



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY GARRISON WIESBADEN  
UNIT 29623  
APO AE 09005-9623

IMWB-ZA

13 NOV 2020

MEMORANDUM FOR All Members of the United States Army Garrison (USAG)  
Wiesbaden Community

SUBJECT: USAG Wiesbaden Command Policy Letter #10, Unit Physical Readiness  
Training

1. References:

- a. Army Regulation (AR) 385-10, The Army Safety Program.
- b. Army in Europe Regulation (AER) 190-1, Driver and Vehicle Requirement and the Installation Traffic Code for the U.S. Forces in Germany.
- c. Army in Europe Pamphlet (AE Pam) 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations.
- d. Army Techniques Publication (ATP) 5-19, Risk Management.

2. Purpose: To establish procedures and identify responsibilities for conducting unit formations and physical readiness training

3. Applicability: This policy applies to all personnel conducting physical readiness training in the Wiesbaden community.

4. Policy:

a. Unit commanders will establish safety measures and conduct composite risk assessments to identify and mitigate all hazards for unit Physical Readiness Training (PRT).

b. Units will conduct all stationary PRT drills in gravel, grass or hardstand areas, not on roads. Units and individuals are authorized to run and walk on roads with posted speed limits of forty (40) kilometers per hour or less, and will run/walk with the flow of traffic. Individuals are highly encouraged to utilize sidewalks and grass as much as possible for visibility and safety reasons.

c. Authorized areas to conduct PRT are outlined in the enclosed map. Roads colored in Green are co-use areas for runners/walkers and motor vehicle traffic. Roads colored Red are off-limits to runners/walkers, and are limited to vehicle traffic only. Red shaded areas are in proximity of housing areas, or are areas of high risk to

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runners/walkers, and are off-limits to unit organized physical training activities of any kind.

(1) Individuals or unit formations utilizing roads for running/walking will not occupy more than half of the road to ensure vehicles can safely pass.

(2) Vehicles will not exceed 15 Km/h when passing troops.

(3) 0600-0730, Monday-Friday, excluding training and federal holidays, is the only authorized time for usage of roads for PRT.

a. During times of limited visibility, Service Members will wear reflective items to ensure their safety. All formations or groups, regardless of size, will have designated Road Guards posted to the front and rear of the formation to aid vehicles in identifying troop movements. Road Guards will wear reflective items, regardless of lighting conditions, and will carry flashlights during times of limited visibility.

b. Off Limit Areas for Unit Physical Fitness Training and Testing

- i. All Family Housing Areas
- ii. Parking Garages
- iii. Department of Public Works (DPW) compound
- iv. Wiesbaden Army Airfield
- v. DFMWR fields, courts, and adjoining parking Lots.

c. Exceptions to this policy will be routed through the Garrison S3/5/7 and approved by the Garrison Command Sergeant Major NLT 30 days prior to the date of event execution.

(4) The point of contact for this policy is the S3/5/7 USAG Wiesbaden 548-3035 or [usarmy.wiesbaden.imcomeurope.mbx.ioc@mail.mil](mailto:usarmy.wiesbaden.imcomeurope.mbx.ioc@mail.mil).

MARIO A. WASHINGTON  
Colonel, AG  
Commanding

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**USAG Wiesbaden (Clay Kaserne)  
Authorized PRT Routes/Areas**

**EDATE: 15 NOV 20**

