

387 YEARS
14 Soldiers, 2 civilians
retire at quarterly
ceremony



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Event delivers music,
dancing, shopping, fun



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YOUTH SPORTS
Registration open,
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ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

JANUARY 26, 2017

AIRCRAFT INAUGURATION

ATSCOM christens new, state-of-the-art C-12S

By Nathan Pfau
Army Flier Staff Writer

While Washington was hosting the presidential inauguration to welcome the new commander in chief, Air Traffic Services Command held an inauguration of its own to welcome the newest addition to its fleet.

ATSCOM welcomed and christened its new C-12S airplane while bidding farewell to its predecessor, a JC-12D airplane, during an aircraft inauguration ceremony, said Col. Michael E. Demirjian, ATSCOM commander.

"It is fitting that on the same day that we retire the oldest C-12 in the Army inventory, we christen the newest," Demirjian said. "Tail No. 277 is the latest and most modern C-12 in the United States Army, and after being designated a C-12 Sierra, it's the only one in the Army inventory."

"Today, we bid farewell to a trusted and well-traveled companion, and welcome to our team a modern, new edition, which will enhance and increase our capabilities,

and redefine our mission-essential tasks," said CW5 Doug Savell, ATSCOM Standardization and Certification chief and Federal Aviation Administration flight inspection pilot.

The new C-12 was a commercial, off-the-shelf acquisition coordinated by the Fixed Wing Program Management Office, U.S. Forces Command and the FAA, according to Demirjian, and is a fully deployable aircraft capable of supporting the war fighter with the latest aircraft survivability equipment.

"Aircraft 277 has an extended range of over 2,300 miles, is capable of flights in excess of eight hours, and, for those of you who follow Air Traffic Control, you know there have been a lot of changes, and as such this aircraft has the latest in next-generation flight inspection equipment and software to meet those changes — this aircraft is state-of-the-art," said the colonel. "It's equipped with sophisticated, modern electronic flight devices and avionics, and this aircraft has all the requirements it needs to remain in service as long as (JC-12D)," which remained in service for more than 30 years.

The older aircraft supported missions throughout the contiguous U.S., Alaska



PHOTO BY NATHAN PFAU

Kathy Roland, wife of CW5 Joseph B. Roland, chief warrant officer of the Aviation Branch, christens the newly acquired C-12S aircraft with the help of Col. Michael E. Demirjian, ATSCOM commander, during a ceremony at Cairns Army Airfield Friday.

and Panama, and has flown more than 14,500 incident-free hours in support of Department of Defense and FAA inspection missions, ATSCOM quality and assurance, Aviation Resource Management service inspections, and aircrew member training and evaluations, said Savell, add-

ing that her call sign has been in use for over 30 years and is recognized by every U.S. Army and DOD facility throughout the U.S.

"(Her) final mission will be next week

SEE AIRCRAFT, PAGE A5



CELEBRATING DIVERSITY

PHOTO BY NATHAN PFAU

Deborah and Michaiiah Smoots, military family members, perform during the Black History Month kickoff celebration at the post exchange last year. This year's celebration kicks off Feb. 3 at 11:30 a.m. at the post exchange. For more, see Page A3.

BROKEN WING

Aviator's extraordinary actions earn award

By Lori Yerdon
U.S. Army Combat
Readiness Center

Many Aviators have said that the U.S. Army Broken Wing Award is not a highly-coveted accolade that most seek.

CW2 Brandon M. Cumens, an AH-64D Longbow Apache instructor pilot assigned to D Company, 1st Battalion, 14th Aviation Regiment, is no exception. However, for his actions during a single engine failure while conducting live fire operations with a student pilot, Cumens received the Broken Wing award Jan. 5.

During the U.S. Army Combat Readiness Center's quarterly town hall, Brig. Gen. Jeffrey A. Farnsworth, Headquarters Department of the Army, Director of Army Safety and USACRC commanding general, and Command Sgt. Maj. Terry D. Burton presented Cumens with the award.

"The whole incident only lasted a few seconds," Cumens said. "In a training environment, at an OGE (Out of Ground Effect) hover, it's something that we practice quite often. My actions were instinctive."

Col. Kelly E. Hines, 110th Aviation Brigade commander, touted



PHOTO BY LUIS MARTINEZ

Brig. Gen. Jeff A. Farnsworth, Headquarters Department of the Army, Director of Army Safety and USACRC commanding general, presents CW2 Brandon M. Cumens, an AH-64D Longbow Apache instructor pilot assigned to D Co., 1-14th Avn. Regt., with the U.S. Army Broken Wing award during a ceremony Jan. 5.

Cumens' actions as those of a senior, seasoned Aviator.

"It's great to see a pilot's training come out ... he didn't have to think about it because he didn't have time to be scared," Hines said. "He reacted to the emergency and put the aircraft safely on the ground. There are senior W5s (chief warrant officer 5s) that couldn't have done it any better."

During the presentation, Rae McInnis, director of Accident Investigations, Reporting and Tracking, USACRC, explained the criteria for earning a Broken Wing Award.

"This award is presented to an Aviator that has demonstrated a high-degree of professional skill while recovering from an in-flight

SEE AWARD, PAGE A5

USAACE hosts refuel/defuel 'Industry Day'

By Kelly P. Morris
USAACE Public Affairs

The US Army Aviation Center of Excellence hosted commercial business representatives at Fort Rucker for an "Industry Day" event to provide information about refuel/defuel service requirements to support Aviation training here Jan. 18.

Representatives from more than 15 companies attended the event, which included a USAACE and Fort Rucker overview briefing, a "windshield" tour of operations at two Army airfields and one stage field and a question and answer session.

USAACE Senior Executive Serviceman Russell B. Hall, deputy to the commanding general, welcomed participants during his opening remarks at Ford Hall.

"It's a cost to you, to your companies to commit to do things, and to write contracts, and I want to thank you for your endeavors to support our national defense and our Army," he said.

Hall said the Fort Rucker mission of training Army aviators is "critical to our nation."

"Without those integral fuel operations, we can't do anything," Hall said. "We're looking for competition, looking for good, innovative ways to improve. That's how we make our Army and our country better."

Hall also emphasized best value and not just the lowest bid that is technically feasible.

Aviation training at Fort Rucker is projected to ramp-up in the next few years with increased student throughput, Hall said.

The solicitation for proposals for the refuel/defuel services contract for Aviation training at Fort Rucker is expected to be issued in June, with bid proposals due to the Army's Mission and Installation Contracting Command staff at Fort Eustis, Va. in July. The contract is expected to be awarded in October.

"We anticipate a firm fixed price contact, single award, and the duration will be up to seven years, with one base

SEE INDUSTRY, PAGE A5



PHOTO BY KELLY P. MORRIS

Senior Executive Serviceman Russell B. Hall, deputy to the commanding general, welcomes industry representatives to Fort Rucker at an Industry Day event for the Refuel/Defuel Contract Jan. 18.

PERSPECTIVE

BE VIGILANT

CID advises on romance scams, scammers impersonating Soldiers

By U.S. Army Criminal Investigation Command
Public Affairs Office

WASHINGTON – In today's digital age, when most individuals communicate regularly with family and friends over social media platforms, one should always be aware that online predators and scammers are lurking on those same platforms, actively stalking their next unsuspecting victims.

Now that the holidays are over and Valentine's Day is fast approaching, special agents with the Army Criminal Investigation Command, also known as CID, are anticipating a different type of holiday frenzy – an increase in romance scam reports.

The scam involves an online scammer tricking a victim into believing he or she is in a relationship with an American Soldier and then hustling the victim out of his or her money.

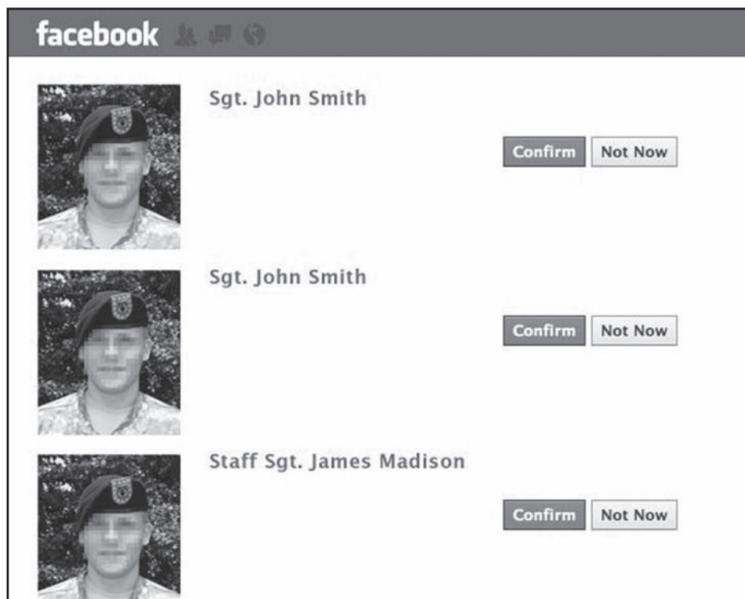
"These perpetrators are definitely not American Soldiers, but they are quite familiar with American culture," said Chris Grey, Army CID spokesperson. "The criminals, often from other countries, most notably from west African countries, are pretending to be U.S. Soldiers serving in a combat zone or other overseas locations."

According to Grey, perpetrators take on the online persona of a U.S. Soldier, marry the persona with photographs of a Soldier off the Internet, and then begin prowling the web for victims. The Soldier's rank and other details are often included in an effort to lend credence to the scammer's story.

The Army reports that several senior officers and enlisted Soldiers throughout the Army have had their identities stolen and used in these scams.

To date, Army CID has received no reports indicating a Soldier has been criminally involved or suffered financial loss as a result of these attacks. But victims of these scams have reported losing thousands of dollars. One victim went so far as to refinance her house to help out her new online beau. In the end, she lost more than \$70,000.

According to romancescam.org, the scammers set up fake social media accounts and dating site profiles with pictures suggesting



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that they are from the U.S. The scammers then portray themselves as caring and loving individuals looking for a soul mate.

Once the victim is on the hook, the scammer attempts to persuade the victim to provide financial support to deal with a crisis or send money on some other pretext.

Scammers will communicate carefully worded romantic requests for money to purchase computers, international telephones, or pay transportation fees – always to be used by the fictitious deployed Soldier, so the relationship can continue.

They ask the victim to send money, often thousands of dollars at a time, to a third party address. Grey said he gets calls every week from victims of these kinds of scams.

"It is very troubling to hear these stories over and over again of people who have sent thousands of dollars to someone they have never met," Grey said. "We cannot stress enough that people need to stop sending money to persons they meet on the Internet [who] claim to be in the U.S. military."

In addition to the romance scams, CID has received complaints from citizens worldwide who have been the victims of other types of scams in which cyber-crooks

impersonated U.S. service members.

In one version, the scammer poses as a service member who is moving overseas and must quickly sell his or her vehicle. After providing bogus information about the vehicle, the scammer requests the buyer make a wire transfer to a third party to complete the purchase. Once the wire transfer is done, the scammer leaves the buyer high and dry, with no vehicle.

"Another critical issue," Grey said, "is we don't want victims walking away and thinking that a U.S. Soldier has ripped them off, when in fact that Soldier is honorably serving his or her country and often not even aware that his pictures or identity have been stolen."

TIPS FOR IDENTIFYING, DEALING WITH ONLINE SCAMMERS

-- Don't ever send money! Be extremely suspicious if you are asked for money for transportation costs, communication fees or marriage processing and medical fees.

-- If you do start an online relationship with someone claiming to be a service member, check the person out. Research the details of the person's story with some-

one who would know, such as a current or former service member.

-- Be suspicious if the person claims he cannot speak to you on the phone or communicate with you through letters in the mail. Service members serving overseas will often have an APO or FPO mailing address. Whether or not they have access to the internet, service members always appreciate a letter in the mail.

-- A member of the military member will have an email address ending in ".mil." If the person you are speaking with cannot send you at least one email from a ".mil" email address, then there is a high probability the person is not in the military.

The U.S. has already established numerous task force organizations to deal with these kinds of scams and other issues. Unfortunately, law enforcement's ability to identify these perpetrators is limited.

The criminals who perpetrate these scams use untraceable email addresses on Gmail, Yahoo, Hotmail, etc., routing accounts through numerous locations around the world, and using pay-per-hour Internet cyber cafes, which often times maintain no accountability of use. So it is up to individuals to stay on the alert and exercise caution to protect themselves.

If you suspect that you may be a victim, contact the authorities as soon as possible and immediately cease all correspondence with the suspected scammer.

WHERE TO GO FOR HELP

- Report the theft to the Internet Crime Complaint Center (IC3) (FBI-NW3C Partnership). Online: <http://www.ic3.gov/default.aspx>
- Report the theft to the Federal Trade Commission. Your report will assist law enforcement officials across the United States in their investigations. Online: <http://www.ftc.gov/idtheft>
By phone: 1-877-ID-THEFT (438-4338) or TTY, 1-866-653-4261
By mail: Identity Theft Clearinghouse, Federal Trade Commission, Washington, DC 20580
- Report the fraud to the Federal Trade Commission on Nigerian Scams. Email: spam@uce.gov

Rotor Wash

“The African-American History Month kickoff event will be Feb. 3 at 11:30 a.m. at the post exchange. Why is it important to celebrate diversity in our Army?”



Chelsea Caldwell,
military spouse

"We're a diverse culture and we've been that way since we were established. There's no reason not to celebrate it."



Patrick Backmann,
retired military

"(Diversity) is what makes this country so great."



Alana Pinon,
military spouse

"Because our military is diverse."



**Sgt. 1st Class
Michael Lukeman,**
1st AB

"There is nothing more American than celebrating our diversity."



2nd Lt. Kacy Manshack,
23rd FTS

"We come from all different backgrounds. In my class we're all from different states and diversities, and I'm the only girl. We're really diverse and we should respect that."

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FORT RUCKER COMMANDING GENERAL

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CELEBRATING DIVERSITY

Black History Month activities put education at forefront

By Nathan Pfau
Army Flier Staff Writer

Fort Rucker is preparing to kick off a month-long celebration to highlight the contributions of African-Americans throughout history.

The 1st Aviation Brigade Equal Opportunity Office will kick off African-American History Month with an event at the post exchange Feb. 3 at 11:30 a.m. to not only promote diversity, but to educate people on the contributions that African-Americans have made throughout history, according to Sgt. 1st Class Michael Lukeman, 1st Avn. Bde. equal opportunity adviser.

The theme for this year's event is "The Crisis in Black Education," so education will be first and foremost at the kickoff event, where the EO office in conjunction with the Fort Rucker Education Center will host a college fair.

"All of the colleges that are here through the education center will have tables set up, and try to encourage people to sign up for college classes and learn about what they have to offer," said Lukeman, adding that the kickoff event will also be a good opportunity to educate others on the importance of diversity.

The kickoff is only one of many events planned throughout the month.

• The Black History 5K and Walk will be held on Feb. 4 at 9 a.m. in front of Fortenberry-Colton Physical Fitness Center with a focus on the continuing theme of education. Lukeman said tables will also be set up from the education center to showcase what opportunities are available and what colleges have to offer.

People can pre-register for the run by Feb. 2 at either gym, and pre-registration costs \$20 with a no-T-shirt option registra-

tion for \$15. After Feb. 2, registration cost is \$25 and people can register up until 8:40 a.m. on race day.

There is also the option for runners to register as teams of up to eight for \$120 for early registration and \$160 for race-day registration, with each additional person paying normal registration fees.

