



**JULY 12, 2018**

## A large group of young men, likely members of the K-pop group NCT, are captured in a dynamic pose on a city street. They are all wearing black t-shirts with the word "ARMY" printed in bold yellow letters across the chest. Many of them are also wearing blue waistbands. The group is arranged in several rows, with some members in the foreground looking directly at the camera while others in the background are looking in different directions. The background shows a typical urban setting with a sidewalk and a building.

**Soldiers of the 3rd Infantry Division kick off the Marne Division's Independence Day celebration with a division run on Fort Stewart, July 4. Festivities included a picnic, concert, and firework display. See pages 4A, 1B, and 7B for more.**

Marne Voices.....2A  
Behind the Lens.....3A  
DUI rollout.....6A  
Community, Leisure1B  
Movie Schedule .....2B  
Births.....3B  
Chaplain's Corner...5B  
ACS, FMWR Briefs...6B  
Sports, Recreation ..7B  
Education Matters...8B  
FS-HAAF briefs.....8B

neutral test. Before that, field testing set to begin this October will allow the Army to refine the test, with initial plans for up to 40,000 Soldiers from all three components to see it.

Page 2A





Photo by Sean Kimmons

**Pfc. Alex Colliver, foreground, pulls a 90-pound sled 50 meters that simulates the strength needed in pulling a battle buddy out of harm's way during a pilot for the Army Combat Fitness Test, a six-event assessment designed to reduce injuries and replace the current Army Physical Fitness Test.**

APFT

From Page 1A

"The Army Combat Fitness Test will ignite a generational, cultural change in Army fitness and become a cornerstone of individual Soldier combat readiness," said Maj. Gen. Malcolm Frost, commander of the Army's Center of Initial Military Training. "It will reduce attrition and it will reduce musculoskeletal injuries and actually save, in the long run, the Army a heck of a lot of money."

At least six years of significant research went into the test's development as researchers looked at what Soldiers must do fitness-wise for combat.

"Throughout that research and testing, the goal was to provide our leaders with a tough, realistic, field-expedient assessment of the physical component of their Soldiers' individual readiness," said Sgt. Maj. of the Army Daniel A. Dailey. "The ACFT is scientifically-validated and will help better prepare our Soldiers to deploy, fight, and win on any future battlefield."

Roughly 2,000 Soldiers have already taken the test, previously called the Army Combat Readiness Test. They also provided feedback as part of the Army Training and Doctrine Command and Forces Command pilots that began last year at several installations.

"The current PT test is only a 40 percent predictor of success for performing in combat and executing warrior tasks and battle drills," Frost said. "This test is approximately an 80 percent predictor of performing based on our ability to test the physical components of combat fitness."

SIX EVENTS

While the ACFT still keeps the 2-mile run as its final event, it introduces five others to provide a broad measurement of a Soldier's physical fitness. The events are completed in order and can take anywhere from 45 to 55 minutes for a Soldier to finish.

- **Strength deadlift:** With a proposed weight range of 120 to 420 pounds, the deadlift event is similar to the one found in the Occupational Physical Assessment Test, or OPAT, which is given to new recruits to assess lower-body strength before they are placed into a best-fit career field. The ACFT will require Soldiers to perform a three-repetition maximum deadlift (only one in OPAT) and the weights will be increased. The event replicates picking up ammunition boxes, a wounded battle buddy, supplies or other heavy equipment.
- **Standing power throw:** Soldiers toss a 10-pound ball backward as far as possible to test muscular explosive power that may be needed to lift themselves or a fellow Soldier up over an obstacle or to move rapidly across uneven terrain.
- **Hand-release pushups:** In this event, Soldiers start in the prone position and do a traditional pushup, but when at the down position they release their hands and arms from contact with the ground and then reset to do another push-up. This allows for additional upper body muscles to be exercised.
- **Sprint/drag/carry:** As they dash 25 meters five times up and down a lane, Soldiers will perform sprints, drag a sled weighing 90 pounds, and then hand-carry two 40-pound kettlebell weights. This can simulate pulling a battle buddy out of harm's way, moving quickly to take cover, or carrying ammunition to a fighting position or vehicle.
- **Leg tuck:** Similar to a pull-up, Soldiers lift their legs up and down to touch their knees/thighs to their elbows as many times as they can. This exercise strengthens the core muscles since it doubles the amount of force required compared to a traditional situp.
- **2-mile run:** Same event as on the current test. In the ACFT, run scores are expected to be a bit slower due to all of the other strenuous activity.

The ACFT gauges Soldiers on the 10 components of physical fitness: muscular strength and endurance, power, speed, agility, aerobic endurance, balance, flexibility, coordination and reaction time. The current

test only measures two: muscular and aerobic endurance.

TEST SCORING

The vast majority of policies with the APFT will likely be carried over to the new test.

Scoring could be similar with 100 points for each event for a maximum of 600. Minimum scores, however, may change depending on a Soldier's military occupational specialty. Soldiers in more physically demanding jobs may see tougher minimums, similar to how OPAT evaluates new recruits.

"The more physically challenging your MOS, the more you'll be required to do at the minimum levels," said Michael McGurk, director of research and analysis at CIMT.

Another difference is that there are no alternate events planned for this test, he said.

Soldiers will still get adequate time to rehabilitate from an injury. But under a new "deploy-or-be-removed" policy, Defense Secretary James Mattis said in February that troops who are non-deployable for more than 12 months will be processed for administrative separation or referred to the disability evaluation system.

"Generally speaking, somebody who has a long-term permanent profile that precludes taking a fitness test may not be retainable for duty in the Army," McGurk said.

As part of its culture change, the Army is building a Holistic Health and Fitness System to produce healthier and fitter Soldiers. The new test is one piece of the system, in addition to the OPAT, the improvement of fitness centers, and healthier options at chow halls.

Army researchers studied foreign militaries that have rolled out similar holistic programs and found them to be highly successful.

The Australian army, for instance, introduced it to their basic training and saw a roughly 30 percent reduction in injuries.

"Do I know we're going to have a 25-30 percent reduction? No, but I certainly hope we will," McGurk said. "We think [the test is] well worth it and it's the right thing to do for Soldiers in any case."

Feedback from Soldiers so far has also been overwhelmingly positive.

"As we all know, physical fitness training can become rather monotonous if people train the same way," McGurk said. "So, a lot of them saw this as a great change and how it required them to use different muscles."

While some Soldiers may disagree with replacing the current test, McGurk said that fitness has come a long way from 40 years ago when the APFT was first developed.

"In 1980, running shoes were relatively a new invention," he said. "The Army was still running in boots for the PT test back then. Change is difficult, but we're an Army that adapts well to change."

ARMY VISION

In early June, senior leaders outlined what the Army should focus on over the next decade to retain overmatch against potential adversaries.

The 2028 vision statement, signed by the Army's secretary and chief of staff, calls for modernized equipment, particularly the development of autonomous systems. It also stresses the need for physically fit and mentally tough Soldiers to fight and win in high-intensity conflict.

"Technology is going to be dominant and we need a lot of things that we're looking at through modernization," Frost said. "In the end, you still need the United States Army Soldier to be able to seize and hold terrain."

The ACFT is a foundational method, leaders believe, that the Army can use to start a new era of fitness and obtain Soldier overmatch in combat.

"The current leadership ... has really coalesced and understands the importance of fitness itself and the importance of the PT test to drive that change in culture," Frost said. "They've made the decision and we're ready to execute."

Marne Voices Speak Out

What are some fun activities Families can enjoy this summer?



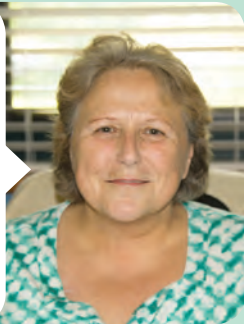
"With this warm summer weather, we spend a lot more time outdoors having fun in the sun with friends and family. It is very important to take extra breaks (indoors or in the shade) and drink lots of water."  
**Monica McKoy**  
*Human Resources Assistant*

"It is imperative to swim within the limitations of your abilities and always swim with a buddy. Never leave children unattended, ensure children use proper flotation devices..."  
**Byron Roberson**  
*Human Resources Assistant*



"Always dress appropriately to protect yourself from harmful ultraviolet rays."  
**Kieshia Caro**  
*Chief, Human Resources*

"Always swim with a buddy, never swim alone even if at a public pool or at the beach with lifeguards. Make sure everyone in your Family learns how to swim."  
**Connie S. Miles**  
*Infection Preventionist*



"Don't drink the pool water - chlorine doesn't kill everything. And pass the potato salad, not the salmonella. Avoid cross contamination with cookout food prep by washing surfaces and hands often."  
**Stephanie DeLoach**  
*Infection Prevention, Control*

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MAJ. GEN. LEOPOLDO QUINTAS

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BEHIND THE LENS

# Providers Return



Photo by Staff Sgt. Sierra A. Melendez

**Chief Warrant Officer 3 Edward Rahming, supply systems technician, 3rd Sustainment Brigade, 3rd Infantry Division, hugs his Family Members at Cottrell Field on Fort Stewart, July 3. Families of the Soldiers are seeing them for the first time in nine months following a deployment to Afghanistan in support of Operation Resolute Support.**



Photo by Spc. Noelle E. Wiehe

**The Sustainment Brigade commander, Col. Jeff Britton, July 3, after returning from a nine month deployment to Afghanistan.**



Photo by Staff Sgt. Sierra A. Melendez

**Right, Capt. Jonathan M. Liggitt, 3rd IDSB, is greeted by his dogs at Cottrell Field on Fort Stewart, July 3. Families of the Soldiers are seeing them for the first time in nine months following a deployment to Afghanistan.**

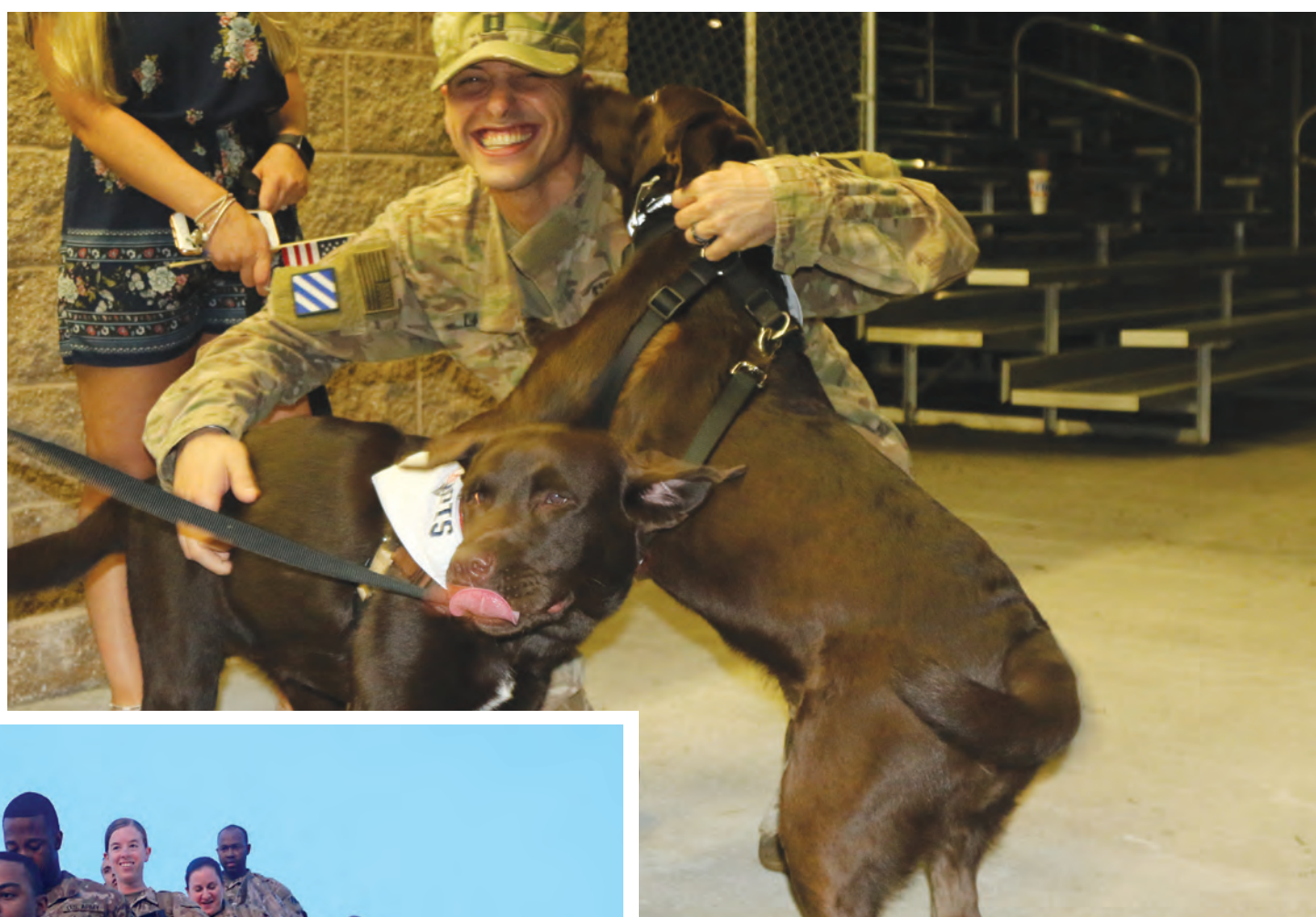


Photo by Spc. Noelle E. Wiehe

**Left, Soldiers of the 3rd IDSB, step off a plane at the flight line at Hunter Army Airfield, July 3. Approximately 200 Soldiers from the "Provider" Brigade returned home following a nine-month deployment to Afghanistan in support of Operation Resolute Support.**



