COMMANDER:

U.S., partner forces defeating ISIS evil in Iraq, Syria





CELEBRATING DIVERSITY Post set to kick off

Hispanic Heritage Month

Story on Page C1



BOOT CAMP

Fall fitness program features unconventional equipment

Story on Page D1





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VOL. 67 • NO. 36

FORT RUCKER ★ ALABAMA

SEPTEMBER 7, 2017

EPAREDNESS KEY TO SA

National Disaster Preparedness Month focuses on planning ahead

Army Flier Staff Report

Hurricane Irma continues on its destructive path at press time, and Fort Rucker officials are urging preparedness to help people remain safe during severe weather events.

An unruly Mother Nature can devastate lives and property; however, people can lessen their vulnerability to disaster through preparation, according to Willie Worsham, Fort Rucker emergency manager.

September is National Preparedness Month and the South is no stranger to its fair share of rough weather, so Worsham wants to make sure the people of Fort Rucker and

the surrounding communities are as ready as they can be for when rough weather hits.

"This month serves as a reminder that people should prepare, now and throughout the year, for the types of emergencies that could affect them where they live, work, and also where they visit. With the landfall of Hurricane Harvey just two weeks ago, and Hurricane Irma now, we see the importance of being ready," Worsham said.

"This year's theme, Disaster's Don't Plan Ahead. You Can. will continue to emphasize preparedness for youth, older adults, and people with disabilities and others with

SEE PREPAREDNESS. PAGE A7

POWER OUTAGES

People on post experiencing power outages should call the Fort Rucker Directorate of Public Works at 255-9041 or 255-9042.

ATHOC ALERT NOTIFICATION SYSTEM

To sign up for this free alert notification system, look for the AtHOC button on the Fort Rucker website at www.rucker. army.mil.



FEMA GRAPHIC



A display at the National Naval Aviation Museum in Pensacola, Fla. For more on nearby military-themed museums, see Page C1.

Stair climb, moving tribute, ceremony honor 9/11 sacrifices

By Jeremy Henderson Army Flier Staff Writer

Fort Rucker will mark the 16th anniversary of the Sept. 11, 2001, terrorist attacks with a collection of ceremonies beginning with a stair climb Friday at the Soldier Service Center, Bldg. 5700.

Stair climb organizers will begin setup Friday at 8 a.m., line up at 8:30 a.m. and the climb will begin with the ringing of a bell at 8:46 a.m.

"Starting at 8:46 a.m., when the (World Trade Center) North Tower was hit, the fire department will participate in a stair climb," Jeremy Guernsey, Fort Rucker Fire Department A-shift fixed station captain, said. "The goal for each firefighter is to climb the equivalent amount of stairs adding up to the 110 floors the firefighters of the (New York Fire Department) faced that day in the World Trade Center Towers."

According to Guernsey, each participant will be given a picture of one of the firefighters who died. The picture will have the firefighter's name and company. The picture will be taped to the participant's back or air pack during the climb to remind participants and spectators why the



Fort Rucker firefighters climb the stairs of Bldg. 5700 during last year's stair climb tribute where they climbed the equivalent of 110 floors - the amount equal to the floors in the World Trade Center - to honor those who lost their lives during the Sept. 11, 2001, at-

tribute is being conducted. "(Sept. 11, 2001,) was the most

horrific terrorist attack that has taken place on American soil, killing 2,996 people," Guernsey said. "Until that day, most Americans believed that nothing like that could happen here. However, we came together and defined what kind of individuals make up this country. The first responders ran into those buildings, not knowing the dangers that lay ahead. The passengers of Flight 93 fought back and made the ultimate sacrifice. 'We will never forget.' We all say it, but this is our way of showing it, of ensuring that those words have meaning and that the heroes of that day, whether firefighter, police, EMS, or anyone else that gave all are remem-

SEE CEREMONY, PAGE A7

AAFES offers way to give to AER, save at register

By Jeremy Henderson Army Flier Staff Writer

Post exchange customers will soon have the opportunity to assist Soldiers and their families, and save a little

at the register, as well. The Army and Air Force Exchange Service, in partnership with Army Emergency Relief and Air Force Aid Society will host the "Give and Get Back" event Sept. 14-18 to collect donations that benefit military service members and their families.

"By partnering with AAFES through the 'Give and Get Back' program, an opportunity is provided to donate to [AER] or the [AFAS] in increments of \$5 and in return receive it back through a coupon for \$5 off a \$25 purchase," Beth Gunter, Army Community Service financial counselor and AER officer, said. "Multiple coupons can be used in increments of \$25, so if you are planning to make a purchase, you could go to the [PX] Sept. 14-18 to make a donation to AER, then purchase the item Sept. 19-25. The planned purchase is made and, at the same time, you have contributed to a program that has assisted over 3.7 million Soldiers and their families. With your support, this legacy of providing emergency financial assistance to Soldiers and Family members in need can continue."

According to Suzie Antonello, AAFES visual merchandiser, donating is easy and can be painless with small, short-term lifestyle adjustments.

"Five dollars is a small price to pay to know you've made a difference for a military family in need," she said. "For less than the price of lunch you can help the members of your military community who need assistance to

SEE AER, PAGE A7



ARMY GRAPHIC

PERSPECTIVE

BE ON THE LOOKOUT

Army Criminal Investigation Command warns of disaster fraud scams

U.S. Army Criminal Investigation Command Press Release

(Editor's note: Some information contained in this advisory is courtesy of the FBI, the National Center for Disaster Fraud and the National White Collar Crime Center.)

WASHINGTON - The U.S. Army Criminal Investigation Command is cautioning the Army community to be on the lookout for charitable schemes and scams associated with disaster fraud donations.

With these scams, criminals will use manmade or natural catastrophes, such as the recent damage and flooding caused by Hurricane Harvey, to get individuals to donate to charities claiming to support affected victims. Some of these organizations are fraudulent, or misleading at best, because they do not have the infrastructure to support the affected disaster area.

Disasters can also lead to an increase in fraudulent fundraisers, monetary and charitable donations scams, and scammers will use various methods to seek charitable donations. According to CID officials, scammers exploit those wishing to assist people in need by soliciting fictitious charitable donations, making phone calls, sending fraudulent emails or creating phony websites to solicit contributions or personal information resulting in identity theft.



"Do not respond to unsolicited email (spam), links or attachments from these fake groups because in addition to stealing your identity, these links may also contain computer viruses and/or hijack your computer files for ransom," CID agents warn.

The scammers will also focus on getting their victims to become emotionally invested to help those in need. Special agents from CID recommend that people who want to give do research before donating. Ask detailed questions about the charity or organization, which includes basic information such as their name, address, telephone number and if the charity is registered. Also request proof that a contribution is tax deductible or if the organization is tax exempt. Be cautious of out of state organizations – especially if their address is a post office box.

Officials also urge would-be givers to ensure monies are donated to trustworthy organizations, and to make contributions directly to known and verified organizations rather than relying on a third party to do so.

Experts also advise that copycat websites are very active during natural disasters. Copycat websites will have links that will appear authentic to similar known web addresses. It's the same for some social media platforms. An increased use of social media platforms using copycat websites and accounts of trusted organizations will be used to display devastating and emotional images

combined with a link in an effort to get you to donate to those in need.

If you decide to donate, go directly to the organization's website and do not donate using a link that has been sent via email or social media, CID advises. Be sure to check the organization's verification. Most sites use a check mark behind the name to let you know that you are on or viewing a verified account.

Additionally, some crowdfunding and fundraising websites and accounts may not be used for the intended purpose of helping disaster victims, so beware of solicitations from these sites posing as legitimate and fake organizations. It is important to verify all organizations before donating.

If you think you've been the victim of a charity scam, you can file a complaint with the Federal Trade Commission.

RESOURCES

- National Center for Disaster Fraud: (866) 720-5721
- · Department of Homeland Security / FEMA Fraud Hotline: (800) 323-8603
- https://www.oig.dhs.gov
- Federal Trade Commission: https://www.ftccomplaintassistant.gov/#&panel1-1

STATE

• TX: FraudReport@tdi.texas.

1-888-327-8818

HELPFUL LINKS

- https://www.consumer.ftc. gov/articles/0074-giving-
- http://www.abcactionnews. com/news/local-news/ how-to-avoid-hurricaneharvey-charity-scams-andmake-sure-your-money-getsto-victims-who-need-help
- FTC Consumer information release: https://www.consumer.ftc.gov/blog/2017/08/ wise-giving-wake-hurricaneharvev
- Directory of national charities: http://give.org/charityreviews/national

For more information on CID or to report a felony-level crime or provide information concerning a crime, contact your local CID Office or the Military Police or visit www.cid.army.mil.





Monday is the 16th anniversary of the 9/11 attacks. Why is it important to remember and commemorate that day?"



Meghan Sebring-Morris, military family member "I think it's important to not

forget those who were lost in

those tragedies."



Brenda Harris, military family member

"You've got to remember those who not only were lost during the attacks, but also those who went to fight for our nation after to defend our freedom.'



Latigre Purdy, civilian

"I think it's a day to remember the importance of our first responders and the sacrifices they make to keep people safe."



Anna Hunter, retired military

"There were so many sacrifices made that day and every day since that we can't let those who were lost that day be forgotten. It helps to remind us why we serve.



Alain Perez, civilian

"It's a day in recent history that people can remember and still feel, so it's important to remember those who were lost on that day and to remember those who were lost trying to save lives."

COMMAND

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Col. Brian E. Walsh

FORT RUCKER GARRISON COMMANDER

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@ armyflier.com

COMMANDER:

U.S., partner forces defeating ISIS evil in Iraq, Syria

By Jim Garamone Defense Media Activity

WASHINGTON — There is evil in the world, and good people of all faiths and nations have joined together and made progress against the evil that is the Islamic State of Iraq and Syria, the commander of Operation Inherent Resolve said Aug. 31.

Lt. Gen. Stephen J. Townsend, who also commands the Army's XVIII Airborne Corps, told Pentagon reporters via satellite from Baghdad that ISIS "is the most evil entity I have encountered in my lifetime."

In 2014, ISIS swept across Syria and Iraq and declared it as the heart of it new caliphate, with a capital in the Syrian city of Raqqa. "They did not hide their atrocities," the general said. "They tortured, beheaded and burned those that did not agree with them. They posted the evidence of their evil for the world to see on social media. They enslaved millions under their twisted ideology."

Iraqi security forces were at first overmatched and were backed up to Baghdad and Kurdistan. Iraq asked for help, and a coalition led by the United States formed against ISIS. Coalition forces helped train and equip Iraqi security forces, and they provided the air support needed to keep ISIS from making any further gains.

"To date, more than 110,000 Iraqi security forces have been trained and equipped by the coalition to defeat ISIS in Iraq,"



A Soldier shakes the hand of a young boy while patrolling to support Operation Inherent Resolve in Mosul, Iraq, July 4.

Townsend said.

IRAQIS TAKE THE OFFENSIVE

Those forces were ready to take the offensive against ISIS in late 2015. They liberated Tikrit, Ramadi, Fallujah, Qayyarah, Sharkot and countless smaller villages. "When the 18th Airborne Corps arrived last August, the liberation of Mosul was just an idea and colored lines on a map," the general said. "The nine-monthlong liberation battle for Mosul was not an easy task. It was a brutal urban fight."

Iraqi security forces took on

ISIS in the city that the terrorists considered the jewel in their crown in Iraq. Mosul tested the Iraqis and they passed with flying colors, Townsend said.

"The Iraqi security forces and the Kurdish Peshmerga set the example for all of Iraq," he said. "They proved how resilient and powerful they can be. They put their differences aside and worked together toward a common goal."

As Townsend spoke, Iraqi leaders announced yet another victory over ISIS, this time in Tal Afar.

The Iraqis could not have done this without coalition support, and the coalition of more than 60

nations "was there every step of the way" to provide that support, Townsend said. "But make no mistake about it – this is an Iraqi plan," he added. "This is Iraqis liberating Iraqis."

PROGRESS IN SYRIA

In Syria, the Syrian Democratic Forces have gone from almost being pushed out of the country to pushing into Raqqa, the general told reporters.

"The fighting is difficult, but they have made much progress, and I have no doubt they will succeed," he said. "You have to remember that the Syrian Demo-

cratic Forces are not the Iraqi security forces. They do not have tanks, helicopters or fighter jets. They are really an irregular light infantry force with a comparative handful of light armored vehicles and heavy weapons who, with coalition assistance, are fighting well above their weight class. They have been and remain the most effective counter-ISIS fighting force in Syria."

In short, the strategy drawn up to combat ISIS forces since 2014 worked, Townsend said.

"Our partners in Iraq and Syria, with coalition help, have made substantial accomplishments in the fight to defeat ISIS," he added. "Together, we have liberated approximately 75,000 square kilometers of ISIS-held terrain, and, more importantly, 5.5 million citizens had been liberated from ISIS captivity."

Townsend, who will pass on command next week to Army Lt. Gen. Paul E. Funk II, the 3rd Corps commander from Fort Hood, Texas, said much remains to be done.

"The coalition is strong, united, and we remain committed to our partners to bring a lasting defeat to ISIS in Iraq and Syria, to prevent ISIS from exporting their terror around the world, and to protect our own homelands," he said. "I am proud of all we have accomplished thus far, and I'm confident Lieutenant General Funk and his team will continue to help our partners take the fight to ISIS."

Mattis, Dunford brief president on military options to deal with North Korea

By Cheryl Pellerin Defense Media Activity

WASHINGTON — Defense Secretary Jim Mattis, standing in front of the White House Sunday after the latest and largest nuclear test carried out by North Korea, said the United States has many military options for dealing with Kim Jong Un's provocations and that President Donald J. Trump IRONCLAD COMMITMENT

Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff, joined Mattis for his announcement.

At about 11:30 p.m. EDT Saturday, the U.S. Geological Survey's Earthquake Hazards Program detected a magnitude 6.3 explosion, about 13 miles east-northeast of Sungjibaegam, North Korea, located near the site where North Korea has detonated nuclear explosions in the past, according to a USGS statement.

Other institutions and organizations specializing in seismic detection also reported the explosion and resulting seismic signa-

The Korean Central News Agency announced that North Korean scientists had carried out a test in the country's northern

nuclear test ground of a hydrogen bomb built to sit on top of an intercontinental ballistic missile, describing the device as a twostage thermonuclear weapon.

Media reports say that the test was the most powerful of the six, but there is no official measurement yet of the force of the hydrogen weapon.

wanted to be briefed on each
In his remarks, Mattis said they had made clear to the president that the United States has the ability to defend itself and its allies – South Korea and Japan – from any attack.

> "Our commitments among the allies are ironclad," the secretary added. "Any threat to the United States or its territories, including [the U.S. territory of] Guam or our allies, will be met with a massive military response, a response both effective and overwhelming."

This nuclear test was North

Korea's sixth since 2006. The weapon tested last night was a fusion bomb, also called a hydrogen bomb or thermonuclear weapon. Fission weapons, such as those that fell on Hiroshima and Nagasaki in World War II, are sometimes called atomic

In a hydrogen bomb, according to a 2012 paper by Martin E. Hellman, a Stanford University professor, a primary element is an implosion fission weapon that is used to ignite the secondary fusion reaction.

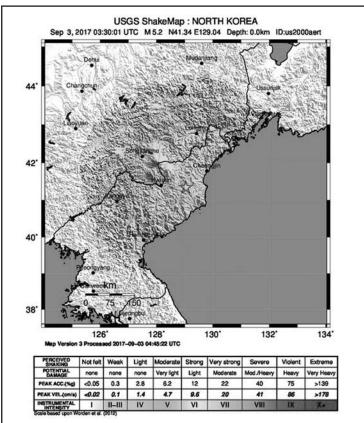
The Air Force Technical Applications Center at Patrick Air Force Base, Florida, is the only federal organization whose mission is to detect and report technical data from foreign nuclear explosions. The center operates and maintains a 3,600-sensor global network of nuclear event detection equipment called the U.S. Atomic Energy Detection Systems, the largest sensor network in the Air Force.

