



THE FRONTLINE

Home of the 3rd Infantry Division



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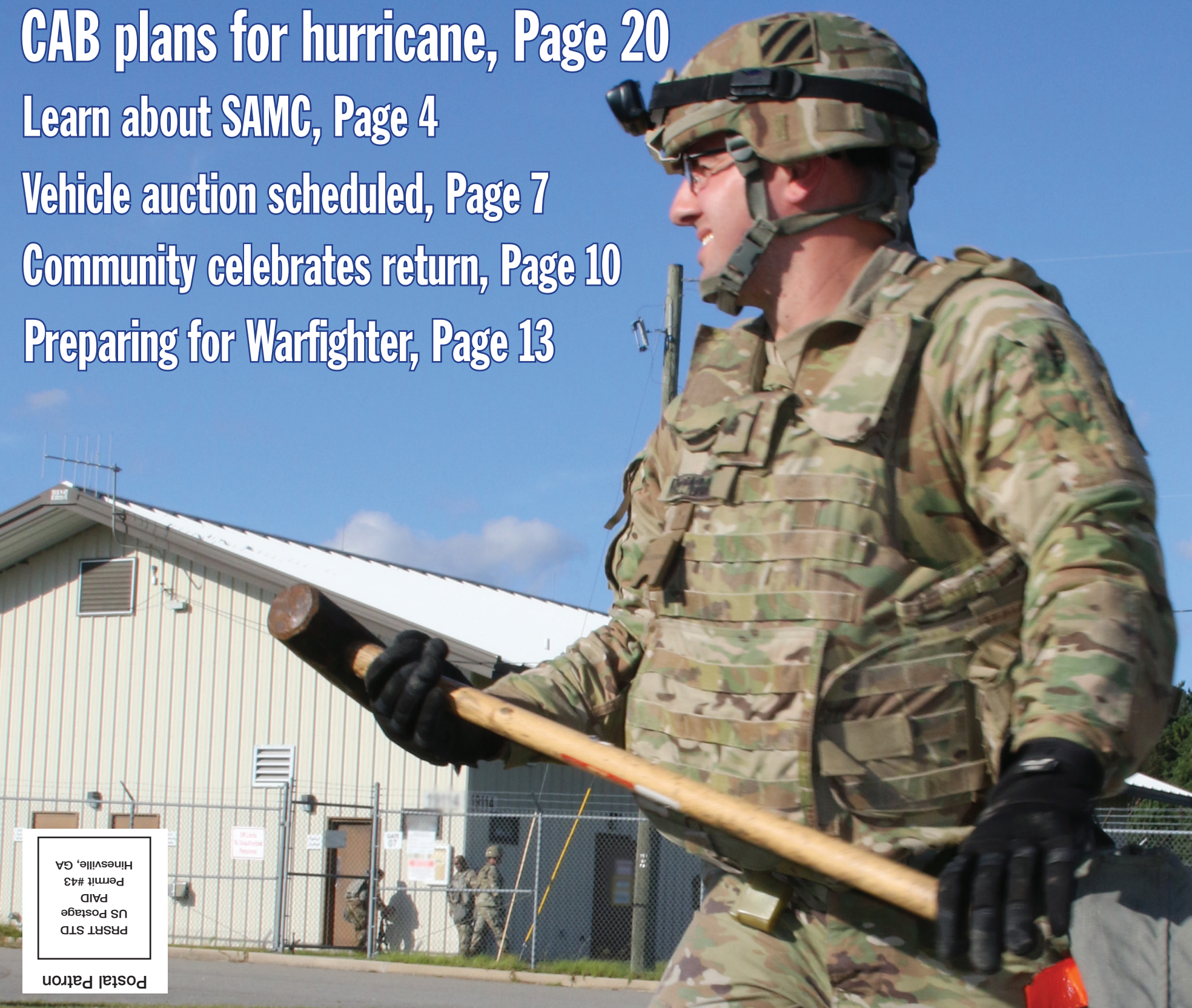
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Call for 2019 Secretary of the Army environmental awards nominations

Special to the Frontline

The Secretary of the Army Environmental Awards Program is now accepting nomination submissions for 2019.

The Secretary of the Army Environmental Awards Program recognizes outstanding performance and excellence in environmental stewardship and sustainability by Army installations, teams and individuals that enhance readiness, support, reform and modernization through community enhancement.

“There is a lot of outstanding work going on around the Army with respect to environmental stewardship and sustainability. This award is a great opportunity for us to recognize the leading practices that underpin installations’ ability to support our Soldiers,” said Jordan Gillis, Acting Assistant Secretary of the Army for Installation, Energy, and Environment.

This award represents the highest honor in the field of environmental science and sustainability conferred by the Army. These achievements demonstrate exemplary efforts the management of natural and cultur-

al resources, implementing innovative technologies, environmental restoration, endangered species protection, historic preservation, and sustainability. Awardees are recognized for their achievements as the Army’s best environmental practices.

The 2019 award nominations covers a two-year performance period from Oct. 1, 2016 through Sept. 30. Nominees will be able to compete in six installation and three individual/team categories. Winners will represent the Army at the 2019 Secretary of Defense Environmental Awards competition, in the same categories.

To learn more about the Secretary of the Army Environmental Awards Program, please visit <https://www.aec.army.mil/index.php/awards>. 2019 nomination packets must be submitted no later than Nov. 2, to the Office of the Assistant Chief of Staff for Installation Management - Environmental Division, Dr. David Goldblum (david.k.goldblum.civ@mail.mil). Information pertaining to the Secretary of Defense Environmental Awards may be found at <http://www.denix.osd.mil/awards>.

Marne Voices Speak Out

Welcome home Raider Brigade. What are your plans for post-Korea leave?

“I plan on going to see friends in Pensacola, Fla. and then heading to Six Flags.”

Capt. Brian McConville
HHC, 1ABCT



“I plan on going back home, seeing my son and catching up on father – son time.”

Spc. Eric Soto
10th Engineer Bn., 1ABCT



“Go home to Columbia, S.C., see Family and then go to Scare-o-winds at Carowinds for Halloween.”

Spec. Leon Jenkins
546th MP Co.



“Having my Family come down and weather permitting go to the beach and Halloween Horror Night in Orlando.”

Cpl. Frederick Spertina
546th MP Co.



“I’m going to go see one of my grandchildren get baptized and then enjoy the World Series on my big screen TV from the comfort of my couch.”

Maj. John Hubbs
1ABCT Chaplain

3RD INFANTRY DIVISION COMMANDER
SENIOR COMMANDER STEWART-HUNTER
MAJ. GEN. LEOPOLDO QUINTAS

USAG FORT STEWART-HUNTER ARMY AIRFIELD COMMANDER

COL. JASON A. WOLTER

HUNTER ARMY AIRFIELD COMMANDER
LT. COL. KENNETH M. DWYER

THE FRONTLINE

942 Dr. Ben Hall Place
Suite 1087, building 1
Fort Stewart, Georgia 31314

Garrison Public Affairs Officer
Chris Fletcher

Editorial/Design Staff
Managing Editor
Patrick M. Young
Production Manager
Eliese Bowles

Hunter Public Affairs officer
Steven Hart

3rd Infantry Division

3rd ID PAO
Lt. Col. Patrick J. Husted
3rd ID NCOIC
Master Sgt. Shelia L. Cooper
Deputy PAO
Maj. Anthony Hoefler

1st ABCT

Maj. Pete Bogart
Staff Sgt. Quanesha Barnett

2nd ABCT

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Staff Sgt. Dean Gannon II
Spc. Jonathan Wallace
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3rd ID SB

Sgt. 1st Class Lashaundra Shaw
Sgt. Elizabeth White

3rd CAB

1st Lt. Kelsey Cochran
Sgt. Ryan Tatum

50th PAD

Capt. John May
Sgt. 1st Class Nikki Felton

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Send to: The Frontline
Attn: The Frontline, Editor
942 Dr. Ben Hall Place, suite 1087
Fort Stewart, Ga. 31314
or email to:
usarmy.stewart.3-id.list.pao-frontline-news-desk@mail.mil
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Cover: Sgt. Dallas McLendon, airspace noncommissioned officer, Headquarters and Headquarters Battalion, 3rd Infantry Division, pounds stakes into the ground to stabilize a tent during Command Post Exercise III, from Oct. 11, on Fort Stewart. The week-long exercise allowed multiple echelons to train and execute decisive action training, integrations and synchronization of warfighter functions. See more on Page 13. (Photo by Sgt. Michael Uribe)

Marne Division completes CPX III

Master Sgt. Shelia L. Cooper
3rd ID Public Affairs

More than 500 Soldiers assigned to the 3rd Infantry Division “Rock of the Marne,” participated in the Command Post Exercise III, from Oct. 9 -13, in the Fort Stewart training area.

CPX III allowed multiple echelons to train and execute decisive action training, integrations and synchronization of warfighter functions, and to execute agile and adaptive training in a high-stress environment. Although Soldiers used scenarios and computer-based systems, they had the ability to conduct realistic training and to adapt and overcome situational obstacles.

“The CPXs are designed for all division and brigade elements to practice warfighting military decision making to execute essential task,” said Col. Christopher Boyle, chief of staff for 3rd ID. “The division headquarters job is to synchronize brigade and division assets and these CPXs are a method to practice these skills.”

To conduct each exercise the Marne Division conducted intense planning efforts to ensure that the division could execute its mission.

“The CPXs enabled units to generate readiness through execution of warfighting missions, systems, and processes,” said Maj. Kyle Trottier, operations planner for 3rd ID. “As a planner, my job is to generate and preserve options for the commander by leading the staff through the operations processes.”

Boyle stated that since CPX I in June, the staff grew exponentially especially with the

changeover of division staff and that each CPX helps build confidence and improves the staff sections warfighting skills.

