



DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON WIESBADEN
UNIT 29623
APO AE 09005-9623

IMWB-ZA

11 November 2020

MEMORANDUM FOR Patrons of United States Army Garrison (USAG)
Wiesbaden Community

SUBJECT: USAG Wiesbaden Command Policy Letter #20, United States Army
Garrison Wiesbaden Fitness Centers

1. Purpose: To define and establish the USAG Wiesbaden Commander's Physical Fitness Center (PFC) standards.
2. Applicability: This policy applies to all patrons of physical fitness centers in USAG Wiesbaden.
3. Policy:
 - a. Uniform/Fitness Attire

(1) Personnel using USAG Wiesbaden's Physical Fitness Center (PFC) will wear Improved Physical Fitness Uniform (IPFU) or appropriate civilian workout attire, in accordance with requirements established by their unit's chain of command. Wear of the Army Combat Uniform (ACU) for exercise is authorized when required for unit-level physical readiness training, and when time for individuals is limited in order to maximize time available for training, such as during the standard lunch period of 1130-1300.

(2) All fitness attire will be generally clean, and footwear will be free of dirt/mud prior to entering the facility. Combat boots are not authorized on any cardio equipment, including, but not limited to treadmills, elliptical machines, and stair climbers.

- b. Headphone Use

(1) The wear and usage of wired and wireless headphones/headsets is authorized while conducting individual physical training and movement between activities within the PFC, if authorized by the individual's unit commander. Those utilizing headphones/headsets while in military uniform will comply with all regulations applicable to uniform wear for their respective military service.

(2) Electronic devices are not authorized for wear at any other time outside of the fitness center, including around the neck or attached to the

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uniform. Soldiers may also wear a solid black armband for holding electronic devices while in the PFC. The armband must be removed upon exiting the PFC.

(3) The use of headphones or earphones while walking, jogging, skating and bicycling, (including pocket bike, motorcycle or moped) on Army installation roads and streets is prohibited.

c. Lockers

(1) Lockers are available for the use of PFC patrons for daily use only. Locks left on lockers will be removed at the end of each business day, and the locker contents will be removed and placed in storage for a maximum of 30 days.

d. Facility Reservations

(1) Use of the fitness center for non-fitness events or activities, other than USAG Wiesbaden/DFMWR events, is limited to commanders and directors at the General Officer level, to minimize interruption of physical training, and to limit wear to the facility flooring.

e. Facility Sanitation Standards

(1) The Clay PFC provides sanitary wipes for patron use throughout the entire facility. Patrons are required to wipe down each machine immediately after use to ensure proper sanitation and prevent the spread of illnesses.

(2) In an effort to ensure cleanliness of the facility, all patrons will thoroughly wipe their feet at the entrance used to enter the facility. Cleanliness of footwear ensures that the facility and equipment are kept clean and serviceable. Patrons who do not adhere to this policy will be asked to leave the facility and return only with clean footwear. It is every patron's responsibility to keep the facility clean and in good working order.

4. The point of contact for this policy is USAG Wiesbaden, S3/5/7 Plans NCOIC at DSN: 548-3035, CIV: 0611-143-548-3035.

MARIO A. WASHINGTON
Colonel, AG
Commanding