

# DAYLIGHT SAVING BEGINS

SET CLOCKS AHEAD 1 HOUR BEFORE

BED SATURDAY NIGHT

Community members share time-saving tips, page 2A.

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**MARCH 8. 2018** 

#### FRONT PAGE BRIEFS

#### Women's History Month Observed

The 3rd Infantry Division Equal Opportunity Office presents the Women's History Month Observance "Nevertheless, She persisted", March 21, 11:30 a.m. to 12:30 p.m., at Club Stewart. The point of contact is Sgt. 1st Class Dezonie, Christine, at Christine.a.Dezonie. mil@mail.mil.



#### Get a scholarship

During fiscal year 2017 Army Emergency Relief awarded scholarships to 18 Children totaling \$40,400 and 65 Spouses totaling \$201,408, which assisted in their educational endeavors. Visit the AER website at *www*. aerhq.org. Read all the instructions and complete the on-line registration prior to the deadline date. For more details, please call 912 767-5058 or 315-6816.

#### **Health Promotion Needs Survey**

The Fort Stewart-Hunter Army Airfield Community Health Promotion Council requests support for a marketing survey regarding installation support agency services and health awareness. Soldiers, DA Civilians and community members are encouraged to take a short, anonymous survey. The link is at https://usaphcapps. amedd.army.mil/ Survey/ se/251137450C623A9D. For more information, call 912 435-9730.



Sgt. Joseph Truckley

Spc. Tyree Turnage (left) United States Southern Command and Spc. Deiondra Fernandez (middle), 385th MP Battalion, come across the finish line duringof the equipment run with support from their squad and senior group leader, Staff Sgt. Brian Gougler (right), during Basic Leader Course 04-18 at Fort Stewart, March 2.

# **Future NCOs work together**

#### Sgt. Joseph Truckley 50th PAD

Students at the Noncommissioned Officer Academy, attending the Basic Leader Course, conducted an equipment run, March 2, at Fort Stewart.

The purpose of the run was to build cohesion among the students by requiring them to work together while enduring the stress of added equipment, terrain and conditions to

water, while maintaining their assigned weapons.

Eight squads of 16 Soldiers ran two miles with litters, through rough terrain and knee deep puddles of water, while maintaining accountability of everyone in the team at all times.

"When the students start the run, some of them are overzealous and start out fast, but then you see them realize they need to band together and utilize teamwork," said 1st Sgt. two small tires and one large log, weighing more than 75 pounds. The squads then strategized how to get the equipment back to the starting point as a team.

"The equipment run is great because it adds load carrying equipment to their bodies," said Sgt. 1st Class Thomas Appledorn, small group leader from 2nd platoon, Noncommissioned Officer Academy. "It is more what they ought to be looking towards down the road with the combat-driven physical fitness. It forces them to think critically and problem solve on how they want to carry the equipment as effectively as they possibly can."

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accomplish the mission.

The Soldiers conducted the four-mile run wearing their combat uniform, boots, fighting load carrier and two canteens filled with

See NCOA



Michael Garcia, BLC chief.

Once the squads reached the two-mile turn-around point, they collected two short logs, weighing between 40 and 50 pounds,

Page 3A

# 385th MPS hold CoR

Sgt. Joseph Truckley Command Incoming Sqt. Maj. Jonathan Emerick addresses the audience for the first time as the command sergeant major of the 385th Military Police Battalion March 5, 2018 at Fort Stewart, during a change of responsibility ceremony. The 385th MP BN is responsible for providing base security and law enforcement duties for Fort Stewart and Hunter Army Airfield. See more on Page 6A.

# **Review the Blended Retirement option**

Lisa Ferdinando DoD News

Last June, the Defense Department launched a comparison calculator for eligible service members to analyze their estimated retirement benefits under the legacy system and the new Blended Retirement System, at http://militarypay.defense. gov/Calculators/BRS.

The tool walks members through five screens, allowing users to adjust 12 data fields and compare benefit scenarios under both systems, Air Force Maj. Michael Odle, the Defense

See OPTION

Department's assistant director of military compensation policy, explained.

The calculator is aimed at helping eligible members make the best decision about whether to remain in the current retirement plan, known as the High-3 System, or opt into the Blended Retirement System, which went into effect Jan. 1, he said.

Eligible service members have until Dec. 31, to enroll in the new system. Military members who enter service on or after Jan. 1 will automatically be enrolled in the BRS.

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11512 Abercorn St. Savannah, GA 912-927-7070

#### 2A THE FRONTLINE MARCH 8, 2018



Sgt. 1st Class Ben K. Navratil

Soldiers of STB, 3rd ID RSSB dance during a Black History Month observance at Bagram Airfield, Afghanistan, Feb 21. The dance, choreographed by Sgt. 1st Class Latrice Brenson, 3rd ID RSSB Senior Supply Noncommissioned Officer, was a tribute to the challenges overcome by African-Americans in order to bravely serve the country.

# STB holds Black History ceremony

#### Sgt. 1st Class Ben K. Navratil 3rd IDSB Public Affairs

Soldiers of Special Troops Battalion, 3rd Infantry **Division Resolute Support Sustainment** 

Brigade hosted a Black History Month observance at the Freedom Chapel on Bagram Airfield, Afghanistan, Feb. 21.

The event, themed "African-Americans in Wartime," featured a keynotes speaker, the stories of Black US service members from the past, and a dance performance.

"The performance symbolized how we overcame slavery and now we're able to serve our country with our brothers and sisters," said Cpl. Dominique Smith, the administrative assistant to the 3rd Inf. Div. RSSB command sergeant major, who performed in the dance.

Though the performance was only a few minutes long, it features clips of music ranging from tradi-

tional spirituals from the slavery era to modern day hip hop, and a quotation from Martin Luther King, Jr.

"I wanted to capture the struggles that African Americans had to overcome in order to serve in the military," said Sgt. 1st Class Latrice Brenson, the brigade Senior Supply Noncommissioned Officer who choreographed the performance, "while showcasing the pride in our history in the form of dance."

Though Brenson took the lead, the final product was a team effort for all the dancers.

"We all collectively came together to add our little tweaks to it," said Smith, "but it was [Brenson's] whole visual idea."

Brenson, Smith and the rest of the Soldiers who performed spent hours practicing their moves, in addition to their regular duties working to supply and sustain the US and coalition forces throughout Afghanistan.

"It took a lot of effort," said Smith, "and a lot of late nights."

# Careers available in cyber intelligence

#### Katie Lange

DoD News, Defense Media Activity

**WASHINGTON** -- Cyber threats have become such a growing concern that U.S. Cyber Command was recently elevated to a unified combatant command. The work force that combats these threats is growing, too, and while you might think your career choice doesn't fit into that world, you might be mistaken. Missouri Army National Guard 1st Lt. Kristi Cook is a cyber threat intelligence officer, but that's not a career she initially considered. She's a historian by trade, having gotten her master's degree in 2012. She got her commission then, too, and that's when her commander threw a career curveball at her.

to do with what cyber operations are actually taking place," she said. "I'm telling the team what's going on so we know what to be on the lookout for as we're conducting our cyber operations from day to day."

Cook was planning to go back to school to get her doctorate in history, but she chose a different direction because of her National Guard job.

## Marne Voices Speak Out

#### Daylight Saving begins Sunday. Do you have a time-saving tip?



"You can save time by prepping your stuff for the next day in advance."

**Chris Fletcher** Fort Stewart PAO

"Wake up earlier. Get ready earlier so you can beat traffic and get to work on time."

Sgt. Michael Flak DHHB, G-3





"I lay out my son's clothes the night before."

Sgt. Ashley Rohrbach DHHB. G1

"Always plan ahead. You don't want to shoot from the hip. Have a Plan A and Plan B."

**CW4 Jose Olivieri** DHHB, Ops





"Always keep a list of your goals, tasks and priorities; so you can better prepare for them."

Capt. James Loxsom DHHB, PMO

**3RD INFANTRY DIVISION COMMANDER** SENIOR COMMANDER STEWART-HUNTER MAJ. GEN. LEOPOLDO QUINTAS

USAG FORT STEWART-HUNTER ARMY AIRFIELD COMMANDER

COL. JASON A. WOLTER

HUNTER ARMY AIRFIELD COMMANDER

"Lt. Col. [William J.] Banwell asked if I'd be interested in trying cyber," Cook remembered. "I told him, 'Sir, I don't know if I'm the kind of person you want touching computers. I don't do a whole lot of that."

But she said her history studies actually related to the cyber world, and she began to like the job because it's innovative, flexible and cutting-edge.

"I'm actually tracking our threats. What's going on in the news and politics today has everything

"I realized how much I really loved being here and what I was doing," she said of choosing to pull out of the doctoral program. "I went straight into working for a managed security services company, where I did threat detection for them. From there, I went to a couple more jobs where I got more technical, and that's how I ended up where I am now, doing cyber threat intelligence."

Nowadays, she gets cyber training from both jobs.

"I think that really benefits me in my civilian career, as well as the team as a whole here," she said.

More women are coming into the field, too -something she welcomes.

"If you're interested in it, definitely talk to someone. Reach out," Cook said. "If you have the passion and drive for it, we definitely think that's the type of person that needs to be here."



Courtesy photo

Missouri Army National Guard 1st Lt. Kristi Cook is a cyber intelligence officer with U.S. Cyber Command.

LT. COL. KENNETH M. DWYER

## THE FRONTLINE

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Write a letter to the editor Send to: The Frontline Attn: The Frontline, Editor 942 Dr. Ben Hall Place, suite 1087 Fort Stewart, Ga. 31314 or email to: usarmy.stewart.3-id.list.paofrontline-news-desk@mail.mil or fax it to 912-767-6673 visit www.stewartfrontline.com

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Photos By Sgt. Joseph Truckley

Students from Basic Leader Course 04-18 run together coming back from the equipment pickup site during the cycle's equipment run March 2 at Fort Stewart. The equipment run promotes squad-level cohesion that has Soldiers working together to complete the mission by enduring the added weight and stress of the equipment as a unit rather than individually.





