



**MORE SAVINGS**  
EXCLUSIVELY FOR YOU

**\$4<sup>15</sup> /LB**  
**80% LEAN GROUND BEEF**

U.S.  
INCLUDING HI AK & PR



**\$2<sup>98</sup> /LB**  
**PORK LOIN BONELESS CHOPS FAMILY PACK**



**BIG MEAL**  
LITTLE PRICE CONUS ONLY

**BACKYARD LEGENDS GRILLING BURGERS & FRANKS**



**4 DAYS ONLY!**  
From June 5 - 8



**\$8<sup>99</sup>**

**Tyson Wing Sections**  
64 oz  
CONUS ONLY

**\$9<sup>99</sup> Alaska & Hawaii**

**Energy Drink Sale**

**2 \$12**  
FOR

**In-Store Coupon Available for Additional Savings**



CONUS, Including Alaska & Hawaii

DEFENSE COMMISSARY AGENCY • U.S. REGION SALES FLYER • DISPLAY PERIOD 12 • JUNE 2 - JUNE 15, 2025

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COMMISSARY  
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CLICK2GO APP







# PRODUCE SPECIALS.

Fresh Choices. *Better SAVINGS!*

## YELLOW SQUASH

FROM  
**\$1<sup>19</sup>**  
/LB

CLICK HERE TO SEE  
LOCAL PRICING



## ZUCCHINI

FROM  
**99¢**  
/LB

CLICK HERE TO SEE  
LOCAL PRICING



# YOUR EVERYDAY SAVINGS.

We lower grocery prices on the items you use most.

LOOK FOR THE  
**YES!**  
LABEL

**YES!**

Your  
Everyday Savings

**42¢**

**YOPLAIT**  
Light Yogurt  
6 oz  
Select Varieties



**\$2<sup>04</sup>**

**JIF**  
Creamy or Crunchy  
Peanut Butter  
Spread  
16 oz  
Select Varieties



**\$3<sup>28</sup>**

**BALL PARK**  
Beef & Bun Size  
Franks  
15 oz



**\$1<sup>58</sup>**

**LUNCHABLES**  
Lunch Combination  
2.25-4.2 oz  
Select Varieties



**87¢**

**STARKIST**  
Chunk Light Tuna in  
Water or Vegetable  
Oil  
5 oz



**\$22<sup>89</sup>**

**BOUNTY**  
Triple Rolls Paper  
Towels  
10 ct



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# GRILLING FAVORITES

Global Summer, Local Flavor.

Smart. Simple. Affordable.



**\$3<sup>43</sup>**

**FREEDOM'S CHOICE**  
Chicken Drumsticks  
3 lbs



FROM  
**\$2<sup>06</sup>**

**BALL PARK**  
Meat or Turkey Franks  
14-15 oz  
Select Varieties



**\$2<sup>20</sup>**

**ECKRICH**  
Smoked Jalapeno and Cheddar Sausage  
14 oz



**\$5<sup>99</sup>**

**FREEDOM'S CHOICE**  
Cooked Shrimp Salad or Large Tail-Off Cooked Shrimp  
61-350 ct



FROM  
**\$7<sup>26</sup>**

**FREEDOM'S CHOICE**  
Extra Jumbo or Jumbo Raw Shrimp  
31-40 ct



**\$2<sup>69</sup>**

**FREEDOM'S CHOICE**  
Freedom's Choice Gluten-free Tomato Ketchup  
38 oz



**\$1<sup>45</sup>**

**FREEDOM'S CHOICE**  
Yellow Mustard  
20 oz



FROM  
**\$1<sup>09</sup>**

**FREEDOM'S CHOICE**  
Freedom's Choice Regular or Mini Marshmallows  
10 oz



**\$4<sup>36</sup>**

**BOUNTY**  
White Quilted Napkins  
400 ct



**\$22<sup>89</sup>**

**BOUNTY**  
Triple Rolls Paper Towels  
10 ct



**\$3<sup>99</sup>**

**HOMEBASE**  
White Economy Napkins Paper  
500 ct



**\$14<sup>12</sup>**

**HOMEBASE**  
Two-Ply Ultra Huge Rolls Strong & Absorbent Paper Towels  
6 ct

Choose from 9  
**MARINATED MEATS**

NOW AVAILABLE IN YOUR STORE

**FREEDOM'S CHOICE**

**GRILL TIME**



**MORE SAVINGS**  
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# PANTRY PICKS. Deals worth stocking up for.



**\$1<sup>04</sup>**

**STARKIST**

Chicken Creations  
Bold Buffalo Style  
Chicken or Chicken  
Salad  
2.6 oz



**82¢**

**STARKIST**

Tuna Creations  
2.6-3 oz  
Select Varieties



**82¢**

**STARKIST**

Smart Bowls with  
Tuna  
4.5 oz  
Select Varieties



**\$1<sup>45</sup>**

**FREEDOM'S  
CHOICE**

Dijon Mustard  
12 oz



**\$1<sup>78</sup>**

**FREEDOM'S  
CHOICE**

Mild or Medium  
Picante Sauce  
16 oz.



**\$1<sup>89</sup>**

**FREEDOM'S  
CHOICE**

Thick and Chunky  
Mild or Medium  
Salsa  
16 oz.



