

DEER SEASON

The Fort Rucker 2017-2018 Deer Season has begun. Archery season continues through Feb. 10. Gun season runs from Nov. 18 through Feb. 10. Antlered bucks only, with three points or better on one side for both archery and gun deer season. For more information, call 255-4305.

BUILDING CHARACTER

1st WOC hosts Girl Scouts Olympics

Story on Page C1



MONSTARS MASH

1-145th Avn. Regt. stomps 1-212th

Story on Page D1



ARMY FLIER

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OCTOBER 19, 2017

A LEARNING EXPERIENCE

Army Aviation’s pursuit of Pancho Villa full of lessons

By Nathan Pfau  
Army Flier Staff Writer

Before Army Aviators took to the skies above France in World War I to engage in harrowing dog fights, the first pilots engaged an enemy much closer to home. The 1st Aero Squadron was the first unit of its kind in the U.S. Army, consisting of eight Curtiss JN-3 Jenny aircraft and 11 pilots who received orders March 12, 1916, to join the Punitive Expedition in pursuit of Mexican revolutionary General Francisco “Pancho” Villa, which would see the first Aviation unit deployed into international territory, according to Bob Mitchell, U.S. Army Aviation Museum curator. The expedition, which occurred during the Mexican Revolution, was launched by then-President Woodrow Wilson after Villa brought his troops into U.S. territory and attacked the town of Columbus, New Mexico. The goal was to capture Villa with the aid of the 1st Aero Squadron, which was deployed as reconnaissance to locate the enemy, said Mitchell. Aviation was still in its infancy and the JN-3 aircraft were extremely underpowered, said the curator, so the operation for the

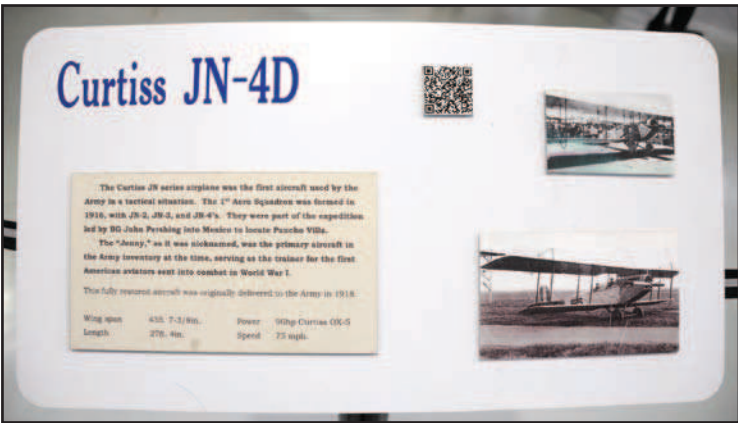
1st Aero Squadron didn’t go as planned. “The plan was that they would use the aircraft to fly forward, locate the enemy and then radio back, and the main body would come back and encircle the enemy,” said Mitchell. “But the aircraft had trouble operating in the mountainous terrain of Mexico and unimproved field conditions, and most of the aircraft crashed or were damaged.” Although the operation for the squadron wasn’t a success, it was a pivotal moment in Army Aviation as it would be the first time that U.S. Army aircraft would be operated over foreign soil in a hostile act. “They never did get Pancho Villa, but it was a very interesting period for Army Aviation because it would be the first time the U.S. Army would see the employment of the 1st Aero Squadron, the very first Aviation unit, and it was also the first time that mechanized machinery was used in warfare by the U.S.,” said the curator. “We actually went into Mexico with trucks, cars and motor transports, so that was a pretty big deal.” The expedition was also a learning experience for the Army, as officials were able to see that the JN-3 aircraft were not up to snuff



PHOTOS BY NATHAN PFAU

The Curtiss JN-4D Jenny on display in the U.S. Army Aviation Museum. It was delivered to the U.S. Army in 1918 and was the most powerful of the Jenny series of aircraft.

as a war fighter, and with World War I raging across the Atlantic, the time for the U.S. to enter the war was fast approaching. “We were not a world power at the time,” said Mitchell. “They were developing some advanced machinery (during the war) and we were discovering that our airplane was not up to the task.” The Jenny aircraft was upgraded using the OX-4 series engine for the JN-4, which dramatically improved the aircraft, but as a war



A plaque accompanying the Curtiss JN-4D Jenny on display in the U.S. Army Aviation Museum gives a brief glance into the aircraft’s rich history.

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‘NO ONE FIGHTS ALONE’

1st WOC class seeks to raise awareness of breast cancer

By Nathan Pfau  
Army Flier Staff Writer

With breast cancer being one of the leading causes of death in women, one class of the 1st Warrant Officer Company is raising awareness to take the fight head on. Warrant officer candidates of 1st WOC’s Pink Class 17-503 dedicated themselves to the fight against breast cancer as they unveiled their sign Oct. 12 in honor of Tiffany Lotz, military spouse, and others who are battling or have battled against the disease. “This is a yearly thing (the 1st WOC does) to raise awareness for the cause of breast cancer. We attempt to try and raise awareness in Fort Rucker and the surrounding areas,” said CW3 Karl Cokenour, 1st WOC training, advising and counseling officer. “Many of the candidates have people who have been affected by (this disease) ... and this is something to get people thinking about it.” The sign features a winged black panther holding a crest with the familiar pink ribbon that symbolizes the fight against breast cancer, and below the ribbon reads “No one fights alone, ma’am,” with Lotz’ name featured on the bottom. Class 17-503 is the third Pink Class to bring awareness for breast cancer and chose Lotz as their honoree, who is the spouse of



PHOTO BY NATHAN PFAU

Tiffany Lotz, military spouse who was diagnosed with breast cancer in December, along with CW4 Olga Elliot, 1st WOC commander, adds the outstanding sign streamer to the 1st WOC Pink Class 17-503 flag after unveiling its sign Oct. 12.

one of the cadre members at the Warrant Officer Career College who was diagnosed with breast cancer in December. For Lotz, the recognition is less about her, but more about awareness as a whole. “I think this is so important because I didn’t realize what awareness truly meant until I was diagnosed,” she said. “I don’t fit the age (demographic) of the disease and I don’t have a family history of it, so it’s people like me who needed to hear about this awareness because I thought I was untouchable – this is not your grand-

mother’s disease.” Lotz was able to detect the disease early through a self check, which prompted her to get herself looked at professionally, and because of the early detection, she didn’t have to undergo chemotherapy or radiation therapy. “I was under the age of annual mammograms, so had I waited until I was at the age of routine mammograms, it could have spread, which would have caused me to need more treatments,” she said. “I just want to get the awareness out there that it’s real,

SEE 1ST WOC, PAGE A7

FAA honors ACLC worker for impact on Aviation

By Nathan Pfau  
Army Flier Staff Writer

Not many can say they have a career that spans half a century, but one man is getting the recognition he deserves for more than 50 years of dedication to Aviation. Larry Riggs, Aviation Center Logistics Command Federal Aviation Administration branch chief, was awarded the Charles Taylor Master Mechanic Award for his years of service and impact in Aviation, a feat that not many are able to achieve. “I guess if you live long enough you can get it,” Riggs joked. “I like Aviation and I like mechanical stuff, and I get satisfaction knowing that I’m making a difference.” According to the FAA website, in order to be eligible for the prestigious award, one must hold a U.S. Civilian Aviation Authority or FAA mechanic or repairman certificate, have 50 or more years of civil and military experience worked consecutively, and not have had any airman certificates revoked. For Riggs, that journey began half a century ago when he entered the Air Force in 1966 as an airplane structural mechanic. Since then, his career has taken him all over the U.S. in a number of different jobs – from a mechanic, to a bush pilot in Alaska, to working on special operations for the Department of Defense, including counter-narcotics programs for the Drug Enforcement Administration during the height of infamous drug lord Pablo Escobar’s grip on the drug trade in the mid to late 1980s. He’s flown over 4,000 hours in 40 different fixed-wing aircraft throughout his career, both commercially and in the military, for the Army, Navy, Air Force and Marines

in a variety of programs, he said. Throughout his years, Riggs has seen the advent of technologies from their inception to their becoming commonplace – like global positioning systems – which he admits is an interesting phenomenon to experience. “I worked on the first GPS programs and now everybody’s got a GPS system,” he said. “We did all the strange programs that were part of a lot of leading-edge stuff.” It’s those parts of his career that Riggs said stood out the most because when working with developmental technologies or special operations, the environment and work is constantly changing. “I like working the special ops stuff because it’s so varied and you’re always working real-world, real-time problems,” he said. “You

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PHOTO BY NATHAN PFAU

Larry Riggs



# PERSPECTIVE

## Preventing fires in the workplace

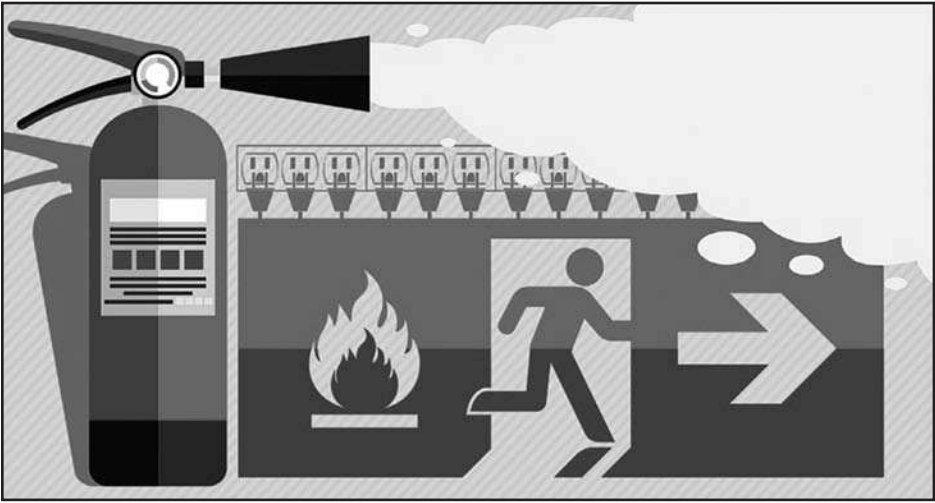
U.S. Army Combat Readiness Center  
Workplace Safety Division  
Staff Report

According to the Occupational Safety and Health Administration, workplace fires and explosions kill about 200 workers each year and injure nearly 5,000. In many of these workplace fires, inadequate fire extinguishing systems and locked fire exits contributed to the losses. To prevent those losses, it's important to take a closer look at inspections, exits, fire extinguishers and training.

**Inspections** — When inspecting workplaces, as a minimum, be sure to check for the following.

- Ensure extension cords are not being used in place of permanent wiring. If additional receptacles are needed to power appliances and equipment, have a certified electrician install them.
- Do not run power cords for appliances and equipment under carpeting. Over time, the protective insulation can be worn or frayed, resulting in bare electrical conductors arcing and starting a fire.
- Ensure flammable materials are properly stored either outside the workplace or in an approved fireproof storage cabinet.
- Permit smoking only in designated smoking areas and ensure noncombustible receptacles are available.
- Do not store combustible items near electrical appliances or equipment. Also, keep the area around this equipment clear to ensure proper ventilation and cooling.
- Check electrical appliances and equipment for the Underwriter's Laboratory (UL) label before purchasing them.

**Exits** — Ensure you check fire exits when doing workplace inspections. Consider the following as you develop your checklist.



USACRC GRAPHIC DESIGN

- Ensure your facility has a sufficient number of exits. Each workplace should have at least two separate means of escape.
- Inspect emergency lighting to ensure it properly illuminates the paths to exits.
- Check the exit routes from your building to be sure they are properly marked as exits and are free and clear of obstructions.
- Be sure to keep doors marked as fire exits unlocked at all times while employees are in the building.

**Firefighting equipment** — Fire extinguishers are an important part of your fire prevention program. When used properly, they can save lives and property by putting out small fires or controlling them until the professionals arrive. In addition, fixed systems can enhance fire safety within a facility by detecting fires, sounding an alarm and releasing a fire suppressant.

Ensure your workplace has enough fire extinguishers and they are the proper type for the fire hazards present. The types and uses of fire extinguishers are listed below.

- Type A: Use for ordinary combustibles such as paper and wood.

- Type B: Use for flammable liquids such as grease, solvents and gasoline.
- Type C: Use for electrical fires involving equipment such as fuse panels, computers and other energized equipment.
- Type D: Use for combustible metals such as magnesium, titanium and potassium.
- Type K: Use for kitchen fires involving combustible cooking liquids and fats.

Conduct monthly visual inspections of fire extinguishers for proper marking, maintenance and serviceability. During your inspection, be sure there are no obstructions blocking access to the extinguishers.

If your workplace is equipped with a fire suppression system, be sure it is inspected and properly maintained.

**Employee training** — Workers need to know how to properly use fire extinguishers and should be taught, as a minimum, the following.

- Sound the fire alarm and notify the fire department.
- Before approaching a fire, identify a safe evacuation path and ensure nothing obstructs it.
- Use the appropriate extinguisher for

the type of fire encountered.

- Discharge the extinguisher within its effective range using the PASS (Pull, Aim, Squeeze, Sweep) technique (see info box below).
- Move away from an extinguished fire just in case it flares up again.
- If the fire extinguisher has been fully discharged and the fire is not out, evacuate the workplace immediately. Be sure workers also understand they are to evacuate immediately if the fire progresses beyond their ability to control it.

For more information on preventing workplace fires, visit the Occupational Safety and Health Administration website at <http://www.OSHA.gov>.

### CAN YOU P.A.S.S. THIS TEST?

Do you know what to do if you have to fight a fire with an extinguisher? If not, familiarize yourself with the simple P.A.S.S. technique described below.

- Pull the pin. This will also break the tamper seal.
- Aim low, pointing the extinguisher's nozzle, horn or hose at the base of the fire.
- Squeeze the handle so it will release the extinguishing agent.
- Sweep from side to side at the base of the fire until the extinguisher is empty and the fire is out.

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## Rotor Wash

“The Fort Rucker Community Spouses’ Club Annual Bazaar is Friday from noon to 6 p.m. and Saturday 9 a.m. to 4 p.m. Why is it important to support organizations on post?”



W01 Vince Bray,  
B Co., 1st Bn.,  
145th Avn. Regt.

“It gives families a way to participate in the community and lets them get active in everything the military does.”



W01 Jonathan Tong,  
B Co., 1st Bn.,  
145th Avn. Regt.

“Supporting family and supporting each other is just an Army function.”



Patricia Weber,  
veteran

“I think it's good for them to give scholarships for children to go to college. A lot of parents don't save because it's hard, and it's hard to pay for all of that. College costs are going up every year, but it's great for people to try to get a better education.”



1st Lt. Matthew Sullivan,  
D Co., 1st Bn.,  
145th Avn. Regt.

“(Many organizations on post offer scholarships), so it's important to support them because it gives everybody a fair opportunity to get the education that they deserve.”



Master Sgt.  
Darrel Williams,  
1st Avn. Bde.

“I think it's important because the programs for families, especially the support for Soldiers deploying, really helps families out to be able to reach out to these organizations.”

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FORT RUCKER COMMANDING GENERAL

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If you would like to contact the Army Flier by e-mail, please contact the editor at [jhughes@armyflyer.com](mailto:jhughes@armyflyer.com).



# Army leaders reaffirm family readiness as high priority

By Devon L. Suits  
Army News Service

WASHINGTON — During this period of fiscal uncertainty, senior Army leaders remain committed to providing a high level of care and support to Soldiers and their families – making them an Army top priority.

Taking care of Soldiers and families ensures readiness, said Army Chief of Staff Gen. Mark A. Milley during a forum focused on military families. About 60 percent of today’s Army is married and, on average, has a family of four. This is a fundamentally different demographic than Soldiers serving during World War II, when only 10 percent of the Army population was married.

“That fact means that we have to elevate taking care of Soldiers and their families to a higher order in our resource prioritization to maintain readiness,” Milley said. “We want the Soldier to focus on the shoot, move, communicate, protect and sustain tasks necessary for combat readiness. That Soldier will not be able to focus and devote the time necessary to those skills if they are worried that their child doesn’t have adequate medical care or if their house has mold.”

Improvements to Army programs and infrastructure usually come at a cost. Today’s Army family is more aware of the service’s complex operating environment and resource constraints.

“Times are very difficult, and a



PHOTO BY SPC. BREEANN RAMOSCLIFTON

Sgt. Maj. of the Army Daniel Dailey addresses the Family Forum III participants at the Association of the U.S. Army Annual Meeting and Exposition Oct. 10 alongside Chief of Staff of the Army Gen. Mark Milley and Acting Secretary of the Army Ryan McCarthy.

lot of this is out of our control to get sustainable, sufficient, predictable funding over a 6- to 7-year period has been a challenge,” Ryan D. McCarthy, acting Army secretary, said. “At times, when you get these mechanisms called continued resolutions, we have a very unpredictable environment. It creates churn, complexity and affects families.”

McCarthy’s singular focus is building a budget that has the resources needed to support the force.

Soldiers believe things will get better in the future, according to Sgt. Maj. of the Army Daniel A. Dailey. “They have hopes in the civilian leaders of this great nation, as well as our military leadership,” he said, “that they will

continue to provide the necessary resources.”

Through all the cutbacks and constraints, Dailey was quick to acknowledge the outstanding resiliency of the total force.

“[Soldiers] have bonded together at installations, camps, and stations across our Army to make things happen and support our Soldiers and the warfighting mission,” he said. “We take better care of our Soldiers and their Families than any other Army in the world.”

## BREAKING THE STIGMA

During the forum, one person addressed a concern about post-traumatic stress disorder and military suicides.

Army leadership has made be-

havioral health resources readily available to all Soldiers at the unit level, Dailey said. These resources include behavioral health screenings whenever Soldiers in process or leave a duty station.

More importantly, education and support was put in place to help break the stigma attached to depression and PTSD, Dailey added.

People struggle and sometimes there are external factors that create extreme stress, Milley said.

“Scientifically we know that the brain is a mass of chemicals and tissue matter, [and] if struck with a hard blow over pressure from an explosion or firing munitions, [it] can physically impact the brain and fundamentally change its chemical make-up,”

he said, adding that stress could also alter the chemical make-up of the brain.

