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ARMY FLYER

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THE NEED FOR SPEED

Museum features radically designed, newly restored XH-51A

By Nathan Pfau
Army Flier Staff Writer

When it comes to Aviation, higher and faster is typically the name of the game, and one aircraft was trying to make its mark by flying faster than any rotor-wing aircraft at the time.

In 1962, the Lockheed Aircraft Company came out with the XH-51A, which was the second in a series of rotor-wing aircraft and was an evolution of the CL-475 aircraft, which utilized a revolutionary rigid-rotor system, according to Bob Mitchell, U.S. Army Aviation Museum curator.

Although the XH-51's looks aren't very striking, the helicopter was able to achieve speeds that few rotor-wing aircraft could attain – close to 300 knots – with average speeds of helicopters at the time reaching 80-90 knots, said Mitchell.

"Once Lockheed had proofed the concept of the rigid rotor with the CL-475, they wanted to develop a second vehicle with that same rotor design that could achieve the speed that they were looking for – speeds upwards in ranges of 300 knots," he said. "They came out with the XH-51, which was essentially a conventional helicopter that was fully aluminum in design and had a turbo-shaft engine that drove a

three-bladed rotor system."

Initial tests of the three-bladed rotor system found that there was a considerable amount of vibration coming from the system itself, so the company decided to utilize a four-bladed system instead, which reduced the amount of vibration and stabilized the aircraft, said the museum curator.

By utilizing an extra rotor, coupled with the rigid-rotor design, the aircraft was able to achieve speeds not possible with previous rotor designs, such as the under-slung rotor system that the Hueys of the time were using, that would essentially cap the top speed of the aircraft due to a phenomenon called the dissymmetry of lift, said Mitchell.

"If you look at the rotor system on the Huey, which uses a two-bladed, under-slung rotor system, that system is only able to produce 'X' amount of lift, and when you try to go even faster, what you get into is a situation called retreating blade stall," said the curator. "If you look at the rotor system turning, the advancing half of the rotor system, which is moving forward, is producing more lift than the retreating blade that is going backward. That retreating blade has to flap down and take a bigger bite of air to compensate for what we



PHOTO BY NATHAN PFAU

The Lockheed XH-51A recently returned from a 10-month restoration and now sits in the U.S. Army Aviation Museum. The aircraft was able to achieve speeds of up to 270 knots and utilized a revolutionary rigid-rotor system.

call the dissymmetry of lift."

Mitchell said that at a certain point, the rotors can no longer compensate for the dissymmetry and the aircraft will begin to buffet violently.

"(To compensate), on the XH-51, they added not only one, but two more blades, so we now have a system that is producing a lot more lift," said Mitchell. "The dissymmetry of lift still exists, but (the system) capable of producing more without the buffeting and the vibration. The fewer the moving parts, the less vibration (in the system), so we were able to get a lot more speed out of it."

With the new design, during testing, the aircraft was able to achieve a top speed of nearly 270 knots, one of the fastest speeds for a rotor-wing aircraft

during that time, said the curator, adding that the XH-51 never was able to achieve the desired speed of 300 knots, despite its impressive performance.

Although a successful aircraft, the issues with the XH-51 were less about performance and more about perception, said Mitchell.

"The problem with this aircraft was that it was such a radical design that people just didn't trust it," he said. "This thing came out and (the military) was looking at (other aircraft), so were already committed, so where there could have been a market for this, it was eclipsed by other aircraft that were coming down the line."

The XH-51's evolution didn't stop with the A-model, however, and eventually evolved into the XH-51 Compound, which added

stub wings and a J60-2 engine, which then ultimately paved the way for the AH-56 Cheyenne attack helicopter.

The current model XH-51A that sits in the museum's collection is a three-bladed system, which Mitchell says is a rare variation of the aircraft, and just returned from a 10-month restoration. Although the aircraft has returned to the museum's floor, the restoration isn't yet complete.

The restoration process included buffing out all of the glass, cleaning out rusted parts and repainting the entire aircraft. What remains is re-fabrication of the seats, populating the instrument panels and putting the rotor system back on the aircraft. "It's got some work left, but we're almost there," said Mitchell.



PHOTO BY NATHAN PFAU

Children take turns racing through an obstacle course at last year's youth health and nutrition fair. This year's event is scheduled for April 5 from 4-7 p.m. at the youth football fields.

FOOD SMART

Health fair helps youth make smarter food choices

By Jeremy Henderson
Army Flier Staff Writer

Some health concerns can be invisible to the naked eye, and Fort Rucker Child and Youth Services officials hope their annual health and nutrition fair helps parents target issues early.

The health and nutrition fair takes places April 5 from 4-7 p.m. at the football fields outside of the youth center, Bldg. 2800.

The fair includes vision and hearing screenings, blood pressure checks, and height and weight measurements.

A registered dietician will be on site, as well as representatives from physical therapy, the dental clinic, preventive medicine, 4-H Club and more.

"We will have representatives from all over post who work in physical therapy, the dental clinic, preventative medicine, the Directorate of Public Safety and the family advocacy program," Sharlene Phillips, Fort Rucker sports specialist, said.

Children can sign up to learn proper dental hygiene, the importance of healthy eating habits, have their measurements taken, and even learn a bit about Army Community Service and the services they provide Soldiers and families on post.

The transient nature of military life can sometimes cause beneficial checkups to be overlooked or neglected and, according to Phillips, the health fair helps fill in the gaps.

"We have found that this event provides a great opportunity for kids to receive checkups they might've missed," she said. "A child comes through the health fair for a vision screening and the parents find out they should get their eyes checked. It really helps to pinpoint areas in need of additional care."

"The kids will come through for something like the hearing test and be sent home with a note for their parents," she added. "The note will let the parents know if the test revealed anything significant and if there is a need to follow up with their family physician."

The event will also feature games, music and information to help youth make healthier food choices as they grow.

"Kids experience growth spurts and eat more and more," Phillips said. "If you teach them the right things to eat at an early age, you help them continue to make healthy choices into adulthood."

For more information, call 255-0395 or 255-2257.

Single-parent families connect during game night

By Nathan Pfau
Army Flier Staff Writer

Army families can often find themselves in single-parent situations with the transient lifestyle that military life brings, and Fort Rucker is making sure those family members aren't left out when it comes to family fun time.

Army Community Service hosted its Single-Parent Family Game Night at the Fort Rucker Post Exchange March 22 where family members were able to enjoy a night of board games and each other's company, said Joy McCormick, ACS New Parent Support Program and family advocacy program social worker.

"It's so important for parents and children to sit down at the table to play games with each other because of the interaction that happens during that time and the fun it creates," said McCormick. "It helps stimulate the brain and growth, so there are a lot of things that happen during this time together."

The Single-Parent Family Game Night has become a quarterly event put on by ACS and is now in its second year, with each session becoming increasingly popular, added the ACS social worker.

"Every time we seem to have more and more families, and they all seem to have a good time," she said. "Our partnership with the AAFES and the post exchange food court manager always makes sure we have food, and we get to give games away to the families – they get to pick a game to take home with them. This is free for them, so it's great."

For many family members, like Sharon Erickson-Velez, Gold Star family member, the game night has become somewhat of a tradition that she and her children have come to love attending.

"It's just something that we can do as a family to just relax and get outside the house," said Erickson-Velez, who brought her four children, Dax, Xavier,

SEE GAME NIGHT, PAGE A7



PHOTO BY NATHAN PFAU

Rhys and Scarlett Erickson-Velez, military family members, help each other as they play Operation during Single-Parent Family Game Night at the post exchange March 22.

PERSPECTIVE

Eat an apple a day, but don't keep the dentist away

Military Health Systems
Communications Office

FALLS CHURCH, Va. — From sodas and desserts to fruits and vegetables, sugar can be found in just about anything that's consumed. While it's part of almost any diet, sugar can impact more than weight and well-being. It can affect oral health, too.

Lt. Col. Paul Colthirst, deputy consultant for Dental Public Health and commander of the Fort Polk Dental Health Activity, Louisiana, said the oral cavity, which includes teeth, tissues, and gums, can tell the entire story of a patient's overall health. Since everything passes through the mouth, proper nutrition is critical for good oral health, he said.

"Oral health is a big part of mission readiness, so it's important for service members and their families to take care of their teeth, but it takes more than brushing," said Colthirst. Tooth decay, a primarily diet-based disease, is one of the main causes for dental emergencies among deployed service members — and it's preventable.

Colthirst said eating a poor diet filled with carbohydrates, sugars, and starches can lead to various dental health issues, including gum disease and tooth decay. Tooth decay is caused by the breakdown of the enamel — the tooth's protective layer. When these foods are consumed, they produce sugars and plaque, a sticky film filled with oral bacteria. While consuming the sugars, these bacteria release acids that then break down the enamel, which leads to decay, he added. As the enamel weakens, cavities are formed.

According to the Centers for Disease Control and Prevention, tooth decay is the most common chronic disease for young people ages six to 19 and affects nine out



A child eats an apple during a trunk-or-treat event, which featured a healthy snack station as an alternative to candy, at Ramstein Air Base, Germany.

PHOTO BY SENIOR AIRMAN JIMMIE D. PIKE

of 10 adults older than the age 20 to some degree.

"People tend to believe that as long as they brush their teeth a couple of times a day that their dental health is assured, but there's a lot more that goes into having good dental health and strong teeth that comes from nutrition," said Maj. Susan Stankorb, a dietitian at Blanchfield Army Community Hospital at Fort Campbell, Kentucky.

Stankorb said tooth decay can be caused by sugar- and starch-filled substances, such as candy, juice, soda, and energy drinks. Snacking frequently and drinking beverages other than water in between meals causes the acidity in the mouth to increase and prolongs the amount of time the teeth are in breakdown mode, she added.

"If you're more of a grazer and you tend

to eat fermentable carbs — crackers, anything sticky, chewy, sugary — that will sit in your mouth, you're going to be more prone to having cavities or dental issues if this habit is consistent over time," said Stankorb. The average acidity, or pH, of saliva is 7. On a scale of 0 to 14, this is considered neutral. Sticky or sugar-filled foods tend to bring the pH level down to about a 5.5 — the level where the cavity process begins.

While some nutritious foods containing natural sugars, including milk and fruit, should be included in the diet regularly, foods with added sugars should be limited. Reading labels helps keep track of the amount of sugar, carbohydrates, and starch in food and drinks.

However, it's important to also consider the serving size and number of servings

per package. Stankorb recommends eating on a regular meal and snack schedule with at least three hours in between meals, and limiting non-nutritious snacks high in added sugars.

"If something acidic like soda or juice was consumed, we recommend not brushing immediately afterward because that can be very hard on the enamel," said Stankorb, who recommends waiting at least 20 minutes to brush teeth; in the meantime, drink water to rinse the mouth. Staying hydrated with water produces saliva, which neutralizes pH in the mouth, prevents decay, and hardens teeth, she added.

Foods that can help with dental health include nuts, raw vegetables, yogurt and cheese. Hard cheese, such as cheddar, helps neutralize decay-causing acids that are produced by bacteria in the mouth.

Maj. Akeele Johnson, a general dentist at the Fort Polk Dental Health Activity, recommends these steps to help maintain or improve dental health.

- Drink sugary or acidic drinks quickly to limit exposure to teeth, and drink them through a straw to minimize contact with the teeth.
- Replace sugary beverages with sugar-free drinks, water, or unsweetened coffee or herbal tea.
- Limit juice to 6 ounces of calcium-fortified juice per day.
- Teeth should be brushed twice a day in circular motions with fluoride toothpaste and the mouth should not be rinsed after brushing, said Johnson. By not rinsing or consuming anything for 20-30 minutes after brushing, fluoride is able to stay on the teeth for protection.

"Oral health is a showstopper," said Johnson. "We want people to have good health, and we're here to help."

Rotor Wash

“Spring has finally sprung and the weather is warming. What are some of your favorite outdoor activities?”



Diane Pemberton,
military spouse

"We like to play sports. We go to the beach a lot, and we enjoy hiking."



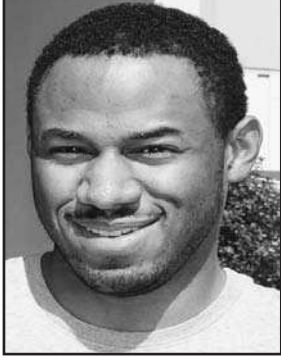
Jennie McElroy,
civilian

"I like hanging out at the lake. I like to fish and hang out with friends — grill."



Jan Williams,
retired military

"We do yard work. We have a pool and after we do the yard work we jump in it. We like to go on walks, too."



Sgt. Bernard Thomas,
6th Military Police
Detachment

"We go to the park or go to Lake Tholocco. We hang out and we have a good time."



Michael Janik,
civilian

"It's nice to be able to exercise outside again — go on a run or a bike ride."

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FORT RUCKER COMMANDING GENERAL

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflyer.com.

ACE suicide intervention

Ask your buddy

- Have the courage to ask the question, but stay calm.
- Ask the question directly. For example, "Are you thinking of killing yourself?"

Care for your buddy

- Remove any means that could be used for self-

injury.

- Calmly control the situation, do not use force.
- Actively listen to produce relief.

Escort your buddy

- Never leave your buddy alone.
- Escort to the chain of command, a chaplain, a behavioral health professional or a primary care provider.

HIDDEN TREASURES

Outdoor yard sale makes shopping, selling a snap

By Jeremy Henderson
Army Flier Staff Writer

Moving can be a chore, but Fort Rucker's seasonal community yard sales provide an opportunity for military families to shed unnecessary items and earn a little extra cash for the journey ahead.

"Yard sales can be a great place to find great buys and hidden treasures," Lynn Avila, Fort Rucker special events coordinator, said. "Fort Rucker's Outdoor Yard Sale and Flea Market puts your creative mind to use. It's like having a whole town of yard sales wrapped up in one place."

Registration is currently open for sellers to bring their wares to the festival fields April 7 from 7-11 a.m. Sellers may register up the day of the event, but, for guaranteed space, sellers are asked to register no later than April 4.

"Spaces are open to the public," Avila said. "Rental prices vary based on the space required and if the seller is government-affiliated or a civilian."

Military ID (active-duty service members and their family members, retired military, Reserve, DOD personnel) is required for the government rate pricing, she added.

"If you are mailing your registration form, you will either have



FILE PHOTO

Shoppers point out finds at a previous outdoor yard sale. This year's Fort Rucker Outdoor Yard Sale and Flea Market is scheduled for April 7.

to bring in your ID card prior to the event or show it at the registration table the day of the event," Avila said. "If no ID is shown, the 'general public' rate will be applied."

Spaces for military ID or CAC card holders are available for \$25 for a 15-by-20 space and \$35 for a 30-by-20 space. The general public may also purchase space for \$35 and \$45 respectively. Tables and chairs are also available to rent.

"This event is a great way to clean out your garage or closet at

home and allow someone else the opportunity to find use to an item you have decided to remove," Avila said. "The event is also a great outing for individuals and families to find gently used clothing and shoes for fast-growing children. Patrons can conveniently find several baby items that have barely been used. You can come out and spend the morning with us to browse all the deals, and enjoy some beautiful weather and bargain hunting.

"Much of the hard work is done for the seller," she said. "DFMWR handles all marketing efforts and reservation of space. No more taping posters to stop signs and no more strangers trampling through your yard or rummaging through your garage. This event is a fantastic opportunity to just make it happen."

Set up will begin at 5 a.m. April 7 and all sellers will need to be ready to open by 7 a.m. for the first shoppers.

General says Afghanistan situation has fundamentally changed

By Jim Garamone
Defense Media Activity

KANDAHAR, Afghanistan — The South Asia Strategy has fundamentally changed the situation in Afghanistan, and the Resolute Support mission commander believes it may provide the key for reconciliation and peace in the country.

Gen. John W. Nicholson Jr. said the military parts of President Donald J. Trump's strategy are now in place and are already making a difference. The general spoke to reporters traveling with Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff.

The strategy calls for more military advisers working with lower-echelon units, Nicholson said. It also calls for more enablers, including additional air support and intelligence, surveillance and reconnaissance assets.

AFGHANS ON THE OFFENSIVE

The strategy is helping because the main effort in the U.S. Central Command area of operations has shifted from Iraq and Syria to Afghanistan, Nicholson said. These additional capabilities "will enable the Afghans to get on the offensive," the general told reporters.

This is already happening, and Nicholson highlighted a successful operation by the Afghan 201st Corps in the eastern part of the country. "That is one of dozens of offensive operations that is going to occur," he said. "We will do these operations simultaneously around the country through the summer leading up to the elections."

The Afghan forces will be able to do this because of the support provided by the train, advise and assist effort by NATO and the addition of the Army's 1st Security Force Assistance Brigade and other trainers. "We couldn't do this in the past because we didn't have adequate levels of resources here," Nicholson said.

In December 2016, Nicholson was still sending troops home. "We were going into 2017 at the lowest level of forces we had ever been at in Afghanistan," he said. The South Asia strategy has changed the

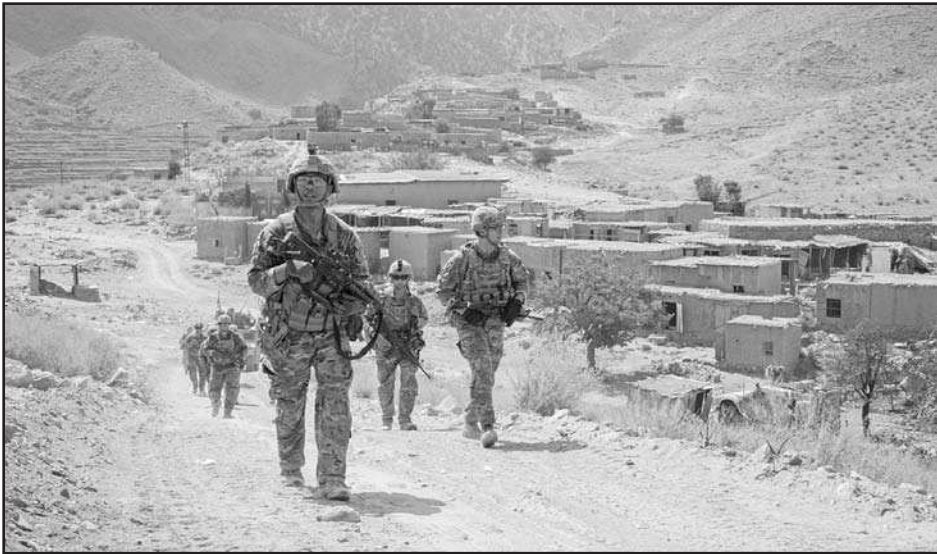


PHOTO BY CPL. MATTHEW DEVIRGILIO

Paratroopers assigned to 2nd Battalion, 501st Parachute Infantry Regiment, 1st Brigade Combat Team, 82nd Airborne Division conduct a tactical ground movement through Pekha Valley, Achin District, Nangahar Province, Afghanistan, Sept. 3.

situation, he added.

TALIBAN RECONCILIATION

Overall, the objective of the campaign in Afghanistan is reconciliation of the Taliban back into the nation. Afghan President Ashraf Ghani extended an olive branch to the Taliban last month as part of the Kabul Peace Process Conference. The Taliban wrote an open letter to the American people, which specifically said the group is ready to engage in dialogue.

This may be "a unique moment" to begin talks, Nicholson said. "We're seeing offers out on the table about peace," he said. "Now, there is a lot of work left to be done — these processes take awhile — but I would still say this is extremely positive."

The big questions moving forward are how the Afghan government and the Taliban get to a point where these offers translate into peace in Afghanistan and how this creates reconciliation. The effort requires pressure on the Taliban diplomatically, socially and militarily, Nicholson said.

USE OF DIPLOMACY

The United States and coalition nations are applying diplomatic pressure to stop Pakistan from providing a safe haven for the Taliban, the general said, and are

pushing for an international consensus for peace.

On the social side, there is also pressure on the Taliban. One is religious pressure in the form of an Ulema Council in Indonesia that soon will delegitimize jihad in Afghanistan.

Social pressure is also inherent in elections in Afghanistan later this year. If done credibly, the elections will lead to increased legitimacy for the government "and I believe will further delegitimize the Taliban," Nicholson said.

Then there is military pressure, designed to keep pressure on the Taliban and give the group no space or time to plan attacks on the government and innocent civilians.

