

briefs

AAFES job fair

AAFES at Robinson Barracks will conduct a Job Fair Sept. 1 from 1 to 3 p.m. in the main lobby.

DRMO retail sale

The Defense Reutilization and Marketing Office Ludwigsburg will hold a retail sale Sept. 15 from 8 a.m. to noon at Osterholzallee (near Commissary and Coffee Barracks).

The sale is open to U.S. ID card holders. Sales are for cash only. Items purchased at the sale must be removed that same day. All items are sold "as is," and all sales are final.

For information, contact 4282-892/554.

Official mail move

Effective immediately, Official Mail depository will be relocated from room 12 to room 24, basement bldg. 111.

Mail delivered to the mail room will not be accepted.

Appreciation day

AAFES-Europe wants to say "thank you" to its customers with customers' appreciation days, held Sept. 28 through Oct. 1.

Sixty-six European exchange locations will offer numerous "special buys" during this annual event. Significant savings will be found on crystal, anniversary clocks, watches, electronics, clothing items, and accessories.

For information, contact 089-6229-281 or 440-7194/6176.

Rod & Gun move

The GSMC Hunting & Fishing Branch has moved from bldg. 195 to bldg. 121 (Outdoor Recreation) at Robinson Barracks. The branch is open from 7:30 a.m. to noon and from 12:30 to 4 p.m., Monday through Thursday. On Friday the same hours apply with the exception of closing time which is 2:30 p.m.

For additional information, call Ms. Krebs at 420-6202/7221 or 0711-8567466.

DoDDS correction

Over two-thirds of the teachers in the DoDDS European system are, in fact, hired from stateside applications. The other third are overseas applicants. These employment figures are the reverse of what was printed in last week's Citizen.

CPO training

The Stuttgart area Civilian Personnel Office is accepting applications for long-term training programs announced by HQDA for academic year 1990-91 for civilian employees. The deadline is Aug. 31. For information, call 420-6041/6480.

German-American fest features rodeo, rides, and entertainment

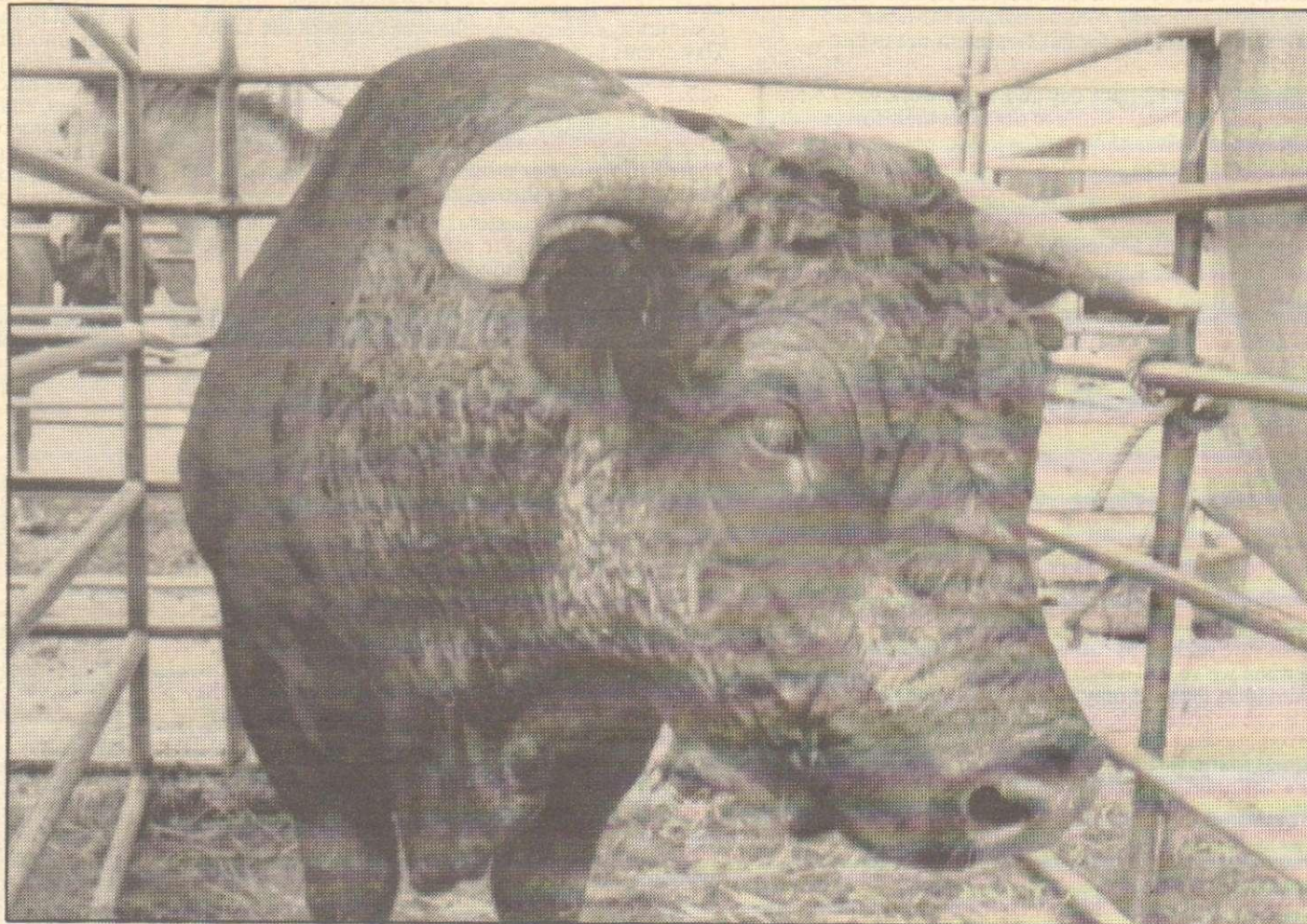


photo by Lionel R. Green

BULL'S EYE -- is on the 20th annual North Stuttgart Carnival and Rodeo, which runs through Labor Day at the Pattonville airfield.

story and photo by Lionel R. Green
Stuttgart Citizen

Come rain or shine, sleet or snow, nothing will stop the rodeo.

The 20th annual North Stuttgart Carnival and Rodeo began Aug. 26 and will continue through Labor Day, Sept. 4, at the Pattonville airfield.

The most popular event of the festival are the rodeo events. Men and women alike will try to win one event by staying on the back of a bucking American mustang for eight seconds. Other events include bull-riding and calf-roping.

From 300 to 350 cowboys and cowgirls are anticipated to compete in the rodeo. They come from anywhere the U.S. Army and Air Force have bases in Europe. There will also be two clowns that will keep the bulls away from the cowboys and cowgirls.

Apollo, one of the more popular features of the rodeo, has been bucking riders for all 20 years of the rodeo. Over that time, only 35 cowboys have ridden her, but have been bucked 800 times between them. The horse is 32-years old, and one of the oldest in Germany.

Admission for the rodeo is \$6/DM 12 for adults and \$4.50/DM 9 for children. The price of admission has stayed the same for the past nine years.

Over the past 19 years of the rodeo, it has attracted approximately three million spectators and about 30 million television viewers.

There are other popular activities during the festival including rides for both children and adults, a variety of entertainment, and lots of food. A large fest tent, carnival site, and rodeo arena will dominate the area with many activities.

The carnival will have an assortment of rides for children. Among them are boat rides, plane rides, train rides, merry-go-round, and sports cars. Adults will be able to make an impact on the carnival with the bumper cars.

