JCS chairman hosts armed forces' farewell tribute to SecDef

Story on Page A3



**GIRLS NIGHT OUT** 

Story on Page C1

Event serves up music, dancing, shopping



#### **MAKING WAVES**

Classes provide exercise, sharpen swimming skills

Story on Page D1





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**VOL. 67** • NO. 02

FORT RUCKER ★ ALABAMA

**JANUARY 12, 2017** 

## PROVIDING TREMENDOUS SUPPORT

### School of Aviation Medicine thanks Dothan partners

**Fort Rucker** Public Affairs

Officials from the U.S. Army School of Aviation Medicine paid a visit to Southern Bone & Joint Specialists in Dothan Monday to issue a big thanks to their civilian partners for the role they play in helping to train the Army's medical professionals.

USASAM serves as the sponsoring institution for two graduate medical education residency programs affording medical specialty training in aerospace and occupational medicine, respectively, according to Col. Steven Gaydos, USASAM Occupational Medicine program director. Each program is fully accredited by the Accreditation Council for Graduate Medical Education.

Initial graduates are generally assigned to combat Aviation

brigades or in other operational positions, followed by challenging jobs in operational medicine, clinical positions, staffing and policy, education and training, or research, the colonel said.

"Our challenging curricula mandate clinical exposure in medical specialties and subspecialties that we just could not provide without the support of our local Wiregrass medical community," he said. "In short, they have been outstanding, and we really value and appreciate all their tremendous support. Southern Bone & Joint Specialists is a great example of that."

"On behalf of the dean (Col. Mark McPherson), I just wanted to say thank you so much for all of your outstanding support to our residents," Gaydos said at the Southern Bone & Joint Specialists facility. "Some specialty and specialty rotations are a funda-



Col. Steven Gaydos, USASAM Occupational Medicine program director (right), and Col. Mark McPherson, USASAM dean, present a MedEvac helicopter print to Dr. Jeremiah Maddox of Southern Bone & Joint Specialists in Dothan.

mental part of what they do – we can't provide that ourselves, so without help of the local Wiregrass community, we couldn't run our program.

"These residents go on to

take care of America's sons and daughters in the (Department of Defense), so what you guys do (makes that possible)," he added. "You're great Americans and we really appreciate all of your sup-

After Gaydos spoke, he and McPherson presented Southern Bone & Joint Specialists officials with a print of a MedEvac helicopter and USASAM coins.

## TELL ME A STORY

### Family-focused event features CG as guest reader

By Nathan Pfau Army Flier Staff Writer

The ability to read is viewed as one of the most fundamental skills in society today, and the Military Child Education Coalition wants to make sure children get an early start on literacy.

That's why the MCEC and the Directorate of Family, Morale, Welfare and Recreation will host the Tell Me A Story event with special guest reader, Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, at the U.S. Army Aviation Museum Tuesday at 6 p.m. as a means to promote child literacy and give families much needed time together, according to Heather Dunton, of Parent to Parent MCEC.

"We try to reach out and express the importance of early literacy," she said. "We choose a book that is age appropriate (and) that is a fun, educational story that can relate to military children in different ways."

The book chosen for the event is called "Mercedes and the Chocolate



PHOTO BY NATHAN PFAU

Pilot," which is about the Berlin Airlift that took place after World War II, said Dunton.

The story features a girl who lived in Berlin and heard about a pilot who was dropping candy to children all over the city. She wasn't able to get any of the candy, so she wrote a letter to him, and he ended up sending some directly to

Dunton said that the stories chosen for the event are chosen because of the messages that they convey, and this particular story conveys the message of hope.

'The message is about how he was able to instill hope in her and the other children of Berlin after the war," she

SEE STORY, PAGE A5



Maj. Gen. William K. Gayler, USAACE and Fort Rucker commanding general, speaks to attendees of the Commanding General's New Year's Reception Friday at The Landing.

Morning road closure keeps Soldiers safe

By Nathan Pfau

Army Flier Staff Writer

When driving in the early morning hours on post, people might notice throngs of Soldiers running along one of Fort Rucker's main roads.

Ruf Avenue is the route for early morning physical training on Fort Rucker and the road is closed to motorists to allow runners and cyclists to conduct their morning PT unhindered, according Sgt. Maj. Dave Ewing, U.S. Army Aviation Center of Excellence G-3 sergeant major.

From 5:30-7:15 a.m. on Mondays-Fridays, no privately owned vehicles are allowed on Ruf Avenue, except for designated crossing points at Novosel and Ruf, Red Cloud and Ruf, and Division and Ruf where road guards are posted to allow vehicles to cross safely.

"The objective is to provide a safe place for Soldiers to conduct physical training that won't interfere with their safety and operations here on post," said Ewing.

Ruf Avenue was chosen as the official run route because it is the straightest road, is well lit and is the road that officials can control most easily, according to the G-3 sergeant major.

"Ruf Avenue is one of the main thoroughfares that run through the installation, and it's also easily accessible by all the units and where they conduct PT," he

Vehicles on the road were a severe

SEE CLOSURE, PAGE A5



One of the signs posted along Ruf Avenue listing when the road is closed to help keep Soldiers conducting physical training safe.

## **PERSPECTIVE**

## PARTING COMPANY

## SFL advises Soldiers on beginning transition process

By Bryan Tharpe

Fort Rucker Soldier for Life Center Transition Services Manager

So, you just looked at your countdown calendar and, in about a year, you're going to be parting company with the Army.

"Wow," you think, "that time will pass fast!" You're suddenly overcome with a gnawing feeling that you ought to be doing something to get ready for this major change in your life.

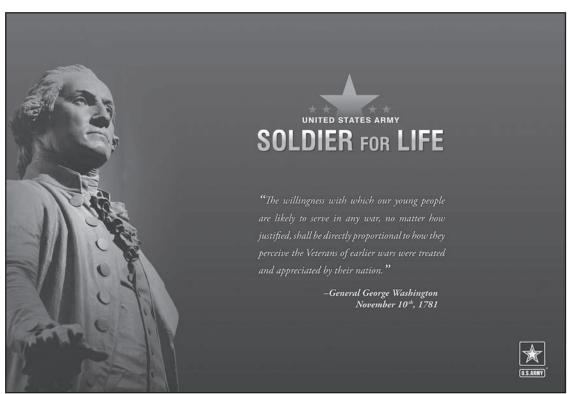
Then you remember one of your friends talking about how valuable Soldier for Life Transition Assistance Program services had been when she completed her military service, so you grab the phone and call SFL-TAP.

The voice on the other end of the line is friendly and gives you the answer you want to hear. The SFL-TAP staff member explains that transitioning soldiers must begin working with the SFL-TAP Center not later than one year from ETS or two years from retirement.

"Hey," you think, "that's still a long way out to get started." Your first impulse is to voice that fact in no uncertain terms to the person on the other end of the line. Fortunately, some of your human relations training kicks in, and you simply say, "Well, I guess by starting earlier I can better prepare myself for the transition."

Additionally, The VOW Act made attending all SFL-TAP classes mandatory as well as doing your initial SFL-TAP pre-separation briefing not later than 12 months from your separation or retirement

If you see yourself in this scenario, read on - indeed, it may be too far out to start sending out resumes, but there are some things you can do while you're waiting for that separation or retirement



ARMY PHOTO ILLUSTRATION

the earlier you start using SFL-TAP services, the more latitude you have to schedule appointments around your unit mission require-

**Start networking.** You can get started networking (talking) with relatives, friends and acquaintances to let them know you'll be looking for a job in about a year. You'll probably be pleasantly surprised at just how helpful network contacts can be. Most people you talk to will be more than willing to help. Of course, the more specific you can be in terms of what you want to do and where you want to live, the more valuable your network contacts can be. The value of networking in job search is illustrated by the fact that almost 80% of job seekers find their jobs through some form of networking.

Attend an SFL-TAP job assistance workshop. Knowing how and where to look for a job is half date to draw closer. Furthermore, the battle. You can never begin too best suited for.

soon to start learning all you can about the job search process, how to produce great resumes and cover letters, and acquiring excellent interviewing skills that make you look and sound polished while you are trying to market your abilities.

Take advantage of all the services the education center offers. Of course, the obvious thing here is to further your education and training to make you more marketable. You may wish to work on a degree or brush up on your computer skills - computer classes and skills are especially good for your resume. Either way, the education center can help you. Additional training and education will usually increase your options for employment. And, if you aren't sure what you want to do when you finish your military service, the center can help you complete an interest inventory that will indicate what types of occupations you appear be

Gather information. Once you start your job search, you'll need a great deal of information to accurately complete job applications and to develop an effective resume. You can start gathering that information now. This will include such things as the names, addresses and telephone numbers of previous supervisors, and where you worked and the inclusive dates you worked there for at least the last 10 years. Additionally, gathering other documents, such as personnel records, training certificates, diplomas, etc., will make it much easier to write an effective resume and to answer interview questions. If you wait until you're out of the military to start gathering this information, the task will be much more difficult.

Research. You can start researching companies, salaries and cost of living in particular areas of the country. Researching companies can help you decide if you really want to send a resume to a gestions, contact the Fort Rucker

particular company and can help you shine when you go for an interview with the company. Additionally, you can get started researching the salaries for the kinds of jobs you're interested in, as well as the cost of living in areas where you might relocate. This research can pay big dividends for you. One major benefit is that it will help you decide if salaries in the industry and area you're considering are adequate. Of course, to make a good decision on salary, you'll need to know how the cost of living in one area compares with other areas. The information regarding salaries and cost of living will also be very valuable if you have the opportunity to negotiate salary.

Develop a positive, I won't procrastinate attitude. Perhaps the best thing you can do between now and the time you start working with SFL-TAP is to develop a positive attitude that includes a determination not to procrastinate. Get started on all the things mentioned above. Allow yourself to be positive about your worth in the marketplace – it's a fact that employers are looking for people like you who have a good work ethic, who are motivated, and who know how to work as a team member. Resolve that the first day you're eligible to work with SFL-TAP, you'll stop by the center and sign up for SFL-TAP services. Additionally, resolve that you'll take advantage of all the services SFL-TAP offers with the knowledge that individuals who work with SFL-TAP generally get jobs sooner and get higher starting salaries than Soldiers who do not use the full range of services.

As you can see, there are a number of things you can do to be more proactive in your transition process while waiting for your separation or retirement date. For more sug-



Martin Luther King Jr. Day is Monday and is a day of community service. Why is it important to give back to the community? "



Jenny Camacho, civilian

"If you live in a community, if you try to help out and do things for that community then you're just going to make it better.'



Nicole Brown, military spouse

"Around this community they do a lot for the military, and as a military community the least we can do is give back.



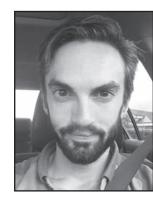
Laura Gaydos, military spouse

"It's important to give back because it's our community and we're all part of it together, so if you want your community to thrive and be a place that's worth living, then you have to give part of yourself to it."



Rita Gardner, military spouse

"It's important for everyone to help everybody out."



Jason Pfau, civilian

"It's important to contribute to the community you live in if you want that community to be a better place for everyone to live."

COMMAND

Maj. Gen. William K. Gayler FORT RUCKER COMMANDING GENERAL

Col. Shannon T. Miller FORT RUCKER GARRISON COMMANDER

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Deadlines are Friday at 2 p.m. for the following week's edition. All editorial content of the Army Flier is prepared, edited, provided and approved by the Public Affairs Office, U.S. Army Aviation Center of Excellence and Fort Rucker, AL.

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Army Flier by e-mail, please contact the editor at jhughes@ armyflier.com.

### JCS chairman hosts armed forces' farewell tribute to SecDef

By Karen Parrish

Defense Media Activity

WASHINGTON - Calling Defense Secretary Ash Carter "a man of action," the nation's top military officer hosted a farewell tribute to Carter on behalf of the armed forces today at Joint Base Myer-Henderson

Marine Corps Gen. Joe Dunford praised the secretary as "a man gifted with a keen intellect."

"I've never worked with someone so quick to identify the key elements of complex issues," Dunford said. "He's a visionary. While most of us struggle to tackle today's challenges, he's always been someone who could look around the corner and see where the department needed to be in the future."

#### 'MAN OF ACTION'

Dunford credited Carter with saving lives during his years in policy roles, as the Pentagon's acquisition chief, and as deputy secretary and secretary of defense.

"He's a man of action. Despite his many years in the department, he was never driven by process or protocol," Dunford said. "His impatience with red tape is legendary. He's known for getting things done and demanding the same of others."

Dunford said the Warfighter Senior Integration Group, an initiative Carter started in 2009, "cut through the bureaucratic processes and delivered urgent capabilities and resources to the warfighter when and where they were needed."

With one phone call from Iraq or Afghanistan, he said, commanders "could get immediate results in solving problems to save lives and enable battlefield success."

No strategic leader played a more significant role in fielding vehicles and equipment to counter roadside bombs in Iraq and Afghanistan, Dunford said.

