

BEAT THE HEAT

SPLASH! water park offers cool break from summer temps

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ULTIMATE LESSON AIT Warrior Challenge builds, tests Soldiers'

Story on Page D1

teamwork



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FORT RUCKER ★ ALABAMA

JUNE 22, 2017

THIS IS A BIG D

Fort Rucker earns ACOE Silver Award

By Nathan Pfau Army Flier Staff Writer

For the second year in a row, Fort Rucker has proven its commitment to excellence by achieving an award that reflects the installation's ability to care for Soldiers and their families.

Fort Rucker earned the 2017 Chief of Staff of the Army, Army Community of Excellence Silver Award, which is an annual assessment of garrisons across the Army, during a ceremony at the U.S. Army Aviation museum Monday.

"This is a big deal," said Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, during the ceremony. "Again Fort Rucker was recognized as an Army Community of Excellence recipient, and that is a special thing because the sole criteria that are used is measuring how well an installation performs its primary functions of caring for our Soldiers and their families, and that is an incredible honor to be recognized - I'm incredibly proud to be with you."

Following Gayler's remarks, the commanding general, along with Col. Shan-

non T. Miller, Fort Rucker garrison commander, presented the 2017 ACOE Silver Award streamer to be affixed to the garrison colors, as well as a trophy and \$60,000 awarded to the installation, which will be used to benefit the Fort Rucker community, improving the quality of life for Soldiers, civilians and family members, according Mike Kozlowski, narrator for the event.

In addition to the presentation of the streamer, trophy and check, each garrison directorate, office and team were recognized and presented with USAACE certificates of achievement, recognizing the direct and indirect contributions of their respective workforces to the garrison's selection as the Silver Award winner.

"Today is a great day for team Rucker where we're able to recognize the many contributions of our garrison work force, but also our community partners," said the garrison commander. "This has culminated for two years, with the second year in a row of receiving this recognition, but it doesn't happen without the efforts of the entire community."

The ACOE award honors top Army, National Guard and Reserve installations



Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, along with Col. Shannon T. Miller, Fort Rucker garrison commander, affix the 2017 ACOE Silver Award streamer to the garrison colors during a ceremony at the U.S. Army Aviation Museum Monday.

that have achieved high levels of excellence in building a quality environment, facilities and services, and during a yearlong process, applicants for the award are assessed and evaluated against Army priorities and the Malcolm Baldrige National Quality Award Criteria for Performance Excellence.

Each of the competing installations are

evaluated against the criteria core values, which include visionary leadership; organizational performance and learning; focus on the future; valuing workforce members and partners; managing for innovation; management by fact; focus on results and creating value; agility; societal

SEE AWARD, PAGE A5

1-223rd welcomes new commander

By Nathan Pfau Army Flier Staff Writer

Soldiers of the 1st Battalion, 223rd Aviation Regiment welcomed a new commander and bid farewell to his predecessor during a change of command ceremony on Howze Field Friday.

Lt. Col. Christian M. Mariani sumed command from Lt. Col. Paul E. Berg as the unit colors passed from Berg to Col. Kelly E. Hines, 110th Aviation Brigade commander, to Mariani during the ceremony.

"As I look over this formation of Army Aviation expertise, I'm humbled to be standing here, and truly appreciate the opportunity to lead this awesome organization and have an influence on the future of Army Aviation," said the incoming commander. "Transition is never easy, but the Soldiers in this bat-

SEE 1-223RD, PAGE A5



Lt. Col. Christian M. Mariani, 1st Bn., 223rd. Avn. Regt. commander, passes the unit colors to Command Sgt. Maj. Scott McGee, 1-223rd. Avn. Regt. command sergeant major, after assuming command from Lt. Col. Paul E. Berg, outgoing commander, during a ceremony on Howze Field Friday.



CW5 Joe Roland, chief warrant officer of the Aviation Branch, cuts the Army birthday cake with CW5 Anthony Reed, 1st Aviation Brigade, Command Sgt. Maj. Estevan Sotorosado, U.S. Army Aviation Center of Excellence deputy training sergeant major, Col. Geoffrey A. Crawford, USAACE chief of staff and G5, and Pfc. Tanaya Paul, C Co., 1st Bn., 11th Avn. Regt., in celebration of the Army's 242nd birthday at The Landing June 14.



Command Sgt. Maj. Antoine D. Williams, 1st Avn. Bde. command sergeant major, accepts the unit colors from Col. Woodard B. Hopkins III, 1st Avn. Bde. commander, as he assumes responsibly of the brigade from Command Sgt. Maj. Micheal D. Sutterfield during a ceremony on Howze Field June 14.

Ist Avn. Bde. welcomes new senior NCO

By Nathan Pfau Army Flier Staff Writer

As the Army celebrated its 242nd birthday, the 1st Aviation Brigade welcomed a new senior NCO into its ranks.

Command Sgt. Maj. Antoine D. Williams assumed responsibility as the brigade command sergeant major from Command Sgt. Maj. Micheal D. Sutterfield during a ceremony on Howze Field June 14.

Hopkins expressed his appreciation for Sutterfield's leadership, as well as his confidence in his successor.

"Where [Sutterfield] helped the Army the most was with what I consider our center of gravity - our permanent party folks, our instructors, cadre and AIT platoon sergeants," said the brigade commander. "Sergeant major, I could not have asked for a better partner for the past two years. Your significant and positive impacts will be the Army's gain through the actions of the instructors and the students that you've led, trained and mentored. Thank you for all that you have done.

"In his place another capable leader joins the team in Command Sergeant Major Antoine Williams," said Hopkins. "He is well known within the brigade and across the installation, and his experience as a first sergeant and command sergeant major in the 1-145th (Aviation Regiment) will certainly be of value."

Williams returns to Fort Rucker with a wealth of experience, having served here previously as the Headquarters, Headquarters Company, 1st Avn. Bde., battalion operations NCOIC, as well as the 1-145th Avn. Regt. squadron command

SEE 1ST AB, PAGE A5

PERSPECTIVE

DON'T LET THE BUGS BITE

Tips for minimizing risk associated with insect bites

By Alison Gwinn

Kenner Army Health Clinic

FORT LEE, Va. – Warmer temperatures of summer mean more outdoor family activities. It's important to make sure that time is safe for everyone, especially chil-

Most parents do a good job of protecting their kids from the sun, but they also need to consider why it's important to guard against potentially harmful insect bites and stings.

Youngsters will come in contact with spiders, ticks, mosquitoes, ants, bees and wasps when they play outdoors. The stings and bites of these insects are the most common types reported to health care providers.

While most insect bites and stings only result in mild, local reactions, some are far more serious. Ticks, for instance, can infect their hosts with Lyme disease, as well as other illnesses, and mosquitoes can transmit West Nile, Zika or Chikungunya

West Nile and Zika are the most recent mosquito-borne illnesses in the news. They can cause flu-like symptoms, but they also can bring on serious complications in some cases.

Lyme disease is the most common infection from deer ticks and reported cases are on the rise. Symptoms include fever, aches and fatigue. There also may be a bull's-eye rash around the site of the bite. The Centers for Disease Control and Prevention reports 30,000 cases of Lyme disease diagnosed every year in the U.S. Virginia is among the top three states with confirmed

To discourage insect stings and bites and better protect family members from their harmful effects, follow these tips from the American Academy of Pediatrics and the CDC.



DOD PHOTO

- Wear repellent containing DEET when outside. It is safe for children as young as 2 months old. The AAP recommends using insect repellents with up to 30 percent DEET. Parents should choose the lowest concentration that provides the required length of coverage. Keep in mind 10 percent DEET provides about two hours of protection, increasing to about five hours with 30 percent.
- There are products available for parents worried about the safety of DEET. Repellents made with Picaridin, oil of lemon eucalyptus, and IR3535 are alternatives. Products containing oil of lemon eucalyptus should not be used on children under age 3.
- Always follow directions as they appear on the product label. Generally, repellent with DEET should not be applied more than once a day. Apply only to exposed skin and clothing. Repel-

- lents should not be applied under cloth-
- Keep repellents away from the mouth or eyes, and apply sparingly around ears. Also avoid areas with cuts, wounds or irritated skin.
- For greater control, use your hands when applying repellent to the face. Never spray it directly at your face.
- Never allow children to handle the repellent. Parents should apply it on their skin using the spray-on-hands method. Keep repellent away from children's hands because they are more likely to put them in or near their mouth or eyes.
- Do not use products containing insect repellent and sunscreen. Because it should be used more frequently, apply sunscreen separately.
- After returning indoors, use soap and water to wash off repellent. If a child

- develops a rash or other reaction, stop using the repellent, wash it off with soap and water, and call the poison control center for further guidance if severe (1-800-222-1222) or call to come into your clinic if mild.
- Wearing long pants tucked into socks and a long-sleeved shirt will help protect against mosquitoes and tick bites. Light colored clothing makes ticks easier to spot and also makes children less attractive to bees.
- Make sure there is no standing water in your yard. This includes empty containers, fire pits and birdbaths. Mosquitoes like to lay their eggs in standing water.
- · Do not use sweet-smelling perfumes, sprays, lotions or hair products on children when outdoors.
- Be careful near woodpiles, sheds, dark corners of the garage and other places that spiders may hide.



The Army Strong Triathlon will be held this Saturday from 7 a.m. to 1 p.m. at West Beach on Lake Tholocco. What are ways people can prepare for physical competitions?



Alain Perez-Majul, civilian "People should make sure to

eat right and drink plenty of



Angela Drew Simms, military spouse

"If they know what they're going to be doing, they should prepare well in advance, especially if it's for something like a triathlon. They should ease into something like that."



Katie Pettengill, military family member

"Practice and make sure you're ready to take on the course. If it starts to become too much, don't be afraid to take a rest.'



Alison Pettengill, military family member

"Don't push yourself too hard. Know your limits."



Cody Lensmeyer, civilian

"Always make sure you get plenty of rest before competing in anything physical."

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If you would like to contact the Army Flier by e-mail, please contact the editor at ihughes@ armyflier.com.

A DEGREE OF SUCCESS

Post celebrates accomplishments of 34 students

By Nathan Pfau *Army Flier Staff Writer*

Education has become synonymous with success, and success is what students on Fort Rucker achieved as they attained their degrees.

Thirty-four students walked across the stage to receive degrees, ranging from associate's to master's, during the Fort Rucker Army Education Center graduation ceremony at Wings Chapel Friday.

"What a great day to celebrate the accomplishments of our college graduates," said Dr. Beverly Joiner, Fort Rucker deputy garrison commander, who spoke during the ceremony. "Today we honor and recognize the exceptional accomplishments of people in our Fort Rucker community. Your positive attitude coupled with your aggressive educational goals helped you attain your degree – job well done!"

Of the graduates, made up of Soldiers, spouses, Department of the Army civilians and veterans, 15 students completed their associate's degrees, seven completed a bachelor's degrees and 12 completed master's degrees.



PHOTO BY NATHAN PFAL

Graduates prepare to receive their degrees during the Fort Rucker Army Education Center graduation ceremony at Wings Chapel Friday.

For Soldiers, only 15 percent of the Army achieves an undergraduate degree, and 1 percent achieves a graduate degree, according to Randy McNally, education services specialist. And although the graduates are part of the few, they are also part of a growing trend.

"You all are setting the pace that others need to follow," said McNally. "I'm pleased to see the new changes in the education focus and commitment being made by our leaders. At this pace, it will not be long before civilian education degrees will be required for

Soldiers to enter the NCO ranks and beyond. You all are prepared for this challenge."

The Army initiated the Select, Train, Educate, Promote program, which falls under the NCO 2020 program, requiring Soldiers to attend leadership courses before being promoted through the ranks, said Joiner.

"This will require Soldiers to require stronger academic skill levels to prepare for promotions," said the deputy garrison commander. "Even though a higher education degree is not an official requirement for advancement to a higher enlisted rank, many of the Soldiers who are competing for these levels of leadership have degrees.

"The Army is moving forward with this development in the hope that Soldiers will eventually achieve an associate's degree by the end of the first enlistment and a bachelor's degree by the end of the second enlistment," she said. "I encourage you to not stop here — to be a life-long learner. This is just the beginning."

CW4 Jacob Williams, Air Traf-

fic Services Command, graduated with a master of arts in executive leadership and said it takes sacrifice to achieve one's educational goals. Although, at times, the journey can seem overwhelming, the destination is well worth the effort.

"Some of the most meaningful things in life are not attained easily, but must be worked for, and an education is no different," he said. "The sacrifice require encompasses more than just the students, though, as all of their friends, family and loved ones also have to sacrifice while these individuals work toward accomplishing their dreams

"I think my wife was happier about me finishing my degree than I was because I could finally spend more time with them than with all of the work that was required for my degree," he continued. "My father once told me that the only thing that you can gain that can't be stolen from you is knowledge. While that might not be 100-percent accurate, the underlying meaning is very relevant – knowledge is power, and to get knowledge you must actively pursue it."