The race is open to the public and refreshments will be provided. Medals will be awarded for first, second and third place in 14 age categories for both male and female winners.

• Feb. 10 from 10:15-10:45 a.m., the Center Library will host book readings to go along with the theme of promoting diversity, said Lukeman. The readings will be for children up to 6 years old. For more information on the readings or volunteer opportunities, call the library at 255-3885.

• The EO office will hold its main equal opportunity observance Feb. 23 from 10-11:30 a.m. at the post theater, which will count toward second quarter equal opportunity training.

The guest speaker for the event is Capt. Taj Williams, D Company, 1st Battalion, 145th Aviation Regiment.

Lukeman said that Williams will talk to audience members about his journey throughout his career as an African-American and the opportunities that were afforded him in Army Aviation.

"He tries to go out and talk to people and let them know that they're not limited to only doing certain jobs within the military," said the EO adviser. "The Army gives all kinds of opportunities, but you have to take advantage of them."

* Feb. 26, there will be a showing of the movie "Hidden Figures," at the post theater, which highlights the contributions that African-American women had in the U.S.



PHOTO BY NATHAN PFAU

People line up as they prepare to sample traditional African American dishes provided by volunteers during the Black History Month kickoff celebration at the post exchange last year.

space program.

Lukeman said the main goal is to educate people on not just one type of culture, but all cultures.

"The reason why the equal opportunity office does these events is for the education opportunities – to teach not just for the one particular ethnic or cultural group, because this is all American history," he said. "These are just small opportunities to encourage people to see that there is so much (other cultures) have to offer and so much more that has been contributed to the growth of America."

"There is a lot more to Black History Month (than people realize)," he continued. "There is so much more that is out there that people just simply don't know, and

as a result they get used to the same thing over and over again – that's what we want to change."

Lukeman said these events are not meant to highlight one specific group over another, but to showcase what it is that each culture and ethnic group has to offer.

"The only way we are ever going to defeat something like racism, not just in this country but overall, is through education, and that's why this year's theme is so critical," he said. "The only way to beat any of the 'isms,' whether its racism, sexism, etc. – all of these things that are holding humanity back – is through communication and education."

For more information or volunteer opportunities, call 255-2363 or 255-2930.

Team helps families cope with loss

By Jeremy Henderson
Army Flier Staff Writer

The death of a loved one can be a devastating burden to bear, but an upcoming Army Community Service training session seeks to arm volunteers with the knowledge necessary to help family members cope with loss.

"The Casualty Assistance Response Team provides short-term emotional and logistical support to families of fallen and wounded Soldiers," Curtis Williams, ACS mobilization, deployment and stability support operations manager, said. "The team assists prior to arrival of extended family, or when extended family is not available, and supplements assistance provided by others."

CARE Team training for volun-



ARMY GRAPHIC

teers takes place Feb. 1 from 8:30-11:30 a.m. at the Soldier Service Center, Bldg. 5700, Rm. 284.

"Members of CARE teams should display maturity, life experience, discretion (confidentiality), emotional stability and should be not going through their own crisis at the time," Williams said. They should be assigned to

their respective battalion or agency, which assigns CARE team members.

According to Williams, attendees will gain a clear understanding of team roles and responsibilities, the casualty notification process, a Survivor Outreach Service overview and how to deal with grief.

"[Volunteers] provide immediate support after the [casualty] notification; fill the gap between the notification team and family, or professional support; help support grieving families; ensure that the notified family is able to obtain support and help; and sends the message that 'we care.'"

Community members who

lack the time to volunteer for the CARE Team can still help families coping with loss, according to Williams.

"[Community members] can support their neighbors by simply making themselves available to listen and give support where it is needed," he said. "There are also numerous ACS volunteer opportunities available and anyone who desires to fill one of the positions should see the Army Volunteer Coordinator for more details regarding the positions."

Additional CARE Team training sessions will be held July 12 and Oct. 11 for those who are interested in becoming a volunteer but are unable to attend the Feb. 1 session.

For more information, call 255-9578.

News Briefs

CLEP-a-thon

The Fort Rucker Education Center will host its CLEP-a-thon Round 2 Feb. 28 from 9 a.m. to 3 p.m. The CLEP-a-thon is free for active-duty military, according to center officials, who added that most colleges accept CLEP as transfer credits.

For more information or to sign up, visit the center in Bldg. 4502, or call 255-2378.

AER scholarships

Army Emergency Relief is accepting applications for its 2017-2018 scholarship program at www.aerhq.org. Scholarship opportunities are available for spouses and children registered in the Defense Eligibility Enrollment System who are pursuing their first undergraduate degree or certificate at an accredited college or university. Additional eligibility criteria can be found on the above website. Within a 50 mile radius of Fort Rucker, 71 recipients received scholarships for the 2016-2017 school year. Seventeen spouses received a total of \$27,500.00 – average of \$1617.65 – and 54 children received a total of \$120,600 – average of \$2233.33.

For more information, call 255-2341.

Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each

month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend. Retirees are also encouraged to apply for one of the open positions on the council.

For more information, call 255-9124.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

ID card section closure

The Fort Rucker ID Card Section will close from 2:15-4:15 p.m. for training the second Wednesday of every month.

Alcoholics Anonymous meets

Alcoholics Anonymous meets Wednesdays from 11:30 a.m. to 12:30 p.m. in Rm. 147 of Bldg. 4502. For more on the

group, call 334-237-1973.

Chapel's Wednesday Night Alive

The Fort Rucker Religious Support Office will host its Wednesday Night Alive service Wednesdays from 5:30-7:30 p.m. at the Spiritual Life Center, Bldg. 8939, where there's something for the entire family, according to RSO officials.

For more information, call 255-3903 or 255-3946.

Lyster update

People are welcome to check out the Lyster Army Health Clinic Facebook Page for the Healthy Tip of the Day and important clinic information, such as class dates and times.

The Lyster Twitter feed is at @Lyster-AHC.

Resiliency Resources

The Lyster and Fort Rucker Resiliency Resources mobile device app is available for free in Android and iPhone mobile app stores. The app can help people find information for Fort Rucker, including addresses, phone numbers and event information, and also information such as where running trails are located, if there is a 5k race coming up, when Bible studies occur and more.

Military pay briefing

The Defense Military Pay Office brief-

ing for Soldiers scheduled to separate due to expired term of service or involuntary separation (non-retirement) is offered as a weekly group briefing. The ETS briefing is held Tuesdays at 1 p.m. in Bldg. 5700, Rm. 371B. Soldiers should bring the following documents to the briefing: two copies of separation orders and amendments, DA 31 - Request and Authority for Leave (if approved) and the original or notarized copy of documents to support changes in marital status not previously reported to the DMPO.

The DMPO will continue to provide desk-side briefings for Soldiers who do not receive orders in time to attend a group briefing. Command teams with Soldiers who cannot attend a regularly scheduled briefing due to time constraints should call 255-3939, 255-9182 or 255-3115.

Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in. To claim their property, people must be able to demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest – the most common items turned-in are keys, cell phones and wallets.

387 YEARS OF SERVICE

14 Soldiers, 2 civilians retire at quarterly ceremony

By Jim Hughes
Command Information Officer

With a combined 387 years of service, 14 Soldiers and two civilians retired during Fort Rucker's quarterly retirement ceremony Friday at the U.S. Army Aviation Museum.

Col. Steven L. Nicolucci, chief of staff for the deputy commanding general – National Guard and senior Guard adviser, hosted the ceremony. He was assisted by Sgt. Maj. Jorge Rodriguez, senior enlisted adviser for the deputy commanding general, Army National Guard.

A short write-up on each retiree follows.

COL. ELIZABETH MEDINA

Medina, deputy commander of the 350th Civil Affairs Command, Pensacola, Florida, entered military service in 1984 as a combat medic. In 1987, she was commissioned from ROTC at the University of Wisconsin at Stevens Point into the military intelligence corps. She said the highlight of her career was contributing to the strategic documents and working with an immensely high-performing team in the Pentagon. She and her husband, retired Master Sgt. Nicholas Medina Jr., have four children and three grandchildren. They plan to reside in Freeport, Florida.

LT. COL. JOSEPH HARVEY

Harvey, director of Research, Statistics and Analysis with the U.S. Army Combat Readiness Center, entered military service in 1983 as a topographic surveyor. In 1988, he was commissioned from ROTC at the University of North Carolina Wilmington. He said the highlight of his career was teaching and mentoring over 150 cadets, and transforming them from college students into Army officers. He and his wife, Kathleen, have two children. They plan to reside in Enterprise.

CW4 DANA BREWER

Brewer, 1st Battalion, 223rd Aviation Regiment safety officer, entered military service in 1992 as an avionics mechanic. He graduated Warrant Officer Candidate School in 1997. He said the highlight of his career was flying the OH-58D Kiowa Warrior in direct support of ground command-

ers during combat operations. He and his wife, Jennifer, have two children. They plan to reside in Enterprise.

CW4 ANDREW DRUILHET

Druilhet, F Company, 1-212th Avn. Regt. UH-60 Mike Aircraft Qualification Course section leader and master resiliency trainer, entered military service in 1996 as a Black Hawk mechanic. In 1999, he was selected for warrant officer flight training. He said the highlight of his career was being awarded the Australian Gold Commendation Medal for his crew's actions on a medical evacuation mission in Afghanistan. He and his wife, Kimberly, have two children. They plan to reside in Enterprise.

CW3 MICHAEL "DEVLAN" MCDANIELS

McDaniels, student management officer in charge for the 1-145th Avn. Regt., entered military service in 1996 as an Aviation operations specialist. In 2002, he was selected for warrant officer flight training. He said the highlight of his career was being a maintenance test pilot. He plans to travel before settling down on a beach.

CW3 FREDERICK BATTENBERG

Battenberg, UH-60 instructor pilot with the 1-212th Avn. Regt., entered military service in 1996 as a military policeman. In 2000, he was selected to attend Army Special Forces training and, after seven years as a weapons sergeant, he was selected for warrant officer flight training. He said the highlights of his career were the support he received from his wife and children, and their sacrifice to this country during America's most tumultuous times. He and his wife, Margo, have two children. They plan to reside in Enterprise.

CW3 KEVIN NOLAN

Nolan, platoon leader and instructor pilot with C Co., 1-212th Avn. Regt., entered military service in 1996 as a petroleum supply specialist. In 2005, he was selected for warrant officer flight training. He said the highlight of his career was being deployed as an assault pilot with the 2nd Battalion, 82nd Aviation Brigade's

Cavemen that conducted over 115 air assaults in Afghanistan. He and his wife, Kristy, have two children. They plan to reside in Enterprise.

CW3 CRAIG HARMON

Harmon, standardization pilot with the U.S. Army Aviation Center of Excellence G3, entered military service in 1997 as an infantryman. In 2006, he was selected for warrant officer flight training. He said the highlight of his career was graduating Ranger school. He and his wife, Melissa, have two children. Harmon said he will continue to serve his country as a pilot with U.S. Customs and Border Protection.

CW3 RANDALL L. ATKINSON JR.

Atkinson, doctrine writer and instructor with the USAACE Directorate of Training and Doctrine, entered military service in 2000 as an infantryman. In 2002, he was selected for warrant officer flight training. He said the highlight of his career was providing air support for his former infantry company in Iraq. He and his wife, Nicole, have two children. They plan to reside in Dallas, Texas.

CW2 KELVIN GRAHAM

Graham, accountable officer for the 3rd Sustainment Brigade Multi-Class Warehouse, Fort Stewart, Georgia, entered military service in 1996 as an automated logistical specialist. He said the highlights of his career were being selected as a warrant officer and his first joint assignment in Izmir, Turkey. He and his wife, Christina, have three sons and two daughters. They plan to reside in Dothan.

MASTER SGT. LYNN ROCHELLE ROBERTS

Roberts, senior enlisted strength manager, Fort Rucker G1, entered military service in 1989 as a human resources specialist. She said the highlights of her career were being able to provide for her family, travel and meet her great circle of friends. She plans to reside in Tyrone, Georgia.

SGT. 1ST CLASS CRYSTAL D. SINGER

Singer, NCO in charge of the patient administrative department at Fort Polk, Louisiana,



PHOTOS BY JIM HUGHES

Back row: CW3 Randall L. Atkinson Jr., CW2 Kelvin Graham, CW3 Craig Harmon and CW3 Frederick Battenberg. Front row: David Gause, Staff Sgt. Shannon S. Davis, CW3 Kevin Nolan and CW4 Andrew Druilhet.



Back row: Master Sgt. Lynn Rochelle Roberts, CW3 Michael McDaniels, Sgt. 1st Class Crystal D. Singer and CW4 Dana Brewer. Front row: Col. Elizabeth Medina, Lt. Col. Joseph Harvey, Staff Sgt. Joshua Hopson and Brett Smith.

entered military service in 1997 as a patient administration specialist and later served as a recruiter. She said the highlights of her career were serving as a recruiter because it gave her an opportunity to make a difference, and watching her son win the Military Boys and Girls Club Youth of the Year Award. She said her future plans are uncertain, but she said she plans to serve the military, veterans and their families.

STAFF SGT. SHANNON S. DAVIS

Davis, assistant battalion operations NCOIC, 1-212th Avn. Regt., entered military service in 1987 as a combat engineer. After a nine-year break in service, he re-entered the Army as an Aviation operations specialist. He said the highlight of his career was marrying his beautiful wife, Michelle, and having three wonderful children. They plan to reside in northern Alabama.

STAFF SGT. JOSHUA HOPSON

Hopson, 1st Aviation Brigade flight records manager, entered military service in 1996 as an Aviation operations specialist. He said the highlight of his career was marrying his beautiful

wife, Selena, and having two wonderful children. They plan to reside in the Fort Rucker area.

BRETT SMITH

Smith, senior training specialist with the 110th Avn. Bde., served on active duty from 1974-80 and 1984-2004. After retiring from active duty, he entered civil service. He said the highlights of his career were being able to serve his country by supporting the training of the world's finest rotary wing combat Aviators and the camaraderie he enjoyed with so many professional personnel throughout the years. He and his wife (name not given) have three children and two grandchildren. They plan to reside in Daleville and travel the country in a recreational vehicle.

DAVID GAUSE

Gause, assistant fire chief with the Fort Rucker Fire Department, served on active duty from 1984-88. After leaving active duty, he entered civil service with the Fort Rucker Fire Department. He said the highlights of his career were serving the installation and working with many wonderful people throughout the years. He and his wife, Sara, plan to reside in Enterprise.

Mattis takes oath as 26th secretary of defense

By Jim Garamone
Defense Media Activity

WASHINGTON — By a 98-1 vote, the Senate confirmed retired Marine Corps Gen. James Mattis to be the 26th secretary of defense Friday and Vice President Michael R. Pence administered his oath of office shortly afterward.

Mattis is the first retired general officer to hold the position since General of the Army George C. Marshall in the early 1950s. Congress passed a waiver for the retired four-star general to serve in the position because law requires former service members to have been out of uniform for at least seven years to serve as defense secretary. Mattis retired from the Marine Corps in 2013.

THREE-WAR VETERAN

Mattis is a veteran of the Gulf War and the wars in Iraq and Afghanistan. His military career culminated with service as commander of U.S. Central Command.



James Mattis took office as the 26th secretary of defense shortly after his Senate confirmation Jan. 20.

The secretary was born in Washington State and raised in Richland, Washington, graduating from high school there in 1968 and enlisting in the Marine Corps the following year. He was commissioned in the Marine Corps in 1972 after graduating from Central Washington University.