“No one should hold a stigma because that can happen to any one of us, at any time,” the general emphasized.

Soldiers also need to be fully empowered and ready to intervene when lives are at stake, Milley said.

“In many cases, when we have suicide across the force, someone else saw the indications but failed to do something about it,” Dailey said. “Peer intervention is the key. Sometimes someone is suffering ... and they need an intervention.”

## THEY NEED FEEDBACK

With 1.2 million people involved in the Army mission, Army senior leaders are looking to the force for more feedback.

“We are your secretary, your chief of staff, your sergeant major. We are your leaders. We’re active, and we want to solve your problems,” Milley said.

Milley requested that Soldiers email them directly, as they want to know more about the education systems, daycares and housing in, or around, a duty station. Furthermore, they would like to receive feedback about the National Guard or Reserve.

“There are a lot of layers between us and ground truth,” Milley said. The organization is so large that there are issues out there that we won’t see and we want to help solve them. Sometimes those issues can be solved.”

# TRADOC chief: Military must focus on ‘domain usership, not ownership’

By Sean Kimmons  
Army News Service

WASHINGTON — A year after rolling out the multi-domain battle concept, the Army is now onto the next phase of unifying efforts with other services to turn ideas into synchronized operations.

While services have continuously worked in joint environments, the complex battlefield of the future could force troops to be even more adaptive using a mix of air, land, maritime, cyber and space capabilities to defeat an enemy.

Gen. David Perkins, commander of the Army Training and Doctrine Command, recalled that as a young officer, he only

concentrated on land operations and left the rest of the battlespace to his counterparts.

That type of thinking must change, he said.

“We have to get away from this idea of domain ownership and focus on domain usership,” he said, speaking Oct. 11 at the Association of the U.S. Army Annual Meeting and Exhibition.

After he announced the concept at last year’s meeting, Perkins has since heard feedback saying it’s “old wine in a new bottle” or air/land battle 2.0, referring to the Army strategy established in the 1980s.

While much of the new concept is built upon former doctrine, there are distinct differences. Perkins explained that joint op-

erations in the past were not synchronized at the start, which led to stovepipe systems and redundancies.

“That was one of the challenges we had,” he said. “When it got broken down into its bits and pieces, you had all of these stovepipe solutions that now had to be resynchronized.”

Perkins hopes to eliminate that issue on this new concept by gaining input from across the military.

Since the announcement, Army and Marine Corps leaders have joined forces and earlier this year published a white paper providing an overview of what ground troops may face in 2025-2040.

As part of an expeditionary force that operates on land, air and sea, Marines naturally integrate with the other services, said Marine Lt. Gen. Robert Walsh, commander of Marine Corps Combat Development Command.

“Multi-domain battle has a ways to go,” he said. “But it’s a start point to get us after wargaming, experiments, and research and development. Then we can drive forward and get into doctrine and joint concepts.”

Perkins has teamed up with Air Force Gen. James H. Holmes, commander of Air Combat Command, to develop a battlefield framework that aligns capabilities from both services.

In order to converge solutions to shared problems, Holmes said, it will ultimately come down to Army-Air Force partnerships forged over recent years in combat zones.

“We’ve built teamwork between our junior leaders and we need to build on that and build on the trust that it will take for us to operate,” Holmes said.

Last week, Holmes saw one possible solution when he observed an exercise at Fort

Drum, New York. There, 10th Mountain Division Soldiers worked alongside Airmen to coordinate fires and de-conflict airspace during Joint Air-Ground Integration Center training.

In the future, Holmes said he would like to see a division of Soldiers train with Airmen in Blue Flag, one of the Air Force’s major warfighter exercises.

“The experiments and exercises that we’ll do with TRADOC and at other places will help us determine the way forward,” Holmes said.

U.S. Army Pacific has also linked up with the U.S. Pacific Command to create a multi-domain task force to test and execute new ideas, including ones that involve maritime assets.

Envisioned to be a brigade-sized unit, the task force is slated to have its headquarters and an ICEWS element – intelligence, cyber, electronic warfare and space – in place by the end of next year. It could then start exercises a year after that, Perkins said.

Initially, the task force may focus on anti-access/area denial capabilities, which could mean task-organizing units that have air and missile defense, fires and Aviation assets.

“I think you’re going to find this to be an agile force structure that we can modify depending on the mission,” Perkins said.

Emergence of cyber warfare is also something military leaders in the past never had to deal with on the battlefield. In future warfighting, it will be required, said Maj. Gen. Stephen G. Fogarty, the U.S. Cyber Command’s chief of staff.

The Defense Department’s information networks enable such things such as mission command, precision fires, logistics, and provide commanders with intelligence, surveillance and reconnaissance data.



ARMY PHOTO

Soldiers from the 82nd Airborne Division perform a mass jump from an Air Force C-130 aircraft at Andrews Air Force Base, Md., May 20, 2006. The Army is currently working with all services to develop and unify efforts for multi-domain strategies, which would allow military units to compete with near-peer threats.

# News Briefs

## Tell Me A Story

Command Sgt. Maj. Gregory M. Chambers, command sergeant major of the U.S. Army Aviation Branch, will read the book, “Verdi,” to children as part of the Tell Me A Story: Making Connections and Finding Support through Literature initiative Sunday at 3 p.m. in Bldg. 101. The story is geared towards children ages 4-12. Admission is free, but space is limited. To reserve a space, visit <http://tmsignin.questionpro.com>. Registration code is ENT.

For more information, send an email to [PtoPEnterprise@MilitaryChild.org](mailto:PtoPEnterprise@MilitaryChild.org).

## Retiree health fair

The 43rd annual Fort Rucker Retiree

Health Fair is scheduled for Oct. 27 from 8 a.m. to noon at Yano Hall, Bldg. 6005, Shamrock Street. Lyster Army Health Clinic, along with other outside agencies, will have tables set up along with interactive areas to educate retirees on numerous health topics, including disease management, chiropractic care, digestive health, physical therapy, nutrition and more. Retirees can also receive their 2017-2018 flu vaccination. Those unable to attend the health fair can receive their vaccination at the clinic starting Oct. 30 from 7:30 a.m. to 3:30 p.m. in the Preventive Medicine Department at LAHC.

For more information, call 255-7930.

## Retirement ceremony

Fort Rucker will host its quarterly retirement ceremony Oct. 27 at 2 p.m. in the U.S. Army Aviation Museum. All are invited to attend and honor the post’s latest retirees for their service to the nation.

## Change of responsibility

The 1st Battalion, 13th Aviation Regiment will host a change of responsibility ceremony Nov. 7 at 8:30 a.m. on Howze Field (in the U.S. Army Aviation Museum in case of inclement weather). Command Sgt. Maj. Devon M. Weber will assume responsibility from Command Sgt. Maj. George S. Webster.

## Yoga classes

Lyster Army Health Clinic offers free yoga classes Mondays, Wednesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in the Lyster Activity Center, Rm. J-100, of the clinic. Participants are encouraged to bring their own mat.

## Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six-to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from 9-11 a.m. or 1-3 p.m.

For more information, call 255-7986.



# 1st security force assistance brigade training for deployment

By Gary Sheftick  
*Army News Service*

WASHINGTON – The Army announced it had accelerated fielding of its security force assistance brigades to allow traditional brigade combat teams to focus on readiness for warfighting against near-peer threats.

“It is my assessment, and the assessment of the Secretary and the assessment of the Army staff, that we are likely to be involved in train, advise, and assist operations for many years to come,” said Chief of Staff of the Army Gen. Mark Milley during the 2017 AUSA Annual Meeting.

The Army staff determined that strategic-advisory missions are here to stay and the SFABs improve the Army’s ad-hoc solutions, which relied heavily on conventionally organized brigade combat teams for the last 15 years.

During a Warrior’s Corner presentation at the AUSA meeting, Brig. Gen. Brian Mennes, director of Force Management with the Army’s G-3/5/7, discussed the SFABs and their mission to train partner forces such as the Iraqi and Afghan armies.

“It’s a very important function,” he said.

The decision to accelerate fielding of SFABs was made this summer by Secretary of Defense Jim Mattis and Milley.

To fill the SFABs, the Army is looking for high-performance Soldiers with a “propensity to learn.” Soldiers must score at least 240 on the Army Physical Fitness Test, with 80 in each category.

Commanders and leaders will have previously commanded and led similar BCT units at the same echelon, and enlisted advisers will be the rank of sergeant and above.

“All the Soldiers are volunteers, they are highly vetted,” Milley



PHOTO BY CAPT. STEPHEN JAMES

**A Paratrooper from C Co., 1-325th Airborne Infantry Regt., 2nd BCT, 82nd Airborne Div., and Iraqi Security Forces establish a security perimeter during the aerial response force exercise at Camp Taji Military Complex, Iraq, Aug. 13. With the launch of SFABs, combat units will be able to focus more on operations, while SFABs will take on an advise and assist role to local forces.**

said. “They will approach standards similar to the Ranger Regiment.”

SFABs will field the best equipment, according to Mennes. The new units should receive the best weapons and night-observation devices, along with state-of-the-art communications equipment.

Mennes believes the SFAB units are essential for three reasons.

1. They will improve the Army’s ability to partner with other nations.
2. SFABs allow the Army to reduce, over time, the demand for combat advising from conventional brigade combat teams.

3. In a time of national emergency, SFABs will provide options for the Army to grow BCTs rapidly.

SFABs will be staffed initially with about 500-600 officers and NCOs, who will be selected based on qualifications and experience, along the lines of Special Operations.

A new school was stood up at Fort Benning, Georgia, earlier this year to train the SFAB Soldiers. The Military Advisor Training Academy offers unique instruction to the NCOs and officers, who learn about the social aspects and cultures of their partner nations, how to work with interpreters, and

“the art of negotiation.”

“SFABs are not Special Forces,” Mennes stressed, but they do receive some comparable training, including language instruction.

These new units are an excellent opportunity for young officers and NCOs to expand their experience, he said. One company commander he met couldn’t speak more highly of the experience he gained while training Iraqi troops in Mosul earlier this year.

Eventually, the Army will have five active SFABs and one in the National Guard. Initially, two will focus on the Middle East, with the additional SFABs concentrating

on the Pacific, Africa and possibly Europe.

SFABs are a permanent, additive force structure. They are being developed and deployed as a solution to an enduring Army requirement in support of the defense strategy. SFABs will deploy to combat zones and will likely sustain a higher deployment tempo than other conventional Army units.

“This is a large plank in our national defense strategy,” Mennes said.

According to Milley, “SFABs will be institutionalized into the Army and will not impact the service’s force structure.”

## SecArmy: Cross-functional teams to spearhead modernization

By David Vergun  
*Army News Service*

WASHINGTON — On Oct. 9, Acting Secretary of the Army Ryan McCarthy revealed that the Army plans to stand up a “modernization command” by summer 2018.

Two days later, he announced that the new modernization command will consist of cross-functional teams that report directly to the under secretary of the Army and the vice chief of staff of the Army.

Pilot CFTs will soon form to launch that effort, he added.

The announcements were made at the Association of the United States Army’s Annual Meeting and Exposition.

Each “scalable” CFT will be led by a director, nominated from a panel, chaired by the vice chief of staff and approved by the chief of staff, McCarthy said.

The purpose of the teams is to improve the quality and speed of delivery of new materiel and capabilities to the warfighter, he noted.

This will be accomplished through “centralized planning and decentralized execution” involving informed decisions based on research, doctrine, metrics, warfighter testing and feedback, leader involvement and a streamlined acquisition process to get “the best return on investment for Soldiers,” he said.

In order to accomplish this “vertical integration” of effort, he said the teams will consist of “subject matter experts from across the requirements, acquisition, science and technology, test and evaluation, resourcing, contracting, costing and sustainment communities.”

The CFTs will also seek input from academia and industry to inform the capabilities development process, he added.

“The end state is an empowered team, rapidly integrating and synchronizing ... to deliver new capabilities to the operating force” that are aligned to the chief’s six priorities, which are the development of improved long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities and Soldier lethality.

### MORE ABOUT MODERNIZATION COMMAND

The acting secretary emphasized that the new command will not create more

bloated bureaucracy.

“This realignment of responsibilities is not an additional layer,” he said. “Rather, it streamlines and serves ... to overcoming bureaucratic inertia and stovepiping that binds the Army’s current construct.

“We are not looking at creating a new organization that will simply compete against the others,” he continued. “We’ve done that before and it further exasperated challenges. Instead, we’re consolidating warfighter, technical, programmatic ... communities to fuse time and investment of readiness priorities outlined by the chief.”

While the details of the new command must still be fleshed out, McCarthy said the Army is closely studying its Rapid Capabilities Office, and may use it as a blueprint.

The RCO delivers breakthrough technologies to the warfighter, particularly cyber and electronic warfare systems, to Soldiers much faster than is the case with traditional programs of record.

Three parallel developments are also taking place alongside the establishment of a modernization command, he said, and these will have some bearing on that effort.

First, the Army is strengthening its talent management efforts, he said. This will include more fellowships with industry, as well as more broadening assignments for civilians and Soldiers.

Second, the Army will focus on making it easier for industry, particularly small, innovative businesses, to work with the Army.

Third, the Army will “reinvigorate” its Requirements Oversight Counsel, he said.

Finally, to protect the establishment of a modernization command, McCarthy said he has “initiated reprioritization money in the POM ... to support development of these priorities and protect resources.” The Program Objective Memorandum governs the Army’s five-year budget cycle which gets submitted to the Department of Defense.

### HUGE CHANGES

McCarthy said the modernization efforts now underway are the most significant since 1973, when U.S. Training and Doctrine Command and U.S. Army Forces Command were stood up.

The reasons for the change is that “our



ARMY PHOTO

**Soldiers assigned to the 3d U.S. Infantry Regiment “he Old Guard,” perform during the opening ceremony of the Association of the United States Army 2017 annual meeting and exposition on Oct. 9 at the Walter E. Washington Convention Center in Washington, D.C.**

current ways of thinking, executing and organizing limit our capability to keep pace with change with respect to modernization and acquisition.”

Adversaries are snipping away at the Army’s overmatch advantage, he continued.

Russia in particular is investing in cyber, anti-ship, long-range fires, robotics,

unmanned aerial systems and air and missile defense, and they’re exporting those technologies across the globe, he said.

“To use a sports analogy, Russia and China are training as a boxer and we continue to train as a wrestler. They focus on throwing punches from long distances to prevent us from getting close enough to [use] our strengths.”

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# ARMY WOMEN'S FOUNDATION:

## *Female Soldiers breaking ground, but more needed*

By Joe Lacdan  
Army News Service

WASHINGTON — Staff Sgt. Elizabeth Marks' eyes welled up as she talked about the role joining the Army has played in her life during an Army Women's Foundation Panel.

"I was raised by the Army," said Marks, a Paralympic swimmer who won an individual gold and relay bronze medal at the 2016 Paralympic games and four golds at the 2016 Invictus games. "I came from an abusive home. I didn't have a foundation. I didn't know who I was or what I wanted to be."

As a teenager growing up in Prescott Valley, Arizona, Marks was labeled an at-risk youth. She joined an educational program sponsored by the Army called the Arizona Project Challenge, a military-based program that helped mentor at-risk youth and provide structure in their lives. The staff sergeant from Fort Carson, Colorado, spoke at the U.S. Army Annual Meeting and Exposition Oct. 9.

The Army has afforded women like Marks opportunities that span a wide variety of career fields, but more women could be taking advantage of the opportunities, said keynote speaker retired Maj. Gen. Mari K. Eder. Women account for just 15 percent of enlisted Soldiers and 17 percent of the Army's officers.

Female Soldiers, however, continue to break new ground. Lt. Gen. Thomas Seamands, the Army's chief of personnel, said Oct. 11 that more women will be assigned to more posts in the armor and combat career fields. Currently, about 550 female Soldiers who have completed training await assignments. The announcement follows previous milestones, including the first female Soldiers graduated from Ranger School in 2016. The first three female graduates finished combat engineer training at Fort Leonard Wood, Missouri. In May, 18 women graduated from infantry school at Fort Benning, Georgia. This past summer, the Army also graduated its first female cavalry scouts.

"You have people who are firsts, not because they intend to be a leader or they intend to set an example, but because they are pioneers," Eder said. "They are doing this because they want to. I am not sure that there were legions of people trying to follow Diane Nyad (long-distance swimmer



PHOTO BY JOE LACDAN

**Staff Sgt. Elizabeth Marks, a Paralympic athlete from Fort Carson, Colo., talks about her experiences in the Army. Marks was part of a panel of four pioneering women at the Army Women's Foundation's professional development panel during the Association of the U.S. Army Annual Meeting and Exhibition in Washington, D.C., Oct. 9.**

who swam from Cuba to Florida) across the ocean. Or ... even some of the women who fought in the Revolutionary War or the Civil War. There are those who are first because they are independent thinkers."

When asked what could be done to increase numbers of female Soldiers, Eder said that recruiting ads are a major factor in shaping perceptions of the Army. Eder served as the Army's deputy chief of public affairs. Earlier in her career, she served as public affairs officer for the George C. Marshall European Center for Academic Studies in Germany.

"There is something for everybody," Eder said. "And I think we need to focus more on that in how we recruit, and how we're portrayed in Hollywood or in other movies."

Eder also discussed the importance of mentors, and how they shaped the lives of pioneering women.

#### PROJECT CHALLENGE TO CHAMP

Marks said she had her first mentors while in the Project Challenge program in Arizona: Guard and Reserve members. The program provided a rigid structure for Marks and the other teens as well as a support system she said that she didn't have at home. It inspired her to join the Army as a combat medic at age 17.

"The logical next was to join the military,"

Marks said, "because I loved these people. I all of a sudden had a family of people who cared about me for no reason."

Marks went on to deploy to Iraq, where her left leg and both hips were severely injured. She eventually became a swimmer and competed in the Army's World Class Athlete Program at Fort Carson. Marks set a world record at the Paralympic Games in Rio de Janeiro. She now mentors other at-risk youth in Colorado.

