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ARTS & CRAFTS Center offers classes, creative outlets

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THUNDER ON **THOLOCCO** Event delivers 'big

rush,' family fun Story on Page D1





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 68 • NO. 15

FORT RUCKER ★ ALABAMA

APRIL 19, 2018

BAGK

Post thanks volunteers for efforts to help community

By Nathan Pfau Army Flier Staff Writer

With more than 40,000 hours of their time given, equaling a cost of \$981,725, volunteers on Fort Rucker received recognition of their efforts during a ceremony to give thanks for what they've donated to the community.

Nearly 80 volunteers were recognized during the Fort Rucker Volunteer of the Year ceremony at The Landing's ballroom Monday to show thanks for giving the gift of what Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, said is the most precious gift of all - their

"I want to say thanks to all of the volunteers, not just to those who won in each category, but to all of them," said the general during the ceremony. "You don't get paid for what you do ... but you're dedicated to making things better for our Soldiers, better for our family members and better for our civilian population.

"We would have had to pay that (almost a million dollars) to have the same services rendered if it were not for you giving of your skills, your attributes, your talents and, probably the most precious thing, that of your time, and that is very special to all of us," he said. "To each and every one of you, thank you. That's a very special gift that you have to give.'

Throughout the ceremony, volunteers were recognized individually and presented with a certificate of appreciation and received and engraved glass. Volunteers of the year were also recognized in separate categories.

Winners in each category were: Monica Harmon, Youth Volunteer of the Year; Dolores Mabe, Adult Volunteer of the Year; Capt. Everett Joiner II, Active Duty Volunteer of the Year; Belinda and Mark Barker, Family Volunteer of the



Fort Rucker volunteers come together for a photo after being recognized for their efforts during the Volunteer of the Year ceremony.



Col. Brian E. Walsh, Fort Rucker garrison commander, is presented a check by Vernon Johnson, Fort Rucker Army Volunteer Coordinator, during the Volunteer of the Year ceremony at The Landing ballroom Monday that depicts the monetized amount that Fort Rucker volunteers gave of their time in 2017.

You don't get paid for what you do ... but vou're dedicated to making things better for our family members and better for our civilian population."

- MAJ. GEN. WILLIAM K. GAYLER, U.S. ARMY AVIATION CENTER OF EXCELLENCE AND FORT RUCKER COMMANDING GENERAL

Award; and Edward Gilmore, Lifetime Achievement Award.

Volunteerism is a way that people can make a difference in their community, but the advantages of volunteering aren't just for the community's benefit, but for the volunteer's, as well.

"Nobody goes into volunteering and says they're going to do it for the recognition," said Mabe, who is also the Fort Rucker Army Volunteer Corps program manager. "But, I do think that when a volunteer gets recognized for their meaningful services, it's just feels good that somebody took notice. It just helps add to their sense of purpose and motivation, and rein-

forces what they're doing." In addition to the recognition that volunteerism provides, it can be often used to make connections

Year; Annie Dent, Helping Hand and provide work experience to list on resumes, said the program manager.

> Volunteer opportunities exist across a myriad of organizations, including Army Community Service, Boy and Girl Scouts of America, Better Opportunities for Single Soldiers, outdoor recreation, child and youth services, the International Military Student Office, Lyster Army Health Clinic, the thrift shop and family readiness groups, just to name a

> In total, there are about 22 organizations that take active volunteers in about 44 different positions on Fort Rucker, said Mabe.

People come to Fort Rucker from all over the world, and making connections can be difficult, so a good place to start networking is through volunteerism, she

added. If people are unsure of how to get started or what they want to do, the Army Volunteer Corps is a good place to start.

"What I like to do when I have a volunteer come in who doesn't quite know what they want to do is figure out where they might fit and we'll go through the opportunities," said the program man-

By getting to know the volunteer, Mabe said she can better understand where their skills might benefit the community, or where they can gain work experience to beef up a resume.

People can also apply to volunteer at various organizations through the Volunteer Management Information System by visiting the VMIS website at www. myarmyonesource.com/Family-ProgramsandServices/Volunteering/VMIS/VMIShome.aspx.

Whether a seasoned volunteer or newcomer, volunteers from all walks of life are welcome, said the Adult Volunteer of the Year. For many volunteers, the time put in can help in the careers they choose to work in.

For more information, visit myarmyonesource.com or call 255-1429.

NEIGHBORS HELPING NEIGHBORS

Installation-community partnerships, training exercises help save lives

By Nathan Pfau

Army Flier Staff Writer

When a crisis hits the Wiregrass area, be it a natural disaster or otherwise, Fort Rucker's relationships with the surrounding communities help save lives.

Fort Rucker's Directorate of Plans. Training, Mobilization and Security holds various mutual aid agreements with 10 of its surrounding counties, as well as with numerous organizations, including the American Red Cross, in order to keep the Wiregrass and the post safe in times of crisis, according to Willie Worsham, Fort Rucker emergency manager.

Many of the agreements include fire and law support, explosives-detecting canine support, hazardous material sup-

port and more, and the reason for the agreements comes down to concurrent jurisdiction, said Worsham.

"Outside agencies are not allowed to come on to the main cantonment area (on Fort Rucker) unless requested," said the emergency manager, but because of mutual aid agreements between the various agencies and counties, support can be requested from both sides of the fence.

One of the most recent examples of agreements between Fort Rucker and the surrounding communities was a fire that occurred in Brantley, located in Crenshaw County, March 25.

During the fire, support was requested by the state to help support, and the installation didn't hesitate to send help, said Worsham.

"The state requested some support

from us because it was overwhelming their assets, and we were able to supply a couple of fire trucks and the manpower to help stabilize that situation," he said, adding that providing the support of equipment and manpower are just some of the ways the agreements aid the com-

"It can be the same way on the return if you have (an incident) on Fort Rucker that requires the resources that (the installation) doesn't have," said James Brown, Coffee County Emergency Management Agency director. "Not everybody just has a fire truck sitting around, so we're able to come out and support that, too, if needed."

Jurisdiction can often play a significant role in when it comes to which agencies can respond to a situation where, but with mutual aid agreements across the counties, the response becomes less about who is in control and more about who can get their first, which is vital to saving lives, said Worsham.

When an emergency occurs, depending on where the incident happens – on or off the installation – the first agencies to respond to the situation will set up an incident command, said the emergency manager.

"If we have an incident on federal or leased property, Coffee County or Dale County may arrive first, so they'll set up the incident command, then transfer command to the federal jurisdiction once they arrive, he said. "It's just like when we had the March 1, (2007) tornado (in Enterprise), Fort Rucker was heavily in-

SEE NEIGHBORS, PAGE A7



Volunteers and Soldiers of a previous Teal Class participate in a SHARP car wash outside the 1st WOC headquarters.

USAWOCC Teal Class seeks to raise awareness

By Nathan Pfau Army Flier Staff Writer

With one in three women and one in six men experiencing some form of sexual assault in their lifetime in the U.S. alone, according to the National Sexual Violence Resource Center website, the fight to end sexual harassment and assault is an ongoing one.

That's why the U.S. Army Warrant Officer Career College is committed to bringing awareness to the cause, and the 1st Warrant Officer Company Class 1809, the Teal Class, is committing its time to educate the public on sexual harassment and assault, said CW2 William Ortiz, 1st WOC primary TAC officer for Class 1809.

"(The Teal Class) is about raising awareness for the cause," said Ortiz. "In the Army, we talk about resiliency and being physically fit, but we need to emphasize these issues that have been issues in the Army for a while.

"Now it's at the forefront and people talk

SEE AWARENESS, PAGE A7

Willie Worsham, Fort Rucker emergency manager, briefs players in an active shooter exercise that took place at Lucas Stagefield Feb. 28, which was conducted in conjunction with the Coffee County Sheriff's Department.

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PERSPECTIVE

Paddle boarding could help treat TBI

By Retired Sgt. 1st Class Joshua For Military Health System

(Editor's note: This article was originally published by the Military Health System on its website at https://health.mil.)

I am on a new mission: to raise awareness about treating traumatic brain injury in the most effective way possible.

My world on dry land was always moving. But, when I stood on a stand-up paddle board for the first time, the constant moving just stopped. The horizon was steady for me while the water movement under the board reduced the balance and vision challenges I have due to TBI.

For me, getting on a paddle board also represents challenges a lot of combat veterans deal with when they return home and are faced with adjusting to daily life or recovering from injuries.

I deployed for operations in Bosnia, Operations Desert Shield, Desert Storm, Enduring Freedom, Iraqi Freedom and to other places around the world. While serving with Army Special Operations, I experienced four documented TBIs with loss of consciousness from explosive blasts. I sustained two TBIs by parachute landing falls, and one TBI from combat training.

After I retired in 2008, I continued to support the military as a contractor. It was in 2013 when I sustained two more TBIs in the same week, which was the proverbial straw that broke the camel's back. It was devastating.

My symptoms include several physical balance issues; cervical spine compression; vestibular ear damage in both ears from blasts; eye nerve damage and double vision, which I've had treated surgically; tremors from early onset of Parkinsonism; cognitive decline; stuttering; severe attention deficit with hyperactivity disorder; and

My friends and family saw the changes



Collins enjoys stand-up paddle boarding for how it helps him with TBI. His service dog, Charlie, likes it, too, Collins said.

in my personality. I was caught in an endless cycle of anger. It was so frustrating to drive 60 miles in the wrong direction, or to show up somewhere and not know why I was there - or how I got there. I used prescribed medications and self-medicated with alcohol, which caused me to become reckless. I reached the limits of my ability to function.

Returning to normal life can be difficult when you're suffering from invisible wounds. Thankfully, I have family and friends who pulled me out of the quicksand, enabling me to receive treatment at the James A. Haley Veterans' Hospital in Tampa, Florida. My first extreme paddling voyage began soon after those three months of treatment. I dared to live again while skimming along the water, in a way that's bigger than me.

I began my first extreme paddle board

journey in 2016 as a way to help others like me. I thought taking on something physically intense and never quitting could turn people's attention to the topic of TBI. After all, helping others is why many people join the military in the first place.

I started out with a tent and five-day supply of water and food. I ended up traveling 2,632 miles on a 14-foot paddle board. I focused on an estimated 1.7 million paddle strokes – one at a time. I averaged 28 miles a day during 94 days of paddling while my wife, Tonia, drove 10,435 miles along the way. I camped out overnight and restocked supplies every few days. People in boats or on paddle boards came up to me almost daily asking what I needed. I usually needed water, but the connections with hundreds of people may have been more essential.

I made it to the Statue of Liberty and received a water salute from the U.S. Coast

Guard. "Operation Phoenix" took me five months – 140 days – to travel from south Texas to New York's Battery Park.

My 20 years in the U.S. Army and several years supporting special operations as a contractor were fulfilling. I'm proud of my service, but equally proud that after this particular journey, I hung my paddle board in the New York Fire Department's boat house – just blocks from where more than 400 first responders lost their lives on Sept.

Today, I'm not the same person I was two years ago. I don't stutter or get lost every time I leave a gas station. While everyone's journey with TBI is unique, we all experience a disruption with normal brain function. My paddle board voyage helped me find myself now that combat is over.

My advice to those who think they might have some brain issues is to listen to the people around you. Observe how your family and friends react. Your mission is recovery. This fight is just as big as the one you fought overseas. Make learning a habit for daily life. Doctors can help you but you have to work every day to heal yourself.

Here are some ideas.

* Learn to do 3-D puzzles that can help you work on spatial intelligence. Practice these once a day. It took me a year to learn one with an instructional DVD. This exercise helps me with how I think and has improved my memory.

* The motor cortex is a great way to tap into your brain - do things that involve hand-eye coordination. Try switching hands for using chopsticks, writing, and playing a musical instrument.

* Watch "A Head for the Future" videos about other TBI stories, and access resources to recognize and recover from brain injury. You've got to get help. It's

Finally, please reach out to another veteran. Connection has been part of the cure and continues to work for me.



Fort Rucker will kick off Asian/Pacific Islander American Heritage Month with an event at the post exchange April 27 at 11:30 a.m. Why do you feel it's important to celebrate diversity in today's Army?"



2nd Lt. Kenneth Win, D Co., 1st Bn., 145th Avn. Regt.

"We're a multicultural, multinational Army - home of immigrants – so it's nice to celebrate it because we bring a lot of pieces to the table."



John Flournoy, retired military

"Look at all the different cultures within the Army. Everybody's got to come together. United - that's what the Army stands for."



2nd Lt. Dustin Dykes, D Co., 1st Bn., 145th Avn. Regt.

"It's important to go along with the Army's current policies on equal opportunity, and diverse members of a wide breadth of Army teams show that we care about furthering this institution regardless of what their background may be, and even celebrating (that background)."



Jessie Johnson, civilian

"Diversity is what built this country, so in order to continue that rather than regress, we have to celebrate the different cultures that make up not just the Army, but our nation."



Alison Pettengill. civilian

"Celebrating different backgrounds helps people get a different perspective and outlook on life in general. In the Army, I feel it can help people from different backgrounds think differently, so I think it just builds a more cohesive team.'

COMMAND

Maj. Gen. William K. Gayler FORT RUCKER COMMANDING GENERAL

Col. Brian E. Walsh FORT RUCKER GARRISON COMMANDER

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week's edition. All editorial content of the Army Flier is prepared,

edited, provided and approved by the Public Affairs Office, U.S. Army Aviation Center of Excellence and Fort Rucker, AL.

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SecDef: U.S. military must develop all-domain defenses

By Jim GaramoneDefense Media Activity

WASHINGTON – If a nation wants to challenge the United States conventionally, that nation will lose.

So, while nations won't challenge America conventionally, they will look for asymmetric ways to do so, DOD's most senior civilian and military leaders said to the House Armed Services Committee April 12.

Defense Secretary James N. Mattis and Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff, also spoke about the problems caused by "gray zone" warfare.

Right now, the U.S. military is practiced in counterinsurgency operations. The defeat-Islamic State of Iraq and Syria campaign has honed the skills needed to train local troops and provide troops with enablers like close air support and logistics.

If groups like al-Qaida and ISIS were the only threats, then counterinsurgency forces would be

fine. But Russia and China will be long-term competitors, and both countries are developing capabilities to challenge U.S. dominance. These areas include the cyber world, space and information operations

It also includes anti-access strategies like building islands in the South China Sea.

The United States must develop and maintain overmatch in all domains of combat, and continue to reassure allies. "What we will do is make certain our allies know that we're reliable and we can break through to them," Mattis said. "We can get to them and stand with them at the time of need."

This asymmetric challenge is sometimes described at the "gray zone" or the Gerasimov doctrine – after the Russian chief of General Staff Gen. Valery Gerasimov – or even as "little green men."

Dunford described the strategy as the use of "political influence, economic coercion, use of cyber, use of information operations and then military posture," during his testimony. "So there's a military dimension to it, but it's clearly a broader problem than just a military dimension," the general added.

The bottom line is that the competition taking place inside the gray zone "is really the competition for our allies and partners," he said.

What the Russians are trying to do in the gray zone is undermine the credibility of U.S. alliances and partnerships, the general said. "So what's critical for us to do is overcome in the information space, overcome in cyber capabilities, and then our military posture, the erosion of that relationship that we have with our allies," Dunford said.

This requires broader government participation. The State Department, Treasury, the intelligence agencies, the U.S. Agency for International Development and more need to be involved to bring some resolution to the gray zone.

Dealing within the gray zone is even more complicated because of the way the United States military thinks about conflict. The gray

PHOTO BY NAVY PETTY OFFICER 1ST CLASS DOMINIQUE A. PINEIRO

Defense Secretary James N. Mattis and Marine Corps Gen. Joe Dunford, chairman of the Joint Chiefs of Staff, provide testimony on the fiscal year 2019 National Defense Authorization Budget to members of the House Armed Services Committee at the Rayburn House Office Building in Washington, D.C., April 12.

zone is predicated on a continuum between peace and war. The United States military sees an on/off switch between the two.

"The activities and the authorities that we have in place on a day-to-day basis reflect the fact that we're at peace, and our adversaries don't actually have the same restraints," the chairman said. "So

what they're doing on a day-today basis looks more like moving towards war than being in peace."

DOD is reviewing the issue. "We do believe that we are limited in the activities that we can perform on a day-to-day basis and the authorities that we have to allow us to be competitive," Dunford said

Army looks to modernize safety doctrine

By Lori Yerdon

U.S. Army Combat Readiness Center

Sweeping changes to Army Safety doctrine, training, and ease of accident reporting are the U.S. Army Combat Readiness Center's top priorities, explained Brig. Gen David J. Francis as he addressed safety professionals from around the U.S. Army Tank Automotive Command during an inaugural safety summit at Anniston Army Depot recently.

"Our mission at the USACRC is to assist commanders with loss prevention as we deploy our Soldiers and civilians to the most dangerous places on earth," Francis said. "To do that effectively, we need to revamp the Army Safety program from top to bottom to ensure our warfighters are prepared for the next mission, wherever it will take them."

Francis outlined details of the safety program's overhaul and explained how safety professionals can become part of the solution rather than being "problem admirers."

