

COMMUNITY LEADER INFORMATION FORUM
(April 11, 2023)

Information contained in this handout is "For Information Purposes Only."
References to private organizations and their activities do not imply
endorsement by the U.S. Government, Department of Army, U.S. Army Garrison
West Point or the U.S. Military Academy.

1. Upcoming Activities:

(a) Sexual Assault Prevention Month continues its celebration activities throughout the month of April.

(b) Fishing Season Opens April 1, 2023. DPW Natural Resources will stock over 4100 trout in Round Pond, Bull Pond, Lusk Reservoir, Popolopen Brook (South of Stilwell), and Highland Brook (near Range Road 1). These 'Stockies' are quick to bite, fun to catch, and a great opportunity to get out and enjoy the spring weather. They're great table fare too, if you are so inclined. Most trout range from 8 to 17 inches, and we've even thrown in a few 20-plus inch trophies! Of course there's always lots of pan-fishing, catfishing, stripers coming up the river, and bass season opens in June! Anglers 16 and over must be permitted by New York State and West Point to fish installation waters. See the West Point hunting and fishing website, USAG-West Point iSportsman (<https://westpoint.isportsman.net/>), for details on purchasing a WP permit and local regulations. Visit the NYS Department of Environmental Conservation website (<https://www.dec.ny.gov/outdoor/fishing.html>), for info on state permits and regs.

(c) Arbor Day Tree Planting Celebration, April 19, 2023 @1300. West Point is recognized as a Tree City through the Arbor Day Foundation for the past 25 years. In order to meet this requirement we have to have a stringent urban forestry program with an annual budget over \$2 per capita, a tree department, a tree ordinance, and we have to observe Arbor Day with a tree planting. As in years past, we like to engage the community, especially the Corp of Cadets. This year we are planting a tree with the Green Team Environmental Club across the street from Arvin gym in the side yard of Q100 for Arbor Day.

(d) On 6 May, we will honor retirees with Retiree Appreciation Day / Open House and give them the opportunity to appreciate West Point, receive information briefings and update their records.

(e) 2023 Steam System Maintenance Shutdown, May 20-June 5 (North Plant) & May 27-June 24 (Central Plant). Campus steam systems provide buildings with heat and hot water. This annual maintenance period provides West Point's Directorate of Public works the opportunity to work on a system that continuously operates throughout the year. Boiler maintenance, replacement of failed critical components, repairs and capital improvements to the distribution system will minimize unplanned steam outages. USAG and USMA coordination has minimized the impact of this annual maintenance activity.

(f) 21-27 May brings USMA Graduation activities and festivities beginning with the Alumni Review on 23 May, the formal Graduation Parade on the morning of 26 May, and the Graduation Ceremony of the Class 2023 on 27 May.

(g) The Memorial Day Wreath Laying Ceremony is on 29 May at Trophy Point honoring those who paid the ultimate sacrifice.

(h) The USMA Band Summer Concert Series will have concerts every Saturday in June and July; this series also includes the Army Heritage Month Concert on 10 June, the Army Birthday Concert on 17 June, the Superintendent's Alley Concert on 24 June, and the 4th of July Concert on 1 July.

2. Army Community Service – Joseph Gall, Ph.D. (Director)

Director's Telephone: (845) 938-5651, e-mail: joseph.a.gall.civ@army.mil

ACS Website: ACS :: West Point :: US Army MWR

Information, Referral & Follow-Up – Ms. Cathy Schelling

Phone: (845) 938-2519, e-mail: cathy.j.schelling.civ@army.mil

a. Information, Referral & Follow-Up provides information about ACS programs as well as numerous installation and community resources. We offer information counseling to determine customer needs and referral to appropriate ACS services or other resources. Follow-up is provided after the referral to ensure that our clients receive quality services. ACS is your one-stop shop for information on West Point and the surrounding communities. ACS is located in Building 622, Swift Road next to the Military Processing Division and in the same building as the Bowling Center. Our hours of operation are Monday to Friday from 8:00 am to 4:30 pm. We are closed Federal Holidays.

Employment Readiness

Phone: (845) 938-0232

b. Employment Readiness Program services military ID card holders in preparing for the job market or advancing their career prospects. Call 845-938-0232 to arrange a one-on-one appointment or register for a class. Classes and appointments take place in ACS located in Building 622, Swift Road.