He served as a rifle and weapons platoon commander, and as a lieutenant colonel, he commanded the 1st Battalion, 7th Marines in Operation Desert Storm. In Afghanistan, he commanded some of the first troops to go into the country. In the Iraq war, he commanded the 1st Marine Division in the drive to Baghdad in 2003.

He was instrumental in publishing the Army and Marine Corps counterinsurgency manual when he served at Marine Corps Developmental Command in Quantico, Virginia. He then commanded the 1st Marine Expeditionary Force before being chosen for four-star rank as the commander of U.S. Joint Forces Command and NATO's Allied Command Transformation in 2007. He was named CENTCOM commander 2010.

STUDY OF WAR

Mattis is a student of the study of war. Former Defense Secretary William S. Cohen called Mattis "a man of thought, as well as action," when he introduced him at the Senate Armed Services Committee confirmation hearing last week.

The world is awash in change, Mattis told the committee. "Our country is still at war in Afghanistan, and our troops are fighting against [the Islamic State of Iraq and the Levant] and other terrorist groups in the Middle East and elsewhere. Russia is raising grave concerns on several fronts and China is shredding trust along its periphery."

The "islands of stability" in the world are under attack by nonstate actors and rogue nations, Mattis said. "Our armed forces in this world must remain the best-led, the best-equipped and the most lethal in the world."

He told the committee that he will be "the strongest possible advocate for military and civilian personnel and their families" and that he will "foster an atmosphere of harmony and trust at the department with our interagency partners and the congressional committees."

ALLIANCES IMPORTANT

The secretary told the committee that alliances and collaborations with other countries are a necessity in this changing world. "History is clear. Nations with strong allies thrive and those without them wither."

Mattis said his priority as defense secretary will be to strengthen military readiness, strengthen U.S. alliances and bring business reforms to the Defense Department.

"Our military is the envy of the world, representing America's awesome determination to defend herself," he said. "Working with you, I will endeavor to keep our unique all-volunteer force second to none."

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'I'M WITH YOU ALL THE WAY'

President Trump honors service members at military ball

By Lisa Ferdinando
and Shannon Collins
Defense Media Activity

WASHINGTON — President Donald J. Trump and First Lady Melania Trump honored members of the armed forces, thanking them for their sacrifice and service during the Salute to Our Armed Services Ball at the National Building Museum Saturday.

"I want to thank you on behalf of Melania, myself, the family and the millions of people all over the world," Trump said. "The job you've done is absolutely incredible, absolutely incredible."

Via live link, he addressed service members at Bagram Airfield, Afghanistan.

"How is it over there?" he asked them.

"Congratulations on becoming the president of the United States," said Sgt. 1st Class Phillip Campbell of the Illinois Army National Guard.

Marine Corps Gunnery Sgt. Robert Gala, who advises and assists coalition partners in Afghanistan, echoed Campbell's sentiment. "On behalf of all the Marines here in Afghanistan, we'd just like to say congratulations and good luck to you on your term," he said.

PLEDGE OF SUPPORT

Trump said he enjoyed receiving congratulations from the service members in Afghanistan. "You are the nicest people," he said. "Thank you very much. I'm with you all the way. You have somebody that's going to be right alongside you. We're going to do it together. Honestly, not only the support you've given me, but the courage you show is incredible, and it's going to be appreciated. It's going to be appreciated more than ever before."

"We are with you a thousand percent," Trump continued. "Keep fighting. We're going to win. We're going to win. I have

your back. We're going to make America great again."

The first lady also offered her appreciation to the service members. "I thank you all for your service," she said. "I'm honored to be your first lady. We will fight. We will win and we will make America great again."

As is tradition at the inaugural ball honoring the military, the new commander in chief and the first lady each shared a dance with a military member, as did Vice President Michael R. Pence and his wife, Karen.

- The president danced with Navy Petty Officer 2nd Class Catherine Cartmell, a Newport, Rhode Island, native who is a religious program specialist in the Office of the Chief of Navy Chaplains.
- Mrs. Trump danced with Army Staff Sgt. Jose A. Medina from Ponce, Puerto Rico, a human resource specialist who is assigned to Headquarters and Headquarters Company, 4th Battalion, 3rd U.S. Infantry Regiment (The Old Guard) and served in Iraq and Afghanistan.
- The vice president danced with Air Force Master Sgt. Tiffany Bradbury, who was born in Pusan, South Korea, and serves at Headquarters U.S. Air Force as recruiter superintendent of enlisted accessions policy. She served in Operation Southern Watch in Saudi Arabia.
- Mrs. Pence danced with Marine Corps Sgt. Angel Rodriguez from Camden, New Jersey, who is assigned to Marine Barracks Washington as a post supply warehouse chief and has served in Operation Enduring Freedom in Afghanistan.

TROOPS IN IRAQ

At the start of the evening's event, Command Sgt. Maj. John W. Troxell, the senior enlisted adviser to the chairman of the Joint Chiefs of Staff, asked U.S.



President Donald J. Trump salutes service members at the Salute to Our Armed Services Ball at the National Building Museum, Washington, D.C., Friday.

service members in Baghdad via satellite. "Are we taking the fight to the enemy over there?"

"Hooah," the team responded.

Troxell then asked them, "As the world watches today, as America demonstrates democracy through the peaceful transition of power what does it mean for you to be part of this historic day for our nation?"

"On behalf of the members here of the Combined Joint Task Force Operation Inherent Resolve, we are extremely proud to be part of this historic moment," said Sgt. 1st Class Rob Frasier, 1st Infantry Division. "We're honored to serve and to work with our Iraqi partners and our coalition partners to continue to make Iraq safe for the people here."

Service members and their families – as well as veterans, first responders, wounded warriors and Medal of Honor recipients – were among the invited guests.

Musical performers were Tony Orlando and the Josh Weathers Band.



Melania Trump dances with Staff Sgt. Jose A. Medina, a human resource specialist with the 4th Battalion, 3rd U.S. Infantry Regiment "The Old Guard" who served in Iraq and Afghanistan.

Aircraft

Continued from Page A1

to conduct the quality assurance evaluation of Redstone Army Airfield in conjunction with the Installation Management Command," he said. "Upon completion of that final mission, (the JC-12D) will be used solely for aircrew member proficiency training until Feb. 15 when she will

be flown to the Army Research Lab in Maryland."

The new aircraft has a lot to live up to, and with state-of-the-art equipment, should have no trouble keeping up, according to the ATSCOM commander.

Compared to its predecessor, the C-12S has double the capable mission flight time; has a cruising speed of 275 knots, compared to the JC-12D's 255 knots; and has a

maximum altitude of FL350, compared to the previous aircraft's FL280.

"(ATSCOM) was created to assist Army Aviation elements in combat and communication zones enabling Aviation units to operate in all conditions, and this newest aircraft continues and enhances our ability to support the war fighter," said Demirjian.

Industry

Continued from Page A1

year and six option (years)," said Linda Whitlock, contracting officer for MICC.

According to Lowell Preskitt, deputy G-4 (logistics) for USAACE, the goal of the event was to provide information to industry to inform future bid proposals, to be open and transparent in the process, and also to solicit recommendations for ways to accomplish the mission more efficiently.

"We've been refueling the same way for several years. There's got to be a more economical, efficient way to go about refueling 500 flights per day," said Preskitt.

Preskitt gave the participants an over-

view of flight school – including the aircraft types, stages of training and the incremental phasing-in of the UH-72A Lakota helicopter for Initial Entry Rotary Wing training.

He explained the scope of the training mission and of the refuel/defuel requirements, including "hot" gas (aircraft running, rotors turning) and "cold" gas (parked aircraft, tied down) for refuel operations across five base airfields, and 14 stage fields.

The defuel requirement is primarily for maintenance purposes, he said.

Hot refuel capability at stage fields is the most efficient way to train students and allows them to focus on training maneuvers

instead of flying somewhere to get gas, Preskitt explained.

Currently fuel trucks make multiple trips daily between Fort Rucker airfields and stage fields to facilitate three flight periods.

"We're looking to increase our flexibility. Right now we can only support three sorties per day," Preskitt said. "We want to try to expand our flexibility to get to where we can do five or six or more if possible. We're looking at changes in how we train in the future and we want some ideas about how to go about doing that."

With approximately 700 fuel transactions per day, Fort Rucker has the largest number of fuel transactions per day in the

Department of Defense, Preskitt said.

Edward Kimbley, contracting officer's representative for the Logistics Readiness Center here told participants the fiscal theme for the foreseeable future is doing more with less.

"Be open to look at all opportunities to save the government money. As we move forward, money is tight and is probably going to get tighter in the next couple years. We're asking for your support to figure out ways we can innovate and get best value for funding," said Kimbley.

The event also included information about how small business can team up and encouraged small businesses to participate.

Award

Continued from Page A1

failure or malfunction and preventing or minimizing damage or injury," McInnis said. "What's unique about this situation is that Mr. Cumens is a former OH-58D pilot and he only had about 100 hours in the AH-64D at the time of the accident. He is highly deserving of this award."

Lt. Col. Jeffrey S. Dahlgren, 1-14th

Avn. Regt. commander, called Cumens a great American and attributes his battalion's success with meeting standards while balancing workload and unit OPTEMPO to safety.

"Our safety officers are able to get out and see what's going on at the mission level," he said. "As they observe, they provide feedback, and are able to identify trends and correct them at that level. We're able

to keep standardization across the board."

"Something that safety does is allow everyone to learn from someone else's either achievements or mistakes," Cumens said. "I think that's the best thing about safety."

"Kudos to Mr. Cumens," Hines said, "because he had about another second and if he hadn't reacted, things would've turned out much worse."

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\$110,000: Great home convenient to schools! Crossing guard in place nearby. Kitchen updated in 2009. New dishwasher. Heat pump updated in 2010. Gas log fireplace in the bonus room can burn wood if preferred & features an antique mantel. The windows & shades in this room open up or down. The L shaped screened porch leads out into the landscaped backyard with a workshop & a shed with ramp. Double gate on 1 side allows boat/RV storage in backyard. The wood floors in all the bedrooms are impeccable. Upgraded electrical. **MLS# 20161907**

DIRECTIONS: From US 84 take Hwy 85 toward Daleville. Turn right on Culpapper St. just before entrance to Daleville High School. Turn left on Donnell Blvd then right on Brown. First right is Goff. House is on left.



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464 GRIFFITH LANE ~ MAYBERRY

\$175,000: Beautiful Craftsman-style ranch on HUGE lot in Mayberry. Handscraped engineered hardwood flooring & tray ceiling in spacious living room. Large kitchen with lots of cupboard & counter space. Master BR has tray ceilings, walk-in closets & master bath has double vanities. Family room has door to beautiful back deck with built-in seating & shade arbor. Backyard is fully fenced & extends beyond for privacy. 2-car attached garage, plus a detached 1-car garage gives you loads of space for projects. **MLS# 20161835**

DIRECTIONS: From Enterprise take Hwy 84 towards New Brockton. Turn right into Mayberry subdivision on Lawrence. Take left on Front Porch Dr, then left on Mayberry. Take left on Griffith Lane, house is on right.



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COTTON CREEK ~ \$197,000



5 WELBORN: This home is a real Gem in Cotton Creek. This 3 bedroom features an open kitchen with matching appliances, custom light fixtures throughout the home, alarm system with keypad in master bedroom, Jacuzzi tub in master bathroom & custom shelving in master closet. Outside features include: screened patio, gas hook-up for outdoor cooking, rain gutters around entire home, indoor/outdoor surround speakers & a small outdoor storage shed all behind a wood privacy fence. Don't Miss This!!! **CHRIS ROGERS 406-0726**

VALLEY CHASE ~ \$182,000



108 BELVEDERE: Beautiful 3BR/2BA home with open floor plan. Custom mantel with gas log fireplace, crown molding in foyer, living room, kitchen, dining area & master bedroom. Sitting area/computer niche in master bedroom. All 3 bedrooms have walk-in closets. A 17'x14' extended concrete patio with fire pit has been added off the covered back porch. The garage is currently assembled as a man cave with cable drop & insulated garage door. **TEXT TERRI 406-2072.**

COTTON CREEK ~ \$254,000



103 PLANTERS COURT: Classy, spacious, immaculate & new on the market, don't miss!!! Extra-large bonus room or 4th bedroom. **FRAN & DON KALTENBAUGH 790-5973**

DALEVILLE OVER 3 ACRES ~ \$140,000



4445 COUNTY ROAD 24: If you have been looking for a little piece of paradise, then you have found it here. Situated on over 3 acres, you even have your own pecan orchard. As you enter the front foyer, if you go to the left, you have 2BR/1BA, straight ahead is the grandroom with fireplace & door to the covered deck on the back, off to the right is the formal dining room with eat-in kitchen & master suite to the back. There are two 2-car garages attached to the house, so bring those vehicles on. **EVELYN HITCH 406-3436**

\$163,900



105 GAIL: Beautiful huge home with lots of updates to include tile baths, updated kitchen with convection oven & cooktop, island plus updated colors. Storm shelter in backyard, patio, sprinkler system in front yard & much, much more. Lots of rooms & storage. **PAT LEGGETT 406-7653**

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JUST LISTED JANUARY 22 ~ \$275,000



300 BROOKWOOD: Better than new construction! Fully upgraded, professionally landscaped. 4BR/3BA with approximately 2,328 SF with extra-large 2-car garage with built-in shelves & floored attic. Wide open floor plan, kitchen fit for a chef, boasting stainless steel appliances & granite. Large master with decadent master bath. **CHERYL PICCINI 390-9612 & MAGGIE HAAS 389-0011**

JUST LISTED JANUARY 19 ~ \$33,000



294 LOWERY - OZARK: Excellent price for this ranch, convenient to Ft Rucker & downtown Ozark. Real wood floors, 2 living areas, huge lot with big backyard with enough room for children to play. With a little TLC this can be again a very nice home for you to enjoy or as a rental. Built prior to 1978. Lead base paint potentially exist. *Alabama Right of Redemption will apply. VA foreclosure to be sold as is.* **NANCY CAFIERO 389-1758**

JUST LISTED JANUARY 19 ~ \$28,000



118 PATRICIA - DALEVILLE: Great opportunity for an investor. This property is in a great location, perfect for a rental. Very convenient from Calmes Air Field. It's in distress & need repairs but it's a bargain for the price. Cash only. *This is a VA foreclosure to be sold as is. Alabama Right of redemption will apply.* **NANCY CAFIERO 389-1758**

JUST LISTED JANUARY 18 ~ \$89,000



109 MAGNOLIA: 4BR/2BA ranch with approximately 1,779 SF of living area. Large wooded backyard, patio, storage shed, in addition to storage room with electric washer/dryer hook ups plus attached 2-car carport. Living room, large family room with wood floors & fireplace. Home is "AS IS". Just needs a little elbow grease, it is a great value for some lucky buyer. **CHERYL PICCINI 390-9612**

JUST LISTED JANUARY 16 ~ \$25,000



209 SAVANNAH: Build your dream home. Each lot in Southern Winds has at least 1 Magnolia tree on lot. Sidewalks throughout community. Charming street lights add character. HOA Fees currently at \$300/year. Owner is related to listing agent. Other lots available. Size & topography varies. Motivated Seller! **SHAWN REEVES 475-6405**

JANUARY 26, 2017

SPECIAL DELIVERY

Army researchers showcase 'hoverbike' prototype

By David McNally
ARL Public Affairs

ABERDEEN PROVING GROUND, Md. — The Army Research Laboratory and industry partners demonstrated the flying capabilities of a unique rectangular-shaped quadcopter during a visit from Department of Defense officials Jan. 10.

