

US ARMY

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## Tax centers open at Stewart and Hunter

Photo by Steve Hart

Hunter Tax Center non-commissioned officer-in-charge, Staff Sgt. Victor Molina; Hunter Garrison senior enlisted leader, Command Sgt. Maj. LaVander Wilkerson; Hunter Garrison Commander, Lt. Col. Ken Dwyer; Capt. Laura Hernandez, Hunter Tax Center officer-in-charge and Installation Staff Judge Advocate, Col. Steve Ranieri, cut the ribbon to the Hunter Tax Center, Jan. 22. The Hunter Tax Center is located in building 1211, in the Hunter Army Airfield Legal Assistance Office. The Fort Stewart center is in the 1ABCT classroom. Hours of operation at both locations are 10 a.m. to 6 p.m., Monday through Wednesday, 1 to 6 p.m. Thursday, and 10 a.m. to 5 p.m. each Friday.



### What leadership characteristic do you most value?

"Selfless Service. That is what it is all about. It should be your focus. And if you take care of others, you'll take care of the mission"

#### Capt. Vanessa Servius 3rd ID G-6



"Integrity. You have to have it yourself, if you expect it from your Soldiers."

Staff Sgt. Paul White 3rd ID G-6

"Loyalty. If your loyal to your Soldiers, they'll be loyal to you."

Sqt. Alex Giron 3rd ID G-6





"Integrity. Be honest to your Soldiers and the mission. It can help built trust and accomplish goals."

**Spc. Austin Linthicome** 3rd ID G-6

"Respect. If given, you will get it back. It helps build your team."

Sgt. Marsha Blake 3rd ID G-6

#### **3RD INFANTRY DIVISION COMMANDER** SENIOR COMMANDER STEWART-HUNTER MAJ. GEN. LEOPOLDO QUINTAS

USAG FORT STEWART-HUNTER ARMY AIRFIELD COMMANDER

COL. JASON A. WOLTER

HUNTER ARMY AIRFIELD COMMANDER LT. COL. KENNETH M. DWYER

#### FRONTLINE THE

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Cover: Lt. Col. James Okeke, commander of Special Troops Battalion, 3rd Infantry Division Sustainment Brigade, leads a marching element comprised of Soldiers in the battalion during the Claxton Martin Luther King Jr. Parade, Jan. 21, in Claxton. (Photo by Sgt. Elizabeth White)





# Honoring Dr. Martin Luther King Jr.

#### Staff Sgt. Quanesha Barnett 1ABCT Public Affairs

Soldiers from the 1st Armored Brigade Combat Team, 3rd Infantry Division, hosted Fort Stewart's annual Dr. Martin Luther King Jr. Day observance Jan. 16 at Club Stewart.

Martin Luther King Jr. Day is a federal holiday that honors the birthday (Jan. 15, 1929) of the late reverend and civil rights leader, who led multiple nonviolent movements in the late 1950s and 1960s to achieve legal equality for African Americans in the U.S.

The theme for this year's observance was "Remember, Celebrate, Act."

During the observance, Soldiers from the 2nd Battalion, 7th Infantry Regiment and a guest speaker presented personal reflections on King, and how his actions inspired them to be the leaders they are today.

"On November 2, 1983, President Ronald Reagan signed the legislation making the birthday of Dr. King a legal public holiday," said 1st Lt. Harvey Kendall. "As we gather here united, I ask that you all remember there are no gains without struggle and that love is the most durable power in the world."

The Soldiers also shared how King's message still resonates with them today.

"Life can throw curve balls at you, it can lead to discourage and can even bring pain along with difficulties," said Sgt. Marcus Jenkins. "Dr. King taught me that no matter how bad things get, never give up on what you believe in because nothing is given to those without hard work and efforts and he is the reason I am inspired to be a Non-

commissioned Officer of the United States Army."

The guest speaker, Elgin L. Dixon, superintendent of the Jeffersonville Georgia School District, spoke to the audience about how King impacted his life. His message was "Don't leave your dream a dream, plan for it, work for it, and make it your reality."

Dixon said that within the crowd there were dreams, hopes, ambitions, and desires to do great things. He stated King believed if you can't fly, then run; if you can't run, then walk. And if you can't walk, then crawl; but whatever people do, they need to keep moving forward.

'The moral is this, your dream -it is greater than a moment, it will impact the life of many, and very similar to MLK's dream that lives," said Dixon. "Keep your dreams alive."



Photo by Staff Sgt. Quanesha Barnett

Superintendent of the Jeffersonville, Ga. School District, Elgin L. Dixon, speaks during the Dr. Martin Luther King Jr. observance on Fort Stewart, Jan. 16, hosted by 1ABCT, 3rd ID.



Photo by Spc. Andres Chandler

Lt. Col. Robert Stanton, 2-7 Inf. Battalion Commander, 1ABCT, 3rd ID, speaks about how Dr. Martin Luther King Jr's legacy and his efforts to inspire civil rights activism within the African-American community and changed African American history at Fort Stewart, Jan. 16.



Photo by Staff Sgt. Quanesha Barnett

Soldiers stand to honor Martin Luther King Jr. during the Fort Stewart Dr. Martin Luther King Jr. Day observance at Club Stewart, Jan. 16 on Fort Stewart.

# Shoot, move and communicate



Photos by Spc. Jordyn Worshek Infantrymen assigned to Company A, 3rd Battalion, 15th Infantry Regiment, 2nd Armored Brigade Combat Team, prepare to enter a building during a squad training exercise, at Fort Stewart, Jan. 16. During squad training, exercise, infantrymen learn the proper way to move, shoot, and communicate in urban areas.



Whether moving in a wedge or stack, during this squad training exercise, the infantrymen practice protecting each other; while remaining a lethal force.

Below, two Soldiers advance, while others provide covering fire.







## ACS, MWR, Coastal Happening Briefs

#### Like ACS on Facebook

Search for "Army Community Service, Fort Stewart-Hunter Army Airfield." Help the Hunter Army Airfield community get more "likes" by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families there as well. Search for Hunter Army Airfield and pass the word along.

#### **Register now for ACS classes**

You asked, we listened. Online registration is now available for Family Readiness Group classes through Eventbrite. Please go to *https://www.eventbrite.com/o/ army-community-service-fort-stewarthunter-aaf-12997030788*. Posted on the ACS page of the Team Stewart website, *www.stewart.army.mil*.

#### ACS building is accessible to everyone

Army Community Service wishes to inform our community that our facilities meet, or exceed, the standards for persons with disabilities. Our facilities are wheelchair accessible; and should you need assistance upon arrival, please inform one of our staff members. The playground next to building 82 at Fort Stewart is certified as an Exceptional Family Member playground. Hunter EFMP playground is located next to building 1284. For questions, please contact ACS at 767-5058 or 315-6816.

#### Free classes offered at Stewart

Upon request from the chain-of-command:

- Sponsorship training
- Risk management for senior NCOs (E7-E9)
- FAP commander/senior leader briefing

Every Monday

Financial planning for PCS, 10 to 11:30 a.m. ACS Stewart, building 86

\*Mandatory for E-4 and below.

#### Embedded financial counselors wanted

Do you want to take control of your finances? Well, the ACS financial readiness team has embedded a financial counselor within each brigade to service all your financial needs. Whether you are considering buying a car, home, saving, investing, or just want assistance with creating a budget the financial counselors are here to assist? The financial counselor also provides monetary assistance through Army Emergency Relief to assist our Soldiers and Family members with life's unexpected challenges. If you require assistance, don't hesitate to contact your brigade financial counselor. For more information, you may contact ACS at 767-5058.

#### **REAL FRG command team training**

The REAL Family Readiness Group command team training is targeted towards company commanders and first sergeants but is also informative for brigade and battalion commanders. This training delineates the roles and responsibilities of the command team regarding how to leverage and execute the Family readiness mission. Topics include Family readiness, mission essential tasks and regulatory guidance. This training is required under the Marne inspection program. It will be conducted in ACS building 87 from 9 a.m. to noon. Register by calling 767-1257 or the ACS Eventbrite page.

