

SECARMY:
TRADOC critical
to future Army



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FUN IN THE SUN

Day at the Lake
delivers swimming,
games, boating, more

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BEAT THE HEAT

Indoor fitness classes
help people keep in
shape out of the sun

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ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

MAY 24, 2018

CONTINUING EXCELLENCE

SecDef announces 2018 Installation Excellence award recipients

Defense Media Activity
Staff Report

WASHINGTON — Defense Secretary James N. Mattis announced the recipients of the 2018 Commander in Chief's Annual Award for Installation Excellence, according to a Department of Defense news release issued May 17.

The award recognizes the outstanding and innovative efforts of the people who operate and maintain U.S. military installations.

The five recipients of this highly competitive presidential award were selected for their exemplary support of DOD missions.

This year's recipients are listed below.

- **U.S. Army Garrison Fort Rucker**
» *Senior Commander:* Army Maj. Gen. William K. Gayler.
» *Garrison Commander:* Army Col. Brian E. Walsh.
- **Marine Corps Air Station Miramar, California**
» *Commanding Officer:* Marine Corps Col. Jason G. Woodworth.
- **Naval Air Station Whidbey Island, Washington**
» *Commanding Officer:* Navy Capt. Geoffrey C. Moore.
- **Davis-Monthan Air Force Base, Arizona**
» *Commander:* Air Force Col. Scott C. Campbell
- **Defense Distribution Depot San Joaquin, California**
» *Commanding Officer:* Marine Corps Col. Andre T. Harrell.

SEE EXCELLENCE, PAGE A7



PHOTO BY DAVID VERGUN

Vice Chief of Staff of the Army Gen. James C. McConville presents the gold award to Fort Rucker officials at the Army Communities of Excellence Awards ceremony at the Pentagon May 18. Lt. Gen. Gwen Bingham, assistant chief of staff for Installation Management (right), also participated in the ceremony.

Fort Rucker earns gold in Army Communities of Excellence awards

By David Vergun
Army News Service
and Jim Hughes
Fort Rucker Public Affairs

WASHINGTON — Fort Rucker brought home the gold May 18 at the Army Communities of Excellence Awards ceremony at the Pentagon.

Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general; Col. Brian E. Walsh, Fort Rucker garrison commander; Command Sgt. Maj. Christopher D. Spivey, garrison command sergeant major; and other garrison officials ac-

cepted the gold award in the active component category a day after learning the post also received top honors in the 2018 Commander in Chief's Annual Award for Installation Excellence.

And it's no surprise Fort Rucker found itself on top in both competitions, Gayler said.

"Through these awards, the Department of Defense and the Army are confirming what we knew all along — Fort Rucker is a great place for Soldiers, families, civilian employees and retirees to train, work, live, play and receive support," the general said.

SEE GOLD, PAGE A7



PHOTO BY KELLY MORRIS

Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence commanding general, speaks during the Troy University spring commencement at the Dothan Civic Center in Dothan May 20.

Commanding general to Troy grads: 'Our society needs your leadership'

By Kelly P. Morris
USACE Public Affairs

Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, spoke to the graduates of Troy University, their family members, mentors and friends who gathered for the 2018 Troy University spring commencement at the Dothan Civic Center May 20.

Leadership and service were prevailing themes throughout the ceremony, which included remarks by university leaders, prayers and songs, and the conferring of degrees and presentation of candi-

SEE LEADERSHIP, PAGE A7

'WE WORK SO WELL TOGETHER'

Post tests emergency response, strengthens partnerships

By Nathan Pfau
Army Flier Staff Writer

When disaster strikes, Fort Rucker's partnerships with local agencies and the surrounding communities help ensure a quick response that helps save lives.

The installation tested that response with an exercise near Skelly Stagefield May 22 that simulated a downed aircraft with both military and civilian casualties, and involved multiple agencies from the surrounding communities, including the Fort Rucker Directorate of Public Safety, The U.S. Army Air Ambulance Detachment (Flatiron), the Coffee County Emergency Management Agency, Medical Center Enterprise, the Coffee County Sheriff's Office and more, all in an effort to strengthen the relationships with the surrounding communities, according to Willie Worsham, Fort Rucker emergency manager.

"This is a good exercise because we strengthen the relationships with our communities — making one community effort to make sure that all of our assets are taken care of, so we can respond to any kind of emergency on or off the installation," said Worsham. "With all of our (agreements), we're able to do that with our sister agencies outside of the installation."

For this particular exercise, the scenario involved a downed aircraft that caught fire, requiring the Fort Rucker Fire Department to respond to extinguish the fire and pull a simulated survivor from the wreckage. After rescuing the survivor, the firefighters on site provided immediate triage while waiting for emergency medical



PHOTO BY NATHAN PFAU

Rodney Taylor, Fort Rucker firefighter, retrieves a simulated crash survivor as fellow firefighter, Clayton Forston, continues to extinguish the flames during an exercise near Skelly Stagefield May 22.

services to arrive.

At that point, Flatiron was dispatched and arrived on the scene to airlift the patient, and Coffee County EMA responded to take care of simulated civilian casualties.

The exercise allowed local agencies to be able to test their response times, as well as to test their ability to facilitate casualties in the event of an actual disaster, which Grant Lyon, Coffee County EMA deputy director, said is important when it comes to saving lives.

"If we've got a big incident going on, we have to be able to work with local agencies to get support here to address that incident," said Lyon. "We have emergency medical services in play, as well as Medical Center Enterprise, our local hospital,

so, they're having a chance to deal with patients, because in an instance like this we would have patients who need treatment and transport."

The exercise also gave the medical center the opportunity to test out their mass casualty response, said Liz James, Medical Center Enterprise facilities director and safety officer.

"We want to make sure that we have the availability and the disposal for such incidents and accidents," she said. "It's very important that we have this communication and understanding of what our needs our and our abilities are to be able to take care of each other and the community."

It's that understanding that makes exercises between the various agen-

SEE EMERGENCY RESPONSE, PAGE A7

PERSPECTIVE

IMCOM CG: The value of Army civilians

By Lt. Gen. Kenneth R. Dahl
U.S. Army Installation Management
Command Commanding General

FORT SAM HOUSTON, Texas – One of the great lessons I've learned as commanding general of U.S. Army Installation Management Command is to value the diversity and contributions of Army civilians.

Before taking command of IMCOM and its 50,000 plus cohort of civilian professionals, I had little experience in leading or working alongside them. I was ambivalent about their role in making our Army ready. I had no appreciation for how vital their leadership is to the continuity and success of everything we do.

Now, after witnessing the wisdom, dedication, technical expertise and professionalism of Army civilians in a personal way, I feel obliged to champion their service.

After visiting 80 installation communities around the world, I am as familiar with today's Army as anyone. It is clear to me that our Army could not do all of what it is expected to do without civilians in nearly every command, in some cases side-by-side in theater.

Civilian professionals provide foundational continuity in times of turbulence; design, test and field our weapon systems; play critical roles in supporting Soldiers and their families; maintain our training facilities; and myriad other critical tasks that give Soldiers the freedom to focus on warfighting. Army civilians are integral to readiness, and a part of the team I have grown to accurately value and appreciate.

Can we improve the system? You bet, but we should not paint all Army civilians with the same brush based on limited experiences where a small number have made a bad



PHOTO BY BRITTANY NELSON

Secretary of the Army Dr. Mark Esper paid his first visit to the civilian professionals of the U.S. Army Installation Management Command while visiting their headquarters in Fort Sam Houston, San Antonio, Texas, April 17. IMCOM's commanding general, Lt. Gen. Kenneth R. Dahl, invited the secretary as a way to recognize and acknowledge the service of Army civilians.

impression or had a negative impact.

Detractors of employing civilians should think through the alternatives. Totally contractors? Have Soldiers do everything? These solutions are often more expensive and can negatively impact Army readiness in serious ways.

Army civilians are probably the most efficient and effective way to sustain readiness. Their contributions are priceless; our nation simply cannot purchase their level of loyalty and commitment. They are part of the Army's DNA. I encourage more Army leaders to learn and understand this important truth sooner than I did.



ARMY PHOTO

Lt. Gen. Kenneth Dahl, commanding General of the U.S. Army Installation Management Command, invites small, diverse groups of IMCOM professionals to have lunch each month to listen, learn and exchange

Public Notice – Fort Rucker Environmental Assessment and Finding of No Significant Impact for the Implementation of an Erosion and Stormwater Control Project at US Army Reserve, Fort Rucker, AL.

Notice is hereby given that the U.S. Army, Fort Rucker, Alabama, has prepared a Final Draft Environmental Assessment (EA) and Draft Finding of No Significant Impact (FNSI) for the Implementation of an Erosion and Stormwater Control Project at the US Army Reserve, Fort Rucker, in accordance with the National Environmental Policy Act (NEPA). Copies of the EA have been provided for public review at the Daleville Public Library located at 308 Donnell Boulevard, Daleville, Alabama, 36322, phone number 334-503-9119; and the Fort Rucker Center Library, Building 212, 5th Ave., Fort Rucker, Alabama, 36362, phone number 334-255-3885; and the Sustainable Fort Rucker website at: <https://www.fortrucker-env.com/> under the Programs tab and then the NEPA tab. The EA will be available for review and comments for 30 days starting May 24, 2018. Comments on the EA should be sent to: Ms. Leigh Jahnke, Directorate of Public Works, Environmental and Natural Resources Division, ATTN: IMRC-PWE, Building 1121, Fort Rucker, Alabama, 36362 or leigh.b.jahnke.civ@mail.mil. Comments will be addressed and incorporated into the Final EA.

Public Notice – Environmental Assessment of the Real Property Master Plan Projects at Fort Rucker, Alabama

Notice is hereby given that the U.S. Army, Fort Rucker, Alabama, has prepared a Final Draft Environmental Assessment (EA) and Draft Finding of No Significant Impact (FNSI) for the Real Property Master Plan Projects in accordance with the National Environmental Policy Act (NEPA). Copies of the EA have been provided for public review at the Daleville Public Library located at 308 Donnell Boulevard, Daleville, Alabama, 36322, phone number 334-503-9119; and the Fort Rucker Center Library, Building 212, 5th Ave., Fort Rucker, Alabama, 36362, phone number 334-255-3885; and the Sustainable Fort Rucker website at: <https://www.fortrucker-env.com/> under the Programs tab and then the NEPA tab. The EA will be available for review and comments for 30 days starting on May 3, 2018. Comments on the EA should be sent to: Ms. Leigh Jahnke, Directorate of Public Works, Environmental and Natural Resources Division, ATTN: IMRC-PWE, Building 1121, Fort Rucker, Alabama, 36362 or leigh.b.jahnke.civ@mail.mil. Comments will be addressed and incorporated into the Final EA.

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflieger.com.

Sec Army: TRADOC critical to future Army

By Amy L. Robinson
For Army News Service

FORT EUSTIS, Va. — The secretary of the Army gained a more in-depth understanding of how U.S. Army Training and Doctrine Command designs, acquires, builds and improves the Army during his first visit to the command May 18.

Throughout the visit, Dr. Mark T. Esper and his spouse, Leah, had the opportunity to speak to Soldiers, civilians and spouses on a number of topics ranging from readiness to the role of the Army Family.

The day began at 6 a.m. when Esper met with leaders from TRADOC's Center for Initial Military Training to discuss the readiness of future Soldiers through the use of the Occupational Physical Assessment Test. The OPAT, which tests recruits' ability to perform the tasks specific to a military occupational specialty, will help put the right Soldier in the right MOS, resulting in a more ready Army.

"Improving readiness is the benchmark for everything we do; it should guide our decision-making," Esper said in his initial message to the force.

The secretary also received an update on CIMT's current efforts to improve the Army Physical Fitness Test as the service transitions from the APFT to the Army Combat Readiness Test. The ACRT is part of the Army's effort to optimize Holistic Health and Fitness and achieve combat readiness across the Army, and Esper was even able to participate in several ACRT events during the visit.

From there, Esper traveled to TRADOC headquarters to meet with senior leaders and get a more detailed understanding of what it takes for the command to build the Army



PHOTO BY STAFF SGT. BRANDY N. MEJIA

Secretary of the Army Dr. Mark T. Esper talks with students and instructors from the 128th Aviation Brigade on Fort Eustis, Va., May 18.

of the future — and discuss TRADOC's continuing role after the creation of Army Futures Command.

"TRADOC plays a very critical role in the Army and where we're headed," he said. "The importance of (TRADOC) as it designs the Army and acquires the Soldiers we need to fill that Army — and build it — will remain vitally important. They will have another peer alongside them in the shape of Army Futures Command to help lead our Army into the future."

The secretary then joined his spouse, Leah, for lunch with the Family Readiness Groups, which was followed by an opportunity for the couple to meet with Army spouses and emphasize the importance of taking care of Soldiers and their families.

"Every time Leah and I travel, we meet with civilian spouses groups and hold town halls so I can get a good feel on the pulse of the Army and field questions on how we can improve our Army," Esper said.

Another way the Army secretary continues to get a pulse on the Army is through talking with Soldiers. During his time on Fort Eustis, Esper got a firsthand look at how TRADOC is training Soldiers in two domains: sea, when he traveled to 3rd Port to observe Army Watercraft Operator training, and air, when he received an overview of the training happening within the 128th Aviation Brigade.

Gen. Stephen J. Townsend, TRADOC's commanding general, joined Esper during his visit to the 128th, which falls under

TRADOC's Aviation Center of Excellence. Here, the two talked with Soldiers in Advanced Individual Training and learned how the schoolhouse is using technology to train new Soldiers.

Esper said the role the command plays in recruiting and training Soldiers is vital to the force's mission effectiveness.

"TRADOC plays a very critical role because the two functions it performs are recruiting those Soldiers and training them," he explained. "Bringing them into the force, making sure they're well prepared for assignment to the operational Army — that is vital to our mission effectiveness."

From the 128th, the secretary and Mrs. Esper traveled to Jacobs Theater, where they conducted a town hall for Fort Eustis employees and their family members. With a direct opportunity to speak to the Army secretary, questions ranged from budget and personnel cuts to the use of artificial intelligence and robotic technology, in which Esper said the Army must lead the way.

"As far as the use of AI and automated technology or robotics, the answer is simple: We have to be first," he said. "By 2028, the Army will be sending manned and unmanned autonomous vehicles to the field. Think about the lives we could've saved in Kuwait if we had had this technology. Yes, our budget of 700 billion is a lot, but war is more expensive, and losing the war is even more expensive."

At the close of his time at TRADOC, the 23rd secretary of the Army thanked the leadership team for all they do, the community for its support, and the Soldiers, civilians and family members who together, continue the pulse of the Army.

"Thank you for all you do for the Army," Esper said. "I'm proud to serve with you."



CHANGE OF COMMAND

PHOTO BY NATHAN PFAU

CW4 Tammy Richmond, Headquarters, Headquarters Company, U.S. Army Warrant Officer Career College, assumes command of the unit from CW4 William Baker, outgoing commander, during a change of command ceremony at Fortenberry-Colton Physical Fitness Center May 16.

NEWS BRIEFS

Holiday gate closure

In observance of the Memorial Day holiday, Faulkner and Newton gates will be closed May 26-28. They will resume normal operating hours May 29.

Memorial Day Service

Fort Rucker will host its Memorial Day service May 25 at 8:30 a.m. at Veterans Park to pay tribute to the men and women who sacrificed their lives in defense of the country.