"We've deliberately and continuously solicited input from safety professionals around the Army on how we can do better," Francis said. "We have three lines of effort driving our safety modernization that supports warfighter readiness and enhances loss prevention, all of which are integral with mission and command."

For the first line of effort, Francis described how modernizing the Army Safety and Occupational Health Program and revising safety policies and regulations will ensure requirements get to an unambiguous level executable by commanders.

"When I first took this job, an 11-inch high stack of safety regulations were put on my desk," he said. "The bottom line is when you have a stack that's 11 inches high, it's imperative to whittle that down to the most common elements and determine the most important things needed to express across our Army in terms of safety and occupational health and risk management."



PHOTO BY STAFF SGT. JENNIFER BUNN

Soldiers in Bull Troop, 1st Squadron, 2nd Cavalry Regiment conduct a blank fire lane during troop exercise evaluations in the Grafenwoehr Training Area, Germany, Feb. 18. The U.S. Army Combat Readiness Center is modernizing the Army Safety program to ensure that all Soldiers are safe during training and in carrying out their duties.

"We realize there's duplication in many of our regulations and DA Pams," Francis added. "Sometimes guidance in a regulation differs from guidance in a corresponding DA Pam. It's a tedious yet necessary process as we don't want to discard the relevant information."

Enhancement of the Army Safety and Occupational Health Enterprise Information Management System will consist of upgrades to and ease of use for mishap reporting and tracking systems, both of which are key components of the second line of effort.

"We're working toward improvements in mishap reporting through technological and other process improvements," Francis said. "We've needed an overhaul of our mishap reporting system for quite some time, and ASOHEIMS is an expandable and adaptable endeavor scheduled to launch in January 2019."

The third and final line of effort is improving the SOH workforce's proficiency and effectiveness.

"We're in the midst of updating our training and so far, we're receiving great feedback from our interns as we send them out across the Army," Francis said. "There are a lot of certification requirements that we're examining carefully, as we've expanded from 1,200 safety professionals across the force to 7,000."

The increase in safety professionals correlates to growth from six to 26 career fields in Career Program-12.

"We continually strive to get our training to the best level possible, not only for our safety professionals but as we train risk management to the rest of the Army," Francis added. "Safety professionals in the field, helping us identify safety issues, is essential to reducing accidental loss."

Francis and Command Sgt. Maj. Ernest D. Bowen, Jr., often visit installations, depots, combined training centers and other organizations to interact with commands to see the challenges they face, and for an opportunity to engage safety professionals firsthand

"We're able to get a sense of what the USACRC can do to assist organizations in their safety mission," Bowen said. "We want to be able to help leaders with loss prevention."

"Through the processes that we're implementing across the Army safety enterprise right now, we're able to convey how organizations can dovetail with our efforts and enhance their own programs," Francis said. "We see a lot of best practices during our visits that have potential for implementation across the Army."

For the last 10 years, the Army's accident levels have remained historically low. However, Francis cautioned that settling into comfort will have devastating effects on mission readiness.

"It's all about standards and discipline, and none of us can afford to get complacent," he said. "As we continue to focus on emerging technologies that help us design safety into procedures, we cannot forget that it's leaders, safety professionals and Soldiers who are empowered to stop the chain of events that lead to a mishap."

Francis also said that through enforcement of standards, the Army will continue to experience a decline in accidental loss-

"With a myriad of safety programs across the Army, maintaining visibility of hazards, the ability to anticipate problems and continually self-evaluating are the most important steps organizations can take in the loss prevention effort," he said. "Around the world, what organizations offer Soldiers who are put into harm's way is truly phenomenal. The dedication and professionalism is spectacular, and I think reflects an understanding and appreciation for our young Soldiers.

"At the end of the day, the products we produce and the safety program we are modernizing are all aimed at helping our Soldiers answering their nation's call to duty," Francis added. "It's gravely important that we realize the importance of ensuring our Soldiers are well equipped and trained to do their missions."

News Briefs

Retirement ceremony

Fort Rucker will host its quarterly retirement ceremony Friday at 2 p.m. in the U.S. Army Aviation Museum. Everyone is welcome to attend and honor this quarter's retirees for their service.

Heritage month kickoff

Fort Rucker will kick off its observance of Asian/Pacific American Heritage Month April 27 from 11:30 a.m. to 1 p.m. at the Fort Rucker Post Exchange Food Court. The event will include various cultural songs and dances, food and more.

For more information, call 255-2669.

Education center Spring Fling

The Army Education Center Spring Fling is scheduled for April 26 from 11 a.m. to 2 p.m. next to Sgt. Ted E. Bear on Andrews Avenue in front of the A Company, 1st Battalion, 145th Aviation Regiment building.

For more information, call 255-2378.

Army Emergency Relief

Fort Rucker is conducting its Army Emergency Relief fundraising campaign through May 15. The motto for this year's campaign is There for Those Who Serve, according to local AER officials.

For more information, call 255-2341.

Alcoholics Anonymous meets

Alcoholics Anonymous meets Wednesdays from 11:30 a.m. to 12:30 p.m. in Rm. 147 of Bldg. 4502. For more on the group, call 334-237-1973.

Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in. To claim

their property, people must be able to demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest – the most common items turned-in are keys, cell phones and wallets.

Free access

Univisión NOW is offering 12 months of free access to its app with live and ondemand streaming of Univisión and UniMás Spanish-language TV channels to active duty military members.

Soldiers, Sailors, Airmen and Marines may go to UnivisionNOW.com, click on the blue 'START YOUR FREE TRIAL' bar, click on the orange 'Troop ID' button, click on 'sign up for an account', and select your preferred military status verification option. Once verified and a UNOW account set-up is complete,

streaming live or on demand will be ready.

This is not an Army program or sponsorship, and all questions should be directed to Univisión at support@univisionnow. com. Technical support is not available.

A subscription and high-speed broadband connection or minimum 3G is required. This is available only in the United States (excluding Puerto Rico). Some programming may not be available and other restrictions may apply.

PTSD group

A post traumatic stress disorder education group meets Tuesdays from 5-6:30 p.m. in the Fort Rucker Spiritual Life Center in Bldg. 8939 on Red Cloud Road. The group follows the Veterans Affairs protocol PTSD Recovery Program and is for anyone interested in learning more about PTSD.

For more information, call 255-3903.

ALWAYS READY

Army 'confident in current capabilities,' chief of staff says

By C. Todd Lopez *Army News Service*

WASHINGTON – There is no doubt it will take a lot of work to maintain the existing military edge the U.S. has now over adversaries, said the Army's chief of staff, but right now, the service feels good about its current capabilities.

"We are confident in our current capabilities, and we are confident in our current systems, relative to Russia, China, or anyone else, for that matter," said Chief of Staff of the Army Gen. Mark A. Milley, during testimony April 12 before the Senate Armed Services Committee.

The general, sitting aside Secretary of the Army Mark T. Esper, told lawmakers that despite the advantage the Army currently has, others are working very hard to catch up.

"We are keenly aware of the modernization programs of both Russia and China right now," Milley said. "And we are aware that we need to shift gears rapidly, into the modernization, in order to make sure that we don't have parity or that they don't close the gap. We want a military, across the board, to be unbelievably lethal and unbelievably dominant, so that no nation will ever challenge the U.S. militarily."

The Army announced in October plans to build a new Futures Command dedicated to expediting development and delivery of new combat capabilities to Soldiers. That command will focus on the Army's six modernization priorities, including long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities, and Soldier lethality.

The location of the new command has yet to be decided, but Esper told senators the Army initially identified as many as 150 possible locations and has since narrowed that list down to about a dozen. Where the Army ultimately decides to put the Futures Command will depend in large part on the talent and amenities available in the surrounding community.

"We want to make sure we can attract the top talent, with access to an ecosystem of talent," Esper said. "It's critical we have access to talent ... not just on the material side, particularly with the hard sciences, but also talent to think about the future strategic environment – thinking in the 2030s and the 2040s."

Esper said availability of talent, proximity to innovation, and academia, along with quality of life and cost of living, will all be key factors in determining where the Army decides to locate Futures Command.

Eight Cross-Functional Teams dedicated to supporting the six modernization priorities have already been stood up and are now actively working toward the modernization goals they support. Eventually, each of the teams will fall under the Army Futures Command. Even before Futures Command stands up, however, the Army is working toward its modernization goals.

One effort the Army is already pursuing is development of a replacement for combat vehicles such as the Bradley, Stryker and Abrams tank.

"These systems were designed and came online many years ago," Milley told lawmakers. While they have had incremental upgrades since, he said, "they are products



PHOTO BY DANIEL TOROK

Gen. Mark A. Milley answers questions from the U.S. Senate Armed Services Committee at the Dirksen Senate Building, Washington, D.C., April 12.

of technologies and ideas that come out of the 1960s and the 1970s."

Development of the Next Generation Combat Vehicle is underway, Milley said. The NGCV will replace existing combat vehicles, which he said right now have about 15 years of useful life left in them.

"We think by 2028, we should be able to begin fielding the NGCV that is optimized for urban operations, that is both either manned or unmanned for ground operations, [and] that has lethality, power, speed, and weight optimized for the next generation of the battlefield we perceive."

Milley told senators that while the NGCV will include the capability to be driven by an actual Soldier, it will also have the option to be driven remotely. And the requirement for that capability – to operate autonomously – is not limited to just ground vehicles, he said.

"Every ground and rotary-wing vehicle that the U.S. Army produces from now on -- the next generation, after Bradley, after Abrams, every single one of them – has to have the base requirement that it has to be either manned or unmanned ... either fully autonomous or semi-autonomous, built in its very basic requirement," Milley said. "It has to be able to have that option so the commander on the battlefield of the future has that option, based on mission, enemy, terrain, time and troops available, to pick whether he wants [an] objective to be seized with manned vehicles or not."

Esper said the same applies to vehicles such as trucks that perform logistics operations

"We hope to accelerate that as well, so we can be experimenting in the next couple of years with regard to unmanned sustainment and logistics support," Esper said.

Milley said that while the Army is developing the NGCV, it is also "aggressively" providing upgrades to existing Abrams, Bradley, and Stryker combat vehicles across all Army formations.

"I am very confident that those weapons systems will continue to serve us well, even against a Russia or a China in the near term," he said.

Another area of modernization the Army is focused on now is the network.

"We know that we have learned from various studies of what we saw the Russians do in Ukraine, that we need a network that is reliable, that is resilient, that is mobile, and that can meet our needs in

such an environment," Esper said.

Esper said next-generation network and communications technology is just one aspect of maintaining an edge on adversaries in terms of communications. Another aspect, he said, is training for Soldiers.

"We need to look at trying to make sure Soldiers are training now to operate in an environment in which they have either no data or communications are limited," he said. "I was pleased to see on my first trip to the National Training Center in November that the [1st. Cavalry Division] was actually doing that. The OPFOR out there were presenting that type of scenario, and we were training in an environ-

ment of limited communications."

Milley confirmed that while the modern Army is very dependent on GPS and position navigation and timing to conduct operations, Soldiers are being trained and are capable of operating in an environment where those capabilities are degraded or unavailable.

The top modernization priority for the Army, Esper said, is long-range precision fires. Ongoing efforts with that modernization priority involve the Paladin Integrated Management System, the Extended Range Cannon Artillery, and at the strategic level, hypersonics.

With hypersonics and other kinds of advanced technologies, Esper said, the Army is working with the Navy and the Air Force to advance joint efforts in parallel.

"We really need to pool our efforts together, and look at how we can make sure we are making advancements and not duplicating efforts to get more bang for every dollar we put toward it," Esper said.



Secretary of the Army Mark T. Esper and Gen. Mark A. Milley answer questions from the U.S. Senate Armed Services Committee at the Dirksen Senate Building, Washington, D.C., April 12.





By U.S. Army Research Laboratory Public Affairs

RESEARCH TRIANGLE PARK, N.C. -U.S. Army-funded researchers at the University of California in Los Angles have found a proverbial smoking gun signature of the long sought-after Majorana particle, and the find, they say, could block intruders on sensitive communication networks.

The Majorana particles, which were predicted more than 80 years ago by Italian theoretical physicist Ettore Majorana, could become critical building blocks for quantum computers because their unusual properties make them resistant to external interference and prevent loss of quantum information.

The discovery not only solves a long standing problem in physics, but also opens up a potential avenue to control Majorana fermions for realizing robust topological quantum computing, said Dr. Joe Qiu, manager of the Solid-State Electronics Program within the Engineering Sciences Directorate at the Army Research Office, an element of the U.S. Army Research Laboratory, located at Research Triangle Park in Durham, North Carolina.

Quantum computers could solve problems much more quickly and efficiently than classical computers, potentially leading to significant improvement in situational awareness with the capability to process large amount of available data, a fundamental priority research area for the U.S. Army.

"Prior experimental approaches based on semiconductor nanowires on superconductors have produced inconclusive signals which could also be attributed to other effects," Qiu said. "The UCLA experiment using stacked layers of magnetic topological insulator and superconductor has demonstrated the clearest and most unambiguous evidence of the particles as predicted by theory so far."

The research leading to the discovery represents a close interdisciplinary collaboration between a team of researchers including electrical engineers, physicists and material scientists. The UCLA team is funded by an Army Multidisciplinary University Research Initiative, or MURI, award jointly managed by Electronics (Dr. Joe Qiu), Physics (Dr. Marc Ulrich) and Materials (Dr. John Prater) Divisions at ARO. ARO funds research to initiate scientific and far-reaching technological discoveries in extramural organizations, educational institutions, nonprofit organizations and private industry that may make future American Soldiers stronger and safer.

This research was led by Prof. Kang Wang, a UCLA distinguished professor of electrical engineering, of physics and of materials science and engineering, who also holds UCLA's Raytheon Chair in Electrical Engineering.

First published in the prestigious journal Science last July, the research was featured in an invited talk presented by Professor Wang as well as two other related invited talks by his collaborators during the American Physical Society March Meeting.

"Because the Majorana particle is its own anti-particle – carrying zero electrical charge – it is viewed as the best candidate to carry a quantum bit, or qubit, the unit of data that would be the foundation of quantum computers. Unlike 'bits' of data in standard computers, which can be represented as either 0s or 1s, qubits have the ability to be both 0s and 1s, a property that would give quantum computers exponentially more computing power and speed than today's best supercomputers," Qiu said.

The Majorana particle has been the focus of keen interest for quantum computing in large part because its neutral charge makes it resistant to external interference and gives it the ability to leverage and sustain a quantum property known as entanglement. Entanglement allows two physically separate particles to concurrently encode information, which could generate enormous computing power.

"Imagine that bits of data in standard



computers are like cars traveling both ways on two-lane highways," said Wang, who also is director of the King Abdulaziz City for Science and Technology's Center of Excellence in Green Nanotechnology. "A quantum computer could have many lanes and many levels of 'traffic,' and the cars could hop between levels and travel in both directions at the same time, in every lane and on every level. We need stable, armored quantum 'cars' to do this and the Majorana particles are those supercars."

For their research, the team set up a superconductor, a material that allows electrons to flow freely across its surfaces without resistance, and placed above it a thin film of a new quantum material called topological insulator, to give the engineers the ability to manipulate the particles into a specific pattern. After sweeping a very small magnetic field over the setup, the researchers found the Majorana particles' distinct quantized signal - the telltale fingerprint of a specific type of quantum particles – in the electrical traffic between the two materials.

"The Majorana particles show up and behave like halves of an electron, although they aren't pieces of electrons," said Qing Lin He, a UCLA postdoctoral scholar and co-lead author of the Science paper. "We observed quantum behavior, and the signal we saw clearly showed the existence of these particles."

In the experiment, Majorana particles traveled along the topological insulator's edges in a distinct braid-like pattern. The researchers said the next step in their research will explore how to use Majorana particles in quantum braiding, which would knit them together to allow information to be stored and processed at super high speeds.

Lei Pan, a UCLA doctoral student in electrical engineering and the paper's co-lead author, said Majorana particles' unique properties would appear to make them especially useful for topological quantum computers.

"While conventional quantum systems have sophisticated schemes to correct errors, information encoded in a topological quantum computer cannot be easily corrupted," he said. "What's exciting about using Majorana particles to build quantum computers is that the system would be fault-tolerant."

The research team also includes collaborating members from UC Irvine, UC Davis and Stanford University.

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Ask your buddy

- · Have the courage to ask the
- question, but stay calm Ask the question directly: Are you thinking of killing yourself?

Care for your buddy

- Calmly control the situation;
- do not use force; be safe · Actively listen to show under-
- standing and produce relief · Remove any means that
- could be used for self-injury

scort your buddy Never leave your buddy alone

- · Escort to chain of command, Chaplain, behavioral health professional, or primary care provider
- Call the National Suicide Prevention Lifeline
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Best Ranger winners battle body armor runs, night missions, no sleep

By Bryan GatchellFort Benning Public Affairs

FORT BENNING, Ga. — From a field of 51 teams of two Ranger-qualified service members, Team 23 from Airborne and Ranger Training Brigade won the title of Best Ranger for the 2018 Best Ranger Competition April 15 at Fort Benning, Georgia.