Once a disturbance is detected underground, underwater, in the atmosphere or in space, the event is analyzed for nuclear identification, and the findings are reported to national command authorities.

UNIFIED VOICE

Mattis said that Kim Jong Un should take heed of the United Nations Security Council's unified voice.

"All members unanimously agreed on the threat North Korea poses, and they remain unanimous in their commitment to the denuclearization of the Korean



MISSILE DEFENSE AGENCY PHOTO

This graphic from the U.S. Geological Survey's Earthquake Hazards Program shows a shake map from the magnitude 6.3 explosion-generated earthquake that took place Sept. 3. 22 kilometers east-northeast of Sungiibaegam. North Korea, A shake map is a product of the USGS Earthquake Hazards Program in conjunction with the regional seismic networks. Shake maps provide near-real-time maps of ground motion and shaking intensity following significant earthquakes.

Peninsula," he said.

"We are not looking to the total annihilation of a country, namely

North Korea. But as I said, we have many options to do so," Mattis added.

News Briefs

POW/MIA ceremony

Fort Rucker will host its POW/MIA ceremony Sept. 15 at 8:30 a.m. at Veterans Park in front of the U.S. Army Aviation Museum.

Clinic closure

Lyster Army Health Clinic will close

at noon Sept.20 for training.

Gold Star Family Luminary Service Fort Rucker will host a Gold Star Mother's Day and Family Day Luminary Service Sept. 24 at 6 p.m. at the Main Post Chapel. The mission of the Gold Star Luminary Initiative is to promote awareness of Gold Star Family Day, and urge organizations and individuals in communities throughout the United States to light luminaries at dusk on the last Sunday of each September in honor of the nation's fallen heroes, according to survivor outreach services officials.

For more information, call 255-

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-

Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in.

To claim their property, people must

be able to demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest – the most common items turned-in are keys, cell phones and

Pay office closure

The Defense Military Pay Office closes at 12:30 p.m. on Wednesdays. Also, beginning Tuesday, DMPO office hours will change to 7:30 a.m. to 3:30 p.m. Mondays-Tuesdays, 7:30 a.m. to 12:30 p.m. Wednesdays, and 7:30 a.m. to 3:30 p.m. Thursdays and

Specialty printing requirement

Due to a change in printing procedure, document printing services now requires that all documents for printing that require specialty paper be submitted three weeks prior to the requested delivery date.

For more information, call 255-

Yoga classes

Lyster Army Health Clinic offers free yoga classes Mondays, Wednesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in the Lyster Activity Center, Rm. J-100, of the clinic. Participants are encouraged to bring their own mat.

Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six- to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from

9-11 a.m. or 1-3 p.m. For more information, call 255-

'A RECOGNITION PROBLEM'

Budding SHARP course looks to open Soldiers' eyes to curb sexual assault

By Sean Kimmons Army News Service

ALEXANDRIA, Va. — The underlying issue facing the Army's Sexual Harassment/Assault Response and Prevention program is not that Soldiers don't intervene when an incident occurs. It's that Soldiers don't always recognize a potential problem to begin with.

Master Sgt. Jeff Fenlason made that point as he introduced SHARP professionals to Mind's Eye II, a grassroots leadership development program he helped create while at 3rd Infantry Division. The course is currently being considered to be taught at units around the Army.

In fiscal year 2016, Soldiers reported nearly 2,500 incidents of sexual assault. Soldiers have learned what sexual assault is, that the Army doesn't approve of sexual assault and that they should intervene when they are witnessing the precursors to a sexual assault.

Fenlason said he believes the next step in reducing sexual assaults involves getting Soldiers to interpret highrisk situations that can lead to incidents that may otherwise go unreported.

"We don't have an intervention problem, we have a recognition problem," he said, speaking Aug. 31 at the third annual SHARP Program Improvement Forum. "What we need to do is help Soldiers see." After senior leaders ordered a stand-down to curb Army

sexual assaults in 2012, Fenlason and others at the 3rd Infantry Division's 1st Brigade looked at how to prevent sexual assault within their unit and developed the course. The interactive, scenario-based Mind's Eye course gar-

nered interest from other units. Fenlason soon traveled to other installations to train Soldiers on the course. His work sparked interest with Army leadership.

"It truly was a unique opportunity to take Big Army concepts and bring them down to a brigade level," he said, "and then put them in the hands of Soldiers who could deliver them capably inside the formation to make that brigade better."

Intended to be a 5 1/2-hour training course that builds trust among unit members, the program -- now called Mind's Eye II – is slated for a pilot program in January to decide whether it should be pushed out to the entire

The course is ideally taught to a group of 15-25 Soldiers by an "influencer" – a person who unit members tend to gravitate toward. Influencers are selected by their leadership regardless of rank or position, and they are tasked with helping change a unit's culture to one that values respect for each other.





Master Sqt. Jeff Fenlason, assigned to the Army's Sexual Harassment/Assault Response and Prevention program, introduces SHARP leaders from across the force to Mind's Eye II, a grassroots leadership development program he helped create while at 3rd Infantry Division.

"This is something that we could potentially put in our formations and get folks to think differently," said Monique Ferrell, director of the SHARP program. "I'm really excited about it."

PILOT PLANS

Two U.S. Army Forces Command brigades, which were not identified, are expected to participate in the pilot. While one brigade will actively take part in the course, the other is a control group and will not.

Iterative surveys by Soldiers throughout the pilot will then gauge the effectiveness of the course before any decisions are made to roll it out.

"Too often we put things out into the field [and] we don't know whether they work or not and we never take them out," Ferrell said. "So, we're being very deliberate about this."

In his experience, Fenlason said, the course typically generates meaningful conversations among Soldiers who can share their own opinions and judgments of the world.

"Soldiers enjoy it because they're involved from the very beginning," he said. "It asks you to reflect on your sense of self and your Army identity. It's very much grounded in the adult learning model of stories and recollections and reframing thought processes based on previous experience.

"They're not told the answer. They're allowed to discover the answer."

SELF-REFLECTION

The Army presently has the Not in My Squad initiative, which gives junior leaders more responsibility to rid their ranks of negative behavior. While similar, the Mind's Eye program has a more inward approach in bringing more professionalism to a unit.

"Not in My Squad makes you look outward at your formation," Fenlason said, quoting a Soldier he had met with who had trained on both Mind's Eye and Not in My Squad. "Mind's Eye II forces you to look inward at your [own] leadership. Together, they are a powerful combina-

In Mind's Eye, different scenarios are presented to Soldiers who realize there may be several answers to what might be an ambiguous problem. A Soldier's answer has much to do with who they are as a person and the sense of their place in the unit they serve in.

"So, what does it mean to be a member of this team?" ARMY GRAPHIC he asked. "In this team, we have expectations that people will intervene, take care of each other, look out for each

"Everyone wants to be a member of the team," he added. "All we're asking is who's defining what that membership looks like."

High-risk situations where a sexual assault can take place, he said, can also go unnoticed due to societal norms. "We live in a culture that says mind your own business," he said.

Campaigns against drunken driving, for example, helped change how people thought about it and made them more aware of its negative impact. "First, you have to recognize that it is a mistake," he said.

In the same way, sexual assaults can rely on that failure to speak up.

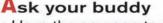
"All crises orbit around silence," Fenlason said. "You don't have a crisis if we're talking about it. I don't care how bad it is. Silence by a third party equals agreement on the existing condition."

After hearing the presentation for the first time, Meghan McAndrew, lead sexual assault response coordinator for the Joint Munitions Command, agreed and said she has noticed that type of silent behavior across society.

"If you're not looking around and trying to mind your own business, how do you recognize?" she asked. "Training like this would really assist us to open our mind and realize that we do need to change our minds in order to be able to recognize and further eliminate sexual harassment and sexual assault, not just within the military, but everywhere."

VISIT US ONLINE AT ARMYFLIER.COM





- · Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

Care for your buddy · Calmly control the situation;

- do not use force; be safe · Actively listen to show under-
- standing and produce relief
- · Remove any means that could be used for self-injury

scort your buddy

- Never leave your buddy alone · Escort to chain of command,
- Chaplain, behavioral health professional, or primary care provider
- Call the National Suicide Prevention Lifeline

TA - 095 - 0510

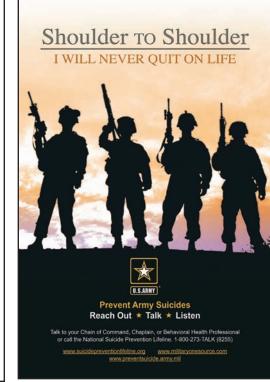
National Suicide Prevention Lifeline:

-800-273-8255(TALK)



USAPHC

http://phc.amedd.army.mil/





Peel away all imperfections





NEW SHADOW

UAS provides Soldiers better military intelligence, longer flight time

By Staff Sgt. Mary Junell For Army News Service

FORT BRAGG, N.C. — The North Carolina National Guard's Detachment 1, D Company, 236th Brigade Engineer Battalion, recently completed six weeks of New Equipment Training near Fort Bragg July 17-Aug. 25 after receiving the latest model of the RQ-7BV2 Shadow.

This newest version of the unmanned aircraft system is visually similar to the previous model, but with several upgrades including longer flight durations.

"The Shadow as a platform brings reconnaissance, surveillance and target acquisition, which gives us capabilities for our military intelligence company in support of the 30th Brigade," said CW2 Stephen Isaacs, the detachment commander. "The V2 gives us a much larger range. It gives us a longer flight time, which also gives us more time to be on target."

In addition to the increased range, the new version of the Shadow also meets the requirements of a new NATO regulation that requires all unmanned aircraft to have a certain level of interoperability and communications security.

Sgt. Joseph Patton, a unit trainer and operator with the detachment, is happy about the improvements to the aircraft.

"It's absolutely better," said Patton. "From flying unmanned aircraft downrange and in combat, there have been instances of other people being able to see our feed and our video and this is going to completely mitigate that. This will keep our capabilities to us."

Although Det. 1 only has the Shadow, it is part of a new universal system that gives operators the ability to control more than one type of UAS.

"It's a part of NATO's system to have that universality so we will be able to help our fellow NATO forces in the future," Isaacs said.

The NET gave the Soldiers a chance to learn about the new aircraft without the limitation of time they face on most drill weekends, where it takes three-quarters of a day to set up the airfield.

"There are guys who have gotten more training during this NET than they've had all year," said Patton.

The additional training was not easy. The Soldiers had to battle a hot North Carolina summer with afternoon thunderstorms that kept them from flying and they had to re-learn the new system.

"The hardest part was definitely changing the way we've been doing something for eight, sometimes 12 years for some of the operators," Patton said. "When you do this for so long, you have a flow, and you do the same flow every time and you get the aircraft in the air, and now it's changed."



PHOTOS BY STAFF SGT. MARY JUNELL

Spc. Jared Kenigge, UAS operator with Det. 1, D Co., 236th Bde. Engineer Bn., controls the video camera of an RQ-7BV2 Shadow during a flight near Fort Bragg, N.C., Aug. 18.



An RQ-7BV2 Shadow UAS propels off its launcher at about 80 mph at an airfield near Fort Bragg Aug. 18.

Patton said all the troubles were worth

"There's been growth not just in our flying capabilities but also in our operations," he said. "It's always exciting to get that first bird up, every time. Whether it's a drill weekend or annual training. There's a lot of work getting it set up, but every time that bird leaves the rails for the first time, that means everything you just did was validated."

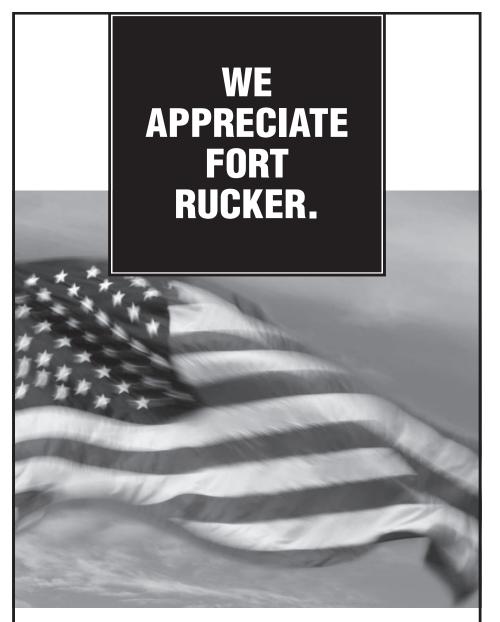


Spc. Oliver Westmoreland, UAS maintainer, radios to the operators of the RQ-7BV2 Shadow he is standing next to Aug. 18.

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HELPING HAND

Guardsmen head toward Hurricane Irma as Texas relief efforts continue

National Guard Bureau

News Release

ARLINGTON, Va. — As Hurricane Irma bore down on the Caribbean Tuesday, National Guard units sent personnel to aid civilian authorities in the storm's path.

Irma has been classified as a Category 5 storm with maximum winds of 175 mph, and states of emergency have been declared in Florida and Puerto Rico.

The Illinois National Guard's 182nd Airlift Wing sent a Peoriabased C-130 Hercules aircraft and a seven-member crew to the U.S. Virgin Islands to deliver key response capabilities ahead of the storm's anticipated arrival. The C-130 stopped en route in Colorado to pick up a National Guard Bureau joint enabling team, which coordinates support to areas affected by natural disasters or other emergencies through advanced communications equipment and experts in disaster response operations, intelligence, logistics, personnel and public affairs.

Monday, the Rhode Island Air National Guard's 143rd Airlift Wing sent a C-130J Super Hercules aircraft and aircrew to support the preparation effort. The airmen first headed to New Jersey, where the crew will load boxes of packaged meals, and will transport the cargo to St. Croix and St. Thomas ahead of the forecasted storm.

HARVEY RECOVERY CONTINUES

Meanwhile, recovery from Hurricane Harvey continues in Texas, where more than 18,000 National Guard personnel were on duty.

Ten Soldiers from the Pennsylvania Army National Guard left Fort Indiantown Gap, Pennsylvania, Friday in two CH-47 Chinooks, to deliver food and water to stranded people and rescue those still in need.

On Aug. 31, an Illinois Air Guard C-130 from the 182nd Airlift Wing joined the federal Hurricane Harvey relief and recovery efforts, and has been transporting people, supplies and equipment.

By the early morning of Saturday, that crew had transported more than 60 evacuees out of danger, including 20 children, four disabled adults and some 3,000 pounds of personal belongings. The crew also had delivered more than 7,500 pounds of relief supplies and equipment.

In addition, two Illinois Air Guard Airmen from the Springfield-based 183rd Wing's 183rd



PHOTO BY SGT. ZANE CRAIG

Pennsylvania National Guard Soldiers load bottled water onto a CH-47 Chinook helicopter at Fort Indiantown Gap, Pa., in preparation to depart for the Hurricane Harvey relief effort in Texas, Saturday.

Air Mobility Squadron traveled Friday to Tyndall Air Force Base, Florida, to assist 1st Air Force in the operations center that is coordinating the Air Force's portion of the relief efforts.

Also on Friday, two C-130 Hercules aircraft and 14 more Airmen deployed from the Kentucky Air National Guard base in Louisville to fly humanitarian aid and airlift evacuation missions in Texas.

"Like their forebears, the Minutemen, these Airmen have put their regular lives on hold to help our neighbors in need," said Maj. Gen. Richard J. Hayes Jr., the Illinois adjutant general. "We thank them for their service, and we thank their families and employers."



PHOTO BY ILLINOIS AIR NATIONAL GUARE MASTER SGT. TODD A. PENDLETON

The crew of a C-130 Hercules flown by the Illinois Air National Guard's 182nd Airlift Wing conducts a preflight briefing.