#### Hearts Apart/foreign born spouse social

Starting in January, ACS is proud to partner with the USO to conduct the Hearts Apart/foreign born spouses social. If your Soldier is on an unaccompanied tour or deployed, this group is for you. If you are a foreign-born Spouse, this group is for you. The meeting will be held on the second Thursday of each month at the Fort Stewart USO. This event provides an opportunity for a cultural blended experience to interact with others and build friendships that will last a life time. Children are also welcome to attend. For details call Linda McKnight, 767-5058.

#### Pet boarding limited

Due to installation of new turf to enhance the pet boarding center, the center temporarily can accept only 25 dogs per day for doggie daycare and/or boarding. This limitation will be effective for about 30 days (weather dependent). We regret any inconvenience this causes our customers. For additional information, call 435-8052 or visit *StewartHunterMWR.com*.

#### Parent, child golf clinics offered

A new instructional golf program, designed to encourage an interaction with parents and children in the game of a lifetime, is coming to Taylors Creek and Hunter golf courses. PGA professional Tommie McArthur will teach golf rules, swing mechanics and other basic skills. Ideal for children ages 7-14. The clinics are 10-11 a.m. at Taylors Creek, Saturday, Feb. 16 and March 16 and at Hunter Golf Course Feb. 9 and March 23. The cost is \$20 for parent and child - \$5 for additional child. For more or to register, call 767-2370 or 315-9115.

#### Functional fitness class begins at Caro

Start the New Year as a new you. Join the functional fitness class underway at Caro Fitness Center, building 708. Classes are from 5:30-6:30 p.m. Monday-Friday. Cost is \$3 per class, or purchase a 10-class pass for \$25. Functional fitness exercises train your muscles to work together and prepare them for daily tasks through movements you can do anywhere. For details, call 767-4763.

#### Commander's Cup bowling league opens

Registration continues for the Commander's Cup bowling league, an intramural league for active duty only. Twelve weeks of league play from 11 a.m. – 1 p.m. Fridays at Marne Bowling Center beginning Friday. Cost of \$8.50 per week per bowler includes two games, shoe rental and the lunch special. For details, call 767-8238.

#### Commander's Cup Basketball League

Registration continues for the Commander's Cup five-versus-five basketball league, an intramural league for active duty only. No charge. Games will be played at Newman Fitness Center. Team players must be from the same unit, and teams must submit a signed participation memo with command approval to register. For details, call 767-8238.

#### **Coastal Happening: OCS reunion**

An Army Officer Candidate School reunion is scheduled for April 28 to May 1. All branch classes 1941until present are invited. This is going to be a great time with the opening of phase one of the OCS Heritage Center; the dedication of more bricks, pavers, and class memorials; the induction of the 2019 Hall of Fame class; and the presentations of the Nett Award and the Patterson Award. Mini class reunions are welcome to celebrate with the national reunion. Online registration is available at *www.ocsalumni.org*. For more information, contact Nancy Ionoff, reunion coordinator, at *ocsalumnireunion@gmail.com*.

#### Sign up for soccer

Registration for the Commander's Cup seven versus seven soccer league is Feb. 11 to March 4. A captains meeting is March 4. Games begin March 11 on MWR intramural sports fields. Only active duty are eligible. No charge. To register, turn in an approved participation memo and team roster to the Newman Sports Office. For more information, call 767-8238.

#### Youth sports open house

Families are invited to a free open house on Thursday, Jan. 31, from 5-7 p.m. at the Youth Sports and Fitness Center, building 7160 across from Murray Elementary School. The first 100 children will receive a sportsthemed bag. The redesigned facility features new décor, fitness rooms and equipment perfect for parent and child fitness.

Learn about upcoming classes and youth fitness programs, live demonstrations and interactive mini-classes including spin, yoga, speed and agility classes, physical training for-kids and high intensity interval training. On-site registration. Refreshments available. For more information, call 767-2635.

#### Military Parent to Parent support offered

The Exceptional Family Member Program and Parent to Parent of Georgia holds a training workshop for supporting parents of children with disabilities. They help other military parents with issues related to health care and other services. This event is Jan. 31, 8 a.m. to 1 p.m. at ACS building 87. For more, call 767-5058 or 315-6816.

### Fort Stewart-Hunter Army Airfield Briefs

#### Spark conference slated

The SPARK! spouse conference will be held 9 a.m. to 2:45 p.m. Feb. 1 at Club Stewart. Doors open at 8:30 a.m. for packet and course schedule pick-up. Registration is \$5 with an optional boxed lunch for \$5. On-line, preregistration and payment is required. Information, to include topics, speaker biographies and childcare information, along with registration information can be found at the Fort Stewart-Hunter MWR website, *https://stewarthunter.armymwr.com/programs/spouse-conference-spark.* Be sure to register early as same-day registration will not be available and the registration deadline is Friday.

#### Warriors Walk tree dedication

A Warriors Walk tree dedication ceremony will be held 10 a.m., Feb. 5, at Warriors Walk for Cpl. Joseph Maciel, Task Force 1-28. The Warriors Walk memorial is dedicated to those courageous brothers and sisters in arms, 3rd ID Soldiers and Soldiers from attached units and units that deployed from Fort Stewart in support of Operation Iraqi Freedom and Operation Enduring Freedom, who did not return.

#### **MCSC** event held

Join the fun as the Marne Community and Spouses Club holds its annual "Beaches and Baskets," 6 p.m., March 2, at Club Stewart. Among the events scheduled will be music, dinner, both a silent and live auction and more. Individual tickets are \$25, a table of eight can be reserved for \$190. For more information visit *www.marnecommunityandspousesclub.com*. The MCSC is a 501(c)3 non-profit social and welfare organization.

#### SOS holds "MVP in Me" event

Please join Survivor Outreach Services for the "MVP in Me" event, 10 a.m., Saturday, at the Soldier and Family Assistance Center. This event will focus on safety, including physical, personal, and internet safety for surviving Family Members. Please make reservations before Jan. 18 as space is limited by calling SOS at 435-9598 or 435-9633. Dress in comfortable attire. Lunch is provided.

#### **Construction notice**

Construction begins on a deceleration lane at the Victory Shoppette Friday. The construction is scheduled to be completed the first week of April. During construction, Wilson Avenue will, at times, be restricted to one lane. Flagmen will be present. There will be no access to the Shoppette or the gas pumps from Wilson Avenue during the construction. Access can be made from Veterans Parkway or the newly constructed Road off McFarland Avenue. Motorists are advised to avoid the area if possible.

#### Transfer of education benefits updated

An announcement was made regarding the transfer

of education benefits. In accordance with Department of Defense Issuances 1314.13 Change 1, beginning July 12, the eligibility to transfer education benefits will be limited to service members with at least six years, but not more than 16 years, of total creditable service. A four -year commitment to the Armed Forced will be required upon transferring the education benefits. For additional information contact the nearest Education Center at 767-8331 at Fort Stewart or 315-6130 at Hunter Army Airfield.

#### Join the SAMC

Are you a Sergeant Audie Murphy Club member? Do you have aspirations of becoming a member? The Fort Stewart-Hunter Army Airfield "Rock of the Marne" SAMC is reaching out to all members across the installation. We are actively updating our contact rosters and want to ensure we are capturing our members for updates with the Club. Please contact Sgt. 1st Class Karl Kirven at *karl.w.kirven.mil@mail.mil* for more information. We look forward to hearing from you. The monthly meeting is the third Wednesday of each month at noon, at building 1 on Fort Stewart in the Sergeant Audie Murphy Club conference room.

