



JANUARY 2026 HIGHLIGHTS

CLICK ON EVENT IMAGES FOR DETAILS. TO ENABLE EMBEDDED HYPERLINKS, FILE MUST BE OPENED IN ADOBE ACROBAT OR A WEB BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.

WEST POINT CLUB



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SPECIAL EVENTS



VICTOR CONSTANT SKI AREA



TRONSRUE MARKSMANSHIP



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WEST POINT ARTS & CRAFTS



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CEA CLASSES

Songwriting
with *Pendrick*

CREATIVE
DISCOVERY WITH THE Arts

JAN 17TH FROM 2PM - 4PM AT THE BSP

CEA CLASSES

Hip-hop Dance
with *Abbygale Chung*

CREATIVE
DISCOVERY WITH THE Arts

JAN 24TH 12PM TO 1:30PM AT WP GOLF

CEA CLASSES

Improv Class
with *James Mastraieni*

CREATIVE
DISCOVERY WITH THE Arts

FEB 7TH 12PM TO 1:30PM AT THE BSP

MWR FITNESS CENTER

SHAMROCK SHUFFLE.

COME JOIN MWR FOR
OUR ANNUAL SAINT
PATRICK'S DAY SKI!

8AM ON SAT,
MAR 14TH

STARTING AND ENDING AT
THE MWR FITNESS CENTER

MWR FITNESS CENTER

PILATES
WITH *SANDY*

Starting
Jan 5th,
2026!

Mon & Wed, 5:45am-6:30am at the Fitness Center

MWR FITNESS CENTER

**WAKE UP
WITH PAT**

Tuesdays and
Thursdays
6:30am-7:30am
At the MWR Fitness Center

MWR FITNESS CENTER

Biomagnetic Therapy

MWR FITNESS CENTER

MWR FITNESS CENTER

**Stretching
& Mobility**
WITH *Krista K*

9AM FRIDAYS AT THE MWR FITNESS CENTER

MWR FITNESS CENTER

S.L.A.M
SWEAT LIKE A MOTHER!
FITNESS CLASS

Mondays, Wednesdays,
and Fridays, from
9:30am - 10:30am
at Dragon Park
(Inside the MST starting Nov 3rd)

MWR FITNESS CENTER

**PERSONAL
TRAINERS**
AT THE MWR FITNESS CENTER

BUFFALO SOLDIER PAVILION

**Dancing
Salsa
with the
Solo's**

Classes begin April 28

INTRAMURAL SPORTS

West Point Community
**NOONTIME-INDOOR
PICKLEBALL**
Open Play
Tuesdays & Thursdays | 12-1pm

INTRAMURAL SPORTS

WEST POINT ADULT
**INTRAMURAL
ICE HOCKEY**

• 5:30PM-7PM SUNDAYS
• 6AM-7:30AM TUE & FRI

AT TATE RINK IN THE HOLLEDER CENTER, SEP-MAR

INTRAMURAL SPORTS

WEST POINT INTRAMURAL
VOLLEYBALL
WED & FRIDAY LEAGUE

12PM, WED & FRI
AT ARVIN GYM, 2ND FLOOR
NOVEMBER 5TH - MAY 8TH

INTRAMURAL SPORTS

Ice Skating AT TATE ICE RINK
IN THE HOLLEDER CENTER

\$3 PP
OPEN TO THE WEST POINT COMMUNITY!

JAN 4TH, 11TH, & 25TH | FEB 1ST, 15TH, & 22ND | MAR 1ST

STAY UP TO DATE BY FOLLOWING OUR FACEBOOK AND INSTAGRAM!

INTRAMURAL SPORTS



INTRAMURAL SPORTS



RECREATIONAL SWIMMING



RECREATIONAL SWIMMING



OUTDOOR RECREATION



LAKE FREDERICK REC AREA



LEISURE TRAVEL SERVICES



WEST POINT AUTO



CYS YOUTH SPORTS



CYS YOUTH SPORTS



CYS YOUTH SPORTS



CYS YOUTH SPORTS



CYS YOUTH SPORTS



CYS YOUTH SPORTS



ARMY COMMUNITY SERVICE