Dr. William Roper, director of the Strategic Capabilities Office at the Office of the Secretary of Defense and members of his staff visited the Aberdeen Proving Ground laboratory to see the joint tactical aerial resupply vehicle.

Also known as the hoverbike, the vehicle may one day make it possible for Soldiers on the battlefield to order resupply and then receive those supplies rapidly.

During the visit, Roper told laboratory officials that he is concerned about adapting future technology advances.

He said he wants to figure out how to get people to "see something that's coming on

the shelf, immediately identify the use, determine if it's good enough for rock and roll, get it into the field, but in a way that allows us to keep one-upping it."

Researchers envision a future JTARV flying low to the ground or at thousands of feet at speeds of 60 miles per hour or more.

"Anywhere on the battlefield, Soldiers can potentially get resupplied in less than 30 minutes," said Tim Vong, associate chief of ARL's Protection Division. He likened the concept to "Amazon on the battlefield."

"We want to have options like that," Vong said.

While the current prototype is electric, researchers are looking at a hybrid propulsion system that could dramatically increase range.

"We're exploring increasing payload capacity to 800 pounds and extending the range up to 125 miles," Vong said. "We're also looking to integrate advanced intelli-



PHOTO BY JHI SCOTT

Sgt. 1st Class Daniel Guenther (right), U.S. Army Research Laboratory, explains the Joint Tactical Aerial Resupply Vehicle concept to DOD Strategic Capabilities Office Director Dr. William Roper with a small-scale model at Aberdeen Proving Ground, Md., Jan. 10.

SEE PROTOTYPE, PAGE B4

WINTER SLING



PHOTO BY CAPT. JAYMON BELL

Soldiers from Cobra Battery, Field Artillery Squadron, 2nd Cavalry Regiment, stand ready to secure their M777 Howitzer to a CH-47 Chinook from B Co., 1-214th Avn. Regt., 12th CAB during environmental qualifications and sling-load training Jan. 18 outside Grafenwoehr, Germany.

HANG 10

Pro surfers visit 25th Combat Aviation Brigade

By Staff Sgt. Armando Limon
3rd Brigade Combat Team,
25th Infantry Division

SCHOFIELD BARRACKS, Hawaii — Professional surfers competing on Oahu took a pause from an international surfing competition to spend time with Soldiers from the 25th Infantry Division at various training areas on Oahu in mid-December.

Maj. David Webb, brigade operations officer assigned to 3rd Brigade Combat Team, 25th ID, helped organize the event for the division.

"I called a family friend and surf industry icon, Peter King, and asked him if he could help me connect Soldiers and surfers. Peter and I developed a plan to bring surfers to observe Army training and then to bring Soldiers to the beach to surf with the pros," Webb said. "We set up similar engagements last year and we were eager to try it again this year."

"John John" Florence, Koa Rothman, Ross Williams, Nat Young and Nathan Florence met with the Soldiers assigned to the 25th Combat Aviation Bde., 25th ID, to familiarize them with UH-60 Black Hawks and CH-47 Chinooks at Wheeler Army Airfield.

Who's more impressed? "It's a pretty insane experience because I live up on North Shore, and I see these guys flying all the time," John John said, "so I'll be able to go up in one and check out the North Shore from up above. It'll be really cool."

John John is a Haleiwa native on the North Shore and the 2016 World Surf League Men's Champion.

He was excited to see the Soldiers training at the Kahuku Training Area near the North Shore, where he frequently surfs, and Schofield Barrack's Area X-ray.

"Thanks to everyone having us out here," he said. "It's pretty cool to come out and meet everyone, and check all the stuff out we don't get to see every day."

Nathan, brother to John John, said he was "psyched" to see the Soldiers train and to sign autographs for them.

"It's super cool today being with the troops," he said. "We're stoked to see you guys and have a good time. We're always curious what you guys are doing out here."

Spc. Vance Parker, a native of Mooresville, North Carolina, and an infantry-

SEE SURFERS, PAGE B4



PHOTO BY STAFF SGT. ARMANDO R. LIMON

Spc. Kayla Ferrell (standing), a CH-47 flight engineer assigned to the 25th CAB, shows off a Chinook to several pro surfers at Wheeler Army Airfield, Hawaii, Dec. 13.

RETIREMENT

Last UH-1 Huey transitions into law enforcement after 40-plus years

By J.D. Edwards
For Army News Service

WHITE SANDS MISSILE RANGE, N.M. — The last UH-1 Huey, tail number 74-22478, made its final flight as a U. S. Army-operated aircraft Dec. 15.

This was the very last UH-1, one of the "Dirty Dozen," to be proudly flown over southern New Mexico before it was transferred to the Louisiana State Police, where it will continue to serve the public with honor and dignity.

The UH-1 started its career as a replacement for the Bell H-13 Sioux, used primarily during the Korean conflict. The H-13 demonstrated the utility of the helicopter in combat, saving multiple servicemen during the conflict. Although it proved useful, the H-13 had many shortcomings, including range and payload deficiencies.

In 1952 the U. S. Army developed the requirements for a turbine-powered helicopter with extended range and increased payload for medical evacuation and utility transport requirements. Bell Helicopter designed what would be first designated as the HU-1 Iroquois, and, in true Aviator fashion, was simply called "Huey" by its operators.

The UH-1 became the first turbine-powered helicopter to enter military service in 1960 where, through the innovation and advancement of the capability, it revolutionized warfare. Shortly thereafter it was introduced to its iconic combat role in Vietnam.

Over the next 16 years more than 16,000 UH-1s were produced with some 7,000 seeing combat action in Vietnam. The other services saw the utility of the UH-1 and quickly adopted the aircraft.

In all, this revolutionary aircraft was



ARMY PHOTO

The White Sands Missile Range, N.M., Army flight crew poses for a photo in front of the last Huey in the Army before it was transferred over to the Louisiana State Police.

operated by all four services and over 35 countries. The UH-1 quickly evolved and was modified to fill a variety of roles from troop transport, MedEvac, command and control and armed gunship roles.

More importantly, it revolutionized the U. S. Army combat operations by providing the ability to rapidly mobilize large concentrations of troops en masse. This ability forever changed the face of warfare and gave a new name of "Air Mobile" to the concept of operations. It would serve in that role for several more years seeing combat once again during the invasion of Grenada and limited use during Gulf War I as a MedEvac platform.

Finally, age and performance limitations would see it replaced by the UH-60 Black Hawk in most active Army and National Guard units. By 2006 almost all had left the inventory.

The only aircraft retained by the Army belonged to Army Test and Evaluation Center. Officially, 11 were retained: three

at Redstone Arsenal; four at Yuma Proving Ground, Arizona; and four at White Sands Missile Range, where they would serve the country's needs for test support assets.

This particular aircraft, the UH-1, 74-22478, was one of the last produced by Bell Helicopter for the U. S. Army. It rolled off the assembly line in early 1976 and was accepted by the Army. However, Bell Helicopter retained the aircraft at its Fort Worth, Texas, facility where it was used to further test modifications to the UH-1 fleet. While at Bell, it flew approximately 2,300 flight hours. Following the end of Gulf War I and with limited utility in a combat role, the aircraft was transferred to White Sands Missile Range in 1992.

Since then, the aircraft has flown over 2,600 hours and supported a variety of test projects. With the ability to modify the aircraft, it has supported many major tests for White Sands Test Center.

SEE RETIREMENT, PAGE B4

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Prototype

Continued from Page B1

gent navigation and mission planning. We're looking to end up with a modular, stable platform that can be used for even more dynamic and challenging missions."

The laboratory began exploring the JTARV concept in the summer of 2014. They identified a manufacturer, Malloy Aeronautics, and a systems integrator, SURVICE, entered into a contract and moved quickly from concept to full-scale prototypes.

The JTARV is now a joint effort with the Marine Corps, led by Army researchers, at the Army Armament Research, Development and Engineering Center at Picatinny Arsenal, New Jersey; however, the ARL researchers still serve as subject matter experts on aeromechanics, assessment, analy-

sis, propulsion, intelligence and controls and materials and structures.

"The project is successful because we went from concept development to engineering evaluation in collaboration with all various government agencies and industry," explained Ernesto Garcia Lopez, ARDEC.

"The demo we saw was a unique opportunity for us to show a seamless transition between one Army organization and another Army organization and having the industry along the whole time," he said.

In addition to other industry, government and academic partners, the JTARV project is teaming with the Office of Naval Research. Researchers hope to demonstrate full autonomy in the near future, Vong said.

"I think the visit was a great success," Vong said. "It gave



PHOTO BY JHI SCOTT

Army researchers and industry partners fly a prototype rectangular-shaped quadcopter.

us an opportunity to showcase to Dr. Roper ideas and also the progress we've been making in exploiting commercial UAS technologies."

Retirement

Continued from Page B1

Recently, it was the aircraft of choice that carried the seeker head, test data recording equipment and contractor personnel to execute over 3,000 individual missile runs during captive flight test for Small Diam-

eter Bomb II development. The net results continually improved the seeker head performance without the cost of having to fire an actual missile. It was also used over the years as a Patriot Missile target to improve the radar system.

The last flight that was performed in De-

cember was the last flight for the National Guard, Reserve, or any active inventory. This aircraft would not have been able to perform its job without the support of the maintainers who looked after it. They are the unsung heroes who were driven just to see it launch.

This particular aircraft served the United States Army admirably for 42 years. Following the Huey's final flight, it was then transferred through the U. S. Army's Law Enforcement Support Office to the Louisiana State Police where it will continue to serve.

Surfers

Continued from Page B1

man assigned to 3rd Squadron, 4th Cavalry Regt., 3rd BCT, 25th ID, joined the pros on their flight.

"I've been surfing since I've been on the island, for almost three years now," Parker said. "I've done my research on the surfers beforehand. I've actually seen them perform before at Banzai Pipeline. It feels pretty cool going out with the surfers."

A UH-60 took the surfers for an aerial reconnaissance flight to KTA and North Shore to get a better understanding of the area. On the return flight, the surfers landed at Weyand Field on Schofield Barracks to see the 25th ID memorial. The surfers looked in awe of the statues representing Soldiers who fought from World II to present day. They gently placed lei on the statues to honor the Soldiers who sacrificed all for the service of their country.

The last part of their tour took them to Area X-ray to see Soldiers assigned to 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID. The Soldiers were performing close quarter marksmanship training.

"It's always a good experience when you get to see people who are in the public eyes, especially in Hawaii, to have someone come out and learn from us on our weapons," said Staff Sgt. Broc Garner, an infantryman assigned to 2nd Bn., 27th Inf. Regt. "It's motivating. All the guys out here were super excited to see everyone and train for a bit."

The surfers and Soldiers bid not a goodbye, but a hui hou, until they meet each other again. Both have a strong bond and fond memories of the visit, said Webb.



PHOTO BY STAFF SGT. ARMANDO R. LIMON

Pro surfer Nathan Florence signs an autograph for Capt. Antonio Ureste, a CH-47 Chinook pilot.



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JANUARY 26, 2017



Ladies hit the dance floor during Girls Night Out at the Landing Friday.



Becky and Zinda Wells, military spouses, pose and have their photo taken during Girls Night Out at The Landing Friday.

Event delivers music, dancing, shopping, fun

By Nathan Pfau
Army Flier Staff Writer

The year's first Girls Night Out, hosted by the Directorate of Family, Morale, Welfare and Recreation, went off without a hitch Friday when ladies got to mingle, dance the night away, browse vendors and win prizes, but for many ladies, it was the chance to get out and have some girl time that set the tone for the evening.

"I just like to get out with my friends and have a good time," said Taneshia Chancy, military spouse. "When we get together like this, we don't have to worry about our husbands or our kids — it's all about time with each other, and that's what I love."

Aida Stallings, DFMWR community recreation division business manager, said that's the whole point of the event — to provide an environment where ladies can let loose and have fun.

"This is a fun event where people get to get out with just their girlfriends and shop, eat, get pampered and leave with some

really nice things," she said. "It's a great event for ladies to have a good time and shop the latest trends, and we always have great giveaways with great music and dancing — everyone just has a good time."

Throughout the night ladies were treated to giveaways and door prizes, including gift certificates and handbags, and even had the chance to participate in a fanciest hat contest. There were a host of different local business and programs that showcased their goods and services, including photographers, spas, medical services, clothing, jewelry, cosmetics and more.

For Sara and Susan Johnson, sisters from Enterprise, they make it a point to come to the event every time it comes around.

"It really is one of my favorite things to come to," said Susan. "There aren't too many places you can go where they have this much going on for just us women."

"This is a night where we can just come out and be ourselves with other like-minded people,



Ladies browse vendors and talk make-up tips during Girls Night Out at The Landing Friday.

so I just love it when it comes around," she said. "It's become a kind of tradition for me and my sister."

Sara said the highlight of her

evening is always when the ladies get the chance to hit the dance floor and "let loose."

"I love to dance at home by myself, but I love it when all the

ladies get to dance together here because there is no pressure," she said. "You can just let loose and have a good time, and that's what we always try to do."

GET SMART

Lunch sessions educate people on improving lives

By Jeremy Henderson
Army Flier Staff Writer

Fort Rucker's Center Library will host a series of information sessions throughout February to help attendees get smart.

The Get Smart brown bag sessions will be held at 11 a.m. every Thursday in February beginning Feb. 2 at with stress management, said Jodi Wilcox, Center Library reference librarian.

"Get Smart is a series of short informa-

tional sessions where anyone can benefit by gaining knowledge of how to improve your overall daily life," Wilcox said. "Topics in the four sessions will include stress management and healthy sleep habits, basic nutrition and disease prevention, ways to get active and enjoy it, and Internet and computer safety. Each of the sessions will be led by a speaker who specializes in each of these areas."

Attendees are invited to bring their lunch to the sessions and enjoy a casual learning

environment, and are asked to bring easily-contained lunches to avoid possible spills, she said.

"Often, we are so busy in our daily routine that we neglect to take care of ourselves," Wilcox said. "This program aims to help attendees get back on track to living a healthier life or to help them reach their goals."

"Attendees will have a chance for questions and answers at the end of each session, and are encouraged to bring their

questions with them," she added.

Each session will be about 30-45 minutes and will allow time for questions, Wilcox said.

Get Smart is open to all authorized library patrons.

The sessions scheduled for February include:

- Stress Management — Feb. 2
- Nutrition Basics and Disease Prevention — Feb. 9
- Getting Active and Enjoying It — Feb. 16
- Computer Safety and Tips — Feb. 23

"Those who attend one or all of the sessions can benefit by having someone face to face while being able to ask questions about specific concerns for these topics," Wilcox said.

Attendees should also take the opportunity to utilize the library's other resources, according to Wilcox.

"Center Library is more than just a building with books," she said. "It is a community-focused service for all ages. With the many programs, such as Tail Waggin' Tutors, Adult and Teen Book Clubs, and Yarn It Dam It, the library strives to serve the post community by supporting (people's) morale and welfare."

"Authorized patrons have access to a wide variety of fiction, non-fiction and audio-visual materials," she added. "In addition, they have the ability to utilize our many databases, to include free e-books, e-audio books, magazines, genealogical data and many more. While visiting for these sessions, we invite everyone to visit our newly remodeled children's and teen rooms."

For more information and to register, call 255-3885.



A patron checks out the stacks of books available at the Center Library.

FILE PHOTO

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Comedy Live at Rucker

The Landing will host Comedy Live Friday from 8-10 p.m. in its ballroom. The headliner for the event will be Mike Paramore. The event will be open to the public, ages 18 and up. Advance tickets cost \$12 and can be purchased at The Landing Catering Office. Tickets at the door the day of the event will cost \$16. VIP tickets will also be available for \$150 per table, with 10 seats per table.