Sgts. 1st Class Anthony Allen and Joshua Rolfes of Team 23 completed three days of events that tested their physical endurance, mental agility, and technical and tactical skills Friday-Sunday as part of the competition, which included no scheduled sleep.

The David E. Grange Jr. Best Ranger Competition, organized annually by the Airborne and Ranger Training Brigade, was founded in 1982 to determine the best Ranger in the Ranger Department, but has since expanded to include all Ranger-qualified Soldiers throughout the entire Army and other willing Ranger-qualified service members from sister services.

Competitors were scored on many events, including a buddy run, a body armor run, obstacle courses, weighted carries, a swim, weapon ranges, and more on the first day Friday. After a night of marching, the teams were cut to 24, and those remaining teams competed in night stakes, the Spartan Run at Dekkar Strip, and in day stakes at Todd Field for the second day.

After the day stakes, the 24 teams were cut down to 16, and those teams were flown by helicopter to Camp Frank D. Merrill near Dahlonega, Georgia, where the 5th Ranger Training Battalion runs the mountain phase of the Ranger School. There they performed night orienteering, finishing to return by bus to Camp Darby at Fort Benning, where they competed in the Darby Queen



PHOTOS BY PATRICK A. ALBRIGHT

The remaining teams of Ranger-qualified Soldiers take part in several events to test physical endurance, mental agility, and technical and tactical skills for the 2018 Best Ranger Competition Saturday at Fort Benning, Ga. The David E. Grange Jr. Best Ranger Competition is an annual event in its 35th iteration to determine the top-performing two-person Ranger team from units across the Army as well as sister services.

obstacle course.

Their final competitive events were a combat water survival assessment at Victory Pond and a final buddy run back to Camp Rogers where the event began.

Points have been tallied, and the final top competitors are as follows:

- Team 23: Sgt. 1st Class Anthony Allen, Sgt. 1st Class Joshua Rolfes, Airborne and Ranger Training Brigade;
- Team 32: Capt. Matthew Thwaites, 1st Lt. Kendall Ward, 75th Ranger Regiment:
- Team 33: 1st Lt. Jeremy Dettmer, Cpl. Tyler Taormina, 75th Ranger Regiment;
- Team 22: Sgt. 1st Class Mi-

chael Roggero, Staff Sgt. Michael Browne, ARTB; and

• Team 41: 1st Lt. Chris Smith, Sgt. Aditya Singh Sehrawat, 25th Infantry Division.

For more Best Ranger Competition stories, visit www.army. mil/benning.

For photos from the Best Ranger Competition, visit www. fortbenningphotos.com/Infantry-Brigades/Airborne-Ranger-Training-Briga/Ranger-School/Best-Ranger-Competition/2018-Best-Ranger.

For from the competition, visit the Maneuver Center of Excellence and Fort Benning on social media, like us at www.fb.com/fortbenningmcoe or follow us at https://twitter.com/fortbenning.



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Mattis, Dunford detail attacks on Syrian chemical arsenal

By Jim Garamone Defense Media Activity

WASHINGTON — U.S., British and French air and naval forces launched attacks against the Syrian government's chemical weapon arsenal in retaliation for the use of such weapons on civilians, Defense Secretary James N. Mattis and Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff, said at a Pentagon news conference Friday night.

"As the world knows, the Syrian people have suffered terribly under the prolonged brutality of the Assad regime," the secretary said. "On April 7, the regime decided to again defy the norms of civilized people, showing callous disregard for international law by using chemical weapons to murder women, children and other innocents. We and our allies find these atrocities inexcusable."

President Donald J. Trump ordered the strikes to stop the regime from using such inhumane weapons again. Mattis said stopping the atrocities is in the vital national interests of the United States.

RESEARCH AND DEVELOPMENT FACILITIES

The strikes hit Syrian leader Bashar Assad's chemical weapon research, development and production facilities. The strikes on Friday were far harder than the ones last year, when the United States launched 58 missiles against the Shayrat air base following a chemical attack.

"Obviously, the Assad regime did not get the message last year," Mattis said.

The strikes now send a very clear message to Syrian leaders "that they should not perpetrate



PHOTO BY SGT. AMBER I. SMITH

Defense Secretary James N. Mattis and Marine Corps Gen. Joe Dunford, chairman of the Joint Chiefs of Staff, brief reporters on the current U.S. airstrikes on Syria during a joint news conference at the Pentagon Friday.

another chemical weapons attack for which they will be held accountable," the secretary said.

Mattis emphasized that the strikes were directed against the Syrian regime, and the strike planners went to great lengths to avoid civilian and foreign casualties. "It is a time for all civilized nations to urgently unite to end the Syrian civil war by supporting the United Nations-backed Geneva peace process," the secretary said.

The three nations' forces were integrated throughout the planning and execution of the operation, Dunford said. "The targets

that were struck and destroyed were specifically associated with the Syrian regime chemical weapons program," the chairman said.

The first target was a scientific research center in the greater Damascus area. The military facility was a center for research, development, production and testing of chemical and biological agents, the general said. The second target was a chemical weapons storage facility west of Homs. "We assess this was the primary location of Syrian sarin and precursor production equipment," he said. "The third target ... contained

both a chemical weapons storage facility and an important command post."

LONG-TERM DEGRADATION

The strikes should result in a long-term degradation of Syria's chemical and biological warfare capabilities, the chairman said. "The strike was not only a strong message to the regime that their actions were inexcusable, but it also inflicted maximum damage without unnecessary risks to civilians," Dunford said.

The strike was also planned to

mitigate the risk to Russian forces that are supporting the Assad regime, the general said.

More than double the amount of ordnance used in last year's strike was used in this one, Dunford said. He said there were reports of Syrian anti-aircraft actions, but it is too early to assess the effectiveness. There were no allied casual-

The strike is meant to deter Assad from contemplating another attack, and allied forces are ready to continue the action if Assad continues to use these banned weapons, Mattis said.

Neighbors

Continued from Page A1

volved, even though it was off the installation," said Worsham. "We went to all of and go out to help with the cleanup efforts, and search and rescue efforts."

"A lot of these things, nobody can do by themselves, so having a great asset like Rucker here to support that is just fantastic for us locals," added Brown. "It also helps the (installation) out by giving them assets they don't have to have on the installation, as well."

For example, Fort Rucker, at any given time, has three ambulances that are located on the installation, so in the event of mass

casualty event, without the support of outside agencies, the installation would become overwhelmed, said Worsham.

"With our agreements with the local area, their meetings, we supplied light sets, we I have the ability to have 25 ambulances had personnel take their own personal leave here within the golden hour – that first hour that we can possibly save lives," said the emergency manager. "Those are the types of agreements that we've worked out and made available to each other."

Another way the agreements help the installation and surrounding counties support each other is through exercises conducted by both the outside communities, as well as the installation. Throughout the year, the surrounding counties and Fort Rucker participate in at least a dozen exercises to test various factors, such as response and

capability, said Brown.

"Each county is required to do three exercises a year, and if you multiply that with the number of counties around us, that can give you about a dozen a year, at least, but that's just what we're required to do. That doesn't encompass what we're going to do," said the Coffee County EMA director.

"We've actually conducted division-wide exercises here on the installation where we involved all of the counties coming onto the installation (to participate)," added Worsham.

The exercises allow Fort Rucker to be able to build strong relationships with the surrounding communities, which in turn allows a better response when a disaster occurs, said the emergency manager.

"Because of the relationship that we've got around here, we've been able to make it to where if it's life and safety, we don't have to get approval for a mission," said Worsham. "We can actually deploy under the Immediate Response Authority, so that we can respond within the first 48 hours without approval. It's just a really good working relationship that we've got with Fort Rucker, the counties and the state."

"This is community and a family - I feel like we really are," added Jessica Schweiger, Alabama EMA Division B coordinator. "Fort Rucker has its employees come from all over our division, so we all feel like a family. When it happens to one of us, it happens to all of us, so we all come together as that community."

Awareness

Continued from Page A1

about it and that is the main way to fighting it," continued the TAC officer. "Raising awareness with the Soldiers is putting it in their minds and showing them that (sexual harassment and assault) is wrong."

The motto for this year's class is "Embrace your Voice," which is meant to empower people to speak up and talk if there is an issue, whether it be harassment in the early stages or assault.

"That's how we start – you have to speak up," said Ortiz. "Sometimes just a joke that is sexist in nature might be just the beginning, and once you hear that you can speak up about it. You don't have to kill the messenger – you can just say that it wasn't very nice of them to say something like that – that's how you begin."

Throughout the month, the class has been taking on the fight against sexual violence with events to bring about awareness, such as a class car wash, which raised nearly \$2,000 that was used to create T-shirts for the class. The remainder of the funds was donated to charities to combat sexual assault, said Ortiz.

Friday at 6 a.m., the class, in conjunction with the Fort Rucker Sexual Harassment and Abuse Response Prevention program, will host a 5K run/1-mile walk to further bring about awareness, and hopes to have a survivor to speak to participants preceding the run.

"Sometimes you have to put a face to the cause," said the TAC officer. "When you see a face, when you see someone who was a victim and survived, that encourages people to speak up or refrain from making sexist jokes or

VISIT US ONLINE AT ARMYFLIER.COM doing things that are wrong in nature."

For many of the Soldiers of the class, this is the first time they have had their hand in bringing awareness to the cause of preventing sexual abuse, but Ortiz said the

class has been very receptive. "Once these Soldiers get here, it's a different environment for them, so they can fully focus and understand when they get SHARP training and see that this is happening in the Army, so they can make the decision to not be part of (the problem)," he said. "This class has been very motivated for the cause and very receptive. They didn't come here to support SHARP, they came here to become a warrant officer, but this class has been in it to

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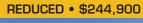


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93 MICHAEL LANE: A true paradise. This four bedroom two bath home on approx .75 acre neighborhood. This home features an elegant bonus room with floor to ceiling windows equipped with an indoor grill for entertaining family and friends. The home is pre wired for surround sound and the home is clean and ready to move in. Plenty of space outside to add a pool or for outdoor entertainment, CHRIS ROGERS, 406-0726 & JUDY DUNN, 301-5656

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28648 HIGHWAY 167, JACK: Country living at it's best on 30+/- acres. Idyllic setting with two porches; front and back to enjoy the view. Fire pit, trails, and plenty of wildlife. Open floor Safe room. Many other amenities. Roughly 27 acres in pasture land and existing food plots. There are surveyed plans for a 5+/- acre spring fed pond. Great neighbors! This is the drean home you have been looking for. Turkeys Hunter's paradise. CHERYL PICCININI, 390-9612



505 LAUREL BREEZE: This stunning lakefront 4 bedroom 4 bath home has everything! A great floor plan opens out onto a covered deck overlooking the pool and lake. The kitchen has stainle steel appliances, gas stove & oven with warming drawer, silestone countertops and a large laundry room. Each bedroom has its own bath, office, separate den, workout room/craft room, storage room, 2 gas water heaters, 2 HVAC units, security system & sprinkler system. All of this in a great neighborhood on a cul de sac! TERRI AVERETT, 406-2072 & JACKIE THOMPSON, 406-1231



41 CONNETIA DRIVE, DALEVILLE: Convenient location to Enterprise, and Fort Rucker, this four bedroom, two and a half bath two story home features not only a formal living room and formal dining room, but on the main level you also have a library/office, kitchen, and breakfast/family room area with electric fireplace. Garage has a workshop area 10x13, and not only is there a 20x40 inground pool, but a 24x36 workshop w/its own separate HVAC, a 12x12 shed, and it all sits on an acre of beautiful landscaping with blueberry bushes EVELYN HITCH, 406-3436

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213 EAGLE LANDING: This is a great townhouse that is super clean with tile in all downstairs areas. Large living area, extra large master bedroom with a very nice walk-in closet and has a tiled bathroom with jacuzzi tub. The second bedroom

has its own bathroom with a walk-in closet. JACKIE THOMPSON, 406-1231 & TERRI AVERETT, 406-2072

NEW LISTING • \$94,500



681 HATFIELD LANE, DALEVILLE: About 4.5 acres more or less, this four bedroom, three bath home also features a living room and bonus room. Inside laundry room with storage area. Short distance to go to Dothan or Enterprise, and you can watch the kids play ball right across the street from your wrap around porch. Also features include a Dollar General store that you can see from your front yard. Don't miss out on this GEM! Make your appointment today for your personal showing. EVELYN HITCH, 406-3436

NEW LISTING • \$134,000



118 COMANCHE STREET, DALEVILLE: Excellent price!! This home is located very close to Fort Rucker and Cairns Air Field. It has an amazing master room with a huge dressing area and lot of closet space. Easy access to Highway 84, to go Enterprise or Dothan. This is a VA foreclosure to be sold as is, no repairs. Alabama Right of Redemption will apply. NANCY CAFIERO, 389-1758 & BOB KUYKENDALL, 369-8534

NEW LISTING • \$69,500



102 PECAN STREET: This cottage style home features 3 bedrooms, a metal roof, hardwood floors in the living area, a large corner lot with lots of room to play, and a nice storage shed in the backyard. Located close to downtown dining and shopping! SOMMER RAKES, 406-1286

NEW LISTING • \$133,000



103 BROOKSHIRE DRIVE: Ready to move into, just add your own personal touches, and call this your HOME! Three good sized bedrooms, two baths, grandroom w/ fireplace and wet bar, formal dining room, eat-in kitchen, inside laundry and sunroom off the back with its own heating and cooling system. Consists of two parcels to give you almost 3/4 of an acre on a corner lot. Crawl space has insulation in the ceiling and lots of storage. Come check this out before it is GONE! EVELYN HITCH, 406-3436

APRIL 19, 2018



An AH-64 Apache with the 1-3rd Avn. Regt., 12th CAB, and M1 Abrams tanks from 5-4th Cav. Regt., 2nd ABCT, 1st ID, secure an area during a combined arms live fire exercise at Grafenwoehr Training Area, Germany, March 28.

Air Assault unit fights with new 'lite' networked vehicles as Army modernizes battle communications

By Amy Walker For Army News Service

FORT CAMPBELL, Ky. — The 101st Airborne Division (Air Assault) must be ready at all times to conduct rapid offensive and defensive stability operations, including Joint Forcible Entry missions, in support of global contingency operations. The unit requires expeditionary network capability that enables it to be agile, lethal and informed.

To support these and other high mobility missions, the Army has integrated critical tactical network transport configurations – the Tactical Communications Node-Lite, and Network Operations and Security Center-Lite - onto lighter High Mobility

dium Tactical Vehicle FMTV integration.

Now these network assets can be rolled onto an Air Force C-130 aircraft or sling loaded by an Army CH-47 Chinook helicopter across the battlefield, to deliver robust network connectivity and network operations capabilities even in the most austere locations.

Prior to these new "lite" capabilities, units arriving to their objectives by air would have to wait for their heavy FMTV configurations to be driven in on a ground assault convoy. Commanders now have the option to air assault them in and establish the network and mission command capabilities much earlier in the fight.

"The unique aspect of our mission is that we can conduct vertical envelopment through air assault to rapidly build combat power on the battlefield, to jump well ahead of where the enemy is located, to seize key terrain and to fight him where he least expects it," said Col. Joseph Escandon, brigade commander for the 2nd Brigade Combat Team, 101st Airborne Diviversus the previous 5-ton Family of Me- Training Center, where the unit successful- advantage to either force," Escandon said.



Soldiers from the 2nd BCT, 101st Airborne Div., move from under a CH-47 Chinook after successfully hanging up the Tactical Control Node-Lite, at Fort Campbell, Ky., June 15.

ly employed these "lite" network configurations in a decisive action environment.

"With all of the communication systems that both we and our adversaries have, Multipurpose Wheeled Vehicle platforms, sion (Air Assault), at the Joint Readiness being able to communicate quickly is an

"In the past there has always been a gap in when I was able to have network connectivity to conduct mission command. If I go into a Joint Force Entry operation I might

SEE MODERNIZATION, PAGE B4

Soldiers increase readiness, MedEvac skills during Bataan march

By Marcy Sanchez William Beaumont Army Medical Center

SANDS WHITE MISSILE RANGE, N.M. — The 29th annual Bataan Memorial Death March welcomed more than 8,400 marchers March 25 in honor of the tens of thousands of American and Filipino service members who were forced to march over 65 miles during World War II.

With so many marchers trekking over 26 miles through the austere and desert environment of White Sands Missile Range, coordinated medical operations were vital to a successful and safe event during the 79th anniversary of the original march.

Various agencies, including the U.S. Army, New Mexico National Guard, U.S. Border Patrol, local police, firefighters and medical organizations, contributed to the complex and essential mission of ensuring marcher's safety and wellbeing.

In preparation for medical evacuations, Soldiers with 1st Armored Division and New Mexico National Guard practiced the cold and hot (engines off and on, respectively) loading and unloading of patients onto UH-60/ HH-60 MedEvac Black Hawks with 1st AD's 2nd Battalion,



Soldiers with 1st Armored Division practice proper patient transport via a UH-60 Black Hawk March 24.



A UH-60 Black Hawk with the 2-149th Avn. Regt. out of Santa Fe, N.M., takes off during MedEvac training in preparation for the 29th annual Bataan Memorial Death March at White Sands Missile Range March 24.

