

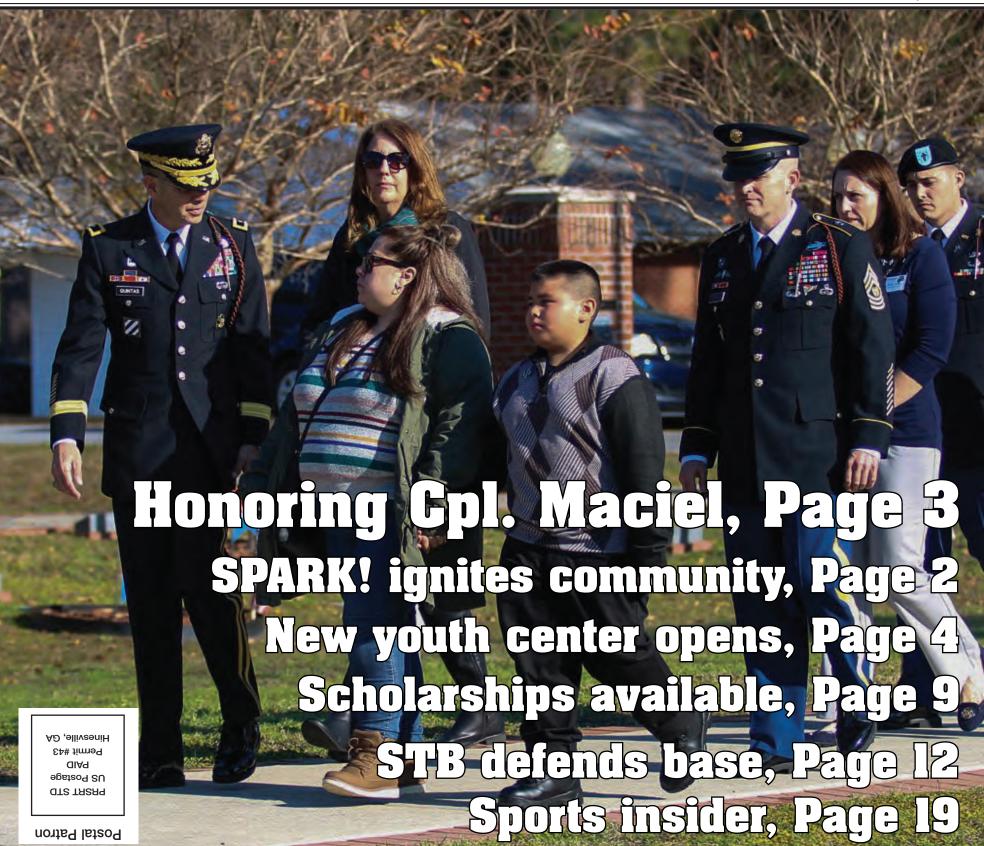
Home of the 3rd Infantry Division EHRONTINE //



VOL. 54, ISSUE 05

Serving the Fort Stewart and Hunter Army Airfield communities • www.stewartfrontline.com

FEBRUARY 7, 2019



SPARK! ignites ideas on installation

Pat Young

Frontline Staff

The SPARK! spouses' conference, developed by spouses for military spouses, was Feb. 1 at Fort Stewart's Club Stewart. with more than 200 attendees and information providers sharing information.

"We all need inspiration from time to time," said Lori Quintas, SPARK! spouses' conference committee member and wife of 3rd Infantry Division commander, Maj. Gen. Lee Quintas.

The event, themed "Home, Health, Career – Reimagine, Rethink, Reignite" offered a full spectrum of information arranged in six rounds, with six courses each round.

More than 30 classes were held addressing subjects like finding joy in everyday life, self-defense, blogging for a living, the art of couponing, the superpower of super-foods, tips for military moves and organized living, and starting your own business.

Each class brought in subject matter experts like Carson Fortner, a martial arts instructor in Pooler, who taught kraw maga for self-defense. Among the tips he provided, with the help of Joe Bouchard, Millie Orem and the 3rd Infantry Division chaplain Capt. Andrew Alterman, was the

shelling techniques, which is used to break choking holds and to take down aggressors.

Another popular venue was syndicated television host Vera Stewart, who performed a cooking demonstration and shared her reflections on 'Giving from the Heart.'

In addition to the scheduled classes, more than 25 vendors staffed by Fort Stewart agencies like Army Community Service, the Directorate of Emergency Community Hospital, and partnership agencies like the USO. Several off-post groups were also on hand too, like Susan G. Komen for the Cure.



Photo by Tara Ruby

Services, Winn Army Lori Quintas, wife of 3rd commander Maj. Gen. Lee Quintas and organizer for the SPARK! Spouses' Conference, opens the event Feb. 1 on Fort Stewart.

Page 10

See SPARK!

Marne Voices Speak Out

Who is your African American history hero?

"Col. Charles Young - he did a lot of things with the ROTC program, fought many wars, and was the first African American to graduate West point."

Sgt. 1st Class Travaris Strowbridge HHC, STB, 3IDSB



'Marcus Garvey, who said 'If you have no confidence in yourself, you're twice defeated in the race of life.' It means you have to work on yourself as an individual until you can help someone else.

Spc. Cierra Walker STB. 3IDSB

"Morgan Freeman has made valid points about using social media to build up others instead of tearing people down. I admire his humbleness and the things that he has stood for."

Pvt. Benjamin Gidley 87th CSSB, 3IDSB



"Martin Luther King Jr. has helped my people and has done so much for our freedom and rights."

Spc. Kyneshia Fearon 87th CSSB. 3IDSB

"Martin Luther King Jr. is a big influence in my life for his American civil rights work and for using nonviolent resistance to overcome injustice."

Pfc. Jennifer Palma 87th CSSB, 3IDSB



3RD INFANTRY DIVISION COMMANDER SENIOR COMMANDER STEWART-HUNTER

MAJ. GEN. LEOPOLDO QUINTAS

USAG FORT STEWART-HUNTER ARMY AIRFIELD COMMANDER

COL. JASON A. WOLTER

HUNTER ARMY AIRFIELD COMMANDER LT. COL. KENNETH M. DWYER

RONTLINE

942 Dr. Ben Hall Place Suite 1087, building 1 Fort Stewart, Georgia 31314

Garrison Public Affairs Officer Chris Fletcher

Editorial/Design Staff **Managing Editor** Patrick M. Young **Production Manager** Eliese Bowles

Hunter Public Affairs officer Steven Hart

3rd Infantry Division

3rd ID PAO Lt. Col. Patrick J. Husted 3rd ID NCOIC Master Sgt. Shelia L. Cooper

Deputy PAO Maj. Anthony Hoefler

1st ABCT NCOIC Staff Sgt. Quanesha Barnett

2nd ABCT NCOIC

Voice your opinion! Write a letter to the editor

Send to: The Frontline Attn: The Frontline, Editor 942 Dr. Ben Hall Place, suite 1087 Fort Stewart, Ga. 31314 or email to:

usarmy.stewart.3-id.list.paofrontline-news-desk@mail.mil or fax it to 912-767-6673 visit www.stewartfrontline.com

Copyright 2016 Advertising: 912-368-0526 The Frontline Office: 912-435-9531 Hunter News Bureau: 912-315-5617 Staff Sgt. Dean Gannon II

2nd ABCT reporter Spc. Jonathan Wallace Sgt. Leo Jenkins Spc. Calab Franklin

3rd ID SB NCOIC

Sgt. 1st Class Lashaundra Shaw 3rd ID SB reporter Sgt. Elizabeth White

3rd CAB OIC 1st Lt. Kelsey Cochran 3rd CAB NCO Sgt. Ryan Tatum

50th PAD NCOIC

Sgt. 1st Class Nikki Felton

This civilian enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of the Frontline are not necessarily the official views of, or are endorsed by, the U.S. Government, Department of Defense, Department of the Army, or U.S. Forces Command. It is published weekly by the Public Affairs Office, Fort Stewart, Georgia. 31314-5000. All editorial content of the Frontline newspaper is prepared, edited, provided and approved by the Public Affairs Office of Fort Stewart, Georgia and the 3rd Infantry Division, and is printed by Morris Newspaper Corporation of Hinesville, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Stewart, Georgia. The civilian printer is responsible for commercial advertising. Subscription rates are \$12/3 months, \$20/six months and \$36 for 12 months. Rates are Third Class mail inside the continental U.S.

Cover Photo: Maj. Gen. Lee Quintas, commanding general of the 3rd Infantry Division, escorts Cpl. Joseph Maciel's mother, Angelina, and brother, Angel, during the tree dedication ceremony held Feb. 5 at Fort Stewart's Warriors Walk.

(Photo by Pfc. Devron Bost)

Tree dedication remembers Cpl. Joseph Maciel

Pfc. Devron Bost 2nd ABCT Public Affairs

Family and Soldiers joined the 3rd Infantry Division, Feb. 5 in remembering the life and service of Cpl. Joseph Maciel, 1st Battalion, 28th Infantry Regiment, 3rd ID, during a tree dedication ceremony at Warriors Walk on Fort Stewart.

The 3rd ID and Fort Stewart community expressed condolences to the Family and friends of the infantry Soldier by dedicating a white-flowering crepe myrtle tree in his honor at Warriors Walk. Warriors Walk is a living memorial of the trees, each dedicated to a fallen Soldier of the 3rd ID and attached units who served during the Global War on Terror.

The ceremony marked the 469th tree to be dedicated since its inception.

Soldiers of his unit traveled from Fort Benning to show their support for the mother and Family of their fallen comrade.

Maciel was born Sept. 5, 1997, in South Gate, California. He joined the Army in 2016, where he served as a rifleman. He deployed to Tarin Kowt District, Uruzgan Province, Afghanistan, in support of the 1st Security Force Assistance Brigade, Operation Freedom's Sentinel.

"Maciel always had a never-quit attitude, he went above and beyond to complete his missions," said Staff Sgt. Eddie Negron, squad leader for Task Force 1-28. "It feels as though someone took something special away from me, he was like my son."

During the ceremony a moment of silence was given as Maciel's younger brother Angel Maciel and mother Angelina Maciel placed a yellow rose at his tree.