Photo by Staff Sgt. Sierra A. Melendez

**Right, Vietnam veterans salute the flag during a welcome home ceremony for the 3rd IDSB, at Fort Stewart, July 3. Approximately 200 Soldiers from the brigade's headquarters battalion and the 3rd Special Troops Battalion's headquarters company spent the last nine months serving as the sole sustainment element in Afghanistan - providing supply and support for coalition forces in country.**





Photo by Sfc. Randall Pike

Soldiers of the 3rd Infantry Division kick off the Marine Division's Independence Day celebration with a division run on Fort Stewart, July 4. The event included a picnic, concert and fireworks. See related stories on pages 6A, 1B and 7B.

# DIVISION RUN



Photo by Master Sgt. Sheryl Lawry



Photo by Sgt. Arjenis Nunez

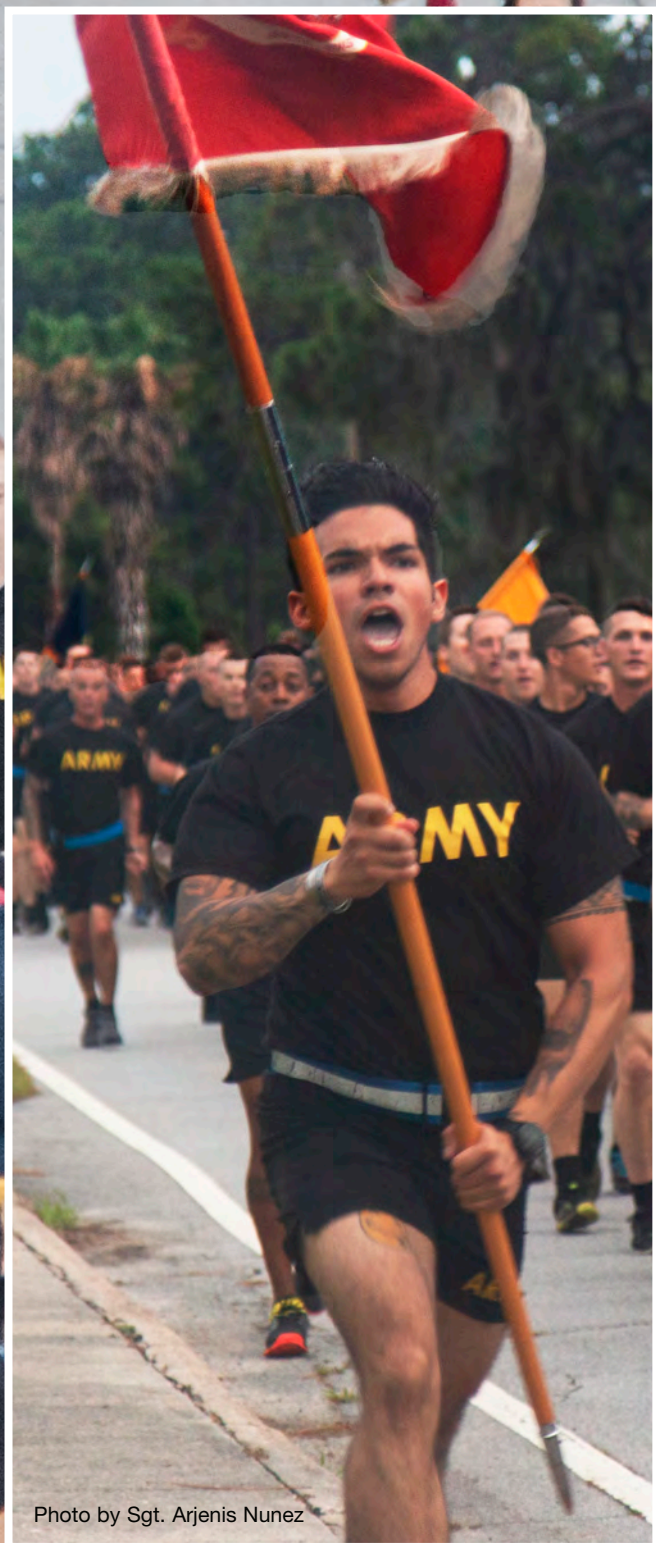


Photo by Sgt. Arjenis Nunez



Photo by Spc. Zoe Garbarino



# Raider forward observers complete fire support team certification

Maj. Pete Bogart  
1ABCT Public Affairs

**CAMP HUMPHREYS, Republic of Korea** – Forward observers from Company A, 3rd Battalion, 69th Armored Regiment were recognized as the best fire support team in the 1st Armored Brigade Combat Team, 3rd Infantry Division, at the conclusion of the semi-annual fire support team certification held over the last two weeks at Camp Casey.

The awards ceremony during the first week in July marked the completion of two weeks of training and testing. Forward observers from across the brigade were tested on their technical and tactical knowledge and their ability to implement these tasks in a field environment. Events included the core Soldiering skills like the Army Physical Fitness Test, land navigation, and a tactical ruck march but then transitioned

into forward observer specific tasks like observation post occupation, fire support planning, and call for fire testing.

The team from Co. A, 3-69 Armor was led by 1st Lt. Thomas Summerbell and Sgt. Dustin Smith. Summerbell, from Fallon, Nevada, said that the team began training at Fort Stewart in the fall by focusing on the fundamental fire support tasks.

“We started at square one, pulling out the step by step guide on how to do each Mission Essential Task List associated with our mission set,” said Summerbell. “We capitalized off of our understanding of the basics and interjected multiple basic building blocks into larger applications.”

The experience on the teams competing ranged from senior noncommissioned officers with 15 years in the Army to junior Soldiers on their first overseas tour. Pfc. Ryan Bedell hails from Royal Palm Beach, Florida, and has been in the Army just over a year. For Bedell, the

toughest challenge of the competition came from the weather.

“Land navigation was the worst event for me because it was raining and hard to plot points on the map and do everything,” said Bedell. “The ground was extremely wet, muddy, and slippery while navigating up and down the steep hills.”

The fire support team certification is the first one the brigade has conducted in Korea. The “Raider Brigade” is currently in Korea as the rotational Armored Brigade Combat Team supporting the 2nd Infantry Division. All 13 teams from across the brigade completed the certification.

“The FiST certification is a semi-annual requirement that ensures our fire supporters maintain a high level of readiness,” said Maj. Luke Zeck, brigade fire support officer. “This training was conducted to assess and certify the Soldiers’ ability to provide fires to their

maneuver companies through physically and intellectually challenging events.”

Summerbell said the certification gave him the opportunity to validate the training his team had conducted over the last year.

“I learned a ton about my team, in respect to how goal oriented and driven by competition they are, the type of attitude they possess, and how mindset means everything to team cohesion,” said Summerbell. “My fire support NCO was hard on the junior enlisted Soldiers and it was not because he wanted to break them down but rather to build and craft them into lethal fire support personnel.”

For Bedell, the competition was a chance to represent his team, company, and battalion.

“Being on the best fire support team means a lot because it is proof we are the best at our job.”



Photo by Maj. Pete Bogart

**Raider Brigade forward observers during the occupation of an observation post lane during their semi-annual fire support team certification training at Camp Casey, Korea.**

## Raider parking lot repaved

Photos by Staff Sgt. Raymond Irizarry

Workers at Fort Stewart-Hunter Army Airfield continue to work on the 500 block parking lot June 22, as they prepare to repave the area. All parking lots adjacent to Gulick Ave, in the 1st Armored Brigade Combat Team area of responsibility will be closed until the repaving is complete. The areas affected also include the lots between buildings 626 - 639 and the parking lot between buildings 715 - 731. Use the parking lot between buildings 613 - 616 adjacent to 1ABCT Headquarters on Wilson Ave. Community members are reminded not to move or drive around the barricades. The contractor has begun demolition of curbs and asphalt and your vehicle could sustain damage if you park there.



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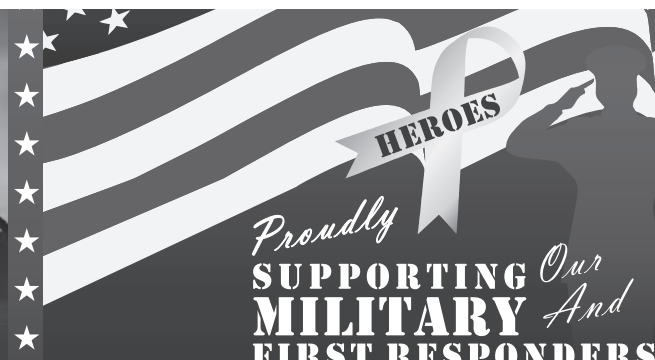
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# Rest easy this school year

**Diane Carlton, MPH,BSN, RN**  
*Winn APHN*

Since summer break often gets students out of their sleep routine, starting the back-to-school schedule 1-2 weeks before school starts will help your Family's first days of transition go much smoother.

Follow these easy steps recommended by the National Institute of Health to begin healthy sleep patterns for your children now:

1. Set the time. If your household's standard rising time is 6 to 6:30 a.m., that means the bedtime for most school-age and teenage children will be 8 p.m. Do your best to stick to this routine.
2. Turn off electronics. To help your children wind down, all electronics - TV, video games, computers, and cell phones - should be shut off at least one hour earlier. In addition, all electronic distractions should be removed from the child's room and from his or her access at night. This cannot be emphasized enough, as very commonly; children will stay awake well beyond what parents realize.
3. Reserve their bed for sleeping. While reading is great, children should read in a separate chair or bean bag, so that the bed is used only for sleeping.
4. Nix any caffeine. Caffeine is a stimulant that can keep children up at night. It

is best that children don't consume caffeine. If they do, however, it should not occur after lunchtime.

5. Set the mood. Another way to promote good sleep is to think about the room itself. Nightlights are okay, but otherwise, you should keep the room dark, cool, and quiet.
6. Set the rules. It is best to stick to your plan about the sleep schedule. Be sure to set clear limits. For example, make clear the number of stories to be read, the time for lights out, and acceptable reasons to call for parents. Let your children know what the rules are, and stick with them.
7. Practice what you preach. Of course, one of the best ways to get your children to adopt good sleep is to follow them yourself. Call it the back-to-school sleep plan, and everyone participates.
8. Set next summer's hours. When summer rolls around, do your best to stay close to the scheduled school sleep time to make the transition easier on yourself and your Family. The brain does not know it is on summer vacation.