For more information, call 255-9810 or 255-0769.

Photography contest

The Army is holding its digital photography contest now through Tuesday. There are two divisions: active-duty military and authorized patrons. Within each division, there are seven categories: animals, design elements, digital darkroom, military life, nature and landscapes, people and still life. All categories include monochrome and color photographs. First-place winners will receive \$300, second-place winners will receive \$200 and third-place winners will receive \$100. Categories will also have an honorable mention award. Participants must complete the online profile and submit photos of the artwork between now and 11:50 p.m. CST Tuesday at the contest website: <https://cloud.mwr.army.mil/apptrac>. For contest rules, visit: <https://rucker.armymwr.com/us/rucker/ft-rucker-events/united-states-army-photography-contest?eID=607750>.

For more information, call 255-9020.

Mom & Me: Dad too!

Army Community Service hosts its Mom & Me: Dad too! playgroup Mondays from 9:30-11 a.m. at The Commons. The playgroup is for families with children ages birth to 3 years old.

For more information, call 255-9647 or 255-3359.

Trivia Tuesdays at Mother Rucker's

Tuesday, Mother Rucker's will kick off a special Trivia Tuesday. The trivia contest at Mother Rucker's will be held Tuesdays from 6:30-8:30 p.m. The event includes food and drinks while people compete for prizes. People can play as teams or play solo. Teams can have up to eight players – winners will be announced after each round. A \$25 Mother Rucker's Gift Card will be given out each round, along with other door prizes throughout the evening. The event is free and open to the public for ages 18 and older.

For more information, call 503-0396

Care Team Training

Army Community Service will hold its care team training Wednesday from 8:30-11:30 a.m. in Bldg. 5700, Rm. 284. As part of the care team, volunteers perform a very valuable role to both families of the fallen and injured Soldiers. This training is given to those interested in being a care team volunteer. It is designed to give an understanding of care team volunteers' responsibilities and offers guidance on how to handle issues they are likely to face, according to ACS officials.

For more information, call 255-9578.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Feb. 2. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about noon. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

Get Smart with Center Library

Get Smart with Center Library's brown bag sessions are scheduled for Thursdays in February at 11 a.m. Each session will feature a special guest who will talk about ways for people to improve their life. Topics will include ways to stay active, manage stress and practice Internet safety, according to organizers.

Schedule: stress management, Feb. 2; nutrition basics and disease prevention with Aimee McDonough, Feb. 9; getting active and enjoying it, Feb. 16; and com-



PHOTO BY NATHAN PFAU

Right Arm Night

The Landing Zone will host Fort Rucker Right Arm Night today from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 255-0768. Pictured is a scene from a previous Right Arm Night.

puter safety and tips with Dr. Greg Price, Feb. 23.

For more information and to register, stop by the Center Library or call 255-3885.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

Mother Rucker's Super Bowl Party

Mother Rucker's will host its Super Bowl party Feb. 5. Doors open at 4 p.m. The event will feature food, drinks and door prizes. For more information, call 503-0396.

Valentine's Day Craft

Center Library will host a Valentine's craft session Feb. 7 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 40 children to register. The event will be Exceptional Family Member Program friendly and open to authorized patrons.

For more information or to register, stop by the Center Library or call 255-3885.

Unromantic Poetry Night

In honor of Valentine's Day, Center Library will host its Unromantic Poetry Night reading contest Feb. 9 from 5:30-6:30 p.m. Winners will be decided by the audience. All ages are welcome to bring their most unromantic poetry and participate. The event will be open to authorized patrons and be Exceptional Family Member Program friendly.

For more information, stop by the Center Library or call 255-3885.

Dueling Pianos

The Landing will host Dueling Pianos, billed as a high-energy, all-request, sing-along, clap-along, rock-n'-roll comedy piano show, Feb. 10 at 8 p.m. Advance tickets will be available for \$12. Tickets will be \$16 after Feb. 9. VIP tables that seat 10 will be available for \$150. Advance tickets may be purchased at The Landing, the Landing Zone, Coffee Zone at Lyster, or MWR Central.

For more information, call 255-0769.

Resilience workshop

Army Community Service officials said their resilience training is designed to provide family members and civilians with the tools to better cope with and overcome adversity and challenges, as well as perform

DFMWR

SPOTLIGHT

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|---|--|

For registration or more details call Fort Rucker PFC, (334)255-2296, Fortenberry-Colton PFC, (334)255-3794 or MWR Central, (334)255-2997. Open to the Public, EFMP Friendly rucker.armymwr.com

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better in stressful situations. Their goal is for their students to thrive when facing life challenges, not just bounce back. The workshop will be held from Feb. 10 from 5:30- 8 p.m. in the Corvias Military Living Main Office. People need to register by Feb. 8. Resilience training officials will partner with Army Family Team Building and family advocacy in the ACS Newly Wed and Not-so-Newly Wed Game Feb. 20. Participants in the game will also be provided with relationship-building skills. For more information, call 255-3161 or

255-3735.

Tot Time

Army Community Service hosts its Tot Time playgroup Wednesdays from 9:30-11a.m. at The Commons, Bldg. 8950. The playgroup is for children 12-36 months and their caregivers. The playgroup provides programs and activities that enhance caregiver-child interaction, and stimulate child growth and development.

For more information, call 255-9647 or 255-3359.

FORT RUCKER MOVIE SCHEDULE FOR JANUARY 26-29

Thursday, January 26

Collateral Beauty (PG-13)7 p.m.

Friday, January 27

Hacksaw Ridge (R)7 p.m.

Saturday, January 28

Moana (PG)4 p.m.
Man Down (R)7 p.m.

Sunday, January 29

Fantastic Beasts (PG-13)1 p.m.
Passengers (PG-13)4 p.m.

DARPA program helps fight human trafficking

By Cheryl Pellerin
Defense Media Activity

WASHINGTON — On Dec. 28, then-President Barack Obama published the annual proclamation of January as National Slavery and Human Trafficking Prevention Month, and the Defense Advanced Research Projects Agency is developing next-generation search technologies to help investigators find the online perpetrators of those crimes.

Wade Shen, a program manager in DARPA's Information Innovation Office, said in a recent DOD News interview that the program, called Memex, is designed to help law enforcement officers and others perform online investigations to hunt down human traffickers.

"Our goal is to understand the footprint of human trafficking in online spaces, whether that be the dark web or the open web," he explained, characterizing the dark web as the anonymous internet, accessed through a system, among others, called Tor.

"The term dark web is used to refer to the fact that crimes can be committed in those spaces because they're anonymous," Shen said, "and therefore, people can make use of [them] for nefarious activities."

POINT OF SALE

The approach he and his team have taken is to collect data from the Internet and make it accessible through search engines.

"Typically, this is data that's hard for commercial search engines to get at and it's typically the point of sale where sex trafficking is happening," Shen explained. "Victims of sex trafficking are often sold as prostitutes online, and a number of websites are the advertising point where people who want to buy and people who are selling can exchange information, or make deals.

"What we're looking for," he continued, "is online behavioral signals in the ads that occur in these spaces that help us detect whether or not a person is being trafficked."

When a prostitute is advertised online as being "new in town" or by specific characteristics, those are hints that person might be trafficked. New in town means a person might be moving around and the term "fresh" often means a person is underage, Shen explained. "Those kinds of things are indicators we can use to figure out whether or not a person is being pimped and trafficked."

TRAFFICKING SIGNALS

Before the Memex program formally began in late 2014, Shen's team was working with the district attorney of New York to determine if they could find signals associated with trafficking in prostitution ads on popular websites.

"We found that lots of signals existed in the data, whether they be phone numbers used repeatedly by organizations that are selling multiple women online, or branding tattoos that exist in photos online, or signals in the text of the ads," Shen said.

Shen's team had been working on text-based exploitation programs for big data — extremely large data sets that may be analyzed computationally to reveal patterns, trends and associations, especially relating to human behavior and interactions. But they thought that if they extended the technology to understand images and networks of people, then they could apply it to detecting rings of traffickers and behaviors associated with trafficking online.

"If we could do that," he said, "we could ... generate leads for investigators, so they wouldn't have to sift through millions of ads in order to find the small number of ads that are associated with trafficking. So that's what we did."

PROSECUTING PERPETRATORS

Early on, the team realized that search



Part of the Memex suite of tools, Tellfinder reveals trafficking activity and summarizes the behavior of and relationships between the entities that post them.

wasn't quite the right modality for doing such investigations and that there was a lot more work to do before the technology could be adapted to trafficking. That's when the Memex program began, Shen said.

"Since the beginning of the program, we've had a strong relationship with the district attorney of New York, but they're not the only user of the technology. Over time, we have engaged with many different law enforcement agencies, including 26 in the United Kingdom, the district attorney of San Francisco, and a number of others," he said.

Investigators for the district attorney of New York were able to use Memex tools to find and prosecute perpetrators, and that resulted in an arrest and conviction in the program's first year, he added.

"Since then," Shen said, "there have been hundreds of arrests and other convictions by a variety of law enforcement agencies in the United States and abroad."

Today, more than 33 agencies are using the tools, he added, and an increasing number of local law enforcement agencies are using the tools.

"As word of mouth spreads about the tools and the fact that we give free access to the tools to law enforcement, more and more people are signing up to use it," he said.

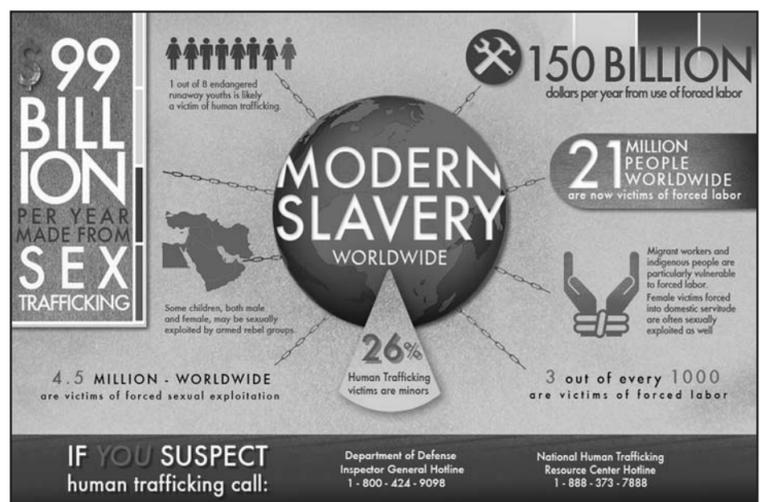
Shen said it's easy for his team to work with state, local and federal partners in the United States, but it's harder to work with agencies abroad.

"But we're committed to do that," he added, "so we are in the process of working out deals with a number of those agencies so they have access to the tools we currently deploy and to allow them, after we exit [when the program ends in a year] ... to continue to run their own versions of these tools."

NOBLE CAUSE

DARPA funds the Memex project, which, according to the agency's budget office, has cost \$67 million to date. But rather than do the work, as with its other projects, DARPA catalyzes commercial agents, universities and others to develop the technology, Shen said.

"They are experts in their fields — image analysis, text analysis or web crawling



DARPA GRAPHIC

and so on — and we engage the best of that community to work on this problem. What they've essentially done is form coalitions to ... build the tools [needed] to solve the problem, because no one of the entities that we call performers is able to do that on their own," he added.

The Memex program has 17 different performers, and many of them also work with partners. "So all in all," Shen said, "we have hundreds of people who are working on this effort. All of them are very dedicated to this problem, because the problem of human trafficking is real."

When Shen's team started the program, one of the things they realized was that the cost of people in these spaces, the cost of slaves, is essentially zero, he added.

"That means our lives are essentially worthless in some sense, and that just seems wrong," he said. "That motivated us and a lot of our performers to do something, especially when we build technology for all sorts of commercial applications for profit and for other motives. That's what a lot of our folks do on a day-to-day basis, and they felt the need to make use of their technology for a noble cause. We think Memex is one of these noble causes."



DARPA GRAPHIC

This heat map of human trafficking activity across the world is one of the tools that is part of DARPA's Memex program, designed to help law enforcement officers and others do investigations online and hunt down human traffickers.

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New residential summer camp program announced

Southeast Alabama AHEC
Press Release

MONTGOMERY — The Southeast Alabama Area Health Education Center now hosts a summer program format for grades 10–12 in its 15-county service area.

Discovery MedCamp, formerly Camp MD me, is a residential camp scheduled for July 9–14. Community Partner, Troy University, will host students for five nights on the university's main campus and provide

travel to daily sessions at a variety of academic and health facilities throughout southeast Alabama.

The week-long program will immerse students into the world of healthcare and give them insight on educational requirements for medical careers from health care professionals and upper-level students through a variety of hands-on activities.

The application is available at www.seaahec.org. All application steps must be completed, as outlined, before the deadline to



apply on April 7 for students to be considered for the program. Space is limited.

SEAAHEC serves Autauga, Barbour, Bullock, Coffee, Dale, Elmore, Geneva, Henry, Houston, Lee, Lowndes, Macon, Montgomery, Pike and Russell counties.

WIREFLASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

ONGOING — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

ONGOING — Veterans of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke beginning at 6 p.m. Breakfast is served Sundays from 8-11 a.m. The post can host parties, weddings, and hails and farewells.

ONGOING — Disabled American Veterans Dothan Chapter 87 maintains a service officer at its office at 545 West Main St. (Mixon Business Center) Tuesdays and Wednesdays from 9 a.m. to 2 p.m. The chapter will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims and other veterans benefits. All veteran services provided are free of charge. For more information, call 836-0217, Ext. 123, or send an email to davchapter87@gmail.com.

ENTERPRISE

JAN. 26 — The National Active and Retired Federal Employees Wiregrass-Enterprise Chapter will hold its monthly lunch program at 11 a.m. at PoFolks Restaurant. All federal employees, active or retired, are invited to attend the lunch programs regularly scheduled at 11 a.m. every fourth Thursday at PoFolks. NARFE, the organization that supports the benefits of active and retired federal employees, schedules speakers to present these benefits and to discuss other information important to federal employees at the NARFE monthly lunch programs. For more information, contact Lee O'Berry, 334-393-0492.

JAN. 28 — The Friends of the Enterprise Public Library will hold a book sale from 9 a.m. to 2 p.m. in the second floor meeting room at the library. Selected stock will be priced to go at 25 cents. The library is located at

101 East Grubbs Street. Fiction and nonfiction hardback and paperback books for all ages, as well as videos, will be on sale. Money raised by the book sales funds library projects, such as the summer reading program, a redesign of the library's website and library materials. Visit us at <http://www.friendsofenterpriselibrary.org>.

ONGOING — Classes in the Taoist Tai Chi Society™ Internal Arts and Methods are currently held at the YMCA Fitness Center and the Episcopal Church of the Epiphany Parish Hall. At the Y, classes are offered Thursdays at 1 p.m. and Saturdays at 10 a.m. At the church, classes are offered Mondays at 9 a.m. and Thursdays at 5:30 p.m. Anyone interested in joining a class is welcome to join any time. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire for these classes. All classes are taught by accredited volunteer instructors. For more information, call 334-588-0512. For more information about Taoist Tai Chi, visit <http://www.taoist.org/usa/locations/montgomery/>.

ONGOING — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

JAN. 26 — Disabled American Veterans Chapter 99 will meet at 6 p.m. in the senior center located one block behind the police station. Food and drinks will be served, followed by regular chapter business. Veterans throughout the Wiregrass are welcome to join as new members as both DAV and DAV Auxiliary. For more information, please call 334-718-5707.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

OZARK

FEB. 10 — St. Michael's Episcopal Church will host a classical guitar concert at 7 p.m. The classical guitarist is Stephen Robinson, professor of music at Stetson University. Following the concert will be a meet-the-artist reception in the church parish hall. This is a free concert.

