

MORE PAY
Budget request includes 2.6 percent military pay raise
Story on Page A3



HEALTHY SMILES
Dental clinic promotes proper hygiene habits for children
Story on Page C1



DE-STRESS
Yoga provides strength training for mind, body
Story on Page D1



ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 68 ■ NO. 06

FORT RUCKER ★ ALABAMA

FEBRUARY 15, 2018

EVOLUTION OF AVIATION

Museum offers view of early steps in aircraft development

By Nathan Pfau
Army Flier Staff Writer

When people think of early manned flight, most think of the Wright brothers, but there was another pioneer in Aviation who helped shape Aviation into what it is today.

Louis Bleriot was a French inventor, aviator and engineer who became world famous for becoming the first to fly across the English Channel, which he did in an aircraft of his own design.

Although the Wright brothers developed the first flying machine that used a kite design, Bleriot focused his sights on a tractor design, which placed the motor and propeller in the front of the aircraft, which would eventually allow him to cross the channel, but his world-famous feat all started with observation, according to Bob Mitchell, U.S. Army Aviation Museum curator.

“He went out and observed some gliders and they really fascinated him, so he bought one of these gliders, tinkered with it and crashed a lot,” said Mitchell. “He probably crashed gliders and planes at least two or three dozen times, but fortunately in those days they weren’t going very high and weren’t going very fast. “Then, he decided that he would put a motorized version in the air. His first design was the Bleriot II glider and he had

SEE MUSEUM, PAGE A7



PHOTOS BY NATHAN PFAU

The Bleriot XIII replica sits in the U.S. Army Aviation Museum. The aircraft’s creator, Louis Bleriot, became world famous after becoming the first to fly across the English Channel in 1909.



KEEPING IT REAL

DARE provides early life lessons for students

By Nathan Pfau
Army Flier Staff Writer

Since its inception in 1983, the Drug Abuse Resistance Education program has touched millions of children across the U.S., but through education, the program has done more than teach about drug and alcohol abuse.

For Spc. Chase Dickerson, 6th Military Police Detachment and Fort Rucker Elementary School D.A.R.E. officer, the program is about providing children with life lessons to help prepare them for the real world.

“It’s about teaching them how to make the decisions in the classroom, so when they get into the real world they know how to make the right choice,” said Dickerson. “I feel like (the D.A.R.E. program) is their first real life lesson that they’ll get.”

The 10-week program is for fifth grade students and encompasses

a different lesson each week, and one of the main focuses of the program is Keeping it Real, which is a subprogram in D.A.R.E. that centers on drawing from real-life experiences that have happened to real students, he said.

“They get to hear real stories and real things that were said, so they can understand and have real opportunities to understand what they learn throughout (the program),” said the D.A.R.E. officer, adding that one way the children learn to do this is by using a second acronym for D.A.R.E. – define, assess, respond, evaluate.

“We incorporate these other aspects into it so the kids can understand how to make the right decisions in real situations that they find themselves in,” said Dickerson. “It’s not just about teaching the kids about (drug and alcohol abuse), but more about teaching them about situations they might find themselves in. It’s about help-

ing kids make the right decisions, talking to them, being their friend and being someone they can look to when they need to talk to someone about something they have an issue with.”

Those situations can range from drugs and alcohol to bullying, which is another subject the program touches on.

During the session on bullying, the students will learn about their school’s bullying policy and learn about what constitutes bullying, as well as the different type of bullying, said the D.A.R.E. officer.

“We talk about what a bully is, what a bully can do – whether cyber, physical or verbal – and then we teach the kids how to avoid confrontation with bullies,” he said. “If they do get into a confrontation, we teach them that they need to tell a trusted adult or a responsible adult, such as police officers or teachers.”

One of the ways Dickerson uses to help teach the students is through interactive instruction, by which he allows the children to act out different scenarios to see how they might react.

“The children will practice situations that they get in that might involve them encountering drugs or alcohol or even a bully,” he said. “They’ll partner up and discuss the situations with each other to come up with a solution on their own. The goal is to have the kids come up with a resolution themselves, so they can make these decisions in the real world.”

SEE DARE, PAGE A7



PHOTO BY NATHAN PFAU

Spc. Chase Dickerson, 6th Military Police Detachment and Fort Rucker Elementary School D.A.R.E. officer, offers up a lesson during his D.A.R.E. class at FRES Feb 2.

Fort Rucker personnel earn Aviation awards

By Kelly P. Morris
USAAACE Public Affairs

A Fort Rucker Soldier and a Department of the Army civilian were among those honored during the combined Army Aviation Association of America and Lt. Gen. Ellis D. Parker Aviation awards presentation at the U.S. Army Aviation Museum here Jan. 31.

Steven M. Haag, Air Traffic Services Command received the AAAA 2017 Air Traffic Control Maintenance Technician of the Year Award; and Col. Steven J. Gaydos, School of Army Aviation Medicine received the AAAA 2017 Army Aviation Medicine Award.

The AAAA Air Traffic Control Maintenance Technician of the Year award is given to annually to an outstanding member of the ATS com-

SEE AWARDS, PAGE A7



PHOTO BY KELLY MORRIS

Col. Steven Gaydos, School of Army Aviation Medicine receives the Army Aviation Association of America 2017 Army Aviation Medicine Award, presented by Maj. Gen. William K. Gayler, USAACE and Fort Rucker commanding general and the award sponsors, at the U.S. Army Aviation Museum Jan. 31. Pictured (L to R) are: Maj. Gen. William K. Gayler, retired Brig. Gen. Steve Mundt, Col. Steven Gaydos, and Mark Jones.

PERSPECTIVE

CID warns about social media impersonation of Soldiers

U.S. Army Criminal Investigation Command
Press Release

WASHINGTON — U.S. Army Criminal Investigation Command’s Computer Crime Investigative Unit is once again warning Soldiers and the Army community to be on the lookout for social media scams where cybercriminals impersonate service members by using actual and fictitious information, not just for trust-based relationship scams, also known as Romance Scams, but for other impersonation crimes such as sales schemes and advance fee schemes.

“By monitoring your social media identity, you can protect your Army family and your reputation,” said Special Agent Daniel Andrews, CCIU director. “The criminals will use factual data from official websites and Soldiers’ personal social media sites, then prey on vulnerable people’s trusting nature and willingness to help the Soldier.”

Frequently, CID receives notifications from individuals stating they were scammed online by someone claiming to be a Soldier, but in reality it was an online scammer who has used an unsuspected Soldier’s name and available social media photos to commit a crime.

No one is immune from becoming a victim. Scammers steal the identity of senior officers, enlisted personnel and civilians. Scammers, using this information from legitimate profiles, will capitalize on the trustworthy reputation of individuals associated with the Army.

According to experts, mitigating fraudulent social media is not simple and there is no definitive way to stop criminals from using your personal data and photos. CID officials say that the ideal solution is to limit the details you provide about yourself in your social media profile. Additionally, Soldiers should take of advantage of all security and safety features and protocols



ARMY GRAPHIC

offered on their social media accounts.

Another tip is to routinely search for your name on various social media platforms. Since scammers may use your photo but change the name, you should also conduct an image search of your social media profile pictures.

“Carefully scrutinize the pictures you post of yourself or are posted by others for revealing details like your name tag, unit patch and rank,” Andrews said. “Creating a profile display name other than your actual name makes it more difficult for people who do not know you well to find your profile and fraudulently use your social media identity.”

If you find yourself or a family member being impersonated online, CID warns that you should take immediate steps to have the fraudulent sites removed. Victims should contact the social media platform (company) and report the false profile.

Keep in mind that criminals create impersonation accounts to look just like the real account of a service member by using very similarly spelled names and replacing characters with dashes, spaces, and/or homoglyph characters. Be on the lookout for simple changes such as zeros used instead of the letter O, or a number one instead of the letter l.

“Always remember that effectively searching yourself requires creativity because of the misspelled names and other identifying information slightly different to disguise the criminal activity or just

because the scammer doesn’t have command of the English language,” CID officials said. “Criminals will hijack photographs found on the Soldiers official and personal social media page and create a similar or identical biography.”

Officials also warned that impersonations can be classified as Confidence Based/Romance Relationship, Sales Schemes or Advance Fee Schemes.

• **Confidence Based/Romance Relationship:** Scammers defraud victims by pretending to be service members seeking romance or in need of emotional support and companionship. In these scams, cybercriminals often derive information for their fictionalized military personas from official military websites and social networking websites where military families post information about their loved ones.

Scammers gather enough detailed personal information, including pictures, to concoct believable stories tailored to appeal to a victim’s emotions and then lure unsuspecting victims – most often women – into sending money to help them with transportation costs, marriage processing expenses, medical fees, communication fees such as laptops and satellite telephones. They typically promise to repay the victim when they finally meet; however, once the victim stops sending money, the scammer is not heard from again.

• **Sales Schemes:** Most frequently carried out on sites that facilitate sales of various products, scammers lure victims by

offering goods well below market price. Most scams involve vehicle sales, house rentals or similar big-ticket items. The scammer advertises an item for sale, at a to-good-to-be-true price, and describes it in the broadest of terms.

A person showing interest is soon contacted by the seller who claims to be a service member with a military unit that is being deployed abroad. The scammer uses the pending deployment to explain the need for a quick sale and, hence, the below market sales price. The scammer insists that money changes hands quickly using some untraceable and irrevocable means such as Western Union, MoneyGram or gift cards. The merchandise is never received and the scammer is not heard from again.

• **Advance Fee Schemes:** These schemes defraud potential victims by promising big profits in exchange for help in moving large sums of money (or gold, oil, or some other commodity or contraband). Claiming to be high-ranking or well-placed government or military officials or the surviving spouse of former government leaders, the perpetrators offer to transfer significant amounts of money into the victim’s bank account in exchange for a small fee. Some use photographs and biographical information of high-profile American military officials obtained from the internet. Scammers that receive payment are never heard from again.

“The Computer Crime Investigative Unit has found that the longer an imposter account is active, the greater the likelihood of misleading others,” Andrews said. “Protect yourself by conducting internet searches on yourself and your family. Expediency is paramount.”

For more information about computer security, other computer-related scams and to review previous cyber-crime alert notices and cyber-crime prevention flyers visit the Army CID website at <http://www.cid.army.mil/cciu-advisories.html>.

Rotor Wash

“Drug Abuse Resistance Education exists to help children make the right decision in many different situations. What is the most important lesson you’ve learned from D.A.R.E.?”



Kayleah Song,
FRES fifth grade student

“The most important lesson I’ve learned from D.A.R.E. is how to deal with stress. It helped me a lot and I’m thankful that (Spc. Chase Dickerson, FRES D.A.R.E. officer) can come to teach us.”



Mea Salg-Rawls,
FRES fifth grade student

“The most important lesson that I have learned is that when someone asks you if you want to use drugs, there are ways to say, ‘No!’ For example, changing the subject or saying, ‘no,’ while giving a reason or excuse.”



Lezlie Cox,
FRES fifth grade student

“One of the most important things in D.A.R.E. that I learned is how to respond to peer pressure and stress. This is very helpful to me because I get stressed easily.”



Jackson Goette,
FRES fifth grade student

“I learned the decision making model. A way of making safe and responsible decisions using four steps – define, assess, respond, evaluate.”



Logan Floyd,
FRES fifth grade student

“The most important thing I’ve learned in D.A.R.E. is to make the best choices.”

COMMAND

Maj. Gen. William K. Gayler
FORT RUCKER COMMANDING GENERAL

Col. Brian E. Walsh
FORT RUCKER GARRISON COMMANDER

Lisa Eichhorn
FORT RUCKER PUBLIC AFFAIRS OFFICER

Jim Hughes
COMMAND INFORMATION OFFICER

David C. Agan Jr.
COMMAND INFORMATION OFFICER ASSISTANT

EDITORIAL STAFF

Jim Hughes
ACTING EDITOR.....255-1239
jhughes@armyflieger.com

Jeremy P. Henderson
SYSTEMS & DESIGN EDITOR...255-2253
jhenderson@armyflieger.com

Nathan Pfau
STAFF WRITER.....255-2690
npfau@armyflieger.com

BUSINESS OFFICE

Robert T. Jesswein
PROJECT MANAGER.....702-6032
rjesswein@dothaneagle.com

Jerry Morgan
REGIONAL SALES DIRECTOR 702-2631
jmorgan@dothaneagle.com

Laren Allgood
DISPLAY ADVERTISING.....393-9718
lallgood@eprisenow.com

Mable Ruttlen
DISPLAY ADVERTISING.....393-9713
mruttlen@eprisenow.com

classifieds@dothaneagle.com
CLASSIFIED ADS.....(800) 779-2557

Statement of Publication authorization

The Army Flier is an authorized publication for members of the Department of Defense. Contents of the Army Flier are not necessarily the official views of, or endorsed by, the U.S. government, or the Department of the Army.

The editorial content of this publication is the responsibility of the Fort Rucker Public Affairs Office.

Ten thousand copies are published weekly by The Dothan Eagle, a private company in no way connected with the U.S. government under exclusive contract with the Department of the Army.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or The Dothan Eagle.

Business matters

For business, advertisements, subscriptions or to report printing errors, contact The Dothan Eagle, 227 N. Oates St., Dothan, AL 36303 or call (334) 792-3141.

The Dothan Eagle is responsible for all printing matters and commercial advertising.

Deadlines are Friday at 2 p.m. for the following week’s edition.

All editorial content of the Army Flier is prepared,

edited, provided and approved by the Public Affairs Office, U.S. Army Aviation Center of Excellence and Fort Rucker, AL.

Equal Opportunity Statement

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Editorial contacts

Contribute news items or photographs by contacting the Army Flier, Public Affairs Office, U.S. Army Aviation Center of Excellence, Fort Rucker, AL 36362, or call (334) 255-2028 or 255-1239; calls to other PAO numbers are not normally transferable.

If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflieger.com.

Budget request includes 2.6 percent military pay raise

By David Vergun
Army News Service

WASHINGTON — A 2.6 percent military pay increase was included in the Army’s \$148 billion budget request for fiscal year 2019, which Congress must still approve and might also opt to amend.

Of note, the 2.6 percent raise is the largest pay raise for Soldiers in nine years.

Additionally, there was a 2.9 percent increase for basic allowance for housing and a 3.4 percent increase for basic allowance for subsistence.

In addition to the Army base budget request of \$148 billion, the service also requested \$34 billion for overseas contingency operations, making the total request \$182 billion.

The budget rollouts for each service, as well as the DOD, were announced during a Pentagon press briefing Monday.

The Army budget request totals top last year’s amended request of \$139 billion for base and \$30 billion for OCO.

Maj. Gen. Paul A. Chamberlain, director of the Army Budget, noted that the Army’s budget focuses on readiness and is in line with the DOD effort in that respect, as well as with the National Security Strategy.

The largest part of the budget, \$60.6 billion, goes to military personnel, he noted, an increase from the \$58 billion requested by the Army last year.

Some of that increase is due to higher end strength, he said. The active component request is for 487,500. Last year’s authorized end strength was 483,500 and the actual end strength for FY17 was 476,245.

