



THE

Home of the 3rd Infantry Division

FRONTLINE



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3rd ID hosts Affirmation of Life event



Photo by Staff Sgt. Brian Ragin

Retired Maj. Gen. Mark Graham, who completed 34 years of service and whose last assignment was at U.S. Army Forces Command, speaks candidly to 3rd Infantry Soldiers about his son's suicide at the Affirmation of Life event at Newman Fitness Center on Fort Stewart, April 10. The Affirmation of Life event was hosted by the 3rd Infantry Division Artillery brigade in order to place emphasis on the value of living versus the detrimental cost of suicide. See story on Page 14.

Marne Voices Speak Out

**April 5 was Gold Star Spouse's Day.
Do you have a message for Gold
Star Spouses and Families?**

"I want to show my sincere gratitude, and thank you and your family for the ultimate sacrifice that your Soldier made for our country. We are all family."

Spc. Cole Watson
703rd BSB



"We are forever grateful for the sacrifice of your loved one and we will continue to work to support your family and preserve the memory of their life and sacrifice for our country."

Capt. Jonathan Howard
2-69 Armor Chaplain



"I would pass my condolences to all those who have lost their loved ones in combat for this great nation. I would like to tell them that they are always in our thoughts and prayers."

Spc. Geoffrey Karani
2-69 Armor



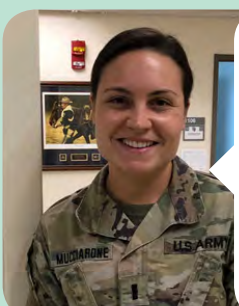
"Thank you for the love and support you provided for your loved one while serving our country. Please know that you are not alone and will forever be a part of the Army family, and have a place in our hearts."

Sgt. Maj. Phillip McDaniel
3-15 Inf.



"Families are the core of a Soldier and Soldiers are the core of the Army. Thank you for your loved one's service and sacrifice for our country. You are an inspiration to all Army Families!"

1st Lt. Molly Mucciarone
HHC, 2ABCT



3RD INFANTRY DIVISION COMMANDER
SENIOR COMMANDER STEWART-HUNTER
MAJ. GEN. LEOPOLDO QUINTAS

USAG FORT STEWART-HUNTER ARMY AIRFIELD COMMANDER

COL. JASON A. WOLTER

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**Hinesville Mayor Allen Brown, takes aim, April 15, on Fort Stewart, during the 3rd Infantry Division Meet Your Army Day. See story, Page 10.
(Photo by Staff Sgt. Quanesha Barnett)**

Raider Soldiers blow away gunnery table five

Sgt. Daniel Guerrero

1ABCT Public Affairs

Raider Crews are busy identifying and knocking down targets with their Abrams tank and Bradley fighting vehicle weapons systems as part of a brigade-wide gunnery here on Fort Stewart.

Tank commander and platoon sergeant for 1st Platoon, Company B, Sgt. 1st Class Erskin Duncan has been in the Army 17 years and has successfully completed 35 gunneries but feels this one is significant because it will probably be his last gunnery before moving into a 1st Sgt. position.

“I want to give my guys one last hoorah,” said Duncan. “One of the major challenges we face with this gunnery is training new personnel in new positions but we go through task after task to get proficient.”

All of the tank and Bradley crews in the Raider Brigade qualified while in Korea but with personnel turnover there are a lot of new faces at the range.

One of those new faces is eighteen-year-old Pvt. David Fender, a tank driver with 1st Platoon, Co. B, who is experiencing his first gunnery. The Ohioan Soldier said he has been in the Army a little under a year and really like the Army’s fast pace learning style.

“My favorite part about my job is serving with the crew I have now because they are smart and constantly teaching me new things,” said Fender. “This gunnery is the most memorable part of my career so far and I’m looking forward to qualifying and getting my first pair of tanker boots.”

There are several phases of gunnery, starting from ensuring the vehicles are fully mission capable to individual and crew training. Capt. Jacob Lopez, the assistant operations officer with the 5th Squadron, 7th Cavalry Regiment, 1st Armored Brigade Combat Team, 3rd Infantry Division, was one of the lead planners for the gunnery while he still served in the brigade plans shop.



Photos by Sgt. Daniel Guerrero

Soldiers from Co. B, 1-64 Armor, 1ABCT, roll back to the front of the range after completing their gunnery table five on April 11 on Fort Stewart.

“This is one of the best things you can do in an armor brigade combat team. The importance of conducting gunnery is to maintain proficiency and hone our lethality,” said Lopez. “Crews put in many hours, utilizing simulation centers to practice shooting and maneuvering.”

Raider crews will continue to qualify through spring and then will conduct another gunnery in the fall before their 2020 decisive action rotation to the National Training Center on Fort Irwin, California.



Soldiers from Co. B, 1-64 Armor, perform maintenance on their .50-Caliber machine gun, April 11 on Fort Stewart.



Tank drivers Pfc. Hunter Newton and Pvt. David Fender, with Co. B, 1-64 Armor, talk about their gunnery table five on April 11 on Fort Stewart.

Leadership Georgia visits Stewart

Pat Young
Fort Stewart Public Affairs

Twenty-two representatives from Evans, Liberty and Waycross counties participated in Fort Stewart-Hunter Army Airfield combined leadership tour, April 11 as part of the Leadership Georgia program.

Leadership Georgia is a multi-tiered training program for business, civic, and community leaders with a goal of building networks and working together to better Georgia at all levels. The program is affiliated with the Georgia Chamber of Commerce. It begins at the lowest level with programs conducted by county Chambers of Commerce.

“Our intent is to familiarize leadership classes with the installation and 3rd Infantry Division, the history, and impact to the region. Focusing on demonstrating Readiness, Modernization and Partnerships,” said Dina McKain, Fort Stewart Public Affairs.

Attendees started the day with a command brief provided by the Fort Stewart-Hunter Army Airfield garrison commander, Col. Jason Wolter, who familiarized them with the installation, units, and basic mission.

Wolter explained the maneuver space and training capability, combined with the ability to deploy anywhere in the world rapidly - using road, rail, air and local seaside ports, made Fort Stewart one of the Army's premier power projection platforms. He noted most of the Soldiers and their Families live in the communities the attendees represent. He thanked attendees for helping take care of those Families, adding Soldiers were able to concentrate on their mission, knowing their Families were being taken care of at home.

The next steps included the installation's Directorate of Emergency Services' fire department; Winn Army Community Hospital; the 2nd Battalion, 7th Infantry Regiment motor pool; the Directorate of Plans, Training, Mobilization and Safety Engagement Skills Trainer; and the 3rd Infantry Division Museum.

They learned about the basic mission, resources and capabilities at each of the locations and in some cases about training and partnership opportunities.

To learn more about leadership Georgia, visit www.leadershipgeorgia.com.



Photos by Pat Young

Above: Firefighter, Chuck Roberts, familiarizes Andrea Conyers and other attendees of the Leadership Georgia visit to Fort Stewart, about capabilities and resources available to emergency responders on the installation.



Above: Dr. Martin Waters, Superintendent for Evans County Schools takes aim at the installation's Engagement Skills Trainer on Fort Stewart, April 11. Waters and other attendees learned the EST was one of the cost saving training resources made available through DPTMS.

Cpl. Valtonen Pekka from 2-7 Inf., explains some of the capabilities of the M1A2 Abrams tank during the Leadership Georgia visit to the unit's motor pool on Fort Stewart, April 11.





ACS, MWR, Coastal Happening Briefs

Like ACS on Facebook

Search for “Army Community Service, Fort Stewart-Hunter Army Airfield.” Help the Hunter Army Airfield community get more “likes” by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families as well.

ACS hours change

The operating hours for ACS building 87 have changed to 7:30 a.m. to 4 p.m. daily. The ACS computer lab will be closing at 3:45 p.m. to allow staff to clean up and organize. For questions, please call 767-1257.

Register now for ACS classes

You asked, we listened. Online registration is now available for Family Readiness Group classes through Eventbrite. Please go to <https://www.eventbrite.com/ol/army-community-service-fort-stewarthunter-aaf-12997030788>. Posted on the ACS page of the Team Stewart website, <https://home.army.mil/stewart/index.php>.

ACS building accessible to everyone

Army Community Service wishes to inform the community that our facilities meet, or exceed, the standards for persons with disabilities. Our facilities are wheelchair accessible; and should you need assistance upon arrival, please inform one of our staff members. The playground next to building 82 at Fort Stewart is certified as an Exceptional Family Member playground. Hunter EFMP playground is located next to building 1284. For questions, please contact ACS at 767-5058 or 315-6816.