Clinic closure

Lyster Army Health Clinic will close at 11 a.m. June 22. The clinic will remain open all day on the third Wednesday of the month, June 20. The Fort Rucker Army Wellness Center will also close at 11 a.m. June 22.

Change of responsibility

The Fort Rucker Garrison will host a change of responsibility ceremony June 15 at 2 p.m. in the U.S. Army Aviation Museum. Command Sgt. Maj. Jasper C. Johnson will assume responsibility from Command Sgt. Maj. Christopher D. Spivey.

Army Wellness Center

The Army Wellness Center offers free health and wellness classes to all Soldiers, family members, retirees and Department

of Defense civilians. All classes are held at the Army Wellness Center in Bldg. 4102.

- **Healthy Sleep Habits** — June 5 at 11:45 a.m.
- **Upping Your Metabolism** — June 7 at 6:30 a.m., June 18 at 11:45 a.m. and June 28 at 1 p.m.
- **Exercise Prescription and Goal Setting** — June 12 at 11:45 a.m. and June 26 at 11:45 a.m.
- **Stress Management** — June 14 at 11:45 a.m.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend. Retirees are also encouraged to apply for one of the open positions on the council.

For more information, call 255-9124.

Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

Healthy cooking class

Lyster Army Health Clinic will host

its next healthy cooking class June 20 at noon. This month's recipes include easy gluten-free meals.

Tobacco cessation program

Lyster Army Health Clinic's tobacco cessation program consists of four weekly sessions each month. Each class is one hour. Classes are Wednesdays from 11 a.m. to noon. For more information, call 334-255-7930.

You Made the Grade

For 17 years, the Army and Air Force Exchange Service's You Made the Grade program has been a cornerstone of military life. Now, students who participated in the program as children are passing it on to another generation of military students—and the exchange is ready to honor their achievements. In recognition of military students who excel, the exchange is rewarding high-achieving scholars in first through 12th grades who maintain a B average or better with a coupon book filled with free offers and discounts.

"The Exchange appreciates the strength and resiliency of all military children," said Air Force Chief Master Sgt. Luis Reyes, the exchange's senior enlisted adviser. "To excel academically while dealing with frequent moves, deployments and parents' long working hours is a sig-

nificant achievement. That's why the exchange has rewarded military students for 17 years running with the You Made the Grade program."

The You Made the Grade booklet includes coupons for free food and other offers that are valid through July 31. The booklet also includes an entry form for the You Made the Grade semiannual sweepstakes. Students can enter to win exchange gift cards worth \$2,000, \$1,500 or \$500. Entries can be submitted twice per year, with drawings typically held in June and December.

Students, including those who are home schooled, can receive a You Made the Grade coupon booklet by presenting a valid military I.D. and proof of an overall B average at their local exchange's customer service area. Eligible participants can pick up one booklet for each qualifying report card.

Students and guardians can contact their local exchange for more information about the Exchange's You Made the Grade program. Contact information for your nearest store can be found at shopmyexchange.com/exchange-stores/.

Students can send You Made the Grade sweepstakes entry forms, which are included in the coupon booklets, to: You Made the Grade, PO Box 227398, Dallas, TX 75222-7398.

JCS top NCO: Service members must be physically ready for deployment

By Jim Garamone
Defense Media Activity

WASHINGTON — The U.S. military's mission is to fight and win the nation's wars, and service members must be physically, mentally and emotionally ready to fight when needed, Army Command Sgt. Maj. John W. Troxell said in an interview May 10.

And in this tumultuous era, that could be at any time, the senior enlisted adviser to the chairman of the Joint Chiefs of Staff added.

Troxell attended the inaugural DOD Readiness and Resilience Workshop held April 17 at Fort McNair in Washington. The workshop featured speakers and covered topics to optimize human performance through the body, mind and spirit.

Deputy Defense Secretary Patrick M. Shanahan also participated in the workshop. Shanahan opened the workshop by joining service members in a workout.

"He's in good shape," the sergeant major said of the deputy defense secretary.

BE READY FOR THE 'WORST DAY'

Troxell said he constantly tells service members they must always be ready to engage in combat, which he describes as the "worst day."

Troxell said he's concerned about recent statistics regarding the ability of military members to deploy.

Defense Secretary James N. Mattis recently came out with a deployment and readiness policy. Essentially, the policy stipulates that if a service member is non-deployable for more than a year, then he or she is processed for separation. This does not affect service members wounded in combat.

"We have this deployability problem in terms of injuries and obesity -- we are talking about 100,000 service members," Troxell said. "On top of that, 17 percent of the troops have been diagnosed as overweight or obese."

The sergeant major said he brought together civilian and military fitness and dietary experts to discuss fitness, performance, nutrition and recovery at the Fort McNair workshop.

"I brought in 50 service members from around the services who are high-speed individuals -- the Marine martial arts instructors, master trainers from the Army, the Navy brought in a number of medical folks and dietitians," Troxell said. "It was a lot of very physically fit people who were there to speak with each other and share best practices and strategies to address the obesity and the nondeployability problem."

PROMOTE WARRIOR/ATHLETE CULTURE

NCOs and petty officers need to promote and encourage "a warrior/athlete culture and mentality" across the military services, Troxell said.

"Our special operations force[s] already



PHOTO BY SGT. KELSEY MILLER

Soldiers assigned to 1st Stryker Brigade execute the proposed Army Combat Readiness Test April 17. Soldiers are assisting the Army with this pre-decisional testing that is pending senior Army leadership staffing and approval.

do this very well, and there's episodes in the services where it goes well," he said. "But there are too many cultures out there where fitness training is just something we do for an hour in the morning and it is a 'check the block' kind of thing."

And, some physical fitness training seems designed to prepare people to just pass the test, Troxell said.

"What physical training needs to be is a process to get someone prepared physically, mentally and emotionally for the conditions they may face on the worst day of their life," he said.

That worst day comes in a variety of guises, Troxell said. For a Soldier or Marine, it may be armed individual combat. For a Sailor it could be dealing with disaster and firefighting. For an Airman it could be in a convoy or on an airfield where disaster strikes or an enemy attacks.

"In any event, we shouldn't be training to pass a fitness test," he said. "We would be training for what we need to do on that worst day. We don't do that enough."

In extreme cases, there are service members who have been nondeployable for three or four years, the sergeant major said. Someone else still has to go. The sergeant major described one specialty with just 32 people. Only eight are deployable and they shoulder that burden.

Physical fitness helps mentally as well, Troxell said. "It's a medical fact that the more physically fit you are, the more

mental and emotional preparedness you are going to have," he said. "You are already used to pushing against boundaries in physical training. You have already conditioned your body and your mind to handle adversity in training and that has a payout when you go through the worst day of your life."

Medical experts who deal with post-traumatic stress say that developing physical fitness is a factor in combating that condition.

MAKING CHANGE HAPPEN

Troxell said he believes that the NCO and petty officer ranks need to make change happen.

"I want those mid-range noncommissioned officer and the petty officers to own this," he said. "They need to say there won't be unfit people in their for-

mations. They have to have people they can count on physically, mentally, emotionally, technically to thrive on the worst day. They shouldn't be discovery learning on the worst days of their lives that the buddies next to them can't carry someone out of a bad situation."

Regardless of how good the U.S. military is, bad things can happen and "we have to prepare, and it starts every day with this culture of 'I am a warrior/athlete,'" Troxell said.

He practices what he preaches. Troxell has embraced a tough physical training program. The 54-year-old senior NCO still qualifies in the Ranger School five-mile standard in under 40 minutes.

Passing a physical training test requires a 60 percent score. "We can't be a 60 percent force," Troxell said. "We have to strive for perfection."



PHOTO BY SGT. JAMES K. MCCANN

Command Sgt. Maj. John W. Troxell, senior enlisted adviser to the chairman of the Joint Chiefs of Staff, hosts a physical training session with Deputy Defense Secretary Patrick M. Shanahan and service members from across the joint force at the inaugural DOD Readiness and Resilience Workshop at Fort McNair in Washington April 17.

KNOWLEDGE

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Army announces stationing of 3 security force assistance brigades

U.S. Army Office of the Chief of Public Affairs
Press Release

WASHINGTON – The Department of the Army announced May 18 the stationing of 3rd Security Force Assistance Brigades at Fort Hood, Texas; the 4th SFAB at Fort Carson, Colorado; and 5th SFAB at Joint Base Lewis-McChord, Washington.

SFABs are specialized units whose core mission is to conduct advise-and-assist operations with allied and partner nations.

“There will always be a need to help build allied or partnered forces, and the SFABs will take on this critical mission and allow brigade combat teams to concentrate on preparing for potential full-spectrum combat operations against a near-peer adversary” said Secretary of the Army Mark T. Esper.

The decision to station the SFABs at these three posts was based on strategic considerations including projected time to activate and train an SFAB, presence of senior grade personnel to man the unit, and required facility costs. Their work will strengthen our allies and partners while supporting this nation’s security objectives and the combatant commanders’ warfighting needs.

“I think we’ll see a much better adviser capability built out of these brigades,” said Chief of



ARMY PHOTO

Staff of the Army Gen. Mark A. Milley. “Meanwhile, we’ll recoup the readiness value of bringing the regular [combat] brigades home to train for their regularly designed missions.”

The three new SFABs are the final three active duty units joining the 1st SFAB stationed at Fort Benning, Georgia, and the 2nd SFAB

at Fort Bragg, North Carolina. The National Guard is still considering locations for its SFAB.

SFAB Soldiers are screened based on qualifications and experience, and are among the most highly trained tactical leaders in the Army. The unit will receive the most advanced military equipment available. SFAB Soldiers receive

special training through the Military Advisor Training Academy to include language, foreign weapons, and the Joint Fires Observer course.

Commanders and leaders in the SFAB will have previously commanded and led similar BCT units at the same echelon. Enlisted advisors will hold the rank

of sergeant and above. The Army currently has incentives to include promotion and special pay to join the SFAB.

The Army is also establishing a command element within U.S. Army Forces Command at Fort Bragg, North Carolina, with the intent to conduct training and readiness oversight of the SFABs.

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Motorists are reminded to obey all traffic signs.

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PHOTO BY DANIEL TOROK

Secretary of the Army Dr. Mark T. Esper testifies to the Senate Defense Committee on Appropriations for the Fiscal Year 2019 U.S. Army Budget at Capitol Hill, Washington, D.C., May 15.

SECARMY:

Army in 'significantly better shape' than just 2 years ago

By Devon L. Suit
Army News Service

FORT GEORGE G. MEADE, Md. — Despite weathering several years of fiscal uncertainty, the state of the Army's formations has improved, and if called upon today it is certain to prevail in any conflict, said the service's secretary.

Additionally, Congress has stopped a steep, lengthy decline in Army capabilities with implementation of the president's fiscal year 2018 budget, said Chief of Staff of the Army Gen. Mark A. Milley. Both Milley and Secretary of the Army Dr. Mark T. Esper testified May 15 on Capitol Hill before the Senate Appropriations Committee for Defense.

"The Army is on the mend. I can report out to you today, after 2 1/2 years as the chief of staff of the Army, we are in significantly better shape than we were just a short time ago," Milley said. "And that is through the generosity of this Congress and the American people."

Moving forward, Army senior leaders are seeking congressional backing for a \$182.1 billion budget for FY 2019. That new budget is an eight percent increase over the total FY 2018 president's budget.

Helping the Army maintain overmatch and increase lethality from now and into the future will require "predictable, adequate, sustained, and timely funding," said Milley.

"The National Defense Strategy has identified China and Russia as the principal competitors against which we must build sufficient capacity and capabilities," Esper told lawmakers. "Both countries are taking a more aggressive role on the world stage, and others possess or are building advanced capabilities that are specifically designed to reverse the tactical overmatch we have enjoyed for decades."

The Army's FY 2019 budget request includes \$148.4 billion in the base budget and \$33.7 billion for overseas contingency operations. The increased funding will continue to cultivate readiness across all formations in preparation for a high-intensity conflict with a near-peer adversary. It also focuses on the development of the future force through critical modernization efforts, according to the Army's senior leaders.

"[The FY 2019 budget] will assure our allies. It will deter our

“I can report out to you today, after 2 1/2 years as the chief of staff of the Army, we are in significantly better shape than we were just a short time ago. And that is through the generosity of this Congress and the American people.”

— GEN. MARK A. MILLEY
U.S. ARMY CHIEF OF STAFF

enemies. It will allow us to compete effectively, and if necessary, it allows us to defeat our enemies on a field of battle," Milley said.

Milley also told lawmakers that the Army knows it must maintain faith with the American people by being good stewards of the tax dollars it receives to conduct its missions.

"We will enforce accountability to make effective use of every single dollar," Milley said. "[Congressional] support for the FY 2019 budget will ensure our Soldiers remain ready to fight, not only tonight but also tomorrow."

READINESS

The Army is on track to reach its total force readiness recovery goals by 2022, providing there is no request to increase the demand for land forces, according to written testimony submitted to the committee by both Esper and Milley.

"We are growing the Army by both recruiting and retaining physically fit, mentally tough Soldiers without lowering standards," the two leaders wrote in their submitted testimony. "Increased end strength has enabled the Army to fill manning shortfalls in key formations. Soldiers within the ranks are also increasingly deployable, with a four percent decrease in Regular Army non-deployable rates over the past year, and an overall goal of a five percent non-deployable rate by FY 2021."

The Army is also refocusing all Soldier training to become more lethal and more resilient on the future battlefield, Esper said. Home-station training will continue to increase, giving formations more repetition at the company level and below. Furthermore, the Army is reducing self-imposed mandatory training requirements and eliminating ex-

cessive reporting.

Additionally, a key component to the Army's readiness initiative includes a broader strategy to work "by, with, and through" partner nations, Milley said. Security Force Assistance Brigades are necessary to help "teach, mentor, train, advise, assist, and enable," partner forces to help reconcile with the enemy and provide stability in the region.

The first SFAB deployed to Afghanistan in the spring of 2018. In turn, the Army is requesting congressional support to man, train, and equip six SFABs — five in the regular Army and one in the Army National Guard — to deliver an enhanced capability of advisors to partner nations, the general added.

MODERNIZATION

Over the past decade of fiscal uncertainty, Army leaders were forced to make many difficult but necessary decisions, prolonging Army modernization efforts.

"We upgraded current weapons systems rather than acquire new or next-generation technologies. However, we can no longer afford to delay modernization without risking overmatch on future battlefields," Army leaders said.

"The Army is now increasing its investments in modernizing the force," Esper said. "Our modernization strategies focus on one goal — making our Soldiers and units far more lethal and effective than any other adversary. The establishment of the Army Futures Command this summer is the best example of our commitment to the future lethality of the force."

Within their written testimony, Esper and Milley outlined several vital focus areas within the Army's six modernization priorities and eight cross-functional teams:

• Long Range Precision Fires:

The Army seeks to modernize a cannon for extended range, volume, and increased missile capabilities. Systems like the Extended Range Cannon Artillery, which has been accelerated to FY 2023, and the Long Range Precision Fires Missile, accelerated to FY 2021, protect and ensure freedom of maneuver to forces in contact with the enemy in deep, close, and rear operations.

The Army has included \$73.7 million for Long Range Precision Fires in the FY 2018 enhancement request, with \$22 million in additional requested funds in the FY 2019 president's budget.

• Next Generation of Combat Vehicles:

The Army is currently developing prototypes that lead to the replacement of its current fleet of infantry fighting vehicles, and tanks, in manned, unmanned, and optionally manned variants. A next-generation vehicle is needed to enhance Soldier protection, increase mobility, and make Army forces even more lethal.