Above, and group leader watches students from Basic Leader Course, as they run as a team with a log and March 2, during an equpment run on

NCOA

From Page 1A

Spc. Ogechukwu Ariwodo, a combat medic assigned to the 703rd Brigade Support Battalion, 2nd Armored Brigade Combat Team, attested to the solidarity the event created between the members of his squad.

"Initially, the equipment run was very daunting. But we worked together as a team," said Ariwodo. "We motivated everyone in our squad to finish the run."

"Comradery is built through misery, and sharing that event together strengthens the bonds of Soldiers in general," Garcia said. "They face challenges that they need to overcome, which builds that unit cohesion."

The students conducted two runs to prepare them for the rigors of this event. The first run was squad-level, followed by an ability group terrain run based on their one-mile run times.

When asked what advice he would give to Soldiers preparing to go to this leadership course, Ariwodo said if students talk-the-talk to make sure they can walk-the-walk.

"Bring the motivation, because that will help you get through the difficult parts of the school and make sure you bring two scoops of 'hooah,'" Ariwodo added.

BLC class 04-18 will conduct their situation training exercise, March 9-12. The squads will be required to apply collective reasoning to solve problems. Once complete with the STX, the class of 127 students will graduate March 15 on Cottrell Field at Fort Stewart.

Cpl. Shawn Ponthieux, 1st Combined Arms Battalion, 64th Armor Regiment, 2nd Armored Brigade Combat Team, 3rd ID and Spc. Roosevelt Brooks, 385th Military Police Battalion, carry a short log through the mud during an equipment run at the Noncommissioned Officer Academy at Fort



Students work together to carry the additional weight of the equipment during the cycle's equipment run March 2.

# Spartan Sappers explode with courage

#### **Spc. Robert Winns** 2ABCT Public Affairs

Combat engineers with the 9th Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 3rd Infantry Division, conducted a demolition range at Fort Stewart, Feb. 27 through March 1.

The engineers trained as part of an exercise to increase their confidence and proficiency with the employment of manufactured and improvised explosive devices.

"This is what we do as engineers, said 1st Lt. Erik Allerson, platoon leader of 3rd platoon, B Company. "When assets aren't available, we need to improvise and provide demolition support to the maneuver units in our brigade."

During the three day range, the combat engineers integrated demolitions into their mobility, countermobility and survivability skill training. The training included breaching in an urban setting, constructing an improvised claymore, and fracturing concrete structures.

Squads received an order brief prior to each skill and executed a practice breach at full speed prior to prepping demolitions and executing live improvised blasts. After completing the rehearsal, they received a scenario/diagram at an improvised claymore site and were required to plan and brief the best way to utilize a claymore said Allerson.

"It's important to do this training because we're in a field environment teaching soldiers things that they need to know," said Sgt. Aaron Black, a combat engineer with 9th BEB. "When we deploy, we will know what to do and execute."

On a combat deployment, a combat engineer's main mission is to provide close combat support for the accompanying ground unit. By employing explosive devices, a combat engineer can enhance the mobility and survivability in a combat environment.



Photo by Pfc. Regan Riggs



Soldiers of 9th BEB, 2ABCT, 3rd ID, breach a wooden door using improvised explosives Feb. 27 at Fort Stewart. The engineers were tested on their ability to construct improvised claymore mines and defend their position given an abbreviated planning window.

Sgt. Aaron Black, a combat engineer assigned to Co. B, 9th BEB, 2ABCT, 3rd ID, inspects an improvised claymore mine for deficiencies Feb. 27, at Fort Stewart.



Photo by Sgt. Ian Thompson

A squad of combat engineers assigned to Co. B, 9th BEB, 2ABCt, 3rd ID, prepare demolition charges Feb. 27, at Fort Stewart. The engineers constructed flex linear charges, which are used to breach doors and walls to gain access to structures.

# GaANG MATE site works under Radar

#### Special to the Frontline

When compared to regular Army units the National Guard has a bit of a challenge to squeeze as much work as they can into a two-day training weekend.

"Sometimes it becomes difficult to meet the minimum run times on certain equipment," said Greg Janeczek, U.S. Army Communications-Electronics Command Logistics Assistance Representative at Fort Stewart. "Especially the radar systems. As a result, the Georgia Army National Guard Mobilization And Training Equipment Site has become much more involved in maintaining and repairing these Radar and IEW Systems."

Janeczek notes he expects the new AN/TPQ-50 radar systems will eventually completely replace the larger and much older AN/TPQ-36 radars, which were originally developed in the 1970s. "These early radar systems saw action in Vietnam - upgraded many times, by employing new technologies," he said.

But he did note, though old, they remained extremely accurate.

He said no matter the system, he believed the MATE site mechanics were up to the task. Janeczek added the MATES shop foreman, Warrant Officer Adam Stokes, has been instrumental in coordinating the efforts with maintaining the radar systems, whether ordering parts or troubleshooting.

"There is no doubt in my mind that with his continued expert leadership and the efforts of dedicated National Guard soldiers like Sgt. David Mitchell and Spc. Alvin Hick, the National Guard IEW and radar equipment will operate at a much higher state of readiness," he said.



Courtesy Photo

Georgia Army National Guard MATES soldiers troubleshoot and make repairs to an AN/TPQ-50 Radar System. Sgt. David Mitchell and Spc. Alvin Hick combine their talents and effort to make short work of the repair on this new lightweight radar system.

#### See OPTION — From Page 1A

The tool is meant to provide flexibility so members can compare estimated benefits under a variety of situations, said Steve Galing, the lead analyst in the Defense Military Personnel Policy Analytical Directorate.

Members are advised to consult with a financial professional, he said. "This is a personal decision," he added. "There are a lot of various resources available to our members, but ultimately it is up to the member."

#### **DoD-Endorsed Calculator**

The calculator is a comprehensive tool designed to take into account the unique financial situations of all who serve -- active duty, National Guard members and reservists, Odle said, and it's designed to be used in conjunction with the mandatory BRS opt-in course.

This comparison calculator is the only comparison tool endorsed by DoD, he added. The opt-in BRS course is available with a common access card through Joint Knowledge Online at h*ttp://jko.jten.mil/index.html*, or through a service's learning management system. Military OneSource offers the course without a CAC. Military OneSource offers information on the blended system, with questions and answers at http://www. militaryonesource.mil, under featured content.

#### **Exploring Options Under Calculator**

An information box will pop up when users hover over underlined text in the calculator, providing further information on that topic, Odle explained. Further information is available through the links in the "more info" section under each page of the calculator.

After a user inputs all the information, the calculator will generate a results page. Service members are encouraged to go through the process several times to see how their projected benefits change under various situations, Odle said.

The comparison calculator does not take into account optional Thrift Savings Plan service member contributions under the legacy plan, and it does not account for optional monthly automatic Treasury Direct Government Savings Bonds purchased under the legacy retirement plan, he explained. All currently serving members are grandfathered under their legacy retirement plans. Active component service members with fewer than 12 years of service as of Dec. 31, 2017, and reservists in a pay status with fewer than 4,320 retirement points as of Dec. 31, 2017, are covered under the existing system, but are eligible to opt into the Blended Retirement System. Settle In to the Comfort of a New Home



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# **DES CORNER:** Think Safety - It's time to check your lawn mower

#### Richard W. Rudolph AFSBn Stewart

Spring will be here sooner than you think. So take the time now and do it before spring is here. Always use the manufactures directions and maintenance recommendations they give it to you for a reason to keep your equipment working correctly and keeps you from a potential accident. Things like checking nuts and bolts to ensure they are tight, check the tire pressure and make sure they are not dry rotten. Check the throttle mechanism to ensure the cut off is properly working and of make sure the oil is still at the properly level. Don't forget your other equipment such as weed eaters, edges, leaf blowers and extension cords to mention a few. Sine you have check that everything is in proper operating condition take the time to check your personal protection equipment such as but not limited to your hearing protection, suitable gloves and foot wear, safety glasses or goggles, and if the sun is out dress accordingly with long sleeve shirt, pants, a hat and use of sunscreen.

Make sure you drink plenty of water to stay hydrated, always make sure you walk around the yard to make sure there is no toys, rocks or other debris that could become a projectile that could hit a window, child or pet on the ground. Use caution and don't let small children or pets outside when cutting the grass. Have a nice looking yard and a safe time doing it.



Marne Pride in action for 3rd ID Feb. 26 - March 8



Following is a reminder of the Marne Pride pledge:

I will drive safely. I won't drive if I am impaired. I won't get in the car with an unsafe driver. I will respect your rules. I will call you. Commanders and Leaders: I will be there for you. I will be a good role model and lead by example. DON'T DRINK AND DRIVE.

## **Death Notice**

Anyone with debts owed to or by the estate of Pfc. Jana Ayn Harner must contact 1st Lt. Sean Moore, the Summary Court Officer for the Soldier, at 912 320-9142 or *sean.c.moore6.mil@mail.mil.* 

#### Photo by Sgt. Joseph Truckley

Lt. Col. Robert Matthews, the commander of the 385th Military Police Battalion, passes a noncommissioned officer sword to incoming Command Sgt. Maj. Jonathan Emerick during a change of responsibility ceremony at Marne Garden, March 5. The passing of the sword signifies the responsibility Emerick accepts as the new battalion command sergeant major



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Winn Army Community Hospital Ambassadors read Doctor Seuss stories to Diamond Elementary School students during Read Across America Day, March 2.

# Winn Ambassadors take part in read across America

#### Zach Rehnstrom

Winn ACH Public Affairs

U.S. Army Medical Department Activity – Fort Stewart Ambassadors, participated in the 2018 Read Across America program March 2 at Diamond Elementary School on Fort Stewart.

RAA is an annual program that encourages children to celebrate reading on the birthday of children's author Dr. Seuss.

Maj. Cicely Artis, an executive officer at U.S. Army MEDDAC – Fort Stewart, was a guest readers for Terry Houtkooper's third-grade class. Artis jumped at the opportunity to meet and interact with the students and understood the importance of providing a positive, relatable role model for the students.

"I believe in setting the standard and being the standard," Artis said. "When people see me involved outside of just my regular routine of normal operations within the hospital, they see that there's a person behind the Soldier."

