












# USAG WIESBADEN COVID-19 RESPONSE

## Restriction of Movement (ROM)

ROM is the limited permissible actions of an individual or group to prevent or diminish the transmission of a communicable disease.

Type of ROM	Definition	Deciding Official	Notification Source	Duration
<b>Activity Related ROM</b>	<p>Activity-related ROM is tied to activities such as Soldier and family member PCS, official travel, unofficial/leisure travel, etc., and supports command and local directives. It limits actions with temporary restrictions emplaced to monitor personal health and reduce risk to community. These actions are taken regardless of whether there is known contact with COVID positive personnel. Terms of activity-related ROM can be modified by unit leadership.</p> <p>It applies to all personnel of a unit or members of a family that participated in the activity.</p>	 Unit Leadership	 Unit Leadership	 <b>14 days;</b> Command and Policy Directed
<b>Quarantine ROM</b>	<p>Quarantine ROM separates and restricts the movement of people who have been <u>exposed</u> to a contagious disease (COVID-19). These people may have been exposed to a disease or they may have the disease but do not show symptoms. Quarantine is determined on a case-by-case basis by medical professionals or public health officials.</p> <p>It applies to only the members of a family that have been exposed. If family members can not maintain separation then they quarantine also.</p>	 Medical	 Trace Team	 <b>14 days</b> from last known contact
<b>Isolation ROM</b>	<p>Isolation ROM separates <u>sick people</u> with a contagious disease (COVID-19) from people who are not sick. Isolation is physical separation of an individual or group for a minimum of 14 days in an isolation facility or residence following the onset of symptoms.</p> <p>It applies to only the COVID-19 positive personnel. However other family members in close contact are required to quarantine.</p>	 Medical	 Trace Team	 <b>14 days</b> from positive test results or start of symptoms



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## School-Based COVID Actions

1. When a student tests positive for COVID-19 the Trace Team will notify the school and the student will be sent home to begin isolation immediately. The school will send a close contact list to the Trace Team as they continue to investigate to determine additional contacts.
  - When a student tests COVID+ the entire family will quarantine as close contacts. Siblings will not return to school.
  - The Trace Team will schedule family for COVID testing. A test may also be conducted if symptoms develop at a later time.
2. When a student develops symptoms consistent with COVID, they will be sent home. Parents will contact the Trace Team to determine if testing is warranted and schedule an appointment if need be.
  - When a test is not warranted or the test comes back negative, then the student can return to school after they have been asymptomatic for 24 hours. Other siblings may continue to attend school during this period.
  - If the test comes back COVID+, then the student will move to isolation and the Trace Team will begin further investigation for close contacts in the community. The entire household must quarantine as close contacts.
3. When quarantine or isolation requirements cannot be met in the home, the main caregiver must be placed on Restriction of Movement as well. Family members on ROM must remain separated from other individuals. Families must determine if requirements cannot be met if more or all of the family must ROM.

## Frequently Asked Questions



### Q&A

My student was sent home as a close contact. Do other siblings also need to stay home from school?

*No, only if someone in the home tests positive for COVID-19.*

### Q&A

Who will notify me if my student is affected?

*Both DODEA and the Trace Team will contact families. DODEA will disseminate information to wider groups, while the Trace Team will contact families that are impacted.*

### Q&A

What if we cannot maintain strict isolation/quarantine in our household?

*Each family will determine if requirements can be met based on their specific circumstances. When requirements cannot be met then the entire family may have to ROM together.*

### Q&A

How do we get our COVID test results?

*School-based test results are available on Tricare Online 48-72 hours after testing.*

### Q&A

How do we contact the Trace Team?

*The Trace Team can be contacted M-F 9 a.m. to 4 p.m. and are on call on weekends. DSN 548-8990 or 0611 143 548 8990*