The Afghan forces will increase their offensive capabilities by expanding their special operations forces and growing the Afghan air force, Nicholson said. The Afghan air force -- long under development -- is flexing its muscles, and over the past year Afghans flew half of the sorties and conducted more than 50 percent of the actual airstrikes.

On the ground, the Afghan commandos have been so successful on the battlefield that the units will be doubled in size. This is a process that will take some time. The new commandos won't arrive on the bat-

tlefield until next year, Nicholson said, but that will bring a marked increase of pressure on the enemy. There has also been a concomitant improvement in the offensive operations done by the conventional Afghan units, he said.

The pressure will be on the Taliban to reconcile, Nicholson told reporters. The conversation has begun, he added, with many of the talks happening behind the scenes. Some Taliban won't wait until the parent group negotiates reconciliation, he said, noting that some groups of Taliban are already peeling away. To facilitate this, provisions are necessary for reintegration of the former Taliban fighters and their families, the general said.

While reconciliation is between Afghans, there is a role for the United States in the process, the general said.

Unescorted visitors must obtain a visitor's pass from one of the two visitor control centers. Visitors may obtain passes from the VCCs at the Daleville and Ozark gates. The Daleville VCC is open Mondays-Sundays from 8 a.m. to 4 p.m. The Ozark VCC is open Mondays-Fridays from 8 a.m. to 4 p.m.

For more information or to register, call 255-2997 or 255-1749.

STABILITY IN AFGHANISTAN

"Our ultimate objective is stability in Afghanistan that protects our interests, the interests of our allies, and brings peace to Afghanistan so it is not a platform for terrorist attacks on the West," he said. "So, yes, there is a place in the process for the United States and its allies to assist Afghans with the reconciliation [and] reintegration effort." Now is the time to define the role, he said.

There is no purely military solution to the conflict in Afghanistan, Nicholson said, and the conflict must end in reconciliation. "I would say the military effort is necessary, but not sufficient to get us to reconciliation," he said. "There's a significant political component and diplomatic component that is necessary for this to happen." It is entirely possible that negotiating and fighting continue at the same time, he acknowledged, as it did in Northern Ireland and Colombia.

Afghan elections are coming up, but a date has not yet been officially announced. Once it is announced, there is a six-month process to allow people to register to vote, register to run and so on, before the election may be held, the general explained.

"I absolutely believe that elections must occur this year, and that has been our consistent message," Nicholson said.

News Briefs

Honoring Vietnam veterans

In partnership with the United States of America Vietnam War Commemoration, the Army and Air Force Exchange Service and Defense Commissary Agency at Fort Rucker will honor all who served during the Vietnam War with free commemorative lapel pins marking the war's 50th anniversary.

Any Vietnam-era Veteran who served on active duty between Nov. 1, 1955 and May 15, 1975, regardless of location, is invited to visit the main exchange from 11 a.m. to 1 p.m. today, National Vietnam War Veterans Day, to receive a Vietnam War Commemoration Vietnam Veteran Lapel Pin. Complimentary Vietnam Veteran bumper stickers will also be available at the event.

Those unable to come to Fort Rucker for a

lapel pin can visit <http://www.vietnamwar50th.com/events/> to find an upcoming event or find a commemorative partner in their area at http://www.vietnamwar50th.com/partners/partner_map/.

If you still need assistance locating an opportunity to receive a lapel pin on behalf of a grateful nation, call 877-387-9951 or send an email to whs.vnwar50th@mail.mil.

For more information, contact the Fort Rucker Exchange at 503-9044.

Retirement ceremony

Fort Rucker will host its quarterly retirement ceremony April 20 at 2 p.m. in the U.S. Army Aviation Museum. Everyone is welcome to attend and honor this quarter's retirees for their service.

Faulkner Gate hours

The operating hours for Faulkner Gate are Mondays-Fridays from 4:30 a.m. to 8:30 p.m. The gate will be closed on weekends, holidays and days of no scheduled activity. People should plan their travel accordingly.

USACE Aviation Ball

The U.S. Army Aviation Center of Excellence's 35th Aviation Ball is scheduled for April 14 from 6-11 p.m. at The Landing ballroom. Cost is \$31 for sergeants and below; \$36 for staff sergeants to master sergeants, second lieutenants to captains, warrant officers 1 to chief warrant officers 2, and GS-12s and below; and \$41 for sergeants major, GS-13s, and majors, chief warrant officers 3 and above. Dress for military is mess or ASU with white shirt and

bow tie. For civilians, it is formal attire.

Tickets can be purchased online at <https://usaaceball.regfox.com/register>. People needing assistance can contact their unit representative.

Army Emergency Relief

Fort Rucker is conducting its Army Emergency Relief fundraising campaign through May 15. The motto for this year's campaign is There for Those Who Serve, according to local AER officials.

For more information, call 255-2341.

Alcoholics Anonymous meets

Alcoholics Anonymous meets Wednesdays from 11:30 a.m. to 12:30 p.m. in Rm. 147 of Bldg. 4502. For more on the group, call 334-237-1973.

LOOKING AHEAD

SecArmy outlines Army goals for coming decade

By Devon L. Suits
Army News Service

HUNTSVILLE — By 2028, the U.S. Army will be fully ready to deploy, fight and win decisively against any adversary, anytime and anywhere in a joint, multi-domain, high-intensity conflict, said the Army's secretary. While doing those things, the Army will also be able to simultaneously deter the aggression of adversaries and conduct irregular warfare.

Secretary of the Army Mark T. Esper laid out his vision of U.S. Army capabilities during opening statements Monday at the 2018 Association of the U.S. Army Global Force Symposium and Exhibition here.

"The Army will do this through an employment of modern, manned and unmanned ground combat vehicles, aircraft, sustainment systems and weapons coupled with robust combined arms formations and tactics based on a modern warfighting doctrine and centered on exceptional leaders and Soldiers of unmatched lethality," he said.

Also helping achieve that goal will be the Army Futures Command. That new command was announced in October, and is expected to stand up this summer. It will be the Army's fourth command and will have equal footing with U.S. Army Forces Command, U.S. Army Training and Doctrine Command, and U.S. Army Materiel Command, said Under Secretary of the Army Ryan D. McCarthy, during his own opening remarks.

The creation of the new command requires the Army to rewire and de-layer itself to support the new command structure, McCarthy said.

As the initial operating capability of Futures Command continues to be defined, McCarthy said, the Army's integration, research and development, acquisition, and science and technology communities should expect to see some changes in their organizational alignment.

However, the undersecretary emphasized that realigning under the Futures Command organizational structure does not suggest that existing organizations will physically move to a new location.

The undersecretary also said the Army will need to be judicious with existing funding if it wants to meet its modernization goals.

"The budget control act looms large in 2020," McCarthy said. "In order to maintain momentum and not fall off the pending fiscal cliff, we will initiate a robust reform effort that will require a comprehensive relocation of resources within our portfolios to support modernization efforts."

THE LOCATION OF FUTURES COMMAND

Eventually, the Army will name a location for the Futures Command headquarters. Right now, Army leaders are in the process of narrowing down a list of about 150 possible locations to just 10. McCarthy said the basing decision for the new command will be based on proximity to talent, the private sector, and academia. The Army is also looking at quality-of-life measures, cost, time assessment, as well as civic and regional support.

Once the Army determines those 10 cities, McCarthy said, he and Vice Chief of Staff of the Army Gen. James C. McConville will visit each location to decide which one will best support the Army's newest command.

"We will then announce the Futures Command location, with initial operating capability, this summer," McCarthy said. "As much as the location is important, so is selecting the right leaders."

McCarthy said the Army expects to announce the commander for Futures Command within the next few weeks.

MAKING A NECESSARY CHANGE

While the Army has been focused on fighting and winning in the Middle East, Esper said, "China and Russia have invested in advanced technologies, professionalized their militaries ... and have reduced our military advantage."

Even if the U.S. never faces either of those nations on the battlefield, Esper said, the effects of their military advancement will be felt.

"We should expect to see their weapons and equipment and tactics used by adversaries against us," Esper said. "This brings to mind North Korea and Iran, (which) will continue to threaten regional stability, our allies, and U.S. security interests."

While U.S. adversaries are bolstering their own militaries, Esper said, the U.S. Army is doing the same.

That effort, he said, currently involves modernization focused on six areas, which



PHOTOS BY DEVON L. SUITS

Army Secretary Dr. Mark T. Esper outlined some of Army's key priorities for Futures Command and its potential impact to the force during the opening ceremony at the 2018 Association of the U.S. Army Global Force Symposium and Exhibition Monday.

include long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities, and Soldier lethality. Supporting those modernization efforts are eight newly-created cross-functional teams, which will eventually be a part of Army Futures Command.

In addition to those six modernization priorities, Esper outlined five areas of consideration for the Army as it faces the threats posed by an increasingly complex global security environment. Those areas include doctrine, organization, manning, training and equipping.

DOCTRINE

"Doctrine is how the Army fights, and it's fundamental to transforming the Army of 2028," Esper said. "Much like a transmission synchronizes inputs through gears and produces a stronger output, doctrine synchronizes the Army's core functions to produce greater lethality."

According to Esper, the doctrinal concept of multi-domain battle must be embedded at all levels of leadership and propagated at all levels of Army education. And with the implementation of Futures Command, all Army leaders will need to understand the new command's purpose, application, and impact on the global force.

With the goal of developing and improving Army doctrine, the Army has slated to prototype a multi-domain task force in 2019 within the Pacific region. This is an area Esper said Army senior leaders have identified as "truly a multi-domain fight."

Moving forward, the development of the multi-domain battle construct also helps to establish more interoperability between U.S. and coalition partners.

"We all recognize that we could benefit through greater collaboration," Esper said. "I like to say that, I'm working on a 500 piece puzzle. I'm halfway done, and maybe the Air Force has 30 of those pieces. Maybe, the Navy has 40. Maybe I have some of theirs. The more we can collaborate ... (the more) it has the promise of getting us to the end-state much more quickly and efficiently."

ORGANIZATION

Moving forward, the Army must be organized appropriately to reach its 2028 goals, Esper said.

"A decade from now, our formations must be more robust, agile, and lethal," he said. "We've already begun making these organizational changes. For example, we are increasing the capability of our formations, returning short-range air defense and multiple launch rocket systems battalions to our divisions."

MANNING

By 2028, the total Army will need to reach 500K active Soldiers, with similar growth in the Army National Guard and the Army Reserve. Most importantly, the future Army must "focus on recruiting and retaining high quality, physically fit, mentally tough Soldiers, who will deploy, fight and win decisively on any future battlefield," Esper said.

However, the force is facing a more significant issue as only 29 percent of Americans can meet the standards to enter the U.S. Army, McCarthy said. Although the Army is doing what it can to ensure it receives the best Soldiers possible, Army



Army Under Secretary Ryan D. McCarthy and Vice Chief of Staff Gen. James C. McConville outlined some of their key priorities for Army Futures Command and its potential impact to the force during the opening ceremony at the 2018 Association of the U.S. Army Global Force Symposium and Exhibition Monday.

leaders should be doing more to connect the nation with the all-volunteer Army force.

Moving ahead, the Army is also looking into new ways to manage and leverage its current pool of talent. One way the Army will do that is with the Integrated Personnel and Pay System-Army, McConville said.

Currently, the Army relies on three separate systems to track active, Guard and Reserve personnel. Under the current systems, the Army is only able to track Soldier by rank, service affiliation, career field, and other Army career-related identifiers.

With IPPS-A, the Army hopes to identify Soldiers with different certifications and credentials, which aren't tied to their MOS. In addition, the Army will be able to track other skills and attributes that

could be used support the warfighter. For example, these skills could range from proficiencies in other languages, to having an understanding of farming, engineering, and crisis management, McConville said.

TRAINING

The future of Army training will be "tough, realistic, and dynamic," Esper said, with a focus on urban operations -- to include operating in megacities -- and electronically harsh environments. To accomplish this, Futures Command must expand upon the synthetic training environment and implement a broad distribution of inter-connected simulation capabilities, Army-wide.

Reforms to training also include a decrease in "mandatory training" and additional duties unless it had a direct tie to readiness and lethality, Esper said.

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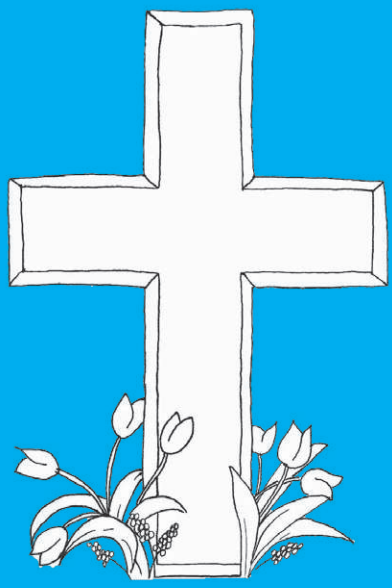
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Good Friday Service March 30, 7:00 pm
Easter Vigil March 31, 8:00 pm
Easter Mass April 1, 9:00 am
Mass at St. Mary, Geneva April 1, 11:00 am
Mass in Spanish April 1, 11:30 am

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Maundy Thursday, March 29, 6:30pm (Sanctuary)

"Love on Trial; A Good Friday Experience"
March 30, 7:00pm (Fellowship Hall)

EASTER SUNDAY SERVICES:
C3 Contemporary Services
8:45am & 11:00am (Fellowship Hall),
Traditional Services
8:30am & 11:00am

"... I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live: And whosoever liveth and believeth in me shall never die ..." **JOHN 11:25-26**

NEXT-GEN COMBAT

Vehicle prototypes to focus on manned-unmanned teaming

By Sean Kimmons
Army News Service

(Editor's note: This is one of six articles covering the Army's six modernization priorities. Those priorities are long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities, and Soldier lethality.)

WASHINGTON – As the Army drives toward a Next-Generation Combat Vehicle capability, leaders have outlined plans to test key features that could one day allow a Soldier to control several robotic fighting vehicles at once.

An initial set of six experimental prototypes for the NGCV – two manned and four robotic combat vehicles – is slated to be delivered by the end of fiscal year 2019. That delivery will kick off hands-on testing with Soldiers in early fiscal 2020.

Manned-unmanned teaming will be the major theme in the experiments, according to Col. Gerald Boston, deputy director of the Cross-Functional Team in charge of developing the vehicle.

“We believe, in the future operating environment, manned/unmanned teaming at the tactical level is how we are going to retain overmatch and deliver decisive lethality as part of combined arms maneuver. Making contact with the smallest element possible allows the maneuver commander to maintain freedom of action,” he said.

Two more sets of experimental prototypes will then be delivered two years apart and build on previous findings. The process, leaders say, could accelerate the Army's fielding of a new combat vehicle in fiscal year 2028. That's something the NGCV CFT's director, Brig. Gen. David Lesperance, said can't happen soon enough.

“The character of warfare is changing and driving the need to reassess how the Army delivers, operates, and sustains future combat capabilities,” Lesperance said. “The Army's current main battle tanks and infantry fighting vehicles are not optimized for future operational environments.”

The general said that the vision of combat in the future, against well-equipped peer and near-peer adversaries, will require the U.S. Army to have better systems, with greater capabilities that what is available now.

“Lethality overmatch, vehicle



PHOTO BY SGT. STEVEN HITCHCOCK

Pvt. Zachery T. Strother, assigned to 1st Platoon, A Co., 40th Eng. Bn., watches for enemy movement from a staged attack position in an M2 Bradley Fighting Vehicle while conducting training maneuvers during the 2016 Army Warfighting Assessment at Fort Bliss, Texas, Oct. 17, 2016.

survivability, crew effectiveness, operational and tactical mobility, and reduced logistics burden are more critical than ever before in the future operational environments,” Lesperance said. “NGCV must deliver overmatch and decisive lethality in close combat against peer threats as part of a combined arms team.”

Lesperance now leads the NGCV CFT, one of eight cross-functional teams that are meant to further the Army's six modernization priorities, including the Next-Gen Combat Vehicle.

The teams are designed to bring end users together with experts from science and technology, acquisition, requirements, test and evaluation, resourcing, and other specialties across the Army to reduce the timeline to procure and field new equipment.

AUTONOMOUS BEHAVIORS

Prototypes for the Next-Gen Combat Vehicle will lean on emerging technology from the Army Tank Automotive Research Development and Engineering Center.

One such TARDEC program is the “Wingman” Joint Capability Technology Demonstration. As part of it, a crew in a Humvee has been able to autonomously pilot

another specially-configured Humvee and fire its 7.62 mm weapon system at targets.

For the NGCV, initial prototypes will likely have two Soldiers in control of a robotic vehicle – one to remotely drive it and the other to operate its weapon system.

“Where we would like to go is get to one Soldier per remote combat vehicle and maybe someday one Soldier controlling multiple,” said Col. Jim Schirmer, project manager for the Army's armored fighting vehicles.

In doing so, autonomous behaviors will need to be further developed throughout the incremental stages of prototyping.

Schirmer, the acquisition lead on the CFT, explained that the aviation industry has worked on this with weaponized unmanned aerial systems. Exercising that same type of control over ground-based vehicles can be harder, however, because there are many more obstacles on the ground than in the air.

A former tanker, Schirmer said he would often get his tank stuck in the mud as a young lieutenant. Over time, he learned to better identify obstacles and avoid mishaps.

In the absence of human experience, robots would need to rely on sensors to detect the same obstacles

and navigate to where a Soldier has designated it to go.

“We would have to move intelligence onto the platform to free the Soldier up to do other things, and that's going to take time,” he said. “That's what we call autonomous behaviors.”

THREE INCREMENTS

Design teams recently began an effort to come up with six different designs for the manned fighting vehicle, one of which will be chosen for the initial set of experimental prototypes. The set will include medium-caliber weapons and light direct and indirect fire capability.

The chassis for the surrogate robotic combat vehicles will be based on the M113 armored personnel carrier, while the manned fighting vehicle will be a completely new concept platform, leaders say.

The first experiments, though, will primarily focus on making the vehicles more intuitive for those who will use them.

“We don't really care what kind of engine it has. It just has to move,” Schirmer said. “We're worried about how do we control it remotely and how do we write the software and what works for the Soldier who's operating it.”

By late fiscal 2021, additional prototypes using lessons learned are expected to be produced and delivered, followed by experimentation in fiscal 2022.

There will be about a platoon-sized set of vehicles available to enhance manned-unmanned capabilities and begin to integrate fire and maneuver tactics. The weapon system and other vehicle requirements, such as armor and sensors, will also be determined during this stage.

“The second set is going to be purpose-built,” Boston said. “Both the manned and unmanned vehicles will be built from the ground up and will not use surrogates.”

The final effort is potentially a company-sized set of purpose-built vehicles that will likely be delivered in late fiscal 2023 and

experimented on throughout fiscal 2024.

Those vehicles would test all elements of manned-unmanned teaming and be integrated into a unit for extensive training at home and during a combat training center rotation.

“It's an ongoing campaign of learning for each set of experimental prototyping,” Boston said. “What we have laid out is a [roadmap] that will give the Army's strategic leadership a range of capability choices to make in terms of fielding a next generation combat vehicle.”

CHALLENGES AHEAD

Still early in the process, the Cross-Functional Team faces several hurdles in developing a new combat vehicle.

Deciding on the requirements for a specific program has previously slowed the Army's ability to rapidly field equipment. The team, as with the other CFTs, looks to prevent delays by sharing input from various stakeholders during the series of prototyping.

“By working together in an iterative fashion, the goal is we're going to ultimately arrive on a set of requirements that makes sense, helps the warfighter do what they need to do, but is also feasible and affordable,” Schirmer said.

On the technology side, leaders foresee challenges to create an intuitive workspace for Soldiers who control the robotic vehicles as well as ways to collect big data in order to improve systems.

While initial tests will use a commercial radio, the Army will also need to develop a resilient network connection between the manned and unmanned vehicles.

“If you're the enemy, you want to jam that connection,” Schirmer said. “If you can effectively shut that connection off, then the robots probably stop working and you've just disabled a chunk of the formation.”



VIDEO FRAME GRAB BY SGT. ALAN BRUTUS

An Abrams tank during live-fire training at Novo Selo Training Area, Bulgaria, recently.