The Army National Guard end strength request of 343,500 and the Army Reserve end strength request of 199,500, remain unchanged from last year’s autho-



PHOTO BY AIR FORCE AIRMAN 1ST CLASS CALEB WORPEL

Soldiers representing Fort Huachuca, Ariz., await the start of a Diamondbacks major league baseball game at Chase Field in Phoenix July 2. The Army’s proposed FY19 budget would increase Soldier pay by 2.6 percent.

alized end strength, he noted.

Funding for increased manning over the last couple of years reverses the downsizing that occurred, along with the risk it carried to readiness, he noted.

This budget “focuses on the Army’s most valuable asset, our people,” he added.

In addition to funding for military personnel, the other portions of the base budget, he said, are as follows.

- Operations and maintenance: a request of \$52.5 billion (FY18 was \$49.5 billion).
 - Procurement/research and development: a request of \$32 billion (FY18 was \$28 billion).
 - Military construction, including family housing: a request of \$2 billion (FY18 was \$2.3 billion).
- The O&M portion of the budget, he noted, includes \$14.5 billion for civilian pay.
- While this year’s budget request

will enable the Army to increase its overmatch capability against current and emerging threats, Chamberlain cautioned that sequestration still threatens to derail that effort in coming years.

MODERNIZATION

Davis S. Welch, deputy director Army Budget, addressed the Army’s \$10.2 billion for modernization, an increase from last year’s \$9.4 billion.

In order to “jump start” the cross-functional team effort within the new Futures Command, the Army has allocated \$38 million for experimentation, prototyping, initial capability development and technical demonstrations, he said.

After a science and technology review ordered by the secretary of the Army, a decision was made to re-direct \$234 million within the modernization budget to better align priorities with the Army’s six modernization priorities, he said. Those priorities include

long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities, and Soldier lethality.

Welch provided some S&T funding examples within each of the six priorities:

Long-range precision fires will focus on target propulsion systems for extended-range missiles and extended-range artillery and research into a multi-mission attack missile, he said.

Next-generation combat vehicle efforts will explore vehicle design and protection; vehicle protection concepts; advanced power, generation and distribution technologies; active protection systems; and robotic vehicle capability, he said.

Future vertical lift protection systems will explore aircraft survivability, crew situational awareness, advanced power systems, unmanned systems, degraded

visual environment sensors, advanced engines and drive trains, and continuation of flight demonstrators, he said.

Network improvements will focus on mobility and survivability of mission command systems; improvements in cyber and electronic warfare systems; and, developing precision positioning, navigation, timing in a denied GPS battlespace, he said.

Air and missile defense will pursue high-energy lasers and demonstrators, he said.

Soldier lethality will target improvements in small-arms weaponry, prolonged field medical care, novel locator systems for enemy detection, and advanced fire control technologies, he said.

In addition to S&T funding, Welch said the Army plans to procure:

- 60 AH-64E helicopters (12 new builds and 48 remanufacture);
- 50 UH-60M Black Hawk helicopters;
- 7 CH-47 Chinook helicopters;
- 135 Abrams tank upgrades;
- 210 Bradley upgrades;
- 197 Armored Multi-purpose Vehicles;
- 36 Paladin Integrated Management;
- 3,390 Joint Light Tactical Vehicles;
- 9,450 Guided MLRS rockets;
- 240 MSE missiles;
- 404 ATACMS Service Life Extension Program;
- 784 Javelin missiles;
- 148,287 155mm artillery projectiles; and
- 26,355 Joint Battle Command Platforms.

Welch noted that some of the procured equipment will go to European prepositioned stocks and some will go to a new rotational armored brigade combat team in Europe. There is currently just one armored brigade combat team there.

New Army Futures Command success hinges on relationship building

By David Vergun
Army News Service

WASHINGTON — A successful Futures Command very much depends on bringing in the right people, and then cementing personal relationships between them, said Under Secretary of the Army Ryan D. McCarthy.

If they succeed, modernization succeeds, and if modernization succeeds, so does the Army and the national security of the United States, he said.

McCarthy addressed Army modernization at the Brookings Institute Feb. 8. Michael O’Hanlon, a senior fellow and director of foreign policy research at Brookings, moderated the discussion.

Futures Command will work to advance the Army’s six modernization priorities, he said: long-range precision fires, a next-generation combat vehicle, future vertical lift platforms, a mobile and expeditionary Army network, air and missile defense capabilities, and Soldier lethality.

Asked which of those six priorities is the top priority, McCarthy said they could not be ranked-ordered most to least important because “we fight as a formation. Each affects the others.”

That gets back to people making it all work, he continued.

The eight cross-functional teams in the command will be composed of people with

operational experience as well as technical expertise, he said. Each of those teams should have situational awareness of what the other teams are doing, because the work of one team can impact what the others are doing. Having those close working relationships is key to that “horizontal integration,” he said.

As for modernization funding priorities within the six priorities, McCarthy said a lot of that will depend on the threat assessment, as well as on science and research developments. He compared it to having six control knobs that he and the vice chief of staff, who is co-leading the oversight of the command, will have to adjust from time to time.

A control knob will be turned up when a system is determined to give the advantage to the Soldier to win in combat. To do otherwise, he said, is just a waste of money.

Personal relationships are not only important within and between the CFTs, he said. They are also important in team members reaching out to industry, other service branches and academia, to inform research and requirements.

He provided a related anecdote about establishing personal relationships outside of the military.

In November, the under secretary said he was in Chicago, meeting with a group of business and engineering entrepreneurs.

He and his staff arrived in dress blues,



PHOTO BY DAVID VERGUN

Under Secretary of the Army Ryan D. McCarthy (right), addresses Army modernization at the Brookings Institute Feb. 8. The discussion was moderated by Michael O’Hanlon, senior fellow and director of foreign policy research at Brookings.

he said. The entrepreneurs were wearing hoodies and khakis. “We’ve got to embrace their culture.”

A few of those engineers are being interviewed for positions in Futures Command to provide oversight to such things as common architecture and standards, he said, adding that he couldn’t tell them where they’d have to locate if chosen because the headquarters of the command is still undecided.

Besides personal relationships, culture

matters, as well, he said. The new command will not tolerate a zero-defects mentality.

“But if you fail, we’d like you to fail early and fail cheap,” he said, noting that progress and success often builds on failure.

In conclusion, McCarthy said three of the main reasons Futures Command is being stood up is to reduce the layers of bureaucracy that currently exist, to get capability into the hands of Soldiers more quickly, and to increase accountability for programs.

News Briefs

Health fair

The 1st Warrant Officer Company, Class 18-06, will host a health fair in support of cancer awareness Friday from 11 a.m. to 1 p.m. at its facility at 5803 Shamrock Street. In partnership with Lyster Army Health Clinic, the event will feature booths providing information on and increasing awareness of the various forms of cancer. The event is open to all military, family members and civilians. In case of inclement weather, the fair will take place in Yano Hall.

Free tax help

The Fort Rucker Tax Center, located in Bldg. 5700, Rm. 371F, offers free help with

returns and electronic filing for authorized patrons Mondays-Fridays from 9 a.m. to 4 p.m. through April 17. The tax center also offers their drop-off service, which allows single Soldiers to come in and drop off their income tax paperwork, and return in 48 hours to go over their complete return with a tax representative. Soldiers must return between the hours of 9-11 a.m., Mondays-Fridays for their returns. Single Soldiers who wish to utilize the drop-off service must have a simple return with no more than two W-2 forms. When visiting the tax center, people should remember to bring all tax forms, including all valid military ID cards; Social Security cards; all W-2s and wage and earning state-

ments; 1099-R for pensions and retirements; 1098 for interest statements regarding tuitions, student loans, mortgages, etc.; a copy of the previous year’s return if available; power of attorney papers if available; 1099-G forms for gambling winnings, unemployment compensations, etc.; and 1099-MISC for payments received for non-employment compensation.

For more information or to schedule an appointment, call 255-2937 or 255-2938.

Blood drive

The Armed Services Blood Program will host a blood drive at Fort Rucker Feb. 26 from 1-8 p.m. at Yano Hall.

For more information, call 706-331-1454.

Community Strengths and Themes Survey

Fort Rucker continues its Community Strengths and Themes Survey through March 16. The survey is located at <https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=25113745152ACC87>. All Soldiers and Department of the Army civilian employees should complete the survey. Family members and retired military are welcome to take part in the survey, as well. The survey is designed to help leadership assess the community’s health, according to officials.

THE VALUE OF ADAPTABILITY IN THE DAWN OF MODERN NEEDS.

Planning for the long run is the only way to stay ahead of future threats.

Northrop Grumman's integrated, open architecture mission solutions provide the fleet with capabilities that evolve at the speed of innovation—all while preserving platform investments. With our flexible plug & play capabilities, our customers benefit from the most efficient solution over a program's life cycle.

That's why we're a leader in proven, forward-thinking, modular solutions.

THE VALUE OF PERFORMANCE.

NORTHROP GRUMMAN

www.northropgrumman.com/armyavionics



‘FULLY READY’

1st Security Force Assistance Brigade holds activation ceremony

By Staff Sgt. Sierra A. Melendez
For Army News Service

Fort Benning, Ga. — The 1st Security Force Assistance Brigade held an activation ceremony at the National Infantry Museum Feb. 8 unveiling its unit colors for the first time in history.

Since the summer of 2017, the 1st SFAB has been building teams, training and receiving new equipment tailored specifically to their unique mission. The ceremony served as the official recognition of the unit’s activation.

The 1st SFAB was created in order to train, advise, assist, enable and accompany host nation conventional forces in infantry, armor, cavalry, engineer, artillery and combined arms warfare.

The unit is the first of six planned brigades specifically built to achieve the Army’s vision of enabling combatant commanders to carry out theater security objectives through partnered and allied indigenous security forces for decades to come.

Throughout the Army’s history, advise and assist missions in combat have been consistent. From World War II to Vietnam and Korea – continuing to today’s battlefields in the Middle East – the Army has been helping our allies and partners build large, credible conventional forces capable to secure and protect their countries autonomously.

Although the mission set is nothing new, having dedicated units assigned to combat advising allows the Army to reduce, over time, the demand for conventional brigade combat teams to adhere to prior ad hoc solutions.

In January, the Department of Defense officially announced the 1st SFAB’s deployment to Afghanistan this spring. Col. Scott A. Jackson, the commander of the 1st SFAB, reflected on the journey his unit has embarked on during a speech at the ceremony.

“Ladies and gentlemen, in less than nine months, the formation in front of you has gone from a concept to a combat ready formation fully ready for employment,” said Jackson. “Starting with nothing, this formation has simultaneously recruited, trained and assimilated more than 800 Soldiers; received over 22,000 pieces of equipment; conducted two combat training center rotations; developed innovative doctrine related to security force assistance and formed and synchronized original equipping strategies to meet our unique mission requirements.”

Jackson expressed his gratitude for the outstanding and remarkable leaders that filled the ranks before him. Prior to volunteering, Soldiers had to serve in a similar position in a conventional unit before being selected for the 1st SFAB. Jackson attributes this requirement to the professional and skilled culture that has been cultivated over the last nine months.

“The secret sauce to our achievements is standing right in front of you – the Soldiers that compose the 1st SFAB,” said Jackson. “Their achievement is indicative of the self-starting, high performing, mature and intelligent Soldiers we brought on board.”

In attendance for the ceremony was Chief of Staff of the Army Gen. Mark Milley, who spoke on the critical and enduring need for the SFABs and how the benefits of having a permanent, additive force structure would be tenfold for the Army.

“The SFAB gives us purpose-built formations designed to execute the critical mission of security force assistance without having to rip apart conventional BCTs,” said Milley.

He went on to say that by not relying on conventional BCTs to execute security force assistance missions, the Army can develop and maintain the number one priority of readiness.

“In times of national crisis when our Army is called to expand quickly, we already have a ready-made brigade combat team chain of command,” continued Milley. The brigade could be filled with Soldiers, conduct training, and be ready to fight in a relatively short period of time.

Milley continued that the 1st SFAB is an excellent organization because the unit is filled with the right people and emphasized that 80 percent of the formation are combat veterans, many with advising experience.

He closed by saying that he is very proud of the enthusiasm, training and efforts of the commander and the Soldiers and that the 1st SFAB will establish its own history.

In addition to revealing the unit’s colors for the first time in history, the 1st SFAB cased their colors, symbolically preparing for deployment. Jackson addressed the brigade in its entirety for the last time before they deploy and offered some final guidance.



PHOTOS BY PATRICK A. ALBRIGHT

Senior Army leaders, Soldiers, civilians and family members attend the 1st SFAB activation ceremony at the National Infantry Museum in Fort Benning, Ga., Feb. 8.



The 1st SFAB is the first of six planned brigades built to achieve the Army’s vision of enabling combatant commanders to achieve theater security objectives by partnering with security forces overseas.



Col. Scott A. Jackson, the commander of the 1st SFAB observes as the unit unveils its colors for the first time in history during an activation ceremony at Fort Benning.

“Remember that you are the United States of America and the profession of arms to our partners,” said Jackson. “Our conduct, appearance, actions and values must represent the best of America and its Army.”

Jackson closed out by voicing his confidence in his

formation and acknowledging their phenomenal work.

“This is just the beginning of our journey and our legacy,” said Jackson. “Stay true to your values, trust in one another and continue to write the story of the 1st Security Force Assistance Brigade.”



Cannons fire during the ceremony that served as official recognition of the unit’s activation.

Affordable Luxury Limousine and Car Service



- Airport Transportation
 - Weddings
 - Date Night
 - Proms
 - Bar Hopping
- and so much more....

We also offer Transportation to Fort Rucker Bingo on Tuesdays and Montgomery Casino Saturdays

Help Us Find Ways to Serve Your Transportation Needs

Call, Text, or Email for your quote today.
(334) 343-6094, jewhitt2005@yahoo.com
Hurry dates are filling fast!

Museum

Continued from Page A1

many subsequent designs of different Bleriot aircraft after that,” said the curator. “Through trial and error, he was able to overcome the two major hurdles that Aviators and engineers of the day faced – aircraft structure and horsepower.”

During the early 1900s, many aircraft were fragile, which made it difficult for them to sustain flight. Additionally, the engines of the time didn’t have the power necessary to get the aircraft off the ground and keep them in the air for long periods of time.

“The distances and records were measured in meters,” said Mitchell. “They just didn’t have engines back then that were robust enough to pull an aircraft on the ground, then get it fast enough to go in the air.”

In 1907 Bleriot created the Bleriot VII, which he mounted with a 50-horsepower engine, and in December of that year he managed a 500-meter flight with a success-

ful U-turn, which was considered an impressive feat, said the museum curator.

“That sounds kind of mundane today, but back then that was huge,” he said. “The reason why was because you could now control (the aircraft) and turn around and go the other way. Most of the aircraft back then picked up, flew straight and landed, if they didn’t crash.”

The turn was achieved by manipulating cables that were attached to the wings that the pilot would operate by stepping on them, causing the wing to warp to achieve banks and turns.

“It was very labor intensive to turn the aircraft around,” added Mitchell.

Ultimately, he came out with the Bleriot XI.

On July 25, 1909, Bleriot became world famous for being the first pilot to fly across the English Channel in his Bleriot XI, which he did at a speed of approximately 25 miles per hour at an altitude of about 250 feet.