Prototypes for both manned and robotic vehicles will arrive in FY 2021, with \$13.1 million requested in the FY 2018 enhancement, and \$84 million in the FY 2019 president's budget.

• Future Vertical Lift:

The Army seeks to incorporate manned, unmanned, and optionally manned variant vertical lift platforms that provide superior speed, range, endurance, altitude, and payload capabilities. This includes the Future Unmanned Aircraft System, which is undergoing experimentation and will be prototyped in FY 2024, and the Modular Open System Approach, a software prototype that has been accelerated from FY 2028 to FY 2026.

Additionally, \$25.1 million is included in the FY 2018 enhancement request for Future Vertical Lift, with additional funds included in the FY 2019 president's budget.

• Network:

The Army seeks to develop expeditionary infrastructure solutions to fight reliably, on the move, in any environment. The Army Network should incorporate electronic warfare; resilient, secure, and interoperable hardware; software and information systems; assured position, navigation, and timing; and low signature networks.

In regards to the Army's previous Warrior Information Network-Tactical system, Milley indicated that the force is imple-

menting a "halt, fix, and pivot" strategy.

"We determined that the network that was built for the Army was focused on Iraq and Afghanistan, [and] worked for fixed sites but was not capable of holding up in a future conflict," Milley said. "So we halted those pieces of that system that would not survive beyond a fixed site type of location against a low-intensity conflict. We're aiming to fix the capabilities that we think we can harvest and use for the future fight. For the pivot, we're exploring commercial technologies. We believe that's the path ... to ensure that we continue to upgrade our networks, [and] gain and sustain the capabilities at the pace of commercial technology development."

An additional \$180 million is included in the FY 2018 enhancement request to conduct network related experimentation next fiscal year, including an Infantry Brigade at the Joint Readiness Training Center this summer, and a Stryker Brigade by early 2019.

• Air and Missile Defense:

To ensure the Army's formations are protected from modern and advanced air and missile delivered fires, including drones — the Air and Missile Defense Cross-Functional Team is focusing on capabilities that include Mobile Short-Range Air Defense with directed energy and advanced energetics. The Army has also accelerated the fielding of existing air defense capabilities over the coming years.

• **Soldier Lethality:** The force is working to develop the next generation of individual and squad weapons; improve body armor, sensors, and radios; and develop a synthetic training environment that simulates the modern battlefield.

The FY 2018 enhancement request includes \$81 million to experiment and procure Enhanced Night Vision Goggles by FY 2021.

"Army Futures Command gets a lot of the attention for good reasons," Esper said. "One of the key aspects of it is to make sure that it presents a different face toward the private sector — not just the traditional defense vendors — but also nontraditional defense suppliers, small business, entrepreneurs, [and] academia. We [want to] tap into that talent wherever it may be, to make sure that we maximize every dollar we get to put it back into our Soldiers."

Gold

Continued from Page A1

"We have a great team at Fort Rucker – and that includes our partners off the post," Gayler continued. "Community relations play a major part in an installation receiving these awards, and you just can't find a place where Soldiers and families receive greater support than in the Wiregrass. Our partnerships with the communities in the Wiregrass set up all sides for success and we look forward to continuing those partnerships in the years to come. Fort Rucker and the Wiregrass form a team that is truly Above the Best."

Other installations received recognition at the ceremony, as well, and Vice Chief of Staff of the Army Gen. James C. McConville said installations provide "world-class, power-projection platforms."

"Installations sustain daily operations, enabling units to concentrate on missions without distraction," he said at the ceremony. "When an installation is well run and well managed, everything from range

operations to a commissary visit to a long deployment is easier for Soldiers, civilians and their families."

Soldiers are the Army's "most important weapons system," he added. That's why taking care of them at the place where they live and work every day is so vital.

People today live in a world where technology, in many cases, has replaced personal interaction, he said. Yet, installations have succeeded in creating a true sense of community for Soldiers, civilians and families, and establishing personal interactions.

This is notable, he pointed out, because many Soldiers, families and even civilians on installations are thousands of miles away from the place they call home, he said. "It's the installations that make them feel at home every day when they drive through that gate."

Military communities are connected not just by those who reside inside the gate, but they also interact with state and local governments, schools, churches and businesses that exist outside the gates, McConville said. These too need to be recognized

because they provide tremendous support as well.

The vice chief mentioned that he grew up in Quincy, Massachusetts, where there are not many nearby military installations.

These regions miss out on what the military brings to the community, he said. "All the installations here today cracked the code on developing and maintaining that sense of community. They focused on the mission of Soldiers, and that truly boosts Army readiness."

Some 156 regular Army installations and 1,100 Guard and Reserve installations exist in the U.S. and globally, he pointed out. They manage over \$16 billion annually, providing "world-class infrastructure and services to more than 1 million Soldiers, 240,000 Army civilians, and 2.2 million family members, and they do it well."

The Army Communities of Excellence Program recognizes quality in installation management leading to reform and improved readiness in areas like energy efficiency, facilities, training areas, emergency services and customer services, he said.

• Army Communities of Excellence Awards active component winners:

- » Gold: Fort Rucker;
- » Silver: Fort McCoy, Wisconsin;
- » Bronze: U.S. Army Garrison Daegu, South Korea; and Fort Stewart, Georgia; and
- » Honorable mention: Fort Knox, Kentucky; and Fort Wainwright, Alaska.

• Army Communities of Excellence Awards National Guard winners:

- » Gold: Ohio Army National Guard;
- » Silver: South Carolina Army National Guard;
- » Bronze: Georgia Army National Guard; and
- » Honorable mention: Vermont Army National Guard.

• Army Communities of Excellence Awards reserve component winners:

- » Gold: 81st Readiness Division, Fort Jackson, South Carolina; and
- » Silver: 1st Mission Support Command, Fort Buchanan, Puerto Rico.

Excellence

Continued from Page A1

Installations compete on how well they achieve departmental objectives in several areas of installation management, including mission support, energy conservation, quality of life and unit morale, environmental stewardship, real

property management, safety, health and security, communications and public relations, according to the news release.

Excellent installations enable better mission performance, and enhance the working and living conditions for military men and women, DOD civilians and their families, the releases said. Each of the winning installations succeeded at

being the best in achieving excellence in performing installation management within their military service and the Defense Logistics Agency.

Each winning installation will receive a commemorative Commander in Chief's Award trophy, and flag and a congratulatory letter from the president.

Emergency response

Continued from Page A1

ties within the community necessary, said Lyon.

"This gives us a chance to

work with our local agencies and work with Fort Rucker, and we appreciate them letting us play in this because this is a big exercise," he said. "It al-

lows us to test the local agencies' response efforts and test their preparedness efforts, and we can get back together with them to figure out ways to make

our communities better.

"(A disaster like this) could happen at any point or any time to anybody – it's not just Fort Rucker," the Coffee County EMA dep-

uty director continued. "The biggest things that we stress are the partnerships that we have with all of the communities around here – we work so well together."

Leadership

Continued from Page A1

dates for more than 120 graduates who achieved their associate's, bachelor's or graduate degrees.

In his commencement address, Gayler thanked the audience for their show of patriotism following the singing of the National Anthem.

"What an honor it is to serve in a place so special like the Wiregrass, that when Amy Griffin sang the National Anthem – the anthem of our nation – she received applause. That doesn't happen everywhere," Gayler said.

Gayler said the "plight of the student" is something Fort Rucker can relate to. "The hard work, dedication, the long hours you have put in to achieve this goal makes it that much sweeter. And it is my honor to tell each and every one of you today congratulations. You made it," he said.

Gayler recounted how the writer Henry David Thoreau made his now-famous trek in the woods to "live deliberately" for a time, because at the end of life he wanted to know he had lived a life of purpose.

To that end, Gayler told the story of an M.I.T. professor, Edward Lorenz, who made a groundbreaking scientific discovery in the 1960s and drew a parallel between this discovery and how people's actions can have far-reaching impacts.

Lorenz served in the U.S. Army Air Corps during World War II as a weather forecaster. After the war he furthered his education and became a popular M.I.T. professor. In the 1960s, he made a small adjustment in a computer program analyzing weather, and discovered that tiny initial differences have enormous consequences in a dynamic system like earth's atmosphere.

It became known as "the butterfly effect."

Lorenz hypothesized that a butterfly

could flap its wings in one part of the world, and as molecules of air were set in motion, over time it potentially could cause, or even prevent, a major weather event in another part of the world. Eventually the strange idea of the huge impact over time that resulted from small initial changes achieved the status of scientific law, Gayler said. Lorenz's discovery became one of the scientific revolutions the 20th century was remembered for.

Although at first his hypothesis was laughed at, "today they write books about it," Gayler said. It started a revolution in how scientists predict weather and how they understand nature itself.

The butterfly effect has a message about the importance of people's decisions and actions, according to Gayler.

"It's hard to fathom how something of the magnitude of a hurricane could begin with the flapping of a butterfly's wings. But then you think back to your own experiences in life, and I think of mine – about the people who made a huge impact on me, with sometimes a relatively insignificant idea, suggestion, or a nudge.... It's those people who truly made a difference. And I owe those people a tremendous debt of gratitude," Gayler said.

Gayler said the butterfly effect related to the graduates. To show how one person's actions can make a difference, Gayler recognized a Soldier for Life – retired Master Sgt. Robert McCloud. McCloud retired from service after more than 30 years of service, and eventually decided to further his education. During the ceremony, McCloud would receive his associate's degree at the age of 83.

"Thank you for your service to this nation," Gayler said. "You are an inspiration to each one of us."

Gayler encouraged the graduates to never underestimate the power and reach of their actions, to never shy away from challenges and to view any failures as an

opportunity to improve.

He called for strong leadership in the future from the graduates. He explained an Army acronym that roughly forms the word "leadership" and represents the Army Values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity and Personal Courage.

"Those values have everything to do with a commitment to something greater than oneself," he said. "Now more than ever we need men and women of character, commitment and competence to serve in our great nation, in uniform or out. Our society needs your leadership."

Gayler thanked the university for supporting service members, including a special scholarship it offers for military and their families.

"That spirit of honoring service is one of the reasons that makes the Wiregrass such an incredible place to live, to work, to play and also to learn," Gayler said.

During the ceremony, Dr. Jack Hawkins, Troy University chancellor, recognized the service members and their spouses in the crowd.

Fort Rucker was the first location off of the Troy campus where the university offered extension courses, Hawkins said.

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new LISTING



680 COUNTY ROAD 750: \$189,500: Privacy, Wood, Well-maintained. Like new home in Curington Farms. New Paint in Living Room, Kitchen & Dining Area. Move in ready. This home is minutes from Fort Rucker & minutes from downtown Enterprise. Breakfast area plus a formal dining area! Granite countertops in kitchen and stainless-steel appliances. Pantry. The covered patio area is a great place to enjoy an afternoon or early morning. Large fenced backyard. Owner is a licensed real estate agent in Alabama. **SHAWN REEVES, 475-6405**



new LISTING



9 MARNETTE DRIVE, DALEVILLE: \$65,000: Chain Link, Come view this 1 of a kind home. Huge corner lot that has endless potential and a 2 car detached garage that has a toilet and sink in it! Laundry room is located right off the kitchen for easy chores. Many gardening ideas inside the chain link fence. Come see today! **CHRIS ROGERS, 406-0726**



new LISTING



103 HABERSHAM PLACE: \$185,000: A property you will appreciate! This 4 bedroom, 3 bath is ready for your family and extended family. The interior has been repainted and new carpet and vinyl flooring installed. This home has over 2,400 square feet of living area -- formal living room, family room with fireplace, dining room, kitchen, laundry, master bedroom plus two additional bedrooms in the main house AND in addition an in-law suite adjacent to the house. In-law "apartment" with exterior entry door has a living area, bedroom, full bath and kitchenette with dining area. Accessible from the family room and the in-law suite is a large screen porch overlooking a large fenced back yard with mature shrubs and trees. The laundry room has desk space and shelving for extra storage. The large side entry garage has loads of shelving and a great indoor workshop space with sink and cabinets. The large shed in the shade of mature trees in corner of back yard provides space for additional storage and your outdoor lawn equipment. Call today and schedule your personal tour of this lovely property. **JUDY DUNN, 301-5656**



new LISTING



450 CHOC HILLS ROAD, DOTHAN: \$157,000: Four BR, 2 Bath brick home with approximately 9 acres +/- . Open floor plan, gas fireplace, tons of storage, huge attached shop/garage with 2 garage doors (With openers). Enjoy the outdoors in this natural setting with plenty of space for family cook outs and outdoor entertaining. Large master with Jacuzzi and large walk in closet. VA foreclosure to be sold "as is". Alabama Right of Redemption will apply. **NANCY CAFIERO, 389-1758 & BOB KUYKENDALL, 369-8543**




new LISTING



120 LAUREL BREEZE DRIVE: \$215,000: Chain Link, Combo, Wood, If you want to get back to a quiet and simpler lifestyle, consider this 3 bed 2 bath home shaded by tall trees and surrounded by a beautiful neighborhood. This home features a spacious loft for relaxation, a huge elevated wood deck for entertaining, and high ceilings in the living room make this home a great place to call home. **CHRIS ROGERS, 406-0726 & JUDY DUNN, 301-5656**




new LISTING



121 LIGHTFOOT DRIVE: \$124,800: Great Neighborhood location on large corner lot. 3 Bedroom, 2 Bath home with modern, updated kitchen and brand new stainless steel appliances. Large Pantry, Eat in Kitchen with large garden window. Back yard is completely fenced in with a patio pad and a giant pergola for entertaining. Home features updated bathrooms, painted concrete flooring, that is a must see to appreciate. Home has been recently painted throughout, lighting updated, and much more. Conveniently located near Fort Rucker and City Amenities. Transferable Termitte Bond. Enterprise City Schools. **CHERYL PICCININI, 390-9612 & SHERI SIEGEL, 910-229-0017**




new LISTING



212 DALE AVENUE: \$157,000: Charming cottage in The Grove. Large trees in the yard are a bonus! Open floor plan with just the perfect amount of space for comfort. Like new. Stainless steel appliances to include refrigerator, Washer & Dryer Convey. Covered patio provides extra living area. Privacy fence. Matching storage building just adds to the charm. ADT security with cameras. Seconds to Fort Rucker Enterprise gate. Great starter home. **SHAWN REEVES, 475-6405**



UNDER CONTRACT



1000 EDINBURGH WAY: \$258,000: What a stunning home with a dream of a back yard! Don't miss out on all these upgrades. Granite countertops, stainless steel appliances, new carpet in all bedrooms, jacuzzi tub, his and her walk in closets, surround sound, back deck with lighting, heated salt water pool with polaris, hot tub, privacy vinyl fence, and sidewalks! All this on a large corner lot in a gorgeous and well maintained neighborhood! **HEATHER CONWAY, 580-215-2699**



new LISTING



110 PAUL STREET: \$110,000: This cozy three bedroom/1.5 bath brick home with bonus room has just been recently renovated! Enjoy that morning cup of coffee or unwind in the evening while sitting on the tiled back patio overlooking a private backyard. This home is convenient to Ft.Rucker, shopping, and restaurants is ready for its new owner! For the owner, following are the renovations/updates on this home: 1) New metal roof, soffits, fascia, attic insulation, front siding and gutter 2) New HVAC with added extension to the bonus room 3) Electrical - New wiring, fixtures and lights 4) Plumbing - New plumbing in kitchen and bath 5) Floor - New tile in kitchen, bonus room and outside patio, new laminate in dining area, living room and three bedrooms 6) Kitchen - New cabinets, counter top, refrigerator, range, dishwasher, hood and sink 7) New ceiling, walls and paint in kitchen, dining area and bonus room 8) Walls and siding in living room and three bedrooms redone and painted 9) New hot water heater and washer and dryer hook ups 10) All new double pane windows 11) New interior, exterior and patio doors 12) Hall - New tub, toilet, vanity, mirror, fan and tiles 13) Master bath - New toilet, vanity mirror, **SAM HELMS, 788-3357**