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MODERNIZATION

Nuclear enterprise as important as ever, DOD officials tell congress

By Air Force Tech. Sgt. Chuck Broadway
Defense Media Activity

WASHINGTON — The nation’s nuclear deterrence enterprise remains as important as ever in light of the return of superpower competition and rogue nation threats presented by North Korea and Iran, senior Defense Department officials told the House Armed Services Committee’s strategic forces subcommittee March 22.

The officials discussed national security policies with regard to DOD’s fiscal year 2019 budget request and within context of the country’s nuclear force posture.

John C. Rood, undersecretary of defense for policy; Air Force Gen. Robin Rand, commander of Air Force Global Strike Command; Navy Vice Adm. Terry Benedict, director of the Navy Strategic Systems Program; and Lisa Gordon-Hagerty, administrator of the Energy Department’s National Nuclear Security Administration, each presented testimony on the importance of the nuclear force.

Rood’s opening remarks quoted Defense Secretary James N. Mattis: “[The Nuclear Posture Review] rests on a bedrock truth. Nuclear weapons have, and will continue to play, a critical role in deterring a nuclear attack, and in preventing large-scale conventional warfare between nuclear armed states for the foreseeable future. U.S. nuclear weapons not only defend our allies against conventional nuclear threats, they also help them avoid the need to develop their own nuclear arsenals. This, in turn, furthers global security.”

SUSTAINING MODERNIZATION EFFORTS

According to Rood, the 2018 Nuclear Posture Review reflects DOD’s strategic priority to maintain a safe, secure, survivable and effective nuclear deterrent. While the diverse capabilities of the current nuclear triad provide necessary flexibility and resilience, each leg of the triad has surpassed its intended operating lifecycle.

While the U.S. remains the strongest military in the world, the advantages are eroding as adversaries continue to modernize conventional and nuclear forces,

now fielding broad arsenals of nuclear missiles capable of reaching the American homeland, Rood said.

“Weakness invites challenge and provocation,” he said. “Our task at the Defense Department is to ensure that the U.S. military advantages endure, and in combination with other elements of national power, we are able to fully meet the increasing challenges to our national security.”

At the direction of U.S. Strategic Command, a recent reorganization of authority took place within Air Force Global Strike Command, Rood said. In September, Rand became dual-hatted, assuming the duties of Joint Force Air Component Command, Air Forces Strategic-Air, a position created to streamline authorizations for bomber and intercontinental ballistic missile forces under one line of authority. This, along with other current and future initiatives, are a priority for Rand and Global Strike Command in the continued defense of the nation.

“Modernization of [America’s] nuclear force is absolutely critical,” Rand said. “The key to Global Strike Command’s continued success will remain on our ability to modernize, sustain, and recapitalize our force.”

LOOKING TOWARD THE FUTURE

The Navy is currently in the process of implementing life-extension programs for defense weapons. Benedict said those programs are on track and within budget constraints. Benedict said existing efforts will ensure effective and credible sea-based deterrents until the 2040s, and the Navy is also taking steps to provide credible weapons systems beyond the 2040s.

The Nuclear Posture Review directs the Navy to begin studies in 2020 to define a cost-effective, credible and effective sea-launched ballistic missile that can be deployed beyond the life of the Columbia-class submarine nuclear weapons system, Benedict said. The first of the Columbia-class submarines, which are to replace the present Ohio-class Trident nuclear submarines, is slated to come into service in 2031.

Benedict added that budget requests included funding for modernization efforts in partnership with the National Nuclear Security Administration to bolster the U.S. deterrence posture.



COURTESY PHOTO

Rood

The NNSA, according to Gordon-Hargerty, has three main objectives, to maintain the safety, security and reliability of the U.S. nuclear weapons stockpile, reduce the threat of nuclear proliferation and nuclear terrorism around the world and provide nuclear propulsion for the Navy’s fleet of aircraft carriers and submarines.

To meet those objectives, Gordon-Hargerty said the president’s fiscal year 19 budget request included increased spending in areas such as weapons activities, defense nuclear nonproliferation and naval reactors.

“This request moves us forward to a deterrent that is modern, robust, flexible, resilient, ready and appropriately tailored

to meet current and future uncertainties as outlined in the 2018 Nuclear Posture Review,” she said.

Gordon-Hagerty said this added funding will also provide the resources required to ensure protection of the U.S. and its allies and partners.

“In an increasingly complex and threatening security environment, the DOD must sustain the capabilities needed to deter and defend against attacks on our homeland,” Rood said. “Along with our allies and partners, we must ensure we have the capabilities now, and into the future, to protect our people and the freedoms we so cherish, and are able to engage our adversaries, diplomatically, from a position of strength.”

Game night

Continued from Page A1

Rhys and Scarlett. “They’re always so excited and they always have such a good time playing games and meeting new people.”

Erickson-Velez said she has been bringing her children to the game night for the past year and a half, and said the event helps her feel that her family is being supported, even after she lost her husband in 2016.

“I appreciate it so much,” she said. “It’s nice to feel supported and see that (families) aren’t just left on their own. It’s tough to reach out to us individually, so it’s nice when they have a program that involves everyone.”

It’s when families are able to come out and enjoy themselves that makes all the preparation put into the game night worth the effort, said McCormick.

“This just takes a bit of coordinating, but the most difficult part of planning the evening is making sure there is no conflict with other activities that might be going on around post,” she said. “But once we get our time and date together, we just send out the information and get the word out.

“We have a blast doing it – we have a lot of fun watching the kids play,” McCormick continued. “I just love to watch the kids play and I’ve also got to watch a lot of them grow up.”



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- Ask the question directly: Are you thinking of killing yourself?

Care for your buddy

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1626 COUNTY ROAD 537: Beautiful custom-built luxury home that has everything, all on approx. 3 acres. Energy efficient, Isynene insulation, unvented attic construction system, energy recovery ventilator, separate humidity controls, low E argon gas, high pressure misting system, titanium roof underlayment, lifetime state line roof shingles. Average electric bill overages under \$200 month. **TERRI AVERETT, 406-2072 & JACKIE THOMPSON, 406-1231**

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5 WELBORN AVE: This home is a real gem in Cotton Creek. This 3 bedroom features an open kitchen w/matching appliances, custom light fixtures, and an alarm system with keypad in master bedroom. Other features include jacuzzi tub in master bathroom and custom shelving in master closet. Outside features include: Screened patio, gas hook up for outdoor cooking, rain gutters, outdoor surround sound capabilities. There is a storage shed and privacy fence as well. Come view this house! **CHRIS ROGERS, 406-0726**

‘WE HAVE TO DELIVER’

Future vertical lift team aims to elevate Soldiers

By C. Todd Lopez
Army News Service

(Editor’s note: This is one of six articles covering the Army’s six modernization priorities. Those priorities are long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities, and Soldier lethality.)

WASHINGTON – Historically, it has taken well over a decade to bring a new aircraft into the Army’s inventory.

But the Army can’t wait that long to replace its fleet of rotary-wing aircraft, said Brig. Gen. Walter Rugen. So now, the Army plans to deliver a whole family of new vertical-lift aircraft in less than 10 years.

Rugen, a rotary-wing pilot with more than 2,200 hours of flight time in the MH-60K/L Black Hawk, UH-1 Iroquois, and OH-6 Little Bird, serves as deputy com-

mander for support with the 7th Infantry Division at Joint Base Lewis-McChord, Washington. He is also now dual-hatted as the head of the Army’s newly-created Future Vertical Lift Cross-Functional Team.

The team is one of eight designed to expedite the Army’s pursuit of six modernization priorities. Those priorities, first laid out in October by the Army’s Chief of Staff Gen. Mark Milley, are air and missile defense, long-range precision fires, a next-generation combat vehicle, future vertical lift, the Army’s network and Soldier lethality.

The FVL CFT is focused on replacing legacy Army aircraft such as the CH-47 Chinook, the AH-64 Apache, and the UH-60 Black Hawk with a new family of aircraft that share a common architecture. New FVL aircraft must “increase our reach, our lethality, our sustainability, protection, or survivability and maintainability,” Rugen said.

SEE ELEVATE, PAGE B4



PHOTO BY CW4 DANIEL MCCLINTON

AH-64D Apaches, CH-47 Chinooks and UH-60 Black Hawks must all be modernized if the Army wants to stay competitive, say senior Army leaders. The Army has created the Future Vertical Lift Cross-Functional Team to help further it’s Future Vertical Lift modernization priority.



PHOTO BY SGT. GREGORY T. SUMMERS

A CH-47 Chinook hovers into position over Soldiers waiting to attach an M777 howitzer during sling-load training operations as part of exercise Dynamic Front near Grafenwoehr, Germany, March 6.

CHRISTMAS TREE DROP

Louisiana Guard helps combat coastal erosion in New Orleans

By Sgt. Garrett Dipuma
Louisiana National Guard
Public Affairs

NEW ORLEANS — The Louisiana National Guard’s 1st Assault Helicopter Battalion, 244th Aviation Regiment and Forward Support Company, 205th Engineer Battalion supported the U.S. Fish and Wildlife Service during the annual Christmas Tree Drop in the Bayou Sauvage National Wildlife Refuge in New Orleans East March 14.

During the operation, LANG Aviators and engineers hooked up and dropped bundles of recycled Christmas trees provided by Orleans Parish residents into key areas to rebuild marshland in Bayou Sauvage. This process creates new marsh habitats by building structures that can support native marsh grasses, which traps and holds sediment, creating more land.

The project has re-established hun-



PHOTOS BY SGT. GARRETT L. DIPUMA

Aviators from the 1-244th Avn. Regt. hook up Christmas trees to a UH-60 Black Hawk to drop into Bayou Sauvage National Wildlife Refuge. This year, the LANG and the U.S. Fish and Wildlife Service emplaced around 8,000 trees.

dreds of acres in the Bayou Sauvage NWR over the last 23 years. This year, the LANG and the U.S. Fish and Wildlife Service placed approximately 8,000 Christmas trees.

“Bayou Sauvage is the second largest urban wildlife refuge in our system of over 544 refuges in the United States,” said Shelley Stiaes, refuge

manager for Bayou Sauvage, Mandalay and Bayou Teche National Wildlife Refuges. “It’s very important for creating waterfowl habitat ... we have seen several acres of emergent marsh growth over the past 23 years that we have been doing this program.”

Stiaes said that in addition to creating a wildlife habitat, rebuilding eroded marshlands in the area is important because they act as wave breaks that protect against New Orleans East flooding from storm surge during hurricanes.

“This is important because we’re helping our community by restoring the coastline while we get valuable training time,” said CW3 Gabriel Ruiz, the LANG officer-in-charge of the operation. “Sling-load training opportunities don’t come very often, so when we get an opportunity to train this way, there’s a lot of value to it.”

Ruiz said that the benefits of this training can be seen as recently as two years ago, when LANG flight crews dropped countless sling-loaded sandbags into breached levees to slow floodwaters in 2016.



Louisiana National Guardsmen from 1-244th Avn. Regt. drop bundles of recycled Christmas trees from a UH-60 Black Hawk into Bayou Sauvage National Wildlife Refuge in New Orleans East, La., to help combat coastal erosion March 14.

SEE EROSION, PAGE B4

Guardsmen conduct operations in frozen sea

By Staff Sgt. Balinda O’Neal Dresel
Alaska National Guard Public Affairs

JOINT BASE ELMENDORF-RICHARDSON, Alaska — More than 50 Alaska National Guard members are supporting the U.S. Navy’s Ice Exercise several hundred miles north of the Alaskan coastline.

The training is linked to the Alaska National Guard’s Arctic Eagle 2018, a statewide exercise involving national, state and local agencies designed to provide opportunities for participants to conduct sustained operations in arctic conditions.

ICEX 2018, which began March 7, is a five-week exercise that allows the U.S. Navy to assess its operational readiness in the Arctic, increase experience in the region, advance understanding of the Arctic environment and continue to develop relationships with other services, allies and partner organizations.

Alaska Army National Guard members with 1st Battalion, 207th Aviation Regiment, began preparation for the exercise by outfitting three UH-60 Black Hawk helicopters to carry six and a half hours of fuel in internal and external fuel tanks. The helicopters underwent training flights to test the new weight of the birds.

The extra fuel allows the unit to be able to rendezvous at the U.S. Navy’s Ice Camp Skate and get back to the staging location in one trip. Ice Camp Skate is a temporary ice camp that was established on a sheet of ice in the Arctic Ocean, known as an ice floe.

“Sometimes we do things differently, so it is really great for us to get together to plan and really coordinate our operations,” said 1st Lt. Cade Cross, a pilot with 1-207th Avn. Regt., speaking about multi-agency coordination. “[This exercise] gives us experience, as well as a unique opportunity.”

The unique opportunity takes the Alaska Guard Aviators more than 1,000 miles north of its home location at Bryant Army Airfield and into extreme cold temperatures.

“The cold can cause things to break on the aircraft,” said Cross, discussing the extra parts that were also added to the birds in anticipation of maintenance issues. “No matter where we are asked to go, we should be able to get there and execute our mission unless there are other factors out of our control.”

The Alaska Air National Guard’s 176th Wing supported preparation for the exercise with an air drop mission by partnering with U.S. Marine Corps riggers from 1st Air Delivery Platoon, Landing Support Company, Combat Logistics Regiment 17, 1st Marine Logistics Group, to palletize U.S. Navy equipment and conduct air drop operations via a 249th Airlift Squadron C-17 Globemaster III transport aircraft on to the frozen Beaufort Sea to begin initial set up of Ice Camp Skate March 2.

Air Guard members from the 176th Wing’s 211th Rescue Squadron crewed an HC-130J Combat King II aircraft and air dropped equipment, including an Arctic Sustainment Package, and 10 pararescue personnel from the 212th Rescue Squadron into Ice Camp Skate on March 5.

SEE FROZEN, PAGE B4

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The Coffee County Board of Education is
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application must be postmarked
by April 23, 2018.

Visit www.coffeecountyschools.org
for complete details.

EDUCATION, TRAINING & LIBRARY

For the 2018-2019 school year the Coffee
County Board of Education is seeking
applications for vacancies and potential
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Central Office Administrators:
Federal Programs Coordinator,
Special Programs Coordinator, Special
Services Coordinator,
Technology Coordinator

Administrative:
Principal(s) and Assistant Principal(s)

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Our schools include:
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To be considered for employment
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required. For a listing of positions and to
access the on-line application please visit:
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Please call Jennifer Piland at 334-897-5016
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ENGINEER III (Civil/Mechanical)

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This position requires a bachelor's degree in Civil Engineering
or Mechanical Engineering and will provide engineering
support to the Engineering Division.

Employment is subject to a negative drug test, background
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Interested persons who meet the above qualifications may
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transmission cooperative serving Alabama and Northwest
Florida, is seeking an entry level Electrical Engineer for the
Headquarters Office in Andalusia, Alabama.

This position requires a bachelor's degree in Electrical
Engineering and will provide engineering support to the
Engineering Division.

Employment is subject to a negative drug test, background
check, and completion of a comprehensive application for
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GENERAL

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Dothan is the retail and medical hub of Southeast Alabama with easy access to Atlanta and the beaches of Florida. The Dothan Eagle is a seven-day-a-week daily newspaper owned by BH Media, a division of Berkshire Hathaway. The paper has produced a Harvard University Nieman Fellow and launched reporting careers at many large metro dailies.

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Elevate

Continued from Page B1

“This is going to be something that we are open to rotorcraft, not necessary helicopters,” Rugen explained. “It’ll be vertical-lift rotorcraft, but maybe some things that are different, more compound, advanced designs.”

FVL will also be “clean-sheet” designed, Rugen said – that is, completely new.

“We don’t want to take a form factor like Apache or Blackhawk or Chinook and apply something to it,” he said. Instead, the Army hopes to “make the next generation of those vehicles.”

Rugen said the goal of the CFT is to deliver that new family of aircraft to the Army in record time, on budget and within the confines of existing acquisition law. Achieving that goal will require a keen understanding of acquisition regulations, direct access to the senior-most decision makers in the Army, and a full understanding of the aircraft and capabilities that peer adversaries could potentially yield.

Time is of the essence, Rugen said, and the FVL CFT must overcome where other acquisition efforts have failed. The standard for delivering an aircraft is 15 years, though certainly some programs have taken longer. He said he’s got to beat that – by a lot.

“There is going to be significant time chopped off what is the standard,” he said. “I don’t think that they would allow me to do a 10-year program. They just won’t. It’s not accepted. Ten years? Too long. The chief has challenged us for things in the mid-term. That’s certainly our goal. The warfighter cannot wait for the increased reach, protection, lethality that we are going to bring and the resilience we are going to bring in this rapidly changing, very complex world we find ourselves in.”

GETTING TO FVL, FAST

The new cross-functional teams are designed to circumvent bureaucracy that has hindered progress in earlier programs.

CFTs are plugged in at the very top to the undersecretary of the Army and the vice chief of staff of the Army, and cut across functional communities like acquisition, resourcing, science and technology, and operations.

“We have to crush the bureaucracy,” Rugen said. “The threat is going to compel us to succeed, and we have some great strategies on cutting through some of the bureaucracy created by the current acquisition process.”

Rugen said he wants to get requirements for FVL hammered out this year, which would be way ahead of schedule. “Requirements generation that typically took two to three years, we’re going to take three to four months. That’s an example.”

Requirements generation may be tough for a program as big as FVL. But what may be tougher is sticking to those requirements, especially if program managers become tempted by new, emerging technologies, where last-minute decisions to include those technologies could mean program delays. There’s plenty of examples of that, Rugen said.

“We have learned from our past program failures,” he said. “When you think about Comanche, when you think about Armed Reconnaissance Helicopter and Armed Aerial Scout, we’re informed by that. We have really stated across the Army Aviation community that we are going to pick a requirement and stick with it. There’s not going to be requirements drift. We’re not going to be adding the latest gizmo or flavor of the month. We have to get an air vehicle out to the field and then spirally develop it afterward.”

Contracting is also an area where Rugen said the CFT can shave off time in bringing FVL to the force.

“We’re not going to take two years to write a contract,” he said. “We’re going to use other authorities and things that are 100 percent within the spirit and intent of the laws and policies that are out there, but allow us to go much faster.”

Rugen added that the FVL CFT will also “do early and often prototyping,” and look at things that are already available that might be easily adapted to the Army’s needs.

“We are going to buy, try and decide things that are already on the market,” he said. “And in this way I think we are going to use what industry has already produced and done and get it into Soldiers’ hands much quicker than what we have done in the past.”

Rugen said that FVL CFT members have already been doing maneuverability and agility testing on future vertical lift technology demonstrators out in California.

OPEN ARCHITECTURE AIRCRAFT CAN FLY ITSELF

Rugen said with the FVL family of aircraft, the Army wants a common, open architecture that is resilient against cyber intrusion, but at the same time allows for rapid upgrades when necessary.

“I think there’s going to be a lot of commonality in the sub-systems” between aircraft, he said. “So if you think about the processing, the digital cockpit, the weapons, those are all going to be common.”

And it goes beyond just the Army, he said. There’s joint interest in FVL, and that open architecture will allow other services to benefit from the efficiencies of commonality between their own aircraft, and with aircraft flown by sister services.

“The Air Force part and the Marine Corps part can go on an Army helicopter,” Rugen said. “And Army mechanics can fix a Marine Corps variant, potentially. The commonality is a little bit deeper than just the parts. It’s also some of the fundamental things we do.”

Rugen also said the CFT envisions that FVL might even fly itself, if need be.

“We are going to build these air vehicles so they are optionally manned,” Rugen said. “We are going to do that through digital flight controls and fully coupling

them, so if we need to be unmanned with the rotorcraft, we can.”

Rugen also added that part of the FVL CFT’s domain will be advanced unmanned aircraft systems, or AUAS, that can team with FVL and do the “dull” and “dangerous” work, such as conducting long-term persistent surveillance, or operating in a chemical, biological, radiological, nuclear and high-yield explosive environment.

“That advanced UAS is going to help us penetrate contested airspace in conjunction and in teaming with our lethal, capable future vertical lift rotorcraft,” Rugen said. “That advanced team is going to be kind of an ecosystem that we kind of bring to the fight, that is going to be able to dominate a corridor or a window in a certain time where the enemy brings significant capabilities, so we can flow through as a joint force.”

DISCIPLINE

Like most things in the military, discipline is at the root of success, Rugen said. Keeping his team on track, and delivering FVL to the Army on time will require plenty of discipline.