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREFLASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

ONGOING — Mount Calvary Missionary Baptist Church, 970 County Road 528, Elba, offers Sunday school the first, second, third and fourth Sundays of the month at 9:45 a.m., and worship the first and third Sundays of the month at 11 a.m. Bible study is Wednesdays after the first and third Sundays from 6-7

Beyond Briefs

Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Feb. 4 – Because of Winn-Dixie; Feb. 18 – The Two Gentlemen of Verona; March 11 – Sherlock Holmes; March 25 – Dauphin Island; and April 22 – The Tempest; and May 6 – Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required – people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to

attend the lecture.

For more information, call 334-271-5353, or visit www.asf.net/Education/Theatre-in-the-Mind.aspx.

Space Junk

The W.A. Gayle Planetarium in Montgomery will host its presentation of "Space Junk" in January on Sundays at 2 p.m. and Mondays-Thursdays at 4 p.m. "Space Junk" looks at the orbital debris that has accumulated during the decades of space exploration, according to organizers. The in-depth imagery of a meteor crater and crowded orbits, and on-screen commentary by Don "Father of Space Junk" Kessler, the head of NASA's Orbital Debris Office, help viewers learn that excessive space debris is not just fodder for science fiction tales, but a threat that could make low orbits of Earth impassable.

Admission is \$6.50 per person for ages 5 and above. Doors open 30 minutes before show time. There will be no admittance into the building after a show has begun. Show times and dates are subject to change.

For more information, call 334-

625-4799 or visit www.facebook.com/events/189611038178820/.

'They Live'

The Montgomery Film Festival Presents John Carpenter's "They Live" Jan. 27 from 9:30-11:30 p.m. at the Capri Theatre on 1045 E. Fairview Avenue. Once considered an underrated entry in John Carpenter's filmography, "They Live" has taken on a rising cult status in the past decade, according to festival officials. In a dystopian version of Los Angeles, where aliens control every aspect of human life, a special pair of sunglasses allow Nada ("Rowdy" Roddy Piper) to discover this shocking reality, as he fights to free humanity from its captors.

For more information, call 334-262-4858 or visit www.capritheatre.org/calendar/.

'Because of Winn-Dixie'

Montgomery's Alabama Shakespeare Festival will host its production of "Because of Winn-Dixie" Jan. 27-Feb. 12. Based on the novel by Kate DiCamillo, the new musical by Tony-winning "Spring Awakening" songwriter Duncan Sheik and Tony-nominated "Legally Blonde" lyricist

Nell Benjamin, is based on the children's book of the same title, according to organizers. The story is about a dog who brings new life and hope into a family as Opal Buloni and her preacher father settle in a new Southern town full of quirky characters. The production is recommended for ages 9 and older.

Ticket prices vary based on play, date and availability of seating. Show times and ticket purchasing are available at www.asf.net/Plays-and-Shows/2016-2017-Season/Because-of-Winn-Dixie.aspx

For more information, call 334-271-5353.

Southern Bridal Faire

The Montgomery Convention Center will host the 2017 Southern Bridal Faire Jan. 29 from 1-5 p.m. The event is designed to be a great tool to help people find photographers, caterers, DJs, wedding planners, venues, florists and much more, according to organizers. The event will also include a fashion show featuring a selection of the gowns of 2017. Admission is \$10 at the door.

For more details, visit www.southernbridalfaire.com or call 334-491-0425.

TAPS families honor nation's fallen troops at inaugural parade

By Shannon Collins
Defense Media Activity

WASHINGTON — The Tragedy Assistance Program for Survivors sponsored 200 surviving military family members from across the country who marched in Friday's inaugural parade to honor their departed loved ones, as well as all the nation's fallen service members.

The parade commenced after President-elect Donald J. Trump took the oath of office as the 45th president of the United States.

The TAPS contingent, which included service members' mothers and fathers, brothers and sisters, sons and daughters and wives and children, carried photos of their fallen heroes along the two-mile parade route to honor their memories.

The group also included a van with a dozen Gold Star parents driving from Iowa together. Gold Star parents had sons or daughters who were killed in action during U.S. military service.

Established in 1994, TAPS provides comfort and hope 24/7 through a national peer support network and connection to grief resources, all at no cost to surviving families and loved ones, according to the organization's website.

Since its founding, TAPS has assisted more than 60,000 surviving family members, casualty officers and caregivers, the website said. The organization provides peer-based emotional support, grief and trauma resources, grief seminars and retreats for adults, Good Grief Camps for children, casework assistance, connections to community-based care, online and in-person support groups and a 24/7 resource and information helpline for all who have been affected by a death in the armed forces.

HUMBLING EXPERIENCE

Kelly Griffith, sister of Marine Corps Maj. Sam Griffith, came from Arlington, Virginia. She said her time with TAPS has been invaluable, and that she's humbled to be in the parade to honor the memory of her departed brother.

"It's humbling to be able to take part in the inaugural parade," she said. "Sam did a lot of living in his 36 years. This is an opportunity to really be a part of his living legacy. He wouldn't have loved being singled out, but he loved history. He would've loved the opportunity to live in the moment and to take part in such a historic day."

Griffith said TAPS changed her life.

"I was the only person home when the Marines came to the door Dec. 14, 2011," she said. "It wasn't until I came to TAPS that I learned I didn't have to travel this journey alone. I went on retreats with other siblings and found so much healing, just being able to talk about Sam."

Griffith added, "On the first retreat, another surviving sister sat down next to me, and asked me to tell her about Sam. It was the first time someone wasn't asking me about his death but about his life. It made a big difference in my grief."

Attending events like the inaugural parade is a chance to make new memories with her brother in her own way, she said.

TAPS MISSION

TAPS has participated in inaugural activities since 1994, when the organization was founded by Bonnie Carroll, who is TAPS' current president.



PHOTO BY STAFF SGT. NICHOLAUS WILLIAMS

Members of Tragedy Assistance Program for Survivors (TAPS) march in the 58th Presidential Inauguration at the Navy Memorial on Pennsylvania Avenue, Washington, D.C., Friday.

"TAPS is the national organization providing comfort and care to the families of America's fallen heroes," Carroll said. "We are there to support the military casualty officers whenever a death occurs, providing comfort and care, resources and support, for all those who are grieving the death of a service member. Those who are grieving find strength and solace in the company of others who understand their loss."

Grieving families participating in today's inaugural parade "will connect with their TAPS family and find hope and healing as they honor their heroes," Carroll said.

She added, "We are so excited to participate in this historic event. Honoring those who have made the ultimate sacrifice for freedom has been a revered tradition in this nation since we have had a military."

TAPS MENTORS

Marine Corps Sgt. Berkeley Elizabeth Attig, a military policewoman with Security Battalion, Marine Corps Base, Quantico, Virginia, has volunteered with TAPS as a Good Grief Camp mentor and team leader for the past two years.

"Walking with TAPS in the parade is a tremendous honor for the families and the organization; I'm proud to be a part of it," she said. "Deciding to become a mentor has been one of the greatest honors in my life, and I urge more service members to consider becoming Good Grief Camp mentors. They can make a difference."

Attig added, "Working with the children at TAPS has been one of the greatest joys in my life. My first year, I worked with the youngest group. Four and five year olds were challenging, but by the end of the camp during the balloon release, my mentee opened up and sent a message to her hero, her dad. Her bravery and honesty floored me, and made me reflect upon my own actions. Instead of closing herself off to everyone, she embraced it."



Representatives from the U.S. Military Academy march in the parade.

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Budaejjigae war fare still popular

By Franklin Fisher
Camp Red Cloud Public Affairs

UIJEONGBU, Korea – Its Korean name translates roughly to military camp stew, and while there are more than a few versions of how budaejjigae got started, most agree that it came about amid the devastation of the Korean War and its day-to-day, hand-to-mouth aftermath.

Budaejjigae – pronounced booday jee-gay – is a culinary convergence of two cultures: traditional Korean and GI Joe American.

It's a steaming, bubbling, orange-colored stew awash with Spam, hot dogs, ground beef, ham, sausage, sometimes a slice of cheese, tofu, bean sprouts, kimchi, Korean green peppers, red pepper powder, red pepper paste, garlic, onions, scallions, and one or more varieties of noodles, for example, potato noodles and ramen noodles.

The liquid, called yook-su, contains an ingredient that varies somewhat from one restaurant to another and is usually a closely-held house secret.

The standard account of budaejjigae's origins is that Koreans working on U.S. military bases would scavenge leftovers from American chow halls or officers clubs, take them off-post and combine them with whatever everyday Korean ingredients came to hand.

While it's known to have gained popularity in a number of Korean cities over the years, it carries an especially close association with the city of Uijeongbu, about an hour north of Seoul and home of Camp Red Cloud.

In fact, Uijeongbu boasts an entire street of restaurants dedicated to serving budaejjigae, and the city has sought to further underscore the connection by erecting a special sign at the head of that street. It reads, in Korean and English, "Uijeongbu Budaejjigae Street."

It's maybe not surprising that on that street is one restaurant in particular whose owner lays claim to being the city's originator of budaejjigae.

Huh Ki-sook, 78, is owner of Odeng Sikdang. Sikdang means restaurant. She opened it in 1955 when Korea was still a scene of rubble and postwar privation. In the earliest years, she served only two Japanese dishes, odeng and udon.

According to Huh, it wasn't until the 1960s that she started cooking GI ingredients, but served them fried, not as a stew.

In those days, she said, there were a number of U.S. military installations in Uijeongbu.

Some Korean civilian employees who worked at one of those – she doesn't recall which one, she said – got hold of some leftovers tossed out at the post officers club, hid them under their clothes and brought them to her.

See what you can do with these, they suggested.



PHOTO BY FRANKLIN FISHER

At Odeng Sikdang restaurant in Uijeongbu, South Korea, customers savor budaejjigae, or military camp stew, a unique dish that dates to the Korean War and its aftermath.

The food included Spam, sausage and other scraps, and she said she mixed them with Korean ingredients.

The turning point, she said, came when South Korea hosted the 1988 Olympics. That, she said, is when she began serving the actual stew, budaejjigae.

At her restaurant, for example, kitchen staff cut the ingredients, then place them in a shallow black pan. Each pan is then stacked slantwise one behind the other in a shelf-like metal cabinet.

When an order comes in, a waitress carries the pan to the customer's table and sets it on a gas burner, pours in the yook-su and starts the flame.

Within five to 10 minutes, the budaejjigae is bubbling.

Budaejjigae was a hit with Spc. Kara Buckner, a vocalist with the 2nd Infantry Division Band at Camp Red Cloud.

She had it for the first time a few weeks ago at Odeng Sikdang after hearing about the dish from her boyfriend, who's Korean, she said.

"I really liked it," said Buckner. "I was a vegetarian for a while, so this was one of the meals I tried once I started eating meat again, and I really loved it."

"I liked how they used Spam – how Koreans can take the simplest things and make it taste so good. They have like, cabbage and all these different vegetables, and it's just like the perfect combination of everything together. Just makes it taste so delicious."



Kitchen staff at Odeng Sikdang assemble the ingredients for budaejjigae.

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◆ MaFoosky's Dell • 334-598-3030 • Daleville
◆ Harbin Jewellers • 334-774-4427 • Ozark
◆ Tuxedo 101/Scrubs 101 (behind Atlanta Bread Co)
334-684-5050 • Dothan
◆ MWR Central - Soldier Service Center
334-255-2997 • Ft Rucker

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www.CoffeeCountyArtsAlliance.com



JANUARY 26, 2017

YOUTH SPORTS

Registration open, program seeks coaches

By Nathan Pfau
Army Flier Staff Writer

Sports offers a healthy outlet for children and youth to expel excess energy while promoting a healthy lifestyle, and Fort Rucker Youth Sports is one way parents and children on Fort Rucker can get their feet in the game.

Registration for tee ball, baseball and softball is open through Feb. 17, and Smart Start baseball registration begins Wednesday and runs through Feb. 28 to provide youth with a great opportunity to stay fit and healthy, according to Sani Williams, Fort Rucker Youth Sports assistant director.

Baseball and softball registration is \$45 per child, and tee ball and Start Smart registration are \$25 per child. Teams will be sorted by age groups, which are co-ed 5-6 year-old tee ball, co-ed 7-8 year-old machine pitch, co-ed 9-10 year-old Dixie Minors, co-ed 11-12 year-old Dixie Ozon, girls 9-12 year-old Dixie Ponytails and girls 13-15 year-old Dixie Bells.

All children who wish to participate in youth sports programs must meet age requirements, and have a current sports physical and a valid child and youth services registration.

"Baseball is a competitive team sport and children don't have to be an expert — they just have to come and get some experience and have fun playing the game," said Randy Tolison, Fort Rucker Youth Sports director. "We try to provide a variety of sports to hopefully introduce youth to a sport they may like and ultimately continue participating in for years to come."

"Several life skills are learned playing



Children participate in youth basketball at the youth center during a game in 2015.

PHOTO BY TORI EVANS

sports," he said. "Some of those skills are responsibility, working with others and leadership, just to name a few. Playing sports also introduces youth to peers, resulting in potential lifelong friendships."

For more information on registration, call parent central services at 255-9638.

Coaches are also needed for baseball, tee ball and softball, and anyone interested in coaching should contact Jackie Johnson, youth sports clinician at 255-0950, or call 255-2257 or 255-2254. All coaches must go through the same training and background check process as volunteers, added Tolison.

"We're looking for people who have

the time, quality of work, responsibility, kindness and patience to teach our youth the fundamentals of youth sports," said Johnson. "It's important that the volunteers are excited and engaging with the children, because when the coaches are excited about what they're doing then the children are more likely to have fun and participate."

Tolison wants to make sure that people understand that coaching is mostly about the commitment to the children.

"We really like to emphasize to our coaches that if they step in to fill this responsibility, those kids are depending and counting on them to be there for them,"

he said. "The teams stay pretty active and can practice anywhere from two to three times a week prior to the season. When the season starts, teams will normally practice once a week and play twice a week."

Safety is also a major concern, and volunteers are properly vetted and trained to take on the responsibility. No volunteers will be turned away, said Johnson, but people interested must submit a background packet, which can be filled out at parent central services in Bldg. 5700, Rm. 193, and attend a mandatory training session.

The training sessions last about 3-1/2 to four hours, but if people aren't able to attend the session in one sitting, accommodations can be made, added Johnson.

"We understand that people are busy, and a lot of people find it difficult to come and do the training all at once," said the youth sports clinician. "We will work with them and break up the sessions into times that will accommodate them, but either way, the training must be completed."

During the training, volunteers will get an introduction to coaching, training in coaching the specific sport they are volunteering for, concussion training, and will watch a parent video and complete face-to-face child abuse training with an Army Family Advocacy Program manager. This training also gives the opportunity for volunteers to ask questions about child abuse, added Tolison.

"I've had some coaches tell me that the greatest thing about coaching is when a kid comes up to you outside of practice or games and just gets so excited to see you," he said. "The rewards may not be monetary, but it's one of those intangible moments that is so rewarding."

GET SMART

Setting right goals can improve health for new year

By Bernard S. Little
Walter Reed National Military Medical Center

WASHINGTON — It's a new year, why not a new you?