501st Aviation Regiment and the National Guard's 2-149th Avn. Regt. March 24.

"Our job is to secure the patient, treat the patient in the back and get him to the next level of care. The training is pretty important," said Sgt. Leianne Maugeri, flight paramedic, 2-501st Avn. Regt. "The whole mission is dangerous in general, you have the aircraft, the rotors, and it's loud."

Over a dozen Soldiers practiced the techniques prior to Sunday's march, which doubled as an opportunity to orient Soldiers with the techniques in case of air MedEvac and an opportunity for Soldiers to gain real-world training in austere environments.

"It's for the Soldier's safety," said Sgt. 1st Class Brad Sossoman, NCO in charge, Medical Simulation Training Center, Fort Bliss, Texas "They need to know how to approach (aircraft) because it's a big pile of twisted metal that could kill you if you don't do it right."

Muscle memory is key because it's easy for adrenaline to kick in and Soldiers to forget how to secure the patient and properly load the patient, said Maugeri, a Chicago native. The last thing medical personnel want to do is cause further injury to the patient or injury to anybody else.

"A lot of these younger (Soldiers) may not have that much experience around the (aircraft) so they get to familiarize themselves with it for when they have to do it for real," said Sossoman, a native of Stanfield, North Carolina who has deployed twice to both Afghanistan and Iraq. "Any opportunity to get around a different type of platform that we're not familiar with is always good training."

"This isn't the endgame," said Sossoman. "The endgame is knowing what to do when it gets real, when we need to do it downrange (during combat operations)."

Haiti earthquake survivor, Aviation Soldier takes career to new heights

By Sgt. Maricris McLane For Army News Service

TEMPE, Ariz. — In 2010, the most destructive earthquake in Haiti's history struck the Caribbean island, killing over 100,000 people and leaving approximately 1.5 million people homeless.

Sixteen miles from the 7.0 magnitude earthquake's epicenter, Spc. Carl Denis and his family, natives of Port-au-Prince, Haiti, were among the people suffering in the aftermath.

More than eight years later, he was one of four Soldiers in the entire 7th Infantry Division to receive this year's Green to Gold Scholarship, which will give him an officer commission in the U.S. Army upon college graduation.

"It was my own determination that helped me out and my initiative as well," said the UH-60 Black Hawk repairer from the 2nd Assault Helicopter Battalion, 158th Aviation Regiment. "When I finally got the letter, it was pretty much like an impossible feat that came into reality."

Denis will enroll at Arizona State University this

SEE NEW HEIGHTS, PAGE B4



Spc. Carl Denis, a native of Port-au-Prince, Haiti, and UH-60 Black Hawk repairer with 2-158th Avn. Regt., is a recipient of the Green to Gold Scholarship. Denis is planning on going to college at Arizona State University to major in information technology with a focus on cyber security.

(334) 347-9533 • (800) 779-2557



ANNOUNCEMENTS

GENERAL & SPECIAL NOTICES

CGM Construction Group, LLC is soliciting minority and women owned business enterprises to furnish subcontractor quotes for all trades for work on the Howell Senior Apartment project in Dothan, Alabama. We encourage DBEs, including MBEs and WBEs, to submit proposals. Contact Keith Middleton at (229) 400-3816 email keith.middleton@constructioncgm.com for bid requirements and access to plans and specifications.

YARD & ESTATE SALES

Enterprise Airport Hanger F6, 867 Aviation Blvd. Fri. 13th (10-4) & Sat. 14th (9:30-4) Sold the Aircraft now selling tools & more! Compressors (2) one 230 volts, one 110 volts aircraft jacks, paint spraying equip., hardward for aircraft & so much more! 334-406-7231



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Requirements: Possess a Bachelor's Degree in Accounting, Finance, or closely related field with relative coursework in Accounting or Finance and at least two (2) years of work related experience in finance, accounting, or auditing. Ability to work non-standard hours as needed.

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For the 2018-2019 school year the Coffee County Board of Education is seeking applications for vacancies and potential vacancies for the following positions:

Central Office Administrators: Federal Programs Coordinator, Special Programs Coordinator, Special Services Coordinator, Technology Coordinator

Administrative: Principal(s) and Assistant Principal(s)

Certificated **Transportation Supervisor** Classified

Our schools include: Kinston (PK-12 campus) New Brockton Elementary (PK-6 campus) New Brockton High School (7-12 campus) Zion Chapel (PK-12 campus.)

To be considered for employment completion of an on-line application is required. For a listing of positions and to ccess the on-line application please visit: www.alsde.edu/TeachInAlabama or

www.coffeecountyschools.org. Please call Jennifer Piland at 334-897-5016 if additional information is required. EOE- The Coffee County Board of Education is an E-Verify Employer

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SUBMIT RESUME TO PATHWAY, INC. P.O. BOX 311206, ENTERPRISE, AL **36331 ATTENTION: DOUG OWENS OR** DOWENS@PATHWAY-INC.COM.

the care of children in the custody of

social service agencies.

EDUCATION, TRAINING & LIBRARY

The Coffee County Board of Education is seeking applications for the following position:

Principal @ Kinston School (Grades Pre-K through 12)

To be considered for employment completion of an on-line application is required. To apply for this position and to access the on-line application please visit: www.alsde.edu/TeachInAlabama or www.coffeecountyschools.org.

Please call Jennifer Piland at 334-897-5016 if additional information is required.

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Executive Director Southeast Alabama Child Advocacy Center

The Board of Directors is seeking a full-time Executive Director for the Southeast Alabama Child Advocacy Center (CAC) in Dothan, AL. The CAC is a non-profit organization whose mission is to serve as advocates for children and to provide a safe environment where multidisciplinary team services are provided to meet the needs of child abuse victims.

Job Summary:

The Executive Director works under the direction and planning of the CAC Board of Directors and reports directly to the CAC Board President. The CAC is funded by local, state and federal grants and appropriations, private donations and fund raisers. The ED oversees the daily operation of the CAC staff. Additional oversight responsibilities include, but not limited to: Board governance and staff issues; program development; team building with multiple agencies; fundraising/marketing, grant writing; and administrative services.

Qualifications:

Bachelor's degree required; master's degree preferred. Applicant should possess 3-5 years of successful leadership experience in public/private organizations. Candidate must have strong written and oral communication skills. Experience in writing and managing federal grants and working in non-profit agencies are beneficial to the position.

Applications will be accepted until MAY 11, 2018. Applicants should send a resume and cover letter by:

Email: seacac.search@gmail.com Or mail to: Southeast Alabama Child Advocacy Center Attention: Executive Director Search Committee

The Southeast Alabama Child Advocacy Center does not discriminate in employment or service delivery on the basis of race, sex, religion, national origin, or disability. EOE

P.O. Box 8781 Dothan, AL 36304



Enterprises

B3 Enterprises LLC seeks highly qualified and committed individuals for the following positions on the Fort Rucker, AL Refuel/ Defuel Services contract.

 Project Manager Operations Manager Quality Control/Safety Manager Supply Clerk

Interested candidates MUST possess the following criteria to apply:

Project Manager

Minimum 3 years' experience and a demonstrated ability to manage a fuels service program for aviation; Minimum 3 vears' experience at a management level and contract administration In-depth knowledge of hot/warm/cold refuel operations and regulations to support military aircraft flight training; Knowledge, understanding and demonstrated ability to manage Department of Transportation and Federal Motor Carrier Regulation Programs; Experience in quality control and safety procedures associated with fuels service operations: Experienced with military contract administration; Experience in fuels facilities and Government-Furnished

Equipment (GFE) management; In-depth knowledge of the Fuels Automated System (FAS) and Fuels Manager Defense (FMD); Proficient with Microsoft Office software: Bachelor's degree is desired.

Operations Manager

Minimum 2 years supervisory experience gained in fuel servicing operations with an emphasis on leading a group of refueling to accomplish refuel/defuel services, maintenance, and QA; Experienced in hot/warm/cold refuel operations and regulations to support military aircraft flight training; Experience in accounting procedures and maintaining detailed fuel accountability programs; Proficient with vehicle fleet management and personnel staffing and associated regulations; Knowledge of the FAS and FMD; Proficient with Microsoft Office software; Knowledge of DOT/Federal Motor Carrier Regulations; Demonstrated ability to identify refueling/defueling/fuel bulk storage facility discrepancies; Bachelor's degree is desired.

Quality Control/Safety Manager

Two years experience in petroleum safety and quality assurance operations; Experienced in conducting a comprehensive fuels service QC/Safety program; Experienced in performing inspections of operations verifying compliance with procedures/checklists/ regulations; Knowledge of proper Refuel/Defuel QC methods, techniques, and procedures; Knowledge of environmental management procedures; Knowledge of base security requirements and access requirements; Associates degree is desired.

Supply Clerk

Knowledge of and current experience maintaining inventory levels of parts. materials and supplies for repair of tractor trailer, refueling type vehicles Knowledge of and current experience maintaining automated Inventory data base Current experience working with vendors/suppliers of heavy equipment/refueling vehicle parts and supplies. Current experience maintaining equipment inventory, status of equipment and property accountability Ability to type and/or enter data into a personal computer for processing using standard software programs for invoice and

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Provide nursing care for mentally ill clients to include assessments, vena-puncture, med. administration and monitoring; assist physician in conducting out-patient clinics and tele-med clinics to include scheduling and chart documentation; transport medication to satellite offices; assists with administration of patient assistance program. Prefer experience with computer and electronic records. Must be self-motivated and able to work independently. Written and oral communication skills.

Requires a licensed registered nurse, valid Alabama Drivers License, dependable transportation, written and oral communication skills

*Initial Screening to begin immediately. Resume and application required. Recruiting continues until position is filled.

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2005 Pro Craft 181 Combo Fish & Ski Boat , 18ft, 4 stroke 200HP Mercury ERI engine, 115 hrs on motor, trolling motor, bimini top, tilt steering, tow bar, half seats for fishing, break away trailer with new tires, blue tooth radio, lots of accessories included for skiing and tubing, used 6-7 times a year. Excellent condition. Asking \$13,000 OBO. Call or Txt 334-618-8116



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Cobra Boat, 14ft. 40hp, Mercury motor, stick steering, power tilt & trim. Trolling motor foot controlled & more extras. \$3900 334-712-1314.



Stratos Bass Boat 1997. 201 Pro Elite, 20 ft., 200 hp, lots of storage, serviced yearly, look and runs great. \$5000. 334-797-0159.

MOTOR HOMES & RVS

Bounder by Fleetwood 2004 36S: Ford V10, 58000 miles, 2 Slides, Automatic leveling system, Rear camera, Onan Generator 5500, 2 flat screen TVs REDUCED \$30,000. OBO 334-718-0113 or 334-718-0114 Newmar 2004 MTN. Aire Motor Home .

Workhorse Chassis, 32,750 miles, 2-slides, computer desk/Dine. New roof & refrigerator, auto satellite dish, includes 10K lb. blue Ox tow bar and brake buddy. \$25,000 Final Reduction! Call 850-272-0596 or 850-326-3615. Winnebago View 2015



V-model (twin beds) Mercedes Sprinter 6-cyl. diesel. 12,900 miles, 1 slide, full body paint, satelite Dish, like new. \$79,900 334-447-3610



Dodge 1965 D100 Pickup, slant 6-225 engine original drive train, Collector used vehicle, Good exterior, excellent interior condition 48,000 miles, KBB Value \$22,500. Call or text Oscar (334) 791-1356 serious inquiries only.

AUTOS FOR SALE



2006 Jaguar XJ8-L, burgundy w/tan interior, Vogue tires, only 78,300 miles, great gas mileage.

Look like a million for just \$10.300. Call: 334-701-6565 Chevrolet 2014 Cruz, under warranty, must sell.

\$200 down \$219 per month. Call Ron Ellis 334-714-0027.

Chevrolet 2014 Impala, white with black interior, new tires, 25k miles, excellent condition, fully loaded, \$12,900 Call 334-237-1039

Ford 1970 Mustang, 6 cyl engine original drive train, one owner collector vehicle, excellent condition, 150,000 miles, KBB Value \$20,000 Call or text Oscar at (334) 791-1356 serious inquiries only.

\$250 per month. Call Steve Hatcher 334-791-8243 Honda 2016 Civic LX, 4 door, fully equipped, full warranty, must sell. \$200 down, \$269 per

car, better than 40 miles per gallon. \$250 down,

Honda Accord 2011, 30K miles, sunroof, like new tires, very clean, burgundy with tan interior. Local owned. \$12,900 Call: 334-393-3320 or 334-470-8218

month, Call Ron Ellis 334-714-0028.

I'M BACK - Need a vehicle? **HUGE Inventory Reduction Sale** Buy Here Pay Here Good, Bad or No Credit? Pass, REPO, BK'S, SSI & VA OK. Steve Pope AKA Mr Ride Today!!!



Kia 2015Forte LX Popular sedan, 4 cyl, automatic, loaded, clean, 62,000 miles, \$8700. 334-790-

→ 334-648-5302



Mazda 2011 MX-5 Miata , bright cherry red, 5 speed manual, 112K miles (mostly hwy miles), brand new high quality cloth top in-

stalled by Whitehurst in Dothan last season, brand new BF Goodrich G-Force tires, brand new Rain-X wiper blades, brand new NGK iridium spark plugs, garage kept, clean title, excellent condition. You won't find a another toy like this one! Sporty and fun to drive, you'll love this vehicle! Price Reduced \$10,500 Call or Txt 334-432-5334.

Toyota 2018 Camry SE: Sliver w/Black interior. Showroom new w/less than 200 miles: kept garaged, Absolutely No Issues! Clear title: all paperwork, manuals, etc. included w/vehicle. Dealer list: \$30,000; sell for \$26,000 firm. Call 334-699-5855

MOTORCYCLES

2009 Goldwing CSC Trike, excellent condition 24k miles, titaniam grey, asking \$25,900 Cycle Wear Available: jackets, vest, rainsuits, helmets, new heated suit and boots. Call 334-790-6595



Trike 2002 Runabout, 1800CC, 4-speed manual, VW engine, approx. 28K miles, alway kept

stored in garage, all custom, one of a kind! \$13,000 OBO 334-655-6433. Please call (9am-8pm) only.

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Ford Expedition 2003 Eddie Bauer, 1 owner, 150K miles, leather seats, power windows & seats, 3rd row power fold down seats, 6 CD changer, rear air, tow package, great paint & garage kept. \$5500. 334-797-0159.



Lexus 2004 GX470, 216k miles, black with cream leather interior, fully loaded, everything in

good working order, clean carfax report VIN# jtjbt20x540067365, located in Marianna, Asking \$8,500 (CASH).

Call 850-526-5113 will email photos TRUCKS, BUSES, TRACTORS, TRAILERS

Ford 1953 Panel Truck, great restoration project. \$1500. OBO 334-714-8965 or 334-372-4697. Willing to trade. Lots of extras.



NEW MASTER TOW DOLLY

Ford 1954 800 Farm Tractor with a 7x16' double axel Trailer Tractor, runs very good, but there is a problem with the electrical system.

\$5750, OBO for BOTH. Located at 91 Covenant Dr. Dothan. Tractor is kept in a garage so please call 334-792-3553 for appointment.

tilt bed, 14" wheels, electric brakes, NEW spare tire & rim, perfect for truck or RV. Paid \$2800. Asking ONLY \$1,900 Call 334-449-2794

VANS Honda 2002 Odyssey Van, 212K miles, excellent condition, new tires & transmission, power doors, seats & locks, cruise control, 3 rows of

seats, 4 captain seat, 3rd row folds down. Gold in color. \$3500. 334-303-2514.



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Modernization

Continued from Page B1

be working off a tactical satellite or FM radio, but I couldn't leverage those tools that the upper tactical internet enables. The TCN-L cuts that gap down."

As part of the Army's evolving unified tactical network, the TCN-L provides agile robust high-bandwidth satellite and lineof-sight network connections. It operates on-the-move in a convoy, at the quick halt, and at the stationary command post, and it enables mission command and voice, video and data communications anywhere in the world, without need of static infrastructure. Soldiers use the NOSC-L at the command post to monitor and manage the tactical network and enhance network security.

"I, as a commander, as well as my subordinate commanders, gain a greater appreciation for the operational environment when I am able to use all the capability that we have for the various warfighting functions," Escandon continued. "Just take a look at Command Post of the Future, or a follow-on CPOF, which allows for a common operating picture. I can see where my forces are on the ground. I see what they are facing, and I can make decisions. But I can't leverage those mission command capabilities unless I have a system [such as the TCN- L] that can provide that to me."

The 2nd Brigade Combat Team, 101st Airborne Division (Air Assault) was the first unit to operate with new "lite" network configurations during a combat training center rotation at the JRTC at Fort Polk, Louisiana, in March.

In November 2017, the unit successfully conducted air assault operations with the TCN-L and NOSC-L during a field training exercise at Fort Campbell, Kentucky. The unit had its initial exposure to the capabilities during the TCN-L and NOSC-L operational test in July 2017 at Fort Bliss, Texas, which was held during Network Integration Evaluation 17.2.

