

Guidon

Thursday, September 1, 2022

Fort Leonard Wood, Missouri



MSCoE CG and CSM Send: Think safety over Labor Day weekend

Labor Day weekend marks the unofficial end of summer and allows us a short rest after a season of steady training, mission activities and children returning to school. We must assess and manage risk and emphasize safety going into the holiday, as, historically, accidents and mishaps increase over Labor Day weekend.



Fort Leonard Wood celebrates women's equality during Federal Women's Program kick-off event

The Fort Leonard Wood Equal Employment Opportunity Office hosted a Women's Equality Day event Friday at the Garrison Training Room next to the Ozark Tavern to kick off the return of the Federal Women's Program here.



Let's have a safe fall hunting season here this year

With hunting seasons approaching fast, it's important to know the rules that affect Fort Leonard Wood.



Fort Leonard Wood FMX team participates in OSHA Safe + Sound Week events

The U.S. Army Tank-automotive and Armaments Command's FMX team here took time to promote employee safety by participating in the Occupational Safety and Health Administration's Safe + Sound Week events, held from Aug. 15 through 21.

Read these stories and more at <https://www.army.mil/paowood>.

HEROES OF THE BATTLEFIELD

Staff Sgt. Troy Crews, a drill sergeant with Company B, 787th Military Police Battalion, rendered life-saving aid to a choking trainee by performing the Heimlich maneuver to remove food stuck in her airway at a dining facility. His ability to act with poise displayed great leadership and served as an example to the trainees.

Valerie Aubuchon has been vital in the General Leonard Wood Army

Community Hospital Coding Department's success in transitioning to MHS Genesis. Serving as one of the section's super users, Aubuchon has gone above and beyond on numerous occasions, helping clinical departments identify and find solutions to issues. Aubuchon was also instrumental during the spring full-scale exercise, ensuring that all patients were entered into the patient-tracking tool.



FMWR hosts annual Cardboard Boat Race

The Directorate of Family and Morale, Welfare and Recreation hosted Fort Leonard Wood's annual Cardboard Boat Race Saturday at Training Area 250.



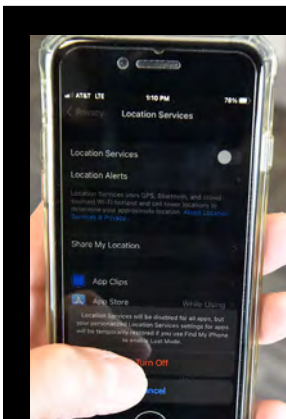
Alpha Co., 554th Engineer Bn., AIT Soldiers 'move mountains' to build stronger teams

One day each week, the Horizontal Construction Engineer students with Company A, 554th Engineer Battalion, get to compete against each other to build unit camaraderie and cohesion in what's called the Move Mountains Challenge.



Faith Skills classes set to begin Wednesday

Fort Leonard Wood's Religious Support Office is set to begin the 10-week Faith Skills study programming on Wednesday at the Main Post Chapel for service members and their families.



Technologies we use every day can pose an Operations Security, or OPSEC risk.

Location data advertises where you are, where you've been and potentially when you'll return.

To mitigate risk:

- turn off precise location settings when not needed for navigation, workouts or other activities, or when taking pictures, especially when on vacation;
- refrain from posting information online about your vacation or extended trips away from your residence until you have returned home; and
- always examine where a company is based when deciding to purchase a smart device or download an application. Understand the risk factors, and that your data could be stored by whatever country owns that technology.

East Gate construction update

Demolition work on Fort Leonard Wood's East Gate bridge is set to resume in mid-September, and construction completion is scheduled for January 2023. Call 573.596.7131 for details.

Pay office closure

Fort Leonard Wood's Army Military Pay Office will close at noon on Friday. In case of emergency, call 317.363.7133 or 317.361.0198.

Commissary sidewalk sale

The Fort Leonard Wood Commissary is hosting a Labor Day sidewalk sale from 9 a.m. to 7 p.m. today through Saturday, and 10 a.m. to 6 p.m. Sunday. Call 573.596.0783 for details.

Community Information Forum

The September Community Information Forum is set to begin at 10:30 a.m. Wednesday at the Pershing Community Center. The monthly forum is intended to be an information exchange and dialogue between garrison leaders and the community. Click [here](#) for details.