#### Fort Stewart app is online

Everything you need to know about Fort Stewart and Hunter Army Airfield is now available at your fingertips. Interactive maps, directories, gate information, gyms, dining facilities, emergency, hotline numbers, and notifications. Download today from Google Play or Apple iTunes. Google Play *https://play.google.com/store/apps/ details?id=com.jb1bfb31a89e* or the App Store at *https:// itunes.apple.com/us/app/fort-stewart-hunter-aaf/ id1436217599?ls=1&mt=8.* 

#### Bible study available

Every Wednesday at noon we will hold our weekly Bible study at Marne Chapel. All military personnel, veterans, civilians, contractors and retirees are welcome. Contact Bill Agnew 767-9789 for more information

#### Super saver program

Are you interested in winning \$500? If so, this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a garrison civilian employee and submit the best idea for saving the garrison money, you will win \$500. Submit your idea on the super saver nomination form available on the Team Stewart web page under Garrison Resource Management Office. Nominations are boarded with the garrison. Submit to **barbara.cardinal3.civ@mail.mil.** 

#### **CG Hip Pocket Scholarship**

The 3rd Infantry Division commander has been given five Army ROTC Green-to-Gold Hip Pocket Scholarships. The scholarship program provides selected Soldiers the opportunity to complete their baccalaureate degree requirements and obtain a commission through participation in the ROTC scholarship program. Units are encouraged to nominate Soldiers that exhibited the potential for further outstanding service to the Army as commissioned officers. Interested Soldiers can follow-up with their chain of command. Download the guide and complete an application by clicking "Create An Account" at *https://my.goarmy.com/accounts/register/user\_agreement.jsp?loginPg=g2g.* Click on "Log In" if you already have an account. After creating an account, return to this site and start the application at *https://www.goarmy. com/careers-and-jobs/current-and-prior-service/ advance-your-career/green-to-gold/pocket-scholarship. html.* Applications are due to the 3rd Infantry Division G-1, by March 19. If you have questions see your unit S-1 or contact *alfred.mcdaniel3.mil@mail.mil.* 

#### Visit the 3rd ID Museum

The 3rd Infantry Division is open Tuesday through Friday, 9 a.m. to 4 p.m. and the first Saturday of each month, 10 a.m. to 4 p.m. Explore three galleries - the Stewart gallery, the aviation gallery and the 3rd ID gallery to learn the history of Fort Stewart and Hunter Army Airfield, and the history of the Rock of the Marne. The museum features an M5 Stewart tank from WWII, Medal of Honor recipient Sgt. 1st Class Paul R. Smith's M113 A3, Sgt. Audie Murphy's M1 carbine, and a 1941 fire truck from Hunter. Multi-purpose event room available for group events. Gift shop open Tuesday through Thursday, 10 a.m. to 3 p.m. Group tours. Schedule your visit today. Call 767-7885 for information.

#### Valentine's Day dinner at Thunder Run

Make your plans now for dinner with someone special on Valentine's Day at Thunder Run Restaurant in Club Stewart. Dinner served by reservation from 6-9 p.m. Feb. 14. Four-course meal consists of salad bar, appetizer station, choice of entrée, an oversized sharable dessert and a non-alcoholic beverage. Choose entrée of king and queen surf and turf, prime rib, seared ahi tuna or chicken ratatouille. Bar service available at an additional cost. Reservations-only cost is \$25 per person, if tickets are purchased on Event Brite by Feb. 13. Walk-ins cost is \$35 per person. For more information, call 767-4717 or visit **StewartHunterMWR.com.** 

#### Long range shoots slated

Long range shoots for all caliber rifles will be held from 9 a.m.-2 p.m. Feb. 9, and 9 a.m.-2 p.m. Feb. 23 at Red Cloud Echo Range on Fort Stewart. Cost is \$15 per twohour block. Paper targets 100-500 yards, steel targets at 750 and 1,000 yards. Weapons must be registered on Fort Stewart. All payments cash only. To reach Red Cloud Echo Range, take Highway 119 north. The range is on the right. For more information, call 435-8205.

#### **DPMAP** stress class:

Join the Employee Assistance Program and the Army Wellness Center for a class centered on dealing with Defense Performance Management and Appraisal Program stress. Learn strategies for managing your stress and focusing on sleep. The class is 11 a.m. to noon, April 18 in building 201A. Contact Lisa Pokorny at 767-5672 or *lisa.m.pokorny.civ@mail.mil* for information or to reserve a seat.

## **DHR holds All-Hands Employee Recognition Ceremony**

#### Andrea Everett

Frontline Contributor

Directorate of Human Resources employees attended the first quarter DHR All-Hands Employee Recognition Ceremony for fiscal year 2019, Jan. 18 at the Sgt. 1st Class Paul R. Smith Education Center on Fort Stewart.

The event serves as a platform to share upcoming events, provide information on key topics of interest, and boost the morale of directorate employees by recognizing employees for significant accomplishments

The DHR Director, Thomas Allmon, recognized new and departing employees, announced nominees and the winner for the Employee of the Quarter. New arrivals included Nicole Bon, Andrea Leak, and John Haight. Departing employees were Meghan Page, Mary Carmody and Terri Smith. Civilian service awards were presented to Trina Hinds and Pam King for their 35 years of civilian service. Darrick Menzie for 30 years and Sheila Lewis for five years.

Personnel nominated for the DHR employee of the first quarter 2019 included Sharon Adams, Temeka Franklin and Brenda Green. Franklin earned the honor. During the citation presentation, it was noted, Franklin received her nomination due to demonstrating her commitment to excellence by her eagerness to take on new projects and excel. It was recently demonstrated when she was nominated as the subject matter expert to the DHR-Army Community Service merger working group.

As the winner of the DHR employee of the quarter, Franklin received a 24 –hour time off award and a Department of the Army certificate of appreciation. The next DHR All-Hands Employee Recognition Ceremony is scheduled for April 18.



UPSTAIKS Lob Cost Loo Loo Loo

Above: David 'The Voice of DHR' Curran helps moderate the DHR recognition ceremony, Jan. 18 at the Sgt. 1st Class Paul R. Smith Education Center on Fort Stewart.

Right: Nominated for DHR employee of the quarter, Temeka Franklin, Brenda Green and Sharon Adams, pose for a photo Jan. 18, during the DHR All-Hands Employee Recognition Ceremony at the Sgt. 1st Class Paul R. Smith Education Center. Photos by Andrea Everett

Right: During the DHR recognition ceremony, Darrick Menzie is congratulated by DHR Director, Thomas Allmon for proving more than 30 years of civilian service.



## 'Therapy on ice' helps vets heal, give back to community

#### Gary Sheftick

Army News Service

**WASHINGTON** -- The buzz of the crowd had Sgt. 1st Class Michael Vaccaro on edge. Then a loud bang made him look around nervously.

He knew the noise came from a Zamboni machine, yet its exhaust made him think of the aftermath of a roadside bomb.

All his stress melted away immediately, however, as soon as he stepped out onto the ice.

"When I'm on the ice, no matter what happened before, everything dissipates," he said. "It's like a fresh start."

Vaccaro is one of the co-founders of the Capital Beltway Warriors, a hockey team of veterans with disabilities founded two years ago.

Veterans on the team open up to each other and talk about how they cope with injuries, stress and other issues, said retired Maj. David Dixon, another co-founder of the team.

"It's like a giant support group," he said, "or therapy on ice, as we like to call it."

Many of the players have some level of post-traumatic stress disorder from service in Iraq, Afghanistan or other hot spots, Dixon said. He personally survived four deployments to Iraq, where he was shot in the back and shaken up by three different improvised explosive devices.

#### **Giving Back**

Dixon and a number of the other veterans also coach youth hockey teams and a few of them help with a local blind hockey team, the Washington Wheelers.

"Giving back to the community often gives them a sense of purpose," Dixon said of the veterans, adding that it helps minimize depression and PTSD.

Dixon puts in more than 20 volunteer hours a week managing the Capital Beltway Warriors as president and executive director of the team. He helps solicit sponsors, run meetings, apply for grants, recruit players and schedule games.

His time on the ice as a player-coach is extra.

"In a sick kind of way, I enjoy all the hard work," he said. "You go from commanding troops to working in a cubicle," he said about retiring from the Army and beginning a civilian job.

He explained that managing the hockey team gives him a renewed sense of purpose.

"You find that niche in life that gives you purpose and whether it has a monetary award or not, that's what you're supposed to do," he said.

He helps make the games special for the warriors with

lights, music, an announcer and filling the stands with veterans. Local chapters of the Veterans of Foreign Wars and American Legion in northern Virginia help bring veterans from retirement homes to the games, Dixon said.

Vaccaro also spends several hours per week helping the Capital Beltway Warriors and other veteran hockey teams. He spends a week every year helping run the USA Hockey camp in Buffalo, New York, where they select the national sled hockey team.

He serves as a referee for blind hockey and sled hockey. He helps stand up other Warrior division hockey teams. In November, he spent a few days in Philadelphia helping the Flyers start a warrior team.

"This is my therapy," he said of the volunteer work. "This is what keeps me going."

#### Spreading the word

Just over two years ago, Vaccaro met up with Dixon who was interested in starting a Warrior hockey team in Virginia.