End strength increase to save units, fill shortfalls

By C. Todd Lopez *Army News Service*

WASHINGTON — The 4th Infantry Brigade Combat Team, part of the 25th Infantry Division in Alaska, was all but shut down before recently receiving a reprieve.

End strength increases for the regular Army, spelled out in the 2017 National Defense Authorization Act – to the tune of about 16,000 active-duty Soldiers – means the 4/25th can stay open.

Other units that had been marked for shutdown, but will remain active, include the 18th Military Police Brigade Head-quarters in Europe; the 206th Military Intelligence Battalion at Fort Hood, Texas; and the 61st Maintenance Company in Korea.

"These units were starting to downsize," said Brig. Gen. Brian J. Mennes, who serves as the director of force management for the Army's G-3 in the Pentagon. "In the 4/25th, the human resources people had stopped sending people there. When we got this great news, we started plussing them up to their full strength."

Now nearly 100-percent manned, the 4/25th is preparing to deploy this fall, Mennes said.

Mennes explained that the recent endstrength increase for the Army is right in line with Chief of Staff of the Army Gen. Mark A. Milley's No. 1 priority of readiness. The Army is hiring to fill positions, and will provide more recruiters to meet its goals.

With more manpower, the Army is going to create some new units, Mennes said. For instance, there will be three new Multiple Launch Rocket System, or MLRS battalions, each with nearly 370 Soldiers.

Those units will be placed where needed throughout the Army, in some cases bolstering existing brigades, and in other cases creating new units. In one location, an MLRS battalion had been assigned rotationally – and now, as a result of the three

new battalions, that command will have a permanent MLRS battalion. Mennes also noted that this means there will be one additional MLRS battalion inside the United States, full-time, that Gen. Milley "can use for flexibility."

These new MLRS battalions will use advanced rocket systems, such as the M270 Multiple Launch Rocket System, which is mounted on a Bradley chassis, Mennes noted

There will also be an air defense unit of about 465 Soldiers that use the Avenger system, which is a Stinger-based air defense platform. That system is mounted on a Humvee.

"It's got great forward-looking infrared radar, with actually ridiculous sensing," Mennes said. "It's connected to radars, anti-air radars. And they have eight Stingers located in two pods."

With the increase in personnel, Mennes said the Army will now need more gear to equip those new units.

"We are going back to the folks that produce [Avengers] and back to the depot to refit those systems to move them forward," Mennes said. "So in addition to the personnel manning, we have got to match equipment. We have got to build Short-Range Air Defense, and we have got to build MLRS unit equipment."

The Army also plans to build two Security Force Assistance Brigades, each with about 530 Soldiers. If end strength continues to go, the Army has plans to build up to six SFABs, Mennes said.

Those SFABs – the first of which launched earlier this month – are meant to conduct, advise and assist missions exclusively overseas. Soldiers in those units will be provided foreign language training, as well as training in the use of foreign weapons. SFAB Soldiers will also attend a recently established six-week Military Advisor Training Academy at Fort Benning, Georgia.

Mennes said the force structure update will also include a 10,000-Soldier readi-



PHOTO BY JOHN PENNEL

Sgt. Raul Morales removes a jammed round from an M-249 Squad Automatic Weapon during a 6th Brigade Engineer Battalion, 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division live-fire assault as part of Oak Edge May 10 near Fort Greely, Alaska.

ness enhancement account, which will allow units to deploy fully manned – even when some of their Soldiers need to go off to professional military education schools, or are unable to deploy for medical reasons

"We can plus-up the units that are on a high deployment, or about-to-deploy status, to get them closer to 95 or 100 percent," Mennes explained. "We were challenged to meet that number while allowing NCOs (non-commissioned officers) to go to school or recover from injuries."

The readiness enhancement account will provide flexibility to the Army's Human Resources Command to ensure units are fully manned before they deploy, Mennes said.

The plus-up of Soldiers in the active force overall is "encouraging" for the Army, Mennes said.

The general also said the Army could always use more Soldiers – and remains hopeful the Army will get them.

"We still think, based on what the na-

tional defense planning guidance is to us, the chief still assesses we are at high risk," he said. "That would mean additional rocket units, additional armored BCTs (brigade combat teams), additional air defense capabilities."

In addition to the regular Army increase allowance of 16,000 soldiers, the Army Reserve and the Army National Guard also gained end strength. The National Guard will be approved to grow by 8,000 Soldiers, while the Army Reserve will be approved to expand by 4,000 Soldiers.

That will bring the total force to about 1,018,000 Soldiers, which is about 8,000 Soldiers over what the Army might have been at under previously directed force cuts.

"The nation sees that we are a hightempo force," Mennes said. "That we are ready, but need to continue to stress that our sole existence – why we are sitting here today – is to face our nation's adversaries. I think [the end-strength increase] makes us more ready."

News Briefs

Clinic closur

Lyster Army Health Clinic will close Friday at 11:30 a.m. The pharmacy and lab will also close at this time.

School physicals

To ensure the highest continuity of care possible, while providing timely access for patients requiring a school physical, Lyster Army Health Clinic encourages beneficiaries to schedule school physical appointments as soon as possible from now until July 30. Parents should make sure to bring any required documentation to the appointment, with the patient portion filled out completely. The appointment will be for the school physical only. Any other issues will need to be addressed with your primary care clinician. Call the appointment line at 1-800-261-7193-7193.

Immunizations for school enrollment

Lyster Army Health Clinic officials said that in addition to infant immunizations, school aged children are recommended to receive the following immunizations:

- Measles, Mumps, Rubella age 4-6;
- Polio age 4-6;
 Vericella (chicken pox) second d
- Varicella (chicken pox) second dose age 4-6;Human Papilloma Virus age 11 and older;

- Meningococcal age 11-12 and again at age 16;
- Tetanus, diptheria, whooping cough every 10 years.

People are welcome to talk to their provider about childhood immunizations. Alabama Immunization Records (Blue Cards) are available at the immunizations department.

Blood drive

LifeSouth Community Blood Centers will host a blood drive June 30 from 9 a.m. to 8 p.m. at the commissary. All donors will receive a recognition item and a free cholesterol screening. Donors must be 16 or older, weigh at least 110 pounds and show photo ID. Donors who are 16 must have written parental permission.

For more information, call 888-795-2707 or visit www.lifesouth.org.

Changes of command

The 1st Battalion, 14th Aviation Regiment, will host a change of command ceremony today at 8:30 a.m. on Howze Field. In case of inclement weather, the ceremony will take place at 1:30 p.m. in the U.S. Army Aviation Museum. Lt. Col. Michael S. Johnson will assume command from Lt. Col. Jeffrey S. Dahlgren.

The U.S. Army Aeromedical Research Laboratory will host a change of command ceremony July 7 at noon at the U.S. Army Aviation Mu-

- U.S. Army Garrison Fort Rucker will host a change of command ceremony July 12 at 2 p.m. at the U.S. Army Aviation Museum. Col. Brian E. Walsh will assume command from Col. Shannon T. Miller.
- The 1st Aviation Brigade will host a change of command ceremony July 14 at 8:30 a.m. at Howze Field.

Indoor pool closure

The indoor pool at the Fort Rucker Physical Fitness Center is closed to fix several mechanical issues. In the interim, physical training lap lane reservations and lap swimming are available at SPLASH! Pool and Spray Park Mondays-Fridays from 5:30-10:30 a.m. The indoor pool is scheduled to re-open July 3. For more information, call 255-2296.

ost and found

Lost and found

People who have lost or misplaced property
while on Fort Rucker can call the Directorate of
Public Safety's lost and found point of contact at

255-3239 to inquire if their property has been turned

in. To claim their property, people must be able to

demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest – the most common items turned-in are keys, cell phones and wallets

Pay office closure The Defense M

The Defense Military Pay Office now closes at 12:30 p.m. on Wednesdays. Also, beginning Tuesday, DMPO office hours will change to 7:30 a.m. to 3:30 p.m. Mondays-Tuesdays, 7:30 a.m. to 12:30 p.m. Wednesdays, and 7:30 a.m. to 3:30 p.m. Thursdays and Fridays.

Pharmacy change

The Lyster Army Health Clinic Pharmacy no longer accepts drop-off forms for all refill requests. It is mandatory to phone in all prescription refills. Call 1-877-520-1623 or 334-255-7671.

Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six- to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from 9-11 a.m. or 1-3 p.m.

For more information, call 255-7986.

TRADOC leaders discuss multi-domain battle, future Army during forum

By Amy Robinson U.S. Army Training and Doctrine Command Public Affairs

JOINT BASE LANGLEY EUSTIS, Va. — Senior leaders from U.S. Army Training and Doctrine Command continued the Multi-Domain Battle discussion during the Association of the United States Army's 35th annual Virginia Colonial Professional Forum at the College of William and Mary in Williamsburg June 14-15.

During the forum, local AUSA chapter members, along with industry representatives and the military met at the Raymond A. Mason School of Business to learn more about "Innovation and Collaboration: Keys to Modernizing for Multi-Domain Battle."

Gen. David Perkins, TRADOC commanding general, began his keynote explaining the relationship between doctrine and concepts, noting that although the two are tied together, they serve different purposes.

"Doctrine is how you run the Army with the organization, materiel and training that you have today," Perkins said. "Concepts, on the other hand, help you change the Army for the future."

Through his discussion of Army concepts – both past and present, the commanding general of the "architect of the Army" explained the need for Multi-Domain Battle is based on the adversaries' study of U.S. doctrine.

Since Desert Storm, the Army has had to cover down on a full range of military operations – from the Global War on Terrorism, to Iraq and Afghanistan, which has allowed time for adversaries to focus on the Army's ability to conduct joint combined arms maneuver, Perkins said.

"And so, what happened is - our adversaries, and potential adversaries, started going to school on us ... and they've been going to school on us for decades," he said.

These adversaries, Perkins explained, have drawn three lessons from studying U.S. forces and doctrine: They are aiming to separate U.S. capabilities by domain; keep U.S. and coalition members out of the area of operations; and prevent the U.S. from being able to maneuver. However, Multi-Domain Battle aims to address these challenges by operating across all domains to provide multiple dilemmas to adversaries.

"What we want to do is look through all the domains – air, maritime, space, cyber and land – and at a point in time of our choosing, we want to get what we call temporary domain superiority," Perkins said.

In order to achieve "windows of domain superiority," the Army must understand what the future operational environment will look like. TRADOC's G-2 (Intelligence) continued the Multi-Domain Battle discussion with the next presentation by looking to the future operational environment, trends and the potential threat technologies the U.S. may face across the domains.

"There's tremendous ambiguity as we look out into the future, but there are some things and some forecasts that we can actually draw upon," said Jerry Leverich, TRADOC G-2. Leverich told the audience about a number of "potential game-changers" for the near, mid and far-term, including chemical weapons, robotics, enhanced directed kinetic energy weapons and the internet of things.

"It's a no-brainer that technology will influence the character of future conflict and war," Leverich said. "How soon that comes to bear presents a challenge for us; however, minimizing the potential for surprise is one of the biggest things we're trying to do."

Maj. Gen. Robert "Bo" Dyess, acting director of TRADOC's Army Capability Integration Center, acknowledged that although the future is unpredictable, the Army must continue think clearly about the future of armed conflict.

"The character of war will change, and therefore, the way you organize your forces must change, and the way you bring in new technology and weapons systems must change in order to be prepared."

Dyess emphasized the urgency to modernize the force, noting the chal-



Lt. Gen. Sean MacFarland, U.S. Army Training and Doctrine Command deputy commanding general and chief of staff, discusses doctrine updates during the 35th annual Association of the United States Army Colonial Professional Forum at the College of William and Mary in Williamsburg, Va., June 15.

lenge between addressing current and future readiness.

"Our challenge is to ensure that we articulate future risks ... because we have to say that future readiness - with the passage of time - is current readiness, and if you do not prepare for the future, you're going to be behind," Dyess said.

Brig. Gen. Mark Odom, director of ARCIC's Concept Development and Learning Directorate, discussed TRA-DOC's next Capabilities Information Exchange, a partnership between TRA-DOC and industry, which is scheduled for Aug. 15-16 on Fort Eustis. During the CIE, members of industry will have an opportunity to conduct a focused discussion with experts and ask specific questions regarding technology require-

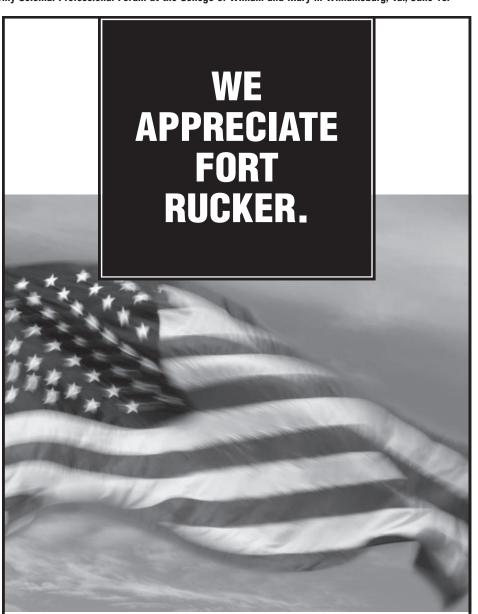
Day 2 of the forum began with a presentation from Brig. Gen. David Komar, director of ARCIC's Capability Developments Directorate, who provided an overview of the Future Force Development Strategy. The strategy not only discusses what capabilities the Army will need to sustain overmatch against the enemy, but how the force plans to achieve these objectives through mod-

Additional highlights from TRA-DOC leaders included a presentation on the increase in Army end strength, led by Dave Paschal, acting deputy for TRADOC G-37 (Training), as well as a panel discussion on contracting, where Ellen Helmerson, deputy chief of staff for TRADOC G-8 (Resource Management), provided her thoughts on innovation and collaboration with contracting activities and industry.

