

Guidon

Thursday, October 6, 2022

Fort Leonard Wood, Missouri



MSCoE CG and CSM Send: Think safety over this weekend

On Monday, we observe Columbus Day. This weekend is a great time to spend with friends and family, enjoy the cooler weather and experience the great state of Missouri. With the change of seasons, we must also reassess how we manage risk and mitigate hazards.



New SHARP training scenario an eye-opener for Fort Leonard Wood command teams

Commanders attending their monthly Sexual Harassment and Assault Response and Prevention Program training on Sept. 27 in Lincoln Hall Auditorium were presented with a new scenario called “Walk a Mile in Their Shoes,” meant to expose leaders to some of what a victim endures, from the time of a sexual assault through to the investigation.



JEDI leadership development program open for applications

Developing skills such as strategic thinking, problem solving, emotional intelligence and communication is crucial to advancement in any career path. The U.S. Army Fort Leonard Wood Garrison has a few spots open for their highly sought-after Junior Executive Development Initiative program, commonly called JEDI.



Fire Fest 2022 set for Saturday

In recognition of National Fire Prevention Week Oct. 9 through 15, the Fort Leonard Wood Fire Department is scheduled to host Fire Fest 2022 from 10 a.m. to 2 p.m. Saturday at the Main Exchange parking lot.

Read these stories and more at <https://www.army.mil/paowood>.



Soldier turns 50, graduates basic combat training

For his 50th birthday, Spc. Orlando Kinchloe was gifted 50 push-ups and a cadence rendition of “Happy Birthday” courtesy of his fellow trainees and cadre of Company D, 2nd Battalion, 10th Infantry Regiment. The short reprieve in training to acknowledge his milestone birthday was a welcome celebration for the infantry Soldier, who completed basic combat training for the second time today after a 21-year break in military service.

NEWS BRIEFS

Flu shots at GLWACH

Tricare beneficiaries ages six months and older can now receive their flu shots at the General Leonard Wood Army Community Hospital Immunizations Clinic on a walk-in basis from 7:30 a.m. to 4 p.m. weekdays. The shots will also be available for beneficiaries ages 18 to 64, federal employees, contractors who are mandated to receive the shot and tenant units without medical assists from 8 a.m. to 3 p.m. weekdays at the Harper Clinic, located in Bldg. 500.

ID Card Office open Friday

The Fort Leonard Wood ID Card Office will be open from 8 a.m. to 3 p.m. on Friday, but will be at minimal staffing. Call 573.596.2201 for details.

Combined college graduation

Fort Leonard Wood’s Truman Education Center is hosting a combined college commencement ceremony at 10 a.m. Friday at Nutter Field House. Call 573.596.0172 for details.

Traffic notice

Drivers should be extra vigilant for slow-moving vintage rail cars on the Fort Leonard Wood rail system from 8 a.m. to 4 p.m. Saturday. Call 573.596.5026 for details.

Pre-retirement briefing

A pre-retirement briefing is scheduled for 8 a.m. Tuesday in Lincoln Hall Auditorium, and includes information on the benefits to which retired military personnel and their dependents are entitled. Call 573.596.6637 for details.

Cool-to-heat transition

The Directorate of Public Works will

Fort Leonard Wood celebrates Oktoberfest



Photo courtesy of the Directorate of Family and Morale, Welfare and Recreation

Attendees of Fort Leonard Wood’s Oktoberfest celebration held Saturday at Pershing Community Center participate in the best dressed contest. In addition to various contests, the community enjoyed live music, dancing and food.

begin transitioning heating, ventilation and air conditioning systems from cool to heat starting Oct. 17. Some systems are locally controlled and may have started producing heat on colder mornings. The transition should be complete by Oct. 20.

