



Sapper Leader Course Physical Examination Checklist IAW AR 40-501 chap 5-3; DA PAM 40-502/506 & AR 40-502

PASS YOUR PHYSICAL!

Check your physical exam. Do not assume it was done correctly.
 It is your responsibility to make sure all necessary blocks are checked & labs and studies are completed.
ANY DEFICIENCY BELOW WILL PROHIBIT YOUR ENTRANCE INTO SCHOOL ON DAY-ZERO.

34 or younger	35 or older
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REPORT OF MEDICAL HISTORY DD FORM 2807-1 (3 Pages)	X	X
Name and SSN completed on the top of every page by service member	X	X
Blocks 1-29 completed by service member	X	X
Block 30 a, b & c completed by examiner	X	X

REPORT OF MEDICAL EXAMINATION DD FORM 2808 (3 Pages)	X	X
Name and SSN completed on the top of every page by service member	X	X
Block 1 must be dated within 18 months of start date	X	X
Blocks 2-15 completed by service member 15c should say Sapper/Ranger/Special Forces	X	X
Blocks 16-42, 44, 45-58, 72b, 73, 74 a & b, 77, 78, & 82 a & b completed by examiner	X	X
Blocks 43, 84 a & b completed by dentist (Must be Category 1 or 2)	X	X
Blocks 59, 61, 63, 66, 68, 69 (60 as needed) completed by optometry (per AR 40-501, Chap 5-3 and DA PAM 40-502)	X	X
Block 71 completed by audiology (attach DD Form 2216E (hearing test paperwork) - H2 or H3 Require Waiver)	X	X
Block 74a Physical Exam is qualified for "Sapper Training/School or Sapper Leader Course/Sapper"	X	X
Block 76 list any Disqualifying Conditions/Diagnoses requiring waiver & date waiver granted	X	X
Blocks 82a&b (PA,NP,MD,DO print & sign); and 85 a&b (MD/DO print & sign only if PA,ND signed Block 82; if not can be blank) <i>Note: Exams performed by PA/NP must be co-signed by MD/DO</i>	X	X

Sapper Leader Course physical examination lab requirements (documented on DD Form 2808)

Urinalysis (block 45 a & b)	X	X
Urine HCG (females only) (block 46)	X	X
HIV with results and test date (within 2 years) (block 49)	X	X
Urine Microscopy (block 73)	X	X
Sickle Cell screen (block 73)	X	X
Basic Metabolic Panel (BMP) or Fasting Blood Sugar (FBS) (block 73)		X
Complete Blood Count (CBC) or Hemoglobin & Hematocrit (H&H) (block 73)	X	X
Electrocardiogram (ECG) (block 73)		X
Fasting Lipid Panel (block 73)		X
Rectal Exam with Occult Blood (block 73)		X

Additional Requirements

Printed copy of ECG report reviewed and signed by a physician		X
Printed copy of Hearing Examination (DD Form 2216E) (H2 or H3 Require Waiver)	X	X
Printed copy of approved waiver signed by appropriate waiver authority(if applicable)	X	X

COMMENTS:

- It is highly recommended you take this checklist to your TMC when you report for your physical examination.
- Ensure your provider checks Army Regulation 40-501, especially CHAPTERS 5-3 for conditions that require a waiver.
- If you are deemed 'NOT QUALIFIED' (DD2808 block 74) for any reason, you must submit a waiver request for each condition/diagnosis listed on DD2808 blocks 76, 77.
- IAW DA PAM 40-506, contact lenses will **not be worn** at the Sapper Leader Course. Sign a contact lens MFR located at <https://home.army.mil/wood/index.php/units-tenants/USAES/Sapper/Sapper/reporting-information> if you are issued or use glasses. Bring signed MFR to in-processing
- Bring a complete copy of your DD2807-1 & DD2808 (6 pages) and all applicable documents listed in Additional Requirements.
- Leave a copy of everything with someone who can e-mail it for you on a weekend.
- If you have any questions send an email to usarmy.leonardwood.engineer-schl.mbx.1st169thsapperldcrs@army.mil

DO NOT BRING ORIGINALS

DATED 4 AUGUST 2022