



DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, U.S. ARMY GARRISON, FORT WAINWRIGHT
1046 MARKS ROAD #6000
FORT WAINWRIGHT, ALASKA 99703-6000

IMFW-MWR

OCT 02 2017

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Patron Dress for Physical Fitness Facilities (Garrison Policy #23)

1. Purpose: To establish a patron dress policy for the Physical Fitness Center (PFC) and Melaven Gym.
2. Appropriate exercise clothing will be worn to participate in programs and activities. Patrons not wearing proper attire, as determined by facility management, will be asked to change into appropriate clothing or leave the facility. Proper attire includes (but is not limited to) the following:
 - a. During established Physical Fitness (PT) hours (0630-0745), Soldiers will conduct PT in the Army Physical Fitness Uniform (APFU) or an alternate uniform if directed by their unit chain of command.
 - b. Soldiers may conduct PT in their ACUs, flight suits and normal duty uniform at anytime in the free weight room or in the circuit equipment areas, Monday thru Friday, except during PT hours. All objects hanging from or attached to waist belts, including knives and work gear, must be removed before using the free weight or circuit weight areas (for safety and prevention of equipment damage).
 - c. Clean court shoes with non-marking soles must be worn on all racquetball and basketball courts.
 - d. Shirts and athletic shoes must be worn at all times with the exception of the pool area and designated areas that allow no shoes (yoga, pilates and locker room areas). Boots are not allowed in the cardio area or when using cardio equipment.
 - e. Appropriate swimwear is required when using the pool facilities; no cut-off shorts are allowed and all swimming trunks must have a draw string on them.
 - f. Clothing with inappropriate language or graphics will not be worn.
3. Soldiers may use headphones, including wireless or non-wireless devices and earpieces, in uniform only while performing individual physical training in indoor gyms or fitness centers. Soldiers may not wear headphones beyond the permitted area in any manner, including around the neck or attached to the uniform. Headphones will be conservative and discreet. Ear pads will not exceed 1-1/2 inches in diameter at the widest point. Soldiers may wear electronic devices, such as music players or cell

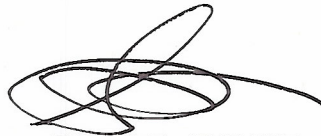
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phones, as prescribed in AR 670-1, paragraph 3-6a(2)(b). They may also wear a solid black armband for electronic devices in the gym or fitness center. Soldiers may not wear the armband beyond the permitted area.

4. This policy supersedes Garrison Policy #23, subject: Patron Dress for Physical Fitness Facilities, dated 4 Oct 15.

5. POC for this policy is the Sports Director, 353-7274.

A handwritten signature in black ink, consisting of several overlapping loops and a long horizontal stroke extending to the right.

SEAN N. FISHER
COL, AR
Commanding

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