Preparedness

Continued from Page A1

access and functional needs. Each week throughout the month focuses on a different theme, including floods, wildfires, hurricanes and power outages," he said.

For the South, tornadoes traditionally increase during the fall months, but other dangers like thunderstorms, lightning, flooding and icing can accompany them, said Worsham

"With the transition of the seasons, the polar front jet stream starts pushing frontal systems across the South," he said. "It creates pretty much the same thing we see in the spring. The fronts will come through, and during the fall the gulf is still open and still has moisture being funneled up into our area. With the colliding of the two air masses, you can get volatile weather out of it – severe thunderstorms, flooding and tornadoes.

"The key to successfully navigating Mother Nature's nastiness is preparedness," he added. "Make sure that you have a plan."

Worsham suggests that people visit the

Ready Army website, which gives people all sorts of information on what to expect, how to make a kit and how to prepare for severe weather seasons and even hurricane season.

The first step is to be informed, said Worsham

Many emergencies, like power outages, disease outbreaks and manmade accidents can happen anywhere. But certain disasters are more likely in some places than others. At Fort Rucker, a blizzard is less likely than a hurricane, so the first information residents should gather is how to prepare for severe weather caused by hurricanes, he said.

Ready Army recommends understanding the local mass warning systems that officials will use to inform people on weather conditions. At Fort Rucker, the agencies that warn of natural hazards are the National Weather Service and the U.S. Geological Survey. Part of being informed is knowing how to receive information from these agencies, said the emergency manager, adding that it is a good idea to have a backup way of receiving information in case a primary system goes down.

Being informed also means people knowing where evacuation points are located in the event they cannot get home or their current location becomes unsafe. Ready Army suggests people also know what circumstances would require evacuation and when they should shelter in place.

Accountability is a key part of the Army, and in a disaster this does not change. People should know the way they will contact their unit and receive instructions in the event of a disaster.

The next step is to make a plan.

Ready Army suggests that people keep their plans practical and tuned to likely disasters that they might face. People should take the information they learned in the first step and talk about what their family plan is in each different disaster scenario. People should take into account how they will react if it is a weekend, as opposed to a workday, if their children are at school, or if an evacuation is ordered and sheltering in place is no longer an option.

Building a kit is the next step in Ready Army's list. A kit is nothing more than the supplies that people and their families will need over a three-day period. That is the estimated time it might take to clear roads, restore power or have emergency crews reach people.

After a disaster, emergency responders will address critical needs first and might not be able to get to people right away. A disaster kit will allow people to take care of themselves and their families, freeing up emergency responders to focus on the critically injured and restoring infrastructure.

Ready Army suggests people have multiple kits in different locations, like their car, office and home, because they never know where they will be when disaster strikes.

The final step is to get involved.

The Army has joined the Department of Homeland Security and Federal Emergency Management Agency in America's PrepareAthon! – a nationwide campaign to increase emergency preparedness and community resilience.

For more information, visit http://www.rucker.army.mil/readyarmy/orhttps://www.ready.gov/september.

AER

Continued from Page A1

continue serving at their fullest capacity."

Gunter echoed Antonello's sentiment.

"For the cost of a specialty coffee or breakfast on-the-go, you have the opportunity to contribute to a program that impacts Soldiers and families on a daily basis," she said. "You can truly make a difference."

Utilizing no-interest loans and, in some instances, grants, AER provides a means for Soldiers to overcome their unexpected financial issues by avoiding further financial hardship, she added.

In 2016, according to Gunter, Fort Rucker Soldiers and family members received a total of \$470,207.50 in AER assistance, of which \$188,265.52 was provided in the form of grants or scholarships.

At the same time, donations received during the AER campaign from Fort Rucker active duty, retired Soldiers and the community was \$164,459.

"Programs like the 'Give and Get Back' event can help ensure AER can continue to provide the assistance when needed," she said.

According to Gunter, the event also serves to drum up awareness and support for the annual AER campaign, held March 1 through May 15 each year.

"The goal of the campaign is to increase awareness of the benefits of AER, so it can be a first choice for those experiencing unexpected hardship," she said. "It also provides the opportunity to contribute to a program that could benefit the Soldier at some point in their life or the Soldier sitting next to them in the trenches, aircraft, classroom or in the unit."

Antonello reinforced the importance of relief programs

and need for donations.

"Soldiers, Airmen and their families sacrifice so much to protect our freedoms, but often feel like they have few places to turn when times are tough," she said. "Programs like [AER] and [AFAS] rely on private donations to continue providing services to service members. 'Give and Get Back' is a convenient way to support these programs while shopping at Army and Air Force exchanges and receiving savings on merchandise in return."

AAFES customers can expect other savings opportunities, in addition to Give and Get Back," according to Antonello.

"On Sept. 18, the Exchange will offer 10 cents off each gallon of fuel when you pay with a MILITARY STAR card in honor of the Air Force's 70th birthday," she said.

For more information, call 255-2341.

Ceremony

Continued from Page A1

bered and honored."

The 9/11 ceremony will begin at 8:30 a.m. Monday with an opening prayer, followed by a moment of silence and ringing of the bell at 8:35 a.m.

"During the 9/11 ceremony, several firefighters from our department will say a few words to honor one of the 343 (firefighters) that perished that day," Guernsey said.

The last tribute ceremony, the Stephen Siller Moving Tribute, will begin at 9:15 a.m.

"Stephen Siller was an off-duty FDNY firefighter that strapped 80 pounds of gear on and ran nearly 2 miles through the Brooklyn Battery Tunnel to reach the Trade Center to help his fellow firefighters and victims on that dreadful day," Mikel Featherston, Fort Rucker firefighter, said. "The moving tribute will begin

and end at Fire Station No. 1, located at 5001 Lucky Star Street."

According to Featherston, the moving tribute is a perfect opportunity for youth to better understand an integral piece of our nation's history.

"Reading or watching videos gives the individual the ability to detach themselves from that day and the sacrifices that were made," he said. "By walking with us during the moving tribute or observing the ceremony and hearing the bell ring or the bagpipes bellow, will provide people an attachment to the sacrifices made that

"Any time a community comes together in remembrance or to honor individuals brings everyone involved closer together," he added. "It brings to surface that day and the unity the nation experienced – the overwhelming display of patriotism, pride and selflessness."

For those who may not be able to

attend a remembrance ceremony, Guernsey said a simple pause can honor the past.

"Observe a moment of silence for the ones that lost their lives that day," he said. "Offer up prayers for the fallen, their family and friends, and the safety of our military members, veterans and first responders. Volunteer at your church, community, or school – sacrifice some of your time in honor of those that sacrificed all."

What do these ceremonies mean to Guernsey?

"It represents bravery and selfless sacrifice," he said. "I choose to remember the selflessness that was displayed that day instead of focusing on the unimaginable actions of a group of terrorists. The events of 9/11 proved that we, as a nation, no matter political views, religious beliefs or background, can put all that aside and come together when it matters most."

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34 ASHLEY LANE:

Lovely home on a quiet street in Level Plains is located near Fort Rucker and shopping, only minutes from Enterprise and the Dothan Metro Area. Open layout of grand room with fireplace and dining area complete a relaxing setting for meals, entertaining or sharing updates of the day's activities. Security system wiring in place. Electrical system wiring installed for hot tub. Spacious back yard with screened-in porch is just right for entertaining, relaxing, or other outdoor activities. MLS# 20171562

\$80,000







209 OPINE ROAD: OPP:

Family time & mingling during gatherings flow easily from kitchen to dining & living areas of this Spurlin Subdiv home. Beautiful hardwood floor in living room; updates throughout. City water. Lots of shade from pecan & other trees in the back yard for relaxing or activities. Fishing, boating, playgrounds, walking trails, shaded picnic areas, are 1+/- miles away at Frank Jackson State Park, a publicly owned recreation area that wraps around Lake Frank Jackson. Make this your year-round home at MLS# 20171217

\$45,000







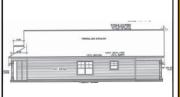
102 MCCORMICK:

Located in walking distance of Coppinville Jr High and close to shopping and restaurants, home has abundant potential and is being sold as is. With its charm and character, a good fit for handymen, investors or families. New roof, 2012; new heat pump, 2012; new cooktop range, 2012; new refrigerator, 2016. Ample counter space in kitchen for large meals and entertaining. Nice level parcel behind home for garden, cookouts, ball games or relaxing. Make this one yours and get the party started. MLS# 20170280

\$164.500







204 WINTERBERRY WAY:

New construction: Convenient to schools, shopping, golf, restaurants and minutes from Ft. Rucker. Security system, 1 car garage, wood floor in dining area/living room/hall, carpet & tile floors, stainless appliances, natural gas heat/cooking/water heater, low E windows, sprinkler system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom and fenced back yard. (Poplar Place Plan). MLS# 20171543

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200 JASMINE CIRCLE: New construction convenient to schools, shopping, golf, restaurants and minutes from Ft. Rucker. Security system, 2 car garage, wood floor in dining area/living room/hall, carpet & tile floors, stainless appliances, natural gas heat/cooking/water heater, low E windows, sprinkler system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom and fenced back yard. (Winterberry Plan). CHRIS ROGERS 406-0726



820 CRAWFORD: Looking for a cute cottage home? This is the one for you! 2 bedroom and 2 bath Recently remodeled through out in 2016. New roof and siding in 2001. Kitchen open up to dining area great entertaining. This is a move in ready must see. JUDY DUNN 301-5656





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334-347-0048 531 Boll Weevil Circle



138 REDBUD: OZARK: Great home for the price - Has 3 bedrooms, 2 baths, and living room with fireplace - Large fenced-in back yard with a pool and a shed. Excellent location, very convenient to Fort Rucker, schools, shopping areas and downtown Ozark. VA foreclosure to be sold as is. Alabama Right of Redemption will apply. BOB KUYKENDALL 369-8534



105 GAIL: Beautiful huge home with lots of updates to include tile baths and kitchen with convection oven/cooktop, island in kitchen and colors. Storm shelter in back yard, sprinkler system in front yard, patio and much more. Lots of rooms and storage. PAT LEGGETT 406-7653

402 CANDLEWOOD: Great Location! New HVAC in Oct of 2016. New Hot Water Heater and Microwaye Hood in 2017, Roof Replaced in 2008, Many other updates, Vaulted ceiling in grandroom. Large Foyer. Separate Formal Dining as well as Breakfast Area in Kitchen. The detached workshop has electricity and is large enough to store a boat or automobile. The huge master bedroom and dressing area has been updated with beautiful laminate flooring. The laundr room/half bath is ideally located between the garage and the kitchen. ROBIN FOY 389-4410

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255 SIMPSON: DALEVILLE: This 2 story is a real gem! With its Master Bedroom Downstairs this home is set to create lasting memories. A cool screened patio that has a custom tile floo overlooks a sparkling 22,000 gallon pool. A huge bonus room opens to the back yard, and with 2 sheds and a laundry room there is plenty of room for storage. New Roof and A/C in 2016! This is a great place to call home. CHRIS ROGERS 406-0726



305 PR 1438: Welcome to PARADISE, this property has it all. Bi-level home with large entry foyer and staircase up or down. Downstairs is your main living area with formal dining room, large den with wood-burning fireplace and built-ins that goes from the front of the house to the back overlooking the neighbors pond, kitchen with breakfast bar, office, half bath, and large mudroom/storage room with built ins that you enter from the garage. The laundr room is also on the ground level along with the screened porch. EVELYN HITCH 406-3436



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105 STILL WATER DRIVE: CREEK POINTE

its granite countertops & glass tile backsplash, is open to the large family room. The master bedroom has a private office/study (or nursery), a large bathroom with separate shower & a closet that goes on and on. On the other side of the house are a guest room & full bath & a mini suite (could be a 4th bedroom) & hall bath. A screened porch overlooks the gorgeous back yard w/saltwater pool, detached garage workshop & darling chapel perfect as a playhouse.

DIRECTIONS: From Hwy 27 N turn right on Lakewood Dr. into the Country Club. Follow Lakewood around to Fairway Dr. and turn right. Turn left into Creek Pointe on Pebble Creek. Still Water is first street on right.



39 COUNTY ROAD 739

\$187,000: A real time saver! If you don't like to waste a minute, see this 3 bedroom, 2 bath conveniently located between Fort Rucker and Enterprise. House features an open floor plan, living area with fireplace, split bedrooms, separate dining room, eat-in kitchen, laundry room, 2 car attached garage, and covered patio with privacy fence. **DIRECTIONS:** Rucker Boulevard, Freedom Drive to County Road 739

SEPTEMBER 7, 2017

RESOLV HIMBIREI

10th CAB Aviators team with Iron Soldiers during European exercise

By Staff Sgt. Ange Desinor 3rd Armored Brigade Combat Team, 4th Infantry Division Public Affairs

GRAFENWOEHR TRAINING AREA, Germany — Soldiers of the 3rd Armored Brigade Combat Team, 4th Infantry Division, closed out their final major exercise in Europe with a bang during the Combined Resolve IX live-fire exercise Aug. 19-24.

The exercise involved about 2,000 Soldiers from five of the "Iron Brigade's" seven battalions and the 10th Combat Aviation Brigade. The troops enhanced the readiness of U.S. Army Europe's regionally allocated land and aviation forces to deter aggression in Europe while serving in support of

Operation Atlantic Resolve.

"Combined Resolve IX is a brigade-level combined arms live-fire coordination exercise," said Maj. Michael Harrison, 3rd Armored Brigade Combat Team, 4th Infantry Division operations officer. "It's a culminating event for our readiness progression as well as the deployment. This strengthens our readiness and ability to fight as a brigade."

The brigade synchronized capabilities in a defensive scenario that emphasized speed while maneuvering to dominant battle positions against a conventional adversary.

Tanks and mechanized infantry took up the front-line fight as artillery, combat engineers, closeair support and unmanned aerial reconnaissance shaped conditions

before and during the fight.

"This was a chance for us to challenge ourselves and see how we operate, how we fight, and how we function as a brigade-level organization," said Harrison.

Combined Resolve IX was the sixth brigade-level CALFEX for in the last 13 months.

Four of those exercises occurred during the brigade's nine-month Atlantic Resolve rotation, including two opportunities to serve as a multinational task force during USAREUR exercises Combined Resolve VIII at Hohenfels Training Area and Getica Saber at Cincu, Romania.

"We are very well trained," said Harrison. "When we go back to

SEE RESOLVE, PAGE B4



Infantrymen conduct an air assault during the Iron Brigade's fourth and final brigade-level exercise to enhance readiness and deter aggression in Europe while serving in support of Operation Atlantic Resolve.



U.S. and Italian paratroopers exit a CH-47 Chinook during a combined airborne exercise at the Juliet Drop Zone in Pordenone, Italy, Aug. 23. The U.S. Soldiers are assigned to the 173rd Airborne Brigade.

Soldiers hone aeria gunnery skills in Romania

By Sgt. Shiloh Capers For Army News Service

CINCU TRAINING AREA, Romania — Soldiers from B Company, 2nd Assault Helicopter Battalion, 10th Aviation Regiment, 10th Combat Aviation Brigade, 10th Mountain Division, hones their skills in a week of aerial gunnery training at the Cincu Training Area.

The 10th CAB has presence in multiple countries in support of Operation Atlantic Resolve, a U.S. endeavor to fulfill NATO commitments by rotating units throughout Europe.

During the training, the crew flew to the range and loaded the UH-60 Black Hawk prior to departing on a set course. On the course, the crew engaged targets at multiple points. At the end, the crew reversed, flying the helicopter back along the path and engaging the targets with the M-240H machine gun, building lethality for the brigade.

Throughout the course, the crew was actively engaged in crew search, carefully viewing the area of operation in sectors to acquire targets.



