



U.S. Army Soldiers needed for the MHANES study!

The purpose of the MHANES study is to assess dietary intake, cardiometabolic health, body composition, nutritional status, health, mental well-being, injury prevalence, and physical performance in active-duty Army Service Members.

To qualify for this research study, participants should:

- Be a U.S. Army Soldier, 18 years of age or older
- Not be relocating or getting out of the Army in the next 30 days
- Not be in Basic Training (BCT) and/or One-station Unit Training (OSUT)

WHERE: Moon Theater Auditorium/Training Complex,
468 Warrior Road, Building 704, Fort Stewart, GA 31314

Study Informational Briefing Dates & Times:

- 31 July 2025 @ 1000 & 1300
- 5 & 6 Aug 2025 @ 1000 & 1300

Participation in the study involves attending a study briefing, one in-person visit, and a virtual follow-up. Compensation of up to \$400 is offered for the completion of this study.

LEARN MORE:

719-310-6708



Pennington Biomedical
Research Center
Louisiana State University