Lt. Gen. Sean MacFarland, TRADOC deputy commanding general and chief of staff, brought the forum to a close with an overview of the command's priorities and highlights on several ongoing initiatives, which focused more on the "people side of the equation." These initiatives included updates on Soldier 2020, talent management, Army University and NCO 2020.

"We owe it to our Soldiers, and we owe it to our nation to make sure we overmatch the enemy in terms of the quality of our people," MacFarland

To learn more about Multi-Domain Battle, visit http://www.tradoc.army. mil/multidomainbattle/.



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Award

Continued from Page A1

responsibility; systems perspective; and customer-driven excellence.

Individual awards were also presented to selected garrison workforce representatives who participated in virtual site visits by Installation Management Command examiners, said the narrator. The representatives engaged with the IMCOM examiners, validating and clarifying information contained within the narrative assessment. The representatives who participated in the virtual site visits were presented with USAACE certificates of achievement.

"All of you understand the importance of what it means to support our Aviation warfighters and our entire community

here - it happens as a team and not as a single entity," said Miller. "While we recognize our garrison teammates today. we know that winning the Silver Award is truly a team effort, and we would not have achieved this accomplishment without the great partnership from our community, our fellow units, as well as the great community leaders and incredible support that we receive from the entire Wiregrass area.

"We understand that our commitment doesn't stop today," she continued. "This is about improving every day and ensuring that our service of excellence is commensurate for the Soldiers that we serve and the service they provide for our

1-223rd

Continued from Page A1

talion have made the process smooth."

Mariani comes to Fort Rucker with a wealth of experience from his most recent assignment as the operations officer for the U.S. Army Joint Test Element in Aberdeen Proving Grounds, Maryland.

He enlisted in the Army in 1990 and has held numerous leadership positions – from executive officer to company commander – and served all over the world, including Germany, as well as in multiple deployments to Iraq and Afghanistan.

Hines said it's that breadth of experience that gives him confidence that Mariani will take on the awesome responsibility of leading the battalion to great heights, just as Berg

The 1st Bn., 223rd Avn. Regt., is organized into four line companies, a Headquarters and Headquarters Company and an Army Air Ambulance Detachment. With the mission to coordinate and conduct flight instruction and operation at Cairns Army Airfield, Shell Army Heliport and Knox Army Heliport, the responsibility of command of the battalion is not something that should be taken lightly, according to Hines.

"The battalion is responsible for five different aircraft, MedEvac, two base fields and an Army airfield," said the brigade commander. "Most don't realize the caliber of leadership it takes to make the 1-223rd function on a daily basis. With that kind of impact, it's no surprise that the Army picks the very best to be the battalion commander.

"Paul, you epitomize the assertive leader that we all wish to be, and you kept me sane on more than one occasion - It's been an honor to serve along side you," he continued. "Losing a great command team is always a hard pill to swallow and, as is the Army way, the departure of one leader [brings] the arrival of a new one. I could not have asked for better than the Marianis. I can already tell that team Mariani will build upon the incredible track record of the 223rd."

Berg echoed Hines' confidence.

"In the past two years, we've safely flown over 2,000 students over 100,000 flight hours and have done it professionally every day. I'm deeply amazed every day ... at how these men and women serve the battalion, Fort Rucker and our Army," he said. "Chris and Vicki, I'm excited for you and couldn't be happier than to be leaving the Spartan team in your care. I know you will succeed at leading this amazing battalion to new and higher heights."

1st AB

Continued from Page A1

sergeant major. His most recent assignment was at Hunter Army Airfield, Georgia, where he served as the brigade operations sergeant major for the 3rd Combat Aviation Brigade.

He has served all over the country and world, and been deployed in support of Operations Iraqi and Enduring Freedom.

"It is with great humility, excitement and optimism that I return to the home of Army Aviation to serve the Soldiers of such a storied brigade," said the in-

major during the ceremony. "To the Soldiers, both me]," he said. "It's a testaensuring your success and the success of the brigade - I work for you."

That commitment to the brigade's Soldiers and families is the legacy that Sutterfield leaves behind, a legacy that the outgoing command sergeant major said he believes Williams will continue.

"I couldn't be more proud and pleased to have someone of your caliber

USAPHC

http://phc.amedd.army.mil/

coming command sergeant taking over the reins from [Colonel Hopkins and here and geographically ment to the Army selection displaced ... I pledge to process that they bring you give 100-percent effort in here to carry on the torch for what we're doing every

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"Welcome back to the Golden Hawk family," added Hopkins. "Sergeant Major [Williams], I have the utmost confidence that you are the right leader to continue the significant history of the brigade and we are grateful that you are here to take on this incredible opportunity."

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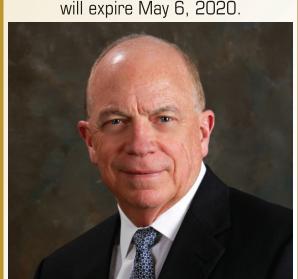
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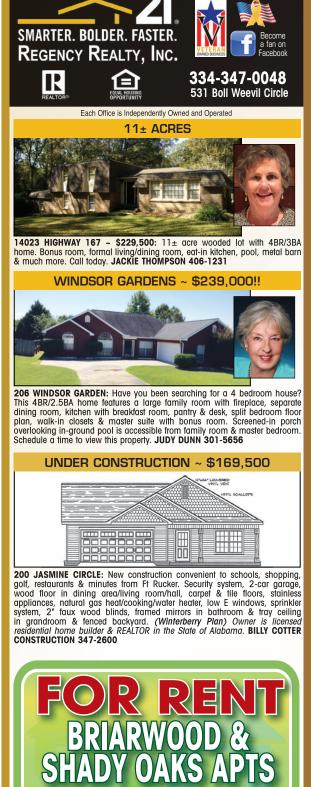


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HONORING SACRIFICE

1st fallen Aviator of WWI honored with Distinguished Flying Cross

By C. Todd Lopez Army News Service

WASHINGTON - Capt. James E. Miller, one of the first Aviators in the U.S. military and the first U.S. Aviation casualty in World War I, has been named recipient of the Distinguished Flying Cross more than 99 years after his heroic actions over France in 1918.

On the 242nd birthday of the U.S. Army, during a twilight tattoo ceremony at Joint Base Myer-Henderson Hall, Va., Acting Secretary of the Army Robert M. Speer presented the Distinguished Flying Cross to Miller's great-grandson, Byron Derringer.

We're very proud today to have some of the descendants from James Miller's family here and able to represent him and a lineage of what he achieved on those battlefields as the first individual who gave his life in that war in Aviation," Speer said.

The presentation of the Cross to a WWI Soldier is significant, given that the theme for this year's Army birthday is "Over There! A celebration of the WWI Soldier."

"This is the 100th anniversary of World War I," Speer said. "And it's the 242nd birthday of our Army. But 100 years ago, there were significant changes in terms of the character of war. You had, at that time, for the first time, the Army going off to war in foreign lands with our allies, fighting sideby-side with our allies, and representing the United States - which placed the United States into a significant leadership role in the

Speer said several aspects of warfare changed during WWI, including the development of armor units and precision artillery. One of the most significant developments, however, was that the U.S. military had "Aviation for the first time as part of the U.S. Army Air Corps.

"We have a privilege today to be able to recognize not only the heraldry of our total 242 years but also that point and time, where we recognize, late, a Distinguished Flying Cross for an American hero," said Speer.

As a Soldier in World War I, Miller was one of the first to make use of new Aviation technology. The captain took command of the 95th Pursuit Squadron on Feb. 10, 1918 - just 10 months after the United States declared war on Germany. The men in the squadron were the first American-trained pilots to fight in the war.

On March 9 of that year, Miller, Maj. M. F. Harmon and Maj. Davenport Johnson began the first combat patrol ever for the U.S. Army Air Services. They flew 180-horsepower, French-built SPAD XIII aircraft. The aircraft, a bi-plane, is named for its developer, the Société Pour L'Aviation et ses Dérivés.

Harmon's plane experienced trouble early in the sortie, and so he was unable to con-



As part of a June 14 twilight tattoo event at Joint Base Myer-Henderson Hall, Va., held in honor of the Army's 242nd birthday, Acting Secretary of the Army Robert Speer, left, and Chief of Staff of the Army Gen. Mark A. Milley, right, present a posthumous Distinguished Flying Cross for Army Capt. James E. Miller to Miller's great grandson, Byron Derringer, center.

tinue on the patrol. But Miller and Johnson pressed on together and crossed into enemy territory. There, they fought off two German aircraft, but soon met more. It was then that Johnson's aircraft experienced trouble with the machine gun.

According to the DFC citation, Johnson was forced to leave Miller to continue the fight against German aviators on his own.

"Miller continued to attack the two German biplanes, fearlessly exposing himself to the enemy, until his own aircraft was severely damaged and downed behind the German lines, where he succumbed to his injuries," the citation reads. "Miller's actions are in keeping with the highest traditions of the military service and reflect great credit upon himself, the United States Army Air Services and the American Expeditionary Forces."

As the great-grandson of Miller, Derringer received the DFC on behalf of his great-grandfather. After, he said of both the recognition and the twilight tattoo that accompanied the recognition, "it's spectacular, I know that the family, everybody, is just honored to be here."



Soldiers conduct sling-load and air-assault training with M777A2 howitzers during Saber Strike 2017 at the Bemowo Piskie training area near Orzysz, Poland, June 7. Saber Strike is an annual U.S. Army Europe-led multinational combined forces exercise aimed at enhancing the NATO alliance throughout the Baltic region and Poland.

A DREAM COME TRUE

Former Black Hawk pilot, surgeon selected for NASA space program

By Staff Sgt. Jorden Weir For Army News Service

FORT CARSON, Colo. - How many lifetimes does it take to become a Soldier, pilot, doctor and astronaut?

For Maj. (Dr.) Francisco Rubio, the battalion surgeon assigned to 3rd Battalion, 10th Special Forces Group (Airborne), it only takes one.

Rubio recently took his place as one of only 12 Americans selected to begin NASA astronaut candidate training in August.

"It's a dream come true," Rubio

Rubio's desire to become an astronaut began after he attended a briefing on the NASA program during medical school more than a decade ago. Then, in 2015, he saw his chance. "NASA posted a Facebook release that they were going to be taking applications," he said.

And with that, his journey to becoming an astronaut began.

Rubio says he was a little daunted by the sheer number of applicants he was up against in the process. This selection cycle saw more than 18,000 applications from all over the country, an unprecedented amount. Historically, the typical number of applicants is around 8,000.

"If you're picking 10 out of 8,000 or 18,000, the odds are pretty slim anyways," said Rubio.

During the selection process, Rubio reminded himself to temper his



2017 NASA astronaut candidate Frank Rubio has his portrait taken at Ellington Field Joint Reserve Base, Texas.

expectations.

"Honestly, you don't expect it," he said, "even at the very end ... mostly because you look at the people around you and you're kind of amazed by them, too. You hope and hope, but you don't really expect it."

As to what ultimately set Rubio apart from more than 18,000 other people, your guess is as good as his.

"That's the million-dollar question," he said.

He explained that, although he felt his personality and teamwork experience played a big part, it really came down to what NASA needed from a new astronaut class at this particular time. He pointed out the incredible diversity among the 12 selectees, and that they all bring different, yet vital, skills and talents to the team.

One thing is certain, however -Rubio is immensely qualified for the

Rubio graduated from West Point in 1998 and entered the Army, where he became a UH-60 Black Hawk pilot and flew more than 1,100 hours over the course of eight years. Of these flight hours, more than 600 were combat or imminent-danger flight hours during deployments to Bosnia, Afghanistan and Iraq.

Rubio furthered his education and experience by attending and graduating from the Uniformed Services University of the Health Sciences in Bethesda, Maryland in 2006, and has served in the Army as a surgeon and physician since then.

Rubio is looking forward to the next step on his journey by beginning his astronaut candidate training, which starts in August.

The program is expected to last two years, during which time Rubio will take part in an academically-rigorous training focusing on spacewalks, robotics, international space stations, rocket systems, flying jet aircraft and Russian language courses.