A gunner fires on targets with a M-240H from a UH-60 Black Hawk. The 10th CAB is located throughout eastern Europe in support of Operation Atlantic Resolve.

Communication was key to accurately locate and describe the target to the other crew members.

Soldiers from B Co., 2-10th Avn. Regt., 10th CAB, 10th Mountain Division, hone aerial gunnery skills at Cincu Training Area, Romania, Aug. 22.

During the flight, an evaluator ensured the helicopter weapon systems operated properly and that the crew was proficient at suppressive fire while maintaining aircraft duties.

Except for certain training tasks, aerial gunnery cannot be completed indoors in a simulation. Realism is the most important factor of gunnery training. Firing while in an operating aircraft is necessary to understand how wind and terrain can be an obstacle or advantage for the crew.

"Doing gunnery is still simulated, but it's one of the most realistic things that we can do as a company," said Sgt. Derek Seifried, Black Hawk chief and maintainer. "Getting our pilots, our crew chiefs proficient at firing the weapons out of the helicopters makes us battle ready at any time and shows that our unit is capable of deploying."

THE TEST

Aviators evaluate latest Apache radar signal detecting set

By Maj. Matthew Miskowski Rotary Wing Aircraft Division, Aviation Test Directorate, U.S. Army Operational Test Command Public Affairs

INYOKERN, California — Thirty of the Army's finest accomplished the follow-on test of the AN/ APR-39D(V) Radar Signal Detecting Set, both increasing unit readiness and informing acquisition fielding decisions for the Army.

Bearcat Co., of the 1st Attack Reconnaissance Battalion, 101st Combat Aviation Brigade, planned their war-fighting missions in a hangar at the Inyokern public use airport, co-located with four AH-64 Apaches.

Each of the 16 attack and reconnaissance missions were conducted on the Electronic Combat Range at Naval Air Weapons Station China Lake.

The ECR is a great training facility and test location, according to Larry Hood, an Aviation test officer from U.S. Army Operational Test Command based at Fort Hood, Texas.

Hood suggests units to consider the ECR for fu-

ture training opportunities. Scott McLendon, a retired Apache pilot serving on the test as an OTC Aviation operations officer, reflected on the opportunity given to 1-101st ARB and the rest of Army Aviation.

"This training would benefit all Aviators in the Army," he said. "This test has given the Bearcat Company an opportunity that other units will likely not experience - to exercise and perfect their tactics, techniques and procedures against real-world threats, and not worrying about being shot down while they perfect their Aviation skills against those

The six Bearcat pilots planned, briefed and executed assigned missions according to operational vignettes that either represented threats as autonomous or an integrated air defense system.

Additionally, Lt. Col. Scott Kruse, also an Apache pilot serving as the Rotary Wing Aircraft Division chief, said, "Bearcats will be the Army's experts at using the AN/APR-39D(V)2 for detecting and reacting to radio frequency threats."

During the 15 days of test, data was collected to support the analysis of the operational effectiveness, suitability and survivability of the AN/APR-39D(V)2 for the materiel-release decision in fourth quarter fiscal year 2018.

The AN/APR-39D(V)2 RSDS's next significant events are the cybersecurity testing and log demonstrations, to occur prior to a fielding decision in fiscal year 2018.



Pilots from the 1st ARB, 101st CAB depart Inyokern Airport for their day-time mission on the Electronic Combat Range at Naval Air Weapons Station China Lake, Calif.

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EDDIE HALL PRESSURE WASHING

U.S., NATO allies prepare for unexpected in Latvia

By Pfc. Nicholas Vidro 7th Mobile Public Affairs Detachment

LIELVARDE AIR BASE, Latvia — With NATO allies constantly working together to ensure safety across Europe, there are many scenarios that local forces need to be ready to handle.

Soldiers from the 3rd General Support Aviation Battalion, 10th Aviation Regiment, 10th Combat Aviation Brigade, 10th Mountain Division, helped stage one such scenario for Latvian firefighters at Lielvarde Air Base Aug. 29.

During the afternoon participants from the Lielvarde Air Base Fire Department, Ogre City Fire Department, and U.S. Army personnel simulated a downed UH-60 Black Hawk in a field. The event is held quarterly and helps medics and firefighters train for unexpected scenarios, like responding to a



PHOTO BY PFC. NICHOLAS VID

Latvian firefighters safely carry CW3 Doug Patterson, a UH-60 Black Hawk pilot with the 10th CAB, during an air disaster exercise at Lielvarde Air Base, Latvia, Aug. 29.

burning aircraft.

The participants in the exercise were an American aircrew along with Latvian military and civilian emergency services. Tending to the injured in the immediate area of the Black Hawk was the prima-

ry responsibility of both the civilian and military fire departments upon arriving to the staged crash site. This included getting them clear of the aircraft and notifying medics of casualty status.

U.S. Air Force Senior Master

Sgt. Jeremy Wohlford, of the Alpena Readiness Training Center, Michigan Air National Guard, shed some light on the training objective for the day.

"The main focus of this exercise was to get the Lielvarde Fire Department with the Ogre Fire Department to work at extinguishing a downed aircraft," he said.

Soldiers of the 3-10th GSAB are in Latvia as a part of Operation Atlantic Resolve, a NATO mission involving the U.S., and its allies and partners in promoting peace and regional stability across eastern Europe.

Latvian firefighters found their objective and moved on it without hesitation, spraying water in the direction of the Black Hawk. From the moment they arrived, they moved with haste, addressing a faux fire as though it was really a burning helicopter. They carved a path and set out to assess the exer-

cise casualties. While firefighters dragged the Soldiers to a safe area established by medical personnel, they were also quick to lend aid to their would-be patients.

Spc. Dylan Alameda, a medic with Headquarters and Headquarters Company, 3-10th GSAB, said working alongside his Latvian allies was a success.

"It's been an eye-opening experience, with the language barrier and the differences in medical procedures on the Latvian side. Overall, I've learned a lot of new things and that's been a great experience," he said.

The exercise was successfully completed in a short amount of time, showcasing the readiness of each department to respond to unfamiliar demands. In the event of a future emergency, these teams of NATO allies walked away knowing they were ready for anything.

Resolve

Continued from Page B1

Fort Carson, Colorado, our level of readiness will be extremely high, especially when we transition back to our own training area."

Sgt. Maj. Joseph Nicholson, the operations sergeant major for 3rd ABCT, said a key for the brigade is carrying forward the knowledge gained during the latest exercise, and the cumulative bilateral and multinational training that's occurred with NATO allies and partners since the brigade arrived in Europe in January.

"Our goal moving forward is to maintain our current state of readiness. We need to ensure that everything we have learned here is not lost. It must be captured and continued to be exercised and improved upon," said Nicholson.

During Combined Resolve IX, the brigade emphasized imposing its lethality on an opponent early and often. This included an air assault to move scouts and infantrymen to forward positions and an artillery raid designed to steer the notional enemy onto ground favorable to the Iron Brigade.

"The artillery raid was an interesting thing to do because some Soldiers have never done it for an actual mission. Throughout this entire Atlantic Resolve rotation, we have really emphasized agility and innovative approaches to engaging a near-peer threat, if we ever needed to," said Harrison.

This final validation exercise also allowed USAREUR's rotational armored brigade to team up with its rotational helicopter assets from the 10th CAB out of Fort Drum, New York. During the main fight, AH-64 Apache attack helicopters addressed targets overhead as M1A2 tanks from 1st Battalion, 68th Armor Regiment, pushed to encounter their own targets.

Additionally, infantrymen from 1st Battalion, 8th Infantry Regiment, who normally serve in a mechanized role in Bradley Fighting Vehicles, were excited to jump in UH-60 Black Hawks and a CH-47 Chinooks during an air assault with the 3rd General Support Aviation Battalion, 10th CAB.

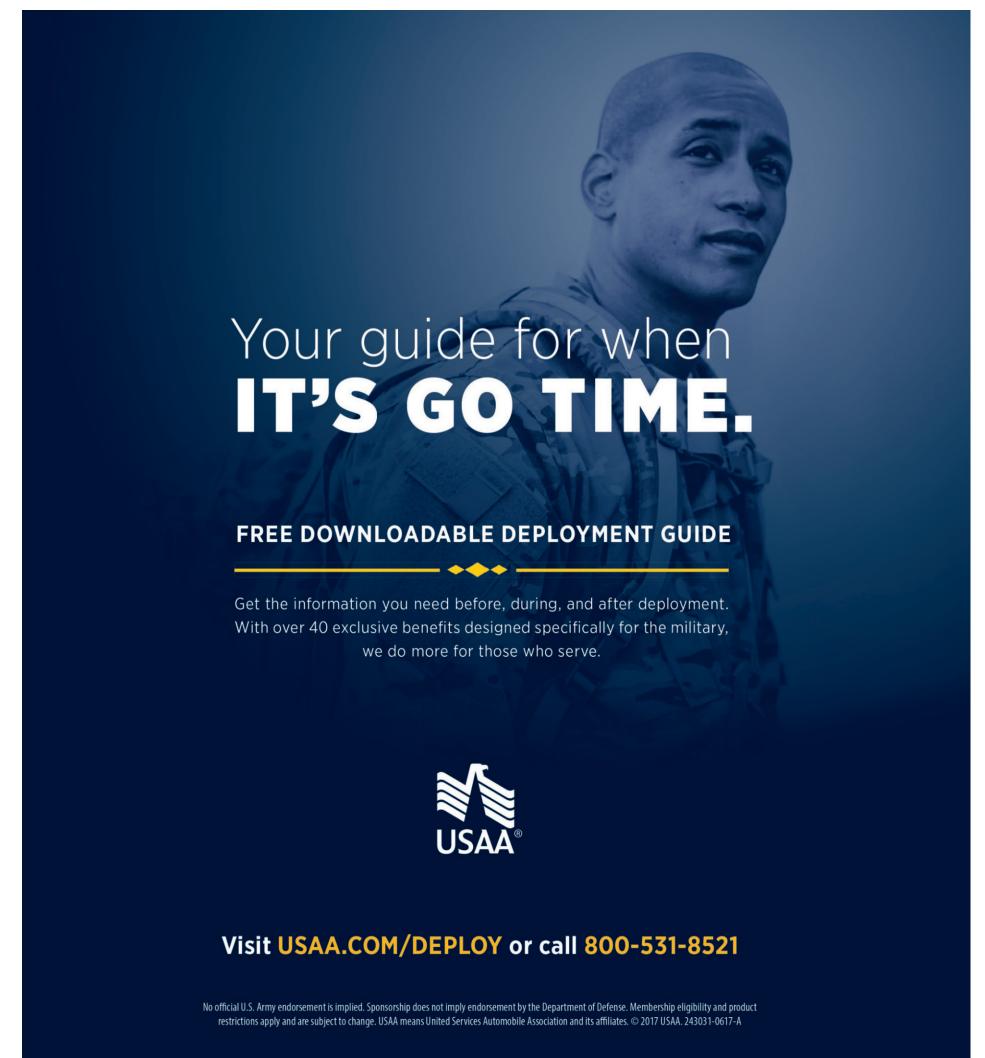
"It's not often that we get to do an air assault mission," said 1st Lt. Brandon Castinado, a platoon leader with A Company,



PHOTO BY GERTRUD ZACI

Infantrymen clear a building during an air assault mission during the U.S. Army Europe Combined Resolve IX exercise.

1-8th Inf. Regt. "It's a great experience to see the brigade use all of our assets in various ways to defeat an enemy. This shows that we are capable of completing missions that are thought to be difficult or impossible to achieve. We did it and we beat the odds. We are adaptable, resilient and, most importantly, well-trained."



Soldiers continue massive relief effort for flooded Houston Story on Page C5

SEPTEMBER 7, 2017

Nearby museums provide view into America's military past

By Alysia Spivey Public Affairs Intern

While many people enjoy a regular visit and learning experience at the U.S. Army Aviation Museum at Fort Rucker, fellow military-themed museums also offer people a look inside American military history.

From the Florida panhandle to Alabama's capital, here are several of the many nearby military-themed museums that are worth a visit.

NATIONAL INFANTRY MUSEUM

The National Infantry Museum, just outside of Fort Benning in Columbus, Georgia, highlights the journey of the American infantryman, from past to present. According to the museum's website, it hosts a collection of more than 70,000 artifacts that date back as far as 240 years. The museum offers an array of monuments, interactive kiosks, and relics featured in 13 exhibits including the Eras of Infantry, the Vietnam Memorial Plaza, Armor and Calvary Gallery, and the Hall of Valor.

Lara Warren, the museum's director of education and volunteer services, said, "the museum is most unique in how we tell the Soldier's story. We tell not only the story of the infantry Soldier, but that of the American

Warren said that, in addition to exhibits, the museum hosts a giant screen theater where visitors can watch documentaries and Hollywood films. A list of showtimes and ticket pricing can be found on the museum's webpage.

Tours are self-guided and it's recommended that visitors dedicate at least three hours for touring. A list of one hour, half day and full day itineraries can be found on the museum's webpage.

"There are a lot of facets to the museum," said Warren, "it's a great place of honor."

The museum is open from 9 a.m. to 5 p.m. Tuesdays-Saturdays, and 11 a.m. to 5 p.m. Sundays. Admission is free of charge with a suggested \$5 donation. Bags larger than 11" x 6" x 15" are not allowed inside the museum or on the museum campus.

For more information on the National Infantry Museum, visit nationalinfantrymuseum.org or call

706-685-5800.

AIR FORCE ENLISTED HERITAGE RESEARCH INSTITUTE

The Air Force Enlisted Heritage Research



COURTESY PHOTOS

A display at the National Infantry Museum, just outside of Fort Benning in Columbus, Ga.



A display at the Force Enlisted Heritage Research Institute at Maxwell Air Force Base in Montgomery.

Institute, commonly known as Enlisted Heritage Hall, can be found on Maxwell Air Force Base in Montgomery. According to the institute's website, its mission is to "[preserve] the rich and dramatic heritage and tradition of the USAF enlisted corps and its antecedents – such as the Aeronautical Division, Signal Corps; Army Air Service; Army

Air Corps; and Army Air Forces". Artifacts, pictorial exhibits, written and oral documentation, art collections, audiovisuals and selected aircraft parts are featured at the museum, according to their webpage.

Bill Chivalette, museum curator, quoted in an article by the Air University Foundation, said, "Years of research and study have gone into some of our displays, and many have won the Air Force Heritage award, the highest honor that is given to facilities like ours."

The museum is open 7 a.m. to 5 p.m. Mondays-Fridays and admission is free of charge. Visitors who do not have a Department of Defense ID or are not escorted by a holder of a DOD ID must obtain a visitors pass through the Maxwell Visitor Center. The visitor center is open 7:30 a.m.- to 4:30 p.m. Mondays-Fridays and can be contacted at 334-953-4283.

For more information on the Air Force Enlisted Heritage Research Institute, visit AFEHRI.au.af.mil or call 334-416-3202.

NATIONAL NAVAL AVIATION **MUSEUM**

Located in Pensacola, Florida, the National Naval Aviation Museum is the world's largest Naval Aviation Museum. According to the museum's website, over 150 restored aircraft that represent Navy, Marine Corps and Coast Guard Aviation are featured. The museum hosts exhibits inside its 350,000sq. ft. building and outside on its 37-acre grounds.

The museum offers a wide range of exhibits and displays, including the popular Blue Angels exhibit. The museum's webpage describes the Blue Angels exhibit as a "dazzling seven-story glass and steel atrium that showcases four A-4 Skyhawks in a diving diamond formation".

The museum also offers several 3D flight simulators, including the MaxFlight 360 simulator and

The Motion Based Simulator, which can accommodate up to 15 passengers and moves in six directions. Simulator ticket prices and schedules can be found on the museum's webpage.

