



**DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, U.S. ARMY GARRISON ALASKA
1046 MARKS ROAD #6000
FORT WAINWRIGHT, ALASKA 99703-6000**

AMIM-AKW-A

AUG 21 2023

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Supervision of Children and Adolescents (USAG Fort Wainwright Policy #20)

1. References:

- a. Army Regulation (AR) 608-10, Child Development Services, 11 May 2017.
- b. Memorandum, Headquarters, United States Army Community and Family Support Center, CYSC CY5, Subject: Out of School Child Supervision Requirements for Elementary and Middle School Children and Youth During Parental Duty Hours, 11 July 2000.
- c. AR 608-18, The Army Family Advocacy Program (FAP) (RAR 001, 13 September 2011), 30 October 2007.
- d. Department of Defense Instruction (DoDI) 6400.01, Family Advocacy Program, 13 February 2015, Incorporating Change 1, 5 April 2017.
- e. AR 608-75, Exceptional Family Member Program (EFMP), 17 January 2017.
- f. DoDI 6060.02, Child Development Programs, 5 August 2014 (Incorporating Change 2, Effective 1 September, 2020).

2. Purpose: This policy implements AR 608-18 and establishes requirements for supervision and safety of children throughout the Fort Wainwright community. The purpose of this policy is to provide guidelines for the supervision of children and adolescents from birth to 18 years of age to ensure children remain safe and healthy within the extreme Alaskan environment.

- a. Changing weather makes it necessary for responsible designated caregivers to monitor those changes throughout the day. Planning for daily playtime or field trips, weather safety is an important part of designated caregiver's daily routine. Monitoring the weather is an essential part of addressing the health and safety needs of children. Use Enclosure 1 "Child Care Weather Watch" chart and the helpful links to help plan for safe daily outdoor time.

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b. The command has a legitimate interest in minimizing dangerous situations for children and adolescents. Children and adolescents who are unattended within Fort Wainwright in violation of this policy should be referred to the Fort Wainwright Military Police at 907-353-7535, as the designated Report Point of Contact (RPOC), accessible to the community on a 24-hour-a-day basis. Parents and legal guardians should assess their children and adolescents maturity levels and if necessary, raise the minimum age limits outlined in this policy.

c. Children who meet the criteria for the Exceptional Family Member Program (EFMP) as defined by AR 608-75 may require special supervision. Exceptional Family Members may have medical profiles that would not have any impact on their level of supervision. It is the responsibility of the parents to modify these guidelines for supervision and babysitting, in accordance with an EFMP-eligible child's special needs. Parents may consult with their primary care physician to determine the appropriate level of supervision. Standards set forth in this policy for self-management and responsibility applicable to children of various ages should not be deemed appropriate for children with special needs. The needs of each special needs child must be carefully assessed and provided for by responsible parents and caregivers independent of this policy.

3. Applicability: This policy applies to all Military and Civilian personnel residing and operating within U.S. Army communities at Fort Wainwright, Alaska. Although this command policy memorandum is not punitive in nature, violations of the duties to provide care and safe environments for children and adolescents may constitute child neglect and potentially violate provisions of the Uniform Code of Military Justice (UCMJ) or state law. Such violations may lead to disciplinary actions. Violations of this policy memorandum may also result in adverse administrative actions.

4. Policies:

a. Guidelines for supervision of children birth to 6 years of age.

(1) Children birth to 6 years of age will not be left unattended at any time. They must be under direct supervision of a parent, legal guardian, responsible designated caregiver or other Command sanctioned program personnel.

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(2) Direct supervision means the child must be within the direct sight of the parent or responsible designated caregiver when outside of Family quarters. Children up to 7 years of age must never be left alone in a motor vehicle.

b. Guidelines for supervision of children 7 to 10 years of age.

(1) Children 7 to 10 years of age will not be left unattended in quarters. Depending on current weather conditions and temperature, children 7 to 10 years of age may be unattended outside for up to 1 hour at a time (2000 curfew) with immediate access to and periodic checks from the parent, legal guardian, or responsible designated caregiver (children must be in direct sight or hearing). Children must always be dressed in appropriate attire for current temperatures, which may include gloves, hat, coat, warm pants and snow boots in cold weather, and must not be allowed to play outside without close parental supervision in certain temperatures in accordance with Child and Youth Services (CYS) and Department of Education guidelines for outside play (see enclosure 1, Child Care Weather Watch).

(2) Depending on current weather conditions and temperature, children may walk or ride a bicycle to or from Arctic Light or Ladd Elementary Schools, a friend's residence or other locations within the same immediate installation unattended. Children must always be dressed in appropriate attire for current temperatures (See Encl 1).