"Mr. Secretary, it would be hard to overstate the impact of your actions in saving



Defense Secretary Ash Carter and his wife, Stephanie, pose with Marine Corps Gen. Joe Dunford, chairman of the Joint Chiefs of Staff, and his wife, Ellyn, during a farewell ceremony for Carter on behalf of the armed forces at Joint Base Myer-Henderson Hall, Va., Jan. 9.

lives and limbs," the chairman said. "A lot of Soldiers, Sailors, Airmen and Marines came home because you cared, and because you decisively engaged."

#### A LEADER ACROSS THE BOARD

Dunford said Carter's qualities as a leader are also evident in the fight against the Islamic State of Iraq and the Levant, al-Qaida and associated groups.

"He's been instrumental in building a 67-member coalition and implementing a military campaign that has significantly reduced ISIL-held territory, degraded ISIL's capabilities, limited its freedom of movement, reduced its resources and stemmed the flow of foreign fighters in the region," the general said.

Dunford noted that Carter has traveled tirelessly as secretary, "coordinating and collaborating with our partners and allies and along the way building strong, meaningful and lasting relationships across the globe."

Carter's "quiet weekend visits" to wounded warriors along with his wife, Stephanie, were also hallmarks of his tenure as secretary, Dunford said.

"He was always comfortable sitting down, looking in the eye, and connecting with the wounded and their families," the general said. "He never rushed a visit."

#### FROM COLD WAR TO CYBER DOMAIN

Carter thanked the general and said his best decision as secretary was recommending Dunford as chairman. The secretary then reflected on his career.

"It was 35 years ago this year that I first walked the halls of the Pentagon," he said. "In those decades, I worked at administrations of both parties and for 11 secretaries of defense."

Carter thanked President Barack Obama "for the trust and the confidence he reposed in me in three different positions over eight years."

The secretary also thanked his "perfect wife," and said her travels with him had meant a lot to the mostly married troops they have visited.

"It matters to troops on far-flung bases and around the world when our family shows our love for their family," he said.

Carter said during a career that started during the Cold War and has stretched into the cyber age, he has learned that defense leaders must be "mindful of the arc of history."

The secretary said even while facing "the five challenges" of North Korea, Iran, Russia, China and terrorism, "there's a whole other side to being secretary of defense" – ensuring the future of "the finest fighting force the world has ever known."

"I have tried to the best of my ability as secretary, and indeed in each of my roles in the department, to meet that sacred commitment," he said.

#### KEEPING IT ABOUT PEOPLE

In a rapidly changing, uncertain and "fiercely competitive" world, Carter said, "Remaining the best will require the best: technology, agility, full-spectrum readiness, innovative war plans, and above all recruiting, retaining and developing the people, uniform and civilian, who will comprise the force of the future."

Carter noted that in troop talks around the world he has told service members that they are why he wakes up in the morning. "I'm so proud to be their leader." he said.

The security U.S. troops provide their fellow citizens allows them to live lives that are full, he added.

"Everywhere I go in the world, leaders say they like working with America's troops," he said. "It's not just because they're awesomely capable, it's also because of how they conduct themselves and the values they embody."

Because of them, "America's future is bright," Carter said.

### Pentagon officials describe crucial role of cyber capabilities

By Amaani Lyle

Defense Media Activity

WASHINGTON - Pentagon officials addressed emerging cyber challenges and the game plan to confront them in remarks Thursday before the Senate Armed Services Committee hearing on foreign cyber threats to the United States.

Marcel Lettre, under secretary of defense for intelligence, appeared with Navy Adm. Michael S. Rogers, commander of U.S. Cyber Command and director of the National Security Agency, to clarify the tasks at hand.

#### **EVOLVING CHALLENGES**

"We confront no fewer than five immediate but also distinct and evolving challenges across all operating domains," Lettre said. "We are countering the prospect of Russian aggression and coercion, especially in Europe, something we've ... energetically had to renew our focus on in the last several years."

Lettre said the Department of Defense is managing historic change in what he called perhaps the most consequential region for America's future, the Asia-Pacific. In addition to monitoring risks associated with China's destabilizing actions in the region, he noted DOD is checking Iran's aggressive influence across the Middle East.

The under secretary also outlined efforts to bolster deterrent defense forces in the face of North Korea's continued nuclear and missile provocations, as well achieve a lasting defeat of the Islamic State of Iraq and the Levant and al-Qaida.

Lettre explained the DOD has named the efforts "4-plus-1," or the four statebased challenges and an ongoing condition of battling terrorism. "Each of these security challenges – China, Russia, Iran, North Korea and global terrorist groups such as ISIL – presents a significant cyber threat dimension to the U.S. military."

And cyber, Lettre emphasized, is an operating domain that is real, complex, dynamic, and contested. In recent years, DOD has pursued a comprehensive strategy for maintaining the necessary strategic dominance in this domain, he said.

#### AN EFFECTIVE DEFENSE

Defense Secretary Ash Carter has pressed for DOD to change, adapt and innovate to meet not only today's challenges but also ensure an effective defense against cyber threats well into the future, Lettre said.

"We have built and continue to build the means and methods that will strengthen our relative position against each of these dimensions of the cyber threat," he add-

The U.S. government's cyber policies reflected in presidential policy directives and executive orders provide guidance on the absolute necessity of a whole-ofgovernment approach, critical to protecting the United States, the under secretary

Currently, DOD has developed and refined cyber mission objectives, he said, which include defending defense networks, providing cyber options for military commanders and defending the nation against cyberattacks.

Since 2009, DOD has matured the cyber command to ensure clear command responsibility, authority and growing capabilities essential to cyber operations, Lettre said.

According to Lettre, DOD will continue to develop and refine its national cyber policy framework, which includes the evolution of all dimensions of the deterrence posture – encompassing the nation's ability to deny the adversary's objectives, impose costs, and ensure a resilient infrastructure to execute a multi-domain mis-

"This refinement and evolution and our deterrent thinking capability will further empower decision-making at net speed," he explained.

Cyber command, Lettre asserted, is doing more to protect the nation and support global operations than ever before. "We need to continue, in fact, accelerate this maturation," he urged.

Lettre also said he champions a deepened partnership between the government and the private sector and between the

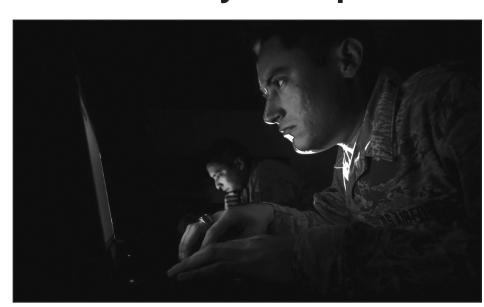


PHOTO ILLUSTRATION BY AIR FORCE SENIOR AIRMAN SOLOMON COOK

U.S. government and allies.

#### ASSISTANCE FROM INDUSTRY

"We must continue to seek help from American industry, the source of much of the world's greatest technology talent in innovating to find cyber defense solutions, build resiliency into our critical infrastructure systems and strengthen our

deterrence," Lettre said. Rogers warned of taking for granted the interconnectivity built into every facet of users' lives, saying that malicious cyber actors who seek to harm Americans use the very same Internet, communications devices and social media platforms "that we, our families, and our friends here and around the world use."

"We must keep pace with such changes,"

he said, "in order to provide policymakers and our operational commanders the intelligence and cyber capabilities they need to keep us safe.'

That means understanding our adversaries, their motives and their attack methods, Rogers emphasized. Confronting cyber threats requires technology assets, as well as talented, motivated people.

"We are investing more than ever in the recruitment and retention of a skilled workforce that is knowledgeable, passionate and dedicated to protecting the nation for the safety of our citizens and of our friends and allies around the world," Rogers said. "We need to invigorate the cyber workforce to think creatively about challenges that do not ascribe to traditional understandings of borders and boundaries."

#### Dr. MLK Jr. program

Fort Rucker will host its Dr. Martin Luther King Jr. commemorative program today at 10 a.m. at the post theater. For more information, call 255-2061.

#### Faulkner Gate closure

In observance of the Dr. Martin Luther King Jr. holiday, Faulkner Gate will be closed Saturday-Monday. It will resume normal operations Tuesday.

#### **Retirement ceremony**

Fort Rucker will host its quarterly retirement ceremony Jan. 20 at 2 p.m. at the U.S. Army Aviation Museum. All are welcomed to attend and honor the post's latest retirees for their service.

#### **Resiliency Resources**

The Lyster and Fort Rucker Resiliency Resources mobile device app is available for free in Android

and iPhone mobile app stores. The app can help people find information for Fort Rucker, including addresses, phone numbers and event information, and also information such as where running trails are located, if there is a 5k race coming up, when Bible studies occur and

#### ID card section closure

The Fort Rucker ID Card Section will close from 2:15-4:15 p.m. for training the second Wednesday of every month.

#### Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in. To claim their property, people must be able to demonstrate ownership of the property. DPS

at special events held on the installation, such as Freedom Fest – the most common items turned-in are keys, cell phones and wallets.

#### Military pay briefing

The Defense Military Pay Office briefing for Soldiers scheduled to separate due to expired term of service or involuntary separation (non-retirement) is offered as a weekly group briefing. The ETS briefing is held Tuesdays at 1 p.m. in Bldg. 5700, Rm. 371B. Soldiers should bring the following documents to the briefing: two copies of separation orders and amendments, DA 31 - Request and Authority for Leave (if approved) and the original or notarized copy of documents to support changes in marital status not

previously reported to the DMPO. The DMPO will continue to provide desk-side briefings for Soldiers who do not receive orders in time to attend a group briefing. Command teams with Soldiers who cannot attend a regularly scheduled briefing due to time constraints should call 255-3939, 255-9182 or 255-3115.

#### Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

#### **Retiree council meetings**

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend. Retirees are also encouraged to apply for one of the open positions on the council. For more information, call 255-9124.

## SAFE AND SECURE

## Deployments bolster U.S. presence in western Pacific, Europe

By Karen Parrish Defense Media Activity

WASHINGTON - Pentagon Press Secretary Peter Cook has announced operational deployments that will boost U.S. presence in the western Pacific and in Europe.

"Ships and units from the Carl Vinson strike group will depart San Diego for a regularly scheduled deployment to the western Pacific," Cook told Pentagon reporters Thursday.

About 7,500 sailors will deploy and focus on maritime security operations, theater security cooperation efforts and bilateral exercises, he said.

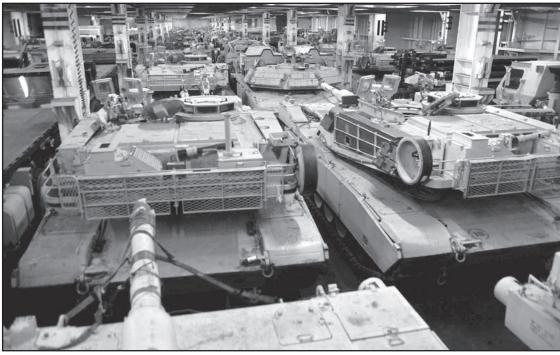
Separately, Cook said, the United States is demonstrating its continued commitment to collective security through a series of actions designed to reassure NATO allies and partners of America's dedication to enduring peace and stability in

the region in light of Russia's intervention in Ukraine.

"Tanks, trucks and other equipment are scheduled to arrive in Europe this weekend, beginning a nine-month rotation of U.S. Army forces supporting Operation Atlantic Resolve," the press secretary said.

The arrival of troops and equipment from 3rd Armored Brigade Combat Team, 4th Infantry Division, out of Fort Carson, Colorado, marks the beginning of the presence of an ABCT and back-to-back rotations of U.S. troops and equipment in Europe, he added.

After the equipment arrives at Bremerhaven, Germany, it will move by rail, commercial line haul and military convoy to Poland, Cook said. Troops and equipment will later be relocated throughout the region for training and exercises with European allies.



Military vehicles from 3rd Brigade Combat Team, 4th Infantry Division (Iron Brigade), roll off the ship ARC Resolve at Bremerhaven, Germany, Jan. 6.

"This effort is part of our tive to maintain persistent, ro- and sea forces in Central and European Reassurance Initiatational presence of air, land, Eastern Europe," he said.

## **DOD INNOVATION** Advisory board approves 11 recommendations

By Lisa Ferdinando Defense Media Activity

WASHINGTON - Top innovators, scholars and business leaders gathered at the Pentagon Monday for the second meeting of the Defense Innovation Advisory Board and approved 11 recommendations aimed at keeping the Defense Department on the cutting edge in technology, culture, operations and processes.

The 15-member board is chaired by Eric Schmidt, the executive chairman of Alphabet Inc., the parent company of Google.

"I think I can speak for the entire board to say that we are really happy to be able to serve the country in the way that we have," Schmidt said at the start of the public meeting. "Everybody here is a volunteer. We've had a wonderful time."

Board members are continually impressed by the focus, courage and discipline of the service members they meet around the globe, Schmidt said. "It's important when you sit here in Washington to remember there's a much larger space of people who are out basically fighting the good fight in an impressive way."

Speaking to reporters after the meeting, Schmidt said he believes the board will continue its work under the incoming administration and that it will be "business as usual" with the new secretary of defense.

"We are a discretionary board – the way it's structured is we continue at the discretion of the secretary," he explained. "We have every reason to believe that it will continue."