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41 CONNETTA DRIVE, DALEVILLE: Privacy, Vinyl, Convenient location to Enterprise, Daleville and Fort Rucker, this four bedroom, two and a half bath two story home features not only a formal living room and formal dining room, but on the main level you also have a library/office, kitchen, and breakfast/family room area with electric fireplace. Garage has a workshop area 10x13, and not only is there a 20x40 inground pool, but a 24x36 workshop w/its own separate HVAC, a 12x12 shed, and it all sits on an acre of beautiful landscaping with blueberry bushes. **EVELYN HITCH, 406-3436**

\$163,900




100 GWINNETT PLACE, DOTHAN: Immaculate home with open split floor plan near shopping, restaurants and more. Granite counter tops & tile in kitchen & baths; stainless appliances & stylish backsplash in kitchen; plantation shutters, master suite with large walk-in closet, separate shower & garden tub; walk-in closet in guest bedroom. Wired for security. Premium flooring gives laminate hardwood look. Privacy fence, screened covered porch, custom workshop; corner lot, sprinkler system. Call to see this lovely home & make it yours. Agent relative of owner. **MARGE SIMMONS, 477-1962**

\$299,000




106 SAND CREEK ROAD: Custom built 5 bedroom/5.5 bathroom home w/room to spare. Two master suites downstairs, another bedroom w/its own bath, a formal dining room, living room, huge eat-in & unique kitchen, a bonus room, lovely sun room w/brick floor & a large laundry room. Upstairs there are 2 more bedrooms w/ensuite baths & walk-in closets and a walk-in attic that could easily become another bedroom/bath or playroom. Lovely built-ins, trim & moldings throughout the house. Lot leads down to Sand Creek. No backyard neighbors. **JAN SAWYER, 406-2393**

\$175,000




104 TOM MORRIS LANE: Beautifully updated home in Tartan Pines. 2 bedroom, 2 bath with new carpet, new roof, and freshly painted walls throughout. This home has lots of windows throughout to provide natural light, and the back patio overlooks a beautifully wooded scene. Owner is licensed residential home builder and REALTOR in the state of Alabama. **BILLY COTTER CONSTRUCTION, 347-2600**

\$164,500




204 WINTERBERRY WAY: Privacy. New construction convenient to schools, shopping, golf, restaurants and minutes from Ft. Rucker. Security system, 1 car garage, wood floor in dining area/living room/hall, carpet & tile floors, stainless appliances, natural gas heat/cooking/water heater, low E windows, sprinkler system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom and fenced back yard. (Poplar Place Plan) Owner is licensed residential home builder and REALTOR in the State of Alabama. **BILLY COTTER CONSTRUCTION, 347-2600**

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207 CEDAR DRIVE: Chain Link, great 4 bedroom family home with lot of storage. 2 Separate living areas, fenced rear yard with sprinkler system. Convenient to Holly Hill Elementary. **JACKIE THOMPSON, 406-1231 & TERRI AVERETT, 406-2072**

\$135,000



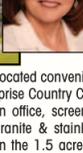

704 OUIDA STREET: Privacy, Wood, Well cared for 3 bedroom, 2 bath house your family will appreciate. Enjoy entertaining in the grand room or spacious bonus room w/wood burning fireplace. Bonus room opens to a sun room overlooking fenced back yard. Wood and tile floors throughout the home. **JUDY DUNN, 301-5656**

\$129,900 • REDUCED




209 APACHE DRIVE #11: If you are looking for an investment, then you have it here. All four units are presently occupied. Convenient location Each unit has their own storage room off the upstairs deck or the downstairs covered patio. **EVELYN HITCH, 406-3436**

\$443,000 • REDUCED

2 REINDEER TRACE: Gorgeous family home w/4450 sf ideally located convenient to Holly Hill Elem. Dauphin Jr, Faulkner Gate, Shell Field, Enterprise Country Club & Boll Weevil Circle. Home features 6 bedrooms, 4 baths, an office, screened porch, deck, beautiful woodwork/trim, awesome kitchen w/granite & stainless & a large laundry room w/natural light. The huge backyard on the 1.5 acre lot has plenty of room for a pool or workshop. Two water heaters - 1 gas/1 electric. Beautiful stone gas log fireplace in the living room. **JAN SAWYER, 406-2393**

\$149,900

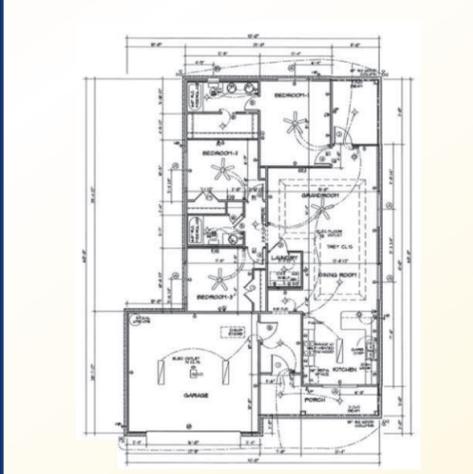



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AIR SUPPORT



PHOTO BY TERRA C. GATTI

Two Virginia National Guard flight crews provide Aviation support to Navy SEALs April 19 at Joint Expeditionary Base Little Creek, near Norfolk, Virginia. The Aviators supported the SEALs training with two UH-60 Black Hawk helicopters, and the SEALs spent the afternoon and evening sharpening their rappelling and fast rope skills in both day and night conditions.

LIGHT WORK

UH72-A Lakota delivery increases Army capacity

By PEO Aviation

Members of PEO Aviation traveled to the Airbus Helicopters production facility in Columbus, Miss. to accept delivery of the 413th UH-72A Lakota Light Utility Helicopter into the Army fleet May 4.

Col. Billy Jackson, PEO Aviation's Utility Helicopters Project Manager received the aircraft log book during a rollout ceremony to commemorate the aircraft's induction into the Army inventory. The event marked the first Lakota delivered to the Army under a new production contract signed in March.

SEE LAKOTA, PAGE B4



PHOTO BY SGT. GREGORY SUMMERS

Col. Billy Jackson, PEO Aviation's Utility Helicopters Project Manager receives the aircraft log book from Scott Tumpak, Airbus Helicopters Vice President of Government Programs marking the acceptance of the latest UH-72A Lakota light utility helicopter into the Army inventory May 4 at the Airbus Helicopters production facility in Columbus, Miss.



PHOTO BY TRACEY AYRES

Lt. Col. Jeff Jablonski, transport aircraft product manager, briefs attendees at the fixed wing utility aircraft industry day in the Jackson Center in Huntsville.

New utility aircraft program gets off ground

By Tracey E. Ayres
PEO Aviation

The Program Executive Office for Aviation's Transport Aircraft Product Office held an industry day to discuss a request for prototype proposals solicitation for the new fixed wing utility aircraft.

The event was an opportunity for members of the Vertical Lift Consortium (industry members that produce both vertical and horizontal lift aircraft) to find out what the Army needs from its new fleet of transport aircraft and to ask questions about the requirement.

The Army solicited a request for proposals last year but the solicitation was ultimately canceled when it was deemed that the sole proposal did not meet the requirement. The Army took a step back to see why it only received one proposal and, after receiving feedback from industry, the Army determined that obtaining prototypes through an Other Transaction Authority was the best approach. The RPP allows industry to submit a FUA prototype in an effort to meet the Army's requirement which includes increased passenger and payload capability as well as increased fuel range.

This is the first time PEO Aviation used an OTA contracting process. The Defense Acquisition University defines OTA as "legal acquisition instruments other than contracts, grants or cooperative agreements that offer a streamlined method for carrying out prototype projects and transitioning successes into follow-on production." The OTA alters the rules allowing the acquisition process to move more quickly.

During the FUA industry day, industry members

SEE UTILITY, PAGE B4

National Guard marks 25 years of SPP, ensures defense capabilities in Europe

By Maj. Kurt Rauschenberg
Army News Service

TALLINN, Estonia — Maryland Army National Guard Soldiers and Airmen supported the Estonian defense forces May 2 - 12 during Exercise Hedgehog 2018, the largest training exercise conducted in Estonia. The exercise occurred as the Maryland National Guard celebrates the 25th anniversary of partnering with Estonia as part of the National Guard Bureau's State Partnership Program, which links National Guard elements with partner nations worldwide.

Focused on territorial defense, as well as special operations capabilities, the exercise brought together elements of the Estonian Defense League, Women's Home Defense League, and regular Defense Force. Estonian police and border forces and emergency management personnel also participated. Additionally, more than 15,000 personnel from 15 NATO member-countries participated in the exercise.

The Maryland Guard was one of the first three partnerships in the SPP that began in 1993 as the Cold War came to a close.

"During the SPP's 25th anniversary, the Maryland Guard was honored to once again participate in this Estonian national exercise," said U.S. Air Force Lt. Col. Jason W. Burns, bilateral affairs officer with the Maryland Guard.

Burns facilitates the exercise planning between Maryland Guard and Estonian units.

Maryland Guard personnel had the opportunity to integrate a wide variety of capabilities, enabling Soldiers and Airmen to fulfill specific training requirements, exchange critical tactics, techniques, and procedures and continue to reinforce security cooperation in the region.

"Annually, the Maryland National

Guard typically schedules and accomplishes about 40 military-to-military training and exercise events," Burns said. "The Maryland Guard is fortunate to have such a close ally and partner nation."

Personnel from the Maryland Army National Guard's 629th Expeditionary Military Intelligence Battalion, based in Laurel, Maryland, provided expertise to two Estonian brigade intelligence sections. They supported the brigade commanders with operational planning, advised on fighting techniques, and engaged with the community throughout the exercise.

Meanwhile, Soldiers with the Maryland Army Guard's B Company, 2nd Battalion, 20th Special Forces Group, based in Glen Arm, Maryland, took part by disrupting

enemy actions against the Estonian Defense Force's 1st Brigade.

Airmen with the Maryland Air National Guard's 175th Wing Cyber Operations Group, based at Warfield Air National Guard Base, Middle River, Maryland, supported the Estonian Defense League's cyber defense unit. They advised and assisted with building greater operational awareness of cyber defense capabilities among the Estonian participants.

The Maryland Air Guard's 175th Security Forces Squadron also participated in the exercise at Amari Air Base, Estonia, and provided air base security support and observations within the Base Defense Operations Control center through the duration of the exercise.

SEE DEFENSE, PAGE B4



PHOTO BY SGT. GREGORY T. SUMMERS

Estonian soldiers of the 2nd Infantry Brigade, Estonian Defense Force, and Finnish combat engineers of the 1st Combat Engineer Company, Pori Brigade, conduct movement to board a B Company, 3rd Assault Helicopter Battalion, 227th Aviation Regiment, 1st Air Cavalry Brigade, 1st Cavalry Division, UH-60 Black Hawk helicopter during a training exercise at an area just outside of Varstu, Estonia, May 9. The training is part of Operation Hedgehog, a multinational exercise held in Estonia to enhance readiness and interoperability between allies and partners in the Baltic region.

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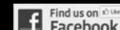
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Lakota

Continued from Page B1

Several congressional representatives attended and spoke at the event, including Sen. Cindy Hyde-Smith, Sen Roger Wicker and Mississippi Gov. Phil Bryant. They recognized the Airbus workforce, applauding their efforts in production of a capability that supports the U.S. Army and Soldiers.

The UH-72A Lakota is a versatile plat-

form that operates in permissive, non-hostile environments, employed to support a wide array of non-combat missions. Bringing the modern twin-engine digital aircraft helicopters into to the fleet to replace the TH-67 and OH-58A/C allows the Army to save money by divesting obsolete aircraft that are more costly to maintain.

"The Army increased the operational requirement for the UH-72A Lakota platform by 35 in order to meet force structure

increases and to retire aging TH-67 and OH-58A/C aircraft," said Regina Bublitz, product manager for light helicopters. "Aircraft number 413 marks the first delivery of an additional 17 aircraft going to the United States Army Aviation Center of Excellence (Fort Rucker, Ala.) as the primary Initial Entry Rotary Wing training aircraft."

Besides supporting the initial entry rotary-wing training mission a number of the

Lakotas purchased under this contract are earmarked to support observer/controller missions at the Army's Combat Training Centers

"The Lakota is a combat enabler that provides critical assets to support Homeland Security and disaster response missions including reconnaissance, air movement, civil command and control, search and rescue, medical evacuation and casualty evacuation," said Bublitz.

Defense

Continued from Page B1

The unit's participation provided greater insight on processes and procedures used to protect mission-critical resources.

Those training exchanges are all part of the goals of the SPP.

"The SPP assures our allies, deters our enemies, provides access to critical regions, and forges long-lasting relationships around the globe," said U.S. Air Force Gen. Joseph L. Lengyel, chief of the National Guard Bureau, in a May 10 letter to the force.

Through the partnership with Estonia, the Maryland Guard has played a key role in promoting regional cooperation and stability.

"Through SPP, the Maryland Guard and Estonian Defenses strengthen our alliance and supports all other NATO allies and partners as well," said Army Maj. Gen. John L. Gronski, U.S. Army Europe's deputy commanding general for Army National Guard, during a visit to the exercise training areas May 11.

Gronski met with Maryland Guard intelligence and special operations Soldiers to address the importance of the exercise and how their participation fits within overall National Guard training opportunities throughout Europe.

"When the Maryland Guard comes here they also strengthen their own readiness, which helps them seamlessly deploy alongside Estonian [partners], contributing to the overall SPP," he said.



PHOTO BY MAJ. KURT M. RAUSCHENBERG

Estonian Defense Force personnel from 2nd Brigade conduct recon and react to contact missions May 6 during Exercise Hedgehog in southern Estonia

Utility

Continued from Page B1

were informed about the Army's requirement and the OTA process. Once the Army releases the RPP, industry will be tasked with submitting technical white papers, outlining the approach the company would use to integrate the FUA mission equipment package components into a commercial derivative aircraft. The white papers are reviewed by the Fixed

Wing Project Office and are based on their technical merit and ability to meet the program requirements. Industry will receive feedback from the Army, allowing them to refine their approach prior to submitting their official proposals. After all proposals are evaluated, two viable vendors will be selected to enter the prototype demonstration phase. The prototypes will be required to demonstrate technical requirements, production feasi-

bility and military application.

"We had a good turnout today which means there is still interest in FUA," Lt. Col. Jeff Jablonski, the transport aircraft product manager, said. "I'm looking forward to seeing the prototypes that industry develops and how they can improve the mission of the transport aircraft fleet."

The next step in getting the FUA program off the ground will be the release of the RPP, slated to occur later this month.

Upon successful delivery of the two prototypes, PEO Aviation will evaluate the collected data and provide a recommendation to the Department of the Army for follow-on production.

The FUA will replace the Army's aging C-12 and C-26 aircraft that have reached the end of their useful life. These aircraft transport personnel and equipment throughout the country and in theater -- a mission FUA will continue to execute.