Although the CPX IIIs computer-based scenarios was different than the last two CPXs, the division honed their skills through practice during these field exercises.

“The CPXs are highly effective because they stress the staff with multiple problems and force the staff to find a way to win in complex situations,” said Trottier. “We have refined our ability to efficiently exercise systems and processes to better enable commanders to accomplish their mission.”

During this past summer, the Marne Soldiers planned, coordinated, and executed three CPXs, to synchronize warfighting functions. With the CPXs now complete, the Marne Division is ready to execute the Warfighter Exercise this November.

“Our job is to win,” said Trottier. “To win requires all different capabilities.”

CPXs such as these, allow battalion, brigade, and division-level echelons to validate tactics, techniques, and procedures through the refinement of processes.



Photos by Master Sgt. Shelia Cooper

Soldiers from the Division HHB conduct casualty evacuation procedures Oct. 11, in the Fort Stewart training area during CPX III.



Above and left: Soldiers from the Division HHB conduct casualty evacuation procedures in Mission Oriented Protective Posture Level II Oct. 11, in the Fort Stewart training area during CPX III.



Meet the president of the Audie Murphy Club

Sgt. Laurissa Hodges
HNB, 3rd ID

It is said by Sergeant Audie Murphy Club members, that a leader has a “Be, Know, Do” attitude as “you lead from the front.” First Sgt. Dennis Unger, the new first sergeant for Headquarters Support Company, Division Headquarters, Headquarters Battalion, and president of Fort Stewart’s Sergeant Audie Murphy Club exemplifies these characteristics and qualities.

Command Sgt. Maj. Micheal McMurdy, the senior enlisted leader for 2nd Armored Brigade Combat Team, 3rd Infantry Division said Unger’s was recommended for the first sergeant position because of his attitude, ability to operate in environments outside of his company, his background as a silver star recipient and his SAMC membership. Those qualities made Unger stand out above the rest.

“Those are the people [who] automatically begin to separate themselves,” said McMurdy regarding SAMC members. “When you have that leadership

where others come to you with problems, and you look at what they have done in the past, you can project what they can do for the Army in the future.”

Unger said he earned his Sergeant Audie Murphy Club membership while stationed at Fort Campbell, Kentucky in 2010, and that the “Be, Know, Do [motto] is what a non-commissioned officer is.”

“When I look at a non-commissioned officer every one of us should be ‘Be, Know, Do’, said Unger. “Being an Sergeant Audie Murphy member is a constant reminder of our obligation to Soldiers in the United States Army.”

Unger has been in the military for 16 years and has held the rank of a first sergeant for 21 months. As the new first sergeant at HSC, Unger has already left an imprint in the minds of the chain-of-command and those who work alongside him.

“When you’re still maintaining the standards for the Audie Murphy club, which is supposed to be the best of the best of all Soldiers on Fort Stewart, 1st Sgt. [proves] that he can go to the field and still continue to get other stuff done,”

said 1st Lt. Nigel

Rogers, the HSC Executive Officer. “The only thing we’ve gone through together was command post exercise II, and when I saw people with higher rank asking for his opinion and how he would handle situations I was like yeah, I can trust him.”

Echoing Rogers’ sentiment is Spc. Ryan Rodriguez who works in the HSC orderly room and interacts with Unger on a daily basis. He said he views Unger as a leader that “bridges the gap by being open, direct, deliberate, and authoritative. You can judge a person by their character and I can respect 1st Sgt. Unger for the respect he has for himself and his good moral standing.”

“He’s out here to help Soldiers. He is willing to extend his help to people [who] not only strive to remain in the army, but Soldiers [who] are getting out as well. 1st Sgt. goes above and beyond to let them know what their choices are.”

If you would like to learn more about the Sergeant Audie Murphy Club and how you can become a member, contact Sgt. 1st Class Karl Kirven at karl.w.kirven.mil@mail.mil. There are also monthly meetings held every third Wednesday of each month at noon in the Sergeant Audie Murphy conference room at building 1.



Below: Attendees at a recent SAMC induction ceremony rehearsal, Sept. 12, talk to 1st Sgt. Dennis Unger, the new first sergeant for HSC, HNB, 3rd ID, and President of Fort Stewart’s SAMC.

Photos by Master Sgt. Sheryl Lawry

Left: 1st Sgt. Dennis Unger, the new first sergeant for HSC, HNB, 3rd ID, and President of Fort Stewart’s SAMC, addresses attendees at a recent induction ceremony, Sept. 13 on Fort Stewart.



ACS, MWR, Coastal Happening Briefs

Like ACS on Facebook

Search for “Army Community Service, Fort Stewart-Hunter Army Airfield.” Help the Hunter Army Airfield community get more “likes” by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families there as well. Search for Hunter Army Airfield and pass the word along.

Register now for ACS classes

You asked, we listened. Online registration is now available for Family Readiness Group classes through Eventbrite. Please go to <https://www.eventbrite.com/o/army-community-service-fort-stewarthunter-aaf-12997030788>. The link is posted on the Army Community Service page of the Team Stewart website, www.stewart.army.mil.

ACS building is accessible to everyone

Army Community Service wishes to inform our community that our facilities meet, or exceed, the standards for persons with disabilities. Our facilities are wheelchair accessible; and should you need assistance upon arrival, please inform one of our staff members. The playground next to building 82 at Fort Stewart is certified as an Exceptional Family Member playground. Hunter EFMP playground is located next to building 1284. For questions, please contact ACS at 767-5058 or 315-6816.

Free classes offered at Stewart

The following are upon request from the chain-of-command:

- Sponsorship training
 - Risk management for senior NCOs (E7-E9)
 - FAP commander/senior leader briefing
- Every Monday
Financial planning for PCS, 10 to 11:30 a.m.
ACS Stewart, building 86
*Mandatory for E-4 and below.

Spouse reintegration training on-going

As Soldiers from the 3rd ID return from deployment, we want to ensure spouses and Families are properly prepared. Rear detachment commanders and family readiness groups are encouraged to reach out to ACS and schedule a spouse reintegration training, which consists of facilitated small group discussions regarding finances, stress management, effective communication and more. To schedule a training event for your unit, please call 767-1257.

Love beyond words class is on-going

A good relationship is one which allows for change and growth and for two people to forge a lifetime of memories with each other. Highly effective relationships also allow for growth in the expression of love whether it be action or words. The Family Advocacy Program professionals would like to help you learn how to “Live

every moment and laugh every day”. Come, express your love, and show your partner how much you truly care not by words but with action. Call 767-2882 at Fort Stewart or 315-3816 at Hunter for further information.

Five love languages courses offered

Do you want to learn how to express heartfelt commitment to your mate? If you do, then come and learn about the five love languages. Learn how to identify and apply them to your everyday life with your spouse. Come by your local ACS Family Advocacy Program and get more information on the class. We hope to see you in the class so you can better understand your spouse’s “Love Language”. For more information visit the Army Community Service or call 767-2882 or 315-3816.

Play mornings held

Did you know that play is important to healthy brain development? Please join us to learn and play at the Army Community Service play morning. Play Morning features music, story time, crafts, interactive play and an awesome way for parents and children to make lasting friendships. Fort Stewart play morning is located inside the Youth Sports and Fitness Center, building 7338 on Thursdays from 10:30 a.m. to noon. Hunter Army Airfield Play Morning is located in building 6054 on Tuesdays from 10 -11:30 a.m. For questions or concerns please contact the ACS New Parent Support Program at 767-2882 at Fort Stewart or 315-3816 at Hunter.

SKIES offers cheer, tumbling classes

School of Knowledge, Inspiration, Exploration and Skills is now offering competitive cheer and tumbling classes for youth 5-18 years old at both Fort Stewart and Hunter Army Airfield. Participants must be enrolled in Child and Youth Services. The cost for competitive cheer is \$50-55 per month and the cost for tumbling is \$45-50 per month. To register, or for more information, call Parent Central Services at 767-2312 or 315-5425.

Car auction held

Approximately 90 abandoned cars, trucks and motorcycles will be sold at public auction beginning at 10 a.m. Saturday, at the Edre Lot on Fort Stewart. Some non-appropriated funds vehicles and equipment will be offered as part of the auction. The sale is open to the public until 2 p.m. or all vehicles are sold. Look for a listing and directions at StewartMWR.com. To make post access smoother for potential bidders and others interested in the sale, gate passes which are valid for an extended period of time can be obtained in advance. For information about how to obtain the passes, look for “Visitors Information” under the Menu at stewart.army.mil or visit the visitor control center at Gate 1 on General Screven Way. Pay by cash or credit card only. All sales are final. Purchased vehicles must be removed the day of the auction. For more information, call 767-3521.

Disney Armed Forces Salute

Department of Defense civilians are now eligible to purchase tickets previously offered only to active duty military under the Disney Salutes the U.S. Armed Forces program. The offer includes a four-day hopper for \$226 per person, a five-day hopper for \$246 per person, a four-day hopper with water park and fun for \$266 per person and a five-day hopper with water park and fun for \$286 per person. For more information, visit the Fort Stewart-Hunter Army Airfield Leisure Travel Services at StewartMWR.com, or call 767-2841 at Fort Stewart or 315-3674 at Hunter Army Airfield.

Leisure travel services are a click away

How much are tickets to the Jacksonville Zoo? Six Flags? Hershey Park in Pennsylvania? A price list for the many attractions to which Leisure Travel Services sells tickets has been posted at StewartMWR.com. The listing breaks down the cost of child/adult prices to help Fort Stewart-Hunter Army Airfield Soldiers and Families plan their day trips or vacations. Visit StewartHunter.com for more information.