Soldier feedback from exercises like NIEs and JRTC rotations are providing valuable information to the Army, not only on potential system improvements, but on how those systems can be used most effectively in joint and coalition fights, at every stage of

Previously, the TCN and NOSC were integrated on five-ton FMT-Vs, such as those employed by 2nd Brigade Combat Team, 101st Airborne Division (Air Assault) in Iraq in 2017. The heavy vehicle configurations provided armored force protection but were not easily air transportable, limiting their use during expeditionary, quick reaction and air assault missions.

Feedback from airborne and air assault units spurred the Army to integrate these configurations onto HMMWVs, providing significantly increased agility and operational flexibility.

"Usually we conduct a Joint Forcible Entry farther into enemy territory with helicopters. Equipment generally needs to be sling loaded, and it's usually followed up by ground forces. We need something fast, simple and mobile," said Maj. Paul Houk, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault), brigade communications officer. "Because it can be sling loaded by helicopters, the TCN-L gets that tactical internet into the fight much earlier, so it enables a much more robust PACE [Primary, Alternate, Contingency and Emergency] plan and more ways for the forward units to communicate back to higher headquarters."

As for the NOSC-L, compared with its heavier counterpart, "it comes with more tools to enable signal operators to better monitor and manage the network, to better track things like bandwidth usage. That's essential for us, especially when we go to the battlefield," said Sgt. Shaun Lavigne, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault) NOSC-L operator.

Escandon said that the TCN-L

"is easier to use and has proven to be more reliable than the TCN-Heavy." Battalions that didn't participate in the operational test at NIE 17.2 and hadn't received that extensive training and operational experience as some of the other Soldiers were given the TCN-L "and were able to quickly learn how to use it and effectively employ it," he said. "And so again, definitely a product improvement."

During high intensity, fast moving operations, the TCN-L enabled the commander to position his forward his Tactical Command Post in almost any location. The TCN-L enables the small TAC element to leverage many of the same capabilities found back in the larger brigade main command post, known as the Tactical Operations Center. While the unit relocates the TOC, they can use the smaller forward TAC to continue to support the fight, until they can transition the network back to the TOC once it arrives at its new location.

With the TCN-L, "my staff and I [at the forward TAC] can literally leverage the products that the main TOC and the brigade intelligence cell are producing, which is huge. It allows me to see my force, but it also allows me to see where the enemy is. I gain a greater appreciation of the battlefield, and I can appropriately figure out how to gain a position of advantage over the enemy. That is crux of the whole capability," Escandon said.

In addition to providing network connection and management, both of the "lite" network configurations also support the Army's effort to reduce the size of command posts, for increased mobility and survivability in the face of potential peer and near peer enemies.

"The TCN-L allows me the flexibility to be more modular," Escandon said. "I can bring more aspects of my TOC to support the TAC fight. But I don't want to make the TAC too big, because it has be to ready, it has to be mobile and survivable. The TCN-L [and NOSC-L] are giving us that capability to improve our mission command footprint."

Escandon said that he has a couple infantry battalions that have basically replaced their TOC tent with a Light Medium Tactical Vehicle and a trailer. They integrated their TOC capability inside the back of the LMTV and their plans area in the back of the trailer so they could operate without need of a static command post tent. They still carried the more permanent tent if they needed to be in a location for a length of time, but the configuration gave them the ability to move very quickly.

New heights

Continued from Page B1

fall to major in information technology and focus on cyber security, he said.

"When I commission I plan to enter the cyberwarfare field, which is a pretty new career field in the Army," said Denis.

The competition to receive a Green to Gold Scholarship is high and it takes commitment and dedication to earn the scholarship – both common concepts to Denis. From his humble life in Haiti, at the age

of 16, Denis moved to the United States shortly after the natural disaster.

As a teenager, Denis struggled to speak English, because he wasn't accustomed to the language.

"It wasn't a language I spoke regularly in Haiti," said Denis. "I knew some English but I wasn't as proficient as I am

Despite his initial struggles, Denis took advantage of his bilingual skill, joining the Army through the Military Accessions Vital to the National Interest program.

"I enlisted under the MAVNI language program because I speak Creole," said Denis. "I received my citizenship when I graduated (Basic Combat Training)."

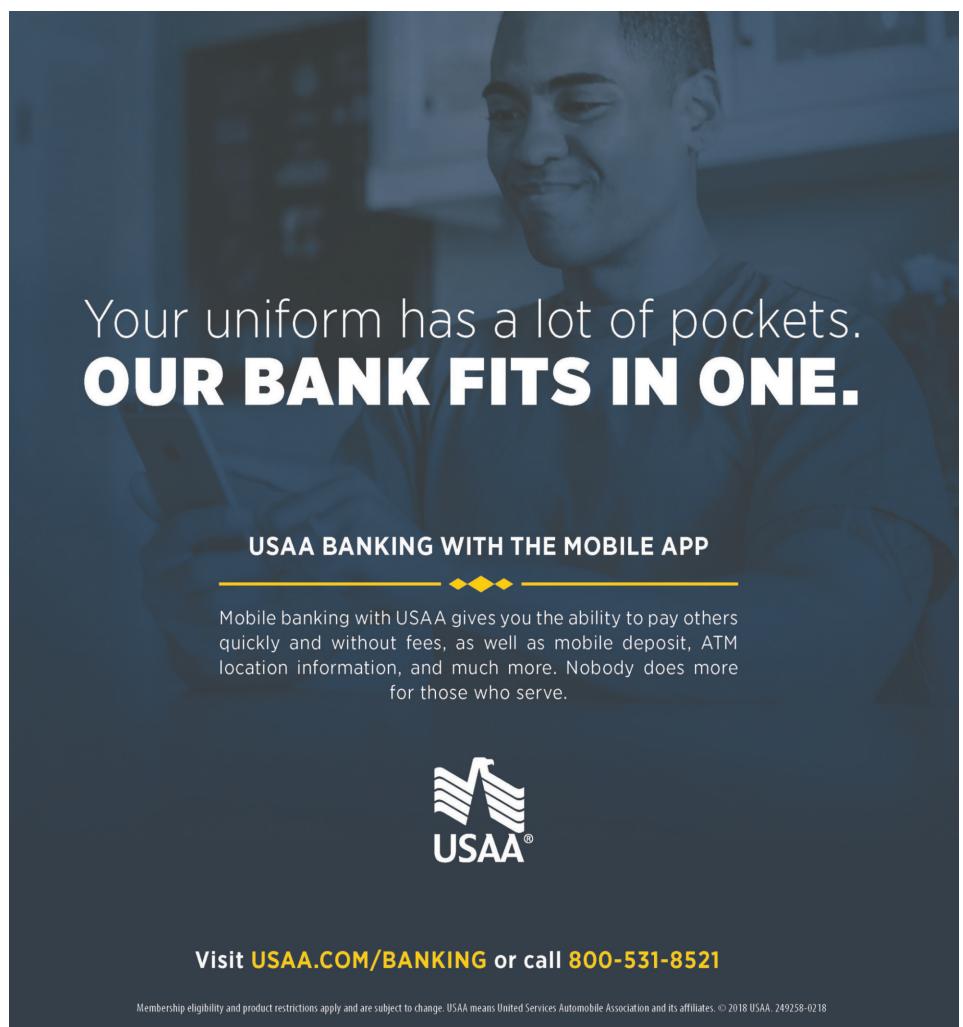
Despite living in an earthquake-stricken country, and immigrating to a country with an unfamiliar language, Denis continues to strive forward.

"It's great to see a young Soldier like Specialist Denis, receive the Green to Gold (Scholarship)," said Sgt. 1st Class

Sakpraneth Khim, Denis' flight platoon sergeant. "We always want our Soldiers to do better than us, [and] he is a shining example of that!"

As a leader and a future officer, Denis hopes to show what a good leader he can

"It just takes that self-start and knowing where you want to go," said Denis. "You'll never know, you might get there, you might not get there. If you don't get there then try again."



Story on Page C4

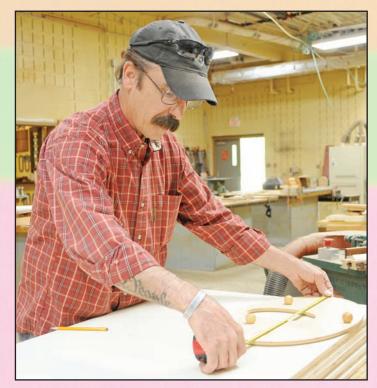
APRIL 19, 2018



Center offers classes, creative outlets



Spc. Henry Bermeo, 1st Battalion, 145th Aviation Regiment, works on a framing project at the Fort Rucker Arts and Crafts Center last year.



Lee Schmidt, arts and crafts center woodworking professional, takes measurements on a project he is working on at the center Tuesday.



Angel Dietz, arts and crafts center program manager, demonstrates putting together a mosaic as part of the stained glass class at the center Tuesday.

By Nathan Pfau Army Flier Staff Writer

For those looking for a creative outlet, people on Fort Rucker need to look no further than the Fort Rucker Arts and Crafts Cen-

The center offers a means for people to create custom items on their own, learn a new crafting skill or hire a helping hand to create custom work, according to Angel Dietz, arts and crafts center program manager.

The center provides services to people on post at great prices, said the program manager. In addition to the savings, people can learn how to create unforgettable pieces of art with some of the

center's classes.

"We have an amazing framing class and we get a lot of amazing feedback – even my husband has taken the class," said Dietz. 'Our framing teacher has an artistic mind, which I love. She's great at teaching and she's very personable.

"People should definitely take the framing class – it's worth it," she said. "It's extremely easy and it's super cheap if you do it your-

The center also has a full pottery and ceramics area with more than 2,000 ceramic molds for people to choose from, and a wide variety of hobbies and skill classes are offered monthly ranging from sewing, quilting, mosaics, drawing and painting, as well as classes for children. Another class the center is offering is their stained glass classes.

"We have an amazing stained glass workshop, as well," she said. "The only thing anyone has to do is show up and we have everything they need to get started."

The center provides the glass for mosaics, all the trimming material, as well as machinery, such as water grinders, for people to craft their creations.

The stained glass classes run weekly and cost \$40 per person, and people can work at their own pace, said Dietz.

"Once they learn, they can come in and purchase the materials themselves and create whatever they'd like," she added.

Painting classes are also available for both children and adults on a weekly basis. The adult painting class is available Fridays from 6-8 p.m. and for children Saturdays from 1-3 p.m.

The classes are typically staggered from week to week, said Dietz, so if the adult class is held one week, the children's class will be held the following week.

Most classes have age requirements and are available by appointment only, so it's suggested that patrons sign up for all classes at least 24 hours before class

The center also boasts a fullyequipped woodshop that allows people build anything from a jewelry box to wood art to custom furniture, said the program manager. Lee Schmidt, known by many locally as the Wood Guru, runs the woodshop and can offer his help and services to

The shop's equipment includes: a 25-inch sander/planer; two jointers; resaw bandsaw; two table saws; panel saw; routers for cutting grooves; two lathes; two miter saws; 14-inch bandsaw; radial arm saw; shapers; hand tools

"We have almost anything you would need to make whatever you'd like to make - the shop has it," said Schmidt. "We've had people make dining room furniture and some of the biggest things they've created are bed frames."

To use the woodshop or take classes in the woodshop, participants must first complete a onehour safety course, which will help people become familiar with the equipment and how it works. The safety course costs \$5 and is held Wednesdays at 4:30 p.m. and Saturdays at 9 a.m.

Dietz encourages people to sign up for the Wednesday safety course since Saturday courses can fill up quickly.

Upon completion of the safety course, people can use the woodshop for \$5 per hour. Cost of woodshop work by the center's personnel is \$25 per hour.

The center also offers a host of services, including framing, gifts, engraving, custom embroidery, screen printing and sublimation, which allows people to customize just about anything from clothes, bags, mugs and more.

"We can put a face or an image on coasters, mugs, polyester shirts, onesies, bibs - just about anything," said Dietz. "As long as it's made of the right material, we can do it."

There is also plenty of merchandise that people can purchase and engrave, including the miniature sculptures of Sgt. Ted E. Bear; silver, bronze and copper award eagles; various plaques and trophies; and personalized name plates and office gifts.

For more information on the center's services, classes or products, call 255-9020.

Divots offers nice view, quick service

By Jeremy Henderson Army Flier Staff Writer

Whether passing by or playing through, Divots has something on the menu for every patron to enjoy.

"We invite everyone to stop by during their lunch break or after work to enjoy the view and get a bite to eat," Jessica Delgado, cook supervisor, said.

Divots Bar and Grille, located inside the Silver Wings Golf Course clubhouse, offers quick service and a windowed view to the golf course while patrons eat.

Divots offers options ranging from hot dogs, wings, salads, sandwiches and wraps, and is a quick option for lunch, and is open Mondays-Sundays from 10 a.m. to 2 p.m., with extended hours to 9 p.m. on

"We offer some of the most affordable meal options on post," Delgado said. "We pride ourselves on cleanliness and quick

According to Delgado, the club sandwich is one customer favorite at Divots and orders can be customized.

"Any of our sandwiches can be turned into wraps and made to order," she said. "We have several choices for sides including fries, fruit cups, coleslaw, onion rings and sweet potato fries."

Divots may be located within the golf course's clubhouse, but Delgado said it is open to the public.

"Everyone is welcome to come peruse our menu and grab a quick bite to eat before playing a few rounds on the golf course or enjoying the rest of their day on post," she said.

Divots also offers catering service, according to Delgado.

"We would love to cater your next event," she said. "We can fill orders for pickup or Divots can host your next event here at the clubhouse. Golfers get a discount."

Prices vary depending upon the size and details of the order. Individuals or organizations interested in catering an event are urged to contact Wendy Kirkland at Divots to receive a personalized quote.

For more information, call 255-0088.



Steven Skeen, Silver Wings Golf Course laborer, receives a chips refill from Ashley McCluskey, Divots employee, during a lunch break Friday.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES, DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

The Landing Zone renovation

The Landing Zone kitchen will undergo a renovation starting Tuesday to help it better serve the Fort Rucker community, according to Directorate of Family, and Morale, Welfare and Recreation officials. During the renovation, The Landing Zone will be closed; however, food and beverage operations will continue in the Legends room next to the main ballroom. Lunch and dinner operations will have a slightly adjusted menu during this time. The Coffee Zone will also be relocated to the main lobby area of The Landing.

For more information, call 255-0768.

Mad Scientist Workshop

The Center Library will host its next free Mad Scientist Workshop today for two sessions – 3:30-4:30 p.m. and 4:30-5:30 p.m. – where participants will be able to get their slime on as they learn to make different varieties of slime, according to organizers. Each session is open to ages 7-12 and is limited to the first 15 registrants. All supplies will be provided. The event will be open to authorized patrons and be Exceptional Family Member Program friendly.

For more information or to register, visit the Center Library or call 255-3885.

Spring Fling Skate Night

The Fort Rucker School Age Center will host its Spring Fling Skate Night Friday. The center staff asks participants to dress in their spring best for a chance to bring home a prize. The event will feature a photo booth and door prizes. Safety skate will cost \$2 and will be from 5-6 p.m. Regular skate will cost \$5 and be from 6-8 p.m. Payment is accepted by cash only. Participants must be a registered member of child and youth services.

For membership information or to signup for membership, call 255-9638. For more information on the event, call 255-9108.

Newcomers welcome

A newcomers welcome is scheduled for Friday from 9-11:30 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are encouraged by post officials to attend the newcomers orientation. A free light breakfast and coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or 255-2887.

Child care available

The Fort Rucker School Age Center has spaces available for before and after school care. The school age center is available for children kindergarten through fifth grade.

For more information, call 255-9638.

Recycled art contest

The Fort Rucker Directorate of Family, and Morale, Welfare and Recreation will host a recycled art contest to celebrate Arbor Day for youth in grades kindergarten through 12th. Winners will be announced Tuesday during the Center Library's container gardening program between 4 and 5

Recycled art contest rules include: must be a military family child; project must be completed by the child with minor guidance from an adult; project must be constructed of used, recycled materials, such as plastics, cardboard, aluminum cans, newspapers, magazines bottles, etc.; fastening materials may include tape, glue or string; projects must be turned in to the Center Library by Monday; and attach a note card explaining what materials were used and a brief description of the finished project.

For additional details, visit rucker.armymwr.com or call 255-1749.

Wear Teal Tuesday

April is recognized as Sexual Assault Awareness Prevention Month and this year's theme is Sexual Assault. Sexual Harassment. Not in Our Army. The Teal Day Campaign will begin Tuesday as a Fort Rucker community-wide effort to recognize peoples' collective responsibility to prevent all forms of sexual assault and sexual harassment by wearing something teal every Tuesday throughout the month of April. Wearing teal will be a visible commitment to support the prevention of sexual assault in recognition of Sexual Assault Awareness Prevention Month. For more information, call 255-2382.