The entertainment scheduled features the Berlin Drill Team, the Polizei Dog Show, and a variety of music from the Dakota Country and Western Band to the Polizei Band. Also, the Hofbräu Blimp will float its way in, and there will be a jail for arresting carnival "criminals" as well as a dunking booth.

The food will be plenty with America's best cooking alongside Germany's Wurst. There will be nachos and tacos, corn on the cob and hot dogs, chicken and barbecue ribs, ice cream and many other favorites.

Opening ceremonies were scheduled to begin at 4 p.m. Aug. 26 with the 84th Army Band sounding the alarm to begin the festivities. The Remseck Orchestra was scheduled to play that night. Ken-

tucky Karl and the Canadian Pipe and Drum was slated the following afternoon, and the Musikverein Egolsheim was scheduled to play that night.

An assortment of musical groups are scheduled to appear throughout the 10-day affair.

On Aug. 28 at 7 p.m., The Take is slated to make its first of two performances. On the 29th at 7 p.m., the group Easy Country is scheduled to play. The Take returns Aug. 30 at 7 p.m. and Easy Country comes back Aug. 31 at the same time. On Sept. 1 at 7:30 p.m., the Polizei Band is slated to perform. The Dakota Country and Western Band is scheduled to play on Sept. 2 at 7 p.m. Strikes Rock'n Roll is slated for the 3rd at 7 p.m., and Paradise Variety is scheduled to finish the festival off at the same time on Sept. 4.

Other scheduled events include: Sept. 1-3, the Berlin Drill Team will perform four times. Their first performance is on the 1st at 6 p.m.; their next performances are on the 2nd at 12:30 and 2:30 p.m.; and they have their finale at noon on the 3rd. Sept. 2 at 7:30 p.m., the Polizei Dog Show will be held. A parachute exhibition is slated for Aug. 26-30, and a raffle will be held with the winner taking home a pick-up truck.

And remember, no matter what the weather, the show will go on.

Commander's comment

Labor Day honors struggle of ordinary workers

Often, when we look forward to a holiday weekend, we think only of a day off from work. The reason for the holiday remains forgotten. Certainly, Labor Day means barbecues and picnics. In fact, in the Greater Stuttgart Military Community, there's plenty to keep everyone busy this weekend.



secretary of the new Brotherhood of Carpenters and Joiners, proposed the idea of setting aside a day to honor labor. His intent, to bring the laborers' plight to public attention, resulted in the suggestion of celebrating on the first Monday in September because, "it would come at the most pleasant season of the year, nearly midway between the 4th of July and Thanksgiving."

The idea quickly gained popularity throughout the nation, and in 1894, the Congress established Labor Day as a federal holiday.

Thanks to the ordinary workers whose hardships gave birth to Labor Day, Americans look forward to a long weekend. Here, in the Stuttgart community, activities abound for you to celebrate with your family and friends. In keeping with our efforts to develop a community of excellence, here are some of the Labor Day events being celebrated here.

● Ongoing since last Saturday, the German-American Festival at the Pattonville airfield includes a carnival and rodeo. Sponsored by GSMC as a gesture of friendship toward our German neighbors an appreciation for our military and civilian workers, the festival continues through Sept. 4.

Fest tents for the festive, a children's area and daily rodeo shows combine to offer everyone an excellent way to celebrate the holiday.

Those who don't know the reason behind the holiday probably think it's a day of rest from labor. Not true. Labor Day commemorates the labor movement's struggle for fair treatment in the late 1800s.

In 1882, the 12-hour day and 7-day work-week were common. Workers' efforts to organize their forces began in earnest in the post-Civil War era. Laborers banded together to call attention to the harsh conditions under which they lived and worked. During that time, our nation first noticed the power of the strike, the picket, the boycott, and the work stoppage.

In 1881, Peter J. McGuire, the founder and general

Some other activities include:

● The music center at Wilkin Barracks is open Saturday and Sunday for regular rehearsals.

● Youths on any of the 80 GSMC soccer teams looking forward to the season-opening Sept. 8 will practice this weekend at the various subcommunities.

● Monday's activities the recreation centers, Kornwestheim, single soldiers barbeque at 2 p.m., Panzer, barbeque and outdoor games, 1 p.m.; Krabbenloch, party and dance contest, 4 p.m.; and Flak, trip to Spain, Friday through Monday.

● All of the GSMC fitness centers will be open (Nellingen, Kelley, Panzer, Patch, Robinson Barracks, Coffey Barracks, Wilkin Barracks, Ludendorff, Krabbenloch and Echterdingen Airfield).

GSMC's Labor Day observances certainly aren't limited to the above listing. As you enjoy this day off with your friends, remember why we are able to celebrate with a day off from work. Our nation's laborers made it possible because they fought for fairness, enabling us to build on that foundation and strive for a community of excellence.

The Stuttgart community is the place to be this weekend. For all community members staying here to enjoy the weekend events, as well as those leaving town, please have a safe weekend.

Take care of soldiers.
Maj. Gen. James B. Allen, Jr.

chaplain's corner

Chapels need volunteers to share time for service, song and prayer

by Wendall G. Small, Jr.
Director of Religious Education

I'm sure each of us can name many times in our lives when we've had a meaningful experience that we've wanted to share. It may be a sunset, it may be a passage from a book, or it may be happy news from a loved one far away. In any case, the really meaningful things in life we like to share, and in so doing, these shared things seem to take on even more meaning for us.

The Bible talks about sharing. The writings of Paul mention sharing in many places. He writes to the Romans, "We rejoice, then, in the hope we have of sharing the glory of Christ." To the people of the church in Thessalonica, he says, "Because of our love for you we are ready to share with you, not only the good news from God, but even our own lives."

The apostle John tells the story of the feeding of the 5000. He tells the story a little differently than Matthew, when he adds a most interesting and meaningful aspect to the occasion. When they were searching for something to eat, Andrew said, "There is a boy here who has five loaves of barley bread and two fish." So the great miracle of sharing that took place on that day began when a little boy shared his lunch. In Alaska we probably think about big loaves of sourdough bread and king salmon. But most commentators agree that these loaves were small loaves, probably biscuits, and that the fish were not very big. And so the little boy had just an ordinary size lunch, and because he shared, all the others were satisfied.

There are so many thoughts packed in this story that it is difficult to know which to include and which to omit. We might, for example, spend all our time talking about this small boy, whose meager lunch was used to feed that throng. What a joy of his being the hero of that occasion and of the story that he had to tell his Mom and Dad on his return that night!

The feeding of the 5000 was not only a great

miracle, it was a miracle of changing selfish people into generous people at the touch of Jesus, of the birth of love in grudging hearts.

When Jesus and his disciples, or when you and I, say, "Here, take some of mine," real miracles can happen.

What did the disciples talk about the day after they took fragments of bread and fish and fed 5000 plus people? Incomprehension, more than likely. To get from two fish and five loaves of bread to 5000 full stomachs takes some kind of multiplying factor.

Ministry is preached in the Word, shared in the Sacrament, and expressed in the community as service, song and prayer. This requires more than the available time and energy of our combined chaplain resources. The multiplier is YOU. Each hour contributed, each task completed is done in the Lord's name and in His service. Without YOU helping, our efforts at religious education, for instance, would be paltry indeed. Our Lord accomplished the miracle only after a volunteer gave his five barley loaves and two fish.

Each year our Greater Stuttgart Military Community chapels conduct many celebration and training events. In order for us to minister better to our people, we need to locate all the hidden talent that is available in our community. We want to know of your musical, artistic, and creative talents. Please help us by VOLUNTEERING NOW.