“He took off about five in the morning and was basically

flying blind in the clouds for about 10 minutes during his flight,” said Mitchell. “The engine was overheating and the rain cooled the engine to allow him to complete it, and he was able to cross the channel in roughly 36 minutes. To fly 36 minutes without something breaking or falling out of the sky was a feat in and of itself, so it was a pretty big deal.”

Because of his successful flight, Bleriot became known worldwide, and ultimately very successful and wealthy – selling about 1,000 of his Bleriot aircraft. Because of his success, he founded his own aircraft company and played an important role in supplying U.S. Army Aviators with combat aircraft during World War I.

The U.S. Army Aviation Museum houses a Bleriot XIII replica with many original parts, which people can view to see the design of the early aircraft, which was made of mostly wood and fabric.

Mitchell said it’s because of visionaries like Bleriot that Army Aviation can exist today in its current form.

DARE

Continued from Page A1

As much as D.A.R.E. is about teaching children about how to deal with these situations, the program is also meant to help build relationships between the children and responsible adults. For many of the students, the program is their first interaction with law enforcement and because of that, Dickerson said it’s important that he builds a trusting relationship with them.

“Law enforcement as a whole some-

times gets a bad reputation, so the D.A.R.E. program is trying to bring that trust back to children,” he said. “They can ask me any questions, tell me anything they want and they can even tell me stories that they can share in class.”

“The program isn’t just about teaching kids about (drug and alcohol abuse),” said the D.A.R.E. officer. “It helps the children understand that police officers, teachers and other responsible adults are the ones they should reach out to when they find themselves in a bad situation.”

For many of the students, like Kayleah Song and Mea Salg-Rawls, they’re grateful to have Dickerson as their D.A.R.E. officer to teach them some of their most important lessons.

“The most important lesson I’ve learned from D.A.R.E. is how to deal with stress,” said Song. “It helped me a lot and I’m thankful that Mr. Dickerson can come to teach us.”

“I’ve learned that when someone asks if you want to use drugs, there are ways to say ‘No!’” said Salg-Rawls. “(Like,)

changing the subject or saying ‘no’ while giving a reason or excuse.”

After the completion of the program, the students will graduate with a celebration where they will be presented with a certificate to celebrate their achievement.

“It’s a party for them to celebrate that they’ve completed the first turning point in their life,” said Dickerson. “The way I look at DARE is that it is the first step to get a real lesson on life, and that’s what I want them to take away from it.”

Awards

Continued from Page A1

munity.

Haag serves as the Army’s senior flight inspection technician, standardization instructor and Department of the Army Air Traffic Services maintenance evaluator.

With more than 32 years’ experience in Army Air Traffic Control, Haag “has arguably accomplished far more in the training, equipping and support of Army ATC technicians worldwide than any other individual to date,” the narrator said. “Mr. Haag’s selfless service and legacy of professionalism, excellence, and commitment clearly identify him as the recipient of the 2017 Army Aviation Association of America Air Traffic Control Maintenance Technician of the Year award,” the narrator said.

He credited his success to a team effort.

“We have a great team,” Haag said. “I credit a lot of our NCOs and our officers that we work with for all the things we do in ATSCOM. We do a lot of good things for Soldiers in the field, in particular in Air Traffic Control in getting them ready to support the fight. As a retiree now and a Department of the Army civilian I take more pleasure in actually doing that and being able to work with Soldiers in the field all the time, so it’s a privilege to do that.”

Haag, who won the ATC maintenance award previously when he served as an enlisted Soldier back in the 1980s, said it was an honor to receive the award as military and a civilian.

The AAAA 2017 Army Aviation Medicine Award is presented annually to a medical soldier who made outstanding individual contributions to Army Aviation.

Gaydos serves as the director

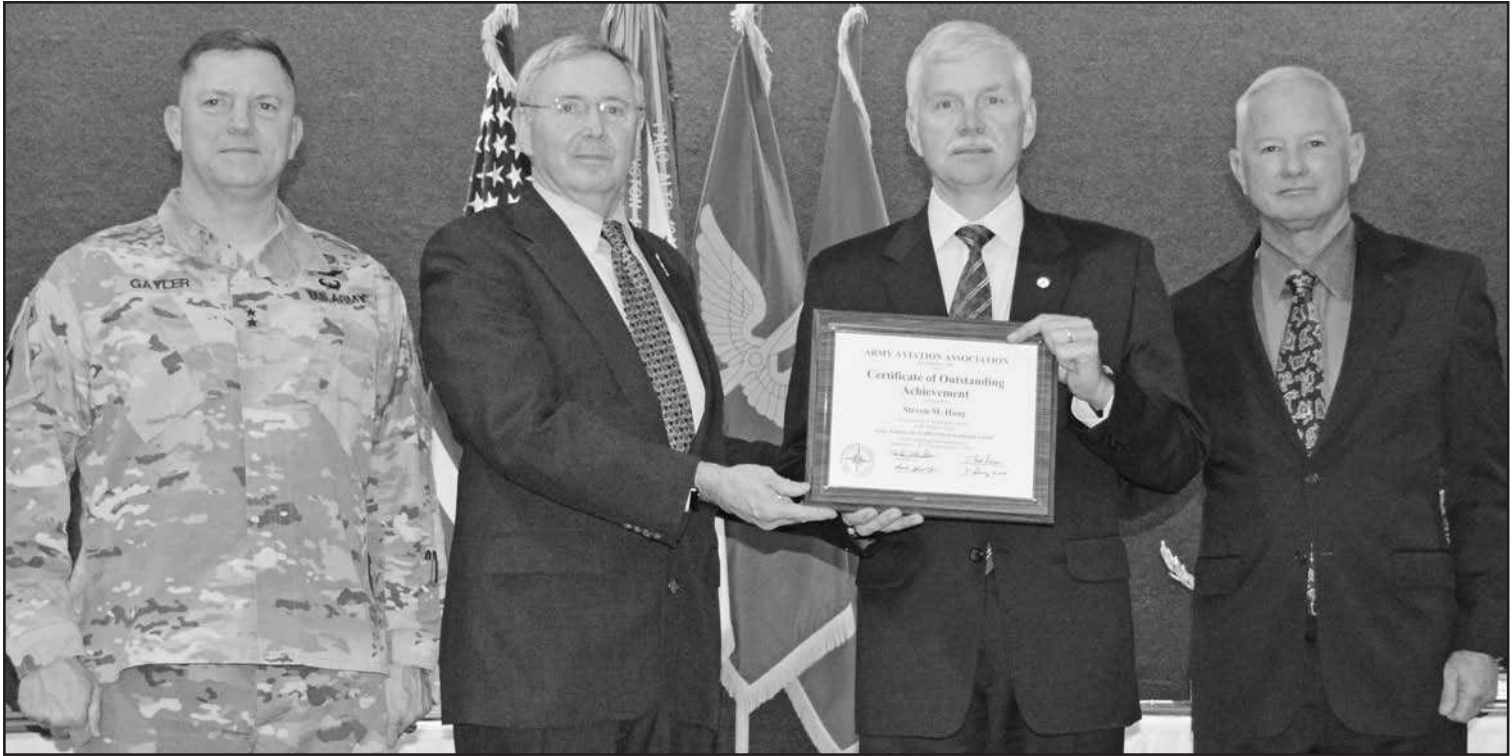


PHOTO BY KELLY MORRIS

Steven Haag, Air Traffic Services Command receives the Army Aviation Association of America 2017 Air Traffic Control Maintenance Technician of the Year award, presented by Maj. Gen. William K. Gayler, US Army Aviation Center of Excellence and Fort Rucker commanding general along with the award sponsors, during an awards presentation at the U.S. Army Aviation Museum Jan. 31. Pictured (L to R) are: Maj. Gen. William K. Gayler, retired Brig. Gen. Steve Mundt, Steven Haag, and Mike Riley.

of graduate medical education at the School of Army Aviation Medicine here, a satellite campus of the Army Medical Department Center and School.

He “embodies the leadership, operational and academic ethos to which all Army Aerospace Medicine Specialists should aspire,” the narrator said.

Gaydos is board certified in Emergency Medicine, Aerospace Medicine, and Occupational Medicine. He has authored more than 50 scientific publications and technical reports. His work on spatial disorientation helped set in motion initiatives to reduce SD-related accidents within the Army Safety program.

“Col. Gaydos’ selfless service to the resident physicians, students, and aircrews are irrefutable proof that he is shaping the Army Aviation Medicine leaders of tomorrow and deserving of the 2017 AAAA Army Aviation

Medicine Award,” the narrator said.

Gaydos said the medical specialty education programs at SAAM include aerospace medicine and occupational medicine.

“We have physicians come in that are medical school graduates that completed an internship or at least one year of training post-medical school, and they come to us for specialty education,” Gaydos said.

Gaydos said he is proud to be part of a busy team at SAAM that has more than 40 Programs of Instruction and runs more than 160 courses per year.

“We’re a small team, so everyone has multiple jobs and roles that they play and really chip in together as a family to get the mission done,” he said. “I’m very honored that I was nominated, but it really is a team effort, so I accept the award on behalf of the very talented Soldiers, [Non-commissioned offi-

cers] and officers I work with.”

During the event, the winners of the Lt. Gen. Ellis D. Parker Awards were recognized. The award is a multi-component Department of the Army level award that recognizes excellence at the battalion level.

The 2017 Outstanding Combat Aviation Battalion of the Year award was presented to 1st Battalion, 160th Special Operations Aviation Regiment, US Army Special Operations Aviation Command, Fort Campbell, Ky. Accepting the award was Col. Phil Ryan, 160th Special Operations Aviation Regt. commander.

The 2017 Top Combat Support Aviation Battalion of the Year award was presented to 2nd Battalion, 10th Aviation Regiment, 10th Combat Aviation Brigade, 10th Mountain Division, Fort Drum, New York. Accepting the award was Col. Clair Gill, 10th CAB commander.

The 2017 Top Combat Service and Support Aviation Battalion of the Year award was presented to 277th Aviation Support Battalion, 10th Combat Aviation Brigade, 10th Mountain Division, Fort Drum, NY. Accepting the award was Col. Clair Gill.

The 2017 Top Table of Distribution and Allowances Aviation Battalion of the Year award was presented to Special Operations Aviation Training Battalion, USASOAC, Fort Campbell, Ky. Accepting the award was Col. Mike Morgan, USASOAC deputy commander.

The 2017 Lt. Gen. Ellis D. Parker Top Aviation Battalion of the Year award was presented to 1st Battalion, 160th Special Operations Aviation Regiment, USASOAC, Fort Campbell, Ky. Col. Phil Ryan accepted the award.

The awards are announced annually to coincide with the Aviation Senior Leader Forum here.

VISIT US ONLINE
AT ARMYFLIER.COM

KNOWLEDGE

THE OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

GOT LEADERS?

U.S. ARMY
ARMY STRONG

U.S. ARMY COMBAT READINESS/SAFETY CENTER
<https://safety.army.mil>

Security Clearance Denied/Revoked?

Contact Ron Sykstus NOW! rsykstus@bondnbotes.com 256-713-0221



BOND, BOTES, SYKSTUS, TANNER & EZZELL, P.C.

ATTORNEYS AT LAW • 225 PRATT AVENUE • HUNTSVILLE, ALABAMA 35801

As a former U.S. Army Judge Advocate, attorney Ron Sykstus has been successfully handling security clearance cases for many years, covering all areas of government concern including:

- Financial Considerations
- Security Violations
- Drug Involvement
- Alcohol Consumption
- Personal Conduct
- Criminal Conduct
- Sexual Behavior
- Foreign Influence
- Foreign Preference
- Misuse of Information Technology

Also available for Courts-Martial, Magistrate Court and Administrative Separation Board Defense.

To learn more about Ron Sykstus, his experience and the services he can provide to protect your security clearance please visit www.SecurityClearanceDefenseLawyer.com

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

REAL ESTATE SHOWCASE

OPEN HOUSES

C O M E C H E C K U S O U T

Sunday, Feb. 18
1:00 pm - 3:00 pm

104 TOM MORRIS LN • \$175,000



Beautifully maintained home in Tartan Pines. 2 bedroom, 2 bath with new carpet, new roof, and freshly painted walls throughout. This home has lots of windows throughout to provide natural light, and the back patio overlooks a beautifully wooded scene. Owner is licensed residential home builder and REALTOR in the state of Alabama.

DIRECTIONS: Turn into Tartan Pines from Boll Weevil Circle. Take Tartan Way to Tom Morris Lane, turn left. Home is on the right.

HEATHER CONWAY
580-215-2699



Sunday, Feb. 18
2:00 pm - 4:00 pm

304 HUNTINGTON DR • \$229,000



Priced to sell in desirable Huntington Ridge you will find this lovely 4/2 with a pool and workshop. The split plan has a separate dining room as well as a breakfast area. The bedrooms are all nicely sized. The screened in porch overlooks the backyard with its lovely pool perfect for entertaining. Freshly painted inside this beauty is move in ready. Washer and dryer convey with the property. Granite counter tops, stainless appliances, wood floors & 10x14 workshop were all added in 2013. New pool liner.

DIRECTIONS: Boll Weevil Cr to Shell Field Rd. Turn left into Huntington Ridge on Huntington Dr. Follow street around curve. House is on the right. From Hwy 27 on Shell Field Rd, turn right into Huntington Ridge.

JAN SAWYER
334-406-2373



Sunday, Feb. 18
2:00 pm - 4:00 pm

321 CANDLEBROOK • \$56,000



Why pay rent when you can purchase?! Minutes from Fort Rucker & Downtown Enterprise. Kitchen has pass through to dining area. Sliding glass door in dining area goes to backyard. Oversized master bedroom has walk in closet. Deck off master bedroom is a great place to enjoy the view while drinking a cup of coffee in the morning. Master Bath has garden tub/shower and a skylight that give great natural light. Roof was replaced in 2017.

DIRECTIONS: Rucker Blvd. towards Enterprise Fort Rucker Gate. Take Right on Briarwood. Take Left on Woodfield then Right on Candlebrook. Townhome in around corner on the Left.

SHAWN REEVES
334-475-6405



THE STRONGEST TEAM OF REALTORS IN ENTERPRISE.



334-347-0048 | c21regencyrealty.com

View our website for more photos or to view all the homes on the market!