Soldiers from Winn, not only because they had a chance to read to the children, but because of the environment the students were in. Diamond Elementary classrooms are open-concept, which means no walls, no doors and no barriers to learning. There unique learning environment encourages diversity and open collaboration among the students.

"We don't have barriers, it's an open system," Houtkooper said. "We don't even call them classrooms; they're studios in neighborhoods and we function that way."

As a Winn ambassador, Artis appreciated the diverse melting pot of students she had a chance to interact with at Diamond and understands the importance of celebrating their unique and special qualities during her visit.

"It is important that we teach our children that our diversity is actually our strength," Artis said. "Whether we have different color skin, different types of clothing, we live in different neighborhoods, maybe we're different sizes, maybe someone's tall, someone's short, but we're all unique, we're all special, and when we come together as one, that is where we gain our strength." For Houtkooper, the short time with the ambassadors from Winn was something she knows her students can relate to.

Photo by Kavtrina Curtis

"Mom or Dad or both are military personnel and to have somebody come in just like today - the two people that came in and read to them today in uniform - that's exciting to them," Houtkooper said.

Houtkooper believes the Read Across America event was a success and hopes that it is not the last opportunity to interact with the Winn ambassadors and staff members.

"This is an experience we can continue to talk about for days to come," Houtkooper said. "My hopes would be, if it's possible, they can come back at a later date and revisit us and read something else."

Read Across America also provides NEA members, parents, caregivers, and children the resources and activities they need to keep reading through out the second

The experience at Diamond was a unique one for the

ities they need to keep reading throughout the year.

Reading specialist at Diamond Elementary School, Marilyn Carter, appreciates the quality time the ambassadors spent with the students and sees this year's Read Across America event as a complete success.

## Small World Festival holds car show, more

#### Pat Young

Fort Stewart Public Affairs

Community members in Hinesville gathered together March 3 as Hinesville and Liberty County held the annual Small World Festival at Bryant Commons.

The event celebrates the rich diversity of the local community and featured a world marketplace, global learning village, live entertainment, international car show and multi-cultural food court.

The Fort Stewart-Hunter Army Airfield garrison command team of Col. Jason Wolter and Command

Sgt. Maj. Martin Conroy, and former Hinesville Mayor James Thomas were on-hand to help judge the car show. The car styles ranged from classic luxury to modern muscle.

The fest featured games, music and food. Activities included the Liberty Proud and Healthy 5krun; performances by Rayanbird, the Statesboro/ Claxton Dancers; Dance International, the Hispanic Heritage Club's dance group and more.

Community members are encouraged to learn more about the Hinesville community and the Small World Festival on Facebook or through the Hineville Downtown Develop Authority at *www. hinesvilledowntown.com.* 



Photos by Heather Conroy

The Fort Stewart-Hunter Army Airfield garrison command team of Col. Jason Wolter and Command Sgt. Maj. Martin Conroy, and former Hinesville Mayor James Thomas, were onhand to help judge the International car show during the 2018 Small World Festival, March 3 at Bryant Commons. See more photos on Page 2B.



The 2018 Small World Festival international car show, included classic muscle cars, modern hot rods, and luxury vehicles too.

We're saving a seat for you
Reel Time The Movies



#### Peter Rabbit (PG) Friday, March 9 - 6pm

Feature adaptation of Beatrix Potter's classic tale of a rebellious rabbit trying to sneak into a farmer's vegetable garden.

Stars: James Corden, Fayssal Bazzi, Domhnall Gleeson

#### The 15:17 to Paris (PG-13) Friday, March 9 -9pm

Three Americans discover a terrorist plot aboard a train while in France. Director: Clint Eastwood Stars: Alek Skarlatos, Anthony Sadler, Spencer Stone



EXCHANGE



#### Studio Appreciation Advance Screening- Tomb Raider 2018 – Free Admission – Rated PG-13 @ 3pm\*. Saturday, March 10

Tickets available at your local Exchange Food Court. Seating open to non-ticket holders 30 minutes prior to showtime.

Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel or substitute showings as needed. For more information, call 912-767-3069 or go to www.shopmyexchange.com/reel-time-theaters/Ft-Stewart-1031126.



Photos by Heather Conroy

Activities at the 2018 Small World Festival in Hinesville included the Liberty Proud and Healthy 5k run, performances by Rayanbird; the Statesboro/Claxton Dancers; Dance International; the Hispanic Heritage Club's dance group and more.



# DISCOVER MORE. CONNECT MORE. BE MORE.

# <image>

Veterans from American Post 321 help out at the the 2018 Small World Festival in Hinesville, March 3.



Come to Georgia Southern University's LIBERTY CAMPUS where dedicated faculty and staff bring quality higher education to Liberty County, Fort Stewart and surrounding areas. Housed in a new, state-of-the-art facility, we have special services for military affiliates and dual enrollment options for local high school juniors and seniors. We are eager to help you achieve your career goals with a variety of courses to help students work toward specific degrees or meet core requirements for more than 100 academic programs.

Whether you are looking to transfer or begin your college career, we are ready to join your journey. Speak with Admissions, Financial Aid and current students at our Open House on February 27, 2018.

## LIBERTY CAMPUS OPEN HOUSE Tuesday, February 27 • 4-6 p.m.

REGISTER: admissions.georgiasouthern.edu/liberty-campus



LIBERTY CAMPUS • HINESVILLE



# Special Deliveries

#### Provided by Winn Army Community Hospital

#### Feb. 26

Jordan Michael Laffartha Jr., a boy, 7 pounds, 2 ounces, born to Spc. Jordan Michael Laffartha and Paris Simone Smith.

Feb. 27

7 pounds, 12 ounces, born to SSG

Travis Cole Ross and Sgt. Luzangel

Feb. 28

8 ounces, born to Spc. Trevor Luke

Katz and Lillian Hannah Katz.

Allie Grace Katz, a girl, 6 pounds,

Dilone Ross.

Selena Grace Dilone Ross, a girl,

#### Jason Dalton Thompson, a boy, 7 pounds, 12 ounces, born to Staff Sgt. (Retired) Jason E. Thompson and Tabatha D. Thompson.

March 1 Russell John Stierlen, a boy, 6 pounds, 4 ounces, born to Sgt. 1st Class Russell T. Sherlen and Bailey Jean Stierlen.

#### March 2

Jack Fogle Salley, a boy, 8 pounds, 12 ounces, born to lst Lt. Travis Salley and Rachel Fogle Salley.

#### March 3

Zane Lawakua Irizarry, a boy, 8 pounds, 1 ounce, born to Spc. Michael Anthony Irizarry and Taylor Kapeka Alana Irizarry.

#### March 4

Kinzley Marie Goodnite, a girl, 7 pounds, 12 ounces, born to Spc. Garrett Goodnite and Nichole Goodnite.

#### Mila Angeliena Martinez, a girl, 7 pounds, 13 ounces, born to Spc. Leo Martinez and Rosemary Martinez.

#### Save the date

Save the date! The 2nd annual Ladies Night is scheduled for April 26 from 5:30-8:30 p.m. Come out and join us for an evening of entertainment, health education, and door prizes. Do you or a Family member need volunteer hours? Please reach out to us as we are looking for support for this event. The point of contacts for this event are 1st Lt. Jennifer Lopera at Jennifer.c.lopera.mil@mail.mil and Cynthia Henley at cynthia.d.henley2.civ@mail.mil.

#### Reduced costs for certain drugs

TRICARE beneficiaries taking certain maintenance drugs for diabetes or high cholesterol are now paying lower or no copayments as part of a pilot program. The Medication Adherence Pilot Program, launched

on Feb. 1, will examine whether people are more likely to follow a medication treatment plan when those drugs are available at no-or-reduced cost.

Winn Briefs

#### **TRICARE** referrals, authorizations

If a necessary service is not available from the military hospitals and clinics, a referral will be required. Some procedures and services, including hospitalization, require prior authorization from Humana Military. Once your referral is authorized, the quickest and easiest way to check on your referral is through the self-service portion of the Humana Military web portal. You can sign up to check on your referral through the Beneficiary portion of the Humana Military web portal at: https://www.humanamilitary.com/beneficiary.

#### Winn Health Tip of Week: **Colorectal Cancer** Awareness

Did you know that colorectal cancer is the 2nd leading cancer killer in the United States? Also known as bowel cancer, it is the development of cancer in the colon or rectum. It is expected to cause about 50,000 deaths this year. Men and African Americans have a higher risk of getting colon cancer.

# Combat colon cancer with early screening, lifestyle changes

#### Sandra Durrence

Winn ACH, Army Public Health

What do Sharon Osborne, Ronald Reagan, Pope John Paul II and Vince Lombardi all have in common? They have all had colon cancer.

Colon cancer is second only to lung cancer as the most common cancer in the United States. In fact, one out of every 20 people will have colorectal cancer. It is the most commonly diagnosed cancer

al cases are related to inflammatory or colorectal cancer? bowel disease.

Sixty percent of all colon cancer deaths could be prevented with routine screening, but one in three people are not up to date with routine checkups.

Take this quick test and determine your risks.

Are you aged 50 years or older?

Age is a very significant risk factor for colorectal cancer: The older you are, the higher the risk. With each decade past 40,

Sometimes abnormal genes in the cells lining the colon are inherited. The more family members who develop colorectal polyps or cancers, the higher your risk. But in most cases, the genes become abnormal by chance or because of cancer-producing chemicals (carcinogens) in the foods we eat.

Do you eat more fats than fiber?

Many lifestyle factors have been associated with a higher risk for colorectal in your bowel habits?

The presence of symptoms means that you may need attention beyond screening. The most important of these symptoms is rectal bleeding, while a noticeable change in your bowel patterns is also of concern. If you develop these symptoms, or you have one or more risk factors, don't delay in seeking medical attention.

If you answered yes to one or more of the questions above, you are at risk for developing colorectal polyps or cancers.

with an estimated 135,430 cases and 50,260 deaths in 2017.