"I got to be part of a family," Marks said. "So the Army has afforded me the ability to have a family and a network of people that trust. But that's why I stayed. That's why I'm so passionate about being in the military. I think that there are a lot of kids that deserve those chances. We aren't what we're born into. The Army affords that next step for everyone ... so it has given me tools that I might have never had the opportunity to have."

#### CSM GUERRA

Also on the panel, Command Sgt. Maj. Julie Guerra grew up in a two-bedroom house with six siblings. Her father, a pastor and plumber, struggled to make enough income to support her family. Guerra said the Army not only gave her career opportunities but provided much-needed stability in her life.

Guerra said her family didn't always have enough to eat. At one point she was homeless.

"It didn't matter where I came from and that I was poor and that I was Hispanic and that I was from the wrong side of town and that my brother was a gang member," Guerra said. "There's not very many opportunities outside what we get to do every single day as Soldiers. How it's equipped me is to prepare for the unexpected. As a leader, as a mother, whether in combat or in garrison, all of my training and opportunities and positions at this point have prepared me not to expect anything."

Guerra went on to become a counter-intelligence analyst and a drill sergeant.

Eder showed a picture of female generals and noted the importance of having mentors. In 2008, Ann Dunwoody became the Army's first female four-star general. Eder, a former commanding general of Army Reserve Joint and Special Troops Support Command at Salt Lake City, said that good mentors are needed to help bring more women to senior leadership.

"Do any think any of them felt like an anomaly at any point in their careers?" Eder said. "Maybe have some experiences where they're alone and don't have comrades, don't have colleagues and don't have mentors. Yes we have more women four-star generals now, but it has still been difficult in those many years since World War II to come up and do it without that type of help and support."

Brig. Gen. Cindy Jebb, dean of the academic board at the Army's Military Academy, attended West Point at a time when women were not common at the school. She said her parents and professors helped mentor her and prepare her to become a future leader.

CW5 Phyllis Wilson, a senior army leadership instructor at the Army Warrant Officer Career College at Fort Rucker, originally enlisted in the Army to pay for college tuition. She later rose through the ranks of warrant officers and is the first female command chief warrant officer of Army Reserve Command.

"The biggest thing that came away is the network," Wilson said. "All you have to do is see somebody else in this uniform and you have a kinship and trust them almost exclusively ... the preponderance of our Soldiers are the ones that we know have our back."



PHOTO BY NATHAN PFAU

**CW4 Olga Elliot assumed command of the 1st Warrant Officer Company from CW4 Jerry D. White as the unit colors changed hands from White to Col. Kelly E. Hines, U.S. Army Warrant Officer Career College commandant, to Elliot in a ceremony at the U.S. Army Aviation Museum Friday.**

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# New Army board to examine, prioritize installation readiness

By David Vergun  
Army News Service

WASHINGTON — The acting secretary of the Army recently authorized formation of an Installation Readiness Board of Directors that will examine and prioritize installation readiness programs and funding, said J. Randall Robinson.

The board will be responsible for, among other things, making decisions such as which of the 23 percent of Army-wide poor or failing facilities should be renovated, and which installation programs will be kept or jettisoned, said the acting assistant secretary of the Army for Installations, Energy and Environment, who spoke earlier this month at the Association of the U.S. Army's Annual Meeting and Exposition.

He said board decisions will be directly linked to “warfighter readiness, not wants and needs.”

The new board will be chaired by the vice chief of staff of the Army, as well as the assistant secretaries of the Army for IEE and Manpower and Reserve Affairs. Voting members will be Army four-star generals.

Decisions by the board will take into account stakeholder input and information gathered through collaboration with academia and industry, Robinson said. The board will also take into account input from U.S. Army Training and Doctrine Command.

In the coming months, for instance, TRADOC will host the “Installations of the Future Mad Scientist Conference,” he said, where military experts, as well as representatives from academia and industry will be encouraged to weigh in on installation readiness.

## INSTALLATION VULNERABILITIES

One factor likely to weigh heavily on

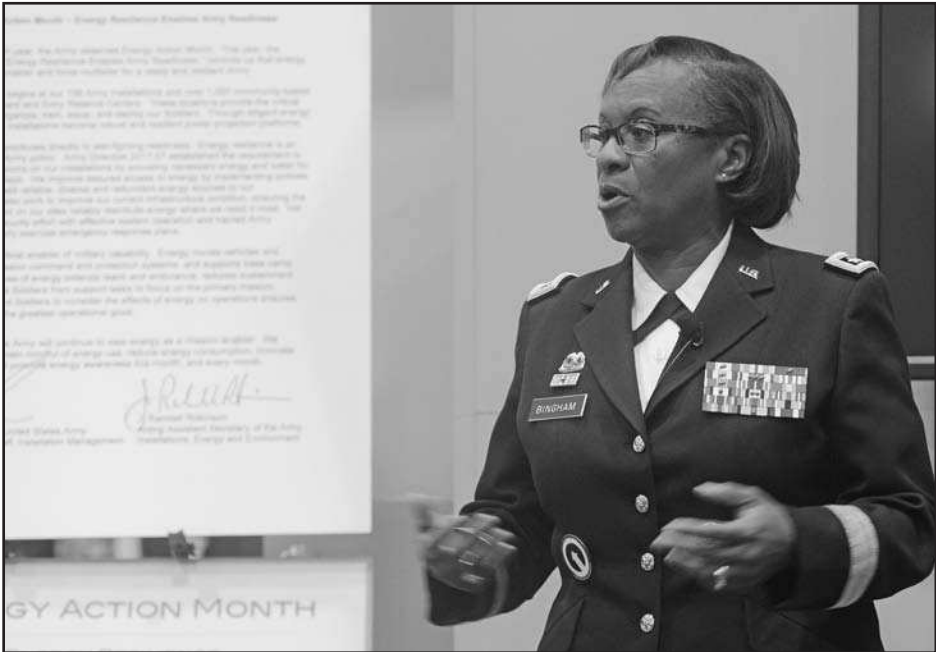


PHOTO BY DAVID VERGUN

**Lt. Gen. Gwen Bingham, assistant chief of staff for Installation Management, speaks Oct. 10 at the Association of the United States Army's Annual Meeting and Exposition in Washington, D.C.**

the minds of those making decisions about Army installations is facility security. Robinson said it can no longer be taken for granted that where Soldiers work and live is 100 percent secure.

“Installations are no longer a safe haven — they are part of multi-domain battle’s strategic support area and are constantly under attack, even today,” he said, referring to cyberattacks, as well as insider threats.

Robinson noted that Russian drones over Ukraine, for instance, were able to exploit vulnerabilities at military bases there and the same could happen to the U.S. Army’s own military bases.

“What happens when the Army’s ability to project combat power is disrupted by attacks, both physical and cyber, against our installations, our transportation and communication infrastructure, and the communities in which they sit?” he asked, adding that technology provides

both opportunity and threats.

Robinson said personnel must guard against social media posts that may put families and Soldiers at risk, hacked computer systems that may impede the flow of critical operational information, power disruptions that affect infrastructure, and even contaminated water supplies that could result in units being unable to deploy due to sickness.

## RESILIENT POWER PROJECTION PLATFORMS

Lt. Gen. Gwen Bingham, assistant chief of staff for installation management, said that along with addressing vulnerabilities from threats, installations of the future must be energy secure and resilient.

To do that, “we must leverage artificial intelligence, big data analytics and smart-city research,” she said, along with developing partnerships with community organizations.

Army Directive 2017-07 establishes the “requirement to secure critical missions on our installations by providing necessary energy and water for a minimum of 14 days,” she noted.

As a result, the Army is implementing policies and initiating projects that “add reliable, diverse and redundant energy sources to our installations. We also work to improve our current infrastructure condition, ensuring the lines and equipment on our sites reliably distribute energy where we need it most,” she said.

Bingham provided some examples of energy successes that are under way now in the Army.

At Fort Hood, Texas, for instance, there’s a 65-megawatt wind and solar project that’s providing lower electricity costs, she said. That project saves the Army approximately \$2 million per year, and is expected to reduce costs by over \$100 million over the 30-year contract term.

At U.S. Army Garrison Schofield Barracks, Hawaii, a 50 MW biofuel project will provide Field Station Kunia and Wheeler Army Airfield with secure energy generation during emergencies, she said, noting that the facility will be above the tsunami strike zone.

At Redstone Arsenal, a 10 MW solar project will include the Army’s first commercially available battery-energy storage system, she said.

Finally, Bingham said that the Army has awarded a total of \$2.6 billion in energy savings and performance contracts and utility energy services contracts.

These contracts include third-party financing and reduce energy, water and operating costs, address maintenance backlogs, and repair or replace aged and failing equipment. Bingham said the Army pays back private partners, over time, with savings generated by energy and water project upgrades.

# Learning

Continued from Page A1

fighter, the aircraft was obsolete compared to those flying over the skies in Europe.

When the U.S. finally entered the war in 1917, the Army didn’t have an aircraft that was capable of going

toe-to-toe with those flying in the war, so in order to cope, a partnership was developed between French, British and Italian forces to train U.S. Army pilots with their aircraft, he said.

Although the Jenny wasn’t an aircraft that was able to compete over the skies of Europe, it was a vital step in

creating Army Aviation as it is known today, Mitchell said.

“It wasn’t really until the end of the war that we really had an aircraft that was capable of modern warfare, but that really jump-started Army Aviation,” he added. “When the war ended, it was full-tilt into aircraft development and research, and we really got on the ball then.”

# 1st WOC

Continued from Page A1

and it is a cancer that can be detected and treated. It’s so important that people are checking, getting checked and not ignoring any symptoms.”

For members of the Pink Class, the opportunity to bring awareness to a disease that impacts so many women and families was a blessing, and for WOC Eduardo Silva, 1st WOC, the message he and his fellow candidates wanted to convey with their sign was that no one has to go through the fight alone.

“Anybody going through this is not going to be alone,” he said. “They’re here, you’ve got family, you have friends and you have Army family around you — nobody is going to leave you by yourself.

“We’re huge supporters in this

for those who have survived it,” he continued. “It takes a lot of strength, courage and bravery to endure something like that, and you’re always going to have people by your side.”

“Everybody knows someone with cancer,” added fellow WOC Phillip Carswell. “So, it’s not something you just don’t want to not think about until you’re face-to-face with it, so I’m glad we have this monument here while we’re here.”

The opportunity to be able to come together as a class to bring awareness for such a cause was not only a bonding experience for members of the class, but also a learning experience on how members of the Army family take care of their own and their surrounding communities, said Cokenour.



PHOTO BY NATHAN PFAU

**Warrant Officer Candidates of 1st WOC's Pink Class 17-503 unveil their sign Oct. 12 in honor of Tiffany Lotz, military spouse, and others who are battling or have battled against breast cancer. The class hopes to bring awareness about the disease through their efforts.**

“This just teaches them that being in the Army is not just about doing your job,” said the

TAC officer. “It’s also about affecting the community around you and doing things that are

outside of what’s required.”

The 1st WOC will host a breast cancer awareness 5k run Oct. 27.

# Aviation

Continued from Page A1

don’t work with companies — you work with people — and there are a lot of good folks out there.”

One of those folks that Riggs has become accustomed to working with for the past nine years is Shawn Howard, ACLC quality assurance specialist, who submitted Riggs for the award.

“Because of his knowledge, and the things he does for the command and for us, I really thought he needed to be recommended for it,” said Howard of Riggs. “I was here when he showed up (nine years ago) and he rescued us.

“He works long hours and has a willingness to operate in a team environment,” he said. “And part of the reason that Cairns (Army Airfield) is a success is because of his willingness to work together as a team.”

Howard said that for anyone to be able to reach a 50-year milestone in any career should receive the recognition they deserve, and because of Riggs’s exten-

sive experience, the team at Cairns is able to learn from his knowledge.

“A lot of us have learned to excel at what we do and always be knowledgeable about what we’re dealing with,” said Howard. “He has taught me to always keep my mind sharp on federal regulations and federal thinking, so that you can always have that part of the business in mind, as well as dealing with the military side of it, because that’s the whole other half.

“It’s a great thing to be able to tap into his knowledge,” he continued. “He’s taught me more about civil federal Aviation stuff than I ever learned before I got here.”

Although the recognition is appreciated, Riggs said being a part of the team and working with people who are as dedicated as he is to the cause is the reason he continues to do what he does. And he doesn’t see himself stopping any time soon.

“As long as I’m healthy, I’ll continue working,” he said.

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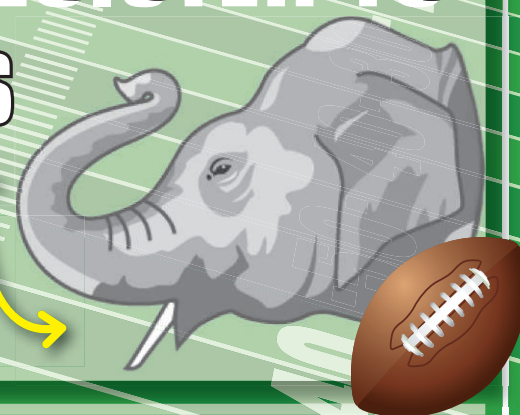
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**105 GAIL CIRCLE:** Beautiful huge home with lots of updates to include: tile baths, updated kitchen with convection oven and cooktop, island in kitchen, updated colors. Storm shelter in back yard, sprinklers system in front yard, patio, and much, much more. Lots of rooms and storage. **PAT LEGGETT, 406-7653**

**\$397,000**



**2351 DEAN CHURCH RD:** Quality construction & workmanship beyond belief in this custom home on a very private 3.6+/- acres. White oak floors, granite countertops, appliance garage, on demand hot water heater, beverage bar right off the screened in porch, grill hook up w/exhaust fan overhead on the porch, multiple shower heads in master shower, cast iron tub, leaded glass window, workshop, stairs to attic storage & a catwalk system, insulated floors, lighted crawl space, & a water softener system. Feels like a mountain retreat. **JAN SAWYER, 406-2393 AGNES KARVONEN, 406-9752**

**\$169,000**



**320 COUNTY RD 101, JACK:** Horse lovers dream, property is completely fenced with hog wire, with chain link fence in yard front and back with five gates, separate fenced paddock in front yard with hog wire fence, circular drive, 22x32 barn with two stalls, lean to extension with Dutch doors, electric and water with inside and outside lights. 10x20 shed with shelves and ramp. Open floor plan with split bedrooms and den w/fireplace as well as formal living room. Great screened porch with stairs leading to pool. A MUST SEE! **EVELYN HITCH, 406-3436**

**\$165,000**



**204 WINTERBERRY WAY:** New construction convenient to schools, shopping, golf, restaurants and minutes from Ft. Rucker. Security system, 1 car garage, wood floor in dining area/living room/hall, carpet & tile floors, stainless appliances, natural gas heat/cooking/water heater, low E windows, sprinkler system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom and fenced back yard. (Poplar Place Plan) Owner is licensed residential home builder and REALTOR in the State of Alabama. **BILLY COTTER CONSTRUCTION, 347-2600**



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**3541 SUNRISE CIRCLE:** Over 2,000 sq. ft., large lot in cul-de-sac, lake community – a must see! Large wooded lot behind the house creates privacy for morning coffee on back patio & large level front lawn provides room for children to play. Schedule your showing today to tour the home & see the many updates to include freshly painted interior, new flooring in kitchen, laundry and baths, new 2" blinds & new stainless kitchen appliances. Split floor plan, family room w/fireplace, separate dining, large master suite ... view today. **JUDY DUNN, 301-5656 AGNES KARVONEN, 406-9752**

**\$106,000**



**103 FOREST AVE:** Great starter home, downsized home or investment property. Updated with stainless steel appliances, wood & tile floors. Extra room is being used as a 3rd bedroom. Lots of storage & space!! Convenient to schools, shopping & the hospital. This home is immaculate!! **TERRI AVERETT, 406-2072 JACKIE THOMPSON, 406-1231**

**\$267,750**



**113 BROOKE LANE:** Custom-built, corner of Riverwood and Brooke Lane. Owner is licensed residential home builder and REALTOR in the state of Alabama. **BILLY COTTER CONSTRUCTION, 347-2600**



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**205 TURTLEBACK TR:** This 5 bedroom home located in the popular Turtleback subdivision features an open floor plan, kitchen with granite counters, custom cabinets, and stainless appliances. The master bath has a separate shower and whirlpool tub. Upstairs there is a large bedroom with half bath and access to the attic, large enough for 2 more rooms. The large backyard with a covered patio makes a great place to relax or run and play. Turtleback offers a community clubhouse and pool, a stocked pond and a walking trail. **SOMMER RAKES, 406-1286**

**NEW LISTING • \$26,900**



**310 E SMITH AVE:** Home situated on partially fenced large lot. Two living areas. Open floor plan with plenty of natural light. Large back deck for extra entertaining. Large master bath area. Wood burning fireplace. Street light \$10 per month. **SHAWN REEVES, 475-6405 HEATHER CONWAY, 580-215-2699**

**NEW LISTING • \$69,500**



**130 FOXHILL DR:** Perfect starter Home or very good rental property, just minutes from the Ft Rucker gate. Being sold "AS IS" House in need of TLC. Rent in its current condition for 650.00. Tenant has been there for many years, wishes to remain. **FRAN KALTENBAUGH, 790-5973 DON KALTENBAUGH, 464-1069**

**\$257,000**



**123 MADISON:** If you like comfort and charm, you'll love this sparkling 4 bedroom, 2.5 bath in impeccable condition. Open floor plan with formal dining and large family area w/ fireplace. Anyone who cooks will love the kitchen with granite, stainless appliances, pantry, center island, breakfast bar and dining area. Split bedroom plan with a private master suite. Resting on a landscaped level lot, this home radiates quiet charm – enjoy morning coffee on covered porch & patio. Convenient location, call today to view. **JUDY DUNN, 301-5656**

**\$55,000**



**131 LAKEVIEW DR DALEVILLE:** Townhome living is great for the person who doesn't like yard work. This immaculate home has had the exterior & interior painted in September 2017. Wet bar closet for additional entertaining space. Half bath downstairs. Laundry closet off kitchen for convenience. Sliding glass door opens to back patio and fenced in backyard. Plenty room for grill & patio furniture. Bedrooms upstairs share a bathroom. Back bedroom has a balcony for more outdoor living. Great starter home. Live in it or rent it out! **SHAWN REEVES, 475-6405**





# A STRONG FOUNDATION

## 29th CAB builds partnerships with Jordanian aviators



PHOTO BY CAPT. STEPHEN JAMES

Paratroopers from the 82nd Airborne Division load onto a CH-47 Chinook from the 2-149th GSAB during the aerial response force exercise at Camp Taji Military Complex, Iraq, Aug. 13.