Retiree Appreciation Days

Fort Leonard Wood is set to host its Retiree Appreciation Days celebration Sept. 9 and 10 at various locations around the installation. Events this year will include a bus tour of the post, a retirement ceremony, lunch in an Army dining facility, retiree dinner and a town hall. The goal is to provide retirees and their families with information, services and assistance concerning their personal affairs, benefits, privileges, rights

Seabees commander visits post

Photo by Angi Betran, Fort Leonard Wood Public Affairs Office

Navy Petty Officer 2nd Class Justin Sobieralski explains to Navy Capt. Peter Maculan, commanding officer of the Center for Seabees and Facilities Engineering and Naval Civil Engineer Corps Officers School at Port Heuneme, California, how a scraper simulator is operated Monday in the Scraper Annex – part of the Equipment Operator "A" School at Training Area 244. Maculan visited the CSFE detachments here and at Sheppard Air Force Base, Texas, on his way to Camp Lejeune, North Carolina, to discuss training philosophies and credentialing with leaders from the Marine Corps Engineer School.

and entitlements. Call 573.596.0947 or click [here](#) for details.

Patriot Day ceremony

The Fort Leonard Wood Religious Support Office is holding a Patriot Day ceremony from 8:45 to 9:05 a.m. Sept. 13 on the Maneuver Support Center of Excellence Plaza. Call 573.596.2127, or visit their [Facebook page](#) for details.

Garrison employee town hall

U.S. Army Garrison Fort Leonard Wood leaders are hosting the quarterly employee town hall at 10 a.m. Sept. 14 at the Main Post Chapel.

9-8-8 for mental health help

The national suicide prevention and mental health helpline may now be reached by calling 9-8-8. Veterans may still press "1" to be connected with a responder trained to assist the military and veteran populations. Click [here](#) for additional details.

Army civilian retirement

Due to an increase in applications, the Army Benefits Center - Civilian is asking Army civilian employees to submit retirement applications six months in advance. Call the Fort Leonard Wood Civilian Personnel Advisory Center at 573.596.0927 if assistance is needed.

Does your unit have an event people might want to read about?

Do you know someone here who has done something interesting lately?

We'd like to hear about it. Submit it [here](#).



LEONARD WOOD JUSTICE

Courts-Martial

— At a general court-martial, a private first class was convicted by a military judge, pursuant to his pleas, of conspiracy to commit unlawful entry and robbery with a dangerous weapon, obstruction of justice, breaking and entering, larceny, robbery with a dangerous weapon (a firearm), and assault. The military judge sentenced him to confinement for 11 years, reduction to E-1, and a dishonorable discharge. He is serving his sentence at the U.S. Disciplinary Barracks at Fort Leavenworth, Kansas.

— At a general court-martial, a private first class was convicted by a military judge, pursuant to his pleas, of conspiracy to commit larceny and robbery with a dangerous weapon, obstruction of justice, breaking and entering, and robbery with a dangerous weapon (a firearm). The military judge sentenced him to confinement for 16.5 years, reduction to E-1, and a dishonorable discharge. He is serving his sentence at the U.S. Disciplinary Barracks at Fort Leavenworth, Kansas.

Reprimands

— A first lieutenant received a general officer memorandum of reprimand for driving while under the influence of alcohol.

— A sergeant first class received a general officer memorandum of reprimand for driving while under the influence of alcohol.

— A specialist received a general officer memorandum of reprimand for driving while under the influence of a high amount of over-the-counter medication (diphenhydramine) and leaving the scene of an accident.

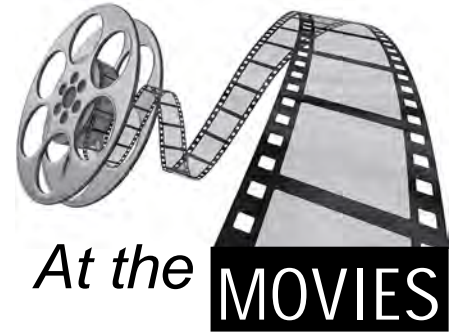
Other Misconduct

— A private first class was separated from the Army for violating the Army's Equal Opportunity Policy by engaging in unlawful discrimination based on religion.

— A private was separated from the Army with a characterization of other than honorable for misconduct including sexual harassment.

— A private received nonjudicial punishment under Article 15 by a field grade officer for sexual harassment. Forfeiture of \$916 for one month.

NOTE: Soldiers administratively separated receive one of three characterizations of service: Honorable, General, or Other Than Honorable. Anything less than Honorable may result in the loss of certain benefits and negatively impact employment and education opportunities.



Abrams Theater is now open for movies on Fridays, Saturdays and Sundays. This weekend's films include:

“DC League of Super-Pets”
Rated PG
Showing at 6:30 p.m. Friday

“Vengeance”
Rated R
Showing at 1 p.m. Saturday

“Easter Sunday”
Rated PG-13
Showing at 11 a.m. Sunday

“Bullet Train”
Rated R
Showing at 2 p.m. Sunday

Prices for regular showing are \$6.50 for adults and \$3.75 for children. Prices for 3D showings are \$8.50 for adults and \$5.75 for children. Call 573.329.6176, or visit the [Exchange website](#) for details.

*Denotes a first-run showing.



MWR Events & Specials. Just For You.