Hiring Event: Wednesday, April 19, from 10:00 am to 2:00 pm. This opportunity connects over 20 local and regional employers looking to fill current job vacancies. Companies include Amazon, Brooklyn Bottling, Con Edson, Child and Youth Services, Department of Corrections, NYS Troopers, and Keller Army Community Hospital to name a few. Location: ACS, Building 622 Swift Road.

(1) Local Employment Resources:

Orange County Works: Employment & Training | Orange County, NY
(orangecountygov.com)

Putnam Workforce Partnership: Workforce Partnership - Putnam County, New York
(putnamcountyny.com)

Rockland County Career Center: Rockland County Career Center | Department of Labor
(ny.gov)

Federal Employment:

USAJobs: <https://www.usajobs.gov>

OPM Webinars: USAJOBS - Events

(2) Military Spouses:

DoD Spouse Education and Career Opportunities: Military Spouse Education & Career Opportunities | MySECO (militaryonesource.mil)

DoD My Career Advancement Account Scholarship Program: MyCAA — Financial Assistance for Military Spouses (militaryonesource.mil)

c. Exceptional Family Member Program – Ms. Vicki Jackson, LMSW

Phone: (845) 938-5655, e-mail: vicki.l.jackson20.civ@army.mil

Exceptional Family Member Program provides comprehensive support to Family members with special needs. EFMP takes an all-inclusive approach to coordinate military and civilian community, educational, medical, housing, and personnel services to help Soldiers and their Families with special needs. Call 845-938-5655 to arrange a one-on-one appointment or register for a class. Unless otherwise noted, classes and appointments take place in ACS located in Building 622, Swift Road.

(1) EFMP Community Support Group: Thursday, April 6, from 10:00 am to 12:00 pm. Meet with other EFMP Families to connect, gather, and share information. Topic of discussion will be Nurturing oneself.

(2) EFMP Autism Awareness/Acceptance Information Table: Monday, April 10, from 11:30 am to 1:30pm at the Post Exchange. Learn about Autism, gather resources, and share information.

(3) EFMP Stress Less Paws for A Cause: Tuesday, April 11, and Tuesday, May 9 from 3:00 pm to 5:00 pm. Learn healthy ways to cope with stress while spending time with therapy dogs.

(4) Specialized Training of Military Parents (STOMP): April 17, 18, 19, & 27, 10:00 am to 12:00 pm. STOMP workshops are designed to enhance the connections and knowledge of our military EFMP families. This is a virtual workshop. To register: <http://www.tfaforms.com/5050730>

(5) EFMP Community Support Group: Thursday, May 4, 10:00 am to 11:00 am. Meet with other EFMP Families to connect, gather, and share information. Topic of discussion will be Preventing Parental Burnout.

(6) Sensory Bowling: Second Wednesday of each month, 4:00 pm to 5:00 pm. During sensory friendly bowling, no music or distracting lights and sounds are played fostering an environment supporting EFMP Families.

d. Family Advocacy Program – Ms. Shaniece Lewis, LPC, MAC, CAC II
Phone: (845) 938-0629, e-mail: shaniece.r.lewis.civ@army.mil

Victim Advocate – Ms. Emily Calangi, LMSW
Phone: (845) 938-5658, e-mail: emily.a.calangi2.civ@army.mil

Family Advocacy Program supports Soldiers and Families through the complex challenges related to domestic abuse, child abuse, and neglect. We focus on prevention, education, prompt reporting, investigation, intervention, and treatment. Call 845-938-0629 to arrange a one-on-one appointment or register for a class. Unless otherwise noted, classes and appointments take place in ACS located in Building 622, Swift Road.

(1) Wee Play: April 4 & 18; May 2, 16, & 30, 9:00 am to 10:00 am; MST Youth Center Gym, Bldg 500. Wee Play is an open play group designed for your little ones to learn, play, make new friends, and develop their social, cognitive, and motor skills.

(2) Wee Read: April 5 & 19; May 3, 17, & 31, 9:00 am to 10:00 am; MST Youth Center Gym, Bldg 500. Wee Read is a fun-filled story time with activities that promote speech development and learning. Come listen to a new story with us every session and complete a themed activity together! Wee Ones activities provides a great opportunity for West Point parents to connect and socialize with each other.