They met in the Pentagon food court in December 2016. "We sat down and started sketching stuff out on napkins," Dixon said.

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912.332.5086

# Help mitigate tick-bite threat to Family, pets

#### **Richard W. Rudolph** AFSBn Safety Officer Commentary

Since Georgia generally has a warm climate, ticks can be a problem all year.

This issue compounds as spring approaches and more people plan their outdoor activities – camping, hiking and barbecuing.

Community members should take precautions to help mitigate the threat.

Georgia is home to three types of ticks, the American dog tick, the black–legged tick and the lone star tick. Each can transmit any of a dozen diseases.

After biting and drawing blood, they secrete a cement-like fluid to help hold them in place; which is how they spread disease.

There are several steps you can take to reduce your chances of hosting a tick including spraying tick repellents on you, your clothes, and Family. Keep your yard grass and brushes trimmed to allow sunlight; ticks prefer to be out of the sun.

While walking on trails in the woods or fields you should walk in the center to avoid brushing against bushes or low hanging branches. Ticks will stay near the end of branches to fall on their host. After you spend time outside, especially in wooded areas, take a shower. Check your clothing and body for loose ticks, so they don't fall off and latch onto a family member or pet. Adults should check children, along with any backpacks or other articles you might have had with you on a hike or picnic. Having pets are a responsibility to take seriously. It's also important to check your pets regularly for ticks and use some form of tick prevention.

If your pet goes outside daily, there is a good chance a tick could hitch a ride inside your house. Check with your veterinarian for advice on what is best for you pet, there are different types for cats and dogs, in a variety of applications such as collars, sprays, powders and oils. The size of the pet also makes a difference on how much to use.

Use these tips and more to make you, your family, pets and home tick free. Enjoy your time outside without the worry of ticks. You can find additional tips at *www.cdc.gov.ticks* or *www.niaid. nih.gov*.







### Holmes & Watson (PG-13) Friday, Jan. 25 - 6 p.m.

A humorous take on Sir Arthur Conan Doyle's classic mysteries featuring Sherlock Holmes and Doctor Watson. Stars: Will Ferrell, John C. Reilly, Ralph Fiennes

### Bumblebee (PG-13) Friday, Jan. 25 - 9 p.m.

On the run in the year of 1987, Bumblebee finds refuge in a junkyard in a small Californian beach town. Charlie, on the cusp of turning 18 and trying to find her place in the world, discovers Bumblebee, battle-scarred and broken. Stars: Hailee Steinfeld, Jorge Lendeborg Jr., John Cena



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## **APPLY IN PERSON**

125 South Main Street • Hinesville, GA No phone calls, please.



JLTVs ARRIVE

Photo by Maj. Peter Bogart The first Joint Light Tactical Vehicle arrive at Fort Stewart where they will be fielded by the 1st Armored Brigade Combat Team, 3rd Infantry Division. The new trucks represent a significant modernization success for the Army and Marine Corps, with the program on track to replace many venerable HMMWVs.

PT4425

Photo by Maj. Peter Bogart





Raider master drivers hit the tank trails during the JTLV Operator New Equipment Training at Fort Stewart. A mobile training team from Oshkosh Defense is training the brigade and battalion master drivers who will begin unit level training in early February.



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From Page 8

#### THERAPY

They laid out plans for a team that would play in rinks across Northern Virginia and Southern Maryland.

They found players by word of mouth. They showed up at "stick and shoot" sessions and asked if anyone was a military veteran with a disability rating.

Now they have 76 veterans with disabilities on the team and they play other warrior clubs. A game in Ashburn Dec. 22 pitted the USA Warriors from Maryland against the Capital Beltway Warriors. The teams also play in annual tournaments.

There are now 16 warrior teams across the U.S. The minimum requirement to play on one of the teams is a 10 percent VA disability. Some of the players are 100 percent disabled and play with prosthetics.

Some of the veterans, like Vaccaro, have been playing hockey since they were 3 years old. Dixon, however, did not pick up the sport until he was 40.

#### Ramadi RPG

In 2006 and 2007, Vaccaro was an advisor to an Iraqi Army unit in Ramadi. He and two Marines were on patrol when they were pinned down by machine-gun fire. Then an insurgent fired a rocket-propelled grenade.

"It hit the wall in front of me and knocked me back. Next thing I remember, I heard this really loud ringing in my ears and there was a Marine dragging me back into the courtyard. They were calling for air support.

"We finished the patrol," Vaccaro said, explaining aerial medical evacuation was not available. A doctor patched him up, and a couple of days later, he was back out on patrol.

After his tour in Iraq, he came back to Virginia, where he had been a reservist with the 80th Training Division. But he had PTSD issues. He decided to go to Liberia in

western Africa as a contractor to help put about 2,000 Liberian soldiers through basic training.

"I thought that would help, but I just ended up coming back with the same issues," he said. "That's another thing: You can't hide from this.

"Everybody handles PTSD in a different way. I tried the group therapy stuff and it just didn't work."

He received treatment and medication from Veterans Affairs, but the issues persisted. When he smelled fresh bread, for instance, it reminded him of the flatbread Iraqi soldiers baked every morning.

"That's a good smell," he said. But then his mind would continue to remember until he imagined the smell of an IED.

"You've got to face your fears. You've got to face your issues," he said. "I was trying to hide from it and hockey has helped me open up and talk about it."

About 10 years ago, he became involved in the firstof-its-kind USA Warrior hockey team stood up by a patient at Walter Reed Army Medical Center in Maryland.

"When I'm on the ice, things slow down; things are different," Vaccaro said.

Both he and his family noticed the difference in him after playing hockey.

"It really helped me," he said. "The first thing I said to myself when I started realizing that is, 'I've got to get other veterans involved in this.'"

So he became the national representative for USA Hockey in its Warrior division to help stand up teams. He does that in his spare time when he is not working as a civilian employee for the Army Corps of Engineers or on duty as an Army Reserve NCO.

#### Natural coach

Dixon was coaching little league baseball when he was approached by his son's hockey coach, Bobby Hill.

"He said he really liked the way I worked with the kids and he could use my help on the ice coaching," Dixon recalled.

Dixon told him he did not skate, but Hill said he could take care of that. He got Dixon out on the ice and taught him the basics of hockey.

Dixon went to adult learn-to-play sessions Wednesday evenings at Ashburn Ice House. He participated in adult pick-up games after helping coach his son's youth team.

He eventually took over as head coach of the Ashburn "Honey Badgers" peewee hockey team.

In the meantime, however, he heard of the USA Warriors hockey team and the effects it was having on disabled veterans in Maryland. He thought it would be great to bring the same benefits to veterans in northern Virginia.

#### Three pillars

The warrior hockey program aims to provide purpose, education and camaraderie that veterans miss after they separate from the service, Dixon said.

The team creates an environment that in some ways simulates being back around a military unit, said Matt Holben, alternate team captain for the Capital Beltway Warriors.

"It feels good, because you're back with the guys, you're back with the unit," he said.

"We've got members with both physical and mental disability," he added. "It's hard for them to share their story, but when you talk to them, it's just that little bit of relief they get when they're in the locker room and on the team."

"We're helping each other," Vaccaro said. "And half of the guys don't even realize we're helping each other, but that's what we're doing."

The help is not limited to the rink either, Dixon said.

There is another part to the program that informs veterans of benefits available to them and helps with issues.

Anything from service dogs to getting help building a house, to loans, and more is available, Dixon said.

"We don't do it all ourselves. We reach out to other veteran service organizations to get the help and education these guys need," he said. "We have a whole network of VSOs that we can tap into."

Vaccaro summed it up: "It's veterans helping veterans."



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Matt Holben (No. 19) of the Capital Beltway Warriors, and Joey Martell (No. 21) take the puck down ice with three members of a Congressional hockey challenge team not far behind, during an exhibition game Dec. 16, 2018 at MedStar Capitals Iceplex.

Photo by Gary Sheftick

Special Deliveries

Provided by Winn Army Community Hospital

## Healing through mental readiness

#### Zach Rehnstrom

Winn ACH Public Affairs

On any given day, Charlene Jenkins, a substance abuse counselor with the Department of Behavioral Health at Winn Army Community Hospital, supports and treats Soldiers who have experienced emotional and physical trauma as well as those who have turned to alcohol or other controlled substances.