“As a leader, we need to effectively communicate the risk to the force, if we drift, if we become ill-disciplined,” Rugen said. “We have some pretty compelling problems out there, with the peer and near-peer threats we see.”

Looking at what the Army sees now and what’s on the horizon in terms of future combat should be enough to keep everybody on track to deliver a future vertical-lift capability with improved reach, lethality and survivability, Rugen said.

“Our warfighter needs them,” Rugen said. “I go back to the degraded and contested environments we talk about, the anti-access/area-denial, the megacities, and these very complex spaces. And I think that’s going to be a kind of clarion call to everyone to say, hey, stay focused, because we have to deliver ... we are not going to yield the air domain.”

Frozen

Continued from Page B1

The Arctic Sustainment Package is an air-droppable package, including rescue personnel, that can provide shelter, heat, transportation, fuel and food for 28 individuals for up to 6 1/2 days in extreme arctic conditions.

“This marks a significant point in history since this was the first time dropping the Arctic Sustainment Package out of the HC-130J, Combat King II” said Lt. Col. Eric Budd, commander of the 211th Rescue Squadron and pilot in command of the mission.

After highlighting the significance of the drop, Budd revealed that, as with the Black Hawk preparation, a lot of hard work went into making the mission happen ahead of time.

Within 48 hours of dropping equipment and personnel at the ice camp, the plan was for Guardsmen to transport them back out via the Air Guard’s 210th RQS HH-60 Pave Hawk and Army Guard’s

1-207th AVN UH-60 Black Hawk helicopters. Army Guardsmen with 1st Battalion, 297th Infantry Regiment, would assist with sling load operations, ensuring transportation of all items to Joint Base Elmendorf-Richardson via HC-130 from Deadhorse.

Poor weather required a change of plans. The Black Hawks were delayed due to unsafe weather conditions for two days, and due to continued poor conditions, the operation was prevented from mission completion within the scheduled timeframe.

“Weather is a factor wherever you fly,” said Cross, “but the challenges we deal with operating in the Arctic during a late winter mission can be a limiting factor that is not overcome until the weather cooperates,” he said.

The Pave Hawks at Deadhorse were not able to sling load all of the equipment out because they were at maximum weight and capacity for cargo and number of round-trip flights from the ice



PHOTO BY SGT. SETH LACOUNT

Alaska National Guard Soldiers with A Co., 1-207th Avn. Regt. prepare to embark from the Joint Base Elmendorf-Richardson, Alaska, in their UH-60 Black Hawks in support of a training mission several miles north of the Alaskan coastline March 4.

camp to Deadhorse.

“We regularly have to adapt and overcome,” said Budd, adding that a plan was in place to get the additional equipment and per-

sonnel out of the ice camp.

“For us to be the arctic experts and employ our aircraft in this type of environment speaks highly of the Air and Army National Guard

as a whole,” explained Budd. “It’s our backyard and hopefully when people look to the subject matter experts they are looking toward the Alaska National Guard.”

Erosion

Continued from Page B1

“You have to be pretty precise in sling load operations, but it’s more about communication than anything,” said Ruiz. “Once we get over a load, the pilots can’t see anything, so they rely on the directions they get from the crew

member in the back of the helicopter who is looking at the load while they fly.”

Ruiz said that being able to participate in the Christmas Tree Drop every year is invaluable to developing those skills in a controlled environment so when the need arises, flight crews are ready to speedily and efficiently complete

their missions.

“We could not do this project without the National Guard,” said Stiaes. “When we started this project, it was very labor intensive, and once we partnered with the Guard, we were able to do this project in a matter of hours instead of weeks.”

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THINK GREEN
Army lab finds plastic bottles have re-use potential for battlefield
Story on Page C4

MARCH 29, 2018

FOOD, FUN, FAMILY

Children's Fest delivers for military youth



PHOTOS BY NATHAN PFau

Children race to collect eggs during the Easter egg hunt at Children's Fest at the festival fields Saturday.

By Nathan Pfau
Army Flier Staff Writer

More than 10,000 eggs were up for grabs as hundreds made their way to the festival fields Saturday to get in a little bit of early Easter fun.

Fort Rucker hosted its annual Children's Festival where families came to enjoy food, fun, games, rides and even have a visit with the Easter Bunny.

During the event, children of all ages were invited to take part in one of the largest Easter egg hunts in the area, and snatch up their chance to find not only candy and treats in each egg, but prize tickets that could be redeemed for age-appropriate goodies.

For many family members, it was the excitement of the hunt that had their children raring to go.

"It's nice to be able to come out and have an (Easter egg hunt) with this many people," said Jalisa Walters, civilian from Ozark. "My family and I come out here every year because my children love chasing after these eggs. Before I know it, they will be too old to want to do this stuff, so I'm going to take advantage of it while I can."

Walters brought her two children, Jaime and Devon, aged 11 and 7, and said the Easter egg hunt is the activity they look forward to the most.

"I really like chasing after the eggs and seeing what I get inside," said Jaime. "I think I got at least 20 eggs. We had to really run to get as many as we could."

"The kids have a great time every year and I absolutely love bringing them out here," added Walters. "I wouldn't want to spend a Saturday any other way."

For other family members, the thrill of the hunt can be a bit overwhelming, so other activities, like the petting zoo and the pony rides were more up their alley.

The festival featured a full-fledged petting zoo, complete with familiar barnyard animals, like goats and donkeys, to more exotic creatures, like llamas and Patagonian maras, which had Emily Stallworth, military spouse, and her family giddy with excitement.

"We've really been enjoying ourselves," said Stallworth. "(My son), Braden, is just having the time of his life. There are so many animals here that he just can't contain himself. I keep telling him to calm



W01 Neil Casey, 1-145th Avn. Regt., opens Easter eggs with his sons, Ethen and Aidan, and finds a prize voucher after the Easter egg hunt.

down because I don't want him to frighten any of the animals, but he is just too excited – I love it.

"He loves that he can feed the animals and pet them," she continued. "I think we've spent most of our time over right here (at the petting zoo) because he doesn't want to do anything else."

In addition to the petting zoo, families were able to enjoy bouncing in inflatables, taking a ride on the trackless train or even trying their hand at the Warrant Officer Career College obstacle course, complete with wall climb and rope swing.

After people had their fill of fun, they were able to fill their stomachs with their favorite fair foods, ranging from funnel cakes, cotton candy, candy apples and other fare.

"The Children's Festival pro-

"The kids have a great time every year and I absolutely love bringing them out here."

— JALISA WALTERS, CIVILIAN

vides an outlet to eat great food and spend some time having fun," said Lynn Avila, Fort Rucker special events coordinator. "All our MWR programs have pulled together to create this event, and this event is designed specifically for children and celebrates the uniqueness of the military-child lifestyle."

It's that celebration that had many families appreciative of events like Children's Fest that allow them to enjoy themselves and

feel like a part of the Army family.

"It's just really nice to be able to have stuff like this going on for us to all come out and enjoy, not just as a family together, but with other families, too," said Stallworth. "Being in the Army is a really unique experience, especially for children, and a lot of times it can be hard to find that normalcy, but being able to come out to events like this really makes the kids and the families feel special, so I'm extremely grateful."



Mikayla and 1st Lt. Aaron Tomaszewski, 1-145th Avn. Regt., feed goats at the petting zoo with their two girls, Piper and Ellis.

YOUNG LIVES, BIG STORIES

Contest invites military youth to share their story, voice

By Jeremy Henderson
Army Flier Staff Writer

Military family life can be both rewarding and challenging, and an upcoming contest seeks to give youth a chance to share their stories.

The contest, held in conjunction with the Month of the Military Child, invites military youth to answer the question "what does it mean to be a military child?"

LaShia Davis, Fort Rucker Child and Youth Services youth technology program associate, said the contest allows military youth to share their stories.

"Youth are able to connect and feel a part of their community," she said.

According to Davis, the contest falls in line with MOMC's theme of "Young Lives, Big Stories."

"The Young Lives, Big Stories Contest is important because military youth have the opportunity to inspire and share their expressed artwork or written piece," she said. "Youth enjoy expressing their appreciation in recognizing or giving thanks to military family members."

Youth are invited to submit origi-



ARMY GRAPHIC

nal drawings or written pieces expressing what it means to be a military child. Drawings may be submitted by three age groups: ages 3-4, 5-years-old to first grade and second through third grade.

Written submissions are open to youth in grades fourth through 12th and will be divided into fourth through fifth, sixth through eighth, and ninth through 12th.

Entrants must have primary creative control of their submission and all submis-

sion materials must be original. In the case of the categories for ages 3 through third grade, parents may assist with the two-to-three-sentence description of the submission.

"It is important for Fort Rucker youth to share their stories because sharing will open the voices of many others," Davis said. "Youth can build on a foundation of taking us on a journey through their eyes. It will enlighten and uplift their self-confi-

dence to see the work of their hands."

One winner will be chosen from each category and an overall winner will receive a grand prize.

Submissions must be received or postmarked by 11:59 p.m. central standard time April 30.

Entries can be submitted online at armymwr.com/momc by clicking the enter button on the webpage and following the submission instructions or through email at usarmy.jbsa.imcom-hq.mbx.g9-cys-services@mail.mil.

Any use of drugs, violence, profanity, and tobacco or alcohol in drawings or written submissions will disqualify the entry from the contest.

If entrants cannot submit online or via email, submissions will be accepted by mail to:

» Department of the Army
IMCOM G9 - Child and Youth Services
ATTN: CYS Parent and Outreach Services
2455 Reynolds Rd.
JBSA, Fort Sam Houston, TX 78234-7588

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Child care available

The Fort Rucker School Age Center has spaces available for before and after school care. The school age center is available for children kindergarten through fifth grade. For more information, call 255-9638.

Sexual Assault Awareness Prevention Month car wash

April is recognized as Sexual Assault Awareness Prevention Month and this year’s theme is Sexual Assault. Sexual Harassment. Not in Our Army. The installation Sexual Harassment Assault Response and Prevention Team will partner with the U. S. Army Warrant Officer Career College Warrant Officer Candidate School Class 18-09 to host a car wash to help raise awareness Saturday from 8:30 a.m. to 3:30 p.m. on Shamrock Street. For more information, call 255-2382.

Easter brunch

The Landing will host Easter brunch Sunday from 10 a.m. to 2 p.m. The brunch will feature classic and seasonal dishes, along with an omelet bar, carving stations, deluxe dessert bar and more. The Easter Bunny will also make an appearance, according to organizers. Cost is \$18.95 for adults, \$8.95 for ages 6-12, \$4.95 for ages 3-5, and children ages 2 and younger eat for free. There is also a military family special where two adults and two children eat for \$49. For additional information or to make a reservation, please call The Landing at (334)-255-0769.

Recycled art contest

The Fort Rucker Directorate of Family, and Morale, Welfare and Recreation will host a recycled art contest to celebrate Arbor Day for youth in grades kindergarten through 12th. Winners will be announced April 24 during the Center Library’s container gardening program between 4 and 5 p.m. Recycled art contest rules include: must be a military family child; project must be completed by the child with minor guidance from an adult; project must be constructed of used, recycled materials, such as plastics, cardboard, aluminum cans, newspapers, magazines bottles, etc.; fastening materials may include tape, glue or string; projects must be turned in to the Center Library between Monday through April 23; and attach a note card explaining what materials were used and a brief description of the finished project. For additional details, visit rucker.armymwr.com or call 255-1749.

National Autism Day

Monday is National Autism Day and Angie Marshall from the Progress Center in Dothan will be at The Commons from 9-10 a.m. giving a talk on autism and ABA therapy. Coffee and refreshments will be offered. The deadline to register to attend is today. The talk is open to the public. To register or get more information, call 255-9277.

Wear Teal Tuesday

April is recognized as Sexual Assault Awareness Prevention Month and this year’s theme is Sexual Assault. Sexual Harassment. Not in Our Army. The Teal Day Campaign will begin Tuesday as a Fort Rucker community-wide effort to recognize peoples’ collective responsibility to prevent all forms of sexual assault and sexual harassment by wearing something teal every Tuesday throughout the month of April. Wearing teal will be a visible commitment to support the prevention of sexual assault in recognition of Sexual Assault Awareness Prevention Month. For more information, call 255-2382.

Literature and the Veteran Experience

Center Library and Alabama Humanities Foundation have partnered together to host the Literature and the Veteran Experience group meeting Tuesday at 5:30 p.m. This program is open to combat veterans, retirees and active duty Soldiers. Registration is limited to the first 20 participants and a free meal will be provided to those registered by Monday. To register, or for more information, visit the Center Library or call 255-3885.

Proclamation signing

Fort Rucker garrison command and the Army Community Service Family Advocacy Program will host a Child Abuse



PHOTO BY NATHAN PFAU

Health and Nutrition Fair

The Fort Rucker Child and Youth Services Sports and Fitness Program will host its annual Health and Nutrition Fair for CVS members April 5 from 2:30-4:30 p.m. at the youth football fields. The fair includes sight and hearing screenings, blood pressure checks, height and weight measurements, a registered dietician on hand to give out information, physical therapy information, dental clinic information, preventive medicine information, 4-H Club information, nutrition information and more, including games, music and healthy snacks. For more information, call 255-0395 or 255-2257. Pictured is a scene from last year’s event.

Prevention Month proclamation signing Wednesday at 10 a.m. in the lobby of the Soldier Service Center, Bldg. 5700. The theme for the month is Strong Communities Strengthen Families. For more information, call 255-3359.

Outdoor yard sale

The Fort Rucker Spring Outdoor Yard Sale is scheduled for April 7 from 7-11 a.m. on the festival fields. The event is open to the public. Booth space fees apply to sellers. No commercial vendors are allowed without a contract – contact Special Events for details and fees. Registering in advance is recommended, but not required. Booth cost for ID Card holders (active-duty and family members, retirees, Reserve and Guard members and Department of Defense civilians): 15x20 is \$20, 30x20 is \$30, and tables are \$10 each. Cost for general public: 15x20 is \$30, 30x20 is \$40, and tables are \$10 each. For details, call special events at 255-1749.

Resilience training

Army Community Service will host resilience training April 9 from 9-11:30 a.m. in Bldg. 5700, Rm. 350. Resilience training is designed to provide family members and civilians with the tools to better cope with and overcome adversity and challenges, as well as perform better in stressful situations, according to organizers. For more information, call 255-3161 or 255-3735.

‘Forgotten Alabama’

The Center Library will host Alabama author Glenn Wills April 10 from 5:15-6 p.m. for a photographic journey of his book, “Forgotten Alabama,” to celebrate National Library Week. This free event is open to authorized patrons and is Exceptional Family Member Program friendly. For more information, visit the Center Library or call 255-3885.

Family readiness liaison training

Army Community Service will host its family readiness liaison training April 11 from 8:30-11:30 a.m. in Bldg. 5700, Rm. 284. FRL training is designed to orient and guide liaisons in their roles, responsibilities and operating components of the family readiness system. Pre-registration is required by April 9. To register or get more information, call 255-9578 or 255-3161.

Employment readiness class

The Fort Rucker Employment Readiness Program will host workshops April 12 and 26 in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11:30 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registra-

DFMWR

SPOTLIGHT

The Landing Ballroom | 10 am – 2 pm

Easter

BRUNCH

Easter Sunday, April 1

We look forward to celebrating Easter with you during our annual Easter Brunch. Enjoy a delicious meal with all your brunch favorites such as an omelet bar, meat carving stations, a deluxe dessert bar, and much more here at The Landing.

Adults: \$18.95

Ages 6–12: \$8.95

Ages 3–5: \$4.95

Ages 2 & under: FREE

Military Family Special: \$49.00 (2 adults and up to 2 children)

Reservations are not required but highly encouraged. To make reservations or for more information please contact The Landing at (334) 255-0769.

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Fort Rucker MWR

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tion is required. For more information, call 255-2594.

Rafting, zip lining day trip
MWR Central will host a white-water rafting and zip lining trip to Phenix City and down the Chattahoochee River April 14. The beginner-level trip costs \$95 per person, which includes white water rafting, zip lining, lunch and transportation. The limit is 28 participants and it is open to ages 7 and older. To register or get more information, call 255-2997 or 255-9517.

Blended retirement system seminar
The Army Community Service Financial Readiness Program will present a blended retirement seminar April 17 from 6-7 p.m. in the Soldier Service Center, Bldg. 5700 in Rm. 350. The seminar will be a discussion of the significant aspects the BRS, including how retirement pay will be calculated, continuation pay and the Thrift Saving Plan with matching contributions. This discussion will be facilitated by ACS. Pre-registration is required by April 16. Free child care will be available with registration. For more information and to register, call 255-2341 or 255-9631. Registration can also be at <http://rucker.armymwr.com/us/rucker/programs/army-community-service>.

FORT RUCKER MOVIE SCHEDULE FOR MARCH 29-APRIL 1

Thursday, March 29

Winchester (PG-13)7 p.m.

Friday, March 30

Maze Runner: The Death Cure (PG-13)7 p.m.

Saturday, March 31

Early Man (PG)4 p.m.
Game Night (R)7 p.m.

Sunday, April 1

Peter Rabbit (PG)1 p.m.
Annihilation (R)4 p.m.

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

NECK TIE AFFAIR

2017 Army Digital Photography Contest winners show talent, dedication, skill

By **Brittany Nelson**
Installation Management Command

SANANTONIO—Thousands of pictures were submitted to the 2017 Army Digital Photography Contest by talented individuals in two divisions: Active Duty Military and Other Eligible Patrons.

Entries were received from Dec. 1 to Jan. 31 and were judged by digital automation professionals.

The annual contest takes place through the Family and Morale, Welfare and Recreation department of the U.S. Army Installation Management Command to recognize creative minds as they capture imagery from around the world. The 2017 contest received over 2,200 entries online from dedicated photographers. The winners were notified of their accomplishments at the beginning of March.

Sgt. 1st Class Mark Davis, a military police officer, earned first place for Active Duty Military, in the Animals category with his image of two giraffes nestled together shot in black and white, titled “Neck Tie Affair.”

Davis said he loves black and white photography because it helps him work harder on composition. Sometimes color can dominate and take away from what the photographer is trying to capture.

Not everyone has access to capture a giraffe, but Davis lives near the Okinawa Zoo in Japan.

“I’ve spent countless hours there. Taking photographs of animals can be difficult because they don’t always cooperate so I’ve enjoyed that challenge. It just goes to show you don’t have to be anywhere exotic to find inspiration.”

The contest consisted of seven categories: Animals, Design Elements, Digital Darkroom, Military Life, Nature and Landscape, People and Still Life. Photos needed unique titles and must have been captured within 12 months of the start of the contest year. Contestants were able to submit up to three pictures in each category.

The contest was open to authorized MWR patrons in two divisions, Active Duty Military and Other Eligible Patrons including family members, retirees, civilians and contractors.

Staff Sgt. Anton Rhem, a medical laboratory technician, took second place for Active Duty Military, in the Nature and Landscape category with his illuminating piece, “Downtown San Antonio.”

When composing his shots he looks for pictures that cannot be recreated, those once in a lifetime captures.

“I am a huge fan of long exposure photography. I love the light streaks and deep colors. I was downtown on a photo walk and took the picture because it captures the heart of downtown San Antonio perfectly.”

The winning artists in each category were awarded cash prizes, \$300 for first place, \$200 for second place and \$100 for third place. Honorable mentions are recognized on the MWR website.

Abby Stewart, who took first in Other Eligible Patrons division for the category People, put a lot of meaning behind her black and white image’s title, “Proverbs 31.”

“It is one of my favorite Bible verses and is exactly the woman I strive to be. I feel like this photo embodies that verse, ‘She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue....Many women do noble things, but you surpass them all.’”

Tad Browning, an Army veteran now working as a senior audiovisual production specialist as a civilian, earned second place in the Animals category under the Other Eligible Patrons division.

His image “Running Horses” was taken in Mackay, Idaho, at a Stoecklein Photography Workshop. The Stoecklein family conducts workshops to inspire photographers by putting them in the middle of a working cowboy ranch, Browning said.

CW2 Matthew Brown, a CH-47 Chinook pilot, received second runner up in the Digital Darkroom category for Active Duty Military with his image of beaming yellow and golden hues, titled “Chimera.”

Brown’s image, taken from the top of the Notre Dame Cathedral in Paris, France, displays a creature-like statue with the city in the background. Brown explains the reasoning behind the title.