**\$1<sup>60</sup>**

**FREEDOM'S  
CHOICE**

Pasta Sauce  
24 oz  
Select Varieties



**\$3<sup>91</sup>**

**VICTORIA**

Marinara or Vodka  
Premium Sauce  
24-25 oz  
Select Varieties



**\$3<sup>49</sup>**

**FREEDOM'S  
CHOICE**

Grated Parmesan or  
Romano Parmesan  
Cheese  
8 oz



**\$7<sup>28</sup>**

**AUNT SUE'S**

Raw and Unfiltered  
Wildflower Honey  
32 oz



**FROM  
\$4<sup>18</sup>**

**SUE BEE**

Infusions Hot Honey  
or Lemon Naturally  
Flavored Honey  
12-16 oz



**FROM  
\$2<sup>42</sup>**

**SMUCKER'S**

Natural Fruit Spread  
17.25-25 oz  
Select Varieties



**\$2<sup>44</sup>**

**JIF**

Chocolate Peanut  
Butter  
15 oz



**2/\$2<sup>00</sup>**

**ANNIES**

Organic Macaroni  
and Cheese  
6-7 oz  
Select Varieties



**2/\$2<sup>00</sup>**

**FREEDOM'S  
CHOICE**

Pasta  
16 oz  
Select Varieties



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# CHEW, CRUNCH & SAVOR. Anytime favorites.