Our GSMC Day of Religion for Teacher Training takes place on Sept. 9, 1 to 4 p.m. at the RB Chapel Annex. Call 420-6461 for further information.

Letter from the editor

The Stuttgart Citizen invites and encourages members of GSMC to express their opinions via the newspaper. All letters to the editor should be sent to GSMC Stuttgart, Public Affairs Office, Attn: Editor, Stuttgart Citizen, APO 09154. Letters must be signed although names will be withheld from publication if requested. For more information, call 420-6067/7213.

citizen profile



photo by Steve Snyder

Beguiling bureaucrat

Sgt. Doris Orozco-Collins, assistant personnel staff NCO at the Personnel Administrative Center on Robinson Barracks, is leaving shortly for her next duty station at Fort Bliss, Texas. She'll be taking an Army Commendation Medal with her, for the herculean labors she's performed here, helping to insure that mounds of paperwork serve soldiers —and not the other way around.

If you know of someone in GSMC who deserves recognition for their efforts, contact the Citizen staff at 420-6067/7213. All recommendations should include a daytime phone number, brief biography of duties and accomplishments, and must be typed and mailed to GSMC, HHC, 6th ASG, Attention: Editor, Stuttgart Citizen, APO NY 09154.



The Stuttgart Citizen is an unofficial publication authorized under the provisions of AR 360-81, published weekly by the United States Military Community Activity, Stuttgart, APO 09154, for the Greater Stuttgart Military Community. Editorial views and opinions expressed in this publication are not necessarily those of the Department of the Army. The Stuttgart Citizen office is located in room 204, building 136 at Robinson Barracks, 7000 Stuttgart 50, Federal Republic of Germany. Telephone number is (prefix Stuttgart military): 7213. Stuttgart Citizen is a letterpress publication printed in 6,200 copies weekly by The Stars and Stripes at Darmstadt, FRG.

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Take precautions to prevent poisoning in home

Matthew A. Witt

"We see about 20 poisonings a month, including calls from people who walk in off the street," said Lisa Beckmann, head nurse in the emergency room at 5th General Hospital.

Beckmann added that about 90 percent of the cases involve children and the most common poison is household cleaners, readily available in some homes.

The emergency room at 5th General Hospital is the main control center for GSMC and can be contacted by calling 4222-816/885.

But an ounce of prevention is worth a pound of cure. How can I prevent poisoning accidents?

• Keep medicines and household chemicals out of sight and preferably locked up.

• Store medicines separately from household chemicals and store household chemicals away from food.

• Keep all items in their original containers. Leave labels on all products, and read the labels.

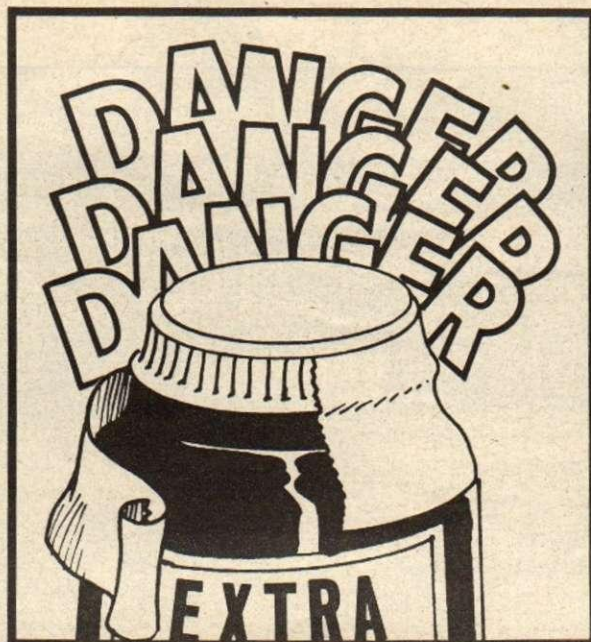
• Avoid taking medicine in front of youngsters, as children imitate adults.

• Always refer to medicine as "medicine," not "pills."

• Clean out the medicine cabinet regularly, and properly dispose of unneeded medicines. Call your local pharmacy for advice on how to discard them.

If my child accidentally eats or drinks something that might be a poison, where can I get help?

Call the nearest emergency room. The staff there is familiar with most substances found in the home, or they know how to find this information. Keep the emergency number near your telephone.



If I find my child playing with a bottle of medicine or some household product, how can I tell if he or she has swallowed some, and what should I do?

Get medical advice even if you don't know for sure that your child has ingested a potentially hazardous product. If the product is a caustic or other household chemical, dilute it by immediately giving the child a glass of water.

After that, reactions vary depending on the product. The child may vomit, or may seem drowsy or sluggish for no apparent reason. Some of the contents may be

missing, or some of the substance may remain around the child's mouth or teeth. There may be burns around the lips or mouth from corrosive items. There may be characteristic breath odor from such things as petroleum products.

What should I do if I suspect a poisoning?

Read the label on the product for advice on immediate first aid. Then call your nearest emergency room immediately. Be prepared to tell them these facts:

• How long ago the poisoning happened.

• Whether the victim has vomited or is exhibiting any other symptoms.

• Any first aid the victim has received.

• Your location and phone number, and how long it would take to get to the hospital.

Have the product label ready when you call the emergency room. If the victim has swallowed medicine, don't give anything to drink until so advised. If the victim has swallowed chemicals or household products, offer a glass of water or milk, but don't force-feed liquids.

If the victim has inhaled poison, get him or her to fresh air. Open doors and windows wide, and avoid breathing the fumes.

If the poison is on the skin, remove contaminated clothing and flood the skin with water for 10 minutes. Then wash gently with soap and water, and rinse.

For poison in an eye, flood the eye with lukewarm — not hot — water poured from a large glass two or three inches from the eye. Repeat for 15 minutes. Have the patient blink as much as possible while flooding the eye. Do not force the eyelid open.

(Witt is former assistant chief of pharmacy service at the Frankfurt Army Regional Medical Center.)

School calendar 1989-'90

First Semester

Aug. 28 — First day of classroom instruction, kindergarten through grade 12.

Sept. 4 — Labor Day, federal holiday.

Oct. 9 — Columbus Day, federal holiday.

Nov. 2 — End of first marking period, K-12 (47 days).

Nov. 3 — No school for students, teacher holiday.

Nov. 10 — Veterans Day, federal holiday.

Nov. 23-24 — Thanksgiving recess, federal holiday, Nov. 23.

Dec. 13 — Earliest date a student may leave school in the first semester with credit under an accelerated program.

Dec. 18-Jan. 1 — Winter recess, federal holiday, Dec. 25.

Jan. 1 — New Year's Day, federal holiday.

Jan. 2 — Instruction resumes.

Jan. 15 — Martin Luther King's birthday, federal holiday.

Jan. 25 — End of second marking period (44 days).

Jan. 26 — No school for students, teacher workday.

Second Semester

Jan. 29 — Second semester begins.

Feb. 19 — President's Day, federal holiday.

April 6 — End of third marking period (49 days).

April 9-13 — Spring recess.

April 16 — Instruction resumes.

May 17 — Earliest date a student may leave school in the second semester with credit under an accelerated program.

May 28 — Memorial Day, federal holiday.

June 14 — End of fourth marking period (43 days). End of school year for a total of 183 days of classroom instruction.

Labor Day weekend time to remind everyone to play it holiday safe

by Lionel R. Green
Stuttgart Citizen

Sept. 4 is Labor Day. It's also an extended weekend for many people, and the perfect time to feed the residents of the Greater Stuttgart Military Community with more holiday safety snacks.

There's a reason for this diet of clever slogans and healthy reminders.