View more pictures of these homes at
www.c21regencyrealty.com



334-347-0048
531 Boll Weevil Circle

Each Office is Independently Owned and Operated

\$111,700 • REDUCED



7 SPRINGDALE CIRCLE, DALEVILLE: Mint Condition -- updates galore in this brick ranch on newly landscaped lot w/flower beds & patio lined with landscape blocks. Improvements/updates include: interior/exterior paint, gutters, double pane windows, interior/exterior doors, new hot water heater, flooring, cabinets/counter tops/stainless appliances in kitchen, vanity & toilets in baths, cabinets in laundry room, ceiling fans/light fixtures throughout. Your family deserves the best -- call to set a time to see this gem today. **JUDY DUNN, 301-5656**

\$39,900



502 MAPLE AVENUE, HARTFORD: Situated in a well-established neighborhood, this three bedroom, two bath home features both formal living and family room with a fireplace. The kitchen is conveniently located between the breakfast room and the formal dining area. Chain link fenced yard for the family pet, and the laundry room is off the carport. **EVELYN HITCH, 406-3436**

\$105,000



401 E EMERALD: Looking for a starter home? This could be the one! Charming 2 bedroom 2.5 bath home close to shopping, schools, and post. Out back you will find a nice deck with plenty of shade, great for relaxing or entertaining. Located on a corner lot. Fresh paint inside and out makes this house ready for you to move in! **SOMMER RAKES, 406-1286**

\$142,000 • REDUCED



104 NAVAHO DRIVE: Recently updated home with over 2200 +/- sq feet is convenient to shopping, fitness centers, restaurants, Fort Rucker & more. Freshly painted, new light fixtures in back bedrooms, both baths and hallway; new ceiling fans in master bedroom and master bath, new carpet in all three bedrooms, new vinyl flooring in mudroom and both baths; new faucets in both baths and kitchen. Stainless steel kitchen appliances; dressing room. Deck on back for relaxing, entertaining, or enjoying games in spacious back yard. **MARGE SIMMONS, 477-1962**

\$185,000



12 STRATFORD LANE: Great family home located in Clubview Estates just off Shell Field Road. Absolutely move in ready and a great location convenient to Faulkner Gate, Holly Hill Elem, Dauphin Jr. & downtown. All new stainless appliances in this bright, white eat-in kitchen with lots of counter space and storage. Split bedrooms off the main living area. A large formal dining room creates a really nice flow for entertaining. Master bath has a large jetted tub, separate shower and double sinks. Large, flat, shady backyard. **JAN SAWYER, 406-2393**



View more pictures of these homes at
www.c21regencyrealty.com



334-347-0048
531 Boll Weevil Circle

Each Office is Independently Owned and Operated

\$68,500



209 MORGAN LANE: Solid Brick 3 Bedroom Home, being sold "AS IS" It's a very good place to call Home or to invest in as a rental home. Close distance to the elementary school, restaurants, shopping and churches. Current owner will need 30 days after closing to vacate. Newer HVAC and Windows. **FRAN KALTENBAUGH, 790-5973 & DON KALTENBAUGH, 464-1069**

\$225,000



108 LAKE RIDGE DRIVE: Don't miss your opportunity to join the Country Club! Beautiful lot, Granite countertops in the kitchen. Close to the clubhouse and the golf course make this home a steal! **CHRIS ROGERS, 406-0726**

\$277,000



118 BROOKWOOD DRIVE: Newer 4 BR, 2.5 BA, on .44 Acre lot w/Pool & privacy fence. Granite throughout, Stainless appliances in kitchen, to include convection oven. 4th BR is a generous upstairs loft. Huge Master retreat w/pine, tray ceiling. Master Bath boasts clawfoot tub, walk in shower, 2 vessel sinks, granite, & His & Her closets. Fenced backyard w/dual fans on porch, cable, gas grill hook up, Saltwater pool diving board & new pump/filter. Extra parking pad, Garage w/grid lock tile floors & shelving. Many more amenities. **CHERYL PICCININI, 390-9612 & THERESA HERNANDEZ, 379-5937**

\$197,000 • REDUCED



104 BOXWOOD: In-ground pool, 2 brand new pumps, POLARIS pool vacuum, filtration system (2017) and automatic timers, top of the line HVAC with upgraded UV light air cleaner system and NEST programmable thermostat. Entire house has very high-grade porcelain tile, open floor plan, split bedroom design. Livingroom has a vaulted ceiling, beautifully maintained wood burning fireplace. Huge kitchen with stainless steel appliances, custom crafted pantry. Oversized laundry with custom cabinetry. Convenient to schools and Fort Rucker. **JACKIE THOMPSON, 406-1231 & TERRI AVERETT, 406-2072**

\$99,900



30717 FRIENDSHIP ROAD, ELBA: If country is what you are looking for, then look no further. This three bedroom, three bath ranch style home sits on approximately 1.6 acres. It also features a bonus room, large laundry room w/closet, and 2 car carport. The living room has a wood burning fireplace, and the kitchen is equipped with cooktop and wall oven. Don't let this property slip away. Call to see today. **EVELYN HITCH, 406-3436**



View more pictures of these homes at
www.c21regencyrealty.com



334-347-0048
531 Boll Weevil Circle

Each Office is Independently Owned and Operated

NEW LISTING • \$130,000



117/119 HULL STREET, OZARK: Great investment in this duplex with each side consisting of three bedrooms and two baths, living room, dining area and kitchen with appliances. Split bedrooms, separate laundry room. Live in one side and at present time the other side is leased. Large, landscaped lot within a short distance of downtown. Call today. **EVELYN HITCH, 406-3436**

NEW LISTING • \$89,500



313 DALEVILLE AVENUE: Beautifully rebuilt in 2005. Everything new at that time: insulation, sheetrock, plumbing, electric, all lighting, ceiling fans, appliances, flooring, cabinetry. New roof in 2011. Raini tankless gas water heating system. Coffered ceiling in master bedroom, large master bath. Large wood deck with pavers leading to storage shed. **JACKIE THOMPSON, 406-1231 & TERRI AVERETT, 406-2072**

NEW LISTING • \$114,900



41 COURTYARD WAY: Very clean 3 bedroom, 2 and a half bath town house. Tile floor downstairs and wood vinyl upstairs. This unit has a back drive entrance for extra parking and privacy. Community clubhouse, community fitness center, tennis courts, basketball court, and a community pool. Large bedrooms, master suite with double sinks, jetted tub. **JACKIE THOMPSON, 406-1231 & TERRI AVERETT, 406-2072**

NEW LISTING • \$136,900



205 WASHINGTON AVENUE: This Beautiful Brick home is Move-In READY!!! Don't Miss!!! Sellers has it ready for your Ownership!!! BONUS ROOM may be used for a 4th Bedroom!!! **FRAN KALTENBAUGH, 790-5973 & DON KALTENBAUGH, 464-1069**

NEW LISTING • \$142,500



204 SPRINGDALE DRIVE: Completely remodeled 4 BR, 2 BTH home. 1900 +/- sf open floor plan has new wood laminate & carpet. 2 spacious living spaces. Stunning custom kitchen. Granite counters, large island, under cabinet lighting & new stainless appliances. Pantry with custom barn doors. Both bathrooms are fully tiled. Master has huge walk in shower with dual shower heads. Large 4th BR has walk in closet. Pre-wired for wall mount TVs in LR & all BRs. Brand new deck from family room. Very deep lot is wooded in the rear. Home warranty. **THERESA HERNANDEZ, 379-5937**

New Chinooks arrive at Marshall Army Airfield

By Chad L. Simon
1st Inf. Div. Public Affairs

FORT RILEY, Kan. — The “Fighting Eagles” are in the process of completely replacing their older CH-47 Chinooks with newer, advanced models that will save the Army time and money, while also making it easier to build readiness throughout the 1st Combat Aviation Brigade and the 1st Infantry Division.

The 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB, 1st Inf. Div., is the recipient of the 12 new aircraft at Fort Riley. A new radio communications system is a major change in the CH-47 Model Year 2 compared to all previous Chinook helicopters. The Fighting Eagles also received a software upgrade as the MY2s arrived.

The new radio system will make communication between pilot and another aircraft or person on the ground significantly faster.

“We have upgraded radios that have any frequency we use all in one radio and have multiple of those,” said 1st Lt. Tyler Westrick, 2nd GSAB, 1st Avn. Regt., pilot. “Before you would be limited on who you could talk to on specific frequencies. It opens up more options for us in how we want to use our radios.”

According to CW3 Eric Simpson, 2nd GSAB company standardization instructor pilot, the new communications system will now allow a pilot to change radios and frequencies in a matter of seconds. In the past, that process could take up to two minutes.

While a more efficient communications system and larger rear access panels will make it easier for pilots and crews to operate and conduct preflight checks, a software upgrade may save the Army the most time and money, and help in building readiness, Simpson said.

The software upgrade was made possi-

SEE CHINOOK, PAGE B4



PHOTO BY CHAD L. SIMON

A pair of newly arrived CH-47 MY2 Chinooks from the 2nd GSAB, 1st Avn. Regt., 1st CAB, 1st Inf. Div., fly near Marshall Army Airfield on Fort Riley, Kan., Jan. 25.

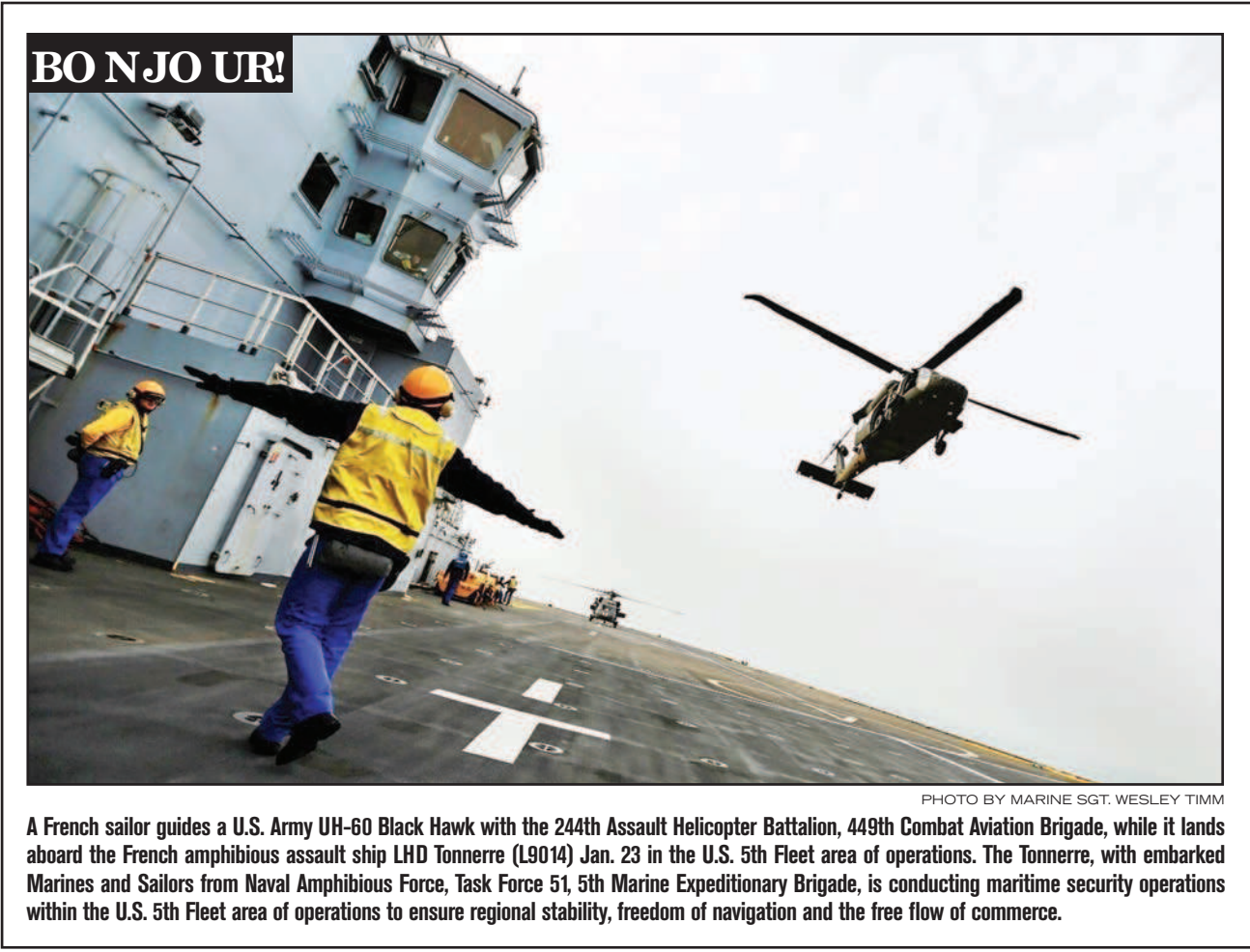


PHOTO BY MARINE SGT. WESLEY TIMM

A French sailor guides a U.S. Army UH-60 Black Hawk with the 244th Assault Helicopter Battalion, 449th Combat Aviation Brigade, while it lands aboard the French amphibious assault ship LHD Tonnerre (L9014) Jan. 23 in the U.S. 5th Fleet area of operations. The Tonnerre, with embarked Marines and Sailors from Naval Amphibious Force, Task Force 51, 5th Marine Expeditionary Brigade, is conducting maritime security operations within the U.S. 5th Fleet area of operations to ensure regional stability, freedom of navigation and the free flow of commerce.

‘BACK TO THE MOUNTAIN’ 10th Mountain Division brings lethality to the sky

By Spc. Thomas Scaggs
10th Combat Aviation Brigade
Public Affairs

FORT DRUM, N.Y. — Nothing epitomizes winter training at Fort Drum quite as much as being deep in the woods, surrounded by infantrymen camouflaged in white, each breathing heavy bursts of fog as they reach the destination of their pickup zone.

In the distance, the aggressive metronome of helicopters approaching cuts through the subzero temperatures, and the men begin to assemble in the tree line, their feet crunching the crusty snow beneath. In a singular moment, a formation of helicopters crests the nearby field and effortlessly land below. The Soldiers reveal themselves from cover with their weapons in hand and march toward the impending training for the day.

The 2-10th Assault Helicopter Battalion and 3-10th General Support Aviation Battalion, 10th Combat Aviation Brigade, 10th Mountain Division (LI), completed a week of air assault operations alongside Soldiers



PHOTOS BY SPC. THOMAS SCAGGS

Spc. Marciel Cruz, a crew chief with C Co., 2-10th AHB, 10th CAB, 10th Mountain Div. (LI), instructs Soldiers on properly exiting a helicopter and establishing lines of fire at Fort Drum, N.Y., Feb. 2.

from 2nd Brigade Combat Team, 10th Mountain Division (LI) at Fort Drum, Feb. 2.

“We just wrapped up resetting our equipment and personnel after returning from Europe and immediately jumped back into planning and executing this air assault mission,” said Capt. John B. Pride III, a UH-60 Black Hawk pilot and company commander for C Company, 2-10th AHB.

“This allows our crews and pilots to get a rep in with our ground force counterparts right off the bat and get in the right mindset to be ready for whatever mission our nation needs us for next.”

Pride explained that the week-long iterations of air assaults included three companies of Soldiers from

SEE MOUNTAIN, PAGE B4



Soldiers line up ready to board a CH-47 Chinook during cold load training on air assaults at Fort Drum Feb. 2.

PRISON FLIGHT

MPs conduct aerial prisoner transport training in Kuwait

By Sgt. 1st Class Charles Highland
For Army News Service

CAMP ARIFJAN, KUWAIT — Soldiers from the 340th Military Police Battalion held aerial prisoner transport training Jan. 26 at Camp Arifjan.

When prisoners or detainees need transferred, most guards or MP’s have used land methods, but moving people to far places calls for air transport. The mission during this training is to secure each prisoner and make sure guards stay in control during flight.