Resetting your routines now will assure that your family will be well rested and ready for a great new year of school. If you would like more information, visit the National Institute of Health website, or you may contact Winn Army Public Health at 435-5071.

# SAFETY SPOTLIGHT:

## Always think pool safety

**Richard W. Rudolph**  
*AFSBn Safety Office*  
**Commentary**

Summer is here and local pools and water parks are open, what better way to cool off and beat the heat.

Whether you visit a community pool, water park or your own backyard pool, always think safety.

If you are assembling a store-bought pool, make sure you follow all directions and manufactures recommendations. They are given for your safety.

Where ever you decide to swim, don't mix alcohol with swimming, it could be fatal. If you have small children stay close to them, some may try to go into the deeper part of the pool and at water parks and community pools there are a lot of children running around who could accidentally knock you child down in the water it takes less than two inches of water for someone to drown.

- From 2005 to 2014, there were an average of 3,536 fatal unintentional drownings (non-boating related) annually in the U.S., about ten deaths per day. An additional 332 people died each year from drowning in boating-related incidents.
- About one in five people who die from drowning are children 14 and younger. For every child who dies from drowning, another five receive emergency department care for nonfatal submersion injuries.
- More than 50 percent of drowning victims treated in emergency departments, require hospitalization or transfer for further care. This is compared with a hospitalization rate of about 6 percent for all unintentional injuries). These nonfatal drowning injuries can cause severe brain damage, which may result in long-term disabilities such as memory problems, learning disabilities, and permanent loss of basic functioning. You can find other additional information at the Center for Disease Control and Prevention.

- Designate a water watcher every single time children are in or near the water.
- Make sure children know how to swim.
- Always remove portable pool ladders when not in use.
- Ensure all permanent pools have a proper fence and gate and safer drain covers.
- Keep a first aid kit at poolside.
- Don't use flotation devices as a substitute for supervision. Never allow a young child in a pool without an adult.


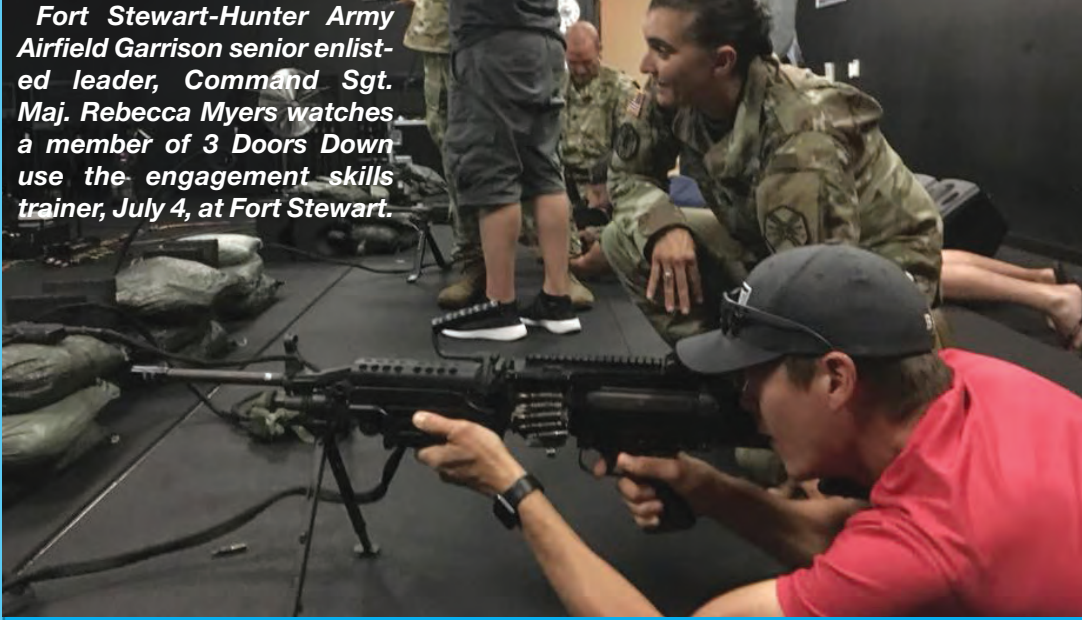
So please enjoy yourself and your family and remember to keep the above safety tips when you go swimming. You can find other safety tips and videos at [ConsumerProductSafetyCommission.com](http://ConsumerProductSafetyCommission.com)

# 3 Doors Down tours Fort Stewart

Photos by Chris Fletcher

**Fort Stewart opened its gates for a behind the scenes look of the installation for the Marne Independence Day concert headliner, 3 Doors Down. The band was able to fire U.S. Army weapons at the engagement skills trainer and tour the 3rd Infantry Division Museum.**

**Fort Stewart-Hunter Army Airfield Garrison senior enlisted leader, Command Sgt. Maj. Rebecca Myers watches a member of 3 Doors Down use the engagement skills trainer, July 4, at Fort Stewart.**



**Left: John Potter escorts members of 3 Doors Down during their visit to the 3rd ID Museum, July 4 on Fort Stewart.**

**Right: Members of 3 Doors Down visit the Fort Stewart Engagement Skills Trainer complex on Fort Stewart, July 4.**

# 2017 NDAA: Transfer of Army military treatment facilities

**Special to the Frontline**

**What is it?**

The Fiscal Year 2017 National Defense Authorization Act, Section 702, directs the Defense Health Agency to assume responsibility for the administration and management of healthcare delivery at all military medical treatment facilities effective Oct. 1. This transfer maximizes efficiencies while maintaining a ready and lethal Army, with the clear objective of providing community care during seamless transition.

**What has the Army done / is doing?**

Starting with Womack Army Medical Center at Fort Bragg, North Carolina, the transition for administration and management of medical facilities will occur in a phased approach that will take place over the next 24 to 36 months. OCONUS Army Medical Treatment Facilities will be the last phase of the transition.

The Army surgeon general will maintain the responsibility to recruit, organize, train and equip the medical force. Army Military medical personnel will be assigned and managed by their service to ensure that medical personnel are trained and proficient in their jobs. FORSCOM commanders will be part of the supervisory chain for MTF directors to guarantee that the medical readiness of Soldiers remains a top priority.

**What continued efforts does the Army have planned?**

The administrative transfer of MTFs to the DHA will not change the access to and quality of healthcare and will be transparent to the Soldiers, Family members, and Soldiers for Life who will continue to receive quality medical care. As each of the mili-

tary services have extensive experience managing and administering MTFs, they will ensure best practices are incorporated into the DHA organizational structure.

MTFs will continue to be service-affiliated, unless a decision is made at a later date to become tri-service in nature. The Army surgeon general will continue to serve as the principal advisor to the secretary of the Army on all health and medical matters and serve as the chief medical advisor of the Army to the director of DHA. Other functions such as the Integrated Disability Evaluation System, Warrior Care and Transition, Embedded Behavioral Health, and Family Advocacy Program Support will remain with Army Medicine.

**Why is this important to the Army?**

Soldiers are the Army's greatest strength and maintaining their medical readiness through world-class healthcare is the Army's top priority. The FY17 NDAA creates a single, integrated military healthcare system focused on healthcare delivery.

This reorganization

will improve the medical readiness of the forces, eliminate redundancies and generate cost savings between the management of Army, Navy and Air Force MTFs.

The Military Health System transformation is about building and strengthening a more integrated and effective, high-quality healthcare system that supports the readiness and lethality of the joint force.

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What's playing  
at Woodruff  
Movie Theatre?

**Check out**  
page 2B



THE FRONTLINE



CHECK OUT SPORTS,  
RECREATION  
PAGE 7B

# COMMUNITY & LEISURE

JULY 12, 2018



Photo by Sgt. Tanner Ruhlen

**Tyson Unroe and Dani Torres race around an obstacle course, July 4, at the Independence Day celebration picnic on Fort Stewart.**

## Community comes together for picnic

**Pat Young**

*Fort Stewart Public Affairs*

Thousands of Soldiers and their Families were treated to a picnic during the Marne Independence Day Celebration on Fort Stewart by the by the Hinesville Military Affairs Committee and their community partners.

A meal large enough to feed an army was coordinated and prepared for the event; which included support from the installation's Directorate of Morale, Welfare and Recreation and their sponsors, adding music, games, information booths and displays to create a festive environment.

HMAC event coordinator, P.J. Schneider, said the community helped provide more than 6,000 free meals in support of Soldiers and their Families, including about 2500 pieces of chicken, 750 barbeque sandwiches, 2500 hotdogs, and 1500 Bratwurst.

The event required significant planning and support.

Schneider said HMAC started coordinating more than three months prior to the event. Adding they began picking up food about three weeks prior. He said some of the items required to be kept cold, so they started gathering that within the week of the event; storing items in a refrigeration truck.

Many community businesses and organizations joined HMAC in providing resources.

"George Baptist Disaster Relief and Hinesville Faith Baptist

provided about 1,000 pork chop meals, Schneider said. Additional resources were provided by Hinesville Bank, Popeye's, Bo jangles, Coca-Cola, Food Lion, Lowes, McDonalds and Panera Bread, Pizza Hut and Dominoes. He said Georgia Southern University, the Society of the 3rd Infantry Division, GeoVista, the Association of United States Army, DFMWR and others also helped gather additional resources to ensure the events success.

"They all came together in support of Soldiers and their Families," Schneider said. "We wanted to show how much we appreciate them."

He added local veteran's organizations were instrumental in the events success.

He said veterans volunteered from the two American Legion organizations from Liberty County, Veterans of Foreign Wars, Vietnam Veterans of America, and the Disable American Veterans.

But bad weather threatened to put a damper on the picnic before the meal started.

He said one of the challenges the community had to face was the probability of significant wind and rain, which required relocating the meal from a festival tent to nearby Newman Fitness Center.

"The support we received from MWR and the garrison command to help move the meal over to Newman Gym was just incredible."

Photos by Sgt. Tanner Ruhlen

**Left: Joe Rios and Michael Montoya await the result of Rios's throw at the Independence Day celebration picnic on Fort Stewart. Cornhole was one of the many games offered during the picnic portion of the day's events.**

**Right: Dominic Cocchida is having a red star painted on his face at the Family Picnic, part of Independence Day celebration.**



Photo by Sgt. Tanner Ruhlen

**Lucas Kratochvil pets a goat at the Marne Independence Day picnic, July 4, on Fort Stewart.**



Phot by Pat Young

**Thousands of Soldiers and their Families sit down to a picnic style meal July 4 at Fort Stewart during the installation's Marne Independence Day Celebration.**



## Reel Time Theaters



**Stars:** Trevor Jackson, Jason Mitchell, Lex Scott Davis



**Stars:** Jeremy Renner, Ed Helms, Jake Johnson



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# Special Deliveries

A

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June 30

**Sofia Nali Wheeler**, a girl, 6 pounds, 15 ounces, born to 2nd Lt. Jed David Wheeler and Yusemi Mondragon Wheeler.

July 1

**Brady Gregory Boyette**, a boy, 7 pounds, 4 ounces, born to Sgt. Tyler Alec Boyette and Sgt. Amber Vanessa Moreno.

**Zian Robert Landa**, a boy, 9 pounds, 1 ounce, born to Sgt. Roberto Eleno Landa and Spc. Elva Karina Landa.

July 2

**Ayden Lemar Alston**, a boy, 7 pounds, 8 ounces, born to Sgt. 1st Class Timothy Alston and Shanice Alston.

**Uriah Thomas Pisano**, a boy, 8 pounds, 3 ounces,

born to CW2 Matthew Pisano and Grace Pisano.

**Ayla Jayne Price**, a girl, 7 pounds, 15 ounces, born to Staff Sgt. Mike Price and Audra Price.

July 3

**Imani Chepjumba Kiruy**, a girl, 5 pounds, 13 ounces, born to Spc. Nehemiah C. Kiruy and Penina C. Kiruy.

**Elizabeth LouAnn Pounder**, a girl, 7 pounds, 11 ounces, born to Staff Sgt. Steven Lee Pounder and Jennifer Lynne Pounder.