“A chimera is a Greek mythological fire-breathing serpent, and I thought this particular statue looked similar to what I envision a chimera to look like.”

Despite the image looking more like a painting than a photo, everything in the picture is real, according to Brown. He simply added a few effects for the sunset feel and stone like appearance.

The winning photographers are listed below. The photographs are published on the Army MWR website: <http://www.armymwr.com/programs-and-services/arts-and-crafts/digital-photo-contest>.

Going through the first division, Active



PHOTO BY SGT. 1ST CLASS MARK DAVIS

‘Running Horses,’ captured by Tad Browning, was submitted in the division Other Eligible Patrons of the 2017 Army Digital Photography Contest, earning second place in the category of Animals.

Duty Military, the first category is Animals. Winning first place is Sgt. 1st Class Mark Davis from Torii Station, Japan with the title of “Neck Tie Affair.” Runner up Capt. Nathan Rolls from USAG Bavaria, Germany, submitted “Puffin on Skomer Island.” Second runner up is Command Sgt. Maj. Timothy Abrahamson of Fort Bragg, North Carolina, who submitted “Baby Leopard lounging.”

In the category of Design Elements the first place winner is Capt. Barton Blackorby from JBLM, Washington, with “Maze of Hot Air.” Coming in second place is Staff Sgt. Matthew of Grajeda Fort Stewart, Georgia, with the picture “Into Perspective.” And in third place for design elements is CW4 Jerry Irick from JBLE, Virginia, who submitted “High Light.”

Moving on to Digital Darkroom, the winner is Staff Sgt. Pablo Piedra of Fort Meade, Maryland, titling his art “Exploring the possibilities.” The first runner up is Lt. Col. Scot Keith of JBLM, Washington, with “Pole Vault” and the second runner up is CW2 Matthew Brown coming from Fort Riley, Kansas, titling his picture “Chimera.”

For Military Life, Staff Sgt. Jeremy Ganz of Fort Carson, Colorado, took the crown with “Big Guns.” Following behind in second place is Staff Sgt. Paul Goodnow from Fort Hood, Texas, describing his work as “Train Hard Play Hard.” Then in third place is Staff Sgt. Joel Redman from Camp Zama, Japan, titling his picture, “The Wait.”

In the Nature and Landscapes category, Lt. Cmdr. James Lish from Torii Station, Japan, Okinawa stole the show with “Peace Park Waterfall at Sunrise.” Staff Sgt. Anton Rhem from JBSA, Texas, took second with “Downtown San Antonio.” Then the second runner up was Spc. Chan Pyo Kim from USAG Camp Humphreys, Korea with his piece “Bay of Dragons.”

Moving on to the category People, Pvt. Adeline Witherspoon from JBLM, Washington, took first with “Water Break.” Right behind Witherspoon is Sgt. 1st Class Brian Freeman from Fort Bragg, North Carolina, with the piece “Elegance.” Taking not only first but also third place is Pvt. Witherspoon with “Ghosts in Balkans.”

In the last category, Still Life Staff Sgt. Matthew Grajeda from Fort Stewart, Georgia, took the top place with “Views.” The first runner up is Sgt. 1st Class Eric Ogden in the Army National Guard with the artwork “Day at the Beach.” Coming in third place in Still Life is Master Sgt. Erin Marrero of Fort Bragg, North Carolina who titled her work “Cold Winter Morning.”

Moving on to the second division of winners, Eligible Patrons, the first category Animals was won by William Pulley from Aberdeen Proven Ground, Maryland with the shot “Eagle Battle.” Right behind Pulley is Tad Browning of Fort Hood, Texas, with the picture “Running Horses.” Second runner up was awarded to Marcian Woodside of USAG Yongsan, Korea, with his work “Final Approach.”

In the second category, Design Elements, Harold Levie of Rota, Maryland, earned first place with “Reflections.” Coming in second is Michael Villalpando from Camp Zama, Japan with the piece “Shapes forming Design.” Margaret Collins from Fort Hood, Texas, was awarded third with the picture “Beer Bubbles.”

For Digital Darkroom, Jennifer Anderson of Fort Campbell, Kentucky won first with “Bridge to Heaven.” Coming in second is Tad Browning from Fort Hood, Texas, with

a piece called “Tru View Enhancement.” Crystal Stupar from Fort Campbell, Kentucky, took third place with “Aviators Odyssey.”

In the category Military Life, Michael Hemming from USAG Yongson, Korea, took the crown with “Lined Up.” Right behind Hemming, Rebecca Mastrian from Fort Campbell, Kentucky, took second with the work “With the Band.” Then awarded third place comes Michael Hemming of USAG Yongson, Korea, with the shot “Blackhawk Pilots.”

Looking to the outdoors with Nature and Landscapes, Kimberly Kendall of Fort Wainwright, Alaska, acquired first place with “Majestic Manarola.” Right behind Kendall is David Roberts of JBLM, Washington, taking second place with his

art “Solitude at Lower Lewis Falls.” Colin Kelly, of Aberdeen Proven Ground, Maryland earned third place with “The Hidden Waterfall.”

In the People category, Abby Stewart of Fort Hood, Texas, won first for her creativity in her piece “Proverbs 31.” Jeffrey Ignatius of Rock Island Arsenal, Illinois, earned second place with the wintery piece “Snowman.” Winning third is Crystal Harris from Aberdeen Proven Ground, Maryland, with “Mermaid Song.”

In the last category, Still Life, Michael Hemming of USAG Yongson, Japan, won first with his picture “The Plunge.” Kimberly Kendall from Fort Wainwright, Alaska, acquired second place with “Jugs of Oil” and John Powers, of Camp Zama, Japan, earned third with his piece “Lost and Lonely.”



PHOTO BY TAD BROWNING

‘Neck Tie Affair,’ taken by Sgt. 1st Class Mark Davis, was awarded first place in the Animals category for the Active Duty Military division in the 2017 Army Digital Photography Contest.

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Lab finds plastic bottle battlefield re-use

By Joyce M. Conant
U.S. Army Research Laboratory
Public Affairs

ABERDEEN PROVING GROUND, Md. — Collaboration between the U.S. Army Research Laboratory and the U.S. Marine Corps has resulted in the discovery of using waste plastics – such as water bottles, milk jugs and yogurt containers – for 3-D printing parts that Soldiers may need on the battlefield.

Reclaimed materials may be the next materials used in additive manufacturing, or 3-D printing, to improve the self-reliance of service members on forward operating bases by cutting costs and decreasing the demand for the frequent resupplying of parts by the supply chain.

“The potential applications for additive manufacturing technologies are extensive – everything from pre-production models and temporary parts to end-use aircraft parts and medical implants,” said ARL researcher Dr. Nicole Zander.

Additive manufacturing offers many advantages over traditional manufacturing, she said, including increased part complexity and reduced time and cost for one-off items, such as a bracket for a radio, one of the long-lead parts evaluated in the work.

The research by Zander and co-collaborator Capt. Anthony Molnar from the U.S. Marine Corps, generated fused filament fabrication, or FFF filament, from 100-percent recycled polyethylene terephthalate, or PET, from bottles and plastics without any chemical modifications or additives. Work is also underway to generate filament from other recycled plastics and reinforced filaments.

Zander said that while PET is widely used in many applications, it is not widely used as a feedstock for FFF due to its high melting temperature, water absorption and issues with crystallinity, which can make printing difficult.

Steve Post, business development manager for Thermo Fisher, the maker of the equipment the Army used to produce its filament, said this is a strong statement on sustainability.

“The Army really thought out of the box on this application, turning a troublesome waste product into a valuable resource,” he said.

Zander said recycled PET was shown to be a viable new feedstock, with mechanical properties of printed parts comparable to parts made from commercial filament. In addition to small parts for evaluation, several larger long lead item military parts were also printed with the filament.

“In terms of mechanical properties, most polymers used in FFF have bulk strengths between 30 and 100 MPa,” Zander explained. Recycled PET has an average strength of 70 MPa, and thus may be a suitable 3-D printing feedstock.”

Mechanical testing, including uniaxial tensile and three point bending experiments, were conducted in the laboratory. In these tests, the tensile strength of 3-D printed recycled PET was compared against commercial filaments and found to have similar strength. In addition, a custom test fixture was made to test a 3-D printed radio bracket (a long-lead military item). Brackets made from recycled PET failed at a similar load to brackets printed with commercial ABS filament. The recycled PET filament may have the capability to replace commercial filament in printing a diverse range of plastic parts.

In addition to mechanical testing, the recycled plastics underwent chemical analysis, thermal stability and a host of other tests.

“Recycled polymers have a variety of different additives, fillers and dyes and may have experienced different processing conditions – even for the same polymer type,” Zander said.

To get a better understanding of different recycled plastic feedstocks and the best properties to expect from such materials, chemical, thermal and mechanical analy-



PHOTO BY JHI SCOTT

Dr. Nicole Zander, ARL demonstrates equipment for Marine Capt. Anthony Molnar. The U.S. Army Research Laboratory and the Marine Corps collaborated and discovered that waste plastics could be used for 3-D printing parts that Soldiers may need on the battlefield.

ses were performed.

Molnar, project officer with the mobility and counter mobility team in Quantico, Virginia, said PET plastics such as water bottles and packaging are one of the most prolific wastes found on the battlefield. Both U.S. and coalition forces produce large volumes of this waste, and being able to repurpose this on location by forward deployed forces will reduce the logistic burden of transporting parts to forward operating bases and the additional costs of disposing of the recyclable material.

“Nikki’s groundbreaking research will provide U.S. forces with the ability to 3-D print replacement parts on demand,” Molnar said. “This will not only increase readiness of equipment but also provide troops with the ability to manufacture mission specific gadgets in the field.

“As our enemies have shown us, they can often outpace our ability to react to their new tactics and equipment,” he continued. “This new technology will enable the warfighter to more rapidly develop tools necessary to defeat an ever changing enemy technology.

“With Nikki’s continued research in incorporating additives, stronger filaments will continue to increase the capability to print stronger replacement parts,” Molnar said. “This will further enable Soldiers to push the boundaries of expeditionary manufacturing into not only larger parts, but also other areas such as printing building materials, unmanned platforms, and force protection devices.”

Researchers said the driving force for this work is to enhance warfighter capability and readiness by enabling repairs while deployed and to reduce dependence of the logistical supply chain.

“While each unit carries large stockpiles of spare parts for emergencies, this is costly and increases the risk to warfighters during the convoy of those assets. It is also difficult to predict the failure and lifecycle of these parts,” Zander said.

Zander and Molnar are in the process of building a mobile recycling facility to enable Soldiers to be able to repurpose plastics into feedstocks for 3-D printing.

“The MRF will be a plastic processing laboratory housed in a 20-foot ISO container, with all equipment and tools needed to fabricate 3-D printing filament from plastic waste,” Zander said.

Researchers determined that recycled plastics have shown to be suitable material for 3-D printing, provided the material is properly cleaned and dried. The tensile strength of printed parts from recycled PET was equivalent to printed parts made from commercial off the shelf PET pellets and commercial filaments. But the re-



SHUTTERSTOCK IMAGE

Reclaimed materials may be the next materials used in additive manufacturing, or 3-D printing, to improve the self-reliance of service members on forward operating bases by cutting costs and decreasing the demand for the frequent resupplying of part by the supply chain.

search will not stop here.

Zander said blending with other plastics, or the addition of fillers such as reinforcing or toughening agents, may further improve the mechanical properties of the recycled plastics, or rPET, filament and expand the realm of applications in how it may be used.

“Ultimately, we’d like to produce the best possible feedstock we can from recycled plastics and waste materials,” Zander said. “Future work will involve testing select 3-D printed long-lead parts against original parts to determine if they can be a suitable long-term or at least a temporary replacement.”

RELIGIOUS SERVICES

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions

9 a.m. Catholic Mass

11 a.m. Collective Protestant

12:05 p.m. Catholic Mass

(Tuesday-Friday)

4 p.m. Catholic Confessions

(Saturday)

5 p.m. Catholic Mass

(Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant

Sunday School

10:45 a.m. Latter-Day Saints

10:45 a.m. Wings Crossroads

(Contemporary Worship

Protestant Service)

11 p.m. Eckankar Study

(4th Sunday)

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD

(except during

summer months)

BIBLE STUDIES

TUESDAYS

Crossroads

Discipleship Study

(Meal/Bible Study)

Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel

Wings Chape, 9 a.m.

and 6 p.m.

Adult Bible Study

Spiritual Life Center, 7 p.m.

WEDNESDAYS

Catholic Women of the Chapel

Spiritual Life Center, 9 a.m.

Above the Best Bible Study

Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study

Hanchey AAF, Bldg. 50102N,

Rm. 101 11:30 a.m.

164th TAOG Bible Study

Bldg. 30501, 11:30 a.m.

Precepts Bible Study

Soldier Service Center,

12 p.m.

Kingdom Kidz & Youth Group

Bible Study

Spiritual Life Center,

5:30 p.m.

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Army helps former Soldier celebrate 100th

By Mike Strasser
Fort Drum Garrison Public Affairs

FORT DRUM, N.Y. – Louis Weiss made a name for himself in the entertainment industry as a talent agent, representing celebrities such as Barbara Walters and Howard Cosell during a 70-year career at the William Morris Agency.

But before that, Weiss served his country during World War II as an officer of the newly formed 10th Mountain Division.

Weiss started working at the William Morris Agency in the mailroom – a job facilitated by comedian George Burns, his maternal uncle. He worked his way up to a promotion in the nightclub department. But when the first peacetime draft was instituted in the United States, it wasn't long before the 22-year-old Weiss received his notice.

Assigned to D Company, 10th Mountain Medical Battalion, Weiss moved from Camp Bowie, Texas, to Camp Swift, Texas, on Nov. 30, 1944. Soldiers from the 10th Mountain Division had moved from winter warfare and cold-weather survivability training at Camp Hale, Colorado, for flatland training at Camp Swift. On Christmas Day, Weiss and his unit departed by train for Camp Patrick Henry, Virginia, where they made final preparations for deployment.

Due to security reasons, the troops were not informed of their destination until they were well out to sea. The 10th Mountain Division arrived in Naples, Italy, in January 1945, and the unit saw near-continuous combat until the German army surrendered on May 2, 1945.

In the book, "The Mailroom: Hollywood History from the Bottom Up," Weiss described his tour in Italy this way: "It was not a European pleasure trip." He said that his mind was on survival, not show business.

While he was serving overseas, the agency put aside 10 percent of his weekly salary so that he would have money upon his return. Weiss said that life was different when he returned to work – the agency had changed in the 4 1/2 years he was gone, and so had he. "War makes you grow up fast," he said.

He was determined to make a career with the agency and he developed a passion for the business.

From signing nightclub acts to becoming worldwide head of television in New York, then chairman and, finally, chairman emeritus, Weiss dedicated 70 years of his life to the entertainment industry, working for the same company until he retired in 2007.

"I don't know of anyone who's worked for one company for 70 years," said his grandson, Brian Weiss. "He's just an incredible person."

Weiss said that while his grandfather underwent radiation treatment for cancer, he once shared an elevator ride with three firefighters and a police officer. His grandfather always wears his Yankees clubhouse jacket and a 10th Mountain Division hat, so when the first responders saw the Army patch, one of them mentioned that his brother also served in the 10th Mountain Division.

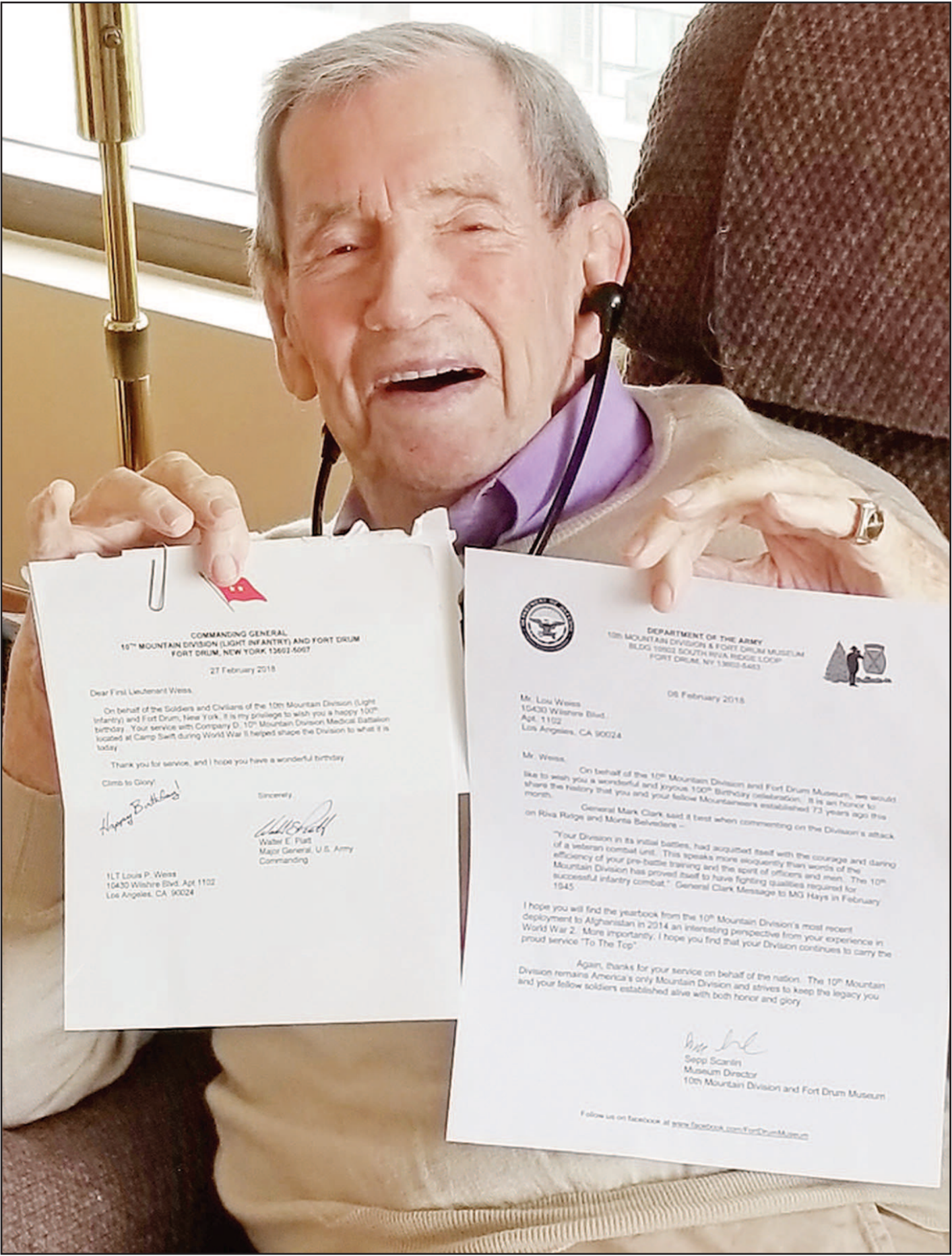
"He's always wearing the hat, and every now and then he talks about his time in the Army – never in any detail or anything, but just mentions it," Weiss said.

Weiss said that whenever his grandfather would share a story with him about his time in the Army, it would be a lesson learned. By mentioning his struggles in combat, he was telling his grandson how he can persevere over any challenge.

"The small stories he did tell me – his military advice to me – were invaluable," Weiss said. "It was always about how I can improve myself, which actually helped me quite a bit."

Weiss said that his grandfather has many plaques and awards in his L.A. home from his career as an agent, but only a few items from the 10th Mountain Division and his time in service.

That prompted Weiss to see if he could commemorate his grandfather's 100th birthday on March 22 by adding some-



COURTESY PHOTO

Louis Weiss served as an officer in the newly formed 10th Mountain Division and deployed to Italy with the 10th Mountain Medical Battalion during World War II. Celebrating his 100th birthday on March 22, Weiss received a birthday message from Maj. Gen. Walter E. Piatt, 10th Mountain Division (LI) and Fort Drum, N.Y., commander, and Sepp Scanlin, 10th Mountain Division and Fort Drum Museum director.

thing new to his scant collection. The former first lieutenant received two birthday greetings – one from Maj. Gen. Walter E. Piatt, 10th Mountain Division (LI) and Fort Drum commander, and another from Sepp Scanlin, 10th Mountain Division and Fort Drum Museum director.