#### **APPROVAL**

The board held its inaugural meeting in October. In Monday's 90-minute session, the board discussed and approved 11 recommendations and discussed a new one.

The attendees included Marne Levine, chief operating officer of Instagram; retired Navy Adm. William McRaven, a former commander of U.S. Special Operations Command who now is chancellor of the University of Texas System; and astrophysicist and author Neil deGrasse Tyson.

Other members at the meeting were Adam Grant, professor, Wharton School of Business; Eric Lander, president and founding director, Broad Institute of MIT and Harvard; J. Michael McQuade, senior vice president for science and technology, United Technologies; Milo Medin, vice president, Access Services, Google Capital; Jennifer Pahlka, founder, Code for America; and Cass Sunstein, professor, Harvard Law School.

Defense Secretary Ash Carter established the board last year for a two-year renewable term. The panel is authorized to have up to 20 members.

The board also includes Jeff Bezos, president, chairman and CEO, Amazon Inc.; Danny Hillis, computer theorist and co-founder, Applied Inventions; Reid Hoffman, co-founder, LinkedIn, and partner, Greylock Partners; Walter Isaacson, president and CEO, Aspen Institute; and Richard Murray, professor, California Institute of Technology.



Eric Schmidt, center, executive chairman of Alphabet Inc., the parent company of Google, and chair of the Defense Innovation Advisory Board, speaks to reporters at the Pentagon following the board's second meeting Monday.

#### RECOMMENDATIONS

Members approved recommendations to:

- Appoint a chief innovation officer and build innovation capacity in the workforce;

-- Embed computer science as a core competency of the department through recruiting and training;

-- Embrace a culture of experimentation;

-- Assess cybersecurity vulnerabilities of advanced weapons;

-- Catalyze innovations in artificial intelligence and machine learning;

-- Expand use of available acquisition waivers and exemptions;

-- Increase investment in new approaches to innova-

-- Improve DOD access to code;

-- Establish software development teams at each maior command;

-- Make computing and bandwidth abundant;

-- Reward bureaucracy busting; and

-- Lower barriers to innovation.

The members also discussed a new recommendation to establish a global and secure repository for data collection, sharing and analysis, but did not vote on that idea.

#### **IMPLEMENTATION**

APPRECIATE FORT

RUCKER.

The board's executive director, Joshua Marcuse, pointed out that Carter announced in October he had formally accepted board recommendations to create a DOD chief innovation officer, embed computer science as a core competency, and create a DOD center for artificial intelligence and machine learning.

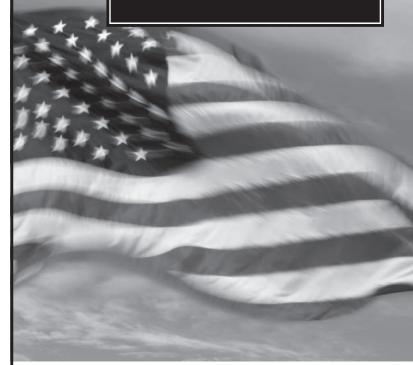
Monday's vote finalizes the recommendations and will include any updated language, Marcuse said. The secretary's staff has begun a process of how to best to implement those three ideas, he added.

The Defense Innovation Advisory Board operates under the Federal Advisory Committee Act and the Government in Sunshine Act.



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## GIVING BACK

## Finance guru offers free financial advice to Soldiers

**By Sean Kimmons** Army News Service

WASHINGTON - The Army has enlisted the help of personal finance expert Suze Orman to educate Soldiers and their families on money matters so they don't fall victim to predatory loans, mounting credit card debt or other financial issues.

Orman, a best-selling author and television personality, plans to offer her services free of charge to Soldiers, including a seven-step online course, normally \$54, and an upcoming video detailing the military's new retirement system.

"There comes a time in life when everybody has to serve their country, and they have to serve those that are giving us our freedom," she said at a news conference at the Pentagon Jan. 4. "If anybody deserves the best financial advice in the world, which I am more than capable of giving, it's the men and women who are serving all of us."

Orman also discussed her desire to visit military bases to speak to troops in person during seminars.

"Nothing would make me happier than to personally go to every single base in the entire world," she said.

Having such a star in the finance world come on board for free has some Army leaders thrilled about the implications for the future readiness of Soldiers.

"When our Soldiers don't have their hearts and minds on their job, it is not good for their security and for the team. And that's why we're so excited to partner with Suze," said Under Secretary of the Army Patrick Murphy, who announced the partnership.

According to Orman, she tries to simplify personal finance tips to make them easier to understand.

For instance, she noted that if a 25-yearold Soldier began placing \$100 a month into a Roth Thrift Savings Plan, the account would grow to roughly \$1 million by the time the Soldier reaches the age of 65. But if the Soldier waited until 35 years old to invest the same amount, he or she would get only \$300,000.

"Those 10 years cost them \$700,000,"



Suze Orman, right, and Under Secretary of the Army Patrick Murphy discuss the Army's new partnership with the personal finance expert during a news conference inside the Pentagon in Washington Jan. 4.

she said. "If you teach that to a 25-year-old, you can bet your bottom dollar that they're going to start putting money away."

Besides retirement planning, her free online course available to all U.S. troops covers a variety of topics, from learning how to live debt-free, tackling financial obstacles, to purchasing big-ticket items like a home or car. Any military member can enroll in the course at SuzeU.com, using gift code "USA."

With Orman's help, a video explaining the blended retirement system, which is set to be rolled out Army-wide in 2018, is also in the works as part of the partnership.

As one of the biggest changes to military pay and benefits in 70 years, the blended retirement system is expected to provide a sort of portable retirement benefit to about 85 percent of the force, compared to only 19 percent today.

"We love our troops and their families. They are the corps of who we are as a team," Murphy said. "We want to make sure that they get the best advice as possible."

Murphy also hopes Orman's advice will steer cash-strapped Soldiers away from payday loan businesses that try to exploit them with high interest rates.

"We've cracked down on some of that, but really that's being reactive," he said. "What we're trying to do with Suze is to be proactive and let [Soldiers] know the tools that are out there."

This isn't the first time Orman has partnered with the Army. In May, she signed a four-year gratuitous services agreement with the Army Reserve to improve the financial readiness of reservists with informational videos, written material, town hall discussions and base visits.

She said she plans to devote herself to these partnerships full time since she ended "The Suze Orman Show" on CNBC in 2015. One of her goals now is to serve as an impartial financial adviser to Soldiers who are unable to find one elsewhere.

"It's very difficult, in my opinion, to get true, honest, unbiased financial advice," she said. "It's almost as if everybody who gives you financial advice who's in the financial arena has something to gain from it. We need an unbiased source, which I will serve

## Story

Continued from Page A1

said. "Yes, the story is about dropping them to real life - figuring out what the candy to children, but it's really about instilling hope in people, and that's a value that all kids can learn and apply to their own lives."

The story was also chosen for its tiein to the Aviation community, which was something Dunton said she hopes the children are able to relate to.

The event is meant to cater to children ages 4-12, but all family members are welcome, she said.

"Our biggest goal with the event is obviously to promote literacy, but it's also about family time," said Dunton. "It's about taking the stories and applying

story is really about."

The story time will also feature some hands-on activities with crafts to be made, featuring airplanes, parachutes and candy to be dropped to the children.

The event is open to the public but people are asked to RSVP since space is limited to 50 families, and each family will be taking home a copy of the book.

People can reserve a spot by emailing PtoP.Enterprise@MilitaryChild.org. Dunton said people should include how many family members will be attending, as well as the ages of each child.

For more information, call 255-9810.

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## Closure

Continued from Page A1

problem that Fort Rucker faced in years past, but thanks to posting road guards and reflective cones, Ewing said that instances of drivers crossing at non-designated areas have decreased.

"We have signs that are posted throughout the installation and we also put road guards at crossing points that allow the traffic to safely cross the road," said the sergeant major. "We also place cones in parking lots that run down Ruf Avenue."

The road closure is nothing new to longtime residents, but new arrivals to Fort Rucker might find themselves searching for a way across post. If drivers come up to the street, Ewing advises them turn around and find a designated crossing point for the safety of the Soldiers.

Crossing at a non-designated crossing point can not only result in a citation from military police on post, but can also carry more serious consequences, such as endangering the lives of Soldiers.

Ewing has advice for those who would still consider ignoring the postings when no one is around.

"As we know, especially during the winter, there can be periods of low visibility, and anytime there is a vehicle crossing at a non-designated point it raises the possibility of injuring or harming one of our Soldiers," said the sergeant major.

The regulations are in place for the safety of Soldiers, and although they might serve as a minor inconvenience for earlymorning drivers, Ewing said it's a small price to pay to keep Soldiers safe.

For more information or questions regarding early-morning road closures, call 255-2222 or 255-2511.









Certain restrictions apply. Contact AACFCU for full details.

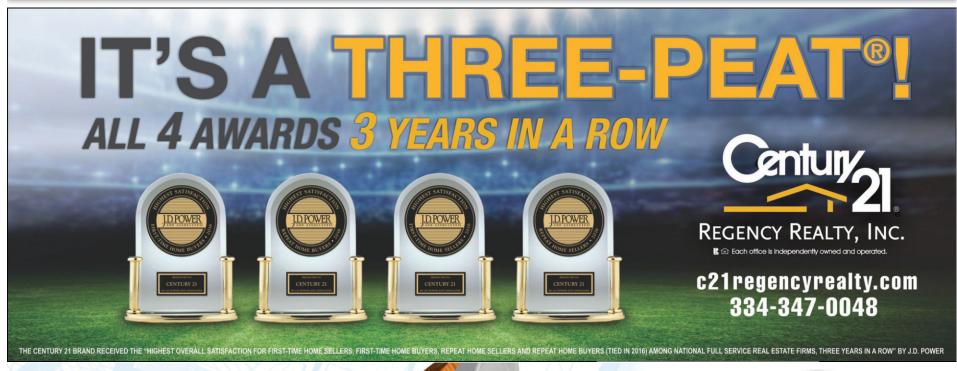
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**JANUARY 12, 2017** 

## 'SMART FUZE'

## Picatinny patent enables drones to attack IEDs

**By Eric Kowal** 

Picatinny Arsenal Public Affairs

PICATINNY ARSENAL, N.J. — Three engineers from the U.S. Army Armament Research, Development and Engineering Center were granted a U.S. patent for their work on a universal "smart fuze" for unmanned aircraft systems and other remote armament systems.

"Improvised explosive devices and urban warfare have wounded and killed many warfighting Soldiers," said Lloyd Khuc, one of the patent recipients. "By using a small Remote Armament System camera and sensors capable of delivering warheads, we can neutralize the IED and urban warfare targets."

Khuc, along with Nicholas Cali and Daniel Vo, received notification that patent number 9,410,783 was approved Aug. 9, roughly two years after the application was filed.

"There currently are very few manportable (UAS) that can effectively iden-

tify and neutralize light-armored targets through the utilization of energetic warheads while minimizing collateral damage," Khuc said.

In current combat methods, Remote Robot Systems may be fielded to various degrees to replace humans for surveillance, reconnaissance or patrol operations in hostile areas, he added.

Troops utilize many RRS types with cameras that, individually or together, can identify hostile targets. However, such RSS systems are not now equipped to also eliminate such dangerous targets. Therefore, Soldiers must often still place their lives at risk to destroy these targets after they have been identified by RRS or by drones. Khuc said.

This remains as a great risk to human life. Therefore, there is a strong demand for a lethal drone that, during the same mission, can both identify a hostile target and also then be activated to attack to de-

SEE SMART, PAGE B4



Daniel Vo, project officer, and Lloyd Khuc and Jason Marabell, engineers with the Munitions Engineering Technology Center, with a UAS that incorporates a patent from Picatinny Arsenal, N.J., for a universal 'smart fuze' for UAS and other remote armament systems.



Soldiers and Airmen load an AH-64 Apache onto a C-17 Globemaster III aircraft at Eielson Air Force Base, Alaska, Dec. 15. The helicopter is assigned to the 1st Attack Reconnaissance Battalion, 25th Combat Aviation Brigade. The C-17 and crew are assigned to Travis Air Force Base, Calif. A contingency response team traveled to the base to support the Army's Rapid Alaska Airlift Week exercise.

## 4th CAB slings snow mobiles

By Capt. Shaun Manley 4th Combat Aviation Brigade Public Affairs

FORT CARSON, Colorado — Getting food and equipment out to Soldiers in austere environments can be challenging – using aircraft to assist combats that challenge.

An aircrew assigned to B Company, 3rd Assault Helicopter Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, 4th Infantry Division, using a UH-60 Black Hawk helicopter, conducted sling load training with Soldiers of 10th Special Forces Group in Fort Carson's training area in December.

"We were excited to support this training and put our aircraft skills to work for the ground Soldiers," said CW2 Christopher Coughlin, UH-60 Black Hawk pilot, 3rd AHB. "Conducting air-assault operations is a timely and effective way to move equipment around the battlefield."

Members of 10th SFG practiced how to safely sling or "hook up" various loads to the utility helicopter and how to communicate with the aircraft crew using hand-andarm signals and radios.