**Joziah Anthony Cariaga Shelton**, a boy, 7 pounds, 13 ounces, born to Sgt. Trenton A. Shelton and Shylee C. Shelton.

July 4

**Laklynn Joy Smith**, a girl, 6 pounds, 4 ounces, born

to CW2 Royce Kirk Smith and Mechelle Lynne Smith.

Audrey Harper Truelove, a girl, 6 pounds, 14 ounces, born to Spc. Alec Truelove and Chloe Truelove.

July 6

**Mason Jasper Gutierrez**, a boy, 6 pounds, 16 ounces, born to Pvt. Andres Gutierrez and Yvette Crystal Gutierrez.

**Kori Khaliah Samone Jenkins**, a girl, 6 pounds, 14 ounces, born to PO3 Keshiah Cherie Jenkins.

**Mary-Grace Adwubi Sika Poku**, a girl, 5 pounds, born to Spc. John Wellington Poku and Charlotte Nyamekye Owusu.

July 8

**Zeppelin Grey Flores**, a boy, 7 pounds, 5 ounces, born to Pfc. Richard Lee Flores and Jennifer Nicole Flores.

## Yes to social wellness

Diane Carlton, MPH, BSN, RN  
Winn APHN

July is Social Wellness Month! It is a great time to connect with people and yourself. Developing and maintaining healthy relationships can improve your health. Did you know that social support enhances your quality of life and provides a buffer against life events? Many life events can trigger stressful responses. Stress is “wear and tear” that can impact a person’s mental, physical, and emotional health.

The effects of stress can either be positive or negative. Positively, stress can help compel you into action and sometimes add excitement to life. On the other hand, negative stress has been linked to several health issues such as high blood pressure, heart disease, depression, inability to think clearly, anxiety, obesity and social withdrawal.

According to the National Institute of Health, healthy relationships can have a positive in your social well-being, help decrease the effects of stress on the body, and is a vital component of health. People who establish strong social networks tend to have a healthy heart, normal blood pressure, healthy immune system and live longer than those who have no social networks.

Ideas for finding the right balance between stress and social wellness:

•**Work out.** Joining a gym or an exercise group allows you to meet new people while exercising.

•**Take a walk or bicycle ride.**

Starting a walking or riding routine after dinner would not only give you another opportunity to be physically active, relieve stress, but it would also create more opportunities for you to meet your neighbors.

•**Volunteer.** Donating some of your time and hard work to charity may help relieve stress and provide you with the opportunity to meet others with similar passions.

•**Choose a hobby.** Consider your interest and pursue them; this may help you to find others with similar passions.

•**Hunt the good stuff.** Adequate sleep and choosing healthy food choices can help improve your health and reduce stress. Maintain your emotional reserves, develop supportive relationships, and pursue realistic goals that are meaningful to you. Expect frustrations, failures, and sorrows---they are life events also.

It is almost impossible to eliminate all stress from your life, but you can learn how to deal with it in a healthy way. So go ahead and grow your social network, relieve the stress, and experience the benefits and power of engaging in social wellness. Find the balance, enjoy your life, and release the stress. If stress becomes too overwhelming, get help. Talk to a counselor, teacher, religious leader, friend, or medical provider. If you would like more information, visit the National Institute of Health website or you may contact Winn Army Public Health 435-5071.

School screening planned

The Pediatric Department will host three Saturday clinics in order to facilitate Georgia school screenings and annual physical exams required for the upcoming school year. The dates are July 14, and Aug. 4 from 7:30 a.m. to noon. Our intent is provide 10 minute appointments, which parents may schedule via the call center at 435-6633. New medical problems, medication refills, nor paperwork for action plans will be addressed during these appointments.

School screenings slated

Tuttle Army Health Clinic will host two Saturday clinics in order to meet the requirements for Georgia school screenings and annual physical exams for this upcoming school year. July 28, and Aug. 11, from 8 a.m. until noon. Annual physical exams and sports physical exams will be given with the intent that these appointments are solely for this purpose. New medical problems, medication refills, nor paperwork for action plans will not be addressed during these appointments. Call the appointment line at 435-6633 to schedule your slot.

## ACS staff awards



Photos by Beau Bradley

**William Lukens, Army Community Service director presents the Achievement Award for Civilian Service to Thomas Barnard on June 21. Barnard is retiring from the employment readiness manager position in ACS with more than 10 years of service.**



**The Hunter Army Airfield Garrison Command Team of Col. Kenneth Dwyer and Command Sgt. Maj. LaVander Wilkerson stand with Monica Battle as she is presented with the Commander's Award for Civilian Service, June 28. Battle, with Army Community Service, accepted a position in Korea and will be departing the Fort Stewart-Hunter Army Airfield community later this year.**

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# CLASSIFIEDS

## Pets & Animals

### PETS

CKC REGISTERED GERMAN SHEP-PARD puppy, 12 weeks old for sale. Needs very loving home, \$700.00. Call 912-610-2247, leave message.

## Services

### BUSINESS SERVICES



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### SCHOOLS & INSTRUCTION

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Has openings for all three shifts, Mon-Fri. State certified, reasonable rates. Off Airport Road. 912-877-2608.

## Jobs

### HELP WANTED

#### ANIMAL CONTROL PART-TIME RECEPTIONIST

The Liberty County Board of Commissioners is currently accepting applications for a Part-Time Receptionist within administration. The successful candidate serves as a part-time receptionist for Animal Control. Provides clerical support, and assists the Director and the staff when needed. Will greet the public; answer the telephones, takes messages, input information into the computer and dispatch information to the Animal Control Officer and routes calls.

Applicant also will make copies of documents, makes distribution runs to include taking and getting the mail. Some typing and clerical duties will be required. The successful applicant must be able to deal with the public in a professional manner at all times. This is a part-time position and comes with no benefits. Applicant must have a high school degree or its equivalent.

Applications may be obtained at the Liberty County Commissioners Office, room #2200, 112 North Main Street Hinesville Georgia or online at [www.libertycountygga.com](http://www.libertycountygga.com) (Quick Links - Employment) and must be returned to that office no later than 5:00 P.M., July 24, 2018. Selected applicants will be notified. Liberty County Board of Commissioners is an equal opportunity employer.

#### GROUNDWORKER

The Liberty County Board of Commissioners is currently accepting applications for a Grounds Worker within the Building Maintenance Department. Applicants must have knowledge and skill in operating grounds maintenance equipment. Knowledge and skill in building maintenance methods and practices is a plus. Successful applicants will possess a valid Georgia driver's license.

The Grounds Worker is responsible for performing a variety of grounds keeping activities to include mows grass, clean lawns and parking lots, waters grass, planting and maintaining lawns and flowers. This position requires the ability to move furniture, supplies and boxes and be able to lift and/or carry weights of forty to seventy pounds. They will also must have experience with zero turn mowers and being able to maneuver a vehicle with a 16 foot trailer. In addition to the above qualifications the successful applicant must obtain within a reasonable time level 1A certification from Georgia Soil & Water Conservation Commission (GSWCC). Plus other duties as assigned.

Liberty County government offers competitive salaries and a generous benefits package to full-time, permanent employees, which includes: 401(a) retirement plan with employer match, 12 paid holidays, paid vacation and sick leave, low-cost health insurance, life insurance, flexible spending account, and wellness program.

Applications may be obtained at the Liberty County Commissioners Office, Room #2200, 112 North Main Street, Hinesville, Georgia; or online at [www.libertycountygga.com](http://www.libertycountygga.com) (under Quick Links: Employment) and must be returned to that office no later than 5:00 P.M., July 24, 2018. Selected applicants will be notified. Liberty County Board of Commissioners is an equal opportunity employer.

#### KENNEL CLEANER

(Part-Time)

The Liberty County Board of Commissioners is currently accepting applications for a position of a part-time Kennel Cleaner in the Animal Control Department. This position will be responsible for cleaning cat and dog cages, feeding and watering animals. Applicants should have a love of animals, be mature, task oriented, and able to work with minimal supervision.

This is a part-time position, not to exceed 28 hours per week.

Applications may be obtained at the Liberty County Commissioners Office, room #2200, 112 North Main Street Hinesville Georgia or online at [www.libertycountygga.com](http://www.libertycountygga.com) (Quick Links - Employment) and must be returned to that office no later than 5:00 P.M., July 24, 2018. Selected applicants will be notified. Liberty County Board of Commissioners is an equal opportunity employer.

NEED HELP MOVING or Hauling Junk? You provide the loading and unloading, I provide the Truck! Anywhere within 10 miles,

one way, one trip, \$25, anything over is more. Call for estimates. Ask for Dan, (912)644-0027

#### PART-TIME ADMINISTRATIVE CLERK

The Liberty County Board of Commissioners is currently accepting applications for an Part-Time Administrative Clerk within the Information Technology (IT) and Fire Services Departments. This position is responsible for providing general clerical support to the IT and Fire Services divisions. Other duties of the position include coordination of public safety radios, maintaining filing systems, departmental records management and ticketing systems, daily activity journals. Will maintain time sheets, vouchering invoices and preparing purchase orders. The successful candidate must be able to demonstrate a keen ability to meet and greet the public in a professional manner and display an ability to handle customer complaints efficiently. In addition, candidates must be able to proficiently use a multi-line phone system to forward calls and display an ability to utilize various Microsoft products including Word, Excel, and PowerPoint.

The successful applicant must have a high school degree or its equivalent and must possess or be able to readily obtain a valid driver's license and must be insurable under the county's insurance policy. This is a part-time position not to exceed 30 hours per week.

Applications may be obtained at the Liberty County Commissioners Office, room #2200, 112 North Main Street Hinesville Georgia or online at [www.libertycountygga.com](http://www.libertycountygga.com) (Quick Links - Employment) and must be returned to that office no later than 5:00 P.M., July 24, 2018. Selected applicants will be notified. Liberty County Board of Commissioners is an equal opportunity employer.

#### PART-TIME FIREFIGHTER

The Liberty County Board of Commissioners is currently accepting applications for the position of Part-Time Firefighter within the Fire Services department. This position is responsible for fire suppression operations, rescue, emergency medical assistance, and assistance to the public. This position will have direct contact with the public and must be able to deal with difficult situations in a professional manner. Applicants must demonstrate a drive to help the public and assist in the well being of those we are called to assist.

Applicants must possess a valid State of Georgia driver's license and be insurable through the current insurance carrier for Liberty County. Must possess a current Georgia State Registered Volunteer Firefighter or higher certification.

Applicants must possess a High School Diploma or its equivalent. Applicants must also have computer skills to include word processing, Excel and Power Point. Have sufficient strength, vision, stamina and agility to perform all duties on a daily basis without assistance. Previous experience is preferred.

This is a part time position at pay grade 7A (\$12.31/hour). This position does require week day and weekend scheduling. This is a part-time position not to exceed 30 hours per week. Employment applications may be obtained at the Liberty County Board of Commissioners' Office, 112 North Main Street, Room #2200, Hinesville, Georgia; or online at [www.libertycountygga.com](http://www.libertycountygga.com) (under Quick Links: Employment). Completed and signed applications must be returned to that office no later than 5:00 P.M., July 24, 2018. Selected applicants will be notified. Liberty County Board of Commissioners is an equal opportunity employer.

#### RAPIDLY GROWING AUTO REPAIR SHOP looking for oil change and tire technician. Experienced Auto Mechanic and experienced Service Writer 912-884-6502.

#### STREET MAINTENANCE WORKER

The Liberty County Board of Commissioners is currently accepting applications for a **Street Maintenance Worker**, within the Road Department. All applicants must have a minimum of one-month experience as a laborer, or a combination of training or experience, which provides the required knowledge, skills and abilities for this position. Applicants must possess and maintain a current Georgia driver's license.