ONLINE AT LEONARDWOOD.ARMYMWR.COM



A GROUP FOR NEW MOMS

Let's Talk

9-10am 1ST AND 3RD TUESDAY OF EACH MONTH, BEGINNING *Sept 6*, BLDG 486

FREE group. Children are welcome!
Open to moms with children under 12 months.

ACS, BLDG 486

573-596-4268 / 2936

SEPT 10

8AM - 12PM



FALL YARD SALE

BAKER THEATER PARKING LOT

ADVANCE REG (ENDS SEPT 8): \$30 PER SPACE
TABLES: \$5 EACH (ADVANCED REG ONLY)
DAY-OF REGISTRATION: \$40 PER SPACE

Register in advance online by Sept 8, or by calling the MWR Installation Wide Events office located in Building 470, Room 1105.

BAKER THEATER: 6907 IOWA AVE.

573 596 6913



BOSS

GOLF LESSONS

SEPT 10 2PM - 3PM

Piney Valley Golf Course

FREE lessons! Open to age 18 & up, Single Soldiers, Single Parents, Geo bachelors. Register by Sept 6. Limited spots available—sign up today!

573-596-5862



ARMY FAMILY COVENANT:
KEEPING THE PROMISE



Left: Advanced Individual Training Soldiers with Company C, 701st Military Police Battalion, and AIT Marines assigned to the Marine Corps Detachment Fort Leonard Wood Military Police Instruction Company, learned riot-control techniques as part of their corrections and detention training Aug. 22 at the Barr Mock Confinement Facility here. The facility provides service members the opportunity to train in realistic environments. Riot-control training and testing is an eight-hour block of instruction, when students learn baton and shield control, as well as riot-control principles and formations. Below: Soldiers and Marines here for AIT test on the proper use of the riot baton.

Soldiers, Marines train side by side to become

Corrections and Detention Specialists

Riot-control training and testing is an eight-hour block of instruction, when students learn baton and shield control, as well as riot-control principles and formations. The training takes place at the Barr Mock Confinement Facility here.



Photos by Angi Betran, Fort Leonard Wood Public Affairs Office

Above: Staff Sgt. Dakota Klein, an instructor with the Basic Military Police Training Division, teaches riot shield control training. Proper use of riot shields enhances overall efficiency by teaching students how to operate as a team when facing a threat. Left: Marine Pfc. David Hoy learns riot shield control techniques during riot shield control technique training.

SOLDIER

in the
Spotlight

Staff Sgt. CarrieLynn Snodgrass has been around the Army her entire life. Now on her second tour of service, she has spent more than 20 years serving her country and has no plans of stopping anytime soon. Originally enlisted as a combat medic in 1988, she now serves as the supply specialist for the Sapper Training Company at Fort Leonard Wood.

What is your hometown?
Fort Knox, Kentucky.

Where did you complete Initial Entry Training?

The first time I joined the Army, I went to Basic Combat Training and Advanced Individual Training at Fort Sam Houston, Texas. The second time I joined in 1988, I completed BCT at Fort Jackson, South Carolina, and Advanced Individual Training at Fort Lee, Virginia.

Why did you join the Army?

I'm from an Army family with a lengthy military history. My parents were in the Army - my father was an engineer, and my mother was a quartermaster. Both served in Vietnam. My grandfather on my father's side was a Marine, and my mother's father was in the Army.

I joined for the first time in 1988 as a combat medic and got out because one of my children needed open heart surgery. I rejoined in 2008 because I hadn't achieved my goals the first time I was in, and I wanted to finish what I had set out to do. I was unable to be a medic then, so I picked Supply Specialist because I had 19 years of logistical experience with a Fortune 500 company from my time in the civilian world, and I'm good with numbers.

What is your favorite part about your job?
I enjoy working with engineers. When I



Staff Sgt. CarrieLynn Snodgrass
Sapper Training Company

came back in I spent most of my contract with Engineers. I was loaned out to other units, like field artillery, but I'm more comfortable with engineers.

What advice would you give to others thinking about joining the Army?

Being in the Army, regardless of your MOS or duty station, is what you make of it. Research the military occupational specialties available, and don't be afraid to pick something you feel may be exclusionary to you because of your gender because it's not. If you allow yourself to dream big, you can be big.

How do you define leadership, and what do you look for in a leader?

Competency and openness. Full disclosure and transparency. It matters because if you're not competent enough to be in a leadership position, you're going to lead someone down the wrong path in some way, shape or form.

What's next for you?

I am getting ready to PCS to Fort Bliss, Texas. I am immensely excited to go back to Texas. My sons are in San Antonio, one is in college, and the other works for the local school district.

Which duty stations have you been assigned to?

Camp Humphreys, South Korea, Fort Bliss, Texas, Fort Riley, Kansas, Fort Knox, Kentucky and Fort Leonard Wood, Missouri.

Click [here](#) to nominate a Fort Leonard Wood Soldier for recognition.

