

# F S D G U A

## Family Advocacy Program Class Calendar



**ACS**  
Bldg. 1286  
171 Haley Ave.  
HAAF, GA 31409

**School Age Center**  
Bldg. 6054  
304 N. Perimeter Rd.  
HAAF, GA 31409

**FAP**  
Bldg. 82  
211 Lindquist Rd.  
FS, GA 31314

**Youth Center**  
Bldg. 7338  
946 Austin Rd.  
FS, GA 31314

### Fort Stewart Play Mornings

Building 7338 | 1030-1200

August 20 • August 27

### Scream Free Marriage HAAF

Building 1286 | 0900-1200

August 17 • August 18 • August 19

### Love Beyond Words

Building 1286 | 0900-1200

August 26

### STEP

Building 82 | 0900-1200 | Ages 6 to 12

August 11 • August 18 • August 25

### Understanding Infant & Child Safety

Building 82 | 1000-1230

August 19

### Side Effect of An Unhealthy Relationship

August 13 | 1000-1200 | MS Teams

August 13 | 1000-1200 | Bldg. 1286

### Stress & Anger Management

August 10 | 1000-1200 | MS Teams

August 27 | 0900-1400 | Bldg. 1286



Registration is required for all in person and virtual classes prior to start date. Please scan the QR code or call the Family Advocacy Program to register or for more information **Stewart: (571) 801-1698 | Hunter: (571) 801-7494**

# LEARN MORE ABOUT OUR CLASSES!

## Five Love Languages:

Class teaches skills to identify your love language, partners love language, and methods on how to utilize them to improve relationships. The goal of the class is to promote healthy relationships.

## Side Effects of An Unhealthy Relationship:

The class is for soldiers, family members, and civilians interested in ways to identify and manage an unhealthy relationship through gaining an understanding that unhealthy relationships affect you and everything connected to you. The intention of the class is to help individuals make better choices concerning their relationships.

## Love Beyond Words:

This class provides information that will help participants understand gender based differences that lead to why we don't "get each other" that can lead to arguing, withdrawal, fighting, and loss of relationship. Offered to individuals interested in interesting ways to identify and manage relationships.

## Infant and Child Safety:

This class educates parents and caregivers about different strategies to protect children from injuries.

## Play Mornings:

Our New Parent Support Program provides an opportunity for families with children (ages 0-3) to grow physically, mentally, socially, and emotionally while in a safe and stimulating environment.

## Scream Free Parenting:

The Scream-Free Parenting class teaches parents to focus on managing their own emotions and behavior to build healthier relationships, mutual respect, and better understanding within the family.

## Baby Boot Camp for Dads:

Join our New Parent Support Program for an interactive class for new or expectant fathers. Learn about fatherhood, practice swaddling and diaper changes, and connect with other dads.

## Stress and Anger Management:

This class provides a free resource for soldiers and families to learn about stress and anger management, develop healthy coping skills, share information, and connect with support services.

## Systematic Training for Effective Parenting (STEP):

This class is offered to Soldiers, Family Member, and Civilians that are interested in ways to understand child behavior and misbehavior and explore alternative parenting behaviors. Two classes one for ages birth to five and another for ages six to twelve.

## ARMY COMMUNITY SERVICE (ACS)

### STEWART

Primary: 571-801-1698

### HOURS

|           |                |
|-----------|----------------|
| Sunday    | Closed         |
| Monday    | 7:30am-4:30pm  |
| Tuesday   | 7:30am-4:30pm  |
| Wednesday | 7:30am-4:30pm  |
| Thursday  | 11:30am-4:30pm |
| Friday    | 7:30am-4:30pm  |
| Saturday  | Closed         |

### LOCATION

BLDG 82  
211 Lindquist Rd  
Fort Stewart GA 31314

### HUNTER

Primary: 571-801-7494

### HOURS

|           |                |
|-----------|----------------|
| Sunday    | Closed         |
| Monday    | 8:30am-4:00pm  |
| Tuesday   | 8:30am-4:00pm  |
| Wednesday | 8:30am-4:00pm  |
| Thursday  | 8:30am-4:00pm  |
| Friday    | 11:30am-4:00pm |
| Saturday  | Closed         |

### LOCATION

BLDG 1286  
171 Haley Ave  
Hunter Army Airfield GA 31409