(3) Women's R.A.D. Self-Defense Course: April 4, 6, 11, & 13, 6 pm to 8:00 pm; MST Youth Center Gym, Bldg 500. This four-session course is presented by the Town of Woodbury Police Department. Officers trained in Rape Aggression Defense programming provide hands-on self-defense training for women. Women will learn the skills and confidence to escape from dangerous situations. This April's course is in honor of Sexual Assault Awareness and Prevention Month. Please call 845-938-5658 to register.

(4) The Five Love Languages of Children: Monday, April 24, 10:00 am to 11:30 am; ACS Heritage Room. Learn about the Five Love Languages, as created by Gary Chapman. Participants learn how to apply the tenets of the Five Love Languages to themselves and their children. The parent-child bond will be strengthened when the parent discovers how to "speak their child's love language" and keep their love tank full. Please call 845-938-5658 to register.

(5) Baby Bootcamp: May 23, 24, & 25, 10:00 am to 12:00 pm; ACS Heritage Room. This interactive workshop is for new and expecting parents. Guest presenters from various military agencies will assist in discussing life with a newborn. Basics of newborn care and safety, early childhood development, Exceptional Family Member Program, enrollment in DEERS/Tricare, and perinatal mental health will all be presented. Attendees will receive in-person guidance as well as take-home information for psychoeducation as they prepare for parenthood. Please call 845-938-5658 to register.

(6) Thrive! Empowerment-Based Workshop Series. On-going, one-to-one, or Unit-requested sessions. Join the ACS Family Advocacy Program to delve into your personal triumphs and challenges. Individual programs include Overcoming Stress and Anger, Couple's Enrichment, and Positive Parenting. Participants meet with FAP staff on a one-to-one basis to cater to individual, Family, or organizational specific needs. Please call 845-938-0629 for more information.

f. Financial Readiness Program – Ms. Amy Weyhrauch, AFC
Phone: (845) 938-5839, e-mail: amalia.veyhrauch.civ@army.mil

Financial Readiness Program is committed to providing service members with the necessary tools and information needed for financial success. Call 845-938-5839 to arrange a one-on-one appointment or register for a class. Unless otherwise noted, classes and appointments take place in ACS located in Building 622, Swift Road.

(1) Financial Planning for Today and Tomorrow. Delivered together with the Service Member and/or Family to meet their individual concerns. Using net income, a budget is formed, and a course of action is developed to pay-off debt and stay out debt. Goals are set to establish a savings and investment plan for retirement and/or children's education. Provided one-on-one upon request.

(2) Personal Financial Responsibility. This workshop encompasses a blend of financial topics including facing Active-Duty Service Members today. Using a short power point presentation to deliver information on the warning signs of too much debt, proactive behaviors to correct problems as soon as they begin, plan for a comfortable financial future, and most importantly expand financial literacy. Provided upon request for Unit Training.

(3) Your Money, Your Way. Client centered appointment meeting the individual's request. Covering topics in budgeting, goal setting, consumerism, retirement planning, small business ventures, debt consolidation, home ownership, and consumer advocacy. Sessions are broken into brainstorming ideas, outweighing the positive versus negative, financial outcome, and the best course of action for a positive outcome. Provided one-on-one upon request.

(4) Army Emergency Relief (AER) assist Soldiers and their Family members in emergency financial situations due to no fault of their own. Financial assistance is given in the form of an interest-free loan, grant, or combination of the two. Loans are repaid by an allotment. To apply for AER assistance, the Soldier should visit the AER Officer at ACS or call (845) 938-5839 or (845) 938-5654 for a consultation.

(5) If the need for emergency financial assistance arises outside these operating hours, the American Red Cross Armed Forces Emergency Service Center can be contacted toll free at (877) 272-7337. This Center is operational 24 hours a day, 365 days a year.

g. Relocation Readiness Program – Mr. Vinnie Iorio
Phone: (845) 938-3487, e-mail: innocenzo.j.iorio.civ@army.mil

(1) Relocation Readiness Program.