Everyone reacts to flight differently and, adding the unruliness of an inmate, makes these types of transfers more difficult. “It’s very important; they actually have to load and control an inmate as they put them on an aircraft of any kind,” said Sgt. 1st Class Gerry Kistner, 340th MP Bn. first sergeant. “It’s not as easy with aggressive inmates or high security risk.”

First, the guards apply restraints to their prisoners to ensure their hands stay locked by the sides of their bodies. Using precise hand movements and holds, the guards maintain control while walking the prisoners towards the helicopter. Prisoners are loaded and strapped into the Black Hawk for safety during flight by the use of waist restraints.

“It just gives us a different way to transport and something new to learn,” said Spc. Ashley Carter, 340th MP Bn. “It’s tough being distracted by the helicopter, having to maintain security of the prisoner at all times and the other guard force members you are with.”

The guards must work together as a cohesive team to keep control while moving toward the helicopter. Quick fidgeting and head snapping, lets guards know the prisoner is possibly afraid to fly or could be trying to cause a problem. They are taught how to react depending on the situation.

“Before they get on you will see them pull away and not want to move toward the bird,” said Kistner. “The guard force has been well trained how to handle unruly inmates.”

Not only is this training the first time for some but also their first flight in a Black Hawk.

“It was a really good experience to know what it’s like to have a prisoner with you while you are up in the air,” said Carter.

“This is a perishable skill, something they don’t do very often at all,” said Kistner.

The unit hopes that their replacements will continue to hold this training, keeping the guards in Kuwait ready for flight.



PHOTO BY SGT. 1ST CLASS CHARLES HIGHLAND

Soldiers from the 340th MP Bn. conduct aerial prisoner transport training Jan. 26 at Camp Arifjan, Kuwait.

CLASSIFIEDS

(334) 347-9533 • (800) 779-2557

ANNOUNCEMENTS

CEMETERY LOTS & RELATED

FOR SALE Burial Plots, Woodlawn Cemetery in Ozark, located in Garden of Heritage with 3 spaces and 1 matching VA marker. **Big Discount! Call George 334-701-4795.**

YARD & ESTATE SALES

118 Iroquois Rd. off Rucker Blvd. Indian Lake
Sub. Sat. 17th (8-1) NO EARLY BIRDS!
MOVING SALE, dining, living & den furniture,
H/H. EVERYTHING MUST GO!!!!

FINANCIAL

BUSINESS OPPORTUNITIES

* TURN KEY OPERATION * START TODAY!

Wells Lawn Mower for Sale or Lease.
Owner wants to retire. Come Let's talk.
Let me show you how to make lots of money!
Same owner financing.
Call: 334-702-9566

MERCHANDISE

MISCELLANEOUS FOR SALE

Meadowlawn Cemetery Plots, Lot 74,
Spaces 1&2, Section 7, includes granite
marker, vase and 2 vaults \$8,500. Lots 68
space 1 section 5 \$1,600. (904-303-9095)

PETS & ANIMALS

DOGS

Beautiful German Shepherd PUPPIES,
AKC Reg. black/tan. Females
Shots & wormed. Call: 334-764-4851

Med. Terrier Mix. Tan/White. Trust issues, loves
all dogs. Neutered. Free. 334-693-9097

S.E. ALABAMA KENNEL CLUB Good Manners Obedience, Confirmation classes,

\$50. for 6 weeks Rally /Agility Intro. \$75.
Shots required. **Starting March 6th**
Call: **334-790-6226** or
334-790-7974 or **850-547-2370**

Sleek, Athletic, Black Pit Mix. Playful, leash
trained. Neutered. Free. 334-693-9097

Mature Brindle Bully mix. Leash trained, Great
Companion. Spayed. Free. 334-693-9097

FARMER'S MARKET

FRESH PRODUCE

SAWYER'S PRODUCE HAS FRESH HOME GROWN PRODUCE

Vine Ripe tomatoes,
frozen peas, butter
beans, turnips, collard &
mustard



Mon.-Sat. (8am - 5:30 pm)
Hwy 52 Malvern, AL
334-793-6690

Need a New Home?
Check out the Classifieds

FARMER'S MARKET

HAY & GRAIN

Certified Organic Hay For Sale
4 ft. X 5 ft. rolls net wrapped.
Different varieties and qualities. \$35. and up.
Barn kept only 900 left.
Working Cows Dairy Call: 334-886-3839

MEAT, FISH, POULTRY

FISH DAY
FRIDAY, FEB. 16TH • (4-5 PM)

PIGGY WIGGLY FEED SUPPLY
1140 MONTGOMERY HWY

[4-6" - \$49] ★ [6-8" - \$69]
★ [8-11" \$199/100] ★

PER 100 CATFISH

We also carry Bass, Crappie,
Blue Gill, Hybrid, Red-Ear Brim,
Minnows, Koi, & Grass Carp

For Info: 501-676-3768
- or -
stockmypond.com

WANTED - FARM & GARDEN

**Buying Pine / Hardwood
in your area.**
No tract too small
Custom Thinning
Call Pea River Timber
334-389-2003

IT'S AS EASY AS

1. CALL
2. PLACE YOUR AD
3. GET RESULTS

EMPLOYMENT

ADMINISTRATIVE & OFFICE WORK

ExpressSM EMPLOYMENT PROFESSIONALS

Respecting People. Impacting Business.SM
We provide a full range of employment
solutions that include full-time, temporary,
and part-time employment in a wide range
of positions, including professional,
commercial, and administrative.

- GENERAL LABORERS
- WELDERS/FITTERS
- SKILLED ADMINS
- INDUSTRIAL MECHANICS
- PAINT & BODY TECHS
- INDUSTRIAL PAINTERS

APPLY ONLINE AT
WWW.EXPRESSPROS.COM/DOTHANAL
OR CALL US AT 334-671-1315

GENERAL

NOW HIRING REGISTERED NURSE

Needed to provide skilled nursing services to
homebound patients in Geneva County and
Coffee County Home Health Care Program.
Part time and Full time position available
which includes State of Alabama benefits:
Competitive salary, BC/BS insurance,
13 paid holidays per year, generous
annual and sick leave & more.

Contact Shanon Searcy 334-347-9576
email: shannon.searcy@adph.state.al.us
Alabama Dept of Public Health is an Equal Opportunity Employer.

GENERAL

THE CITY OF ENTERPRISE
IS ACCEPTING APPLICATIONS
FOR THE POSITION OF:

WASTEWATER TREATMENT PLANT OPERATOR TRAINEE

STARTING SALARY: \$13.36 /HR
JOB DESCRIPTIONS AND MINIMUM QUALI-
FICATIONS MAY BE OBTAINED ONLINE

To Apply, visit: www.enterpriseal.gov

OPENING DATE:
FEBRUARY 12TH, 2018
CLOSING DATE:
FEBRUARY 26TH, 2018

CITY OF ENTERPRISE
CITY HALL, 501 S MAIN ST. ENTERPRISE,
AL. M-F, 7:30 - 4:30 EOE.

INSTALLATION, MAINTENANCE & REPAIR

SIMPLYSIDING LLC

LOCAL VINYL SIDING COMPANY
HIRING MULTIPLE POSITIONS TO WORK
IN THE WIREGRASS AREA.

- INSTALLER
- CUTMAN
- BREAKMAN
- LABORERS

Must have reliable transportation to and
from job site. Experience in windows, doors,
screened rooms, awnings and seamless
gutters a plus. Starting pay \$12-\$20HR.
Call 334-796-0220 Leave Message.

RESTAURANT & FOOD SERVICE

NOW HIRING



Team Members & Shift Managers

Starting Pay: \$8.30 - \$9.50

APPLY IN PERSON

Dothan

2794 RCC or 1074 RCC

Daleville

25 S. Daleville Ave.

Enterprise

901 East Lee St.

CALL DONALD

334-805-4070

GENERAL



LIFEGUARDS WANTED!

WANT A GREAT SUMMER
JOB ON BASE?

This position is perfect for students, teachers,
military spouses, and family members. You must
be 15 years old by the last day of class.

APPLY ONLINE TODAY!
GUARDFORLIFE.COM

If you are not yet certified, no problem. Visit
springbreakfortrucker.eventbrite.com for
information on our next training session.

3 Day American Red Cross Shallow Water
Course | March 29-31 | \$125.00

RESIDENTIAL REAL ESTATE FOR RENT

HOUSES UNFURNISHED

3BR/3BA 115 Belton Dr. \$1395.
4BR/3BA 605 Baywood Rd. \$1395.
3BR/2.5BA 123 N. Idlewild Path \$1000.
3BR/2BA 3212 Willow Creek Rd. \$950.
3BR/1.5BA 684 N. Park Ave. \$795.

Chapelwood Townhomes 2BR/1.5BA

kitchen appliances, lawncare, CH&A,
Fireplace, covered patio, \$545. month
www.dothanhouserentals.com

**ALFRED SALIBA REALTY
PROPERTY MANAGEMENT**
334-792-2134

RESIDENTIAL REAL ESTATE FOR SALE

FARMS, LAND, TIMBER

127 Ac. Residential Land
Ludmor Rd off Hwy 84W,
River frontage, ponds,
timber, and pasture.
3450SF home included
Call Green Gold Realty, LLC (478)972-2971

HOMES FOR SALE

2BR/1.5BA Home for Sale
Located in Ozark!
Must to be MOVED
Church Owned - 1000SF
Call 334-774-6911
Mon.-Thurs. (8am-12)
or 334-714-0839.

FSBO SAVE THOUSANDS
2230 OMUSSEE RD.
Spacious 2 Story Brick
4BR/2.5BA 3200SF, lg bed-
rooms w/master down-
stairs, office upstairs, wrap around porch, 2 car
garage, 40x50 detached garage w/insulated of-
fice on 2½ acres. **\$295,000 Call 334-794-9514**

MOBILE HOMES FOR SALE

FSBO 2BR/2BA Mobile Home 1989 14x70,
some appliances, AC unit, and skirting in-
cluded. Great Condition. Must Be MOVED!
\$3,200 Firm. Call 334-695-6368

COMMERCIAL REAL ESTATE FOR SALE

COMMERCIAL & INDUSTRIAL BUILDINGS & SITES

Grocery Store For Sale

- Establish Turn Key Store.
 - Full service with deli,
meat and produce.
 - \$1.4 million yearly sales.
- email contact:**
grocerystore99@gmail.com

RECREATION

ATVS, GO CARTS, GOLF CARTS

4-Wheeler 2018 Yamaha
Raptor 700R,
Special Edition, Purchased
9-30-17, rode less than 2
miles, BRAND NEW CONDI-
TION! \$7200. 229-254-9001.

Polaris Razor (Youth) 2014 #170, used very lit-
tle, excellent condition \$1800. 334-792-8223
Leave message.

CAMPERS & TRAVEL TRAILERS

Coachmen 2017 Catalina Travel Trailer,
Legacy Edition, 28 ft., sleeps six, 1 slide, good
condition and clean. Anderson distribution
hitch included electric awning and electric
fireplace. \$18,500. Call 334-718-1719 and
leave message.

Jayco 2015 Travel Trailer 21ft, selling for health
reason, hardly used, like new, hitch and factory
cover, plus other added extras. Asking \$9,000.
Call 334-805-2272 or 334-792-6493

Outback 2006 30ft Travel Trailer, 4 brand new
tires, large slide out, full bathroom, new lazy
boy wall hugger recliner, great sleep sofa,
comes with hitch and sway bar, other extras
also. Trailer in excellent condition.
Must See! \$9700 Call 334-596-2802

MOTOR HOMES & RVs

Bounder by Fleetwood 2004 36S: Ford V10,
58000 miles, 2 Slides, Automatic leveling
system, Rear camera, Onan Generator 5500,
2 flat screen TVs REDUCED \$33,000. OBO
334-718-0113 or 334-718-0114

Gulf Stream 1995
Conquest: Only 61k
Original Miles, Sleeps 6
Comfortable, 27 foot, New
tires. \$2588 334-247-1501

Discovery by Fleetwood 39L 2006 39L: Class A,
Diesel, 330 Cat, 40 ft, 54K, 4 slides, Auto leveling,
rear and side cameras, Washer/Dryer, stored in
barn \$72K 334-379-8218

Newmar 2004 MTN. Aire Motor Home.
Workhorse Chassis, 32,750 miles, 2-slides,
computer desk/Dine. New roof & refrigerator,
auto satellite dish, includes 10K lb. blue Ox
tow bar and brake buddy. REDUCED \$34,500
850-272-0596 or 850-326-3615.

TRANSPORTATION

ANTIQUE & CLASSIC VEHICLES

1950 Plymouth Special
Deluxe, 2 door coupe,
flathead 6 cylinder,
manual transmission
(three on a tree) lots of
chrome, wheel skirts, whitewall tires. Serious
inquires only. \$11,000 OBO. Call 334-797-3095

Ford 1953 Panel Truck, great restoration
project. \$1500. OBO 334-714-8965 or
334-372-4697. Willing to trade. Lots of extras.

AUTOS FOR SALE

Chevrolet 2014 Cruz, under warranty, must sell.
\$200 down \$219 per month. Call Ron Ellis 334-
714-0027.

Ford 2012 Focus SE: Excellent condition with only
91,000 miles. 100% service records from Bondy's
Ford. Very Clean with PW, PL, Cruise, and many
xtras. \$5,300. 334-695-2853

Honda 2005 Accord EX,
loaded, Sunroof, Leather,
Excel, V-6, Automatic,
137,774 miles, 1 Owner,
\$5695. Call 334-790-7959

Hyundai 2016 Sonata, great gas mileage, 4 door
sedan, very well equipped, low miles. \$200
down \$230 per month. Call Steve Hatcher 334-
791-8243.



Delivery Driver

McLane Company, one of the largest grocery wholesale
companies in the nation, is looking for **Delivery Drivers**
to join our Dothan, Alabama Team.

Our Delivery Drivers are responsible for delivering
customer orders to retail locations in the Alabama,
South Georgia and Florida Panhandle areas. Our drivers
enjoy excellent home time, team delivery routes,
TOP driver wages (75K average first year), guaranteed
minimum pay of \$1,000 a week, excellent benefits
and a very lucrative 401k retirement plan.

The ideal driver applicant will hold a Class "A" CDL,
a minimum of 50,000 miles driving experience, good
MVR record, knowledgeable of DOT rules and able to
pass a DOT physical and drug screen. Route delivery
experience is preferred, but not required.

If you meet these qualifications and wish to apply for a
driving position with us, please visit our website at

www.mclaneco.com

and click on careers. E.O.E.

AUTOS FOR SALE

Honda 2013 Civic, rated best buy, all power, door locks, windows, AM/FM/CD, great coge car, better than 40 miles per gallon. \$250 down, \$250 per month. Call Steve Hatcher 334-791-8243.

Honda 2016 Civic LX, 4 door, fully equipped, full warranty, must sell. \$200 down, \$269 per month. Call Ron Ellis 334-714-0028.

Kia 2011 Sorento, V6 auto engine, extra clean, like new, 3rd row seats, must see, one owner, well maintained \$10,500 Call 334-718-4990 lv. message.



Kia 2013 Rio EX, loaded, back up camera, new tires, economical, automatic, 4 cyl. 84K miles, \$5995. 334-790-7959.