Admission is free and the museum is open 9 a.m. to 5 p.m. daily. All visitors who do not have a DOD ID or are not escorted by a holder of a DOD ID must enter and exit Naval Air Station Pensacola via the West Gate off Blue Angel Parkway. Visitors (16 years and older) must present valid identification for entry to the air station. Backpacks and large bags are not allowed in the museum (exception for diaper bags).

For more information on the National Naval Aviation Museum, visit navalaviationmuseum.org or call 850-452-3604.

CELEBRATING DIVERSITY

Post set to kick off Hispanic Heritage Month

By Nathan Pfau Army Flier Staff Writer

With Soldiers coming from all walks of life, the diversity of the U.S. Army is viewed by many as one of its greatest strengths, and Fort Rucker celebrates that diversity as it observes National Hispanic Heritage Month Sept. 15-Oct. 15.

The installation will kick off the month-long observance Sept. 15 with an event at the post exchange from 11:30 a.m. to 1 p.m. with a bit of food, dancing and cultural enlightenment, according to Sgt. 1st Class Matthew Castillo, 110th Aviation Brigade equal opportunity adviser. "The kickoff will have some

food samplings, music and some fun facts of static displays for people to learn about Hispanic Heritage Month - it should be a good time," he said. "We try to do our best as EOAs in the military to bring the community together and show that we're all one team. And even though we might have different goals, in the end we all just want to be happy and together we can make it bet-

During the kickoff event people can learn a little bit about



A Zumba class demonstrates various Hispanic dances during last year's event.

Hispanic culture while sampling foods provided by volunteers to get a taste of some of the culture that makes up the Army, and although the kickoff event will start the observance month, it's not the only event people can take part in.

The Center Library will host a

special reading Sept. 29 from 10-11 a.m. where equal opportunity advisers will read a selection of books that were either written by Hispanic authors or about Hispanic culture, said Castillo. In addition to the reading, there will also be arts and crafts that children will be able to take part in.

Sept. 30, Fort Rucker will host the Hispanic Heritage Month 10k run and observance from 8-10 a.m. at the Fort Rucker Physical Fitness Center on Andrews Avenue where people can get a bit of fitness in while learning about Hispanic culture.

This year's observance run will

be more than just a run, though, said Castillo. The run will also feature a salsa making competition where people can compete to take home the titles for best salsa, hottest salsa and more.

People don't have to purchase any ingredients for the competition, which will be provided by

the EO program. "Anyone who wants to participate should just contact us and we'll provide the ingredients," said the EOA. "This will be a great event for people to come, enjoy some music and salsa and have a good time, and hopefully people will learn a little bit about Hispanic Heritage Month."

The importance of the observance month is meant to bring people together and show that it's the differences that people have that make the Army stronger, said Sgt. 1st Class Ronald Davis, 1st Avn. Bde. EOA.

"It's important that we all celebrate each other and embrace our differences," he said. "The more I know about, then the more I understand, and that works both ways. I think the world could use a little more of that."

For more information, call 255-2669, 255-2363 or 255-9950.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Before, after school care

The Fort Rucker Child and Youth Services School Age Center has spaces available for before and after school care starting Sept. 11. All new school-age children in kindergarten through fifth grade must have an orientation and their paperwork completed with parent central services prior to starting care.

For more information, call 255-9108.

Resilience training

Army Community Service will host resilience training Tuesday and Sept. 26. The training is designed to provide family members and civilians with the tools they need to better cope and overcome adversity and challenges, as well as perform better in stressful situations. The goal is for students to thrive when facing life challenges, not just bounce back, according to organizers. The training will be held from 8:30 a.m. to 2:30 p.m. in Bldg. 5700, Rm. 350. People need to register by Friday.

For more information, call 255-3161 or 255-3735.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Sept. 14. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11:30 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

Newcomers welcome

A newcomers welcome is scheduled for Sept. 15 from 8:30-11 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are encouraged by post officials to attend the newcomers orientation. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or 255-2887.

Blended Retirement System Seminar

The Army Community Service Financial Readiness Program will present a Blended Retirement System Seminar Sept. 19 from 6-7 p.m. in the Soldier Service Center, Bldg. 5700, Rm. 282. The seminar will be a discussion of the significant changes to the current military retirement system, including how retirement pay will be calculated, continuation pay and the Thrift Savings Plan with matching government contributions, according to ACS officials. This discussion will be facilitated by ACS accredited financial counselors. Pre-registration is required by Sept. 18. Free childcare will be available with registration.

For more information and to register, call 255-3765 or 255-9631.

Spouse Leadership Academy

Army Community Service will host its Spouse Leadership Academy Sept. 19 and 20 from 8:15 a.m. to 2 p.m. at the Spiritual Life Center, Bldg. 8939. The academy will be a two-day forum designed to help spouses enhance their leadership capabilities, according to ACS officials. It will combine several Army Family Team Building modules, leadership classes and installation agency briefings for strengthening leadership skills. Free childcare will be available with registration by calling 255-3564. The academy will be open to spouses of section chiefs, platoon sergeants, first sergeants, sergeants major, command sergeants major, flight school and Captain Career Course students, unit commanders, battalion commanders and brigade commanders, senior leadership spouses and spouses within family readiness groups.

For registration and more information, call 255-9578 or 255-3161.

Single Parent Family Game Night

Army Community Service, and the



PHOTO BY NATHAN PFAU

Dog Days of Summer Dog Swim

SPLASH! Outdoor Pool and Spray Park will host its Dog Days of Summer Dog Swim Saturday from 11 a.m. to 2 p.m. Registration will be required to participate. Cost will be \$7 per dog. At time of registration and payment, all dog owners will be required to attach a copy of their dog's current vaccination records. No people will be allowed in the pool water with the dogs unless there is an emergency. Users of the facility will do so at their own risk. Owners are responsible for the actions of their dogs. There may be a limit to the number of dogs allowed at one time. Dogs must be accompanied by an adult at all times. Humans are limited to two dogs at the facility at any given time. Dogs must be under owner control at all times, must be leashed when not swimming, and will be removed at the first sign of any aggression. Humans must clean up after their dogs - plastic waste bags and bins will be provided. For more information or to register, call (334)255-9162. Pictured is a scene from a previous event.

Army and Air Force Exchange Service will host a single-parent family game night Sept. 21 from 5-7 p.m. at the post exchange food court. Theevent will feature free games, free food and a free movie ticket. All who pre-register will receive a voucher for a free movie at the post theater and a game to take home. Registration deadline is Sept. 18. Registration is limited to the first 20 families. The event will be open to single parents who are active-duty or retired military, Department of Defense employees and their families. This is an initiative of the Fort Rucker Community Health Promotions Council Community Resiliency Work Group.

To register, call 255-3359 or 255-9647.

Book club

The Center Library hosts a book club for adults the third Tuesday of each month from 5-6 p.m. Light refreshments will be served. The club is open to authorized patrons. For more information, call 255-3885.

Army Family Team Building app

People can complete Army Family Team Building training through AFTB's app. Visit http://www.ftruckermwr.com/ acs/army-family-team-building/ to find the direct link to the app. Once complete, people can contact Fort Rucker AFTB to receive their certificate. Search for AFTB in the app store for Apple devices. For more information, call 255-9637.

Home buying seminar

The Army Community Service Financial Readiness Program will present a home buying seminar Sept. 26 from 6:30-8:30 p.m. in the Soldier Service Center, Bldg. 5700, Rm. 282. Topics will include: why buy a house; credit history; Veterans Affairs mortgage insurance; types of mortgages; and applying for a mortgage. The discussion will be facilitated by accredited financial counselors. Pre-registration is required by Sept. 25. Free child care will be available with registration.

For more information and to register, call 255-3949 or 255-9631.

Fort Rucker Right Arm Night

The Landing Zone will host the Fort Rucker Right Arm Night Sept. 28 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome.

For more information, call 255-0768.



Fort Rucker Oktoberfest

rucker.armymwr.com

The 15th annual Fort Rucker Oktoberfest and volksmarch is scheduled for Sept. 29 from 4:30-9:30 p.m. at the festival fields. Oktoberfest will feature live German music by Sonnenschein Express, traditional German food, a keg toss competition and more - including inflatables for children, a pumpkin patch, craft activities, rides and fireworks. The

volksmarch will take place from 4:30-6 p.m. Participants will receive beads and a German Oktoberfest hat as a souvenir for participating in the Volksmarch. There will be no cost to take part in the volksmarch and people can register for it at the event. Both events will be open to the public.

For more information, call 255-1749 or 255-9810.

RUCKER MOVIE SCHEDULE FOR SEPT. 7-10

Thursday, September 7

Friday, September 8

Valerian And The City Of A Thousand **Planets** (*PG-13*) 7 p.m. Saturday, September 9

Spiderman: Homecoming (PG)4 p.m. **Planet of the Apes** (*PG-13*) 7 p.m. **Sunday, September 10**

Valerian (*PG-13*) 1 p.m. **Girls Trip** (*R*)......4 *p.m.*

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

Northcom chief relays SecDef message:

'Texas gets everything they need'

By Cheryl Pellerin Defense Media Activity

WASHINGTON — The commander of U.S. Northern Command delivered a message from Defense Secretary Jim Mattis to the people of Texas Friday during an update on Hurricane Harvey from the Texas State Operations Center in Austin, Texas.

Texas Gov. Greg Abbott led the update on the Category 4 hurricane that since Aug. 27 has devastated southeastern Texas, and he summarized the Federal Emergency Management Agency-led and ongoing rescue and restoration operations there, before introducing Air Force Gen. Lori J. Robinson.

On behalf of Mattis, Joint Chiefs Chairman Marine Corps Gen. Joe Dunford and the men and women of the armed forces, Robinson expressed hope for the people affected by the storm. "I would like to offer our heartfelt thoughts and prayers to all of those who have been affected by Hurricane Harvey," she said.

In her role as Northcom commander, the general said, she is responsible for deploying active duty Soldiers, Sailors, Airmen and Marines to support FEMA and state requests for assistance to local, county, state and federal civil authorities in devastating times.

"When disasters of this magnitude strike, a whole-of-government response is necessary, and DOD is a part of all of that,"



Soldiers from the 36th Engineer Brigade and the 1st Medical Brigade, both from Fort Hood, Texas, load boxes of Meals-Ready-to-Eat into an American Red Cross emergency response vehicle in support of relief operations for Hurricane Harvey victims in Beaumont, Texas, Friday.

Robinson said.

RIGHT CAPABILITY, RIGHT

The military has learned over time how important it is to have the right capability at the right place at the right time to support the needs of citizens, the general said. "Our military has unique capabilities to support disaster relief, and those same capabilities that make our armed forces so effective in combat make our forces uniquely effective in disaster relief efforts. We have been and we will continue to deploy any and all capabilities requested by FEMA and [the state of

Robinson said she had a conversation Aug. 31 with Mattis. "He made the comment to me: 'Lori, Texas gets everything they need, and we'll get it there as fast as we can," she said.

MILITARY CONTRIBUTION

"I'm so proud of the Soldiers,

Sailors, Airmen and Marines that have deployed in the affected area, and that will continue to deploy as long as requested and needed," Robinson said, and she summarized the military contribution so far to the affected areas

• The Army has provided 200 high-water vehicles to support the Red Cross in the moving personnel and patients. Army helicopters with hoisting capability are helping to rescue

and transport survivors, and the Army is overseeing the receipt and issue of life-support items.

The Air Force is providing strategic airlift, fixed-wing airlift, medical evacuation, airborne command and control, and helicopters to transport people and supplies.

Navy amphibious ships USS Kearsarge and USS Oak Hill, along with Marines from the 26th Marine Expeditionary Unit, are en route to Texas should the state need them.

The Defense Logistics Agency has provided fuel, sandbags, generators and incident-support bases and is delivering meals to dislocated citizens.

The U.S. Army Corps of Engineers has deployed experts to the state and to FEMA, and response nodes to help provide technical assistance with power restoration.

These are just a few things the men and women in uniform are doing to help with the larger relief effort, Robinson said. "We are committed to assist local, state and federal agencies throughout this trying time for our nation," the general added.

Robinson also thanked the governor and other officials involved in overseeing the response for their leadership. "We look forward," she said, "and we will be there - steady, ready and to support at a moment's notice."

13,000-plus troops, DOD civilians aiding Harvey lifesaving, recovery efforts

By Jim Garamone Defense Media Activity

WASHINGTON — About 11,000 National Guardsmen have deployed to support the Federal Emergency Management Agency-led rescue and restoration operations in the region affected by Hurricane Harvey, Defense Department officials said Friday.

A total of 1,638 active-duty service members and 1,254 DOD civilian employees and contractors are also supporting operations in Texas. Another 1,050 service members are prepared to deploy if needed.

Lifesaving remains the priority for civilian and military officials in the state, but floodwaters are beginning to recede in many areas and resources are being dedicated to recovery operations, officials

Texas National Guardsmen evacuated 1,109 personnel, rescued 6,283 personnel and assisted 5,360 personnel, officials re-

DOD officials said that active-duty troops have rescued 2,038 people in the region. The operations continue and U.S. Northern Command has deployed 100 high-water vehicles to Katy, Texas. Northcom has also deployed 87 helicopters, four C-130 Hercules aircraft and eight para-

The Coast Guard has 46 helicopters and 10 fixed-wing aircraft conducting missions. The service also deployed shallow-water boats that are assisting the block-by-block search and rescue efforts, defense officials reported. More than 10,500 people have been rescued or assisted by Coast Guards-

DOD assets are also standing by to aid evacuation efforts. Seven C-17 Globemaster III aircraft at Charleston Air Force Base, South Carolina, and two C-5 Galaxy aircraft at El Paso, Texas, are on alert sta-

RECOVERY EFFORTS

The Army Corps of Engineers is conducting air and ground post-storm assessments and harbor surveys in coordination with interagency partners. Two dredges are on standby, with two USACE dredges in ready reserve. Corps planners are also looking to providing up to 13,000 housing

The Defense Logistics Agency is providing 10 million shelf-stable meals - the civilian equivalent of meals, ready-to-eat. The agency is also providing 1.5 million liters of water a day.

On the medical side, Brooke Army Medical Center in San Antonio is providing medical treatment for up to 7,000 victims of the hurricane and associated flooding.

The department also set up a disaster aeromedical staging facility at Houston's George Bush International Airport. Five C-130s and six aeromedical evacuation crews are on alert.

And more help is coming. The Navy ordered the amphibious assault ship USS Kearsarge, with the embarked 26th Marine Expeditionary Unit, and the dock landing ship USS Oak Hill to sail to the region. The ships departed Aug 31 from their



PHOTOS BY AIR FORCE TECH. SGT. LARRY E. REID JR.

A Navy MH-53E Sea Dragon assigned to Helicopter Mine Countermeasures Squadron 15 at Naval Station Norfolk, Va., flies near Houston during rescue and recovery operations following Hurricane Harvey Aug. 31.



Pictured is some of the flooding in the Houston area Aug. 31.

Army units from 24 states save more than 5,700 from Houston floods

By Staff Sgt. David Kirtland Louisiana National Guard

BATON ROUGE, La. — The Louisiana National Guard joined in Texas rescue efforts Aug. 30, including helping evacuate a nursing home in Orange.

The LANG is providing Guard members, high-water vehicles, buses and helicopters to conduct search and rescue and transport people from the Texas border to

shelters that have been established in Lake Charles.

"Louisiana is prepared to help Texas in any way possible," said Gov. John Bel Edwards. "Fortunately, we are able to take care of the needs of Louisiana, as well as provide the manpower and resources neces-

resources necessary to help Texas in its time of need. We've all been through this as partners in the past, and there is no doubt that we will get through this event together, as well."

The Louisiana National Guard is acting at the direction of the Governor's Office of Homeland Security and Emergency Preparedness. It's working with the Coast Guard, Marines Reserves, Louisiana State Police and the Department of Wildlife and Fisheries to rescue Texan citizens from the rising floodwaters in southeast Texas.