Data suggests the incidence of colorectal cancer for those under 50 is on the rise, and more young people are being diagnosed with colorectal cancer. Ten to 11 percent of colon cancers and 18 percent of rectal cancers are diagnosed in individuals under the age of 50. Up to 22 percent of colorectal cancer cases diagnosed before the age of 50 are associated hereditary cancer syndromes; additioncolorectal polyps and cancers become more common. Cancer is very rare in people younger than 40 years of age, except where there is a strong family history.

Have you had a colorectal polyp or cancer in the past?

If you've had colorectal polyps or cancer in the past, you have a greater risk of getting more polyps or having a recurrence of cancer.

Has anyone in your Family had polyps

cancer. These include eating too much red meat and animal fats and not eating enough fiber or fresh vegetables. Obesity and a sedentary lifestyle may also increase your risk.

Have you had inflammatory bowel disease, such as ulcerative colitis?

A long history (more than eight years) of ulcerative colitis or, to a lesser extent, Crohn's disease may contribute to the risk of colorectal cancer.

Have you noticed persistent changes

The U.S. Preventive Services Task Force recommends screening for colorectal cancer using high-sensitivity fecal occult blood testing, sigmoidoscopy or colonoscopy beginning at age 50 and continuing until age 75.

For more information about colon cancer and its associated risks, contact your primary care provider or Winn Army Public Health Nursing at 912 435-5071.

# Sleep yourself into good health

#### Sandra Durrence Winn ACH. APHN

The National Sleep Foundation is celebrating its annual Sleep Awareness Week, March 11-17, to promote the

health benefits of sleep and, productivity.

#### Sleep affects the body

Sleep plays a vital role in good health and well-being

throughout your life. Getting enough quality sleep at the right times can help protect your mental health, physical health, quality of life and safety.

The way you feel while you're awake depends, in part, on what happens while you're sleeping. During sleep, your body works to support healthy brain function and maintain your physical health. In children and teens, sleep also helps support growth and development.

its importance to safety and 7 to 9 hours is the recommended amount of sleep for people between the ages of 18 and 64.

The damage from sleep deficiency can occur in an instant (such as a car crash), or it can harm you over time. For example, ongoing sleep

deficiency can raise your risk for certain chronic health problems such as hypertension, decreased immunity, obesity and depression. It can also affect how well you think, react, work, learn, and get along with others.

#### **Healthy Sleep Tips**

Stick to the same bedtime and wake up time, even on the weekends. This helps to regulate your body's clock and could help you fall asleep and stay asleep at night.

Practice a relaxing bedtime ritual. A relaxing, routine activity right before bedtime, conducted away from bright lights, helps separate your sleep time from activities that can cause excitement, stress or anxiety, which can make it more difficult to fall asleep, get sound and deep sleep or remain asleep

Avoid naps, especially in the afternoon. Power napping may help you get through the day, but if you find that you can't fall asleep at bedtime, eliminating even short catnaps may help.

Exercise daily. Vigorous exercise is best, but even light exercise is better than no activity. Exercise at any time of day, but not at the expense of your sleep.

Alcohol, cigarettes and caffeine can disrupt sleep. Eating big or spicy meals can cause discomfort from indigestion and can make it hard to sleep. It is good to finish eating at least two to three hours before bedtime.

Wind down; your body needs time to shift into sleep mode, so spend the last hour before bed doing a calming activity such as reading.

For some people, using an electronic device such as a laptop can make it hard to fall asleep. The light emanating from the screens of these devices activates the brain. If you have trouble sleeping, avoid electronics before bed or in the middle of the night.

If you can't sleep, go into another room and do something relaxing until you feel tired.

# Red Cross Red Club supports county humaine society

#### **Bob Norman**

American Red Cross

The Red Cross Club and Better Opportunities for Single Soldiers conducted a donation drive in support of local efforts.

Part of the drive was held Jan. 31 at the Fort Stewart commissary; 13 volunteers participated. During that event, a large quantity of helpful donations were received from Fort Stewart residents to benefit the Liberty County Humane Society.

Another follow-up event occurred several weeks later to present those donations to the Liberty County Animal Shelter.

Good fortune smiled on our volunteers with an amazing period of warm weather. Both the Fort Stewart Red Cross Club and BOSS volunteers took advantage of it as they assisted the Liberty County Humane Society, Feb. 24. Nine of our volunteers attended that days event and received a briefing on the Humane Society Emergency Plan in times of disaster. Most notable in the brief was the fact volunteers were so heavily relied upon during catastrophic events.

After the brief, the volunteers helped process the donations and assisted in the cleaning of dog and cat areas. They helped pick up trash around the facility and the immediate area around Airport Road.

An added bonus was the opportunity to play with the animals; which was mutually benefitial. It helped the volunteers end the day on a pleasant note.

Opportunities exist to become involved for those interested. Check with our local Fort Stewart Red Cross office for further information at 912 767-2197.

# CLASSIFIEDS

#### Items for Sale

#### GENERAL MERCHANDISE

Strickland Pools Specializing in inground liner replacement Call Bryan today! 912-657-5176

2 BOXES of boys clothes, size 6-8 and beaded wedding gown never worn, for sale. 912-654-2371.

#### Pets & Animals



GERMAN SHEPHERD PUPPIES. Taking deposits on 4 Males and 2 Females. Ready to go home March 9th. Family raised, socialized, happy, healthy pups. Parents on property. AKC, CKC registered. \$800. 912-536-7414

Jobs

#### DRIVERS WANTED

DRIVERS, CDL-A: Home EVERY Weekend!! Dedicated Southeast! Walk Away Lease, No Money Down. Drivers average \$1500/wk 888-532-2864

Drivers: HOME EVERY WEEKEND! Start at .46-.51cpm. Drive More Miles~ Get a higher pay rate! Excellent Benefits! CDL-A, 1yr Exp. Greg: 855-971-7418

#### HELP WANTED

ElectriciansElectrical Helpers and Apprentices needed for large Commercial Projects by a local and established Electrical Contractor. Long Term Employment with great benefits. 912. 681.6106 or e-mail joy.lanning@aceelectric.net

#### Accounting Technician

The Liberty County Board of Commissioners is currently accepting applications for the position of Accounting Technician, within the Finance department. Applicants will perform monthly billing, for entities to include solid waste, special revenue projects and general fund programs. Will create and maintain spreadsheets or other reports to accurately track revenue and expenditures. Will ensure that accounts receivable journals are in balance and will assist in collections on past due accounts. Will work on preparing grants and tracking of grant reimbursements to include all filing and reporting. Will provide support to other finance related area as needed. Will assist with various account reconciliations and perform other



Quiet Living 1 bedroom unfurnished or Studio Furnished Conveniently located near Statesboro Mall. Visit or call Mill Run 912-489-8402

#### HOMES FOR RENT

WiseChoiceRealty1 Bedroom Homes Starting at \$3502 Bedroom Homes Starting at \$5003 Bedroom Homes Starting at \$700

912- 681-9473 Statesboro, GA <u>www.wisechoiceren-</u> tals.georgiamls.com
AVAILABLE NOW! 1500sq.ft. Brick home, 3BR,/2BA, bonus room, new storage shed, garage. Fenced yard. Richmond Hill. \$1275.,mo. plus deposit. 912-884-5556.
COZY COTTAGE IN PEMBROKE 2 bedroom, 1 bath, Stove and re- frigerator, w/d hookup, All pine interior. Walking to distance to li- brary and schools. 912-682-8911.
NEAR FORT STEWART, Mobile homes for rent 2BR, 1BA, \$450.00/ mo. 3/2 doublewide \$695.00/ mo 4//2 \$695./\$890. Must qual- ify. NO PETS. 912-312-1010.

Real Estate Services PROPERTY MANAGEMENT RENTALS

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**ALL PRICE RANGES** 

#### 876-88866 1146 E.G. Miles Parkway www.FortStewart.com

#### Transportation



1976MGBRedConvertibleNew Brakes, Engine, Front Suspension, Tires(5)Top, Radia-tor.\$7,900.Call912-682-5239.2007LexusRX350.Alwaysga-

rage kept. Loaded, exception-

to the city hall, justice center, and both court house annexes as well as the the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



973 E Cherry Street, Jesup -\$450,000 for 4.83 acres or \$220,000 for 1 acre. Excellent retail development opportunity subject promptly wraps around the new Dollar General. Seller will sub-divide.Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



230 General Screven Way, Hinesville - \$1,750,000. Excellent Net leased Investment opportunity with upside potential. Offered at a 7% cap rate on current occupancy. Located less than a mile from the main gate of Ft. Stewart , GA. Entrance located at lighted intersection.Tenants include Cicis Pizza, dental office, Jazzys Barbershop, USA Nails, and Five Star Nutrition. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**108 West Hendry Street, Hinesville**. Big Box retail opportunity 1 mile to the main gate of Ft. Stewart. Curb cuts on General Screven , Hendry st, and main street. Located in the downtown overlay district. 11,429 sqft of Retail across from Liberty Square Shopping Center. Leased at \$13 NNN. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



**402 West Oglethorpe Highway, Hinesville** - \$799,900. Excellent Retail Development Opportunity lo-



**105 General Stewart Way**, Hinesville - \$199,900. Excellent office opportunity for sale or for lease. Meets all ADA requirements. Updated office on large lot. Great Counseling, Physical Therapy, Lawyer or Doctor opportunity. Convenient to Fort Stewart Gates and the New Armstrong University.Lease price \$1,250 per month. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

#### HOMES FOR SALE



**125 Brandon Drive NE, Ludo**wici - \$79,900. Take a look at this amazing 4-bedroom, 2-bath mobile home on 0.32 acres of land. Completely remodeled! Home features NEW appliances, vinyl carpet, steel roof, NEW heat pump, and a wood burning fireplace! Only about 10 minutes away from Fort Stewart Gate 7! Call us for a personal tour today!! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com



120 Caswell Court, Hinesville \$94,500. Take a look at this charming 2 story townhome, 2 Bedroom 2.5 Bathroom includes a gas fire place, electric steel appliances, upgraded trim package, laminate wood floors, walk-in closets, large bathrooms, in-ground sprinkler system, and lawn maintenance. Conveniently located walking distance to schools and less than 1 mile to downtown Hinesville , Fort Stewart Gate 1, and the new Oglethorpe Shopping Center. Call us to schedule a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmv.shanken@coldwellbanker.com