During the training, the team moved palletized equipment, 500 gallon water-blivets and, for the first time ever on Fort Carson, snow machines, using the sling ropes, cargo nets and the aircraft.

"It's important that we continue increasing our capabilities and figure out how to best support the ground units," added Coughlin. "Being able to successfully slingload the snow machines increases the capabilities for 10th Special Forces Group and the Army."

Prior to the training event, Air Assaultqualified leaders trained the Soldiers on where to be as the aircraft approached the



A UH-60 Black Hawk assigned to the 4th CAB approaches awaiting 10th SFG Soldiers preparing to hook up a 500-gallon water blivet during sling load training at a Fort Carson, Colo., training area.

load and how to properly secure the equipment to the aircraft.

As the aircraft maneuvered above the equipment, the Soldiers successfully completed their mission of communicating and hooking up the ropes so that the aircraft could move the load to another location and circle back for another.

"These Soldiers were very motivated and did a great job," said CW2 Adam Garrison, UH-60 Black Hawk. "I could see that they had received prior training and were comfortable despite some of them never conducting this type of training before using actual aircraft."

As the final sling load movement consisting of two snow mobiles was completed, the aircrew and ground Soldiers completed an after-action review of the operation to ensure they captured lessons learned for the



A UH-60 Black Hawk approaches Soldiers and a sling load consisting of two snow mobiles.

next training event.

"This training ensured the Soldiers were trained and ready to execute air-assault operations," added Coughlin. "They now have a better understanding of one of the capabilities the aviators bring to the fight and we look forward to our future operations and training events together."

## EVOLVING **PHREAT**

Counter-UAS Summit discusses drone implications

By Rick Lewis

Fort Bliss, Texas, Public Affairs

FORT SILL, Okla. — The Fires Center of Excellence hosted its third annual Army Counter Unmanned Aircraft System Summit at Fort Sill Dec. 6-8.

The summit, which was broken into a two-day government-only session and a one-day industry portion, attracted more than 300 participants from various Army centers of excellence, joint and service agencies, combatant commands, and members of the science, technology and acquisition communities.

"The turn-out for the C-UAS summit was tremendous," said Lt. Col. Rhonda Williams, the lead C-UAS action officer for the FCoE. "It clearly reflects the importance and urgency the Department of Defense has placed on defeating a threat which has steadily proliferated in both number and capability over the past few years."

Currently, there are more than 600 types of UAS used in more than 80 countries. The Consumer Electronics Association estimates that 700,000 new UAS will be sold to commercial and recreational users in the United States in 2016.

"The production of small UAS is simple, rapid, and inexpensive," said Williams. "We expect UAS technological capabilities to increase tremendously as commercialization of the product continues to evolve."

During recent combat operations in the Crimea, Ukraine and Syria, UAS fixed- and rotary-wing capabilities were successfully integrated into military operations. These systems provided reconnaissance, surveillance, intelligence and target acquisition capability against soldiers, installations and infrastructure, often with lethal effects.

"Throughout the Ukraine conflict, Russian-backed separatists have not only used unarmed reconnaissance drones to inform their forces about the opponent's movements and positions, but also successfully integrated UAS targeting capability for artillery fires," said Williams. "The artillery fires effects on static and maneuver formations were devastating."

Williams said the C-UAS summit has shown unclassified video in previous years to acquaint everyone with the potential of these systems.

"It definitely drives home why it is important to defeat the threat of UAS as a combat enabler," she said.

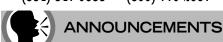
The mix of attendees at the summit reflected the "whole government approach" contained in the Army's C-UAS strategy, which is aimed at detecting, identifying and defeating the growing unmanned aircraft threats posed to the warfighting community, she said.

The approach has resulted in significant and growing information sharing,

SEE EVOLVING, PAGE B4

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## **Smart**

Continued from Page B1

feat that target, he added. There is also a need to decrease total response time for attempting to destroy such targets through such RSS systems, and also to meet safety requirements.

After careful study of the problem, the trio of engineers began working on a solution.

The team of engineers wanted to create a solution that would reduce threats in the urban warfare environment where IEDs

have become common.

"Many warfighting Soldiers were killed by (IEDs) in the Iraq and Afghanistan war, so we keep thinking the methods to protect the warfighter by detecting and neutralizing the IED," Khuc said.

"Using the robot or (UAS), which has the camera, fuze and warhead, provides the ability to remotely detonate a low-cost explosive charge to defeat the IED from a safe location without putting any Soldiers in danger.

"The lack of such tactical capabilities

constrains the warfighter's ability to function in an urban environment where the targets might be in areas where the potential for civilian casualties is relatively high," Khuc added.

The Lethal Unmanned Aerial Systems program is the first step toward generating a solution, he said.

"The members of this team added the requisite level of lethality to a pre-existing (UAS) platform by designing as well as integrating a programmable fuze and warhead assembly into such a platform,"

Khuc said

According to Khuc, the L-UAS aims to obtain the following capabilities:

- Added lethality component to non-tactical small UAV;
- Elimination of UAS capture;
- Technology protection through selfdestruction;
- Added lethality to projectile (increase lethal range);
- Deterrence to terrorism activities; and
- Force protection.

## **Evolving**

Continued from Page B1

cooperation, and collaboration between government agencies and the services. Consistent with this theme, the Navy, Marines, Air Force, Coast Guard and Joint Staff provided updates on the status of their respective C-UAS development efforts, Williams added.

"Our analysis led us to conclude that the C-UAS mission must be viewed as an inherently joint combined arms operation," said Col. Doug White, Training and Doctrine Command Capability Manager Air Defense Artillery Brigade. "There exists no single Army, join, or multinational capability that can, from either a proficiency or sufficiency standpoint, completely defeat the UAS threat."

While air defense forces play a key role within the Army framework, suc-

cess in the C-UAS mission requires integration of combined arms capabilities across all seven warfighting functions and 20 Army warfighting challenges, he said.

"We cannot view C-UAS as an exclusive air defense artillery or fires problem," said White.

All Army centers of excellence provided material for presentation and participated in lively, productive discussions throughout the summit.

"The Army's existing capabilities and ongoing work to counter-threat UAS must be energized in conjunction with efforts that facilitate an Armywide assessment across all domains. Having active participation by the various Army COEs at the summit and during the Integrated Capabilities Development Team process brings synergy and a holistic approach to C-UAS strategy implementation," he said.

When questioned on whether the C-UAS Summit achieved its goals and objectives, Williams concluded the formal discussion.

"The challenge posed by threat UAS is extremely challenging and daunting," she said. "Exploring interoperable and interdependent joint solutions and bridging some level of shared capability with our fellow centers of excellence and services provide a relevant framework for incorporating immediate measures to protect the force now and provide direction toward achieving a joint combined arms approach to defeat emerging UAS capabilities in the future.

"The Department of Defense has a sound playbook for defeating this threat and working together with industry and our allies, we will be successful," Williams said.

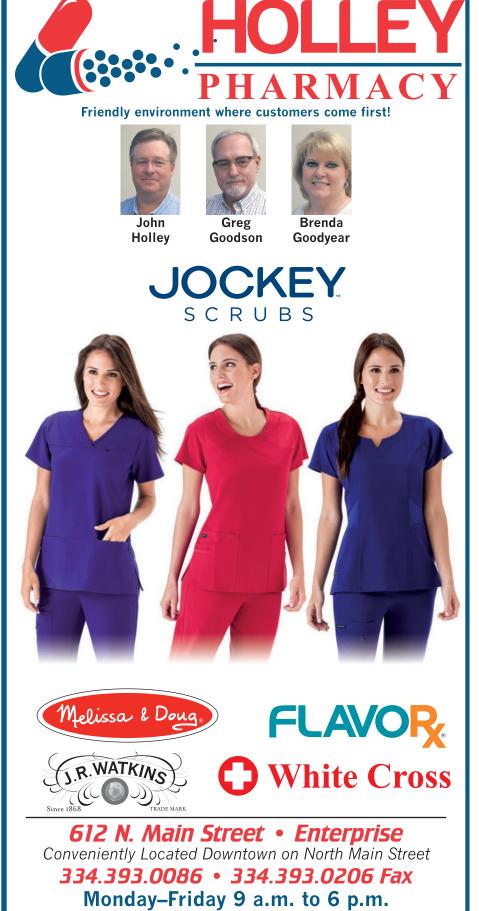






ARMY FILE PHOTO





Saturday 9 a.m. to Noon



**JANUARY 12, 2017** 

## 

## Event serves up music, dancing, shopping

By Nathan Pfau Army Flier Staff Writer

Ladies can kick off 2017 in style when one of the installation's most popular nights out for ladies of the Wiregrass returns.

The Directorate of Family, Morale, Welfare and Recreation will host its Girls' Night Out at The Landing Ballroom Jan. 20 from 6-9 p.m., where people can enjoy a live DJ, fashion shows, dancing, a photo booth, shopping opportunities, door prizes and contests, according to Aida Stallings, DFMWR community recreation division business manager.

"This is a great event for the ladies to have a good time and shop the latest trends in the area," said Stallings, adding that the event takes weeks of preparation to provide a night of pampering, fun and excitement for ladies of the local

Throughout the event, a host of local businesses and organizations donate different prizes, such as gift certificates and gift baskets to be given out throughout the night, said Stallings.

This year's event will showcase numerous organizations that will set up tables that will allow ladies to shop the latest trends, as well as services and goods, including spas, medical services, clothing, jewelry, cosmetics and more.

The night will also feature a fanciest hat contest, where ladies are encouraged to don their fanciest hat for a chance to win a prize.

The event is open to the public, for ages 18 and older, and tickets are available at The Landing, MWR Central, The Landing Catering Office and Coffee Zone locations, or can be purchased at the door on the night of the event.

Advanced tickets for the event are \$10 and \$12 at the door, which includes a complimentary beverage, and the first 100 tickets sold at The Landing will receive a special gift. There will also be more than 50 door prizes given away from local businesses and organizations, and a grand prize drawing at the end of the evening for a designer handbag, said Stall-

The event has been put on since 2011, and is not just an opportunity to promote local businesses, but also serves as a way to boost morale and give ladies a chance to "let their hair down," said Stallings.

"A big part of what we do is to provide morale-boosting and recreational fun," added Janice Erdlitz, DFMWR marketing director. "Girls Night Out is one of our most-loved events and it's just a fun opportunity for our female population to get together."

"It's just a great way for women to grab their friends and have a little fun," said Stallings. "It's nice to have a night out that caters directly to the women with shopping and dancing all in one place."

For more information, call 255-9810.



Ladies browse various booths during Girls Night Out at The Landing ballroom last year.



PHOTO BY TORI EVANS

Sgt. Ted E. Bear joins in the dancing.

## WAGING A JOB CAMPAIGN

## ACS workshop to dissect federal hiring process

By Jeremy Henderson Army Flier Staff Writer

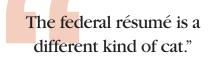
Job seekers interested in federal government employment have the opportunity to gain an edge in the hiring process by attending an upcoming Army Community Service workshop.

How can a workshop better equip federal job seekers? Mike Kozlowski, ACS employment readiness manager, has the

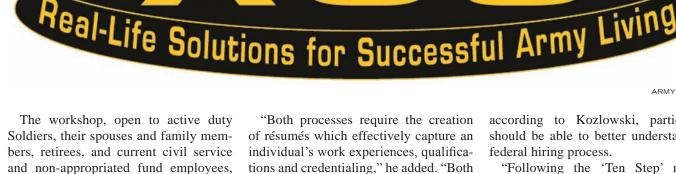
"The answer lies in the 'Ten Step' method popularized by Kathryn Troutman, renowned expert on the federal hiring process," Kozlowski, said. "Troutman and her team teach this method to staff representing a wide variety of federal agencies, and her tips and techniques have the support of (civilian personnel advisory center) staffing specialists worldwide.

According to Kozlowski, by following her method workshop attendees will:

- 1. Be better able to understand the process by which hiring officials and staffing specialists go through to list and fill federal positions;
- 2. Be better able to identify jobs based on their specific experiences and qualifications;
- 3. Know the critical importance of including accomplishment statements on their federal résumés;
- 4. Be able to craft impactful USA-JOBS.gov outline-based federal résumés, which bring out their knowledge, skills and abilities in a more effective way than before; and
- 5. Understand the import of the followup when tracking the progress of their application packets.



 MIKE KOZLOWSKI, ACS EMPL OYMENT READINESS MANAGER.



Rm. 284. Kozlowski said attendees need only bring a thirst for knowledge.

takes place Jan. 26 from 8 a.m. to noon at

the Soldier Service Center, Bldg. 5700,

"There is nothing that workshop attendees need to bring to this workshop," he said. "All materials will be provided to them at the start of the workshop including folios, pens and a free copy of Kathryn Troutman's book 'Ten Steps to a Federal Job®, 7th Edition.'

"As a matter of fact, I encourage all participants not to bring their résumés," he added. "The information I'll be presenting will possibly be a 'paradigm shift' for them, i.e., the way they thought a federal résumé should look will, in many instances not be what gets them referred for the job they really want."

The workshop will help federal job seekers understand how the federal process compares to seeking employment in the private sector.