As the disaster brought by Hurricane Harvey's landfall continues to unfold in Texas, Air and Army National Guard units join civilian emergency partners and other military units in rescues and providing services to the thousands of people displaced by flooding.

More than 5,700 people have been rescued, according to the National Guard Bureau. More troops – including active-duty, Guard and Reserves – will be phased in as necessary, military officials have said.

Louisiana is

prepared to

help Texas

in any way

possible."

- JOHN BEL EDWARDS,

LOUISIANA GOVERNOR

As of Friday, these states were providing Army and Air National Guard personnel: Alaska, Arizona, Arkansas, California, Colorado, Delaware, Florida, Georgia, Kentucky, Louisiana, Mississippi, Missouri, North Carolina, Nebraska, New Jersey, New Mexico, New York, Oklahoma, Oregon, Pennsylvania, South Carolina, Texas, Utah and Virginia.

Louisiana's adjutant general,
Mai Gen Glenn

Maj. Gen. Glenn H. Curtis, said Louisiana and Texas have a longstanding history of helping each other in times of need. "They were here during Katrina, and they helped us last year during the floods. That bond, that feeling you get when you cross

state borders to

help those in need, to provide relief, that's what makes the National Guard special."

The Coast Guard and the Marines Reserves are conducting air search and rescue operations in the Port Arthur, Texas, area. LANG Airmen with the 122nd Air Support Operations Squadron, headquartered in Pineville, are providing aircraft communication support to the Coast Guard at the Southland Airport in Sulphur.

"We are setting up communications at Southland Field," said Master Sgt. Mark Simpson, who is with the 122nd Air Support Operations Squadron. "We are linking the Coast Guard's tactical operations centers to the air assets so messages as far as Orange, Port Arthur and Beaumont [Texas] to help coordinate rescue efforts."

Also, Soldiers with the LANG's 139th Regional Support Group have staged commodities, which include MREs, tarps, sandbags and bottles of water at various points throughout the state in order



LOUISIANA NATIONAL GUARD PHOTO

Louisiana National Guard members from the 256th Infantry Brigade Combat Team assisted the Louisiana State Police, the Louisiana Department of Wildlife and Fisheries, and Florida Fish and Wildlife Conservation Commission with the evacuation of a nursing home in Orange, Texas, Aug. 30.

to provide quick distribution to affected areas.

To date, the LANG has issued more than 1,152 MREs, 3,000 bottles of water and 415,000 sand-bags.

The LANG has more than 530 Guard members activated in parishes around its home state responding to the weather emergency response, to include eight helicopters for search and rescue and Guard troops with high-water vehicles and boats prepositioned in Calcasieu, Vermillion, Orleans, Lafayette, Red River, Natchitoches, Caddo, Ouachita and Rapides parishes.



PHOTO BY SGT. GARRETT L. DIPUMA

Louisiana National Guardsmen from 2nd Battalion, 156th Infantry Regiment, 256th Infantry Brigade Combat Team, help Texas nursing home residents who had to evacuate.

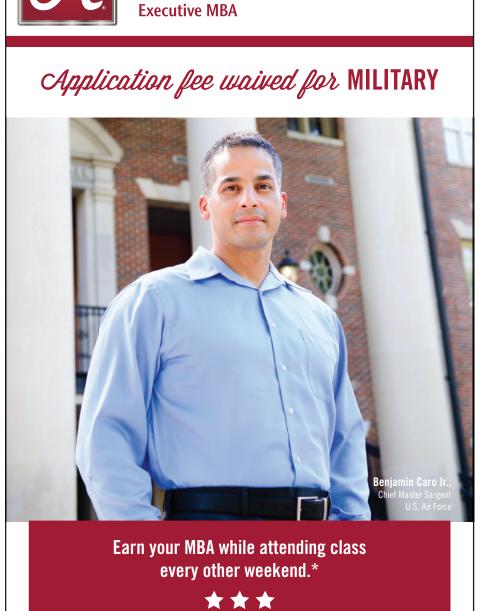
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Soldiers continue massive relief effort

By Spc. Dustin D. Biven 22nd Mobile Public Affairs Detachment

KATY, Texas - In response to Hurricane Harvey, the Army has deployed more than 700 wheeled vehicles and more than 90 helicopters.

These assets are invaluable, but it is the people who fill the more than 16,000 uniforms aiding in the recovery who are making the difference to those in need.

Since the relief effort began, Soldiers have saved 6,000 people in Texas and Louisiana, and have rescued hundreds of pets.

"We are very proud to do this. It means so much," said Lt. Col. Matthew Masias, a commander and pilot in the Texas Army National Guard. "Every time we get a mission, we know we are doing something good for people, and we know what we are doing is helping people in need out."

Masias has conducted several missions with his crew to deliver life-supporting supplies to affected communities.

MAJOR HUB

Houston Executive Airport, just outside of Houston, has become a major hub for Hurricane Harvey relief efforts. Military aircraft are continuously coming and going. Missions include rescue, supply distribution or troop transportation.

Maj. Scott S. Davis, a flight physical assistant assigned to the Texas Army National Guard's 36th Combat Aviation Brigade, participated in multiple supply drops, including a Sept. 1 food and water drop-off in Sour Lake, Texas. "Watching these pilots, crew chiefs and maintenance crews work hard to get much needed supplies to those most in need has been one of the highlights of my career," he said.

Aviation missions from Houston Executive Airport have been running continuously since Aug. 31. Transport by aircraft has been effective and efficient, with a demanding schedule for pilots and crews.

24-HOUR OPERATIONS

"We're on 24-hour operations now, flying day and night," said Pvt. Robert Paul, an infantryman in the Texas Army National Guard's 2nd Battalion, 149th Aviation Regiment, who was called up to support the relief operations. "We're just getting started. There are plenty out there who need our help.'

Thousands of people along the U.S. Gulf Coast suffered from Hurricane Harvey. The efforts to relieve those in need include contributions from service members from all over the country.

"The moment we saw that people were in need, we answered their call. In situations like this, it's not Texans helping Texas, or Louisianans helping Louisiana," Masias said. "We have people from all over coming to help, so it's really Americans helping Americans, and it's amazing."



Spc. Benjamin Cooper. a Soldier assigned to D Co., 1-169th Avn. Regt. from the Alabama Army National Guard, looks out the window of a CH-47 Chinook helicopter and watches as another Chinook flies beside them en route to deliver hay to cattle that have been stranded by Hurricane Harvey near Hampshire, Texas, Sunday.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions

9 a.m. Catholic Mass 11 a.m. Collective Protestant

12:05 p.m. Catholic Mass

(Tuesday-Friday)

4 p.m. Catholic Confessions (Saturday)

5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant Sunday School

10:45 a.m. Latter-Day Saints

10:45 a.m. Wings Crossroads

(Contemporary Worship Protestant Service)

11 p.m. Eckankar Study (4th Sunday)

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD

(except during summer months)

BIBLE STUDIES

TUESDAYS

Crossroads Discipleship Study (Meal/Bible Study)

Wings Chapel,

6:30 p.m.



SAVE \$40195

Pfc. Calvin Black, horizontal construction engineer from the 104th Engineer Co., 36th Engineer Bde. from Fort Hood, Texas, unloads water and other supplies Monday at Christian Tabernacle Church in Houston.











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MON.-FRI. 9AM-6PM • SAT 9AM-5PM

Explore the Outdoors Festival set for Oct. 14

Army Flier Staff Reports

FREEPORT, Fla. — Walton Outdoors will host the eighth Explore The Outdoors Festival Oct. 14 from 10 a.m. to 2 p.m. at the waterfront location of Live Oak Landing Outdoor Destina-

This fun-filled day will introduce children to the wonders of exploring nature and the outdoor experience, according to organizers.

Hands-on activities will include fishing, kayaking, hydrobiking, boating, wildlife, archery, interactive educational exhibits, giveaways and more.

The event is free. The water activities are geared for children age 6 and older. Food will be available for purchase.

Activities and exhibits in-

- Learn to fish on Black Creek
- FISH FLORIDA fishing rod/ reel giveaways
- Freshwater fishing education with Florida Fish and Wildlife
- Emerald Coast Hydrobike cruises
- · Archery with Freeport Parks and Recreation • Boating with Wounded War-
- rior Fishing Boating with Backwater
- Tours · Birding with the Choctaw-
- hatchee Audubon Society
- Wildlife exhibit with Florida
- Fish and Wildlife
- Florida State Park exhibits · Northwest Florida Astronomy Club
- · Choctawhatchee Basin Alliance touch tank
- Smokey the Bear and his friends from Forestry
- Florida Sea Grant exhibit
- Freeport Town Planters Society crafts
- · Emerald Coast Wildlife Refuge exhibit
- Butterfly exhibit
- Beekeeping exhibit
- · Walton County Master Gardeners activity
- Glendale Memorial Nature Preserve
- · Navarre Beach Marine Science exhibit
- Nonie's Ark Animal Encoun-
- · Archaeology

For more information, visit www.waltonoutdoors.com/ explorefest or call 850-267-2064.

REGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

THROUGH SEPT. 30 — The Wiregrass Museum of Art is hosting the "Museum of Wonder," an exhibition by self-taught artist, storyteller and collector of oddities, Butch Anthony, according to organizers. The Museum of Wonder, housed in a log cabin built by Anthony in Seale, is temporarily relocated to WMA's galleries. The exhibition also includes a mobile drive-thru museum. This re-creation of the artist's self-described "World's First Drive Thru Art and Antique Gallery," located just off of U.S. Highway 431 in Seale and constructed from shipping containers, is housed in an Airstream trailer in

ONGOING — Ballroom dancing lessons are offered Tuesdays at 6:30 p.m. at the Cultural Arts Center. Lessons will teach the Fox Trot, East Coast Swing, Rumba and Waltz. The cost will be \$2 per person per night. For more information, call 791-9407.

ONGOING — The Tri-States Coin Club meets the third Monday of each month at 7 p.m. in the back room of Interco Coins located at 2314 Ross Clark Circle. Described as designed for all ages, the event begins with a short meeting followed by a coin auction. For more information, call 393-2376.

ENTERPRISE

SEPT. 11, 18, 25 — Rumba dance lessons will be offered at the Hildreth Building, 202 N. Main St. Classes will be from 6:30-7:30 p.m. The cost is \$3 per person per evening. For more information call 334-393-4811.

SEPT.9—The Coffee County Emergency Management Agency and Coffee County Community Emergency Response Team will host their sixth annual Emergency Preparedness Fair and Safety Saturday at the Enterprise Civic Center, 2401 Neil Metcalf Road, from 10 a.m. to 2 p.m. The fair is part of National Preparedness Month, and is billed as a fun-filled, family event designed to raise awareness about home safety and individual emergency preparedness. The event will feature several awareness displays and demonstrations to help citizens see how a few simple steps now can increase safety and emergency preparedness in homes, businesses and communities throughout the county. Emergency response vehicles and resources, such as the Arrive Alive Tour by Unite, a texting and driving virtual vehicle simulator; mobile command post; bomb squad; hazardous materials vehicles; sheriff's posse; search and rescue helicopters; Bloodmobile; electrical safety; pet preparedness; and other preparedness and safety organizations will be on site.

SEPT. 23 — Registration for the 5k run and walk to benefit the Children's Hospital of Alabama is scheduled for 7 a.m. and the event is scheduled to start at 8 a.m. at Johnny Henderson Park. People can register at www. BFF.Care.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING - Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKIUN

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Town Hall (old armory building) at 706 McKinnon Street.

The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 334-406-6700.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500

WIREGRASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — AMVETS Post 23 monthly meeting is held the second Thursday of each the month at 7 p.m. at the AMVETS Service Center, 203 MLK Dr., in Opp. For more information, call 334-493-0785 or visit www. amvetspost23.com.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or

Beyond Briefs

Zoobilation: celebrating success

The Montgomery Zoo will host its Zoobilation fundraiser Sept. 14 from 6-10 p.m. The event will feature dancing, an auction, and food from "the finest eateries in the River Region" according to a zoo press release. Zoobilation is a fundraiser geared for adults only -- all guests must be 21 years old or older. Tickets are \$50 per person. Zoobilation tickets purchased online at montgomeryzoo. com will be available at the will call booth during the night of Zoobilation beginning at 6 p.m. No tickets will be mailed or made available for pick up. On the night of Zoobilation, people should bring their purchase confirmation and printed ticket along with a valid picture identification. Minors will be refused access and no refunds will be pro-

People can buy tickets online at montgomeryzoo.com or at the zoo admission

For more information, call 334-240-4900, or visit www.montgomeryzoo.com/ announcements/zoobilation-splashofblue.

International coastal cleanup

Panama City Beach will host its portion of the international coastal clean-up effort Sept. 16 from 10 a.m. to noon Russell Fields City Pier across from Pier Park. The effort is part of an international effort to clean oceans and waterways around the world. Gloves and trash bags will be provided.

For more information, call 850-233-5045.

Gun, knife show

The Collectors and Shooters Club of Alabama will host the Montgomery Gun & Knife Show Sept. 16 from 9 a.m. to 5 p.m. and Sept. 17 from 10 a.m. to 4 p.m. at the Multiplex at Crampton Bowl. The shows will feature more than 350 exhibitors will be present. Admission will be \$7 for adults, and children 12 and younger will be admitted for

For more information, call 334-322-8818, or visit gunshowtrader.com/gunshows/casc-montgomery-gun-show/.

Ballet and the Beasts

The Montgomery Ballet will perform for free Sept. 22 from 6-10 p.m. under the stars at the Montgomery Zoo. Zoo officials said the event will be fun for all ages. Admission will be free and people will be welcome to bring picnic blankets, lawn chairs and coolers. The event will also feature face painting and door prize drawings.

Ballet and the Beasts will be an evening event and all zoo animals will be in their night quarters during the event. Select animals will be on display prior to the event. Limited concessions will be available for purchase.

For more information, call 334-240-4930 or visit montgomeryzoo.com/announcements/ballet-and-the-beasts.

Brett/Robinson Alabama Coastal **Triathlon**

The Brett/Robinson Alabama Coastal Triathlon is scheduled for its 11th year on Alabama's beaches Sept. 9 at Gulf Shores and Orange Beach. Locals and visitors are invited to participate in the long-course triathlon that will feature a 1 ½-kilometer swim in the Gulf of Mexico, a 40-km bike ride through the Gulf State Park and 10-km scenic run, or the "Tri-It-On," consisting of a 300-yard swim, 10-mile bike ride and 2-mile run, according to organizers. Preand post-race activities for both events will take place at The Hangout. To register, http://team-magic.com/events/67/ contents/register.

There is also a heavy need for volunteers during this race. The Sports Commission Volunteer Incentive Program supports civic groups by contributing \$40 per volunteer for each shift worked at designated sporting events. To learn about volunteering with the Sports Commission, call Sarah Cooper at 251-947-4611 or send an email to SCooper@GulfShores.com.

For information on upcoming athletic events along Alabama's Gulf Coast, visit GulfShores.com/Sports/Media-Room, or call 1-800-745-SAND.

The Shoppes at EastChase in Montgomery will host its Fido Fest Sept. 23 from 4-7 p.m. The event, which will benefit the Montgomery Humane Society, will include an array of vendors, activities for dogs, food from local food trucks, a splash zone for dogs and

For more information, call 334-279-6046, or visit www.facebook.com/ events/1964169903867388/.

A walk through Montgomery's past

The Landmarks Foundation of Montgomery will offer a two-part walk through Montgomery's past. The first part will take place Sept. 23 at 8:30 a.m. and the second part will take place Nov. 24 at 2 p.m. The walk is free for Landmarks members and cost members of the general public \$10. According to organizers, the walk will be a leisurely stroll down one of Montgomery's most historic thoroughfares, Monroe Street, where once upon a time a future presidential assassin performed, famous actors strode the boards, billiard balls bounced, and the aroma of fried fish sandwiches competed with those of indoor restaurants, the stables of the police and fire departments and the day-or-so-aged vegetables from the market under city hall (which burned in 1932).

