





USAG Wiesbaden COVID-19 OPT 02 DEC 2021

USAG Wiesbaden

HN COVID Update

As of: 020730DEC21





HN COVID-19 Host Nation Update

Wiesbaden

Hessen state measures apply

ESWE Verkehr buses: 3G rule and mask obligation apply

City administration offices: 3G and 2G rule applies; several only available via telephone

Christmas Market and Children's Christmas Market: Mask obligation in all non-2G areas. 2G rule applies in all food areas

Information in English: <u>https://soziales.hessen.de/Corona/Fremdsprachliche-</u> Informationen/Informationen-auf-Englisch-Information-in-English





HN COVID-19 Host Nation Update

Mainz

Rheinland-Pfalz state measures apply (7-day hospitalization is deciding factor)

Christmas Market: Distance rules and mask obligation apply; only vaccinated and recovered individuals may:

- Approach the booths and buy something there;
- Buy and eat food and dinks;
- Offer and sell goods, food and drinks;

Quick-test centers in Mainz:

https://covid-19-support.lsjv.rlp.de/eden/org/facility/summary?%24%24code=TESTS-PUBLIC (select Rheinland-Pfalz for 'Auswahl Staat', then Mainz for 'Auswahl Kreis', then Mainz for 'Auswahl Stadt' and Mainz for 'Auswahl Ortschaft'.

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Information in English: <u>https://www.mainz.de/en/service/protection-against-coronavirus-infections.php</u>





Holiday Travel Planning Considerations

Before and during travel, check official websites such as CDC.gov¹, travel.state.gov², reopen.europa.eu³ for travel advisories and requirements. If flying, check your airline for additional guidance. GO 1 is still in effect for the USAG WI community. ⁴

Travel to the U.S. & other countries

- Re-open EU³ offers a centralized consolidation of COVID-related travel requirements. The Travel Plan tool uses departure and destination countries for a concise summary of requirements.
- U.S. citizens should check the State Department's website for additional restrictions that apply as U.S. citizens.
- Appearance of external hyperlinks does not constitute endorsement by U.S. Army or U.S. Army Europe and Africa of the linked website or the information, products or services contained therein.

Reopen Europa:	1	Ŷ	Germany Q. What are the rules if I go abroad from this country, and when I return from abroad? The Federal Foreign Office cautions against non-essential travel to many countries. You are strongly	Italy Q What are the rules to enter this country from an EU Member State or Schengen Associated country? All travellers entering Italy from any foreign location are required to fill out the <u>EU Digital Passenger</u>
Measures in place Travel Plan Italy ~ Italy ~			advised to check the travel and safely information on the <u>website</u> of the <u>Footral Foreign Office</u> and indo out, before you knew, with the Current entry requirements are to your travel destination to subuid be prepared to self-quarantine after you return to Germany if your tra- designated as a <u>disk area</u> . Winter Constitution And State Constitutio	 Locator Form Children under 6 years old are exempt from pre-departure testing requirements. They are also exempt from self-isolation if the parent travelling with them holds an 'EU Digital COVID Certificate' (EUDCC) with proof of full vaccination or recovery. Children aged 6 or over must present a pre-departure test. They are exempt from self-isolation if the parent travelling with them holds an 'EUDC' with proof of full vaccination or recovery. Note: different conditions apply for travellers who have stayed in or transited one of the countries on List E in the 14 days before entering Italy. These rules are valid until 15 December 2021. Entering this country with the EU Digital COVID certificate Holders of 'EU Digital Covid Certificate' (EUDCC) can enter Italy without being subject to further restrictions (testing or quarantine), if their certificate contains one of the following: Proof that they are fully vaccinated (they have received the second dose, or a single dose for the Janssen/ohnson8.Johnson. Proof of recovery from COVID-19. Validity: 180 days from the first positive svab. Negative result to a COVID-19 test performed before entering Italy. Both PCR (molecular) and rapid antigen tests are accepted.

Additional Considerations for Travel to the U.S. (as of 8 Nov 21)

• U.S. citizens and Legal Permanent Residents (LPRs) who are eligible to travel but are not fully vaccinated will need to provide proof of a negative COVID-19 test one (1) day before their flight's departure.