Maciel died of injuries sustained during an attack on July 7, 2018. His awards and decorations include: a Bronze Star, Purple Heart, Army Achievement Medal, and Afghanistan Campaign Medal. The 3rd ID and forts Benning and Stewart continue to remain committed to the Soldiers and Families who lost their love ones while defending our nation.

"Cpl. Joseph Maciel leaves a lasting impact on the Soldiers and leaders of his platoon, company and battalion," said Maj. Gen. Lee Quintas, 3rd ID commander. "By adding his tree today to Warriors Walk -- he leaves a lasting impact on the 3rd Infantry Division and all who visit Warriors Walk."



Photos by Pfc. Devron Bost

Staff Sgt. Eddie Negron, squad leader for TF 1-28, 3rd ID, recites a poem in honor of Cpl. Joseph Maciel Feb. 5 at Fort Stewart's Warriors Walk.



A yellow rose, placed by the Angel, the brother of Cpl. Joseph Maciel, lays by the white-flowering Crepe Myrtle tree dedicated to Maciel at Warriors Walk. Feb. 5 on Fort Stewart.



Troops of 3rd Infantry Division came together to comfort and support the mother and brother of Cpl. Joseph Maciel during a tree dedication ceremony held at Warriors Walk Feb. 5 on Fort Stewart

New youth gym perfect fit for community

Kevin Larson

Fort Stewart Public Affairs

Fort Stewart Families have a new option to pursue healthy lifestyles with the opening of the new youth sports and fitness center Jan. 31.

Located at building 7160 on Austin Road near Murray Elementary School, the center is open 3-7 p.m., Monday through Friday. Promoting, supporting, and encouraging fitness and healthy lifestyles is the goal of the Directorate of Family, Morale, Welfare and Recreation facility.

"What we're trying to do is get our parents, families and guardians to be more interactive with our children, with fitness programming, sports—just getting them off the couch, getting them out the house and getting active," said Craig Crawford, DFMWR youth sports and fitness director.

The overarching goal is to achieve FIT Families—where Fitness Inspires Terrific Families. Garrison commander Col. Jason Wolter said he hopes the center becomes a gathering place for the installation's Families to accomplish those goals, and more.

"It's not just about functional fitness or having a great place for a gym," Wolter said. "We're talking about healthy living, and it is all tied to Families. Whether you learn to cook a meal here or working out together or doing a new fitness program, this is your building."

Planning is underway to schedule classes for children 12 and up, Crawford said. The gym is also open to children 8 to 11, so long as a parent accompanies them.

"We will have aerobic classes," he said. "We will have HIIT classes, which is high-intensity interval training, we will have yoga classes, spin, functional fitness, and we have a free weight room which will do basic weight training for youths and a lot of different clinics."

The center also has an athletic field for agility drills, Crawford said.

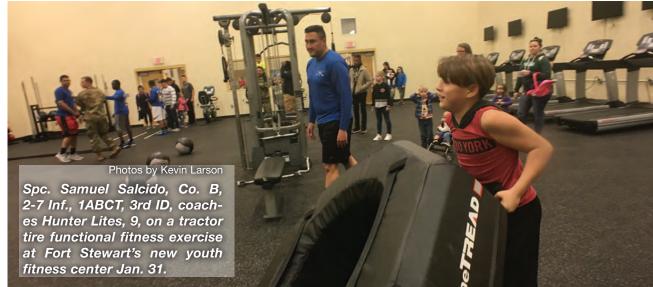
Stacy Groth, DFMWR child and youth services coordinator, said the fitness center will also offer "mommy and me" and food nutrition classes—including future cooking demonstrations. Having the youth fitness center available is way to achieve holistic fitness success.

"Knowing the number of youths that need to get up and be active, we thought this would be a great way to do that, to encourage the families to come out as a unit and really work toward some common goals," Groth said.

For Crawford, the youth fitness center is an investment in not only individual fitness, but in creating potential for society.

"It's for the kids," he said. "I strongly feel that kids are our future. One day they'll be taking care of us so they have to be able to be healthy to do that effectively."

To learn more about the center, call 767-2635.









ACS, MWR, Coastal Happening Briefs



Like ACS on Facebook

Search for "Army Community Service, Fort Stewart-Hunter Army Airfield." Help the Hunter Army Airfield community get more "likes" by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families there as well. Search for Hunter Army Airfield and pass the word along.

Register now for ACS classes

You asked, we listened. Online registration is now available for Family Readiness Group classes through Eventbrite. Please go to https://www.eventbrite.com/o/army-community-service-fort-stewarthunt-er-aaf-12997030788. Posted on the ACS page of the Team Stewart website, www.stewart.army.mil.

ACS building is accessible to everyone

Army Community Service wishes to inform our community that our facilities meet, or exceed, the standards for persons with disabilities. Our facilities are wheelchair accessible; and should you need assistance upon arrival, please inform one of our staff members. The playground next to building 82 at Fort Stewart is certified as an Exceptional Family Member playground. Hunter EFMP playground is located next to building 1284. For questions, please contact ACS at 767-5058 or 315-6816.

Free classes offered at Stewart

Upon request from the chain-of-command:

- Sponsorship training
- Risk management for senior NCOs (E7-E9)
- FAP commander/senior leader briefing Every Monday

Financial planning for PCS, 10 to 11:30 a.m.

ACS Stewart, building 86

*Mandatory for E-4 and below.

Embedded financial counselors wanted

Do you want to take control of your finances? Well, the ACS financial readiness team has embedded a financial counselor within each brigade to service all your financial needs. Whether you are considering buying a car, home, saving, investing, or just want assistance with creating a budget the financial counselors are here to assist? The financial counselor also provides monetary assistance through Army Emergency Relief to assist our Soldiers and Family members with life's unexpected challenges. If you require assistance, don't hesitate to contact your brigade financial counselor. For more information, you may contact ACS at 767-5058.

REAL FRG command team training

The REAL family readiness group command team training is targeted towards company commanders and first sergeants but is also informative for brigade and battalion commanders. This training delineates the roles and responsibilities of the command team regarding how to leverage and execute the Family readiness

mission. Topics include Family readiness, mission essential tasks and regulatory guidance. This training is required under the Marne inspection program. It will be conducted in ACS building 87 from 9 a.m. to noon. Register by calling 767-1257 or the ACS Eventbrite page.

Hearts Apart/foreign-born spouse social

Starting in January, ACS is proud to partner with the USO to conduct the Hearts Apart/foreign-born spouses social. If your Soldier is on an unaccompanied tour or deployed, this group is for you. If you are a foreign-born Spouse, this group is for you. The meeting will be held on the second Thursday of each month at the Fort Stewart USO. This event provides an opportunity for a cultural blended experience to interact with others and build friendships that will last a life time. Children are welcome. For details call Linda McKnight, 767-5058.

Pet boarding limited

Due to installation of new turf to enhance the pet boarding center, the center temporarily can accept only 25 dogs per day for doggie daycare and/or boarding. This limitation will be effective for about 30 days (weather dependent). We regret any inconvenience this causes our customers. For additional information, call 435-8052 or visit *StewartHunterMWR.com*.

Parent, child golf clinics offered

A new instructional golf program, designed to encourage an interaction with parents and children in the game of a lifetime, is coming to Taylors Creek and Hunter golf courses. PGA professional Tommie McArthur will teach golf rules, swing mechanics and other basic skills. Ideal for children ages 7-14. The clinics are 10-11 a.m. at Taylors Creek, Saturday, Feb. 16 and March 16 and at Hunter Golf Course Feb. 9 and March 23. The cost is \$20 for parent and child - \$5 for additional child. For more or to register, call 767-2370 or 315-9115.

Coastal Happening: OCS reunion

An Army Officer Candidate School reunion is scheduled for April 28 to May 1. All branch classes 1941until present are invited. This is going to be a great time with the opening of phase one of the OCS Heritage Center; the dedication of more bricks, pavers, and class memorials; the induction of the 2019 Hall of Fame class; and the presentations of the Nett Award and the Patterson Award. Mini class reunions are welcome to celebrate with the national reunion. Online registration is available at <code>www.ocsalumni.org</code>. For more information, contact Nancy Ionoff, reunion coordinator, at <code>ocsalumnire-union@gmail.com</code>.

Sign up for soccer

Registration for the Commander's Cup seven versus seven soccer league is Feb. 11 to March 4. A captains meeting is March 4. Games begin March 11 on MWR intramural sports fields. Only active duty are eligible. No charge. To register, turn in an approved participation memo and team roster to the Newman Sports Office. For more information, call 767-8238.

College open house slated

A college open house , themed 'For the love of education' is scheduled from 1-5 p.m. Feb. 13, at the Sgt. 1st Class Paul R. Smith Education Center on Fort Stewart. Participating colleges include Webster University, Embry-Riddle Aeronautical University, Columbia College, Central Texas College and Savannah Technical College. Refreshments, raffles, games and more will be available. For more information contact the Fort Stewart Education Center at 767-8331 or the Hunter Army Airfield Education Center at 315-6130.

Long range shoot slated

Long range shoots for all caliber rifles will be held from 9 a.m. to 2 p.m. Saturday and from 9 a.m. to 2 p.m. Feb. 23 at Red Cloud Echo Range on Fort Stewart. Cost is \$15 per two-hour block. Paper targets 100-500 yards, steel targets at 750 and 1,000 yards. Weapons must be registered on Fort Stewart. All payments cash only. To reach Red Cloud Echo Range, take Highway 119 north. The range is on the right. For more, call 435-8205.

T-ball, soccer registration opens

Registration begins Feb. 11, and continues through March 8 for T-ball and soccer at Hunter. Co-ed T-ball, for ages 4-5, costs \$25 per player. Co-ed soccer, for ages 6-13, costs \$45 per player. Practice begins soon after registration closes and games begin in April. To register, or for more information, call MWR Youth Sports at 315-3659 or Parent Central Services at 315-5425.

Register for unit level soccer

Registration for the commander's cup seven-versus-seven soccer league opens Feb. 11 and continues until March 4. A captains meeting will be held March 4 and games begin March 11 on MWR intramural sports fields. Only active duty are eligible. No charge. To register, teams may turn in an approved participation memo and team roster to the sports office at Newman Fitness Center. For more information, call 767-8238.