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MAY 24, 2018

FUN IN THE SUN

Day at the Lake delivers swimming, games, boating, more

By Nathan Pfau
Army Flier Staff Writer

Although the South has been soaked with rain lately, the clouds parted and the sun shone through as hundreds made their way to Fort Rucker's own beach destination.

Fort Rucker Outdoor Recreation's Day at the Lake on West Beach at Lake Tholocco officially kicked off the summer swim season May 19 as people took to the waters, basked on the beaches and enjoyed some fun in the sun.

The event featured swimming, inflatable bounce houses, games, volleyball, and the use of watercraft and more, but for most family members, the simple act of being on the lake on a hot day was enough for them.

"The summers in the South are notoriously hot and humid, so to be able to finally get in the water and get some relief is what we've been looking forward to all year," said Sue Anne Baker, civilian from Enterprise. "(Lake Tholocco) is one of our favorite places to come during the summer because it's just right here – it's a great place to come when we don't want to drive too far."

Baker said she and her two children enjoyed time in the paddleboats to explore the waters of the lake, but the bulk of their time was spent in the water cooling off.

"My kids love to swim – that's their favorite thing to do in the summer," said the mother of two. "It doesn't matter what time of year it is, they just want to go swimming, so it makes me happy that summer is finally here and we can come here whenever we have time."

Not everyone enjoys taking to the water, though, but still enjoy their time in the sun. For Emily Stanton, military spouse, West Beach provides the one thing she's looking for when summer comes around – a beach.

"I'm not big on getting in the water, but I do love a beach," said Stanton. "It's not always easy to make time to make it down to Panama City (Beach) or Destin, (Florida), so this is a great alternative. You've still got the beach you can lay out in and get some of that same feel, and I appreciate that."

Although Day at the Lake pro-



PHOTOS BY NATHAN PFAU

CW3 Andrew Northampton, 1st Battalion, 13th Aviation Regiment, buries his daughter, Amelia, in the sands of West Beach at Lake Tholocco during Day at the Lake May 19.



Families take to the waters of Lake Tholocco Day at the Lake.

vided families with a bit of fun in the sun, it was only a sampling of what Fort Rucker ODR and Lake Tholocco have to offer, said Melissa Kelley, ODR lead recreation assistant.

"West Beach is just a small part of Lake Tholocco's 640 acres that people can take in throughout the summer season," said Kelley. "We also have 22 beautiful cabins that are available for rent (through) Lake Tholocco lodging, and fishing, canoeing and jet skiing are just a few more things ODR has to offer."

Throughout the summer, West

Beach will be open Fridays-Sundays from 11 a.m. to 4 p.m. through Labor Day, and patrons will need to purchase swimming wrist bands from the West Beach swimming area. Daily passes will be free for those 2 and under, and cost \$1.50 for ages 3-12, \$2.25 for ages 13-17, and \$3 for ages 18 and older.

The beach also features nine pavilions available for rent throughout the summer swim season, two of which are indoor and air conditioned, according to Kelley. The rental rates range from \$25-\$85 per day

with weekly rates available, as well, and there are also canopies available for rent ranging from 10'x10' to 20'x30', along with folding chairs, tables and basically anything people need for outdoor parties.

ODR also features boat rentals that people can use to take to the water, ranging from Jon boats to pontoon boats to ski boats and even jet skis that are available on a first-come, first-served basis, said the recreation assistant.

To be eligible for the boat rentals, people must be a DOD civilian, active-duty military or a re-



Children play on the water trampoline in the enclosed swimming area on West Beach at Lake Tholocco.

tired service member. Boat rental prices depend on the amount of time people would like the boat for.

Boaters are not required to have the Alabama vessel requirements to rent boats, said Kelley, but they do need to complete the Fort Rucker Boater Safety Course, which consists of 25 questions and is an open-book exam that people can take free of charge. The course must be taken on site at the ODR service center.

For more information, call 255-4305.



VO LUNTEERS O F THE Q UA RTER

PHOTO BY NATHAN PFAU

Fort Rucker volunteers from various organizations around the installation were recognized for their efforts during the volunteer of the quarter ceremony at the U.S. Army Aviation Museum May 16. Those recognized were: Sara Lewis, Sgt. 1st Class Angel Negron, Hope Krumm, Haley Foster, Whitney Simplice, Deana Simpson, all of 1st Aviation Brigade; Louis Eckland, Lyster Army Health Clinic American Red Cross; Elesha Johnson, Shalene Schmidt, Emily Grace, Jamie Petro, Annell Lough, Morgan Robison, all of the Fort Rucker Parent Teacher Association; Sgt. 1st Class James Bryant, NCO Academy; Maria Denezine, Fallon Jackson, Ronnie Perigo, all of the post chapel; Heather Conway, Jennifer Finlay, Cameron Hardy, Christina Hardy, Sarah Johnson, Anna Radema-Pijiffers, Jenna Robbins, Makayla Robbins, Maricris Robbins, Heather Ward, all of the School of Army Aviation Medicine; Sedwick McLeod, Elizabeth Tirol, and Julianne Villanida, all of Army Community Service.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

The Landing Zone renovation

The Landing Zone kitchen is currently undergoing a kitchen renovation to help it better serve the Fort Rucker community, according to Directorate of Family, and Morale, Welfare and Recreation officials. During the renovation, The Landing Zone will be closed; however, food and beverage operations will continue in the Legends room next to the main ballroom. Lunch and dinner operations will have a slightly adjusted menu during this time. The Coffee Zone will also be relocated to the main lobby area of The Landing.

For more information, call 255-0768.

Child care available

The Fort Rucker School Age Center has spaces available for before and after school care. The school age center is available for children kindergarten through fifth grade.

For more information, call 255-9638.

Employment Readiness Program Workshop

Fort Rucker Army Community Service will host the Employment Readiness Program Workshop May 24, and June 7 and 18 from 8:45-11:30 a.m. in Bldg. 5700, Rm. 350. Attendees will learn essentials about how to craft a resume, prep for job interview and other helpful tips. Registration is required.

For more information or to register, call 255-2594.

WWI Presentation

Bob Barlow will give the second half of his WWI presentation, "Naval Warfare in World War I," May 24 at noon at the Aviation Technical Library. The focus of the presentation will be on the great naval battles of World War I and their impact on the course of the war. The event is open to authorized patrons and is EFMP friendly.

For more information, call 255-3885.

Stars and Strikes

People are invited to the Rucker Lanes Bowling Center for Stars and Strikes May 28 for Memorial Day. Patrons can enjoy 25-cent games and 50-cent shoe rental per person. The event will run all day and is open to the public.

For more information, call 255-9503.

School Age Center Summer Camp

The School Age Center will offer its summer camp for children Kindergarten through 5th grade starting May 29 through August 3. The camps will be offered every Mondays - Fridays from 8:30-11 a.m. The following camps will be available: dinosaur/fossil, rainforest/jungle, forensic/human body and solar system/space. Each camp will last for 2 weeks and will give children an opportunity to meet new friends, do arts and crafts, go swimming and bowling each weekly, and learn life skills. Breakfast, lunch and snacks will be served daily. All children must be enrolled with child and youth services and fees must be paid weekly.

For more information, call 255-9108 or 255-9638.

Youth Center Summer Camp

The Fort Rucker Youth Center will host its Summer Camp for ages 11-18 May 31 through August 3, Mondays-Fridays from 7:30 am to 1:00 pm. Open recreation hours will be from 1-8 p.m., Mondays-Thursday, and 1-10:30 p.m. on Fridays. Saturdays will be for recreation only, and the center will be open till 11 p.m. There is a cost for camp times but will be no cost for open recreation hours. All youth must be registered with child and youth services.

For more information, call 255-9108 or 255-9638.

Fort Rucker Right Arm Night

The Landing Zone will host the Fort Rucker Right Arm Night May 31 from 4-6 p.m at The Legends in The Landing. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome.

For more information, call 255-0768.



FILE PHOTO

Fort Rucker Right Arm Night

The Landing Zone will host the Fort Rucker Right Arm Night May 31 from 4-6 p.m at The Legends in The Landing. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome.

For more information, call 255-0768.

Kids Golf Clinic

Silver Wings Golf Course will host a Kids Golf Clinic conducted by PGA Pro Ty Andersen on Tuesdays in June and July for children ages 6-8 and Fridays in June and July for children ages 9-18. Cost is \$89 for children 6-8 and \$125 for children 9-18. The Tuesday clinics will be held from 9:30-10:30 a.m. June 5, 12, 19 and 26, and July 10, 17, 24 and 31. The Friday clinics will be held from 9:30-10:30 a.m. June 8, 15, 22 and 29, and July 13, 20, 27 and August 3. For more information, call 255-0089.

Soccer Registration

Youth Soccer registration is open June 1 through July 31, and practice will begin August 6. Cost for registration is \$25 for ages 3-4 and \$45 for ages 5-14. Soccer is available in the following age groups: 3-4, 5-6, 7-8, 9-10, 11-12, and 13-14. All registrants must also be registered with Child Youth Services and have a current sports physical. A parents meeting will be held at the Youth Center, Bldg. 2800, on August 2 at 6 p.m. Prospective coaches are needed.

For more information on registration or coaching, call 255-2257, 255-2254 or 255-9638.

Football and Cheerleading Registration

Youth football and cheerleading registration is open June 1 through July 31. Cost for football registration is \$65 per child and age groups are 9-10 and 11-12. Cost for cheerleading registration is \$45 per child and age groups are 8-9 and 10-11. There are also two mascot spots available for each age group and cost is \$25 per child. Practices will begin August 6 and a parents meeting will be held at the Youth Center, Bldg. 2800, August 1 at 6 p.m. All registrants must also be registered with Child Youth Services and have a current sports physical. Prospective coaches are needed.

For more information on registration or coaching, call 255-2257, 255-2254 or 255-9638.

Shipwreck Island Day Trip

MWR Central is hosting a day trip to Shipwreck Island Water Park in Panama City Beach, Florida, June 2 departing at 8:30 a.m.. People are invited to enjoy the day with water slides, tipping buckets, lazy rivers and entire area dedicated for small children. The cost of the trip is \$55 per person and includes transportation to and from the park, meal and admission. The trip will depart from Bldg. 5700 and arrive back no later than 8 p.m.

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SUMMER SEASON HOURS

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Tue- Closed

For additional information, please contact the Fort Rucker Physical Fitness Center at (334)255-2296 or (334)255-9162.



To sign up or for more information, visit MWR Central in Bldg. 5700 or call 255-2997.

Craft Adventures

The Fort Rucker Arts and Crafts Cen-

ter hosts its Craft Adventure every Saturday from June 2 to August 4 from 1-3 p.m. Each session the center will host a different children's craft adventure for children ages 5 and older. Cost is \$10.

For more information, call 255-9020.

FORT RUCKER MOVIE SCHEDULE FOR MAY 24-27

Thursday, May 24

Isle of Dogs (PG-13)7 p.m.

Friday, May 25

A Quiet Place (PG-13)7 p.m.

Saturday, May 26

A Quiet Place (PG-13)4 p.m.
Blumhouse's Truth or Dare (PG-13) 7 p.m.

Sunday, May 27

Rampage (PG-13)1 p.m.
I Feel Pretty (PG-13)4 p.m.

AAFES opens new restaurants at Fort Rucker Mini Mall Express

Army and Air Force Exchange Service
Press Release

The Army and Air Force Exchange Service at Fort Rucker celebrated the grand opening of Hunt Brothers Pizza and J. Walken Chicken May 18.

Maj. Carl Warren, Fort Rucker garrison executive officer helped exchange leaders cut the ribbon on the two new quick-serve restaurants, both of which are located in the mini mall express.

"We are honored to bring these convenient new dining options to Fort Rucker," said Ralph Kleeman, general manager. "Their addition to the mini mall express will help the exchange better meet the needs of Soldiers on the go while generating critical funds for Quality-of-Life programs at Fort Rucker."

Hunt Brothers Pizza is the first pizza restaurant at Fort Rucker since the closure of Anthony's Pizza at the main store food court 2 1/2 years ago. In addition to grab-and-go pizzas, Hunt Brothers Pizza offers custom-made pies with up to 10 toppings at no additional cost, wings and boneless WingBites.

J. Walken Chicken offers chicken sandwiches and tenders, breakfast sandwiches, Tater-Bites, and more. Diners can pick from sauces including honey mustard, buffalo blue cheese, chipotle maple and the restaurant's signature J. Walken sauce.

One hundred percent of the Fort Rucker Exchange's earnings benefit Soldiers and military families, including critical quality-of-life programs, such as military uniforms at cost, affordable school lunches for warfighters' children overseas, child development centers, youth programs, fitness centers, and ca-



AAFES PHOTOS

A Soldier places an order at J. Walken Chicken, a new quick-serve restaurant that opened May 18 at the Fort Rucker Mini Mall Express. Another grab-and-go dining option, Hunt Brothers Pizza, opened the same day.

reer opportunities for spouses, veterans and wounded warriors – the exchange has hired 1,000 wounded warriors since 2010.

The Fort Rucker Exchange mini mall is at Bldg. 6600. Hunt Brothers Pizza and J. Walken Chicken are open from 6 a.m. to 11 p.m. Mondays through Thursdays, 6 a.m. to midnight Fridays and Saturdays, and 8 a.m. to 11 p.m. Sundays.

For more information, call 334-503-9338.



Maj. Carl Warren, Fort Rucker garrison executive officer, helps exchange leaders cut the ribbon on Hunt Brothers Pizza and J. Walken Chicken, two new quick-serve restaurants at the Mini Mall Express, during a May 18 grand opening ceremony.

1st SFAB officer follows in grandfather's footsteps

By Staff Sgt. Sierra A. Melendez
For Army News Service

FORT POLK, La. – Baseball, cars, guns – many young boys share hobbies and pastimes with the patriarchs of their family.

However, very few can say they've passed on combat advising as a family tradition.

This is true for Capt. Christopher J. Collins, operations adviser for 2nd Battalion, 1st Security Force Assistance Brigade and Apollo Beach, Florida, native.

Military children who later go on to join the armed services are not uncommon, but sharing the unique and distinct background of training, advising, assisting, accompanying and enabling partner forces – decades apart and in separate major campaigns – is a rarity.

Collins' grandfather, retired Capt. James R. Collins, served in the Army as a member of the Vietnam Military Assistance Advisory Group in the 1950s. Under the Truman administration, South Vietnam, Laos and Cambodia were key areas that America and its allies could not allow to be occupied by the communist Viet Cong.

The U.S. government decided it would be necessary to organize a specialized group of troops in order to coordinate seizing, procurement, and dissemination

of supplies and equipment.

Enter the Vietnam MAAG, a small number of selected Soldiers charged with the essential and daunting task of assisting in the training of South Vietnamese troops and advising on strategies.

"He said back then they had two captains, and three or four noncommissioned officers," said Collins. "That was their version of a combat adviser team. They had six months of language training, some cultural classes and then your typical pre-deployment training."

Collins is assigned to the 1st SFAB, on track to deploy to Afghanistan in the spring of 2018 to complete the same mission as his grandfather – nearly 60 years later and in completely different parts of the world.

This validates the Army Chief of Staff, Gen. Mark A. Milley's, reason for creating the SFABs – advise and assist missions is an enduring effort that is here to stay.

Collins, who already had quite an extensive military background, jumped at the opportunity to volunteer for the SFAB when it was presented to him. He credits the advice of not only his grandfather, but his father as well – retired Navy Lt. Cmdr. James W. Collins, a former SEAL.