**\$2<sup>57</sup>**

**NABISCO**  
Ritz Original Crackers  
or Fresh Stacks  
11.8-13.7 oz  
Select Varieties



**\$2<sup>77</sup>**

**NABISCO**  
Ritz Bits Cheese  
or Peanut Butter  
Crackers  
8.8 oz



FROM  
**\$3<sup>70</sup>**

**NABISCO**  
Family Size Ritz  
Crackers  
190.3-23.75 oz  
Select Varieties



**\$1<sup>75</sup>**

**SUNSHINE**  
Sunshine Cheez It  
Original or White  
Cheddar Baked  
Snack Crackers  
7 oz



**\$1<sup>93</sup>**

**MILTON'S CRAFT  
BAKERS**  
Non-GMO Original  
Multi-Grain Baked  
Crackers  
8.4 oz



**\$1<sup>93</sup>**

**MILTON'S CRAFT  
BAKERS**  
Gluten-free Non-  
GMO Crispy Sea Salt  
or Everything Baked  
Crackers  
4.5 oz



**\$5<sup>43</sup>**

**NABISCO**  
Cheese or Peanut  
Butter Flavored  
Filling Ritz Sandwich  
Crackers  
20 ct



**\$3<sup>89</sup>**

**FREEDOM'S  
CHOICE**  
Beef Jerky  
2.85 oz  
Select Varieties



**\$4<sup>85</sup>**

**FREEDOM'S  
CHOICE**  
Microwave Popcorn  
12 ct  
Select Varieties



**\$2<sup>25</sup>**

**PRINGLES**  
Mega Stack Potato  
Crisps  
7.1 oz  
Select Varieties



**\$4<sup>15</sup>**

**KRAFT**  
Easy Cheese  
Cheddar Pasteurized  
Spray Cheese Snack  
8 oz



FROM  
**\$2<sup>99</sup>**

**NABISCO**  
Original, Soft Bakes  
or Chocolate Thins  
Sandwich Oreo  
Cookies  
9.21-18.71 oz



FROM  
**\$4<sup>04</sup>**

**CHIPSAHOY**  
Party Size Cookies  
24.75-26 oz  
Select Varieties



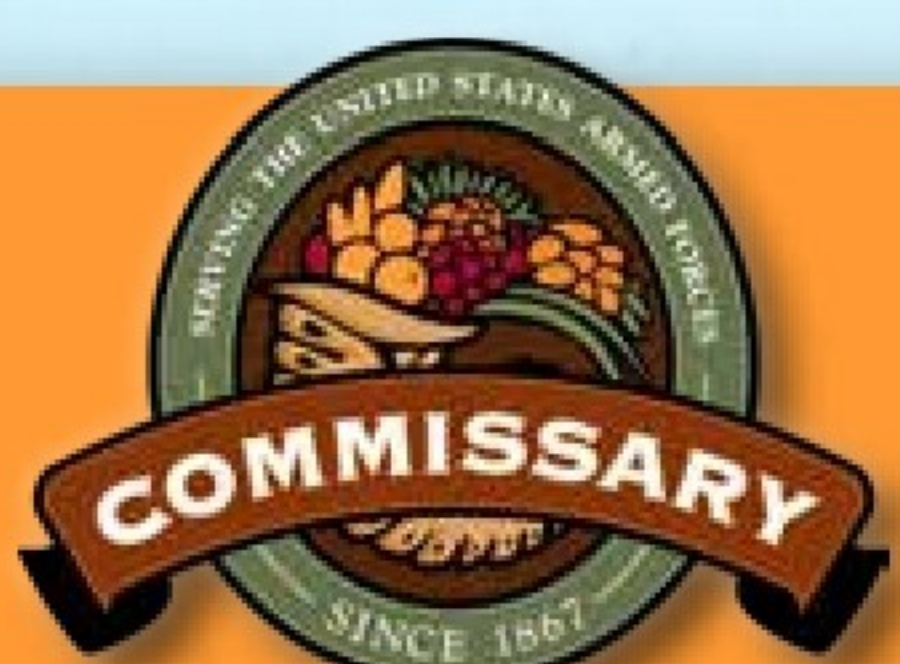
**\$9<sup>86</sup>**

**NABISCO**  
Handi-Snacks Ritz  
Crackers 'N Cheesy  
or Oreo Dip  
20 ct



**\$3<sup>11</sup>**

**NABISCO**  
Fudge Covered  
Nutter Butter or Oreo  
Sandwich Cookies  
7.9 oz



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**\$2<sup>84</sup>**

**FREEDOM'S CHOICE**  
Honey Graham Crackers  
14.4 oz



**\$3<sup>53</sup>**

**NABISCO**  
Grahams Crackers  
12.2-4.4 oz  
Select Varieties



**\$1<sup>53</sup>**

**NABISCO**  
Barnum's Animals Crackers 2.125 oz



**\$1<sup>71</sup>**

**HOSTESS**  
Donettes Donuts  
9.5-11.25 oz  
Select Varieties



**\$1<sup>99</sup>**

**WRIGLEY'S**  
Wrigley's Fruit  
Sugar Free Original  
Fruity Chews Gums  
40 ct



**\$2<sup>19</sup>**

**WRIGLEY'S**  
Orbit or Extra  
Refreshers  
Sugar free Gum  
40 ct  
Select Varieties

**PATHWAY to SAVINGS**

# BREAKFAST TIME. Quick and Easy.



**\$2<sup>94</sup>**

**CASCADIAN FARM**  
Organic Non-GMO  
Cereal  
9.2-14.4 oz  
Select Varieties



**FROM 83¢**  
**GENERAL MILLS**  
Cereal  
10.4-11.7 oz  
Select Varieties



**\$3<sup>50</sup>**  
**KELLOGG'S**  
Cereal  
10-15.8 oz  
Select Varieties



**\$2<sup>33</sup>**

**CASCADIAN FARM**  
Fruit and Nut or Oats  
and Honey Granola  
11 oz



**FROM \$1<sup>09</sup>**  
**PILLSBURY**  
Original Icing  
Cinnamon or Orange  
Rolls  
5-8 ct



**\$2<sup>21</sup>**  
**PILLSBURY**  
Original Crescent  
Dough Sheet  
8 oz

**PATHWAY to SAVINGS**



**FROM \$3<sup>27</sup>**  
**NESTLE**  
Carnation Breakfast  
Essentials Powder  
Drink Mix 8-10 ct  
Select Varieties



**\$4<sup>04</sup>**  
**NESTLE**  
Carnation Breakfast  
Essentials Rich Milk  
Chocolate Nutritional  
Powder Drink Mix  
17.7 oz



