



**DEPARTMENT OF THE ARMY
ADVANCED LAW ENFORCEMENT TRAINING DIVISION
UNITED STATES ARMY MILITARY POLICE SCHOOL
PARKER HALL, 1401 ARTILLERY CIRCLE
FORT LEONARD WOOD, MO 65473**

REPLY TO
ATTENTION OF

ATSJ-TSS

23 May 2022

MEMORANDUM FOR RECORD

SUBJECT: Physical Requirements for Successful Completion of the Military Police Special Reaction Team Course

1. This memorandum serves as a guide for medical professionals and Commanders when determining if prospective students are capable of completion of the Military Police Special Reaction Team (MP SRT) Course to standard. The MP SRT course is a physically demanding course that utilizes protective gear and weapons throughout and trains in all conditions. Students seeking training in the MP SRT Course must be physically capable to execute/perform the following actions:

- a. must be able to stand for long periods of time in various environmental conditions ranging from extreme heat to extreme cold (4 hours maximum with limited breaks)
- b. must be able to safely handle and operate various firearms in varied light conditions
- c. must be able to shoulder and hold a rifle for an extended period of time (4 hours maximum with limited breaks)
- d. required to perform various physical tasks for extended periods of time while in protective gear (ballistic helmet and body armor) and weapons weighing in excess of 50 lbs
- e. required to perform various strenuous tasks while wearing a chemical protective mask, protective gear and weapons, for extended periods of time. (4 hours maximum with limited breaks)
- f. required to lift and carry equipment weighing in excess of 70 lbs while in protective gear and carrying weapons
- g. must be able to drag a 200 lbs dummy attached to a litter a distance of 25 meters while in protective gear and carrying weapons
- h. must be able to run at own pace and distance while in protective gear and carrying weapons
- i. must be able to climb and get over a 6 foot wall while in protective gear and carrying weapons and other equipment
- j. must be able to climb up and down stairs under various light conditions while in protective gear and carrying weapons and other equipment
- k. must be able to climb up and down a ladder under various environmental conditions while in protective gear and carrying weapons and other equipment
- l. must be able to climb through windows under various light conditions while in protective gear while carrying weapons and other equipment
- m. must be able to get into and out of a vehicle while in protective gear and carrying weapons and other equipment
- n. must be able to lift 35 lbs above the head and maintain the weight overhead for short periods of time
- o. must be able to squat and or bend at the knees while in protective gear
- p. must be able to see targets clearly at distances up to 25 meters unamplified
- q. must be able to see and distinguish colors (red, green)
- r. must have full range of rotational motion in hips, spine, and limbs while bearing weight and wearing protective equipment

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2. Students attending the MP SRT Course must meet all course standards in order to graduate the course. Care must be taken to ensure the prospective student is physically capable of performing the job tasks specified.
3. The point of contact for this memorandum is Mr. Scott Langley, Chief, Law Enforcement Tactics Branch, scott.d.langley.civ@army.mil (573)596-2091

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