1239 Pineridge Way, Hinesville -\$89,900. Christy style floor plan home sitting the in the Pineridge Plantation subdivision. Well laid out home with no wasted space. Home features a wood burning fireplace in the living room, walk-in closet in the master bedroom, nice size pantry in the kitchen, fresh carpet in the living room and bedrooms. Home will be sold as is. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Call us to schedule a personal tour today!!! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS. 912-977-4733. jimmy.shanken@coldwellbanker.com



**691 Hope Circle, Ludowici.** Quiet country living off the beaten path. Well kept 3 bedroom 2 bath home. Totally fenced in nestled in the Oaks. Just 15 minutes to Ft. Stewart gates. \$99,900. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



in the Tupelo Trail Subdivsion only about 5 minutes to the main gate of Fort Stewart. It is also conveniently located walking distance to restaurants and parks. Call us to schedule your own personal tour today!Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



\$159,900. Amazing home 6.2 miles to Ft. Stewart gate 7. Located outside the city limit.NO CITY TAXES! This home has wood laminate floors in the living area and tile in the kitchen and bathroom.Sip coffee in your screened porch. Large eat-in kitchen with stainless steel appliances. Call to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



way. REDUCED TO \$109,900. Take a look at this Recently Renovated 4-bedroom, 2 bath home with approx. 1 acre of land. Conveniently located between Hinesville and Richmond Hill. This home features a formal dining room, living room, and eat-in kitchen with hardwood floors throughout. The property is fenced-in with a storage shed and a 2-car carport. Call us to schedule your personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

to create unforgettable memories! Located in Villages of Sunbury. Home features high ceilings, open floor plan with a two-story high ceiling in the family room, gas log fireplace, wood floors. Formal dining room, gourmet kitchen with granite countertops and custom made wood cabinets, stainless steel appliances & gas cooktop. Inground pool with a screen enclosure. Office/study with his & hers desk, alarm system, plantation shutters & so much more! Let me show your home! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



336 Arcadia, Midway - REDUCED to \$169,900. Beautiful 3 bedroom 2 bathroom all brick home sitting in 1.3 acres of land in the Arcadia Plantation subdivision. Home features a double wood burning fireplace in living room and Master bedroom, two storage sheds, and a charming picnic area. NEW wood Flooring ! NEW heating/AC! NEW refrigerator. Roof is less than 5 years old. No City Taxes! No Flood Insurance! Only minutes from Fort Stewart. Call us to schedule your personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



**609 Bradwell Street, Hinesville** -\$89,900. Lovely 3 bedroom home located in the heart of Hinesville, fenced in backyard, detached laundry area, covered parking, shed in backyard, brand new a/c unit, a one of a kind home. Close to all Ft. Stewart gates, shopping, dining. Very desirable Lancaster Estates subdivision. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



846 Bradwell Street, Hinesville. \$799,900. Executive home located in the heart of Hinesville that features estate size lot with 12 bedrooms, 5 bathrooms, tile floor, granite counter tops, stainless steal appliances, Jacuzzi tubs, huge walk in closets & pantries, vaulted ceil-ings, 3 car garage. All furnishings are included. This home is fit for a King and Queen with approximately 7,428 SQ FT with endless possibilities of enrichment. Ouiet, kid & fur friendly neighborhood. Conveniently located near Fort Stewart Main Gate. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

related duties as assigned.

The successful candidate will be able to demonstrate ability to utilize Microsoft Excel and Microsoft Word and must possess strong communication skills. Applicants should have the knowledge and competency commonly associated with the completion of an associate's degree in accounting or work experience of at least two (2) years in Governmental Accounting.

Applicants must be able to meet and deal with the public, staff and other officials in a professional manner. This individual will perform a variety of administrative functions that assist in the support of the monetary operations of the County. All candidates will be given a written skills test & computer test prior to any interviews. The written skills test & computer test will verify the candidate's ability to perform required skills associated with this position.

Applications may be obtained at the Liberty County Commissioners Office, room #2200, 112 North Main Street Hinesville Georgia or online at <u>www.libertycountyga.com</u> (Quick Links - Employment) and must be returned to that office no later than 5:00 P.M., March 20, 2018. Selected applicants will be notified for written testing. The final selected applicant must successfully complete a criminal background check and drug screening. Liberty County Board of Commissioners is an equal opportunity employer.

#### Real Estate

#### LAND/LOTS FOR SALE

3 ACRE LOTS 10 minutes from Statesboro, water/septic available. Owner financing \$1000 down + closing. 912-764-9955. www.southgeorgialand.com

#### FOR RENT



Market District Office space 4 offices with reception area downstairs, Large office with kitchen, full bath upstairs. Can be leased separately. 912-682-8911.

RET					
14,200. Call	912-399-6148.				

#### COMMERCIAL PROPERTY



**455 & 459 E.G. Miles Parkway.** \$499,800. Listing is for 455 & 459 E.G. Miles Parkway. Prime commercial tract adjacent to Hinesville Professional Park and across from Liberty Regional Medical Center. This is 1,000 LF off of the hard corner of General Screven Way and E.G. Miles PKWY. There is also 221 ft of road frontage. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



**124 South Main Street, Hinesville** - \$1,320/Mo. Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance to the city hall,justice center, and both court house annexes as well as the the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**126 South Main Street, Hinesville** - \$2,249/Mo. Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance

cated on US 84 inside the Hinesville Downtown Development Overlay District . This parcel is currently zoned C2 and has 2 fresh water ponds, one of which could be filled in and used for water retention. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



415 South Main Street, Hinesville - REDUCED \$1,150,000. Prime commercial opportunity, lighted intersection with 20,000 VPDI Located 1 mile to Fort. Stewart main gate. Excellent Retail or Restaurant site. Former Bank of America Building. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**108 Devereaux Road, Hinesville,** \$550/mo. Prime office space located on Airport Rd. Available Now! Cleaned principal is a Real Estate Broken in the State of Georgia. Immediate Occupancy@ Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**105 General Stewart Way,** Hinesville (Leasing) - \$1,250/Mo. Excellent office opportunity for sale or for lease. Meets all ADA requirements. Updated office on large lot. Great Counseling, Physical Therapy, Lawyer or Doctor opportunity. Convenient to Fort Stewart Gates and the New Armstrong University. Lease price \$1,250 per month. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



987 FIRST STREET - MIDWAY Weekend escape, enjoy this coastal cottage on Tidal Water at an affordable price! Crabbing and fishing from your own backyard under the canopy of huge live oaks! This two bedroom, one bath home is elevated and features room to park your truck and boat under the house. There is a block building that can be restored and used as a workshop. Convenient to I-95 Exit 76 in Midway. \$119,000. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



526 Maxwelton Circle, Hinesville \$185,000. This remarkable home is well-maintained and spacious with 4 bedrooms and 2 baths. Home features a formal living room and dining room, eat-in kitchen, and a foyer. Enjoy the nice fireplace in the family room during those cold Winter nights or the large fenced backyard for cookouts during the Summer. This home also has a 5th room that can be used as an office or game room. Conveniently located minutes from schools, shopping, and Ft. Stewart! Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



4876 Sunbury Road, Midway - RE DUCED \$354,900. Majestic Coastal Retreat located in Historic Sunbury just 10 minutes from 195 Exit 76 This charming 4-Bedroom, 3bath home features an in-ground pool two-car garage, community dock, gourmet kitchen with an island, tile counter tops, privacy fence, bonus room, wood floors throughout, and a tile foyer entry. Master bedroom is located in the first floor and master bathroom features tile shower/floor and a jetted tub. Landscaped and an open floor plan. Call us to schedule your personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



164 Randy Court, Hinesville \$109,900. Beautiful 3 Bedroom 1 bath home sits in the Oak View subdivision only minutes from shopping and Fort Stewart. Home features spacious bedrooms, private fenced backyard, and a sun room with a charming garden view. A new HVAC was installed in 2013 Call us for a personal tour today! Call us to schedule your personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS 912-368-4300 or 912-977-4733 or jimmy.shanken@coldwellemail banker.com



**208 Village Drive, Midway** - \$299,900. This is the perfect home

AND/LOTS FOR SALE



Great for Retail, Hotel or mixed use. Property fronting Main Street, across from the Historic Liberty County Courthouse. \$79,900 Zoned General Commercial Less than 025 Acre.



Great multi family opportunity near the proposed new super Kroger and TJ Max Retail developments. Centrally located between Fort. Stewart gates 1 & 8. Convenient to all gates. \$39,900.



Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. §29,000. Call us for a personal tour today! Co-Listed with Nichole Gaskin 912-610-8304. 1.07 acres.



Build your dream home on the high bluffs and large lots. This is a beauti-

# CHAPLAIN'S CORNER

# Sharing thoughts on suicide

Maj. Andrew Nix Family Life Chaplain

I am not a professional mental health specialist, nor a psychologist or a social worker. However, over the last twenty years I have worked with and cared for those who have expressed thoughts on suicide, either for themselves or for someone that they loved. In all that time, I have heard many reasons why someone is considering ending their life. I don't have an answer as to why someone feels that hurt, that much agony and believes that the only solution is ending their life. I have also spent time with those who have been in great deals of pain, physical, mental and emotional and at times wonder why they are not driven to the same thoughts. I would guess that at some time they have had those same thoughts but never taken them to the level of either voicing them or acting on them.

What I would hope to do with this article is put together some of the common reasons why people think to hurt themselves and what some of my answers have been. Our nation, our Army, and our installation have been plagued with suicide over the last few years. I pray that we are all able to care for one another and continue to serve.

The pain won't ever end. This is a difficult statement because often the person who makes such a statement is in a deep dark hole. This statement shows how much agony the person is in and how little light that they can see. The concern that I have often for this statement is that suicide is of course a permanent solution to a situation that is temporary. Hope

is something that can change an entire point of view. Hope is difficult to pass to another person and requires patience and a listening ear. *Psalm* 46:10 tells us to *Be Still* and Know that I am God. Seems like a simple statement yet one that can give great relief. This verse reminds us that God is sovereign and His plans are not our plans. It also reminds us that God knows pain in a way that we can never begin to understand or fathom. He condemned His own son to death for the sins that you and I did and He still love us.