Hiring lifeguards

A Lifeguard Hiring Fair will be held Nov. 19 from 5-7 p.m. at Johnson Fitness Center Indoor Pool on Fort Stewart. The fair is designed to streamline the hiring process for qualified applicants. Candidates must be 16 years old or older and will be required to take a swim test. If they pass, Human Resources will have them in-processed on-site. Candidates should bring swimming attire as well as dry clothes to wear after swimming. They also should bring a photo identification, their Social Security card and a resume. For more information, call 767-5145.

Trunk or Treat slated

Fort Stewart Trunk or Treat will be held Monday, Oct. 29, from 6-8 p.m. at Donovan Field (National Guard Training Area). Units and organizations hand out candy from the back of their car or truck in this family event for the children. Free. There will be a costume contest and the best-dressed vehicle will be announced. Those interested in setting up a vehicle on Donovan Field to hand out candy should visit StewartMWR.com for additional information and the registration form, or contact Cara Bates at 767-6212.

Yard Sale, Flea Market

The Stewart-Hunter Yard Sale and Flea Market is 8 a.m. to 2 p.m., Saturday. Stewart-Hunter post housing residents can sell at no cost. Club Stewart is the site for the flea market. Vendors (active duty, Family members, retirees, or DoD civilians) interested in selling at the Club Stewart parking lot can register via Webtrac. For more information call at 767-6212 or 315-5078.

Fort Stewart-Hunter Army Airfield Briefs

App on Android, iOS devices

Everything you need to know about Fort Stewart and Hunter Army Airfield is now available at your fingertips. Interactive maps, directories, gate information, gyms, dining facilities, emergency and hotline numbers, and much more. Download today from Google Play or Apple iTunes! Google Play <https://play.google.com/store/apps/details?id=com.jb1bfb31a89e> or App Store: <https://itunes.apple.com/us/app/fort-stewart-hunter-aafid1436217599?ls=1&mt=8>

Graduation ceremony slated

The Fort Stewart Education Center hosts the 37th annual Army Continuing Education Services Graduation Ceremony, 2 p.m. Friday at the Main Post Chapel in celebration of academic achievement. Eligible graduates (Soldiers, Family members, Department of the Army Civilians, retirees, and veterans, who have completed a college degree or are within six hours of degree completion between November 2017 and December 2018. Registration deadline is Friday. On-post graduates must contact their local on-post college office for registration. Graduates from off-post schools must register at <http://www.stewart.army.mil/about/Garrison/DHR/education-center/graduation>, or contact the Fort Stewart Education Center at 767-8331.

Join the SAMC

Are you a Sergeant Audie Murphy Club member? Do you have aspirations of becoming a member? The Fort Stewart-Hunter Army Airfield "Rock of the Marne" SAMC is reaching out to all members across the installation. We are actively updating our contact rosters and want to ensure we are capturing our members for updates with the Club. Please contact Sgt. 1st Class Karl Kirven at karl.w.kirven.mil@mail.mil to sync your information. We look forward to hearing from you. The monthly meetings is the third Wednesday of each month at noon, at Building 1 on Fort Stewart in the Sergeant Audie Murphy conference room.

Bible study available

Every Wednesday at noon we will hold our weekly Bible Study at Marne Chapel. This year we will take a look at Bible prophecy past, present and future. Bring your own lunch. All military personnel,

veterans, civilians, contractors and retirees are welcome. Contact Bill Agnew 767-9789 for more information

Get Korea newcomer info

Soldiers and families identified to PCS to Korea are highly encouraged to visit 8th Army's Newcomers section on the Official Home Page of the Eighth Army <http://8tharmy.korea.army.mil/site/newcomers/>. The Korean peninsula has undergone major transformations and this website is designed to assist Soldiers and families with a before travel and in-processing guide. This website also serves as an online One-Stop where personnel can connect and learn about the programs and services offered in their future community. <https://www.milsuite.mil/book/docs/DOC-520102>.

Fuel for health

Learn the fundamentals of nutrition by joining the Army Wellness Center for Fueling for Health, today, 11 a.m. to noon at the Army Wellness Center, Building 201A. To reserve a seat, please contact the Employee Assistance Program Manager, Lisa Pokorny at 767-5672 or email lisa.m.pokorny.civ@mail.mil.

Super saver program

Are you interested in winning \$500? If so, this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a garrison civilian employee and submit the best idea for saving the garrison money, you will win \$500. Submit your idea on the super saver nomination form available on the Team Stewart web page under Garrison Resource Management Office. Nominations are boarded with the garrison. Submit to usarmy.stewart.usag.list.dhr-workforce@mail.mil.

Managed deer/hog hunt held

Managed deer/hog hunts, for active duty Soldiers and retirees only, will be held at Fort Stewart Oct. 27, Nov. 10 and Dec. 29. Participants will be chosen by lottery drawing for one hunt only. Fee is \$25 per person for those selected. A game cleaning station will be provided at each hunt. All weapons must be registered with Fort Stewart before the hunt. Register at building 8325 or Hunter Outdoor Recreation, building 8454. Apply by Oct. 30 for Nov.

10 hunt; lottery draw at noon Oct. 31. Apply by Dec. 18 for Dec. 29 hunt; lottery draw at noon Dec. 19. For details, call 435-8205 or 315-9354.

Food handlers class

Anyone interested in taking the food handlers course now has the ability to do it online. Certification is good for one year. Register online at eventbrite.com, or log on to www.winn.amedd.army.mil. Click on the healthcare services tab, click preventive medicine and wellness, then environmental health. The basic food handlers course study material and quiz are at the bottom of the screen.

Benefits fair slated

The Fort Stewart Civilian personnel Advisory center host a benefits fair for civilian employee, 9 a.m. to 2 p.m. Nov. 6 and 7. This event is designed for our civilian employee population to aid them in making informed benefit election decisions during our open season. Open season will begin the second Monday in November and will go through the second Monday in December. The event will be hosted on post Fort Stewart at Winn Army Community Hospital in the patriot auditorium.

FRG Bowling League offered

A Family Readiness Group Bowling League play began Oct. 2 and continues each Tuesday through Nov. 6 from 6:30-9:30 p.m. at Marne Bowling Center, building 402. Three-person teams will represent units of Fort Stewart. The cost of \$12.99 per person per week includes two games, shoe rental, cheese nachos and drink. Prizes will be given for top finishers and the most improved bowler. For details or to register, call 767-4273 or 767-4866.

Technical Expo slated

Community members are invited to the Fort Stewart Tech Expo, 10 a.m. to 2 p.m. today at Club Stewart, hosted by the South-East Region and Network Enterprise Center. Future innovations of focus include tactical gear and equipment, communication solutions, cyber security training and more. Visit www.federalevents.com/ftstewart for more.

CG Hip Pocket Scholarship

The 3rd Infantry Division commander

has been given five Army ROTC Green to Gold Hip Pocket Scholarships. The scholarship program provides selected Soldiers the opportunity to complete their baccalaureate degree requirements and obtain a commission through participation in the ROTC scholarship program. Units are encouraged to nominate Soldiers that exhibited the potential for further outstanding service to the Army as commissioned officers. Interested Soldiers can follow-up with their chain of command. Download the guide and complete an application by clicking "Create An Account" https://my.goarmy.com/accounts/register/user_agreement.jsp?loginPg=g2g. Click on "Log In" if you already have an account. After creating an account, return to this site and start the application at <https://www.goarmy.com/careers-and-jobs/current-and-prior-service/advance-your-career/green-to-gold/pocket-scholarship.html>. Applications are due to the 3rd ID G-1, by March 19. If you have questions see your unit S-1 or contact alfred.mcdaniel3.mil@mail.mil.

Immigration, naturalization

The Legal Assistance Office hosts its Immigration and Naturalization Fair, 1-4 p.m. Nov. 7 and 9 a.m. to noon and 1-3 p.m. Nov. 8. The fair is open to all Service members, retirees and their Family members. Immigration legal services will be provided on a walk-in basis, first-come, first-serve, subject to attorney availability. Attendees will be able to receive free consultations with both Army judge advocates and civilian attorneys from the Association of Immigration Lawyers of America. The event location is the LAO, suite 117 in building 709, next to Popeyes and the USO. Direct questions to Capt. Trevor Hehn, at usarmy.stewart.forscom.mbx.fsga-legal-assistance-office@mail.mil.

MFTC available at Fort Dix

The Noncommissioned Officers Academy at Fort Dix, NJ, has slots for Soldiers in most ranks to attend the Master Fitness Trainer Course. First priority goes to NCOs in the rank of sergeant to sergeant first class and officers from second lieutenant through captain. Second priority to senior NCOs, senior officers, and warrant officers. Visit www.milsuite.mil/book/message/782664.

MWR auctions bikes, cars and more

Molly Cooke
Frontline Staff

More than 104 abandoned cars, trucks and motorcycles will be sold at the Fort Stewart Directorate of Family, Morale, Welfare and Recreation's second annual vehicle auction 10 a.m. Oct. 20.

The vehicles include abandoned vehicles found on Fort Stewart and fleet vehicles that once belonged to MWR; which range from a classic 1979 Pontiac Firebird to luxury sedans, sport utility vehicles, motorcycles, passenger vans, and even a bus.

The auction lot is located on McFarland Avenue, just past Pond 10, the military gas station and military wash rack - on the right.

The selection of cars may be of interest to car lovers and novices alike. Whether you are looking for a set of wheels with minimal repairs or perhaps a fixer upper, there is something available for everyone's level of expertise.

In preparation for the auction, Libby Auto Crafts Center manager Benjamin Mays and mechanic, Silvan Brissette, transported several vehicles to the sales location. One of the vehicle highlights is a 2010 black Chevrolet Camaro. When it arrived the engine roared to life as it was backed off of the tow-truck.