"The federal hiring process has several similarities to those found in the private sector," he said. "For example, one still must be able to conduct targeted job campaigns – as opposed to hunts, since nobody really enjoys job hunting – in the occupational fields for which they have career suitability, based on work experiences, qualifications and credentialing.

"Both processes require the creation of résumés which effectively capture an individual's work experiences, qualifications and credentialing," he added. "Both processes also require follow-up with their targeted employers."

COMMUNITY

However, Kozlowski continued, an individual's federal job campaign contains several distinctions from its private-sector counterpart.

"For example, you should not limit your search to positions found in the Department of Defense," he said. "There are several federal agencies and programs whose missions may be a better fit for your qualifications and credentials, many of which are not located at Fort Rucker."

The workshop will also give attendees tips on building a résumé for federal employment applications, which Kozlowski said differs from private-sector résumés.

"The federal résumé is a different kind of cat," he said. "The format is more along the lines of a hybrid style, combining the traditional reverse chronological style with a functional format. It's also quite a bit longer than its private sector counterpart.

"Some federal résumés can be as long as 19 pages, although the optimum length should be limited to 3 to 5 pages," he added. "There are a host of other key differences I could cite and I plan to bring them out during the course of the work-

shop proper." At the conclusion of the workshop, according to Kozlowski, participants should be able to better understand the

ARMY GRAPHIC

federal hiring process. "Following the 'Ten Step' method provides a framework for this understanding," he said. "Attendees at the last workshop have commented to me that they now understand the process as being more than routinely applying for a job on USAJOBS.gov; that there are so many items they have previously overlooked that they now incorporate into their federal job applications. Many have told me that they are now getting referred to hiring officials for federal positions, a step in the process which has evaded them until now."

Pre-registration is required due to space and materials limitations. The workshop is limited to the first 60 registrants. The registration deadline is the close of business Jan. 19.

Jobseekers can also attend an employment readiness class Jan. 19 from 9 a.m. until noon at Bldg. 5700. Attendees will meet in Rm. 350 at 8:40 a.m. prior to moving to the workshop room. Attendees will learn successful job campaign essentials such as crafting a strong privatesector résumé, prepping for interviews and various other tips, Kozlowski said.

For more information or to register, call 255-2594. People can also register for the Federal Job Workshop online by going to https://www.eventbrite.com/e/ fort-rucker-federal-jobs-workshop-tickets-30903670711.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

#### **Resilience training**

Army Community Service's resilience training is designed to provide family members and civilians with the tools to better cope with and overcome adversity and challenges, as well as perform better in stressful situations. ACS officials said their goal is for students to thrive when facing life challenges – not just bounce back.

For more information on how to attend a resilience training workshop or two-day training, or to schedule resilience training for a family readiness group or staff members, call 255-3161 or 255-3735.

#### Photography contest

The Army is holding its digital photography contest now through Jan. 31. There are two divisions: active-duty military and authorized patrons. Within each division, there are seven categories: animals, design elements, digital darkroom, military life, nature and landscapes, people and still life. All categories include monochrome and color photographs. First-place winners will receive \$300, second-place winners will receive \$200 and third-place winners will receive \$100. Categories will also have an honorable mention award. Participants must complete the online profile and submit photos of the artwork between now and 11:50 p.m. CST Jan. 31 at the contest website: https:// cloud.mwr.army.mil/apptrac. For contest rules, visit: https://rucker.armymwr.com/us/ rucker/ft-rucker-events/united-states-armyphotography-contest.

For more information, call 255-9020.

#### Mom & Me: Dad too!

Army Community Service hosts its Mom & Me: Dad too! playgroup Mondays from 9:30-11 a.m. at The Commons. The playgroup is for families with children ages birth to 3 years old.

For more information, call 255-9647 or 255-3359.

#### **Tot Time**

Army Community Service hosts its Tot Time playgroup Wednesdays from 9:30-11a.m. at The Commons, Bldg. 8950. The playgroup is for children 12-36 months and their caregivers. The playgroup provides programs and activities that enhance caregiver-child interaction, and stimulate child growth and development.

For more information, call 255-9647 or 255-3359.

#### **Employment readiness class**

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Jan. 19. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about noon. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

#### **Girls Night Out**

The Landing will host Girls Night Out Jan. 20 at The Landing from 6-9 p.m. for an evening full of fashion, fun and prizes, according to organizers. Prize drawings will be held throughout the evening, with a grand prize drawing at 9 p.m. - people must be present to win all prizes. The event will be open to the public for women ages 18 and older. Tickets are on sale for \$10 at MWR Central, The Landing Zone, The Landing Catering Office, and the Coffee Zones at Lyster Army Health Clinic and The Landing Zone. For more information, call 255-0769.

#### Newcomers welcome

A newcomers welcome is scheduled for Jan. 20 from 8:30-11 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are encouraged by post officials to attend the newcomers orientation. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24

hours prior to the newcomers welcome. For more information, call 255-3161 or 255-2887.

#### **Blended Retirement System Seminar**

Army Community Service's Financial Readiness Program will present its Blended Retirement System Seminar Jan. 25 from



PHOTO BY NATHAN PFAU

## **Resolution Execution**

Fortenberry-Colton Physical Fitness Center will help people jump start their New Year's resolutions Jan. 19 with one of its two four-hour Resolution Execution sessions. Sessions are available at 10 a.m. or 4 p.m. and cost \$3.50 or one card punch. Each session is a four-hour cardio marathon session with a different teacher and different class every 30 minutes. Fruit and water will be available for participants. Resolution Execution will be open to authorized patrons. For more information, call 255-3794. Pictured is a scene from the 2015 event.

6-7 p.m. in the Soldier Service Center, Bldg. 5700, in Rm. 282. The seminar will discuss the significant changes to the current military retirement system, including how retirement pay will be calculated, continuation pay and the Thrift Savings Plan with matching government contributions. The discussion will be facilitated by ACS accredited financial counselors. Pre-registration is required by Jan. 24. Free childcare is available with registration.

For more information and to register, call 255-3949 or 255-9631.

#### Federal jobs workshop

Army Community Service will host its federal job workshop Jan. 26 from 8 a.m. to noon in Bldg. 5700, Rm. 284. The workshop is aimed at getting people the information they need to increase their federal employment possibilities. Participants will receive a free copy of Kathryn Troutman's "Jobseeker's Guide (7th Edition)." Registration is required two days prior to the workshop. Space is limited to the first 60 people to register and the workshop is open to authorized patrons only.

For more information or to register, call 255-2594.

#### Right Arm Night

The Landing Zone will host Fort Rucker Right Arm Night Jan. 26 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome.

For more information, call 255-0768.

#### **Comedy Live at Rucker**

The Landing will host Comedy Live Jan. 27 from 8-10 p.m. in its ballroom. The headliner for the event will be Mike Paramore. The event will be open to the public, ages 18 and up. Advance tickets cost \$12 and can be purchased at The Landing Catering Office. Tickets at the door the day of the event will cost \$16. VIP tickets will also be available for \$150 per table, with 10 seats per table.

For more information, call 255-9810 or 255-0769.

#### **Army Family Team Building app**

People can complete Army Family Team Building training through AFTB's app. Visit http://www.ftruckermwr.com/acs/armyfamily-team-building/ to find the direct link to the app. Once complete, people can contact Fort Rucker AFTB to receive their certificate. Search for AFTB in the app store for Apple devices. For more information, call 255-9637.

#### Trivia Tuesdays at Mother Rucker's

Mother Rucker's will kick off a special



\$12 by January 26 \$16 after January 26

Fort Rucker's Comedy Live at Rucker will present comedians Mike Paramore (headliner) and Caleb Garrett (opener). Tickets may be purchased at The Landing, MWR Central, or Coffee Zones at Lyster and Building 5700. \*VIP tickets only available at The Landing.



For more information, please call The Landing, (334)255-0769 or Family & MWR, (334)255-9810. rucker.armymwr.com

**EFMP Friendly** 

Trivia Tuesday Jan. 31. Trivia Tuesday at Mother Rucker's will be held Tuesdays from 6:30-8:30 p.m. The event includes food and drinks while people compete for prizes. People can play as teams or play

solo. Teams can have up to eight players - winners will be announced after each round. A \$25 Mother Rucker's Gift Card will be given out each round, along with other door prizes throughout the evening. The event is free and open to the public for

ages 18 and older. For more information, call 503-0396.

#### **Care Team Training**

Army Community Service will hold its care team training Feb. 1 from 8:30-11:30 a.m. in Bldg. 5700, Rm. 284. As part of the care team, volunteers perform a very valuable role to both families of the fallen and injured Soldiers. This training is given to those interested in being a care team volunteer. It is designed to give an understanding of care team volunteers' responsibilities and offers guidance on how to handle issues they are likely to face, according to ACS officials.

For more information, call 255-9578.

#### RUCKER MOVIE SCHEDULE FOR JANUARY 12-15 FORT

Thursday, January 12

**Bad Santa 2** (*R*) .......7 p.m.

Friday, January 13 **Monster Trucks** (*PG*) ......7 p.m.

Saturday, January 14  Sunday, January 15

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

## Army child featured on Food Network cooking competition

By Laura Levering Fort Gordon Public Affairs Office

FORT GORDON, Ga. - One Army child's passion for baking has landed him a spot on a popular television network and a chance at winning \$25,000.

Dylin Musgrove, son of Maj. Jason Musgrove, Cyber Protection Brigade, and Cat Musgrove of Grovetown, made his debut Jan. 2 on the third season of the Food Network's "Kids Baking Championship." The show was the first of 10 episodes to be aired this season.

Dylin, 13, said his love for baking began a few years ago while his family was stationed in Italy, during which time his mom started a family cupcake business, Dolce Darlin'.

Dylin and his 14-year-old sister, Danee, who are homeschooled, often helped their mother in the kitchen, which in itself was a challenge. Italian kitchens, they said, are different from their American counterparts, equipped with a small refrigerator and oven that allows for just one 12-count pan of cupcakes at

"People didn't really have the means and in a lot of cases the ability to [bake] that kind of stuff from home," Cat explained.

But the children dove in, helping their mom with everything from folding boxes



Dylin's and Danee's, co-owners of Little Darlin's, homemade dog treats.



Dylin Musgrove, son of Maj. Jason Musgrove, assigned to the Cyber Protection Brigade, and Cat Musgrove, of Grovetown, Georgia, made his debut on Food Network's Season 3 of 'Kids Baking Championship' Jan. 2.

to placing the finishing touches on baked

'They've got some really good intuition for baking and what things look like," Cat said. "Anytime that I'm baking and they're not doing school work or are outside, they're with me."

Over time, Dolce Darlin' became well known in the Army community and the business grew, even as they settled into their next duty station, Fort Gordon. Now the family is becoming well known around the world.

In early 2016, Dylin was contacted over social media by a casting agent from the show. After an application process and series of interviews, he was selected as a contestant.

He and his mom were flown to Los Angeles, where the show was filmed over the summer. Contract agreements have them sworn them to secrecy so as to not ruin the outcome of the competition for anyone, but Dylin called appearing on the show the experience of a lifetime.

"It was awesome," Dylin said. "With the amount of cameras, I was a little intimidated, but everyone was so nice."

The series premiered with a challenge that called upon contestants to create cupcakes with a carnival theme. About halfway through the challenge, the young bakers were thrown for a twist in the form of an unanticipated ingredient they had to incorporate.

For Dylin, that meant topping his lemon frosted lemon cupcake with kettle corn. Despite the unfavorable set of ingredients, Dylin handled it without the slightest sign of pressure. In the end, he impressed the judges enough to make it to the next round.

After waiting several months for the show to air, Dylin said, he was nervous yet excited to see himself on TV and watch the final product of the show's first taping.

"I was in shock and in awe. It was amazing," Dylin said. "I was so excited and happy with it."

Dylin now looks forward to watching next week's episode and hopes others will tune in.

MORE THAN A BAKER Branching out from Dolce Darlin', Dy-



Dylin his sister, Danee, co-owners of Little Darlin's, create homemade dog treats from scratch to be baked and sold. Brigade, and Cat Musgrove, of Grovetown, Georgia, made his debut on Food Network's Season 3 of 'Kids Baking Championship' Jan. 2.

lin and Danee Musgrove have launched their own business, Little Darlin's, with the help of mom and dad. Just like Dolce Darlin', the siblings operate out of the family kitchen and bake treats, but treats of a different kind. Their customers are pet owners.

Their mom, Cat, joked that Dylin, an avid dog lover, "would, most of the time, trade people for a dog."

Dylin said he plans to use his brief time on television for the greater good. He hopes to bring awareness to programs like Veterans K-9 Solutions, a local nonprofit organization that rescues and trains dogs as service animals, then pairs them with veterans in need.

"He realizes that being on the show isn't going to make him famous but, rather, recognized in the local community," Cat said.

"We are a family that is very blessed, so we try to give back wherever we can, and he wants to spend the time that people recognize his face ... raising money and awareness for this organization."

## STEM program expanding to reach more military children

By Sean Kimmons

SAN ANTONIO - Col. David Raugh's 13-year-old daughter aspires to be an astronaut or work another job dealing with space or aviation someday.

