIGHT

REGISTERED NURSE
EMERGENCY DEPARTMENT
GENERAL LEONARD WOOD ARMY
COMMUNITY HOSPITAL



Responsible for clinical patient care, quick screenings, determining life-threatening emergencies and assisting physicians in high-skilled procedures.

“
There is a level of respect we get from the military community that healthcare workers don't always receive at other places.
”



Why did you choose to become a DOD/DA Civilian?

My grandparents on my father's side were Department of Defense Civilians, and my dad was a DOD Civilian as well. When I first became a licensed practical nurse, I worked here in the emergency department. When I became a registered nurse, I left to work at a civilian hospital for about six years until I decided I wanted to be back at GLWACH.

Why did you become a nurse?

It sounds cliché, but I always knew I wanted to help people in some aspect. I didn't always dream of being

a nurse. Nursing was the practical choice after high school. **Once I was a nurse, I realized how many ways there are to help people and fell into emergency medicine, where I found my passion.**

What do you enjoy most about your job/career as a DOD/DA Civilian?

I like the community and the people that we serve and that things are different here. **It is not the same type of experience you have when you're serving a civilian community.** The types of injuries are different; the types of patients we see are different; the people we see are from all over and all walks of life. I like being able to give back to service members.

What are the benefits of working as a DOD/DA Civilian?

There is a level of respect we get from the military community that healthcare workers don't always receive at other places. I like being able to serve the service members who are serving us. Every day, you're going to see something new and different that keeps you on your toes.