PHOTO BY NATHAN PFAL

Survivors & Fallen Heroes Run

The Fort Rucker Survivors & Fallen Heroes Run in Remembrance and Honor 5k and 1 Mile Fun Run is scheduled for Saturday. The Fort Rucker Physical Fitness Center and Survivor Outreach Services host this event in remembrance of Fallen Service Members and in honor of survivor families within the Alabama and northwest Florida area. Fallen heroes' names will be placed on gold stars and worn by runners. Blank stars will be available for people to write in and honor fallen heroes not from this area. The event is open to the public. Pre-registration packet pick up is Friday from 3-5 p.m. at the Fortenberry-Colton PFC, or the morning of the race at the race site, the Fort Rucker PFC, Bldg. 4605, on Novosel Street. Race day registration begins at 6:30 a.m. and ends at 7:40 a.m. The 5K race begins at 8 a.m. and the fun run starts after the end of the 5K, with awards at around 9:30 a.m. Participants are encouraged to pre-register at either PFC or MWR Central. Survivor family members attending the race are asked to contact Fort Rucker Survivor Outreach Services at 255-9639. Pictured is the start of last year's event.

Container gardening

To celebrate Earth Day and Arbor Day, the Center Library will host a free program Tuesday from 4-5 p.m. on growing container gardens. Tammy Ziglar, Dale County Extension Office, will provide tips and instructions, and organizers ask participants to provide recycled containers, such as soup or coffee cans, which can be decorated with materials supplied by the library. Seeds will then be planted in the containers. The event is open to authorized patrons of all ages and is Exceptional Family Member Program friendly. Due to space restrictions, registration will be limited to 20 people.

For more information or to register, visit the Center Library or call 255-3885.

Child resource fair

The Army Community Service Family Advocacy Program will host a child resource fair Tuesday from 9:30 a.m. to noon in the atrium of Bldg. 5700. The event will highlight services and resources available to military children on Fort Rucker. This event is in support of Child Abuse Prevention Month and the Month of the Military Child.

For more information, call 255-3359.

Denim Day

Denim Day is an annual campaign that aims to raise awareness of sexual assault. The Fort Rucker SHARP Team encourages the community to wear something denim Wednesday as a visible commitment to support the prevention of sexual assault.

For more information, call 255-2382.

Federal jobs workshop

Army Community Service will host its federal job workshop Wednesday from 8 a.m. to noon in Bldg. 5700, Rm. 284. The workshop is aimed at getting people the information they need to increase their federal employment possibilities. Participants will receive a free copy of Kathryn Troutman's "Jobseeker's Guide (7th Edition)." Registration is required two days prior to the workshop. Space is limited to the first 60 people to register and the workshop is open to authorized patrons only.

For more information or to register, call 255-2594.

WWI movie screening

The Center Library will present a free movie screening in honor of the centennial of the nation's entry into WWI April 26 at 4 p.m. The screening will be open to authorized patrons and be Exceptional Family Member Program friendly.

For more information, visit the Center Library, or call 255-3885.

Employment readiness class

The Fort Rucker Employment Readiness Program will host a workshop April 26 in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork class will end at about 11:30 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required.

For more information, call 255-2594.

Fort Rucker Right Arm Night

The Landing Zone will host the Fort Rucker Right Arm Night April 26 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and For more information, call 255-0768.

Operation: Megaphone Worldwide Lock-In

The Fort Rucker Youth Center will host its Operation: Megaphone Worldwide Lock-In from April 27 at 8 p.m. to April 28 at 6 a.m. The event will feature competitions throughout the night between other military installations, door prizes, giveaways, food, games and more. The event is open to child and youth services members only. There is a \$20 registration fee and people need to register by Friday.

For more information, call 255-2260 or 255-9638.

STARRING WILLIAM LEE MARTIN STARRING ALEX REYMUNDO LEX REYMUNDO & WILLIAM LEE MART Doors open at 6pm. Open to the Public, ages 18 and over. MAY 4, 7:00pm • The Landing \$15 Advanced Tickets \$20 Tickets at the Door Ticket Locations: MWR Central, The Landing, & Coffee Zones Fort Rucker MWR Special Events, (334)255-9810/1749 Rucker.ArmyMWR.com MWR before going to the multipurpose room. The civilians are welcome.

RUCKER MOVIE SCHEDULE FOR APRIL 19-22

Thursday, April 19

Gringo (*R*) 7 p.m.

Friday, April 20

Tomb Raider (*PG-13*) 7 p.m.

Saturday, April 21

Love, Simon (*PG-13*)4 p.m. **Tomb Raider** (*PG-13*)7 p.m. Sunday, April 22

Sherlock Gnomes (*PG*) 1 p.m. **Seven Days in Entebbe** (PG-13)4 p.m.

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

DIGGING DEEP

Cadets finish grueling military skills competition

By Sean Kimmons Army News Service

WEST POINT, N.Y. — Before the more than 60 squads of cadets could finish the Sandhurst Military Skills Competition here Saturday, one last grueling event stood in their way.

In the run up to this event — dubbed the "Burden" — cadets had spent roughly 36 hours traversing 30-plus miles through training areas to conduct 10 other events on the grounds of the U.S. Military Academy at West Point, New York.

Events in the competition included a squad assault, rifle marksmanship, land navigation, an obstacle course and many other strenuous activities designed to measure the grit and competence of cadets in the skills they may one day use to lead others in combat.

"It teaches you to excel with excellence in everything you do," Lt. Gen. Robert Caslen, the Academy's superintendent, said of the two-day competition. "It also teaches you the mental and physical toughness, the relentlessness and the discipline that's necessary to work as a team to accomplish the mission."

With the end in sight, cadets faced one more test to cap off the 50th annual competition, which had more than 700 cadets compete. Cadets came from the Academy, other service academies and ROTC detachments from universities across the country, as well as 14 other

At the "Burden" event, two wooden logs weighing around 100 pounds each, a large tractor tire, seven 5-gallon water jugs filled to the brim, and a stretcher were presented to the cadets. It was up to them to determine how to transport it all around a half-mile loop to end the race.

"Tensions were definitely at their highest at that point," said Cadet Max Liles, who led one of the Academy's squads. "Everyone was tired and physically maxed out from doing things."

As the squad leader, it was Liles' responsibility to keep control and figure out a way to tackle the event by rotating squad members on the heavy items. Once the squad found its rhythm, the cadets began to see the light at end of the tunnel.

"The next thing you know we're 10 meters from the finish line, and everyone is like, "OK, we got to finish now," said Liles, 20, of Superior, Colorado.

This year, the 3rd Regiment, to which Liles belongs, received the Sandhurst Sword, which is given to the Academy regiment with the best aggregate company performance. The sword was originally presented in 1967 to the Academy by the Royal Military Academy Sandhurst in



U.S. Military Academy cadets flip over a tractor tire as part of a functional fitness event during the Sandhurst Military Skills Competition at West Point, N.Y., Friday. The 50th annual competition had 64 squads from the Academy, and other service academies and ROTC detachments from across the country, as well as 14 other nations.

England to begin the annual competition.

An Air Force squadearned the top overall score to receive the Reginald E. Johnson Memorial Saber. It was the service's first squad to win the competition.

"We're just a weird group of Air Force guys who wanted to go Air Force but wanted to play Army," said Air Force Academy Cadet Nathan Ziegler. "We have a lot of us who are interested in doing more ground force work instead of being directly in aviation."

In his third year competing in Sandhurst, Ziegler said his squad put in more work compared to previous attempts.

"We just put in a lot of sweat and effort into this year," the 22-year-old cadet said. "It was one of those years where everything clicked and we were able to go out and execute exactly how we wanted to come out."

While Liles would have rather seen an Army squad take first place, he said the Air Force victory will still serve as a reminder to always be well-prepared.

"It's a good gut check and also sho where we're at and what we need to work on for when we all commission and become officers," he said. "As a squad leader, I'm going to review what we trained on and what we needed to improve on because,



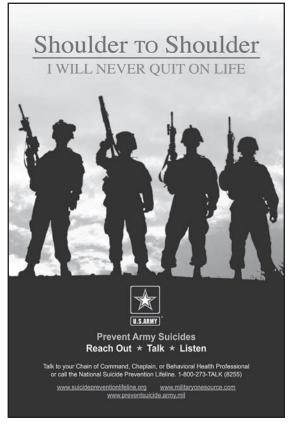
U.S. Military Academy cadets perform a functional fitness task during the Sandhurst Military Skills **Competition at West Point.**



U.S. Military Academy cadets complete an obstacle during the competition.

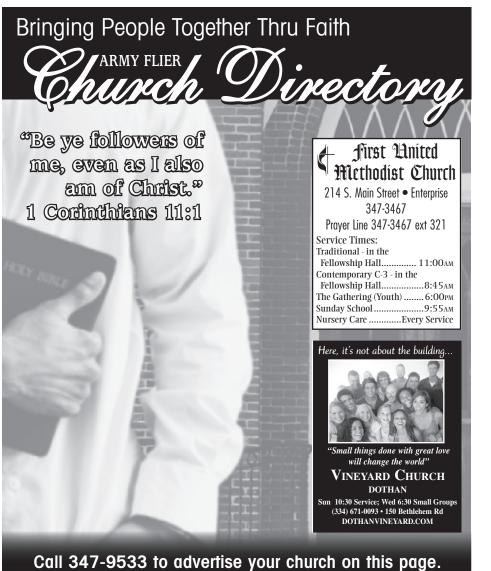


U.S. Military Academy cadets perform a water crossing in a zodiac boat during the competition.





- Have a Family disaster plan and supply kit.
- Build or identify a safe room in your home.
- Purchase and use a NOAA weather radio with a tone alert feature. This will alert you to warnings issued by your local National Weather Service office.



A PORTRAIT OF COURAGE

Iraqi humanitarian visits warrior care center

By Elaine Sanchez

Brooke Army Medical Center Public Affairs

JOINT BASE SAN ANTONIO-FORT SAM HOUS-TON, Texas — An Iraqi humanitarian lauded as a national hero visited here March 26 to learn how the U.S. military cares for its warriors and their families.

Aliyah Khalaf Saleh, known as Umm Qusay in Iraq, toured the Warrior and Family Support Center as part of a visit to San Antonio. As she walked through the center, which offers coordinated services to military families recovering at Brooke Army Medical Center, she expressed her admiration for the recreational rooms, playgrounds and lush gardens.

"I don't have enough words to say about this place," Umm Qusay said through an interpreter as she settled in her chair, gathering her black robes trimmed in gold around her. "I've never seen this in Iraq before. I would love to help injured, sick, children who are sleeping in streets, widows who have nothing.

"I see such great courage here helping injured Soldiers and taking care of them, providing services," she added. "I want to learn from you because of everything being offered here."

Umm Qusay's devotion to others came at great cost. The 62-year-old was born in the Iraqi province of Salah al-Din, near Tikrit. She was not afforded the opportunity to attend school and was married at the age of 13.

In 2014, tragedy struck. "ISIS killed my husband, son and my nephew in front of my eyes," she said. "They killed children, older people, women."

On June 12, a group of Iraqi military cadets fleeing ISIS arrived. Umm Qusay and her family watched as young Iraqi military cadets jumped into the river to escape. Although still grief-stricken over the loss of her family, she set her emotions aside and took action.

Umm Qusay rescued 58 recruits over a period of five months. She hid them, provided them with ID cards from the local university to hide their identities, and helped prepare their escape routes, according to her biography. She also taught the Shi'a how to pray as Sunnis to prevent exposure to the ISIS. "Umm Qusay, a Sunni, believed strongly that each young boy deserved her care whether Christian, Kurd, Turkmen, Yezidi, Sunni or Shi'a," her bio said.

For her actions. Umm Qusay was one of 10 women from around the world honored with the 2018 Secretary of State's International Women of Courage award. Established in 2007, the IWOC award honors women "who have exemplified exceptional courage and leadership in advocating for human rights, women's equality and social progress, often at great personal risk," according to the State Department's website.

"It was difficult," she said. "I sacrificed everything I had, but I was able to save lives and that was the reason I was given this honor by God's grace."

Four years later, Umm Qusay's life is still devoted to oth-



PHOTO BY ELAINE SAI

Paula Johnson welcomes Aliyah Khalaf Saleh, known as Umm Qusay in Iraq, to the Warrior and Family Support Center as part of the Iraqi humanitarian's visit to Joint Base San Antonio-Fort Sam Houston, Texas, March 26.

ers; she cooks for Iraqi soldiers and visits with wounded service members.

When asked why she put her life on the line four years ago, Umm Qusay said it all came down to family. "I saved 58 young men in order to return them to their wives, their mothers, their homes," she said.

"A human being no matter nationality or background – American, Saudi, Iraqi, Afghanistan – in all of these religions and human beings, God created them; God put the breath of life in them," she said, her passion evident despite the language barrier. "Any person that wants courage should trust God and go forward. If it's to do good and serve others ... go forward without fear. So any good deed

a person wants to do will be supported and cared for by God."

For Umm Qusay, courage is a simple concept. "When asked for a robe for cover, give your robe. Courage is generosity and generosity is courage."

"We are all created by God," she said in her biography. "We are all the same."

Tips to quit tobacco

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- Deep breathing Take slow deep breaths to feel relaxed and in control
- Drink water Drink at least 8 glasses of water a day to flush out nicotine from your system.
- **Do** something else to keep busy.
- **Discuss** your urge with a friend or family member.
- Delay Don't reach for tobacco right away. The urge to smoke passes in 3 to 5 minutes whether a person smokes or not.







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Vacation guide highlights Georgia's hidden treasures

Army Flier Staff Reports

ATLANTA — With spring's arrival, many people may be thinking about weekend escapes.

The "2018 Guide to Georgia State Parks and Historic Sites" can help individuals plan spring break, summer vacations or even a family reunion.

tips on the ideal hiking trails, fishing spots, cabins, campsites and company picnics.

Georgia Department of Natural Resources, the travel guide features colorful photos from all across the Peach State.

For a free copy, call 770-389-7286 or stop by any Georgia

The free booklet is filled with State Park or State Historic Site. An online version can be found at GeorgiaStateParks.org.

Outdoor enthusiasts and history Produced annually by the buffs can keep up with the latest news and discounts by signing up for the park system's e-newsletter GeorgiaStateParks.org/ enews or following them on Facebook at Facebook.com/



Patrons enjoy a yurt campsite at High Falls State Park in Jaskson, Ga., one of several amenities highlighted in the 2018 Guide to Georgie State Parks and Historic Sites.

REGRASS COMMUNITY CALENDAR

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For more information, call 334-400-5345.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall.

For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells.

For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

APRIL 19 — The Wiregrass Museum of Art will host its Art After Hours from 5:30-8 p.m. The event is free to members and \$5 for non-members. WMA's quarterly event will mark the opening of new spring exhibitions, namely the second of three Alabama bicentennial exhibitions presented by WMA, Alabama Reckoner, featuring mixed media installation portraits" by Douglas Pierre Baulos representing 12 Alabama artists. Snacks will be provided and drinks will be available for purchase. For more information, call 334-794-3871 or visit www.wiregrassmuseum.org.

ONGOING — Veterans of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke beginning at 6 p.m. Breakfast is served Sundays from 8-11a.m. The post can host parties, weddings, and hails and farewells.

ONGOING — American Legion Auxiliary Unit 12 hosts a pancake breakfast the third Saturday of each month. Pancakes will be served from 7-10:30 a.m. for \$6 for the general public, \$5 for military members and veterans and free to children 8 and under. Proceeds go toward helping veterans, military members and their families. The post is located at the intersection of S. Park Street and Hwy. 605 (Brannon Stand Road).

ENTERPRISE

APRIL 21 — The Friends of the Enterprise Public Library will hold a spring book sale from 9 a.m. to 2 p.m. at the library. Members of the Friends of the Enterprise Library organization are eligible to attend the friends-only pre-sale April 19 from 3-6:30 p.m. New memberships will be accepted prior to the sale and at the door. Popular fiction and nonfiction for all ages, DVDs, CDs, books on CD, as well as vintage, signed and classic items will be on sale. Money raised by the sale funds library projects, as well as the purchase of materials for use by patrons. For more information, visit http://www.friendsofenterpriselibrary.

ONGOING — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

APRIL 26 — The next meeting for the Disabled American Veterans Wiregrass Chapter 99 will be held at 6 p.m. The meeting will take place in the New Brockton Senior Center. For more information, call 334-718-5707.

APRIL 28 — The Boy Scout Fish and Wildlife Management Workshop will take place from 8:30 a.m. to 2:30 p.m. at Boy Scout Camp ALAFLO on 1687 Coffee County Road 156 (Boy Scout Road). Cost is \$10, payable at the door, and includes a barbecue lunch. Pre-registration is required. For more information and to register, call 334-

OZARK

ONGOING — The Friends of Ozark holds a monthly meeting on the second Monday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, send an email to inbull@gmail.com, call 334-774-1127, send an email to mariel.l.clark@gmail.com, or call 334-

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Cor-

For more information, call 718-4168 or 805-7335.

ONGOING — AMVETS Post 23 monthly meeting is held the second Thursday of each the month at 7 p.m. at the AMVETS Service Center, 203 MLK Dr., in Opp. For more information, call 334-493-0785 or visit www.