(a) You are in for one of the most memorable assignments of your military career. ACS is happy to be a part of getting your time here at West Point off to a great start. In order to help facilitate a flawless integration into the community, ACS provides an In-processing Brief to all newly arriving military personnel. Attendance at this brief is a requirement for all military personnel. Spouses and Family members are welcomed and encouraged to attend as the information presented can support their transition to the area.

(b) Even if the Soldier and Family member have to attend at separate times, please take advantage of the wealth of information being offered. Times and days of briefs change so please note the available times notated on the In-processing Checklist

provided to the Service Member upon signing in to post. Classes and appointments take place in ACS located in Building 622, Swift Road.

(2) Newcomers' Orientation and Welcome: April, each Tuesday at 1:00 pm and Thursday at 9:00 am. From May through August each Monday and Tuesday at 1:00 pm and on Wednesday and Thursday at 9:00 am. Information is available on West Point Command, local and state laws, Child Youth Services, BOSS, housing, employment, medical care, recreation, and much more. A welcome packet and FMWR Guidebook are available if you have not yet received one.

(3) Overseas Orientations. This briefing is mandatory for Soldiers moving overseas. Family members are also encouraged to participate. Information provided includes PCS process and procedures, financial entitlements, shipping household goods, port calls, family travel, legal assistance for claims and shipment of POV and pets. Location specific information is also provided. Orientations can be conducted both in person and, remotely for convenience.

(4) Lending Closet. The ACS Lending Closet provides basic housekeeping items on free temporary loans to incoming and outgoing Families and in other cases as appropriate. Items include kitchen utensils, toasters, coffee-pots, microwaves, tables, chairs, irons & ironing boards, and more. Initially, these items are loaned out for 30 days. If additional time is required, requests for extensions are granted in 30-day increments. We do not provide linens or sleeping or baby related items.

(5) PCS Pre-Move Counseling. One-on-one assistance with information regarding PCS moves to include transportation, housing, finance, claims, budget planning, spouse employment, installation information, and more.

(6) Hearts Apart Program. Stay connected while your sponsor is away on an unaccompanied tour, deployment, or temporary duty assignment (TDY) with newsletters, informative emails, events, and meetings geared towards supporting waiting Families.

(7) Resources and Support for Newly Married Personnel. Getting married is a joyous occasion. Let ACS help you with navigating the various Army requirements such as DEERS enrollment, obtaining Family Member ID cards, TRICARE enrollment, BAH and more.

(8) Reentry Briefs. This brief is offered to all Soldiers and Family members who are returning from an overseas assignment or deployment. It addresses the logistical, financial, and psychological adjustment that must often be made when returning from an overseas tour. Soldiers who have recently re-deployed or are returning from an OCONUS location are advised to attend this brief.

(9) Sponsorship Training. ACS offers training to Soldiers and units on the Sponsorship Program. Units can set up group trainings to be held either at ACS or on location in your unit. Sponsorship Training can also be done online by the individual Soldier at his/her leisure. ACS has resources available for sponsors to assist them in sponsoring a new Soldier & Family. Please note this does not supersede the Department of the Army mandated Sponsorship Training completed in ACT.

(10) Multicultural Services. English Language Learners (ELL). Relocation Readiness provides English Language Learners online language program classes for Soldiers and Family members that wish to learn or improve their English language skills. The online classes are free.

h. Outreach Program – Mr. Leron Nelson

Phone: (845) 938-5655, e-mail: leron.i.nelson.civ@army.mil

Outreach connects community partners such as Blue Star Families and USO enabling ACS to deliver an array of services geared to promote Soldier and Family member quality of life activities. Call 845-938-5655 to or register for an activity or to get more information on upcoming events. Unless otherwise noted, classes take place in ACS located in Building 622, Swift Road.

(1) USO Storytime: Monday, April 10 and Monday, May 8, from 6:00 pm to 7:00 pm. Monthly reading program designed for both children and their parents. Each Family receives a copy of the book that is read by a guest speaker and make a craft afterwards. April's book is Where the Wild Things Are and May's book is How Do Dinosaurs Say Goodnight.