"Some of the vehicles run and have keys, howev-

er some don't," Mays said. "We have a Camaro and a Chrysler PT Cruiser that are among the best deals as far as price and condition. For those that don't run, we will have tow trucks and a lock smith on site."

For the car buyers who may need assistance determining what needs to be fixed on their newly purchased vehicles, Mays suggests requesting the assistance of Libby Auto Crafts Center.

"The Libby Auto Crafts staff can help our owners inspect their auctioned vehicles and conduct repairs, if needed," Mays said.

Libby offers a wide variety of auto services from engine diagnostics, air conditioning services, tune-ups, small engine repair, and more. The facility is also available, to eligible Department of Defense ID card holders, who want to use the bays to work on their own vehicles.

For the auction, all purchased vehicles must be registered within 30 days after sale to avoid additional fees from the court. Registration must take place in the county of residence as indicated on the purchaser's driver's license.

Pre-registration for auction numbers is underway. Two additional preview opportunities are scheduled for today, 3-6 p.m. and Saturday, 7-9 a.m.

For more info contact the Libby Auto Crafts Center at 767-3521 or visit www.stewartmwr.com.



Carlos Black, a retired 1st Sgt., inspects a motorcycle listed for auction during the October vehicle preview on Fort Stewart.



Photos by Molly Cooke

Libby Auto Crafts mechanic, Sylvan Brissette, offloads a 2010 Chevy Camaro onto the Fort Stewart auction lot, located on McFarland Avenue, past Pond 10 on the right.



Capt. Christie Krotzer inspects an Audi during the Oct. 12 vehicle preview while Capt. Italy Taylor checks the car's interior.

Spouses corner: Meet Christina Holladay

Anna Hagerty
Frontline Contributor

Christina Holladay, a native of Illinois, met her husband Keith in New Mexico. Almost two years later, they arrived at Fort Stewart.

“When I moved here we had our welcome brief,” Holladay said, but felt it didn’t give her any ‘real-world’ knowledge about the installation.

So, she spent time learning more through the Army Community Services including financial counseling and Family Readiness Group courses.

Holladay loves learning and meeting new people, so one of the best things she found helped her, was getting involved and volunteering.

A certified phlebotomist and pharmacy technician, she volunteers with Winn Army Community Hospital through the Red Cross and the USO.

She said the Red Cross is excellent for work experience, and the USO for meeting friends and fun activities.

“I try to attend every event I can,” Holladay said.

She said she has learned a great deal through those two organizations, and tries to pass on everything she knows to other spouses too.

“I would say the major thing is get

involved,” she said. “Start with the USO and find a group you can call your own.”

She said she met her best friend at a spouse event.

“Even if you are a shy wallflower,” Holladay said. “Just go to the event and stand on the wall. I can almost promise it won’t last long. Feeling like you have somewhere or someone to spend your time with makes all the difference, especially if your spouse is heading to training or a deployment.”

She said moving is hard, and noted a strong sponsorship program would probably help provide more information about the installation before people arrive.

“I know there are efforts out there being made,” Holladay said. “And I just know what it was like to come to a new post and have your spouse leave and feel like you have to learn everything all over with no one there.”

She said while it can be frustrating getting information, there are resources that can help.

“I try my best to give information about getting involved to any spouse I meet. I know it can be scary to step out into an event and put yourself out there but speaking from experience I can say that I am a better person because I took the chance on one event one time and found a friend I can’t imagine being without.”

Safety spotlight: Have fun safely during Halloween

Richard W. Rudolph
AFSBN Safety Office
Commentary

Halloween is a fun time for children and adults alike. With all the fun you can have, let’s make sure we do it smart and follow these simple steps.

S - Stay safe if using costume swords, knives. Make sure they are short, soft and flexible.

A - Avoid trick-or-treating alone; always walk in groups or with a trusted adult.

F - Fasten reflective tape to costumes.

E - Examine all treats for choking hazards and tampering.

H - Hold a light to help you see and be seen. Always walk and don’t run from house to house.

A - Always test make-up for potential skin allergies.

L - Look left and right before crossing the street. Use established crosswalks

whenever possible.

L - Lower your risk for serious eye injury by not wearing decorative contact lenses or items such as patches that could hinder your vision.

O - Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe.

W - Wear well-fitted costumes to avoid blocked vision, trips and falls.

E - Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.

E - Enter homes only if you’re with a trusted adult. Never enter a home by yourself.

N - Never walk near lit candles, luminaries or jack-o-lanterns. Be sure to wear flame-resistant costumes.

Remember to pass these tips on to friends and family members. Tips courtesy of the Center for Disease Control at, www.cdc.gov/family/Halloween.

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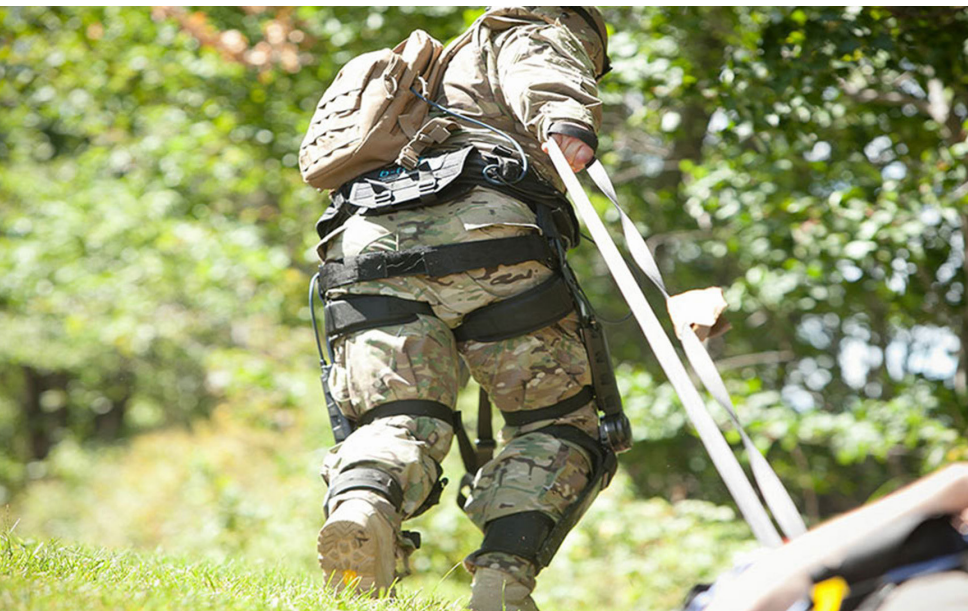
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Courtesy Photo

The NSRDEC is working with Lockheed Martin Space and Missile on a human augmentation system prototype. Trademarked under the name "ONYX," the system is a powered, knee-based, mobility enhancing device that shows great potential for allowing Soldiers to stay in contact while maintaining peak performance longer, with equal or increased warfighting power.

Natick's exoskeleton work is a powerful step toward the future

NSRDEC

Public Affairs

NATICK, Mass. -- With exoskeleton technology, the Natick Soldier Research, Development and Engineering Center, or NSRDEC, is helping Soldiers to step into future.

Soldiers are the most important, effective platform in the U.S. Army. In finite quantity, these warfighters are being asked to move farther, faster, and carry larger loads -- all while performing under harsh and challenging conditions. Responding to the Army Chief of Staff and the Soldier lethality cross-functional team, NSRDEC awarded an "Other Transaction Agreement" for a human augmentation system prototype to Lockheed Martin Space and Missile, or LMCO.

Trademarked under the name "ONYX," the system is a powered, knee-based, mobility enhancing device that shows great potential for allowing Soldiers to stay in contact while maintaining peak performance longer, with equal or

increased warfighting power.

The NSRDEC's exoskeleton effort will initially focus on the challenges faced by Army Close Combat Forces, validating their needs with data from ongoing combat operations, reports, user focus groups and validation table top exercises.

Understanding that 90 percent of casualties since WWII are from the close combat force, the Army Chief of Staff has directed that one of his strategic focus areas emphasizes improving the lethality, maneuverability, mobility and survivability of the Army's most valuable asset -- the individual combatant. The Army seeks to cover more ground with fewer forces through strategic systems that integrate innovative technological concepts such as exoskeletons, other worn advanced capabilities, and tactics.

Working with NSRDEC leads, the LMCO ONYX team will integrate user-based feedback into the new design and improved system performance and deliver demonstration-ready prototypes in Fiscal Year 2019.



Reel Time Theaters

The House with a Clock in Its Walls (PG)

Friday, Oct. 19 - 6 p.m.

A young orphan named Lewis Barnavelt aids his magical uncle in locating a clock with the power to bring about the end of the world.

Stars: Jack Black, Cate Blanchett, Owen Vaccaro

Life Itself (R)

Friday, Oct. 19 - 9 p.m.

As a young New York City couple goes from college romance to marriage and the birth of their first child, the unexpected twists of their journey create reverberations that echo over continents and through lifetimes.

Stars: Oscar Isaac, Olivia Wilde, Annette Bening



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1 ABCT RETURNS



Courtesy photos

Above: Soldiers assigned to the 1st Armored Brigade Combat Team, 3rd Infantry Division, are welcomed home from a nine-month deployment to the Republic of Korea, by 3rd Infantry Division Commander, Maj. Gen. Lee Quintas, Oct. 11 at Newman Fitness Center. The brigade was part of a regular rotation of forces supporting the 2nd ID in South Korea deterring North Korean aggression and supporting the ROK - U.S. Alliance.



Buses line up after unloading Soldiers at Fort Stewart for the welcome home ceremony, Oct. 13.



Above: Master Sgt. Michael Hall, the rear detachment operations sergeant major, gives arriving Soldiers a quick brief Oct. 13, to ensure everyone knows the procedures for the ceremony, baggage pickup, and barracks keys.