"They both said that I would be a good fit for it," said Collins. "My grandpa said

'there's more similarities between people, than differences.' And that's something I always saw to be true throughout my time overseas, in addition to being a language major."

While this is Collin's first deployment as a combat advisor, he said the lifelike training he has received during the 1st SFAB's rotation at the Joint Readiness Training Center at Folk Polk, Louisiana, along with the personal anecdotes his grandfather has passed along to him, has prepared him and he's eager to play his part in the advise and assist operation.

"I've learned very quickly that there's strength in numbers," said Collins. "So working alongside these partners from other countries and combining thoughts, and ideas can produce results with lasting impacts."

The frontline has drastically changed from Collins' grandfather's time in the Army – the rules of engagements have evolved and the enemy is not always uniformed. However, the need for specially trained and equipped combat advisors has

persisted throughout the years.

Collins hopes his time in the SFAB and the training and guidance the unit brings will resonate with the Afghan partners he works alongside with – similar to the influence he believes his grandfather left on the soldiers of Vietnam.

"It's been an awesome experience," said Collins. "The training I've received is some of the best I have ever gotten in the Army – and I've been to Combat Dive School, Ranger School and the French Forces Command School. Here, it's a unit with a real mission with a real focus."

Collin's grandfather deployed to Vietnam and retired from the Army as a captain, the same rank Collins will deploy to Afghanistan as. While many Soldiers during Vietnam were drafted – Collins' grandfather volunteered.

"He's always been a hard worker," said Collins. "He taught me as a young kid how to fold the flag, raise it and bring it back down. He's been an amazing role model and I hope to make him proud."



COURTESY PHOTO

Retired Navy Lt. Cmdr. James W. Collins, a former Navy SEAL; Capt. Christopher J. Collins, a combat adviser with the 1st Security Force Assistance Brigade; and retired Army Capt. James R. Collins pose for a photo at the Maneuver Center of Excellence at Fort Benning, Ga., in 2013 following Collins' graduation.

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1 Corinthians 11:1

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WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JEREMY HENDERSON WITH ALL THE DETAILS AT JHENDERSON@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

JUNE 2 — First Saturday Family Day takes place at the Wiregrass Museum of Art from 10:30 a.m. to 2:30 p.m. The free event invites children and families to explore WMA together. A free come-and-go art activity for kids of all ages is offered the first Saturday of every month. All supplies are provided and no pre-registration is required. Each Saturday will feature a different project, and special additional activities are included some Saturdays. During June's event, visitors will design and construct an accordion-fold book and create drawings, quotes or doodles to put in the pockets. Gallery and garden activities for kids of all ages are also available. For more information, call 794-3871 or visit <http://www.wiregrassmuseum.org/>.

JUNE 7 — "Mending, Memory and Placemaking," an artist talk with Douglas Pierre Baulos, will be held at the Wiregrass Museum of Art from 6-7 p.m. Baulos will speak about his WMA exhibition "Alabama Reckoner" and share his thoughts on creative placemaking. The exhibition is on display at WMA through June 30. For more

information, call 794-3871 or visit <https://www.wiregrassmuseum.org/>.

ONGOING — Ballroom dancing lessons are offered Tuesdays at 6:30 p.m. at the Cultural Arts Center. Lessons will teach the Fox Trot, East Coast Swing, Rumba and Waltz. The cost will be \$2 per person per night. For more information, call 791-9407.

ONGOING — The Tri-States Coin Club meets the third Monday of each month at 7 p.m. in the back room of Interco Coins located at 2314 Ross Clark Circle. Described as designed for all ages, the event begins with a short meeting followed by a coin auction. For more information, call 393-2376.

ONGOING — Wiregrass Suicide Prevention Services holds bi-monthly suicide survivor support groups the second and fourth Monday of each month at 6 p.m. at 148 E. Main Street. The support groups are for anyone who has lost a friend or loved one to suicide. Children's groups are also available. For more information, call 792-9814.

ENTERPRISE

ONGOING — Every Monday and Tuesday of each month at 7 p.m. the city of Enterprise hosts line dancing. Fee is \$3 per class. For more information, call 348-2684 or visit www.cityofenterprise.net.

ONGOING — Enterprise State Community College holds classes to teach English as a second language at the Fort Rucker campus Mondays and Wednesdays from 9 a.m. until noon in Bldg. 4502, Rm. 131.

ONGOING — Reformers Unanimous, a national Christ-centered addictions program headquartered in Rockford, Illinois, is starting a chapter in Enterprise. Faith Baptist Church, 4481 Rucker Boulevard, will host the program Fridays from 7-9 p.m. The program is open to all adults who struggle with an addiction. For more information, call 790-2058.

ONGOING — Mondays through Thursdays each month, Aqua Zumba and EPRD water aerobics will be held by instructor Natalie Showers from 7-8 p.m. Price is \$5 per class and registration is not required. For more information, call 348-2684.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the

month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

ONGOING — The Disabled American Veterans Wiregrass Chapter 99 Veterans Assistance office is open Tuesdays and Wednesdays from 9-11:00 a.m. except on federal holidays. The office is located in the town hall.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

JUNE 9-23 — "Making Alabama," a bicentennial traveling exhibit, comes to the Dowling Museum's Ann Rudd Art Center downtown to commemorate Alabama's 200-year history. The exhibit will be open for viewing from 11 a.m. to 5 p.m., Monday through Saturday. The exhibit will feature interactive computer tablets and audio medleys of song and spoken word highlighting Alabama's history. The public is invited to an opening celebration June 9 from 6-8 p.m. For more information, call 618-6223.

ONGOING — The Friends of Ozark holds a monthly meeting on the second Monday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, send an email to jnbulb@gmail.com, call 334-774-1127, send an email to marie.l.clark@gmail.com, or call 334-777-1156.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to

the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

JUNE 10 — The New Hope Freewill Baptist Church, 3819 County Road 31, Abbeville, will host Youth Day beginning at 2:30 p.m. Pastor James Turner of First Baptist Church in Shorterville and Saint Paul Missionary Baptist Church in Abbeville will deliver the sermon. The theme will be "Teach One, Reach One!" Refreshments will be served.

JUNE 14 — The U.S. Army Warrant Officers Association "Above the Best" Silver Chapter meets at 11:46 a.m. in Rms. 4 and 5 at Swartworth Hall, 5302 Outlaw Street, Fort Rucker. In addition to normal monthly meeting activity, attendees will discuss plans for the 100th anniversary celebration of the U.S. Army Warrant Officer in July. Lunch and refreshments will be served. For more information, call 703-665-7004.

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

Beyond Briefs

Jacksonian Guard Colors Ceremony

People are welcome to celebrate Florida becoming a U.S. territory in Pensacola, where the original ceremony took place on July 17, 1821. The Jacksonian Guard is a Pensacola re-enactment group of Jacksonian era and Spanish soldiers, fifers and drummers who perform a colors ceremony the third Saturday of each month at noon in Plaza Ferdinand on Palafox Street downtown.

For more information, visit <https://downtownpensacola.com/businesses/jacksonian-guard>.

Palafox Market

Downtown Pensacola hosts its Palafox Market Saturdays from 9 a.m. to 2 p.m. Saturdays at Martin Luther King Plaza. Admission is free to the market that features fresh produce, live plants, baked goods, fine art, antiques and more. Items originate directly from onsite vendors

who grow, make, or create the fruits, vegetables, herbs and art for sale, according to organizers. The event takes place rain or shine.

For more information, call 850-434-5371 or visit <http://palafoxmarket.com/>.

Southern Thunder

Inspired by the Alabama Gang's influence on auto racing, Vulcan Park and Museum showcases its latest Linn-Henley Gallery exhibition through December. Southern Thunder: The Legacy of Alabama Auto Racing, presented by the Jefferson County Commission, will showcase hair-raising stories and bring to life the impact that auto racing in Alabama had on the regional and national scenes, according to organizers. The exhibit relives this thrilling piece of Alabama history when driving by the seat of your pants wasn't a figure of speech and explains why this legacy is the foundation for auto racing in Alabama today.

Daily admission rates: adults, \$6; Seniors (65 and old-

er) and military, \$5; children ages 5-12, \$4; and children 4 years and younger are admitted for free.

For more information, visit <http://visitvulcan.com/>.

Montgomery cruise

Montgomery's parks and recreation department welcomes people to come down to the river and experience history while enjoying a relaxing cruise on the city's greatest downtown attraction, the Harriott II Riverboat. Docked beside the uniquely built Riverwalk Amphitheater, this elegant 19th century riverboat is center stage of Montgomery's entertainment district. The Harriott II offers dinner, dancing, and live entertainment.

To reserve the boat for an event, call 334-625-2100. For

Tips to quit tobacco

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- **Deep breathing** — Take slow deep breaths to feel relaxed and in control.
- **Drink water** — Drink at least 8 glasses of water a day to flush out nicotine from your system.
- **Do something else to keep busy.**
- **Discuss your urge with a friend or family member.**
- **Delay** — Don't reach for tobacco right away. The urge to smoke passes in 3 to 5 minutes whether a person smokes or not.

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Stock # PC11450A

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\$24,841



2014
MERCEDES-BENZ E350
Stock # PC1585A

SPRINGTIME SPECIAL
\$21,899



2008
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40 years on, Army veteran still strives to reunite families with fallen heroes

By Sean Kimmons
Army News Service

JOINT BASE PEARL HARBOR-HICKAM, Hawaii — Johnie Webb's corner office is full of memories from a grim but fulfilling mission.

As the Army veteran leans over his desk — strewn with gifts given to him over the course of a 40-year career — he grabs a wooden box and pulls out a modest bracelet. Engraved on stainless steel reads the name of a staff sergeant killed in the Vietnam War.

When he begins to share the story of how he received it, his light blue eyes well up with tears.

"I keep it on my desk, because this is what we're all about," said Webb, deputy of outreach and communications for the Defense POW/MIA Accounting Agency.

Since 1975, Webb has traveled dozens of times to former combat zones as a Soldier and later as a civilian for the joint agency or one of its predecessors. The agency is responsible for locating the remains of the more than 82,000 Americans who are still missing from past conflicts.

While much of his time had been in search of those fallen service members, Webb, 72, is now an advocate for their families who continue to wait for updates.

"I'm not going to say closure, because I'm not sure if there ever is closure when you lose a loved one. But at least [we can] provide them answers and give that loved one back," he said. "That's extremely important and I'm honored to play a small part."

VIETNAM VETERAN

Early in his Army career, Webb, a retired lieutenant colonel, led convoys as a logistics officer all over Vietnam to ensure bases had fuel for operations during the war.

Under the constant threat of roadside bombs and ambushes, he briefed his Soldiers to move their vehicle out of the road if it were ever hit so other vehicles could escape.

"If you block the road, then we're all done," he recalled saying.

During one of those missions, a Soldier did just that after a rocket-propelled grenade struck the cab of his 5-ton vehicle and left him with severe burns.

His sacrifice was something Webb never forgot.

"Unfortunately, he didn't survive," he said. "But he probably saved the rest of us by doing what we were trained to do and that was to get his truck off the road."

A few years after his tour, the Army assigned Webb to the Central Identification Laboratory-Thailand, which was later moved to Hawaii and consolidated into DPAA.

The role of the new unit was to find the remains of Americans from the Vietnam War.

At first, he was confused, he said, since he knew nothing about the organization or its mission. In the Army's eyes, though, he was qualified for the job because as a young lieutenant he once took a course on graves registration.

It would eventually come full circle for Webb in 1985, when he was chosen to lead the first recovery team into Vietnam only a decade after the end of the war.

"It became very personal for me," he said, regarding the sacrifices made by fallen comrades. "We couldn't let them be forgotten."

Being back in Vietnam was initially "unnerving," he said. After all, he had once fought an enemy there and it was uncertain how his team would be treated.

The mission was to search for human remains from a B-52 bomber crash site near Hanoi. But the team's visit to Vietnam was also an opportunity to rebuild the diplomatic relationship between the



PHOTO BY SEAN KIMMONS

Johnie Webb, deputy of outreach and communications for the Defense POW/MIA Accounting Agency, holds an engraved lighter given to him by the families of a B-24J bomber aircrew that crashed in China during World War II. He and others at the agency helped bring the aircrew back home as part of a recovery mission. Webb, a retired lieutenant colonel and Vietnam War veteran, has worked for the agency for 40 years to help families reunite with their lost loved ones.

former warring nations.

The Vietnamese still distrusted Americans then, he said, and even photographed his team with cameras that were crudely hidden in briefcases.

Now, more than 30 years after that first mission, Vietnamese officials work closely with the DPAA teams that rotate in and out of the country each year. The agency is even permitted to permanently base one of its detachments in Hanoi to support teams as they search for roughly 1,600 Americans missing from that war.

"We were there before we had diplomatic relations. We were there before an embassy was ever established," Webb said. "A lot of groundbreaking effort went into getting us to where we are today."

NORTH KOREA

While the agency's mission started with the work to account for those lost in Vietnam, it grew to include sites from World War II, the Korean War, the Cold War and other conflicts.

Webb was again behind another pioneering effort, but this time in North Korea. He and others took several trips to the country and helped negotiate with the North Koreans so teams could conduct missions at former battle sites from 1996 to 2005.

They even traveled from the capital, Pyongyang, to the Chosin Reservoir, where a decisive battle had taken place in the winter of 1950. As they were driven through the country, Webb recalled seeing how desperate the North Koreans had lived.

"It was very interesting times," he said, "but it made sure you were really appreciative of being an American."

As U.S. and North Korean governments currently aim to thaw relations between each other, Webb hopes it will lead the reclusive country to reopen its borders to the agency's teams.

About 7,700 Americans are still unaccounted for from the Korean War, with the majority believed to be in North Korea.

"If we want to get answers to the families, and we definitely want to get them answers, we're going to have to get access back into North Korea," he said.



COURTESY PHOTO

Webb, upper right, sits with team members during a recovery mission in Papua New Guinea in 1978.

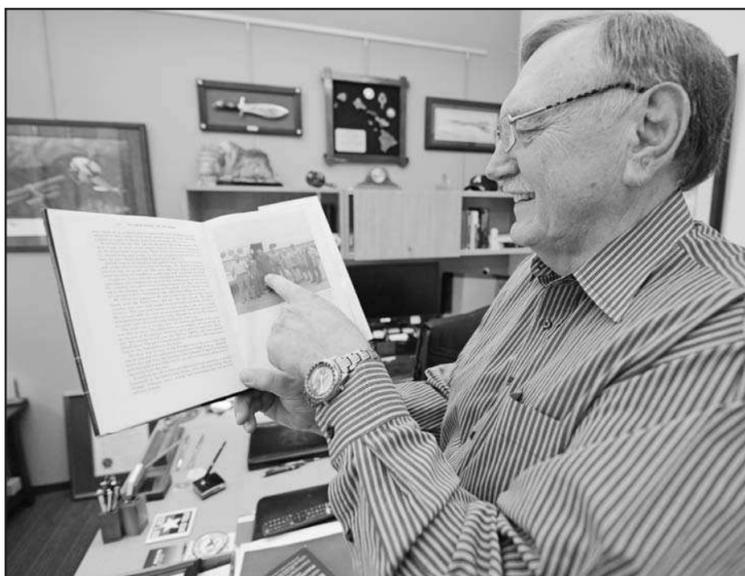


PHOTO BY SEAN KIMMONS

Webb points to a photo of him published in a book on U.S.-Vietnam diplomatic relations after the war inside his office at Joint Base Pearl Harbor-Hickam, Hawaii.