**FROM \$4<sup>57</sup>**  
**NESTLE**  
Carnation  
Breakfast  
Essentials  
Nutritional Drink  
8-22 ct



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**\$1<sup>72</sup>**

**CAMPBELL'S**  
V8 Splash Blend  
Juice  
64 oz  
Select Varieties



**\$2<sup>49</sup>**

**FREEDOM'S  
CHOICE**  
Apple Juice  
Concentrate  
64 oz



**\$3<sup>98</sup>**

**FREEDOM'S  
CHOICE**  
Coffee K-Cup Pods  
12 ct  
Select Varieties

**PATHWAY to  
SAVINGS**

**\$3<sup>52</sup>**

**CAFE BUSTELO**  
Espresso Ground  
Coffee  
10 oz



FROM  
**\$4<sup>26</sup>**

**CAFE BUSTELO**  
Espresso or Cafe con  
Leche K-Cup Pods  
10 ct



**\$4<sup>93</sup>**

**DUNKIN'**  
Keurig Coffee K-Cup  
Pods  
0.37 oz pod 10 ct  
Select Varieties



**\$4<sup>66</sup>**

**DUNKIN'**  
Ground Coffee  
11-12 oz  
Select Varieties



**\$4<sup>12</sup>**

**FOLGERS**  
Coffee K-Cups  
10 ct  
Select Varieties



**\$3<sup>98</sup>**

**FREEDOM'S  
CHOICE**  
French Roast Coffee  
K-Cup



# DILLY GRILLED CHICKEN TENDERS WITH TATERS & BEANS



**\$4<sup>84</sup>**

**MARIO**  
Organic Extra Virgin  
Olive Oil  
17 oz



**\$2<sup>70</sup>**

**VLASIC**  
Stackers Kosher Dill  
Pickles  
16 oz



**\$6<sup>78</sup>**

**STONYFIELD**  
Organic Non-GMO  
Nonfat Plain Greek  
Yogurt  
32 oz



**\$2<sup>37</sup>**

**FREEDOM'S  
CHOICE**  
Cut Green Beans  
28 oz



**\$3<sup>88</sup>**

**KRAFT**  
Natural Cheese  
Parmesan Finely  
Shredded Cheese  
6 oz



**\$6<sup>43</sup>**

**SKILCRAFT**  
Dish Towels Black  
2 ct



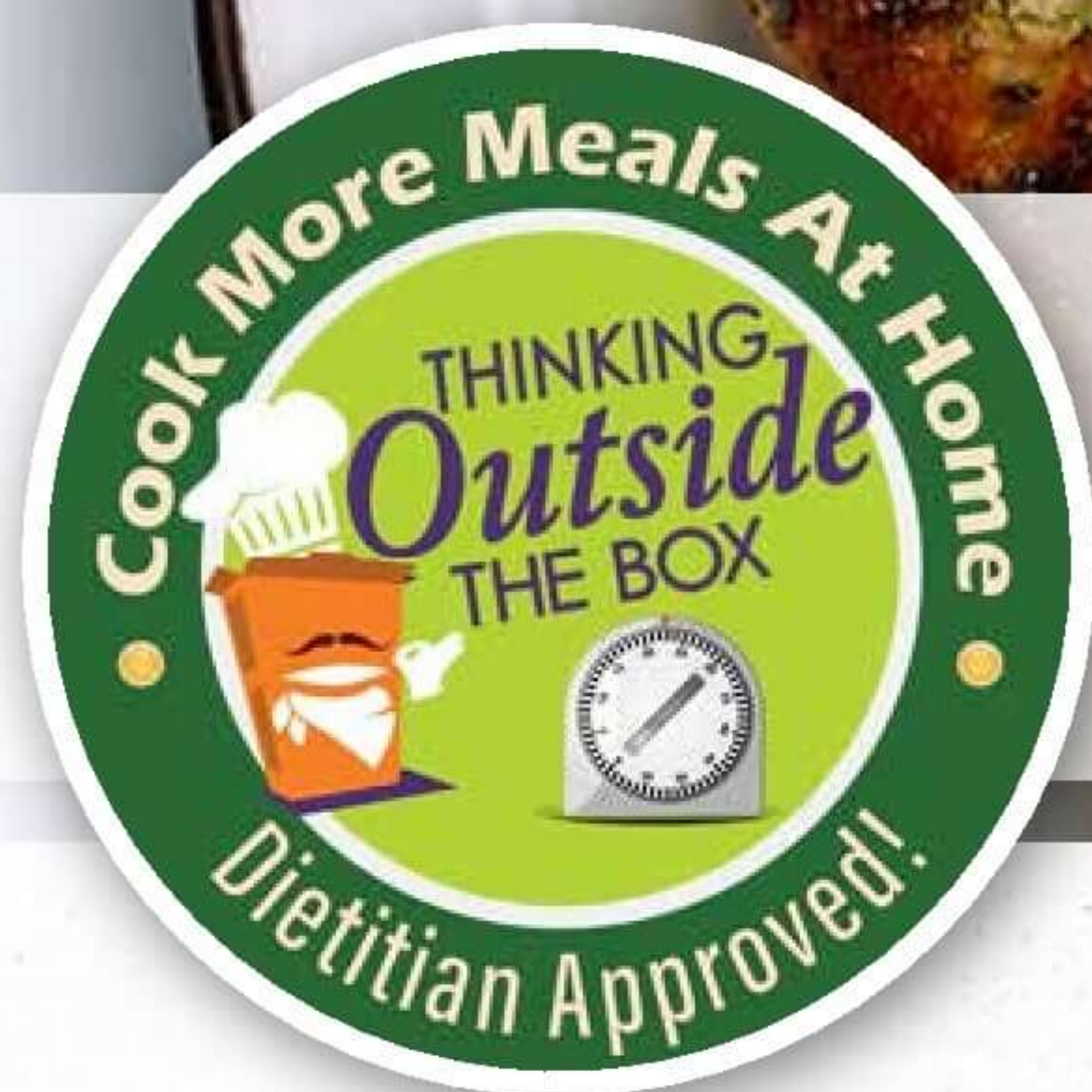
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# DILLY GRILLED CHICKEN TENDERS WITH TATERS AND BEANS

## MACROS | SERVING SIZE

Protein 36g | Fat 13g | Carbs 50g

## % CALORIES OF MACROS | SERVING SIZE

Calories 447 | Protein 17% | Fat 25% | Carbs 44%

## NUTRIENTS | SERVING SIZE

Fiber 6g | Sodium 623mg | Sat. Fat 3g

## INGREDIENTS (serves 4)

### Grilled Dilly Chicken Tenders

1 lb. boneless, skinless chicken breasts or thighs  
½ cup nonfat Greek yogurt  
1 dill pickle spear, minced  
2 tbsp. dill pickle juice  
1 tbsp. hot sauce  
½ tsp. garlic powder  
½ tsp. onion powder  
½ tsp. dried dill (or 2 tsp. fresh dill)  
¼ cup grated Parmesan cheese

### Air Fried Taters

4 medium russet potatoes, cubed  
1 tbsp. olive oil  
¼ tsp. salt  
1 tbsp. nutritional yeast (optional)

### Steamed Green Beans

1 lb. green beans (fresh or frozen)  
1 tbsp. low-sodium soy sauce  
¼ tsp. garlic powder  
2 tsp. sesame oil (optional)