"I really believe that when a person has been emotionally abused, emotionally traumatized, it has affected them in such a way that unless they're able to work through that, it's going to affect all of their relationships, their communication," Jenkins said.

Jenkins' mission is to help Soldiers cope with and overcome the emotional triggers (such as childhood abuse, maltreatment, neglect and bullying) that have plagued them from their pre-military life.

"When a child is bullied, it really affects their self-esteem," Jenkins said. "They grow up with that low self-esteem, and they enter adulthood with low self-esteem, and it effects them in such a way that we have to talk about that."

Talking is just the first step for Jenkins. Before she can develop a treatment plan for her Soldiers, she needs to develop a bond of trust between them. Once that trust is built, the Soldiers know they are coming to a safe space with her, where they can let down their emotional armor and be vulnerable.

See HEAL \_\_\_\_\_ Page 19

#### Benjamin Tyler Seest, a boy, 9 pounds, 13 ounces, born to Spc. Caleb AndrewSeest and Leslie Elizabeth Seest.

#### Jan. 14

Jan. 12

Patrick James Archibald Bolton-Nedd, a boy, 7 pounds, 4 ounces, born to Gregory K. Nedd and ChiefWarrant Officer Eva M. Bolton-Nedd.

**Teyana Brielle Franklin**, a girl, 6 pounds, 3 ounces, born

#### Flu shots available

to Bryce Towan Franklin and Tatijana Brishea Groover (Dependent daughter of Sgt. 1st Class Sheldon Cardell Groover).

#### Jan. 16

Gabriella Alexandra Mitchell, a girl, 6 pounds, 13 ounces, born to Spc. Keondre ChiQuon Mitchell and Da'Vonne Demetria Mitchell.

Jan. 20 Kayla R'Nae Hernandez, a girl, 9 pounds, born to Spc. Jonathan Hernandez and Jamie R'Nae Hernandez.

Amayah Prince, a girl, 8 pounds, 5 ounces, born to Staff Sgt. Jamal Prince and Alicia Prince.

Khaza Z'rias Washington, a boy, 7 pounds, 10 ounces, born to Staff Sgt. Keenan Washington and Zakiya Asante Monet Folks.

Winn Army Community Hospital holds flu shot clinics at Fort Stewart and Hunter Army Airfield commissaries, 2:30 a.m. to 6:30 p.m. Jan. 31. This clinic is open to military retirees, Tricare beneficiaries ages 6-months and older, and eligible DoD employees. There will be a 15-minute wait after the flu shot to assess for potential adverse reactions.

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## CHAPLAIN'S CORNER: SPIRITUAL LIFE IS DISCIPLINED

#### Capt. David Dyrenforth,

6-8 Cav. Chaplain

One key to meeting our goals is remaining focused on fulfilling our plan. This is true with health goals, financial goals, and all our other life goals. Accomplishing difficult tasks requires sacrifice, intentional effort, and perseverance. The military is given challenging missions and needs these qualities in its members in order to complete these missions.

Like other Soldiers, I received my indoctrination through tough training, tests of character, and the memorization of various creeds, quotes, the Army values, warrior ethos, and the three general orders. The first of the three general orders is 'I will guard everything within the limits of my post and quit my post only when properly relieved.' The Army trains Soldiers to take responsibility and remain vigilant.

These character traits are idealized in Elbert Hubbard's 1898 story, "A Message to Garcia." This story provides an embellished account of U.S. Army Lieutenant Andrew S. Rowan's will to overcome various struggles in delivering a message from President William McKinley to Gen. Calixto Garcia.

Though some of the experiences were fabricated in the book, Rowan's character reflected the military standard. The Army still seeks, trains, and promotes men and women who possess the character to complete their assigned missions.

I believe we are to see Paul's words to Timothy through the same lens. "*No one serving as a soldier gets entangled in civilian affairs, but rather tries to please his commanding officer.*" (2 Timothy 2:4 NIV)

The modern notion of Paul simply commanding Roman Soldiers to stay out of Imperial politics is unfounded. He reminded his protégé and other followers of Christ to stay focused on their mission. A good Soldier would not abandon his or her post to run errands. The opportunity to lose focus is increasing with technology.

The distractions of family, finances, entertainment, and much more are only a touchscreen away. We cannot be distracted from our vigilance on emerging enemies and possible conflicts emerging in unexpected places. The military needs a force with great capacity for sacrifice, intentional effort, and perseverance.

Just as the military demands focused determination by its members when completing its goals, our spiritual lives demand no less.

The same distractions and comforts that seduce us away from our military readiness also draw us from our spiritual bulwark. Just as it is easy in times of peace to forsake combat training, our sense of comfort and complacency can lure us into letting down our guard. C.S. Lewis reminded his readers that people are lulled into a false sense of security by evil forces in the world that seek to plunder our strength. "Enemyoccupied territory—that is what this world is. Christianity is the story of how the rightful king has landed, you might say landed in disguise, and is calling us to take part in a great campaign of sabotage." (Mere Christianity, Page 46) Spiritual vigilance requires resistance against all that distracts us from the source of our spiritual life.

The challenge is to be in the world but not of it. How do we follow the news without getting caught up in the circus? How do we care for our families without becoming possessive? How do we enjoy a hobby or entertainment without becoming consumed? How can we save our money without becoming tightfisted? How can we do our jobs well without striving for a compliment or a reward? How can we improve our health without obsessing? These questions point to the struggle of finding balance, and with it comes joy that can only come to those who remain committed to their spiritual practices with unwavering duty.

We must stay focused on our spiritual lives with the same singularity and discipline that we strive for as Soldiers. We must persist with achieving our goals. With this focus, we will stay grounded in the strength of the Lord and overcome the evil that hinders our true joy.

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#### RET Commercial Property

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Check out this amazing \$14/SF NNN annual lease opportunity within the Patriot Center just off US Highway 84. The former Armstrong Atlantic State University/ Liberty Center is 10,000 square feet perfect for a school, office or medical space. This unit features multiple classrooms, 2 large public restrooms, Lab, and Information Technology (IT) room. Call today to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

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opportunity Redevelopment minutes to the US Army Ft Stewart. This building is a steel frame building with room to expand. Building features asphalt parking and is sprinkled, interior walls can be moved. There is space to develop another structure in the back parking lot. Front building is priced at \$1.8 million and the back building is priced at \$2 million. Excellent mixed use redevelopment opportunity. Develop multi family office and retail on this site. Would make an excellent call center or university, utilities on site. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com

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846 Bradwell Street, Hinesville. \$675,000 Executive home located in the

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heart of Hinesville that features estate size lot with 5 bedrooms, 5 bathrooms, tile floor, granite counter tops, stainless steel appliances, jacuzzi tubs, huge walk-in closets & pantries, vaulted ceilings, and a 3 car garage. All furnishings are included. So many features for this elegant home! This home is fit for a King and Queen with approximately 7,428 SO FT with endless possibilities of enrichment. Quiet, kid & fur friendly neighborhood. Conveniently located near Fort Stewart Main Gate.Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



150 Godfrey Road SE Ludowici, GA 31316 - \$279,900

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49 Cuddy Lane Midway -\$219,900

Beautiful two bedroom two bath townhome located within the Merchant's Wharf community in Midway. Home features a cozy kitchen complete with counter top range. built in oven, built in microwave and breakfast bar as well as a lovely enclosed patio to sit and relax in. Townhome is located near Inner Coastal water way and provides you a place to dock your boat. The property also features a community pool to cool off on those hot Georgia days. Don't miss out on your chance to make this your dream home. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



600 Morris Street Glennville -\$93,000 REDUCED

1900 Grand home located on a corner lot in Glennville, GA. Mature pecan trees around the property. Seats on 0.96 acre of land. Brand new roof! This home with a large wrap around porch its 2,154 square foot, still has the original hardwood floors, high ceilings, 3 fireplaces, 2 bdr/1 bath on one side and a separate 1 bdr/1bath (endless possibilities) AND features a detached garage 30 x 40 with 20 ft high ceilings, a recreation area and insulated. Don't miss out on your chance to own a piece of history! Call today and schedule your personal tour! Sold as is. This grand home built in 1900 has endless possibilities to be grand once again! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com