Piatt wished the former first lieutenant a happy birthday and thanked him for his service, which he wrote "helped shape the Division to what it is today."

Along with the birthday message, Scanlin sent a copy of the 10th Mountain Division yearbook that highlights the 2014 deployment in Afghanistan.

"My grandfather was very well-known in the entertainment industry, and so whenever he gets something sent from any organization, the first thing he thinks is, 'Oh, they want money,'" Weiss said. "But this package was from the U.S. Army, so he didn't know what to think."

Weiss said that while he was on the phone with his grandfather he could also hear his grandmother, who just turned 96.

"She was saying, 'Lou, don't open it, they want your money. Don't open it.' And I'm on the line telling him to open it," Weiss said. "I said, 'trust me, open it.' So he finally opens it, and he was totally blown away."

"Him living this long, I thought it would be cool if he could tell his great-grandkids that he was part of World War II, and that he was remembered on his 100th birthday," Weiss added. "I was excited that it worked out the way I was hoping it would. I know he was very moved over all of it."

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State parks offer vacation options

Army Flier
Staff Reports

ATLANTA — Georgia’s State Parks and Historic Sites offer many ways for families to vacation in the outdoors on a budget.

From sleeping under the stars to paddling under a full moon, Georgia’s State Parks have vacations for all ages. Below are ten ideas for memorable spring break vacations that are affordable and close to home.

- **Camping Under the Stars** — Pack the tent and build cherished memories while toasting gooey s’ mores. Camping encourages the entire family to enjoy the simple pleasures of swapping stories while looking up at the stars. All campgrounds have water and electric hookups, plus hot showers. Many offer sewage hookups for RVs and site-specific reservations.
- **Glamping Yurts** — For a unique and affordable getaway, book a “glamour camping” yurt. These funky wood and canvas structures are a blend between a tent and cabin, with furniture inside and fire rings outside. Guests can even walk to nearby hot showers. Yurts are available at Cloudland Canyon, Red Top Mountain, High Falls, Fort Yargo, Sweetwater Creek and Tugaloo state parks.
- **Cozy Cabins** — For an affordable and cozy staycation, book a cabin or cottage surrounded by beautiful scenery. Ranging from one to three bedrooms, state park cabins come with fully equipped kitchens, screened porches and a wide range of activities right outside the door. Bring your four-legged family members



COURTESY PHOTO

along when you reserve a dog-friendly cabin in advance.

- **Parks After Dark** — Throughout 2018, Georgia’s State Parks are spotlighting the sights and sounds of evening. Join park rangers for after-dark programs such as full-moon kayaking, astronomy outings, sunset hikes, frog frolics, candlelit tours and more.
- **Junior Rangers** — Children ages 6 to 12 will have fun learning in the outdoors as they work toward earning a Junior Ranger badge. By following guidelines in the activity book or attending ranger-led camps, they will experience nature first-hand and explore Georgia’s fascinating history. The experience builds as children work their way through three

badge levels. Download the free book at <http://www.GaStateParks.org/EducationalResources>.

- **Hit the Trail** — Hit the trails with your children to discover the wonders of nature through their eyes. Georgia’s State Parks offer a variety of hiking and biking paths, from easy paved loops to challenging backcountry trails. Families will experience Georgia’s diverse landscape as well, with canyons and waterfalls, salt marshes and streams. Energetic explorers can join the Canyon Climbers Club or Muddy Spokes Club to earn a members-only t-shirt.
- **Go Fishing** — Grab your rod and reel and head out for a day of fishing at parks like High Falls or Moccasin

Creek. There is no fee for casting a line, but a license is required for ages 16 and older. For families who would like to take their adventure up a notch, many state parks rent boats by the hour.

- **Travel Back in Time** — Mix entertainment with education when you step back in time at Georgia’s state historic sites. Children can explore colonial times at Fort Morris and Fort King George, or Civil War bunkers at Fort McAllister. To learn about Native American history, visit Kolomoki Mounds, New Echota, Chief Vann House and Etowah Indian Mounds. Even more historic sites are listed at <http://www.GaStateParks.org/History>.
- **Go Paddling** — Explore Georgia’s waterways through a variety of paddling adventures. Canoes, kayaks, stand-up paddleboards and aquacycles may be rented seasonally, or visitors may bring their own boats. Many parks offer guided tours, including Stephen C. Foster’s tour of the mysterious Okefenokee Swamp and George L. Smith’s tour of a beautiful mill pond. For a challenge, join the Park Paddlers Club which takes explorers to six state parks as they earn a members-only t-shirt.
- **Tee Off** — Tee off at one of Georgia’s eight state park golf courses offering a family-friendly atmosphere surrounded by sparkling lakes and scenic forests. Lessons, putting greens, pro shops and a Junior Golf Tour are available.

For more information, visit <http://www.GaStateParks.org/>.

WIREGRASS COMMUNITY CALENDAR

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ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

APRIL 6-7 — The Wiregrass Master Gardeners will host its 22nd Spring Plant Sale on from 9 a.m. to 5 p.m. April 6 and 8 a.m. to noon April 7. The sale will be held in the master gardeners’ nursery at the Dothan Area Botanical Gardens, 5130 Headland Avenue. There will be a wide selection of plants – last year featured over 5,000 plants for sale. The event will also include free planting tips from the master gardeners, and information on fire ant control, soil testing and gardening in general. Admission is free. For more information, call 334-714-2759.

APRIL 14 — The Wiregrass Museum of Art will host its free Slow Art Day from 10-11:30 a.m. The annual event is hosted by over 100 museums and arts organizations around the world with the mission of helping people discover the joy of looking at, making meaning of and loving art, according to organizers. Participants at WMA’s event will take in and make meaning of an incomplete exhibition installation in the main gallery. Guests will have 30-45 minutes of slow-looking and will be encouraged to join a discussion afterwards. For more information, call 334-794-3871 or visit www.wiregrassmuseum.org.

APRIL 17 — The Alzheimer’s Resource Center is hosting the 29th annual Alzheimer’s Conference at the Dothan

Civic Center. The hours for the conference are 8 a.m. to 3 p.m. Registration begins at 7:30 a.m. Both professional and family caregivers are invited to attend. Registration fees for the conference are \$75 with CEUs and \$25 without. To pre-register, call 334-556-2205. Registration will also be available at the door.

ENTERPRISE

APRIL 2, 9, 16 — Beginning waltz dance lessons are being offered at the Hildreth Building, 202 N. Main St. from 6:30-7:30 p.m. The cost is \$3 per person per evening. For more information, call 393-4811.

APRIL 7 — The American Legion will host a military child celebration from 9:30 a.m. to 2 p.m. at its facility on 701 East Lee Street.

APRIL 7-8 — The 44th annual Piney Woods Arts Festival takes place April 7 from 9 a.m. to 5 p.m. and April 8 from noon to 4 p.m. on the running track of Enterprise State Community College. One of the oldest juried arts and crafts shows in the area, Piney Woods features original art and crafts by approximately 100 artists, a children’s fun center, food and entertainment, according to organizers. Special events include a Civil War living display and the Weevil City Cruisers Car and Truck Show – Saturday only across campus from the arts festival. Admission is free. For information, call 334-406-2787 or visit www.CoffeeCountyArtsAlliance.com.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

ONGOING — The Disabled American Veterans Wiregrass Chapter 99 Veterans Assistance office is open Tuesdays and Wednesdays from 9-11:00 a.m. except on federal holidays. The office is located in the town hall.

Shakespeare Festival open house

The Alabama Shakespeare Festival will host its open house March 31 from 10 a.m. to noon. The free event will feature information about the organization’s summer camp programs, like Camp Shakespeare, Broadway South Musical Theatre camp, Behind the Curtain: Technical Theatre camp and Camp Shakespeare Junior. There will also be games, crafts, costumes, demonstrations and photos with the Snow Queen, according to organizers. ASF’s partner organizations in the community will also be on hand to share information about their summer activities, as well, including the Montgomery Symphony, the Montgomery Biscuits, the Alabama State University Music Department, Montgomery Public Library, Montgomery Advertiser, Montgomery Zoo and more.

For more information, visit www.facebook.com/events/2195847577095747/.

Easter Eggstravaganza Kids Fest

The Montgomery 2018 Riverfront Easter Eggstravaganza Kids Fest will be held March 31 from noon to 2 p.m. in Riverfront Park. The event will feature Easter egg hunts, games, face painting, balloon animals, K-9 demonstration, fire truck display, food vendors and a visit from the Easter Bunny, according to organizers. This event is free and open to the public. Children are encouraged to bring their Easter baskets so they can capture hidden eggs located in the park area.

For more information, call 334-625-2100 or visit www.facebook.com/events/1458049780990870/.

Beyond Briefs

Blue Angels Practice

People can observe the Blue Angels, the U.S. Navy Flight Demonstration Squadron, practice most Tuesdays and Wednesdays between March and November at the National Naval Aviation Museum viewing area in Pensacola, Florida. Practices typically begin at 11:30 a.m. and last about an hour. The outside viewing area for the Blue Angels practice is located on the museum flight line north of the museum. Signs are posted to direct visitors to viewing and parking locations, including limited parking for handicapped visitors.

Open bleacher seating is available for 1,000 people. Chair service is provided

at each practice session –chairs are available for a fee of \$3 per chair good for that day’s practice session. Concessions and merchandise are also available, and there is a 100-percent ID check for all visitors 16 years old and over to access the museum flight line. Backpacks, daypacks, luggage and similar items are not allowed on the flight line. Small purses, bags containing medications, and diaper bags are allowed, but are subject to search by Naval Air Station Pensacola Security personnel.

Cancellations due to weather or maintenance are made at the team’s discretion and may not be made until the morning of the practice.

For more information, visit <http://www.navalaviationmuseum.org/>.

DETERMINATION

Army remains committed to restoring Puerto Rico's power

**By Task Force Power Restoration
(Puerto Rico)
Public Affairs**

SAN JUAN, Puerto Rico — Six months after Hurricane Maria made landfall, the U.S. Army Corps of Engineers remains committed to safely and urgently restoring reliable power and returning normalcy to the U.S. citizens of Puerto Rico as quickly as possible.

USACE works as part of the Unified Command Group along with the Puerto Rico Electric Power Authority, the Federal Emergency Management Agency and the island's Restoration Coordinator. The Corps is on track with its contribution to the goal of restoring electricity to 95 percent of pre-storm customers on the island by the end of March.

Puerto Rico's power grid has 2,400 miles of transmission lines across the island and 30,000 miles of distribution lines with 300 sub-stations. Hurricanes Irma and Maria damaged an estimated 80 percent of the grid.

The Unified Command Group and USACE leadership reported that less than seven percent of pre-storm customers are still waiting for their electricity to be restored. Power restoration for the final five percent of customers in more remote areas with challenging, mountainous terrain could take until late May.

The Corps is leveraging its resources, alongside the other four restoration contingents, to complete the mission and achieve the paramount objective of restoring power for the citizens of Puerto Rico. Over the next several weeks, industry utilities operating under Mutual Assistance Agreements, the New York contingent, PREPA and PREPA's contractors will all continue to maximize manpower and material against remaining priority lines, in accordance with PREPA's Restoration Master Plan.

The final phase of the mission will be to restore grid power to the remaining five percent of people in the most remote and challenging areas and to build resiliency and redundancy into the grid, with the goal of restoring the system to full operational status.

Since the beginning of the mission assignment, over 800 USACE personnel have deployed in support of Task Force Power Restoration, and over 2500 Corps contracted line workers which contributed



PHOTO BY PRESTON CHASTEEN

Despite the rugged terrain, power workers with the U.S. Army Corps of Engineers contractor Power Secure reconnect power lines near the town of Lares, Puerto Rico, Jan. 24.

to the nearly 6,000 that have worked to repair the grid.

Today 2,829 workers remain fully engaged in their efforts to restore normalcy for the people of Puerto Rico through restoration of power. To date USACE has received 46,185 poles and 3,748 miles of conductor wire. If aligned end to end, that's enough poles to cover the distance from Washington D.C. to New Haven Connecticut, and enough wire to stretch from Washington D.C. to London.

In addition to grid repair, USACE currently has 900 active generators operating in support of the temporary power mission, and has removed over 689,000 cubic yards of debris on the debris mission assignment (enough to fill up the Empire State Building more than twice), and has installed 59,446 blue roofs of the 61,000 approved.

USACE will also continue to be responsible for the requisition and distribution of all power grid restoration materials.

"This phase will primarily be executed by PREPA crews and their contractors," said Col. Jason A. Kirk, commander, Task

Force Power Restoration. "USACE will continue to distribute, account for and transfer materials, along with managing the provision of temporary emergency power with small, medium and 'mega' generating units."

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- 2 Eggs Breakfast (Eggs, Toast, Small Bowl of Grits)\$3.99
- 2 Eggs (with 3 Bacon, 2 Sausage, Sliced Ham or Corned Beef Hash).....\$5.99
- 2 Eggs Meat
 - ~ 1 Country Fried Steak & White Pepper Gravy.....\$6.99
 - ~ 1 Seasoned & Grilled Center Cut Pork Chop or Chicken Breast.....\$7.99
- 2 Eggs Ribeye (Fresh Out, Aged Beef, 8 oz).....\$11.99
(Egg Beaters Available, Scrambled Only)

OMELETS
Order Includes Toast & Jelly, Grits or Substitute Hashbrowns for 69¢

- Cheese (American or Swiss).....\$6.49
- Make it a Cheesy-Cheese.....\$6.99
- Ham & Cheese (Diced Ham & Cheddar Cheese).....\$7.49
- Spanish.....\$6.99
(Grilled Onions, Peppers, Tomatoes & Cheddar Cheese)
- Western.....\$8.99
*(Grilled Mushrooms, Peppers, Onions, Tomatoes, Ham & Cheddar Cheese)
(Salsa & Sour Cream Upon Request - Spanish & Western Only)*

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- with 3 Bacon, 2 Sausage, Sliced Ham or Corned Beef Hash.....\$6.99
(Top with Blueberries, Pecans or Strawberries and Whipped Cream \$2.15 extra)

BREAKFAST SANDWICHES

- 1 Egg Biscuit/Toast.....\$1.59 *(2 Eggs - \$2.49)*
- 1 Sausage Gravy Biscuit.....\$2.79 *(2 Biscuits - \$4.19)*
- 1 Biscuit (1 Sausage or 1 Bacon or 1/2 Ham or 1/2 Country Fried Steak).....\$2.99
- BREAKFAST SANDWICH (Biscuit or Toast, Bacon, Ham or Sausage & 1 Egg).....\$3.99

BREAKFAST ADD-ONS

- Egg.....99¢ • Grits or Oatmeal.....\$1.49
- Cheese (Cheddar, American or Swiss).....89¢
- Gravy - 4 oz (Brown or White).....\$1.49
- Hashbrowns (Ring or Scattered).....\$2.09
- 1 Pancake/French Toast.....\$1.69
- 3 Bacon, 2 Sausage, 1 Sliced Ham or Corned Beef Hash.....\$2.69
- Biscuit or Toast.....99¢ • *NEW! Home Fries.....\$2.99
Toppings: Peppers - 99¢ • Tomatoes - 99¢ • Onions - 99¢ • Ham - \$1.49 • Chili - \$1.29 • Mushrooms - \$1.49 • Jalapeños - \$1.49
- Seasoned Hash Browns (topped with 3 of your choice below).....\$5.99
Cheese • Peppers • Tomatoes • Onions • Ham • Chili • Mushrooms • Brown Gravy • Jalapeños
- Old Time Galbby's (Cheese • Peppers • Tomatoes • Onions • Ham • Chili • Jalapeños).....\$6.99

JERRY'S SPECIAL - No Toast or Grits ~ LOW CARBS!
3 Eggs • Diced Ham • Diced Onion • Cheese • Garlic
All Scrambled Together.....\$6.29

BREAKFAST BURRITO - 3 Eggs, Shredded Cheddar, Peppers, Onions, Tomatoes, Hashbrowns with Your Choice of Diced Ham, Sausage or Bacon
Wrapped in a Flour Tortilla & Covered with Chili & More Cheese.....\$9.99
Salsa & Sour Cream Available

DINNER SPECIAL - Includes Grits or Toast
2 Eggs • 3 Cakes, 1 Waffle or 3 French Toast • Sausage, Bacon, Ham or Corned Beef Hash.....\$5.99
Substitute Hashbrowns for 69¢

LUNCH ~ SERVED ANY TIME

ALL AMERICAN BURGERS - Wrap It for 50¢ More!
All Burgers are made with FRESH 100% Ground Beef - Lettuce, Tomato, Onions served upon request!

• **COMBO VALUE** - Soda, Iced Tea, or Coffee & Fries (BURGERS & DAWGS ONLY)..... add \$1.99

	1/4 lb	1/2 lb
• Classic Hamburger.....	\$4.39	\$5.59
• Classic Cheeseburger (American or Swiss).....	\$4.49	\$5.79
• Cheesy Cheeseburger (Both American & Swiss).....	\$4.69	\$6.69
• Bacon Cheeseburger (Crispy Bacon, American or Swiss).....	\$4.69	\$6.69
• Alpine Burger (Grilled Mushrooms, Swiss Cheese).....	\$5.29	\$7.29

These Burgers Available Only at the Diner

• **Chinook Burger** (2 x 1/4 lb Fresh Beef Cheeseburger Patties, Our Own Chinook Sauce & Garden).....\$6.89

• **Apache Burger** (1 Beef Patty, Sweet/Spicy Hot Sauce, Grilled Onions, Jalapeños, Lettuce, Tomato, Swiss).....\$5.79.....\$7.79

• **Blackhawk Burger** (1/2 lb Fresh Beef Stuffed with Select Cheeses, Grilled with Blackening Spice & Garden).....\$6.69

• **Kiowa Burger** (1/2 lb Mesquite Seasoned Patty, Melted Cheddar, 2 Fried Onion Rings, Special BBQ Sauce).....\$6.19
Kiowa Hellfire Loaded = Jalapeños & Hot Pepper Jack Cheese.....\$6.69

• **Lakota Burger** (1/2 lb Chorizo & Hamburger Mix, Swiss Cheese, 1 Egg, & Special Lakota Sauce).....\$5.09

MELTS - Served with Fries or Hashbrowns & a Pickle Spear

• Patty Melt (Grilled Onions & American Cheese, Grilled Whole Wheat).....	1/4 lb \$4.69	1/2 lb \$5.69
• Turkey (Grilled Onions & American Cheese, Grilled Whole Wheat).....	\$5.89	
• Roast Beef (Grilled Onions, Swiss Cheese, Grilled Whole Wheat).....	\$5.89	
• Chicken Breast (1 Seasoned Breast, Grilled Onions & American Cheese, Grilled Whole Wheat).....	\$5.89	

SUBS - Wrap It for 50¢ More! - Served with Fries or Hashbrowns & a Pickle Spear

- Club Sub (Sliced Ham, Turkey, Bacon, Lettuce, Tomato, American & Cheddar Cheeses, Grilled Smoked Bacon Bits & One Grilled Dinner Bread House Large).....\$7.49
- Philly Steak (Direct from "Philly" Steak, Grilled Onions & Peppers, Swiss, Grilled Soft Hoagie Bun).....\$7.49

THE DAWG HOUSE

- Diner Dawg (Both Dawg & Bun are Grilled).....\$2.69
- Messy Dawg (Chili & Cheese or Fresh Cole Slaw).....\$3.99

SALADS - (Sizes House or Large...THE LARGE IS HUGE! No Sharing Please!)

All Salads Include Fresh Diced: Mushrooms, Peppers, Onions, Tomatoes, Swiss, American & Cheddar Cheeses, Grilled Smoked Bacon Bits & One Grilled Dinner Bread House Large

• Garden Salad (Everything is fresh! No Meat).....	\$4.99	\$5.99
• Chef Salad (Lots of Ham & Turkey).....	\$5.99	\$6.99
• Chicken Finger Salad (Golden Breaded Fingers - House=1, Large=2).....	\$5.99	\$6.99
• Grilled Chicken Salad (Grilled Chicken Breast - House=1/2, Large=1).....	\$5.99	\$6.99

Dressings: House=2, Large=3
Thousand Island, Blue Cheese, Original Ranch, Jalapeño Ranch, French Honey, Italian Lite, Honey Mustard, Raspberry Vinaigrette, Fat-Free Ranch
Order More Dressing for 79¢ Each

DRINKS

• Coffee* (Regular or Unleaded).....	\$1.49	• Hot Tea.....	\$1.49
• Iced Tea* (Sweet or Unsweet).....	\$1.49	• Hot Chocolate.....	\$1.79
• Fountain Soda*.....	\$1.49		
• Milk 16 oz.....	\$1.99	• Chocolate Milk 16 oz.....	\$1.99
• OJ (the Real Deal, Special Ordered, Fresh Squeezed, NO PULP! NOT from Concentrate) 10 oz.....	\$1.99		

* 2 Refills w/o Meal Order (2 Lemon Slices with Iced Tea, each Additional 5¢)

DINNER ~ SERVED ANY TIME

All Dinners are Served with Grilled Bread & Your Choice of 2 Dinner Side Dishes.