(3) When in a vehicle, children age 7 to 10 years must be under the supervision of a parent, legal guardian or responsible designated caregiver age 13 years or older. Children must always be dressed in appropriate attire for current temperatures even when in a vehicle. (See Encl 1). The vehicle must be turned off, keys removed from the vehicle, and have the parking brake applied when children are in the care of a responsible designated caregiver without a valid driver's license.

c. Guidelines for supervision of children 11 to 12 years of age.

(1) Children 11 to 12 years of age may be left unattended in quarters and unsupervised outside with access to responsible designated caregiver supervision for up to 3 hours with periodic checks by the parent, legal guardian or responsible designated caregiver; curfew is at 2200 on nights preceding a school day, otherwise curfew is at 2300. Children may walk or ride a bicycle to or from school/CYS facilities or other locations within the same immediate installation unattended. Children must always be dressed in appropriate attire for current temperatures.

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(2) Children may not be left unattended overnight (between the hours of 2230 and 0530) and they may not babysit for siblings or others.

(3) Depending on current weather conditions and temperature, children may be left unattended in a motor vehicle that is not in operation, with the keys removed from the vehicle, and the parking brake applied.

d. Guidelines for supervision of adolescents 13 to 15 years of age.

(1) Adolescents may be left unattended in quarters and unsupervised outside, with access to responsible designated caregiver supervision for up to 6 hours; curfew is at 2200 on nights preceding a school day, otherwise curfew is at 2300. Adolescents may not be left unattended overnight.

(2) Adolescents may babysit for siblings or others for up to six (6) hours, but not overnight. Command recommends completion of the CYS Babysitter Certification Training and strongly recommends registration with the CYS Babysitters Referral List prior to performing babysitting duties for children other than siblings or immediate Family members. Children must have completed the Babysitter Certification Training, and be 13 years old or older to register for the CYS Babysitters Referral List.

(3) Adolescents may be left unattended in a motor vehicle that is not in operation.

e. Guidelines for supervision of adolescents 16 to 18 years of age.

(1) Within a single 24-hour period, adolescents may be unattended and in quarters overnight or babysit for siblings or others overnight with access to a parent, legal guardian or responsible designated caregiver. The Command strongly recommends completion of the CYS Babysitter Certification Training. The contact information for this course is 907-353-7713.

(2) If adolescents will be unattended overnight, the parent or legal guardian must notify the military police at 907-353-7535 and another responsible adult (provided with a Power of Attorney) of their intended overnight absence from the home.

(3) Adolescents may be unattended outside (2200 curfew on nights preceding a school day, otherwise 2300 curfew) and in a motor vehicle in operation if licensed; vehicle not in operation if unlicensed.

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f. Guidelines and Definitions:

(1) Responsible designated caregiver: A parent or legal guardian, prearranged babysitter or sibling age 13 years or older, CYS or Command-sanctioned program personnel.

(2) Access to parent, legal guardian or responsible designated caregiver supervision: Having the ability to contact a verifiable, prearranged, responsible caregiver in person who can provide age-appropriate care in the absence of the parent or legal guardian. In the event of an emergency, this caregiver is able to contact the parent or legal guardian, and/or emergency services personnel.

(3) Babysitter: Responsible designated caregiver who must be at least 13 years of age or older whose care is prearranged by the parent or legal guardian. Completion of the CYS Babysitter Certification Training is strongly recommended. A list of CYS certified babysitters is maintained by Parent Central Services. All babysitters referred by CYS must first successfully complete the CYS Babysitters course.

(4) Overnight: Between the hours of 2300 and 0500 the following day.

g. Curfew and Loitering. Adolescents who have not graduated from high school or reached age 18, whichever is earlier, are not permitted outside the Family quarters without a parent, legal guardian or responsible designated caregiver between the hours 2200 and 0500 on nights preceding a school day, or 2300 through 0500 otherwise. In the event adolescents are attending a school or command-sanctioned activity or performing official employment that concludes at or during curfew hours, they will be authorized 30 minutes to return to the assigned Family quarters.

h. Families with children of different ages must arrange appropriate care for all children. It is the primary job of the parent and not of the eldest child to ensure supervision of younger children. The age of the youngest child in the home will determine the appropriate level of supervision required.

5. Parents are responsible for using reasonable judgment for any incident or mishap, considered preventable, which occurs. Parents and guardians must consider carefully the amount of responsibility their children can successfully assume before leaving them unsupervised or charging them with the supervision of other children. Even children in the same age group have varying abilities. Therefore, children are capable of handling different degrees of responsibility.