Free classes offered at Stewart ACS

Upon request from the chain-of-command:

- Sponsorship training
- Risk management for senior NCOs (E7-E9)
- FAP commander/senior leader briefing (Every Monday)
- Financial planning for PCS, 10 to 11:30 a.m. ACS Stewart, building 86 (Mandatory for E-4 and below)

Hearts Apart/foreign-born spouse social

ACS is proud to partner with the USO to conduct the Hearts Apart/foreign-born spouses social. If your Soldier is on an unaccompanied tour or deployed, or if you are a foreign-born spouse, this group is for you. The meeting will be held on the second Thursday of each month at the Fort Stewart USO. For details call Linda McKnight, 767-5058.

Embedded financial counselors wanted

Do you want to take control of your finances? Well, the ACS financial readiness team has embedded a financial counselor within each brigade to service all your financial needs. Whether you are considering buying a

car, home, saving, investing, or just want assistance with creating a budget, the financial counselors are here to assist. The financial counselor also provides monetary assistance through Army Emergency Relief to assist our Soldiers and Family members with life's unexpected challenges. If you require assistance, don't hesitate to contact your brigade financial counselor. For more information contact ACS at 767-5058.

Child Abuse Awareness Month events

Army Community Service is committed to promoting positive parenting, promoting community shared responsibility for fostering healthy children and understanding it's OK to ask for support. The month of April will consist of many events that support child abuse awareness and military parent power.

Kids Fest 2019 scheduled

Child and Youth Services holds Kids Fest at Fort Stewart and Hunter Army Airfield, May 18. The event was rescheduled from this weekend to accommodate Families during the holiday weekend. Look for additional information at StewartHunterCYS.com.

Marne Trail Bass Tourney, Saturday

The second of six catch-and-release Marne Trail Bass Tournaments will be at 6:30 a.m. Saturday at Pineview Lake P-1 on Fort Stewart. Sponsored by Dick's Sporting Goods and Coca Cola (no federal endorsement implied). Cash prizes are \$300 for first-place (total weight, five-fish maximum per person) and \$125 for the largest bass. Door prizes awarded after weigh-in at 11 a.m. Fee is \$30 for Active Duty Soldiers, Retirees and their Family Members and youth, 15 years-old and younger, and \$40 for the civilian community. There is an optional fee of \$5 for boat entry. Register at LowCountryAdventure.com, Fort Stewart building 8325 at 435-8205, or Hunter building 8454 at 315-9554. An Angler of the Year award of \$500 will be awarded at October event.

Easter brunch and Egg hunt

Celebrate Easter Sunday by enjoying a delicious meal with Family and friends at Club Stewart. Easter Egg Hunts, broken down by age groups, will be held for the children in attendance. The Easter Bunny will be making an appearance during the brunch for photos and selfies. Two brunch sessions are scheduled at 10 a.m.-noon and noon-2 p.m. The menu includes Southern breakfast favorites, Club Stewart's signature Omelet Bar and Carving Station, and a large selection of desserts.

* Advance general tickets (ages 11 and older): \$18.95, children age 3-years to 10 years are \$9.45.

* Event day general tickets (ages 11 and older): \$20.95,

children 3-10 years-old is \$10.45.

* Children under the 2-years-old are free.

To order tickets and for detailed menu and other information, visit StewartMWR.com.

Spring Break E-Sports for children

Spring break, the week of April 22-27 from noon-5 p.m., is a time for Esports for children at Hays Library, building 411 on Fort Stewart. There's no charge. The age-appropriate games are intended for children ages 3-17 (parent supervision required for children younger than 13). Minimum of eight children needed to conduct small tournaments. The game lineup includes Mario Kart 8 and Fortnite, April 22; Super Mario Party, April 23; Super Smash Bros Ultimate and Pokken, April 24; Splatoon 2, April 25; and Fortnite, April 27. The library is closed April 26. For more information, call 767-2828.

Spring Carnival visits Stewart

The carnival is coming to Fort Stewart May 2-5. Enjoy four days of skill games, amusement rides, food and excitement at Donovan Field. This event is open to the public. Gate access is available through Gate 3 on Sunbury Road. The hours are May 2 from 5-10 p.m.; May 3 from 5 p.m. - midnight; May 4 from noon to midnight; and May 5 from 1-7:30 p.m. **For more information, visit Stewartspringcarnival.com.**

Insane Inflatable 5k at Hunter

Bounce your way through this insanely fun 5K on May 4, from 8:30 a.m. to 1:30 p.m. at Hunter Army Airfield's Sabre Hall. Participants will enjoy 3.1 miles of 11 insane inflatables. After race, enjoy food vendors and music. New this year is the Krazy Kids Inflatable Fun Run, a 1-mile run geared toward children, age 5-11 years old. The cost is \$32 per person for adults and \$20 per child (Krazy Kids Inflatable Fun Run). Use code **HUNTER32** when registering. Get additional event details and registration information at StewartHunterMWR.com.

Kayak Trip launches river adventures

MWR is offering a summer of river adventure opportunities, including three kayak trips, two river tubing trips and a white water rafting trip. The adventure begins May 11 with a kayak trip on a Georgia waterway. Kayakers start at 7:30 a.m. at the Low Country Adventure Center, building 8325 (in the Holbrook Pond area). Return about 12 p.m. Kayaks provided (no personal kayaks allowed) at a cost of \$30 per person. Must have a minimum of six people for the trip. Bring snack and drinks to consume on the water, and insect repellent. Sign up at the Low Country Adventure Center, 435-8205). For more, visit lowcountryadventurecenter.com.

Fort Stewart-Hunter Army Airfield Briefs

Easter sunrise service offered

Celebrate the Protestant Easter sunrise service, 7 a.m., at Marne Garden. Guest speaker is former U.S. Army Chaplain School Commandant Col. Samuel Boone (USA ret.) Open to the public. Inclement weather site is the Main Post Chapel.

Pathways Intern student program

The Fort Stewart-Hunter Army Airfield Summer Employment – Pathways Intern Student Program has three announcements for student trainees that opened April 10 and close Friday. The first is a 40-hour per week, administrative and office support position, GS-0399-1, on Fort Stewart, job announcement **SCDW194379546506PI**, \$10.21 to \$12.77 per hour. The second is a 40 hours per week, laborer, WG-3501-01 on Fort Stewart, job announcement **SCDW194379227236PI**, \$12.24 to \$14.27 per hour. The third is at Hunter and is a 40-hour per week, Administrative and office Support, GS-039901, job announcement number **SCDW194380516888PI**, making \$10.21 to \$12.77 per hour. The positions will be filled under the Department of the Army Pathways Internship Program. The Department of the Army Pathways Internship Program is designed to provide students currently enrolled in a wide variety of educational institutions, from high school to graduate level, with opportunities to work and get paid while exploring federal careers through a job with the Department of Army. Students currently enrolled in a high school diploma, General Education Diploma Program, or post high school education program in good standing. Applicants must be 16 years of age or older to apply. Apply Online through USAJOBS account by creating an account at <https://usajobs.gov>, and searching for the respective job announcement number. Follow the prompts to complete the questionnaire. Please ensure you click the Submit My Answers button at the end of the process. The complete application must be submitted by 11:59 p.m. Friday.

Join the SAMC

Are you a Sergeant Audie Murphy Club member? Do you have aspirations of becoming a member? The Fort Stewart-Hunter Army Airfield “Rock of the Marne” SAMC is reaching out to all members across the installation. We are actively updating our contact rosters and want to ensure we are capturing our members for updates with the Club. Please contact Sgt. 1st Class Karl Kirven at karl.w.kirven.mil@mail.mil for more information. We look forward to hearing from you. The meeting is the third Wednesday of each month at noon at building 1 on Fort Stewart in the SAMC conference room.

Garrison Super Saver Program offered

Are you interested in winning \$500? If so, this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a Garrison employee and submit the

best idea for saving the Garrison money, you will win \$500. Submit your ideas on the Super Saver nomination form available in the Garrison civilian incentive awards recognition guidance, Appendix B. Nominations are boarded with the Garrison of the quarter award submissions. For more information, contact Barbara Cardinal or Dr. Robin Ellert at barbara.cardinal3.civ@mail.mil or robin.k.ellert.civ@mail.mil.

Work order assistance available

The installation Directorate of Public Works is tracking and responding to work orders and service requests placed in the system for on-post housing and barracks. Submit new work orders by calling the following, 912 area code phone numbers, or via the respective websites. For the Fort Stewart Family homes management office call 408-2467 or maintenance at 408-2466, online at **FortStewartFamilyHomes.com**. Fort Stewart Marne Point Apartments management office at 408-2501, or maintenance at 408-2501, or **MarnePointApartments.com**. Hunter Army Airfield Homes at 459-2133 or 459-2147, online at **HunterAAFHomes.com**. For the Barracks On Demand maintenance order/service order desk, call 767-2883, or visit <https://home.army.mil/stewart/index.php/contact/service-order-request>.