Beyond Briefs

Alabama Book Festival

The annual Alabama Book Festival will be in historic downtown Montgomery at Old Alabama Town April 21 from 9 a.m. to 5 p.m. The event will feature about 50 authors and more than 40 vendors and exhibitors, according to organizers. The free public event is the state's premier book festival, with some 5,000 people from around the state and the southeast converging in the capital to meet with and hear from their favorite authors and scholars. A children's activity area will also be available.

For more information, call 334-240-4500 or visit www.alabamabookfestival. org/welcome.html.

Fido Fest

The Shoppes at EastChase in Montgomery will host its Fido Fest April 21 from 11 a.m. to 2 p.m. Fido Fest will include vendors, doggy activities, food from local food trucks and live music, according to organizers. The event is free and people are welcome to bring their dogs and children. For more information, call 334-279-6046 or visit

www.theshoppesateastchase.com/ event/fido-fest/2145484184/.

Dino Dig

The Montgomery Zoo will host its Dino Dig April 28 from 10 a.m. to 2 p.m. Junior explorers will get to experience an archaeological dig, discover bones from the past and learn about creatures that roamed the

earth millions of years ago, according to zoo officials. Dino Dig is geared towards children ages 4-10 and is an educational program packed with a classroom lesson plan, real dig time, live animal presentations and everyone leaves with a takehome, keepsake goody bag. Cost is \$25 per child ages 4-12 and \$18 for Montgomery Zoo members; \$15 for accompanying adults ages 13 and older and free to zoo members. Advanced reservations are required by April 27 at 9 a.m.

For more information, visit www.montgomeryzoo.com/announcements/dino-

Youth fishing rodeo

Panama City Beach, Florida, will host a free youth fishing rodeo April 28 from 9 a.m. to noon at Frank Brown Park. Children ages 16 and younger are invited to take part. Rods and reels will be provided in limited quantities courtesy of the Fish Florida Foundation. Lunch will be pro-

For more information, call 850-233-

Hampstead Fishing Rodeo

Montgomery's Hampstead Lake will host its third annual Hampstead Fishing Rodeo April 28 from 9 a.m. to noon. The family event brings pros together with beginners to learn the basics of fishing, according to organizers. Prizes will be awarded to children in a variety of categories at 11 a.m. People are welcome to bring their own fishing rods or us one of the cane poles provided at the event.

For more information, call 334-

270-6730 or visit www.facebook.com/ events/870394243121678/?active tab=about.

Gulf Coast Hot Air Balloon Festival

Foley will host the Gulf Coast Hot Air Balloon Festival May 4-5. Balloon pilots from across the U.S will participate in the festival that will include balloon glows Friday and Saturday nights, the world famous Disc-Connected K-9's Frisbee Dog Show, carnival rides, arts and crafts vendors, and other entertainment. The festival grounds, located at 18507 US Highway 98 West in Foley, will be open Friday from 2-10 p.m. and Saturday from 6 a.m. to 10

For more information, visit http://gulfcoastballoonfestival.com/.

Yatta Abba Day

Abbeville will host its annual Yatta Abba Day May 5 from 9 a.m. to 3 p.m. According to town officials, Yatta Abba is the Creek Indian expression for grove of dogwoods. The Abbe Creek derived its name from the Indian word, and hence the town of Abbeville. Each year, the community celebrates the beginning of spring and the blooming of the dogwoods with a local festival filled with entertainment, garden items, art, crafts, children's activities and lots of food vendors. An antique car show will also be held. A street dance the night before at the community center kicks off the event. Bluegrass, gospel, pop and country music will fill the air, and local businesses and restaurants will open their doors to the community and to visi-

For more information, visit https:// www.facebook.com/yattaabbaday.

Flimp Festival

The Montgomery Museum of Fine Arts' annual celebration of imagination, creativity and good humor, the Flimp Festival, will be held May 5 from 10 a.m. to 2 p.m. The event will feature art-related activities and entertainment, including a sidewalk chalk art competition and a writing competition. There will also be interactive demonstrations with museum store artists, a scavenger hunt and concessions, according to museum officials. The festivities will kick off with the Do-Dah Pet Parade. The event is free for all MMFA members, active-duty military and their immediate families. Tickets can be purchased the day of the event and are \$5 for adults and \$3 for children.

For more information, call 334-240-4333 or visit mmfa.org/discover/flimp-

Alabama Jubilee Hot Air Balloon Festival

Decatur will host the Alabama Jubilee Hot Air Balloon Festival May 26 from 6 a.m. to 10 p.m. This festival is one of the largest free hot air balloon gatherings in the southeast, featuring more than 60 balloons with races, key grab, tether rides and a balloon glow, according to organizers. The event also features arts and crafts and food vendors, an antique car and tractor show, musical entertainment and children's activities.

For more information, visit http://www. alabamajubilee.net/.

Special Forces Soldier mentors at-risk youth

By Spc. Jonathan Rivera Collazo 1st Special Forces Group (Airborne)

JOINT BASE LEWIS-MCCHORD, Wash. — A Green Beret assigned to 1st Special Forces Group (Airborne) here volunteers at Tacoma Community Boat Builders as a mentor for at-risk youth from the local community.

Sgt. 1st Class Daniel White, a native of Orange County, California, is no stranger to volunteering. He volunteered to serve his country as an airborne paratrooper and as a Special Forces Green Beret, not just once, but three times over the course of his 24-year career.

Now, White has volunteered to give back to his community by mentoring atrisk youth a few hours a week. He hopes to share some of the skills, lessons and values he's developed in his time in the Army and in the Special Forces.

GIVING BACK TO THE COMMUNITY

"What motivated me to volunteer was to continue to do something positive by giving back to the community," said White. "Being a good life role model, and helping those [youth] out, provides a good meaning of self-worth."

As a weapons sergeant, White has deployed in support of operations in Bosnia, the Philippines, Afghanistan and Kuwait. Currently, he is the equal opportunity adviser at Headquarters and Headquarters Company, 1st Special Forces Group. During his free time White volunteers at Tacoma Community Boat Builders alongside fellow veterans, retirees and others willing to give up time to serve as a life coach, youth mentor and friend.

TCCB is a community-based program that mentors at-risk youth in acquiring life skills through boat building and carpentry. Using hands-on learning and productive environments, they hope to deter youth from risky behaviors and provide them with positive opportunities and familial support systems.

According to Shannon A. Shea, TCBB executive director, "Many of our young men are 'child soldiers.' We are looking to short circuit the fast track towards jail



PHOTO BY MAJ. MICHELLE LUNATO

Sgt. 1st Class Daniel White, a Green Beret and equal opportunity adviser at HHC, 1st SFG (Airborne) pours salt into a bucket at the Tacoma Community Boat Builders youth program in Tacoma, Wash., March 3.

by restoration and prevention."

MAKING A DIFFERENCE

White has had first-hand experience with the transformative power and influence this program has on young minds.

"Watching the kids graduate the program and then come back on their own is one of the most rewarding feelings," White said. "Knowing that we made a difference and that they understand there is more to life than mischief is great."

One of the most difficult challenges that White, other staff and co-workers encounter is connecting with a group of young men from a different generation, White said.

Relating to these young men is not the only obstacle. According to White, motivation or lack thereof is another barrier

for these youths.

"A lot of these kids are here because they have to be here, so their motivation isn't quite the same," said White. "That sometimes can be a little trying because their focus is elsewhere. But when they see the things they are able to do and accomplish they get a greater appreciation for what we do."

'THE KIDS LIKE HIM'

Despite these challenges, Karlie Johnson, who works as an administrative assistant at TCBB, says White, who is younger than most of the staff working in the center, has an easier time relating to the youth in the program.

"He is a lot of fun and the kids like him because he is funny," said Johnson. "I like having his energy around because it

bridges the gap between our regular volunteers and our youth."

Johnson believes White's understanding of where these kids are coming from and where they are has improved since his volunteering at the program. White's military presence and empathy towards the children in the program make him a relatable role model. At the same time, White's ability to share stories and experiences helps eliminate barriers and builds strength, according to Johnson.

"The benefits and rewards of volunteering and giving back to the community go beyond the feeling of self-worth and accomplishing personal goals. Programs like this give young people an opportunity to explore opportunities and careers that not many people have access to," said White.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m.
Catholic Confessions
9 a.m. Catholic Mass
11 a.m. Collective Protestant
12:05 p.m. Catholic Mass
(Tuesday-Friday)
4 p.m. Catholic Confessions
(Saturday)
5 p.m. Catholic Mass

Wings Chapel, Bldg. 6036

(Saturday)

9:30 a.m. Protestant Sunday School 10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service) 11 a.m. Latter-Day Saints

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAY Crossroads Discipleship Study (Meal/Bible Study) Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel Wings Chapel,

9 a.m. and 6 p.m.

Adult Bible Study

Spiritual Life Center, 6:30 p.m.

WEDNESDAY Catholic Women of the Chapel

Spiritual Life Center, 9 a.m.

Above the Best Bible Study Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study Hanchey AAF, Bldg. 50102N,

164th TAOG Bible Study Cairns AAF, Bldg 30501,

Rm. 101, 11:30 a.m.

11:30 a.m.

Precepts Bible Study Soldier Service Center,

12 p.m.

Kingdom Kidz & Youth

Group Bible Study

Spiritual Life Center, 6 p.m.

Adult Bible StudySpiritual Life Center, 6 p.m.

Spanish Adult Bible Study Spiritual Life Center, 6 p.m.

THURSDAYS
WOCC Bible Study (1st/3rd
Thursday)
Swartworth Hall, Bldg. 5302,

11:30 a.m.



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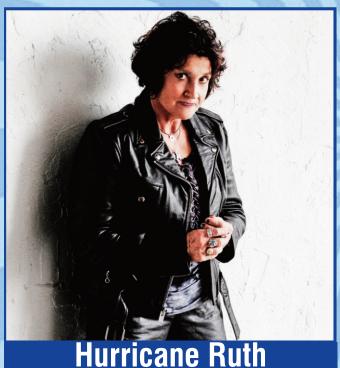
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Wiregrass Blues Fest Saturday, April 21, 2018 Gates Open 2pm Music 3pm Wiregrass Museum Of Art

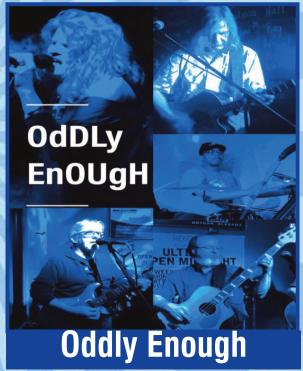
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FROM FEAR TO VIGILANCE

Guardsman comes full circle at **Boston Marathon**

Story on Page D3

APRIL 19, 2018

DER ON THOLOGGO

Annual boat racing event delivers 'big rush,' family fun at West Beach

By Nathan Pfau

Army Flier Staff Writer

Thunder could be heard as storms moved in over the weekend, but not all of the roars were caused by thunderheads rolling in, but by boats speeding across the waters of Lake Tholocco.

Hundreds lined the shores of West Beach at Lake Tholocco Saturday to take in Thunder on Tholocco, a yearly event that showcases drag racing boats that reach speeds in excess of 100 mph on the lake's typically tranquil waters.

For many patrons, like Jayden and Heather Childress, civilians from Enterprise, the spectacle was the first time they'd had a chance to see anything move so fast over the water.

"You don't really get to see this kind of thing every day," said Jayden. "We're familiar with boats and we have our own fishing boat that we take out every now and then to go fishing, but the fastest we might even go is maybe 30 miles per hour.

"To see boats moving this fast is a pretty big rush, honestly," he continued. "It's crazy to think that they can even get that fast on the water – it's definitely not something I'd feel comfortable doing."

Childress' children, Devin and Dierdre, were having the time of their lives, she said.

"The kids were just so excited to come out here today," said Heather. "This is a pretty new experience for them, and we've taken them to see drag races before, but nothing quite like this. They're familiar with boating, so it really fascinates them to be able to see these boats racing across the water."

Competitors in the race came from Florida to Louisiana to compete, and the races were closely regulated and monitored to ensure drivers complied with all official race rules, as well as to ensure the safety of the races and those in attendance, said Melissa Kelley, Fort Rucker Outdoor Recreation lead recreation assistant.

During the event, people were also able to enjoy a wide array of food choices, as well as other recreation activities,



PHOTOS BY NATHAN PFAU

Boats race across Lake Tholocco during Thunder on Tholocco at West Beach Saturday.

such as bounce houses to keep children occupied between race times. In addition to allowing people to enjoy the event, the race was a good opportunity to introduce people to what West Beach has to offer.

"This is a great opportunity for newcomers to come and experience all that West Beach recreational area has to offer, including our famed fishing dock, shaded picnic areas, playgrounds and the swimming area (which will officially open on Memorial Day weekend)," she said.

"Speed boat races have a loyal following, but not very many people actually get to see them, especially military families, so it's an opportunity to witness this exciting sport up close," said the lead recreation assistant.

Although the Childress family said they more than enjoyed the event, Lake Tholocco has become a staple in their lives, as well as an important part of their children's childhood.

"Ever since the kids were really young, we've been coming out (to Lake Tholocco) for swimming, birthday parties and just to hang out on the weekends," said



Children play at West Beach during Thunder on Tholocco Saturday.

Jayden. "It's a lot closer than driving to the beach, that's for sure."

"It really is one of our favorite places in the area, so I'm grateful that we have

something so close that we can take our kids to," added Heather. "Being able to come to stuff like (Thunder on Tholocco) is just a bonus."



FEDVIP brings vision coverage to TRICARE beneficiaries

TRICARE.mil Staff Report

FALLS CHURCH, Va. — Only half of the 61 million U.S. adults who are at high risk for serious vision loss visited an eye doctor in the past year, according to the Centers for Disease Control and Prevention. Eye exams can help keep your vision strong, diagnose potential issues early, and prevent diseases that may lead to vision loss or blindness.

Beginning with the 2018 Federal Benefits Open Season - Nov. 12 to Dec. 10 - beneficiaries enrolled in a TRICARE health plan will be eligible to enroll in the Federal Employees Dental and Vision Insurance Program. Coverage will start Jan. 1.

Beneficiaries enrolled in or are eligible for the TRICARE Retiree Dental Program will also be able to enroll in one of the FEDVIP dental options for 2019 coverage. TRDP will end on Dec. 31. FEDVIP offers 10 dental and four vision carrier options. If you are currently enrolled in the TRDP plan, you will not be automatically enrolled in a FEDVIP plan for 2019.

You can begin reviewing the 2018 FEDVIP program options at https://www.opm.gov/healthcareinsurance/dental-vision/ now to better understand your coverage and cost options. Please know that benefits and costs may change each year.

The open season will be your annual opportunity to enroll in, change, or cancel a FEDVIP dental or vision plan. Each year, it runs from the Monday

SEE TRICARE, PAGE D3

Army Wellness Center services provide improved health, wellness

By Jenny Stripling Lyster Public Affairs Office

Are you looking to take control of your health and general well-being, but need extra support to get started? Or are you looking to improve your performance and need reliable methods to track your progress? Visiting the Fort Rucker Army Wellness Center may be the answer.

The AWC at Fort Rucker provides active-duty Soldiers, members of the Army Reserve and National Guard, family members, military retirees, and Department of Defense civilian employees with free primary prevention programs and services that promote enhanced and sustained healthy lifestyles to improve their overall wellbeing.

AWC is equipped with state-ofthe-art equipment, and a professional staff that runs a variety of assessments and tests, and provides client-centered health coaching and educational classes to help create an action plan so people can be on their way to better health and perfor-

The AWC approach is holistic, taking into account all of an individual's physical, psychological and social circumstances to meet individualized goals in both health and fitness, according to Anna Schwartz, Program Specialist of the AWC.

"The AWC is here to help achieve both Soldier and family readiness," Schwartz said. "It is imperative that both the Soldier and family are always ready. The AWC provides individuals information about themselves and empowers them to achieve their wellness goals. All of our services are individualized. When you visit us, you're going to get a tailored plan just for you."

Examples of services provided at the AWC include health assessment,



Metabolic testing is just one of the services provided by the Fort Rucker Army Wellness Center.

biometric screening, exercise testing, exercise prescription, body composition analysis, metabolic testing, biofeedback, health coaching, and education in healthy nutrition, weight management, stress management, general wellness, good sleep habits and tobacco education.

"These services would potentially cost someone thousands at an offpost establishment and are absolutely free to eligible clients," said Schwartz. "One of our main goals is to prevent disease and other health issues. We want to assist our clients in achieving and maintaining healthy lifestyles with positive behavior change."

The Army Wellness Center model is different from the standard medicine model, rather primary prevention services are provided to prevent disease and create an overall healthy lifestyle to improve the health of our population. Since the Army Wellness Center is part of the Preventive Medicine Department and integrated into the Patient Centered Medical Home, sick leave may be applied towards

AWC APRIL CLASS SCHEDULE:

- Today at 12:45 p.m. Stress Management at LAHC Preventive Medicine Dept.
- Tuesday at 11:45 a.m. -Upping Your Metabolism
- Wednesday at 5 p.m. -Upping Your Metabolism at Allen Heights Community
- April 27 at 6:30 a.m. Stress Management
- April 30 at 1 p.m. Upping Your Metabolism

all wellness appointments which includes all services (assessments, coaching, and classes). All clients are encouraged to take time to ensure their wellbeing and future health.