"It's a once in a lifetime opportu-

nity," he said. Rubio, who will retain his status

SEE NASA, PAGE B4

SHAPING AVIATION

Advanced vertical takeoff, landing solutions mature Aviation fleet

By Nikki Ficken

U.S. Army Aviation and Missile Research, Development and Engineering Center Public Affairs

REDSTONE ARSENAL - Advanced vertical takeoff and landing was a topic of discussion at the recent American Helicopter Society International's Annual Forum and Technology Display in Houston, Texas.

U.S. Army Aviation and Missile Research, Development and Engineering Center's Dr. William Lewis and Dr. Dana Taylor led a special panel session titled "Advanced VTOL Air Vehicle Design" at the forum to discuss potential solutions for the future.

VTOL refers to an aircraft's ability to take off, hover and land vertically. There are numerous advantages to advancing VTOL capabilities, particularly maneuverability in a combat situation.

"It is the Aviation Development Directorate's charter to look at long-term technology solutions that will shape and drive Army Aviation," said Taylor, a senior research scientist at AMRDEC. "It is our responsibility to understanding technology and identify technology have will have positive impact on Army for the next 20 to 30 years."

The special session highlighted presentations by representatives of four manufacturers who each discussed aircraft development programs in progress including Aurora Flight Sciences' LightningStrike aircraft, Bell Helicopters' V-280 Valor, Lockheed-Piasecki's Aerial Reconfigurable Embedded System and Sikorsky-Boeing's SB>1 Defiant.

"The LightningStrike and ARES aircraft are unmanned aircraft whose purpose is to demonstrate novel concepts and capabilities, while the V-280 and SB>1 are part of the AMRDEC ADD's Joint Multi-Role Technology Demonstrator program," Taylor

"The purpose of the JMR-TD program is to mature the critical technologies and reduce the risk toward replacing the military's current vertical lift fleet with a new family of aircraft, as well as inform the requirements for the Future Vertical Lift program."

"Different services have different needs, but the Army is trying to find the 'sweet spot' between low and high speed configurations," said JMR-TD Program Director, Dan Bailey.

"Low speed maneuverability at the objective area is still a core Army capability requirement, but the future operational environments dictate a lead-ahead capability in the area of speed, range and payload."

Advanced rotary-wing configurations and enabling technologies are needed to achieve the combination of performance for range, speed, payload, as well as survivability, reliability and affordability for emerging Future Vertical Lift requirements and missions. Advancing these enabling technologies include examining areas like rotor control, blade control and

SEE AVIATION, PAGE B4

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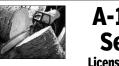


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NASA

Continued from Page B1

in the Army and will become just the third member of the Army Astronaut Corps, acknowledges that the road to space is still a long one for him. After he becomes an astronaut, it will still be another five to eight years before he actually has the chance to go into space. But he's still energized to go through the process.

"It's going to be a really cool experience," he said. "The most inspiring thing about it is that it's almost universally supported in our country - you know you're kind of inspiring other people."

In all, Rubio says he's proud and humbled to represent the nation doing something this spectacular. When looking back at all he's accomplished over the last 19

years in the Army, he attributes his success to good fortune, good timing, and seeking out opportunities for continued growth.

"I've been incredibly blessed," he said. "They [were] amazing opportunities. If it weren't for the Army, I wouldn't have had any of those opportunities. We're in an organization that lets you succeed."

Asked to provide advice to Soldiers who are also looking to make the most of their Army experience, he says that the first and most important step is to apply for training or programs that interest them.

"There's a lot of people that have dreams and hopes," he said, "and they'll talk about them, but sometimes they just don't go through with finishing the application process. You never know unless you apply."

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Continued from Page B1

vibration control.

JMR-TD aircraft demonstrators are near completion for assembly and will fly from late 2017- 2019. The second iteration of architecture demonstrations will complete in mid-2017, with a final major demo in 2018-2020. The first Future Vertical Lift acquisition program of record has passed the Material Development Decision and is using the JMR-TD knowledge base robustly in decisions and analysis for that first and subsequent



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JUNE 22, 2017



SPLASH! water park offers cool break from summer temps

By Jeremy Henderson Army Flier Staff Writer

As days count down to the dog days of summer, Fort Rucker's DFMWR aquatics branch invites the Wiregrass community to beat the heat with a trip to the SPLASH! Outdoor Pool and Spray Park.

"SPLASH! Outdoor Pool and Spray Park offers a double flume water slide, spray park, diving board and aqua climb rock wall," Rob Koren, DFMWR aquatics manager, said.

According to Koren, SPLASH! is open to the public Wednesdays-Mondays from 11 a.m. - 5:30 p.m. The park IS closed on Tuesday's for maintenance and cleaning.

"The pool itself offers the waterslide, rock wall and diving board," he said. "It ranges from 3.5-feet at the shallowest end to 11.5-feet at the deepest end.

"The spray park may be used by adults and children of all ages," he added. "It contains spray features, dump buckets and water cannons. Children should always be accompanied by an adult, 18 years or older - even if the child knows how to swim. Additionally, parents should always watch their child and be within arm's reach at all times for weak swimmers."

According to Koren, safety should always be a top priority, and simple steps can be taken to ensure enjoyment before and after a visit to SPLASH!

"Sunscreen should be worn by everyone, regardless of their age and skin type," he said. "Sunscreen helps to block harmful UV rays that the sun gives off which is poisoning. Sunscreen should be applied regularly throughout the day, especially when swimming as the water will wash it

SPLASH! is open to the public; how-



Children enjoy the water slides at SPLASH! park.

ever, admission prices vary based on age and military affiliation.

"There is a fee upon the entrance to SPLASH! based on age and if you are active duty or retired military, DOD civilian or contractor, or a member of the general public," Koren said. "Fort Rucker aquatics also sells season passes to this facility that can be purchased at the Fort Rucker Physical Fitness Center on Andrews Avenue or at MWR Central on the first floor of the Soldier Service Center, Bldg. 5700.

For more information on pricing and entrance fees for SPLASH!, call 255-2296 the cause of sunburn and heat rash and sun or visit https://rucker.armymwr.com/programs/aquatics/.

"Patrons can purchase food and snack items at the tiki bar on the upper pool deck," he added.

According to Koren, the next special



Splash! Pool and Spray park is currently open six days a week, Wednesdays-Mondays from 11 a.m. to 5:30 p.m. It is closed Tuesdays.



Children enjoy the water park during a previous swimming season.



PHOTO BY NATHAN PEAU

Hannah Gabbard, military spouse, plays fetch with her dog, Rosco, at last year's Dog Days of Summer Swim.

event at SPLASH! will be the annual Dog Days of Summer Swim Sept. 9 from 11 a.m. to 2 p.m.

Participants can bring their dogs to enjoy a dip in the SPLASH! outdoor pool. Cost is \$7 per dog. No people are allowed in the pool water with the dogs unless there is an emergency with a dog in distress.

For more information about SPLASH!, call 255-9162.

Body Mechanics Day Spa offers retreat from stress

By Nathan Pfau

Army Flier Staff Writer

Life is full of stressors, but Fort Rucker provides a relaxing way for people to relieve the stress that builds up day after day -- the Body Mechanics Day Spa.

Located in the Fort Rucker Physical Fitness Center on Andrews Avenue, the spa offers relaxation and luxury for a reasonable price, according to Barbara Leger, licensed massage therapist with Body Mechanics.

"Everyone can and should be treated to a special occasion and be pampered, and Body Mechanics has extremely competitive prices and a service available for every income level," she said.

Anyone who is an authorized patron of Directorate of Family Morale Welfare and Recreation services is allowed to make an appointment with Body Mechanics. The spa offers several different services, which include a 30-minute massage for \$25, a 60-minute massage for \$45, a 90-minute massage for \$70, a retreat for the feet for \$30, and chair massages that are \$1 per

minute. "The benefits of massage go hand-in-hand with fitness," said Leger. "Massage, historically, has been used to help circulation, muscle soreness and tenderness, and chronic pain to include fi-

bromyalgia and arthritis." "Blood pressure can be lowered after a massage and massages increase the chemicals that induce feelings of happiness, as well," she continued. "The sleep cycle can also improve.

"Our retreat for the feet is a 30-minute treatment just for the feet," she said. "It includes massage, hot towels and a mud wrap for the feet. It helps with the health of the skin and tissue, as well as with stress."

There are several different styles of massage people can choose from, including pregnancy, Swedish, deep tissue, neuromuscular and hot stone.

It is no secret that Fort Rucker is dominated by flight students, and Leger said that flight students in particular seem to enjoy the relaxation massage.

"I think that they are aware of how much physical stress they are under, but when they come in they are surprised at the amount of mental stress that can be relieved through a little pampering," she said.

Then-W01 Jessica Prostack, B Company, 1st Battalion, 145th Aviation Regiment, understands those stresses fully and uses the spa as a way to escape.

"The massage services provide a great way to relax and relieve stress from vigorous training," said Prostack during an interview last year. "(Leger) provides friendly service, great prices and a great time schedule to accommodate for our busy schedules."

For some, the act of getting a massage for the first time may seem embarrassing and even a bit unnerving, but Leger said that the client is in charge and if there is an uncertainty about anything, the therapist will answer any questions.

"When getting a massage, I first talk to the client about how they are feeling," she said. "If they have any concerns or complaints about a particular area of the body, such as lower back problems or pain in a knee, we can tailor the massage to fit the person's needs for that day."

The spa is open for appointments Mondays through Thursdays from 8 a.m. to 7 p.m., Fridays from 8 a.m. to 5 p.m. and Saturdays from 8:30 a.m. to 2

When asked about gratuities, Leger said that tips aren't expected, but are always appreci-

"I am here for people, whether for people who are here for the first time or for people for whom regular massage is their way of life," she said. "The No. 1 thing people need to do if they are nervous is just talk to me. It is truly an honor for me to able to offer a little bit of comfort for the people of Fort Rucker."

For more information or to set up an appointment, call 255-



PHOTO BY NATHAN PFAU

Barbara Leger, licensed massage therapist with Body Mechanics, gives Elizabeth Ryan, military spouse, a back massage at the Fort Rucker Physical Fitness Center Body Mechanics Day Spa in this file photo.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES, DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

School Age Center Summer Camp

The Fort Rucker School Age Center hosts its summer camp through Aug. 4. Each week, the camp will have a new theme. Parents will have the ability to pick and choose which weeks they would like their children to attend. Fees will be due the Friday before the start of each camp week and will be based on total family income. Food, field trips and all activities will be included in the weekly fees. All youth who attend must be enrolled in child and youth services.

For more information, call 255-9108 or 255-9638.

Tot Time

Army Community Service hosts its Tot Time playgroup Wednesdays from 9:30-11a.m. at The Commons, Bldg. 8950. The playgroup is for children 12-36 months and their caregivers. The playgroup provides programs and activities that enhance caregiver-child interaction, and stimulate child growth and development.

For more information, call 255-9647 or 255-3359.

Rock'et Out Summer

The Fort Rucker Youth Center host its Rock'et Out Summer - offering rocketry, robotics, sports, cooking, arts and animation - through June 30. Field trips will be included in the camp fees and will be to: Wonder Works, Wednesday; and Water World each Friday. Camp will run Mondays-Fridays from 7:30 a.m. to 1 p.m. Youth must be a child and youth services member (ages 11-18 and grades six-12) to participate.

For membership information or to signup for membership, call 255-9638 or 255-2260.

FRG key contact training

Army Community Service will host family readiness group key contact training Monday from 8:15-11 a.m. in Bldg. 5700, Rm. 284. The training will highlight the standards that provide guidance for FRG operations, the FRG mission, and the various FRG roles and their responsibilities. Pre-registration is required today. Free childcare will be available -call 255-3564 for more information on setting up child care or to register.

For more information or to register, call 255-9578 or 255-3161.

Freedom Fest

Fort Rucker will host its Freedom Fest June 30 from 4-10 p.m. at the festival fields. The event will feature one of the largest firework displays in the area, a children's zone with inflatables, rides, games, and a variety of local and regional vendors, along with static aircraft displays. The Army's Maneuver Center of Excellence Fort Rucker Detachment Band will provide musical entertainment throughout the evening with a Patriotic Concert starting at 7 p.m. Admission to the event is free and it is open to the public. People who attend do need to have a gate access pass. Prohibited items include coolers, backpacks (except for medical and baby care items), pets, fireworks of any kind, glass containers, weapons, and bicycles, scooters, roller blades and skateboards. For more information, call 255-1749.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session July 6. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11:30 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program. For more information, call 255-2594.

Wild Adventures trip

The Fort Rucker Youth Center will host a day trip to Wild Adventures Theme Park in Valdosta, Georgia, July 8. Youth must



PHOTO BY NATHAN PFAU

Fort Rucker Triathlon

The Fort Rucker Triathlon will be Saturday at West Beach, Lake Tholocco. Race day registration begins at 6 a.m. and the triathlon starts at 7 a.m. Participants are encouraged to register at either physical fitness center or MWR Central. The cost for individuals is \$40 until Friday and \$50 on race day. The cost for relay teams - up to three people - is \$70 until Friday and \$80 on race day. T-shirts will be available while supplies last. Cash prizes will be awarded to the top overall finishers and the top relay team. The swim portion is .25 miles, the bike portion is 10.6 miles and the run is 3.1 miles. The event will be open to the public. For more information, call 255-2296 or 255-2997. Pictured is a scene from last year's event.

be child and youth services members to participate – ages 14 and up.