Go Army EOD Day

If you are interested in Explosive Ordnance Disposal learn more from the experts, April 30, 9 a.m. to 3 p.m., at the pavilion between the Fort Stewart Exchange and Army Community Service, Building 87. Test your skills with the TALON robot, try on a bomb suit, and learn more about the world's elite, dynamic bomb disposal organization. For more information contact the Fort Stewart EOD unit 435-8305.

Military spouse employment briefings

Military spouses interested in federal employment, and those who are preparing for future relocation permanent change of station, come join the Civilian Personnel Advisory Center team for a briefing on changes to the Department of Defense priority placement program “S” hiring initiative for Military Spouses. Points of Interest: How Priority Placement works for you as a spouse, federal resume resources, and USAJOBS tips. The next Fort Stewart session is April 30 from 12:30 to 2 p.m. at ACS building 87. The Hunter Army Airfield sessions are April 23, from 1 to 2:30 p.m., and May 9 from 12:30 to 2 p.m. at the Soldier Center, building 1286, Rm 129. For additional information or to make a reservation please contact the CPAC at 767-1585.

SAT/ACT testing ceased

The Army has ceased administration of the SAT/ACT through its DANTES testing centers at most locations effective March 29. Soldiers should search for the nearest testing location for SAT at <https://collegereadiness.collegeboard.org/sat/register/find-test-centers>; for ACT

at www.act.org/content/act/en/products-and-services/the-act/registration/test-center-locator.html and non-Army testing locations nearby through DANTES at <http://www.dantes.doded.mil/TestSiteLookup/index.html>. Reimbursement for exam fees is provided at <http://www.dantes.doded.mil/EducationPrograms/center-college/undergradexams.html#act-tab&act-test-fees>.

Hole-in-one

Tommie McArthur, Head Golf Professional at Fort Stewart-Hunter Army Airfield congratulates Austin Middleton for his first hole-in-one, which he shot at Taylors Creek Golf Course on a Par 5 on Hole 16, 330 yards from the white tee. Austin has only been playing golf for four years.

Monthly housing mayors meeting held

The monthly mayors meeting is scheduled 1 p.m. April 24, at the garrison conference room in building 624. Make your voice heard at the monthly Fort Stewart-Hunter Army Airfield housing mayors’ meeting. Garrison leadership and representatives from housing, Balfour Beatty, and emergency services participate.

Learn about Troops-to-Teachers

Soldiers, retirees and veterans are invited to attend one of the installation's Soldier for Life briefings regarding the Troops-to-Teachers Program, scheduled 10 a.m. to noon, at the Stewart Education Center, on the fourth Thursday each month. Information includes individualize counseling and transition planning; navigating state teacher certification and licensing requirements; possible 5K stipend or 10K bonus; assistance with hiring officials; and ongoing support and mentorship. For information, email troopstoteachers@gapsc.com.

SETM/SES hiring process explained

Learn about the Senior/Enterprise Talent Management and Senior Executive Service hiring process, April 25 Interested in learning more about the Senior Enterprise Talent Management, Enterprise Talent Management, and Senior Executive Service hiring process? On April 25, program briefings will be conducted by the Civilian Senior Leader Management Office, Assistant Secretary of the Army for Manpower and Reserve Affairs.

The Fort Stewart SETM/ETM brief is 9-10:30 a.m. at the Sgt. 1st Class Paul R. Smith Education Center, building 100, Room 189 on Fort Stewart, as is for Government Service 12-15 employees in all career programs. The SES hiring process is 1-2:30 p.m. for GS 14-15 employees in all career programs, lieutenant colonels and colonels. The Hunter Army Airfield briefs are 9 to 10:30 a.m. in building 1286, Room 167 for the SES hiring process GS 14-15 employees in all career programs, lieutenant colonels and colonels. The SETM/ETM for GS 12-15 employees is 1 - 2:30 p.m. For more information, call 767-0302.

Tiny Tot carnival a huge success



More than 400 children and parents attended the Fort Stewart-Hunter Army Airfield Tiny Tot Carnival, April 4. The annual event is part of Child Abuse Awareness Month and stresses taking a community to raise children safe, healthy and the importance of Families and Communities working together to prevent child abuse. For more information about Child Abuse Awareness Month, call 767-2882.

Girl Scouts visit HAAF military police station



Courtesy photo

Hunter Army Airfield Directorate of Emergency Services hosted a visit by the Hunter Girl Scout Troop 30059, March 28. Guided by Lt. Keith Place, the youth visited the military police station to help them understand the role military police serve in keeping them safe. Barbara Harris, with the Girl Scouts, said the children learned a lot and enjoyed their visit.

Grand Opening!

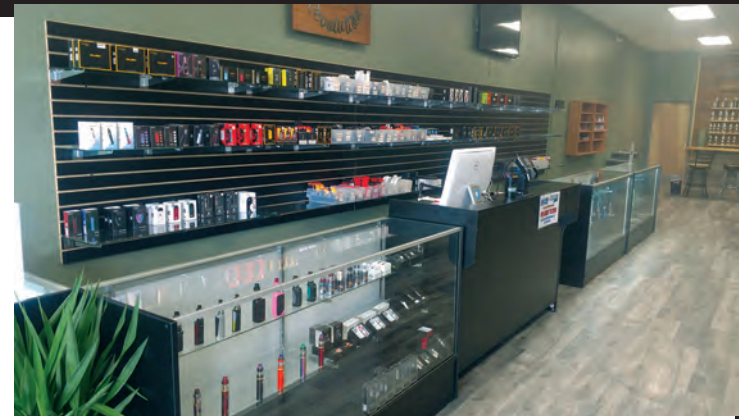
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Adding color to the menu can help improve your health

Kathy Milley
DeCA Corporate Communications

FORT LEE, Va. – Consuming a variety of fruits and vegetables is beneficial to overall health and wellness. While virtually all fruits and vegetables are high in fiber and low in fat, each color provides unique nutrients and phytonutrients that help lower the risk of chronic disease and inflammation.

“It is so important to add a variety of color to your meals to ensure a healthy eating pattern,” said DeCA’s Health and Wellness Program Manager Deborah Harris, registered dietitian and certified diabetes educator. “Shop your commissary for a vast spectrum of colorful fruits and veggies, and aim for at least 8 servings daily – two servings at breakfast, lunch and dinner, and two for snacks – to benefit from their health-promoting properties. This may seem like a lot, but it truly isn’t. Just make sure half your plate is filled with fruits and vegetables and you are almost there.”

Here are some attributes of produce colors frequently cited in studies:

Red: A good source of the antioxidant lycopene may lower the risk of some cancers. Tomatoes, cherries, pomegranates, beets and watermelons are good sources.

Yellow / Orange: Rich in vitamin C and carotene may help with heart and vision health and may reduce the risk of some cancers. Examples include oranges, carrots, yellow apples, pears, lemons, butter-nut squash and corn.

Blue/Purple: Antioxidants that provide heart health benefits and may help to slow signs of aging, preserve memory function and reduce the risk of some cancers. Foods rich in these properties include blackberries, plums, prunes, blueberries, grapes, eggplant and red cabbage

Green: Promotes stronger bones and teeth, supports eye health and the immune system and may lower the risk of cancer, high blood pressure and bad cholesterol. Foods rich in these nutrients include broccoli, avocado, zucchini, celery, kiwi, cucumber, Brussels

sprouts and leafy greens.

White: May reduces the risk of cardiovascular disease and promotes healthy bones. Onions, mushrooms, garlic, cauliflower, white corn, turnips and white peaches are good sources.

“When shopping for produce, be cognizant of the health benefits of each color, filling your basket with your favorites, remembering that frozen and canned vegetables count too,” said Harris. “Then use the Nutrition Guide Program to find nutritious products in the center aisles to round out your menu. Look for items with the “Thumbs Up” icon which identifies products with the highest nutrition quality, free of empty calories from added sugar and unhealthy fat, and low in sodium. The payoff to your health and wellness will be significant.”

Visit **commissaries.com** and click on the healthy living link for dietitian-approved recipes, tips and links to assist you in meeting your health and wellness goals, and for help with planning meals.

Visit **www.commissaries.com** to learn more about the Defense Commissary Agency: check out the latest news, find a store near you, see what’s on sale, create a shopping list, learn of food and product recalls, scan employment opportunities, read frequently asked questions, submit a customer comment form online through DeCA’s Your Action Line and more.

Stay connected with the latest news about your most valued benefit, Hot Links to additional savings, shopping sprees, contests, commissary promotions, events and more.

The commissary is on social media at **www.facebook.com/YourCommissary**, DeCA’s Facebook page, where you can post comments and share news, photos and videos.



Reel Time Theaters



US (R)
Friday, April 19- 6 p.m.

A family’s serene beach vacation turns to chaos when their doppelgängers appear and begin to terrorize them.
Stars: Lupita Nyong’o, Winston Duke, Elisabeth Moss



Dragged Across Concrete (R)
Saturday, April 20 - 3 p.m.