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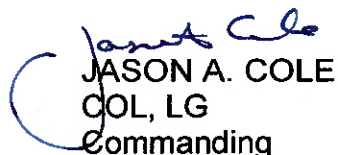
6. Military personnel, Family members, or DOD Civilians leaving children unsupervised outside the limits of this policy should be referred to the military police. Reports of neglect and unsupervised children or adolescents will be assessed for credibility by FAP and law enforcement personnel to determine necessary actions. Parents will comply with all State of Alaska and Federal laws pertaining to child safety and well-being.

7. This policy supersedes USAG Fort Wainwright Policy #20, subject: Supervision of Children and Adolescents, dated 03 December 2021.

8. The proponent for this policy is Directorate of Personnel and Family Services, Army Community Service, Family Advocacy Program, (907) 353-7317.

2 Encls

1. Child Care Weather Watch
2. FWA Youth Supervision Quick Ref Card


JASON A. COLE
COL, LG
Commanding

DISTRIBUTION:

A (FWA)

All Residents of FWA Family Housing

FWA Supervision Quick Reference Card

Age of Child	Left Unattended	Left alone in a motor vehicle	Walk or ride a bicycle to or from Arctic Light or Ladd Elementary Schools, CYS facility, a friend's residence	Babysit siblings or others ***	Curfew	Left Unattended overnight
Newborn- Age 6	NO	NO When in a vehicle children age 7 to 10 years must be under the supervision of a parent, legal guardian or responsible designated caregiver age 13 years or older.	NO	NO	N/A	NO
Age 7-10	NO	Depending on current weather conditions and temperature, children may be left unattended in a motor vehicle that is not in operation, with the keys removed from the vehicle, and the parking brake applied.	Yes, but excludes traveling to and from CYS facilities.	NO	2000 2200 hours, preceding a school day, otherwise 2300	NO
Age 11-12	May be left unattended in quarters and unsupervised outside with access to responsible designated caregiver supervision for up to 3 hours with periodic checks by the parent, legal guardian or responsible designated caregiver.	Adolescents may be left unattended in a motor vehicle that is not in operation.	Yes	NO	2200 hours, preceding a school day, otherwise 2300	NO
Age 13-15**	May be left unattended in quarters and unsupervised outside, with access to responsible designated caregiver supervision for up to 6 hours.	Adolescents may be unattended in a motor vehicle in operation if licensed, vehicle not in operation if unlicensed.	Yes	Adolescents may babysit for siblings or others for up to six (6) hours, but not overnight. ***	2200 hours, preceding a school day, otherwise 2300	NO
Age 16-18**	Within a single 24-hour period, adolescents may be unattended and in quarters overnight.		Yes	Within a single 24-hour period, babysit for siblings or others overnight with access to a parent, legal guardian or responsible designated caregiver. ****	2200 hours, preceding a school day, otherwise 2300	Within a single 24-hour period, adolescents may be unattended and in quarters overnight ****

* Children must always be dressed in appropriate attire for current temperatures, which may include gloves, hat, coat, warm pants and snow boots in cold weather, and must not be allowed to play without close parental supervision in certain temperatures in accordance with Child and Youth Services (CYS) and Department of Education guidelines for outside play.

** Responsible designated caregiver: A parent or legal guardian, prearranged babysitter or sibling age 13 years or older, CYS or Command-sanctioned program personnel.

***Babysitter: Responsible designated caregiver who must be at least 13 years of age or older whose care is prearranged by the parent or legal guardian. Completion of the CYS Babysitter Certification Training is strongly recommended. A list of CYS certified babysitters is maintained by Parent Central Services. All babysitters referred by CYS must first successfully complete the CYS Babysitters course.

**** If adolescents will be unattended overnight, the parent or legal guardian must notify the military police at 907-353-7535 and another responsible adult (provided with a Power of Attorney) of their intended overnight absence from the home.

*****Direct supervision means the child must be within the direct sight of the parent or responsible designated caregiver when outside of Family quarters.

Understand the Weather



Wind-Chill

- 30° is *chilly* and generally uncomfortable
- 15° to 30° is *cold*
- 0° to 15° is *very cold*
- -15° to 0° is *bitter cold* with significant risk of *frostbite*
- -15° to -60° is *extreme cold* and *frostbite* is likely
- -60° is *frigid* and exposed *skin will freeze* in 1 minute



Heat Index

- 80° or below is considered *comfortable*
- 90° beginning to feel *uncomfortable*
- 100° *uncomfortable* and may be *hazardous*
- 110° considered *dangerous*

***All temperatures are in degrees Fahrenheit



Child Care Weather Watch



Changing weather make it necessary for child care providers to monitor those changes throughout the day. Planning for daily playtime or field trips, weather safety is an important part of child care provider's daily routine. Monitoring the weather is an essential part of addressing the health and safety needs of children in child care.