Entering this country without the EU Digital COVID certificate or with a certificate not

- U.S citizens and LPRs who are fully vaccinated will need to present airlines with proof of vaccination and a negative COVID-19 test three (3) days before their flight.²
- 1 https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html
- 2 https://travel.state.gov/content/travel/en/traveladvisories/ea/requirements-for-air-travelers-to-the-us.html
- 3 https://reopen.europa.eu/en
- 4 https://homeadmin.army.mil/wiesbaden/application/files/1616/2512/2259/SRO_Wiesbaden_GO1 effective 30 June 2021.pdf

Wiesbaden Vaccination Events

DATE	TIME	VACCINE BEING OFFERED	Location	How to Access the Event
17 Nov	1500-1530	Pfizer (1 st , 2 nd , 3 rd , and Booster)	Clinic	https://informatics-stage.health.mil/COVAX/
18 Nov	1300-1830	Peds Pfizer 1 st shot *Ages 5-11 only*	Hainerberg	https://informatics-stage.health.mil/COVAX/
19 Nov	1430-1500	Moderna (2 nd Shot)	Clinic	https://informatics-stage.health.mil/COVAX/
20 Nov	1000-1400	Flu	Hainerberg	Walk-In
22 Nov	1500-1630	Peds Pfizer 1 st shot *Ages 5-11 only*	Hainerberg	https://informatics-stage.health.mil/COVAX/
29 Nov	1500-1530	Pfizer (2 nd Shots)	Clinic	https://informatics-stage.health.mil/COVAX/
1 Dec	1300-1630	Moderna Booster Shot	Hainerberg	OPORD published by Garrison S3. Must check-in with unit rep on site before entering vaccination site
3 Dec	0900-1130	Moderna Booster Shot	Hainerberg	OPORD published by Garrison S3. Must check-in with unit rep on site before entering vaccination site
6 Dec	1500-1530	Pfizer (2 nd Shots)	Clinic	https://informatics-stage.health.mil/COVAX/
8 Dec	1300-1630	Moderna Booster Shot	Hainerberg	https://informatics-stage.health.mil/COVAX/
9 Dec	1300-1830	Peds Pfizer 2 nd shot *Ages 5-11 only*	Hainerberg	https://informatics-stage.health.mil/COVAX/
15 Dec	1300-1630	Moderna Booster Shot	Hainerberg	https://informatics-stage.health.mil/COVAX/
16 Dec	1300-1430	Peds Pfizer 2 nd shot *Ages 5-11 only*	Hainerberg	https://informatics-stage.health.mil/COVAX/

Booster Information/Requirements

	The below groups are eligible for a single COVID-19 booster dose:	Any of the FDA approved or authorized COVID vaccines may be used for the booster. You must wait 6 or 2 months after the completion of your
	65 years and older	primary series
2)	18 years and older with underlying medical conditions	
3)	18 years and older who live in long-term care settings	 6 months after the initial series of Pfizer-BioNTech or Moderna
4)	18 years and older who work or live in high-risk settings	 2 months after the initial series of Janssen (J&J)

Due to safety and facility capacity reasons, only the person receiving the vaccine and one guardian are allowed inside the vaccine facility.

The Hainerberg vaccination site is located in the old PX. An easy way is to find the site is by searching for the "Bamboo Restaurant" in google maps; address will read "7762 New-York-Strabe, Wiesbaden, Germany 65189". It's important you search "Bamboo Restaurant" because if you enter the address it will take you to the wrong place. The vaccination site is a few doors to the right of the Bamboo Restaurant.



Community Updates

- > Holiday Tree Lighting: 2 DEC from 1700-2100 at Clay Kaserne Chapel
- > Lighting of the Chanukah Candles: 2 DEC at 1800 (Virtual on Facebook at USAG Bavaria Jewish Community)
- → Holiday Concert : 3 DEC from 1900-2100 at Wiesbaden Kurhaus CANCELLED
- FY22 Installation Planning Board: 8 DEC from 0900-1100 at the CAC
- > CFC Recognition Ceremony: 9 DEC at 1300 at Tony Bass Auditorium
- > 5K Jingle Bell Jog: 11 DEC at 0900 at the Fitness Center
- Mission Essential Blood Drive: 13-14 DEC from 0900-1700 at the Old Post Office, bldg. 1052 on Clay Kaserne
- > SRO OPT on 16 DEC at 1300 (MS Teams)
- > Photos with Santa: 16 DEC from 1300-1700 at the ACS bldg. 7790 on Hainerberg
- ACS Holiday Assistance Program through 20 DEC
- > Holiday Feast to-go for 25 DEC prepared by the Wiesbaden Entertainment Center: Call in advance to order
- > New Year's Even Party: 31 DEC from 2000-0300 at the Wiesbaden Entertainment Center



In order to better serve our Garrison community, customer service parking areas, as well as handicap, fire lane, reserved and official vehicle spots around the Garrison will soon receive **increased attention** to ensure vehicles are **not** parking in these areas improperly and for longer than allowed. **The Garrison has heard the community and seen the impacts of these spaces being used incorrectly.**

Starting Dec. 1, the Directorate of Emergency Services will implement a **new** parking ticket structure to hold drivers accountable when they abuse the use of these parking spaces.