All applicants must be able to perform manual labor duties including installing pipes, repairing potholes, etc. Successful applicant will perform routine maintenance on trucks and equipment as needed. Applicants must carry heavy objects of fifty pounds or more, exert up to forty pounds of force occasionally and perform duties under adverse weather conditions. This is a full time position. Liberty County government offers competitive salaries and a generous benefits package to full-time, permanent employees, which includes: 401(a) retirement plan with employer match, 12 paid holidays, paid vacation and sick leave, low-cost health insurance, life insurance, flexible spending account, and wellness program.

Applications may be obtained at the Liberty County Commissioners Office, Room #2200, 112 North Main Street, Hinesville, Georgia; or online at [www.libertycountygga.com](http://www.libertycountygga.com) (under Quick Links: Employment) and must be returned to that office no later than 5:00 P.M., July 24, 2018. Selected applicants will be notified. Liberty County Board of Commissioners is an equal opportunity employer.

## Real Estate

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NEAR FORT STEWART, Double-wide, 2&3BR, \$450/\$825. mo., 1BR/1BA, \$350.mo., 2BR, /1 BA., \$475.00/ mo. NO PETS. Must Qualify. 912-312-1010.

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## RET

### COMMERCIAL PROPERTY



#### 4821 West Oglethorpe Highway Hinesville, GA 31313 - \$169,900

Take a look at this investment opportunity! Property is approx. 0.45 acres. One structure in the property is a 2-story building. First floor has 3 bedrooms 1bath. Second floor has 2 bedrooms, one bath. Another structure on the property is a vacant building available to build additional units. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Call us to schedule a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 4850 West Oglethorpe Highway Walthourville, GA 31333 - \$2,500,000

Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**103 Welborn Street - \$144,900**  
Multi-Family Excellent Investment Opportunity! 100% tenant occupied. Duplex includes a home that was built in 1996 with 1976 sqft. Centrally located between Armstrong University and Bradwell Institute. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**124 South Main Street, Hinesville \$1,320/Mo.** Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance to the city hall, justice center, and both court house annexes as well as the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**126 South Main Street, Hinesville \$2,249/Mo.** Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance to the city hall, justice center, and both court house annexes as well as the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**230 General Screven Way, Hinesville - For Sale \$1,750,000.** Excellent Net leased Investment opportunity with upside potential. Offered at a 7% cap rate on current occupancy. Located less than a mile from the main gate of Ft. Stewart , GA. Entrance located at lighted intersection. Tenants include Cicis Pizza, dental office, Jazzy's Barbershop, USA Nails, and Five Star Nutrition. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 108 West Hendry Street, Hinesville.

Big Box retail opportunity 1 mile to the main gate of Ft. Stewart. Curb cuts on General Screven , Hendry st, and main street. Located in the downtown overlay district. 11,429 sqft of Retail across from Liberty Square Shopping Center. Leased at \$13NNN. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**402 West Oglethorpe Highway, Hinesville - \$799,900.** Excellent Retail Development Opportunity located on US 84 inside the Hinesville Downtown Development Overlay District . This parcel is currently zoned C2 and has 2 fresh water ponds, one of which could be filled in and used for water retention. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 415 South Main Street, Hinesville - REDUCED \$1,150,000.

Prime commercial opportunity, lighted intersection with 20,000 VPD! Located 1 mile to Fort. Stewart main gate. Excellent Retail or Restaurant site. Former Bank of America Building. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**108 Devereaux Road, Hinesville, Lease-\$550/mo.** Prime office space located on Airport Rd. Available Now! Cleaned principal is a Real Estate Broker in the State of Georgia. Immediate Occupancy @ Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 1801 Highway 57, Ludowici - \$450,000

Excellent Industrial Property in Long County across from Long County High School. Only 20 minutes to I95 and 1 hour to I16. 2300 square foot steel building with 20 ft ceilings over hand crane is fuel center in place and various other storage buildings in place. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 455 & 459 E.G. Miles Parkway. \$300,000.

Listing is for 455 & 459 E.G. Miles Parkway. Prime commercial tract adjacent to Hinesville Professional Park and across from Liberty Regional Medical Center. This is 1,000 LF off of the hard corner of General Screven Way and E.G. Miles PKWY. There is also 221 ft of road frontage. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 1067 Oglethorpe Hwy Hinesville, GA 31313 - \$16NNN

Excellent Business Opportunity!! 1,600 sqft in line retail space in the rapidly growing south side of Hinesville. Co-tenants include: Suds Laundrymat, Pizza Hut, Bounce House, Liberty Mart, and Hargray Communication. This is a NNN Lease building is vanilla shell. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 140 Devereaux Road Hinesville, GA 31313 - \$999,900

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#### 790 #104 Veterans Parkway Hinesville, GA 31313 - \$15NNN

Great leasing opportunity! Co tenants include South Eastern Orthopedic Center, LA Nails, Optim Medical Center, and State Farm. Positioned along Veterans Parkway in the growing community of Hinesville. Conveniently located near Fort Stewart's Gate 8 with approximately 12,150 vehicles per day. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 790 #109 Veterans Parkway Hinesville, GA 31313 - \$15NNN

Amazing leasing opportunity! Co tenants include South Eastern Orthopedic Center, LA Nails, Optim Medical Center, and State Farm. Positioned along Veterans Parkway in the growing community of Hinesville. Conveniently located near Fort Stewart's Gate 8 with approximately 12,150 vehicles per day. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

#### HOMES FOR SALE



#### 48 Cole Court SE, Ludowici - \$138,500

Charming ranch style 3 bedroom 2 bath home sits on 1.18 acres of land in the Cutter's Gap subdivision. Home features walk-in closet in the master bedroom, stainless steel appliances, and beautiful vinyl flooring throughout. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 34 Arbor Ridge Way, Midway - \$204,900

Remarkable 4 bedroom 2 bath homes located in the Arlen Oaks subdivision is ready to be yours! Home features huge floor plan, screened in porch, 2-car garage, shed, and backyard. Conveniently located between Hinesville and Richmond Hill and minutes from Fort Stewart and the new Oglethorpe Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 508 Wellington Way, Hinesville - \$184,900

Charming 3 Bedroom 2 bath home in the Arlington Park Subdivision is ready to be yours! Home features an eat-in kitchen, fireplace, 2-car garage, and a fenced backyard. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 2545 Parkland Blvd, Hinesville - \$109,700

Remarkable home ready for occupancy! This is a 3 bedroom, 2 bath home, large family room, kitchen has stainless steel appliances, laundry room, tile floors throughout the home, ceiling fans, fenced and private backyard, one car garage with additional parking pad. Great home located near Fort Stewart Gate 7, shopping areas, schools and more. This home is waiting for you to make it YOURS! We are ready to show it to you! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 438 Arlington Drive Hinesville, GA 31313 - REDUCED \$169,900

Beautiful 3 bedroom 2 bath home sits in the Arlington Park subdivision. Home offers a wood burning fireplace, privacy fenced backyard, and a screened porch with hot tub. Home also features a NEW HVAC, NEW appliances, 10x22 workshop and 10x10 garden shed. Conveniently located minutes to schools, shopping, and all Fort Stewart gates. AVAILABLE NOW!!! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 44 Katelyn Lane Midway, GA 31320 - \$174,900

Beautiful 4 bedroom 2 bath home in the Edgewater subdivision. Home offers a 2-car garage, dining/kitchen combo, formal dining room, and 1929 sqft. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 318 Wexford Drive Hinesville, GA 31313 - \$189,900

Well maintained 4 bedroom 2 bath home in the desirable Wexford subdivision. This split floor plan has an open kitchen, privacy fenced backyard with storage shed, and a covered porch. Home also features a 2 car garage, a wood burning fireplace, and a master bedroom with walk in closet. Centrally located and convenient to schools, shopping, and all of Fort Stewart gates. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 340 McCumber Drive, Walthourville, GA 31333 - \$124,900

Remarkable 3 bedroom 2 bath home sitting on 0.35 Acres of land in the Waters Estates subdivision. Home features a wood burning fireplace, a one car garage, extra parking, and a fenced back yard - A peaceful retreat! Appliances will convey. Home also offers a new roof, formal dining room, family room, landscaped yard, and double sinks in both bathrooms. Conveniently located minutes to Fort Stewart and shopping. Outside the city limits. No City Taxes! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 836 Ann Drive Hinesville, GA - \$99,900

Charming 3 bedroom 2 bath home under \$100,000. This home sits on 0.48 acres of land in the Waterfield Subdivision. Home features a one car garage, open floor plan, and an oversized laundry room. Other features include tile floors in the laundry room, wood laminate floors in living area and hallway, carpet in bedroom, and linoleum flooring in the kitchen. Conveniently located minutes to Fort Stewart gate #7 and Taylors Creek Elementary. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 846 Bradwell Street, Hinesville. REDUCED \$675,000.

Executive home located in the heart of Hinesville that features estate size lot with 5 bedrooms, 5 bathrooms, tile floor, granite counter tops, stainless steel appliances, Jacuzzi tubs, huge walk in closets & pantries, vaulted ceilings, 3 car garage. All furnishings are included. This home is fit for a King and Queen with approximately 7,428 SQ FT with endless possibilities of enrichment. Quiet, kid & fur friendly neighborhood. Conveniently located near Fort Stewart Main Gate. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 873 Pecan Road - Reduced to \$479,900

Gentleman's farm located in Glenville GA 25 minutes to Ft. Stewart. Approximately 39 acres of land has 52 mature pecan trees!!! This property offers an in ground pool, 2 stocked ponds, and deer galore. This charming 4 bedroom 3.5 bath home has a large family room with fireplace for those chilly nights. Home features a central vacuum system, safe room, winding staircase, and wood floors. Roof is only 10 years old. Call us today for a personal tour. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



#### 150 Godfrey Road SE Ludowici, GA 31316 - \$289,900

Take a look at this great deal! 2 for the price of 1. Buy this custom 3 bedroom 2 bath home and get a free double wide mobile home. Home features a Florida room, fenced yard, playground , in-ground pool, and workshop. 3.95 acres of land also includes a double-wide 2009 mo





# CHAPLAIN'S CORNER

## Affirm someone close to you today

**Capt. Jason Davis**  
3-15 Inf. Chaplain

You have the power to transform people around you with one word. Yep, one word!

In my previous "Chaplain's Corner" I spoke of empathy and its power to connect. Like empathy, affirmation is great for building and connecting with others. Your job is to simply notice and then make the effort to speak the affirming word. To affirm a person, Brennan Manning writes, "Is to see the good in them that they cannot see in themselves and to repeat it in spite of appearances to the contrary." The word affirmation comes from the Latin affirmare, originally meaning "to make steady, strengthen."

The old adage, "Sticks and stones may break my bones, but words will never hurt me," could not be further from the truth. The reality is that words do hurt, especially from those we care about or believe care about us. *"The tongue has the power of life and death (Proverbs 18:21)."* Affirming another positively is a powerful gift we can give in an instant that truly strengthens the

soul of the person.

Many believe that too much affirmation will go straight to a person's head and they will become haughty or conceited. I would argue that affirmation always touches the heart. We long to be affirmed by others. That is why those who have a healthy sense of self feel good and get tingles when affirming words are spoken over them. It builds their confidence and in return promotes good self-esteem. It drives that healthy connection we are looking for.

To the contrary, sometimes we don't see ourselves the way others see us and feel undeserving to hear such positive words or comments. Often times our hurts, disappointments and even undealt-with shame keep us in a protective posture. As a result, it can be difficult to hear or receive affirming words. You feel uncomfortable, a little awkward or uneasy. You may shrug it off or dismiss it. You may feel you're not practicing humility or being patronized. All are normal responses if the self-image has been fractured. That is why I would encourage you, if you fall into that category, to receive the best you can with open arms those

affirming words. It can be a powerful and healing experience. You need to hear it. You deserve to hear it - and often.

It is so important that we reinstate or reaffirm people when they mess up or disappoint us, especially if they didn't have a negative motive. We can see this modeled in the New Testament of the Bible when Jesus affirms and reinstates Peter (**John 21:15-19**). We all, if we're honest, want approval from others in our lives, especially our loved one. If we're deprived of that or never know where we truly stand with someone, part of our emotional maturity gets thwarted. We don't get to grow up and be that confident secure adult that everyone wants to be. Affirmation helps create an environment that gives people permission to drop their defenses and becomes another conduit for connection. If one of our goals is to strengthen and make steady those around us, why would affirmation not be part of the relational formula? Make it a point and be intentional about affirming someone close to you today. The benefits are always positive.