But being uprooted six times from schools as her family moved around the world has made it hard for her and other military children in similar situations to thrive in their studies, the colonel said, especially those in the STEM fields of science, technology, engineering and mathematics.

Though challenging and stressful, military family life can give children useful skills and values, such as flexibility, loyalty, patriotism and the ability to embrace diversity, said Raugh, the 502nd Force Support Group commander at Fort Sam

"However, we need to acknowledge that these constant moves can impact their access to some educational opportunities," he added.

among military children, he told a group of local and state education officials at a briefing Friday, is through the National Math and Science Initiative's College Readiness Program.

gram tailored to improving STEM educa-

say, the performance in Advanced Place ment exams by students in those schools have exceeded 10 times the national average while broadening the instructional capacity of teachers.

Schools serving military children have also jumped on board, with over 150 military-connected schools signed up and more funds available to expand to 200 in the next two to three years, said Matthew Randazzo, the initiative's CEO.

With all of its military bases, the San Antonio area was the next ideal spot to spread the program's success to more dependents.

"All kids can be a STEM student," Randazzo said. "I can't think of a better way to enter this market than by grading these proof points with military students."

Recognizing the need to be able to fill 150,000 jobs in STEM-related fields, the Defense Department granted \$23 million in fiscal years 2015-16 to bring the program to additional military-connected vate schools due to the inadequate public schools there, according to program of-

More schools joined and the rest is his-

tory. Burnie Roper, superintendent of the Lackland Independent School District, said he's interested in rolling out the program at his schools, but first he wanted to get buy-in from the teachers.

"It's honestly something that I want to do, but I don't make decisions in a vacuum like that," he said after the briefing. "I know that if I don't get teacher input and their support, it's not going to be successful, because they're the ones who are going to have to deliver the program."

Under the initiative, teachers who instruct students from third grade to high school can take part in a Laying the Foun-

Bringing People Together Thru Faith

the country. As a result, program officials being forced to send their children to pridation Teacher Training Program, which coaches them on content knowledge and instructional best practices using handson training, as well as giving them classroom-ready materials and resources.

> "I think it's about preparing kids for their future and in our future a lot of it is STEM-based with [new] technology," Roper said. "The more STEM we can get into our schools, the better for our kids."

> According to research, a bigger emphasis on STEM-related courses is also helpful when students reach those middle and high school years when their attitude toward science tends to dip, Raugh said.

> "This potentially allows us to stop this troubling trend," he said about the program coming to San Antonio. "This is a great opportunity and we need to grab onto it with bulldog tenacity, and not let go until this program is in place."



## New residential summer camp program announced

**Southeast Alabama AHEC** *Press Release* 

MONTGOMERY — The Southeast Alabama Area Health Education Center now hosts a summer program format for grades 10–12 in its 15-county service area.

Discovery MedCamp, formerly Camp MD me, is a residential camp scheduled for July 9-14. Community Partner, Troy University, will host students for five nights on the university's main campus and provide travel to daily sessions at a variety of academic and health facilities throughout southeast Alabama.

The week-long program will immerse students into the world of healthcare and give them insight on educational requirements for medical careers from health care professionals and upper-level students through a variety of hands-on activities.

The application is available at www.seaahec.org. All application steps must be completed, as outlined, before the deadline to



apply on April 7 for students to be considered for the program. Space is limited.

SEAAHEC serves Autauga, Barbour, Bullock, Coffee, Dale, Elmore, Geneva, Henry, Hous-

ton, Lee, Lowndes, Macon, Montgomery, Pike and Russell counties.

## WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

#### ANDALUSIA

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

**ONGOING** — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

#### **DALEVILLE**

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

#### DOTHAN

JAN. 19 — The Wiregrass Museum of Art will open its winter exhibitions, "Soul Glow: A Black Experience," "Connected," and "Guest Room in the Unconscious Mind," at Art After Hours. After opening at Art After Hours, "Soul Glow: A Black Experience" will run from Jan. 20 through Feb. 18. "Connected" will remain open through June 24 and "Guest Room in the Unconscious Mind" will be on display through March 25. WMA's galleries are open to the public Wednesdays-Fridays from 10 a.m. until 5 p.m. and Saturdays from 10 a.m. to 3 p.m. Private tours and activities can be arranged by appointment on Mondays and Tuesdays. General admission is free.

**ONGOING** — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

**ONGOING** — Veterans of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke beginning at 6 p.m. Breakfast is served Sundays from 8-11a.m. The post can host parties, weddings, and hails and farewells.

#### ENTERPRISE

ONGOING — Classes in the Taoist Tai Chi Society™ Internal Arts and Methods are currently held at the YMCA Fitness Center and the Episcopal Church of the Epiphany Parish Hall. At the Y, classes are offered Thursdays at 1 p.m. and Saturdays at 10 a.m. At the church, classes are offered Mondays at 9 a.m. and Thursdays at 5:30 p.m.

Anyone interested in joining a class is welcome to join any time. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire for these classes. All classes are taught by accredited volunteer instructors. For more information, call 334-588-0512. For more information about Taoist Tai Chi, visit http://www.taoist.org/usa/locations/montgomery/.

**ONGOING** — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

#### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

#### MIDLAND CITY

**ONGOING** — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

#### **NEW BROCKTON**

**JAN. 26** — Disabled American Veterans Chapter 99 will meet at 6 p.m. in the senior center located one block behind the police station. Food and drinks will be served, followed by regular chapter business. Veterans throughout the Wiregrass are welcome to join as new members as both DAV and DAV Auxiliary. For more information, please call 334-718-5707.

**ONGOING** — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

#### OZARK

JAN. 22 — The Kempters, a family vintage band,

will perform at Ozark Baptist Church at 6 p.m. For more information, call 334-774-9381 or visit www.thekempters. com.

**FEB. 10** — St. Michael's Episcopal Church will host a classical guitar concert at 7 p.m. The classical guitarist is Stephen Robinson, professor of music at Stetson University. Following the concert will be a meet-the-artist reception in the church parish hall. This is a free concert.

**ONGOING** — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

#### **PINCKARD**

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

#### SAMSON

**ONGOING** — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

#### TROY

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

#### **WIREGRASS AREA**

**ONGOING** — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

**ONGOING**—The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

## **Beyond Briefs**

#### Apalachicola Oyster Cookoff

The seventh annual Apalachicola Oyster Cookoff will be held Jan. 13-14 at Riverfront Park in downtown Apalachicola, Florida. All proceeds benefit the Apalachicola Volunteer Fire Department. The event features a silent auction, oysters, shrimp, smoked mullet, hot dogs, hamburgers, live music, children's activities, dancing performances and a 5K run.

People are welcome to enter their best recipe and be a contestant in the oyster cook-off or just enjoy a day of wonderful food, refreshments and music, according to organizers. The actual cook-off will start at noon Jan. 14 and judging starts at 3 pm. All forms of oysters will be available to taste: raw, steamed and fried. Other food items and refreshments will be available for purchase, as well.

For more information, visit www. saltyflorida.com.

#### 'Young People's Concert'

Montgomery's Capitol Sounds Concert Band will present a "Young People's Concert" for free Jan. 14 at 3 p.m. at Sidney Lanier High School Auditorium in Montgomery. The Capitol Sounds Concert Band will highlight the performance with "Peter and the Wolf," composed by Sergei Prokofiev and narrated by Josh Ninke. In addition, the Capitol Sounds will perform "African Celebration," composed by Justin Harden. There will also be a music in-

strument "petting zoo" display in the lobby of the auditorium before the concert, according to organizers.

For more information, visit capitolsounds.org/.

#### Harlem Globetrotters

The Harlem Globetrotters will visit Montgomery Jan. 18 at 7 p.m. at the Garrett Coliseum. Organizers said the starstudded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-akind family entertainment that thrills fans of all ages. New this season, the Globetrotters will debut basketball's first 4-point line. The 4-point line will be located 30 feet from the basket.

Tickets range from \$15 - \$100 and are available by calling the box office at 1-800-745-3000. For more information, call 334-356-6866 or visit www.facebook. com/events/306728063040589/.

For more about the Original Harlem Globetrotter's and the team's 2017 tour, visit http://www.harlemglobetrotters.com/.

#### 'Because of Winn-Dixie'

Montgomery's Alabama Shakespeare Festival will host its production of "Because of Winn-Dixie" Jan. 27-Feb. 12. Based on the novel by Kate DiCamillo, the new musical by Tony-winning "Spring Awakening" songwriter Duncan Sheik and Tony-nominated "Legally Blonde" lyricist Nell Benjamin, is based on the children's book of the same title, accord-

ing to organizers. The story is about a dog who brings new life and hope into a family as Opal Buloni and her preacher father settle in a new Southern town full of quirky characters. The production is recommended for ages 9 and older.

Ticket prices vary based on play, date and availability of seating. Show times and ticket purchasing are available at www.asf. net/Plays-and-Shows/2016-2017-Season/Because-of-Winn-Dixie.aspx

For more information, call 334-271-

#### Abandoned auto auction

Fort Benning, Georgia, will host an abandoned and used automobile auction Jan. 24 at 10 a.m. at the impound lot at the intersection of Kilgore and Marchant streets on the main post. The event is open to the public and auto dealers are welcome. People may preview vehicles from 1-3 p.m. Jan. 20 and 23. Officials will accept cash, check, VISA, Mastercard, American Express or Discover. A bank letter to guarantee funds will be required for those paying by check. Vehicles must be picked up by Jan. 25.

For more information, call 706-545-7298.

#### Southern Bridal Faire

The Montgomery Convention Center will host the 2017 Southern Bridal Faire Jan. 29 from 1-5 p.m. The event is designed to be a great tool to help people find photographers, caterers, DJs, wedding planners, venues, florists and much

more, according to organizers. The event will also include a fashion show featuring a selection of the gowns of 2017. Admission is \$10 at the door. For more details, visit www.southernbridalfaire.com or call 334-491-0425.

#### Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Feb. 4 – Because of Winn-Dixie; Feb. 18 –The Two Gentlemen of Verona; March 11 –Sherlock Holmes; March 25 –Dauphin Island; and April 22 –The Tempest; and May 6 – Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required – people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to attend the lecture.

For more information, call 334-271-5353, or visit www.asf.net/Education/Theatre-in-the-Mind.aspx.

## Soldier helps care for furry warriors

By Air Force Airman 1st Class Valentina Lopez

11th Wing Public Affairs

JOINT BASE ANDREWS, Md. – A small-town girl from Fremont, Ohio, had the dream of working in veterinary medicine.

Little did she know she would walk straight out of high school and into an Army recruiter's office where she would obtain a job caring for animals.

Staff Sgt. Valerie Garvin, an animal care specialist with the Public Health Command District at the veterinary treatment facility at Joint Base Andrews. She works in a field available only to Soldiers.

"I had always dreamed of becoming a veterinarian, but didn't know the military had animal care specialists until I started looking into the armed forces," Garvin said. "Once I knew this job was along the lines of my future goal, I tried my hardest to work with my recruiter to obtain it."

Some of the duties she has consist of checking in animals for appointments, taking vitals, running lab tests, restraining animals and assisting the veterinarian.

The primary mission of the JBA veterinary clinic is to provide complete veterinary care for all government-owned animals, such as military working dogs. This clinic is especially busy because it services one of the largest MWD units in the military, holding 30 to 40 dogs.

#### WORKING DOGS AND PETS

The clinic not only provides care for government-owned animals, but also veterinary care for service member's pets.

"Many people don't know that we exist on this base, but the base clinic is an option JBA residents can utilize," said Army Maj. Laura Anderson, Public Health Command District veterinarian.

"We offer general care for members' pets, such as check-ups, blood work and medications," Anderson said. "The animal care specialists are the first people our clients see. They are in charge of keeping the clinic functioning and I appreciate their assistance. Staff Sgt. Garvin is one of the best animal care specialists I've worked with because she's very good technically and at making sure tasks are accomplished in the clinic."

Garvin has served in this field for 19 years and has gained experience with many types of animals, to include puppies, primates and tigers.

"This career isn't all puppies and rainbows," she said. "My day can consist of urine, feces, scratches and bites. The job can be demanding and challenging, but can also be very rewarding. Whenever I help a pet that is sick, the owner becomes so grateful for the care provided. My favorite part of my job is interacting with my clients."



PHOTO BY AIR FORCE AIRMAN 1ST CLASS VALENTINA LOPEZ

Capt. Brittany Beavis, Public Health Command District veterinarian, gives a physical exam to a dog at the veterinary treatment facility at Joint Base Andrews, Md., Dec. 13.

## **Religious Services**

#### **WORSHIP SERVICES**

Except as noted, all services are on Sunday.

### Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

#### Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions 9 a.m. Catholic Mass 11 a.m. Collective Protestant 12:05 p.m. Catholic Mass (Tuesday-Friday) 4 p.m. Catholic Confessions (Saturday) 5 p.m. Catholic Mass (Saturday)

#### Wings Chapel, Bldg. 6036

9:30 a.m. Protestant Sunday School 10:45 a.m. Latter-Day Saints 10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service) 11 p.m. Eckankar Study (4th Sunday)

#### Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

#### BIBLE STUDIES

TUESDAYS

Crossroads Discipleship Study (Meal/Bible Study) Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel

Wings Chapel, 9 a.m. and 6 p.m.

