DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, U.S. ARMY GARRISON ALASKA
1046 MARKS ROAD #6000
FORT WAINWRIGHT, ALASKA 99703-6000

AMIM-AKG-ZA

AUG 11 2025

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Authorized Physical Training (PT) Running Routes (USAG Fort Wainwright Policy #8)

1. Fort Wainwright has established running routes that help protect the Soldier as well as assist with our military, Family and Civilian workforce traveling on and off the installation. The enclosed map, dated 17 March 2022, indicates the authorized activities associated with each of the designated running routes during physical training (PT) hours (0630-0745, Monday through Friday).

2. During PT hours, the speed limit will be 15 MPH on roads authorized for running. Roads not authorized for running will remain at their posted speeds with the exception of Ketchum Road, which will also observe 15 MPH during PT hours. All vehicles will slow down to 10 MPH while passing troop formations.

3. Physical Training formations will not exceed four columns with minimum required cadence callers and leaders on the left of the formation. Formations will stay along the shoulder of the road and will not cross the center line. Road guards will be posted front and rear of all formations. PT will be conducted primarily on running paths that parallel main roads whenever possible.

4. Running, road marching, formations, skiing and snowshoeing will not be conducted on the following roads or areas at any time, including during PT time between 0630 and 0745:

a. Gaffney Road between the Main Gate and Apple Street.

b. Montgomery Road between Montgomery Gate and Whidden Road. (Troops may cross Montgomery Road at Luzon Avenue and Santiago Avenue in order to access the unit areas north of Montgomery Road vicinity of the hangars.)

c. Meridian Road between Gaffney Road and Alder Avenue.

d. River Road between Trainer Gate Road and Gaffney Road.

e. Trainer Gate Road between the gate and River Road.

f. Neely Road west of Meridian Road.

g. Ladd Army Airfield.

h. Family Housing Areas.

i. Combined Arms Collective Training Facility (CACTF).

j. Chena Bend Golf Course (may be used to cross country ski and snowshoe when closed for the winter).

k. Ketchum Road. (PT will be conducted on the bike trail adjacent to Ketchum Road from Montgomery Gate to River Road. Troops may cross Ketchum Road in order to access the bike path that parallels Ketchum Road or to access Kinney Road in order to cross the bridge and run north of the river.)

l. Approach Hill on the east side end of the airfield and cleared approach areas on the west end of airfield across the river along River Road.

j. Parade Field beside building 1555.

5. Vehicular traffic is prohibited on Luzon Avenue between 0630 and 0745. Vehicles may, however, cross Luzon Avenue at Rhineland Avenue or ILE de France Avenue to access the Mission Training Center (MTC) or at Neely Road for Aviation personnel in order to support aviation refuel operations. Barricades will be placed at the ends of Luzon Avenue no later than 0630 each duty day and removed at 0745 to stop vehicular traffic during PT times. MacArthur Road between Luzon and Old Badger Road is also off limits to vehicular traffic between 0630 and 0745.

6. Units will not conduct formations or PT in parking lots, especially if used by other units and/or agencies. Units conducting PT near Gaffney Road or vicinity buildings 1004 and 1001, or on Alder beginning at 9th Street to Cedar Street, will not call cadence while in running formations or hold any work call formations within hearing distance of the Family Housing area.

7. All roads and trails not specifically mentioned will be open to both PT and vehicular traffic and will be 15 MPH between the hours of 0630 and 0745. Along River Road, in the vicinity of Approach Hill (in the designated airfield clear zone area and the approach lighting system), troops may transit through this area while conducting PT; however, they may not stop, have formations, or park in these areas.

8. Any deviations or exceptions to this policy will require an exception to policy (ETP) memorandum to the U.S. Army Garrison Alaska Commander through the Director, DPTMS. Exception requests must be submitted to DPTMS no later than six weeks out from the desired event. Exceptions to policy for non-aviation events to take place on Ladd Army Airfield will be very limited and only approved for events like the Division Army Birthday Run.

9. This policy supersedes USAG Fort Wainwright Policy #8, subject: Authorized Physical Training (PT) Running Routes, dated 21 August 2023.