At the start of the new year, many people make resolutions to improve their wellness, focusing on good nutrition, exercise, mental health, a tobacco-free lifestyle and adequate sleep. Enthusiasm often wanes after a few weeks, however, if SMART goals are not set, said Travis Combest, exercise physiologist and personal trainer in Outpatient Nutrition Services at Walter Reed National Military Medical Center.

"People may set unrealistic or complicated goals for themselves, but goals should be SMART — specific, measurable, attainable, realistic and time-bound," Combest said.

SMART goals, he said, build momentum, as well as confidence leading to improvements in fitness and nutrition. These goals can include simply bringing a packed gym bag to work and going to the fitness center at lunch-time three times a week for a brief workout, walking the track or bringing a plastic bag packed with celery and oranges for a light snack during mid-day three days a week.

A good pair of running shoes and workout clothes are all people need to begin a simple exercise program, Combest said. For those who may want to do their fitness at home, an exercise mat, stability or exercise ball, and a set of dumbbells ranging from five to 20 pounds, depending on strength level, are good to have on hand.

For people who enjoy working out in groups, Combest recommended classes such as spin, dance fitness, yoga, cross fitness or even basic weight training, most of which are offered in military fitness centers.

"If possible, find a buddy to work out with for motivation," he added. "Also, if you have a trackable exercise device, you should wear that to motivate you to move more."

Combest said people who haven't exercised in a while should first consult a physician and begin their regimen gradually.

"Even 10 minutes of exercise at a time counts. Build and add variety to your routine every two or three weeks. For example, if you are walking on the treadmill, maybe switch and use the elliptical equipment, adding minutes going up from 10 to 20 minutes, or increasing the intensity, such as going from level 3 to level 4," he said. "Again, find a buddy to work out with, even if it is for a brisk walk during lunch-time with your co-worker."

Combest said it's also important to do some form of an aerobic exercise and stretch to maintain flexibility. Walking, yoga, jumping jacks or riding a stationary bike and stretching the back of your leg (hamstring), are good examples.

Walking is not only good for fitness, but mental health, as well. "Next, implement some muscular conditioning exercises, such as abdominal crunches, squats or shoulder presses to build up your muscular strength," he added.

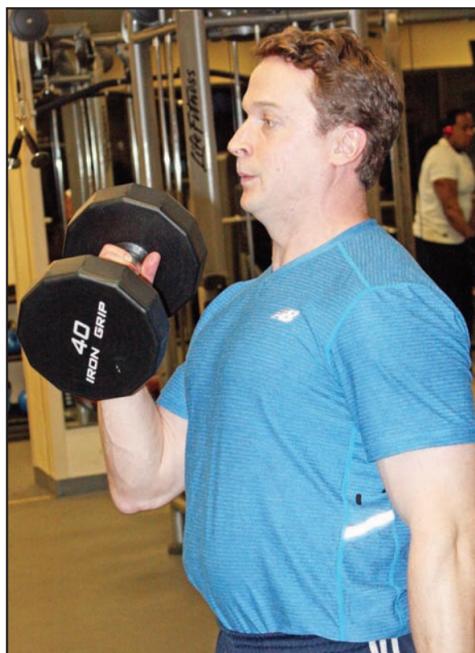


PHOTO BY DAVID E. GILLESPIE

Travis Combest, exercise physiology and personal trainer at Walter Reed National Military Medical Center, works out in the fitness center at Naval Support Activity Bethesda, Md.

Ideally, people should exercise 30 to 60 minutes at least three to five days a week for general fitness, Combest continued. "For weight loss, increase your duration to 45 to 74 minutes, four to six days per week. Perform some muscular-conditioning exercises that work on muscle groups, including the abdomen, back, shoulders, chest and legs at least two days a week on opposite days to let muscles rest. The minimum number of exercises for a muscular-conditioning session would be around eight. For example, a muscular-conditioning session could include chest fly, ab crunches, shoulder front raises, lats pulldowns, leg presses, hamstring curls and hip abduction and adduction.

Regarding nutrition, Capt. Paul Rosbrook, a registered dietitian and chief of Outpatient Nutrition Services at WRNMMC, said, "When making goals for your diet, focus on changes for a day to a week at a time. For example, don't say, 'I will not eat chocolate this year.' This is a flat goal that is easy to fail. Instead, say, 'I will not eat chocolate today or this week, and progress daily and weekly with that continued goal.'"

Rosbrook also encourages people to attend a nutrition class or lecture, join a support group, social media community, or other external group to help with accountability. "Download and track your food using a digital phone or computer application. If you continue

SEE SMART, PAGE D3



ARMY MEDICINE GRAPHIC

New Patient Portal Secure Messaging access

Military Health System
Public Affairs Staff Report

Since 2009, Military Health System patients who receive care at military hospitals or clinics have had access to a robust messaging capability allowing authorized patients the ability to securely communicate with their health care team.

Known by different names, such as Air Force MiCare, Army Medicine Secure Messaging and RelayHealth, Patient Portal Secure Messaging is accessible at this new link: <https://mil.relayhealth.com>.

All the same capabilities that users have come to appreciate continue to be available. Patient Portal Secure Messaging, powered by RelayHealth, is the same patient-centric secure messaging platform that enables patients to directly communicate securely via the Internet with their primary care provider team to receive advice on minor medical issues, chronic disease management, test results, appointment requests, medication refills and other health care needs.

Patient Portal Secure Messaging allows patients to communicate with their health care team at their convenience, whenever they want and wherever they are. Patients can easily access Patient Portal Secure Messaging from any device, e.g., smart phone, tablet or desktop computer. It is a valuable service that helps save time and money by eliminating trips to the military hospital or clinic. Patients can reduce unnecessary appointments and stress by communicating virtually and directly with their health care team.

People should talk to their provider or care team to enroll, or for those who are among the 1.6 million Military Health System beneficiaries with an existing Patient Portal Secure Messaging account, they can bookmark <https://mil.relayhealth.com> in their browser to continue communicating securely with their health care teams.

People can learn more about this change at <http://sites.mckesson.com/milpatients/>.

DOWN TIME

FLASH GORDON
by JIM KEEFE 1-22

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BRA-KOW!

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Just Like Cats & Dogs by Dave T. Phipps



Trivia test by Fifi Rodriguez

TRIVIA

1. MOVIES: What was the last movie that Nancy Davis Reagan appeared in?
2. GEOGRAPHY: What desert exists in parts of California, Arizona and Mexico?
3. PROVERBS: Where should you "never look a gift horse"?
4. U.S. STATES: Which state is an anagram of the word "anime"?
5. LITERATURE: What was author Thomas Mann's native country?
6. ANATOMY: How much of blood's volume is made up of plasma?
7. RELIGION: Which religion's places of worship are called "Kingdom Halls"?
8. MEASUREMENTS: What is the base unit of mass in the metric system?
9. PSYCHOLOGY: What fear is represented in the condition called "neophobia"?
10. U.S. PRESIDENTS: Which president began appearing on the half dollar coin in 1964?

See Page D3 for this week's answers.

Super Crossword THE SCIENCE OF TRUMPETERS

- ACROSS**
- 1 Like galaxies and nebulae
 - 7 Cry after a long wait
 - 13 Beef or pork alternative
 - 20 Nabokov novel
 - 21 Obi-wearing companion
 - 22 Volcanic flow
 - 23 Is a hammy actor
 - 24 Start of a riddle
 - 26 Extras for iDevices
 - 27 See 8-Down
 - 29 — out a win (just prevail)
 - 30 Long Island town with a Triple Crown racetrack
 - 31 Riddle, part 2
 - 36 Corn bread
 - 37 Barracks site
 - 38 Shaker — (city in O.)
 - 39 Sweet roll
 - 41 Scuff up, e.g.
 - 42 Opposing voters
 - 45 March Madness, with "the"
 - 48 More spiteful
 - 51 Jack up, e.g.
 - 52 Riddle, part 3
 - 57 Brow shape
 - 58 Boxer's prize
 - 59 Astral bear
 - 60 "Robinson Crusoe" novelist
 - 61 Riddle, part 4
 - 65 Banquets
 - 66 "Alfie" lyricist — David
 - 67 Scrubs sites, for short
 - 68 Ending for pay
 - 69 Blockhead
 - 73 Riddle, part 5
 - 81 Front wheel convergence
 - 82 Not of the cloth
 - 83 Jedi's furry friend
 - 84 Butter lookalike
 - 85 End of the riddle
 - 89 Shrimplike crustacean
 - 90 Exploding water balloon sounds
 - 91 Triple-time dance, in Dijon
 - 92 Ira Levin's — Before Dying
 - 93 Angry feeling
 - 96 Used a sofa
 - 97 Danson of "Cheers"
 - 98 Trunk growth
 - 100 Seat of Grand County, Utah
 - 102 Start of the riddle's answer
 - 110 Apartment window sign
 - 112 Hoover offering, for short
 - 113 Blockhead
 - 114 Go bankrupt
 - 115 End of the riddle's answer
 - 119 Nobel winner Eugene
 - 121 Northern French port
 - 122 Prix fixe part
 - 123 Moo makers
 - 124 Arid quality
 - 125 Eternal City citizens
 - 126 Enters, as a PIN
 - 8 With 27-Across, Pavarotti number, e.g.
 - 9 Ignited, as a fire
 - 10 Fire leftover
 - 11 Bedclothes
 - 12 In bad taste
 - 13 "Evita" role
 - 14 Grand slams, e.g.
 - 15 — cost ya!
 - 16 Put in a vise
 - 17 Blast sound
 - 18 Actress Lynch of four Harry Potter films
 - 19 Talk on and on
 - 25 Playboy founder, familiarly
 - 28 Tool for moving just-baked bread or pizza
 - 32 Publisher Condé —
 - 33 Persian king
 - 34 Tiny, for short
 - 35 2012 rival of Romney
 - 40 FDR's plan
 - 42 Hunter of Moby Dick
 - 43 Screenwriter Ephron
 - 44 Nervous twitches
 - 46 Baby cow
 - 47 Entr—
 - 48 Ford make until '11
 - 49 Celtic language
 - 50 Emu cousin
 - 53 "Bring It On" star Kirsten Guevara
 - 54 Suppositions
 - 55 Light bed
 - 56 — So Fine" (Chiffons hit)
 - 58 Trying tot
 - 62 Lat-building exercises
 - 63 Building pest
 - 64 Get it wrong
 - 65 Clamorous critic
 - 68 Often-requested Italian song
 - 69 Extreme degree
 - 70 Debtor's note
 - 71 With 99-Down, brunch time, often
 - 72 Parts of clown outfits
 - 73 "It — be!"
 - 74 Bops
 - 75 Prosperity
 - 76 Pointed tools
 - 77 Minimization of job-related hazards
 - 78 Jai follower
 - 79 Hedge plants
 - 80 Father's Day callers
 - 82 Averse (to)
 - 86 Big dishes
 - 87 At any time
 - 88 Dry riverbed
 - 89 Onetime
 - 93 "Someone informed me ..."
 - 94 Housetop laborer
 - 95 A bit crude
 - 97 Electronic music genre
 - 99 See 71-Down
 - 101 Irish writer Brendan
 - 103 Biblical exile
 - 104 Origami need
 - 105 Routinely
 - 106 Pharmacy measures
 - 107 Hook worms
 - 108 Palmer or Lehmann
 - 109 "Juno" star Page
 - 111 Campbell of "Party of Five"
 - 116 The, to Luc
 - 117 It spits out \$20 bills
 - 118 Big gun gp.
 - 120 File refusal

See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 4 | 3 | 5 | | | | 2 |
| 3 | | | | | 6 | | 7 | |
| | 9 | | 8 | | | 4 | | |
| | | 1 | | 7 | 4 | | | 9 |
| 6 | | | | 3 | | | 8 | |
| | 5 | 2 | | | 7 | | | |
| | 2 | | 6 | | | | 3 | |
| | | 9 | | | 2 | | | 5 |
| 5 | | | 1 | | | 8 | | |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

- ♦ Moderate
- ♦♦ Challenging
- ♦♦♦ HOO BOY!

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See Page D3 for this week's answers.

KID'S CORNER

WHEELER DEALER! Can you deal the numbers 11, 12, 13, 14, 15, 16 and 17 into the seven circles above so that the totals of the numbers along any of the three lines will be 42.

Answer: Starting with the top circle, going around clockwise: 11, 12, 13, 14, 15, 16 and 17. Number 14 goes in the center.

THE WISE SHOPPER! Mr. Johnson went to the hardware store and bought something for his house. Now, one cost 20 cents and 12 cost 40 cents. He asked for 110 and paid the man 60 cents. What did Mr. Johnson buy?

Answer: He bought house numbers.

Junior Whirl
by Charles Barry Townsend

WINTER FUN IN THE NORTH! Are you ready for some fun in the snow? In our puzzle grid there is room to list nine wintertime words. The following hints should thaw out the answers.

1. A winter breakfast treat.
 2. Found in many front yards.
 3. Loves a strong wind.
 4. This activity has checks and balances.
 5. Off to a fast downhill start.
 6. Great fun in the evening.
 7. Easily holds three or four.
 8. You can't stay out long without them.
 9. A warm place at the end of the day.
- There's a dark frame around one of the columns. If you correctly find all the words, the letters in this frame, top to bottom, will spell out the name of a winter visitor.
- Answers: 1. Pancake 2. Snowman 3. Iceboat 4. Hockey 5. Bobsled 6. Sleight ride 7. Toboggan 8. Mittens 9. Hearth. The name of our winter visitor is Jack Frost.

Wishing Well

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 2 | 5 | 7 | 6 | 3 | 4 | 5 | 2 | 7 | 2 | 3 | 8 | 5 |
| C | B | A | N | N | A | E | O | N | N | E | L | K |
| 8 | 3 | 2 | 6 | 2 | 4 | 6 | 2 | 7 | 2 | 6 | 2 | 7 |
| O | W | F | O | I | L | M | D | E | E | E | N | W |
| 6 | 2 | 3 | 2 | 3 | 5 | 2 | 4 | 6 | 3 | 2 | 5 | 6 |
| V | C | L | E | O | I | S | O | N | V | O | N | T |
| 3 | 7 | 2 | 4 | 3 | 5 | 2 | 7 | 3 | 4 | 3 | 4 | 6 |
| E | D | A | V | I | D | R | A | N | E | T | A | A |
| 4 | 5 | 6 | 8 | 2 | 6 | 3 | 7 | 6 | 3 | 8 | 5 | 7 |
| F | T | L | E | S | B | E | W | L | R | E | O | N |
| 4 | 6 | 8 | 5 | 3 | 6 | 3 | 4 | 3 | 4 | 5 | 6 | 4 |
| F | O | X | Y | E | C | S | A | T | I | O | K | R |
| 5 | 8 | 5 | 8 | 5 | 8 | 5 | 6 | 8 | 5 | 8 | 5 | 8 |
| U | T | R | E | S | N | E | S | D | L | E | F | D |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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HOCUS-FOCUS
BY HENRY BOLTINOFF

Find at least six differences in details between panels.