For membership information or to signup for membership, call 255-9638 or 255-2260.

Library summer craft

The Center Library will host a summer crafting session July 11 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 40 children to register. The event will be open to authorized patrons and be Exceptional Family Member Program friendly.

For more information or to register, visit the library or call 255-3885.

Care team training

Army Community Service will be hold a care team training session July 12 from 8:30-11:30 a.m. in Bldg. 5700, Rm. 284. As care team members, volunteers perform a valuable role to families of fallen and injured Soldiers, according to ACS officials. The training is given to people interested in being care team volunteers. It is designed to give an understanding of care team volunteers' responsibilities and offers guidance on how to handle issues they are likely to face.

For more information, call 255-9578.

Coupon clippers

The Center Library will hold a coupon clip and swap July 12 from noon to 1 p.m. People are welcome to bring their coupons, swap with others and learn the how to get the best deals on their next shopping trip. Coupon clippers is open to authorized patrons ages 13 and older. The event is Exceptional Family Member Program friendly.

For more information or to register, stop by the library or call 255-3885.

Federal jobs workshop

Army Community Service will host its federal job workshop July 13 from 8 a.m. to noon in Bldg. 5700, Rm. 284. The workshop is aimed at getting people the information they need to increase their federal employment possibilities. Participants will receive a free copy of Kathryn Troutman's "Jobseeker's Guide (7th Edition)." Registration is required two days prior to the workshop. Space is limited to the first 60 people to register and the workshop is open to authorized patrons only.

For more information or to register, call 255-2594.

Resilience workshop

Army Community Service will host its resiliency training workshop July 13 from 9-11:30 a.m. in Bldg. 5700, Rm.350. People need to register by July 11. Resilience training is designed to provide family members and civilians with tools to better cope with and overcome adversity and challenges, as well as perform better in



children must be authorized patrons.

Open to ages 0-17. A child register as a "Pre-Reader" may be read to by an adult. Parents/guardians or

RULES AND DETAILS:

You may register and log reading time ONLINE at the following URL: https://ftruckercenterlibrary.beanstack.org.

Mad Scientist Workshop: Speedometry Thursday, June 22 Center Library, 1-2 pm

Animal Tales: Animal Architects Thursday, June 29

Center Library, 10-11 am Take the LEGO Challenge!

Thursday, July 6

Center Library, 1-2 pm **Paper Aviation**

Wednesday, July 19 Center Library, 1-2 pm

Awards Ceremony Friday, July 28 The Commons, 1-3 pm Especially for Teens

All Day Anime Wednesday, July 12 Center Library, All Day

Makey Lab Tuesday, July 18 Center Library, 1-2 pm

For more information stop by or call the Center Library, (334)255-3885.

rucker.armymwr.com, EFMP Friendly Open to authorized patrons.



stressful situations, according to ACS officials. The July workshop will emphasize problem solving, putting it in perspective

For more information, call 255-3161 or 255-3735.

Summer outdoor yard sale

and mental games.

Fort Rucker will host its summer outdoor yard sale July 15 from 7-11 a.m. on the festival fields. The outdoor event provides the opportunity for the Fort Rucker community to buy and sell used household items in a consolidated fashion, according to organizers. No commercial vendors will

be allowed without a contract - contact special events at 255-1749 for details and fees. The sale will be open to the public. Booth cost for ID card holders - activeduty and retired military, family members, reserve component members and Department of Defense civilians, DOD civilians - is 15x20, \$25; 30x20, \$35; and tables, \$10 each. Cost for the general public is 15x20, \$35; 30x20, \$45; and tables, \$10 each. Registration is due by July 12. People can register as a seller at MWR Central by calling 255-2997.

For more information on the event, call 255-1749 or 255-9810.

FORT RUCKER MOVIE SCHEDULE FOR JUNE 22-25

Thursday, June 22

Cars 3 (*PG*)7 *p.m.*

Friday, June 23

Transformers: The Last Knight (PG-13)4 & 7 p.m.

Saturday, June 24

Transformers: The Last Knight (PG-13)4 & 7 p.m.

Sunday, June 25

Transformers: The Last Knight (PG-13)1 & 4 p.m.

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN. 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME, SCHEDULE SUBJECT TO CHANGE, FOR MORE INFORMATION, CALL 255-2408.

'YOU'RE GOING TO NEED

Michigan high school teacher, coach to receive Medal of Honor

By David Vergun Army News Service

WASHINGTON — The White House announced June 13 that President Donald Trump will present the Medal of Honor to Spc. 5 James C. McCloughan on July 31.

McCloughan's valorous actions occurred during 48 hours of intense fighting against enemy forces on Nui Yon Hill near Tam Kỳ, South Vietnam, May 13-15, 1969. The combat medic was serving with C Company, 3rd Battalion, 21st Infantry Regiment, 196th Infantry Brigade, Americal Division.

A private first class at the time, McCloughan voluntarily risked his life to rescue wounded and disoriented personnel. Despite being personally wounded by shrapnel and small-arms fire, McCloughan refused medical evacuation. Instead, he opted to stay with his unit, where he continued to brave enemy fire so that he could rescue, treat and defend his wounded comrades.

While moving the wounded onto medical evacuation helicopters, his platoon leader ordered him to join them. But he said he disobeyed the order, telling the lieutenant, "You're going to need me."

The next day, elements of his battalion were getting probed by the North Vietnamese army. His own platoon had stood down and was recovering in the relatively quiet sector of Landing Zone Center, also in the vicinity of Tam Kỳ. McCloughan joined another platoon for a scouting mission. The platoon was ambushed and the other platoon medic was killed, leaving McCloughan as the sole medical specialist in the company.

Through intense battle, Mc-Cloughan was wounded a second time by small arms fire and shrapnel from a rocket propelled grenade while rendering aid to two Soldiers in an open rice paddy.

In the final phases of the attack, two companies from the NVA and an element of 700 soldiers from a Viet Cong regiment descended upon Company C's position on three sides. McCloughan, again with complete disregard for this life, went into the crossfire numerous times throughout the battle to extract wounded Soldiers, while also fighting the enemy.

In the early morning of May 15, McCloughan knocked out an RPG position with a grenade. He continued to fight, treat casualties and eliminate enemy soldiers until he collapsed from dehydration and exhaustion.

During the battle, 17 men were lost to enemy fire and many more were wounded, he said. Over the 48-hour battle McCloughan risked his life on nine separate occasions and is credited with saving the lives of 10 members of his company.

McCloughan admitted that during the intense battle, it was surreal to be shooting at the enemy one moment and treating wounded North Vietnamese soldiers, as well as American Soldiers, the next.

DREAM JOB DEFERRED

McCloughan said that he never had his sights set on being in the military, much less becom-



COURTESY PHOTO

Then-Pfc. James McCloughan posing in front of the Vietnam Regional Exchange Snack Shop in 1969.

ing a hero. But when his country called him to serve, he willingly answered that call and later did what he had to do to save lives on the field of battle.

McCloughan graduated in June 1968 from Olivet College in Michigan, with a degree in sociology and a teaching certificate. He received an offer to teach and coach football at South Haven High School in South Haven, Michigan – the town where he was born. It was his dream job,

A short time later, he received a draft notice. He entered the Army, Aug. 29, 1968. His teaching and coaching plans were put on hold while he served his twoyear enlistment. In 1970, he returned home and

was re-accepted at South Haven High School, where for 40 years he taught psychology, sociology and geography. He also coached football, wrestling, and baseball.

McCloughan was inducted into the Michigan High School Coaches Association Hall of Fame, Michigan High School Football Association Coaches Hall of Fame, the Michigan High School Baseball Coaches Association Hall of Fame and the Olivet College Athletic Hall of Fame.

Now 71 and retired, Mc-Cloughan said that during his time teaching and coaching, he never talked about his Vietnam experiences.

He said many of those experiences were very painful and he has only recently opened up about them.

Vice admiral: Juneteenth represents hope, possibilities

By Lisa Ferdinando

Defense Media Activity

WASHINGTON — Juneteenth, the annual observance commemorating the June 19, 1865, announcement of the abolition of slavery, represents what is possible, Navy Vice Adm. Kevin D. Scott said at a Pentagon ceremony Monday.

"I am three generations removed from when I think about Juneteenth, I think what it must have been like to be in Galveston, Texas, on that day when those Joint Staff's director of joint force development, said.

While slavery was abolished in states

in rebellion by the Emancipation Proclamation on Jan. 1, 1863, that news did not reach Texas until Maj. Gen. Gordon Granger traveled to Galveston with Union troops and issued General Order No. 3, stating: "The people of Texas are informed that, in accordance with a proclamation from the Executive of the United States, all slaves are free."

The Soldiers represented what this slavery in the state of Virginia, and so country could be and what this country should be, Scott said, adding, form represented something."

Scott spoke in the Hall of Heroes, a Soldiers were over in the town," Scott, the room in the Pentagon where the names of all the Medal of Honor recipients are

Juneteenth has significant personal

meaning for Scott, who explained he lived in segregated Portsmouth, Virginia, in the

"It touched home for me 100 percent, when as a new, shiny pilot with my wings on, I was stationed in Norfolk, Virginia,"

As he drove his mother around nearby Virginia Beach and excitedly pointed to sites, she suddenly fell silent. She said she never imagined he would have made it where he was – not because of his potential, but because of the tremendous challenges African-Americans faced, he

"She said, 'When I was a young girl growing up and when you were young, we couldn't go to Virginia Beach," Scott

said. "I get choked up just thinking about

Embrace the excitement and hope of Juneteenth, Scott urged.

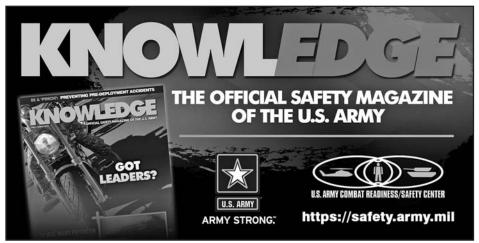
"It's about what is possible. It's about the opportunity," he said. "That spirit of Juneteenth in terms of what is possible should motivate us, should drive all of us, for our children's sake and for our sake."

Scott reminded the audience that many ordinary things – just like his drive around Virginia Beach – are actions that once were restricted for African-Americans but now are guaranteed freedoms that people can do without a second thought.

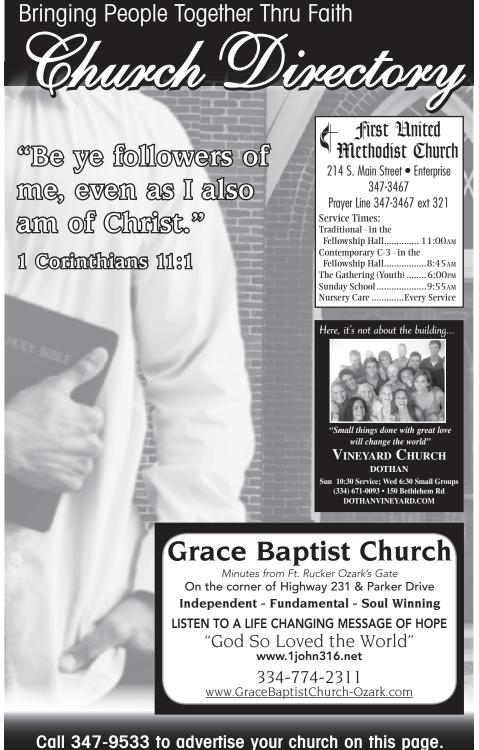
"We need to stand by each other and support each other and celebrate this day for what it is," he said.



Navy Vice Adm. Kevin D. Scott, the Joint Staff's director of joint force development, speaks during the Defense Department's Juneteenth observance ceremony in the Pentagon's Hall of Heroes Monday.



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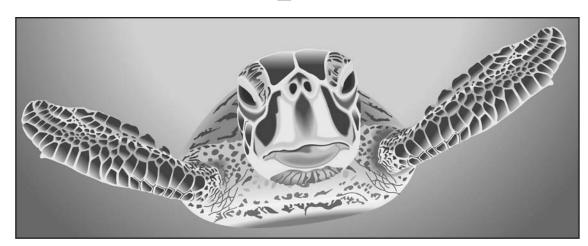
Pensacola hosts sea turtle presentation

Army Flier Staff Reports

The Pensacola visitor center at 1401 E Gregory Street will host a sea turtle presentation by Cathy Holmes, Navarre Beach Sea Turtle Conservation Center, June 29 from 2-3 p.m. There will be a display board, sea turtle shells, skulls, handouts and wrist bands. Attendees will learn about: Impacts on sea turtle populations – marine

predation, etc.; Nesting information in the area; information on the Navarre Beach Sea Turtle Conservation Center; Sea turtles in the area; and impacts on sea turtle populations – marine debris, lighting, beach erosion, predation, etc.There will also be a question and answer session. There will be limited space, so people are encouraged to call ahead to reserve

For more information or to make debris, lighting, beach erosion, a reservation, call 850-434-1234.



VIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

ONGOING — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 6:30 p.m. Meetings are held at the post's facility at 3087 Hwy. 605, which is Brannon Stand Road at the intersection of Park Avenue. For more information, call 400-5356.

ONGOING — The Wiregrass Museum of Art's spring exhibitions, including "From Here to There: Printmaking in Alabama" and "documenting Blues: Photography," will run through June 24. WMA's galleries are open to the public Wednesdays-Fridays from 10 a.m. to 5 p.m. and Saturdays from 10 a.m. to 3 p.m. Private tours and activities can be arranged by appointment on Mondays and Tuesdays.

ONGOING — Ballroom dancing lessons are offered Tuesdays at 6:30 p.m. at the Cultural Arts Center. Lessons will teach the Fox Trot, East Coast Swing, Rumba and Waltz. The cost will be \$2 per person per night. For more information, call 791-9407.

ENTERPRISE

JUNE 22 — The Wiregrass-Enterprise Chapter of the National Active and Retired Federal Employees will hold its monthly lunch program at 11 a.m. at PoFolks Restaurant. The guest speaker will be Capt. Christopher Davis, Enterprise Fire Department, who will talk

about how individuals can prevent falls. All federal employees, active or retired, are invited to attend the lunch programs regularly scheduled at 11 a.m. every fourth Thursday at PoFolks. NARFE, the organization that supports the benefits of active and retired federal employees, schedules speakers to discuss these benefits and other information important to the membership. For more information, call 334-393-0492.

ONGOING — To help veterans and their families fight back from service-related injuries, the Professional Golfers' Association of America and the Veterans Administration have partnered up nationally to use golf as therapy. The national organization has a local chapter, PGA HOPE Wiregrass in Enterprise. The free program meets Mondays at 10 a.m. at Highland Oaks Golf Course. People who know veterans with servicerelated injuries, whether registered with the VA or not, can have them call PGA HOPE Wiregrass at 239-272-7086 or visit the chapter's Facebook page.

ONGOING — Enterprise Women's Day Class of Community Bible Study at First Baptist Church takes place Mondays from 10 a.m. to noon. The group will study the book of Isaiah. There is also a children's ministry available for infants through eighth grade. Home school credit is available. Community Bible Study is an interdenominational study. For more information and to preregister, call 494-2039 or visit http://enterprise. cbsclass.org/.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

JUNE 22 — Disabled American Veterans Chapter 99 will at 6 p.m. in the senior center located one block behind the old New Brockton Police station. Food and drink will be served followed by regular chapter business. The chapter extends an invitation to other veterans throughout the Wiregrass to join the organization. Officials request maximum member participation at this meeting for formal nominations for next years' positions of commander, senior and junior vice, and other positions. For more information, call 334-718-5707.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 706 McKinnon Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 334-406-6700.

OZARK

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

ONGOING — Every Monday through Friday, aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Call 774-2042 for more information.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING - Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — AMVETS Post 23 monthly meeting is held the second Thursday of each the month at 7 p.m. at the AMVETS Service Center, 203 MLK Dr., in Opp. For more information, call 334-493-0785 or visit www. amvetspost23.com.

Beyond Briefs

Palafox Market

Downtown Pensacola hosts its Palafox Market Saturdays from 9 a.m. to 2 p.m. Saturdays at Martin Luther King Plaza. Admission is free to the market that features fresh produce, live plants, baked goods, fine art, antiques and more. Items originate directly from onsite vendors who grow, make, or create the fruits, vegetables, herbs and art for sale, according to organizers. The event takes place rain or shine.

For more information, call 850-434-5371 or visit http://palafoxmarket.com/.

Disney's 'Mary Poppins'

The Alabama Shakespeare Festival in Montgomery will host its production of Disney's "Mary Poppins" July 5-30 at various times. According to festival officials, "Mary Poppins" showcases some of the most memorable songs ever sung on the silver screen or stage, including "Chim Chim Cher-ee," "Jolly Holiday," "A Spoonful of Sugar," and "Supercalifragilisticexpialidocious!" The production is recommended for ages four and up. Visit http://tickets.asf.net/single/PS-Detail.aspx?psn=11574 for show times and to purchase tickets. Ticket prices vary based on play, date and availability

For more information, call 334-271-5353 or asf.net/project/mary-poppins/.

World Championship Domino

Andalusia will host the World Championship Domino Tournament July 7-8 and the Kiwanis Fair Complex at 509 Third Street. Registration is at 6:30 a.m., game begins at 8 a.m. and sweepstakes drawings are at 7 p.m. Organizers expect more than 300 people to participate in the tournament for all ages. There will be more than \$20,000 in cash and trophies awarded.

Helen Keller Festival

The 39th annual Helen Keller Festival will be held June 22-25 in Tuscumbia. The event will kick off with a parade down Main Street and will also include musical artists, arts and crafts vendors, athletic events, and a car and truck show. Other events will include Keller Kids educational activities, historic tours and trolley rides.

For more information, visit http:// www.helenkellerfestival.com/.

USS ALABAMA living history History will come alive aboard the

USS Alabama when the ship's living history crew reports for duty June 24-

25 from 8 a.m. to 4 p.m. in Mobile. The historical re-enactors will portray life aboard the ship during WWII. They will wear some of the ship's original gear, conduct drills and even swab the deck. They will re-enact call to battle stations and simulate fighting enemy airplanes during the YAK attack using the restored 20mm and 40mm guns mounted on the deck. The Deep South Amateur Radio Club will also broadcast live from the ship during drill weekends. Admission is free for children 5 and younger, \$6 for children ages 6-11 and \$15 for ages 12

For more information, visit http:// www.ussalabama.com/.

Purdy Butterfly House

The Huntsville Botanical Garden's Purdy Butterfly House is open through Sept. 30 from 9 a.m. to 6 p.m. daily. The largest open air butterfly house in the country features butterflies in a kaleidoscope of colors, according to organizers. People can also see turtles sunning in the pond or digging in the dirt, and the Butterfly Discovery Cart helps visitors encounter even more wonder.

For more information, visit http://hsvbg.org/.

Blue Angels Practice People can observe the Blue Angels,

the U.S. Navy Flight Demonstration Squadron, practice most Tuesdays and Wednesdays between March and November at the National Naval Aviation Museum viewing area in Pensacola, Florida. Practices typically begin at 11:30 a.m. and last about an hour. The outside viewing area for the Blue Angels practice is located on the museum flight line north of the museum. Signs are posted to direct visitors to viewing and parking locations, including limited parking for handicapped visitors.

Open bleacher seating is available for 1,000 people. Chair service is provided at each practice session -chairs are available for a fee of \$3 per chair good for that day's practice session. Concessions and merchandise are also available, and there is a 100-percent ID check for all visitors 16 years old and over to access the museum flight line. Backpacks, daypacks, luggage and similar items are not allowed on the flight line. Small purses, bags containing medications, and diaper bags are allowed, but are subject to search by Naval Air Station Pensacola Security personnel.

Cancellations due to weather or maintenance are made at the team's discretion and may not be made until the morning of the practice.

For more information, visit http:// www.navalaviationmuseum.org/.

A CENTURY LATER

7 ways WWI still impacts today's Army

U.S. Center for Military History Staff Report

WASHINGTON — One hundred years after the U.S. entry into World War I, many of the logistics and strategies developed during that era still have an impact on Army operations today – including the use of the division as a stand-alone unit, the employment of tactical armored vehicles, and the use of aircraft on the battlefield.

Here are seven ways that the First World War still influences the Army today.

AIRPOWER

The major European armies possessed airplanes prior to August 1914, but no one believed they would play a major role during World War I. As with most technological advances in wartime, military aircraft proved to be a more vital tool in the war than anyone originally envisioned.

By mid-1915, European combatants sought to produce a new generation of superior warplanes every year. Aircraft development in the United States, however, remained stagnant because of limited funding and the Wright Brothers' efforts to monopolize the U.S Aviation industry.

The American Expeditionary Forces Air Service was airborne over the Western Front in early 1918, using French and British planes. The American pilots faced experienced opponents that were equipped with the most capable combat aircraft at that time - underscoring the necessity for the American forces to develop capable air resources of their own.

Today, an entire military service, the Air Force, is dedicated to airpower and, of course, there's the Army's Aviation Branch.

CHEMICAL WEAPONS

Extensive chemical operations had been in place on the Western Front since April 1915, using phosgene, chlorine, and mustard gas. Although the German Army was the first to use chemicals, all nations were soon using chemical weapons.

The United States, however, entered the war unprepared for this particular weapon. The U.S. Army and Marine Corps had to rely on French and British expertise for chemical training. doctrine, and materiel. The Army eventually established a separate Chemical Warfare Service to coordinate the offensive, defensive and supply problems inherent in chemical weapons.

Gas was responsible over a quarter of all American Expeditionary Forces casualties. While the U.S. military and most militaries no longer use chemical weapons in warfare in accordance with the Geneva Protocol, the Army's modern Chemical Corps still works to protect Soldiers against chemical and biological attacks.

COMMUNICATIONS

Electronic communication



COURTESY PHOTO

During World War I, American Soldiers used a small number of British and French caterpillar tracks armed with cannon and machine guns.

made tremendous advancements during World War I. Using transoceanic telegraph wires, American forces in Europe were able to maintain communication with their leaders back home.

American Signal Corps Soldiers built a large-scale communication network in France that included telephone and telegraph lines. In combat zones, telephone lines ran from divisional headquarters to the battalion level, and also between battalions. The Signal Corps used both earth telegraphy and field telephones.

Radio enabled air-to-air and air-to-ground communication for the first time. While much of this technology was initially limited, it created the first realtime communication network within a combat zone.

DIVISIONS

With the Army Service Regulations of 1914, the Army established the division as "a self-contained unit made up of all necessary arms and services, and complete in itself with every requirement for independent action incident to its operations."

The National Defense Act of 1916 called for permanent division headquarters in the Regular Army and National Guard. The summer of 1917 saw the creation of the first of these divisions, in response to the U.S. declaration of war in April of that year.

An American division in the First World War was organized in a "square" formation, consisting of two brigades, each with two infantry regiments, and any additional units (engineers, artillery, and signal) that the division needed to operate independently.

By Armistice Day, November 1918, the Army had fielded 63

infantry divisions, 43 of which had deployed to Europe.

DOCUMENTING COMBAT

During World War I, the Signal Corps undertook the mission to photograph military operations and collect photographs that would support a pictorial history of the war. In the AEF, the Signal Corps took about 35,000 still images and 900,000 feet of moving picture film.

The Signal Corps also served as the only archival repository for film images taken in France, and developed films and plates in Signal Corps facilities. Between the Army and civilians, over 400,000 images came out of the war. The Army War College became the home for this photographic archive in 1919.

THE 'G' SYSTEM

The American Expeditionary Forces General Headquarters was the first to implement what is now known as the "G" system in terms of its staff structure. The AEF General Staff was led by a chief of staff and divided into five sections. The sections were given a specific "G" designation: G-1 for administration, G-2 for intelligence, G-3 for operations, G-4 for coordination and G-5 for training.

The system was disseminated throughout the AEF and later incorporated into the U.S. Army General Staff in the early 1920s. It has remained the basis for the Army's staff structure since that time. It was the model for the "J" system for joint forces and the "S" system for staffs below the division level.

TANKS

After two years of stalemate on the Western Front, the Allies started searching for tech-

This graphic shows how logistics and strategies created in WWI still impact to-

nological solutions to break the deadlock. France and Britain independently began producing an armored chassis on caterpillar tracks, armed with cannon and machine guns that could break through German defensive lines. The British initially used a small number of these vehicles with limited results in September 1916.

The Germans developed countermeasures in time to blunt the first use of massed armor by the French in April 1917. Although these early tanks were mechanically unreliable, demand for additional vehicles remained high.

Neither French, American, nor British industry could supply vehicles in large numbers. Only a limited number of tanks were available for American use in late 1918. The Armor Branch was eventually created in 1940 to oversee this vital component of Army equipment. Armored vehicles remain a central part of the Army today.

Security Clearance Denied/Revoked?

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www.SecurityClearanceDefenseLawyer.com

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Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions 9 a.m. Catholic Mass 11 a.m. Collective Protestant 12:05 p.m. Catholic Mass (Tuesday-Friday) 4 p.m. Catholic Confessions (Saturday)

5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036 9:30 a.m. Protestant

9:30 a.m. Protestant Sunday School 10:45 a.m. Latter-Day Saints 10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)

11 p.m. Eckankar Study (4th Sunday) Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAYS

Crossroads Discipleship Study (Meal/Bible Study) Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel Wings Chapel,

9 a.m. and 6 p.m.