Life guard hiring event

A lifeguard hiring event will be held Feb. 12, from 5-7 p.m. at Tominac Fitness Center indoor pool on Hunter. The event streamlines the hiring process. Must be 16 or older and will be required to take a swim test. If they pass, human resources will in-processed onsite. Testing is done throughout the two-hour event, and candidates who arrive after the starting time will be welcomed. Candidates should bring swimming attire and dry clothes. They need photo ID, Social Security card and resume. For more information, call 767-5145.

Fort Stewart-Hunter Army Airfield Briefs

Bookmark our new web address

The new Fort Stewart-Hunter Army Airfield web address is *https://home.army.mil/stewart/*. All Army installations are migrating to a new enterprise address for standardization and security measures. Please bookmark the new address as the redirect will only last one month.

Fort Stewart app is online

Everything you need to know about Fort Stewart and Hunter Army Airfield is now available at your fingertips. Interactive maps, directories, gate information, gyms, dining facilities, emergency, hotline numbers, and notifications. Download today from Google Play or Apple iTunes. Google Play https://play.google.com/store/apps/details?id=com.jb1bfb31a89e or the App Store at https://itunes.apple.com/us/app/fort-stewart-hunter-aaf/id1436217599?ls=1&mt=8.

MCSC event held

Join the fun as the Marne Community and Spouses Club holds its annual "Beaches and Baskets," 6 p.m., March 2, at Club Stewart. Among the events scheduled will be music, dinner, both a silent and live auction and more. Individual tickets are \$25, a table of eight can be reserved for \$190. For more information visit *www.marnecommunityandspousesclub.com*. The MCSC is a 501(c)3 non-profit social and welfare organization.

Hiring event slated

A DAV recruit military hiring event is scheduled for 11 a.m. to 3 p.m. today at Club Stewart. Military personnel, reserve members, National Guard members, veterans and their spouses are encouraged to attend. The event includes job, continuing education and business ownership opportunities. For more details, visit *RecruitMilitary.com/FortStewart*.

Construction notice

Construction began on the deceleration lane at the Victory Shoppette. The construction is scheduled to be completed the first week of April. During construction, Wilson Avenue will, at times, be restricted to one lane. Flagmen will be present. There will be no access to the Shoppette or the gas pumps from Wilson Avenue during the construction. Access can be made from Veterans Parkway or the newly constructed Road off McFarland Avenue. Motorists are advised to avoid the area if possible.

Transfer of education benefits updated

An announcement was made regarding the transfer of education benefits. In accordance with Department of Defense Issuances 1314.13 Change 1, beginning July 12, the eligibility to transfer education benefits will be limited to service members with at least six years, but not more than 16 years, of total creditable service. A four -year commitment to the Armed Forced will be required

upon transferring the education benefits. For additional information contact the nearest Education Center at 767-8331 at Fort Stewart or 315-6130 at Hunter Army Airfield.

Join the SAMC

Are you a Sergeant Audie Murphy Club member? Do you have aspirations of becoming a member? The Fort Stewart-Hunter Army Airfield "Rock of the Marne" SAMC is reaching out to all members across the installation. We are actively updating our contact rosters and want to ensure we are capturing our members for updates with the Club. Please contact Sgt. 1st Class Karl Kirven at *karl.w.kirven.mil@mail.mil* for more information. We look forward to hearing from you. The monthly meeting is the third Wednesday of each month at noon, at building 1 on Fort Stewart in the Sergeant Audie Murphy Club conference room.

Super saver program

Are you interested in winning \$500? If so, this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a garrison civilian employee and submit the best idea for saving the garrison money, you will win \$500. Submit your idea on the super saver nomination form available on the Team Stewart web page under Garrison Resource Management Office. Nominations are boarded with the garrison. Submit to *barbara.cardinal3.civ@mail.mil.*

CG Hip Pocket Scholarship

The 3rd Infantry Division commander has been given five Army ROTC Green-to-Gold Hip Pocket Scholarships. The scholarship program provides selected Soldiers the opportunity to complete their baccalaureate degree requirements and obtain a commission through participation in the ROTC scholarship program. Units are encouraged to nominate Soldiers that exhibited the potential for further outstanding service to the Army as commissioned officers. Interested Soldiers can follow-up with their chain of command. Download the guide and complete an application by clicking "Create An Account" at https://my.goarmy.com/accounts/register/user_ agreement.jsp?loginPg=g2g. Click on "Log In" if you already have an account. After creating an account, return to this site and start the application at https://www.goarmy.com/careers-and-jobs/current-and-prior-service/advance-your-career/greento-gold/pocket-scholarship.html. Applications are due to the 3rd Infantry Division G-1, by March 19. If you have questions see your unit S-1 or contact alfred.mcdaniel3.mil@mail.mil.

Visit the 3rd ID museum

The 3rd Infantry Division museum is open Tuesday through Friday, 9 a.m. to 4 p.m. and the first Saturday of each month, 10 a.m. to 4 p.m. Explore three galleries - the Stewart gallery, the aviation gallery and the 3rd ID gallery to learn the history of Fort Stewart and Hunter Army Airfield, and the history of the Rock of the Marne.

The museum features an M5 Stuart tank from WWII, Medal of Honor recipient Sgt. 1st Class Paul R. Smith's M113 A3, Sgt. Audie Murphy's M1 carbine, and a 1941 fire truck from Hunter. Multi-purpose event room available for group events. Gift shop open Tuesday through Thursday, 10 a.m. to 3 p.m. Group tours. Schedule your visit today. Call 767-7885 for information.

Valentine's Day dinner at Thunder Run

Make your plans now for dinner with someone special on Valentine's Day at Thunder Run Restaurant in Club Stewart. Dinner served by reservation from 6-9 p.m. Feb. 14. Four-course meal consists of salad bar, appetizer station, choice of entrée, an oversized sharable dessert and a non-alcoholic beverage. Choose entrée of king and queen surf and turf, prime rib, seared ahi tuna or chicken ratatouille. Bar service available at an additional cost. Reservationsonly cost is \$25 per person, if tickets are purchased on Event Brite by Feb. 13. Walk-ins cost is \$35 per person. For more information, call 767-4717 or visit *StewartHunterMWR.com.*

Bible study available

Every Wednesday at noon we will hold our weekly Bible study at Marne Chapel. All military personnel, veterans, civilians, contractors and retirees are welcome. Contact Bill Agnew 767-9789 for more information

BOSS free Valentine's Day bowling

Better Opportunities for Single Soldiers is providing free bowling, food, and non-alcoholic beverages at Marne Bowling Center, building 402, for single Soldiers on Valentine's Day, Feb. 14, from 6-8 p.m. Here's a chance to take a break from the barracks, go bowling and have some fun. For more information, call 767-9917 or 271-5136.

Super Smath Bros Ultimate Tournament

A Super Smash Bros Ultimate video game tournament will be held Friday, Feb. 15 at 11:30 a.m. at the George P. Hays Library, building 411. There is no charge to enter. For additional details, visit *StewartHunterMWR.com*.

Play Stewart-Hunter bingo

Play Fort Stewart-Hunter Army Airfield's "Luck O' the Irish" bingo March 2, and you might take home a pot of gold. Up to \$33K in guaranteed payouts. Early buy-in is available until Feb. 22 and is \$100 per person. Early buy-in customers also get reserved seating on a first-come, first-served basis. Buy-in cost after Feb. 22 and on day of event is \$175 per person. Doors open at 1 p.m. Early bird is played from 2:30 p.m. until program begins at 6 p.m. Stewart bingo is in building 405, 767-4200 and Hunter bingo is in building 6015, 315-4606. (Patronage notice: Only authorized DoD ID cardholders and their guests are permitted to play Stewart-Hunter bingo.)

Dual-military couples manage life, careeer

Staff Sgt. Quanesha Barnett 1ABCT Public Affairs

Across the military, there are dual-military Families who face many challenges from being separated to being deployed because of their career choices. Two Raider brigade couples serve in the same battalions as their spouse and one couple even shares the same military occupational specialty (MOS).

Spc. Simone Powell and her husband Spc. Thomas Powell are petroleum supply specialists assigned to the 3rd Brigade Support Battalion, 1st Armored Brigade Combat Team, 3rd Infantry Division.

"The good thing about being dual military is we understand each other's schedule, and the things that go on at work," said Spc. Simone Powell. "It can be difficult with childcare by being dual military in the same unit and MOS."

While working similar schedules is a challenge with childcare, it doesn't mean that one or the other can't be present for the needs of children. Both Powells said they find ways to ensure that Family takes precedence throughout their careers with the support from their chains of command.

The Powells said despite the long hours, they are acustomed with the Army. They always manage to find time for marriage and Family events.

Spc. Mark Winteroth and Pfc. Kimberly Renaga are both assigned to the 1st Battalion, 41st Field Artillery Regiment, 1ABCT, 3rd ID.

Winteroth is a fire-control specialist and Renaga is a unit supply specialist. Despite being in the same unit, having different jobs creates its own challenges.

"Being dual-military Soldiers is pretty hard because we have two different schedules," said Winteroth, "We have to put boundaries between our marriage and work."

The Soldiers realized the time will come when they will deploy separately and be divided into different units, but they appreciate the opportunities they have had to deploy and see the world

They returned in October from a ninemonth rotation to the Republic of Korea.

"This can be a difficult experience due to us being in the same company, but also an enjoyable one due to us being in the same environment," said Winteroth. "We make the best out of the experience being dual military."

One way to combat their challenges





Photos by Staff Sgt. Quanesha Barnett

Spc. Simone Powell and Spc. Thomas Powell are petroleum supply specialists assigned to 3rd BSB, 1ABCT, 3rd ID.

Left: Spc. Mark Anthony Winteroth, fire-control specialist and Pfc. Reynaga Kimberly, unit supply specialist are assigned to 1-41 FA, 1ABCT, 3rd ID. The service members shared their challenges as dual-military Soldiers.

3-15, 2-69 conduct Bradley fighting vehicle gunnery



Sgt. 1st Class Jeremy Beard, a Bradley fighting vehicle commander assigned to 2nd Battalion, 69th Armored Regiment, 2nd Armored Brigade Combat Team, 3rd Infantry Division, looks forward as the vehicle approaches the next firing line during a live fire training exercise on Fort Stewart Jan. 31.

The vehicle commander alerts the gunner to enemies, describes the enemy with the location, and tells the gunner when to engage.