Apply these best practices to avoid getting a ticket and keep your driving privileges in good standing.

- **Do not park** in reserved spots for GO/SES/official vehicles or handicap spaces unless authorized.
- **Pay attention** to timed parking spaces and ensure you properly utilize your parking placard.

Repeat offenders will incur driving privilege suspensions if enough tickets are received within a 12-month period. Read the full details of this new parking memorandum on our website at: home.army.mil/Wiesbaden/index.php/about/garrison/DES or reach out to DES at 548-7777





Mission Essential Blood Drive



Supported by USAG Wiesbaden #Support The Warfighter donate blood for the military!

Mission Essential Blood Drive

Dec. 13-14 9 a.m. - 5 p.m.

Clay Kaserne, Bldg. 1052 Former Post Office

If appointments are full, please join the Waitlist, link provided in the blood drive info at www.militarydonor.com.

Appointments required, schedule at: www.militarydonor.com

Sponsor Code: Europe

Or scan QR code with a smartphone camera



TYPE

GIVE

NEW Rules: most Local National staff, retirees and family members can donate!

Basic Eligibility:

At least 18 years of age and weigh 116 lbs.

Haven't donated whole blood in the last <u>8</u> weeks.

No tattoos overseas, travel to malariarisk country, or male w/male sex in the <u>past 3 months.</u>

Free of cold/flu symptoms for at least <u>3 days</u>.

Oidn't live in the UK <u>3 months</u> or more <u>1980-1996</u>, or <u>5 years</u> or more in France and/or Ireland <u>1980-2001</u>.

Haven't had close AND extended contact with a suspected or confirmed COVID-19 case in <u>past 14 days</u>. No wait time required after the COVID-19 vaccine!

ASBP Europe 590-5885 or 06371-9464-5885 facebook.com/ASBPeurope





Combined Federal Campaign - 2021

Campaign is live now, as leaders the best way you can support CFC is to:

- Make a personal contribution to a cause you support
- Empower your CFC Keyworkers to advertise CFC at work
- Volunteer to go on AFN radio or do a short video for Facebook in support of CFC. Contact CPT Moore for more information.
- Send out emails or memos to your workforce in support of CFC
 - Generic Templates available online at https://cfcoverseas.givecfc.org/campaign-resources#emails-and-speeches
 - Utilize advertising flyers and "How To" guides. I can send them to you or ask for them from you Keyworkers

CFC Recognition Ceremony

Date: 09 December Time: 1300-1400 Location: Tony Bass Auditorium

Questions?

CFC POC: CPT Alexander Moore DSN: 548-0401 Email: cfcwiesbaden@army.mil



How to Give

- 1) Go to cfcoverseas.givecfc.org
- 2) Create a CFC account using your unit code
- 3) Find a cause you support and give!











2021 Holiday Mailing Deadlines

- 27 November 2021 SAM / Retail Ground
- 11 December 2021 Priority Parcels
- 11 December 2021 First Class Letters
- 18 December 2021 Priority Mail Express Mail

Priority lines will be available for those who have completed online custom forms.







How to get EU COVID VAX Digital Certificate in Germany

5 simple steps using your mobile phone



Find Apotheke near you

 Go to: <u>www.mein-apothekenmanager.de</u>

 Enter your Postleitzahl
 Select "Digital Vaccination Certificate" under "Service"
 Hit "Search" button to get a list of Apothekes providing EU Vaccination Digital Certificates





Distance: 1.97 km Park Pharmacy Wiesbaden Covid-19 rapid test Digital vaccination certificate Sonnenberger Str. 68, 65193 Wiesbaden Covid-19 fails Sonnenberger Str. 68, 65193 Wiesbaden Sonnenberger Str. 68,

Bring Documents to Apotheke

1. Go to an Apotheke that does "Digital Vaccination Certificate" 2. Present CDC Vaccination Card AND Passport, US License, or DoD ID

* Be mindful of opening hours





Receive Paper Certificate

Apotheke will provide 1x paper certificate for each dose received with QR-Code for FREE YOU MAY USE THIS PAPER CERTIFICATE TO ENJOY SERVICES

**Pending work demand, your Apotheke may take copy of your documents and ask you to return in 1-2 days to pick up the certificate

3





Scan QR-Code(s) to CovPass-App

 Download CovPass-App from a German App store**
 Follow simple instructions and scan the QR-Code(s) for each dose received

**German App Store account required - this app is not available in US App Stores

4



You are all set. Enjoy!