In the first five months this year, 140 drivers were caught drinking and driving; that's up 8 percent from the same time last year. There were 531 traffic accidents, and 8 percent of them involved alcohol.

Obviously, there are still people out there who haven't digested the holiday safety message.

"We've been extremely fortunate in having a fatality-free holiday record the past eight months," said Rolf Hetterich, GSMC Safety Manager. "Because this is the last holiday of the summer season, we have a tendency to overextend or travel too far, otherwise exposing ourselves to hazards we would normally avoid."

Vehicle safety is one major point of emphasis Hetterich noted.

"It's important to stress that vehicles should be in

top mechanical condition and of course always wear seat belts."

Never drive while drinking, and according to Hetterich, avoid driving while under the influence of medications that cause drowsiness.

As of June 26, new speed limits for non-tactical vehicles came into effect, Hetterich said.

The speed limit for the city is still 31 mph/50 kph; for autobahns it's now 65 mph/105 kph; and for other roads it's 60 mph/100 kph. For information on other speed limit changes for buses and vehicles with trailers, call 4212-553/783.

Hetterich said that emphasis should also be placed on the use of protective clothing and equipment on the job. Also, he stresses the use of a helmet when driving or riding a motorcycle. This is required by Army regulation and German Traffic Law.

For those who are going to spend their time outdoors, wear the appropriate equipment that suits the activity whether it's leisure or competitive sport, Hetterich said.

Finally, it's the responsibility of the leaders — officers, NCOs, and supervisors — to stress holiday safety, he added.

And before skipping on the next holiday safety meal, remember that safety is good food for thought.

updates

POV registration

Vehicle registrations expire as indicated on the registration documents (AE Form 190-1a) and not at the end of the month indicated on windshield stickers. Failure to begin re-registration procedures in a timely manner may result in the vehicle having to be registered non-operational and/or obtaining a revoking authorities signature to re-register the vehicle.

Blackmarketing

Blackmarketing is the illegal transfer or possession of tax and duty-free goods for personal gain. Examples are giving away rationed items to pay rent or other debts, selling them for profit to someone who isn't a member of the U.S. Forces, or even selling them to other U.S. personnel so that they exceed their monthly

rations. You can only give 25 cigarettes or one bottle of alcohol (not to exceed 1.2 liters) to a local national as a one-time gift.

Legal Assistance

It is Department of the Army policy to provide legal assistance to members of the Armed Forces on active duty and to other eligible individuals such as family members. Legal assistance is provided at no cost to you. You will be seen by a military or civilian legal assistance attorney who is a lawyer licensed to practice in one or more states or territories of the United States. Many offices also have a German attorney who is licensed to practice law in Germany. Everything you tell the legal assistance attorney who counsels or represents you is privileged.

It is important to remember that legal assistance is a privilege, not a right. You may be denied legal assistance for misconduct or repeatedly missing appointments.

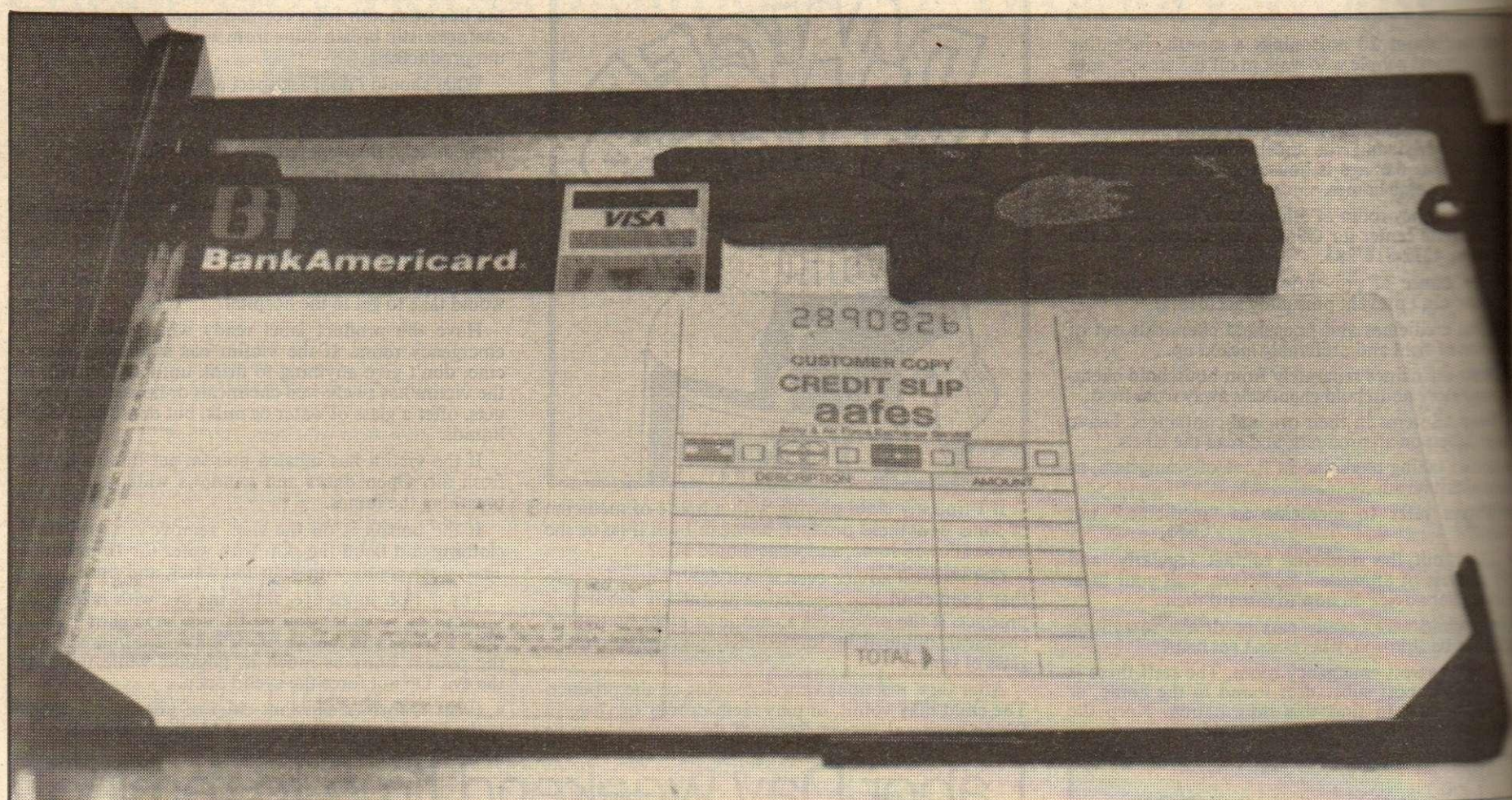


photo by Lionel R. Green

Bank cards are generally accepted at exchanges, stores, restaurants, and businesses.

Credit designed for convenience, cash savings

"Now that Army, Navy, Air Force and Marine exchanges accept credit cards for most large purchases, it's easier for military families to shop when prices are low instead of only when cash is available," said Kathleen O'Beirne, DoD's family programs information coordinator.

In the Greater Stuttgart Military Community, exchanges offer a variety of credit designed to cut shopping expenses for military families. According to Michael Villyard, exchange manager for the Stuttgart/Vaihingen area, the Discover card is good for all retail stores and it's been developed on the lines of credit service first pioneered by Sears.

Local exchanges also offer two deferred payment plans. One is for the purchase of military uniforms and no interest is charged. The consumer merely fills out a form and proceeds to make monthly payment — sans interest. The other DPP is used to purchase other merchandise. Interest is 12 percent a year, Villyard said, which is still less expensive than the charge imposed by major credit card companies.