## DIRECTIONS

1. Pound the chicken to ½ inch thick and slice into 1-inch strips. Mix all chicken marinade ingredients in a bowl, add chicken, and toss to coat. Marinate for 30 minutes to 2 hours in the refrigerator.
2. Soak cubed potatoes in cold water for 10 minutes, then pat dry. For easy clean-up, line the air fryer with foil. Preheat the air fryer to 400°F. Toss potatoes with olive oil, salt, and nutritional yeast. Arrange in a single layer and air fry for 15-20 minutes, shaking every 5 minutes.
3. Preheat the grill to medium-high (400°F). Grill chicken strips for 5-7 minutes per side. To avoid over cooking remove the chicken from the grill when the temperature reaches 160°F (the residual heat will raise the temperature to 165°F). Let rest for 5 minutes before slicing.
4. For the green beans, combine all ingredients in a microwave-safe dish with 2 tablespoons of water. Cover and microwave for 8 minutes.
5. Serve each plate with a quarter of the chicken, potatoes, and green beans.

## NOTES

Take advantage of starting up the grill and double the batch of chicken. Use the extra chicken for wraps or salads later in the week.

## DIETITIAN TIP

Whether you are an athlete or someone who stays active, balanced protein choices fuel a stronger, healthier body. Utilize a variety of food sources to ensure you're getting enough protein along with necessary fiber, vitamins, and minerals.

## NUTRITION EDUCATION

Protein isn't found only in animal products; vegetables and grains also provide some protein. Animal-based proteins are considered complete proteins because they contain all the essential amino acids. In contrast, most plant-based proteins lack one or more essential amino acids and are thus not complete proteins. However, just because a plant-based protein may not provide all the amino acids doesn't mean it's not beneficial for protein metabolism. By eating a variety of foods and combining them strategically, you can ensure that any limiting amino acids from one plant-based source are complemented by other foods resulting in complete proteins.

To effectively meet your protein needs in an economical and easy manner, consider these tips:

1. Diversify Your Sources: Mix animal and plant-based proteins (for example, chicken with green beans and cheese).
2. Time It Right: Aim for 20-40 grams of protein after your workout. If you work out before dinner, the protein from your meal will contribute to your recovery.
3. Portion Awareness: For reference, 3 ounces of cooked chicken (approximately the size of a deck of cards) provides about 26 grams of protein, while ½ cup of legumes (about the size of a tennis ball) offers about 8 grams.



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# BUILD YOUR BASKET WITH US

## WE DID THE WORK FOR YOU

The Dietitian Approved Thumb (DAT)<sup>®</sup> makes it easy to identify foods that are nutrient dense from lean proteins, healthy fats, whole grains and more. Use DAT to build a shopping cart with nutritious foods and build a healthy eating pattern supporting readiness and resilience.

Learn more at:

[corp.commissaries.com/healthy-living](http://corp.commissaries.com/healthy-living)



**\$1<sup>58</sup>**

**FREEDOM'S CHOICE**  
California Blend  
Mixed Vegetables  
16 oz



**\$1<sup>94</sup>**

**FREEDOM'S CHOICE**  
Vegetable Mix  
Pepper Strips  
14 oz



**\$1<sup>69</sup>**

**FREEDOM'S CHOICE**  
Fresh Frozen  
Broccoli Florets  
16 oz



**\$2<sup>37</sup>**

**FREEDOM'S CHOICE**  
Fresh Frozen Cut  
Corn or Mixed  
Vegetables  
28 oz



**\$2<sup>69</sup>**

**FREEDOM'S CHOICE**  
Fresh Frozen Sweet  
Green Peas or  
Broccoli Cuts  
28-32 oz



**\$5<sup>99</sup>**

**FULL CIRCLE MARKET**  
Organic Broccoli  
Florets  
10 oz 3 ct



**PATHWAY to SAVINGS**

**82¢**  
**STARKIST**

Chunk Light Tuna  
Packets  
2.6 oz  
Select Varieties



**\$1<sup>14</sup>**

**GENERAL MILLS**  
Ratio Protein  
Strawberry Dairy  
Snack  
5.3 oz



**\$5<sup>99</sup>**

**FREEDOM'S CHOICE**  
Single Serve  
Smoothie  
4 ct  
Select Varieties



**\$4<sup>02</sup>**

**FREEDOM'S CHOICE**  
Freedom's Choice  
Juice Grape 64 oz



**\$1<sup>97</sup>**

**FREEDOM'S CHOICE**  
Restaurant Style Mild  
Salsa  
16 oz.

★ ★ ★ ★ JUNE 14 ★ ★ ★ ★  
**DOUBLE POINTS!**  
**AT THE COMMISSARY**

IN CELEBRATION OF THE **U.S. ARMY BIRTHDAY**

**4 POINTS**  
PER \$1  
SPENT\*

ON ANY **MILITARY STAR<sup>®</sup>**  
PURCHASE AT THE  
COMMISSARY (In-Store Only)

WE ARE HONORED TO SERVE YOU



**SAVE 10% ON FIRST DAY'S PURCHASES**  
**WHEN YOU OPEN A NEW ACCOUNT\*\***

\* **VALID JUNE 14, 2025**, in-store only, anywhere **MILITARY STAR** is accepted as tender of payment. Double points will be awarded on or about the 30th of the following month after the final purchase. Excludes military clothing line of credit. Certain restrictions and limitations may apply.  
\*\* Upon account approval, new **MILITARY STAR** accounts will receive a 10% discount for purchases the first day. The 10% discount will be applied as a credit on the customer's first monthly billing statement. Certain restrictions and limitations apply.