Mercedes Benz 2015 300C 4matic: Like new car with premium sound system, heated seats, 4 cylinder turbo charged engine (31 to 32 mpg); 4 door, black. 66,500 miles. Garage kept and serviced only at M-B dealership. Many extras. \$21,500.00 229 861-3089

AUTOS FOR SALE

PT Cruiser 2006, white Touring edition, 123K miles, good condition \$3995. 334-237-2964 or 334-793-3012. Leave Message.

Saturn 2007 Aura, white with leather interior, 3.6 liter, heated seats, 1 owner, 86k mile, 18" wheels, michelin tires \$8,500 Call 334-803-1811

Toyota 2010 Prius, Hybrid, 80K miles, clean \$6900. 334-899-2112

Toyota 2016 Camry LE, 11k miles, silver with cloth interior, immaculate condition, heated seats, AM/FM/CD, bolt on silver hubcap, michelin tires \$16,300 Call 334-585-0000

Toyota Camry LE 2010, 165 K miles, good condition, new tires, REDUCED \$6800. 334-618-3490 or 334-798-4739.

MOTORCYCLES

Harley Davidson 2008 Roadking, FLHP 103CU. IN. twin cam, 27k miles. Asking \$8000 Dothan Call 334-701-2272

SPORT UTILITY



Chevrolet 2005 Tahoe, Hummer interior package, V8 Vortec, 22" wheels, 2 dvd players, well maintained, very sporty, 130k miles, Marianna, FL \$7,850 Call 386-316-9573



Ford 2003 Explorer Sport Trac XLT, loaded, leather, new tires, 77K miles, Excellent, \$7500. 334-790-7959

TRUCKS, BUSES, TRACTORS, TRAILERS

83 Yanmar Tractor, 4 new tires, runs great, front end plow, backhoe, new disc harrow, and bush hog. \$4,500 for All. Call 850-592-2383

Chevrolet 2009 Silverado LT, ext. cab, 2 wheel drive, 5.3L automatic, power windows, locks, mirrors, seats, 20" factory alum. wheels, 140k miles, runs and drives great, \$14,000 OBO Will Consider Trade. Call 334-797-7420

TRUCKS, BUSES, TRACTORS, TRAILERS



Ford 2007 Ranger XL Super Cab, 1 owner, 4 cyl., Automatic, new tires, 67k miles, excellent, \$9400. 334-790-7959.

Massey Ferguson 65 Tractor, 1963 50 HP, 4 cyl., Perkins diesel, power steering, runs great \$2800. 334-677-7748.

Toyota 2003 Tacoma: 202,000 miles. red 4x2 runs great, cold air, new tires, no issues books at \$10,200 asking \$8,195 (334)333-4450

VANS

Ford 1995 Work Van, runs good \$1,800 Neg. Call 229-309-9380

CLASSIFIED ADVERTISING

Your source for selling and buying!

BUSINESS AND SERVICE DIRECTORY



BUSINESSES & SERVICES

ADULT CARE

Complete CareGivers

In Home Elder Care Service
Housekeeping, Cooking, Any Hours, Appt.
Transportation & Reasonable Rates!
Call Linda 334-405-1520

ASPHALT COATINGS

POOLE ASPHALT & CONCRETE

★ ★ ★
Driveways Parking Lots
Access Roads Building Slabs
Side Walks Curbs
Backhoe Work Dozer Work
Dump Truck Fill Dirt
Any & All Asphalt & Concrete Needs
Call 334-492-2235
Dothan, AL
Roy Poole Brent Poole
Estimator Owner

BUSH HOGGING



MORRISON Bush Hogging
\$45. per hr. 2 hr. min.
Call: 334-200-5297

(Licensed and Insured) Bush Hogging,
Garden Preparation & Driveway Grading
➔ 5 years Cutting in The Wiregrass!

CLEANING & HOUSEKEEPING

DELIGHT CLEANING SERVICE

• Home • Church • Commercial
Licensed & Insured Best Service! Best Price!
Dorothy Pulliam, 334-798-2102
Owner 334-347-9665



CLEANING SERVICE
Start the New Year right with a Clean House weekly, biweekly or monthly.
Residential, Business
Reliable Excellent Service.
Serving Dothan & Surrounding Areas
Call: 334-435-2038

COMPUTER SERVICES



Computer & Laptop Repair
Service Calls Home /Office
Microsoft Certified
Dothanpc.com (Mon-Sat)
2442 Fortner St. Behind
Eye Center South
334-828-1621 334-596-3250

CONSTRUCTION & FACILITIES

TRADEMARK CONSTRUCTION
"Quality is Our Trademark"
CONCRETE WORK
driveways • foundations • slabs • patios
MASONRY WORK
brick • block • stone
ADDITIONS, REMODELING FRAMING
We can handle any of your construction needs!
Licensed, Bonded and Insured
FREE ESTIMATES (334) 685-6039

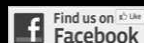
EXCAVATION

Surgical Land Clearing



• Brush Cutting • Small Trees • Food Plots
• Shooting Lanes • Clear Fence Rows
• Lot Beautification • Survey Line Maintenance
• Riding Trails

Contact Patrick or John Moore
at 334-714-4047 or 334-803-4281



HOME IMPROVEMENTS



First Thing We Build is Customer Relationship
29 Years Experience • Licensed & Bonded
334-618-6616
acutabovecarpentry.net

HUSBAND FOR HIRE

Full Service Company

★ 35 YEARS EXP. ★

*Ceiling fans * Lights *Doors * Locks
*Windows * Sinks * Faucets * Toilets
*Roof Repairs *Clean Gutters
*Painting *Carpentry
* Pressure Washing
*Kitchen & Bath Specialist



"Let us handle your home repair needs"
Odd Jobs to Big Jobs
Ask for Paul HFHS LLC
334-790-2659 Locally Owned

Make A List of your Home Improvements needed and call Dave ➔ 334-200-8553



MR. FIXIT

Jack of All Trades
• Roofing • Remodeling
• Repairs • Plumbing
• Siding • Carpentry • Electrical
(334)333-3947 - mrfixit36303@yahoo.com



POPCORN CEILING REMOVAL

* PAINTING * TRIM *
* DRYWALL REPAIRS *

35 years experience (Licensed & Insured)
➔ **Free Estimates** ◀
Call: Joe 334-441-6736



Tom's Home Maintenance
Rotten Wood - Decks - Painting - Doors
➔ **Call about Interior painting specials** ◀
Free Estimates Competitive Pricing,
Licensed & Insured
Enterprise Based
334-494-6596

Superior Craftsmen
Renovation Specialist
RENOVATION & REPAIR
Commercial & Residential
★ Additions and Kitchens ★
★ Baths and Windows/Doors ★
★ Water Proofing & Insurance Work ★
(Prompt Personal Service)
Handyman Services
35 Years Experience, Est. 1986
We accept major credit cards
References & Portfolio Available
Licensed, Bonded & Insured
CALL: 334-648-6179

TRIAD Restoration
Residential & Commercial Repairs
FIRE • WIND • WATER
FREE Insurance Claims Inspections
• Drywall • Painting • Roofing • Flooring
334-692-4222
www.TriadRestorationInc.com

NEED TO PLACE AN AD?

It's simple, call one of our friendly
Classified representatives
and they will be glad to assist you.

HOME IMPROVEMENTS

WP Home Repairs 334-714-8480



RESIDENTIAL & COMMERCIAL

CARPENTRY ♦ GENERAL REPAIRS
PAINTING ♦ DRYWALL ♦ PRESSURE WASHING
♦ DOORS REMODELS ♦ INSURANCE CLAIMS

Visa & Master Card Accepted

➔ 334-714-8480 www.wphomerepairs.com

INSULATORS

Hussey House Movers
Structural Relocation Specialist
Offering Precise Foundation Service,
Using the Pressurized Hydraulic Process
(Modern), Leveling Floors-Closing Cracks-
Adjusting Doors and Windows
Jeff Hussey 334-389-3725

LANDSCAPE & GARDENING

MUSTARD SEED LANDSCAPING, LLC
Professional Landscape Design/Installation
ERIC HEISNER Landscape Designer
Auburn University Graduate
*Irrigation Installation/Repair
*Scale Design *Design Consultation
*Pruning *Hardscapes *Drainage
Free Estimates * 334-791-3757
mustardseed@comcast.net

LAWN SERVICES

Cannon Lawn Care
Mowing • Line Trimming
Edge & Blowing
Prices starting at \$25.
**** FREE ESTIMATES ****
Call: 334-333-6669 Licensed & Insured
www.cannonlawncare.com
BEST of the Wiregrass 2017

LAWN PRO, LLC NEED YOUR YARD CLEANED UP? FREE ESTIMATE

We also offer:

• Year Round Lawn Maintenance
• Hedge Trimming • Chainsaw Work
• Flower Bed Work including new bedding,
etc... **Call Josh at 334-726-8593**

T & T Lawn Service LLC
"We walk by faith not by sight"
We specialize in: • Flower beds • Mulching
• Pine Straw • Sodding • Hedge Trimming
• Fertilizing • Commercial & Residential
FREE ESTIMATES - CALL 334-718-3673

Walding Landscaping and Tree Service
• Tree Removal
• Stump Grinding • Tractor Work • Sod Work
• Sprinkler System
FREE ESTIMATES!!!
Call 334-618-3058 or 334-796-9556

IT'S AS EASY AS 1 - 2 - 3
1. CALL 2. PLACE YOUR AD 3. GET RESULTS

PAINTING

A's Painting Service
Interior - Exterior,
Pressure Washing
FREE ESTIMATES!
Specialize in Garage Floors
No job to small! (Licensed & Insured)
Call: 334-618-0134

PAINTING

NU LOOK Painting & Remodeling Company
• Carpentry • Painting
• Pressure Washing • Interior or Exterior
• Free Estimates • 40 Years Experience
Dependable, Honest, Quality Work
Call 334-405-0987

POOLS, SPAS & RELATED

BAMA POOL SERVICES LLC

• Commercial & Residential Pools
• Salt System • Pool Repair
• Vinyl Liner Installation & Repair
• Full Pool Service
Locally licensed, Owned & Insured
Call 334-797-6998



POWER WASHING

EDDIE HALL PRESSURE WASHING
LOW PRICES FREE ESTIMATES
Homes Commercial & Lake Homes
Fences Gutters • Eaves • Driveways
Clean Metal Roofs • Concrete Bldg. Churches
➔ 334-797-1327 OR 334-588-2542
Licensed & Bonded Clean w/low pressure

ROOFING & RELATED

KENNETH BEDSOLE ROOFING, INC.

334-671-9225

7090 W. Main Street Dothan, AL
Residential & Commercial
All types of Roofing, Awnings &
Seamless Gutters
We also service Flat Roofs
**We Don't Want To Be The Biggest;
We Want To Be The Best!**
For Repairs and Leaks
Call Greg Mauldin 334-796-9250

AFFORDABLE PROFESSIONAL ROOFING, LLC
Roofing Is Our Heritage Quality Is Our Tradition
• Vinyl Siding • Metal Shingles • Flat Roofs
• Seamless Gutter • Do it Right the 1st Time
Free Estimates! 20 Yrs Exp! Locally Owned.
Complete tear-off & replacements.
Serving Wiregrass One Roof At A Time!
Call 334-475-1968
Licensed, Bonded & Insured

TREE SERVICE

A-1 Tree Service
Licensed
Bonded & Insured
• Landscaping • Irrigation
• Lawn Maintenance
• Pressure Washing • Land Clearing
Call for your FREE estimate!
Call: 334-400-4959 30 yrs. of Exp.
Accepting all major credit cards
Quality you can count on with people you can trust for a price you can't beat!

* Tree Removal * Topping * Lot Clearing *
* Feeding * Trimming * Stump Grinding *
COMPLETE TREE SERVICE
Johnny Townsell 334-726-6821
"We go out on a Limb For Our Customers"
INSURED, LICENSED & BONDED

SELF STORAGE

QUALITY PLUS SELF STORAGE
CLIMATE CONTROLLED • LOCKERS • DRIVE UP
334-445-9803
2833 ANDREWS AVE. OZARK AL 36360
\$20 OFF 1ST MONTH ACTIVE DUTY!

Make Your Point!

Advertising is the best way
to make points with prime prospects
who are ready, willing and able to buy.
Let us show you the most effective
way to advertise in the newspaper
that reaches the right people,
right where they live.

Chinook

Continued from Page B1

ble now that the Federal Aviation Administration allows GPS systems to be used while Chinooks are flying in cloudy skies.

“We could use the GPS before, but it wasn’t certified with (instrument flight rules) flight,” Simpson said. “If you are flying along in a cloud, how do you know where you are at? We couldn’t use the GPS according to the FAA. I promise the GPS works great in Afghanistan, but we don’t fly around in clouds in Afghanistan.”

Utilizing GPS in cloudy conditions will make flights shorter, which Simpson said will save the Army money on fuel and even maintenance costs.

“There are a lot of things we save just by saving time,” Simpson said. “Everything we do on maintenance cost on the aircraft is time related. How often we are flying that aircraft ends up being a cost in maintenance later because every 25 hours you have to do certain checks, every 50 hours you have to have to do a few more checks. As you take away that time, there is less maintenance cost.”

In the past, a five-hour flight may have taken more than seven hours because the crew would have to fly to navigation aids that are placed on the ground as a way to travel. One navigation aid could take the crew 20 miles out of a direct flight path. Then, the next navigation aid could take the crew another 15 miles out of flight path, Simpson said.

Those longer flight times add up in fuel costs and make for a higher rate of maintenance checks on the aircraft, according to Simpson. Due to the extra flying, a flight may take two days instead of one day. This leads to the aircraft and crew not being as available to the local ground force commander.

“We are the Aviation side, but we don’t have a job without the ground force,” Simpson said. “We work for the ground force commander. That is more time he has available to him to execute his missions because we are now flying less time because we can go a direct route.”



PHOTO BY CHAD L. SIMON

A new CH-47 MY2 Chinook prepares to lift off from Marshall Army Airfield on Fort Riley, Kan., Jan. 25.

Mountain

Continued from Page B1

2nd Battalion, 87th Infantry Regiment, 2nd BCT. The Soldiers, some of whom had never flown on a helicopter before, received cold and hot load training. This means they learned first how to safely load personnel and gear with the aircraft shutdown and then actively running before engaging in the actual air movement. C Co., 2-10th AHB, provided UH-60 Black Hawks for the exercise and B Co., 3-10th GSAB, provided a CH-47 Chinook and crew.

Together, the crews trained Soldiers to safely execute an air assault and concluded the training by completing an air assault from the pickup location to a training objective to the west where Soldiers went on to seize some mock air defense artillery assets.

“The ability to integrate in with the CAB and conduct training like this allows us to become more familiar and versatile in our mission set,” said Capt. Andrew Boyle, company commander for Comanche Company, 2-87th Infantry, 2nd BCT. “It allows us to move much farther than we could on foot and allows the Soldiers to get in behind enemy lines.”

Boyle said the frigid winter temperatures didn’t serve to deter, but rather bolstered the Sol-



PHOTO BY SPC. THOMAS SCAGGS

Sgt. Jourdain Knight, a flight instructor with C Co., 2-10th AHB, conducts a safety brief for Soldiers prior to air assault training.

diers resolve to train.