By Capt. Stephen James  
For Army News Service

AMMAN, Jordan — Soldiers from the 29th Combat Aviation Brigade were hosted by their counterparts from the Royal Jordanian Air Force Sept. 8-15 during a state partnership exchange.

Through the exchange, 29th Combat Aviation Brigade Soldiers shared their experience with both UH-60 power management and hoist maintenance with the Jordanian Squadron 8, which recently acquired UH-60M Black Hawk helicopters.

“Squadron 8 is a new unit with a new type of mission for the Royal Jordanian Air Force,” said Maj. Robert Bugner, an

Aviator from the 2-149th General Support Aviation Battalion. “And the Jordanians are interested in understanding how similar U.S. Aviation units operate.”

The 29th CAB Soldiers shared best practices on Aviation performance planning and power management for both UH-60A and UH-60M Black Hawks.

Bugner emphasized that in performance planning, Aviators must consider the weather conditions, and the weight of the aircraft with cargo and troops on board.

Staff Sgt. Brandon Dostert, a crew chief from the 2-149th GSAB, participated in a subject matter expert exchange

SEE 29TH CAB, PAGE B4



ARMY PHOTO

An HH-60 Black Hawk with C Co., 3-10th GSAB, 10th CAB, hovers during a training exercise at Fort Drum, N.Y., Oct. 3. A similar helicopter was used in the rescue efforts to save a man with dementia who had lost his way in the woods, necessitating a night time search to find him.

## LIFESAVERS

Teamwork between Army, first responders saves elderly man

10th Combat Aviation Brigade  
Press Release

FORT DRUM, N.Y. — Just after 7 p.m. Aug. 30, the Jefferson County 911 dispatch center received a call reporting a missing elderly person.

Early reports to the fire department indicated that the patient was an 85-year old male with dementia who had been missing for over two hours. Activated along with the Black River Volunteer Fire Department were the Black River Ambulance Squad, Black River Police Department, New York State Police Department, and the Jefferson County Sheriff’s office.

Once on the scene, emergency personnel began coordinating a large-scale search for the patient. Police canine units were able to determine the direction the patient had left his residence, which aided first responders in continuing the search.

As the sun set and darkness began to fall, the urgency for rescuers to locate the victim became critical. A LifeNet Air Ambulance helicopter was dispatched out of Watertown International Airport to aid in the search from above. The LifeNet aircraft was unable to establish radio communication with the crews on the ground and returned to the airport to troubleshoot their systems.

With the situation on the ground becoming increasingly dire as the victim had been missing for several hours, and given that the area was now in complete darkness, the ground search situation was nearly impossible due to the vast amount of terrain that had to be covered.

First Lt. Austin Welch, a pilot with 6th Squadron, 6th Cavalry, 10th Combat Aviation Brigade, responded to a call for assistance from the Black River Ambulance, where he works as a volunteer. Welch made contact with a 6-6th Cav. AH-64D Apache piloted by CW3 Greg Van Horn and 1st Lt. Kyle Miller, who were coincidentally out on a training mission to enhance proficiency on the use of the Apache’s Night Vision Systems.

“Having the opportunity to utilize skills learned as an Army Aviator to help save this gentleman was incredibly fulfilling,” said Welch. “Our local community outside of Fort Drum is important to all of us, given all the amazing support they provide for the Soldiers of Fort Drum. Having the chance to give back to our teammates off-post in this small way was particularly meaningful for all of us. We were glad to assist in the efforts of the local first responders and look to continue to find ways to support one another in the future.”

After receiving a grid location from Welch, the pilots arrived above the Black River area to aid in the search efforts. This new mission not only enhanced their nighttime training opportunities, but provided a tremendous asset to the ground searchers through the use the aircraft’s Forward Looking Infrared Camera systems.

To communicate, Welch, with the help of police officers on the ground, reprogrammed an Emergency Medical Services radio in order to talk with the Apache flight crew, which normally is unable to communicate with civilian ground radios due to the different bands their respective systems use.

Once in positive communication, ground respond-

SEE LIFESAVERS, PAGE B4



PHOTO BY PFC. MIGUEL PENA

Staff Sgt. Nate Sanchez runs to assist a competitor during the Army Best Warrior Competition at Fort A.P. Hill, Va., Oct. 4. The annual weekend long event tests 22 Soldiers from 11 major commands on their physical and mental capabilities.

## 10th Mountain Soldiers provide Coalition firepower in Iraqi skies

By Sgt. Derrik Tribbe  
For Army News Service

AL ASAD, Iraq — Soldiers with D Company, 10th Aviation Regiment, 10th Mountain Division, give the Combined Joint Forces Land Component Command-Operation Inherent Resolve, fire support on the battlefield from the skies.

No, they do not fly UH-60 Black Hawks or AH-64 Apaches. They fly unmanned aircraft systems.

More specifically, the team operates MQ-1C Gray Eagles, one of the largest military unmanned aircrafts with a length of 28 feet and a 56-foot wingspan. The Gray Eagle is a versatile, long-range, long-lasting force multiplier utilized to provide intelligence, surveillance, target acquisition and attack reconnaissance, said Spc. Michael Scharp, a UAS operator with D Co.

According to Capt. Joshua Heiner, commander of D Co., the unit is in Iraq to provide dedicated and consistent support to the coalition to help the government of Iraq defeat ISIS.

“Everything we do is to support the Iraqis,” Heiner said. “We are doing very well considering the experience level, especially with these UAS being so new. We are a young group and the Gray Eagle is just as young.”

Heiner described his team as being very enthusiastic, and with most of his operators and maintainers being junior-enlisted, their age does not stop them from fulfilling their mission.

“Knowing that we are supporting the men and women on the ground push forward with their mission is the most rewarding part of this job,” said Sgt. Gabriel Garcia, a squad leader with D Co.



PHOTO BY SGT. DERRIK TRIBBE

The MQ-1C Gray Eagle is a long-endurance platform able to fly for nearly 27 hours at speeds of up to 150 knots while carrying up to four AGM-114 Hellfire missiles. Soldiers assigned to D Co., 10th Avn. Regt., 10th Mountain Div., deployed to Al Asad, Iraq, in support of Combined Joint Task Force-Operation Inherent Resolve, provide fire support on the battlefield from the skies.

Garcia referred to the nearly decade-old UAS as still being one of the latest and greatest pieces of machinery to support the U.S. Army. The Gray Eagle is a long-endurance platform, able to fly for nearly 27 hours at a time at speeds of up to 150 knots, while carrying up to four AGM-114 Hellfire missiles.

With the complexity of such a piece of equipment, the demand for its use is always high, Garcia said.

“Our days are extremely fast-paced, all while paying close attention to details,” Garcia said. Their attention to detail is not limited to Aviation, they must be technically knowledgeable, as well.

Garcia said the UAS is basically a computer being flown by several computers, which increases safety for service members.

“We don’t have to worry about a pilot

putting their life in danger by flying into combat,” Garcia said.

Staff Sgt. Julio Matta, a standardization operator, said their technological capabilities provide a tremendous asset to the battlefield.

“The ability for 24/7 coverage of the battlefield, to include reconnaissance and attacks, allows commanders of a higher echelon to track the changes on the battlefield,” he said.

A lot of planning and preparation goes into each mission but it does not stop there, Matta said.

“While on missions, before missions, and even post-missions, things change so rapidly that ‘game planning’ is non-stop,” he said.

The team will incorporate the weather, time and fuel into their extensive planning process because each environment they fly in is dynamic, Scharp said.

Every situation the team encounters provides its own set of challenges and obstacles that they must face and overcome, but the job demands are well worth it, Scharp said.

“I love to fly and I get paid to serve in this capacity, which ensures my family is taken care of and I get to continue to serve my country,” Matta said.



The MQ-1C Gray Eagle operating out of Al Asad.



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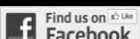
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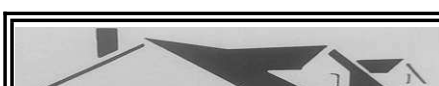


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A CH-47 Chinook and a UH-60M Black Hawk from the 2-149th GSAB land prior to inserting paratroopers during an exercise at Camp Taji Military Complex Aug. 13.

PHOTO BY CAPT. STEPHEN JAMES

## 29th CAB

Continued from Page B1

focusing on maintenance, which was an additional priority for the RJAF Squadron 8.

“At the request of the Jordanians, Dostert shared some techniques for performing the preventive maintenance daily and 40-hour inspection on the UH-60, which are routine crew chief tasks,” said Bugner.

Bilateral exchanges like these allow U.S. Soldiers to develop working relationships and interoperability with regional partner forces.

“The engagements allow us share experiences and practice skills that we may have to perform in combat with our allies,” said Capt. Dan Chapple, 29th CAB partnership officer.

According to Bugner, the event provided a strong foundation for future engagements and close cooperation between the U.S. forces and their Jordanian counterparts.

The 29th CAB is an Army National Guard brigade providing Aviation assets, operational and logistical support to Operation Spartan Shield and Operation Inherent Resolve, the fight against ISIS.

## Lifesavers

Continued from Page B1

ers directed the Apache crew to search on the north end of Black River where the victim was known to take walks.

Also in the area conducting a training mission was an HH-60 Black Hawk from C Company, 3-10th General Support Aviation Battalion, 10th CAB piloted by CW3 Timothy Woznica and CW2 Brandon Aldrich, with assistance from flight medic Staff Sgt. Andrew Torres and crew chief Sgt. Barry Johnston.

Upon hearing the radio traffic from the Apache, they quickly volunteered to aid in the search.

Once on scene, the Black Hawk crew was also able to communicate on the EMS radio being utilized by ground responders. They were directed to search on the southern part of Black River.

Incredibly, using the HH-60’s

Forward Looking Infrared Camera, the flight crew located the victim. He was spotted in the river, clinging to a branch, about a half mile downstream from the search party’s command post.

Communicating with ground responders, the Black Hawk hovered over the location of the victim and directed the first responders on the ground to his location. The first responders had to move almost a mile back, into the woods, through thick brush to locate the victim. Using cues from the flight crew, who oriented the ground responders to the victim’s location, they ultimately were able to reach him and rescue him.

“That night the mission was very unexpected,” said Woznica. “Once we were assigned to assist, we had to switch focus from training to a real-world mission. We are extremely happy we could assist in locating the



ARMY PHOTO

An AH-64 Apache with 6th Squadron, 6th Cavalry, 10th CAB, hovers during a training exercise at Fort Drum Oct. 3. A similar helicopter was used in the rescue efforts to save a man with dementia who had lost his way in the woods, necessitating a night time search to find him.

individual and getting him to safety.”

The victim, who had sustained

significant injuries while he had been missing, was taken to Samaritan Hospital in Watertown,

New York, by a Black River ambulance, where he made a full recovery.



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OCTOBER 19, 2017

# BUILDING Character



Girl Scouts race against each other on an obstacle course during the Girl Scout Olympics on Guthrie Field Saturday.

PHOTOS BY NATHAN PFau

## 1st WOC hosts Girl Scout Olympics

By Nathan Pfau  
Army Flier Staff Writer

For more than 100 years, the Girl Scouts have helped girls and young women build character and leadership skills, and one event had three Fort Rucker troops doing just that as they used their wits and physicality to get through a myriad of events.

The 1st Warrant Officer Company hosted the Girl Scout Olympics on Guthrie Field Saturday where Girl Scout Troops 9395, 9272 and 9052 came out for a bit of friendly competition meant to build courage, confidence and character, said Corey Conner, Troop 9052 troop leader and service unit manager for the Wiregrass area.

“By taking part in the Girl Scout Olympics – a collection of engaging, challenging and fun activities – each girl partakes in the Girl Scout Leadership Experience,” she said. “When you’re a Girl Scout, you’re also a G.I.R.L. – go-getter, innovator, risk-taker, leader – the Girl Scout Olympics are a way for the girls to have some friendly

competition, celebrate a sisterhood and lead like a girl.”

The Girl Scout year begins Oct. 1, so the event is a way to kick off the year with challenging events to help build knowledge, team building and leadership skills through science, technology, engineering and math events meant to challenge their brains, as well as physical activities to challenge their bodies.

Some of the STEM events included creating boomerangs using only the sticks provided by positioning them in a way that enables the sticks to stay together without using glue or tape. Another event included creating a slingshot by choosing only two types of supplies from a table of supplies. But one thing that all the activities had in common were that they were all meant to challenge the minds of each Scout.

“We want to push their limits, and get them to think differently and know that they can do anything they want no matter what their circumstances are or where they are in the world,” said Con-



Girls Scouts from Troops 9395, 9272 and 9052 participate in a friendly tug of war.

ner. “They can do and be anything they want to be.”

The girls were also encouraged to take part in an obstacle course and relay-type race, culminating with a tug-o-war between the troops.

For Jennifer Briggs, Daisy Troop leader for Troop 9272, the Girl Scouts was a great opportunity for her and her daughter, Savannah, to be able to bond in activities that they’re able to do together.

“I thought it would be good for her socialization – and this gets her out and about on Saturday mornings and they have a lot of good ethical views, and we really liked that,” she said. “It was nice for me and her to do something together. She loves doing that with me and it gives us that one-on-one time together.

“I hope this helps us bond together, and helps me to help her look at the ethical side of life through volunteering together,” she continued. “I want to show her where things go from there to become an adult and prosper



WOC Hope Evans, 1st WOC, helps members of the Girl Scouts build their sling shots during the Girl Scout Olympics.

in life.”

That growth is something that isn’t only seen in the mothers of the Scouts, but the warrant officer candidates, like WOC Chase Geiger, 1st WOC, who volunteered their time to help out with the events.

“A lot of us have families of our own and kids, so we thought it would be a really good way to just give back to the community

right now,” said Geiger. “It was a great experience to be able to work with all these kids.

“Having kids of my own and speaking for all of these guys who have kids, too, being able to work with kids after we’ve been doing academics and physical exertion for the past two weeks has been a really good break,” he said. “It’s been really nice to help out.”

# QUALITY OF LIFE

## AFAP forum provides discussion for community concerns

By Jeremy Henderson  
Army Flier Staff Writer

No idea is too big or too small for the Fort Rucker Army Family Action Plan – officials want to hear them all.

The AFAP Focus Groups Forum, scheduled for Nov. 7 from 8 a.m. to 2:30 p.m. at Wings Chapel, provides an opportunity for the community’s collective voice to be heard and to collect ideas for streamlining processes and improving Fort Rucker’s quality of life, according to Vernon Johnson, Fort Rucker Army Volunteer Corps coordinator, said.

“It’s important for the community to continually voice their concerns and opinions about their quality of life, so senior military leadership knows what the concerns are (and can) prioritize critical issues so as to work resolutions and give updates on progress of submitted quality of live issues,” he said. “The process for submitting a concern is done a couple of ways. Throughout the installation, AFAP issue submission boxes are posted along with submission forms. Individuals can fill out a form and place it in the box at a later date.”

Johnson added that individuals can contact the AFAP program manager at 255-1429 or visit <http://rucker.armymwr.com/us/rucker/programs/army-family-action-plan/> and click the “Submit Your Quality of Life Issues” dropdown menu to voice their concerns.

“Submitting concerns involves communicating with Army Community Service or going online to Army OneSource to submit issues on the AFAP page,” he said.



ARMY GRAPHIC

“Those issues then go through AFAP volunteers and are presented to four different focus groups of delegates at the event.

“Those groups will select the top priority issue to be worked, then spend several hours discussing the issue as a group for different solutions,” he added. “The top issue for the group is briefed at an out-briefing to the command and delegates, and then presented to all of the delegates. Afterwards, these problems and solutions go to headquarters for discussion and implementation.”

In addition to submitting ideas for potential discussion during the forum, individuals may also offer support through volunteerism.

“There are a number of volunteers in place for the upcoming focus groups,” Johnson said. “These volunteers will undergo specific training to assist with facilitation of the focus groups, recording the discussions, transcribing the issues, assisting with the process when a subject matter expert is needed, and working behind the scenes to vet the issues and ensure they are not currently being addressed or have not been addressed in the last three years.

“Volunteers for the focus groups are not

in a role to speak on the issues being discussed,” he added. “Delegates have been assigned through the various units on the installation and these delegates will speak on the issues that have been collected for this year’s focus groups.

“If an individual registers for the AFAP focus groups forum as a delegate, they will work the issue in one of the four different working groups,” Johnson added. “The registered delegates are the ones who present the issues in the forum. Other registered personnel in the forum are the subject matter experts from the different organizations on the installation. SMEs participate by explaining why a policy or procedure exists, and may be able to give history on an issue or give advice on a recommended solution.”

According to Johnson, the conference represents the voice of the community and provides a fresh look into its members’ needs.

“AFAP represents the ability of the community to speak for its members, and effect change within itself and the Army as a whole,” he said. “It allows the community to verbalize problems and produce solutions for those issues.”

During last year’s conference, numer-

ous recommendations went forward to improve quality of life for Soldiers, family members, civilians and retirees. In 2012, the No. 1 issue at the Army-level AFAP conference was started at Fort Rucker.

“Significant progress has been made on the issues from last year’s AFAP,” Johnson said. “Some of the issues from the FY 2017 focus groups that have been resolved include installing row markers in the commissary parking lot, improved maintenance of the RV storage lot and improvement of the Pregnancy PT Program. Other issues that are pending resolution include installing new traffic lights with a lighted crosswalk feature and ensuring there is a playground appropriate for children with special needs in a more central location.”

According to Johnson, any issue or concern that affects the quality of life of the Fort Rucker community should be submitted.