My life doesn't have a purpose. Another difficult statement yet one that gives some insight into the person. No purpose often means that there is either failed relationships or a complete lack of relationships. Matthew 10 speaks of the worth of a person in the eyes of the Lord. We all have such worth before him that every hair on our head are numbered and known to God. Think of that, we are so important and loved by God that He knows every detail about us, to include how many hairs we have on our head and even with the knowledge that we are so sinful and corrupt, God still loves us.

This is of course not an exhaustive list as to the reasons why people think about committing suicide. This is also not the best answers why people do what they do. These are simply some of the reasons that help me as I struggle with those who are hurting. My hope and prayer for you is that as you read this article you would both gain some knowledge of how to care for others and also a reminder that God loves and cares for you regardless of your past.



Fort Stewart Catholic Location Main Post Chapel Sunday Mass Main Post Chapel Weekday Mass (Confession available daily and before Sunday Mass)

Protestant (Sundays)

<u>Ti</u>	me
9:00	a.m.
11:45	a.m.

Traditional	Marne Chapel	9:00 a.m.		
Chapel Next	Main Post Chapel	10:45 a.m.		
Gospel Adult Sunday School	Main Post Chapel	11:00 a.m.		
Multi-Cultural Gospel	Main Post Chapel	12:30 p.m.		
Service				
Kids' Church (Sundays)				
K- 6th Grade	Main Post Chapel	1:00 p.m.		
PWOC (Wednesdays)	Main Post Chapel	9:00 a.m.		
PWOC (Check https://www.facebook.com/stewartPWOC, or				
email stewartpwoc@gmail.com for upcoming events.)				
<u>Islamic (</u> Fridays)	Main Post Chapel	1:00 p.m.		
Buddhist (Last Sunday)	Marne Chapel	11:00 p.m		
Hunter Army Airfield				
Catholic	Location	Time		
Sunday Mass	Hunter Chapel	11:00 a.m.		
Catholic CCD	Building 129	9:30 a.m.		
	Building 120			
Protestant				
Sunday Service	Hunter Chapel	9:00 a.m.		
Kids' Church	Hunter Chapel	9:00 a.m.		
	Fellowship Hall			
PWOC (Thursday)	Main Post Chapel	9:30 a.m.		

**Religious Education Contacts** Fort Stewart Religious Education, Bill Agnew: 912-767-9789 **Hunter Army Airfield Religious Education**, Charles Archer: 912-315-5934



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ful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. 2.6 to 5 acres.



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fuel, or restaurant. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977or email jimmy.shanken@ coldwellbanker.com





Lot 1 Spartina Way, Midway \$75,000. 3 Acre lot nestled beneath najestic oaks, hickory's & pine trees

ty to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ash ley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



0 E. Oglethorpe Highway, Hines

Build your dream home on the high bluffs and large lots. This is a beauti ful small subdivision located adjacent to Harris Neck Wildlife Refuge This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. \$49,000. Call us today! Co-Listed with Nichole Gaskin 912-610-8304. .76 to 1.5 acres.



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0 Shyam Road - Hinesville \$750,000. Seven (7) acres of com mercial potential. Located just off of US Hwy 84 in Hinesville. Centrally located between Fort Stewart Gates one (1), two (2) and three (3). There are thirty thousand six hundred and fifty (30,650) V.P.D. May also access from Sandy Run Drive. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



215 Magnolia Court, Hinesville \$275.000. 0.85 acres commercial

910 West Oglethorpe Highway, Hinesville - \$995,000. Located just south of the new TJ Max Develop ment. This parcel has 578+/- LF of road frontage on Oglethorpe High way. Owner will sub-divide additional land up to 20 acres are available. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



0 Cowart Road, Reidsville \$275,000. Excellent Retail or light Industrial site on US Highway 280 Property is bound one one side by the state park. Owner will sub-divide. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.

com



Lot 2 Crossway Pines Ludowici \$45,000. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



12746 East Oglethorpe Highway, Midway - \$69,900. Excellent Commercial Opportunity near the proposed Midway City Hall. This location is convenient to 195 and Ft.

0 Cattle Hammock Road, Midway \$599,800. 9.10 acres of pristine deep waterfront +/- 270 liner feet marsh and deep water front. 10 minutes to 195 Exit 76. Seller has dock permit. Amazing views! Convenient to Savannah, Bruinswick, and Jacksonville, FL. Features: -Paved Road Access, +/- 270 LF Deep Water Frontage, Dock Permit in hand, 10 minutes to 195. Call us to-Jimmy Shanken, Coldwell dav! Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



0 Oglethorpe Hwy Hinesville \$39,900. Unrestricted lot in Midway. 12 acres at a great price. Houses and manufactured homes are okay. Located minutes from Fort Stewart, Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker. com



0 Willowbrook Drive, Hinesville -\$499,900. Incredible opportunity to own a parcel inside the city limits of Hinesville that is correctly zoned and engineered for a multi-family development. Located off Veteran's Parkway and EG Miles parkway centrally located between Fort Stewart Gate 8 and Walmart, Lowes, and the TJ Maxx Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Located off Bluff Creek Waterway Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



Lot 14 Spartina Way, Midway \$75,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com



Lot 9 Youmans Road, Midwav \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker



Lot 10 Youmans Road, Midway \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximi-



103 Ralph Quarterman Road, Hinesville - \$99,900. Excellent Development opportunity.Located across from the new Oglethorpe square. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com



& South main. Can be combined with other parcels to total 18.46 acres. Located in a rapidly growing retail area within 0.25 miles of the new TJ Maxx, Dicks Sporting Goods, Hobby Lobby, and Ulta. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com



0.24 Acre Veterans Memorial Parkway, Hinesville - \$225,000. Last available frontage road on drive home side of Veterans Parkway zoned C-2. Off site water reten tion included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@cold-

restaurant site located next to La Quinta in Flemington. Parcel has offsite water retention. Owners will subdivide. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@ coldwellbanker.com



777 Veterans Memorial Parkway Hinesville - \$395,000. Last available frontage on drive home side of veterans parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com



734 E. General Stewart Way, Hinesville - \$395,000. PROPERTY ZONED C2. Lot is located between the Coldwell Banker Holtzman Realtors building and the Patriot Center on General Stewart Way. Owners are licensed Real Estate Brokers in the state of Georgia. Call us today!!! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker



The Rockery, \$29,000, .98 ac. Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. Call us to schedule a personal tour today! Co-Listed w/ Nichole Gaskin 912-610-8304

# **Army Community Service**



#### **Register now for ACS classes**

You asked, we listened. Online registration is now available for FRG classes through Eventbrite. Please go to *https://www.eventbrite.com/o/army-community-servicefort-stewarthunter-aaf-12997030788*. Link is also posted on the ACS portion of the Team Stewart website.

#### Learn, empower yourself with ACS

ACS has many great services for Soldiers, spouses and children, yet not everyone knows we are located in five different areas. Stop by today and visit the staff on Stewart in buildings 81, 82, 86, 87 and the Soldier Family Assistance Center in building 4973. The Hunter staff is located in building 1286. You'll be glad you did.

#### Like ACS on Facebook

Search for "Army Community Service, Stewart/Hunter AAF." You can get ACS Exceptional Family Member Program information by searching for "Stewart-Hunter Exceptional Family Member Program." Help our Hunter Army Airfield community get more "likes" by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families there as well. Search for Hunter Army Airfield and pass the word along.

#### Free Classes offered at Stewart

Following are upon request from chain of command • Sponsorship Training • Risk Management for Senior NCOs (E7-E9)

• FAP Commander/Senior Leader Briefing

#### Every Monday

Financial Planning for PCS 10 to 11:30 a.m. ACS Stewart, building 86 \*Mandatory for E-4 and Below

#### Free Classes offered at Hunter

- Call for appointment for the following:
- Army Family Team Building Infant Massage
- FAP Commander/Senior Leader Briefing

#### Weekdays

Lending Closet 7:30 a.m. to 4:30 p.m. Building 1286

#### Apply for an AER scholarship

During FY 2017, Army Emergency Relief awarded scholarships to 18 Children totaling \$40,4000 and 65 spouses totaling \$201,408, which assisted in their educational endeavors. Visit the AER website (*www.aerhq. org*), read all the instructions and complete the online registration prior to the deadline date. For more, call 912 767-5058 or 315-6816.

#### ACS building is accessible to everyone

Army Community Service wishes to inform our community that our facilities meet, or exceed, the standards for persons with disabilities. Our facilities are wheelchair accessible and should you need assistance upon arrival, please inform one of our staff members. The playground next to building 82 at Fort Stewart is certified as an Exceptional Family Member playground. Hunter EFMP playground is located next to building 1284. For questions, please contact ACS at 912-767-5058 or 912 315-6816.

#### **EFMP Easter egg hunt**

The Exceptional Family Member Program will host its annual Easter egg hunt for Families enrolled in EFMP, 5:30-7 p.m., March 29 at the EFMP special needs playground next to ACS Building 86. For more information or to sign up call 912-767-5058.

#### **Marketing Volunteer Needed**

Do you enjoy marketing and are you creative? Do you have a design eye that could resonate to flyers to inform the public? Would you like to help Army Community Service build new followers on different Social Media platforms like Instagram, Pinterest and others to better reach Soldiers, Spouses and Army Families? If you answered yes to any of these questions then ACS needs YOU. You must have your own computer and be willing to submit these items in a timely manner for approval. Registration in Volunteer Management Information System and tracking of volunteer hours will be a requirement. Call 912 767-1597 for more details.