With the days of digging at excavation sites now behind him, Webb maintains a pivotal role in keeping families, distinguished visitors and veterans service organizations apprised of agency efforts.

"I couldn't say enough good things

about Johnie Webb and the fact that he is literally one of the staunchest contributors to this mission," said Kelly McKeague, the agency's director.

SEE VETERAN, PAGE C7



PHOTO BY SEAN KIMMONS

Webb holds a stainless steel bracelet given to him by the father of a Soldier whose remains were found by the agency.

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Veteran

Continued from Page C6

McKeague, a former Air Force major general, credits Webb's "Texas roots" for his compassion and calm demeanor. There is no better person, McKeague said, to speak with families struggling with loss.

"Johnie has a sense about him to be able to communicate with them, to be empathetic to them, and to literally not just be their friend but be their confidant," he said. "They have so much confidence in him."

FAMILY ADVOCATE

Whether in a foreign country or back at the headquarters in Hawaii, Webb said the younger troops at the agency have always impressed him.

"Most of them weren't even born when the guy who they are trying to recover was lost," he said. "Still, they feel that kinship to that military buddy who wore the uniform for them."

The "grunt work" these troops – many of whom are Soldiers – do at an excavation site can take months to years to find remains, if there are any. Once recovered, it can take even longer to identify them by lab staff.

While the long process sometimes leaves families irritated, the agency wants to ensure human remains are properly excavated and identified.

"Not only is it frustrating to the families, it gets frustrating for us as well because we want to provide those answers," Webb said. "We want to return that loved one, but we want to do it right."

When the answers do come, some family members do not want to believe them.

Inside a wooden box on his desk, the engraved bracelet reminds Webb of one such family member.

The father of the staff sergeant whose name is on the bracelet often spoke to Webb about his missing son before he was found. He had hoped his son was still alive and pleaded to Webb to bring him back.

A team then discovered remains from a site of a crashed helicopter, which the staff sergeant was on. Shortly after, Webb advised the father to prepare to receive his son's remains so he could honor his life.

"It was clear that he was not wanting to hear that," Webb remembered.

Webb asked other families who knew the grief-stricken father and had also lost loved ones to talk to him so he could come to terms with the news. He finally did.

When his son's remains were returned to the family, there was a huge outpouring of public support. The funeral had full military honors and even dignitaries showed up to it.

"It was a day of celebration for this young man to come back home," Webb said. "I was happy that he had honored his son the way he should have been honored."

A few weeks later, a brown envelope addressed to Johnie Webb came in the mail. In it, there was a "thank you" note along with the bracelet, which the father always wore.

"I'm giving to you the POW bracelet that I have worn since my son was lost," Webb said, recalling what the father wrote. "I finally took it off when he came back home. I want you to have it as a token of my appreciation."



COURTESY PHOTO

Webb consoles a grieving family member in this undated photo.



COURTESY PHOTO

Webb stands next to then-President Bill Clinton during his visit to an excavation site in this undated photo.

FORT RUCKER RELIGIOUS SERVICES

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions
9 a.m. Catholic Mass
11 a.m. Collective Protestant
12:05 p.m. Catholic Mass (Tuesday-Friday)
4 p.m. Catholic Confessions (Saturday)
5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant Sunday School

10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
11 a.m. Latter-Day Saints

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAY
Crossroads
Discipleship Study (Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel
Wings Chapel, 9 a.m. and 6 p.m.

Adult Bible Study
Spiritual Life Center, 6:30 p.m.

WEDNESDAY

Catholic Women of the Chapel
Spiritual Life Center, 9 a.m.

Above the Best Bible Study
Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study
Hanchey AAF, Bldg. 50102N, Rm. 101
11:30 a.m.

164th TAOG Bible Study
Cairns AAF, Bldg 30501,
11:30 a.m.

Precepts Bible Study
Soldier Service Center,
12 p.m.

Kingdom Kidz & Youth Group Bible Study
Spiritual Life Center,
6 p.m.

Such sacrifice
through valor made,
A debt too deep
to be repaid,
From their courage
freedom born,
To remember them
the poppy worn.



MEMORIAL DAY 2018

#PoppyInMemory



MAY 24, 2018

BEAT THE HEAT

Indoor fitness classes help people keep in shape out of the sun

By Jeremy Henderson
Army Flier Staff Writer

Remaining physically active during the summer can be both tedious and hazardous, but Fort Rucker's physical fitness centers offer a variety of classes geared to make fitness safe and fun.

According to Nicole Crowley, fitness program coordinator, the group fitness schedule offers something for everyone.

"If you are looking to escape the heat and stay physically active, we have two gyms out post that offer group fitness classes," she said. "Schedules are available at both facilities."

"It is important to stay active during the hot southern summer," she added. "You want to maintain good health and mobility, so you are not starting your fitness journey over every year. Starting over is the hardest part for most people, but if you keep going (even during the hot summer months) you won't have to struggle to start back over."

Group fitness class availability and scheduling is subject to change, but patrons can grab the current month's schedule as they pass the front desk of either PFC.

According to Babs Jiron, Fort Rucker physical fitness specialist, group fitness classes currently include Aqua Zumba, HIIT (high intensity interval training), TRX HIIT, CSI (cardio, strength, intervals), AbsoGlutely (focusing on abdominal training and glutes), indoor cycling, sculpt yoga, and yoga.

However, if patrons decide to continue their workouts outdoors during the summer, Jiron urges caution and a close monitoring of water intake.

"Hydrate, hydrate, hydrate," she said. "Begin hydrating the body about 48 hours prior to exercise or activity."

"Your body is made up of about 60 percent water," she added. "It is inevitable you are going to



PHOTOS BY JEREMY HENDERSON

Nicole Crowley, fitness program coordinator, leads a recent class through an indoor cycling workout routine.

sweat during these hot summer months, it doesn't matter if you are active or not. Replenishing those fluids in the body is vital to keeping everything running smoothly. An individual should consume around half their body weight in ounces of water per day to keep themselves properly hydrated."

Crowley echoed Jiron's emphasis on the importance of water intake and added a few additional precautions to take while being active in hotter weather.

"When exercising outdoors, try early in the morning or later in the evening to avoid those higher temperatures," Crowley said. "Light, loose-fitting clothing allows the body to breathe and cool itself off. This will help keep you from overheating in the sun.

"Don't forget to apply sunscreen – you want to protect your skin," she added. "Ultraviolet rays are strongest and most harmful midday. Sunscreen should be applied 15 minutes before activity. When choosing a sunscreen, look for something with an SPF of 30 or higher, and something that is sweat or water resistant. You will want to reapply it every two hours."

Crowley added that runners and cyclists who remain active outdoors during the summer should be aware of their surroundings if they choose to dodge the heat by working out during the early morning or late evening.

"Also please be sure to wear reflective belts and clothing to help vehicles see you as they pass by," she said.

A digital copy of the current



Helaine Moesner, yoga instructor, leads students through a series of meditative opening poses during a recent class at Fortenberry-Colton Physical Fitness Center.

month's group fitness schedule may be downloaded at <https://rucker.armymwr.com/programs/fitness-centers/>. For more information, call 255-2296 or 255-3794.

HEROES OF MILITARY MEDICINE

Service members demonstrate grace under fire

Military Health System
Communications Office

SILVER SPRING, Md. – Military medical professionals were recently honored in Washington, D.C., at the 2018 Heroes of Military Medicine Awards, hosted by the Henry M. Jackson Foundation for the Advancement of Military Medicine. During the gala, honorees were recognized for distinguishing themselves through excellence and selfless dedication.

"The Military Health System and its people have an endless capacity to astound and an inexhaustible supply of courage, discipline, and skill," said Acting Assistant Secretary of Defense for Health Affairs Thomas McCaffery, speaking to more than 350 attendees at the 8th annual gala.

Included among the honorees were three airmen from the 99th Medical Group, 99th Air Base Wing, Nellis Air Force Base, Nevada. The 99th MG was awarded the Hero of Military Medicine Ambassador Award for the selfless actions of these three on the evening of October 1, when a gunman opened fire at a country music festival in Las Vegas, killing 58 and wounding 489. Air Force Staff Sgt. Alyson Venegas, Senior Airman Linda Wilson, and Senior Airman Logan Bennett, all aerospace medical technicians, were attending the concert when chaos broke out. They immediately delivered life-saving care and put themselves at risk to help others. "There was no doubt about it," Wilson said. "It wasn't fight or flight – it was fight."

McCaffery said the courage of the award winners serves as an important reminder to those in leadership positions. "We may not be asked to



MHS PHOTO

Members of the 99th Medical Group out of Nellis Air Force Base, Nev., receive the 2018 Heroes of Military Medicine Ambassador Award in Washington, D.C., May 3 for the life-saving efforts of three of its airmen during the tragic Las Vegas shooting Oct. 1. Retired Maj. Gen. Joseph Carvalho (right), president, Henry M. Jackson Foundation for the Advancement of Military Medicine, presented the award.

crouch in ditches or provide care under enemy fire," he said. "We are asked, however, that these heroes, and thousands like them, have the tools they need; the chance to acquire skills they need; and that we invest all we possibly can in them and their patients."

U.S. Representative Brad Wenstrup from Ohio's 2nd District received the Hero of Military Medicine Senior Leader Award. Wenstrup, now a colonel, joined the Army Reserve in 1998. In 2005-2006, he deployed to Iraq as a combat surgeon. Currently Wenstrup fulfills his Reserve duties treating patients at Walter Reed National Military Medical Center in Bethesda, Maryland.

Air Force Col. William Nelson

received the Air Force Hero of Military Medicine Award. Nelson's 27-year career has taken him across the world. He commanded the 39th Medical Operations Squadron at Ramstein Air Base, Germany, the Air Force's largest overseas aeromedical squadron. At present, he executes strategy for the Air Force's 711th Human Performance Wing at Wright-Patterson Air Force Base, Ohio.

Army Maj. Andrew Fisher received the Army Hero of Military Medicine Award. Fisher joined in 1992 as an infantryman. He is a second-year medical student at Texas A&M College of Medicine and also serves in the Texas National Guard as a physician assistant.

Years in the making: How to reduce risk of Alzheimer's disease

Military Health System
Communications Office

SILVER SPRING, Md. — From forgetting names to repeating questions, or having trouble remembering a recent event, growing older presents some challenges for an aging mind. But these symptoms can be an indication of something much more serious: Alzheimer's disease.

Maj. Abraham Sabersky, a staff neurosurgeon at Walter Reed National Military Medical Center, said Alzheimer's disease

is the most common form of dementia and the sixth leading cause of death for Americans.

"The health of our service members and veterans is the paramount mission of the Military Health System," said Sabersky. "Given Alzheimer's prevalence in the general population, I believe that it is important that we highlight the lifestyle modifications that can prevent this debilitating illness."

Alzheimer's is a progressive disease that affects the brain's ability to retain new information. The result is often noticed as "memory problems." The National Institute of Aging, or NIA, defines the disease in three stages: mild, moderate, and severe. Symptoms develop slowly but get worse over time.

As early symptoms begin to appear, people can seem healthy but may have trouble with processing, remembering, or showing good judgment. Accord-



ARMY GRAPHIC

According to the Centers for Disease Control and Prevention, about 5.5 million Americans, up to 1.7 percent of the population, may have Alzheimer's disease.

SEE REDUCE RISK, PAGE D3

DOWN TIME

FLASH GORDON
DALE ARDEN, DR. HANS ZARKOV

STRANDED ON A HOSTILE, ALIEN PLANET. EVERY DAY A STRUGGLE JUST TO SURVIVE.

THEIR ONLY HOPE...

...TO STAY ALIVE LONG ENOUGH TO FIND A WAY HOME.

FLASH GORDON BY JIM KEEFE

THE SORCERER CHOONG-LI AWAKENS FROM HIS CATATONIC STATE WITH A VENGEANCE!

YOUR MINDS ARE TOO BRUTISH AND SMALL. I HAVE NO FURTHER USE FOR THEM.

BUT YOURS... IT'S LIKE NONE I HAVE EVER ENCOUNTERED. LIKE THE FINEST NECTAR.

WEAKENED BY THE SORCERER'S MENTAL ONSLAUGHT, FLASH AND DALE STAGGER TO THEIR FEET.

YOU'VE INTERRUPTED MY MEAL. SUCH INSOLENCE WILL NOT GO UNPUNISHED.

PUT HIM DOWN... NOW!

XELA DNOMYAR SELUR!

WHAT IN BLAZES...?!

NEXT: FROZEN IN TIME!

Just Like Cats & Dogs by Dave T. Phipps



Trivia test by Fifi Rodriguez

T R I V I A

- LANGUAGE: What is the accent mark that looks like a little tent over a letter like "this"?
- TELEVISION: What animated show features a pub called "The Drunken Clam"?
- COMICS: When did "The Phantom" daily comic strip start?
- CHEMISTRY: What common kitchen product's chemical formula is NaCl?
- THEATER: In which musical was the song "The Perfect Year" featured?
- ANATOMY: What is the largest artery in the human body?
- HISTORY: Which battle was considered to be a turning point in the World War II Pacific arena?
- MOVIES: What movie won the Best Picture Oscar award in 2016?
- MATH: How many faces does an octahedron have?
- LITERATURE: In which of Shakespeare's plays does the line, "The course of true love never did run smooth," appear?

See Page D3 for this week's answers.

Super Crossword

EIGHT LOW NOTES

- ACROSS**
- Snakebite treaters
 - Roomy rides
 - Slowly, in music
 - Tie in a race
 - Actress Wilde of "House"
 - now and then
 - Taft's foreign policy
 - Jacket-and-tie affairs
 - Look from a villain
 - Word after lo or chow
 - Non-U.S. gas brand
 - Use a recliner, e.g.
 - Forward, as a message with a hashtag
 - Grand Prix racing
 - A doc prescribes it
 - Imbiber's hwy. offense
 - Half-diameters
 - He voiced Carl in "Up"
 - Bachelor suitable for marriage, say
 - Licoricelike herbs
 - Novelist Ira
 - Margaret Mitchell's plantation
 - African nation
 - Trapp family
 - Three-card game
 - Some book blurbs
 - Apollo program org.
 - The girl
 - Elderly Smurf
 - Shifting of responsibility to another
 - Co. name abbr.
 - Golf rarity
 - PayPal funds, e.g.
 - Lead-in to skeleton
 - Egg mass
 - Edible soft-shell mollusk
 - Burning liquid
 - Bowl over
 - Hens and heifers
 - War group
 - Bakery treats
 - Mom's treatment
 - Volkswagen family car
 - Moore or Lovato
 - Use profanity
 - Very strong
 - Late 19th-century political group
 - De-creasing workers
 - Gallery stand
 - Laugh half
 - Mao — -tung
 - Brand of flavored balms in tubes
 - Tower atop a mosque
 - Hack (off)
 - Kitchen lure
 - Actress Olin
 - Day of song
 - Beat poet Ginsberg
 - University SSE of Spokane
 - V-formation fliers
 - Medieval balladeer, maybe
 - French folk song
 - Snaky curves
 - Perplexes
 - Eellike fish
 - Koreans and Laotians
 - Sign light
 - Narration
 - Lazy type
 - Partook of
 - Always, to Donne
 - "Too cool!"
 - "Once upon — ..."
 - Gem in a ring
 - North Carolina university
 - Not so bright
 - Gardner of "Mogambo"
 - Less nasty
 - Bully's words of authority
 - Block-filled theme park
 - Entertainer Gabor
 - Wrestling holds
 - New hire
 - Pearl makers
 - Eyes closely
 - African nation
 - Bath fixture
 - Wheaton of "Stand by Me"
 - Fruit that's often dried
 - Like OPEC nations
 - Cliff rock
 - Solo often in Italian
 - Slum abodes
 - Moseying
 - Old carrier
 - Tentacled reef dwellers
 - Fine violin
 - Moines
 - Hits the gas
 - Dark loaf
 - Rob violently
 - Twins' rivals
 - Overturns
 - Attention
 - Part of a dance move
 - Prefix with plop or flop
 - Glowers
 - Frank topper
 - Of birth
 - Redcap at work, often
 - Speech therapy topic
 - \$20/day, say
 - Really small
 - Uses eyes
 - Suffix with 29-Down
 - Actor/comic Gilliam
 - "That guy!"
 - Suffix with pay or plug
 - Moniker, in France

See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

1				6				3
	6		9					5
		7		4		9		
		9		3			6	
8					4			9
	3		2			5		
9			7					8
		3			5	1		
	5			1		4		2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

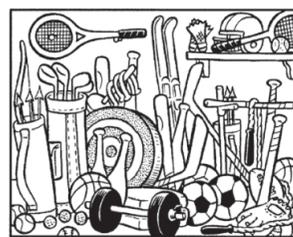
DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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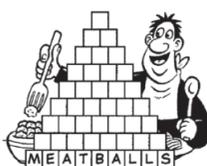
See Page D3 for this week's answers.