R2 Fair

The Fort Leonard Wood Army Substance Abuse Program is hosting a Ready and Resilient Fair from 9 a.m. to 2:30 p.m. Oct. 18 at Nutter Field House. The Fort Leonard Wood community is invited to learn more about free resources available here to help individuals build personal readiness and resiliency. Many mandatory trainings will be available throughout the day as well, including ASAP personal readiness and Operations Security. Additionally, Threat Awareness and Reporting Program training will be conducted at 11:30 a.m. and 2:30 p.m., and Army Sexual Harassment and Assault Response

and Prevention Program training will be conducted at 10 a.m. and 1 p.m. Call 573.596.0938 for details.

TAP hiring fair

The Fort Leonard Wood Transition Assistance Program is hosting a hiring fair from 11 a.m. to 2 p.m. Oct. 27 at Nutter Field House. All service members, veterans and family members are welcome to attend. Call 573.596.0175 for details.

FEHB open season

The 2022 Federal Employees Health Benefits open season is Nov. 14 to Dec. 12. During this time, FEHB enrollees can change their health care, vision and dental insurance coverage. More information on eligibility, enrollment, plan comparisons and premium information is available on the [BENEFEDS website](#), and a [virtual benefits fair](#) is available from 9 a.m. to 4 p.m. Nov. 15 and 22, and Dec. 1 and 8.

LEONARD WOOD JUSTICE

Reprimands

— A captain received a general officer memorandum of reprimand for failing to report to Bldg. 470 upon arrival to Fort Leonard Wood. The captain then decided to travel outside of Missouri without approved leave and was declared AWOL.

— A first sergeant received a permanently filed general officer memorandum of reprimand for driving under the influence of alcohol and disorderly conduct. The first sergeant was also removed from his position of responsibility.

— A staff sergeant received a permanently filed general officer memorandum of reprimand for driving under the influence of alcohol.

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— A private received a permanently filed general officer memorandum of reprimand for refusing the lawful order to receive the COVID-19 vaccine.

Other Misconduct

— A private received a Company Grade Article 15 for pushing a fellow trainee

during an altercation. Received 14 days extra duty, forfeiture of \$395 of pay for one month and an oral reprimand.

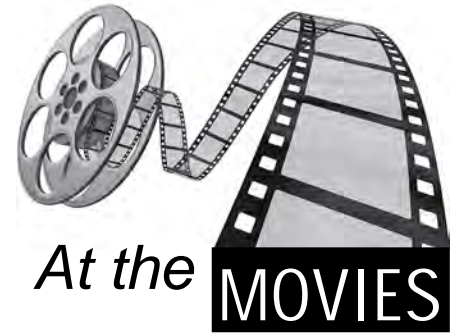
— A private first class received a Company Grade Article 15 for violating Army uniform regulations. Received 14 days extra duty and 14 days restriction.

— A private first class received a Company Grade Article 15 for making lude gestures to other trainees. Received 14 days extra duty, 14 days restriction and an oral reprimand.

— A private first class received a Field Grade Article 15 for being under the influence of alcohol while on duty. Reduction to private (E-1), forfeiture of \$916 of pay per month for two months.

— A staff sergeant was involuntarily separated for failing to complete a drug and alcohol rehabilitation program.

NOTE: Soldiers administratively separated receive one of three characterizations of service: Honorable, General, or Other Than Honorable. Anything less than Honorable may result in the loss of certain benefits and negatively impact employment and education opportunities.



At the MOVIES

Abrams Theater is now open for movies on Fridays, Saturdays and Sundays. This weekend's film is a first-run showing of:

"Lyle, Lyle, Crocodile"

Rated PG

Showing at 6:30 p.m. Friday, 2 p.m. Saturday and 1 p.m. Sunday

Prices for regular showing are \$6.50 for adults and \$3.75 for children. Prices for 3D showings are \$8.50 for adults and \$5.75 for children. Call 573.329.6176, or visit the [Exchange website](#) for details.

NEED HELP?

DIAL 9-8-8

The national suicide prevention and mental health helpline may now be reached by calling 9-8-8. Veterans may still press "1" to be connected with a responder trained to assist military and veteran populations.

Looking for a past edition of the eGuidon?
Check out [Fort Leonard Wood's website](#).



