

SUBSTANCE ABUSE QUESTIONNAIRE*

1. Have you felt you ought to cut down on your drinking or drug use?
2. Have people annoyed you by criticizing your drinking or drug use?
3. Have you felt bad or guilty about your drinking or drug use?
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye opener)?

If you answered yes to 2 or more of these questions, call to schedule a substance abuse screening. Help is available.

*CAGE-AID reprinted with permission from SAMSHA

Please call for assistance

Clinic Locations

Fort Stewart

Winn Army Community Hospital

Building 302 Liberty Wing
1061 Harmon Avenue
912-435-6787/ 7299

North Troop Medical Clinic

8435 Vanguard Road
912-435-9354

Hunter Army Airfield

Tuttle Army Health Clinic
212 Leonard Neal Street
912-315-6430



SUBSTANCE USE DISORDER CLINICAL CARE (SUDCC)

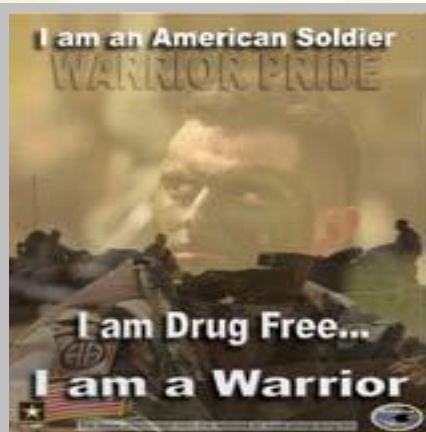
Substance Use Disorder Clinical Care is the Army's new model for providing substance use disorder and other behavioral healthcare in an integrated, unit aligned, and co-located manner.

PROGRAM MISSION

SUDCC's mission is to provide substance use disorder clinical care, including assessment, treatment, rehabilitation, aftercare for Service Members and other beneficiaries within an integrated medical and behavioral health model to enhance health and readiness

PROGRAM VISION

A fully integrated, unit-aligned, co-located comprehensive substance use disorder treatment program that utilizes national best practices to optimize best care delivery, treatment outcomes and force conservation for Service Members and other beneficiaries.



PROGRAM GOALS

SUDCC at Fort Stewart/Hunter Army Airfield is designed to treat adults suffering from substance use disorder. Other contributing issues will be addressed such as depression, anxiety or other co-occurring disorders.

The program uses the motivational enhancement model of treatment and cognitive behavioral therapy, thus encouraging patients to explore their substance use history, draw conclusions about consequences, and the desire or need for treatment.

SUDCC is an abstinence based treatment program. Patients are encouraged to attend 12-step meetings outside of regular group hours. Random urine drug screens are required throughout treatment.

SERVICES OFFERED

Patients will participate in a variety of patient-centered therapy groups and individual sessions provided by licensed, trained, and experienced staff.

- Medication Management
- Self Awareness
- Relapse Prevention
- Stress and Symptom Management
- Communication
- 12-Step Recovery
- Barriers to Wellness
- Motivational Enhancement
- Triggers and Relapse Potential
- Gender Specific Services
- Senior Group
- Road Map Toolkit Group
- Aftercare Group

Outpatient Groups Meet Weekly.