To qualify during a gunnery, the crew must engage and destroy stationary and moving targets from a stationary and moving Bradley during the day and night.

Customer Appreciation Party! Come help us celebrate our first month in business

February 16th Tpm-cose

Prizes · Giveaways · Raffles · Food

- Huge juice & hardware selection
- Military discount
- Experienced and knowledgeable staff
- Juice Bar with custom blends mixed on-site

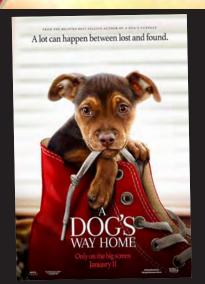
MADVAPES \$

THE VAPING EXPERTS

632 West Oglethorpe Hwy., Ste. B Hinesville, GA 31313 (Beside Krispy Kreme)

912.332.5086

Reel Time Theaters

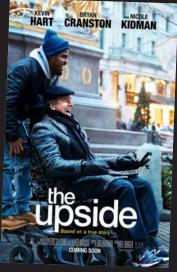


A Dog's Way Home (PG) Friday, Feb. 8 - 6 p.m.

A female dog travels four hundred miles in search of her owner throughout a Colorado wilderness. Stars: Ashley Judd, Jonah Hauer-King, Edward James Olmos



A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who's hired to help him. Stars: Kevin Hart, Bryan Cranston, Nicole Kidman





On the Basis of Sex (PG-13) Friday, Feb. 15 - 6 p.m.

The true story of Ruth Bader Ginsburg, her struggles for equal rights, and the early cases of a historic career that lead to her nomination and confirmation as U.S. Supreme Court Associate Justice. Stars: Felicity Jones, Armie Hammer, Justin Theroux

Glass (*PG-13*) Friday, Feb. 16 - 3 p.m.

Security guard David Dunn uses his supernatural abilities to track Kevin Wendell Crumb, a disturbed man who has twenty-four personalities. Stars: James McAvoy, Bruce Willis, Samuel L. Jackson



Spouses' club accepts community scholarships, grants applications

Jeni Putnam MCSC

The Marne Community and Spouses' Club is accepting applications for its 2019 academic scholarships and welfare grants.

Interested parties can download applications at www.marnecommunityandspousesclub.com/scholarships-and-grants. Applications must be postmarked to P.O. Box 3119, Fort Stewart, Georgia 31315 by March 2.

Through its fundraising efforts the club raises thousands of dollars each year to fund scholarships for military dependents and grants for local organizations.

"It's our great privilege to benefit our students and local organizations through our fundraising program," said MCSC president Michelle Guran. "We enjoy knowing that our efforts lead to the betterment of our Families and our communities."

Spouses or children of service members stationed at Fort Stewart-Hunter Army Airfield may apply for the merit-based scholarships.

Community organizations that serve the Fort Stewart, Hunter Army Airfield and surrounding area may apply for grants.

MCSC is a 501c3, non-profit social and welfare organization that supports Fort Stewart and Hunter Army Airfield families and the greater Marne community through community outreach, academic scholarships and welfare grants. For more information, visit us at www.marnecommunityandspousesclub.com.

Fort Stewart Hunter Army Airfield has new Web address

The new Fort Stewart-Hunter Army Airfield web address is *https://home.army.mil/stewart*. Please bookmark the new address as the redirect will only last one month.







Present this coupon for a \$100 discount on a Yates-Astro termite treatment.

If your home is not presently covered under an annual termite warranty, it should be! Present this coupon after your free estimate

Sentricon

for your \$100 savings! Expires 4/30/2019.



SAVE \$50

Present this coupon for a \$50 discount on a Yates-Astro monthly pest control program.

This savings is available for your choice of monthly bi-monthly, quarterly or annual treatment plans! New residential customers only. Call for special commercial savings. Expires 4/30/2019.

SPARK! —— Page 10

The vendors answered questions and provided information about available services and resources.

Christi Kisko understands the challenges military life poses. She and her husband, 1st Sgt. Garry Kisko, 92nd Engineers, have spent more than 17 years in the Army. Her family has moved many times. Their son, Justin, now serves in the Army at Fort Sill, Oklahoma, Her other son Kadence is scheduled to join the Army in June. She sees the value in the SPARK! spouses' conference.

"I think events like today can help," Kisko said. "Many new spouses aren't aware of the services available in the area. Sometimes it is hard to navigate your way around the military. It is important to reach out to our young spouses so they don't feel lost."

She said she enjoyed the event, and learned some new things, too.

Learning new things was part of the conference's intent, according to Quintas. She said it was designed to share ideas, which benefit not only new military spouses but seasoned veterans, too.

She noted the events success was achieved through community partnership, the efforts of volunteers and garrison support. She also thanked the SPARK! committee members Kelly Evans, Sue Boyles, Karen Wolter, Bethany Marshall and Christina Hendrex for their endeavors.



Photos by Tara Ruby

Above and below: Nationally-syndicated television host, Vera Stewart puts on a cooking demonstration Feb. 1 during the SPARK! spouses' conference Feb. 1 on Fort Stewart.

Right: The Fort Stewart USO was one of the information vendors at the conference Feb. 1 on Fort Stewart.





Photos by Tara Ruby

Above: ACS instructor Linda McKnight educates attendees about available services and resources during the SPARK! spouses' conference.

Left: Directorate of Human Resources instructor Temeka Franklin talks about stepping back into the classroom and offers tips to help spouses Feb. 1 during the conference.













Photos by Pat Young

Millie Orem demonstrates the shell technique with Joe Bouchard Feb. 1 at the SPARK! spouses' conference. The technique is used to break a rear choke, according to subject matter expert Carson Fortner, and involves placing your hands behind your head, pulling your arms tight and twisting your body to break the hold swiftly, then applying either an elbow strike and or groin kick. The self-defense class was one of the classes offered during the event,

which included more than 30 other courses throughout the day.



Photo by Tara Ruby

The 2019 SPARK! spouses' conference held Feb. 1 on Fort Stewart at Club Stewart, offered more than 30 classes and 25 information vendors.



Photo by Pat Young

SPARK! spouses' conference attendees visit the DFMWR booth at Club Stewart Feb. 1 on Fort Stewart.



Photo by Pat Young

Charm Reed demonstrates what she learned in the self defense class against instructor Carson Fortner Feb. 1 at the SPARK! spouses' conference on Fort Stewart.

Special Troops Battalion Soldiers train for base defense

Sgt. Elizabeth White 3IDSB Public Affairs

Soldiers in the Special Troops Battalion, 3rd Infantry Division Sustainment Brigade, completed a base defense life-fire exercise Jan. 30 on Fort Stewart.

The purpose of the exercise was to certify platoons in base defense operations, including reacting to simulated gas attacks, treating casualties and reacting to enemy attacks.

"One of our mission-essential tasks is to conduct a base defense operation, the battalion can't conduct its mission if the companies and platoons don't know how to conduct theirs," said Maj. Clint L. Gudan, the STB executive officer. "Starting at the smallest level and working our way up, it allows us to secure the sustainment brigade whenever they're conducting operations in a [deployed] environment."

The sustainment brigade is the lifeblood of the 3rd Infantry Division's operations. Sustainment units are responsible for supplying ammunition, food, fuel, water, communication capabilities and managing Soldiers' finances. They not only need to defend themselves, they also need to be prepared to defend those resources and anyone that comes to access them.

"As the battalion headquarters for the sustainment brigade, it is our responsibility to provide that security for the brigade headquarters," said Gudan. "Additionally, if you think about the mission of STB, we own the signal company, the finance company and the human resources company, so we would have to defend those key nodes where troops are coming in, getting processed or getting their pay."

While the sustainment mission is important for keeping Soldiers fed, armed and paid, it isn't the most glamorous job in the Army. Often, Soldiers spend their days behind a desk or in a motor pool maintaining those

Sgt. Kyron Brown, HHC, STB, 3IDSB, goes over the company's base defense plan during a livefire exercise Jan. 29 on Fort Stewart

supply assets. Being able to train in reacting to simulated enemy contact, treat a casualty and defend their base was an opportune chance to get back to the basics.

"A lot of our Soldiers don't get the opportunity to do these kinds of things while working in a brigade or battalion element," said Staff Sgt. Andrew Kiefer, the senior construction equipment repairer with Headquarters and Headquarters Company, STB, 3IDSB. "When we get these types of things going on it gives them an overview of

what it's actually like to be a total Soldier. It gets the Soldiers back to what they learned in basic

Photos by Sgt. Elizabeth White

Right and below: Spc. Remond Palmer, a multichannel transmission systems operator-maintainer with 414th Signal Company, STB, 3IDSB, fires an M4 carbine during a base defense live-fire exercise, Jan. 29 on Fort Stewart. training."

Soldiers took in the learning experience the base defense provided and began planning for further advancement of those skills.

"We're looking in the future to do sergeant's time training, ranges and things like that," said Kiefer.

The brigade continues to train to meet any challenge at home or abroad, protect and sustain the 3rd ID and advance the Army mission.





Full Armor Auto Accessories

912-877-3292

50% OFF
All vehicle headlights
& tail lights

(in stock items)



40% OFF Bench Seat Cover

We do headliner and car seat upholstery! One-Stop Shop for All Auto Accessories!

730 Weeping Willow Dr #106 Hinesville, Ga 31313 www.fullarmorautoaccessories.com (Behind Burger King on 196)



912-355-5558 | 606 Mall Blvd, Savannah 912-826-0167 | Hwy 21, 319 S Columbia Ave www.rincontransmission.com

Special Deliveries

Provided by Winn Army Community Hospital

Jan. 29

Mauro Figueroa IV, a boy, 8 pounds, 15 ounces, born to Mauro Figueroa and 1st Lt. Ashely Figueroa. Twins Addley Michelle Garcia, a girl, 5 pounds, 13 ounces and Audrey Marlee Garcia, a girl, 5 pounds, 15 ounces, born to Staff Sgt. Joseph Garcia and Michelle Garcia.

Jan. 31

Julian Jeremiah Lewis, a boy, 6 pounds, 3 ounces, born to Lt. Col. Levias Lenoy Lewis and Angela Patrice Lewis.