MWR Events & Specials. Just For You.



**DAVIDSON FITNESS CENTER
PUNT, PASS & KICK
CHALLENGE**

OCT 8, 10AM, GERLACH FIELD

FREE to enter, open to age 16 & up.
Register: Davidson Fitness Center / Specker Gym.

573-596-4359

SPOOKY SCUBA

OCT 13, 6 & 7PM

DAVIDSON FITNESS POOL

\$29.95 per person, age 10 and up. Register at MWR RecPlex, Wed-Sun 11:30am - 6pm. Last day to register: Oct 12, 12pm

573-596-3529

ONLINE AT LEONARDWOOD.ARMYMWR.COM



WOMEN'S BASIC SELF DEFENSE CLASSES



**OCT 15 & 22, 9AM-2:30PM
ACS BLDG 486**

FREE - MUST ATTEND BOTH SESSIONS

FEMALES ONLY, AGE 13 & UP. SERVICE MEMBERS, FAMILY MEMBERS, AND DOD CIVILIANS. Awareness, prevention, risk reduction, and risk avoidance. It is NOT a martial arts course. No experience necessary. Register by Oct 11

573-528-4098 OR 573-596-4268

SOLDIER

in the
Spotlight

For Army bandsman Sgt. Sydney Seed, music is life. She served six years in the Virginia National Guard before transitioning to active duty. During that time, she used her degree in music education to teach orchestra.

Today, she serves as a bassoon player in the oldest unit on Fort Leonard Wood, the 399th Army Band.

Why did you join the Army?

The military has always had a special place in my heart starting from childhood. Both of my grandfathers were career military officers. One of them was a bandsman as well and served as the commander of the Army Field Band. His stories in my childhood were about all the traveling that he got to do – he took the band to all 50 states in his time there as well as several different countries – and that legacy is important to me. I was really drawn to the military culture and interested in it and wanted that experience for myself.

How many instruments do you play?

I've played most instruments. For the Army, I have played bassoon, alto saxophone and fife. Fife was something I played a lot of when I was serving in the National Guard. Having a



Sgt. Sydney Seed, 399th Army Band

degree in music education, I had to learn the basics of most instruments and spent six weeks playing just the violin, then six weeks just playing the trumpet or the cello, and so on and so forth.

Where did you complete Initial Entry Training?

I completed basic combat training here and advanced individual training at the Army School of Music in Virginia Beach, Virginia.

Army musicians have to come pre-qualified, so we have an audition beforehand. I have an undergraduate degree in music education, but I took bassoon lessons every semester I was in college, and that's a very comparable story to the people I work with. Most of us have degrees, especially people entering now. It's not uncommon to also have your master's degree in performance on your instrument. We join the Army contingent upon passing an audition, and then our AIT is

focused on learning how to do it the Army way.

What role does music play in Army culture, and why is it important?

Music transforms the environment that you're in. When we think about how music affects our life, I think most have a positive experience associated with it. On a more serious note, music has been used overseas to reduce tension. I feel like creating those relationships with people is really important and music is one way we can do that. Music humanizes the American Soldier, and is equally important in-country. Making music in uniform changes the perspective and relationship between Soldiers and the people.

What advice do you have for musicians who are considering auditioning for the Army Band?

For those in high school, I would caution them to be resilient against not winning

the audition right out of high school. Our skill level is quite high right now. Most people have at least their undergraduate degree, and many of them have their master's in performance. That is the skill level that we're looking at. I'm not saying it's not possible to get this job right out of high school, but if you take the audition and you don't make it, listen to the feedback that you get, and continue to strive for it.

What are the benefits of being a musician for the Army?

We employ a lot of musicians, so there's financial stability which can be hard to come by if you're gigging in the civilian world. You also have the opportunity to move around and see different parts of the world and play some unique events. I've been in rooms I never would have been in under any other context. The Army can really open doors for you.

Click [here](#) to nominate a Fort Leonard Wood Soldier for recognition.