**APPLY NOW**



VISIT [MYECP.COM](http://MYECP.COM) FOR MORE DETAILS



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# DINNER DASH.

Convenient meals for the busy nights.

**\$2<sup>21</sup>**



**PILLSBURY**  
Corn Dog Dough  
Wraps or Crescents  
Original or Butter  
Rolls  
8 oz

**\$4<sup>50</sup>**



**FRESCHETTA**  
Naturally Rising  
Pizza  
16.11-27.51 oz  
Select Varieties

**\$5<sup>63</sup>**



**SURFER BOY**  
Pepperoni or  
Multi-Meat and  
Mozzarella Cheese  
Pizza  
23-25 oz

**\$6<sup>99</sup>**



**URBAN PIE**  
Thin Artisan  
Crust Pesto Fresh  
Mozzarella Pizza  
16.9 oz

**\$1<sup>48</sup>**



**FREEDOM'S  
CHOICE**  
Whole Green Beans  
16 oz

FROM  
**\$2<sup>42</sup>**



**SMITHFIELD**  
Prime Fresh  
Delicatessen Deli  
Slices  
8 oz

# DAIRY STRONG.

Just for you.

**\$1<sup>58</sup>**



**LUNCHABLES**  
Lunch Combinations  
3.5-4.4 oz  
Select Varieties

**\$2<sup>05</sup>**



**CRACKER  
BARREL**  
Block Cheese  
7-8 oz  
Select Varieties

**\$4<sup>57</sup>**



**KRAFT**  
Shredded Cheese  
Mix  
16 oz

**PATHWAY to  
SAVINGS**

**\$4<sup>44</sup>**



**KRAFT**  
Natural Cheese Block  
16 oz  
Select Varieties

FROM  
**\$3<sup>09</sup>**



**VIOLIFE**  
Cheese Substitute  
Vegan Smoked  
Provolone Slice  
7.05 oz

**\$3<sup>69</sup>**



**VIOLIFE**  
Shredded Vegan  
Cheese  
8 oz

**\$3<sup>79</sup>**



**VIOLIFE**  
Cheese Substitute  
Cream Original  
7.05 oz

**\$3<sup>32</sup>**



**YOPLAIT**  
Original Low Fat  
Yogurt  
8 ct  
Select Varieties

**\$3<sup>32</sup>**



**YOPLAIT**  
Go-Gurt Kids  
Low-Fat Yogurt  
20 ct  
Select Varieties



**MORE  
SAVINGS**  
EXCLUSIVELY FOR YOU

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**\$1<sup>03</sup>**

**HAAGEN-DAZS**  
Yogurt  
4 oz  
Select Varieties



**\$1<sup>11</sup>**

**RATIO**  
Keto Friendly Vanilla  
or Coconut Yogurt  
5.3 oz



**\$3<sup>15</sup>**

**GIOVANNI RANA**  
Alfredo Pasta Sauce  
11 oz



**PATHWAY to SAVINGS**

**\$5<sup>49</sup>**

**GIOVANNI RANA**  
Family Size Five  
Cheese or Chicken  
Mozzarella Tortellini  
20 oz



# SWEET AND PLEASING. A touch of sweetness to your tastebuds.



**\$2<sup>62</sup>**

**PILLSBURY**  
Big Deluxe Cookie  
Dough  
12 ct  
Select Varieties



FROM  
**\$2<sup>27</sup>**

**SMUCKERS**  
Uncrustables Peanut  
Butter & Fruit Spread  
Sandwiches  
4 ct  
Select Varieties



**\$3<sup>67</sup>**

**FUDGSICLE**  
No Sugar Added The  
Original Fudge Pops  
18 ct 29.7 oz



**\$3<sup>04</sup>**

**GOODHUMOR**  
Good Humor  
Strawberry  
Shortcake Dessert  
Bars  
6 ct



**\$3<sup>67</sup>**

**KIND**  
Kind Dark Chocolate  
Almond Sea Salt  
Frozen Bars 1.6 oz  
5 ct



**\$2<sup>98</sup>**

**MAGNUM**  
Double Caramel or  
Raspberry Ice Cream  
Bars  
3 ct



**\$3<sup>40</sup>**

**TALENTI**  
Gelato  
16 oz  
Select Varieties



**\$3<sup>67</sup>**

**POPSICLE**  
Ice Pops  
6-18 ct  
Select Varieties



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# ALWAYS BEAUTIFUL. Value with every purchase.