CovPass-App is your pass to facilities, establishments, and services requiring negative COVID test such as: public transit, stores, restaurants, gyms, pools, border crossings, amusement parks, hair/nail salons, clinics, airplanes, boats, tourist attractions, etc.

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LTC Ed Kim, G33 Chief of CUOPS, DSN 537-3512

Stronger Together!



For updated COVID-19 information concerning:

Restrictions, vaccinations updates, and travel information please follow the links below or view our updated slides for our SIPR OPSYNC

Unofficial Travel

- <u>https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html</u>
 - <u>https://reopen.europa.eu/en</u> Travel Restrictions
- <u>https://www.n-tv.de/panorama/09-22-Acht-Regionen-mit-Sieben-Tage-Inzidenz-von-null--</u> <u>article21626512.html</u> - Graphs of Germany COVID Impacts
 - <u>https://ourworldindata.org/covid-vaccinations</u> Vaccination Updates

Official travel:

Please refer to your respective SRO's guidance that can be found in their General Order Number 1 memorandum.

STRONGER TOGETHER!



WAHC COVID-19 Update

What to Expect after your Vaccination

COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building immunity. These side effects **may feel like flu** and **may even affect your ability** to do daily activities, but they should go away in a few days.

Common side effects

On the arm where you got the shot:

- Pain
- Swelling and Redness

Throughout the rest of your body:

- Fever
 Tiredness
 Nausea
- Chills
 Headache
 Vomiting

To reduce pain and discomfort:

Apply a clean, cool, wet washcloth over the area. Use or exercise your arm. Drink plenty of fluids and rest. You may use over the counter medicine such as Ibuprofen or Acetaminophen.

When to call the doctor

In most cases, discomfort from fever or pain is Normal.

Contact your doctor or healthcare provider:

If the redness or tenderness in the injection location increases after 48 hours.

If your side effects do not seem to be improving after a few days.

If you have side effects that are not listed above.

Please make an appointment with your primary care provider to be evaluated.

If you have immediate medical concerns (difficulty breathing, chest pain, fever over 104. degrees) seek medical attention by going to the nearest Emergency Room.

Remember

Side effects may feel like the flu and even affect your ability to do daily activities, but they should go away in a few days.

It takes time for your body to build immunity after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until about two weeks after you receive your shot.

It's important to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions.

We need all of our tools

Get Vaccinated! Wear a mask, continue to socially distance and wash your hands.





Q. Should I get the vaccine for influenza (flu shot)?

A. Yes, it is very important to get the influenza vaccine, particularly this season when **both influenza viruses and COVID-19** will infect people.

Q. How will DoD track personnel who receive a COVID vaccine?

A. DoD will track COVID vaccine administration through existing medical record reporting systems.

Q. If I already had COVID-19, should I still get a vaccine?

A. Yes, because duration of immunity following COVID-19 infection is unknown, and the vaccine may be effective in protecting previously infected people.

Q. What has DoD done to ensure the vaccines they are distributing is safe?

A. Vaccines and therapeutics to prevent and treat diseases are developed in stages. In Phase 1 Trials researchers test an experimental drug or treatment in a small group of people for the first time. In Phase 2 Trials the experimental drug or treatment is given to a larger group of people to see if it is effective and to evaluate its safety further. In Phase 3 Trials the experimental study drug or treatment is given to very large groups of people. *Researchers confirm its effectiveness, monitor side effects, compare it to commonly used treatments, and collect information that will allow the experimental drug or treatment to be used safely. Manufactures are required to submit their raw data for the FDA to review. Safety, immune response, and efficacy data from the trial stages are submitted to the FDA before they are authorized for use and distribution.*

Q. How long will protection last following vaccination?

A. We do not know how long protection will last following vaccination but it will be critically important to measure long-term protection (at least two years) in the phase 3 trials and in other groups prioritized for early vaccination. We are still learning about the duration of protection following infection with COVID-19 and it is too early to tell how long protection will last.

Q. Can someone get COVID-19 from the vaccine?

A. *No, it is not possible to get COVID-19 from vaccines.* Vaccines against COVID-19 use inactivated virus, parts of the virus, or a gene from the virus. None of these can cause COVID-19.