(2) Ballet Class: Tuesday, April 11, 18, 22, 25, and May 2, 9, 16, from 11:00 am to 1:00 pm. To help develop balance, confidence, coordination, and promote wellness. The USO offers free ballet classes to military Families with children ages 3-5.

i. Survivor Outreach Services – Ms. Louise Ennesser

Phone: (845) 938-5654, e-mail: louise.e.ennesser.civ@army.mil

(1) Survivor Outreach Services. Survivor Outreach Service provides long-term support to surviving Families of fallen Soldiers. Our goal is to reassure survivors that they remain valued members of the Army Family. Unless otherwise noted, appointments and seminars take place in ACS located in Building 622, Swift Road.

(2) Military and Family Life Counselors: Military and Family Life Counselors are licensed behavioral health professionals who offer free, short-term, confidential non-medical counseling to service members and their Families and to Cadets. They can help with stress, deployment, relocation, relationships, grief, and other issues that impact the military community. West Point has 4 embedded MFLC's, one in each USCC Regiment supporting service members and their Families assigned to USMA and the Cadets at USCC. One MFLC is assigned to the USMAPS along with a Child and Youth MFLC supporting the West Point Elementary and Middle School. Additionally, there is one MFLC supporting the greater West Point Community.

(3) To contact a specific MFLC:

Community MFLC – Priya Mittal, MD, LMHC

Phone: 845-938-3212 or 845-219-4199

USCC 1st Regiment – Lauren Lyons, LMHC

Phone: 845-570-7484

USCC 2nd Regiment – Erin McClay, LMHC

Phone: 845-376-0972

USCC 3rd Regiment – Meaghan Kalyuzhnov, LMHC

Phone: 845-570-0997

USCC 4th Regiment – Ryan Mcpartlan, LMHC
Phone: 845-376-2816

USMAPS – Stephanie Luciano, LMFT
Phone: 845-499-0145

Child and Youth Behavioral – Alexis Colon, LMHC
Phone: 845-213-8144

(3) Online Uniform Service ID Card Renewal: Issued to retired and reserve uniformed Service members, dependent family members, and other eligible individuals in accordance with DoD policy. For more information see ID Card Office Online (IDCO):
<https://idco.dmdc.osd.mil/idco/>

(4) West Point Fire Department – Community Risk Reduction Division
Phone: (845) 938-2043
Email: usarmy.westpoint.usag.list.fire-prevention@army.mil

(a) Facility Commandant Training,
Bldg. 683, Army Ed Center, Room 10
April 19, 2023, 0900 – 1000

Facility Commandants will learn about the Army Regulation that govern the requirements for Facility Commandants and the importance of the role. Students will learn how to build an Emergency Action Plan (EAP) for all occupants that includes individual roles and responsibilities, emergency communication procedures, emergency evacuations procedures, protection and safety equipment usage, first aid, and emergency shutdown procedures, and accountability and communications procedures.

(b) Fire Extinguisher Training,
Bldg. 683, Army Ed Center, Room 10

June 21, July 19, and September 21, 2023, 0900 – 1030

Students will learn about the combustion process and the three major components of Fire as well as the Five classes of Fire and the Five different type of Fire Extinguishers. Students will learn the Acronyms R.A.C.E and P.A.S.S which will help the students to respond to the Fire as well as how to use and choose the proper Fire Extinguisher. Students will also conduct hands on training with a simulated fire and will have to navigate the steps to extinguish the fire.

(c) Hot Work Permit Training,
Bldg. 683, Army Ed Center, Room 10
August 16, 2023, 0900 – 1000

Students will learn the importance of both the Permit Authorizing Individual (PAI) and Authority Having Jurisdiction (AHJ) and both parties' role for obtaining a Hot Work Permit. Students will become familiarized with the requirements of preparing the work site, personal protective equipment, and a trained Fire Watch and the decisions that need to be made if the operation gets out of hand. Case Studies will be evaluated to ensure lessons are learned from past mistakes.

West Point Fire Department - Operations

Phone: (845) 938-4494

Email: WestPointCPR@gmail.com

(d) CPR & AED,

Bldg. 683, Army Ed Center

April 27 and July 25 0900 - 1000

May 30 and August 22, 1300 - 1600

June 19 and September 19, 1900 - 2200

CPR and AED is a combined CPR and AED program designed specifically for non-emergency workers. The program is an excellent choice for both the community and workplace setting and is based upon the 2020 International Consensus on Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC) Science with Treatment other evidence-based treatment recommendations.