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COUNTRY LIVING! Beautiful property in Glennville, Georgia on Lilly Lane. This 1935 built home has a 3 bdrs, 1 bath, hardwood floors, 1,560 square foot on a 2.15 acre land. Surrounded with mature pecan trees, grape vines, and beautiful landscaped land. Attached carport, several storage sheds, barn. A true country retreat off Hwy 301, close to town and Hwy 196. Call today to schedule a personal tour of your country living home! Property is being Sold-as-is. Make it yours and enjoy this home and the most beautiful country sights and sky views! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



#### 50 E. Daryl Drive Hinesville - \$174,900

Beautiful 1,865 square foot ranch style home with 4 bedroom 2 baths is conveniently located between Fort Stewart and Richmond Hill within the Baconfield subdivision. Property is positioned on a corner lot and features a 2 car garage. Call today to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



#### 665 Windhaven Drive Hinesville - \$114,900

Quaint 3 bedroom 2 bath home located within the Northwest Woods Subdivision near Fort Stewart's Gate 8. This 1239 square foot home includes living room, washer and dryer hook ups, eat in Kitchen with pantry, and a one car garage. Call today to schedule your personal tour of this can't miss home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 1006 White Oak Circle Hinesville - \$209,900

Beautiful split level home located in Hinesville within the Oak Crest Subdivision! This 5 Bedroom 3 bath home features 2 car garage, deck off the rear of the home over looking the backyard. Property is positioned in a cul-de-sac. Call today for more information on this beautiful home. Jimmy Shanken, Coldwell Banker Holtzman, REAL- TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



910 Kings Road Hinesville -\$174,900

Totally remodeled 4 bedroom 2 bath home located within the Hidden Pines Subdivision on a corner lot. Home has been updated with fresh paint though out, all new flooring, energy saving appliances which include refrigerator/freezer and dishwasher, new low flow toilets and faucets have also been added throughout the home. A reinforced roof was installed on the home July 2016 and circle driveway was recently added. Call today for more information on this beautiful home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 1116 Cornett Court Hinesville -\$129,900

Check out this four bedroom two bath brick home positioned on a cul de sac within the Belmore Phase 2 subdivision. The home features a one car garage, laminate flooring through out, laundry room with washer/drver hook ups and master bedroom on suite and walk in closet. Property is Sold as is. Call today for more information on this great opportunity. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker. com



910 Brett Drive Hinesville Condo #132 - \$44,900

Check out this great investment opportunity located within the Summerwind Condos in Hinesville, GA. This 2 bedroom 2 bath town home features refrigerator, rang/oven, disposal, and dishwasher. Community is positioned near the Oglethorpe Shopping Center and just moments from Fort Stewart. Property is sold as is. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



**Condo #133 - \$44,900** Check out this great investment opportunity located within the

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919 Mandarin Drive Hinesville - \$114,900

Check out this quaint home within the Millard Village Subdivision in Hinesville, Georgia. This three bedroom two bath home features vinyl plank flooring, freshly painted walls, a one car garage and the roof is approximately two years old. Call today to schedule your personal tour. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



186 Carlyene Drive Midway -\$159,000

An Immaculate charming retreat located on Lake Rosalind! This great home is perfect to enjoy the sunrise or sunset sitting on the deck that overlooks the pristine water of Lake Rosalind. Lake is perfect for water activities to include fishing. Great backyard for family gatherings or guiet cookouts. This immaculate 2 bedroom, 2 bathrooms, open floor plan is the perfect setting to come to after a long day at work or in the city. Large concrete driveway, landscaped, large laundry room, lots of room to build. Located just 16 minutes to Fort Stewart, Hinesville shopping and restaurant areas. Just minutes to I-95 and Richmond Hill. Jimmy Shanken,

Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



508 Wellington Way, Hinesville - \$179,900

Charming 3 Bedroom 2 bath home in the Arlington Park Subdivision is ready to be yours! Home features an eat-in kitchen, fireplace, 2-car garage, and a fenced backyard. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



666 Windhaven Drive Hinesville - \$97,400

Cozy 1,164 square foot 3 bedroom 2 bath home located with in the Northwest Woods subdivision. Don't miss out on your chance at this gem. Jimmy Shanken, Coldwell Banker Holtzman,REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



Hinesville - \$158,000

Check out this gorgeous-well maintained 3 bedroom 2 bath home located in the Parish Crossing Subsivision, just outside Hinesville's city limits, so no city taxes! This home features a 2 car garage, open concept floor plan, sprinkler system and spacious backvard. Don't hesitate call today to schedule your personal tour this spectacular home! Jimmy Shanken, Coldwell Banker Holtz-912-368-4300 man,REALTORS, or 912-977-4733 or email jimmy. shanken@coldwellbanker.com



435 Arlington Drive, Hinesville - \$187,400



**104 Briskhaven Court Hinesville - \$129,900** Take a look at this must see home! Cozy 3 bedroom 2 bath brick

home sits on a cul de sac in the Windhaven Subdivision. Home offers a fireplace in the living room and a walk-in closet with a double vanity in the master bedroom. Home features a one car garage and a fenced backyard surrounded by trees that provide a welcoming shade and serene view. Just outside Fort Stewart gate #8 and close to schools and shopping. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



1253 Peacock Trail Hinesville -\$172,400

Beautiful 1,922 Square foot 3 bedroom 2 bath home located in Hinesville Georgia within the Oak Crest community. This home features a 2 car Garage and beautiful covered front and back porch. Call today to schedule your personal tour of this can't miss gem. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



#### 961 Oak Crest Drive Hinesville - \$239,900

Beautiful two story four bedroom three bath home located in Hinesville, GA.This hidden gem comes with a beautiful landscaped yard and vinyl privacy fenced backvard is tucked away in The Oak Crest Subdivision with the feel of quiet suburban life but close to the convenience of city living. Home features a custom built kitchen, vinyl planked floors, grand arched doorways through out the main floor, on the second floor you will find a spacious mater bedroom with a little nook perfect for office space, and vaulted ceilings throughout. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com

#### LAND/LOTS FOR SALE

0 Shyam Road - Hinesville -\$750,000. Seven (7) acres of commercial potential. Located just off of US Hwy 84 in Hinesville. Centrally located between Fort Stewart Gates one (1), two (2) and three (3). There are thirty thousand six hundred and fifty (30,650) V.P.D. May also access from Sandy Run Drive. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken @coldwellbanker.com

12746 East Oglethorpe Highway, Midway - \$69,900. Excellent Commercial Opportunity near the proposed Midway City Hall. This location is convenient to 195 and Ft.Stewart zoned IC. Perfect for retail , fuel, or restaurant. Jimmy Shanken, Coldwell Banker Holtzman,-REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

#### 0 Cattle Hammock Road, Mid-

way – \$299,900. 9.10 acres of pristine deep waterfront +/- 270 liner feet marsh and deep water front. 10 minutes to 195 Exit 76. Seller has dock permit. Amazing views! Convenient to Savannah, Bruinswick, and Jacksonville, FL. Features: – Paved Road Access, +/- 270 LF Deep Water Frontage, Dock Permit in hand, 10 minutes to 195. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

**0 Oglethorpe Hwy Hinesville** - **\$39,900.** Unrestricted lot in Midway. 12 acres at a great price. Houses and manufactured homes are okay. Located minutes from Fort Stewart, Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

0 Willowbrook Drive, Hinesville

- \$499,900. Incredible opportunity to own a parcel inside the city limits of Hinesville that is correctly zoned and engineered for a multi-family development. Located off Veteran's Parkway and EG Miles parkway centrally located between Fort Stewart Gate 8 and Walmart, Lowes, and the TJ Maxx Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

Lot 1 Spartina Way, Midway - \$85,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

Lot 14 Spartina Way, Midway - \$75,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

Lot 9 Youmans Road, Midway -\$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

Lot 10 Youmans Road, Midway \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

#### 504 West Oglethorpe Highway Hinesville, GA 31313 - \$295,000

Commercial Development opportunity at the center of Hinesville retail corridor. This interior lot has 130 LF of road frontage at the traffic signal at the Intersection of Oglethorpe Hwy. This site has 35,800 vehicles per day. Adjoining parcels avail.