## Chapel Schedule

Fort Stewart		
Catholic	Location	Time
Sunday Mass	Main Post Chapel	9:00 a.m.
Weekday Mass	Main Post Chapel	11:45 a.m.
<i>(Confession available daily and before Sunday Mass)</i>		

Protestant (Sundays)		
Traditional	Marne Chapel	9:00 a.m.
Chapel Next	Main Post Chapel	10:45 a.m.
Gospel Adult Sunday School	Main Post Chapel	11:00 a.m.
Multi-Cultural Gospel	Main Post Chapel	12:30 p.m.

Service		
Kids' Church (Sundays)		
K- 6th Grade	Main Post Chapel	1:00 p.m.
PWOC (Wednesdays)	Main Post Chapel	9:00 a.m.
PWOC (Check <a href="https://www.facebook.com/stewartPWOC">https://www.facebook.com/stewartPWOC</a> , or email <a href="mailto:stewartpwoc@gmail.com">stewartpwoc@gmail.com</a> for upcoming events.)		

Islamic (Fridays)	Main Post Chapel	1:00 p.m.
Buddhist (Last Sunday)	Marne Chapel	11:00 p.m.

### Hunter Army Airfield

Catholic	Location	Time
Sunday Mass	Hunter Chapel	11:00 a.m.
Catholic CCD	Building 129	9:30 a.m.

Protestant		
Sunday Service	Hunter Chapel	9:00 a.m.
Kids' Church	Hunter Chapel	9:00 a.m.
	Fellowship Hall	
PWOC (Thursdays)	Main Post Chapel	9:30 a.m.

**Religious Education Contacts**  
**Fort Stewart Religious Education,**  
**Bill Agnew: 912-767-9789**  
**Hunter Army Airfield**  
**Religious Education,**  
**Charles Archer: 912-315-5934**

tile home manufactured by Cavalier Homes. Conveniently located outside the city limits which means no city taxes! This is a rare find and a must see! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**806 Grove Place Hinesville, GA 31313 - \$124,900**

Take a look at this cozy 3 bedroom 2 bath home on a cul-de-sac in the Ridgewood Subdivision. Home features spacious bedrooms, fenced, backyard with storage building, and its beautifully landscaped. Only minutes to Fort Stewart, schools, and shopping. Home is vacant and turn key ready! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**603 Maxwell Street Hinesville, GA 31313 - \$124,900**

BEAUTIFULLY LANDSCAPED! Large home centrally located to Ft Stewart gates, shopping, restaurants, hospital, schools, recreational areas...This multi-levels home has a 5 bdr, 2 bath, one bath fully renovated with tile and more. Dining room, large kitchen, screened porch on upper level. Huge family room with fireplace, master bdr and extra bedroom on first floor. Relaxing and secluded backyard with mature trees, utility shed, shallow well, irrigation system on the front & back. NEW ROOF!! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**303 Lincoln Way NE Ludowici, GA 31316 - \$196,512**

Gorgeous 4 bedroom 2 bath home sits on 0.62 acres of land in the Crawford Subdivision. Home features an open family room and dining room, an eat in kitchen with large pantry, and vinyl flooring. Other interior features include a gas log fireplace, wood cabinets, and a large master bedroom with walk-in closet. Home offers a 10x10 storage building, curved back porch, and a 2 car garage. Conveniently located about 15 minutes to Ft. Stewart. Call us to schedule your personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**304 Maupas Court Hinesville, GA 31313 - \$229,900**

GREAT home located in the Griffin Park Subdivision. Quiet cul-de-sac with only 7 homes. Formal Living and Dining Room plus family room w/fireplace, kitchen, breakfast area & stainless steel appliances. Split floor plan 4 bdrs, 3 full bath. Flooring wood, tile and carpet. Covered patio area, large backyard with privacy fence, 2 car garage, ceiling fans, fireplace, built in entertainment center/bookshelves and so much more. Close to Fort Stewart gates 7 and 8, shopping, and schools. Welcome Home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**31 Carson Street NE Ludowici, GA 31316 - \$169,900**

Take a look at this well kept 3 bedroom 2 bath home located in the Crawford Subdivision in Long County. Home offers wood/tile floors, eat-in kitchen, and a fireplace. Centrally located between Long County school and Fort Stewart. Outside the city limits which means no city taxes. Call us for a personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**163 Prospect Loop Midway, GA 31320 - \$199,900**

Immaculate 3bedroom 2.5 bath all brick home sits in The Villages at Limerick subdivision. Home features a custom kitchen and formal dining room, over sized backyard, large laundry room, covered patio, and a 2 car garage. Master bedroom offers a walk-in closet, extended sitting area, separate shower, and a separate tub. Centrally located between Savannah and Fort Stewart. Dryden floor plan. Home is turn key ready! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

### LAND/LOTS FOR SALE



**0 Shyam Road - Hinesville - \$750,000.**

Seven (7) acres of commercial potential. Located just off of US Hwy 84 in Hinesville. Centrally located between Fort Stewart Gates one (1), two (2) and three (3). There are thirty thousand six hundred and fifty (30,650) V.P.D. May also access from Sandy Run Drive. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**215 Magnolia Court, Hinesville - \$275,000.**

0.85 acres commercial land. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**910 West Oglethorpe Highway, Hinesville - \$995,000.**

Located just south of the new TJ Maxx Development. This parcel has 578+/- LF of road frontage on Oglethorpe Highway. Owner will sub-divide additional land up to 20 acres are available. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**0 Cowart Road, Reidsville - \$275,000.**

Excellent Retail or light Industrial site on US Highway 280. Property is bound one side by the state park. Owner will sub-divide. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300

or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**Lot 2 Crossway Pines Ludowici - \$45,000.**

Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**12746 East Oglethorpe Highway, Midway - \$69,900.**

Excellent Commercial Opportunity near the proposed Midway City Hall. This location is convenient to I95 and Ft. Stewart. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**0 Cattle Hammock Road, Midway - \$299,900.**

9.10 acres of pristine deep waterfront +/- 270 liner feet marsh and deep water front. 10 minutes to I95 Exit 76. Seller has dock permit. Amazing views! Convenient to Savannah, Brunswick, and Jacksonville, FL. Features: - Paved Road Access, +/- 270 LF Deep Water Frontage, Dock Permit in hand, 10 minutes to I95. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**0 Oglethorpe Hwy Hinesville - \$39,900.**

Unrestricted lot in Midway. 12 acres at a great price. Houses and manufactured homes are okay. Located minutes from Fort Stewart, Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**0 Willowbrook Drive, Hinesville - \$499,900.**

Incredible opportunity to own a parcel inside the city limits of Hinesville that is correctly zoned and engineered for a multi-family development. Located off Veteran's Parkway and EG Miles parkway centrally located between Fort Stewart Gate 8 and Walmart, Lowes, and the TJ Maxx Shopping Center. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**Lot 1 Spartina Way, Midway - \$75,000.**

3 Acre lot nestled beneath majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**Lot 14 Spartina Way, Midway - \$75,000.**

3 Acre lot nestled beneath

majestic oaks, hickory's & pine trees. Located off Bluff Creek Waterway. Access to community dock clubhouse to enjoy views of the salt marsh. Electric in area. Area offers a lot of history to be learned. Call today for a showing! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**Lot 9 Youmans Road, Midway - \$249,900.**

Beautiful marsh front lot, located about 20 minutes from Hinesville and within close proximity to I-95. Breath taking views; a perfect lot to build our dream home on. Ready to build on-water supply on lot. Enjoy ocean breezes and beautiful sunsets. Features a community dock and clubhouse with a summer kitchen over looking Ashley Creek. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



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**504 West Oglethorpe Highway Hinesville, GA 31313 - \$295,000**

Commercial Development opportunity at the center of Hinesville retail corridor. This interior lot has 130 LF of road frontage at the traffic signal at the Intersection of Oglethorpe Hwy. This site has 35,800 vehicles per day. Adjoining parcels avail. Tenant Occupied. Please do not disturb the tenant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**103 Ralph Quarterman Road, Hinesville - \$99,900.**

Excellent Development opportunity. Located across from the new Oglethorpe square. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com



**12.78 AC Veterans Memorial Parkway, Hinesville - \$2,364,300.**

12.78 Acres developmental land. Great location on Veterans Parkway & South main. Can be combined with other parcels to total 18.46 acres. Located in a rapidly growing retail area within 0.25 miles of the new TJ Maxx, Dicks Sporting Goods, Hobby Lobby, and Ulta. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com



**0.24 Acre Veterans Memorial Parkway, Hinesville - \$225,000.**

Last available frontage road on drive home side of Veterans Parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com



**0 E. Oglethorpe Highway, Hinesville - \$3,000,000.**

Excellent hotel/restaurant site located next to La Quinta in Flemington. Parcel has offsite water retention. Owners will subdivide. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com



**777 Veterans Memorial Parkway, Hinesville - \$395,000.**

Last available frontage on drive home side of veterans parkway zoned C-2. Off site water retention included. Owners are licensed Real Estate Brokers in the state of Georgia. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com



**734 E. General Stewart Way, Hinesville - \$395,000.**

PROPERTY ZONED C2. Lot is located between the Coldwell Banker Holtzman Realtors building and the Patriot Center on General Stewart Way. Owners are licensed Real Estate Brokers in the state of Georgia. Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-977-4733. jimmy.shanken@coldwellbanker.com



**Lot 1 Woodstork Way - \$29,000, .98 ac.**

Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. Call us to schedule a personal tour today! Co-Listed w/ Nichole Gaskin 912-610-8304.



**625 Carter Road Walthourville, GA 31333 - \$349,900**

Multi-family Development Opportunity! 8.756 acres of land available to build a home or mobile homes. Conveniently located minutes from Fort Stewart and the new Oglethorpe Shopping Center! Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**648 South Main Street Hinesville, GA 31313 - \$39,900**

Great multi-family opportunity near the proposed new super Kroger and TJ Max Retail developments. Centrally located between Fort Stewart gates 1 & 8. Convenient to all gates. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**Lot 2 Woodstork Way - \$29,000**

Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. \$29,000. Call us for a personal tour today! Co-Listed with Nichole Gaskin 912-610-8304. 1.07 acres.



**Lot 3 Woodstork Way - \$29,000**

Build your dream home on the high bluffs and large lots. This is a beautiful small subdivision located adjacent to Harris Neck Wildlife Refuge. This subdivision includes paved streets, underground utilities, a shared fishing & crabbing pier. 2.6 to 5 acres. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**595 Lake Rosalind Dr, Midway - \$100,000**

A truly rare find. 2.48 acres on Lake Rosalind Dr. This listing includes two lots with two wells, two septic, four driveways, and a pond. Land is in the Isles Of Wright area. There is also an inhabitable mobile home on the property that would need to be removed. There is also a metal framed building which was never completed. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



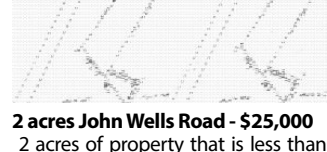
**1acre John Wells Rd. \$20,000**

Less than ten minutes to Fort Stewart Gate 7! Quiet country setting on a paved road. Manufactured homes ok. Non restricted lots. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**Lot 17 Moody Bridge Road, Ludowici - \$32,500**

2.25 Acre home site located in Long County Restricted to stick built homes, paved road access. Excellent opportunity to build your dream home. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



**2 acres John Wells Road - \$25,000**

2 acres of property that is less than ten minutes to Fort Stewart Gate 7! Culvert in place manufactured homes okay. Quiet country setting on a paved road! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



# Army Community Service



## Register now for ACS classes

You asked, we listened. Online registration is now available for Family Readiness Group classes through Eventbrite. Please go to <https://www.eventbrite.com/o/army-community-service-fort-stewarthunter-aaf-12997030788>. The link is posted on the Army Community Service page of the Team Stewart web-site, [www.stewart.army.mil](http://www.stewart.army.mil).