Courtesy Photo

Above, Raider Brigade Soldiers offload their plane Oct. 11 at Hunter Army Airfield.



Photo by Spc. Jason Greaves

Cianna Warren, a military spouse, welcomes home her husband, Spc. Bailey Warren, Company A, 2nd Battalion, 7th Infantry Regiment, 1ABCT, 3rd ID, at Cottrell Field, Fort Stewart. Oct. 2.



Courtesy Photo

Above, The Vietnam Veterans of America, Chapter 789, greet Soldiers at the welcome home ceremony at Newman Fitness Center, Oct. 11.

Special Deliveries

Provided by Winn Army Community Hospital

Oct. 9

Josie Leigh Hale, a girl, 7 pounds, 14 ounces, born to Sgt. Seth Chance Hale and Spc. Micheala Rae Hale.

Karymar Annalys

Berdecia-Melendez, a girl, 7 pounds, 12 ounces, born to Sgt. Jose M. Berdecia-Hernandez and Kimberly M. Melendez-Lugo.

Noah Amir Thomas, a

boy, 7 pounds, 13 ounces, born to Antoine Oshay Thomas and Staff Sgt. Christina Marie Thomas.

Oct. 12

Vivienne Elise Outman, a girl, 7 pounds, 2 ounces, born to Spc. Michael Outman and Alexandra Outman.

Maverick Wayne

Jeffery, a boy, 6 pounds, 9 ounces, born to Pfc. Steven Tyler Jeffery and Tara Lynn Jeffery.

Oct. 14

Valentina Zoe

Rodriguez, a girl, 7 pounds, 7 ounces, born to Christian Jose Rodriguez-Montalvo and Capt. Lendaliz Alvarez-Mateo.

WINN BRIEFS

On Dec. 31, the Defense Health Agency's TRICARE Retiree Dental Program will end. However, as directed in the National Defense Authorization Act for Fiscal Year 2017, retired uniformed service members and their Families, who were eligible for TRDP, can enroll in the Federal Employees Dental and Vision Insurance Program. The first enroll in FEDVIP will be during the next Federal Benefits Open Season, Nov. 12 through Dec. 10, with coverage effective Jan. 1, 2019.

Healthcare services change

Special to the Frontline
Winn ACH Public Affairs

What is the Change Healthcare, previously RelayHealth service?

Change Healthcare is a web-based service through which providers and patients can communicate securely. This service, Secure Messaging, supplies providers and their care teams with an interactive web-site where patients can initiate a webVisit® consultation, receive preventive care reminders, send a note to the provider's office, request prescription renewals and refills, request lab or test results, and request appointments. Patients may also securely store and manage their personal health record information including health conditions, allergies, immunizations, hospitalizations, office visits, and their family health history.

Is this service secure?

Secure Messaging uses a high level of security to protect the privacy and confidentiality of healthcare information transmitted through its provider-patient messaging service. Unlike e-mail, which relies on multiple file servers distributed across the Internet, secure messaging use a single, centrally managed, secure database for all provider-patient communications.

All messages are delivered to a web browser using 128-bit, secure-socket layer encryption. To prevent others from viewing your private information, you should always log out after using this service.

How is the Change Healthcare message service different from regular e-mail?

These messages differ from regular e-mail because they are securely and confidentially transmitted. They employ clinical guidelines and algorithms to support the interaction between provider and patient. All Change Healthcare messages provide an audit trail enabling provider and patient to view the entire message history.

How will I know if I have a message waiting for me at this site?

When a message is delivered to your Secure Messaging inbox, Change Healthcare will immediately send an e-mail to your preferred e-mail address (the e-mail address you provided when registering) notifying you of a waiting message, and providing a convenient link to this service.

You will not receive a Change Healthcare e-mail address. Rather, you check your messages by signing in to the Secure Messaging website using your username and password.

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Marne Detachment train together during CPX III at Fort Stewart

By Master Sgt. Sheila L. Cooper
3ID Public Affairs

Soldiers from the 3rd Infantry Division and Georgia National Guard participated in field operations for Command Post Exercise III from Oct. 9-13, on Fort Stewart.

The Mobile Command Post Operational Detachment, also known as the Marne Detachment, made up of Georgia National Guardsmen, jointly train with 3rd ID as part of an ongoing collaborative training effort to synchronize the two organizations.

The CPX training will eventually prepare the Soldiers for the upcoming Warfighter Exercise in November. Warfighter evaluates the division on its ability to employ assets, synchronize capabilities and conduct mission command in a simulated combat environment.

The Marne Detachment is part of the 3rd ID Headquarters and is comprised of junior enlisted, noncommissioned officers and officers across each staff section.

"The CPX gives 3rd ID the opportunity to flex all of its muscles and to incorporate the full spectrum of its combat power," said Lt. Col. John Cole, the incoming Marne Detachment commander. "Part of that power are Soldiers who have to integrate into their respective

staff sections, practice their skills and ultimately help the commanding general make the best decisions.

According to Cole, the Marne Detachment enables the division to conduct unified land operations and provide full capacity for the 3rd ID to exercise mission command.

During the CPX, the division and Marne Detachment Soldiers, trained together using a simulated conflict to represent real-life scenarios.

During one of the training scenarios, infrastructure was destroyed requiring a review by the respective division and detachment engineer sections, which worked together during the training.

"As a senior enlisted engineer, I worked on real-world situations similar to the destroyed infrastructure scenario we trained on during CPX," said Master Sgt. Michael Holloway, senior Marne Detachment engineer. "The CPX enabled active duty and National Guard Soldiers to train side-by-side, learn from each other and revisit skills which may perish over time."

The CPX provides the units an opportunity to work together and improve their effectiveness through joint training and real-world situations.

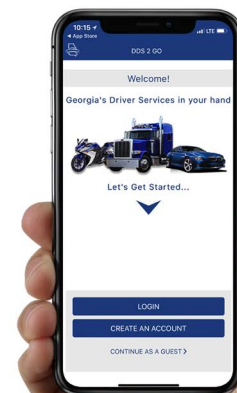
"The CPX hones each Soldier's skills," Cole said. "It expands their knowledge of a modern battlefield and strengthens their personal relationships with their fellow Soldiers."



Photo by Sgt. Michael Uribe

Sgt. Dallas McLendon, airspace noncommissioned officer, Division HHB, 3rd ID pounds stakes into the ground to stabilize the tent during Command Post Exercise III, from Oct. 11, in the Fort Stewart training area.

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The week-long exercise allowed multiple echelons to train and execute decisive action training, integrations and synchronization of warfighter functions, and to execute agile and adaptive training in a high-stress environment.

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CHAPLAIN'S CORNER

Help spread compassionate love

Maj. Archie Neal Durham
188th CATB Chaplain

Just the other day I remembered a story from a dear pastor friend. I had been thinking about ways to better example a "Godly Love", and with his story, my thinking became a little clearer. Being an example to others by showing a compassionate love is what I believe everyone should be looking to achieve in life. Then, after listening to an old favorite by Whitney Houston last night called, "Greatest Love," at my daughter's middle school band recital, I decided that it's not me I should be loving the most of all but God first and then others. The greatest love of all should not be about loving myself but others. My pastor's illustration compelled me to do even more for those that I encounter every day. His story went something like this:

"I was hastily picking up a few items at the grocery store when I ran

into an 83-year-old widow, who recently had a botched surgery. Her hip was noticeably out of place, and, as she made her way down the aisles, it was obvious that she was in much pain. We spent a few moments sharing with each other as we both made our way to the check-out stand. As she stacked her groceries on the counter, I got the attention of the cashier and whispered, 'Put her items on my bill.' When the woman was told that she 'owed nothing,' she got a little disturbed, with words, 'What do you mean? I can pay for my own food.' She then turned to me and said, 'You are the culprit; you paid for my food.' I went on to explain that this was my opportunity to bless someone. Finally, with a few tears, she accepted my gift. After getting home, I discovered that the check-out lady, most likely in all the excitement, had failed to charge me for my groceries. I quickly called the store, apologized for the oversight,

and was told, 'You owe nothing. The person behind you heard the discussion you had with the lady and he paid for your groceries.'"

This is a great illustration showing not only a love for others, but something that can latch itself to others and becomes contagious. When someone pays for your meal in a drive through or in a restaurant, it's a love that can't be reasonably explained except to say it somehow breaks a mold of selfishness.

It is often not what we say, our professionalism, or all the other things we do, regardless of how important they are; but rather our common acts of daily care that plant the seeds of compassionate love in a broken world. I encourage you to get out and break the mold for which the world so easily places us. A Godly love is what I am chasing. I hope and pray this excites you to do the same.



Chapel Schedule Fort Stewart

Catholic	Location	Time
Sunday Mass	Main Post Chapel	9:00 a.m.
Weekday Mass	Main Post Chapel	11:45 a.m.
<i>(Confession available daily and before Sunday Mass)</i>		

Protestant (Sundays)		
Traditional	Marne Chapel	9:00 a.m.
Chapel Next	Main Post Chapel	10:45 a.m.
Gospel Adult Sunday School	Main Post Chapel	11:00 a.m.
Multi-Cultural Gospel Service	Main Post Chapel	12:30 p.m.
Kids' Church (Sundays)		
K- 6th Grade	Main Post Chapel	1:00 p.m.
PWOC (Wednesdays)	Main Post Chapel	9:00 a.m.
PWOC (Check https://www.facebook.com/stewartPWOC , or email stewartpwoc@gmail.com for upcoming events.)		

Islamic (Fridays)	Main Post Chapel	1:00 p.m.
Buddhist (Last Sunday)	Marne Chapel	11:00 p.m.