Winn wears red for healthy hearts

Sandra Durrence, APRN

Winn Army Public Health

Every minute in the U.S., someone's wife, mother, daughter, or sister dies from heart disease, stroke or other form of cardiovascular disease. According to the National Institute of Health, one in every four women will die from heart disease. Heart disease is the number one killer of women age 25 and older and stroke is the number four killer of women and accounts for 61 percent of all stroke deaths annually.

The American Heart Association's Go Red for Women movement is trying to turn around these statistics. It is a nationwide movement focused on providing resources, information and hope.

On Feb. 1, the American Heart Association's annual national Wear Red Day showed their support for the fight against heart disease and stroke in women by wearing red.

The good news is that you can control many coronary heart disease (CHD) risk factors. CHD risk factors are conditions or habits that raise your risk for CHD and heart attack. These risk factors also can increase the chance that existing CHD will worsen. Often times the symptoms go unnoticed in women.

Know the symptoms:

- Unexplained fatigue.
- Dizziness.
- Nausea.
- Shortness of breath.
- Anxiety.
- Cold sweats.
- Pain in the chest, upper back, shoulders, neck or jaw.

Top Interventions:

- Take an aspirin and call 911 if you experience any symptoms.
- Have yearly health screens for blood pressure and cholesterol checks.
- Increase fruit and vegetable intake and decrease fried, fatty meats and empty calories from simple sugars.
 - Exercise for 30-60 minutes every day.
- \bullet Know your numbers: Keep your body mass index less than 25, waist circumference less than 35 inches for women and less than 40 inches for men. Keep your cholesterol less than 200 mg/dl, low-density lipoprotein less than 130mg/dl; high-density lipoprotein greater than 50 mg/dl, triglycerides less than 150mg/dl; blood pressure lower than 120/80; blood sugar between 60 and 110 mg/dl.

Lifestyle changes, medicines, and medical or surgical procedures can help women lower their risk for CHD. Thus, early and ongoing CHD prevention is important. Winn Army Community Hospital urges women to take charge of their cardiovascular health, make it a top priority and live a stronger, longer life.



GEORGIA SOUTHERN UNIVERSITY

Join us for an Eagle Preview

Hinesville • Feb. 26

GeorgiaSouthern.edu/eaglepreview

CHAPLAIN'S CORNER

Be a doer, not a fixing-to-do-person

Maj. Jeremy Mount

1st ABCT Chaplain

Over the years, I have had the honor to serve in lots of different Army units. I have found there is a distinct characteristic within the healthy ones. Healthy units are not filled with 'fixing-to-do-Soldiers.'

The other day, I asked a platoon sergeant how he thought his team was doing. He gave me one of the most profound responses to date. "My platoon is all about doing what it takes to complete the mission," he said. "Every one of them are doers!"

I am convinced the Army, or any organization, does not have room for Soldiers or employees who live out of a fixing-to-do-mindset. We must become doers!

There is a tendency for every one of us to sway from accomplishing the mission or losing traction while pursuing our goals.

The fixing-to-do-belief system becomes the norm when we begin to suffer from "Eeyore syndrome." Eeyore refers to the old, depressed, gloomy, pessimistic, gray donkey in Winnie-the-Pooh. He was plagued by circumstances and always fixing to do something great. But he could never find his tail.

Don't you dare catch this disease. Hold fast to being doers who complete the missions you were gifted to fulfill and change lives along the way.

So what areas of your life are you fixing-to-do? Why not go ahead and enroll in that college course? You know you need to write that long overdue letter of apology to your loved one or estranged friend. Or call the person, ,maybe text it. Just keep it off social media.

Go ahead and book that perfect date night for your spouse or significant other. Find that someone within your job who is struggling and sit at their feet.

Run the marathon, start a new hobby, and take that leap of faith. Let's become those who will be known as doers and not those who look back on their lives regretting what could have been, because they were always fixing-to-do!

Now someone may argue, "Some people have faith; others have good deeds." But I say, "How can you show me your faith if you don't have good deeds? I will show you my faith by my good deeds." How foolish! Can't you see that faith without good deeds is useless? *James 2:18-20(NLT)*



Chapel Schedule

Fort Stewart

 Catholic
 Location
 Time

 Sunday Mass
 Main Post Chapel
 9:00 a.m.

 Weekday Mass
 Main Post Chapel
 11:45 a.m.

 (Confession available daily

and before Sunday Mass)

Protestant (Sundays)

TraditionalMarne Chapel9:00 a.m.Chapel NextMain Post Chapel10:45 a.m.Gospel Adult Sunday SchoolMain Post Chapel11:00 a.m.Multi-Cultural GospelMain Post Chapel12:30 p.m.Service

Kids' Church (Sundays)

K- 6th Grade Main Post Chapel 1:00 p.m.

PWOC (Wednesdays) Main Post Chapel 9:00 a.m.

PWOC (Check https://www.facebook.com/stewartPWOC, or email

stewartpwoc@gmail.com for upcoming events.)

<u>Islamic</u> (Fridays) Main Post Chapel 1:00 p.m.

Buddhist (Last Sunday) Marne Chapel 11:00 p.m

Hunter Army Airfield

 Catholic
 Location
 Time

 Sunday Mass
 Hunter Chapel
 11:00 a.m.

 Catholic CCD
 Building 129
 9:30 a.m.

Protestant
Sunday Service Hunter Chapel 9:00 a.m.
Kids' Church Hunter Chapel 9:00 a.m.
Fellowship Hall
PWOC (Thursday) Main Post Chapel 9:30 a.m.

EDUCATING THE MILITARY IS OUR #1 MISSION.



American Military University was founded by a Marine Corps officer to provide military members with a portable, relevant, and affordable education. Today, the university is proud to be the #1 provider of higher education to the U.S. military.

At AMU, you'll find more than 200 mission-relevant degrees and certificates and a network of advisors to help you succeed. We limit your out-of-pocket costs by providing tuition grants for military servicemembers and spouses, technology fee waivers for active-duty members, transfer credit for military experience and training, and undergraduate books at no cost.

PROGRAMS START MONTHLY. CONTACT OUR BASE REP TO LEARN MORE.

EDDIE BROWN 540-336-2872 | ebrown@apus.edu

AMU.APUS.EDU/REP

CLASSIFIEDS

Vista

912-667-6787.

Oglethor-

Hinesville

REDUCED

Coldwell

912-977-

Services

Business Services



Commercial grade 6" Seamless Gutter We offer a complete line of commercial and residential seamless gutters to suit your projects!! Call today for a free no obligation estimate! 912-257-5 0

VALENTINE'S DAY IS APPROACH-ING. Want to get married without a big wedding or courthouse memories? Marriage license required. Call 912-308-2319

HOME REPAIRS & IMPROVEMENT

WELL DONE **HANDYMAN SERVICE** 912-665-7454

Painting, Sheetrock, Electrical, Plumbing, Carpentry, Roofing, Flooring, Concrete & Additions. No job too small! Free Estimates.

Jobs

Drivers Wanted

Drivers, CDL-A: Home EVERY Weekend!! **Dedicated Southeast!** Walk Away Lease, No Money Down. Drivers average \$1500/wk Call recruiting: 888-532-2864

HELP WANTED



Full Time Charge RN Optim Healthcare is seeking a full time Charge RN (third shift) for our Sylvania location. Apply online at: www.optimhealth.com

Real Estate

HOMES FOR SALE

322 PATTERSON ST, PEM-BROKE. Brick, 2400sq.ft., 4BR/2.5BA, carpet, 250sq.ft. storage building, fenced backyard, 2 blocks from school. \$250,000. 912-653-2959,to view.

Mobile Homes For Sale

2005 32x70 Southern Es-

Mobile Home. tate 16x20 \$47,000, must porch. 912-237-5153. be moved.



Winnebago

awning.

COMMERCIAL PROPERTY

4821

Jimmv

912-368-4300

4850 West Oglethor-

ville - \$2,500,000

pe Highway Walthour-

Lots of upgrades and new equip-

ment. 1 slide, \$44,500. Serious inquiries only. New tires and

RET

Take a look at this investment

opportunity! Property is ap-

prox. 0.45 acres. One structure

in the property is a 2-story

building. First floor has 3 bed-

rooms 1bath. Second Floor has

2 bedrooms, one bath. Another

structure on the property is a va-

cant building available to build

additional units. Convenient-

ly located minutes from Fort

Stewart and the new Ogletho-

rpe Shopping Center. Call us to

schedule a personal tour today!

Banker Holtzman, REALTORS,

4733 or email jimmy.shan-

ken@coldwellbanker.com

Jimmy Shanken, Coldwell Banker

Holtzman, REALTORS, 912-368-

4300 or 912-977-4733 or email

jimmy.shanken@coldwellbank-

103 Welborn Street - \$144,900

Multi-Family Excellent Invest-

ment Opportunity! 100% tenant

occupied. Duplex includes a

home that was built in 1996 with

1976 sqft. Centrally located be-

tween Armstrong University and

Bradwell Institute. Jimmy Shan-

ken, Coldwell Banker Holtzman,

REALTORS, 912-368-4300 or 912-

977-4733 or email jimmy.shan-

402 West Oglethorpe Highway,

Hinesville - \$799,900. Excellent

Retail Development Opportuni-

ty located on US 84 inside the

Hinesville Downtown Devel-

opment Overlay District . This

parcel is currently zoned C2 and

has 2 fresh water ponds, one of

which could be filled in and used

for water retention. Jimmy Shan-

ken, Coldwell Banker Holtzman,

REALTORS, 912-368-4300 or 912-

977-4733 or email jimmy.shan-

ken@coldwellbanker.com

or

Shanken,

West

Highway

\$159,900

PI2BR/2BA 14x80 **Mobile Home**

Good condition new flooring, must be moved.

Call 912-536-3590

LAND/LOTS FOR SALE

3 Acre Lots

10 minutes from Statesboro, water/septic available. Owner financing \$1000 down + closing. 912-764-9955.

www.southgeorgialand.com

FOR RENT

2BD Mobile Homes for rent just outside Hinesville. (912) 610-9189

3/2 & 2/1 HOMES. All appliances, C/H/A, carpet, tile, wood floors, washer/dryer. Near Base, \$950.& \$750./mo. plus deposit.Section-8 welcome. 912-980-5094.

GREAT HOUSE in Ludowici. 3/2. Washer/Dryer included, land owner maintains yards. \$500. deposit, \$850/mo. 706-254-Available September.