KID'S CORNER



Junior Whirl by Charles Barry Townsend

THE PYRAMID OF WORD POWER



Starting with the given word MEATBALLS at the bottom of our word pyramid, try dropping one letter at a time as you work your way up, so the remaining letters at each level spell out a new word. The following helpful hints are in ascending order, beginning with MEATBALLS.

- Italian treats.
- To scold sharply.
- Mexican treats.
- Found in the ground.
- Yesterday's bread.
- Dark bluish-green.
- To consume.
- In or near.
- Your score if you get this far.

THE COACH IS GIVING the sports locker a spring cleaning. Try counting up every single item in the locker and see if you come up with our total.

Answer: We found 41 items.

A TRICKY CHALLENGE! Place seven coins on the table and challenge your friends to arrange them in four rows, each row containing three coins. One solution is shown to the right.



LET'S HAVE A "TEA" PARTY! In this puzzle all of the words get progressively longer, and they all start with TEA. The following hints should help:

- TEA (in place).
- A hard wood.
- To enlighten.
- A tough problem.
- Fortune-tellers hang out here.
- A freight hauler.

1. TEA
2. TEA
3. TEA
4. TEA
5. TEA
6. TEA

Illustrated by David Coulton

Wishing Well®

7	3	2	8	5	7	3	7	2	7	4	6	3
E	A	R	F	Y	D	W	U	E	C	F	S	A
4	6	2	3	2	8	7	6	2	7	5	3	5
A	E	A	Y	C	E	A	E	H	T	O	T	U
7	6	5	7	8	6	2	5	4	6	5	2	6
I	K	C	O	A	K	F	A	M	N	N	O	O
7	2	5	8	2	3	2	8	6	4	6	7	5
N	R	W	R	T	O	H	D	W	I	L	P	I
7	5	3	4	3	8	7	4	3	6	3	7	2
A	N	S	L	U	J	Y	Y	C	E	C	S	E
7	2	6	4	3	2	8	7	6	8	3	8	6
O	T	D	V	E	O	S	F	G	A	E	P	E
2	8	7	3	8	4	8	4	8	4	8	4	4
P	P	F	D	E	I	A	S	R	I	S	T	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message to the letters under the checked figures give you.

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Resilient Soldier fights, beats cancer

By Capt. Eric Hudson
3rd Brigade Combat Team, 25th Infantry Division

SCHOFIELD BARRACKS, Hawaii — When Sgt. Joseph Mickonis called his fiancée early in 2016 to say doctors thought he might have cancer, he couldn't stop laughing.

"I'm trying to tell her she should come down to the hospital, but I can't stop laughing," he said. "So, she doesn't think I'm serious. It was just one of the weirdest feelings, ever."

Mickonis said he didn't think it was a joke; laughing was just his way of dealing with the news. After some tests, doctors confirmed it was Hodgkin's lymphoma, a type of cancer that spread in his neck.

'WHAT'S NEXT?'

"I didn't break down in tears, I was like, 'What's next?'" Mickonis said.

What was next was an estimated four months of chemotherapy, which turned into nine months. He would leave his platoon in 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, where he served as a mortarman and joined the Warrior Transition Battalion to focus on his medical appointments at Tripler Army Medical Center at Fort Shafter.

Now, almost a year and a half later, Mickonis is cancer-free and ready to return to his unit.

A close friend in his company, Army Spc. Jacob Lewis, was with him through the entire process.

'IT NEVER REALLY GOT HIM DOWN'

"It never really got him down," Lewis said. "He always just did what he had to do and kept going."

Still, Lewis could tell when Mickonis had just been through a treatment.

"You could tell the day of and the day after," Lewis said.

"He'd seem tired, but if there was something he wanted to do he'd go do it. He never let it stop him."

Mickonis said the treatment made the sun feel especially harsh on his skin. He would often walk around completely covered in hoodies and pants just to cover his skin. But when his fiancée, Jessica, came to visit him in Hawaii from Texas, they decided to go to the beach.

"I thought, 'I'll suck it up and go,'" he said. "I ended up getting blisters all over my shoulder and it hurt like hell."

He said there were some days that were rough, "Especially after they were like just two more treatments, then two more, then two more. By the end I was just ready for it to be over."

RESILIENCE

But he thinks of himself as resilient. As a 7 year old, Mickonis said his parents were involved in a car accident that fatally injured his father and left his mother almost a quadriplegic.

"Once you've been through something like that, I thought having a little cancer wasn't that bad. I didn't look at it as a death sentence," he said. "It was OK you've got cancer — let's deal with it and move on to the next thing."

Mickonis said he kept trusting his doctors and eventually he was cancer-free.

"You get to ring a little bell," he said of getting the news. "I was happy, but I was just ready to move on."

Lewis said Mickonis never showed a lot of emotion and he tended to be pretty stoic in nature. But Mickonis did want to reenlist in the Army and was concerned the cancer might prevent that.

Now that Mickonis has beaten cancer, he is just waiting on some administrative work until he can return to his unit and eventually reenlist. And the fiancée that thought he was joking about having cancer is now his wife and the two are expecting their first child by the end of the year.

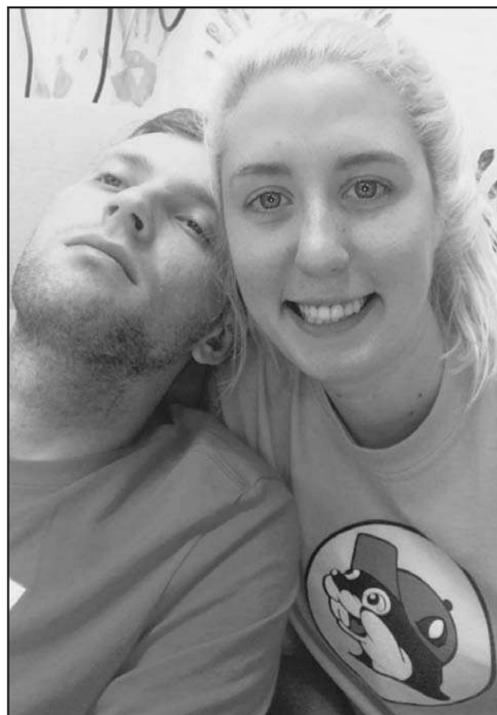


PHOTO BY CAPT. ERIC HUDSON

Sgt. Joseph Mickonis and his wife, Jessica, pose for a photo at Tripler Army Medical Center at Fort Shafter, Hawaii, May 3. Mickonis is now cancer-free and is returning to duty with 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division.

New surgical technique saves airmen's eyesight, careers



PHOTO BY LAURIE WILSON

Air Force Maj. (Dr.) Marc Neuffer, chief of cornea and refractive surgery at the U.S. Air Force Academy's 10th Medical Group, prepares to perform collagen crosslinking on patient Air Force Capt. Brent Danner May 3.

By Laurie Wilson
U.S. Air Force Academy

U.S. AIR FORCE ACADEMY, Colo. — For patients with the progressive eye diseases keratoconus and corneal ectasia, the odds of their careers ending prematurely changed dramatically May 3, when innovative laser surgery, called collagen crosslinking, was performed here.

Air Force Maj. (Dr.) Marc Neuffer, chief of cornea and refractive surgery at the 10th Medical Group, corrected satellite engineer Air Force Capt. Brent Danner's degenerative eye condition.

'GROUNDBREAKING CAPABILITY'

"This groundbreaking capability to correct the condition allows us to treat cadets and active-duty members here and from surrounding areas," Neuffer said. "They keep their vision and stay eligible for deployment."

Cadets diagnosed with the condition are

not commissioned unless they receive a waiver, and pilots with the condition are restricted from flying.

"Keratoconus is most commonly found in individuals between 20 and 30 years of age," Neuffer said. "It eventually leads to loss of sight requiring corneal transplantation."

Neuffer said the condition typically isn't diagnosed until after an individual has joined the military and is well into their career. Once discovered, it becomes a duty-limiting condition that can result in medical discharge from active-duty service.

SIGHT-SAVING SURGERY

Collagen crosslinking was approved by the Food and Drug Administration in 2016 as a means to treat progressive keratoconus. The surgery stiffens and stabilizes the cornea which stops the degenerative process. Patients typically keep their vision and don't require corneal transplants.

For airmen like Danner, the procedure

means the future looks a lot brighter.

"I'm a little nervous because I'm the first patient here to get this done," Danner said. "I'm also excited and positive because of what it means to my family, my career and for my sight."

Neuffer's second patient of the day was a cadet and the doctor said both surgeries went smoothly. The doctor expects both patients to quickly recover and return to duty.

The academy is the third Air Force location to offer the procedure. Currently, there are 15 base patients awaiting the procedure. This does not include patients from Peterson and Schriever Air Force bases, or Fort Carson, installations that refer their keratoconus patients to the academy for the surgery. The academy is also the referral center for 10 additional Air Force bases in the surrounding states.

"This procedure is a game changer for Airmen who would otherwise have their careers sidelined permanently," Neuffer said.

Reduce risk

Continued from Page D1

ing to the NIA, some emerging signs of Alzheimer's include memory loss, getting lost in familiar settings, difficulty with money and bills, and taking longer to complete everyday tasks. The disease can become severe enough to limit a person's ability to carry on a conversation or respond to the surrounding environment, said Sabersky.

The Centers for Disease Control and

Prevention said an estimated 5.5 million Americans were living with Alzheimer's disease in 2017. Risk factors include aging, diabetes, high blood pressure, smoking, and family history. The CDC said symptoms usually begin after age 60, but Alzheimer's disease likely starts a decade or more before problems become apparent to others.

"There appears to be a link between repeated head injuries and certain forms of dementia, which can overlap with the

symptoms of Alzheimer's," said Sabersky, referring to a 2014 study published by the American Academy of Neurology. The Department of Veterans Affairs estimates that more than 750,000 veterans have Alzheimer's disease and other forms of dementia, he added.

"Veterans who experienced brain trauma in the course of their service can be at higher risk for developing the disease," said Sabersky. "The diagnosis PTSD has also been associated with an increased risk

of developing dementia later in life."

While no cure has been found, various types of medication are available to help lessen symptoms and improve quality of life. Sabersky said extensive interest in the subject has led to new research findings being released consistently over time.

Army Maj. Joetta Khan, registered dietitian at Walter Reed, said risk factors for Alzheimer's disease and dementia are similar to heart disease.

FORT RUCKER SPORTS BRIEFS

Indoor pool

The Fort Rucker Physical Fitness Center Indoor Pool will have limited lap lanes available for lap swimming Mondays-Thursdays from 4-7 p.m. due to programming. Recreational swimming will also not be available during this time.

For additional information, call 255-2296.

Youth Extreme Fitness registration

Fort Rucker Child and Youth Services will run registration for its Youth Extreme Fitness program May 1-31. The program will be both challenging and rewarding, according to organizers. Parents should understand that the program is intended to push children beyond their normal comfort zone, both mentally and physical-

ly. The program is open to youth ages 8-18. The event will run June 4-29 from 6-7 p.m. on the youth sports football fields. Workouts will include low crawling, tire flipping, pulling rope, running and sled pushing. Participants will need to have a current sports physical and valid CYS membership.

For more details or to register, call 255-9638 or 255-2254.

Hunting Incentive Program

Fort Rucker Outdoor Recreation is offering a Hunting Incentive Program to help control the coyote and feral pig population from May 1 to Aug. 31. The first five registered hunters who dispatch two coyotes or five hogs and bring them in to ODR will receive a free Fort

Rucker Post Hunting Permit for the 2018-2019 hunting season. Hunters must possess a valid Alabama state hunting license, Fort Rucker hunting permit and a hunter education completion card. Hunters also must be a registered participant of the Hunting Incentive Program. All dispatched animals must be brought to ODR or the Fort Rucker Game Warden during business hours. An individual record will be created for each hunter at the time they bring in their dispatched animals. Additionally, the hunter will be asked to remove the animal's tail, so it cannot be claimed by another hunter. Hunters may email pictures after hours to ODR with the hunter and the dispatched animal in front of one of the weigh stations. Hunting on Fort Rucker is open to the public.

For more information, call 255-4305.

PUZZLE ANSWERS

Super Crossword

Answers

ANT	ISERA	SEDANS	LENTO	
DEADHEAT	OLIVIA	EVERY		
DOLLARD	DIPLOMACY	GALAS		
SNEER	MEIN	ESSO	SIT	
RETWEET	FORMULA	ONE		
MED	DUT	TRADIT	EDASNER	
ELIGIBLE	SINGLE	ANISES		
LEVIN	TARA	RWANDA		
VON	MONTE	BIOS	NASA	
HER	PAPA	BUCK	PASSING	
INC	ACE	ECASH	EXO	ROE
STEAMER	CLAM	ACID	AWE	
SHES	ARMY	TARTS	TLLC	
PASSAT	DEMI	SWEAR		
POTENT	GREENBACK	PARTY		
IRONERS	EASEL	HEE	TSE	
LIPSMACKER	MINARET			
LOP	ODOR	LENA	DORIS	
ALLEN	WASHING	TON	STATE	
GEESE	LUTIST	ALOUETTE		
ESSES	STUMPS	LAMPREYS		

Weekly SUDOKU

Answer

1	9	2	8	5	6	7	4	3
3	6	4	9	7	1	2	5	8
5	8	7	3	4	2	9	1	6
2	1	9	5	3	7	8	6	4
8	7	5	1	6	4	3	2	9
4	3	6	2	9	8	5	7	1
9	4	1	7	2	3	6	8	5
6	2	3	4	8	5	1	9	7
7	5	8	6	1	9	4	3	2

TRIVIA

Answers

1. Circumflex
2. "Family Guy"
3. 1936
4. Salt
5. "Sunset Boulevard"
6. Aorta
7. Midway
8. "Spotlight"
9. Eight
10. "A Midsummer Night's Dream"

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