“In the words of (Maj. Gen. Walter Piatt, 10th Mountain Div. commanding general), we’re getting back to the mountain,” said

Boyle. “We’ve got our Level 7 ECWCS (Extreme Cold Weather Clothing System) on. Last night, it got down into the negative temperatures and today, we’re

hovering in the single digits. It’s cold, but these are the conditions we train to excel in.”

More joint training opportunities are currently in the works

between 10th Mountain Div.’s CAB, BCTs, and DIVARTY, ensuring that the entire Division team can be ready whenever called upon for duty.



HOSPITAL BEDS, WHEEL CHAIRS, WALKERS, PATIENT LIFTS, SCOOTERS, VEHICLE LIFTS, DIABETIC SUPPLIES, BARIATRIC PRODUCTS, OXYGEN AND RELATED EQUIPMENT

RENTALS, SALES, AND REPAIR

Yes, we can provide electric wheelchairs to Medicaid patients.

774•7535
1•800•835•2266

SERVING THE WIREGRASS AND BEYOND FOR OVER 28 YEARS!

Aabon Home Health Care Supply
136 E. Reynolds St. • Ozark, AL. •
aabon@troycable.net





FEBRUARY 15, 2018

HEALTHY SMILES



PHOTOS BY NATHAN PFau

Capt. Michelle Kuznia, Brown Dental Clinic general dentist, gives a dental screening to Elle LeDuc, military family member, during a visit to the CDC Feb. 7 to promote healthy dental hygiene habits.

Dental clinic promotes proper hygiene habits for children

By Nathan Pfau
Army Flier Staff Writer

February is National Children Dental Health Month and Brown Dental Clinic wants to make sure children on Fort Rucker are doing what they can to keep their smiles healthy.

Dentists from the clinic, including Capts. Catherine Dahl and Michelle Kuznia, as well as the tooth fairy, played by Roseanne Licina, of Brown Dental Clinic, visited the Fort Rucker Primary and Elementary Schools, as well as the Child Development Center Feb. 6-8 to provide free dental screenings and promote healthy dental habits.

"We basically just go in and do the exams ... and we send notes home with the kids if we see anything going on," said Dahl. "This is just visual, and we're just looking with a mirror and a light, so this doesn't take the place of a real dental exam, so if we see something we make sure to let the parents know."

During the screenings, Dahl said the dentists are looking for mainly cavities, especially on children who have permanent teeth, but for those that might exist on baby teeth, as well.

"Sometimes parents think, 'well the tooth is going to fall out, so we don't need to worry about it,' but it's uncomfortable for the child when they're trying to eat if their teeth are sore," she said.

Any complications can have lasting impacts on the developing tooth bud underneath, so it can cause damage to the permanent tooth, as well, said Dahl. Also, if the teeth are lost too soon there can be a problem since the baby teeth hold the space for the permanent teeth to come in, so if the teeth are lost too soon, then there may be crowding issues, which can become more difficult to fix later in life.

Overall, though, Dahl said



Children at the CDC sit with Capts. Catherine Dahl and Michelle Kuznia, Brown Dental Clinic general dentists, and the Tooth Fairy, played by Roseanne Licina of Brown Dental Clinic, after getting screenings to promote healthy dental hygiene habits.

most of the children had healthy teeth, but in order to keep them that way, children, as well as parents, need to continue to practice healthy dental habits.

"When you get older and start getting permanent teeth, those are your teeth for the rest of your life, so when you're old, do you want your real teeth or dentures?" she said. "That's why it's important to stress that we need to take care of our teeth because people are living longer and longer, and we've got to try to keep our teeth our entire lives."

"People with their real teeth are able to chew more effectively and have a lot more taste sensation, and are able to enjoy their food a little more than someone who might have dentures," she continued. "We're just trying to make them aware that it's important."

Dahl said brushing and flossing regularly are very important when it comes to good dental



Kuznia gives a dental screening to Jaden West, military family member, during a visit to the CDC Feb. 7 to promote healthy dental hygiene habits.

hygiene, and it's something children need to learn early on with the help of their parents.

"Most children need help brushing their teeth until they are 8 years old," said the dentist. "You think they're doing a good job but really they're just brushing the two front ones. Even af-

ter (8 years old), parents should monitor them and make sure they're cleaning them well."

Although brushing and flossing are key to good dental hygiene, it's not the only factor that keeps teeth healthy.

"Diet is really huge," she said. "We always talk about sugar and

... it's important to stress that we need to take care of our teeth because people are living longer and longer, and we've got to try to keep our teeth our entire lives."

— CAPT. CATHERINE DAHL, BROWN DENTAL CLINIC DENTIST

how it affects the teeth, but what kid is going to avoid sugar? It's more about how often children are having sugars.

"Your saliva helps to protect your teeth, so if you have a piece of candy ... every time you eat (more candy) your mouth is producing acid, so then you've got a lot of acid on your teeth and that's what dissolves (the teeth) to create cavities."

Dahl said reducing the frequency of the consumption of candy can help combat that, as well as reducing sugary drinks, such as sodas and energy drink. Children don't have to avoid them completely, but suggests if they are going to have a sugary drink, to do so with their meal and drink plenty of water in between. "That will really help to protect the teeth," she said.

Helping children maintain these healthy habits is important, which is why Dahl said throughout the month dentists will go back to the schools and the CDC to provide more education about the importance of good dental hygiene.

"We'll have them watch a video and have a question-and-answer period, so there is a big education aspect to this," she said. "We just really want to help keep their teeth healthy."

MORE THAN BOOKS

Fort Rucker's Center Library offers bike repair, maintenance workshop



By Jeremy Henderson
Army Flier Staff Writer

Fort Rucker's Center Library continues to broaden people's educational opportunities with an upcoming bike repair workshop.

The workshop, which takes place Feb. 24 from 1:30-3:30 p.m., is hosted by a knowledgeable cycling enthusiast and will teach patrons the basics of bicycle maintenance, according to Cameron Hill, youth librarian.

"Participants should expect to learn a few basic but essential bicycle maintenance tips and tricks," Hill said. "Routine cleaning and maintenance will help identify a problem before it becomes catastrophic."

"Plus, if you're out in the middle of nowhere with a broken pedal, knowing how to fix it can avoid a long walk home," she added.

Registration is not required for the free

event.

"Taking a tour of a new area by bicycle is a great way for families to explore and become familiar with the sights and sounds of the neighborhood," Hill said.

"One of the best things you can do to stave off heart disease, cancer and other chronic diseases is to hop on a bike," she added.

According to Hill, hopping on a bicycle can also be a great way to experience more of what a community has to offer.

"Besides the health benefits, commuting by bicycle is environmentally friendly," she said.

Patrons are invited to bring bikes in need of repair, or simply a willingness to learn.

"There will be a cycling expert available to answer questions and help with repairs," Hill said. "Tools will be provided, as well. We offer a bike repair toolkit, bike stand and bike pump available for use here at the library."

For more information, call 255-3885.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.



PHOTO BY NATHAN PFAU

Fort Rucker Right Arm Night

The Landing Zone will host the Fort Rucker Right Arm Night Feb. 22 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 255-0768.

Child care available

The Fort Rucker School Age Center has spaces available for before and after school care. The school age center is available for children kindergarten through fifth grade. For more information, call 255-9638.

Newcomers welcome

A newcomers welcome is scheduled for Friday from 9-11:30 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are encouraged by post officials to attend the newcomers orientation. A free light breakfast and coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or 255-2887.

Valentine Masquerade Party

The Fort Rucker Youth Center Valentine Masquerade Party is scheduled for Friday from 6:30-9:30 p.m. Youth can bring a guest. Youth are asked to come dressed up we and the staff will provide the mask. There will be giveaways, games, food and a prize for the best dressed person. The cost for entry is two canned goods or two nonperishable items.

For more information, call 255-2271 or 255-2260.

Youth dinner and a movie

The Fort Rucker Youth Center will host a trip to the mall, a movie and dinner Saturday. The trip will depart the center at 2 p.m. Cost is \$20. To take part, youth must be a members of child and youth services member to participate – ages 11-18 and grades six-12.

For membership information or to sign-up for membership, call 255-9638.

Blended Retirement System Seminar

Army Community Service accredited financial counselors will present a Blended Retirement System Seminar Tuesday from 6-7 p.m. at Bldg. 5700, the Soldier Service Center, in Rm. 350.

The seminar will be a discussion of the significant changes to the current military retirement system, including continuation pay and the Thrift Saving Plan with matching government contributions. Pre-registration is required by Monday. Free child care available with registration. Class is subject to cancellation if enough people do not pre-register.

For more information, call 255-3949. Registration can be completed by visiting <http://rucker.armymwr.com/us/rucker/programs/army-community-service>.

Anti-Bullying Rally

The youth center will host its third annual Anti-Bullying Rally Feb. 23 from 4:15-5:30 p.m. There will be guest speak-

ers, performances and refreshments. The main guest speaker is Steve McLendon from the New York Jets. The rally is open to the public.

For more information, call the 255-2271 or 255-2260.

Bike Repair Workshop

The Center Library will host a bicycle repair workshop Feb. 24 from 1:30-3:30 p.m. A knowledgeable cycling enthusiast will be on hand to answer questions and teach basic bicycle maintenance. No registration is required.

For more information, call 255-3885.

SEUSStival

The Center Library will celebrate Dr. Seuss’s 114th birthday during its annual SEUSStival March 1 from 4:30-6:30 p.m. The event will feature games, crafts and more. All ages are invited, according to organizers.

For more information, visit the library or call 255-3885.

Employment readiness class

The Fort Rucker Employment Readiness Program will host an orientation session March 1 in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11:30 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required.

For more information, call 255-2594.

Get REAL

Army Community Service’s Army Family Team Building staff will host its Get REAL – Rucker Experience Army Learning – class March 5 from 8:30 a.m. to 2:30 p.m. at the Divots Conference Room at Silver Wings Golf Course. The course is designed to help people make friends during an interactive day of learning on topics such as military acronyms, Army customs and courtesies, military ranks, community resources and more. Free lunch and childcare will be provided. The registration deadline is March 1.

For registration and childcare information, call 255-1429.

Breakerspace

The Center Library will host a free program it calls Breakerspace March 6 from 4:30-5:30 p.m. This year’s theme is Libraries are for Creating. Center Library staff members encourage teens and tweens to let their creative juices flow at this event where they will take apart whatever tech is on hand and then use their imagination to put the pieces back together. The event is open to youth ages 9 to 17. Registration is required and will be limited to the first 20 youth to register.

DFMWR SPOTLIGHT

Fort Rucker Intramural Sports

KICKBALL TOURNAMENT

March 3rd

Beginning at 8:00 am

**Fort Rucker Softball Complex
on Andrews Avenue**

Prizes for 1st, 2nd, & 3rd place teams

16 Team Max! Enter early!

1st Place \$500 & Team and Individual Trophies
2nd Place \$300 & Team Trophy
3rd Place \$225 & Team Trophy

• \$ 225 Per Team / or \$15 each player
• Concession stand will be open

Open to the Public

**For more information, please
call the Physical Fitness Center
at (334)255-2296/3794
rucker.armymwr.com**

For more information or to register, call 255-3885.

Federal jobs workshop

Army Community Service will host its federal job workshop March 7 from 8 a.m. to noon in Bldg. 5700, Rm. 284. The workshop is aimed at getting people the information they need to increase their federal employment possibilities. Participants will receive a free copy of Kathryn Troutman’s “Jobseeker’s Guide (7th Edition).” Registration is required two days prior to the workshop. Space is limited to the first 60 people to register and the workshop is

open to authorized patrons only.

For more information or to register, call 255-2594.

FRG Forum

Army Community Service will host its family readiness group forum March 15 from 8:15 a.m. to 2:15 p.m. at Divots at Silver Wings Golf Course. The FRG Forum is designed for participants to network, share ideas, voice their concerns, learn ways to improve FRG operations and build FRG teams throughout the installation, according to organizers.

For more information, call 255-9578.

FORT RUCKER MOVIE SCHEDULE FOR FEBRUARY 15-18

Thursday, February 15

Pitch Perfect 3 (PG-13)7 p.m.

Friday, February 16

Black Panther (PG-13)3 & 7 p.m.

Saturday, February 17

Black Panther (PG-13)3 & 7 p.m.

Sunday, February 18

Black Panther (PG-13)1 & 4 p.m.

Rocky, Elmo want providers to ‘Watch. Ask. Share.’

Military Health System
Communications Office Staff Report

SILVER SPRING, Md. — Health care providers now have exciting new resources to help them work with patients from military families, thanks to research-based content on the Sesame Street for Military Families website.

In a video on the new provider section, Vice Adm. Raquel Bono welcomes health care providers to the website while standing beside Sesame Street’s Elmo. Bono, director of the Defense Health Agency, introduces herself as “Rocky,” and says she is a military leader, surgeon and parent.

“We are thrilled to share with you what Sesame Street has developed from over 10 years of research with military families,” said Bono. “This section of Sesame Street for Military Families helps providers like you engage with the families you serve.”

Topics are broken into three steps Bono and Elmo call, “Watch. Ask. Share.” The idea is for providers to watch the short videos and use what they learn



COURTESY PHOTO

Defense Health Agency Director Vice Adm. Raquel ‘Rocky’ Bono joined Sesame Street’s Elmo to record a welcome video for the new provider section of the Sesame Street for Military Families website.

to ask military patients about relevant issues in their lives. They can share the website and downloadable kid-friendly handouts with their patients.

“Although my children are

grown now,” Bono said, “I would have loved resources like this back when I deployed, or when we were going through the countless moves and other life events that are a part of military

life.”

Many resources on the website guide parents in general, according to Kelly Blasko, psychologist and program lead at DHA. Blasko said the provider section is organized with a cultural component, examples of questions for use by providers, and includes “parenting tips known to be helpful to military families.”

Blasko worked with Sesame Street to identify resources and surveyed over 100 providers about the kind of information they would find useful. Short videos feature military parents and spouses discussing their deployments, homecomings, and relocations.

“What’s really nice about Sesame Street is they are experts at child education, child development, and media,” said Blasko, who added that when parents and children watch videos together and discuss them afterward, it becomes a collaborative experience.

According to Blasko, offering resources and information about military culture is exactly what surveyed providers wanted so they could help military parents

and children build resilience for good health and well-being.

“We know military family life involves many transitions, large and small,” said Blasko. “And change can be stressful for everyone. We found health care providers are willing to watch the short videos and like these resources.”

Printable handouts with Sesame Street characters double as tips for families and coloring pages for children. All materials are available in English and Spanish. A free shortcut app to the Sesame Street for Military Families website is available for Android and iOS devices from iTunes, Google Play and Amazon for Kindle Fire.

“Having providers share these resources with parents can help them with difficult conversations, and in turn, can improve the overall family functioning,” Blasko said. “When parents are more confident in their parenting, it really influences their health positively and is reflected in their child. Well-being is interconnected.”

The website is available at <http://sesamestreetformilitaryfamilies.org/>.