Once two overzealous cops get suspended from the force, they must delve into the criminal underworld to get their proper compensation.
Stars: Mel Gibson, Vince Vaughn, Tory Kittles



“Excellent experience. I purchased a termite warranty on my new house with Yates and 6 months after closing I found what I thought was an issue. They came out, confirmed, fixed all with NO hassle! Great Job! I am telling everyone I know!”
-W. Jones



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Soldiers and civilians conduct the new Army combat fitness training during the 3rd ID's Meet Your Army Day on Fort Stewart, April 15.

3RD ID HOLDS MEET YOUR ARMY DAY

Staff Sgt. Quanesha Barnett
3rd ID Public Affairs

The 3rd Infantry Division hosted a 'Meet Your Army Day' on Fort Stewart, April 15, inviting community members to experience military life from a Soldier's perspective.

Attendees were afforded the opportunity a day-in-the-life starting complete with a morning workout, meals, and briefings and training. Lots of training.

Maj. Gen. Lee Quintas, commanding general of 3rd Infantry Division joined the nearly 20 individuals who accepted the invitation, which included U.S. Representative Buddy Carter and Hinesville Mayor Allen Brown.

Quintas provided an overview of the day's event as well some background to the unit and its mascot, Rocky.

He joined them as they began their day with physical training. Attendees received a brief and demonstration regarding the new Army Combat Fitness Training,

before being given an opportunity to join the fun.

They then experienced dining in the field – served by Soldiers, from a mobile kitchen trailer. The day also include visits to the 3rd Battalion, 69th Armored Regiment, 1st Armored Brigade Combat Team's motor pool where Soldiers explained how to operate and conduct preventive maintenance check services the M2 and M3 Bradley fighting vehicles and the M1 Abrams tank.

Later, the Soldiers and civilians conducted a joint force-on-force exercise at the Fort Stewart Mission Training Complex. After the exercise, they visited the 1st Lt. Garlin "Murl" Conner Small Arms Range and received preliminary marksmanship instruction on the M4 carbine rifles and M9 pistol.

They were provided safety briefings on put on the 'Marne standard' protective equipment; which included an improved outer tactical vest, gloves, eye protection and earplugs. They then got to shoot weapons, receiving scores before they

left.

"Army Day is a phenomenal day, said Fort Stewart-Hunter Army Airfield garrison commander, Col. Jason Wolter. "It's all about leaders. Members get to spend time with their Soldiers and their Army."

He said the event provided an opportunity for community leaders to see what a Soldier experiences – then share that experience.

Mayor Brown said the event was unique and professional.

"The Soldiers were very respectful and helpful throughout our visit," Brown said. He added the relationship with the military was strong, and would continue to grow stronger.

Learn more about the 3rd ID and Fort Stewart by visiting the installation website at <https://home.army.mil/stewart>.

Photos by Staff Sgt. Quanesha Barnett

Danny Dantzler conducts a joint force-on-force exercise in the Mission Training Complex simulator during "Meet Your Army Day" on Fort, Stewart, April 15.





Civilians shoot M9 pistols during 3rd ID Meet Your Army Day at the 1st Lt. Garlin "Murl" Conner Small Arms Range on Fort Stewart, April 15.



Left: Marine Soldiers brief civilians on field sanitation during the 3rd ID Meet Your Army Day on Fort Stewart, April 15.



Marine Soldiers brief civilians on the M1 Abrams during the 3rd ID Meet Your Army Day on Fort Stewart, April 15.



Civilians tour Warriors Walk on Fort Stewart during the 3rd ID Meet Your Army Day, April 15.

Special Operations conducts PT with 3rd ID Soldiers

Pfc. Savannah Roy
3rd ID Public Affairs

More than 40 Soldiers from Fort Stewart and Hunter Army Airfield attended the special operations combat physical training event on April 10 on Fort Stewart.

The purpose of combat PT was to strengthen the muscles that Soldiers need for the Special Operations assessment and selection. The special operations focus was to let 3rd Infantry Division Soldiers know that they are available to provide information to Soldiers that are interested in joining the force.

"The combat PT is different than physical readiness training that regular units conduct," said Staff Sgt. Steven Hickman, psychological special operations recruiter. "The PT prepares us to go down range and complete any mission we need to get done."

During the event, Soldiers completed a one-mile run wearing an Improved Outer Tactical Vest carrying rubber dummy rifles. They also performed pull-ups, sled pulls, an ab-targeted medicine ball toss and carried sandbags.

"We're interacting with Soldiers and leaders through PT to let them know that the option for Soldiers to join special operations is available and it's a great opportunity," said Hickman. "We also

want the conventional Army units to know that any unit can participate in our PT event."

After PT, the recruiters spoke to Soldiers about joining special operations because it can open up opportunities for military and civilian education. They also explained the opportunity of traveling outside of the U.S. during missions.

The special operations community is comprised of civil affairs, psychological operations, 160th special operations aviation regiment and most notably, the green berets.

The requirements for civil affairs, psychological operations and Special Forces are a general technical score of 107 and a PT score of 240. Soldiers must score a 70 in each event to meet the requirement. These three forces are open to all military occupational specialties.

"As my time in special operations recruiting on Fort Stewart comes to a close, I want to see the success of our force continue," said Sgt. 1st Class William Estojak, Special Forces recruiter. "I feel it is my duty to help supply the best and knowledgeable Soldiers to continue the mission."

For Soldiers interested in joining special operations, contact a special operations recruiter at 767-007, or visit the U.S. Army Special Operations Recruiting Battalion at 190 Cavalry Way Building 160 on Fort Stewart.

Photos by Staff Sgt. Quanesha Barnett

Two Soldiers from the 3rd ID perform pull-ups during the special operations combat physical training on Fort Stewart, April 10. The purpose of combat PT was to strengthen the muscles Soldiers need for the Special Operations assessment and selection.



Sgt. 1st Class William Estojak instructs a 3rd ID Soldier on proper form while performing a sled pull during the special operations combat physical training on Fort Stewart, April 10. The purpose of combat PT was to strengthen the muscles that Soldiers need for the Special Operations assessment and selection.

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Special Deliveries

Provided by Winn Army Community Hospital

April 7

Ellie Marie Thompson, a girl, 6 pounds, 2 ounces, born to Spc. Randal James Thompson and Claire Marie Thompson.

April 9

McKenzlee Annalise Butler-Haynes, a girl, 6 pounds, 1 ounce, born to Sgt. Annastaycha Dawn Butler.

April 10

Marcellus James Clark, a boy, 9 pounds, 2 ounces, born to Sgt. 1st Class Michael H. Clark and Angela M. Clark.

Zachary Dean Robertson, a boy, 7 pounds, born to Pfc. Garrick James Robertson and Frances Kayla-Marie Elizabeth Robertson.

Tristan Keyshawn Sanderson, a boy, 6 pounds, 8 ounces, born to Sgt. Kevin Joseph Sanderson Jr. and Tyra Rockeen Sanderson.

Evelyn Rose Snyder, a girl, 6 pounds, 12 ounces, born to Pfc. Michael Corey Snyder and Evie May Snyder.

Louise Marie Stanley, a girl, 8 pounds, born to Staff Sgt. Wesley Edward Stanley and Karlie Jane Stanley.

April 11

Annabelle Mae Bedingfield, a girl, 6 pounds, 14 ounces, born to Sgt. Charles Levi Bedingfield and Alexis Susan Bedingfield.

Gracilynn Kay Buck, a girl, 7 pounds, 15 ounces, born to Sgt. Trevor Buck and Melynda Buck.

April 12

Gilbert Douglas Hethcox, a boy, 9 pounds, 12 ounces, born to Capt. Ansil Reid Hethcox and Danielle Louise Hethcox.

April 13

Kasen Ezra Barron, a boy, 8 pounds, born to Sgt. Derente Montel Barron and Staff. Sgt. Chanel Nicole Smith.



WINN BRIEFS

Perinatal loss, grief recovery

A perinatal loss grief recovery and support group began meeting in the Winn Army Community Hospital chapel, April 16.

This group will meet twice per month on the first and third Tuesday and is for anyone that has experienced miscarriage or perinatal loss. Our group will run a continuous six session cycle.

This group will be hosted by a chaplain and a member of our mother/baby unit.

If you have questions or would like to register for the group please contact douglas.yoder3.mil@mail.mil

or 210-0415, or contact Lt. Col. Dorene Owen at dorene.a.owen.mil@mail.mil.

Education Fair

Winn Army Community Hospital on Fort Stewart holds the annual education fair, themed "Finding Ways to Reach Your Goals," May 31 in the Patriot Auditorium at Winn ACH.

The fair is for the military community to help enlighten perspective students on the various medical programs offered by institutions of higher learning in our surrounding area.

Please come out and join us for this event.

Sleep into good health

Diane Carlton
Winn ACH APHN

The National Sleep Foundation highlights the benefits of sleep and its importance to safety and productivity. Sleep plays a vital role in good health and well-being throughout your life. Getting enough quality sleep at the right times can help protect your mental and physical well-being, quality of life, and safety.