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F-150 shown without standard antenna.





FIELD TRIAGE

Army testing potentially lifesaving foam device

See Briefs on Page D3

JUNE 22, 2017

ULTIMATE LESSON

AIT Warrior Challenge builds, tests Soldiers' teamwork

By Nathan PfauArmy Flier Staff Writer

From early on, Soldiers are taught that they are only as good as their fellow Soldiers, and one group of advanced individual training Soldiers got the chance to put that to the test.

Nearly 30 Soldiers in nine teams of three got the chance to compete in the A Company, 1st Battalion, 13th Aviation Regiment, AIT Warrior Challenge on West Beach at Lake Tholocco Saturday, which had teams mixing Soldier skills with physical tasks to test their mettle and promote teamwork to work toward a common goal, according to Capt. Jacen Lanclos, company commander.

"This is a good team-building event for the Soldiers," he said. "This is kind of their first opportunity in the military to work as a team. In basic training it's about you making those basic Soldier tasks. This is about teamwork."

The winning team for this quarter's competition was Team Yellow, which consisted of Pvts. Isiah Williams and Camillo Loyuk, and Pfc. Tyler Meche, who were each presented a battalion coin and certificate of achievement by Lt. Col. Kevin McHugh, 1-13th Avn. Regt. commander.

"This Saturday you guys did very, very well," said the battalion commander. "What you do right now is to ensure team excellence in everything that you do. When we see excellence and see Soldiers who are striving to do great things, this is a small token of appreciation in recognition of their accomplishment."

Throughout the competition, competitors started with an early morning, 6-1/2-mile road march while carrying 25-pound ruck-sacks, as well as a 35-pound sand bag shared between the team. As they traversed the road-march course, there were six check-points each team had to stop at and perform a land-navigation event.

In order to complete the road march in the quickest time, the Soldier competitors had to work together, as well as share the load of the 35-pound sand bag.

"What that does is if you've



PHOTOS BY NATHAN PFAU

Soldiers of A Co., 1-13th Avn. Regt., dive into the waters of Lake Tholocco as they take on the 300-meter swim portion of the AIT Warrior Challenge Saturday.

got a team with a weak link, the strong person might have to carry that sand bag a little further, but just like with everything, you can't carry all the weight yourself," said Lanclos. "If you're tired and you're smoked, you don't want to carry that sandbag, but you've got to look at your battle buddy who's suffering carrying it and say, 'I'll take my turn.' That's ultimately how you can be the fastest team, by sharing the weight."

Following the road march, team members competed in three individual triathlon-style events, which included a 6-1/2-mile bike ride, 3-mile run and 300-meter swim, and although the Soldiers were meant to compete individually, it was still about the team, said Staff Sgt. Jeffrey Frasher, A Co., 1-13th Avn. Regt. platoon sergeant and coordinator for the

"Even though they were individual events, they were still competing for their team," he said. "There were four graded



AIT Warrior Challenge winners Pvt. Camillo Loyuk, Pfc. Tyler Meche and Pvt. Isiah Williams set off on the road march portion of the competition.

events – one team event and three individual – but they all counted towards a team score."

The team mentality is what helps drive the Soldiers to push through the events, even when they might feel the need to give up, added Lanclos.

"If you're doing the running leg and you're running that 3 miles, and, as an individual, you're tired," said the company commander. "If it was just about you, you might quit. But you're out there and you know that your teammate might be struggling in the water – are they going to quit? No. Knowing that,



Soldier competitors of A Co., 1-13th Avn. Regt., set out on a 6-1/2-mile bike ride during the AIT Warrior Challenge.

that drives you."

Working as a team is the ultimate lesson for the Soldiers to learn, he said, but furthermore, it's for Soldiers to strive for excellence.

Although the competitors were all volunteers, only those who represented the unit in the highest of standards were allowed to compete.

"Soldiers who compete must be

at the top of their game and can't be facing any adverse action, failing any classes or have any strikes against them," said Lanclos. "It's important that when we recognize somebody, [that recognition] should go to the Soldiers who are doing the right thing day in and day out. The rest of the formation sees those who are being rewarded and then they want to be that person."

SAAM residents graduate aerospace medicine program

By Jenny Stripling *Lyster Public Affairs Officer*

The School of Army Aviation Medicine welcomed the first five residents to the aerospace medicine program in September 2015. This year, those five residents successfully graduated the program.

The residents who graduated June 14 are Maj. Jason MacDonnell, Maj. Albert Lee, Maj. Sonya Heidt, Maj. Scott Cygan and Maj. Courtney Hayes.

Maj. Gen. Brian Lein, U.S. Army Medical Department Center and School commanding general, presented the certificates of completion to the residents and offered advice.

"To be good is not enough when you dream of being great," said Lein. "In the Army we have a history of naming our hospitals and clinics after people who were not satisfied with good enough. My challenge to you is to make your mark. Where are you going to be great? You will take your expertise in aerospace medicine and fix the challenges we face now and in the future."

Most of the experience previous to the aerospace medicine program was Air Force-centric or Navy-centric programs, designed to develop their professionals in aerospace medicine, and not necessarily the operational



PHOTO BY JENNY STRIPLIN

The first five residents to the aerospace medicine program graduated June 14 in a ceremony at the U.S. Army Aviation Museum. Maj. Gen. Brian Lein (center), commanding general of the Army Medicine Department Center and School presented the graduates with their certificates: Majs. Scott Cygan, Albert Lee, Jason MacDonnell and Sonya Heidt. Not pictured: Maj. Courtney Hayes.

needs of the Army. Bringing the program to Fort Rucker exposed residents on a daily basis to Army Aviation and helped them learn exact medical capability and integration needed at combat Aviation brigades.

The graduates are ready and eager to make a difference after their residency, and Heidt said she felt they all received the best preparation and training.

"It feels great," said Heidt. "This residency is the only true Army residency that prepares us to be operational medicine physicians. The training equips us with knowledge and skills to improve Army readiness at the unit level. Training at the home of Army Aviation will set us up for success in future assignments."



ARMY PHO

Col. Richard Malish, USAARL commander, receives a demonstration of USAARL's new rapid decompression chamber.

USAARL simulates aircraft rapid decompression

By Catherine Davis

U.S. Army Aeromedical Research Laboratory Public Affairs

The U.S. Army Aeromedical Research Laboratory's Airworthiness Certification and Evaluation Division is the U.S. Army's center of excellence for providing a joint test, evaluation and certification program focused on carry-on medical equipment used by military health care providers during aeromedical evacuation transport of wounded warfighters and Soldiers from the battlefield to more definitive healthcare.

As part of expanding USAARL's airworthiness testing capability, the ACE Division can now test an in-flight emergency by simulating, in a static chamber,

SEE USAARL, PAGE D3

OUR STORY SOFAR...











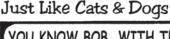


OPEN UP THORNE'S CELL, I'M NOT LEAVING WITHOUT HIM.









by Dave T. Phipps



HOLLYWOOD Super Crossword HEDGING 49 Riddle, part 3 94 Stock debut, 88 — au vin 5 "I love," to 44 Overdue for short Ovid debt (chicken 45 Social 95 "Oh, uh-huh" 6 Frat "T' dish) 96 Spanish for 7 Pipe fitting reformer 89 Shar "other" 8 Give a boost Jacob (wrinkly **50** Frat "O" 97 End of the 9 Chaos dogs) 10 Pond coating 51 Loutish sort 90 Russia's riddle 103 "Bill" penner **11** Sea-**52** Endurance Trotsky Jerome Airport 53 Opposite of 91 Pleasant 104 Butterlike 12 "- little chaos 92 Manicure 54 Water nymph product teapot .. boards 105 — -di-dah 13 Cold Italian of myth 93 Yellowish 106 Stir-fry tidbit

19 27-Across' continent 58 Times of 20 Elder Obama

1 Really dislike

athletic group

5 First-string

10 Black mark

16 Suffix with

fiend

ACROSS

daughter 62 Informal 21 Approached to assail name for Utah 22 Bakery treat 65 Easter 23 Start of a entrées 67 Many truck

riddle 26 Carte or mode lead-in

27 Seoul's land 28 Engine 70 Riddle, part 4 73 Beer in Bath sound 29 Also include 74 Gucci or 30 Erfurt article

76 "That's all 31 Spider-Man co-creator 34 Declares, 77 Trials by informally

35 Spread of puréed liver 37 Wish for 38 Riddle, part 2

ruler 46 Very regretful 47 Pretense

48 Lew of "State

Fair

19

23

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79

103

111

115

123

127

92

93

42 Romanov

79 "Hey, you there' 80 Suffix with switch 82 Brand of hair

55 Jewish

56 Give -

holiday in

the back

57 Pop singer

Bareilles

distinction

engines

Armani rival

there is -

fire

69 Farrow of

films

on

spring

remover 84 Prefix with tasking 86 Riddle, part 5

kangaroo

20

32

46

63

98

104

124

128

86 87

("Try!") 91 Moved like a

39

DOWN 1 Pro-war sorts 2 "Give it —!"

111 Meyers or

Onassis

112 Leave agape

113 Sun. church

115 Giant in pens

answer

124 Fighting spirit

126 Inert element

league team

123 Feline sign

125 Old major-

127 N.J. hours

talk

114 Sphere

116 Riddle's

3 Triple crown

128 Elmo's street **129** "10" star Bo 130 Darns, e.g.

4 Worn (away)

65

88

113

82

100 101

105

76

117 118

desserts 14 Actor Karl 15 Very little

16 Apple debut of 2013 17 Quiet 18 Brick floors of fireplaces

24 Young cow 25 Aniseflavored liaueur 32 Italian money

33 Adequate, to Li'l Abner 34 Waffle pour-on 35 Painter Pablo

36 Allstate rival 37 "Indubitably!" 39 Counteract 40 Dirt Devil, e.g., for short

41 — -Mart 42 Phone bug 43 Crams, e.g.

40

66

59 Portion out anew 60 Sports VIP 61 Louisville-to-

Atlanta dir. 63 Houston college, for short **64** "If — Would

Leave You" 66 Silver or gold 108 Check 68 Rival 69 Sports VIP 72 What the

weary get, in a saying 75 Walk over 78 Sedan, say 81 Of sheep 83 From Cork,

85 "— perfect world ... 87 Fourth of a fiscal yr.

48

68

106

119 120 121 122

78

e.g.

fruit 98 Red-eyed

sparrow 99 Tips off 100 "-- 's Gold" (1997 film)

101 Part of ERA **102** Usual 107 Takes off the bottle

recipient 109 Ulna's end 71 Go as low as 110 Prayer ends

112 PIN points 113 Pal of Hook

117 11-Down guess, briefly 118 Wood for dartboards

119 Hack down 120 "World Cafe" airer 121 Female

koala 122 "Fire away!"

22

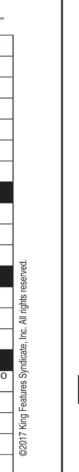
26

59

107 | 108

126

130



See Page D3 for this week's answers.

125

129

Rodriguez 1. FOOD & DRINK: What kind of flour primarily is used to make pumpernickel bread? 2. LANGUAGE: What does the Latin phrase "bona fide" mean? 3. MATH: Which Arabic number

doesn't have its own Roman numeral? 4. ART: What French Romantic artist painted "Liberty Leading the People"? 5. FAMOUS QUOTATIONS: What 19th-century naturalist once said, "The clearest way into the Universe is through a forest wilderness"?

6. LAW: Which amendment to the U.S. Constitution abolished slavery?

7. ASTRONOMY: Which planet in our solar system has an average temperature of 462 degrees Celsius?

8. GEOGRAPHY: In what ancient city were The Hanging Gardens, one of the Seven Wonders of the World, said to have been built?

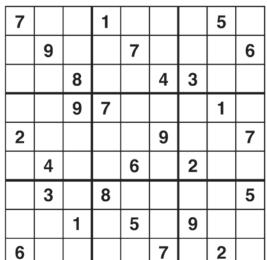
9. COMICS: What planet is Superman from?

10. GENERAL KNOWLEDGE: What is the name of the dry wind that blows through Southern California and Baja California?

See Page D3 for this week's answers.

Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

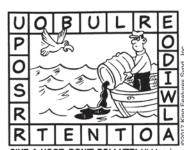
DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging

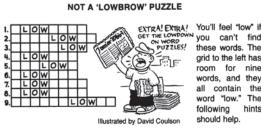
♦ ♦ ♦ HOO BOY! © 2017 King Features Synd., Inc.

See Page D3 for this week's answers.

KID'S CORNE



the above frame is a famous old saying. You can find it by reading every other letter as you go around it clockwise. The trick is finding the right first letter.



you can't find these words. The grid to the left has room for nine words, and they all contain the word "low." The following hints

A braggart or boaster.

8. Often seen on summer nights right, we've removed six of the letters to spell out the word O E Α D

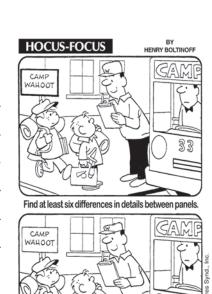
2. A very famous sailing ship. 3. A small house or cottage. A jungle weapon. 5. Old church organs had them. Leads a team of farm animals.