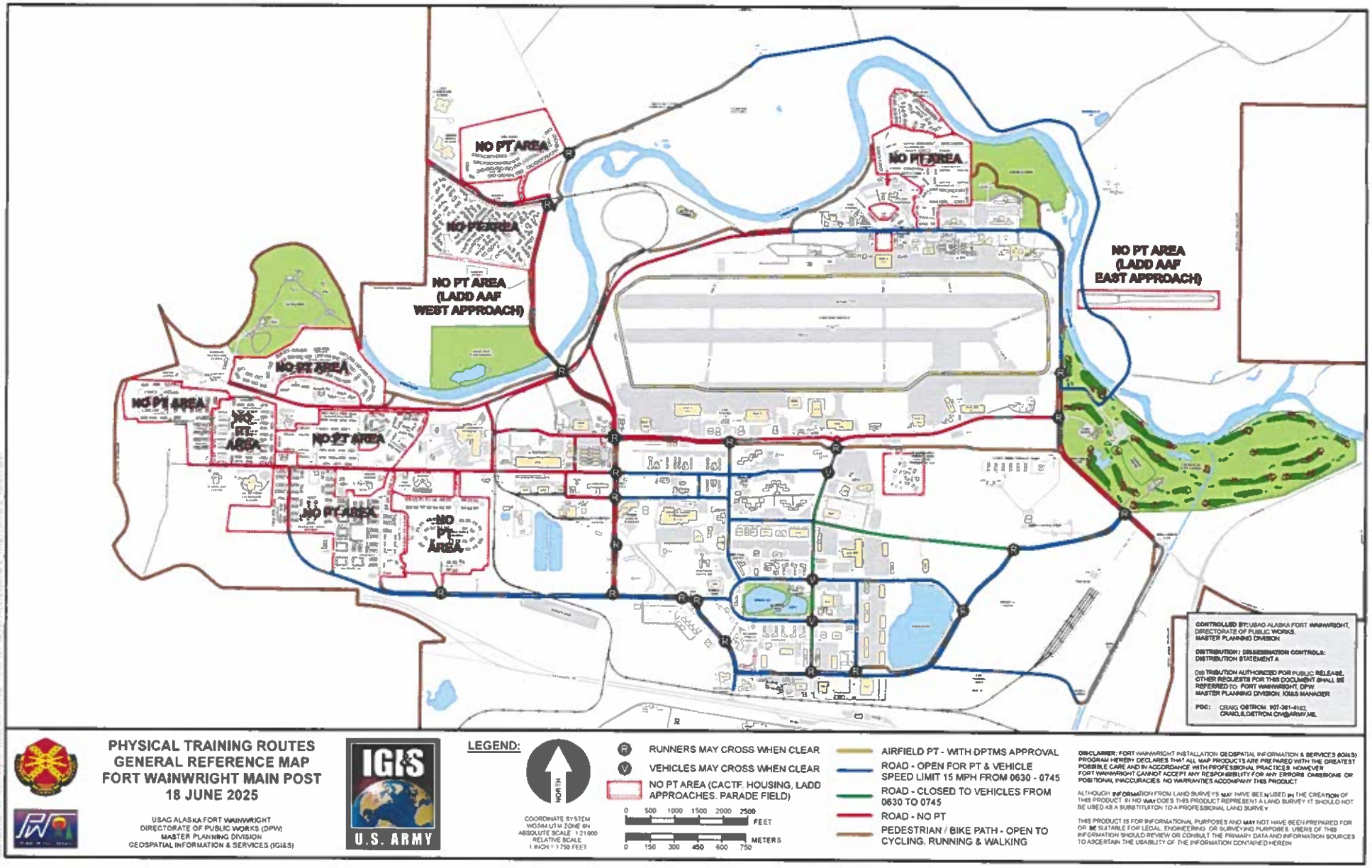
10. POC for the memorandum is the Garrison Alaska Director of DPTMS, Ms. Felicia Jackson at 353-6612 or Deputy DPTMS, 353-9436.

I thrive in the Last Frontier!

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Running Route Map

JOHN W. CAMPBELL
COL, IN
Commanding

DISTRIBUTION:
A (FWA)



PHYSICAL TRAINING ROUTES GENERAL REFERENCE MAP FORT WAINWRIGHT MAIN POST 18 JUNE 2025

USAG ALASKA FORT WAINWRIGHT
DIRECTORATE OF PUBLIC WORKS (DPW)
MASTER PLANNING DIVISION
GEOSPATIAL INFORMATION & SERVICES (IG&S)

IG&S
U.S. ARMY

LEGEND:

NORTH

COORDINATE SYSTEM
WGS84 UTM ZONE 6N
ABSOLUTE SCALE 1:21000
RELATIVE SCALE
1 INCH = 1750 FEET

- R — RUNNERS MAY CROSS WHEN CLEAR
- V — VEHICLES MAY CROSS WHEN CLEAR
- NO PT AREA (CACTF, HOUSING, LADD APPROACHES, PARADE FIELD)

0 500 1000 1500 2000 2500 FEET
0 150 300 450 600 750 METERS

- AIRFIELD PT - WITH DPTMS APPROVAL
- ROAD - OPEN FOR PT & VEHICLE SPEED LIMIT 15 MPH FROM 0630 - 0745
- ROAD - CLOSED TO VEHICLES FROM 0630 TO 0745
- ROAD - NO PT
- PEDESTRIAN / BIKE PATH - OPEN TO CYCLING, RUNNING & WALKING

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