"The main advantage in using DPPs is the interest rate saved versus other credit cards," Villyard added.

When used wisely, credit can save money. And you'll be in a better position to use credit wisely if you research the various credit options available — choosing the kind that best meets your needs, said O'Beirne.

There are three general types of credit cards:

Retail credit cards are issued by specific store chains and oil companies. They require the customer to either pay in full once a month without interest or to pay a minimum monthly amount plus finance charges on the unpaid balance.

Bank cards such as Visa and Mastercard are generally accepted at exchanges and at numerous stores, restaurants and businesses. Like retail cards, there is a monthly finance charge on any unpaid balance. Many of these cards allow you to borrow money through a cash advance, which must be paid back with (usually high) interest. Many bank cards levy annual fees.

Travel and entertainment cards come with an annual fee and you must pay your monthly bill in full each month. American Express is an example. Some of these cards offer extra services such as accident insurance — but so do some bank cards.

O'Beirne suggested doing a little research before deciding which card or cards best suit your needs. Things

"Local exchanges offer a variety of credit designed to cut shopping expenses for military families."

to look for: Amount of annual fee; effective annual percentage rate of interest; and availability of emergency cash and personal check cashing (a real plus for military people who travel frequently).

You may want to start your research at your defense credit union. Navy Capt. Ward DeGroot, executive vice president of Navy Federal, the world's largest credit union, said, "We try to give our members a better deal than they can get elsewhere." Both Navy and Pentagon Federal credit unions are offering bank cards with no annual fee and relatively low interest. And since smaller defense credit unions tend to follow the lead of the large ones, they may also offer good deals.

Another advantage of military people of establishing a relationship with a defense credit union: Frequent moves won't be held against you when you apply for credit — they might if you're dealing with a civilian institution.

No matter which cards you choose, O'Beirne said you should read the credit contract carefully — and get advice from your base or post legal officer if you don't understand it completely.

"Credit cards provide some significant advantages when used wisely," said O'Beirne. "For example, you usually have 30 days to pay once your account is billed. If you pay your bill in full toward the end of that period, you essentially have an interest-free loan."

"Credit cards can give you added consumer protection," said O'Beirne. The Fair Credit Billing Act gives you the right to refuse to pay for services or products that are defective or were not delivered.

But to protect your rights when you are billed incorrectly, you must do the following: Notify your credit-card company within 60 days after you get the bill;

give your name and account number; and explain how much you think the error is and why there is one.

When the company gets your letter, it must investigate your claim and cannot bill you for the item until its investigation is complete.

If your complaint is about poor quality goods or services, O'Beirne suggests first writing to the merchant (keep a copy of the letter). If that doesn't work, you can contact the credit-card company and ask to have the charge reversed. However, you can only do this if the item cost \$50 or more and if the sale took place within your state or within 100 miles of your home.

Credit cards can also save time. You can make purchases at home and also receive merchandise or tickets without having to wait for a check to clear.

Credit cards enable you to take advantage of sales without having to keep too much of your money in a non- or low-interest checking account.

Finally, credit-card receipts are useful for tax and insurance records. Save receipts to document deductible expenses and to establish the purchase price of expensive items should they be damaged or stolen.

According to O'Beirne, most disadvantages of credit cards flow from using them unwisely or carelessly. Guard your credit cards carefully. After you've checked your statements against your receipts, save only the receipts you need for taxes and insurance. If you receive credit cards you don't want, cut them up.

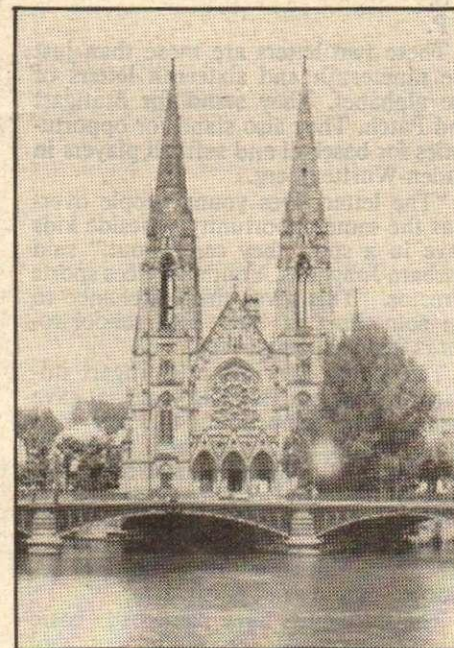
Pay attention to your credit-card statements. Careless mistakes can be costly. Some card issuers add new purchases to the balance on which you must pay interest. For example, if you didn't pay all of your June charges, purchases made in July could be added to the total, requiring you to pay interest on these as well. One customer accidentally underpaid her balance by 10 cents. The following month she purchased plane tickets and a new refrigerator using the card — and had to pay interest on them as well.

Although credit cards can be a boon, remember they aren't "free money." Use them only for purchases you know you can pay for in a reasonable amount of time.

And, said C.V. Toulme, president of the Defense Credit Union Council in Washington, D.C., "If you think you're headed for trouble, go see the financial advisors at your defense credit union or installation — before you're facing bankruptcy. A good credit rating is a valuable asset — don't lose it." (AFIS)



The Suckling-Pig Market Square (left) is flanked by houses dating from the 12th and 13th centuries. St. Paul's Church (below) was built in 1892 at the junction of the Ill and Aar rivers.



Strasbourg

Crossroads of Europe offers cathedral, canals and cuisine

Story & photos by Steve Snyder
Stuttgart Citizen

Envision a city dotted with Venetian canals where Renaissance housing juts forth from cobbled streets and whose wine taverns serve Viennese pastries. Add a dash of English pubs, sprinkle with some Irish cathedrals and what's left is — Strasbourg.

Hemingway described Paris as a "moveable feast" and, on a smaller scale, the same could be said of Strasbourg. "How beautiful is our Alsace" goes a popular song and its capital certainly justifies that sentiment.

A recent USO tour enabled GSMC residents to explore the city known as "The Crossroads of Europe." No one came away disappointed.

Strasbourg is a French city located just across the German border from Baden-Baden. It's a mere two hours away from Stuttgart by bus. The urban community has nearly 400,000 people, including a university population of 33,000 students. The town is a busy port; being ringed by barges, docks, warehouses and canals. It borders both sides of the Ill River, lying just two miles from where the Ill joins the Rhine River. Canals linking the Rhine with the Rhone and the Marne also begin in Strasbourg.

Rows of gabled shops and inns, ornate villas, petite houses where courtyards are smothered in flowers, winding alleys snaking into spacious squares, and tree-lined paths following the glistening canals enhance the city's discretely bourgeois charm.

In addition to its charm, Strasbourg possesses an impressive history. Julius Caesar's legions conquered a German tribe, the Suevians, there in 61 B.C., establishing the first of many Roman outposts in the region. One of them



Classical Greco-Roman architecture is evidenced by this statue. Strasbourg was occupied by the Romans early in its history and the influence lingers.

became a "castrum" or garrison town known as "Argentorate." The town finally assumed the Germanic name of "Strateburgum" ("the town by the roads") after King Clovis' victory at Tolbiac.

Strasbourg thus became a hub of a complex road and river network, assuming a central position in commercial transactions between the Mediterranean and northern Europe. The city

remained French until the Franco-Prussian War of 1870-71 when the Germans captured it and held it until World War I. France then recovered it but the Germans grabbed it again during the next war whose finish, once again, saw it revert back to French control.