FROM  
**\$4<sup>18</sup>**

**AUSSIE**  
Total Miracle 7 in 1  
Apricot & Australian  
Macadamia Oil  
Shampoo or  
Conditioner  
26.2 oz



**\$4<sup>62</sup>**

**HERBAL  
ESSENCES**  
Rose Hips Smooth  
Shampoo or  
Conditioner  
13.5 oz



FROM  
**\$5<sup>65</sup>**

**PANTENE**  
Pro-V Daily Moisture  
Renewal Shampoo or  
Conditioner  
25.1-27.7 oz



FROM  
**\$6<sup>06</sup>**

**SHEA MOISTURE**  
Shampoo or  
Conditioner  
13 oz  
Select Varieties



**\$7<sup>79</sup>**

**SHEA MOISTURE**  
Coconut & Hibiscus  
Curl Enhancing  
Smoothie Hair  
Masque  
12 oz



**\$4<sup>52</sup>**

**OLAY**  
Brightening  
Exfoliating Cleanser  
5 oz



**\$16<sup>39</sup>**

**OLAY**  
Vitamin C + Peptide  
24 Moisturizer 2X  
Brighter Skin or Anti-  
Aging Serum  
1.3-1.7 oz



FROM  
**\$17<sup>16</sup>**

**OLAY**  
Regenerist Retinol24  
Fragrance-Free  
or Max Night Face  
Moisturizer  
1.7 oz



**\$5<sup>44</sup>**

**AXE**  
Messy Look Hair  
Styling Flexible Paste  
2.64 oz



**\$3<sup>94</sup>**

**AXE**  
Clean and Strong  
Apollo 2 in 1  
Shampoo and  
Conditioner 16 oz



**PATHWAY to  
SAVINGS**

FROM  
**\$5<sup>07</sup>**

**HEAD AND  
SHOULDERS**  
2 in 1 Shampoo +  
Conditioner  
20.7 oz  
Select Varieties



FROM  
**\$4<sup>66</sup>**

**OLDSPICE**  
Swagger 2 in  
1 Shampoo &  
Conditioner or  
Cedarwood Body  
Wash  
21.9-24 oz



**PATHWAY to  
SAVINGS**

**\$3<sup>40</sup>**

**IRISH SPRING**  
Body Wash Orig 3 or  
5 in 1 Body Wash +  
Shampoo  
20 oz



**\$5<sup>83</sup>**

**OLAY**  
Cleansing &  
Nourishing Body  
Wash with Vitamin  
B3 and Hyaluronic  
Acid  
20 oz



**\$1<sup>88</sup>**

**SOFTSOAP**  
Hand Soap  
11.25 oz  
Select Varieties



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SAVINGS**  
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**\$3<sup>74</sup>**

**AXE**

Clean and Fresh  
Apollo Body Wash  
16 oz



**\$3<sup>94</sup>**

**DOVE**

Men + Care Clean  
Comfort Body and  
Face Wash  
18 oz



**\$3<sup>18</sup>**

**SOFTSOAP**

Body Wash  
20 oz  
Select Varieties



FROM  
**\$5<sup>22</sup>**

**JERGENS**

Skin Moisturizer  
21-32 oz  
Select Varieties



**\$3<sup>41</sup>**

**BAN**

Antiperspirant  
Deodorant roll-on  
3.5 oz  
Select Varieties



**\$5<sup>73</sup>**

**BAN**

Aha Citrus & Jasmine  
Pits Roll-On Serum  
Deodorant  
2.3 oz



**\$2<sup>56</sup>**

**CREST**

Complete Plus Scope  
3-in-1 Whitening  
Minty Fresh  
Toothpaste Liquid  
Gel  
4.6 oz



**\$3<sup>05</sup>**

**CREST**

Plus Scope Complete  
or Outlast Complete  
Toothpaste  
5.4 oz



**\$3<sup>08</sup>**

**ORAL-B GLIDE**

Pro Health Deep  
Clean Cool or  
Comfort Plus Mint  
Floss  
43.7 yd



FROM  
**\$4<sup>85</sup>**

**CREST**

Pro-Health Clean  
Mint Multi-Protection  
or Scope Classic  
Mouthwash  
33.8 oz