“Issues concerning the quality of life of the Fort Rucker community as a whole and going beyond the personal level are issues that should be submitted to AFAP – these are problems that should be dealt with by the community and perhaps by the Army as a whole,” he said.

Issues with a facility or particular organization should be reported directly to the commander or manager of that facility or online via <http://ice.disa.mil/>.

Individuals interested in volunteering should contact Johnson at 255-1429. A list of volunteer positions is listed under the Volunteer Management Information System tab via Fort Rucker>ACS>AFAP on [myarmyonesource.com](http://myarmyonesource.com).



# ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

**‘Let’s Dance, Not Fight’**

The Army Community Service Family Advocacy Program will hold its instructor-led dance and exercise activity, “Let’s Dance, Not Fight,” Friday from 6-7:30 p.m. at The Landing. ACS officials said the event will feature an evening of fun for the whole family. Several on post agencies will also have tables set up to provide helpful information on resources for people to stay healthy, happy, and resilient.

For more information, call 255-3898.

**Newcomers welcome**

A newcomers welcome is scheduled for Friday from 8:30-11 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are encouraged by post officials to attend the newcomers orientation. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or 255-2887.

**Youth skate night**

The Fort Rucker School Age Center will host a football-themed skate night Friday. Youth are welcome to show their support for their favorite teams by wearing their favorite jersey, T-shirt, hat, etc. Prizes will be awarded throughout the event. Safety skate will cost \$2 and run from 5-6 p.m. Regular skate will cost \$5 and run from 6-8 p.m. Only cash payments will be accepted. All participants need to have a current pass with child and youth services.

For more information, call 255-9108.

**Zombie Ball**

The Landing will host its Zombie Ball Saturday from 8 p.m. to midnight. The event will feature dancing, music, a costume contest and Halloween fun, according to organizers. Tickets are \$10 in advance and \$12 at the door. The event will be open to the public for ages 18 and over.

For more information, call 255-0769.

**Blended Retirement System Seminar**

The Army Community Service Financial Readiness Program will present its Blended Retirement System Seminar Tuesday from 6-7 p.m. in the Soldier Service Center, Bldg. 5700, in Rm. 282. The seminar will be a discussion of the significant changes to the current military retirement system, including how retirement pay will be calculated, continuation pay and the Thrift Savings Plan with matching government contributions. The discussion will be facilitated by accredited financial counselors. Pre-registration is required by Monday. Free childcare is available with registration.

For more information and to register, call 255-3765 or 255-9631.

**Library fall carnival**

The Center Library will host its fall carnival Tuesday from 4-6 p.m. The event will feature costumes, crafts, fun and prizes, according to library officials. The costume contest will be broken into age groups: 0-6, 7-12 and 13-17. Judging is scheduled to begin at 5 p.m. No registration is required. The event will be open to authorized patrons and be Exceptional Family Member Program friendly.

For more information, visit the Center Library or call 255-3885.

**Employment readiness class**

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Oct. 26. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11:30 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

**Fort Rucker Right Arm Night**

The Landing Zone will host the Fort Rucker Right Arm Night Oct. 26 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be



FILE PHOTO

## Spooky 5K

The Fort Rucker Physical Fitness Center will host the annual Spooky 5k, 1-Mile Fun Run and Costume Contest, Oct. 28. Participants are encouraged to pre-register for the event. Forms are available at both PFCs and online at [rucker.armymwr.com](http://rucker.armymwr.com). The fun run is free, open to all children and will begin after the 5k is completed. Each fun run participant will receive a medal. There will be a costume contest with first-place trophies for overall best costume, scariest costume, and most original costume in both adult and children categories. The costume contest is free to enter and will start at 8:15 a.m. For more information, call 255-2296. Pictured is a scene from last year’s event.

served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome.

For more information, call 255-0768.

**Federal jobs workshop**

Army Community Service will host its federal job workshop Nov. 2 from 8 a.m. to noon in Bldg. 5700, Rm. 284. The workshop is aimed at getting people the information they need to increase their federal employment possibilities. Participants will receive a free copy of Kathryn Troutman’s “Job-seeker’s Guide (7th Edition).” Registration is required two days prior to the workshop. Space is limited to the first 60 people to register and the workshop is open to authorized patrons only.

For more information or to register, call 255-2594.

**Resilience workshop**

Army Community Service will host a resilience workshop Nov. 2 from 8:15 a.m. to 12:45 p.m. in Bldg. 5700, Rm. 350. To attend, people need to register by Oct. 31. Resilience training is designed to provide family members and civilians with the tools to better cope and overcome adversity and challenges, as well as help them perform better in stressful situations, according to ACS officials. The goal is for students to thrive when facing life challenges, not just bounce back. This month’s workshop will emphasize goal setting, activating events thoughts consequences, and hunt the good stuff.

For more information, call 255-3161 or 255-3735.

**Camping Under the Stars**

Fort Rucker will host its seventh annual Camping Under the Stars Nov. 3 at West Beach, Lake Tholocco. The free event will feature a night of camping out, s’mores, hot chocolate, games, a story reading and two movies on the big screen. The event begins at 5 p.m., with story reading under the gazebo at 6 p.m. The two movies will run from 6:30-10 p.m. Some tents will be available through outdoor recreation – all for availability. The event is open to military families and authorized patrons.

For more information, call 255-4305 or 255-1749.

**International Spouses Get Together**

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

**Comedy show**

The Fort Rucker Directorate of Family, and Morale, Welfare and Recreation will host a comedy show Nov. 4 from 7-9 p.m. at The Landing. The Army Entertainment Comedy Tour will feature Felipe Esparza, Finesse Mitchell, and Seaton Smith. People can buy \$10 advanced tickets at MWR Central, Coffee Zones, Mother Rucker’s and The Landing. Tickets will cost \$12 at the

# DFMWR SPOTLIGHT

Fort Rucker 43<sup>rd</sup> Annual

## RETIREE HEALTH FAIR

**FRIDAY, OCTOBER 27**  
**8 AM–12 PM | YANO HALL**

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Free Admission.

Lyster Army Health Clinic along with other agencies will have booths with information on Health Topics ranging from health and disease management information, physical therapy, fitness, nutrition and more. Light refreshments will be available along with several door prize drawings. Pending arrival of flu vaccines, Retirees and their Family Members can also receive their 2017-2018 flu vaccinations.

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Fort Rucker MWR  
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door. VIP tickets will cost \$100 per table – 10 seats per table on a first-come, first served basis –and be sold at The Landing. Doors will open at 6 p.m. The event will be open to the public for ages 18 and up.

For more information, call 255-9810 or 255-1749.

**Literature and the Veteran Experience**

The Center Library will host the Literature and the Veteran Experience group meeting Nov. 7 at 5:30 p.m. The program is open to combat veterans, retirees and active-duty Soldiers. Registration is limited to the first 20 participants and a free meal will be provided to those registered by Tuesday.

To register or get more information, visit the library or call 255-3885.

**Army Family Action Plan**

The Army Family Action Plan is held annually to discuss issues submitted by com-

munity representatives, including Soldiers, spouses, retirees and civilians. Army Community Service will host the AFAP Focus Group Forum Nov. 7-8 at Wings Chapel. The AFAP Focus Groups provide a process to address issues and provide solutions in support of the highest quality of community life for Soldiers and their families. The purpose of the AFAP forum is to provide a process for the discussion and resolution of issues of concern, and to alert the command of issues affecting the well-being of the Fort Rucker community. The AFAP forum provides a process to identify issues that can be resolved at the local level and forward issues to higher headquarters if necessary.

People with issues they would like to submit can use the AFAP submission boxes located around the installation to drop off issues, call 255-1429 or submit online at <https://rucker.armymwr.com/programs/army-family-action-plan>.

## FORT RUCKER MOVIE SCHEDULE FOR OCTOBER 19-22

**Thursday, October 19**

**American Assassin (R)** .....7 p.m.

**Friday, October 20**

**Kingsman: The Golden Circle (R)** .....7 p.m.

**Saturday, October 21**

**LEGO Ninjago Movie (PG)** .....4 p.m.  
**Kingsman: The Golden Circle (R)** ..7 p.m.

**Sunday, October 22**

**LEGO Ninjago Movie (PG)** .....1 p.m.  
**American Assassin (R)** .....4 p.m.

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.







# MREs sustain Soldiers, babies alike

By Jeff Sisto  
*Natick Soldier Research, Development and Engineering Center Public Affairs*

NATICK, Mass. — The Meal Ready to Eat, the same individual field ration designed to sustain the health and energy of America’s warriors on the battlefield, can also be used to nourish babies suffering dehydration in disaster zones.

That’s what the U.S. Army’s Natick Soldier Research, Development and Engineering Center’s Combat Feeding Directorate, where food technologists first developed the MRE in 1982 and have continued to improve it since, recently learned after hearing a remarkable story about a unique application of the Army’s most versatile field ration.

During a visit to NSRDEC for the Army birthday in June, one of the invited guests, a captain in the Town of Natick’s Fire Department, was sampling CFD’s latest ration developments when he casually mentioned seeing emergency medical workers use MRE components to treat dehydrated babies in Haiti during the humanitarian response to a 2010 earthquake.

The captain’s story amazed everyone in the room, particularly members of CFD, who were hearing for the first time about the critical role MREs played in saving young lives more than seven years ago.

“It was an interesting story,” said Eryn Flynn, CFD’s lead outreach coordinator, who facilitated the Army birthday ration samplings for distinguished visitors. “It was surprising to learn about MRE components being used as an emergency rehydration solution for babies in Haiti seven years after it happened.”

## DISASTER RESPONSE

When a magnitude 7.0 earthquake struck the tiny, impoverished island-nation of Haiti in January 2010, causing hundreds of thousands of deaths, injuries and millions of displaced victims, aid workers from around the world faced an epic humanitarian crisis.

Within 72 hours of the catastrophic event, the Massachusetts – 1 Disaster Medical Assistance Team out of Boston deployed to the capital city of Port-au-Prince in support of the international disaster relief efforts.

As the MA-1 DMAT lead pharmacist, Dr. Shannon Manzi was one of the first responders on the ground providing desperately needed medical attention to the injured and sick, including moderately and severely dehydrated babies.

“In January of 2010, we saw, like everybody else watching the news, that there was a massive earthquake in Haiti,” said Manzi. “When we are on call, if anything happens I have three hours to get to the airport. So my bag is always packed and ready to go.”

Manzi, whose full-time job is as director of the Clinical Pharmacogenomics Service and manager for the Emergency Department and Intensive Care Units Pharmacy Services at Boston Children’s Hospital, has also been on the MA-1 DMAT disaster team since 2001, deploying to both domestic and international disaster areas to provide emergency medical services to victims of hurricanes, earthquakes and other humanitarian crises such as the unaccompanied minor border crossings in Nogales, Arizona, in 2014.

“I’ve responded to every hurricane named where federal assets were deployed, short of Andrew in 1992 – because I wasn’t on the team yet. Additionally outside of DMAT, I have been on medical missions in Malawi” she said.

When deployed, Manzi and her team are covered under the Uniformed Service Employment and Reemployment Rights Act, or USERRA, a federal law that establishes rights and responsibilities for uniformed service members and their civilian employers, which protects civilian job rights and benefits for veterans and members of the active and Reserve components of the U.S. armed forces.

Most recently, Manzi deployed with MA-1 DMAT to Hurricane Irma disaster zones, and is expecting to go to Puerto Rico in a few weeks.

“We’re similar to the public health service in some ways, notably different in that we are intermittent federal employees with civilian full time jobs in our discipline. Our role is also significantly different from global health missions because we go into an area where there generally is a complete lack of infrastructure,” she said.

According to Manzi, MA-1 DMAT is one of 54 active disaster response teams right now in the U.S., with an average roster of about 100 healthcare providers from all different disciplines, including physicians, nurses, medics, pharmacists, respiratory therapists and behavioral health practitioners.

After being staged first at the airport and then the U.S. Embassy, Manzi’s team finally reached the area that would become their field station.

“There were some NGO [non-government organizations] providers already there, but from an official U.S. government response, we were the first U.S. boots on the ground,” she said. “We ended up in a courtyard area within some buildings of an old medical school that the U.S. had built in the [19]60s and then abandoned for a new school that was built, but unfortunately, (it was) heavily damaged during the earthquake.

“But the courtyard was available and right next to the multitude of tent cities that were built, so we set up the whole works within that courtyard, with an operating room, patient care area, pharmacy, logistics, and billeting area for the staff,” she said.

Once on the ground, Manzi and MA-1 DMAT needed to link up with their command and control unit, called the incident response coordination team to establish what their mission was going to be.

The IRCT’s job is to find the missions and match them to each emergency medical response team based upon the needs, which were identified as “untreated wounds, ongoing medical care, and a huge concern for infectious disease, especially as conditions became more unsanitary,” she said. “As you can imagine, there’s a lot of chaos that happens early on, and the goal is to have great communication to know what the needs are, but that’s hard when there’s no infrastructure to start with.

“Our mission was to establish a field hospital and take care of anyone that came to us. A secondary mission was to offload some of the general hospital because they were



COURTESY PHOTO

Members of the Massachusetts – 1 Disaster Medical Assistance Team out of Boston, who deployed to Haiti in support of the international disaster relief efforts to the earthquake in 2010, used the MRE’s salt, sugar, and drink flavoring packets to make an emergency oral rehydration solution for dehydrated babies and victims.

damaged, as well,” she added. “They had patients on the lawn. They were overwhelmed and simply could not take any more patients.”

Manzi’s team treated a variety of patients and injuries. “It really depends on the disaster,” she said. “We could have something as simple as a laceration, which doesn’t require a lot of care, to something as complicated as an amputation, which we’ve had to do. And of course, all other types of medical patients. With Haiti, it was a lot of crush injuries, some burns, but mostly crush injuries.

“We treated everyone from hours old newborns to adults for wound care, to surgery; other patients had some brief interventions that had been done by someone else on the scene that we checked for infection, cleaned and bandaged back up, fevers, babies and adolescents for tetanus shots,” Manzi said. “You name it, we had it, and so it was a whole medical to surgical contingent.

“And then you get the pregnant women who are going to deliver no matter what; regardless of what Mother Nature does, it’s going to happen. Our very first patient was an expecting mother who was about to deliver,” she added.

## A SOLUTION BECOMES THE SOLUTION

“When you get shipped to Haiti with a whole bunch of insulin and there’s not a diabetic to be found, and only six bottles of electrolyte replacement solution, you’ve got a problem,” said Manzi. “As we went on with treating patients, we had a number of dehydrated pediatric patients; in fact, the vast majority of our patients were pediatric – orthopedic and pediatric – along with people who just didn’t have enough to drink or eat.

“Then you get more diarrhea illnesses as the disaster goes on because you have compromised infrastructure, and their infrastructure was not all that robust to begin with,” she said.

According to the World Health Organization, diarrheal disease, resulting in dehydration caused by contaminated food and water sources, is a leading cause of child mortality and morbidity in the world.

The WHO reports that during a diarrheal episode, water



PHOTO BY DAVID KAMM

MRE components, including the salt, sugar, and flavoring packets like the ones used by Dr. Shannon Manzi to make an emergency oral rehydration solution to treat dehydrated babies and victims of the earthquake in Haiti in 2010, are shown here in menu No. 23.

and electrolytes (sodium, chloride, potassium and bicarbonate) are lost through liquid stools, vomit, sweat, urine and breathing. Dehydration occurs when these losses are not replaced and is a life-threatening risk to infants and young children, especially when they are victims of natural disasters in developing countries.

“So, we were really quickly running out of our electrolyte replacement solution that we brought with us,” Manzi said. “There is a small amount in our basic load, which includes our pharmacy cache but it was never set up for this type of mission per se, so we ran out.

“Resupply at that point was a challenge,” she said. “The airport was very severely damaged, and there were tons of flights trying to get in and out from all over the world, bringing supplies and relief workers in, trying to get people out of Haiti, so the airstrip time was extremely limited and getting supplies into the country was very challeng-

MRE, PAGE C5

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# MRE

Continued from Page C4

ing, to say the least. Basically, we knew a resupply wasn't going to happen anytime soon."

So, when emergency medical workers ran out of the commercially made electrolyte solution they brought with them, Manzi had to improvise an alternative. She came up with an innovative solution. "My supervisor asked me our status on rehydration solution, and I told him, 'It's bad – we only have two bottles left.' He asked, 'So, what's your plan?'"

"I said, 'Well, honestly, I can make it. We're going to have to make our own bottles of solution because most of our patients are pediatric patients. I just need everybody to start dropping off their sugar and salt packets, and if they're willing to part with their drink flavorings, like fruit punch, etc., from their MREs for their water bottles,'" she added.

The staff was more than willing to help out.

"I put a box out that said, 'Please donate to the kids. I need salt, sugar and flavoring packets,' and everyone had to pass the pharmacy to pick up their MREs, anyway, because of our location and where we were in relation to the MREs. And every day I'd have enough needed to make the WHO recipe," Manzi said.

"We had the 82nd Airborne Division there as our force protection and even they were donating those components from their MREs. So it was more of a morale booster than anything else," she added.

"It became more about buoying the feeling of people who were there helping. People would say to me, 'Hey, I'm going to go without sugar in my coffee today and give it to you for the babies.' So, that's what we did," she said. "I had previously downloaded the recipe from the WHO website and was ready to go."

WHO's preferred low osmolality oral rehydration solution calls

for:

Full strength (to be used by those who can drink and are not clinically dehydrated):

- 75 mEq/L sodium
- 70 mmol/L glucose\*
- \*glucose is preferred over sucrose, but home recipes allow for use of sucrose
- Half strength for oral or NG rehydration:
- 25 grams glucose (equivalent to 10 level teaspoons)
- 37.5 mEq sodium (equivalent to ~1/3 tsp table salt)
- 40 mmol potassium (equivalent to 40 mEq potassium)
- 1 liter clean water
- Final concentrations: 37.5 mEq/L sodium, 40 mmol/L potassium, 25 grams/L glucose

"We were able to use some of our intravenous potassium, which we weren't using otherwise at that time, unless they were going into the surgical suite," Manzi said. "So, I was able to use the salt out of the MREs, the sugar out of the MREs, and the flavoring packet out of the MREs, and the potassium out of the intravenous solution, and make the WHO preferred oral rehydration solution, both full strength and half strength.