The way you feel while you're awake depends in part on what happens while you're sleeping. During sleep, your body is working to support healthy brain function and maintain your physical health. In children and teens, sleep also helps support growth and development. The damage from sleep deficiency, or lack of can occur in an instant (such as a car crash), or can create harmful effects to the body over a long period of time. For example, ongoing sleep deficiency can raise your risk for certain chronic health problems such as hypertension, decreased immunity, obesity, and depression. It also can affect how well you think, react, work, learn, and get along with others. Quality sleep can improve and enhance all aspects of your life. Be an active participant in your health outcomes.

Try to follow these sleep practices on a consistent basis:

- Stick to the same bedtime and wake up time, even on the weekends. This helps to regulate your body's clock and could help you fall asleep and stay asleep for the night.
- Practice a relaxing bedtime ritual. A relaxing, routine activity right before bedtime conducted away from bright lights helps separate your sleep time from activities that can cause excitement, stress or anxiety which can make it more difficult to fall asleep, get sound and deep sleep or remain asleep.
- Avoid naps, especially in the afternoon.
- Power napping may

help you get through the day, but if you find that you can't fall asleep at bedtime, eliminating even short catnaps may help.

- Exercise daily. Vigorous exercise is best, but even light exercise is better than no activity. Exercise at any time of day, but not at the expense of your sleep.
- Alcohol, cigarettes and caffeine can disrupt sleep. Eating big or spicy meals can cause discomfort from indigestion that can make it hard to sleep. It is good to finish eating at least 2-3 hours before bedtime.
- Wind down. Your body needs time to shift into sleep mode, so spend the last hour before bed doing a calming activity such as reading.
- For some people, using an electronic device such as a laptop can make it hard to fall asleep, because the particular type of light emanating from the screens of these devices is activating to the brain. If you have trouble sleeping, avoid electronics 1-2 hours before bed.
- For more information to see how much sleep you should be getting... visit

The National Institute of Health <https://www.nih.gov/>, or Centers for Disease Control, <https://www.cdc.gov/>.

So go ahead, get some sleep; your body will thank you for it!

If you would like more information, please contact Winn Army Community Hospital Army Public Health at 435-5071.



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Affirmation of Life: Getting to the left of Suicide

Staff Sgt. Brian K. Ragin Jr.
3rd ID Public Affairs

According to *Military.com*, a total of 321 active-duty service members took their lives last year. From that number, the Department of the Army suffered the loss of 138 Soldiers to suicide. In an effort to reeducate the formations who have recently experienced suicide in their ranks, Soldiers and civilians from 3rd Infantry Division participated in a suicide prevention event, "Affirmation of Life" hosted by 3rd ID Artillery at the Newman Fitness Center, April 10 on Fort Stewart.

The event kicked off with opening remarks from the 3rd ID DIVARTY commander, Col. Robert Marshall. He was followed up with an opening prayer from the DIVARTY chaplain, Maj. Archie Durham.

Guest speakers from the event included retired Sgt. 1st Class Thomas Dewitt, Julie Albert, and retired U.S. Army Maj. Gen. Mark Graham.

Dewitt, a veteran of war, recounted two separate events while deployed. The first one centered on the loss of a gunner who died in his arms and the second was a medic who was more concerned about other wounded Soldiers than his own life. Both events had a tremendous impact on his life once he returned home to his family.

"After returning from deployment, I got a call that they were starting my medical evaluation board that day," said Dewitt. "I got in an argument with my wife; I had been drinking, so I grabbed a gun and went over to a pond in my backyard. I had the gun in my mouth, the crazy thing is, till this day, I can taste the CLP (cleaning solution) in my mouth, but I heard my daughter calling for me."

Dewitt remembered calling 911 because he didn't want his daughter to find his body. It was then he realized he had hit the lowest point of his life. After this, he no longer trusted himself and called a psychiatrist and got the help that he needed.

"The best thing that I ever found is you guys, my peers" said Dewitt. "Going and speaking to my peers who have gone there, been there done that and going through it. That is why I refer to myself as Tommy, because over half of my life I have referred to myself as Sgt. 1st Class Dewitt. My time is over and I'm ok with that. I still have my family, friends, and amazing support chain. Please understand that mental help can

be fixed when addressed maturely."

Julie Albert, an embedded behavioral health provider for the DIVARTY clinic, explained the services available to all Soldiers here on Fort Stewart.

"We are here for the leaders," said Albert. "Leaders that have questions and concerns about their Soldiers and resources that are available and how to access those resources. If we see similar complaints about an issue, we bring that issue to their attention to help bring down the stress levels."

The keynote speaker for the event, Graham, who retired from the U.S. Army Forces Command headquarters after 34 years of service, is all too familiar with suicide. In June 2003, his youngest son Kevin committed suicide. That heartbreak was followed seven months later when his other son, Jeffrey, died after being struck by an improvised explosive device in Iraq on patrol.

"Our son, Jeff, before he deployed to Iraq, asked us to keep telling our story," said Graham. "They're a lot of Kevins out there that have no voice. Please continue to give them a voice."

Graham is living up to that promise by speaking at engagements like the Affirmation of Life event across the country, reminding Soldiers that there is help available out there that is one call away.

"We wanted to come out and let people know they're irreplaceable," said Graham. "And everyone is important to all of us, and we want to keep them alive and end the suicides that are happening around the country."



Photo by Staff Sgt. Brian Ragin

Retired Sgt. 1st Class Thomas Dewitt, a former 3rd ID Soldier, addresses attendees of the Affirmation of Life event at Newman Fitness Center on Fort Stewart, April 10.



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740 #106 East General Stewart Way Hinesville - \$14NNN

Check out this amazing \$14/SF NNN annual lease within the Pa-

triot center just off of US Highway 84. This former Subway restaurant is available now and is the perfect location for a restaurant, office, or retail space. The unit is approximately 1,440 square feet of can't miss opportunity! Call today to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

740 #210 East General Stewart Way Hinesville - \$14NNN

Check out this amazing \$14/SF NNN annual lease opportunity within the Patriot Center just off US Highway 84. The former Armstrong Atlantic State University/ Liberty Center is 10,000 square feet perfect for a school, office or medical space. This unit features multiple classrooms, 2 large public restrooms, Lab, and Information Technology (IT) room. Call today to schedule your personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

1439 West Oglethorpe Highway Hinesville - \$239,900

Prime commercial investment potential located off hard corner of lighted intersection, diagonally across from the Neighborhood Walmart on US Highway 84 in Hinesville Georgia. Building is up to code and features new A/C system as well as new handicap accessible bathrooms. Location is ideal for a pawn shop, retail store, restaurant etc. Option to lease for \$1,900 month is available. Don't Hesitate call today for more information on this can't miss opportunity! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

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740 General Stewart Way Hinesville - \$3,800,000

Redevelopment opportunity minutes to the US Army Ft Stew-

art. This building is a steel frame building with room to expand. Building features asphalt parking and is sprinkled, interior walls can be moved. There is space to develop another structure in the back parking lot. Front building is priced at \$1.8 million and the back building is priced at \$2 million. Excellent mixed use redevelopment opportunity. Develop multi family office and retail on this site. Would make an excellent call center or university, utilities on site. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

910 Oglethorpe Hwy Hinesville - \$995,000

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000 Rye Patch Road Ludowici - \$975,000

Opportunity Galore! Develop on farm. Barn is a farmer restaurant with loft style apartments. Located in Long County, 15 minutes from Ft Stewart Gates. 16 horse stalls with fields that were previously planted with grass. There are several versions of potential development plans. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

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Beautiful two bedroom two bath townhome located within the Merchant's Wharf community in Midway. Home features a cozy kitchen complete with counter top range, built in oven, built in microwave and breakfast bar as well as a lovely enclosed patio to sit and relax in. Townhome is located near Inner Coastal water way and provides you a place to dock your boat. The property also features a community pool to cool off on those hot Georgia days. Don't miss out on your chance to make this your dream home. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



600 Morris Street Glennville - \$93,000

1900 Grand home located on a corner lot in Glennville, GA. Mature pecan trees around the property. Seats on 0.96 acre of land. Brand new roof! This home with a large wrap around porch its 2,154 square foot, still has the original hardwood floors, high ceilings, 3 fireplaces, 2 bdr/1 bath on one side and a separate 1 bdr/1 bath (endless possibilities) AND features a detached garage 30 x 40 with 20 ft high ceilings, a recreation area and insulated. Don't miss out on your chance to own a piece of history! Call today and schedule your personal tour! Sold as is. This grand home built in 1900 has endless possibilities to be grand once again! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