# FMWR and Coastal Happenings

#### **Claxton Rattlesnake weekend**

Two day event that features the fourth annual Rattlesnake Run, a parade and festival, and a car show. Get more information *at https://www.facebook.com/ EvansCountyWildlifeClub/* 

#### Safe Ride - shuttle to Savannah

Active duty service members can now enjoy downtown Savannah without asking "should I be driving home?" Only \$10 per person. Picking up at various locations on Fort Stewart. Limited space. Purchase tickets at Leisure Travel or from the driver (exact change required). For pick-up and drop-off locations click the Safe Ride link on stewartmwr.com or call 912 767-2841. Check out the details in the Frontline at: w*ww.stewartfrontline.com/ section/54/article/3550/*. For up to date information and events on Fort Stewart-Hunter Army Airfield follow our Facebook page at *www.facebook.com/ FortStewartHunterArmyAirfield*.

#### Become a lifeguard

Now hiring lifeguards for the 2018 Summer Season. Twenty are needed at Fort Stewart and 11 at Hunter Army Airfield. Must be 16 years or older. No experience necessary. Accepted applicants will receive two weeks paid training at \$10 per hour and will be certified by the American Red Cross. Apply online at **USAJobs.gov** and search for Fort Stewart Recreation Assistant (Lifeguard). For more information, call 912 767-8326.

#### Mighty Eighth offer Veterans venue

browse the Museum's collection of aircraft afterwards. We hope this monthly meeting will provide an enjoyable and meaningful exchange of ideas for our Veterans.

#### **Operation M.E. Day at Fort Stewart**

If you are a spouse, particularly the spouse of a deployed Soldier, you're invited to spend a few hours being catered to during Operation M.E. (Mission Essential) Day at Fort Stewart, 1-4 p.m., March 11. Vendors will be waiting to serve you. The day is designed to give military spouses a chance to refresh, relax and recharge – have a little "Me" time. Cost is \$5 for Marne Star Card Holders, \$10 for general admission. Child programming available through Child & Youth Services. Advance/online registrants will receive a gift at the door. For more information, go to *StewartMWR.com.* 

#### Marne Trail Bass Tourney at Glisson

The first of five catch-and-release Marne Trail Bass Tournaments will be held at 6:30 a.m. March 17 at Glisson Pond on Fort Stewart. Cash prizes are \$250 for first place (total weight, five-fish maximum per person) and \$100 for the largest bass. Door prizes awarded after weigh-in at 11 a.m. Fee is \$20 during Fees increase by \$5 after Feb. 28. Fee of \$5 for boat entry. Register at Low Country Adventure Center, building 8325. For additional details, call 912 435-8205 or 435-8213. Other tournaments are scheduled April 21 at Metz Pond; May 19 at Pineview Lake; Sept. 22 at Glisson Pond and Oct. 13 at Metz Pond. Citizens, Inc. On Bull Street. Participants are encouraged to bring their four-legged friends, kids in strollers, and dress as their favorite foods. Race proceeds supports the Meals on Wheels program. Discounts for groups of four or more, see *www.runsignup.com/scimilesformeals* or call 912 236-0363 for more details.

#### Enjoy an excursion for adventure quest

Join Outdoor Recreation for the Urban Adventure Quest in Savannah starting at 10 a.m. March 10. Quest is part game, part city tour, an interactive adventure that will take you through historic downtown Savannah as you solve clues and complete 16 challenges. Begins at Franklin Square and ends at Wright Square. Quest covers two miles over a three-hour period. Four bonuses. Teams of six persons or less. Sign up at Low Country Adventure Center, building 8325, by March 8. Units and FRG teams welcome. Cost per team is \$40. For more call 435-8205.

#### International Women's Day

International Women's Day is celebrated to the theme of "Keeping It Real" 11:30 a.m. March 8 at Club Stewart. The free event is hosted by the 3rd Infantry Division Sustainment Brigade and Women's Mentorship Network, and features a panel of distinguished female leaders. Join the conversation and support female mentorship!

#### **BOSS** paintball at Holbrook Recreation

Enjoy some paintball fun with BOSS at Holbrook Recreation Area from 1-5 p.m. Saturday, March 10. Course includes woods play and speed play. The cost is \$10 per person, which includes equipment and snacks. Open to ages 18 and older, ranks E-1 and higher. Register at Stewart-Hunter Leisure Travel Office. For more information, call 912 767-9917.

The Kilroy Coffee Klatch is honored to serve as a venue for our Veterans to gather. We invite all veterans to join in, meet other veterans from the area, share your stories, or share whatever is on your mind. We offer FREE admission to the Museum and complimentary coffee and doughnuts for attending veterans and their guests. The Kilroy Coffee Klatch will be held the first Tuesday of every month at 9:00 am to 11:00 am. Our ongoing presentation series, "Rare Birds" will feature the Museum's own N9MB Flying Wing, the prototype for the planned B-35 and YB-49 bombers and the great, great grandfather to the B-2 Stealth Bomber. This informative presentation will start at 10:30am in the Museum Theater. Don't forget to

#### Veterans Forum

Congressman Buddy Carter will host a Veterans Forum at Georgia Southern University Armstrong Campus Athletic Complex, 11935 Abercorn Street in Savannah. Civil service employees who wish to attend during work hours must be covered by an excused absence, e.g., leave, comp time or credit hours. Times are 11 a.m. and 1 p.m. for the Expo and 11:45 a.m. for the VA officials question and answer period.

#### Miles For Meals 5k

Senior Citizens, Inc. hosts the eitgth annual Miles for Meals 5k Run/Walk Mar. 24, 8 a.m., beginning at Senior

#### AUSA holds Home Buying 101

The Association of the United States Army invites community members to a Home Buying 101 lunch and learn, 11:30 a.m. to 1 p.m. March 29 at Bryant Commons, 438 West Oglethorpe Highway in Hinesville. Reservations are being accepted through March 23, at 912 977-3242. Military, spouses and guest are welcome free of charge. For more information call 912 977-1077.



#### Photos by Spc. Calab Franklin

Spc. Sean W. Scott of 3rd Combined Arms Battalion, 15th Infantry Regiment, 2nd Armored Brigade Combat Team, 3rd Infantry Division, showcases his winning dish during the culinarian of the quarter cook off March 1, at Fort Stewart. Nine culinarians throughout the brigade were assessed during two events — a military board and a cook off. Each Soldier had to prepare a dish in a specific time with specific ingredients. The dish was then judged by a panel of 2nd ABCT leaders

Senior leaders of 2nd Armored Brigade Combat Team, 3rd Infantry Division sit on the brigade's culinarian of the quarter cook off panel March 1, at Fort Stewart.





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🈂 THE FRONTLINE 💋



Education Matters See Page 8B

# SPORTS RECREATION



Photo by Pfc. Alleea Oliver

Service members grapple during the Fort Bragg Combatives Tournament at the Ritz-Epps Physical Fitness Center on Fort Bragg, North Carolina, March 2. The annual tournament is the largest in the U.S. Army and showcases military hand-to-hand combat techniques employed on today's battlefields.

# Team represents 3rd ID, Stewart at Fort Bragg Combatives tournament

#### **Special to the Frontline**

The 3rd Infantry Division Combative teams participated in the Fort Bragg Combatives Tournament Feb. 28 to March 3; the largest in the U.S. Army.

Staff Sgt. Thomas J. Wright, Headquarters and Headquarters Company, 2nd Armored Brigade Combat Team; Capt. Andrew Alterman, HHC, 9th Engineer Battalion, 2nd ABCT; Pfc. Michael Roberts, Company H., 3rd Battalion, 67th Armor Regiment, 2nd ABCT; Pfc. Jordan Dunn, of Company H., 3-67 Armor, 2nd ABCT; and Sgt. Charles Yarborough, HHC, 3rd ID, represented the 3rd Infantry Division at the event.

The tournament was an open invitational for all service members in the Department of Defense. The tournament had more than 300 competitors representing theactive Army, reserve and National Guard, as well as service members from the U.S. Marine Corps, U.S. Navy, and U.S. Coast Guard who will all



be vying for the All-Armed Services championship belts.

The winners of the 2018 championship bouts included: Sgt. Cody Goodale, assigned to 86th Combat Support Hospital, in super heavyweight; Spc. Benjamin Bourque, assigned to the 101st Airborne Division, in heavyweight; Spc. Jonathan Forbes, assigned to the 704th Military Intelligence Brigade, in light heavyweight; Staff Sgt. Jacob Grove, assigned to the 101st Airborne Division, in middleweight; Sgt. Kenry Trowers, assigned to the XVIII Airborne Corps in welterweight; and Sgt. JoDoniss Edwards, assigned to the U.S. Army Recruiting Command, in flyweight.

The winners of the 2018 undercard bouts included: Spc. Fernando Sivado, from Fort Belvoir, in super heavyweight; Pfc. Nathan Nouta-George, assigned to the 7th Infantry Division, in heavyweight; Pvt. Todd Bevan, assigned to the 7th ID, in light heavyweight; Sgt. Argelio Chappotin, assigned to U.S. Cyber Command, in middleweight; Master Sgt. Calvin Cunningham, assigned to the U.S. Army Central Command, in welterweight; and Sgt. Tyler Cannan, assigned to the 7th ID in flyweight.



One of the few timers that are set up during round two of the 2018 Fort Bragg Combatives Tournament invitational on March 2, at the 82nd Airborne Division's Ritz-Epps Physical Fitness Center, Fort Bragg, North Carolina.

Photos by Sgt. Christopher J. Gallagher

U.S. Army Spc. Michael Roberts, 3-67 Armor, 2nd ABCT, 3rd ID, receives a medical check-up during round two of the 2018 Fort Bragg Combatives Tournament invitational on March 2 at the 82nd Airborne Division's Ritz-Epps Physical Fitness Center, Fort Bragg, North Carolina. This years tournament had nearly 300 competitors making it currently the largest in the U.S. Army. The U.S. Army Combatives Program historically has developed many world-class and high- level mixed martial arts and grappling athletes.

### Fort Stewart-Hunter Army Airfield Briefs

#### **Super Saver Program**

Are you interested in winning \$500? If so, this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a Garrison civilian employee and submit the best idea for saving the Garrison money, you will win \$500. Submit your idea on the Super Saver nomination form available on the Team Stewart web page under Garrison Resource Management Office (bottom of page is nomination form). Nominations are boarded with the Garrison of the Quarter Award submissions. Submit ideas to *usarmy.stewart.usag.list.dhr-workforce@mail.mil.* 

#### Efmp Easter Egg Hunt

Exceptional Family Member Program will host its annual Easter Egg Hunt for Families enrolled in EFMP, March 29, 5:30-7 p.m., at the Special Needs Playground next to ACS building 86. For more information or to sign up call 912-767-5058.