9. Related to cabbage and broccoli.



message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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AL 2. SIVE

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GIVE A HOOT, DON'T POLLUTE! Hidden in

Answer: Starting with the "P" in the left-hand rail: "Pour oil on troubled waters."

DOODLE PICS! The two pictures shown here are graphic A E representations of familiar words, phrases or names. You DUMR have one minute to identify both. ers: 1. Bermuda Triangle. 2. Ring and run. FIND THE SEVEN WORDS PUZZLE! In the word square at the D

"DOCKED." See if you can replace these letters in the squares so that you will have four three-letter words across and three K four-letter words down. The time limit is 60 seconds. Answers: (Across) Kid, ace, yea, odd. (Down) Kayo, iced, dead.



Blowpoke, S. Mayflower, 3. Bur Blowgun, 5. Bellows, 6. Pl Slowpoke, 8. Glowworm, 9. Caul

One who doesn't work fast.

Army testing potentially lifesaving foam device

By Ellen Crown U.S. Army Medical Materiel Agency Public Affairs

WASHINGTON — The U.S. Army Medical Materiel Agency, a subordinate organization of the U.S. Army Medical Research and Materiel Command, is supporting a pivotal clinical trial to test the safety and effectiveness of a self-expanding foam device that would stop massive intracavitary abdominal bleeding.

The device received an Investigational Device Exemption in early 2017 from the U.S. Food and Drug Administration. Throughout the next year, the device developer will select the clinical trial sites and complete pre-study approvals. The U.S. Army Medical Materiel Development Activity, which is also part of USAMRMC, will provide regulatory support for the project. The anticipated start date of



Select second-year medical students at the Uniformed Services University of the Health Sciences F. Edward Hebert School of Medicine participate in the Advanced Combat Medical Experience Teacher Assistant Course.

the pivotal clinical trial is 2018.

"Right now, we are looking at this device as a potential stopgap for patients awaiting surgical care," said Leigh Anne Alexander, USAMMA product manager. "This is not going to repair the

injury but it could be a 'bridge to surgery,' keeping the patient alive long enough to give them a fighting chance at survival."

The device resembles a caulk gun that contains expandable foam designed to be injected into a patient by a trauma surgeon. The injector allows two separate chemicals to mix, causing the product's material to rapidly expand inside the abdomen to about 35 times its original volume. The foam is designed to expand around the patient's internal organs to stop bleeding and can be left inside the patient for up to three hours.

Army Medicine is focused on identifying and transitioning solutions currently in research and development that reduce the number of hemorrhage deaths in the military. Exsanguination, or bleeding to death, remains the most common cause of potentially survivable death to wounded warfighters.

A study published in the Journal of Trauma and Acute Care Surgery in 2012 reviewed nearly 5,000 battlefield fatalities from 2001-2011, categorizing them into two groups: non-survivable

and potentially survivable. Of those that were considered potentially survivable deaths, more than 90 percent were related to hemorrhage. Of those deaths, more than 67 percent were related to truncal (trunk of the body) hemorrhage.

The wound stasis program from which this study derives began in 2010 at the Defense Advanced Research Project Agency. Under that program, DARPA collaborated with a private vendor, along with the Massachusetts General Hospital and the Harvard Medical School, to develop a novel, self-expanding polyurethane foam that rapidly compresses major abdominal bleeding due to trauma. The project transitioned to the Army in 2015 after promising animal study results.

"We are optimistic that this study will provide meaningful data and pave the way for future research," Alexander said.

TRICARE advises on disposing of unwanted, expired medications

TRICARE.mil

Staff Report

FALLS CHURCH, Va. — Many service members and their families are gearing up to move this summer as peak moving season runs May through August each

As you organize your house and belongings to prepare for your move, one area of your home you shouldn't overlook is your medicine cabinet. Now is the perfect time to get rid of items that are expired or no longer needed.

With the Military Health System Drug Take Back program, you can safely and easily dispose of unwanted and expired medications at U.S. military pharmacies.

TWO OPTIONS FOR SAFE DRUG **DISPOSAL**

There are two free options for beneficiaries to dispose of their prescription and over-the-counter drugs safely.

Drop off old or expired drugs in secure collection boxes at military pharmacies. Send them by mail in a special envelope available at the military pharmacy.

To find out which Drug Tack Back option your pharmacy has, contact your military hospital or clinic.

ACCEPTED, NON-ACCEPTED DRUGS

As you go through your medicine cabinet, you'll want to know what the pharmacy accepts and what they don't. Accepted drugs through the Drug Take Back program in-

- · Prescription and over-the-counter drugs;
- Pills, tablets, capsules;
- Ointments;
- Creams;
- Lotions;
- · Powders; and
- Liquid medicines no more than 4

For other items you want to toss, dispose of them properly by following other safe disposal options. The Environmental Protection Agency and U.S. Food and Drug Administration provides guidance for how to dispose of items not accepted through military pharmacies.

BENEFITS OF SAFE DRUG DISPOSAL

Removing medications from your home helps prevent accidental drug misuse and drug abuse by family members and visitors to your home. More than 60,000 children in the U.S. go to the emergency room every year for accidentally swallowing medica-



tions. More than 70 percent of prescription drug abuse involves drugs obtained from a friend or relative. Getting rid of unused drugs keeps them out of the hands of children and others. The National Institute on Drug Abuse provides more drug facts at https://www.drugabuse.gov/publications/ drugfacts/prescription-over-counter-medications.

Another important reason for practicing safe drug disposal is that it reduces the amount of chemicals that can get into the environment. Flushing unused drugs down the toilet may seem like a safe and easy solution, but it's not encouraged. Unwanted drugs can get into drinking water systems and landfills if not disposed of properly.

Practicing good drug disposal habits benefits you, your family and your community. If your medicine cabinet is full of expired or unneeded drugs, participate in a Drug Take Back option near you. While moving season is an easy time to do it, you can safely dispose of unwanted drugs year round.

For more information on how to safely dispose of drugs through the Drug Take Back program, visit the TRICARE website at https://tricare.mil/drugtakeback.

Continued from Page D1

an abrupt change in cabin pressurization, or rapid decompression, from 8,000 to 45,000 feet. Rapid decompression is often caused by a sudden rupture in the aircraft fuselage, loss of a window, or cargo door separation.

"The decompression chamber was designed and developed by USAARL's skilled engineers and machinists," said David Jones, ACE Division chief. "This inhouse effort will reduce test time and costs of future carry-on medical airworthiness certification programs."

The new chamber is among several other in-house testing platforms including an altitude chamber, a blowing rain chamber (also developed by USAARL engineers and machinist), and climatic chambers.

Medical carry-on devices must pass rigorous airworthiness testing in accordance with the Joint En route Care Equipment Test Standard-Revision 1 to ensure that the equipment continues to perform to the manufacturer's specifications while exposed to the harsh en route care environments, promoting the safe interaction among the medical equip-

ment, patients, aircrew and the aircraft.

Since 2012, JECETS has become widely accepted and recognized as the joint service standard for testing medical carry-on items for use aboard U.S. Army rotarywing helicopters and U.S. Air Force fixed-wing aircraft.

FORT RUCKER SPORTS B

Fort Rucker's physical fitness centers hosts Beach Body Bingo through June 30. People have until then to get a bingo on their card. The rules and cards will be available at the front desk of the PFCs.

For more information, call the Fortenberry-Colton PFC at 255-3794 or the Fort Rucker PFC at 255-

Army Birthday Golf Tournament

Silver Wings Golf Course will host its Fort Rucker Army Birthday Golf Tournament Saturday. The format is four-person team scramble. Registration, a continental breakfast and range open at 7 a.m. Announcements will be at 7:45 a.m. and a shotgun start at 8 a.m. Entry fee is \$45 for non-members and \$35 for members. Entry fee includes tournament course fees, range balls, tee gifts, tournament meals and prizes.

Fort Rucker Triathlon

The Fort Rucker Triathlon will be Saturday at West Beach, Lake Tholocco. Race day registration begins at 6 a.m. and the triathlon starts at 7 a.m. Participants are encouraged to register at either physical fitness center

For more information, call 255-0089.

or MWR Central. The cost for individuals is \$40 until Friday and \$50 on race day. The cost for relay teams up to three people - is \$70 until Friday and \$80 on race day. T-shirts will be available while supplies last. Cash prizes will be awarded to the top overall finishers and the top relay team. The swim portion is .25 miles, the bike portion is 10.6 miles and the run is 3.1 miles. The event will be open to the public.

For more information, call 255-2296 or 255-2997.

Fort Rucker Hunting Incentive Program

Fort Rucker Outdoor Recreation offers a hunting incentive program to help control the covote and feral pig population on post. The program is targeted to controlling these invasive species. The hunting runs through Aug. 31. The first five registered hunters who kill five covotes or 20 hogs and turn them in will be given a doe tag for deer season. In order to get credit for the kill and have it count towards the incentive, hunters must be signed into Hunt-Trac, so their location is known and can be verified. Hunters will be allowed to email pictures in after hours to outdoor recreation with the hunter and the harvest killed in front of one of the weigh stations. Hunters on post are required to have an Alabama State Hunting Permit, a post hunting percourse. Hunting on Fort Rucker is open to the public. For additional information on how to participate. including the email addresses for emailing the photos,

Deep sea fishing private charter

MWR Central is giving people the chance to kick off red snapper season on its private charter deep sea fishing trip Saturday. The private charter is a 45-foot walk-around boat that heads out for a six-hour trip. The cost of the trip is \$175 per person, and includes transportation, bait, rod, reel, fishing license, fish cleaning and tip. Organizers recommend people bring a small cooler with drinks and snacks - no glass. The bus departs from Fort Rucker at 2 a.m. - time subject to change based on fishing conditions.

To register, call 255-2997 or 255-4305.

Independence Day Golf Tournament

Silver Wings Golf Course will host it Independence Day Golf Tournament July 4. The format is four-person team scramble. Registration, a continental breakfast and range open at 7 a.m. Announcements will be at 7:45 a.m. and there will be an 8 a.m. shotgun start

Entry fee is \$45 for non-members and \$35 for members. Entry fee includes tournament course fees, range balls, tee gifts, tournament meals and prizes. The tourney is open to the public.

For more information, call 255-0089.

Youth football, cheerleading, soccer registration

Registration for youth football, cheerleading and soccer runs through July 31. Practices will begin Aug. 2. A parents meeting will be Aug. 1 at 6 p.m. at the youth center, Bldg. 2800. Age groups for football are 9-10 and 11-12 - cost is \$65 per child. Age groups for cheerleading are 8-9 and 10-11 – cost is \$45 per child. Two mascots for each age group, ages 4-5 and ages 6-7 – cost is \$25 per child. Soccer practices will begin Aug. 7 – cost is \$25 for ages 4-5 and \$45 for ages 6-13. Evaluations will be held Aug. 7 for ages 8 and up, if necessary, at the youth Center. There will be a parent's meeting will be Aug. 1 at 6 p.m. at the youth center. To register, children must be a child and youth services member and have a current sports physical.

Also, prospective coaches are needed. Those who are interested in coaching can call 255-0950 or 255-2254 for more information.

For more information, call 255-2257 or 225-9638.

Super Crossword.

Answers

Weekly SUDOKU —

Answer

2	6	1	8	3	4	5	9
9	3	5	7	2	1	8	6
1	8	6	9	4	3	7	2
6	9	7	2	8	5	1	4
8	5	4	1	9	6	3	7
4	7	3	6	5	2	9	8
3	2	8	4	1	7	6	5
7	1	2	5	6	9	4	3
5	4	9	3	7	8	2	1
	9 1 6 8 4 3 7	9 3 1 8 6 9 8 5 4 7 3 2 7 1	9 3 5 1 8 6 6 9 7 8 5 4 4 7 3 3 2 8 7 1 2	9 3 5 7 1 8 6 9 6 9 7 2 8 5 4 1 4 7 3 6 3 2 8 4 7 1 2 5	9 3 5 7 2 1 8 6 9 4 6 9 7 2 8 8 5 4 1 9 4 7 3 6 5 3 2 8 4 1 7 1 2 5 6	9 3 5 7 2 1 1 8 6 9 4 3 6 9 7 2 8 5 8 5 4 1 9 6 4 7 3 6 5 2 3 2 8 4 1 7 7 1 2 5 6 9	9 3 5 7 2 1 8 1 8 6 9 4 3 7 6 9 7 2 8 5 1 8 5 4 1 9 6 3 4 7 3 6 5 2 9 3 2 8 4 1 7 6 7 1 2 5 6 9 4

Answers

- 1. Rye
- 2. In good faith
- 3. Zero 4. Eugene Delacroix
- 5. John Muir 6. Thirteenth Amendment
- 7. Venus 8. Babylon
- 9. Krypton
- 10. Santa Ana winds



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