"I would mix the sucrose (sugar) with the sodium chloride (salt), take a look at it, then add the potassium I had available and obviously clean drinking water, bottle it up, label it," she said. "Sometimes I had flavoring to add to it and sometimes I didn't. When I had the flavoring, it was definitely more appealing to the children.

"And for some kids, this was secondary for what they came in for," Manzi said. "If they had an infection, but were also severely dehydrated, we'd also treat them for that.

"We had some oral syringes with us for the very tiny babies and little ones. The big kids just drank it out of cups or whatever we had available," she said. "And for the kids that were too sick to drink it, we had to drop an NG



COURTESY PHOTO

The bottles of emergency oral rehydration solution made with MRE salt, sugar and drink flavoring packets by Dr. Shannon Manzi.

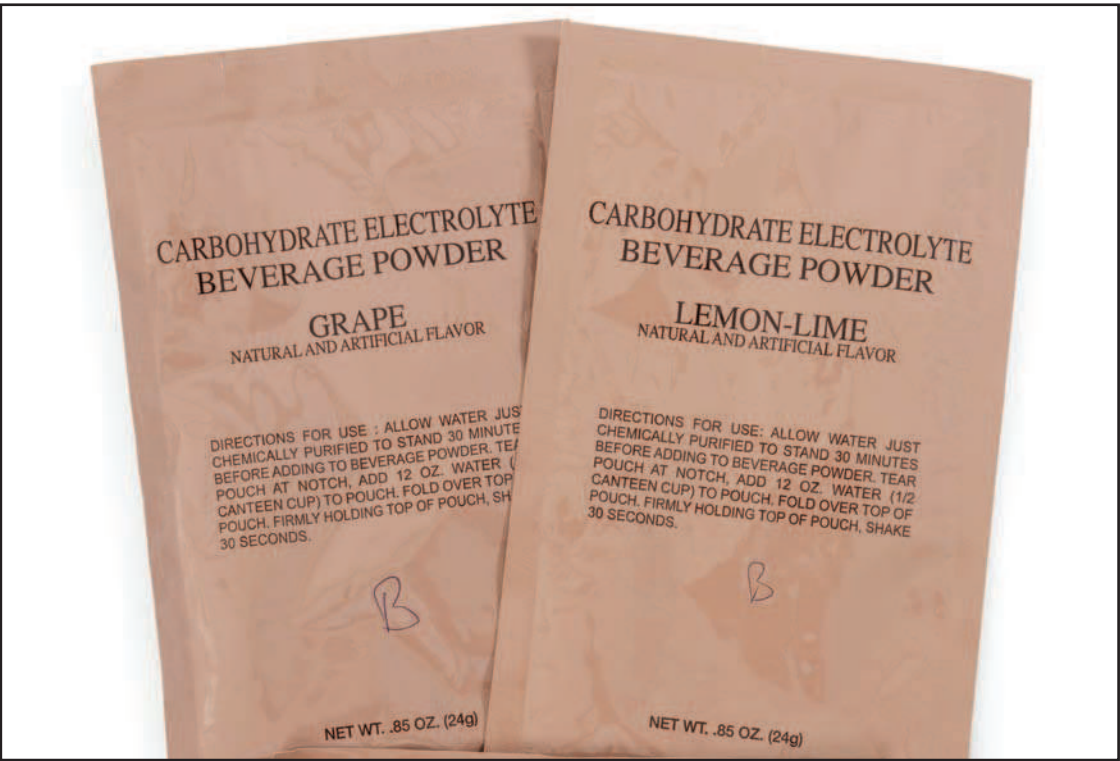


PHOTO BY DAVID KAMM

MRE drink flavoring packets like these were used with the salt and sugar packets to make an emergency oral rehydration solution.

[nasal gastric] tube, which you don't want to do if you can get the patient to drink it.

"It's a more appropriate re-

hydration solution to rebalance the electrolytes, especially when there's vomiting, diarrhea or just the inability to find clean drinking water. Over time, your electrolytes become completely unbalanced so there were some derangements that we had to fix, and those can be so severe that it causes seizures, muscles spasms and pain," Manzi said.

"I just kept making it because we didn't get resupplied during our deployment – at least five or six batches of that myself, and then taught the other pharmacist how to make it. I did the day shifts and she did the night shifts," she said. "I ended up handing it over to the next team, who relieved us after a few weeks."

## MRE BOXES BECOME INFANT INCUBATORS

Emergency medical workers also found novel ways to use different parts of the MRE packaging and cases they come in, something familiar to Soldiers.

"We also used the MRE boxes as cribs," Manzi said. "MRE boxes were a very coveted item because you can use them for anything. We had one on top of a stretcher and had to make basi-

cally an incubator for the newborn babies whom we needed to keep warm. So we put the space blanket in it and the other blankets inside that. Then we'd put a sign on it that said, 'Baby in a Box, Don't Throw Away.'"

Manzi's husband, also a member of MA-1 DMAT whom she met during Hurricane Katrina, uses the MRE bags' outer packaging for their waterproof properties.

"He attached Velcro to them to make his own waterproof packs," Manzi said. "When I deploy, I bring a lot of references with me, and when you're in the field, you have to be innovative when you're in an austere environment."

"We've known for quite some time that the MRE and its packaging has utility beyond just food," said CFD's deputy director, Jeremy Whitsitt. "Soldiers and Marines are very innovative in finding creative uses for almost everything in the ration, but the way in which it was used in Haiti, as described by Dr. Manzi, is truly amazing.

"We're happy to have played a role in helping so many wounded, hurting, and displaced people," he said.



COURTESY PHOTO

Manzi (center) and team members from the MA-1 DMAT deployed to Haiti in support of international disaster relief efforts in 2010.

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# SEACT brings holiday class back to the stage

**Army Flier**  
*Staff Reports*

Two timeless tales grace Dothan’s Cultural Arts Center stage this season.

Southeast Alabama Community Theatre will present “Moon Over Buffalo” Oct. 24-28 at 7 p.m. each day.

In the madcap comedy tradition of Waiting for Guffman, Moon Over Buffalo centers on George and Charlotte Hay, fading stars of the 1950s. At the moment, they’re playing Private Lives and Cyrano De Bergerac in rep in Buffalo, New York with five actors.

On the brink of a disastrous split-up caused by George’s dalliance with a young ingénue, they receive word that they might have one last shot at stardom: Frank Capra is coming to town to see their matinee Unfortunately for George and Charlotte, everything that could go wrong does go wrong, abetted



by a visit from their daughter’s clueless fiancé and hilarious uncertainty about which play they’re actually performing, caused by Charlotte’s deaf, old stage-manager mother who hates every bone in George’s body.

Each performance runs about two hours with one 15-minute intermission. This show

contains mild profanity and colorful humor.

Tickets for “Moon Over Buffalo” are \$19 for adults and \$17 for students, adults age 65 or older and military with valid ID.

The second performance to grace the stage, “A Christmas Story,” arrives just in time for the holiday season with a dinner theatre setup.

All 9-year-old Ralphie wants for Christmas is a Red Ryder Carbine Action 200-shot Range Model air rifle with a compass in the stock and “this thing which tells time.”

The beloved story, based on the humorous writings of author Jean Shepherd and viewed on television by millions every Christmas Eve, returns to the SEACT stage in a holiday dinner theatre for the whole family Dec. 4-9 beginning at 5:30 p.m. each day. Ralphie spends most of his time dodging a bully and dreaming of his ideal gift. But every adult in his life says he’ll shoot his eye out.

Doors open at 5:30 p.m. and attendees may grab refreshments, dinner is served at 6 p.m. Show seating begins at 6:45 p.m. and the performance begins at 7 p.m.

The menu includes a classic green salad, “Not Your Mom’s” bacon-wrapped meatloaf, herb-roasted new potatoes, a zucchini-tomato bake and old-fashioned apple crisp. Tea, water and adult beverages will also be available.

Dinner seating and show-only seating are available. SEACT presents Each performance runs about two hours with one 15-minute intermission. This production is appropriate for most viewers age 8 and older.

Tickets for “A Christmas Story” are \$40 with dinner or \$20 each for show-only seating.

For more information or to purchase tickets, visit [www.SEACT.com](http://www.SEACT.com) or call 794-0400.

## WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT [JHUGHES@ARMYFLIER.COM](mailto:JHUGHES@ARMYFLIER.COM).

### ANDALUSIA

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

**ONGOING** — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

### DALEVILLE

**ONGOING** — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

### DOTHAN

**OCT. 24-28, DEC. 4-9** — The Southeast Alabama Community Theatre is selling tickets to its productions of “Moon Over Buffalo” and “A Christmas Story.” “Moon Over Buffalo” is scheduled to be performed Oct. 24-28 and “A Christmas Story” is scheduled to be performed Dec. 4-9 at the Cultural Arts Center. Tickets are available online at [www.SEACT.com](http://www.SEACT.com) or by contacting the SEACT Office at 334-794-0400. The SEACT office is open for ticket sales between 10 a.m. and 2 p.m. and is located inside the Cultural Arts Center at 909 S. St. Andrews Street. Tickets for “Moon Over Buffalo” are \$19 for adults, and \$17 for students, seniors and military with ID. Tickets for “A Christmas Story” are \$40 with dinner or \$20 each for show-only seating.

**OCT. 19** — The Wiregrass Museum of Art’s Art After Hours, from 5:30-8 p.m., will celebrate the opening of its fall exhibitions, including “Folktopia” – an exhibition of folk art that explores the personal expressions of 20 self-taught artists, including Mose Tolliver, Howard Finster and Woodie Long. “Folktopia” is guest-curated by Marcia Webber, owner of Marcia Webber Art Objects in Montgomery. Also opening, “Gravitation” by Jacob Phillips. The event is free for members and costs \$5 for non-members. For more information, call 334-794-3871 or visit <http://www.wiregrassmuseum.org/>.

**ONGOING** — Disabled American Veterans Chapter 87 meets the third Thursday of each month at 6 p.m. at the Doug Tew Recreation Center. For more information, call

334-86-0217 Ext. 122 or email [davchapter87@gmail.com](mailto:davchapter87@gmail.com). The chapter maintains office hours at 545 West Main St. (Mixon Business Center, Rm. 122), Mondays, Tuesdays, Wednesdays and Thursday from 9 a.m. to 2 p.m. to assist, free of charge, disabled veterans and their spouses with disability compensation claims and other benefits.

### ENTERPRISE

**OCT. 26** — The Wiregrass-Enterprise Chapter of the National Active and Retired Federal Employees will hold its monthly lunch program at 11 a.m. Oct. 26 at PoFolks Restaurant. The guest speaker will be Chris Alexander, Blue Cross/Blue Shield representative, who will speak to members about finding the right Blue Cross/Blue Shield plan, keeping current with their policy updates, changing health coverage items when necessary, knowing personal health needs that change over time, and choosing the best options for health plans and premiums. All federal employees, active or retired, are invited to attend the lunch programs regularly scheduled at 11 a.m. every fourth Thursday at PoFolks. NARFE, the organization that supports the benefits of active and retired federal employees, schedules speakers to discuss these benefits and other information important to the membership. For more information, call 334-393-0492.

**OCT. 21** — The Friends of the Enterprise Public Library will hold its fall book sale from 9 a.m. to 2 p.m. at the library. For more information, visit <http://www.friendsofenterpriselibrary.org>.

**NOV. 4** — The Experimental Aircraft Association Chapter 351 will host free airplane rides for children ages 8-17 at the Enterprise Airport from 9 a.m. to 3 p.m. The event is designed to help children gain an understanding of aviation and introduce young people to the joy of flying. For more information, call 601-329-1334.

### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

### MIDLAND CITY

**ONGOING** — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

### NEW BROCKTON

**ONGOING** — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Town Hall (old armory building) at 706 McKinnon Street.

The office will assist veterans who were injured or

disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 334-406-6700.

**ONGOING** — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

### OZARK

**ONGOING** — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email [wcholmes53@hotmail.com](mailto:wcholmes53@hotmail.com).

**ONGOING** — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

### PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

### SAMSON

**ONGOING** — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

### TROY

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

### WIREGRASS AREA

**OCT. 22** — The New Hope Freewill Baptist Church, 3819 County Road 31, Abbeville, will celebrate its 151st anniversary at 2:30 p.m. The guest speaker for the event will be Pastor Walter Pogue of Union Grove Baptist Church in Eufaula. All churches are invited to attend. Dinner will be served.

## Beyond Briefs

### Humane Society haunted house

The Montgomery Humane Society will host its annual haunted house Fridays and Saturdays on October from 7:30-9:30 p.m. at 1150 John Overton Drive. There are no set age limits, but organizers said it is not designed for toddlers or young children. Admission is \$12, or \$10 with a food donation. For more information, call 334-409-0622 or visit [www.facebook.com/mhshaunt4paws/](http://www.facebook.com/mhshaunt4paws/).

### ZooBoo

The Montgomery Zoo will host its Zoo-Boo event Oct. 20-22 and Oct. 27-31. The event will feature a haunted hay ride, a Pumpkin Pull (non-scary hay ride), bouncy castles, concessions, and many Halloween-themed games and attractions. Gates will open nightly at 6 p.m. Cost is \$15 for ages 3 years old and older. Ticket includes entry, one ride on either the Haunted Hay Ride (scary ride) or the Pumpkin Pull Hay Ride (non-scary) and one sheet of game tickets (10 tickets per sheet). Montgomery Zoo

members will receive a 50-percent discount on ZooBoo admission.

For more information, call 334-240-4900 or [montgomeryzoo.com/announcements/zoo-boo-week-1](http://montgomeryzoo.com/announcements/zoo-boo-week-1).

### Alabama National Fair

The Alabama National Fair is scheduled for Oct. 27 through Nov. 5 at Montgomery’s Garrett Coliseum and Fairgrounds. The event will feature more than 60 rides, food, information and commercial booths, livestock competitions and more, according to organizers. The award-winning group Brothers Osborne will sing that first Saturday. The group’s performance will begin at 7 p.m. on the Coliseum stage. R&B singer, songwriter and actress Fantasia will perform the following night at 7 p.m. on the same stage. World of Wonders and Scott’s Magic Show, Ham Bone Express 3 Racing Pigs, Timberworks Lumberjacks and Zerbini Family Circus will provide outdoor entertainment. All performances are free with the purchase of a general admission ticket.

For more information, including ticket prices, visit <https://www.facebook.com/alnationalfair/> or [www.alnationalfair.org](http://www.alnationalfair.org).

### Monarch Butterfly Tagging Festival

Panama City Beach, Florida, will host its free Monarch Butterfly Tagging Festival Oct. 28 from noon to 2 p.m. at Conservation Park. The festival is a citizen science project to tag the butterflies as the head south to Mexico, according to organizers.

For more information, call 850-233-5045.

### Motorcycle rally

Panama City Beach, Florida, will host the Thunder Beach Autumn Motorcycle Rally Oct. 25-29 at seven official venues across the city. Organizers describe the event as the most biker-friendly free rally in the U.S. The event will feature live entertainment, custom motorcycle, motorcycle accessory vendors and a scenic ride on the beach.

For more information, visit [www.ThunderBeachProductions.com](http://www.ThunderBeachProductions.com).

### Ballpark Candy Walk at Riverwalk Stadium

The Montgomery Biscuits will hold its first ever Ballpark Candy Walk Oct. 29 from 3-6 p.m. at Riverwalk Stadium. The event will be free to the public, and will include

activities and crafts for families. Organizers said the highlight of the event will be a Candy Walk that will take place at the suite level of Riverwalk Stadium. The Biscuits are teaming up with local companies to distribute candy to children ages 13 and under as they trick-or-treat throughout the 20 suites at the stadium. Costumed characters will be on hand to greet and lead the kids through the Candy Walk. There will be lots of other activities taking place around the stadium, as well. The Biscuits mascot, Big Mo, will be joining children on hay-rides around the field. There will be Halloween-themed crafts and games set up on the concourse, including a pumpkin carving station, decoration creation station, bobbing for apples and more. Children are also encouraged to wear their best costumes and register in the Biscuit Basket retail store the day of for costume contests to win prizes.

Guests attending the Ballpark Candy Walk can enter through the main gate of Riverwalk Stadium at 200 Coosa Street in downtown Montgomery beginning at 3 p.m.

For more information, call 334-323-2255 or visit [www.biscuitsbaseball.com](http://www.biscuitsbaseball.com).



# Army Aviators fulfill special wish for youth with cancer

By Master Sgt. Robin Brown  
For Army News Service

JACKSON, Tenn. — Members of the Tennessee Army National Guard’s 1/230th Assault Helicopter Battalion conducted an orientation flight Oct. 10 for Wesley McCall, a 16-year-old boy who is terminally ill.

McCall was diagnosed with glioblastoma multiforme Grade 4 in May. He also previously suffered from craniopharyngioma when he was 3 years old. St. Jude Children’s Hospital removed that tumor in 2004, but Wesley has continued doing regular check-ups since that time.

According to the American Brain Tumor Association website, GBM tumors are highly malignant because they reproduce quickly and are supported by a large network of blood vessels. Only about 3 percent of childhood brain tumors are GBMs.

GBMs are difficult to treat because the tumors contain many different types of cells. Some cells respond to certain therapies, while others are not affected at all, the website stated.

“The first tumor was solid and easy to get rid of, but this one branches out and shows up in other areas of the brain,” said Staff Sgt. Angela Kemp, Wesley’s mother and member of the Tennessee National Guard’s 168th Military Police Battalion out of Dyersburg.

“In October of 2012, he started having seizures,” said Kemp. “In February of this year, his scans were showing normal, but he was suffering from some minor hearing loss. The recheck in May showed a spot on his hearing nerve which turned out to be another tumor.

“It took about a week for the actual diagnosis. In the meantime, all I could think was where did this come from, and what do we do?” Kemp said. “I was going crazy, calling every day to get an update.”

Wesley had surgery May 31 and started radiation therapy again at the end of June.