Tenant Occupied. Please do not disturb the tenant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

#### 648 South Main Street Hinesville, GA 31313 - \$39,000

Great multi-family opportunity near the proposed new super Kroger and TJ Max Retail developments. Centrally located between Fort. Stewart gates 1 & 8. Convenient to all gates. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 2 Woodstork Way - \$29,000 Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. \$29,000. Call us for a personal tour today! Co-Listed with Nichole Gaskin 912-610-8304. 1.07 acres.

Lot3 Woodstork Way - \$29,000 Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. 2.6 to 5 acres. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

595 Lake Rosalind Midway \$95,000 Dr, A truly rare find. 2.48 acres on Lake Rodalind Dr. This listing includes two lots with two wells, two septics, four driveways, and a pond. Land is in the Isles Of Wright area. There is also an inhabitable mobile home on the property that would need to be removed. There is also a metal framed building which was never completed. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

**1acre John Wells Rd. \$20,000** Less than ten minutes to Fort Stewart Gate 7! Quiet country setting on a paved road. Man-

#### JANUARY 24, 2018 THE FRONTLINE 17

ufactured homes ok. Non re-

stricted lots. Jimmy Shanken,

Coldwell Banker Holtzman,

REALTORS, 912-368-4300 or

912-977-4733 or email jimmy.

shanken@coldwellbanker.com

2.25 Acre home site located in

Long County Restricted to stick

built homes, paved road access.

Excellent opportunity to build

vour dream home. Jimmy Shan-

ken, Coldwell Banker Holtzman,

REALTORS, 912-368-4300 or

912-977-4733 or email jimmy.

2 acres of property that is less

than ten minutes to Fort Stew-

art Gate 7! Culvert in place man-

ufactured homes okay. Quiet

country setting on a paved

road! Jimmy Shanken, Coldwell

Banker Holtzman, REALTORS,

912-368-4300 or 912-977-4733

or email jimmy.shanken@cold-

103 Ralph Quarterman Road,

Hinesville - \$99,900. Excel-

lent Development opportu-

nity.Located across from the

new Oglethorpe square. Jim-

my Shanken, Coldwell Banker

Holtzman, REALTORS. 912-977-

4733. jimmy.shanken@coldwell-

12.78 AC Veterans Memo-

\$2,364,300. 12.78 Acres devel-

opmental land. Great location

on Veterans Parkway & South

main. Can be combined with

other parcels to total 18.46

acres. Located in a rapidly grow-

ing retail area within 0.25 miles

of the new TJ Maxx, Dicks Sport-

ing Goods, Hobby Lobby, and

Ulta. Jimmy Shanken, Coldwell

Banker Holtzman, REALTORS.

912-977-4733. jimmy.shanken@

0.24 Acre Veterans Memo-

rial Parkway, Hinesville -

\$225,000. Last available front-

age road on drive home side

of Veterans Parkway zoned C-2.

Off site water retention includ-

ed. Owners are licensed Real Es-

tate Brokers in the state of Geor-

gia. Jimmy Shanken, Coldwell

Banker Holtzman, REALTORS.

912-977-4733. jimmy.shanken@

Excellent hotel/restaurant site

located next to La Ouinta in

Flemington. Parcel has offsite

water retention. Owners will

subdivide. Owners are licensed

Real Estate Brokers in the state

of Georgia. Jimmy Shanken,

Coldwell Banker Holtzman, RE-

ALTORS. 912-977-4733. jimmy.

shanken@coldwellbanker.com

0 E. Oglethorpe Highway,

Hinesville - \$3,000,000.

coldwellbanker.com

coldwellbanker.com

rial Parkway, Hinesville

shanken@coldwellbanker.com

Lot 17 Moody Bridge Road,

Ludowici - \$32,500

2 acres John Wells

Road - \$25,000

wellbanker.com

banker.com

**777** Veterans Memorial Parkway, Hinesville -\$395,000. Last available frontage on drive home side of veterans parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

**734 E. General Stewart Way, Hinesville - \$395,000**. PROP-ERTY ZONED C2. Lot is located between the Coldwell Banker Holtzman Realtors building and the Patriot Center on General Stewart Way. Owners are licensed Real Estate Brokers in the state of Georgia. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@ coldwellbanker.com

#### 625 Carter Road Walthourville, GA 31333 - \$349,900

Multi-family Development Opportunity! 8.756 acres of land available to build a home or mobile homes. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center! Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



The Shanken Team REALTORS® Jimmy and Brigitte Shanken Nikki Gaskin

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Brigitte Cabeza Shanken, Associate Broker CIP, RSPS, AHWD 912-222-8279 (cell) Brigitte.shanken@coldwellbanker.com

Nichole Gaskin, Realtor<sup>®</sup> 912-610-8304 Nichole.gaskin@coldwellbanker.com



730 General Stewart Way, Hinesville 912-368-4300 HOLTZMAN, REALTORS

## Army wargames shape the future of urban warfare

Audra Calloway Army News Service

**WASHINGTON** -- Civil unrest. Loss of communications. Narrow, congested roadways. No line of sight on the enemy.

These are some of the conditions that shape the nature of fighting in dense urban areas now and into the future.

But with technology and the world changing so rapidly, how will Soldiers operate? What weapons and equipment will they carry?

Dozens of participants, including service members, engineers, academia, and experts from numerous Defense Department and government organizations, have joined in a working group to strategically determine where best to invest in order to shape future capabilities.

The working group is the U.S Army Subterranean and Dense Urban Environment Materiel Developer Community of Practice and is led by the U.S. Army Research, Development, and Engineering Command.

"For the last couple of years, we have brought both the materiel developers and the operational side of the Army, as well as the other services and other nations, together to run through a series of workshops to examine the specific complexities and challenges of fighting in a dense urban environment," explained Tony Sebasto, Center Executive Director, Enterprise and Systems Integration Center within the Armament Research, Development and Engineering Center.

Sebasto is also the RDECOM directed lead for the Community of Practice.

"My end state is to be able to demonstrate to Army leadership potential near, mid, and possible far-term technologies that can provide capabilities to enhance warfighting capabilities in subterranean and dense urban environments," said Sebasto.

By examining the unique conditions of dense urban operational environments in three prior workshops, the group established the problems, conditions, and challenges of fighting in this environment.

Now, in this fourth "table top" exercise, the participants evaluated future materiel solution capabilities.

#### **Role of Future Tech**

As part of the table top exercises in

Washington, D.C., Soldiers and Marines were divided into friendly and enemy forces to "war game" how they would fight in dense urban areas using current equipment, compared to how they could fight more effectively when using about 48 different experimental future technologies.

The experimental capabilities were materiel solutions developed in prior workshops that the group determined could help Soldiers and Marines in dense urban environments.

For example, using sensors that can be attached to the outside wall of buildings, enabling the Soldiers and Marines to determine the interior layout.

Over the three-day, table-top exercise, varying situation exercises, which the working group specifically developed after studying tactical and operational urban problems and conditions in prior workshops, were presented in a fictitious urban city called "Solago."

Each situation exercise was broken down into a complex, myriad of unit tasks that had to be accomplished to achieve mission success.

According to the U.S. Army Chief of Staff, Gen. Mark Milley, social scientists predict that by 2050 about 90 percent of Earth's projected population of more than eight billion people will likely live in highly dense, complex urban areas.

As a result of that demographic shift, it's probable that armed conflict will occur in those areas, which have unique challenges, such as high rise buildings that obscure line of sight on the enemy, and troops sharing limited bandwidth with the civilian populations, which will restrict communications.

"Everything that Marine formations or Army formations have to do is more difficult when you take it into an urban environment," explained Marine Corps Brig. Gen. Christian F. Wortman, Commanding General, Marine Corps Warfighting Laboratory; Director, Futures Directorate; and Vice Chief of Naval Research.

"Across the warfighting functions --whether its intelligence, surveillance or reconnaissance, collections, maneuver, force protection, command and control, logistics and sustainment--all of those things are complicated and challenged by the compartmentalized terrain that's present in the urban environment and the three-dimensional nature of the urban environment, which can include the subterranean environment."

Wortman said applying new, novel technical solutions is appealing because it helps the military overcome some of the challenges associated with those complexities.

"And we know that this is an area where it's profitable to apply unmanned autonomous systems, manned and unmanned teaming, proliferated sensors, new command and control tools, new tools in terms of robotics systems and capabilities so that we can get Soldiers and Marines out of the highest hazard area and preserve the lives and well beings of our Soldiers and Marines," Wortman said.