Hunter Army Airfield

Catholic	Location	Time
Sunday Mass	Hunter Chapel	11:00 a.m.
Catholic CCD	Building 129	9:30 a.m.
Protestant		
Sunday Service	Hunter Chapel	9:00 a.m.
Kids' Church	Hunter Chapel Fellowship Hall	9:00 a.m.
PWOC (Thursday)	Main Post Chapel	9:30 a.m.

Religious Education Contacts
Fort Stewart Religious Education,
Bill Agnew: 912-767-9789
Hunter Army Airfield
Religious Education,
Charles Archer: 912-315-5934

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triot center just off of US Highway
84. This former Subway restau-
rant is available now and is the
perfect location for a restaurant,
office, or retail space. The unit is
approximately 3,000 square feet
of can't miss opportunity! Call
today to schedule your personal
tour! Jimmy Shanken, Coldwell
Banker Holtzman, REALTORS,
912-368-4300 or 912-977-4733 or
email jimmy.shanken@coldwell-
banker.com

740 #210 East General Stewart Way Hinesville - \$14NNN

Check out this amazing \$14/SF
NNN annual lease opportunity
within the Patriot Center just off
US Highway 84. The former Arm-
strong Atlantic State University/
Liberty Center is 10,000 square
feet perfect for a school, office or
medical space. This unit features
multiple classrooms, 2 large pub-
lic restrooms, Lab, and Informa-
tion Technology (IT) room. Call
today to schedule your personal
tour! Jimmy Shanken, Coldwell
Banker Holtzman, REALTORS,
912-368-4300 or 912-977-4733 or
email jimmy.shanken@coldwell-
banker.com

1439 West Oglethorpe Highway Hinesville - \$239,900

Prime commercial investment
potential located off hard corner
of lighted intersection, diagonally
across from the Neighborhood
Walmart on US Highway 84 in
Hinesville Georgia. Building is
up to code and features new A/C
system as well as new handicap
accessible bathrooms. Location is
ideal for a pawn shop, retail store,
restaurant etc. Option to lease for
\$1,900 month is available. Don't
Hesitate call today for more infor-
mation on this can't miss oppor-
tunity! Jimmy Shanken, Coldwell
Banker Holtzman, REALTORS, 912-
368-4300 or 912-977-4733 or email
jimmy.shanken@coldwellbanker.
com

HOMES FOR SALE



846 Bradwell Street, Hinesville. \$675,000. Executive home located in the heart of Hinesville that features estate size lot with 5 bedrooms, 5 bathrooms, tile floor, granite counter tops, stainless steel appliances, jacuzzi tubs, huge walk-in closets & pantries, vaulted ceilings, and a 3 car garage. All furnishings are included. So many features for this elegant home! This home is fit for a King and Queen with approximately 7,428 SQ FT with endless possibilities of enrichment. Quiet, kid & fur friendly neighborhood. Conveniently located near Fort Stewart Main Gate. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



873 Pecan Road - Reduced to \$398,000
Gentleman's farm located in Glen-nville GA 25 minutes to Ft. Stew-art. Approximately 39 acres of land has 52 mature pecan trees!!! This property offers an in ground pool, 2 stocked ponds, and deer galore. This charming 4 bedroom 3.5 bath home has a large family room with fireplace for those chilly nights. Home features a central vacuum system, safe room, winding stair-case, and wood floors. Roof is only 10 years old. Call us today for a personal tour. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



150 Godfrey Road SE Ludowici, GA 31316 - \$279,900
Take a look at this great deal! 2 for the price of 1. Buy this custom 3 bedroom 2 bath home and get a free double wide mobile home. Home features a Florida room, fenced yard, playground, in-ground pool, and workshop. This 4.95 acres of land also includes a double-wide 2009 mobile home manufactured by Cavalier Homes. Conveniently located outside the city limits which means no city taxes! This is a rare find and a must see! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-

977-4733 or email jimmy.shanken@coldwellbanker.com



806 Grove Place Hinesville, GA 31313 - REDUCED TO \$114,900
Take a look at this cozy 3 bedroom 2 bath home on a cul-de-sac in the Ridgewood Subdivision. Home features spacious bedrooms, fenced backyard with storage building, and its beautifully landscaped. Only minutes to Fort Stewart, schools, and shopping. Home is vacant and turn key ready! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



31 Carson Street NE Ludowici, GA 31316 - \$167,400
Take a look at this well kept 3 bedroom 2 bath home located in the Crawford Subdivision in Long County. Home offers wood/tile floors, eat-n kitchen, and a fireplace. Centrally located between Long County school and Fort Stewart. Outside the city limits which means no city taxes. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



284 Clubhouse Drive, Midway - \$159,900
THIS BEAUTIFUL LAKE BRICK HOME IS WAITING FOR YOU! Totally re-modeled! Freshly painted inside & outside. Enjoy this 3 beds, 2.5 baths, large dining room, living room and family room with open concept kitchen with new appliances. The combination of tile and carpeted floors give it a cozy, homey feel. High ceilings, beautiful wall colors and exquisite tile work in the bathrooms. Huge covered porch perfect for gatherings, cookouts or just to relax and view the lake. Fish from your own backyard. Beautiful mature trees and landscape. Community pool and picnic area at walking distance. No city taxes. Conveniently located to Ft Stewart, Hinesville, Richmond Hill and Savannah. Most people can only dream of owning a lakeside home - Make this one YOURS! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

com



104 Briskhaven Court Hinesville - \$134,900
Cozy 3 bedroom 2 bath all brick home sits in the Windhaven Sub-division. Just outside Fort Stewart gate #8 and located on a cul de sac. Home offers a privacy fenced yard and a one car garage Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



49 Cuddy Lane Midway - \$219,900
Beautiful two bedroom two bath townhome located within the Merchant's Wharf community in Mid-way. Home features a cozy kitchen complete with counter top range, built in oven, built in microwave and breakfast bar as well as a lovely enclosed patio to sit and relax in. Townhome is located near Inner Coastal water way and provides you a place to dock your boat. The property also features a community pool to cool off on those hot Georgia days. Don't miss out on your chance to make this your dream home. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



435 Arlington Drive Hinesville - REDUCED TO \$187,400
Check out this beautiful 1,919 square foot, split floor plan home located within the Arlington Park subdivision. This 4 bedroom 2 bath home features a spacious galley style eat in kitchen as well as a formal dining room. The living area houses a grand gas log fire place and is equipped with vinyl plank floors that extend through out the home with tile placed in all the wet areas. Home also features a nice relaxing backyard space complete with patio and privacy fence. Don't miss out on your dream home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



80 Pulaski Drive Hinesville - \$164,900
Beautiful 3 bedroom 2 bath home sits on a cul de sac road in the Parish Crossing Subdivision. Home features stainless steel appliances, a laundry room, and a jetted tub and separate shower in the master bedroom. Home also features ceiling fans and beautiful vinyl plank floors throughout the living space. Home offers a large privacy fenced yard and a covered back porch. No City taxes! No flood Insurance! Property is conveniently located about 7 miles from gate 7 at Fort Stewart. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



165 Jackson Avenue NE Ludowici - \$149,900
A NICE RETREAT! Beautiful and impeccably clean 3 bedroom 2 bath home located in the Crawford Sub-division. Open floor plan. Serene and beautifully landscaped backyard. Screened in patio, private well for irrigation, privacy fence. This lovely home features a two car garage. Conveniently located to Hwy 84, Fort Stewart Gates, Shopping and new schools in Long County. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



803 Waterfield Drive Hinesville - \$99,900
Impeccable home just waiting for you! Move in condition! This home is located in the Waterfield subdivision off Airport Road. Great brick home, 3 bedrooms, 2 bath, ample kitchen, large backyard for endless possibilities. Roof and AC Unit are less than 3 years old. This beautiful home is located just minutes from Liberty County Schools, Fort Stewart Gate 7, grocery stores and shopping areas. Let me know when you would like to take a look at your next home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



600 Morris Street Glennville - \$97,900
1900 Grand home located on a corner lot in Glennville, GA. Mature pecan trees around the property. Seats on 0.96 acre of land. Brand new roof! This home with a large wrap around porch its 2,154 square foot, still has the original hardwood floors, high ceilings, 3 fireplaces, 2 bdr/1 bath on one side and a separate 1 bdr/1bath (endless possibilities) AND features a detached garage 30 x 40 with 20 ft high ceilings, a recreation area and insulated. Don't miss out on your chance to own a piece of history! Call today and schedule your personal tour! Sold as is. This grand home built in 1900 has endless possibilities to be grand once again! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



1293 Lilly Lane Glennville - \$98,900
COUNTRY LIVING! Beautiful property in Glennville, Georgia on Lilly Lane. This 1935 built home has a 3 bdrs, 1 bath, hardwood floors, 1,560 square foot on a 2.15 acre land. Surrounded with mature pecan trees, grape vines, and beautiful landscaped land. Attached carport, several storage sheds, barn. A true country retreat off Hwy 301, close to town and Hwy 196. Call today to schedule a personal tour of your country living home! Property is being Sold-as-is. Make it yours and enjoy this home and the most beautiful country sights and sky views! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



185 Bobbie Street Allenhurst - \$160,000
Looking for a home with charm, character, room to entertain that is reasonably priced near amenities and Fort Stewart? Then look no further this home has it all, and as a bonus no city taxes. The property features a large fenced in backyard has 3 bedrooms 2 bathes and is located within the McDonald Ridge subdivision. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS,

912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



508 Wellington Way, Hinesville - \$179,900
Charming 3 Bedroom 2 bath home in the Arlington Park Subdivision is ready to be yours! Home features an eat-in kitchen, fireplace, 2-car garage, and a fenced backyard. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



44 Katelyn Lane Midway, GA 31320 - \$169,900
Beautiful 4 bedroom 2 bath home in the Edgewater subdivision. Home offers a 2-car garage, dining/kitchen combo, formal dining room, and 1929 sqft. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