**\$2<sup>11</sup>**

**GILLETTE**

Satin Care Ultra  
Sensitive Irritation  
Defense Shave Gel  
7 oz



FROM  
**\$3<sup>66</sup>**

**GILLETTE**

Venus Simply 3 or  
Tropical 3 Disposable  
Razors  
3-4 ct



FROM  
**\$4<sup>70</sup>**

**GILLETTE**

Sensor 2 or 3 Men's  
Sensitive Disposable  
Razors  
4-10 ct



FROM  
**\$9<sup>50</sup>**

**GILLETTE**

Fusion5 Men's Razor  
and Cartridges  
2-3 ct  
Select Varieties



FROM  
**\$5<sup>21</sup>**

**ALWAYS**

Ultra Daily or  
Overnight Pads  
27-108 ct



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**\$5<sup>95</sup>**

**TAMPAX**  
Pearl Tampons  
36 ct  
Select Varieties



**\$11<sup>41</sup>**

**ALWAYS**  
Discreet  
Incontinence Pads  
28-54 ct  
Select Varieties



# HEALTHY LIFESTYLE. Live Well.



**\$2<sup>77</sup>**

**ALKA-SELTZER**  
Upset Stomach Relief  
Fizzy Melts Tablets  
16 ct



**\$2<sup>99</sup>**

**ALKA-SELTZER**  
Heartburn + Gas  
Relief Cheeable  
Tablets 28 ct



**\$3<sup>82</sup>**

**ALKA-SELTZER**  
Alka-Seltzer  
Effervescent Tablets  
24-36 ct  
Select Varieties



**PATHWAY to SAVINGS**

**FROM \$5<sup>92</sup>**

**ALKA-SELTZER**  
Alka Seltzer  
Heartburn Relief  
66-110 ct



**FROM \$4<sup>85</sup>**

**IBEROGAST**  
Herbal Digestive  
Relief Soft Gels or  
Drops  
30 ct or .067-1.69 oz  
Select Varieties



**FROM \$9<sup>32</sup>**

**MIRALAX**  
Grit Free Pax  
Unflavored Mix-In  
Powder Osmotic  
Laxative or Daily  
Doses  
0.5-26.9 oz

# HEAD TO TOE.

For the dimple-cheeked cherub.



**\$4<sup>80</sup>**

**SHEA MOISTURE**  
Baby Wash &  
Shampoo  
13 oz  
Select Varieties



**\$14<sup>20</sup>**

**LUV'S**  
Platinum Big  
Diapers S3-S6  
72-100 ct  
Select Varieties



**FROM \$21<sup>38</sup>**

**PAMPERS**  
Swaddlers Diapers  
58-96 ct  
Select Varieties



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**\$4<sup>56</sup>**

**PAMPERS**  
Pampers Sensitive  
Perfume Free Baby  
Wipes 168 ct / 3 pack



**\$13<sup>90</sup>**

**PAMPERS**  
Aqua Pure Baby  
Wipes  
336 ct



# HOUSEHOLD FAVORITES. For everyday tough jobs.



**\$2<sup>79</sup>**

**OXICLEAN**  
Chlorine Free  
Versatile Stain  
Remover Spray  
21.5 oz

BUY ONE  
GET ONE  
FREE



FROM  
**85¢**

**DAWN**  
Ultra Dishwashing  
Liquid  
7.5-18 oz



**\$3<sup>78</sup>**

**DAWN**  
Ultra Apple Scent or  
Platinum Plus Lemon  
Scent Powerwash  
Dishspray  
16 oz



**\$2<sup>50</sup>**

**HOMEBASE**  
Original Ultra Dish  
Liquid  
24 oz



**\$10<sup>90</sup>**

**CASCADE**  
Platinum Scent  
Dishwasher  
Detergents  
34 ct  
Select Varieties



FROM  
**\$2<sup>05</sup>**

**FEBREZE**  
Air Freshener  
Spray  
8.8 oz  
Select Varieties



# Global summer, local flavor.

Smart. Simple. Affordable.

Deals on meat, produce and *SO* much more!



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**\$12<sup>47</sup>**

**GAIN**  
Fabric Beads  
24 oz  
Select Varieties



**\$8<sup>09</sup>**

**ARM N HAMMER**  
Fabric Scent Booster  
24 oz  
Select Varieties

BUY ONE  
GET ONE  
FREE



**\$8<sup>44</sup>**

**GAIN**  
Original or Moon-  
light Breeze Liquid  
Fabric Softener  
100 oz  
Select Varieties



**\$8<sup>44</sup>**

**GAIN**  
Flings Original  
or Odor Defense  
Laundry Detergent  
Soap Pacs  
31 ct



**\$8<sup>08</sup>**

**ARM N HAMMER**  
OXI Clean Odor 5 in  
1 Detergent Power  
Packs  
42 ct  
Select Varieties

BUY ONE  
GET ONE  
FREE



**\$8<sup>27</sup>**

**BOUNCE**  
Dryer Sheets  
240 ct  
Select Varieties



**\$2<sup>80</sup>**

**CHARMIN**  
Flushable Wipes Two  
s 40 Wipes  
80 ct



**\$4<sup>08</sup>**

**PUFFS**  
Plus Lotion or  
Ultra White Facial  
Tissues  
124 tissues per  
3 ct



**\$25<sup>58</sup>**

**CHARMIN**  
Mega XL or Super  
Mega Bath Tissue  
Ultra Soft  
18 ct



BUY ONE  
GET ONE  
FREE

FROM  
**\$5<sup>39</sup>**

**GE LIGHTING**  
LED Light Bulbs  
1-4 ct  
Select Varieties



**PATHWAY to SAVINGS**

FROM  
**\$9<sup>24</sup>**

**HOLLOWAY HOUSE**

Quick Spray Hard  
Surface Floor Mop or  
Multi Surface Spray  
Mop  
1 ct

**EARN UNLIMITED  
2% REWARDS\***

**ON ALL COMMISSARY PURCHASES**

EACH PURCHASE GETS YOU CLOSER  
TOWARD A \$20 DIGITAL REWARDS CARD



**THE ONE CARD FOR  
YOUR MILITARY LIFESTYLE.**



First-day savings\*  
for newly approved  
cardmembers



Easy and faster  
checkout with  
tap to pay



Add to mobile wallet  
for on-the-go  
convenience

\* Rewards are equal to 2 points per \$1 spent and exclude military clothing line of credit.  
† Receive a 10% discount for all purchases the first day, upon account approval. The 10% discount will apply as a credit on your first MILITARY STAR statement.

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