#### Warfighter Feedback

"Overall, we've been asked to provide our subject matter expertise as it relates to dense urban environments over nine different scenarios," explained Lt. Col. Calvin Kroeger, Battalion Commander, 35th Engineering Battalion.

Kroeger served as a battalion commander for one of the blue, or friendly, teams during the exercise.

The Soldiers and Marines played out scenarios such as a high intensity fight, a traditional counter-insurgency and a security forces assisted mission, all under the conditions of a megacity.

Some issues Kroeger's team dealt with included combating enemy social media campaigns, communicating underground in a subterranean environment, and assessing the second and third order effects of engaging the enemy with lethal munitions that could impact local power, gas and water networks.

"How we employ our capabilities changes as you move from a high rise platform to urban cannons," he explained. "But you're also looking at everything under the ground as well, where you can't use a conventional means like a mortar system to shape the battlefield so that the enemy doesn't shape it for you."

While challenging, these combat environments are expected to be prevalent in the future.

"It's where we're going to be fighting in the future. We're not going to be in a flat, somewhat unrestricted desert or a mountainous environment. We're going to be in large megacity areas, where we're going to have to be able to fight into trying to defeat the enemy under those circumstances and environments," Kroeger said.

"This (exercise) will help shape and drive the materiel development of the overall way forward on solution sets that other teammates have proposed in the previous months."



Photo by Nathan Vest

Capt. Kiona Zappe, who was working Special Forces, Civil Affairs, and Psychological Operations for the exercise, explains the blue, or friendly forces, decisions during the senior leader outbrief.

## Soldier Center tests new Army combat boot prototypes

#### **RDECOM**

Soldier Center Public Affairs

**NATICK, Massachuetts.** -- The U.S. Army Research, Development and Engineering Command Soldier Center at Natick is testing new Army combat boot prototypes at three different basic training and active duty installations over the next four months. The effort will gather Soldier feedback toward development of improved footwear.

The Army's current inventory of boots includes seven different styles designed for different environments and climates. The boots issued initially to recruits are the hot weather and temperate weather Army combat boots. Requirements for these are managed by the Army uniform board as part of the recruit "clothing bag." The program executive office Soldier's project manager Soldier protection and individual equipment maintains and updates the specifications for both boots.

The current generation of Army combat boots has not undergone substantial technical or material changes since 2010. New material and technologies now exist that may improve physical performance and increase Soldier comfort.

"Great strides have been made recently in the Army's environment specific footwear, for jungle, mountain, or cold weather locations, but there is substantial room for improvement in the general purpose boots which are issued to new recruits," explains Anita Perkins, RDECOM Soldier Center footwear research engineer and technical lead for the Army combat boot improvement effort.

Surveys conducted by the Soldier Center report Soldier satisfaction with ACBs is lower than that with commercial-off-the-shelf, or COTS, boots, leading many Soldiers

to purchase and wear COTS boots.

"The survey of over 14,000 Soldiers world-wide discovered that almost 50% choose to wear COTS combat boots instead of Army-issued boots," Perkins said. "Many Soldiers reported choosing combat boots from the commercial market because the COTS boots are lighter, more flexible, require less break-in time, and feel more like athletic shoes than traditional combat boots or work boots. Unfortunately, these characteristics often come at the cost of durability and protection."

The Soldier Center's footwear performance team believes new technologies can bridge the gap between the lightweight, comfortable, COTS boots and the durable, protective, Army boots. Recent advancements in synthetic materials and rapid prototyping can produce a boot with potentially the same protection, support, and durability of current Army boots, but lighter and more comfortable out of the box. To reach this goal, the Soldier Center is evaluating new types of leather and even some man-made materials which are much more flexible than the heavy-duty, cattle hide leather used in the current boots.

"Also included in the prototypes we are testing are new types of rubber and outsole designs, which are more than 30 percent lighter than the outsoles on the current boots," said Al Adams, team leader for the Soldier Clothing and Configuration Management Team at the Soldier Center.

When working with industry to develop the prototype boots for this effort, Adams and Perkins put an emphasis on cutting weight. The boots being tested are up to 1.5 pounds lighter per pair than the ACBs currently being issued.

"In terms of energy expenditure or calories burned,

1-pound of weight at the feet is equivalent to four-pounds in your rucksack," Adams said.

The test boots will be fitted and fielded to 800 basic trainees at Fort Leonard Wood, Missouri and Fort Jackson, South Carolina, followed by 800 pairs going to infantry Soldiers at Fort Bliss, Texas. The Soldier Center team will be hand-fitting each pair of prototype boots throughout the month of January and then return in March and April to collect surveys and conduct focus groups to gather specific feedback.

"Soldiers live in their boots and many will tell you that there is no piece of equipment more important to their lethality and readiness," said Adams. "A bad pair of boots will ruin a Soldier's day and possibly result in injuries, so we really believe that each of these prototype boots have the potential to improve the lives of Soldiers".

Simultaneous to the field testing, lab testing will be conducted on the boots at the Soldier Center to quantify characteristics like flexibility, cushioning, cut/abrasion resistance, and breathability. The combination of lab testing and Soldier recommendations will identify Soldier-desired improvements to the boot prototypes and rank the state-of-the-art materials and designs for Soldier acceptance, durability, and safety. The Soldier Center will then provide recommendations to PM SPIE and the Army Uniform Board to drive the next generation of Army combat boots.

"The development of new boots take advantage of the latest materials technology, and are functional and comfortable, is critical to ensuring that our Soldiers are ready to fight and win in any environment," said Doug Tamilio, director of the RDECOM Soldier Center. "Soldiers are the Army's greatest asset, and we owe it to them to make them more lethal to win our nation's wars."



Photo by Zach Rehnstrom

Fort Stewart, Department of Behavioral Health, substance abuse counselor Charlene Jenkins supports Soldiers and their Families through her vocation.

#### HEAL From Page 13

"That is why it is so important," Jenkins said. "Cognitive behavioral therapy, cognitive restructuring, helping them to think differently because what other people say to us about us, we believe those negative things . . . and then because we believe those negative things, we begin to carry ourselves in such a way that it's like 'ok well, what they said about me must be true.' "

It can be a daunting process to combating negative perception, especially when it involves a Soldier's own self worth, one that Jenkins gladly perseveres through to help her Soldiers heal.

"I look forward to helping, and I want to see their lives improve," Jenkins said. "I don't want anyone to come to my office and to meet with me for six weeks, six months, and they're not better at the end of our sessions. I don't want that. I want to see someone improve."

Jenkins' goal as a substance abuse counselor is to help Soldiers heal and acknowledge their self worth, assisting them in surpassing their goals and maintaining readiness.

Since becoming a substance abuse counselor at Winn, Jenkins has developed many tools and techniques to raise awareness against emotional trauma, bullying and negative perception. She has even gone so far as to compose, sing, and implement an anti-bullying anthem for a friend who was spearheading the first Hinesville anti-bullying rally.

"I called her, and I sang the first stanza, and she was in tears on the phone, and so I knew ok ... I need to finish this song this week," Jenkins said.

For Jenkins, the song came from a special place in her heart, but also from the duty she feels to help others as a behavioral health counselor and social worker.

"Even though my case load may consist of Soldiers, well, those Soldiers have children. Those Soldiers have families, and if I can just help provide some positive message to those children, well those children might not end up in my office one day or might not end up needing behavioral health counseling one day."

Jenkins supports Soldiers and their families through her vocation, whether by supporting mission readiness at Winn or collaborating with the community to promote anti-bullying awareness.

#### Photo by Spc. Matthew Williams

A Interim Armored Vehicle (Stryker) of 9th Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 3rd Infantry Division enters the first engagement area Jan. 15, at Fort Stewart. This is where teams get their first target engagements to enhance aim before moving on to the graded portion of the range.

> BP 6

# 9th BEB takes Stryker through gunnery



A Interim Armored Vehicle of 9th BEB, 2ABCT, 3rd ID, gets cleared off the range by Staff Sgt. Ronald Brooks of 3rd Battalion, 15th Infantry Regiment Jan. 15, at Fort Stewart. Clearing the vehicle of ammunition ensures that there are no misfires or accidents once off the range



A Interim Armored Vehicle of 9th BEB, 2ABCT, 3rd ID, engaged enemy combatants down range Jan. 15, at Fort Stewart.