- Chicken Fingers (3 Deep Fried Golden Fingers).....\$6.99
- 1/2 lb Ground Chuck Steak (Topped with Onion Brown Gravy).....\$6.99
- Country Fried Steak (2 Steaks topped with Our Delicious White Pepper Gravy).....\$7.99
- Grilled Chicken Breast (2 Grilled & Seasoned Chicken Breasts).....\$6.99
- Roast Beef.....\$7.99
(Tender Roast Beef, Grilled & Topped with our Onion Brown Gravy, All on a Grilled Dinner Bread)
- Grilled Seasoned Pork Chops (2 Large, Center Cut Chops - Grilled & Seasoned).....\$8.99
- Dale's Garlic Chicken (OUR BEST SELLER - FIND OUT WHY!).....\$8.99
(2 Large Seasoned Chicken Breasts, Grilled & Covered with Sautéed Mushrooms with a Hint of Garlic, Bacon Bits & Melted Cheddar)
- Ribeye (4-6 oz. Choice Cut, Lightly Seasoned, Grilled to Your Liking).....\$12.99
- Meat Burrito (Beef or Chicken, Sorry, no sides with this one).....\$7.99
(Tender Beef or Chicken, Sautéed Onions, Peppers, Tomatoes & Shredded Cheddar Cheese, Wrapped in a 10" Flour Tortilla & Covered in Our Chili & MORE Cheese!)

DINNER SIDE DISHES

• Sliced Tomatoes.....\$1.49	• Fresh Cole Slaw.....\$1.69
• Grilled Dinner Bread.....\$1.29	• Golden Hashbrowns.....\$2.09
• Fresh Mashed Potatoes.....\$1.69	• Brown/White Gravy.....\$2.09
• Tossed Salad (Small Bowl).....\$2.09	• Southern Fried Okra.....\$2.09
• Veggie of the Day.....\$1.65	• Diner Chili (Meat & Beans).....\$2.29
• French Fries**.....\$1.79	• Sautéed Mushrooms*.....\$2.59
• Potato Wedges**/Sweet Potato Fries**.....\$2.29	
• Beer Battered Onion Rings**.....\$2.29	
• Home Fries (with Grilled Onions, Delicious!).....\$2.99	
• Mac-N-Cheese.....\$2.49	

*Lightly Flavored with Garlic **Top 'em with Melted Cheddar Cheese = \$1.69
**Top 'em with Chili = \$1.59 **Top 'em with Chili & Cheese (\$ SAVE \$) = \$2.99

SANDWICHES - Wrap It for 50¢ more
Served with Fries or Hashbrowns & a Pickle Spear

- Grilled Cheese (Quick & Easy! American Cheese, Grilled White Bread).....\$4.29
- BLT (Bacon, Lettuce, Tomato, Toasted White Bread).....\$4.69
- Hot Ham & Cheese (Grilled Ham, served with Lettuce, Tomato & American Cheese, Grilled Whole Wheat).....\$5.49
- Country Fried Steak (1 Deep Fried Steak with Lettuce & Tomato, Burger Bun).....\$5.49
- Turkey or Roast Beef (Lettuce & Tomato, Grilled Whole Wheat).....\$5.39
- Smothered Smoked Turkey (Grilled Onions & Peppers, Tomatoes, Cheddar, Grilled Whole Wheat).....\$5.89
- Grilled Chicken (A Favorite! 1 Seasoned Fillet, American Cheese, Bacon, Lettuce & Tomato, Burger Bun).....\$6.49
- NEW: Pulled Pork BBQ Sandwich
*Order Sauce on the side to dip! 79¢
(Ranch, Fat Free Ranch, Jalapeño Ranch, Chinook, Apache, BBQ, Honey Mustard, etc)*

DESSERTS

- Ice Cream (Vanilla, Chocolate or Strawberry).....Scoop - Each \$1.29
- Old Fashioned Floats (Root Beer, Coke, Or Pepper or your choice & Vanilla Ice Cream).....\$2.29
- French Silk Pie (Chocolate Mousse, Whip Cream & Shaved Chocolate).....\$3.89
- Baked Apple Pie.....\$2.99 Ala Mode.....\$3.99
- Georgia Southern Pecan Pie (Seasonal).....\$2.99 Ala Mode.....\$3.99
- Pumpkin Pie (Seasonal).....\$2.99 Topping.....\$1.00
- Key Lime Pie (Seasonal) Made with Real Key Limes.....\$3.99
- Diet Buster Brownie.....\$3.99
(Vanilla Ice Cream, Hot Brownie, Drizzled Chocolate Syrup, Whip Cream, Nuts, Maraschino Cherry)
- Old Fashioned Shakes - 2 Big Scoops Hand-Dipped Ice Cream (Vanilla, Chocolate or Strawberry, includes whip cream & a Cherry!).....\$2.99
- Old Fashioned Sundae.....\$3.99
(Chocolate or Vanilla Ice Cream, Whip Cream, Chocolate, Caramel or Strawberry Syrup, Nuts & a Maraschino Cherry)

SUBSTITUTE FRIES ON SANDWICHES FOR ONION RINGS, WEDGES OR HOME FRIES...\$1.50
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EARNING THE NAME

1-11th Champs beat 1-14th Squad Up, 62-41, to earn championship

By Nathan Pfau
Army Flier Staff Writer

The Fort Rucker Intramural Basketball regular season came to a close with two teams going head-to-head in the culmination of the double-elimination playoff tournament to determine who would be crowned post champs.

The 1st Battalion, 11th Aviation Regiment team, Champs, beat out the 1-14th Avn. Regt. team, Squad Up, 62-41, in the final tournament game at Fortenberry-Colton Physical Fitness Center Monday.

Both teams started on equal footing to start the game, but the Champs showed their prowess in the second half, where they dominated their opponents and took the title of post champions.

“We did a great job, but we had to play some defense – defense is what won us the game,” said Sgt. 1st Class. Latif Tariq, Champs coach. “Our folks hit some good shots out there, and the other team was a great team to play and they were the team to beat.”

Tariq said although they seemed evenly matched in the first half, it was mostly because their opponents were boxing in their star player, Senior Airman Tony Hart, Champs player, but once they switched up their strategy to compensate, the second half was smooth sailing.

“They tried to play a little bit of boxing with our MVP, Toni Hart, and once they did that we started to go inside in the middle once we called that play out,” said the team coach. “Once we started to do that ... they couldn’t hold it. The defense won it for us, though, and the defense is what helped to bring out our offense, and our offense really showed.”

As the game started, the Champs took possession first, but it was Squad Up that would come out as the dominant team early on, managing to pull ahead of their opponents.

Both teams were going hard trying to get the advantage, but it was the 1-14th that managed to stay ahead for most of the first half.

Squad Up exhibited tight defense and

seemingly superior shooting early on that allowed them to stay ahead, but the Champs were doing everything they could to stay on their opponents’ heels.

Despite a strong defense by the 1-14th, the Champs managed to start to creep up on their opponents with a string of three pointers and, with just two minutes left in the half, the 1-11th team managed to tie the game with another three-point shot, but a foul against Squad Up allowed the 1-14th to retake the lead, but only slightly.

Trailing 28-27 at the end of the half, a foul against the Champs at the buzzer allowed for free throws, which put the 1-11th ahead of their opponents at the end of the half, 29-28, a lead they wouldn’t give up for the rest of the game.

At this point, it was still anybody’s game, but Squad Up had the advantage going into the half. Although they had possession to start, the Champs managed to be the first to score in the half, and continued that trend with rebound after rebound to pull ahead of their opponents.

The Champs brought their A game when it came to shooting and managed to sink multiple three-pointers to extend their lead, leaving their opponents behind, pulling ahead by more than 10 points just minutes into the half.

Squad Up seemed to throw any strategy out of the window and were desperately grasping to sink a shot, but despite their attempts, the Champs’ defense stayed solid, keeping their opponents at bay.

The 1-14th team finally managed to score with a lay up almost 10 minutes into the half, giving them some hope, but despite their minor victory, their pace didn’t improve and the Champs stayed comfortably ahead.

The 1-11th continued their onslaught of three-pointers and layups to gain a near 20-point lead, and as the clock wound down stayed true to their name and claimed the title of post champions, winning 62-41.

The Champs were presented a post championship trophy and medals following the game, and Hart was named season MVP.



PHOTOS BY NATHAN PFAU

Senior Airman Tony Hart, player for the Champs and season MVP, goes up for a shot during the championship game at Fortenberry-Colton Physical Fitness Center Monday.



PHOTO BY AIR FORCE STAFF SGT. TERESA J. CLEVELAND

Research found two proteins rapidly appear in the blood following a blow or jolt to the head when a serious traumatic brain injury occurs. Now there is a blood test that can identify whether the proteins are in the blood or not.

1st-ever blood test for detecting brain injury FDA-cleared

Military Health Systems
Communications Office Staff Report

FALLS CHURCH, Va. — You’re throwing a football around in the yard with your neighbors. While stretching out as far as you can to catch the pass, you slam your head hard against a pole going for the ball. Seeing stars and feeling confused, you take a seat.

Wouldn’t it be nice if a test could say whether you have a brain injury?

Brain injury can happen from a fall, while in combat, or during training exercises. Thanks in part to research funded by the Department of Defense and the U.S. Army, Banyan Biomarkers has created the first-ever brain trauma blood test.

Feb. 14, the Food and Drug Administration cleared marketing of the Banyan Biomarkers’ Brain Trauma Indicator.

The BTI can identify two brain-specific protein markers, called UCH-L1 (Ubiquitin Carboxy-terminal Hydrolase-L1) and GFAP (Glial Fibrillary Acidic Protein). These proteins rapidly appear in the blood and are elevated 12 hours following an incident where a head injury occurs and can signify if there is bleeding in the brain. The two protein markers won’t be elevated if your brain is uninjured or if you have a mild traumatic brain injury, otherwise known as a concussion.

“When these proteins are elevated, there may be blood in the brain,” said Kathy Helmick, acting director of the Defense and Veterans Brain Injury Center. “A hematoma, or blood in the brain, may indicate a

SEE BLOOD TEST, PAGE D3

HEALTH OF THE FORCE

3rd edition of report focuses on Soldier injuries, tobacco use

By Monica Bullock and Emily Briskin
Army Public Health Center

WASHINGTON — The U.S. Army Public Health Center recently released its third edition of the Health of the Force report. The report makes Soldier health and readiness information accessible to a wide array of stakeholders, including military medical professionals, Soldiers and the larger community.

As noted by U.S. Army Surgeon General Lt. Gen. Nadja West, the Health of the Force Report “highlights the Army’s current population health successes that ultimately we, as an Army, can leverage across our camps, posts and stations, in support of the Army’s No. 1 priority, readiness.”

The report compiles information from military medical surveillance systems to illustrate health outcomes and health factors that affect medical readiness among Active Component Soldiers. Medical surveillance can inform programs to reduce and prevent illness and injury in Soldiers.

“Our Soldiers and their medical readiness are the foundation of our fighting force,” said Dr. Amy Millikan Bell, APHC medical adviser and Health of the Force chairperson. “The report provides data for the overall Army and profile pages for each installation, so that installations can compare themselves to others. Commanders can understand their status in all areas and then improve the areas of weakness. Charts even provide information on how demographic factors, such as age and sex, can affect Soldier health.”

In his initial message to the force, Secretary of the Army Dr. Mark T. Esper offered that “readiness and welfare of our Soldiers, civilians, and their families will always be foremost.” The conditions assessed in the report, including injury, behavioral health, sleep disorders and chronic disease all have an immediate impact on Soldier medical readiness. Health factors, such as obesity, tobacco use, substance use, healthcare delivery and air quality, all affect a Soldier’s performance and likelihood of developing more serious medical conditions.

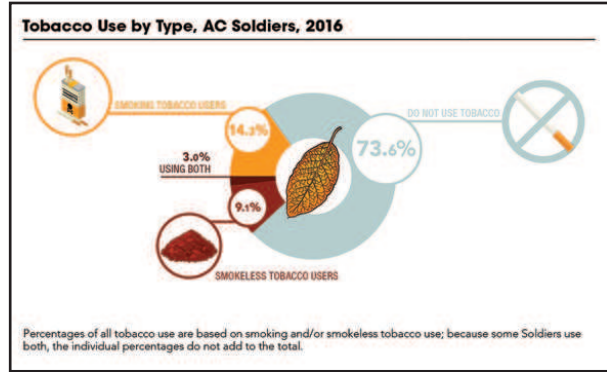
According to the Health of the Force report, injuries continued to be the leading cause of Soldiers being not medically ready. In 2016, the most recent year for which data is available, 52 percent of Soldiers experienced an injury, and among those affected, most experienced multiple injuries. The report provides various insights for understanding the burden of injuries on the Army community.

The Army has recently focused on reducing tobacco use, including “tobacco-free living” initiatives. The de-



ARMY PHOTO ILLUSTRATION

The third annual edition of the Health of the Force report makes Soldier health and readiness information accessible to a wide array of stakeholders, including military medical professionals, Soldiers and the larger community.

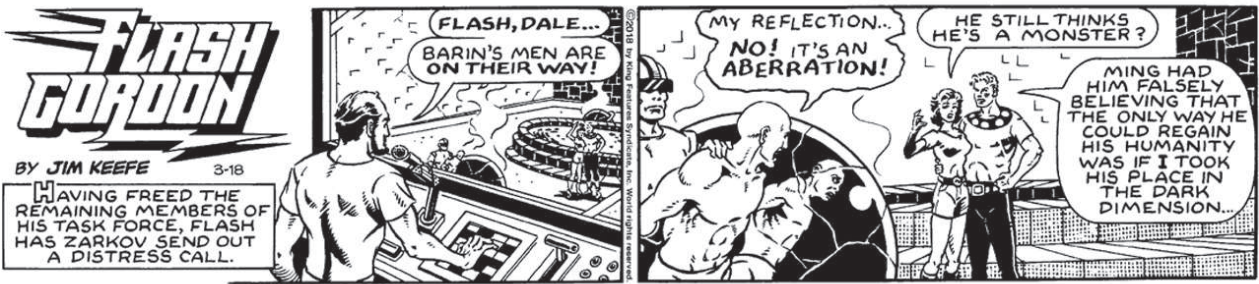


ARMY GRAPHIC

The Health of the Force report quantifies risk factors, such as tobacco use, that can affect readiness. In addition to summarizing data across Active Component Soldiers, the report provides installation-level information.

SEE HEALTH OF FORCE, PAGE D3

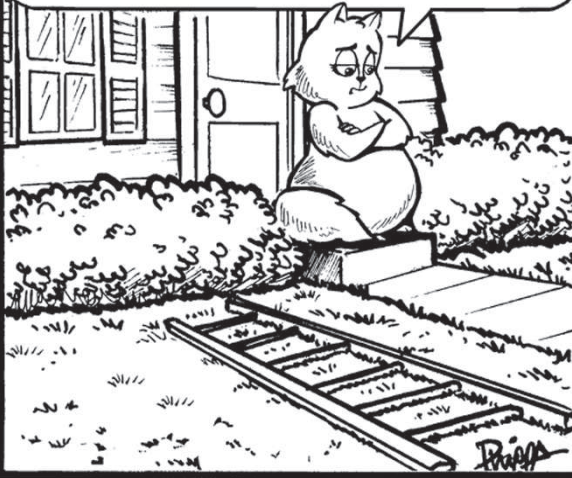
DOWN TIME



Just Like Cats & Dogs

by Dave T. Phipps

DIDN'T THE CHIROPRACTOR TELL YOU TO MAYBE HAVE SOMEONE ELSE TAKE DOWN THE CHRISTMAS LIGHTS THIS YEAR?



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Trivia test

by Fifi Rodriguez

TRIVIA

1. U.S. CITIES: Which U.S. city is popularly known as "Beantown"?
2. MUSIC: What was the best-selling music single of all time?
3. MYTHOLOGY: In Greek mythology, how many graces are there?
4. TRANSPORTATION: Which major airport is known by the three-letter code DCA?
5. TELEVISION: What are the names of the two Muppet characters that heckle the cast from their balcony seats?
6. LITERATURE: What is the first name of Agatha Christie's detective Miss Marple?
7. PSYCHOLOGY: What is triskaidekaphobia?
8. GEOGRAPHY: What is the largest freshwater body in Africa?
9. GENERAL KNOWLEDGE: What was the strongest earthquake recorded?
10. TOYS & GAMES: What is the main ingredient of Silly Putty?

See Page D3 for this week's answers.

Super Crossword

SILENT DUO

ACROSS

- 1 Watchful
8 Abjectly submissive
15 Floral shop receptacles
20 More candid
21 Fingernail surround
22 Novelist Munro
23 Bands of fibrous tissue enclosing muscles
24 Inept warrior in armor?
26 Like escaped convicts
28 See 17-Down
29 Slaughter of the diamond
30 Member of a certain antelope fraternity?
34 Plasma particle
36 "Hurlyburly" playwright David
37 Med. drips
38 Certain book of liturgy
43 Anti-DUI ad, e.g.
46 Ending for Alp or salt
47 Concept, to Jean-Luc

- 49 Activity when shopping for sweaters?
51 Person who repositions tiny flies?
54 "Life of Pi" novelist
55 Something easy-peasy
56 Apia resident
57 "Nothin' —!" ("Easy-peasy!")
59 In the dossier, e.g.
60 First-class
63 Sword stopper
67 Bireme tool
68 Shoelace snarl of note?
73 Young male, urban-style
74 Like many offshore rescues
75 Outdoor enclosure for tabbies
76 In a mischievous way
79 Inside: Prefix
81 Beautiful guy
85 Persian-founded faith
86 "That feels go-o-od!"