Use this chart and the helpful links below to help plan for safe daily outdoor time.

Wind-Chill Factor Chart (in Fahrenheit)

Air Temperature	Wind Speed in mph									
	Calm	5	10	15	20	25	30	35	40	
40	40	36	34	32	30	29	28	28	27	
30	30	25	21	19	17	16	15	14	13	
20	20	13	9	6	4	3	1	0	-1	
10	10	1	-4	-7	-9	-11	-12	-14	-15	
0	0	-11	-16	-19	-22	-24	-26	-27	-29	
-10	-10	-22	-28	-32	-35	-37	-39	-41	-43	



Comfortable for outdoor play



Caution



Danger

Heat Index Chart (in Fahrenheit %)

Air Temperature (F)	Relative Humidity (Percent)												
	40	45	50	55	60	65	70	75	80	85	90	95	100
80	80	80	81	81	82	82	83	84	84	85	86	86	87
84	83	84	85	86	88	89	90	92	94	96	98	100	103
90	91	93	95	97	100	103	105	109	113	117	122	127	132
94	97	100	103	106	110	114	119	124	129	135			
100	109	114	118	124	129	130							
104	119	124	131	137									

Websites:

Air Now Air Quality (check by zip code) <https://www.airnow.gov>

National Weather Service Wind Chill/Heat Index <https://www.weather.gov/ctp/ChillHeat>

Caring for Our Children National Resource Center for Health and Safety in Child Care and Early Education 4th Ed. nrckids.org/CFOC

Child Care Weather Watch

INFANTS AND TODDLERS

- Are unable to tell you if they are too hot or cold.
- NO sunscreen for infants younger than 6 months. Keep infants out of direct sunlight and stay in the shade. Limit the amount of time outdoors.
- Infants older than 6 months of age and toddlers, apply sunscreen to all exposed areas avoiding eyes.
- In cooler or cold months, dress infants in layers to keep them warm.
- Will tolerate shorter periods of outdoor play.

YOUNG CHILDREN

- Remind children to take rest breaks and drink water.
- May insist they are not too hot or cold because they are enjoying playtime.

OLDER CHILDREN

- Need a firm approach to wearing proper clothing for the weather.
- May resist applying sunscreen and drinking water.

Condition GREEN

Children may play outdoors and be comfortable. Watch for signs of children becoming uncomfortable while playing. Use precautions regarding clothing, sunscreen, and beverages for all child age groups.

Condition YELLOW

Use caution and closely observe the children for signs of being too hot or cold while outdoors. Follow guidance in condition green as well.

Condition RED

Infant/toddlers and young children should not play outdoors due to the health risks. Older children may play outside for a very limited time with proper precautions.

What clothing, beverages, and protections are appropriate?

- Clothe children to maintain a comfortable body temperature (warmer months - lightweight cotton, colder months - wear layers of clothing).
- Drinking water helps the body maintain a comfortable temperature. Water should be readily available both inside and outside.
- Sunscreen use is important for children and infants over age six months. Use a sunscreen labeled as **SPF-15 or higher**. Look for sunscreen with **UVA** and **UVB** protection. Sunscreen needs to be reapplied every 2 hours. Read and follow all label instructions for the sunscreen product.
- Shaded play areas protect children from the sun. Make sure to have shade available in your outdoor play area.

The weather forecast may be confusing unless you know the terminology:

- **Blizzard Warning:** There will be snow and strong winds that produce a blinding snow, deep drifts, and life threatening wind chills. Seek shelter immediately.
- **Heat Index Warning:** How hot it feels to the body when the air temperature (in Fahrenheit) and relative humidity are combined.
- **Relative Humidity:** The percent of moisture in the air.
- **Temperature:** The temperature of the air in degrees Fahrenheit.
- **Wind:** The speed of the wind in miles per hour.
- **Wind Chill Warning:** There will be sub-zero temperatures with moderate to strong winds expected which may cause hypothermia and great danger to people, pets and livestock.
- **Winter Weather Advisory:** Weather conditions may cause significant inconveniences and may be hazardous. If caution is exercised, these situations should not become life threatening.
- **Winter Storm Warning:** Severe winter conditions have begun in your area.
- **Winter Storm Watch:** Severe winter conditions, heavy snow and ice are possible.