#### **Online food-handlers' class**

Anyone interested in taking the food handlers' course now has the ability to do it online. Certification is good for one year. Register online at eventbrite. com, or log-on to *www.winn.amedd.army.mil.* Click on the Healthcare Services tab, click Preventive Medicine and Wellness, then Environmental Health. The basic food handlers course study material and quiz is at the bottom of the screen.

#### Managed hog hunt held

A managed hog hunt, for active duty Soldiers, retirees and Gold Star Family members only, will be held March 17 at Red Cloud Range Complex on Fort Stewart. Gold Star Family Members will receive invitations through ACS. Others should apply at the Low Country Adventure Center, building 8325, by March 7 for a chance to be selected by lottery draw March 8. (Must be registered on iSportsman before applying at the Adventure Center). Fee for selected participants is \$25. Individuals will participate in morning and evening hunts, with lunch provided at noon. A cleaning station will be provided. For information, call 912 767-5145.

#### Army food truck is here

The Culinary Outpost is a Soldier-run, Soldierfocused food truck that is making its way around Fort Stewart. We are open in multiple locations from 8 to 9:30 a.m. and 11:30 a.m. to 1 p.m. We accept both SIK meals cards and cash at a cost of only \$3.45 for breakfast and \$5.55 for lunch. Stop on by if you see us. Follow us on Twitter and Facebook at *@ftstewfoodtruck* for daily locations and specials!

#### **BAH** recertification policy

The Fort Stewart Defense Military Pay Office has been inundated with requests from Soldiers for a copy of their DA Form 5960. In order to recertify Basic Allowance for Housing, Soldiers need to see their Battalion S1, not the Fort Stewart Defense Military Pay Office. The S1 will validate all supporting documents are loaded into IPERMS. Soldiers will need to complete a DA Form 5960 and have it certified by their company-level commander. If designated by the company commander, the first commissioned officer in the Soldier's chain of command can certify. Then the S1 will upload the DA Form 5960 into IPERMS. The Fort Stewart Defense Military Pay Office will only be involved in the recertification if there is a change. You can also contact Bill Agnew at 912 767-9789 or *william.f.agnew4.civ@mail.mil.* 

#### **Bible study offered**

Wednesdays at noon at the Marne Chapel. This year the focus is, "The Bible and Current Events." Each week we will take a look at the news of the week and how God's word can bring understanding and perspective to what's happening and how we can apply it to our lives. Military personnel, civilian employees, contractors, retirees and Family members are welcome to attend. Bring your own bag lunch. Study materials will be provided. For more information, contact Bill Agnew at 912 767-9789 or *william.f.agnew4.civ@mail. mil* 

#### "Luck o' the irish" bingo

Play Stewart-Hunter's "Luck O' the Irish" Bingo and you might take home a pot of gold. Up to \$30K in guaranteed payouts. Early buy-in is \$100 per person. Buy-in is \$175 per person on the day of the event. Doors open at 12:30 p.m.Stewart Bingo is in building 405 (912-767-4200) and Hunter Bingo is in building 6015, 912 315-4606. (Patronage Notice: Only authorized DoD ID cardholders and their guests are permitted to play Stewart/Hunter Bingo.)

#### **Annual Work Plan Available**

The garrison commander approved the fiscal year 2018 annual work plan, published on the Direcotrate of Public Works SharePoint site. Log into the link at *https://sps13.stewart.army.mil/ imcom/dpw/home*; then select GC Approved DPW FY18 Annual Work Plan. Updates will be made as changes occur.

#### 'Operation M.E. Day' For Spouses

"Operation M.E. Day," designed to give military spouses a chance to refresh, relax and recharge - is scheduled Sunday, March 11 from 1-4 p.m. at Club Stewart. Cost is \$5 for Marne Star Card holders, \$10 for general admission. "M.E." stands for "Mission Essential," a description of how important military spouses' sacrifices and contributions are to the Army's mission. Register at StewartMWR.com. Walkins welcome. Online registration closes Wednesday (March 7). Those registering in advance receive an "Operation M.E. Day" tote bag and a pair of slippers. Door prizes will include soft fleece robes with the "M.E. Day" logo and vendor gift baskets/cards. CYS is holding a Parents Day Out event at the same time as the "Operation M.E. Day" event for CYS-registered youth. Sign up by Wednesday (March 7). Preregistration required. Cost will be \$4 per hour per child. Over 20 vendors - offering diverse samples and services such as bath, body and skincare services, brow threading, massages, hair styling and manicures - are expected to be part of "Operation M.E. Day"

#### Legal Assistance Office Closure:

The FSGA and HAAF Legal Assistance Offices will be closed Friday March 16th through Sunday March 18th. The offices will reopen Monday morning March 10th during normal hours the midst of a controlled burn season and will be conducting controlled burns at various locations on the Installation each week. Motorists and pedestrians are advised to use extra caution when traveling through areas that may be affected by smoke. For more information, please contact Amanda Price at 912-767-2010. Up to date burn notices are posted to the Fort Stewart Hunter Army Airfield Facebook page at *https://www. facebook.com/FortStewartHunterArmyAirfield/* 

#### **Special Olympics Volunteers Needed**

The 2018 Spring Special Olympics will be held Friday, April 20, 10 a.m. to 1:30 p.m., at the Liberty County Recreation Department, 607 Oglethorpe Hwy., Hinesville. Volunteers are needed to serve as buddies, huggers and the cheering section. For more information or to sign up call (912)-767-5058.

#### Winn Education Fair

Winn Army Community Hospital at Fort Stewart, is conducting the Third Annual Education Fair April 13, from noon until 4:30 p.m., in the Patriot Auditorium at Winn. The Educational Fair is for our military community to enlighten perspective students on the various medical programs offered by institutions of higher learning in our surrounding area. Please come out and join us.

#### **Golf Cart Drive-In Movie**

Bring the whole family and watch Spider Man Homecoming in a golf cart, starting at 7 p.m. Friday (March 9) at Taylors Creek Golf Course. Register for a cart at Stewart Leisure Travel (912-767-2841). Must have a valid driver's license to reserve. In the event there are not enough carts, there will be parking in close proximity to the event site. There's no charge to see the movie, and every person attending will get a free bag of popcorn and a drink. Other concessions available for purchase. This is a Marne Star Families event. For more information, call 912-767-2370 or 912-767-5145.

#### **Boss Paintball At Holbrook Recreation**

Enjoy some paintball fun with BOSS at Holbrook Recreation Area from 1-5 p.m. Saturday (March 10). Course includes woods play and speed play. The cost is \$10 per person, which includes equipment and snacks. Register at Stewart/Hunter Leisure Travel Office. For more information, call 912-767-9917

#### Spring Tee-Ball, Soccer Sign-Ups

Registration continues through March 12 for tee-ball and soccer at Hunter. Co-ed tee-ball, for ages 4-5, costs \$25 per player. Co-ed soccer, for ages 6 and older, costs \$45 per player. Practice begins soon after registration closes and games begin in April. To register, or for more information, call MWR Youth Sports at 912-315-5851/3659 or Parent Central Services at 912-315-5425

#### 2018 Kickoff Golf Scramble

Hunter Garrison Commander Lt. Col. Kenneth M. Dwyer will hold the 2018 Kickoff Golf Scramble on Friday, March 23, starting at 9 a.m. at Hunter Golf Course. The \$35 entry fee includes greens fee, cart, range balls & prizes. Registration open until close of business, March 22. Spouses and Family Readiness Groups are encouraged to participate. For more information, call 912 315-9115.

#### ChristFit Bible study offered

ChristFit is a Community Weekly Bible Study held at Fort Stewart Main Post Chapel and includes fellowship, sharing a meal and growing in God together. Tuesday evenings through April 17, ChristFit allows a family to attend different Bible Study sessions including children and teen programs. Each Tuesday, there will be a family meal at 5:30 p.m. and Bible Study at 6:30-7:45 p.m. Soldiers and their Families, single Soldiers, DOD civilians and military retirees are all welcome. For more information or to register on-line, go to "Christfit Fort Stewart" on Facebook. March 19th during normal hours.

#### Women's History Month Observance

The 3rd Infantry Division Equal Opportunity

Office presents the Women's History Month Observance "Nevertheless, She persisted", March 21, 11:30 a.m. to 12:30 p.m., at Club Stewart. POC is SFC Dezonie, C h r i s t i n e , 760-447-3403, *Christi ne.a.Dezonie.mil@ mail.mil.* 

#### **Control Burn**

Fort Stewart's Forestry Branch is in

## **Education Matters**

#### Ed counselor support

Need to contact an Army Education Counselor? Fort Stewart and Hunter Army Airfield education centers offer a one-stop email address to help. Email: *usarmy. stewart.usag.list.dhr-educationcounselor@mail.mil* for assistance, or at *www.facebook.com/ FtStewartACES578155.* 

#### **Education Scams**

Don't get tricked into paying a diploma mill. Diploma mills claim accreditation by a fake accrediting agency to attract students to their degree programs. Diploma mills are not accredited by a regionally or nationally recognized agency. For a database of accredited institutions, visit *http://nces.ed.gov/collegenavigator; www.chea.org.* 

# 6th Squadron, 8th Cavalry gets creative for physical training



Troopers of Troop B, 6th Squadron, 8th Cavalry Regiment, 2nd Armored Brigade Combat Team, 3rd Infantry Division carry a mock casualty during a team-level physical training session Feb. 23 at Fort Stewart. Training as a team builds trust and confidence among the group and allows the troops to assess their physical fitness.



Courtesy photos

Spc. Robert Wynns, Troop B, 6-8 Cav., 2ABCT, 3rd ID, flips a 200 lbs. tire during a team-level physical training session Feb. 23 at Fort Stewart.