#### Adult Bible Study

Spiritual Life Center, 7 p.m.

#### WEDNESDAYS Catholic Women

of the Chapel Spiritual Life Center, 9 a.m.

11 a.m.

Above the Best Bible Study Yano Hall,

#### 1-14th Avn Regt Bible Study Hanchey AAF, Bldg. 50102N,

164th TAOG Bible Study

Bldg. 30501, 11:30 a.m.

Rm. 101 11:30 a.m.

#### Precepts Bible Study

Soldier Service Center, 12 p.m.

#### Kingdom Kidz & Youth Group

**Bible Study**Spiritual Life Center, 5:30 p.m.

#### Adult Bible Study

Spiritual Life Center, 6 p.m.

## THURSDAYS WOCC Bible Study (1st/3rd Thursday) Swartworth Hall,

(1st/3rd Thursday) Swartworth Hall, Bldg. 5302, 11:30 a.m.



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#### ALL-AMERICAN BOWL

'America's varsity team' showcases football stars

Story on Page D3

**JANUARY 12, 2017** 

## MAKING WAVES

## Classes provide exercise, sharpen swimming skills

By Nathan Pfau Army Flier Staff Writer

While taking to the pool isn't on most people's minds this time of year, Fort Rucker still offers ways for people to improve their swimming skills, take a quick dip, or even learn to become a lifeguard.

Rob Koren, Fort Rucker Directorate of Family, Morale, Welfare and Recreation Aquatics Director, oversees the operation of four aquatics venues for patron enjoyment and skill enhancement.

According to Koren, the Indoor swimming pool is operated in the fall and winter months, September through May, and is located at the Fort Rucker Physical Fitness Center in Bldg. 4605 on Andrews Avenue. Hours of operation for the indoor pool are Mondays through Fridays from 5:30 a.m. to 7 p.m., and Saturdays, Sundays and holidays from 11 a.m. to 5 p.m. The indoor pool will close in June when the outdoor pools enter summer operations for the season.

"The pool offers eight-lanes at 25-meters and also has various types of swimming exercise equipment available for use, such as pull buoys, water weights, fins, pace clocks, etc.," he said. "We are also excited to announce that the aquatics department was also able to purchase an underwater treadmill and underwater spin bike for patron exercise use, as well."

DFMWR Sports, Fitness and Aquatics also offers adult swimming lessons for anyone ages 18 and older, said the aquatics direc-

"SFA provides beginner and intermediate classes for those with a wide range of swimming skills and abilities," he said. "Classes are offered every month during the fall and winter seasons."

The next session of adult swimming lessons will be offered in February on Tuesdays and Thursdays, starting Feb. 2. The beginners will begin at 5:15 p.m. and conclude at 6 p.m., and the intermediate class will begin at 6:15 p.m. and conclude at 7 p.m., when the facility closes.

Each session is composed of eight classes, unless otherwise specified, and the cost is \$50 per student for the general public and \$25 per student for active-duty military, per session, and ID is required at time of registration.

Fort Rucker SFA also offers American Red Cross lifeguard training classes for those ages 15 and older, added Koren.

"These classes are offered periodically through the year, and are geared towards preparing candidates for exciting and challenging careers in the aquatics industry as a professional lifeguard," he said. Interested candidates should register at the Fort Rucker PFC front

Cost is \$125 for all military and Department of Defense cardholders, and \$150 for the general

All candidates will complete a pre-requisite skills assessment on the first day of each training session, to include the following.

- · Swim 550 meters continuously demonstrating breath control and rhythmic breathing. You may swim using the front crawl, breaststroke or a combination of both. Swimming on the back or side is not allowed. This is the only portion of the class where swim goggles are allowed.
- · Complete a timed event within 1 minute, 40 seconds.
- Starting in the water, swim 20 yards with your face out of the water. Goggles are prohibited.
- Surface dive, feet-first or head-first, to a depth of 7-10 feet to retrieve a 10-pound dive brick.
- · Return to the surface and swim 20 yards on your back and swim back to the starting point with both hands holding the brick, keeping your face at or near the surface so you are able to get a breath. You should not swim the distance under water. Candidates must exit the water without using a ladder or steps.
- Tread water for 2 minutes using only the legs. You should place your hands under your armpits or behind your back.
- Swim 5 yards, submerged, and retrieve three diving rings placed 5-yards apart in 4-7 feet of water, resurface, and continue to swim another 5-yards to complete the skill.



Participants perform a retrieval swim after entering the water with a flotation device during a previous lifeguard certification course.

"While participating in the American Red Cross lifeguard training program, participants will learn not only vital rescue skills such as CPR and first aid, but will also learn how to properly identify swimmers in distress, rescue a drowning guest, how to provide stabilization for head neck and spinal injuries while in the water and on land, learn the importance of water chemistry and water quality, and learn how to deal with upset patrons and provide excellence in customer service while on duty," said the aquatics director. "Upon successful completion of the American Red Cross lifeguard training program, participants will receive a certificate reflecting certification in swimming pool lifeguarding, waterfront lifeguarding, waterpark lifeguarding, first aid, CPR for the Professional Rescuer/ AED, and Preventing Disease

Transmission: Bloodborne Pathogens."

The next lifeguard training classes will be held: Jan. 20-22 and 28-29; Feb. 17-19 and 25-26; and March 27-31 at various times depending on the specific day.

"These training programs provide passing candidates with possible employment opportunities with the Fort Rucker DFMWR Aquatics Department as a professional lifeguard during the summer and winter months, depending on available positions at that time," said Koren. "All perspective candidates are encouraged to continuously check USAJobs. gov for employment opportunities as recreation aids (lifeguards) with Fort Rucker DFMWR."

For more information on adult swimming lessons, lifeguard training courses and summer 2017 employment, call at 255-

## Scientists use flourescent gels to study brain

**By David McNally** 

Army Research Laboratory Public Affairs

**ABERDEEN PROVING** GROUND, Md. — Army researchers are studying the physiological effects of blast pressure on the brain to discover technology solutions to protect Soldiers.

Scientists at the Army Research Laboratory have developed a gel substance with fluorescent properties that mimics the texture and mass of the human brain. Their goal is to show the scale of damage to the brain under the pressure conditions that Soldiers encounter in combat or training.

"We develop materials solutions that enable us to understand the mechanisms of damage at the cellular level," said Dr. Shashi P. Karna, ARL nanofunctional materials senior research scientist. "What are the mechanisms by which the blast pressure waves travel to the brain?"

The laboratory is also creating materials that will enable the researchers to see details that have



DOD PHOTO

Researcher Nile Bunce uses ultraviolet light to illuminate fluorescent materials that may shed light on the effects of blast pressure on the human brain.

never been recorded. Using nanotechnology, scientists will see what happens to the brain during an explosion – at the cellular level.

"We have nanomaterials that are highly robust so that in real time, when the blast occurs, it will be possible to image the effects like an MRI, but with fluorescence,"

Karna said. "Colors will show the motion of the cells."

Researcher Nile Bunce said she and fellow researcher Rebecca Jimenez found that infusing the gel samples with fluorescent properties presented a complex technical challenge.

"It was more a trial and error,"

Bunce said. "We got a nice dispersion of sample into our gels, and that's what we've been going with so far."

"Since our nanoclusters are pressure sensitive, when we apply pressure the fluorescence intensity will either increase or decrease depending on an increase or decrease in pressure," Jimenez said.

Jimenez said they use ultraviolet light to illuminate the fluorescent

"Depending on the type of metal that we use and the concentration, it can fluoresce anywhere on the visible wavelength spectrum," she said. "It can be from blue all the way to red."

To derive useful information about the effects of blast pressure on the brain from these colors, the team plans to develop a pressure scale, Bunce said.

"We put the nanoclusters under different pressures," she said. "Based on how it fluoresces, under each certain pressure, we'll make a graph and, from that, we can correlate it to how it will fluoresce in a brain situation."

Over the past two years, the laboratory has built a partnership with the Japanese Ministry of Defense, which is working on the same problem. On Dec. 19, Japanese medical researchers visited Maryland for an update.

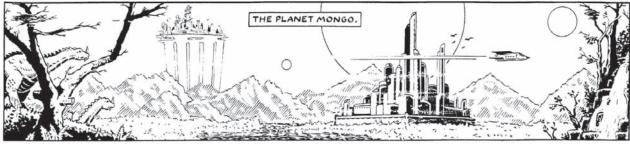
"The Japanese are addressing this through a medical technique ... to look at the oxygen level, for example, in the tissue," Karna said. "They also look at the cortical depressant. When the blast waves hit the brain, there is fluctuation in the blood circulation level. So they look at these physiological systems to assess what is affected by the blast."

Karna said the Japanese team plans to test the Army's samples with a laser-induced shockwave and share the results of the experi-

"This is extremely important for us," Karna said of the ongoing research. "The Army Research Laboratory provides the technology that enables the Soldier to function on the battlefield. It provides the best lethality and the best protection."

### Houston vs. Atlanta **David Agan** (67-42)Col. Tom von Eschenbach CDID Director (61-48)Jim Hughes (66-43)Capt. Jason Jordan 6th MP (56-53)Capt. Mike Simmons (67-42)

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AIR...WE ARE OUTSIDE RIGHT?

Just Like Cats & Dogs



by Dave T. Phipps

1. GEOGRAPHY: What is a biblical name for Lake Tiberias, located in Israel?

2. INVENTIONS: In what century was the first commercially sucessful

steam engine invented? 3. ART: Which 17th-century Flemish artist was known for painting full-fig-

ured, voluptuous women? 4. GOVERNMENT: What famous

South Pacific island is under the control of France? 5. MEASUREMENTS: How long is

the Chunnel, the underground tunnel between England and France?

6. MOVIES: What 1990s Coen brothers movie featured the tagline, "A lot can happen in the middle of nowhere"?

7. ASTRONOMY: Which planet in our solar system has a moon named

8. SCIENCE: What is the name for the condition in which the air temperature reaches 100 percent relative humidity and condensation occurs?

9. SUPERHEROES: Which superhero is more commonly known as Lin-

What month is traditionally associated

See Page D3 for this week's answers.

da Lee Danvers? 10. GENERAL KNOWLEDGE:

with the opal birthstone?

**Super** Crossword **CENTRAL ZOO** — Sea 4 — light (filming lamp) 43 Not at all 84 "The Raven" (Asian body)
92 Problematic poet's initials 85 — Hill (R&B 5 Touch, e.g. 6 Texter's 44 Grazing spot quartet) plant swelling 45 Hi- — screen 46 Suffix with 87 Bill's film bud 93 Old Giants "Wow!" great Mel 94 Vase variety 40- or 50-7 Hissy 91 Faith 8 Boots, e.g. Across forsaker 9 Bike spokes. 47 Oh-so-prim 94 Geller of 95 Shout just 49 Latvia was mentalism before flying 95 City area, for one: Abbr.

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63 "Noah"

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15 Unhappy 16 Home of St. Francis 17 Broad street 18 Stinging insect

19 Chilly

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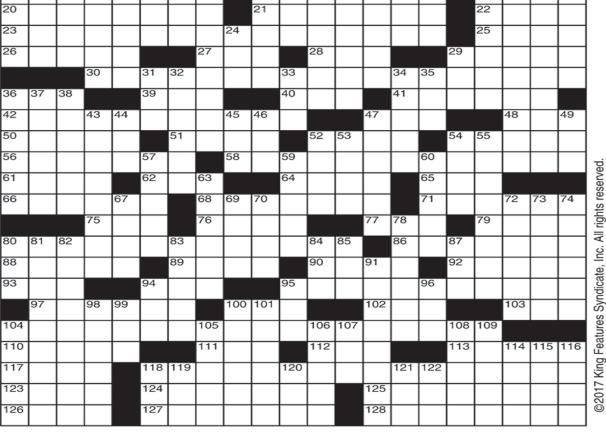
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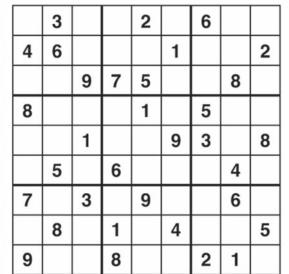
See Page D3 for this week's answers.

FIND THE BIG WORDS!

E E E

## Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK:** ◆

♦ Moderate ◆◆ Challenging

♦ ♦ ♦ HOO BOY! © 2017 King Features Synd., Inc.

See Page D3 for this week's answers.

## KID'S CORNE



WINTER FUN! Don't duck this challenge. See if you can correctly count all of the snowballs pictured above in 15 seconds.

WISWEL: We counted 38. HOP +SKIP JUMP CAN YOU FIELD THIS TRACK PROBLEM? Try solving this aMath puzzle before the New Year begins. You must replace etters on the event board with the digits 0, 1, 3, 4, 5, 6, 7, 8 and 9 so that you have a correct addition problem. The same let-

ters get the same digits. Try to get the highest possible total.

Our answer: H=6, O=1, P=0, S=8, K=7, I=4, J=9, U=3, M=5 (610 + 8740 = 9350). THE "R" PYRAMID! As you move down the word pyramid shown below. each word contains the same letters as the word above it, plus a new letter. We give you all the R's.