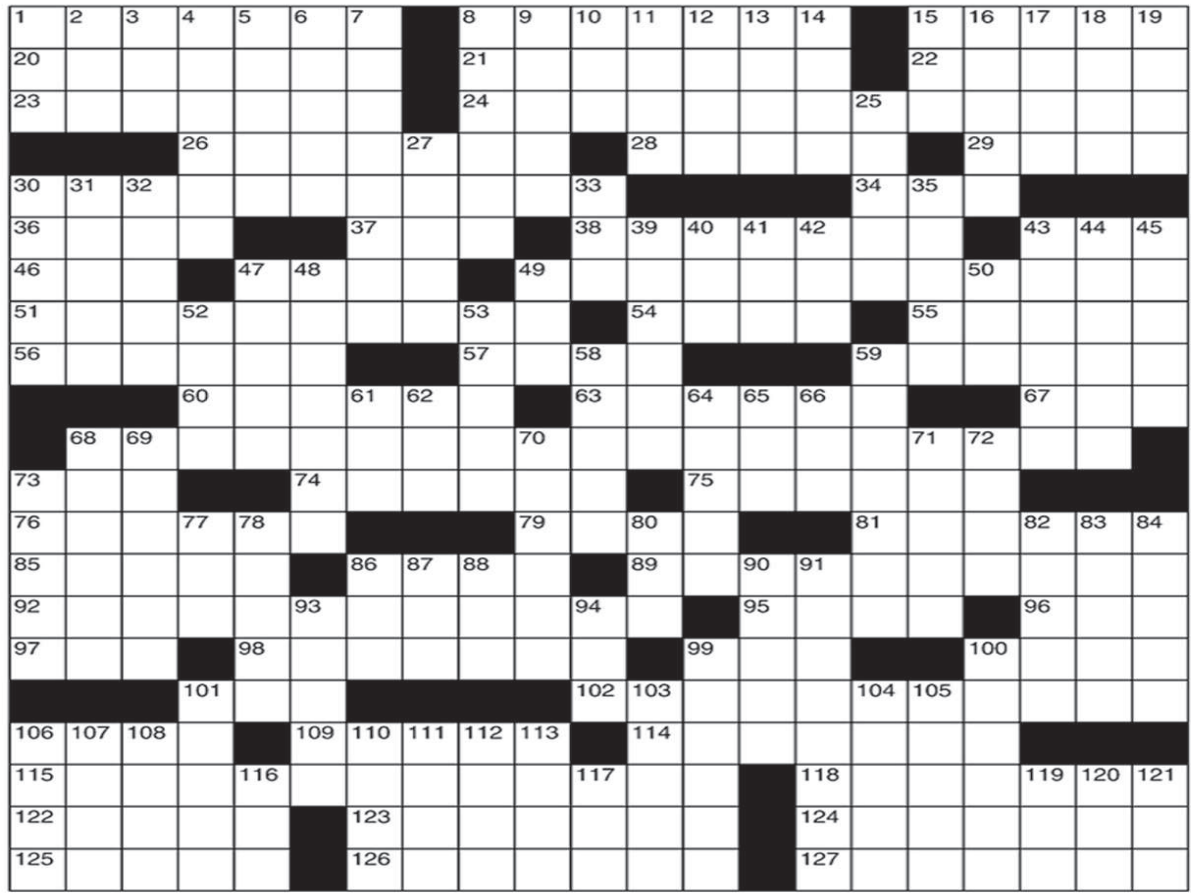
- 89 "One-I lama" poet, grind your teeth!?"
92 Had some friends south of the border?
95 Poker cost
96 Norma — (Field role)
97 Horse's kin
98 Call halfway to a walk
99 "Delish!"
100 Wound, after a few days
101 Twisty letter
102 Far northern city inhabited by trolls?
106 Sheep's hair
109 Wear down
114 Convenient kind of shopping
115 Confession after hitting your physician with your leg joint?
118 Angel, musically
122 Big rig, e.g.
123 Lava spewer
124 Automaker Maserati
125 Impetuosity
126 Very vivid
127 Totally faded

DOWN

- 1 Out of whack
2 Pro-gun org.
3 Auto fluid
4 Set free
5 Spitz variety
6 Province
7 More moony
8 Singer Boz
9 Light unit
10 — glance
11 "La Dolce —"
12 Chilled
13 Pivot
14 Wife of Zeus
15 With
90-Down, actor Jean-Claude
16 Foreign
17 With
28-Across, ink the contract
18 Canyon reply
19 Puts (down)
25 — light (lamp on a film set)
27 Ominous bird
30 Prudish sorts
31 — Barbera
32 Flanged girder
33 News svc.
35 Like Mork, per his planet
39 Reaping tool
40 Alias lead-in

- 41 Maya of architecture
42 Cable TV's Spike, once
43 Rack-and- — steering
44 Camp for Colonel Klink
45 According to
47 "But is —?"
48 Faye of films
49 NBAer, e.g.
50 Rubber check abbr.
52 Food-order option
53 French political units
58 "What a piece of work —"
59 Aromatic substance
61 "Where — start?"
62 Bungle
64 Wearing a disguise, informally
65 Airport info
66 Illuminated
68 Holy books of Islam
69 Cubbyholes
70 Bray sound
71 Slight push
72 A party to
73 Easter cake
77 Hem and —
78 Bird perches

- 80 Toledo "two"
82 User busters
83 Rockabilly singer Chris
84 "Come Back, Little —"
86 Rocker Rose
87 Be laid up
88 Drama unit
90 See 15-Down
91 Got tangled
93 Slacked off
94 Egggy quaff
99 Marilyn of "The Misfits"
100 Depleted
101 Opt
103 Lunchtimes, often
104 Early name in arcades
105 "Bonanza" star Greene
106 Among
107 Creole pod
108 Difficult task
110 Shankar of Indian music
111 Take too much, briefly
112 Knucklehead
113 Nero's "Lo!"
116 Stretch (out)
117 Almond-hued
119 Prefix for "equal"
120 Erwin of films
121 Young kid

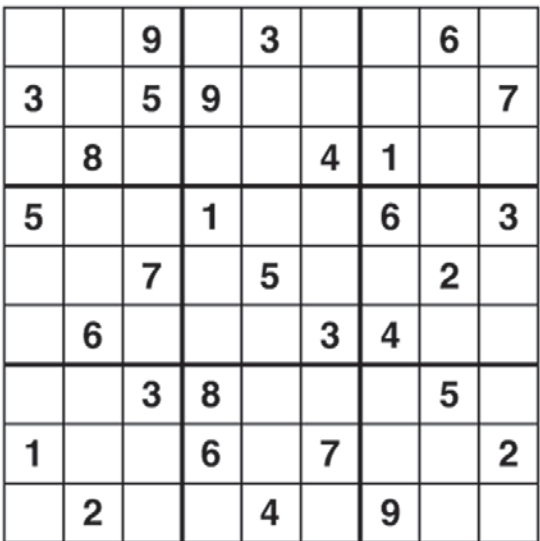


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See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

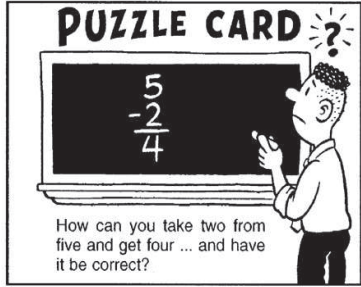
♦ Moderate ♦♦ Challenging

♦♦♦ HOO BOY!

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See Page D3 for this week's answers.

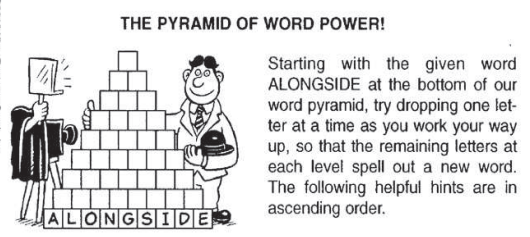
KID's CORNER



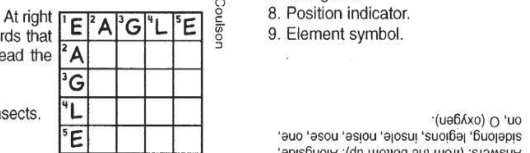
Answer: Take the word "FIVE" and remove "2" of the letters "I" and "V". You now have "F", which in Roman numerals, equals "5". You see, five minus two does equal four. Any questions?

A "RIDDLE" BY LEWIS CARROLL!
To know the answer, find the one "character" that is missing from the poem.

DON'T GO "BALD" TRYING TO SOLVE THIS ONE! At right is a word square. Can you find the four five-letter words that match the definitions below? All words used must read the same both across and down.



Illustrated by David Coulson



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4	5	8	5	3	8	3	5	6	2	4	5	4
E	I	S	N	P	E	R	T	A	D	N	U	C
7	2	7	4	8	4	5	8	2	4	2	4	3
Y	O	O	O	E	U	I	K	N	R	O	A	E
5	4	3	4	2	8	5	4	5	6	7	4	2
T	G	S	E	T	A	I	O	G	U	T	B	
3	6	3	8	5	3	2	4	5	3	4	3	7
T	I	I	D	N	G	E	H	I	E	E	A	S
5	8	5	4	3	4	2	5	2	3	6	3	5
S	V	H	R	T	S	A	I	Q	W	F	O	G
2	8	2	5	3	6	3	6	7	6	8	2	8
U	E	I	H	R	T	K	A	T	R	N	T	T
2	8	2	6	8	7	6	2	6	8	6	7	6
T	U	E	R	R	A	I	R	V	E	E	R	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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HOCUS-FOCUS

BY HENRY BOLTONOFF



Find at least six differences in details between panels.



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Registry helps veteran, doctors reunite

By Sarah Marshall
Uniformed Services University
of the Health Sciences

BETHESDA, Md. — Five decades after being shot in Vietnam and almost losing his leg, former Spc. John Fogle will make good on a promise he made to the surgeons at the 22nd Surgical Hospital in Vietnam who saved his life.

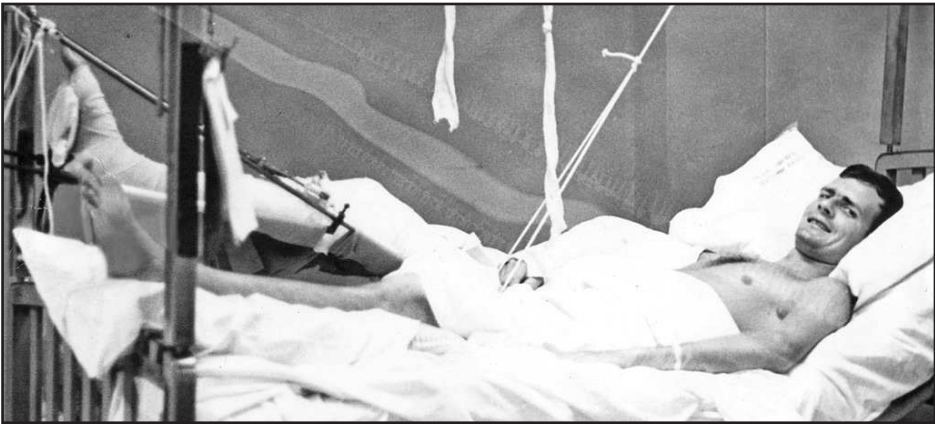
Before he was transported to a general hospital in Japan, Fogle told his surgeons he would drop them a line and let them know how he was doing. He never did write, but instead, in May, he will fulfill his promise of reconnecting – in person.

Fogle was injured in combat on July 25, 1969. Although over time he forgot their names, he never forgot the doctors who saved him and when he learned of a reunion planned for the surviving members of the 22nd Surgical Hospital staff, Fogle decided to seek them out in hopes of inviting them to the event.

VIETNAM VASCULAR REGISTRY

One of his first stops in his search was the Vietnam Vascular Registry, developed by Dr. Norman Rich, chair emeritus of the surgery department at the Uniformed Services University of the Health Sciences.

In 1966, the Vietnam Vascular Registry was developed by Rich at the Walter Reed General Hospital based on cases he had seen while serving in Vietnam along with hundreds of other cases added by colleagues. The registry documented and analyzed blood vessel injuries in Vietnam, resulting in documentation of more than 10,000 injuries from about 7,500 American casualties in Southeast Asia. Each patient entered into the registry was assigned a consecutive



COURTESY PHOTO

Spc. John Fogle recovers at the 249th General Hospital at Camp Drake, Japan, in 1969 from wounds he received in Vietnam. Thanks to the Vietnam Vascular Registry, developed by Dr. Norm Rich of the Uniformed Services University of the Health Sciences, Fogle was recently able to track down the name of the doctors who helped save his life.

number and given a vascular registry card stating the registry’s purpose.

Rich has maintained the registry for more than 50 years. If stretched out completely, the entire registry itself would be about 114 linear feet, he noted. In 2016, the registry was digitized by the Office of the Secretary of Defense, making it much easier to search and find records from vascular patients seen during Vietnam. The originals were sent to the National Archives and Records Center in St. Louis.

Fogle had held onto his registry card, sent by Rich from the Vietnam Vascular Registry, for more than 50 years. Once he connected with Rich, he was able to reference his assigned registry card number, making it relatively easy for Rich to access his medical records from the 22nd Surgical Hospital. The records provided the names of Fogle’s doctors, among them Dr. Monroe Levine, who assisted in the surgery on his right leg and arm.

‘THEY PERFORMED MIRACLES’

Fogle has foggy memories of the day he was injured, so over the years it was hard for him to remember the names of those doctors who first operated on him in the 22nd Surgical Hospital. However, he will never forget being shot while flying in an observation helicopter.

He was on the lookout for signs of enemy activity, as the crew chief, and as they flew over a canyon, they surprised the Viet Cong, who began firing at their helicopter. Fogle was shot three times down his right side, leaving him with a severed femoral artery and a compound fracture in his femur. He remained conscious, though, and continued firing back to suppress the enemy’s fire and protect his crew, which included the pilot, who sat just two feet away. They were able to get out of there quickly and landed safely, arriving at the 22nd Surgical Hospital, which was only 12 miles away. Fogle’s ac-

tions later earned him an Air Medal.

About 10 minutes after he had been shot, Fogle was being pulled into the 22nd Surgical Hospital, which he recalls had four fully equipped operating rooms, totally air conditioned. The unit’s mission was to help stabilize the wounded before transporting them to the 249th General Hospital at Camp Drake in Japan.

“They performed miracles in there,” Fogle said. At the time, he said, his leg was a big “question mark.” Surgeons in that unit prepared him for transport to Japan, and told him he “wasn’t out of the woods just yet.” He made it to the general hospital, where he underwent more surgeries. His recovery, over the years, was smooth and he has not had any other major issues.

“I was very fortunate,” Fogle added. “I could’ve easily lost my leg.”

He added that many surgeries were performed at the 22nd Surgical Hospital, over a long period of time, so it would have been hard for the doctors to remember each patient. In looking through his records obtained through the registry, Fogle said he learned that Levine had seen four other patients that same day.

“That’s why these notes [in my records] are so important,” he said.

RECONNECTING

After learning Levine’s full name, it didn’t take long for Fogle to find that the doctor is still practicing medicine in Colorado. The two connected over the phone, and are now looking forward to meeting again, after all these years, at the reunion, which will take place in Florida. Fogle sent his records to Levine to look through, hoping to help jog his memory before they meet in May.

Health of Force

Continued from Page D1

cline in tobacco use among Active Component Soldiers from 28 percent in 2015 to 26 percent in 2016, as outlined in the Health of the Force report, demonstrates the possible effect of these programs and indicates room for continued efforts.

Senior Army leaders are using the Health of the Force report to further understand the health of their communities and to improve the environment, infrastructure and nutrition on their installations. In addition to data highlighting challenges and successes, the report includes brief narra-

tives describing the latest advancements in injury and disease prevention and mitigation. The report provides meaningful data for senior Army leaders to create cultural and programmatic change in support of the total Army’s overall readiness and health.

“It’s important to have data displaying that we have a fully functioning, healthy, ready fighting force,” George White, Health of the Force product manager, said. “This data distinguishes between beliefs and facts, so we can identify strengths and analyze vulnerabilities. Commanders want to know whether or not to execute a mission, so when weighing their options they need credible evidence on the

current health of their unit.”

John Resta, director of the U.S. Army Public Health Center and acting deputy chief of staff of Public Health for the U.S. Army Medical Command, stated that “in support of total Army readiness, the Health of the Force report continues to provide meaningful data and information through rigorous research and analyses.”

Readers are encouraged to provide feedback or seek more specific consultative services by contacting the APHC Health of the Force team through the “Contact Us” button on the website: <https://phc.amedd.army.mil/topics/campaigns/hof/Pages/default.aspx>.

Blood test

Continued from Page D1

more serious brain injury has occurred, which could require rapid evacuation for neurosurgery to remove a clot in the brain.”

The first thing a doctor tries to rule out with suspected brain injury is the potential for serious complications, like losing consciousness, going into a coma, or death. According to the research results and FDA clearance, the blood test can help medical professionals determine the need for computed tomography scans in patients suspected of having a concussion. It also can help prevent unnecessary radiation exposure for patients.

Prior to discovering these biological protein markers, medical professionals had to rely on symptom reporting and other more subjective means to evaluate patients with few signals of more serious head injury.

“This technology helps us identify red flags after you suspect a head injury so that you can get the person to definitive care,” Helmick explained. “Most times, the blood test will be negative and the medical provider will continue with a concussion evaluation.”

Lt. Col. Kara Schmid said U.S. Army Medical Research and Materiel Command will “begin limited user testing with the device in the first quarter of fiscal year 2019.” Schmid is a project manager for the Neurotrauma and Psychological Health Project Management Office at the U.S. Army Medical Materiel Development Activity. “Improvements could make the device more supportable by the military health system.”

The Department of Defense has been seeking a method for diagnosing and evaluating TBI in service members for over a decade. According to DVBIC, over 375,000

service members have been diagnosed with TBI since 2000. Approximately 82 percent of those TBI cases are classified as a concussion.

According to Dr. Kelley Brix, branch chief for interagency research and development at the Defense Health Agency, the need for diagnosing milder forms of brain injury sparked research questions that were funded as part of a greater TBI research portfolio.

“The research question became centered on if the brain releases anything detectable into the blood stream when there is damage,” said Brix. “The answer is yes. This is a big project with a successful outcome. But, it’s only part of our large portfolio looking at improved ways to diagnose and treat TBI.”

Helmick says knowing whether blood, swelling or bruising on the brain has taken place helps with understanding the severity

of the TBI.

“These two proteins give us a window of insight into what is going on in the brain,” said Helmick. “We have lacked objective devices and data in TBI, especially with concussion. The reason biological markers are so important is because they are accurate, sensitive, and objective.”

Making the machine required to run the blood test smaller and more portable is a work in progress, as currently it’s intended for use in a laboratory. Logistical constraints of the BTI device make deployment to the force a challenge.

“There is active work going on to reduce the 3-4 hour time frame for getting test results, which could make it even more usable for austere environments,” Helmick said. “This blood test is an example of a significant public-private success and a huge advancement in the field of TBI.”

FORT RUCKER SPORTS BRIEFS

Intramural golf

Registration is ongoing for the Silver Wings Golf Course’s 2018 Spring/Summer Intramural Golf Program. The league will be a Captain’s Choice (scramble) divided into two divisions – Tuesday Play Division and Thursday Play Division. Teams will compete within their division and, upon completion of scheduled matches, the top teams of each division will compete for the overall intramural league championship. All active duty military personnel, members of the Reserve and Guard, family members, Department of Defense civilians and contractors on post are eligible to take part in the league.

There will be a captains meeting for both leagues Tuesday at 4:30 p.m. in Divots. Team rosters and entry fees will be accepted after the meeting. The deadline for rosters and entry fees is April 10. League play will begin April 17 for the Tuesday league and April 19 for the Thursday league. League fees will only be accepted from the team captain or co-captain.

For more information, including costs involved and roster sizes of teams, call 255-0089.

British Soccer Camp registration

Fort Rucker Youth Sports is partnering with Challenger

Sports to bring the British Soccer Camp to the post. Early bird registration lasts until April 13 and participants will receive a British soccer jersey, camp T-shirt, soccer ball and evaluation form. After April 13, they will receive a camp T-shirt and evaluation form. Registration is from now till May 23. A current sports physical and a valid child and youth services registration are required for participation. If WebTrac is utilized for registration, call 255-2257 to let the staff know what size shirt and jersey to order. Full day camp participants will need to bring lunch.

For more information, call 255-2257, 255-2254 or 255-9638.

PUZZLE ANSWERS

Super Crossword

Answers

ONGUARD	SLAVISH	VASES
FRANKER	CUTICLE	ALICE
FASCIAE	AMATEUR	KNIGHT
ATLARGE	ADEAL	ENOS
PHIGAMMAGNU	ION	
RABE	IVS	PSALTER
INE	IDEE	PICKING
GNATTURNER	YANN	ASNAP
SAMOAN	TOIT	ONFILE
GRADEA	SHIELD	OAR
KNOT	WORTHMENTIONING	
BOI	AIRSEA	CATRUN
ARCHLY	ENDO	ADONIS
BAHAT	AAAH	OGDEN
KNEWMEXICANS	ANTE	RAE
ASS	BALLTWO	MMM
ESS	GNOME	ALASKA
WOOL	ERODE	ONESTOP
IKNEED	ADOCTOR	HARPIST
TRUCK	VOLCANO	ERNESTO
HASTE	INTENSE	DIEDOUT

Weekly SUDOKU

Answer

4	7	9	2	3	1	5	6	8
3	1	5	9	6	8	2	4	7
2	8	6	5	7	4	1	3	9
5	4	2	1	8	9	6	7	3
9	3	7	4	5	6	8	2	1
8	6	1	7	2	3	4	9	5
6	9	5	8	1	2	7	5	4
1	5	4	6	9	7	3	8	2
7	2	8	3	4	5	9	1	6

TRIVIA

Answers

1. Boston
2. “Candle in the Wind” (1997, Elton John)
3. Three: Aglaia, Euphrosyne and Thalia
4. Washington National Airport
5. Statler and Waldorf
6. Jane
7. Fear of the number 13
8. Lake Victoria
9. 9.5 magnitude, near Valdivia, Chile, in 1960
10. Silicone

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