## Learn, empower yourself with ACS

ACS has many great services for Soldiers, spouses and children, yet not everyone knows we are located in five different areas. Stop by today and visit the staff on Fort Stewart in buildings 81, 82, 86, 87 and the Soldier Family Assistance Center, building 4973. The Hunter staff is located in building 1286. You'll be glad you did. Let's push ACS programs in 2018.

## Like ACS on Facebook

Search for "Army Community Service, Stewart/Hunter AAF" Help the Hunter Army Airfield community get more "likes" by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families there as well. Search for Hunter Army Airfield and pass the word along.

## ACS building is accessible to everyone

Army Community Service wishes to inform our community that our facilities meet, or exceed, the standards for persons with disabilities. Our facilities are wheelchair accessible; and should you need assistance upon arrival, please inform one of our staff members. The playground next to building 82 at Fort Stewart is certified as an Exceptional Family Member playground. Hunter EFMP playground is located next to building 1284. For questions, please contact ACS at 767-5058 or 315-6816.

## Free classes offered at Stewart

The following are upon request from the chain-of-command

- Sponsorship training
- Risk management for senior NCOs (E7-E9)
- FAP commander/senior leader briefing

Every Monday  
Financial planning for PCS, 10 to 11:30 a.m.  
ACS Stewart, building 86  
\*Mandatory for E-4 and below.

## Free classes offered at Hunter

Call for appointment for the following:

- Army Family team building infant massage
- FAP commander/senior leader briefing

Weekdays  
Lending Closet, 7:30 a.m. to 4 :30 p.m., building 1286

## Baby boot camp for dads

According to a recent survey, 86 percent of dads spend more time with their children today than their fathers did with them. However, seven out of 10 people also reported that they could use tips on how to be a better parent. The smallest moments can have the biggest impact on a child's life. Take time to be a dad today. For more information call the Family Advocacy Program at Fort Stewart ACS at 767-2882 and speak with our New Parent Support Program staff.

## REAL FRG: leader training

The Family Readiness Group Leader course is a three hour course designed to provide the volunteer FRG leader with an understanding of their roles and responsibilities within the FRG. While the course topics mirror those in the FRG training the focus of the training is on the volunteer and how they can execute the commander's vision of the FRG. From tips on how to get started to how best to leverage different communication modalities FRG leaders will leave the course with the knowledge needed to begin implementing the mission essential tasks associated with the FRG. Training is 9 a.m. to noon. To register, call 767-1257 or visit the ACS Eventbrite page.

## Anger, stress management help available

Are you looking to fine tune your overall health and well-being? Enhancing stress and anger management skills improves one's overall physical and mental health. ACS-Family Advocacy Program offers cutting edge stress and anger management classes that are proven to help manage every day stressors including personal, family and work life. Come by ACS or call 767-2882 for more information. We are located at building 82 on Fort Stewart.

## Spouse reintegration training available

As Soldiers from 3rd Infantry Division return from deployment, ensuring spouses and Families are properly prepared remains a top priority. Rear detachment commanders and Family Readiness Groups are encouraged to reach out to ACS and schedule spouse reintegration training, which consists of small group discussions regarding finances, stress management, effective communication and more. For more, call 767-1257.

## Play mornings held

Did you know that play is important to healthy brain development? Please join us to learn and play at the Army Community Service play morning. Play Morning features music, story time, crafts, interactive play and an awesome way for parents and children to make lasting friendships. Fort Stewart play morning is located inside the Youth Sports and Fitness Center, building 7338 on Thursdays from 10:30 a.m. to noon. Hunter Army Airfield Play Morning is located in building 6054 on Tuesdays from 10 -11:30 a.m. For questions or concerns please contact the ACS New Parent Support Program at 767-2882 at Fort Stewart or 315-3816 at Hunter.

## Army Community Service celebrates 53

Army Community Service celebrates 53 years of assisting service members, civilians and Family members in maintaining readiness, self-reliance and resiliency. We cordially invite the Fort Stewart and Hunter Army Airfield Community to come out and celebrate with us. There will be food, fun, music and games at our Fort Stewart ACS complex, 201 Lindquist Road; Fort Stewart. For more questions about the ACS Birthday, please call 767-5058 or 767-5059.

## ACS embedded financial counselors

Do you want to take control of your finances? Well, the ACS Financial Readiness team has embedded a financial counselor within each brigade to service all your financial needs. Whether you are considering buying a car, home, saving, investing, or just want assistance with creating a budget the financial counselors are here to assist? The financial counselor also provides monetary assistance through Army Emergency Relief to assist our Soldiers and Family members with life's unexpected challenges. If you require assistance, don't hesitate to contact your brigade financial counselor. For more information, you may contact ACS at 767-5058 or 767-5059.

## REAL FRG funds custodian training held

Do you have shortages in your unit's FRG Program? The next REAL FRG Fund Custodian training will take place, 9 a.m. to noon, July 17. The informal funds custodian training is dedicated to teaching volunteers the specific role to handle the informal fund account and responsibilities that come with this position. This training will be conducted in ACS Building 87 and you can register by calling 767-1257 or register on the ACS Eventbrite page. Remember, Soldier readiness plus Family readiness, equal unit readiness.



# FMWR and Coastal Happenings

## Sunday family fun day at Hunter golf

Enjoy a fun afternoon of golf with your Family at a discounted rate every Sunday after 1 p.m. at Hunter Golf Course. Free greens fees for junior golfers (ages 5-15) with a paid parent's greens and golf cart fees. For more information, call 315-9115.

## SKIES offers cheer, tumbling classes

School of Knowledge, Inspiration, Exploration and Skills is now offering competitive cheer and tumbling classes for youth 5-18 years old at both Fort Stewart and Hunter Army Airfield. Participants must be enrolled in Child and Youth Services. The cost for competitive cheer is \$50-55 per month and the cost for tumbling is \$45-50 per month. To register, or for more information, call Parent Central Services at 767-2312 at Stewart or 315-5425 at Hunter.

## Kids bowl free at Marne, Stewart lanes

Sign up at [KidsBowlFree.com](http://KidsBowlFree.com) for the "Kids Bowl Free" program at Marne Bowling Center, building 402, and Stewart Bowling Center, building 450. Each registered child ages 0-15 can bowl two free games a day Monday-Friday (not available on holidays). Shoe rental is \$2.50. No charge to register online for free games. Program runs through September. Family passes, at discount prices, available so parents can bowl with their children. For more information, call Marne Center at 767-4866 or Stewart Center at 767-4273.

## Outdoor pools open for season

Fort Stewart-Hunter Army Airfield outdoor swimming facilities opened Memorial Day weekend for the new season. At Stewart, Corkan Outdoor Pool, building 446, will be open Thursday-Monday from 11 a.m. to 6 p.m. (closed Tuesdays, Wednesdays) and Bryan Village Pool (building 7098) will open weekends only 11 a.m.-6 p.m. Hunter outdoor swimming pool and water spray park, behind Hunter Club, will be open Thursday-Monday from 11 a.m.-6 p.m. (closed Tuesdays, Wednesdays.) Pricing is as follows:

Daily fee: \$4 per person (Children under four admitted free. Season Family pass:

- \$80 E1-E4
- \$90 E5-E6, W1, W2, O1, O2
- \$110 E7-E8 O3, O4

\$130 All other ranks and DoD employees  
Pool telephone numbers are: Corkan 767-8575, Bryan Village 767-2701 and Hunter 315-5786. For questions call Newman Pool at 767-3034 or 315-2819.

## All-Army Ten-Miler qualifier races

Earn the honor of representing the 3rd Infantry Division in the 34th Annual Army Ten-Miler in Washington, D.C., Oct. 7 by being a top finisher in one of three Qualifier Races at Donovan Field, Fort Stewart. Qualifier runs will be held at 6 a.m. Saturday and Aug.

11. Runners can register on-site beginning at 5 a.m. each date. Based on best times, two females and four males will qualify. Only active duty may qualify, but Family members, retirees and DoD civilians are welcome to participate. For more information, call 767-8238.

## Golf courses membership plan

Enjoy access to both Taylors Creek Golf Course and Hunter Golf Course with just one membership! A Bronze membership plan, for just \$99, is being offered for the first time. Bronze plan members receive discounts on green and cart fees each time they play at either course. For details about the clubs' bronze, silver or gold membership plans, visit [StewartHunterMWR.com](http://StewartHunterMWR.com), or the pro shops. Membership plans are open to all. Phone numbers are at Taylors Creek is 767-2370 or Hunter at 315-9115.

## Youth sports camps at Stewart/Hunter

Registration is under way for Youth sports camps at Stewart and Hunter. At Stewart, camps are being offered for functional fitness, track and field and football. The camps are free, but youths must be registered with Child and Youth Services. Visit [StewartMWR.com](http://StewartMWR.com) or call 767-2312 for additional details. At Hunter, camps are offered for 1st-5th graders in baseball, basketball, Be Fit Be Strong and volleyball. The cost is \$10, except for participants already enrolled in full day School Age Center summer camp. Visit [HunterMWR.com](http://HunterMWR.com) or call 315-5851.

## Get 'Rock Solid'

Get in the know with the 'Rock Solid' newsletter. The 'Rock Solid' newsletter is filled with events and services from Fort Stewart-Hunter Army Air Field Family, Morale, Welfare and Recreation. A lot of great incentives will also be sent to your inbox for you to enjoy the surrounding area. Totally free, never shared, always awesome! Sign up today and start staying informed! <https://stewart.armymwr.com/promos/rock-solid-email>.

## CYS summer camp

The School Age Centers at Fort Stewart-Hunter Army Airfield are an ideal place for first to fifth-graders to spend their free time this summer. Summer Camp weekly themes at Stewart include Art Camp, Sports Camp, Science Camp and Gardening Camp and a Just for Fun Camp. At Hunter, the themes include Rolling Into summer, International Week, Exploring Under the Sea, Military Heroes and Healthy Habits. For details, visit [StewartMWR.com](http://StewartMWR.com) or call Parent Central Services at 767-2312 (Stewart) or 315-5425 Hunter.

## Skidaway Breakfast Meeting

The Skidaway Island Rotary Club invites military retirees to attend one of their breakfast meetings as the Club's guest. The club meets from 7- 8:30 a.m. every Wednesday in the Landings Club. Call 598-4239 for more information.

## Red Cross blood drive held

The Red Cross Summer Youth Program sponsors a blood drive July 13, 10 a.m. to 3 p.m. at Newman Fitness Center. Help fulfill the Red Cross' Missing Type movement by raising awareness of the great demand for certain types of blood. Donors can sign up to donate at <https://www.redcrossblood.org> and complete a Rapid Pass. For more information call 767-2197.

## 1ABCT parking lots closed for repaving

All parking lots adjacent to Gulick Avenue, in the 1st Armored Brigade Combat Team area is closed for repaving until further notice. Affected lots are between buildings 626 - 639 and the parking lot between buildings 715 - 731. Use the parking lot between buildings 613 - 616 adjacent to 1ABCT headquarters on Wilson Avenue. Do not move or drive around the barricades. The contractor has begun demolition of curbs and asphalt and your vehicle could sustain damage.

## Eight for Eight Bowling League

The Eight for Eight Bowling League gets under way on Saturday from 10 a.m. until noon at Stewart Bowling Center, building 402, and continues through Aug. 25. The cost is \$8 per session, which includes all equipment and instruction. Participants bowl two games each Saturday mornings and, at the end of the program, receive their own bowling ball. For more details, call 767-4273 or 767-4866.

## Signup for National Bowling Day

Registration starts July 15 at Marne Bowling Center for the National Bowling Day Tournament on Saturday, Aug. 11 at the bowling center. Tournament is open to all adult and children bowlers. Public welcome. Individual competition in the three-game, nine pin, no-tap format. Sessions at 1 p.m. and 4 p.m. Prizes to be announced. Cost is \$20 per person per session for those registering before Aug. 10 and \$25 per person per session thereafter. Cost covers three games and shoe rental. Every registered bowler will get a free hot dog. For more information, visit [StewartMWR.com](http://StewartMWR.com) or call 767-4866.