Since the Middle Ages, a whole network of roads has grown up around the "Muenster" a distinguished cathedral

which is the symbol of Strasbourg and seat of a Roman Catholic bishop. Another impressive facade dating from that era is the Rohan Palace, which houses a superb collection of paintings, various furnishings from royal state apartments and antique ceramics. The old town hall also dates from the Renaissance. The Work of Our Lady Museum contains many examples of medieval and Renaissance works to include sculpture, stained glass and furniture.

Today, a palace of steel and pink sandstone houses the Council of Europe and European Parliament, befitting Strasbourg's status as the second largest port on the Rhine and the second largest research center in France.

Much of that research takes place in the university. Founded in 1583, the school boasts of such prestigious alumni as Goethe (Germany's literary giant), Napoleon, and that master of Machiavellian statecraft, Metternich.

Famed humanitarian Albert Schweitzer also studied there. Strasbourg is, in addition, the home of Johann Gutenberg — the "father of printing." Although he didn't invent moveable type or print the first book, Gutenberg did make printing possible with experiments using metal type in the 1400s.

For those with more elemental concerns, Strasbourg offers a cuisine attuned to both German and French palates. *Pate de foie gras*, a goose liver and truffles paste, is a specialty of the Alsace region and is invariably served with one of the exquisite Alsatian Riesling wines or the well-known rose, Pinot Noir.

Tarte flambee, a pancake covered with a sauce of cream, spices, bacon, and white wine, is another local delight. Connoisseurs can enjoy these culinary treats in wine taverns called "winstubs."

For travelers wishing to capture *joie de vivre*, Strasbourg is magnifique!

Sacrifice, enthusiasm and talent earn teenagers sports recognition

story and photos by Lionel R. Green
Stuttgart Citizen

S.
P.

These two letters are more than just the nineteenth and sixteenth letters of the alphabet. They stand for Stuttgart and Patch. They also stand for opportunities for baseball and softball players in Baden-Wuerttemberg.

"The letter gives young people overseas the same opportunity stateside kids have in a sport they care about," said Barbara Junghans, Youth Services sports director. "This gives them a chance to get something in their high school records that colleges can see."

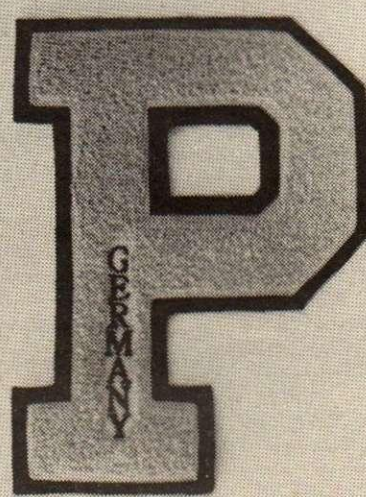
The Youth Services in Stuttgart initiated a pilot program last year that gave teenagers an opportunity to letter in a sport not offered by the high school in Germany. All Youth Services have permission from the Department of Defense Dependent Schools to implement this program, however some of the smaller subcommunities don't have Junior or Senior teams and can't participate.

The teen must have passed the basic subjects required by all high school sports for their last quarter of high school. They couldn't be truants or discipline problems, and couldn't use tobacco products, alcohol, or drugs. This makes the Youth Services letter as difficult to earn as high school letters.

"The letter is not a giveaway," Junghans said. "If you don't make sacrifices, then you don't receive the letter."

How do they insure that the above standards are met?

Names of baseball and softball players are nominated by the coach. The names are submitted to the Youth Services director who then takes them to the high school principal. The principal then checks the player's grades to make sure they're passing.



The only difference in the Youth Services letter is, unlike high school, a \$15 sports fee is required to play in the league. Of course, if the teen is not in the league, he or she can't participate in the program. The sports fee pays for baseballs/softballs, umpires, uniforms, and the other costs it takes to run a baseball/softball league.

Even after that, the player can still be denied the letter.

"The coach of the team can still deny the teen the letter if that teen has a bad attitude, shows no interest, or doesn't make three practices a week," Junghans said.

Last year, 10 boys received Varsity letters in baseball, while nine girls earned the letter for softball. Eleven boys and three girls received Junior Varsity letters.

This year that number has increased.

Thirty-three teens received the Varsity letter, while 24 received the Junior Varsity letter. If a teenager letters both years, then a second-year bar is awarded to the

teenager.

Each letter costs about \$8 each, but the price of the letter isn't important.

"It's the letter that's important," Junghans said. "It may well be the only opportunity the teen has to letter in a high school sport."

The staff of the Youth Services was ready when the task of implementing the program was presented to them.

"We were ready for this program," Junghans said, "because we all have a personal interest in the future of our youth."

The two high schools that participate in the program, Stuttgart American High and Patch High, issue letters to not only the six GSMC subcommunities, but also the other four subcommunities in Baden-Wuerttemberg: Goepfingen, Heilbronn, Schwaebisch Gmuend, and Schwaebisch Hall.

The future looks bright for the letter program.

"As long as the current staff is here," Junghans said, "the program will go on."

fitness center

Improving dietary habits is key to health

Avoiding cholesterol and too much sugar reduces heart risks

by Christine Charles
Certified Jazzercise Instructor

For years the U.S. government has been trying to improve the health of America by encouraging us to improve our dietary habits. The U.S. Department of Agriculture and the U.S. Department of Health and Human Services has developed a set of dietary guidelines. Here's a quick summary of what experts are telling us:

EAT A VARIETY OF FOODS — Since no single food item supplies all of the essential nutrients in the amount we require, we need to eat a variety of foods to receive adequate nutrition. Make sure you select food each day from the major food groups — the milk group (milk, cheese, yogurt, etc.); the fruit and vegetable group; the grain group (whole-grain and enriched breads, cereals, pasta, rice, etc.); and the meat group (meats, poultry, fish, eggs dry beans and peas).

MAINTAIN DESIRABLE WEIGHT — Being overweight is risky business. Obesity is associated with high blood

pressure, increased levels of blood fats, heart disease, certain types of cancer and diabetes. A body composition test can give a recommended body weight based on your specific frame size and muscle mass.

Avoid too much fat, saturated fat and cholesterol — Heart disease is one of the major causes of death in our country and a high-fat diet has been implicated as one of the reasons. Consuming too many fatty foods such as meats, eggs, oils and fried foods can increase blood cholesterol levels. This is undesirable as an elevated blood cholesterol level is a known risk factor of heart disease.

Avoid too much sugar — Eating too much sugar, too often, greatly increases the risk of tooth decay. Sugar is a major contributor of "empty calories," since it contains little nutritive value.

Avoid too much sodium — High sodium intake is believed to be a contributing cause of high blood pressure. We unknowingly consume an incredible amount of sodium since it is added to many beverages and food. Most processed foods, condiments, sauces, soups, salty snacks, lunch meats, and fast foods are high in sodium.

Eat foods with adequate starch and fiber — Many experts believe that a high-fiber diet can reduce the risk of developing colon cancer, as

well as other intestinal diseases. Whole-grain breads and cereals, fruits, vegetables, dry beans and peas are excellent sources of dietary fiber.

Camp Olympics held in GSMC

The 1st annual Youth Services Summer Olympics were held Aug. 18 at the Pattonville Youth Services Center. There were over 200 kids of all ages that participated in 10 events. The events included everything from watermelon eating to arts and crafts to spelling to tug-of-war and track events.

Kelley Barracks won the Olympic trophy which they will hold until next year's Olympics.

Each Youth Services had teams in the different age divisions and they were divided into male/female categories.