1293 Lilly Lane Glennville - \$93,000

COUNTRY LIVING! Beautiful property in Glennville, Georgia on Lilly Lane. This 1935 built home has a 3 bdrs, 1 bath, hardwood floors, 1,560 square foot on a 2.15 acre land. Surrounded with mature pecan trees, grape vines, and beautiful landscaped land. Attached carport, several storage sheds, barn. A true country retreat off Hwy 301, close to town and Hwy 196. Call today to schedule a personal tour of your country living home! Property is being Sold-as-is. Make it yours and enjoy this home and the most beautiful country sights and sky views! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



1006 White Oak Circle Hinesville - \$200,000 REDUCED

Beautiful split level home located in Hinesville within the Oak Crest Subdivision! This 5 Bedroom 3 bath home features 2 car garage, deck off the rear of the home overlooking the backyard. Property is positioned in a cul-de-sac. Call today for more information on this beautiful home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



919 Mandarin Drive Hinesville - \$114,900

Check out this quaint home within the Millard Village Subdivision in Hinesville, Georgia. This three bedroom two bath home features vinyl plank flooring, freshly painted walls, a one car garage and the roof is approximately two years old. Call today to schedule your personal tour. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



186 Carlyene Drive Midway - \$159,000

An Immaculate charming retreat located on Lake Rosalind! This great home is perfect to enjoy the sunrise or sunset sitting on the deck that overlooks the pristine water of Lake Rosalind. Lake is perfect for water activities to include fishing. Great backyard for family gatherings or quiet cookouts. This immaculate 2 bedroom, 2 bathrooms, open floor plan is the perfect setting to come to after a long day at work or in the city. Large concrete driveway, landscaped, large laundry room, lots of room to build. Located just 16 minutes to Fort Stewart, Hinesville shopping and restaurant areas. Just minutes to I-95 and Richmond Hill. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



410 Club Drive Hinesville - \$179,900

Once you come in, you won't want to leave! This beautiful home is located in the Cinder Hill subdivision. This 3 bedroom, 2 bathroom home has plenty of space for everyone. The screened in porch in the back is a must see and the perfect place to sit and relax after a long day. The fireplace in the living room is the center of attention and is sure to keep you cozy on the cool Georgia nights. The kitchen offers plenty of cabinet space and doing dishes is a breeze with the dishwasher. The backyard has ample room to enjoy the outdoors with the convenience of city living. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



202 West Kenny Drive Hinesville - \$114,900

This cute recently updated 3 bedroom, 2 bathroom house is wait-

ing for you to call it home. Parking is never a problem on this ample size lot! Fresh paint and tile floors are just a few of the features that make this house a must see! Don't miss your opportunity to purchase this home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



149 Winntown Road SE Allenhurst - \$109,900

Oaks galore nestled in a country setting. Minutes to Hinesville and Fort Stewart! This home has 3 bedrooms, 2 bathrooms and a sun room that is the perfect place to sit and listen to the quiet. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



508 Wellington Way, Hinesville - \$179,900

Charming 3 Bedroom 2 bath home in the Arlington Park Subdivision is ready to be yours! Home features an eat-in kitchen, fireplace, 2-car garage, and a fenced backyard. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



104 Briskhaven Court Hinesville - \$129,900

Take a look at this must see home! Cozy 3 bedroom 2 bath brick home sits on a cul de sac in the Windhaven Subdivision. Home offers a fireplace in the living room and a walk-in closet with a double vanity in the master bedroom. Home features a one car garage and a fenced backyard surrounded by trees that provide a welcoming shade and serene view. Just outside Fort Stewart gate #8 and close to schools and shopping. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS,

912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



961 Oak Crest Drive Hinesville - \$234,900

Beautiful two story four bedroom three bath home located in Hinesville, GA. This hidden gem comes with a beautiful landscaped yard and vinyl privacy fenced backyard is tucked away in The Oak Crest Subdivision with the feel of quiet suburban life but close to the convenience of city living. Home features a custom built kitchen, vinyl planked floors, grand arched doorways through out the main floor, on the second floor you will find a spacious mater bedroom with a little nook perfect for office space, and vaulted ceilings throughout. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



212 Augusta Way Hinesville - \$164,900

Something Special! 3 bedroom, 2 bathroom home in Griffin Park subdivision. This home features a 2 car garage, beautiful kitchen and a welcoming master bedroom. The A/C was serviced and replaced in 2015 with a brand new compressor. The garage door opener makes keeping dry a breeze. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



2013 Elim Church Road NE Ludowici - \$159,900

A sight for sore eyes! Come see this beautiful 3 bedroom, 2 bathroom home located in Ludowici. The kitchen features ample storage, plenty of counter space and an island! This is surely a recipe for success! The master bedroom is a sweet retreat! Double sinks promote harmony in the bathroom and soaking in the tub at the end the day is a treat! The backyard has plenty of space to

enjoy friends and family or a quiet evening watching the sunset. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



665 Windhaven Drive Hinesville - \$114,900

Quaint 3 bedroom 2 bath home located within the Northwest Woods Subdivision near Fort Stewart's Gate 8. This 1239 square foot home includes living room, washer and dryer hook ups, eat in Kitchen with pantry, and a one car garage. Call today to schedule your personal tour of this can't miss home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



410 Flowers Drive Hinesville - \$160,000

Fresh on the Market! 3 bedroom, 2 bathroom home located in the Hines Estates. The backyard has plenty of room for entertaining and the fireplace will keep you warm and cozy. The kitchen cabinets have plenty of space for storage and eating while gazing out the bay window is the perfect way to get your day started. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



124 Caswell Court Hinesville - \$99,900

CONVENIENTLY LOCATED! This very charming 2 story townhome has a 2 bedroom, 2 1/2 bathroom, fireplace, large family room with high ceilings, dining area, kitchen with stainless steel appliances, outdoor patio area for great cookouts and gatherings. Outside storage area, plenty of it inside the house. Very nice size bedrooms each one with its own private bathroom. This home is at walking distance to schools and less than 1 mile to downtown Hinesville, Fort Stewart gate 1, hospital, shopping

plazas, restaurants, and community events. Let me show you your next home. Call to schedule a personal tour! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



727 South Main Street Hinesville - \$49,900

Location is just one of the many benefits of this Condominium! This 2 bedroom, 1.5 bathroom is just minutes away from restaurants, shopping and Ft Stewart. Large master bedroom has double closets and plenty of space for bedroom furniture. The fireplace in the living room is the ideal place to sit by and relax after a long day. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



5.93 Old Ludowici Road Ludowici - \$39,350

5 acres adjacent to Aaron's Mobile Home Park in Walthourville. Small pond on site. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



722 Timber Ridge Trail Hinesville - \$87,900

NEW ON THE MARKET! 3 Bedrooms, 2 bathrooms and 1 car garage, chain link fence back yard and Christy style floor plan. Come take a look at what this adorable house has to offer. Just outside for Ft Stewart gate 8 off of Veterans parkway. Property being sold "as is." Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

LAND/LOTS FOR SALE

0 Shyam Road - Hinesville - \$750,000. Seven (7) acres of commercial potential. Located just off of US Hwy 84 in Hinesville. Centrally located between Fort

Stewart Gates one (1), two (2) and three (3). There are thirty thousand six hundred and fifty (30,650) V.P.D. May also access from Sandy Run Drive. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

12746 East Oglethorpe Highway, Midway - \$69,900. Excellent Commercial Opportunity near the proposed Midway City Hall. This location is convenient to I95 and Ft.Stewart zoned IC. Perfect for retail, fuel, or restaurant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Cattle Hammock Road, Midway - \$299,900. 9.10 acres of pristine deep waterfront +/- 270 liner feet marsh and deep water front. 10 minutes to I95 Exit 76. Seller has dock permit. Amazing views! Convenient to Savannah, Brunswick, and Jacksonville, FL. Features: - Paved Road Access, +/- 270 LF Deep Water Frontage, Dock Permit in hand, 10 minutes to I95. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Oglethorpe Hwy Hinesville - \$39,900. Unrestricted lot in Midway. 12 acres at a great price. Houses and manufactured homes are okay. Located minutes from Fort Stewart, Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Willowbrook Drive, Hinesville - \$499,900. Incredible opportunity to own a parcel inside the city limits of Hinesville that is correctly zoned and engineered for a multi-family development. Located off Veteran's Parkway and EG Miles parkway centrally located between Fort Stewart Gate 8 and Walmart, Lowes, and the TJ Maxx Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 1 Spartina Way, Midway - \$85,000. 3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 14 Spartina Way, Midway - \$75,000. 3 Acre lot nestled beneath majestic oaks, hickory's &

pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 9 Youmans Road, Midway - \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 10 Youmans Road, Midway - \$249,900. Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

504 West Oglethorpe Highway Hinesville, GA 31313 - \$295,000 Commercial Development opportunity at the center of Hinesville retail corridor. This interior lot has 130 LF of road frontage at the traffic signal at the Intersection of Oglethorpe Hwy. This site has 35,800 vehicles per day. Adjoining parcels avail.