“He did five weeks of that to help buy him some more time,” she said. “It affected his balance and swallowing — some days he’s even been in a wheelchair. The radiation has made it shrink quite a bit.”

She added that the tumor would never go away. All treatment at this point is to continue to buy him more time and give him the best quality of life.

Wesley is currently undergoing a clinical trial through St. Jude for an immunotherapy drug named Pembrolizumab, or more commonly known as Keytruda. The drug has been FDA approved for treatment in patients with leukemia, but hasn’t been fully tested for the type of cancer that Wesley is currently suffering from.

“We are hoping it helps. They will do a new MRI in November to see it’s working,” said Kemp.

Wesley continues to go to school every day and has tremendous support from his friends, classmates and staff at the school.

“One of his friends has helped push him in his wheelchair and helped ensure he gets to class. There are great teachers and kids there,” Kemp said. “They all love him. Their faces light up when they see him — they include him in huddles at the football games. I think he has made an impact on all of them, as well.

“St. Jude has also been great. They referred him to Make-A-Wish when he was 3 and we went to Disney World,” she added. However, Make-A-Wish can only fulfill one wish per lifetime.

James McCall, Wesley’s father, has been instrumental in helping Wesley



PHOTOS BY MASTER SGT. ROBIN BROWN

Wesley McCall, a 16-year-old boy from Jackson, Tenn., after completing his orientation flight with the Tennessee National Guard Oct. 10. McCall was diagnosed with a terminal form of cancer in May.

complete his bucket list. One of the things he wanted to do was fly in a helicopter. Wesley’s mother reached out to the Aviation unit in Jackson, but that was right before they left to support hurricane relief efforts.

Coincidentally, McCall formerly worked with Cory Riley, who is now a first lieutenant in the Tennessee Army National Guard and serves as the squadron medical officer for the 278th Regimental Fires Squadron out of Alamo.

“I was contacted and asked to assist in securing a helicopter ride for Wesley, as this has always been a dream of his,” said Riley, who was unable to see the flight take place because he was on his way to Fort Irwin, Calif., for training with the Tennessee National Guard that day.

The request quickly made it to Maj. Gen. Max Haston, the adjutant general for the Tennessee National Guard. After getting legal approval within the state and from National Guard Bureau, the flight just had to be scheduled and pulled off.

“We were surprised he got it pulled off so quickly,” said McCall. “It was overwhelming that they were able to do this for him. Some Soldiers never get to fly in a helicopter, so the whole experience has been pretty cool!”

All of the flight crew wore #Wesley-sWarriors T-shirts the day of the flight. These were obtained through Tammila Akins, a friend of the family who started making the shirts on the side to help raise funds for Wesley’s family.

A flight suit was donated by the Tennessee Air National Guard’s 118th Wing, based in Nashville. CW4 Jayson Keel, a safety officer for the Army National Guard unit, sewed all the unit patches onto the flight suit so Wesley’s uniform would look official.

Maj. Mark Jordan, commander of the Aviation unit, affixed two Army National Guard patches — one for the Jackson Aviation unit and one for Riley’s unit. Jordan was also Wesley’s pilot for his flight.

Overall, resiliency has been the key. “It would be easy to sit at home and



CW3 Phillip Norris, instructor pilot; CW4 Jayson Keel, safety officer; Spc. Zachary Rowan, crew chief; James McCall, Wesley’s father; Wesley McCall; Angela Kemp, Wesley’s mother; 1st Sgt. Kenny Kendrick, first sergeant for B Co.; Maj. Mark Jordan, commander; Sgt. Glenn Love, crew chief; CW4 Blake Hardison, standardization pilot; and Staff Sgt. Dean Dolan, crew chief, on the flightline during Wesley’s visit.



Maj. Mark Jordan, commander of the HQ Co., 1-230th Avn. Regt., presents a flight suit to Wesley McCall before an orientation flight Oct. 10

be depressed, but you can’t,” said Kemp. “The Tennessee National Guard has been great, and very understanding about his

weekly doctor appointments and everything that has been going on. I couldn’t ask for a better group of people.”

## FORT RUCKER RELIGIOUS SERVICES

### WORSHIP SERVICES

Except as noted, all services are on Sunday.

#### Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service.

#### Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions  
9 a.m. Catholic Mass  
11 a.m. Collective Protestant  
12:05 p.m. Catholic Mass  
(Tuesday-Friday)  
4 p.m. Catholic Confessions  
(Saturday)  
5 p.m. Catholic Mass (Saturday)

#### Wings Chapel, Bldg. 60g36

9:30 a.m. Protestant Sunday School  
10:45 a.m. Latter-Day Saints  
10:45 a.m. Wings Crossroads  
(Contemporary Worship  
Protestant Service)  
11 p.m. Eckankar Study  
(4th Sunday)  
Spiritual Life Center, Bldg. 8939  
10:15 a.m. CCD (except during  
summer months)

### BIBLE STUDIES

#### TUESDAYS

Crossroads Discipleship Study  
(Meal/Bible Study)  
Wings Chapel, 6:30 p.m.

#### Protestant Women of the Chapel

Wings Chape, 9 a.m. and 6 p.m.

#### Adult Bible Study

Spiritual Life Center, 7 p.m.

#### WEDNESDAYS

Catholic Women of the Chapel  
Spiritual Life Center, 9 a.m.

#### Above the Best Bible Study

Yano Hall, 11 a.m.

#### 1-14th Avn Regt Bible Study

Hanchey AAF, Bldg. 50102N,  
Rm. 101 11:30 a.m.

#### 164th TAOG Bible Study

Bldg. 30501, 11:30 a.m.

#### Precepts Bible Study

Soldier Service Center, 12 p.m.

#### Kingdom Kidz & Youth Group Bible Study

Spiritual Life Center, 5:30 p.m.

#### Adult Bible Study

Spiritual Life Center, 6 p.m.

#### THURSDAYS

WOCC Bible Study (1st/3rd  
Thursday) Swartworth Hall,  
Bldg. 5302, 11:30 a.m.

#### Praise and Worship Meal/Bible Study

Wings Chapel, 5:30 p.m.





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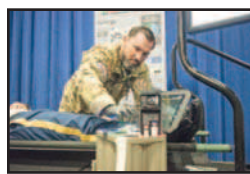
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OCTOBER 19, 2017



PHOTO BY NATHAN PFPAU

A Monstars player reaches for the flag of a Spartans player during a game at the Fort Rucker Physical Fitness Center football field Tuesday.

# MONSTARS MASH

## 1-145th Avn. Regt. stomps 1-212th Spartans, 32-6

**By Nathan Pfau**  
*Army Flier Staff Writer*

Fort Rucker Intramural Football season is under way and two teams with playoff ambitions battled it out early in the season.

The 1st Battalion, 145th Aviation Regiment Monstars defeated the 1-212th Avn. Regt. Spartans, 32-6, in a game Tuesday that had the Monstars outshining their opponents at every turn.

“We had enough people start on both offense and defense, and worked out some kinks – I thought (the game) went pretty well,” said CW3 Jeff Myers, Monstars coach. “We’ve had about four or five practices, and it was obvious that we’ve built some sort of cohesion and got some plays down.”

The 1-145th had the advantage

over the Spartans with almost double the players, allowing the Monstars the ability to rotate players more often than their opponents, which ultimately led to a win for the team.

Monstars got off to a good start as they received and managed short return, followed by a 20-yard pass to get within scouring range. They quickly managed their first touchdown with their next play to take an early lead, 6-0.

Spartans weren’t fairing as well on their start with a missed pass and a false start, and although they managed some runs, penalties kept pushing them farther from their goal line.

The 1-212th tried for a pass into the end zone, but the Monstars managed to pick off an interception to retake possession, leaving

the Spartans scoreless.

The Monstars pushed aggressively toward the opposing goal line and the quarterback managed to connect with his receivers to get within two yards of the goal line, following up with a completion in the end zone for their second touchdown to take a 12-0 lead.

The Spartans had another chance to push downfield and get on the scoreboard, and managed to push past the 50-yard line, but another interception halted any progress and returned possession to the Monstars.

Although the 1-145th found themselves with possession again, they weren’t able to cash in on their success as the Spartan’s defense went to work and forced a turnover at their 20-yard line.

The Spartans weren’t having

much luck with their possession, though, as they weren’t able to break through the opposing defense and decided to go for a long bomb, which ended in another interception to once again give the Monstars possession.

The 1-145th continued to find the gaps in the Spartan’s defense and pushed toward the goal line. They followed up again with a touchdown pass to lead at the end of the half, 26-0.

The Spartans had possession going into the second half and needed all the help they could get, but they weren’t able to take advantage of their possession as the Monstars’ defense held strong and managed to pick off another pass just minutes into the second half. The Spartans managed to return the favor with an interception of

their own in the end zone, returning possession to the 1-212th.

They managed two back-to-back 20-yard passes to push downfield and get within five yards of the goal line, and were finally able to push through the Monstars defense on their next play for their first touchdown.

Try as they might, the Spartans couldn’t keep up, though, as the Monstars took possession and didn’t slow their aggressive offense, pushing toward the goal line for another touchdown to extend their lead to 32-6 at the 2 minute mark.

The Spartans didn’t have any luck during their possession as the 1-145th’s defense remained tight to keep them from the goal line as the clock wound down, and the Monstars took the win.



ARMY GRAPHIC

## APHC launches new animal health mobile app

**By Samantha Birk**  
*Army Public Health Center Public Affairs Office*

ABERDEEN PROVING GROUND, Md. — The Army Public Health Center’s Veterinary Services and Public Health Sanitation Directorate have teamed up with the Public Health Communication Directorate in creating a new mobile app called milPetEd, short for Military Pet Education.

The app provides Soldiers, family members and retirees with animal health information, an interactive Veterinary Treatment Facility finder, and even a section where users can submit pictures of their furry, feathered or finned friends.

According to Katie Riley, a health communications specialist with the Public Health Communication Directorate, “The Military Pet Education app was created to provide Service members, beneficiaries and retirees with easy access to animal health information on phones and tablets.”

The comprehensive and accessible app leads the user through the various aspects of having a pet, from the basics, such as considering what sort of pet would be best for you and your family, to the harder topics, such as understanding the grief that accompanies losing a beloved pet.

The app includes a variety of articles, all written by U.S. Army veterinary service personnel. While the app currently focuses primarily on cats and dogs, it provides some information about what to do with smaller pets or farm animals in case of an emergency.

“Future additions to the app will include information about horses, birds and other creatures people may have as animal companions,” stated Lt. Col. Wendy Mey, a preventive medicine veterinarian in the VHS Directorate. “It is important for people to know that the information on the app

SEE MOBILE APP, PAGE D3

## SURGEON GENERAL:

### *Caring for Soldiers, families a shared responsibility*

**By Devon L. Suits**  
*Army News Service*

WASHINGTON — Ensuring quality care, combating opioid addiction and optimizing support for behavioral health were several critical topics of discussion during the first of three forums at the Association of the U.S. Army Annual Meeting and Exposition that focused on military families.

“Our service members make up the team that protects our freedom around the world,” said Lt. Gen. Nadja Y. West, the commanding general of U.S. Army Medical Command. “They deserve a coordinated and committed team right here at home that can be relied upon to care for their families, especially their spouses, partners, children and Soldiers for life.”

#### QUALITY OF CARE

“Army medicine’s uncompromising commitment to quality of care and patient safety is essential to make sure we maintain the medical and health readiness of our total Army, but it is also vital to the health of our families,” West said.

The general said the Army measures medical outcomes against national benchmarks administered by the National Committee for Quality Assurance, the governing body that evaluates and assesses all healthcare facilities in the U.S.

West said 100 percent of all Army medical facilities are joint-commission accredited, and meet NCQA’s standards of quality, safety, and standardization of care.

In addition to the joint accreditation, Army medicine works to the meet the surgical standards of quality set by the American College of Surgeon’s National Surgical Quality Improvement Program. Approximately 13 percent of the best hospitals in the U.S. participate in the program, West



ARMY PHOTO

**West**

said, while 100 percent of Army hospitals participate.

“Not only do we compare favorably, but recently the team at Brooke Army Medical Center [in Fort Sam Houston, Texas,] received a meritorious achievement award from the American College of Surgeons,” she said.

#### BEHAVIORAL HEALTH

“[Behavioral health] is an extremely important topic and issue for all of us, not just in the military, but in our nation,” she said. “Access to behavioral healthcare is a key to maintaining wellness.”

To help determine the effectiveness of behavioral health programs, a quantifiable survey has been established to help track and improve the Army’s health system.

“Historically, measurement-based care has not existed on this scale,” West said. “This is an Army-developed system that represents a novel, real-time standardized approach to demonstrate an individual and population health improvement from the enterprise level to the military treatment facility provider.”

West said the effort is a “great tool” to better understand if individ-

uals are getting better based upon the interventions that are made.

Currently, Soldiers and family members can receive behavioral health services through their primary care managers or an outpatient medical facility. But West said that Army medicine is looking to expand its capabilities through the employment of telephone consultations and virtual health platforms.

Additionally, the general also acknowledged the mental health needs of Army Families, as 58 percent of all Soldiers are married and 47 percent of the force has children. It is not just Soldiers that need behavioral health care.

“Our children are required to move and change schools and make new friends,” West said.

And sometimes, she said, those children are making those life changes when one or both of their parents are deployed.

To help, Army medicine is testing an in-school behavioral health treatment program to improve ease-of-access to students in need of support.

Military spouses may also need behavioral healthcare support, West said, due to their own unique challenges.

“Spouses and partners face the challenge of finding new jobs, caring for children, tending to [elderly] parents, [and] maintaining a household, all while worrying about the safety and well-being of their deployed spouse,” West said. “That is a lot to ask of our families.”

#### NATIONAL OPIOID CRISIS

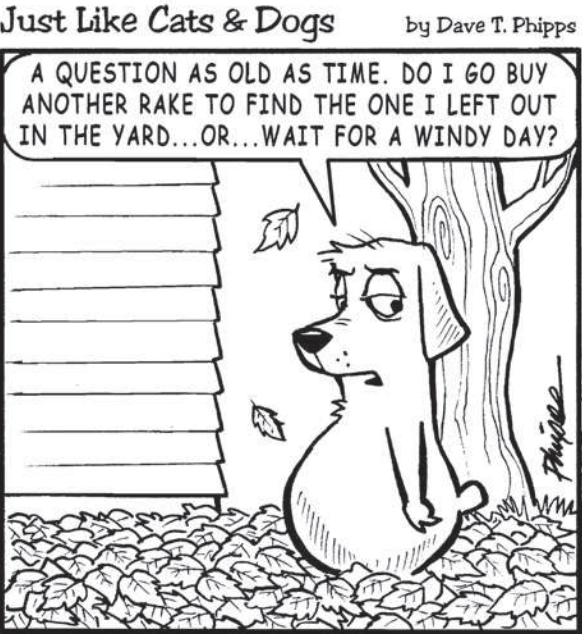
Communities across the nation have in recent years been struggling with an increase in opioid addiction. The Army community is not immune to that crisis, West said.

“Army medicine has been looking closely at developing a strategy for

SEE RESPONSIBILITY, PAGE D3



# DOWN TIME



## TRIVIA

1. GEOGRAPHY: What is the only sea without a land boundary?
2. ANATOMY: Which one of the human fingernails grows the fastest?
3. GAMES: What is the sum of all numbers on a roulette wheel?
4. ENTERTAINERS: What phrase is inscribed on the tombstone of Mel Blanc, the voice of cartoon characters such as Porky Pig and Bugs Bunny?
5. TELEVISION: What was the real name of Shaggy's character in the "Scooby-Doo" series?
6. OLYMPICS: How many events are in the decathlon?
7. MOVIES: William Shatner made his acting debut in which movie?
8. GENERAL KNOWLEDGE: What was the item that the crocodile Tick-Tock swallowed in the Disney movie "Peter Pan"?
9. BIBLE: What is the longest single book in the Bible?
10. MEDICAL: What is a more common name for rhinotillexomania?

See Page D3 for this week's answers.