Every kid was a winner, receiving a ribbon for his or her effort. The Camp Olympics was capped off with a giant ice cream sundae of which everyone sampled.

"We had a little bit for everybody," said Robert C. Manaugh, GSMC Youth Services Coordinator. "The events used the athletic, educational, and creative abilities of the kids. We also had events that were just for fun like the watermelon eating contest."

YS Cheerleading

The GSMC Youth Services will be holding registration for the 1989 cheerleading season through Aug. 30. The cheerleading season begins on Sept. 9. Registration will take place at all YS centers, Tuesday-Friday from 11:30 a.m.-5:30 p.m. Late registrations will be accepted on a space-available basis.

All YS members, ages 10-15 years, are eligible for participation. A \$15 sports fee will be charged. Volunteer clothes are also needed.

For more information, contact your local YS.

Coaches needed

The Community-level Men's and Women's basketball teams are looking for qualified coaches. To arrange an interview, call the GSMC Sports Office, 420-6315.

Boxing team training

The Community Boxing team is now training to prepare for the VII Corps and USAREUR Championships. Competitors are needed in open and novice divisions (5 bouts or less) in all weight classes. Winners of USAREUR competition will be nominated to train with the All-Army Boxing team at Fort Bragg, N.C.

For information, contact the GSMC Sports Office, 420-6315/7055.

Tae Kwon Do classes

Tae Kwon Do classes start Sept. 5 at Robinson Barracks Youth Services. Registration is going on now.

For information, call 420-6382 or stop by RBYS.

Martial Arts

If you are interested in Martial Arts, here is your chance to get involved. Classes will be offered each Thursday evening beginning Sept. 7.

For information call Kelley Community Recreation Center, 4212-611/743.

Bodybuilding tourney

The GSMC Bodybuilding Invitational is scheduled for Sept. 9 at the Nellingen Family and Soldier Recreation Center.

Registration is scheduled for 10-11:30 a.m. at the Nellingen Fitness Center. Prejudging is scheduled for 12-2 p.m. and final judging is scheduled for 4-6 p.m.

Admission for adults (15 years and up) is \$3.50 and children pay \$1.50.

Entry fee is \$15 and both men and women classifications are available.

Mail checks to: GSMC CRD
Sports Branch
APO 09154

For information, call 421-6336.

Soccer kick-off

The Youth Services soccer season kicks off Sept. 9, and they need coaches for the teams.

For information, contact RBYS, 420-6382.

Ski patrol

The Stuttgart Ski Patrol, a member of the National Ski Patrol System, is accepting applications for patroller candidates. Training will start with our Winter Emergency Care Course, an EMT level first aid course, on Sept. 19.

For more information, contact Frank Ziebert, 421-2939 at work, or 0711-427-513 at home; or call Bob Sweeny, 430-5356 at work, or 07032-23394 at home.

Stepping Out with Evi Hofielen

Aug. 28 — Sept. 3
DAILY

**STUTTGART WINE VIL-
LAGE** — downtown
Stuttgart, Kirchstrasse,
Schillerplatz and mar-
ket place in front of the
city hall, 11 a.m.-11
p.m.

CIRCUS RONCALLI —
Stadtgarten (city park),
Schellingstrasse (near
university), Mon. and
Tue. 8 p.m., Wed. thru
Sun. 3 p.m. and 8 p.m.

KILLESBERG PARK — For the entire family. Minia-
ture train ride thru park, pony rides, playground,
barbecue area, cafeterias.

DAY BY DAY

Monday, Aug. 28

JAMES BOND — "LICENSE TO KILL" — Feature
film in English; Kino Atelier, Kronprinzstr. 6, 5:30
p.m., 8 p.m., 10:30 p.m., thru Aug. 30.

"ASSAULT ON PRECINCT 13" — Feature film in En-
glish; Corso Movie-Theatre, Hauptstr. 6, Stuttgart-
Vaihingen, 8:15 p.m., 11 p.m., thru Aug. 30.

"ESSLINGER ZWIEBELFEST" — street fest in Essling-
en, last day.

"LUDWIGSBURGER WEINLAUBE" — "Wine Bower",
Ratskellergarten, Ludwigsburg, thru Aug. 29.

"SHEPHERD'S RUN" — Markgroeningen (last day).

Tuesday, Aug. 29

BILLY'S HOT JAZZ — Dixieland Hall, Marienstr. 3,
7:30 p.m.

STUTTGART PHILHARMONIC ORCHESTRA — con-
cert; Liederhalle, 8 p.m.

HELMUT SIEGLE & HOLGER GOETZ — Swing &
Blues; Merlin, Furtbachstr. 14, 8:30 p.m.

CHAMBER MUSIC — Works by Rossini and Weber;
Forum am Schlosspark, Ludwigsburg, 8 p.m.

Wednesday, Aug. 30

"JUMPIN' HORSE JAZZMEN" — Dixieland Hall,
Marienstr. 3, 7:30 p.m.

PANTOMIME PERFORMANCE by Peter Makal —
Makal City Theater, Marienstr. 12, 8 p.m.

"MIXTOUR" — Pop & Blues; Merlin, Furtbachstr. 14,
8:30 p.m.

Thursday, Aug. 31

"TWO DIRTY ROTTEN SCOUNDRELS" — Feature
film in English; Kino Atelier, Kronprinzstr. 6, 6 p.m.,
8:15 p.m., 10:30 p.m., thru Sept. 6.

STUTTGART DIXIELAND ALL STARS — Dixieland
Hall, Marienstr. 3, 7:30 p.m.

"DUO DU BRAZIL" — Merlin, Furtbachstr. 14, 8:30
p.m.

"DUDES" — Rhythm, Soul, Blues; Feuilletton,
Haussmannstr. 235, 9 p.m.

Friday, Sept. 1

"LOGAN'S RUN" — Feature film in English; Amerika
Haus, Friedrichstr. 23 A, 6 p.m.

SWING MAIL SPECIAL — Dixieland Hall, Marienstr.
3, 7:30 p.m.

"BLACK, BLANC, BEUR" — Rock, Break, Smurf, Rap a
Go Go; Theaterhaus, Stuttgart-Wangen, Ulmer Str.
241, also Sept. 2.

TOKYO STRING QUARTET — Forum am Schloss-
park, Ludwigsburg, 8 p.m.

VETERINARY STREET JAZZBAND — Buergerzen-
trum Waiblingen, 8 p.m.

Saturday, Sept. 2

FLEA MARKET — Karlsplatz Stuttgart, 8 a.m.-3 p.m.

BIRKACH VILLAGE FAIR — Stuttgart-Birkach, Alte
Dorfstrasse, 12 a.m.

FLEA MARKET — Filderstadt-Bernhausen, near
"Rundsporthalle", 9 a.m.

"MORE FRIENDS" — Dixieland Hall, Marienstr. 3, 7:30
p.m.

RADIO SYMPHONY ORCHESTRA STUTTGART —
works by Brahms, Liederhalle, 8 p.m.

JOE MALINGA SOUTHAFRICAN FORCE —
"Roehre", Wagenburgtunnel, Neckarstr. 34, 9 p.m.

CITY FEST — Wendlingen, all day.

Sunday, Sept. 3

KITEFLYING FESTIVAL — Stuttgart-Rotenberg, Egel-
seer Heide, bring your own kite! 1 p.m.

"THE REBELS" — Open-Air-Theater, Killesberg, 3 p.m.

CHRIS & COSEY — "Roehre", Wagenburgtunnel, Neck-
arstr. 34, 9 p.m.

"ALICE IN WONDERLAND" — theater performance in
English, Buergerzentrum Waiblingen, 8 p.m.