Here are some hints from the top down: Egyptian sun god
 Title or name. Less covering. 7. Worked for wages. 8. Delightful; charming.



DEFINITION ANAGRAM: 1. Harsh and rough in manner. bias + rave 2. A puritanical person. slue + bone 3. A soft fabric hems + care A paper container pole + even rook + fell

Using the definitions and

anagrams below, you must find the eight eight-letter words that fit into the frame-

work pictured on the left. For each definition, the let-

ters in the two anagram

words must be unscrambled and used to form the

6. Popular, unfounded belief. 8. A vulnerable computer program.

Answers: 1. Abrasive. 2. Bluenose. 3. Cashmere. 4. Dethrone. 5. Envelope. 6. Folklore. 7. Gargoyle.

Wishing 🏝 Well® 5 2 В U G D G 0 6 4 7 3 8 7 5 2 6 D H HΑ N 2 2 6 4 5 8 3 5 7 6 6 D R Ε Α D C Α 6 3 8 7 6 3 5 7 2 8 4 6 3 6 2 4 7 N N Τ 0 7 2 4 7 3 4 6 3 Ν 0 C I D N F 4 3 4 8 5 8 5 8 5 8 5 5

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

TAEYHIEDRGSES

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ences: 1. Ball is different. S. Arm is missing. ng. 5. Hairdo is different. 6. Pocketbook is m 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamail.com

## **ALL-AMERICAN BOWL**

#### 'America's varsity team' showcases high school football stars, band members

By Sean Kimmons Army News Service

SAN ANTONIO, Texas - The day before Jaelan Phillips played in the Army All-American Bowl, where he would be watched by millions, the college football prospect took part in a low-key ceremo-

That day, the star defensive lineman, who plans to bring his tackling prowess to UCLA in the fall, helped pin rank on his aunt's uniform during her promotion ceremony. Philips comes from an Army

"I love my aunt," he said of Shawnee Lee, a newly minted captain. "She's one of the most important people in my life, so being able to do that for her is pretty incredible."

Phillips decided to play in the Army bowl Saturday to honor his aunt, uncle and great-grandfather, all of whom served in the Army, he said.

His aunt thought it was also fitting that she was promoted right before her nephew's big game, in which the players donned uniforms with "U.S. Army" emblazoned on them.

"It definitely adds a connection," Lee

said of the game. "It ties everything that's important to me: family and the Army."

Yet, the Philips' military family never pressured the 6-foot, 6-inch, 250-pound senior from Redlands East Valley High School in California to join the Army.

"They've seen my athletic abilities since I was young, so they definitely encouraged me to pursue those than rather go into the Army," Phillips said, smiling.

Even after being named the Army's defensive lineman of the year and recording five tackles in the game, Phillips said, he still has much more to do on the field.

#### HONORING, MENTORING

The Army Bowl also honors the country's top high school marching band members and caps a week of activities hosted by the Army.

"[It's about showing] who we are and what the Army family is all about," Under Secretary of the Army Patrick Murphy said at the awards show Friday. "The Army family is about duty, honor and country. It's about being part of the team and being something greater than your-

Throughout the week's events, two dozen handpicked Soldier mentors shared their experiences with the players and band members, and served as role models. Sgt. Ryan Moldovan, the Army Reserve drill sergeant of the year, spent a day with Phillips.

"He's pretty squared away," Moldovan said. "He's a very focused individual."

With many of the players under a great deal of pressure from scouts, coaches, parents and other players, Moldovan said, the Soldier mentor's role is to reassure them and lend their ear.

"We just tell them that you don't have to be perfect. Just give your 100 percent and put in as much hard work as you can," he said. "I find that the harder I work, the luckier I get. It's going to work out for you in the end."

#### AMERICA'S VARSITY TEAM

Though the Army may never get these particular players into its ranks, the Army affectionately called "America's varsity team" by the under secretary - runs the annual event to showcase what it has to offer to the American public.

"We've got to break the civilian-military drift in the nation, when we ask less than 1 percent to serve," Murphy said. "We have to redouble our efforts to make sure that we're connecting with all of America."

The Army is always looking for the country's best and brightest to serve as it brings in roughly 130,000 new recruits each year.

"We hire more millennials than any other organization in the world," the under secretary noted.

Recruiting efforts are likely to increase following the recent announcement of new end-strength figures for the Regular Army, which are set to add 16,000 more Soldiers for a total of 476,000 by the end of fiscal year 2017.

"The challenge we have right now in the Army is a communications challenge," said Maj. Gen. Jeffrey Snow, head of the Army Recruiting Command. "There are myths out there about the Army."

While the Army Bowl affirms the Army's commitment to gifted youth, the game is also meant to draw in new recruits and dispel myths such as the one that says Army recruits are young people who have no other options.

"Yes, it's a football game, but the opportunity for it to be nationally televised may cause a young man or woman, or a mom or dad to possibly say, 'You know what, I ought to consider the Army," Snow said.

### Soldier mentor encourages students to achieve excellence

By Sgt. 1st Class Brent Powell

335th Signal Command Public Affairs

SAN ANTONIO, Texas — For the past 16 years, the nation's best high school athletes and band members have made their way to the Alamodome to showcase their skills in the U.S. Army All-American Bowl.

Accompanying those top-notch students is a handful of the best warfighters the U.S. Army has to offer. Soldiers who include Rangers, Green Berets, special forces and some who have distinguished themselves in their career fields, such as recruiter of the year, drill sergeant of the year and Soldier of the year.

Staff Sgt. Rene P. Herrera, a San Antonio native and chemical, biological, radiological and nuclear specialist assigned to the 160th Special Operations Aviation Regiment, is one of those elite few who answered the call to perform duties as a Soldier mentor to the All-American Bowl students this year.

"To me, the All-American Bowl represents not only the best high-school football players and band members in the country, but it represents them getting ready for more responsibilities in life and making big decisions," said Herrera. "That's where we come in and provide them advice and mentorship.

Soldier mentors like Herrera spend a week with the students talking to them about the opportunities a career in the Army provides, and they discuss the qualities both groups possess such as the Army values of leadership, dedication, respect, self-less service, honor, integrity and personal courage.

"Working with these kids has been a great experience," said Herrera, who has been in the Army for 10 years and has been deployed to Iraq three times. "It's been fun getting to talk to them and getting to know them better.'

Herrera and the other mentors attend practices with the students, eat meals with them and generally spend time with them providing a positive role model for them, encouraging them to do their best, offering them advice and assisting them wherever

One piece of advice that Herrera shares with the All-Americans is how to be successful. "To be successful you have to have a leadership drive and you have to live the Army values," he said. "You have to have those to be successful in anything you do in life, whether it's a career in the military, pursuing a college degree, or running a business, you need those basic skills to truly be successful."

The interaction between the students and



Staff Sgt. Rodrigo Rodriguez, a recruiter assigned to the 5th Recruiting Brigade, counts push-ups for Staff Sqt. Rene P. Herrera, a chemical, biological, radiological and nuclear specialist and a Soldier mentor for the U.S. Army All-American Bowl, assigned to the 160th Special Operations Aviation Regiment (Airborne) during a push-up challenge pitting East versus West high school football players and band memhers.

and an experience everyone involved has seemed to enjoy.

nity," said Herrera, who played a variety of It's been an awesome experience, and I feel mentors seems to truly be a positive one sports in high school including football. "It's really blessed to be a part of it."

very rewarding to be able to talk to these kids and see what kind of goals they have "I'm very excited to have this opportu- and what they want to do with their lives.

## FORT RUCKER SPORTS BRIEFS

#### Youth basketball skills challenge

The Fort Rucker Youth Center invites youth ages 14 and under to its Jr. NBA Basketball Skills Challenge Saturday at 10 a.m. There will be two divisions: 12 and under, and 14 and under. A birth certificate is required to participate.

For more information, call 255-2254 or 255-

#### Spring soccer registration

Parents can register their children for spring soccer through Sunday. All interested participants must have a current sports physical and a valid child, youth and school services registration. Children must meet the age requirements by July 31, 2016. Cost is \$25 for youth ages 4-5 years and \$45 for youth ages 6-14. Additional children will receive a percentage discount to be determined at parent central services during registration. Parents who use Webtrac to register their children should call 255-9638 to let the staff know what size shirt and shorts to order for the children. Practice will begin around Jan. 30 and the season will begin Feb. 13. There will be a parents meeting Jan. 25 at 6 p.m. in Bldg. 2800, the youth center, on Seventh Avenue.

To register, visit parent central services or use Webtrac.

For more information, call 255-9638 or 255-2254.

#### Youth T-ball, baseball, softball registration

Registration for youth T-ball, baseball and softball runs now through Feb. 17. Registration can be done at parent central services or online using WebTrac. The teams will be broken down into age groups: T-ball, co-ed ages 5-6 years; coach/machine pitch, co-ed ages 7-8 years; Dixie Minor, co-ed ages 9-10 years; Dixie Ozone, co-ed ages 11-12 years; Dixie Angels, girls ages 9-10 years; Dixie Ponytails, girls ages 11-12 years; and Dixie Belles, girls ages 13-15 years. Tball fees are \$25, and the fees for baseball and softball are \$45. A current sports physical and valid child, youth and school services membership are required for registration and participation. The age control date is Jan. 1 for softball and May 1 for baseball. A parents meeting will take place Feb. 22 at 6 p.m. in the youth center, located on Seventh Avenue in Bldg. 2800. Coaches are needed.

For more information, call 255-0950.

#### **Biggest Buck Contest**

Fort Rucker Outdoor Recreation continues its Big Buck Contest through Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck - bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit

and a Hunter Education Card.

For more information and to register, call 255-

#### **Resolution Execution**

Fortenberry-Colton Physical Fitness Center will help people jump start their New Year's resolutions Jan. 19 with one of its two four-hour Resolution Execution sessions. Sessions are available at 10 a.m. or 4 p.m. and cost \$3.50 or one card punch. Each session is a four-hour cardio marathon session with a different teacher and different class every 30 minutes. Sample all classes and instructors, including spin, tabata, strong bodies, insane abs, HIIT, cardio and more. There will also be periodic prize drawings for participants. Prizes include: race T-shirts, water bottles, and gift cards for personal training and group fitness classes. Participants do not have to stay for the entire class, but must be present to win prizes. People who stay for all four hours of fitness will earn a chance to win a free month of unlimited group fitness classes. Fruit and water will be available for participants. Resolution Execution will be open to authorized patrons.

For more information, call 255-3794.

#### Lifeguard training course

A lifeguard training course will be held at the Fort Rucker Physical Fitness Center Jan. 20 from 4-7 p.m., Jan. 21-22 from 8 a.m. to 5 p.m. and Jan. 28-29 from

8 a.m. to 5 p.m. The course is open to patrons ages 15 and up, and costs \$125 for military ID card holders and \$150 for members of the general public. There will be a prerequisite test on the first day that people must be passed to enter the course. People can register at the front desk of the Fort Rucker PFC. The cutoff for registration is three days prior to the course start date. Class may be cancelled if minimum enrollment is not met. Candidates who take the training program through are also eligible for employment with Fort Rucker Morale, Welfare and Recreation. All candidates who apply after successful completion of the training program will have 50 percent of their training fees reimbursed to them at the end of the 2017 summer season - must work through Labor Day.

For more information on how to apply, call 255-

#### Adult swimming lessons

Swimming lessons for people ages 18 and older will be conducted Tuesdays and Thursdays in Februarv at the Fort Rucker Physical Fitness Center Indoor Pool, Bldg. 4605 on Andrews Avenue. Cost will be \$50 per participant. Each session will include eight classes. Beginners sessions will run from 5:15-6 p.m. and intermediate sessions from 6:15-7 p.m. People need to register at least three days prior to the start of the class at the Fort Rucker Physical Fitness Center.

For more information, call 255-2296 or 255-9162.

#### **Super** Crossword Answers REGRETS OSOLEMIO ARMENIA SOUL C O M I N G T O A D E A D E N D

#### TRIJAMBILBO ETAGRIPONYOURSELF C A N O E O R E S A E R O A C R E S A V O W A L S S S T A N D I N G O R D E R PERLITD IDES E B R A N D E D O U T I N G S L A X L Y E E L S A R A L E D E M A O T T U R N U P U P A N D A W A Y P R I O R Y P E R O L E W Y R S GOODWILLAMBASSADOR

ANISET

JAPANESEALPHABET A L A M O D E T O U R D A T E W I Z A R D S E G R E S S E S

## PUZZLE ANSWERS

Weekly SUDOKU —

Answer

5	3	7	4	2	8	6	9	1
4	6	8	9	3	1	7	5	2
1	2	9	7	5	6	4	8	3
8	9	4	3	1	2	5	7	6
6	7	1	5	4	9	3	2	8
3	5	2	6	8	7	1	4	9
7	1	3	2	9	5	8	6	4
2	8	6	1	7	4	9	3	5
9	4	5	8	6	3	2	1	7

Answers 1. Sea of Galilee 2. 18th 3. Paul Rubens 4. Tahiti 31 miles

6. "Fargo" 7. Mars 8. Dew point





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