Tenant Occupied. Please do not disturb the tenant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

0 Leroy Baker Midway - \$84,100 Rare Find in Midway off of Coastal Hwy 17. 5 acres home site awaits you! Suitable for homes or agriculture. No improvements. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

56.156 West 15th Street Hinesville - \$750,000

Great mixed-use opportunity adjacent to Fort Stewart Gate 7. Approximately 56.156 acres of land. This property is ready to go and visible from the entrance of Fort Stewart Gate 7. Jimmy Shanken, Coldwell Banker Holtzman, REAL-

TORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

648 South Main Street Hinesville, GA 31313 - \$39,000

Great multi-family opportunity near the proposed new super Kroger and TJ Max Retail developments. Centrally located between Fort. Stewart gates 1 & 8. Convenient to all gates. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 2 Woodstork Way - \$29,000

Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. \$29,000. Call us for a personal tour today! Co-Listed with Nichole Gaskin 912-610-8304. 1.07 acres.

Lot3 Woodstork Way - \$29,000

Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. 2.6 to 5 acres. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

1acre John Wells Rd. \$20,000

Less than ten minutes to Fort Stewart Gate 7! Quiet country setting on a paved road. Manufactured homes ok. Non restricted lots. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 17 Moody Bridge Road, Ludowici - \$32,500

2.25 Acre home site located in Long County Restricted to stick built homes, paved road access. Excellent opportunity to build your dream home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

2 acres John Wells Road - \$25,000

2 acres of property that is less than ten minutes to Fort Stewart Gate 7! Culvert in place manufactured homes okay. Quiet country setting on a paved road! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

103 Ralph Quarterman Road, Hinesville - \$99,900. Excellent Development opportunity. Locat-

ed across from the new Oglethorpe square. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com

12.78 AC Veterans Memorial Parkway, Hinesville - \$2,364,300.

12.78 Acres developmental land. Great location on Veterans Parkway & South main. Can be combined with other parcels to total 18.46 acres. Located in a rapidly growing retail area with in 0.25 miles of the new TJ Maxx, Dicks Sporting Goods, Hobby Lobby, and Ulta. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com

0.24 Acre Veterans Memorial Parkway, Hinesville - \$225,000.

Last available frontage road on drive home side of Veterans Parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com

0 E. Oglethorpe Highway, Hinesville - \$3,000,000.

Excellent hotel/restaurant site located next to La Quinta in Flemington. Parcel has offsite water retention. Owners will subdivide. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-



The Shanken Team REALTORS® Jimmy and Brigitte Shanken Nikki Gaskin

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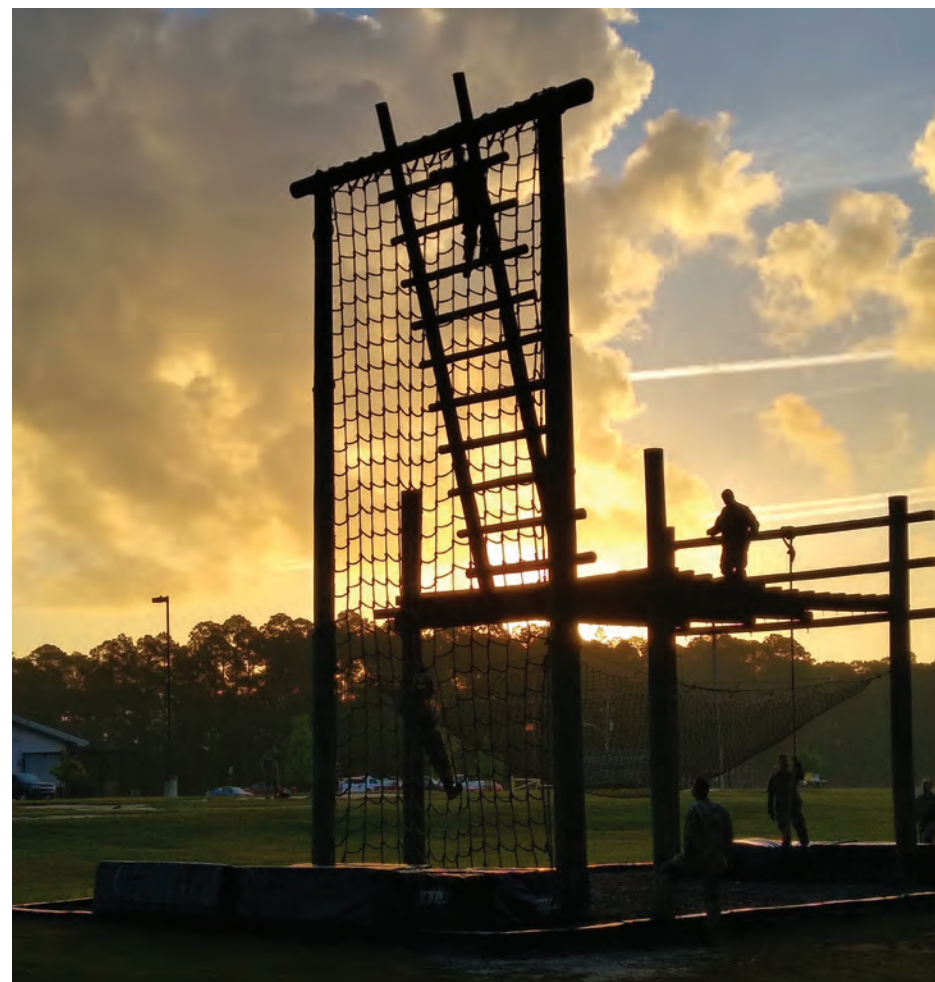


Photo by Sgt. Maj. John Noyes

Officers with the 3rd Infantry Division Sustainment Brigade climb 'The Tough One' on the Fort Stewart obstacle course, April, 12. The officers participated in leadership professional development physical training to explore some of the fun options available to their units.

Sustainment officers conquer obstacles



Photos by Sgt. Elizabeth White

Above: 2nd Lt. Zachary Freiburg, a platoon leader with 135th Quartermaster Company, 87th Combat Sustainment Support Battalion, 3IDSB, climbs over a ladder on the Fort Stewart obstacle course, April 12.

Right: 2nd Lt. Xin Guo, Det. B, 24th FMSU, STB, 3IDSB, crawls through a sand pit during a physical training session on Fort Stewart.



Classifieds

4733. jimmy.shanken@coldwellbanker.com

777 Veterans Memorial Parkway, Hinesville - \$395,000. Last available frontage on drive home side of veterans parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

734 E. General Stewart Way, Hinesville - \$395,000. PROPERTY ZONED C2. Lot is located between the Coldwell Banker Holtzman Realtors building and the Patriot Center on General Stewart Way. Owners are licensed Real Estate Brokers in the state of Georgia. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS. 912-977-4733. jimmy.shanken@coldwellbanker.com

625 Carter Road Walthourville, GA 31333 - \$349,900 Multi-family Development Opportunity! 8.756 acres of land available to build a home or mo-

bile homes. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center! Call us today!

Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

308 Banks Street Glennville - \$24,900

LISTEN TO THE QUIET! This land is meant to be enjoyed. Sold As-is, house comes with property. Don't miss the opportunity to call it yours! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 3 Lakeview Drive Glennville - \$19,900

Great .7 acre lot located in Lakeview Estates. Don't miss an opportunity to build your dream home on this gorgeous lot. Additional lots available. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-

4733 or email jimmy.shanken@coldwellbanker.com

Lot 4 Lakeview Drive Glennville - \$19,900

Great .58 acre lot in Lakeview Estates. Don't miss out on an opportunity to build your dream home. Additional lots also available. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 5 Lakeview Drive Glennville - \$19,900

Great 0.56 acres lot in Lakeview Estates. Take advantage of an opportunity to build your dream home! Additional lots available for purchase. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 6 Lakeview Drive Glennville - \$19,900

Great 0.67 acre lot in Lakeview Estates. Don't miss out on an oppor-

tunity to build your dream home. Additional lots also available for purchase. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 7 Lakeview Drive Glennville - \$19,900

Great 0.67 wooded lot in Lakeview Estates. Don't miss out on an opportunity to build your dream home! Additional lots available for purchase. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lots 3-7 Lakeview Drive Glennville - \$95,500

Great multi-lot opportunity, these 5 lots can be purchased as a whole for 3.14 acres or individually. Don't miss out! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

8 Main Street Midway - \$23,000

A beautiful lot, close to deep water. Unique opportunity to build a custom built home on The Georgia Coast. Enjoy the drive to I-95 to access convenient Historical Savannah or South to Jacksonville. Quiet Coastal living & still close to city life. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lot 72 Captains Cove Townsend - \$39,900

Shellman's is the place to be! 3.1 acres minutes to the water! Fantastic place for your weekend getaway. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Lots 1-10 West Court Street Hinesville - \$499,000

Located in the Downtown Overlay district. Redevelopment in the heart of downtown Hinesville. Entire city block with access to four

paved roads! City water, city sewer and NO FLOOD ZONE! Walking distance to Municipal Buildings, Main Street and Bradwell Institute. Excellent multi-family site. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

5163 Leroy Coffey Highway Fleming - \$96,000

This land has it all! Electricity, telephone, cable television and trash collection available in the area. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

5163 Leroy Coffey Highway Fleming - \$299,000

Commercial land available! Stop by today and see the endless possibilities! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Spartan spouse becomes a national swim champion

Special to the Frontline

Sharon Taylor, spouse of Capt. Daniel Gomez, 2nd Armored Brigade, 3rd Infantry Division, represented the Fort Stewart-Hunter Army Airfield families at the 2019 YMCA Masters National Swimming Championship, April 13-14, at the Rosen Aquatic Center in Orlando, Florida.