## Employer Day slated

The Fort Stewart Soldier for Life-Transition Assistance Program will hold an Employer Day with U.S. Custom and Boarder Protection on July 19 at 640 William H. Wilson Avenue, building 526, room 114. There will be two sessions. The first is 8:30-11:30 a.m. and the second is 1-4 p.m. For more information please call 767-6779.

## SFL-TAP hiring event scheduled

The Fort Stewart SFL-TAP holds a hiring event at building 512 at the old Spartan Dining Facility, July 26, 10 a.m. to 2 p.m. For more information or a list of participating employers visit our Facebook page at [www.facebook.com/stewarthuntersftap](http://www.facebook.com/stewarthuntersftap).





# SPORTS & RECREATION

JULY 12, 2018



Photo by Sgt. 1st Class Randall Pike

**3rd Sustainment Brigade Soldiers receive an ovation from the crowd during country/rock band LOCASH's performance. The Soldiers had redeployed less than 24 hours prior and the band wanted to make sure that everyone in attendance was aware of their hard work and sacrifice while supporting the Resolute Support mission in Afghanistan.**

## Concert, fireworks light up Stewart

**Michelle Cowart**  
Frontline Staff

The Directorate of Family and Morale, Welfare and Recreation held a free concert on July 4 at Fort Stewart's Donovan Field in celebration of Independence Day and the 3rd Infantry Division's centennial.

More than 17,000 people attended the concert, whose performers included 3 Doors Down, LOCASH and Jagged Edge.

The event was free, open to the public and included activities such as rock-climbing and quad bungee jumping and other backyard games.

Before the show began 3 Doors Down learned a little about their audience with a tour of the installation, including stops at Warriors Walk, the 3rd ID Museum and the engagement skills trainer.

All three bands also had the opportunity to meet and greet some of the fans, before and after the show.

When the concert concluded, attendees were treated to another thrill as fireworks lit up the night.

Organizers said the Marne Independence Celebration events went well.

"It was a great event," said Tyler Gierber, FMWR marketing director. "Well executed, well attended, and welcomed by the entire community. We had a great time hosting all the Marne Independence Day events. Putting on three events in about 36 hours is not an easy task, unless you're a part of Team Stewart - then anything is possible."

While the Independence Day celebration has been going on for a long time; it has been awhile since the installation hosted a full blown concert.

"It's been a long time since we've held a concert like this. We've also seen some new faces join the team since then, myself included. And you know what, team MWR did a great job in hosting this event."

He expressed his appreciation for the support provided by the community and other installation agencies.

"I would be remiss if I didn't thank the Directorate of Emergency Services, the Directorate of Plans, Training, Mobility and Security, and the Directorate of Public Works for everything their team did to support the event. Finally, our sponsors is what makes these events special - their support of these events and our military is what makes them extra special... and for that I thank Mike Reed Chevrolet, USAA, Xfinity, Coca-Cola, Bob 106.9, Liberty Chrysler, Smile Doctors, First Command, and Veterans United Home Loans for supporting this year's event."



Photo by Pat Young

**More than 17,000 people attended the Marne Independence Day Celebration concert, July 4 at Fort Stewart.**



Photo by Kevin Larson

**Fireworks conclude the Marne Independence Day Celebration, July 4 on Fort Stewart.**



Photos by Angie Davis

**Above, Jagged Edge conducts a meet and greet with fans, July 4 at Fort Stewart prior to performing. Below, 3 Doors Down takes the stage to cheers and applause, July 4 at Fort Stewart.**







Photos by Spc. Jonathan Wallace

Local baseball team the “Savannah Bananas,” hosted a military appreciation game July 7, at Grayson Stadium, in Savannah. The teams and umpires stand during the National Anthem.

# Local baseball team honors our service members

**Spc. Jonathan Wallace**  
*2nd ABCT Public Affairs*

America is synonymous with sports similar to how baseball is with hot dogs. One local baseball team, the “Savannah Bananas,” joined forces with community service members in hosting a military appreciation game July 7, at Grayson Stadium, in Savannah. The Savannah Bananas played against the “Macon Bacon,” from Macon.

The Savannah Bananas gave fans, veterans and service members more than just nine innings of summer time baseball. Fans can experience a banana eating contest and some even bring toddlers to the field in banana costumes.

This Fourth of July weekend game, however, had a different flavor. The Bananas teamed up with Fort Stewart and Hunter Army Airfield to give a nod to those who serve and have served.

“We wouldn’t be here without our veterans and

service members,” said Josh Lawrence, a Savannah native in attendance.

Soldiers from 3rd Infantry Division, dressed in Operational Camouflage Pattern and black berets, sharply synchronized their movements while presenting the colors on the field before the crowd. Players on the Savannah Bananas, sporting U.S. flag and camouflage-themed uniforms, took to the field after the National Anthem filled the air courtesy of the 440th Army Band, North Carolina National Guard. Col. Jason Wolter, Fort Stewart-Hunter Army Airfield Garrison Commander, threw the ceremonial first pitch.

“It doesn’t get any more American than this,” said veteran and Bananas fan Russ Shaw. When asked what he thought about the night to honor the military, Shaw added, “Couldn’t ask for anything better.”

The Macon Bacon bested the Savannah Bananas 8-0.



Photo by Steve Hart

The Fort Stewart-Hunter Army Arifield Garrison Commander, Col. Jason Wolter, throws the first cermonial pitch, July 7, at Grayson Stadium, in Savannah.



Photo by Spc. Jonathan Wallace

Soldiers of the 3rd ID Color Guard, Fort Stewart present the colors while standing at parade rest, July 7, at Grayson Stadium, in Savannah.

## Fort Stewart-Hunter Army Airfield Briefs

### Super Saver Program

Are you interested in winning \$500? If so, this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a garrison civilian employee and submit the best idea for saving the garrison money, you will win \$500. Submit your idea on the super saver nomination form available on the Team Stewart web page under Garrison Resource Management Office (bottom of page is nomination form). Nominations are boarded with the garrison of the quarter award submissions. Submit ideas to [usarmy.stewart.usag.list.dhr-workforce@mail.mil](mailto:usarmy.stewart.usag.list.dhr-workforce@mail.mil).

### Online food handlers class

Anyone interested in taking the food handlers course now has the ability to do it online. Certification is good for one year. Register online at [eventbrite.com](http://eventbrite.com), or log on to [www.winn.amedd.army.mil](http://www.winn.amedd.army.mil). Click on the healthcare services tab, click preventive medicine and wellness, then environmental health. The basic food handlers course study material and quiz are at the bottom of the screen.

### Army food truck is here

The Culinary Outpost is a Soldier-run, Soldier-focused food truck that is making its way around Fort Stewart. We are open at multiple locations from 8 to 9:30 a.m. and 11:30 a.m. to 1 p.m. Follow us on Twitter and Facebook at [@ftstewfoodtruck](https://www.facebook.com/ftstewfoodtruck) for daily locations and specials!

### FLEP opportunity

Interested in a career as a judge advocate? Officers in the grade of O-1 through O-3 with two to six years of active duty service are encouraged to apply for the 2018 Funded Legal Education Program selection board. Applications must be received at the Judge Advocate General Corps Personnel, Plans, and Training Office and at Human Resource Center no earlier than Aug. 1 and by Nov. 1. Applicants should schedule interviews with Nancy Seaton,

[nancy.e.seaton.civ@mail.mil](mailto:nancy.e.seaton.civ@mail.mil) for Sept. The selection board convenes Dec. 3-4. The results will be posted in January 2019 at [www.jagcnet.army.mil](http://www.jagcnet.army.mil). Please see the Milper message for further details at <https://www.hrc.army.mil/Milper/18-081>.

### Bible study offered

Wednesdays at noon at the Marne Chapel. This year the focus is, "The Bible and Current Events." Each week we will take a look at the news of the week and how God's word can bring understanding and perspective to what's happening and how we can apply it to our lives. Military personnel, civilian employees, contractors, retirees and Family members are welcome to attend. Bring your own bag lunch. Study materials will be provided. For more information, contact Bill Agnew at 767-9789 or [william.f.agnew4.civ@mail.mil](mailto:william.f.agnew4.civ@mail.mil).

### Prescribed burns scheduled

Fort Stewart's Forestry Branch is in the midst of controlled burn season and will be conducting controlled burns at various locations on the installation each week. Motorists and pedestrians are advised to use extra caution when traveling through areas that may be affected by smoke. For more information, please contact Amanda Price at 767-2010. Up to date burn notices are posted to the Fort Stewart Hunter Army Airfield Facebook page, [www.facebook.com/FortStewartHunterArmyAirfield](https://www.facebook.com/FortStewartHunterArmyAirfield).

### Youth volunteers are available

The American Red Cross Summer Youth Program is here! Another summer is approaching and the Red Cross youth volunteers are available to support your activity. The American Red Cross summer youth program runs June 11 through July 27. Our volunteers will be working 15 to 40 hours a week, based on supervisor need. To request one or more youth volunteers please fill out the needs assessment below and email it to [FortStewart@redcross.org](mailto:FortStewart@redcross.org). The deadline for requesting youth volunteers is Friday. If you have any question please contact us at 767-2197 or [FortStewart@redcross.org](mailto:FortStewart@redcross.org).

### Summer safety

**Water safety** - To prevent drowning, avoid alcohol when swimming or boating. Wear a lifejacket whenever you are on a boat. Make sure young children are supervised at all times when near the beach, on a boat, or by a pool or hot tub. Don't swim alone or in bad weather. Learn to swim and teach your children to swim. We also recommend that you learn CPR in case of an emergency.

**Sun safety** - Protect against sunburn and heat stroke. Wear sunscreen with at least a sun protection factor 15 or higher and apply it generously throughout the day. Wear a hat outdoors and a good pair of sunglasses to protect your eyes. Drink plenty of water, especially when in the sun or if you are sweating heavily. If you feel faint or nauseous, get into a cool place immediately.

**Travel safety** - Do not drink and drive or travel with anyone who has been drinking. Take along a first aid kit to help you be prepared for common emergencies. Wear your seatbelt at all times. Make sure your vehicle has been properly serviced and is in good working shape before a long road trip. Familiarize yourself with your surroundings if you are in an unfamiliar place and know where the nearest emergency room is. Also, avoid talking or texting on a cell phone while driving.

### Civilian employee workshop

Join the Employee Assistance Program for a class on dealing with difficult people, 11 a.m. to noon, July 12, in building 201C, 807 Worcester Avenue, Fort Stewart. This training is designed to increase awareness of difficult behaviors, learn ways to effectively respond to get your needs met, and react to difficult people in a calm, assertive manner. To reserve your seat, call Lisa Pokorny, EAP Manager at 767-5672 or email [lisa.m.pokorny.civ@mail.mil](mailto:lisa.m.pokorny.civ@mail.mil).

### Garrison commander brown bag lunches

The Fort Stewart-Hunter Army Airfield garrison commander conducts brown bag lunches in July with employees in a non-supervisory status. Bring your own lunch. Inform your supervisor(s) if you would like to attend. There will be other opportunities throughout the year to participate if you are unable to attend a session. Encourage colleagues to attend and share thoughts and ideas with the garrison commander. Maximum participation from the workforce is desired in order for a multitude of viewpoints to be discussed. For more information contact Phyllis Taylor, [phyllis.l.taylor.civ@mail.mil](mailto:phyllis.l.taylor.civ@mail.mil) or 767-0443.

### Low Country Adventure water trips held

Take a kayak trip on a Georgia waterway Saturday, July 28. Trip starts at 7:30 a.m. at the Low Country Adventure Center, building 8325 (in the Holbrook Recreation area). Return about 2 p.m. Kayaks provided at a cost of \$25 per person. No personal kayaks allowed. Bring snack, drinks and insect repellent. Register by Tuesday, July 24 at the Low Country Adventure Center 435-8205.