HOLTZMAN

Real Estate Services

PROPERTY MANAGEMENT

RENTALS

Single Family Homes **Apartment & Condos** Commercial Properties

ALL PRICE RANGES

876-8886

1146 E.G. Miles Parkway www.FortStewart.com

Transportation

CAMPERS/RVs

ken@coldwellbanker.com

415 South Main Street, Hinesville - \$1,150,000. Prime commercial opportunity, lighted intersection with 20,000 VPD! Located 1 mile to Fort. Stewart main gate. Excellent Retail or Restaurant site. Former Bank of America Building, Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

1801 Highway 57, Ludowici -\$450,000

Excellent Industrial Property in Long County across from Long County High School. Only 20 minutes to 195 and 1 hour to 116. 2300 square foot steel building with 20 ft ceilings over hand crane is fuel center in place and various other storage buildings in place. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com

455 & 459 E.G. Miles Parkway. \$300,000. Listing is for 455 & 459 E.G. Miles Parkway. Prime commercial tract adjacent to Hinesville Professional Park and across from Liberty Regional Medical Center. This is 1,000 LF off of the hard corner of General Screven Way and E.G. Miles PKWY. There is also 221 ft of road frontage. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com

1067 Oglethorpe Hwy Hinesville - \$16NNN

Excellent Business Opportunity!! 1,600 sqft In line retail space in the rapidly growing south side of Hinesville. Co- tenants include: Suds Laundrymat, Pizza Hut, Bounce House, Liberty Mart, and Hargray Communication. This is a NNN Lease building is vanilla shell. Call us today!

Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbank-

140 Devereaux Road Hinesville - \$895,900

FABULOUS DEVELOPMENT PO-TENTIAL! 25.78 ACRES OF LAND WITH 35 RECENTLY RENOVATED RENTAL UNITS ON COMMUNITY WATER/SEPTIC W/CITY WATER. SEPTIC SEWER AVAILABLE. LO-CATED WITHIN 3 MILES TO FT STEWART GATE 7 AND HINES-VILLE SHOPPING. FINANCIALS AND RENT ROLLS AVAILABLE. CALL TODAY. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

790 #104 Veterans Parkway Hinesville - \$15NNN

Great leasing opportunity! Co tenants include South Eastern Orthopedic Center, LA Nails, Optim Medical Center, and State Farm. Positioned along Veterans Parkway in the growing community of Hinesville. Conveniently located near Fort Stewart's Gate 8 with approximately 12,150 vehicles per day. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

790 #109 Veterans Parkway Hinesville - \$15NNN

Amazing leasing opportunity! Co tenants include South Eastern Orthopedic Center, LA Nails, Optim Medical Center, and State Farm. Positioned along Veterans Parkway in the growing community of Hinesville. Conveniently located near Fort Stewarts Gate 8 with approximately 12,150 vehicles per day. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

740 #103 East General Stewart Way Hinesville - \$14NNN

Check out this amazing \$14/SF NNN annual lease opportunity within the Patriot Center just off US Highway 84. 4,075 square feet perfect for medical/office space includes waiting room with reception area, 6 exam rooms/offices, 4 restrooms and multiple additional office space. Don't hesitate call today for your personal tour of this great opportunity! Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

740 #106 East General Stewart Way Hinesville - \$14NNN

Check out this amazing \$14/ SF NNN annual lease within the Patriot center just off of US Highway 84. This former Subway restaurant is available now and is the perfect location for a restaurant, office, or retail space. The unit is approximately 1,440 square feet of can't miss opportunity! Call today to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

740 #210 East General Stewart Way Hinesville - \$14NNN

Check out this amazing \$14/SF NNN annual lease opportunity within the Patriot Center just off US Highway 84. The former Armstrong Atlantic State University/ Liberty Center is 10,000 square feet perfect for a school, office or medical space. This unit features multiple classrooms, 2 large public restrooms, Lab, and Information Technology (IT) room. Call today to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

1439 West Oglethorpe Highway Hinesville - \$239,900

Prime commercial investment potential located off hard corner of lighted intersection, diagonally across from the Neighborhood Walmart on US Highway 84 in Hinesville Georgia. Building is up to code and features new A/C system as well as new handicap accessible bathrooms. Location is ideal for a pawn shop, retail store, restaurant etc. Option to lease for \$1,900 month is available. Don't Hesitate call today for more information on this can't miss opportunity! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

1413 West Oglethorpe Highway Hinesville - \$239,900

Check out this great commercial land opportunity located on the West side of Hinesville across from the neighborhood Walmart, the property includes 2 parcels 060C038 & 060C039 totaling 0.91 acres. Don't miss out on this development opportunity call today for more information! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

740 General Stewart Way Hinesville - \$3,800,000

Redevelopment opportunity minutes to the US Army Ft Stewart. This building is a steel frame building with room to

expand. Building features asphalt parking and is sprinkled, interior walls can be moved. There is space to develop another structure

in the back parking lot. Front building is priced at \$1.8 million and the back building is priced at \$2 million. Excellent mixed redevelopment opportunity. Develop multi family office and retail on this site. Would make an excellent call center or university,

utilities on site. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

910 Oglethorpe Hwy Hinesville - \$995,000

Located just south of TJ Max Development in the retail trade corridor. This parcel has 578+/-LF of road frontage on

Oglethorpe Highway. Owner will sub-divide, additional land available currently zoned C2. 2 curb cuts in place. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

HOMES FOR SALE



846 Bradwell Street, Hinesville. \$675,000

Executive home located in the heart of Hinesville that features estate size lot with 5 bedrooms, 5 bathrooms, tile floor, granite counter tops, stainless steel appliances, jacuzzi tubs, huge walk-in closets & pantries, vaulted ceilings, and a 3 car garage. All furnishings are included. So many features for this elegant home! This home is fit for a King and Queen with approximately 7,428 SQ FT with endless possibilities of enrichment. Quiet, kid & fur friendly neighborhood. Conveniently located near Fort Stewart Main Gate.Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.

shanken@coldwellbanker.com



150 Godfrey Road SE Ludowici, GA 31316 - \$279,900

Take a look at this great deal! 2 for the price of 1. Buy this custom 3 bedroom 2 bath home and get a free double wide mobile home. Home features a Florida room, fenced yard, playground , in-ground pool, and workshop. This 4.95 acres of land

also includes a double-wide 2009 mobile home manufactured by Cavalier Homes. Conveniently located outside the city limits which means no city taxes! This is a rare find and a must see! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



284 Clubhouse Drive, Midway

THIS BEAUTIFUL LAKE BRICK HOME IS WAITING FOR YOU! Totally remodeled! Freshly painted inside & outside. Enjoy this 3 beds, 2.5 baths, large dining room, living room and family room with open concept kitchen with new appliances. The combination of tile and carpeted floors give it a cozy, homey feel. High ceilings, beautiful wall colors and exquisite tile work in the bathrooms. Huge covered porch perfect for gatherings, cookouts or just to relax and view the lake. Fish from your own backyard. Beautiful mature trees and landscape. Community pool and picnic area at walking distance. No city taxes. Conveniently located to Ft Stewart, Hinesville, Richmond Hill and Savannah. Most people can only dream of owning a lakeside home - Make this one YOURS! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



49 Cuddy Lane Midway -\$219,900

Beautiful two bedroom two bath townhome located within the Merchant's Wharf community in Midway. Home features a cozy kitchen complete with counter top range. built in oven, built in microwave and breakfast bar as well as a lovely enclosed patio to sit and relax in. Townhome is located near Inner Coastal water way and provides you a place to dock your boat. The property also features a community pool to cool off on those hot Georgia days. Don't miss out on your chance to make this your dream home. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



600 Morris Street Glennville -\$93,000

1900 Grand home located on a corner lot in Glennville, GA. Mature pecan trees around the property. Seats on 0.96 acre of land. Brand new roof! This home with a large wrap around porch its 2,154 square foot, still has the original hardwood floors, high ceilings, 3 fireplaces, 2 bdr/1 bath on one side and a separate 1 bdr/1bath (endless possibilities) AND features a detached garage 30 x 40 with 20 ft high ceilings, a recreation area and insulated. Don't miss out on your chance to own a piece of history! Call today and schedule your personal tour! Sold as is. This grand home built in 1900 has endless possibilities to be grand once again! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com



1293 Lilly Lane Glennville -\$93,000

COUNTRY LIVING! Beautiful property in Glennville, Georgia on Lilly Lane. This 1935 built home has a 3 bdrs, 1 bath, hardwood floors, 1,560 square foot on a 2.15 acre land. Surrounded with mature pecan trees, grape vines, and beautiful landscaped land. Attached carport, several storage sheds, barn. A true country retreat off Hwy 301, close to town and Hwy 196. Call today to schedule a personal tour of your country living home! Property is being Sold-as-is. Make it yours and enjoy this home and the most beautiful country sights and sky views! Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



665 Windhaven Drive

Hinesville - \$114,900

Quaint 3 bedroom 2 bath home located within the Northwest Woods Subdivision near Fort Stewart's Gate 8. This 1239 square foot home includes living room, washer and dryer hook ups, eat in Kitchen with pantry, and a one car garage. Call today to schedule your personal tour of this can't miss home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com



1006 White Oak Circle Hinesville - \$209,900

Beautiful split level home located in Hinesville within the Oak Crest Subdivision! This 5 Bedroom 3 bath home features 2 car garage, deck off the rear of the home over looking the backyard. Property is positioned in a culde-sac. Call today for more information on this beautiful home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



910 Kings Road Hinesville -\$174,900

Totally remodeled 4 bedroom 2 bath home located within the Hidden Pines Subdivision on a corner lot. Home has been updated with fresh paint though out, all new flooring, energy saving appliances which include refrigerator/freezer and dishwasher, new low flow toilets and faucets have also been added throughout the home. A reinforced roof was installed on the home July 2016 and circle driveway was recently added. Call today for more information on this beautiful home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.