6305 Elim Church Road Ludowici - REDUCED TO \$238,900
Charming rustic style 3 bedroom 3 bath home sits on 2.31 acres of land and is ready to be yours! Perfect for that person that enjoys the quiet country living. The oak trees around the property provide a nice shade for those hot Summer days. Home features a privacy fenced backyard, front porch with swing, and a hand laid stone fireplace. Appliances will convey. Located about 10 minutes from Long County schools and about 15 minutes to Fort Stewart. Seller is a Licensed Realtor in Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



448 Briarcrest Drive NE Ludowici, GA 31316 - REDUCED \$269,900

Elegant 5 bedroom 2.5 bath home sits in about 1 acre of land in the Briarcrest subdivision. Home offers a gourmet kitchen, wood and tile floors, upgraded trim package, and a formal living and dining room. Home features a 3 car garage, screened in back porch, and a beautifully landscaped over sized backyard. Conveniently located near the new Long County Elementary school and middle school. Property is outside the city limits which means no city taxes! What are you waiting for? Your dream house is only a phone call away! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



666 Windhaven Drive Hinesville - \$99,900

Cozy 1,164 square foot 3 bedroom 2 bath home located with in the Northwest Woods subdivision. Don't miss out on your chance at this gem. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



242 Parish Loop NE Ludowici - \$164,900

Beautiful 1669 square foot, 3 bedroom 2 bath home located within the Parish Crossing subdivision in Ludowici, GA. This ranch style home features a privacy fenced backyard. Don't hesitate call today for your personal tour of your dream home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



901 Olmstead Drive #71 Hinesville - \$51,900

BETTER THAN NEW! Check out this amazing 2 bedroom 1.5 bath condo located in the Woodwind North subdivision just outside of Fort Stewart's Gate 2. Freshly painted, new carpet throughout the house except laminate floors (kitchen/bathrooms). Ceiling fans, window/door blinds, kitchen appliances. Refrigerator with ice maker, stove, oven, dishwasher, hood vent. Nice and open patio. Community swimming pool, water, trash pick up and exterior maintenance included in the HOA fee. 2 assigned parking spaces. Don't hesitate on this incredibly priced opportunity! Call today to schedule your personal tour. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

LAND/LOTS FOR SALE

0 Shyam Road - Hinesville - \$750,000. Seven (7) acres of commercial potential. Located just off of US Hwy 84 in Hinesville. Centrally located between Fort Stewart Gates one (1), two (2) and three (3). There are thirty thousand and six hundred and fifty (30,650) V.P.D. May also access from Sandy Run Drive. Jimmy Shanken, Coldwell Banker Holtzman,

REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 2 Crossway Pines Ludowici - \$45,000. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

12746 East Oglethorpe Highway, Midway - \$69,900. Excellent Commercial Opportunity near the proposed Midway City Hall. This location is convenient to I95 and Ft. Stewart zoned IC. Perfect for retail, fuel, or restaurant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Cattle Hammock Road, Midway - \$299,900. 9.10 acres of pristine deep waterfront +/- 270 liner feet marsh and deep water front. 10 minutes to I95 Exit 76. Seller has dock permit. Amazing views! Convenient to Savannah, Brunswick, and Jacksonville, FL. Features: - Paved Road Access, +/- 270 LF Deep Water Frontage, Dock Permit in hand, 10 minutes to I95. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Oglethorpe Hwy Hinesville - \$39,900. Unrestricted lot in Midway. 12 acres at a great price. Houses and manufactured homes are okay. Located minutes from Fort Stewart, Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Willowbrook Drive, Hinesville - \$499,900. Incredible opportunity to own a parcel inside the city limits of Hinesville that is correctly zoned and engineered for a multi-family development. Located off Veteran's Parkway and EG Miles parkway centrally located between Fort Stewart Gate 8 and Walmart, Lowes, and the TJ Maxx Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 1 Spartina Way, Midway - \$85,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 14 Spartina Way, Midway - \$75,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300

or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 9 Youmans Road, Midway - \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 10 Youmans Road, Midway - \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

504 West Oglethorpe Highway Hinesville, GA 31313 - \$295,000 Commercial Development opportunity at the center of Hinesville retail corridor. This interior lot has 130 LF of road frontage at the traffic signal at the Intersection of Oglethorpe Hwy. This site has 35,800 vehicles per day. Adjoining parcels avail. Tenant Occupied. Please do not disturb the tenant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

648 South Main Street Hinesville, GA 31313 - \$39,000 Great multi-family opportunity near the proposed new super Kroger and TJ Max Retail developments. Centrally located between Fort Stewart gates 1 & 8. Convenient to all gates. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 2 Woodstork Way - \$29,000 Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. \$29,000. Call us for a personal tour today! Co-Listed with Nichole Gaskin 912-610-8304. 1.07 acres.

Lot3 Woodstork Way - \$29,000 Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. 2.6 to 5 acres. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

595 Lake Rosalind Dr, Midway - \$95,000 A truly rare find. 2.48 acres on Lake Rodalind Dr. This listing includes two lots with two wells, two septic, four driveways, and a pond. Land is in the Isles Of Wright area. There is also an inhabitable mobile home on the property that would need to be removed. There is also a metal framed building which was never completed. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

1acre John Wells Rd. \$20,000 Less than ten minutes to Fort Stewart Gate 7! Quiet country setting on a paved road. Manufactured homes ok. Non restricted lots. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 17 Moody Bridge Road, Ludowici - \$32,500 2.25 Acre home site located in Long County Restricted to stick built homes, paved road access. Excellent opportunity to build your dream home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

2 acres John Wells Road - \$25,000 2 acres of property that is less than ten minutes to Fort Stewart Gate 7! Culvert in place manufactured homes okay. Quiet country setting on a paved road! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

103 Ralph Quarterman Road, Hinesville - \$99,900. Excellent Development opportunity. Located across from the new Oglethorpe square. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

12.78 AC Veterans Memorial Parkway, Hinesville - \$2,364,300. 12.78 Acres developmental land. Great location on Veterans Parkway & South main. Can be combined with other parcels to total 18.46 acres. Located in a rapidly growing retail area within 0.25 miles of the new TJ Maxx, Dicks Sporting Goods, Hobby Lobby, and Ulta. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

0.24 Acre Veterans Memorial Parkway, Hinesville - \$225,000. Last available frontage road on drive home side of Veterans Parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

0 E. Oglethorpe Highway, Hinesville - \$3,000,000. Excellent hotel/restaurant site located next to La Quinta in Flemington. Parcel has offsite water retention.

Owners will subdivide. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

777 Veterans Memorial Parkway, Hinesville - \$395,000. Last available frontage on drive home side of veterans parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

734 E. General Stewart Way, Hinesville - \$395,000. PROPERTY ZONED C2. Lot is located between the Coldwell Banker Holtzman Realtors building and the Patriot Center on General Stewart Way. Owners are licensed Real Estate Brokers in the state of Georgia. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

625 Carter Road Walthourville, GA 31333 - \$349,900 Multi-family Development Opportunity! 8.756 acres of land available to build a home or mobile homes. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center! Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



The Shanken Team REALTORS® Jimmy and Brigitte Shanken Nikki Gaskin and Nina McCormick

Jimmy Shanken, Associate Broker,
CIPS, RSPS
912-977-4733 (cell)
912-408-2021 (office)
jimmy.shanken@coldwellbanker.com
www.jimmyshanken.com

Brigitte Cabeza Shanken, Associate
Broker
CIP, RSPS, AHWD
912-222-8279 (cell)
Brigitte.shanken@coldwellbanker.com

Nina McCormick, Realtor®
912-655-9644
Ninamccormick.coldwell@yahoo.com

Nichole Gaskin, Realtor®
912-610-8304
Nichole.gaskin@coldwellbanker.com



730 General Stewart Way, Hinesville
912-368-4300
HOLTZMAN, REALTORS®

Women's Health: Taking time for yourself

Yan Kennon

Naval Hospital Jacksonville

NAVAL HOSPITAL JACKSONVILLE, Fla. — Preventive services are your best defense against preventable diseases.

The top two causes of death for women are heart disease and cancer, with diabetes ranking seventh, according to the Centers for Disease Control and Prevention.

“Prevention is the best medicine,” said Navy Cmdr. Jennifer Wallinger, Naval Hospital Jacksonville, Florida, director for public health. “As women, we need to take time to get our health screenings and care for ourselves.”

- **Heart disease:** Heart disease is the number one cause of death in U.S. women. Key risk factors include high blood pressure, high LDL cholesterol, and smoking. Other risk factors include diabetes, overweight and obesity, poor diet, physical inactivity, and excessive alcohol use. Know your blood pressure, talk to your primary care manager about diabetes testing, quit smoking, talk to your primary care manager about cholesterol and triglyceride tests, make healthy

food choices, limit alcohol, and find healthy ways to cope with stress.

- **Cervical cancer:** Prevent cervical cancer – with the right test at the right time. Starting at age 21, get a Pap test every three years. After turning 30, you have a choice: Get a Pap test every three years; or get a combined Pap and human papillomavirus test every five years. Talk with your PCM about options.

- **Breast cancer:** Mammograms are the best way to find breast cancer early, when it's easier to treat and before it's big enough to feel. Starting at age 40, talk with your PCM about when to start and how often to get a mammogram. You have the choice to get an annual mammogram at age 40 and older. It's easy to schedule, with no need to see your PCM.

- **Colorectal cancer:** Colorectal cancer is the third most common cancer in U.S. women. If you're age 50 or older, get screened now for colorectal cancer. Screening can find growths so they can be removed before turning into cancer. Screening can also find cancer at an early stage, when treatment often leads to a cure. If you have risk factors, you might need to be tested earlier or more often. Talk to your PCM.