## Super Crossword ROYAL NAMESAKES

- ACROSS**
- 1 Stole, e.g.
  - 6 Stoles, e.g.
  - 11 Many a yellow ride
  - 14 Kickoff
  - 19 Pertaining to pitch
  - 20 Hits upon the answer
  - 21 Uplifting verse
  - 22 Pointer
  - 23 "Cleopatra" star
  - 26 "E pluribus unum," e.g.
  - 27 Horse-race bet taker
  - 28 Defeater of Al Gore in 2000
  - 30 Orator called "The Great Pacificator"
  - 33 Knitting supply
  - 34 Crooner Johnny
  - 36 Camera part
  - 37 Stew holder
  - 39 H lookalike
  - 41 Genoa gold
  - 42 Abbr. that saves space
  - 43 "Dallas" actress
  - 51 Triscuit alternative
  - 52 Liking a lot
- DOWN**
- 53 Bert who had a lion's lines
  - 54 "East of Eden" actor
  - 59 Walked over buck
  - 61 Mexican dish
  - 65 Vocalist
  - 66 Close-fitting, bell-shaped hat
  - 68 Keeps repeating
  - 70 Wee, briefly
  - 71 "Concord Sonata" composer
  - 73 Bit of ink art
  - 74 Put on the air
  - 77 "3 Women" director
  - 78 Ginger, e.g.
  - 80 One wooing
  - 81 J.D. Salinger title heroine
  - 83 "Wag the Dog" actress
  - 85 Mater lead-in
  - 87 Advance
  - 89 Go out
  - 90 "Lucy Gray" poet
  - 96 Booster for a rock band
  - 99 Punk rock variant
- ACROSS**
- 100 China's Chiang —
  - 101 Patriots' Day
  - 102 Ending for buck
  - 103 Dirty mark
  - 106 Keep going
  - 110 "The Great Lie" Oscar winner
  - 114 "A Book of Nonsense" author
  - 116 Of a big artery
  - 117 Arbor array
  - 118 Namesakes of the 10 people featured in this puzzle
  - 123 Some equines
  - 124 Me, to Luc
  - 125 Vowel run
  - 126 Hay-bundling machine
  - 127 Just manage
  - 128 FWIW part
  - 129 Stickpin site
  - 130 Yukon vehicles
- DOWN**
- 3 Like negatively charged atoms
  - 4 Shaving tools
  - 5 Like many piecrusts
  - 6 See
  - 11-Down
  - 7 Act the fink
  - 8 Guitar wood
  - 9 Mine shaft
  - 10 Like a ham
  - 11 With
  - 6-Down, circular diagram of the spectrum
  - 12 Decorator
  - 13 Arctic mass
  - 14 Latin dance
  - 15 Game fish
  - 16 Place to buy paintbrushes
  - 17 Tax shelter named for a U.S. senator
  - 18 Binary base
  - 24 Brand of 4-Down
  - 25 "For" vote
  - 29 Gives out
  - 30 Hurry, old-style
  - 31 Well-chosen
  - 32 "— hoo!"
  - 35 Note below la
  - 38 Prefix with angle
- ACROSS**
- 40 Up to, in brief
  - 43 MasterCard rival
  - 44 "— help a lot if ..."
  - 45 Prague natives
  - 46 Winning
  - 47 Stationary
  - 48 Cutesy—
  - 49 Burn a bit
  - 50 Food writer
  - 51 Pal of Stimpy
  - 54 Drops callously
  - 55 "Later, Luc!"
  - 56 Prefix with second
  - 57 Off to — start
  - 58 Here-there connection
  - 60 Armless sofa
  - 62 Cobwebby storage site
  - 63 Extract by percolation
  - 64 Perfumer
  - 67 Upward
  - 69 Bill equal to two fims
  - 71 Toyota or Kia
  - 72 "— bad boy!"
  - 75 Abbr. ending many a list
- DOWN**
- 76 E. — (bacteria)
  - 78 — Tzu
  - 79 Pig, to some
  - 82 — -mo
  - 84 Interoffice phone no.
  - 86 Doc's org.
  - 88 Secret org.
  - 90 Director Craven
  - 91 Dunk
  - 92 Most noisy
  - 93 Refuses to
  - 94 Typing meas.
  - 95 "... man — mouse?"
  - 96 "A" or "an"
  - 97 Sponged
  - 98 "— favor"
  - 102 Star-related
  - 104 Uncool type
  - 105 Long-winded
  - 107 Auspices
  - 108 "My Gal —"
  - 109 Juror's event
  - 111 Artist Dufy
  - 112 Over there, in poetry
  - 113 Most Iraqis
  - 115 Pop's Lovato
  - 117 Dog's ID site
  - 119 Briny body
  - 120 With it
  - 121 Singer
  - 122 Most coll. applicants

See Page D3 for this week's answers.

## Weekly SUDOKU

by Linda Thistle

5				1		4		
		8	7				3	
	1				2			8
		7	9	3		8		
	9				6		1	
6			4					5
	4			8		7		
		6			3		9	
3			2					4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦♦♦**

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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See Page D3 for this week's answers.

# KID's CORNER

**Don't Be Scared of This One!** Hidden in the above frame is an old saying. You can find it by reading every other letter as you go around it clockwise. The trick is finding the right first letter.

Answer: Starting with the "T" in the bottom left, the bark is "Tear a Mom's Mind."

**TRY SEWING THIS ONE UP IN FIVE MINUTES!** To solve this problem you must replace the letters in our AlphaMath puzzle with the digits 0, 1, 2, 5, 6, 7, 8 and 9, so that you have a correct addition expression. The same letters get the same digits. Try to get a higher total than we did.

Our answer: T=8, E=7, A=6, M=1, H=4, N=2, S=5, O=9, D=0, B=3, R=9, I=0, T=2, O=0.

**CHAIN REACTION!** Take the seven letters printed below our diagram and place them in the circles so that eight four-letter words can be read, top to bottom, along the connecting lines. All the words will begin with the letter in the top circle.

Answers: Top to bottom: Mako, make, male, mall, mole, moat.

**Junior Whirl**  
by Charles Barry Townsend

A HAUNTED HOUSE FILL-IN PUZZLE

Illustrated by David Coulson

Below are 15 words associated with scary stories and places. You must place them in the crossword puzzle grid shown above. Use the trial-and-error method, and keep a good eraser handy.

ATRIC BEAST  
BODY CRASH  
CROSS

CRYPT GHOST  
GLOOM HOWL

MOANS MUMMY  
OWLS RATS  
YELLS

Answers: (Across) 1. Crash, 4. Body, 7. Gloom, 10. Rats, 11. Moans, 12. Cross, 13. Crypt, (Down) 1. Curse, 2. Atroc, 3. Beast, 5. Ghost, 6. Yells, 7. Gloom, 8. Mummy, 9. Beasts.

**Wishing Well®**

5	6	7	5	4	8	7	2	6	7	3	8	6
E	F	A	M	P	F	N	B	R	E	G	O	I
5	3	8	6	5	4	3	8	2	5	2	7	2
O	L	R	E	T	R	A	G	E	I	L	X	A
3	8	7	5	4	5	8	3	6	8	5	3	4
D	E	C	O	O	N	A	F	N	H	S	O	F
5	2	5	4	6	4	6	8	2	6	5	4	3
R	T	U	O	D	U	S	E	H	N	N	R	
4	8	7	6	5	6	5	7	3	7	5	2	4
D	A	I	H	P	I	T	O	I	G	D	L	
2	7	2	7	2	7	2	4	5	8	4	7	6
N	N	E	G	W	D	S	O	H	D	V	A	R
3	6	3	4	7	6	3	6	3	6	3	6	6
T	E	H	E	Y	N	E	E	R	W	S	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Answers: (Across) 1. Crash, 4. Body, 7. Gloom, 10. Rats, 11. Moans, 12. Cross, 13. Crypt, (Down) 1. Curse, 2. Atroc, 3. Beast, 5. Ghost, 6. Yells, 7. Gloom, 8. Mummy, 9. Beasts.

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**HOCUS-FOCUS**  
BY HENRY BOLTNOFF

Find at least six differences in details between panels.

Answers: 1. Fence is missing, 2. Window is missing, 3. Tree is missing, 4. Bird is missing, 5. Hat is missing, 6. Shadow is missing, 7. Shadow is missing, 8. Shadow is missing, 9. Shadow is missing, 10. Shadow is missing, 11. Shadow is missing, 12. Shadow is missing, 13. Shadow is missing, 14. Shadow is missing, 15. Shadow is missing, 16. Shadow is missing, 17. Shadow is missing, 18. Shadow is missing, 19. Shadow is missing, 20. Shadow is missing, 21. Shadow is missing, 22. Shadow is missing, 23. Shadow is missing, 24. Shadow is missing, 25. Shadow is missing, 26. Shadow is missing, 27. Shadow is missing, 28. Shadow is missing, 29. Shadow is missing, 30. Shadow is missing, 31. Shadow is missing, 32. Shadow is missing, 33. Shadow is missing, 34. Shadow is missing, 35. Shadow is missing, 36. Shadow is missing, 37. Shadow is missing, 38. Shadow is missing, 39. Shadow is missing, 40. Shadow is missing, 41. Shadow is missing, 42. Shadow is missing, 43. Shadow is missing, 44. 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# SAVING LIVES

## New tech could streamline medical treatment on battlefield

By Joe Lacdan  
Army News Service

WASHINGTON — Today’s Army medics can be slowed down during medical evacuation missions by the need to document patient data and medication logs. In the future, however, medics may be free from such tasks that can deter their focus on treating the wounded.

The Army Medical Materiel Agency at Fort Detrick, Maryland, has been working with Nett Warrior Soldier and industry partners to develop new transport telemedicine systems that will automatically do the work for them. The Medical Ultra Wideband Broadcast is a hands-free system that uses Bluetooth technology to capture data, including patient information, inventory and arrival times. The Bluetooth system uses a broad range of frequencies at very low amplitude.

Members of AMMA performed a demonstration of the developmental equipment at the Association of the U.S. Army Annual Meeting and Exposition Oct. 10. The system includes a tourniquet with built-in sensors, a heart rate monitor that records a patient’s

heart rate, blood pressure cups and vital sign monitors.

Patient data will be captured using a tablet that records and stores information. The new system could see the field as soon as 2020.

“All those things identify a new patient,” said Lt. Col. Christian Cook, MedEvac mission equipment product manager. He explained that with MEDHUB, a medic won’t need to record the patient’s record on paper.

“The best thing about this is it doesn’t stop there, it flows off of the platform wirelessly to a medical treatment facility – where we’re taking the patient to, therefore they can prepare for the arrival of one or more patients,” Cook said.

Cook has 18 years experience as a MedEvac pilot and flew three combat tours during Operation Iraqi Freedom. He said as U.S. forces shift their focus to potentially new threats, data collection issues in the field may continue.

“We think these problems will exist in the multi-domain battlefield,” Cook said. “We’ve got to be able to return our evac assets to the fight quicker and that means ... quicker exchange of information.”

Often a flight paramedic or MedEvac pilot must now call the



PHOTO BY JOE LACDAN

Retired Sgt. 1st Class Jeffrey Jones demonstrates how to use the Medical Ultra Wideband Broadcast or MEDHUB system, which allows Army medics to tend to patients while recording data hands free.

hospital and verbally give a patient’s status and the number of patients being transported. The transport telemedicine system using the DOD tactical satellite network will record and transmit patient data to the hospital.

When treating patients on the battlefield, medics often must write down patient information on cards or memorize the data. They must also guess a patient’s weight to determine an appropriate amount of medication. A proposed electronic scale will not

only calculate a patient’s accurate weight, but calculate the amount of medication needed based on the patient’s weight.

Since the Vietnam era, medics have had to manually perform these tasks that often will slow down treatment on the battlefield, said Army Transport Telemedicine product manager Jay Wang.

The new products will help medics focus on administering patient care. Medical data on patients will also be forwarded to hospitals up to 30 minutes prior to a patient’s

arrival, enabling hospital personnel the ability to perform more effective patient care.

“There is no data being sent to the hospital ahead of any MedEvac arrival, especially in the battlefield where we don’t have a lot of communication,” Wang said. “So what we’ve done here is a system that does two things: provides the hospital with that vital critical information of how many patients, what’s their basic vital signs, what’s their ETA and how many are littered so that they be carried in so that the hospital can assign resources, number of beds.”

Medics must also keep a log whenever they remove medicine from inventory, remove medication from the building and when they administer medication to a patient. The proposed system will automatically document the medication using sensors and the wireless technology.

“What we’re trying to do is create a scale of accountability,” Wang said.

Wang said that the products are still in development stage and his team is still finalizing concepts, but he is excited to turn the concepts into a final product.

## Responsibility

Continued from Page D1

pain management for over a decade,” West said. “We recognize that there are complex, clinical and social consequences with chronic pain and we are deeply concerned about the reduced quality of life for those that abuse opioids and the consequences for their families, friends, and communities.”

Opioid use peaked in the Army in 2012, according to West. Since then, the Army made a concerted effort to address the issue by decreasing the total percentage of Soldiers given one or more opioid prescriptions over a 180 day period.

In 2010, the Army created a pain management task force, which garnered 109

pain management recommendations.

Those recommendations helped build an array of best practices for the care of acute and chronic pain, based on the best evidence available; provided tools and infrastructure that supports encouraged practice and research advancement in pain management; and synchronized a culture of pain awareness, education and proactive intervention, according to the general.

West said she knows more can be done. “We’re not going to be happy until we can get this down as close to zero as we can,” West said.

### BEING PROACTIVE

“Army Wellness Centers are ‘performance triad’ platforms that focus on sleep,

activity and nutrition,” West said. “These services are designed to promote and sustain good health and improve the overall healthy lifestyles of our Soldiers, family members, retirees and Department of the Army civilians.”

The goal is to create a more proactive approach to a person’s health and wellness. This starts by addressing harmful lifestyle behaviors. In turn, wellness center professionals can provide individuals with the tools they will need to make positive changes over time, she said.

Wellness centers and primary care managers work in tandem by implementing a coordinated approach to patient care, West said. This ensures a proper alignment of treatment for all patients and continuously

provides patient progress and oversight to all PCMs.

Additionally, in December, West directed sweeping changes to Army medicine policies related to access to military treatment.

“As a result of the hard work, patients at Army military treatment facilities can make appointments six months out,” she said. “Primary care is now available during every training holiday, and we have adjusted and extended clinic hours to accommodate appointments that are more convenient to our patients.”

These changes created an additional 680,000 primary care appointments and increased acute appointment availability by 37 percent.

## Mobile app

Continued from Page D1

was written by Army Veterinary Service personnel with our military beneficiaries in mind.”

MilPetED includes extensive animal health information, ranging from general information about the importance of preventive care to species-specific information, such as preventing dog bites. In addition to physical health, the app offers information about helping ani-

mals who are experiencing emotional or behavioral difficulties.

The app offers advice that is relevant to the whole family, such as instructing parents and caregivers about the importance of teaching your children about proper animal etiquette, and the proper way of introducing a new infant to the family pet.

“Many may only visit the veterinary treatment facility once or twice a year. We needed to come up with a

way to ensure our service members, beneficiaries, and retirees had easy access to trusted information at their fingertips,” said Riley. “The Military Pet Education app was created to be the one place service members, beneficiaries and retirees need to go to obtain animal health information tips and resources on any of their devices.”

The app officially launched Sept. 12, and is available for free download from iTunes and Google Play.

## FORT RUCKER SPORTS BRIEFS

### Fort Rucker Big Buck Contest

Fort Rucker Outdoor Recreation continues its Big Buck Contest through Feb. 10 during daylight hours. The entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck and the buck must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a hunter education card.

For more information and to register, call 255-4305.

### Dove Hunt

Fort Rucker Outdoor Recreation will host a two-day dove hunt Saturday and Sunday from a half hour before sunrise until sunset each day. The cost for each shooter is \$30.

Youth ages 6 to 15 years are allowed to hunt with a guardian, with the understanding that they must sit side by side, and an additional \$5 per youth fee will apply. Hunters will receive a sack lunch with a bottle of water. Eye protection must be worn at all times. Space is limited to the first 25 adult hunters. The event will be open to the public. Hunters will draw numbers to determine which stand they will have. A brief will be given each morning of the shoot.

For more information, call 255-4305.

### Spooky 5K

The Fort Rucker Physical Fitness Center will host the annual Spooky 5k, 1-Mile Fun Run and Costume Contest, Oct. 28. Participants are encouraged to pre-register for the event. Forms are available at both PFCs and online at rucker.armymwr.com.

The fun run is free, open to all children and will begin after the 5k is completed. Each fun run participant will receive a medal. There will be a costume contest with first-place trophies for overall best costume, scariest costume, and most original costume in both adult and children categories. The costume contest is free to enter and will start at 8:15 a.m.

For more information, call 255-2296.

### Monster Bowl

Rucker Lanes will host its annual Monster Bowl, “Zombies vs. Aliens,” Oct. 28. There will be a costume contest at 9 p.m. for children up to age 7 and at 10 p.m. for ages 8 and above, including adults – along with extreme bowling. Cost will be \$15 per person with unlimited bowling. Shoe rental will be \$2 per person. Prizes will be award-

ed for the best costumes and there will also be giveaways throughout the night.

For more information and to make lane reservations, call Rucker Lanes at 255-9503.

### Trail ride

Fort Rucker Outdoor Recreation will host its all-terrain vehicle and dirt bike trail ride Nov. 4 from 7 a.m. to 1 p.m. Pre-registration is required and the cost is \$20. Drivers must pass the safety driving test through ODR before participating. Participants must provide their own ATV or dirt bike, and also provide their own protective gear, including helmets, boots, etc., that must be worn at all times. The event is open to the public for ages 16 and up.

For more information, call 255-4305 or 255-2997.

## PUZZLE ANSWERS

### Super Crossword

#### Answers

S	C	A	R	F	W	R	A	P	S	C	A	B	S	T	A	R	T
T	O	N	A	L	H	A	S	I	T	O	D	E	A	R	R	O	W
E	L	I	Z	A	B	E	T	H	T	A	Y	L	O	R	M	O	T
B	O	O	K	I	E	G	E	O	R	G	E	B	U	S	H		
H	E	N	R	I	C	L	A	Y	Y	A	R	N	M	A	T	H	I
I	R	I	S		P	O	T	E	T	A		O	R	O			
E	T	C		V	I	C	T	O	R	I	A	P	R	I	N	C	I
				R	I	T	Z		I	N	T	O		L	A	H	R
J	A	M	E	S	D	E	A	N		T	R	O	D		T	A	M
I	D	I	N	A		C	L	O	C	H	E		I	T	E	R	A
L	I	L		C	H	A	R	L	E	S	I	V	E	S		T	A
T	E	L	E	C	A	S	T		A	L	T	M	A	N		S	P
S	U	I	T	O	R	E	S	M	E		A	N	N	E	H	E	C
				A	L	M	A		L	O	A	N		E	X	I	T
W	I	L	L	I	A	M	W	O	R	D	S	W	O	R	T	H	
E	M	O		K	A	I		A	P	R		A	R	O		O	
S	M	U	D	G	E		L	A	S	T		M	A	R	Y	A	S
E	D	W	A	R	D		L	E	A	R		A	O	R	T	I	C
T	R	E	E	S		E	N	G	L	I	S	H	M	O	N	A	R
A	S	S	E	S		M	O	I		A	E	I	O		B	A	L
G	E	T	B	Y		I	T	S		L	A	P	E	L		S	L

### Weekly SUDOKU

#### Answer

5	3	2	6	1	8	4	7	9
9	6	8	7	5	4	2	3	1
7	1	4	3	9	2	6	5	8
1	2	7	9	3	5	8	4	6
4	9	5	8	2	6	3	1	7
6	8	3	4	7	1	9	2	5
2	4	1	5	8	9	7	6	3
8	7	6	1	4	3	5	9	2
3	5	9	2	6	7	1	8	4

## TRIVIA

### Answers

1. The Sargasso Sea in the Atlantic Ocean
2. The middle fingernail
3. 666
4. “That’s all folks!”
5. Norville Rogers
6. 10
7. “The Brothers Karamazov”
8. An alarm clock
9. Jeremiah
10. Obsessive nose picking





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