VOLKSMARCH

Saturday & Sunday: UHINGEN-HOLZHAUSEN, POC:
Georg Hoeflinger, Wangenerstr. 5, 7336 Uhingen-
Holzhausen, tel: 07161-37103.

Sunday: HEIMSHHEIM: POC: Rolf Roux, Gutekunststr.6,
7258 Heimsheim, tel: 07033-31183.

DATES, INFORMATION
SUBJECT TO CHANGE!



School teen dance

Attention GSMC teens! The 1989 Youth Services
back-to-school-teen-dance will be held Sept. 2, starting
at 7 p.m. at the Robinson Barracks Community Club.

Protestant Sunday school

Registration for the Protestant Sunday school, be-
ginning Sept. 10, may be made after the morning
worship service on Sundays or during the week at the
Pattonville Chapel between 7:30 a.m. and 4:30 p.m.

If you would like to teach or help, contact 4282-
811/320.

EUCOM Air Force ball

Air Force people in the Stuttgart area will celebrate
the Air Force's 42nd anniversary at the HQ EUCOM
Air Force Ball Sept. 16.

The event will include a variety of dancing music
provided by the USAFE Galaxy Band and the Air
Force "Tops in Blue."

Formal dress is required. Members of all services
are invited to attend. Tickets, priced according to the
purchaser's grade, are available from HQ EUCOM Air
Force representatives.

For information, contact 430-8423/8430.

KBWC fall sign-up

The Kelley Barracks Women's Club will be hosting
a function Sept. 13 from 1 to 3 p.m. at the Kelley
Officers', Senior Enlisted and Civilians' Club.

KBWC membership applications and registration
for fall classes will be available.

For information, contact 0711-721154/721121.

Disco extravaganza

Kappa Alpha Psi Fraternity Inc., German Alumni
Chapter, presents an evening of live jazz and disco
Sept. 3 from 8 p.m. to 2 a.m. at the Candlelight Club,
Patch Barracks.

Donation of \$5 per person is asked. For ticket infor-
mation, contact 07157-2877.

GAWC brunch

The German-American Women's Club Stuttgart e.
V. will hold a brunch Sept. 14 at 10 a.m. at the Rama-
da Inn, Sindelfingen.

For reservations and information, call 0711-
6877390/6877483/859519.

PTA meeting

Patch Elementary School Parents/Teachers Associa-
tion (PTA) will have a meeting Sept. 5 at 7 p.m. at the
Patch Forum.

For information, contact 0711-6877685.

Black celebrity show

The Zapp Roger Black Celebrity show group will
perform Sept. 2 from 9:30 to 11 p.m. at the Patch
Barracks NCO/Enlisted Club, Stuttgart Vaihingen.

Contact 430-7135 for information.

CFLC program

The Chaplain Family Life Center (CFLC) will sponsor
the following upcoming activities:

"Talking together" — a four part communication
course designed to foster personal and relationship
growth. Classes run Tuesdays, Sept. 5 through Sept. 26
from 7 to 8:30 p.m.

"Step teen" — eight classes program on systematic
training for the effective parenting of teens. Classes meet
each Wednesday starting Sept. 6 from 7 to 8:30 p.m.

Bethel Bible study, Old Testament is offered each
Thursday beginning Sept. 7 at 7 p.m.

"Active Parenting" — six classes for enhancing par-
enting skills. Classes meet each Monday starting Sept. 11
from 7 to 8:30 p.m.

All classes will take place at the Robinson Barracks
Chapel Annex, bldg. 118. Free babysitting will be pro-
vided.

Lutheran Confirmation Instruction for 8th graders will
begin in September. For information or sign-up for any of
the above classes, contact 420-6219/7022.

Metropolitan Club news

Discover your love of art! On Sept. 5, the Metropolitan
Club Stuttgart e. V. will take you on a guided tour through

stuttgart notes

the Staatsgalerie Stuttgart, Konrad-Adenauer-Str.30.

Meeting point is the Staatsgalerie Foyer. Contact 0711-
356545 or 07151-64990.

The Friends Club International Boeblingen/Sindelfing-
en offers a raft ride on the Isar towards Munich Sept. 3.

The cost will be DM 145 or DM 160 (including lunch).

As places are limited, contact 07034-3134 or 07031-
902167 now.

Family portraits

GSMC Youth Services is offering sittings with a
master photographer. Prices range from \$18 to \$55
depending on size of photo package. Appointments are
necessary.

Sittings are at Kelley, Sept. 7 and 8; Nellingen, Sept.
16 and 17; Patch, Sept. 23 and 24; Ludwigsburg/Korn-
westheim, Oct. 14 and 15; and Panzer, Oct. 21 and 22,
all from 11 a.m. to 6 p.m.

For information, contact the Panzer YS, 4312-495.

USO tours

The following trips and Steppin' Out tours are
planned for the month of September:

Sept. 2 — Munich-Dachau; Heidelberg Castle burn-
ing; Stuttgarter Weindorf; Sept. 3 — Rhine River
cruise; Haigerloch Atomic museum; Sept. 4 — Mer-
cedes factory; Czech border crystal shopping; Sept. 5
— Meet the Mayor; Sept. 6 — Linen outlet in Wid-
dern; Sept. 8 — Steiff/WMF; Sept. 9 — Zurich/Trier;
Sept.10 — Neuschwanstein; Europa Park; Sept. 11 —
Pottery outlet; Sept. 13 — glassblowing; Sept. 16 —
nutcracker Sauerkrautfest; Luxembourg; Sept. 17 —
Lake Constance/Island Mainau; Strasbourg; Sept. 19
— Mercedes factory; Sept. 21 — Steppin' Out from
Panzer to downtown Stuttgart; Sept. 22 — winetasting
tour; Steppin' Out from Pattonville to downtown Stutt-
gart; Sept. 23 — Liechtenstein; Baden-Baden mini-va-
cation; Sept. 24 — Triberg; Rothenburg; Sept. 25 —
Steppin' Out from Robinson Barracks to Wilhelma
Zoo; Sept. 26 — nutcracker factory; Sept. 27 — Stepp-
in' Out from Nellingen to Esslingen market; Sept. 28
— Steppin' Out from Kelley to Leuze mineral bath;
Sept. 29 — Steppin' Out from Patch to Neckar cruise;
Sept. 30 — Munich Oktoberfest; Bad Wimpfen & Burg
Guttenberg.

For information on tours, trips, and concert tickets,
contact 420-6241 or 0711-8568675.

Stuttgart Wine Village

By Evi Hofielen

Having started Aug. 25, the by-now tradi-
tional wine fest "Stuttgarter Weindorf" is tak-
ing place downtown Stuttgart through Sept. 3.
During this period, the market place in front of
the Stuttgart Rathaus (town hall), as well as
Schillerplatz area turn into "Germany's most
beautiful wine village."

One hundred twenty wine bowers and Swa-
bian specialty restaurants line the market
square with its beautifully decorated streets.

Everybody is invited to sit down for a good
glass of (local) wine, together with original Swa-
bian food such as "Maultaschen" (pasta
squares), "Spaetzle" (home-made noodles), and
onion cake, and enjoy the company of the
many happy visitors from near and far.

Three hundred fifty sorts of wine from Baden
and Wuertemberg areas are offered for selection
and sampling. Beer is not served, but non-alcohol-
ic beverages are available. The "wine village" pro-
vides an excellent opportunity to soldiers and
their families to become familiar with local folks
and habits, and spend a great time together.

The fest is open daily from 11 a.m. to 11
p.m. Public transportation is recommended.