For more information, call 334-240-4500 or visit www.landmarksfoundation.com/ events/upcoming-events/.

Reservists help rescue residents from Houston's flood waters

By Sgt.1st Class Tony Foster 211th Mobile Public Affairs Detachment

(Editor's note: Sgt. Jonathan Fernandez with the 204th Public Affairs Detachment and Capt. Chad Nixon of the U.S. Army Reserve Command contributed to this report.)

HOUSTON - Army Reserve Soldiers are using helicopters and tactical vehicles to rescue residents of Houston communities stranded by rising flood waters following Hurricane Harvey. In addition, they are housing over 400 displaced residents and local emergency management personnel in four different Army Reserve

Soldiers with the 453rd Inland CargoTransferCompanyhavebeen conducting recovery operations since Sunday for displaced citizens in Katy and neighboring areas west of Houston.

"We were called in to support an EMS task force in Katy," said 1st Lt. Kristina Samuel, 453th ICTC commander and Houston resident.

"We received information from one of our unit's officers, who is also a policeman, regarding stranded families which led us from transporting a family of seven and their pets, to several truckloads of other displaced families," Samuel

The transportation teams and crews endured continual rainfall and heavily flooded areas during their operations.

"It was a ramp-up-and-go relief effort," said Sgt. Justin Speight, an automated logistical noncommissioned officer and Houston native. "I got the call and took off. I was ready to go because I knew there were people that were worse off than me, and I wanted to help out others that needed it."

For some of the Soldiers, the devastation of Hurricane Harvey was personal.

"I grew up in Katy. These are my neighbors," said Sgt. Kenneth Perry, 453rd maintenance platoon sergeant and Katy native. "I actually recovered people that I knew. It really hit home for me."

Residents of Katy were happy to see a familiar face among the Army Reserve Soldiers providing assistance. "It put a big smile on



Sgt. Sara Cashdollar, an Army Reserve flight paramedic, C Co., 7-158th GSAB, escorts a mother and her child off of a UH-60 Black Hawk in Conroe, Texas, Aug. 29.

their faces knowing that I went to high school here, and now I'm back here helping," Perry said.

"We evacuated a home of cancer patients ranging from infants to elderly," said Perry. "We were able to transport around 40 personnel to a local high school that was housing displaced personnel."

Support from the Army Reserve continues as more Soldiers and units are activated and sent to the areas affected by Hurricane

TEMPORARY SHELTER

The Army Reserve's 644th Transportation Company providing shelter to displaced civilians and Soldiers in the North Houston area. The North Houston Army Reserve Center is providing many amenities and necessities to those in need.

"We opened our doors to our civilians, Soldiers and their family members," said Darrell Bell, 644th unit administrator and facility coordinator. "We're here to take care of them. We have cots and meals available."

center came out in force to support



Soldiers with the U.S. Army Reserve's 300th Sustainment Bde. use light medium tactical vehicles to transport relief personnel and critical supplies to a federal detention center in Houston in the wake of Hurricane Harvey Aug. 28.

their comrades-in-arms and the local neighboring community. Some full-time staff were displaced by Hurricane Harvey and are also residing in the reserve center. Others stayed on-site to volunteer their assistance, even though they suffered no losses in MEDEVAC the catastrophic event.

Soldiers and staff of the reserve in several items for the displaced. Volunteers provided breakfast,

lunch and other food at various times throughout the day.

"The community together and brought in clothes, shoes, blankets, diapers and nonperishable items," said Wright.

Army Reserve flight paramedics The local community brought assigned to C Company, 7-158th General Services Aviation Battalion rescued a mother and

child from rising floodwater.

The Soldiers, with assistance of two paramedics from Conroe, rushed the mother and child to safety in a MedEvac helicopter.

Conroe is located about 20 miles north of Houston and four additional people were rescued there by Army Reserve Soldiers from the 1-158th Assault Helicopter Battalion. The Conroe sewer water treatment facility needed aerial evacuation when rising flood waters on the road to the plant made vehicle and boat rescue impossible. Local aviation assets were unavailable, prompting officials to contact the Army Reserve for assistance.

An Immediate Response Authority request from Phillip Dupuis, Conroe police chief, was answered by an Army Reserve UH-60 Blackhawk launched with Conroe EMTs.

QUARTERMASTERS TO THE RESCUE

In Aldine, about 15 miles north of Houston, the 79th Quartermaster Company and local fire department used military wheeled vehicles with water fording capabilities to transport over 500 people and 50 pets to designated safe areas.

The majority of evacuees consisted of children, elderly and disabled citizens located within a 5-mile radius of the Army Reserve Center.

Reserve Soldiers Army weathered heavy rains and waded through the flooded streets of Houston to transport relief personnel and critical supplies to a Houston federal detention center in the wake of Hurricane Harvey Aug. 28.

The U.S. Army Reserve's 300th Sustainment Brigade, 957th Quartermaster Company, and the 223rd Support Maintenance Company were on the road within an hour of receiving their mission.

"They really helped us out a lot," said Michael Greene, an associate warden at the federal detention center in Houston.

TheArmyReservehasresponded to numerous requests utilizing the Army Reserve's Immediate Response Authority, per the 2012 National Defense Authorization Act, while providing trained and ready Army Reserve Soldiers for relief efforts.

Soldiers support federal agencies through flooded Houston streets

By Sgt. Jonathan Fernandez

For Army News Service

HOUSTON - Within an hour of receiving the mission, Soldiers volunteered to support through the flooded Houston streets.

In the aftermath of Hurricane Harvey, the 300th Sustainment Brigade, a unit in the U.S. Army Reserve, was called to provide support to federal law enforcement agencies Aug. 28.

The unit consisted of Soldiers from the 300th Sustainment Brigade Headquarters Company, the 957th Quartermaster Company, and the 223rd Support Maintenance Company. The call for help highlighted the need for Reserve units to always be ready.

The mission came after federal law enforcement offi-

cials requested support on an Immediate Response Authority.

Within an hour of receiving the mission, most Soldiers were on their way to the rally point, said 1st Lt. Jasmine Bennett, a platoon leader in the 223rd Support Maintenance Company and the mission's officer-in-charge. Then, 18 Soldiers, seven Light Medium Tactical Vehicles, and one Logistics Vehicle System Replacement wrecker picked up supplies and transported them through the highrising waters in Houston.

'They really helped us out a lot," said Michael Greene, an associate warden at the Federal Detention Center in Houston. "Very early in the morning, the unit was able to bring supplies and 25 personnel to relieve the others."

Some of the staff on duty had been at the detention center for over 24 hours without resupply due to inaccessibility caused by the hurricane's flooding.

The vehicles used were designed to go through different types of terrain in most conditions.

Greene was one of the last of the transported personnel

before the team split off to support another reserve unit. "The support was outstanding," he said. "We would not have been able to get here without the Army [Reserves'] support."

This desire to help is what brought the unit to answer

"I would volunteer again, if I could," said Spc. Fabian Streit, a motor transport operator in the 300th whose hometown is Dallas. "I just want to help and do anything I can for the families."

Streit, who has a family member in the Houston area, said any one of these people "could be my family."

Another Soldier, Sgt. Joshua Cason, one of the drivers from the 957th Quartermaster Company and native of Los Angeles, echoed Streit's sentiments.

"Any help we can provide is great," he said. "This shows the younger Soldiers why we do all our training. This shows why we have to be ready."



FROM LEFT TO RIGHT: Julia Spears, Irene Frankhouse, Raven Abousoud, Everly Powell, Sophia Frankhouse, Marina Harvey, Corby Powell and Madison Stone 5 N. Pointe Blvd Behind Church's Chicken Enterprise, AL www.dakotacoffee.club

Reserve Soldiers with the 957th Quartermaster Co., the 223rd Support Maintenance Co. and the 300th Sustainment Bde. Headquarters Co. drive through a flooded highway in support of recovery and relief efforts during Hurricane Harvey Aug. 29 at the Federal Detention Center in Houston.



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Army nurse piloting her Olympic passion

See Page D3

SEPTEMBER 7, 2017

FALL BOOT CAMI

Fitness program features unconventional equipment to improve health

By Nathan Pfau Army Flier Staff Writer

Finding motivation can be tough when it comes to reaching one's fitness goals, but one Fort Rucker program is ready to whip people in shape.

The Fort Rucker Physical Fitness Center is hosting its Fall Boot Camp Monday to Nov. 4 to help people reach that next level of fitness, according to Jessyka Alexander, group fitness instructor.

The eight-week program meets three times a week: Mondays, Wednesdays and Fridays from 8:30-9:45 a.m., and will help increase participants' fitness levels and challenge each individual with a variety of exercises they might not normally try in their routine, she said.

"Of course, we'll focus on pushups, sit-ups and running, but then we'll throw in some more exciting exercises like burpees, squats and lunges, and utilize different equipment like tires, slosh pipes, water buckets and sandbags," said Alexander.

People will train with certified personal trainers and group fitness instructors, and use unconventional fitness equipment throughout the program, which is designed to help participants utilize different muscle groups they might not normally be able to get to with traditional workout methods.

The water buckets and slosh pipes, which are large PVC pipes with water inside that are capped off at the ends, are meant to work out stabilizer muscles, which are difficult to tackle with conventional weights, said the fitness instructor.

"People will do some overhead carries with the slosh pipes and water buckets,



Participants perform a tire flip during a previous Fall Boot Camp.

which are five-gallon buckets of water that they'll use to carry across the field," she said. "The purpose of the slosh pipes and water buckets is to engage all of the stabilizing muscles as opposed to when using a traditional weight.

"You're using a whole lot more than

you normally would carrying a medicine ball," she continued. "With the slosh pipes and water buckets, the water is going to move, so you have to use all of the muscles around it to provide stabilization while you run or walk with it."

Each class has around 30 participants,

so it is great for people who want to engage in some intense workouts with other like-minded individuals, Alexander said, adding that the program is a great way for people who have a beginner to intermediate fitness level to add more exercises to their routine.

"Fitness is more of a lifestyle choice than anything, and this program is going to help them to walk away with a wider knowledge on how to keep up their routine and have new exercises to add," she said. "The program is designed to start at a beginner level and not tear you up right away, but it will amp up as we progress through the program, so people have to be ready for that.

"This [program] is for someone who wants to challenge themselves, improve their fitness abilities and meet new people who also have those same interests," Alexander continued. "This will help set the base for that healthy lifestyle.'

The cost for the Fall Boot Camp is \$100, which is due by Monday, and includes access to all group fitness classes throughout the program, as well as nutritional tips and information, and a Boot Camp T-shirt.

Alexander said that participants should remember to bring plenty of water and dress appropriately for the workouts.

"People should be ready to do a variety of exercises. Some of the exercises will be lifting and pulling ropes, so people should dress ready to workout and not wear anything too restricting," she said. "They might get dirty on some days, so don't wear white sneakers if they don't want to get them dirty."

For more information or to register, call 255-3794, or visit either fitness center.

SOLDIERS PURSUE OLYMPIC DREAMS

Bobsledder drives for perfection as winter games approach

By David Vergun Army News Service

LAKE PLACID, N.Y. — It's a dog-eat-dog world, said Sgt. Nick Cunningham.

"Everyone out here is trying to take each other's jobs," said Cunningham, who is both a driver on the U.S. Men's Bobsled National Team and a Soldier with the New York National Guard.

A total of seven bobsled teams are training now at Lake Placid. But only the top three U.S. bobsled teams in this year's World Cup standings will get to represent the United States in the XXIII Olympic Winter Games this February in PyeongChang, South Korea.

MISTAKE COULD KILL

It's a big responsibility to serve as pilot, or driver, on a bobsled team, Cunningham said.

"I can get someone killed in this sport," he said. "You're basically going down a twisting mile-long track at 90 mph with no seatbelt. We go flat out. We don't touch the brakes until we reach the bottom."

Accidents happen often, he said, though he was quick to point out that they are not always fatal. "Everyone crashes and lots of guys have gotten ice burns."

Still, he said, there's a fine line between going out of control and making a safe run, he said.

EXPLOSIVE POWER TRAINING

Cunningham described the training process, which begins months and even years prior to the Winter Olympics.

During the summer months, there's no ice track to practice on. Instead, a push track at the Olympic Training Center here is used. It's basically a railroad track with a modified bobsled frame on railway wheels.

Because the track is straight, it's not necessary to steer. Instead, the teams use the push track to practice getting their sled up to speed. It's all about getting a good start, Cunningham said. Every team member, including the driver, is involved in



Sgt. Nick Cunningham, bobsled driver, pushes a modified bobsled at Lake Placid, N.Y.,

helping the sled gain momentum at the start of the race.

"We need to move that 300 pound sled 50 meters in about 5 seconds," he said, emphasizing the importance of having a good start.

That push training is accompanied with a lot of Olympic-type weightlifting moves in the gym and sprints on a track, which is adjacent to the push track. In other words, a lot of explosive power training is in-

Besides power training, there's a bit of choreography that goes with

"You want to ensure you're running at full speed, not chopping your steps, because all velocity needs to be going forward," Cunningham said.

That choreography also involves good teamwork, with everyone getting in step, he said. It's the driver's job to ensure that the team is working well together and is "loading" when they're supposed to, meaning piling on the bobsled after the push phase.

"I need to put a team on the hill that can compete," he said. "Otherwise, my Olympic shot is over. Less than a tenth of a second separates the winners from the losers."

Once the pushing phase is done, most of the rest of the work falls on the shoulders of the driver, he said.

While Cunningham is steering, the job of the others on the bobsled is to basically stay put and keep in synch with the sled.

"They're trying to be fluid with the sled," he said, meaning ever so slightly adjusting their posture with the sled as it hits the curves.

RACES LEADING UP TO **OLYMPICS**

The Olympic teams won't be named until January. Between now and then, the bobsledders will participate in eight World Cup races: two in the U.S., one in Canada, three in Germany, one in Austria and one in Switzerland.

Every track is different, Cunningham said. So before each race, the athletes study each track and do practice runs. For Cunningham, this means concentrating on hitting his marks, which are called steering

As for the PyeongChang track, he said, all of the bobsledders have already visited it and have studied it meticulously.

"I went to South Korea and took notes on the track," he said. He said he found that the track in South Korea has difficult, unique curves that require intense situational aware-

"You have to be perfect all the way down," he said.

The second curve is going to be the hardest, he said. "It's where you can go from first place to last if you miss your mark."

SEE BOBSLEDDER, PAGE D3

Soldier overcomes odds after tragedy dashes Olympic dreams

By David Vergun Army News Service

LAKE PLACID, N.Y. — Five years ago, then-Sgt. Megan Henry was in peak physical condition and had her sights set on riding her skeleton sled all the way to the 2014 Winter Olympics in Sochi, Russia.

Then tragedy struck. During training at Park City, Utah, Henry suddenly had great difficulty breathing.

Doctors told her she had pulmonary embolism, which is blood clots in the lungs, she said, adding that it was triggered by a birth control device she was using at the time.

"Lots of young girls who've used the device have died," she added.

Henry was informed by doctors that she'd probably never be an athlete again. "It was a very dark time,"

Recovery was slow. She said she was put on blood thinners and could barely walk 10 minutes a day. "I was sidetracked for a year."

But Henry is a Soldier and a fighter. Instead of thinking about the overwhelming odds of not recovering, Henry said she chose to focus instead on the possibility of making a comeback.

Henry said that besides having the support from her family, she also had support from her Army family.

Coaches and therapists at the World Class Athlete Program at Fort Carson, Colorado, helped with her recovery. "They were extremely supportive of me," she

Today, Henry is ranked fifth in the U.S. and 25th internationally in the skeleton event and she said she believes she has a good shot at making it to Team USA in January, despite the fact that only two women will be picked out of a field of 20.