Taylor, in her age group, won three gold medals for the 100-yard individual medley, 200-yard breaststroke, and 100-yard breaststroke. She also earned three silver medals for the 50-yard backstroke, 50-yard freestyle and the 200-yard IM; and two bronze medals for the 100-yard backstroke (3rd place) and the 50-yard butterfly (4th place).

Swimmers from YMCA's across the nation participated at the YMCA Masters National Swimming Championship, with Taylor representing the Islands Branch YMCA from Whitemarsh Island.

In addition to winning eight medals at Nationals, she broke five age-group Arkansas citizen's records in the 100 and 200 yard IMs, 100 and 200-yard breaststroke events and the 50-yard freestyle.

She broke a 26-year-old record in the 100-yard IM.

Taylor currently holds multiple records in the sport of swimming, to include 16 Arkansas age-group citizen's records, three South Carolina age-group state records, three Oklahoma age-group state records, and three Delmarva-league records in the state of Delaware.

Gomez said he is proud of his wife, noting besides being a full-time Army spouse and mother of three, she holds a Bachelor's Degree from Florida International University, a Master in Business Administration from Goldey-Beacon College, Delaware; but has help raise three children through multiple deployments.

"Never-the-less, she has managed to train, compete, and succeed at state and national championships, in events sanctioned by the National governing bodies U.S.A. Swimming and U.S. Masters Swimming," Gomez said proudly.

He added Taylor has listed 17 times in the U.S. Masters Swimming's Top 10 for the years 2005, 2017, and 2018, and continues to be ranked nationally, making the Army families proud.



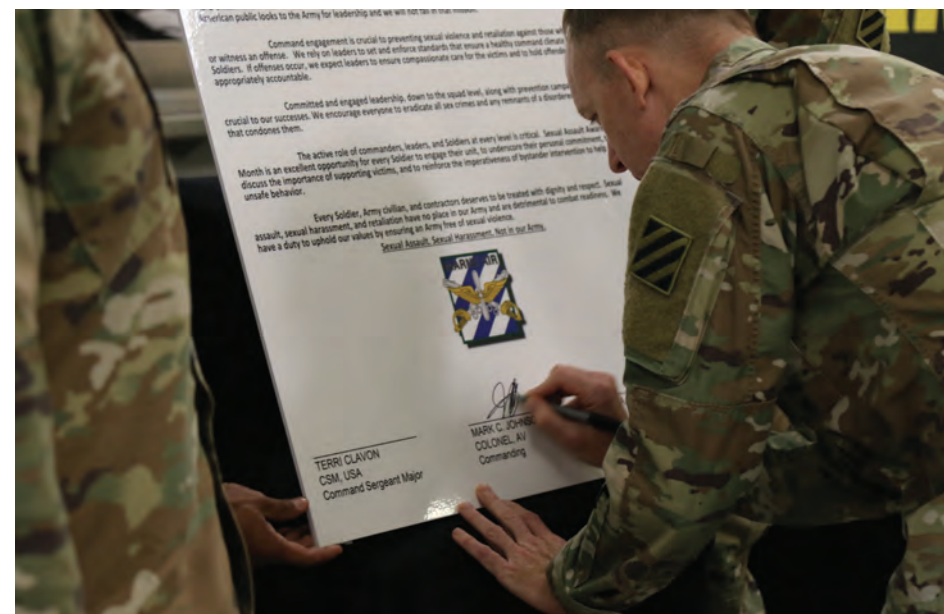
Courtesy photo

Spartan Brigade's Army spouse Sharon Taylor poses with eight medals won at 2019 YMCA Masters National Swimming Championship.

Marne Air stands resolute with SHARP



Command Sgt. Maj. Terri Clavon (left), Col. Mark Johnson (middle) and Chief Warrant Officer Five Brent Melland (right) cut the cake to show unity and solidarity in the enlisted, warrant officers and officers as they cut the cake together it symbolized to eradicate and eliminate sexual harassment and assault within our brigade at the Hunter Army Airfield Consolidated Dining Facility April 3, at Hunter Army Airfield,



Courtesy photos

Col. Mark Johnson, commander for 3rd Combat Aviation Brigade signs the Sexual Harassment/ Assault Response Prevention proclamation April 3 on Hunter Army Airfield.

3-15 INF. TEAM SETS NEW MARNE MILE RECORD

Photo by Spc. Jordyn Worshek

Pfc. Giovanni Rangel, Company C, 3rd Battalion, 15th Infantry Regiment, 2nd Armored Brigade Combat Team, 3rd Infantry Division, clears as a hurdle with 1st Lt. George Walker at the Marne Mile obstacle course, April 12, on Fort Stewart.



Photo by Spc. Jonathan Wallace

The four-man team of tankers Sgt. Isaiah Elliott, Spc. Jakob Evans, Pfc. Giovanni Rangel, and 1st Lt. George Walker from "Charle Rock" Co. C, 3-15 Inf., 2ABCT, 3rd ID, pose for a photo after setting a new record time of 13 minutes, 2 seconds, at the Marne Mile obstacle course April 12 on Fort Stewart.



Photo by Spc. Jordyn Worshek

Pfc. Giovanna Rangel and teammate 1st Lt. George Walker trek through a creek during the Marne Mile obstacle course, April 12, on Fort Stewart.

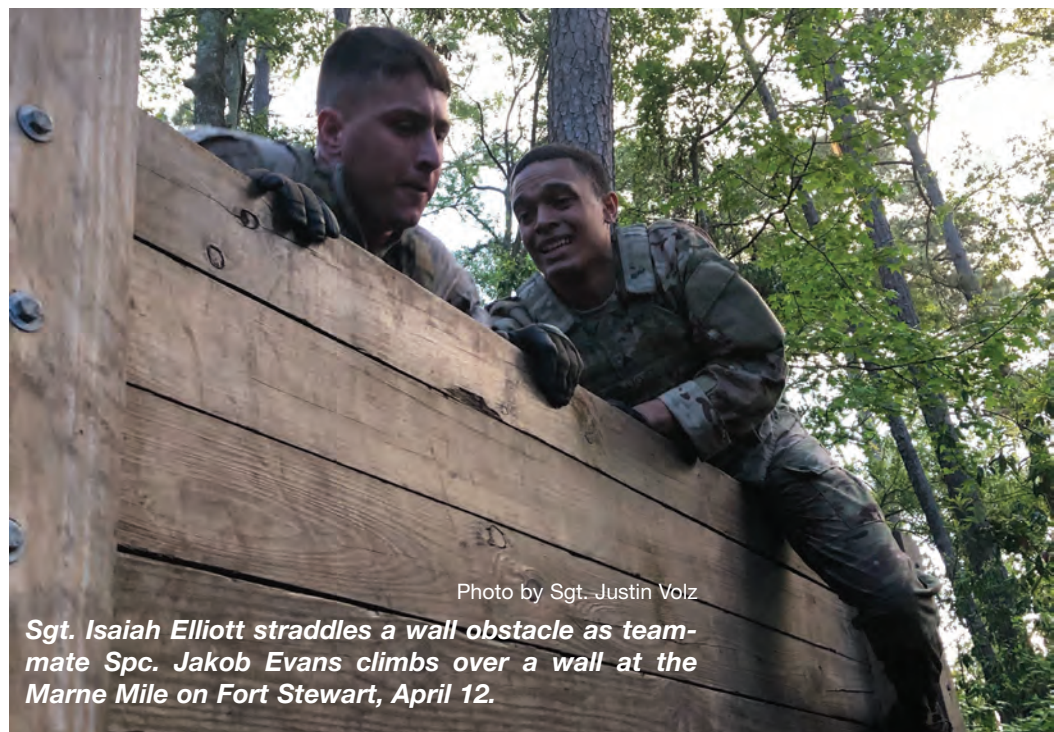


Photo by Sgt. Justin Volz

Sgt. Isaiah Elliott straddles a wall obstacle as teammate Spc. Jakob Evans climbs over a wall at the Marne Mile on Fort Stewart, April 12.