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Pap testing essential for women

By Kenner Army Health Clinic
Public Affairs

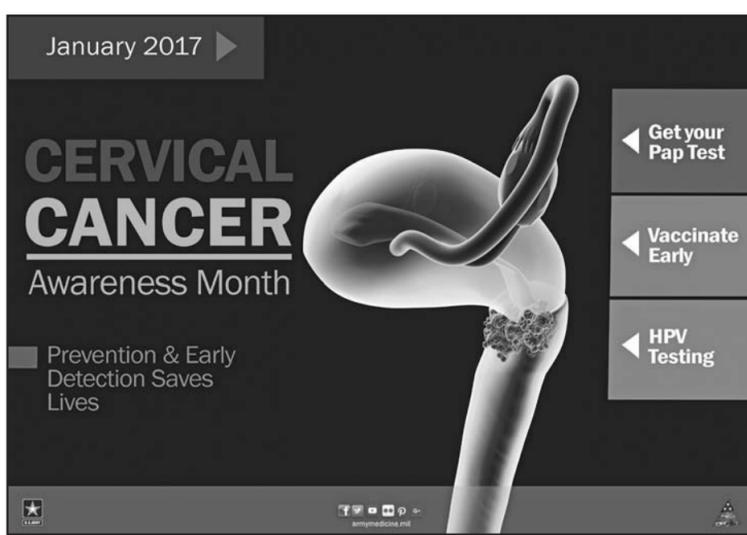
FORT LEE, Va. — January is a perfect time to review steps toward having a healthier year. This includes a reminder for women to consider age-appropriate health care screenings.

Since January is Cervical Cancer Awareness Month, the staff at Kenner Army Health Clinic wants to increase awareness about how women can protect themselves from the Human Papillomavirus and cervical cancer.

KAHC clinic staff also wants to remind women of all ages about the importance of completing their annual Pap test screening. The Centers for Disease Control and Prevention suggests that average-risk women between the ages of 21-65 get a Pap test (cervical cancer screening) per national guidelines or if recommended by their health care provider. Cervical cancer can be prevented with regular screenings to discover pre-cancerous cells.

Additionally, the CDC and the American College of Obstetricians and Gynecologists provide basic guidelines for the majority of the population. There are exceptions that can be discussed with health care providers.

A Pap test is one of the primary ways a woman can be screened for cervical cancer. This procedure finds changes in the cervix before cancer develops. It also can



find cervical cancer early – in its most curable stage. Cervical cancer has no early signs or symptoms. Unfortunately, signs usually appear when the cancer is in the later stages.

This cancer was once one of the most common causes of death for American women. Over the last 30 years, the death rate has gone down by more than 50 percent mainly due to the increase in Pap tests.

People who have had a hysterectomy may still need cervical cancer screenings. There are many reasons depending on

the circumstances and whether a person's cervix was removed. Providers can help determine how often patients need to be screened. National guidelines recommend every three years for this testing.

Great strides have been made in the treatment of cervical cancer, and one of the greatest advancements has been the creation of vaccines that effectively block the transmission of the Human Papilloma Virus. This virus is estimated to be responsible for about 50 percent of all cervical cancers and about 80 percent of all mouth,

throat and colon cancers. The good news is that patients who have received the vaccine have successfully decreased their chances of getting multiple forms of cancer.

The HPV virus is very common, with 80 million people, including teens, becoming infected with HPV each year. For more information, visit the CDC website at <https://www.cdc.gov/hpv/parents/vaccine.html>.

Most HPV infections may go away by themselves within two years. Some may last longer and can cause certain cancers. The CDC suggests children 11-12 years old should get two shots of HPV vaccine six-to-twelve months apart. As with all vaccinations, people should review the educational information provided by the physician offering the vaccine, and take the time to discuss any questions with their nursing care team or provider.

“As a health care provider, I feel it is imperative we continue all of our efforts to educate women about cervical cancer and the need for routine screening for the Human Papilloma Virus,” said Julia Patsell, nurse practitioner, Wilkerson Pediatric Clinic. “We also need to remind everyone 11-36 years of age to be fully vaccinated against the Human Papilloma Virus.”

Many people think the HPV vaccine only protects girls, but this vaccine protects boys against certain HPV-related cancers, too. For more information, visit <http://www.cdc.gov/features/hpvvaccineboys/index.html>.

Smart

Continued from Page D1

to struggle with diet changes, make an appointment with a registered dietician who can help fine-tune your diet for long-term success.”

He also recommends people follow the U.S. Department of Agriculture's MyPlate model.

“Fill half of your plate with non-starchy vegetables, such as mushrooms, cauliflower, carrots, tomatoes, and leafy greens before plating the rest of your food,” Rosbrook explained. “This will keep calories low, as well as

help you feel full and provide numerous phytonutrients, vitamins, and minerals.

“Also, portion your starches, such as rice, beans, potatoes, pasta and corn to a half of a cup and no more than 1 cup per meal,” he added. “Keep meat portions at 3 to 4 ounces, or the size of a deck of cards. Most restaurants serve 6 to 8 ounces of meat, which can provide 150 to 300 more calories than a necessary portion, which when consumed twice per day equates to 300 to 600 more extra calories daily,” Rosbrook added.

Combest and Rosbrook agreed water is also important

for hydration during exercise and good diet.

“Remaining hydrated enables you to exercise longer and at higher intensity during your workouts,” said Combest. “Water is also key for proper nutrient metabolism. Drinking water during meals is also a great way to be, and stay, full longer, so it can help with weight management,” he added.

“Most of what we accomplish in life is due to planning,” Combest added. “This applies to exercise and nutrition, as well. Make sure to make time to exercise and learn to say ‘no’ to things that disrupt this time.”

FORT RUCKER SPORTS BRIEFS

Youth T-ball, baseball, softball registration

Registration for youth T-ball, baseball and softball runs now through Feb. 17. Registration can be done at parent central services or online using WebT-rac. The teams will be broken down into age groups: T-ball, co-ed ages 5-6 years; coach/machine pitch, co-ed ages 7-8 years; Dixie Minor, co-ed ages 9-10 years; Dixie Ozone, co-ed ages 11-12 years; Dixie Angels, girls ages 9-10 years; Dixie Ponytails, girls ages 11-12 years; and Dixie Belles, girls ages 13-15 years. T-ball fees are \$25, and the fees for baseball and softball are \$45. A current sports physical and valid child and youth services membership are required for registration and participation. The age control date is Jan. 1 for softball and May 1 for baseball. A parents meeting will take place Feb. 22 at 6 p.m. in the youth center, located on Seventh Avenue in Bldg. 2800. Coaches are needed.

For more information, call 255-0950.

Biggest Buck Contest

Fort Rucker Outdoor Recreation continues its Big Buck Contest through Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck – bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card.

For more information and to register, call 255-4305.

Adult swimming lessons

Swimming lessons for people ages 18 and older will be conducted Tuesdays and Thursdays in February at the Fort Rucker Physical Fitness Center Indoor Pool, Bldg. 4605 on Andrews Avenue. Cost will be \$50 per participant. Each session will include eight classes. Beginners sessions will run from 5:15-6 p.m. and intermediate sessions from 6:15-7 p.m. People need to register at least three days prior to the start of the class at the Fort Rucker Physical Fitness Center.

For more information, call 255-2296 or 255-9162.

Black History Month 5K

Feb. 4, the Fortenberry-Colton Physical Fitness Center will host the annual Black History 5K Run. Registration on the day of the event will begin at 7:30 a.m. and end at 8:40 a.m. at the Fortenberry-Colton PFC. The run will start at 9 a.m. Participants are encouraged to pre-register for the event at either PFC.

For costs and more information, call 255-3794.

Winter Couples Scuffle

Silver Wings Golf Course will host its Winter Couples Scuffle Feb. 5, 12 and 19. This two-person scramble is available to all couples of all skill levels. Nine holes on the course cost \$5 per couple per week – does not include cart or green fees. Tee times are from 11 a.m. to 2 p.m. and scores must be turned in by 4:30 p.m. Team handicap will be determined after two rounds. On the last Sunday of the month, couples are invited to attend a social where prizes and trophies are awarded, and snacks are provided. The event is open to the public.

For more information, call 255-0089.

Lifeguard recertification course

A lifeguard recertification course will be held Feb. 4-5 from 8 a.m. to 5 p.m. at the Fort Rucker Physical Fitness Center. The

course is open to patrons ages 15 and up, and costs \$75 for military ID card holders and \$75 for members of the general public. A prerequisite test must be passed on the first day to enter the course. People may register at the front desk of the Fort Rucker PFC. The cutoff for registration is three days prior to the course start date. Class may be cancelled if minimum enrollment is not met. Candidates who take the training program through are also eligible for employment with Fort Rucker Morale, Welfare and Recreation. All candidates who apply after successful completion of the training program will have 50 percent of their training fees reimbursed to them at the end of the 2017 summer season – must work through Labor Day.

For more information on how to apply, call 255-9162.

Valentine's Couple Scramble

Silver Wings Golf Course will host its Valentine's Couple Scramble Feb. 11 with a 1 p.m. shotgun start. The scramble will feature nine holes of golf, prizes, beverages, and assorted appetizers and desserts. 1:00 pm shotgun start. The cost is \$30 per person and includes tournament course fees, prizes, beverage and food.

For more information or to make a reservation, call 255-0089.

Lifeguard Training Course

A lifeguard training course will be held at the Fort Rucker Physical Fitness Center Feb. 17 from 4-7 p.m., Feb. 18-19 from 8 a.m. to 5 p.m. and Feb. 25-26 from 8 a.m. to 5 p.m. The course is open to patrons ages 15 and up and costs \$125 for military ID card holders, and \$150 for members of the general public. A prerequisite test on the first day must be passed to enter the course. People can register at the front

desk of the Fort Rucker PFC. The cutoff for registration is three days prior to the course start date. Class may be cancelled if minimum enrollment is not met. Candidates who take the training program are also eligible for employment. All candidates who apply with aquatics after successful completion of the training program will have 50 percent of their training fees reimbursed at the end of the 2017 summer season – must work through Labor Day.

For more information, call 255-9162.

ATV trail ride

Fort Rucker Outdoor Recreation will host an ATV and dirt bike trail ride Feb. 18 from 7 a.m. to 1 p.m. The cost is \$20 and pre-registration is required. Drivers must pass the safety driving test through ODR before participating. Participants must provide their own ATV or dirt bike, and also provide their own protective gear, including helmets, boots, etc., that must be worn at all times. The event is open to the public, ages 16 and up.

For more information, call 255-4305.

Disc Golf

The Directorate of Family, Morale, Welfare and Recreation offers Disc Golf – played much like traditional golf, but instead of using a ball and clubs, players use a flying disc. DFMWR welcomes novices and experienced players to bring their friends out and enjoy some friendly competition. The 18-hole disc golf course is located at Beaver Lake. People can visit the Fort Rucker Physical Fitness Facility to check out a disc and give it a try. There is a \$10 deposit required per disc. The Disc Golf course is open to the public. Disc check-out is open to authorized patrons only.

For more information, call 255-2296.

PUZZLE ANSWERS

Super Crossword

Answers

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | O | S | M | I | C | A | T | L | A | S | T | C | H | I | C | K | E | N |
| L | O | L | I | T | A | G | E | I | S | H | A | H | O | T | L | A | V | A |
| E | M | O | T | E | S | I | N | T | H | E | C | H | E | M | L | A | B | A |
| A | P | P | S | S | O | L | O | E | K | E | E | L | M | O | N | T | | |
| T | H | E | U | N | I | V | E | R | S | I | T | Y | F | O | R | P | O | N |
| B | A | S | E | H | T | S | B | U | N | M | A | R | | | | | | |
| A | N | T | I | S | N | C | A | A | S | M | E | A | N | E | R | | | |
| H | O | I | S | T | P | A | C | H | Y | D | E | R | M | S | W | H | I | C |
| A | R | C | H | B | E | L | T | U | R | S | A | D | E | F | O | E | | |
| B | A | S | I | C | R | E | F | E | R | E | N | C | E | F | E | A | S | T |
| H | A | L | O | R | S | O | L | A | | | | | | | | | | |
| N | I | T | W | I | T | C | H | A | R | T | W | A | S | A | L | W | A | Y |
| T | O | E | I | N | L | A | I | C | E | W | O | K | O | L | E | O | | |
| H | U | N | G | U | P | O | N | T | H | E | W | A | L | L | P | R | A | W |
| S | P | L | A | T | S | V | A | L | S | E | A | K | I | S | | | | |
| I | R | E | S | A | T | T | E | D | M | O | S | S | | | | | | |
| M | O | A | B | T | H | E | P | E | R | I | O | D | I | C | T | A | B | L |
| T | O | R | E | N | T | V | A | C | F | O | O | L | F | A | I | L | | |
| O | F | T | H | E | E | L | E | P | H | A | N | T | S | O | N | E | I | L |
| L | E | H | A | V | R | E | N | T | R | E | E | C | A | T | T | L | E | |
| D | R | Y | N | E | S | R | O | M | A | N | S | K | E | Y | S | I | N | |

Weekly SUDOKU

Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 6 | 4 | 3 | 5 | 7 | 1 | 9 | 2 |
| 3 | 1 | 2 | 9 | 4 | 6 | 5 | 7 | 8 |
| 7 | 9 | 5 | 8 | 2 | 1 | 4 | 6 | 3 |
| 2 | 8 | 1 | 6 | 7 | 4 | 3 | 5 | 9 |
| 6 | 4 | 7 | 5 | 3 | 9 | 2 | 8 | 1 |
| 9 | 5 | 3 | 2 | 1 | 8 | 7 | 4 | 6 |
| 1 | 2 | 8 | 4 | 6 | 5 | 9 | 3 | 7 |
| 4 | 3 | 9 | 7 | 8 | 2 | 6 | 1 | 5 |
| 5 | 7 | 6 | 1 | 9 | 3 | 8 | 2 | 4 |

TRIVIA

Answers

1. “Crash Landing” (1958)
2. Sonoran desert
3. “In the mouth”
4. Maine
5. Germany
6. 55 percent
7. Jehovah’s Witnesses
8. The gram
9. The fear of anything new
10. John F. Kennedy

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|---|--|---|--|---|
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| 2016 CHEVY MALIBU LT Clean. Must See! \$16,991 | 2013 FORD FUSION Leather, Sunroof! \$16,991 | 2012 HONDA CRV Leather, Sunroof, Loaded! \$17,995 | 2014 NISSAN FRONTIER Clean, 4X4! \$19,991 | 2013 GMC SIERRA 5.3L V8, Regular Cab! \$21,991 |
| 2011 TOYOTA TACOMA 4X4, Double Cab! \$22,991 | 2014 RAM 1500 Crew Cab! \$22,995 | 2014 RAM 1500 Crew Cab, Low Miles! \$24,991 | 2013 FORD EDGE Leather, Limited, Loaded! \$24,994 | 2013 BUICK ENCLAVE Must See! \$25,991 |
| 2012 TOYOTA TUNDRA SR5 Crew Cab, Auto, Power Options! \$26,991 | 2015 FORD TRANSIT 15 Passenger Van! \$27,991 | 2016 RAM QUAD CAB 4X4, Auto, Low Miles, Power Pack! \$28,991 | 2013 GMC ACADIA Auto, Sunroof, Denali! \$29,991 | 2009 CHEVY CORVETTE Convertible, Low Miles! \$30,993 |
| 2015 MUSTANG GT 6 Speed, Low Miles! \$31,991 | 2015 HONDA PILOT EXL, 9,600 Miles! \$32,991 | 2016 FORD F-150 Crew Cab, 4WD! \$34,991 | 2015 CHEVY SUBURBAN Sunroof, Leather, 4WD! \$38,991 | 2015 NISSAN ARMADA Local Trade! \$39,991 |
| 2016 RAM 2500 Cummins Diesel, Quad Cab! \$41,991 | 2015 TOYOTA TUNDRA Crew Max, Limited, 4X4! \$42,991 | 2015 GMC YUKON XL, SLT, 4X4, Loaded! \$44,995 | 2015 CHEVY TAHOE Leather, Sunroof! \$46,995 | 2016 CHEVY 2500 HD Loaded, LTZ, Low Miles! \$49,995 |

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