- **Diabetes:** If you have diabetes, see your health

care team every three to six months for an A1C test. This checks your long-term control of blood sugar. Make an appointment with your PCM today. You can discuss strategies to manage diabetes at home, work, school, and while traveling. You can also talk with our diabetes nurse or nutrition clinic.

- **Chlamydia:** Most people who have chlamydia don't know it, since there's often no symptoms. It's the most common sexually transmitted infection in the U.S. Women younger than 25 (and older women with risk factors) need chlamydia testing every year.

Dealing with high stress, depression, difficulty sleeping, or other non-physical health concerns are just as important to stay healthy. Proper sleep, physical activity, and nutrition are key components of preventive health and day-to-day wellness.

Women need a mix of cardio and resistance or weight-bearing exercise at least three to five times a week to help prevent osteoporosis, heart disease, cancer, and diabetes. Exercise also promotes good self-image, which is important to a woman's mental health.

Eating healthy is critical to women's health. A balanced diet of lean proteins, healthy fats, smart carbs, and fiber are essential elements to a proper diet.



**CUSTOMER APPRECIATION DAY
& ONE YEAR ANNIVERSARY!**

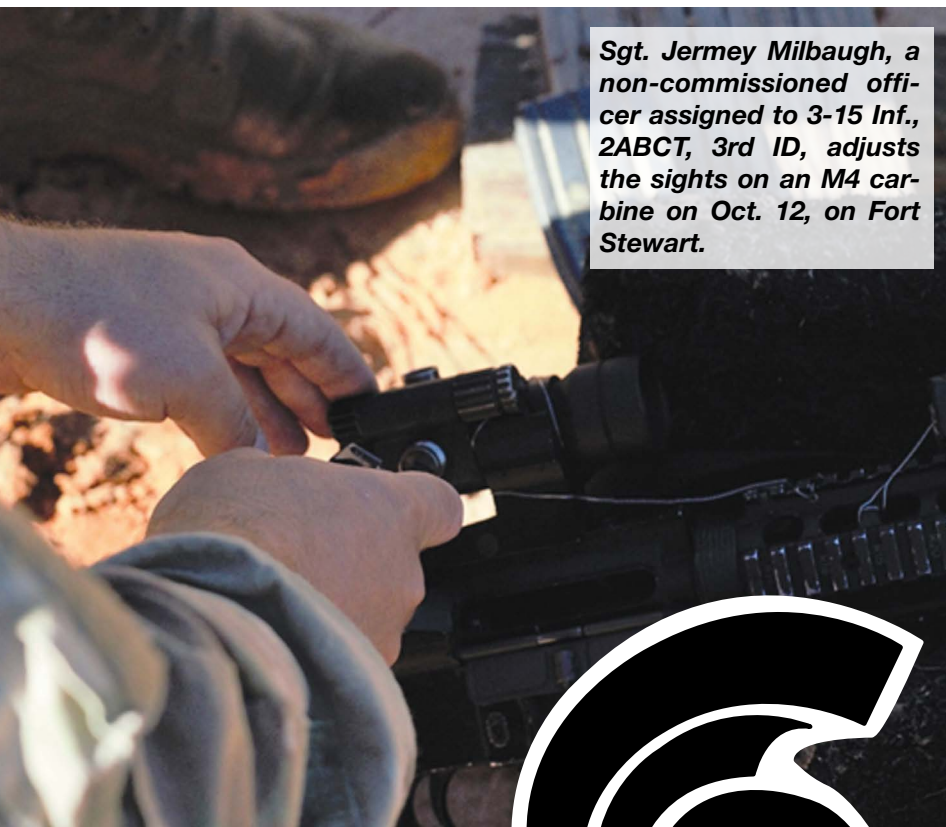
Come celebrate with us!
FREE vape products, food and music!
EVERYONE IS WELCOME!
18+ years of age

**SATURDAY, OCT 20, 2018
11:30 AM - 2:30 PM**

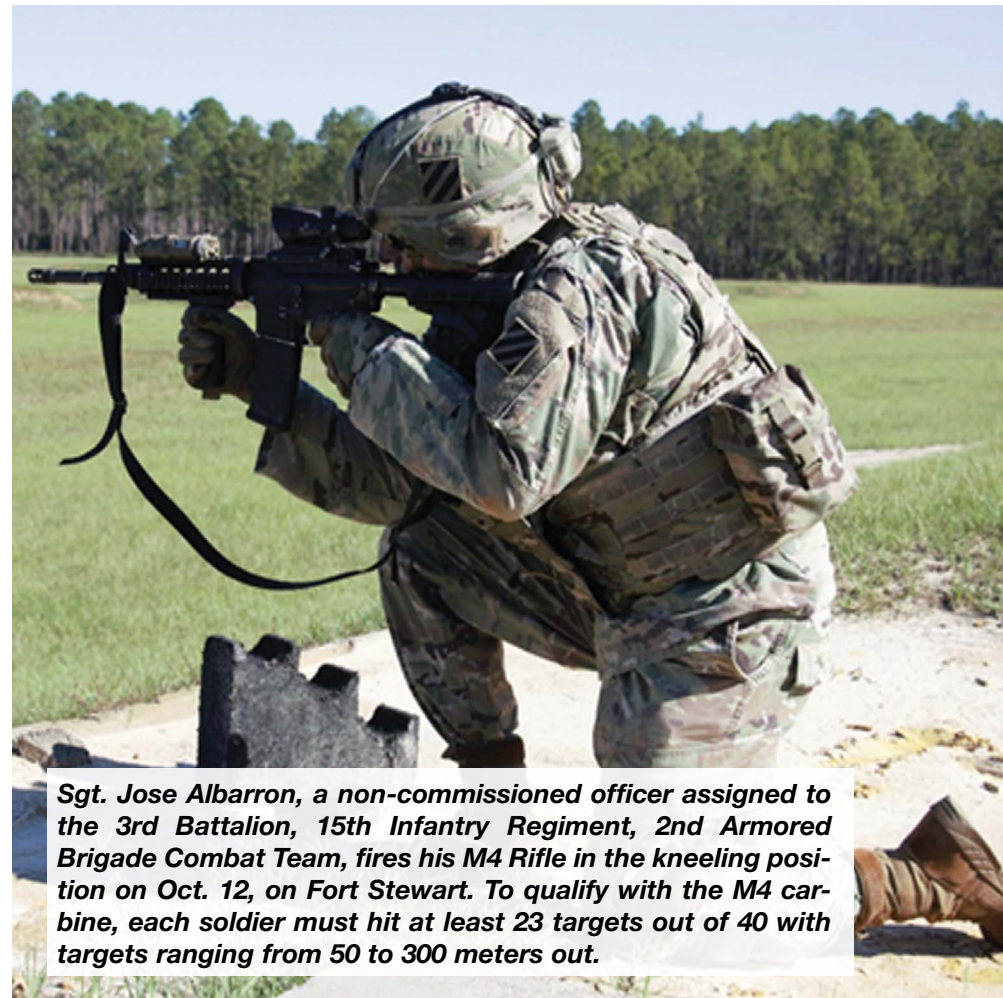
912.432.7590

438c West General Screven Way • Hinesville, GA 31313

SPARTANS



Sgt. Jermey Milbaugh, a non-commissioned officer assigned to 3-15 Inf., 2ABCT, 3rd ID, adjusts the sights on an M4 carbine on Oct. 12, on Fort Stewart.



Sgt. Jose Albarron, a non-commissioned officer assigned to the 3rd Battalion, 15th Infantry Regiment, 2nd Armored Brigade Combat Team, fires his M4 Rifle in the kneeling position on Oct. 12, on Fort Stewart. To qualify with the M4 carbine, each soldier must hit at least 23 targets out of 40 with targets ranging from 50 to 300 meters out.



TAKE AIM



Soldiers assigned to the 3-15 Inf., 2ABCT, 3rd ID, aims his weapon downrange, Oct. 12, on Fort Stewart.



*Photos by Spc. Jordyn Worshek
Soldiers assigned to the 3-15 Inf., 2ABCT, 3rd ID, fire down range with the M4 carbine on Oct. 12, at Fort Stewart.*

CAB rehearses for hurricane response



Photos by Sgt. Ryan Tatum

Above, Marne Air Soldiers from 2nd Battalion, 3rd Aviation Regiment conducted rehearsals this morning for Hurricane Michael recovery operations in the event they were called to assist in relief efforts. These rehearsals doubled as preparation for the brigade's upcoming assumption of missions later this fall.



Capt. Dawn Herron, an aeromedical evacuation officer with 2-3 Avn., 3rd CAB, 3rd ID, briefs during a mission rehearsal on Hunter Army Airfield, Oct. 11. The rehearsal focused on how an active duty aviation task force would support state, local, and federal entities in the wake of Hurricane Michael. The GSAB was one of several units identified to assist in recovery efforts.



3ID SB CPX ends

Soldiers with 3rd Infantry Division Sustainment Brigade spread a camouflage net over an expansible van during on Oct. 9 during Command Post Exercise III at Fort Stewart. The exercise was the final CPX for the division before the culminating Warfighter exercise.



Soldiers with 3rd Infantry Division Sustainment Brigade unload a tent from a light medium tactical vehicle during Command Post Exercise III, Oct. 12 at Fort Stewart. The Soldiers were in Mission Oriented Protective Posture gear to protect themselves from a simulated toxic environment.



Photos by Capt. Jackeline Velazquez

A Soldier with 3rd Infantry Division Sustainment Brigade sets up a tent in the rain during Command Post Exercise III at Fort Stewart, Oct. 9. During the week-long exercise, Soldiers provided sustainment capabilities, such as communication technology, fuel and fuel to units in the division.