Referrals for AWC services can be made by medical providers or unit commanders; however self-referrals may also be made and are always welcome, although it is best to schedule an appointment in advance to ensure preparation guidelines are adhered to. Unit commanders can also call or stop in to schedule unit assessments, group health coaching, educational classes on site or at their location since most of our equipment is portable.

When a client visits the AWC, their encounter is documented in their electronic health record. Their medical provider is integrated into their wellness plan, has the ability to give direction and oversight to the wellness center, and is able to follow their patients' progress.

"Improving health and fitness across the force remains a top priority for Army leadership. The center

SEE WELLNESS, PAGE D3

OWNITM





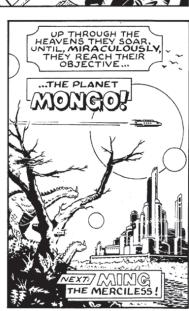












CELEBRITY

SPOONERISMS

81 1921 sci-fi

play 82 Sufficient, in

verse 83 TV "Warrior

Princess'

network

country

88 "My Little Chickadee"

90 Head-

91 Mega

co-star 89 Wife of Nero

hugging hats

Millions, e.g.

92 Soup holder 93 French

forest region 96 Soft shade

98 Moped, e.g.

partner in

99 "Tristan

100 6-Down's

magic 101 Boosler of

104 Quaver

comedy

103 Sub detector

und —

86 Pacific island

84 "Conan"





Just Like Cats & Dogs

Rodriguez

by Dave T. Phipps

1. INVENTIONS: Who invented the first successful electric razor?

2. U.S. STATES: What is Ohio's official gemstone?

3. GEOGRAPHY: Where is the Grif-

fith Observatory located? 4. ORGANIZATIONS: What volun-

teer organization celebrated its 50th anniversary in 2011?

5. MEASUREMENTS: How many gills are in a pint?

6. U.S. PRESIDENTS: Which president was the heaviest? 7. LITERATURE: Who popularized

the term "The Jazz Age" in a book

8. MUSIC: Who had a 1961 hit with the song "Hit the Road Jack"?

9. GEOLOGY: The terms "carrara" and "calacatta" refer to what type of

10. PROVERBS: What is the end of the proverb that begins, "What's good for the goose ... "?

See Page D3 for this week's answers.

Super Crossword

gun 124 Cries out

1 Way of being

torn 2 What to do if

the shoe fits
3 Esoteric stuff

4 Modifying

word: Abbr. 5 Really rely

on 6 100-Down's

partner in

9 Orang, e.g. 10 Minister Billy

8 Big gulf

11 Boston

airport

job site 14 Elephant

12 Outranking

13 Guys on the

magic 7 Euro fraction

thrilled or

DOWN

ACROSS 44 "Bridge of 1 Former Delta Spies" actor Mark 46 Core belief of orthopedic 4 Humane org. since

1866

verse

23 Support a female

Ross

up, warm-

animal!"?

32 More itty-

country

director

tavern?

42 Baltique or

Adriatique 43 Units of bag

49 50 51

90

38 Open a new

Roth

41 Magna

23

38

48

55 62

66

73

78

88 89

94

102

107

114

119

123

laude

36 Disfigure

37 Horror

bitty 34 African

20 Nerd relative 21 City in Utah

22 Bugged a lot

- practice? 9 Shining 48 Home to Pago Pago 14 Birds' beaks 19 On top of, in
 - 52 "Vesti la giubba," e.g. Majesty
 the Queen
 - 54 IM-offering ISP 55 Choose a wooden
- donkey? 25 All fired up peg? 26 Flag sewer 57 Aromatic resins
- **27** "Dies 59 Chai or pekoe 62 Pyle and (Mass hymn) 28 Squirmy 30 "Listen
 - 63 Railcar
 - walkways 64 Sees 66 Church call
 - 67 Makes a warden gentle? 72 Australian avians
 - 73 Be the king 75 Delilah
 - duped him 76 Rub down
 - 78 Sketch show since '75 79 Estate of a

33

79

108

winegrower 81 Curly-furred

39

52

68

91

115

120

124

95

69

109

cat's giggle?

- 84 The way, to 123 Stunning 85 Undertake
- 86 Thing to hum 125 Cyclist, e.g. 87 Wraith 126 Before, in 88 Descend
- certain grainfield in
 - droves? 92 Circles around heavenly bodies

Lao-tzu

upon a

- 94 Sails through 95 Neither hide hair
- 96 Bad review 97 Verv tentative taste of
- food? 102 Greek "H" 103 Match unit
- 104 Ballroom dance
- 106 Dr. Seuss' real surname 107 Pale people writing things
- quickly? 110 Jetsons' dog 113 Caffeine-
- laden nut 114 Perrier rival 115 Aristocratic Toast topper
- that's nifty? 119 Tuscan town 120 Bugs a lot 121 Sporting site 122 Big cat's lair

63

96

- lit **17** The
- Bunkers'
- 15 Agenda unit 16 "Open up!"
 - "old" car 18 Hair salon employee 24 Actor Dullea

29 Agave plant

king of kiddie

51 Assenting to 53 — impact on (effects) 56 East, in Ulm 57 Small jewel

31 Actress d'Abo

33 Online

brokerage 35 Receivable

39 What "there

40 Uncommon

43 Hollywood's

42 Choice bit

Gibson

46 Celebrity

lawyer Melvin

47 Mix, as salad 48 Pickle units

49 Flying guys

50 "Chicago Hope" doctor

45 Zippo

oughta be"

- 58 Suffix of enzymes 59 V8 ingredient 60 Musician's
- exercises 61 Affirm
- 63 Analyze 65 Australian
- state capital 68 — whole 69 Subject
- 71 Scoundrel

54

76

93

106

118

65

99

122 126

98

- 74 University sports org. 77 Tuna variety
- 105 Actor Werner 108 Tarzan's lady
- 70 Manicure aid 109 Author Wiesel
- 111 Actress Polo 116 Slalom path

80 Wasp variety 118 Pickle holder 100 101

See Page D3 for this week's answers.

92

116

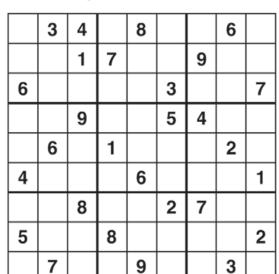
117

121

125

Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

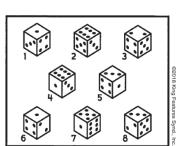
DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging

♦ ♦ ♦ HOO BOY!

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KID'S CORNE



FIND THE FAIR PAIR! Only two of the above dice have been made correctly. Which are the

opposite sides always add up to 7. The good cubes are $\ensuremath{\text{2}}$ and $\ensuremath{\text{6}}$

the left column to one word in the right.

Answers: Hassled, limerick, impends, warplane, marred, tangled.

A SHAKY BET!

Bet anyone that if they stand on a chair you can make them come down by saying two words. How's it done? Just say, "Step down." You'll win because they'll have to get down sooner or later.

LINK-UPS! Here's a list of 12 one-syllable words, divided HAS LANE into two columns. Turn them into six longer words by linking them together. To do this, draw a line from one word in WARP\ RICK TANG RED

Illustrated by David Coulson

A GIRLS' NAMES PUZZLE

complete the puzzle grid above. Use the trial-and-error method.									
4-Letter	5-Letter	5-Letter							
Names	Names	Names							
CORA	APRIL	GLENN							
EDNA	CATHY	GRACE							
NELL	DELLA	LILAH							
	EDREA	NELLY							
	ELENA	RENEE							

Below are 14 girls' names you'll need to

GILDA Answers: (Across) 1. Glenn. 5. Cota. 8. Elena. 9. April. 10. Nell. 11. Lilah. 12. Edna. (Down) 1. Grace. 2. Edtea. 3. Nelly. 4. Della. 5. Cathy. 6. Renee. 7. Gilda.



HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

Guardsman comes full circle at Boston Marathon

By Spc. Samuel Keenan For Army News Service

HANSCOM AIR FORCE BASE, Mass. — Just before 3 p.m. on April 15, 2013, two bombs exploded on Boylston Street in Boston, ripping through a crowd that had gathered at the finish line of the city's annual marathon. The explosion killed three and injured another 264 people.

Joe Fortini was a senior at the University of Massachusetts-Dartmouth when he watched the tragedy unfold.

"I had just gotten back from the gym and I was with all my friends watching TV when it came on the news," said Fortini.

Like so many others, Fortini watched the footage of spectators and runners alike sprinting to safety as first responders charged onto the scene.

The Plymouth, Massachusetts native realized that day that the menace of terrorism was not some distant abstract, but rather a real and local threat.

"Before that, I guess I didn't realize that stuff like that could happen here," he said. "You don't realize the enormity of it until it comes to your backyard."

The actuality of the situation only grew more serious as authorities identified a fellow UMass-Dartmouth student, Dzhokar Tsarnaev, as being responsible for the horrific attack.

"I had seen the kid around campus," said Fortini, thinking back how he struggled to process the information. "He was in class with some of my friends. My friends played soccer with him. He was in the dorm that my girlfriend at the time was in."

Four days later, on Fortini's birthday, authorities raided the college campus as part of a statewide manhunt.

"We were evacuated from cam-



First Lt. Joe Fortini, an explosive ordnance qualified officer, suits up in full protective gear April 11 at Camp Edwards, Mass. Fortini, who was inspired to join the military after the Boston Marathon bombing in 2013, oversaw a team of Army explosive experts during the 2018 running as part of the National Guard's mission to support civil authorities.

pus," Fortini said. "The National Guard came in with the Black Hawks. You had the FBI, state police, bomb squad, everybody was

Law enforcement did not find Tsarnaev on campus, but did gather evidence that law enforcement officials used to capture and prosecute the terrorist.

Witnessing the attacks first hand and realizing that evil could lurk so close by, Fortini made the decision to join the Massachusetts National Guard to defend his country and community.

Five years after the bombing, Fortini's decision to join the Army National Guard brought him full circle to those fateful days in 2013. Monday, Fortini, who is now a first lieutenant, led the 387th Explosive Ordnance Disposal Company, Massachusetts National Guard as the unit conducts anti-terrorism operations along the Boston Marathon

Explosive Ordnance disposal units, or in layman's terms, military bomb squads, are incredibly skilled and close knit communities. They only accept the most trained and qualified Soldiers into their ranks.

"It really requires what has been characterized as a very special kind of courage," said Lt. Col. Jay Rose, the former commander of the 387th EOD. "You are working in a discipline where men and women are asked to go to these dangerous situations and give everything they got, including up to laying down their lives to protect other people and preserve the mission. That is extremely admirable and it's an extraordinary privilege to be associated with people like that."

Fortini did not enter the Army as an EOD technician. Rather, he commissioned into the Quartermaster Corps. However, he quickly realized that path was not the one he wanted to travel.

"It just wasn't for me," said Fortini.

He started looking for other career opportunities and thought back to the Boston Marathon and the reason he joined the military in the first place. He started reaching out to officers within the EOD community, including Rose.

"He struck me as someone who was mature for his age and experience," said Rose. "Someone who was very focused on learning quickly to be an effective leader. He gave me the sense that he wanted to really truly give as much as he could during his time in uniform."

With Rose's encouragement and recommendation, Fortini tried out for a position with the 387th EOD.

He had to prove that not only did he have the aptitude for the job, but had the physical and mental capacity as well.

To test that, he was strapped into an 80-pound bomb resistant suit and given a variety of tasks to accomplish.

"Some people will get claustrophobic and freak out," said Fortini describing the cramped and sweltering protective gear. "But if you really want it, you're not getting out of that suit."

After passing the initial qualification tests and background check, Fortini found himself at the Naval School of Explosive Ordnance Disposal at Eglin Air Force Base, Florida. There, the US military trains personnel in the handling and disposing of all sorts of explosive material.

"It's a very long, very hard school," said Fortini talking about the 11-month training program. "They say they smash a four year degree into a 10 month period."

After completing the challenging course, Fortini returned to Massachusetts and the 387th EOD. After only five months of being with his unit, Fortini was entrusted with the charge of being the unit's acting commander. One of the many responsibilities of the position is to execute security operations during large-scale events like the Boston Marathon.

The 387th EOD is part the Massachusetts National Guard's 500-service member force that will assist local, state and federal authorities in maintaining public safety during the Marathon.

Fortini was excited to be a part of the shield that ensured the Boston Marathon was a safe and fun event for everyone involved.

"The reason I joined is because of what happened at the 2013 Marathon, now I get to be part of it," he said. "It's surreal, honestly."

Fortini plays down his role and the importance of it.

"I'm just humbled and honored to do my part," he said.

Rose, on the other hand, knows that there is more to Marathon Monday for Fortini than he is willing to admit.

Wellness

Continued from Page D1

promotes and encourages living healthy lifestyles using a whole person approach. We know that engaging in healthy habits long-term and costly diseases later," said Col. Jon Baker, Lyster Army Health Clinic

commander. "The AWC is all about partnering with Soldiers, families, civilians lifestyle choices.

"We have so much to offer the Fort now will improve readiness and prevent Rucker community, especially in regard to Soldier readiness and resiliency" Schwartz said. "We hope this center will inspire ev-

because a healthier environment or instal-reduced hours Wednesdays of 7:30 a.m. to and retirees to make and sustain healthy lation has a direct impact on Soldier per- noon. People can keep track of upcoming formance and ultimately well-being.'

> The Army Wellness Center is located at 4102 Gladiator Street, Bldg. 4102, and is open Mondays, Tuesdays, Thursdays and Fridays from 7:30 a.m. to 3:30 p.m.,

eryone to make health and fitness a priority closed for lunch from noon to 1 p.m., with classes and events by following on Facebook @fortruckerawc.

For more information or to schedule an appointment, class or group health coaching reservation, call 334-255-3923.

TRICARE

Continued from Page D1

of the second full week in November through the Monday of the second full week in December. You may only enroll in a FEDVIP plan outside of open season if you

experience a FEDVIP Qualifying Life Event. Any election in a FEDVIP plan remains in effect for the entire calendar year, unless you experience a QLE to cancel or change enrollment.

Almost all TRICARE beneficiaries are eligible to en-

roll in the FEDVIP vision coverage as the sponsor or primary enrollee. Visit the FEDVIP website at https:// tricare.benefeds.com/InfoPortal/indexAction for more information and to sign up for notifications about this change.

FORT RUCKER SPO

Indoor pool

The Fort Rucker Physical Fitness Center Indoor Pool will have limited lap lanes available for lap swimming Mondays-Thursdays from 4-7 p.m. due to programming. Recreational swimming will also not be available during this time. For additional information, call 255-2296.

Gobbler Classic Turkey Hunt

Outdoor recreation is hosting its Gobbler Classic Turkey Hunt through April 30. The entry fee is \$25 and participants must have an Alabama State All-Game License, Fort Rucker Post Hunting Permit and hunter education completion card. Alabama State Regulation and Fort Rucker 215-1 regulation ap-

ply. The turkey must be harvested on Fort Rucker to qualify. The overall winner will receive a cash prize

People can register at ODR or MWR Central. For more information, call 255-4305 or 255-2997.

Survivors & Fallen Heroes Run

The Fort Rucker Survivors & Fallen Heroes Run in Remembrance and Honor 5k and 1 Mile Fun Run is scheduled for Saturday. The Fort Rucker Physical Fitness Center and Survivor Outreach Services host this event in remembrance of Fallen Service Members and in honor of survivor families within the Alabama and northwest Florida area. Fallen heroes' names will be placed on gold stars and worn by run-

ners. Blank stars will be available for people to write in and honor fallen heroes not from this area. The event is open to the public.

Pre-registration packet pick up is Friday from 3-5 p.m. at the Fortenberry-Colton PFC, or the morning of the race at the race site, the Fort Rucker PFC, Bldg. 4605, on Novosel Street. Race day registration begins at 6:30 a.m. and ends at 7:40 a.m. The 5K race begins at 8 a.m. and the fun run starts after the end of the 5K, with awards at around 9:30 a.m. Participants are encouraged to pre-register at either PFC or MWR

Survivor family members attending the race are asked to contact Fort Rucker Survivor Outreach Services at 255-9639.

Super Crossword

Weekly SUDOKU —

Answer

7	3	4	9	8	1	2	6	5
8	5	1	7	2	6	9	4	3
6	9	2	4	5	3	8	1	7
1	2	9	3	7	5	4	8	6
3	6	7	1	4	8	5	2	9
4	8	5	2	6	9	3	7	1
9	1	8	6	3	2	7	5	4
5	4	3	8	1	7	6	9	2
2	7	6	5	9	4	1	3	8

Answers

- 1. Jacob Schick
- 2. Flint
- 3. Los Angeles
- 4. The Peace Corps
- 5. Four
- 6. William Taft weighed 332 pounds
- 7. F. Scott Fitzgerald 8. Ray Charles
- 9. Marble
- 10. "... is good for the gander."