910 Brett Drive Hinesville Condo #132 - \$44,900

Check out this great investment opportunity located within the Summerwind Condos in Hinesville, GA. This 2 bedroom 2 bath town home features refrigerator, rang/oven, disposal, and dishwasher. Community is positioned near the Oglethorpe Shopping Center and just moments from Fort Stewart, Property is sold as is. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



910 Brett Drive Hinesville Condo #133 - \$44,900

Check out this great investment opportunity located within the Summerwind Condos in Hinesville, GA. This 2 bedroom 2 bath town home features refrigerator, rang/oven, disposal, and dishwasher. Community is positioned near the Oglethorpe Shopping Center and just moments from Fort Stewart. Property is sold as is. Jimmy Shanken, Coldwell Banker Holtzman, RE-ALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



919 Mandarin Drive Hinesville - \$114,900

Check out this quaint home within the Millard Village Subdivision in Hinesville, Georgia. This three bedroom two bath home features vinyl plank flooring, freshly painted walls, a one car garage and the roof is approximately two years old. Call today to schedule your personal tour. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



186 Carlyene Drive Midway -\$159,000

An Immaculate charming retreat located on Lake Rosalind! This great home is perfect to enjoy the sunrise or sunset sitting on the deck that overlooks the pristine water of Lake Rosalind. Lake is perfect for water activities to include fishing. Great backyard for family gatherings or quiet cookouts. This immaculate 2 bedroom, 2 bathrooms, open floor plan is the perfect setting to come to after a long day at work or in the city. Large concrete driveway, landscaped, large laundry room, lots of room to build. Located just 16 minutes to Fort Stewart, Hinesville shopping and restaurant areas. Just minutes to I-95 and Richmond Hill. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



508 Wellington Way, Hinesville - \$179,900

Charming 3 Bedroom 2 bath home in the Arlington Park Subdivision is ready to be yours! Home features an eat-in kitchen, fireplace, 2-car garage, and a fenced backyard. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



666 Windhaven Drive Hinesville - \$97,400

Cozy 1,164 square foot 3 bedroom 2 bath home located with in the Northwest Woods subdivision. Don't miss out on your chance at this gem. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

room 2 bath home located in Hines-

ville Georgia within the Oak Crest

community. This home features a 2

car Garage and beautiful covered

front and back porch. Call today to

schedule your personal tour of this

can't miss gem. Jimmy Shanken,

Coldwell Banker Holtzman, REAL-

TORS, 912-368-4300 or 912-977-

4733 or email jimmy.shanken@

214 Preakness Court Hinesville -

New to market! Cute 3 bedroom

2 bathroom home located on a

Cul-de-Sac. Spacious backyard has

plenty of room to enjoy family and

friends. Master bathroom has a cor-

ner tub that greets you after a long

days work or day out in the city. The

2 parking garage and drive way

means your vehicles won't be left

out on the street. Jimmy Shanken,

Coldwell Banker Holtzman, REAL-

TORS, 912-368-4300 or 912-977-

4733 or email jimmy.shanken@

212 Augusta Way Hinesville -

Something Special! 3 bedroom, 2

bathroom home in Griffin Park sub-

division. This home features a 2 car

garage, beautiful kitchen and a wel-

coming master bedroom. The A/C

was serviced and replaced in 2015

with a brand new compressor. The

garage door opener makes keeping

dry a breeze. Jimmy Shanken, Cold-

well Banker Holtzman, REALTORS,

912-368-4300 or 912-977-4733 or

0 Shyam Road - Hinesville

\$750,000. Seven (7) acres of com-

mercial potential. Located just off

of US Hwy 84 in Hinesville. Centrally

located between Fort Stewart Gates

one (1), two (2) and three (3). There

are thirty thousand six hundred and

fifty (30,650) V.P.D. May also access

from Sandy Run Drive, Jimmy Shan-

ken, Coldwell Banker Holtzman,

REALTORS, 912-368-4300 or 912-

977-4733 or email jimmy.shanken

@coldwellbanker.com

12746 East Oglethorpe High-

way, Midway - \$69,900. Excellent

Commercial Opportunity near the

proposed Midway City Hall. This

location is convenient to 195 and

Ft.Stewart zoned IC. Perfect for

retail, fuel, or restaurant. Jimmy

Shanken, Coldwell Banker Holtz-

912-368-4300

man,REALTORS,

jimmy.shanken@coldwell-

coldwellbanker.com

\$164,900

email

banker.com

LAND/LOTS FOR SALE

coldwellbanker.com



598 Parish Loop NE Hinesville - \$158,000

Check out this gorgeous-well maintained 3 bedroom 2 bath home located in the Parish Crossing Subsivision, just outside Hinesville's city limits, so no city taxes! This home features a 2 car garage, open concept floor plan, sprinkler system and spacious backyard. Don't hesitate call today to schedule your personal tour this spectacular home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.



104 Briskhaven Court Hinesville - \$129,900

Take a look at this must see home! Cozy 3 bedroom 2 bath brick home sits on a cul de sac in the Windhaven Subdivision. Home offers a fireplace in the living room and a walk-in closet with a double vanity in the master bedroom. Home features a one car garage and a fenced backyard surrounded by trees that provide a welcoming shade and serene view. Just outside Fort Stewart gate #8 and close to schools and shopping. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.



961 Oak Crest Drive Hinesville -\$239,900

Beautiful two story four bedroom three bath home located in Hinesville, GA.This hidden gem comes with a beautiful landscaped yard and vinyl privacy fenced backyard is tucked away in The Oak Crest Subdivision with the feel of quiet suburban life but close to the convenience of city living. Home features a custom built kitchen, vinyl planked floors, grand arched doorways through out the main floor,on the second floor you will find a spacious mater bedroom with a little nook perfect for office space, and vaulted ceilings throughout. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



1253 Peacock Trail Hinesville -

or 912-977-4733 or email jimmy. Beautiful 1,922 Square foot 3 bedshanken@coldwellbanker.com

> 0 Cattle Hammock Road, Midway **- \$299,900.** 9.10 acres of pristine deep waterfront +/- 270 liner feet marsh and deep water front. 10 minutes to 195 Exit 76. Seller has dock permit. Amazing views! Convenient to Savannah, Bruinswick, and Jacksonville, FL. Features: - Paved Road Access, +/- 270 LF Deep Water Frontage, Dock Permit in hand, 10 minutes to 195. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jim-

my.shanken@coldwellbanker.com 0 Oglethorpe Hwy Hinesville \$39,900. Unrestricted lot in

Midway. 12 acres at a great price. Houses and manufactured homes are okay. Located minutes from Fort Stewart, Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

0 Willowbrook Drive, Hinesville -\$499,900. Incredible opportunity to own a parcel inside the city limits of Hinesville that is correctly zoned and engineered for a multi-family development. Located off Veteran's Parkway and EG Miles parkway centrally located between Fort Stewart Gate 8 and Walmart, Lowes, and the TJ Maxx Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

Lot 1 Spartina Way, Midway - \$85,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

Lot 14 Spartina Way, Midway - \$75,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email iimmv. shanken@coldwellbanker.com

Lot 9 Youmans Road, Midway -\$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer

kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 10 Youmans Road, Midway - \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

504 West Oglethorpe Highway Hinesville, GA 31313 - \$295,000

Commercial Development opportunity at the center of Hinesville retail corridor. This interior lot has 130 LF of road frontage at the traffic signal at the Intersection of Oglethorpe Hwy. This site has 35,800 vehicles per day. Adjoining parcels avail.

Tenant Occupied. Please do not disturb the tenant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.

648 South Main Street Hinesville. GA 31313 - \$39.000

Great multi-family opportunity near the proposed new super Kroger and TJ Max Retail developments. Centrally located between Fort. Stewart gates 1 & 8. Convenient to all gates. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 2 Woodstork Way - \$29,000 Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. \$29,000. Call us for a personal tour today! Co-Listed with Nichole Gaskin 912-610-8304. 1.07 acres.

Lot3 Woodstork Way - \$29,000 Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. 2.6 to 5 acres. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

595 Lake Rosalind Midway \$95,000 A truly rare find. 2.48 acres on Lake Rodalind Dr. This listing includes

two lots with two wells, two sep-

tics, four driveways, and a pond. Land is in the Isles Of Wright area. There is also an inhabitable mobile home on the property that would need to be removed. There is also a metal framed building which was never completed. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy. shanken@coldwellbanker.com

1acre John Wells Rd. \$20,000 Less than ten minutes to Fort Stewart Gate 7! Quiet country setting on a paved road. Manufactured homes ok. Non restricted lots. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 17 Moody Bridge Road, Ludowici - \$32,500

2.25 Acre home site located in Long County Restricted to stick built homes, paved road access. Excellent opportunity to build your dream home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.

2 acres John Wells Road - \$25,000

2 acres of property that is less than ten minutes to Fort Stewart Gate 7! Culvert in place manufactured homes okay. Quiet country setting on a paved road! Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@ coldwellbanker.com

103 Ralph Quarterman Road, Hinesville - \$99,900. Excellent Development opportunity.Located across from the new Oglethorpe square. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

12.78 AC Veterans Memorial Parkway, Hinesville - \$2,364,300.

12.78 Acres developmental land. Great location on Veterans Parkway & South main. Can be combined with other parcels to total 18.46 acres. Located in a rapidly growing retail area within 0.25 miles of the new TJ Maxx, Dicks Sporting Goods, Hobby Lobby, and Ulta. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

0.24 Acre Veterans Memorial Parkway, Hinesville - \$225,000. Last available frontage road on drive home side of Veterans Parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

0 E. Oglethorpe Highway, Hinesville - \$3,000,000.

Excellent hotel/restaurant site located next to La Quinta in Flemington. Parcel has offsite water retention.

Owners will subdivide. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REAL-TORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

777 Veterans Memorial Parkway, Hinesville - \$395,000. Last available frontage on drive home side of veterans parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy. shanken@coldwellbanker.com

734 E. General Stewart Way, Hinesville - \$395,000. PROPERTY ZONED C2. Lot is located between the Coldwell Banker Holtzman Realtors building and the Patriot Center on General Stewart Way. Owners are licensed Real Estate Brokers in the state of Georgia. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

625 Carter Road Walthourville, GA 31333 - \$349,900

Multi-family Development Opportunity! 8.756 acres of land available to build a home or mobile homes. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center! Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



The Shanken Team REALTORS® Jimmy and Brigitte Shanken Nikki Gaskin

Jimmy Shanken, Associate Broker, CIPS, RSPS 912-977-4733 (cell) 912-408-2021 (office) Jimmy.shanken@coldwellbanker.com www.jimmyshanken.com

Brigitte Cabeza Shanken, Associate Broker CIP, RSPS, AHWD 912-222-8279 (cell) Brigitte.shanken@coldwellbanker.com

Nichole Gaskin, Realtor® 912-610-8304 Nichole.gaskin@coldwellbanker.com



730 General Stewart Way, Hinesville 912-368-4300 HOLTZMAN, REALTORS®

Eagles stretch Marne Air's wings with physical fitness

Sgt. Ryan Tatum 3CAB Public Affairs

Marne Air Soldiers were taught physical therapy techniques by Georgia Southern University doctoral physical therapy students Jan. 24 on Hunter Army Airfield, as part of the Soldier Athlete Human Performance Optimization program.