Making the team will depend on four races between now and then, two here and two at Calgary, Canada.

BIGGEST CHALLENGE TODAY

Henry said her biggest challenge today isn't the physical or psychological aspect of the training. It's getting enough calories to replace those she's burned.

"I struggle with gaining weight," she admitted. "Peo-

SEE DREAMS, PAGE D3



PHOTO BY DAVID VERGUN

First Lt. Megan Henry rides a modified skeleton down a track at the Lake Placid Olympic Training Center, N.Y., Aug. 24 in preparation for the 2018 Winter Olympics in PyeongChang, South Korea, in February.

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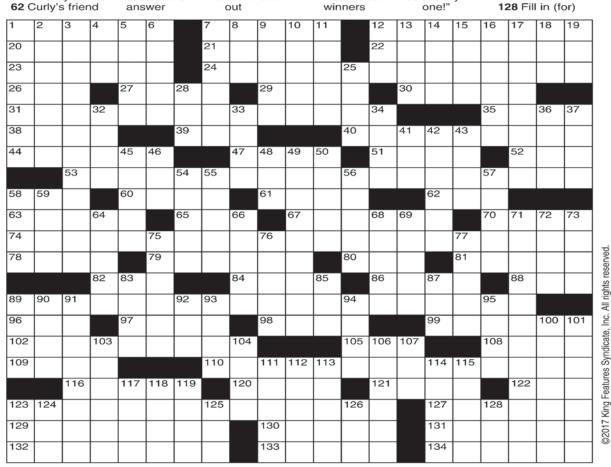
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See Page D3 for this week's answers.

Just Like Cats & Dogs

by Dave T. Phipps

YOU SAY THE SHOWS I WATCH ARE SILLY? FISH HOUSE RESCUE FOLLOWED BY COMPETITIVE WOOD CHOPPING?

1. LANGUAGE: What is the meaning of the Latin phrase "status quo"?

2. GENERAL KNOWLEDGE: What is a cenotaph?

3. MOVIES: What college did the characters in "The Big Chill" attend?

4. GEOGRAPHY: How many U.S. states are partly or wholly north of Canada's southernmost point?

5. GAMES: What color is the No. 5 ball in billiards?

6. GEOMETRY: How many faces does a tetrahedron have?

7. U.S. PRESIDENTS: Which first lady wrote a daily newspaper column titled "My Day"?

8. RELIGION: When was the King James Bible completed?

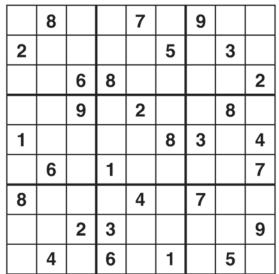
9. ART: What country was artist Joan Miro from? 10. U.S. STATES: What is Missis-

sippi's official state tree?

See Page D3 for this week's answers.

Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging

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5

♦ ♦ ♦ HOO BOY!

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See Page D3 for this week's answers.

KID'S CORNER

Α

4 5 4 6 3 6 4



go around it clockwise. The trick is finding the right first letter. Answer: Starting with the "S" in the left-hand rail: "Strike while

You can find it by reading every other letter as you

Illustrated by David Coulson A SENSITIVE STUMPER! Replace the letters on our sun worshiper's chest with the digits 0, 2, 3, 4, 5, 6, 7, 8 and 9, so that you will have a correct addition problem. The same letters get the same digits. Try to get the highest total possible

PUZZLES IN PARADISE! Pictured below are two puzzle grids to fill in. Hints are given for each word. The words in Grid A contain the same letters as the corresponding words in Grid B. . Beats out another

1. Sleeps in the daytime. To persuade by pleading.
 Beverage for a nervous person.

A WORD BRIDGE

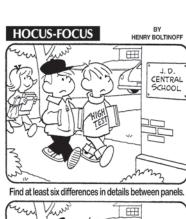
End-of-term ordeal. 5. A wind mover. To pay attention to.

Answers: 1. Bat. 2. Coax. 3. Decal. 4. Exam. 5. Fan. 6. Gob. 7. Heed. 8. Irate. 9. Jibs.

Wishing & Well® 5 3 8 6 4 С н м а Н Т Α Н Ν 5 2 7 4 5 3 7 5 3 Ε Н B S R B S D 8 7 8 7 2 7 4 4 8 O U P WUDC R N O2 6 3 5 8 6 5 3 5 К Н R R Т 6 3 8 2 4 N O S D D H N W R 4 5 6 5 4 2 4 3 4 6 3 Ν S 0 Ε R Ε Н S - 1

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

NGYDORHEUESD



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1. A military base. Gave false testimony 4. Great Dutch cheese. 4. Produced by constructing

Our answer: T=8, I=6, M=2, E=0, S=7, U=3, N=4, B=9, R=5 (8620 + 734 = 9354).

The bridge above contains 10 supporting words. We give you the first letter of each word, plus plenty of

8. Extremely angry.

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Army nurse piloting her Olympic passion

By David Vergun Army News Service

LAKE PLACID, N.Y. — Capt. Kristi Koplin said every day she's focused on her dream - piloting her bobsled to the 2018 Winter Olympics in PyeongChang, South Korea.

"I'm passionate about that," said the 30-year-old pilot or driver who is responsible for steering and leading her two- or four-person team down a mile-long winding hill at upwards of 90 mph.

Many people, athletes included, have had struggles in life.

Koplin admitted that she sometimes struggles with self-doubt.

To be a successful athlete, "you need to have ambition, passion and belief in yourself," she said.

"At times, I struggle with believing in myself because sometimes I see people who are more genetically gifted or someone that just picked it up easier," she said, referring to the enormous amount of speed, power and dexterity required of athletes to push a 300-pound bobsled down the track and then pile inside.

"But you have to stay focused on your path, your journey," she said, and overcome those self-

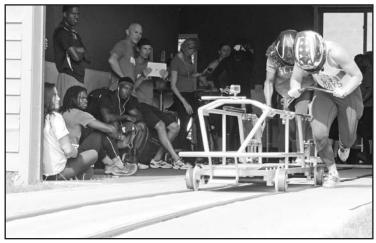


PHOTO BY DAVID VERGUN

Capt. Kristi Koplin leads her bobsled practice team on the summer track at Lake Placid, N.Y., Aug. 23. She is training for the Winter Olympics, which takes place in South Korea in Februrary 2018.

"I want to go to the Olympics so bad I will do whatever it takes to get there," she added. "I'm passionate about that. I wake up in the morning and that's what I'm focused on. My training and what am I going to eat to fuel my training and recovery to be efficient for the next training cycle. I live it and breathe it."

Koplin, a member of the Army's World Class Athlete Program, said there are perhaps many Soldiers who have it in them to compete and would love

to become Olympians, but don't realize how easy it is to apply, simply by visiting the WCAP website, looking up the criteria for a chosen sport and filling out an application.

There are several factors that aspiring athletes should consider, she said. First and foremost, the person should be a good Soldier. While training, it is up to each Soldier to continue to meet the Army's requirements, including the physical fitness test and annual weapons qualification. And, living the Army Values.

Training and diet play an enormous part too, she said, noting that she does rigorous workouts with weights and sprinting six days a week.

One final factor that Koplin said it takes – and she hesitated to mention it for fear of "sounding mean" – is genetics.

"No matter how self-motivated and hard-working you are, if you don't have the genes for your chosen sport, you won't succeed," she said.

Koplin mentioned that even with drive and determination, she would have struggled without the support of WCAP in terms of coaching, providing first-class training facilities and financing. "Being in WCAP takes away any worries so I can focus 100 percent on training."

WCAP's view, she said, is "Let us know how we can help you get there.' They aren't holding my hand. They're pushing me to my goal in a good way. I'm the one leading the way to that."

Lastly, Koplin said she gets an enormous amount of energy from people she doesn't even know on social media who are cheering her on. "It's cool how supportive that can be.'

NURSING PASSION

Koplin said that she's fortunate to have a second passion besides the Olympics: being in the U.S. Army Nursing Corps.

Although she's training full time for the Olympics, in the past Koplin has had some nursing experience, like delivering babies.

She said her most rewarding experience was caring for wounded and injured Soldiers returning from Iraq and Afghanistan at Landstuhl Regional Medical Center in Germany.

Being a nurse has been a good fit for her Olympic ambitions too, she said. Her training gives her an appreciation and understanding of how the body works and the important roles played by exercise and nutrition.

Also, her expertise is occasionally needed during training, such as when a bobsled crashes and once when an athlete from another sport was injured by a

Koplin said she thinks the best slogan the Army ever had was the one in the 1970s: "Be all that you can be."

Her goal is "to be the best nurse I can be for the Army" – and the best Olympic athlete, she added.

Bobsledder

Continued from Page D1

VETERAN OLYMPIAN

With a lot of newbees practicing to make Team USA, Cunningham is considered a veteran, since he's already competed in two Winter Olympics.

Cunningham started bobsledding in 2008 and was immediately selected as an alternate for the World Cup team. In 2010, he made his first Olympic team in Vancouver, Canada, as a brakeman for Capt. Mike Kohn before making the transition to a driver.

Today, Kohn, a Soldier with the Virginia Army Na-

tional Guard, is his coach.

In Vancouver, Cunningham placed 13th in the fourman bobsledding event and 12th in the two-man.

In 2014, Cunningham, now a driver, placed 12th in the four-man and 13th in the two-man.

Along the way to the two Winter Olympics, he picked up a number of gold, silver and bronze medals in the various World Cups.

Cunningham said he joined the Army after hearing about the opportunity to participate in the World Class Athlete Program, shortly after his first Winter Olym-

As an activated Soldier, he said he still has to qualify with annual weapons and physical fitness training. His job is a 12W carpentry and masonry specialist.

The Army training he received, he said, was excellent, and he feels confident that with the knowledge and experience he acquired, he could build his own house if he wanted to.

Cunningham lives in Lake Placid, but he said his hometown is Monterrey, California.

His girlfriend lives there, as well, he said. "She's been very supportive of me."

His parents, he said, are also rooting for him.

Dreams

Continued from Page D1

ple say 'you're lucky to have that problem' and I'm like, 'I'm really not."

To bulk up, besides eating, Henry blends food together in drinks. But it's still not fun, she noted.

Henry said she wishes more Soldiers were aware of the WCAP program and the many sports Soldiers can compete in.

When Soldiers think Olympics many think of running or shooting, she said. They don't know there are sports like skel-

In fact, some people have never even heard of skeleton, she said, describing the sport as sledding headfirst down a curvy mile-long track at 80 mph-plus.

The same track is shared by luge and bobsled competitors, she added, some of whom are also Soldiers in the WCAP pro-

Henry had words of advice for Soldiers who think they might want to get into the WCAP program.

"If you have a sport you think you're good at, go to the WCAP site, look up the standards and see if you can make it," she

encouraged. "Be patient. Never give up. I may not have been the strongest or standout athlete, but I think if you are dedicated and work really hard, the doors will open for you. Believing things will work out for you is huge.

"It's amazing to have brothers and sisters around the world supporting you. It's a tremendous honor. Even though we're athletes, we do think of you all the time,"

FAMILY SUPPORT

VIP VISIT

Henry's biggest fans, she said, are her also a very good person."

parents and brother.

Her mom, Barbara Henry, was at the Lake Placid Olympic Training Center, cheering her daughter on as she trained.

Her father is also a huge fan, her mom said. When she first started out in the sport, he built a wheeled skeleton for her that she could use to practice on the streets of Roxbury, Connecticut, her hometown.

Barbara Henry said she's not surprised at her daughter's success. "She's always been very focused and determined. She's

SPORTS BRIEFS

Hunting, fishing licenses

In an effort to continue to be the post's one-stop shop for fishing and hunting information, Fort Rucker Outdoor Recreation will continue to sell Alabama State fishing and hunting licenses for calendar year 2017-2018, according to ODR officials. ODR's customer service professionals will also assist with obtaining the Fort Rucker post fishing and hunting permits through fortrucker.isportsman.net beginning around Oct. 1. In the interim, expiring post permits can be temporarily extended at ODR during its regular business hours of 7:30 a.m. to 5 p.m. Sportsmen will receive an extension stamp on their current post hunting and fishing permit that extends their privileges. Post permits that have not been stamped will not be valid. Alabama State licenses must always be current.

For more information on fishing and hunting at Fort Rucker, call 255-4305.

Mother Rucker's NFL Ticket

Mother Rucker's will get the NFL Ticket to show people's favorite football teams in action and will open at 11 a.m. on Sundays. For more information, call 255-

Fall Fitness Boot Camp

The Fort Rucker Physical Fitness Center will run its Fall Fitness Boot Camp Monday to Nov. 4. It will be held Mondays, Wednesdays and Fridays from 8:30-9:45 a.m. at the Fortenberry-Colton PFC. Orientation will be held the first day of boot camp. Cost will be \$100 and will be due by Monday. The cost includes: 2017 Fall Boot Camp T-shirt, access to all group fit-

ness classes during the eight weeks, training with certified personal trainers and group exercise leaders, and

weekly tips and nutrition information. For more information, call 255-2296

Alabama football day trip

MWR Central will host a day trip to the Alabama vs. Colorado State football game Sept. 16. The trip will include transportation to and from Fort Rucker to Tuscaloosa and a ticket to the game. The trip will depart from Fort Rucker at noon and the game starts at 6 p.m. Cost for the trip will be \$60.

For more information, call 255-2997.

Fort Rucker Open

Silver Wings Golf Course will play host to the National Women's Golfers Association during a non-Directorate of Family, and Morale, Welfare and Recreation event Sept. 19-21 as they compete in the Fort Rucker Open. The public is invited to watch the tour-

For more information, call 255-0089.

Fort Rucker Outdoor Recreation will host its ATV & Dirt Bike Trail Ride Sept. 23 from 7 a.m. to 1 p.m. Pre-registration is required and the cost is \$20. Drivers must pass the safety driving test through ODR before participating. Participants must provide their own ATV or dirt bike, and also provide their own protective gear, including helmets, boots, etc., that must be worn at all times. The event is open to the public, ages 16 and up. For more information, call 255-4305 or 255-2997.

Lyster Army Health Clinic welcomed Commanding General, Regional Health Command-Atlantic, Brig. Gen. R. Scott Dingle to the clinic Aug. 24. Dingle took the opportunity to tour LAHC, Dental and Vet clinics led by Lyster Commander, Lt. Col. Jon Baker (pictured right). Dingle met several Lyster employees, thanking them for their hard work, accomplishments and dedication to patients. Dingle also presented coins to LAHC employees, thanking them for their dedicated service.

Super Crossword –

Weekly SUDOKU ___

Answer

3	8	4	2	7	6	9	1	5
2	7	1	4	9	5	6	3	8
5	9	6	8	1	3	4	7	2
7	3	9	5	2	4	1	8	6
1	2	5	7	6	8	3	9	4
4	6	8	1	3	9	5	2	7
8	5	3	9	4	2	7	6	1
6	1	2	3	5	7	8	4	9
9	4	7	6	8	1	2	5	3

Answers

1. The existing state of affairs 2. An empty tomb or a monument

erected in honor of a person or group whose remains are elsewhere.

3. University of Michigan

4.27 5. Orange

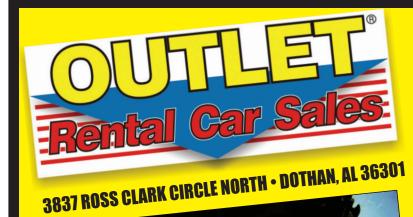
6. Four

7. Eleanor Roosevelt, wife of Frank-

lin D. Roosevelt

8.1611 9. Spain

10. Southern Magnolia



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3rd Squadron 17th Cavalry Regiment, 3rd Combat Aviation Brigade. Joe retired April 2017.

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