The SAHPO is a collaborative effort between 3rd Combat Aviation Brigade; 3rd Infantry Division's medical operations cell; and Georgia Southern University's physical therapy department where Dr. Nancy Henderson is the lead physical therapist. She also works at Tuttle Army Health Clinic and Winn Army Community Hospital.

"This program is important to our Soldiers because it familiarize them with physical therapy techniques and helps locate their problem areas within their body, regardless if muscular or skeletal problems exist," said Capt. Robert Malloy, a medical operations officer for 3rd CAB. "The Army's mission is to increase readiness in its highest capacity, so it can be ready to fight and win, that is what this program is geared towards."

This training started with 15 Soldiers with various skills and job demands. Marne Air Soldiers were introduced to six doctoral physical therapy students who were eager to get familiar with the Soldier's needs.

"It's a good program, I could see myself using the recovery techniques after my personal workouts," said Spc. Skyler Hughes, a UH-60, Blackhawk mechanic for Company D, 2nd Battalion, 3rd Aviation Regiment, 3rd CAB. "I think it will be effective and prevent injuries in the future."

The most common muscles the therapist have targeted are the hip flexors, hamstrings, calves and the chest muscles. Some of the stretching and warm up recommendations require Soldiers to stretch at least two days a week, holding each stretch for 20-30 seconds.

"What we are getting after is myofascial release," said Malloy. "This uses sustained pressure on the soft tissue while applying traction on the fascia. "The intramuscular and in the joints really helps lengthen the muscle and breakdown scar tissue over time. The equipment we are using really targets the improvement of our endurance via myofascial release techniques."

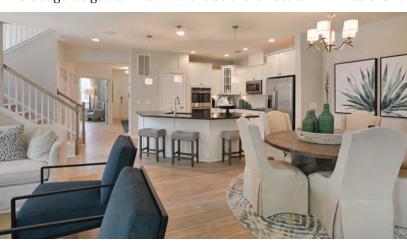
The SAHPO program is fundamental and utilizes three pieces of equipment: a foam roller; lacrosse ball; and resistance band. Each piece of equipment is utilized to find problem areas in the Soldiers' bodies.

"The objective is to decrease temporary profiles over time and increase the efficacy and efficiency of our fighter to ensure they can deploy, fight and win," said Malloy. "It also will pay dividends in the future because the more we can implement these recovery methods, the better overall our brigade will be."



Photo by Sgt. Ryan Tatum

Marne Air Soldiers release tension from joints after completing physical training with Georgia Southern University doctoral physical therapy students Jan. 15 on Hunter Army Airfield as part of the SAHPO.















Give Your Family a Home Base They've Always Dreamed of.

NEW COMMUNITY IN RICHMOND HILL Homes from the \$200s

- Conveniently located near Fort Stewart, Hunter Army Airfield and Historic Savannah.
- Sought-after schools.
- Homes with up to 4 bedrooms or an extra suite.
- Up to 3-car garages available.

Take advantage of our special Hometown Hero Discount, which can be used for closing costs or design options and save you thousands!*

Call or Visit Today!

khov.com/TheCommons · 843-706-7646



The prices or our nomes, included reatures, pains, specifications, promotions/incentives, neighborhood bulle-out and available for abulle-out and available for a bulle-out and may end without notice. Seller contribution limits apply and may affect maximum financing. See Sales Consultant for full details. K. Hovnanian American Mortgage, LLC, 3601 Quantum Boulevard, Boynton Beach, FL 33426, NMLS #3250 (www.nmbsconsumeraccess.org). Licensed by Georgia Residential Mortgage License No. 22272. Unless otherwise expressly stated, homes do not come with hardscape, landscape, and state decorator items. Any photographs or renderings used herein reflect artists' conceptions and are for illustrative purposes only. Photographs or renderings of people do not depict or indicate any preference regarding race, religion, gender, sexual orientation, disability, familial status, or national origin. We are pledged to the letter and spirit of US policy for the achievement of equa housing because of race color, religion, sex, handicap, familial status or national origin. The builder of The Commons at Richmond Hill, LLC, a Georgia Limited Liability Company and an affiliate and indirect subsidiary of Howanaina Companyies, LLC.

Don't you dare call it ping pong

Jacob Miller

Fort Stewart Intramural Sports

Commentary

Greetings, sports fans! You are feasting your eyes on the inaugural edition of the new "Intramural Sports Insider" column, written by the Fort Stewart intramural sports department.

This recurring column will be your one-stop shop for all things sports here at Fort Stewart.

Its purpose will be to recap highlighted games and programs, provide upcoming sports updates, and post the weekly commander's cup league standings and schedules. Without further ado, let's get to it!

This particular edition of ISI will highlight the recently completed 2019 table tennis tournament held at Newman Fitness Center Jan. 26.

Yours truly made the crucial mistake of calling it "ping pong" and got chastised mercilessly, so I will not be making that mistake again. This highly anticipated tournament brought together the best table tennis talent from across the installation and surrounding areas to compete for the 2019 championship.

Open to all authorized Fort Stewart Directorate of Family, Morale, Welfare and Recreation patrons, there were a total of 11 competitors in the round-robin tournament pools. The top two from each pool moved on to the single-elimination championship tourna-

Competition through the round robin matches was fierce, as these table tennis juggernauts chopped and

smashed their way through the grueling schedule. As the morning turned to afternoon, a few clear front-runners emerged from the pack.

At the end of the round-robin matches, the top four to enter the single-elimination championship tournament were:

Pool 1

- 1. Walvic Rodriguez
- 2. Jeff Riley

Pool 2

- 1. Ediberto Rosa
- 2. Cliff Laymon

The semifinal matchups were Rodriguez versus Laymon and Rosa versus Riley. In the first matchup, Rodriguez cruised to a

straight set victory over Laymon, with a score of 11-2, 12-10 and 12-10. In the second matchup, Rosa also made quick work of Riley in straight sets, with a score of 11-4, 11-8 and 11-2. Both undefeated, the championship match was set between Rodriguez and Rosa.

Rodriguez jumped out to a quick 2-0 lead, defeating Rosa 12-10 and 11-4. In a must-win situation, Rosa rallied back to tie the match at 2-2, defeating Rodriguez 12-10 and 11-2 in the next two matches.

In true dramatic fashion, the championship came down to the final match. The tension and anticipation ran high as the players took their places at the table. The seesaw battle continued, as each player hit some magnificent shots. Trailing 10-9 in the final match, Rosa tried to make some magic happen. His trusty and devastating forehand topspin smash had been his kill shot all day and he tried to use it again to even the score. This time, however, the ball sailed wide of the edge of the table, giving Rodriguez the match and the championship.

It was a shame that there had to be a loser after such a close and entertaining matchup. Such is life, however, and Rodriguez was deservedly crowned the 2019 table tennis tournament champion!

All competitors exhibited outstanding sportsmanship and love for the game. We in the intramural sports department would like to thank everyone that supported this event and we hope to see you at our next activity.

Be sure to check out the adult sports section of the Fort Stewart and Hunter Army Airfield DFMWR website for more information.



Participants in the Fort Stewart intramural 2019 table tennis tournament celebrate the winners Jan. 26 at Newman Fitness Center.

Final 2019 Table Tennis standings

- 1. Walvic Rodriguez (7-0)
- 2. Ediberto Rosa (5-1)
- 3. Jeff Riley (4-2)
- 4. Cliff Laymon (3-2)
- 5. Jeff Falk (3-2)
- 6. Dale Kiefer (2-2)
- 7. Bradley Barker (2-3)
- 8. Mark Harris (1-3)
- 9. Kent Smith (1-4)
- 10. Richard Adams (0-4)
- 11. DeRonnie Ford (0-5)

Unit-Level 5-vs.-5 **Intramural Basketball**

0-0

We	eek 3	
Fort Stewart		
Co A, Spec Ops	8-0	
135th QM	3-1	
1-64 Armor	2-1	
2-7 Inf.	4-3	
15th Air Spt	3-3	
E Executioners	4-5	
226 CSC	2-3	
83rd CBRNE	2-4	
MEDDAC	2-4	
Ballaholics	2-5	
3rd BSB	0-3	
2-69 Armor	0-0	
150 Droom Toom	0.0	

Hunter Standings

57 DFSC

Co. A, 603RD AVN	5-0
Co. C, 603RD AVN	4-
3/160TH SOAR	3-
Hunter DFAC	2-
6TH ROTC Bde.	2-2
Co. E, 2- Avn.	2-
Savannah COE	0-4
4/3RD AVN	0-4



Photos by Spc. Andres Chandler

A M113 armored personnel carrier from 3rd Battalion, 67th Armored Regiment, 2nd Armored Brigade Combat Team, 3rd Infantry Division, is secured during rail loading operations on Fort Stewart Jan. 28. Charlie Company, 3-67 Armor, is deploying to Fort Polk, Louisiana, in support of the 1st Infantry Brigade Combat Team, 10th Mountain Division, to combine light infantry fighters with armored mechanized vehicles into a well-rounded, lethal force on the battlefield.



Vehicles from 2ABCT, 3rd ID, are staged during rail loading operations, Jan. 28 on Fort Stewart. Co. C, 3-67 Armor, is deploying to Fort Polk, Louisiana, in support of the 1st IBCT, 10th Mountain Division, to combine light infantry fighters and armored mechanized vehicles into a well-rounded, lethal force on the battlefield.



A semi-truck trailer loaded with an M2A2 Bradley infantry fighting vehicle assigned to 3-67 Armor, 2ABCT, 3rd ID, lines up to depart the rail yard, Jan. 29 on Fort Stewart.