DOD helps set scene for heroes in ‘15:17 to Paris’ movie

By Katie Lange
Defense Media Activity

WASHINGTON – Every year, there are a few blockbuster movies based on true stories of U.S. service members, and the upcoming “15:17 to Paris,” directed by the legendary Clint Eastwood, is no exception.

What makes this one unique, though, is that all three men who were the real-life heroes play themselves in the movie.

“15:17 to Paris” is about Spencer Stone, Aleksander Skarlatos and Anthony Sadler – three childhood friends who stopped a gunman on a Paris-bound train in August 2015, preventing the loss of innocent lives. The trio was internationally praised for their heroics.

Since Stone was an Air Force airman and Skarlatos was an Oregon Army National Guard specialist at the time, their military training helped guide them in their actions. That gets depicted in the movie too, so naturally, the Defense Department helped provide as much accuracy as possible.

The bulk of the scenes involving Stone in his Air Force uniform were filmed at Robins Air Force Base, Georgia, even though the movie depicts his time at Fort

Sam Houston, Texas. The filming at Robins only lasted one day, but it took nearly two weeks to build the sets and dress the base up to look like Fort Sam Houston.

The DOD also contributed Humvees and work trucks to depict life on the military base.

Other military-specific scenes were shot at various locations in Georgia with on-set consultation by a DOD project officer, who was either on set or was verbally consulted for all scenes depicting Stone in uniform.

Some current airmen also got to join Stone in the film as extras. They were mostly used to do marching drills around base.

While the Air Force took the lead on most of the production, the Oregon Army National Guard also contributed. Capt. Leslie Reed, who was stationed in Afghanistan with Skarlatos prior to the August 2015 incident, helped fact-check, and provided photos and other guidance for producers so they could accurately recreate scenes.

As for the finished product? DOD officials said Eastwood did a good job with it.

“This film entertains and highlights a moment in time when ordinary people did



PHOTO BY CAPT. LESLIE REED

Alek Skarlatos, Spencer Stone, Oregon Army National Guard Brig. Gen. William J. Prendergast, and Anthony Sadler pose for a photo outside the pre-screening of the movie ‘15:17 to Paris’ at Century Arden 14 in Sacramento, Calif., Jan. 20.

an extraordinary action, potentially saving hundreds of lives. That’s the message of the film, and the film accomplishes this very well,” said Develyn Watson, the deputy director of the Air Force Entertainment Liaison Office.

She said the movie helps further the DOD mission, which is to educate and inform civilians about all of the incredible people in the U.S. military.

“An Air Force airman took control of a situation with no regard for his personal safety. This epitomizes service before self, one of our core values,” Watson said. “This film does a very good job of showing the selflessness of who we are as a military

and what we represent.”

Stone received a Purple Heart and the Airman’s Medal, while Skarlatos received the Soldier’s Medal. Both medals are considered their respective branch’s highest noncombat awards. All three men were bestowed with France’s highest award, the Legion of Honor.

Stone continued on in the Air Force to the rank of staff sergeant until 2016, when he left to pursue a career in international relations. Skarlatos re-enlisted for two more years with the Guard a month before the train attack. He has since left the Guard to pursue other things, including a stint on “Dancing with the Stars.”



PHOTO BY AIR FORCE SENIOR AMN. CHARLES RIVEZZO

Air Force Amn. 1st Class Spencer Stone is greeted with a hero's welcome during the Sacramento Home-town Heroes Parade and festivities in downtown Sacramento Sept. 11, 2015.



PHOTO BY CHRISTOPHER L. INGERSOLL

Oregon Gov. Kate Brown places the Oregon Distinguished Service Medal on the neck of Oregon Army National Guard Spc. Aleksander Skarlatos during a ceremony in Salem, Ore., Feb. 17.

Bringing People Together Thru Faith

ARMY FLIER

Church Directory

“Be ye followers of me, even as I also am of Christ.”
1 Corinthians 11:1

First United Methodist Church

214 S. Main Street • Enterprise

347-3467

Prayer Line 347-3467 ext 321

Service Times:

Traditional - in the Fellowship Hall..... 11:00AM

Contemporary C-3 - in the Fellowship Hall.....8:45AM

The Gathering (Youth) 6:00PM

Sunday School.....9:55AM

Nursery CareEvery Service

Here, it's not about the building...

“Small things done with great love will change the world”

VINEYARD CHURCH

DOTHAN

Sun 10:30 Service; Wed 6:30 Small Groups

(334) 671-0093 • 150 Bethlehem Rd

DOTHAVINEYARD.COM

Call 347-9533 to advertise your church on this page.

COBRA GOLD

Army, Marines work with partners to help Thai communities

By Sgt. Matthew Bragg
For Army News Service

CHACHOENGSAO, Thailand — The Royal Thai, United States and Indonesian armed forces gathered during a pillar raising ceremony for an Exercise Cobra Gold 2018 construction project to build a school building at Banthungsohongsa School in Chachoengsao, Kingdom of Thailand, Jan. 31.

Cobra Gold 18 is an annual exercise conducted in the Kingdom of Thailand and runs from Feb. 13-23 with up to 29 nations participating.

The main pillar of the building, blessed by Buddhist monks, distinguished guests and villagers, was set into place. The ceremony is a tradition that honors the spirits residing in the area and is said to increase the longevity of the building.

“I feel honored and glad (we are receiving) this construction, which will benefit Thai students,” said Banthungsohongsa School Principal Wanching Koolhakool, who is a native of Singburi, Thailand. “It’s going to be a place for learning activities for the kindergarten grade, and will be able to support more than 40 students.”

Working with their Royal Thai and U.S. counterparts, the Indonesian army has a heavy hand at engineering civic assistance project site four.

“Our purpose here is to help the people of Thailand,” said Capt. Ridwan Hananto, who is with the Indonesia army engineers, and is a native of Karanganyar, Central Java, Indonesia. “Indonesia and



PHOTO BY SGT. MATTHEW J. BRAGG

Ban Na Isan Village Chief Arun Sopaporn (right) thanks Maj. Robert Vandertuin, the head of a Combined Joint Civil Military Operations Task Force, for visiting in Chachoengsao, Kingdom of Thailand, Jan. 31.

the U.S. have joined together in this training for many years. This building we are building together will give the locals an advantage since it is a school building, and it will help them improve their education.”

After the ceremony, the Royal Thai and U.S. forces halted construction temporarily to donate school supplies consisting of notebooks, reading materials, backpacks, and desks to the Banthungsohongsa School students.

Sgt. Rodney Manibusan, an engineer with 797th Engineering Company, 411th Engineering Battalion, said the supplies are meant to provide better learning

opportunities for the children.

“What we’re doing is investing in the future of the children of the local community,” said Manibusan, who is a native of Dededo, Guam. “It’s not about us – we’re just paving the way for these kids.”

While the school building was blessed, Royal Thai and U.S. service members also visited Ban Na Isan Village where numerous elephant stampedes have taken place. The villagers said the stampedes are a direct result of a drought in the area, and a lack of food causes the elephants to storm through the village and eat crops.

The village made headlines last year when an elephant stampede killed a local man who was carrying fruit from the forest back to his home.

“We have 312 families and around 1,000 people in our village,” said Arporn Maimongkol, who is the sheriff of Sanam Chai Khet, the local district. “We try to stop them, but they keep adapting and finding new ways to get to our crops.”

The Thai people have lived in harmony with elephants for thousands of years, and Maimongkol said the villagers understand they need to protect the village and the elephants.

“If we can surround the village with fences and plant more food for the elephants, then it will be successful and balanced between humans and elephants so that we could live together,” she said.

Maimongkol said the village has constructed a dam in an effort to keep the elephants away. The dam closes off their main access way, and during the rainy season the area fills up with water. But Maimongkol said the elephants are now trying to climb up onto the roads, which is damaging them.

“It is a continuous trial and error for us,” she said. “We can’t continue watching for elephants all the time, so the best step forward for us is elephant fences to prevent them from stampeding and keep them in the wild.”

Maimongkol and Arun Sopaporn, Ban Na Isan Village chief, spoke with Maj. Robert Vandertuin, the head of combined joint civil military operations task force who is leading humanitarian civic assistance projects during this year’s Cobra Gold, explaining they lack the budget in order to build the fences.

“For us to construct the dam and elephant ditches, we used a lot of our budget and the elephants still destroyed it,” Maimongkol explained. “The best way to stop the elephants now is to build elephant fences, then we’ll be successful in taking care of the villagers.”

Royal Thai and U.S. forces pitched in and donated several bags of rice and potatoes to help replace some of the village’s damaged crops from the elephant stampedes.

FORT RUCKER RELIGIOUS SERVICES

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service.

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions
9 a.m. Catholic Mass
11 a.m. Collective Protestant
12:05 p.m. Catholic Mass (Tuesday-Friday)
4 p.m. Catholic Confessions (Saturday)
5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant
Sunday School

10:45 a.m. Latter-Day Saints
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
11 p.m. Eckankar Study (4th Sunday)

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAYS
Crossroads
Discipleship Study (Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel

Wings Chape, 9 a.m. and 6 p.m.

Adult Bible Study

Spiritual Life Center, 7 p.m.

WEDNESDAYS

Catholic Women of the Chapel

Spiritual Life Center, 9 a.m.

Above the Best Bible Study

Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study

Hanchey AAF, Bldg. 50102N, Rm. 101 11:30 a.m.

164th TAOG Bible Study

Bldg. 30501, 11:30 a.m.

Precepts Bible Study

Soldier Service Center, 12 p.m.

**ALWAYS SUPPORT YOUR FELLOW SOLDIER.
REMEMBER ACE – ASK, CARE AND ESCORT.**



**DON'T
TEXT OR
TALK AND
DRIVE**

No call is worth sacrificing the safety of yourself and others. Do not talk or text and drive. It can wait.

TRUCK MONTH

2018 Ram 1500 Longhorn
Crew Cab 4x4
PW, PL, Tilt, Cruise, Sunroof, Leather, Alloy Wheels
#N3143

SAVE UP TO \$10,000

2018 RAM 2500
Crew Cab 4x4
PW, PL, Tilt, Cruise, Steps
#N3149

Was \$46,620
SALE \$41,344

Was \$78,310
SALE \$69,970

2018 Ram 3500
Crew Cab Limited 4x4
5th Wheel/Goose Neck Group, PW, PL, Leather, Sunroof.
#N3003

MITCHELL CDJR
CHRYSLER • DODGE • JEEP • RAM
123 Plaza Drive • Enterprise, AL
Call 334-347-8906 or visit www.mitchellcdjr.com

Jason Keen
Retired Sgt. 1st Class

We Accept Tricare!



**We Love Fort Rucker!
We Support our
Men & Women!**

Enterprise's
2nd Location Now Open!
(7 Days a Week)
6580 Boll Weevil Circle

**\$5.00
RX Plan**
Get a month
Supply of certain
medications!

**Rx BRYAN
PHARMACY**
Brett Bryan • PHARMACIST

Enterprise
804 Glover Ave
347-5111

Enterprise
6580 Boll Weevil Cir.
417-4111

Elba
991 AL Hwy 203
897-5222

FACE OF DEFENSE

Soldier follows in grandfather's footsteps

By Army Staff Sgt.
Sierra A. Melendez
1st Security Force
Assistance Brigade

FORT POLK, La. — Many boys share hobbies and pastimes with the patriarchs of their family. However, very few can say they've passed on combat advising as a family tradition.

This is true for Capt. Christopher J. Collins, operations adviser for the 2nd Battalion, 1st Security Force Assistance Brigade and Apollo Beach, Florida, native.

Collins' grandfather, retired Capt. James R. Collins, served in the Army as a member of the Vietnam Military Assistance Advisory Group in the 1950s.

At that time, the U.S. government decided it would be necessary to organize a specialized group of troops to coordinate procurement and dissemination of military supplies and equipment for South Vietnamese forces.

The MAAG consisted of a small number of selected Soldiers who were also charged with the tasks of assisting in the training of South Vietnamese troops and advising on strategies.

"He said back then they had two captains, and three or four noncommissioned officers," Collins said of his grandfather's experiences in Vietnam. "That was their version of a combat adviser team. They had six months of language training, some cultural classes and then your typical pre-deployment training."

SIMILAR MISSIONS

Collins is assigned to the 1st SFAB, that's slated to deploy to Afghanistan soon to conduct a similar mission as his grandfather — nearly 60 years later and in another part of the world.

Collins jumped at the opportunity to volunteer for the SFAB when it was presented to him. He credits the advice of not only



PHOTO BY STAFF SGT. SIERRA A. MELENDEZ

Retired Navy SEAL Lt. Cmdr. James W. Collins, Capt. Christopher J. Collins, a combat adviser with the 1st Security Force Assistance Brigade, and retired Capt. James R. Collins pose for a photo at the Maneuver Center of Excellence at Fort Benning, Ga., June 7, 2013, following Collins' graduation.

his grandfather, but his father, as well — retired Navy SEAL Lt. Cmdr. James W. Collins.

"They both said that I would be a good fit for it," Collins said. "My grandpa said, 'There's more similarities between people than differences.' And that's something I always saw to be true throughout my time overseas, in addition to being a language ma-

jor."

While this is Collin's first deployment as a combat adviser, he said the lifelike training he has received during the 1st SFAB's rotation at the Joint Readiness Training Center here, along with the personal anecdotes his grandfather has passed along to him, have prepared him for the operation.

"I've learned very quickly that there's strength in numbers," Collins said. "So working alongside these partners from other countries and combining thoughts and ideas can produce results with lasting impacts."

Collins hopes his time in the SFAB and the training and guidance the unit brings will resonate with the Afghan partners he

works alongside with — similar to the influence he believes his grandfather left on the Soldiers of Vietnam.

"It's been an awesome experience," Collins said. "The training I've received is some of the best I have ever gotten in the Army — and I've been to combat dive school, Ranger school and the French forces command school."

Honda★★★★★

PRESIDENTS' DAY

★★★★★SALES EVENT

IT JUST FEELS RIGHT!

Jim Skinner

HondaHONDA

<div><div><div>WAS \$18,995</div><div>\$17,985</div></div></div> <div>2016 Honda Civic LX</div>	<div><div><div>WAS \$20,995</div><div>\$18,665</div></div></div> <div>2016 Honda Accord LX</div>	<div><div><div>\$9,995</div></div></div> <div>2007 Honda Pilot EX-L NAVIGATION</div>
<div><div><div>\$9,985</div></div></div> <div>2008 Honda Accord LX 69,015 MILES</div>	<div><div><div>\$21,980</div></div></div> <div>2016 Honda HR-V EX-L NAVIGATION 24,681 MILES 100,000 MILE WARRANTY</div>	<div><div><div>\$14,960</div></div></div> <div>2013 Dodge Charger SXT</div>
<div><div><div>\$17,970</div></div></div> <div>2015 Honda Pilot LX</div>	<div><div><div>\$17,500</div></div></div> <div>2014 Honda CR-V EX-L</div>	<div><div><div>\$15,900</div></div></div> <div>2014 Subaru Forester</div>

3823 Ross Clark Circle NW, Dothan, AL 36303 • www.jimskinnerhonda.com • 334-671-8100



Beach goers invited to travel back in time

Army Flier
Staff Reports

Through March 29, Visit Pensacola will host historic Pensacola trolley tours Mondays at 10 a.m., and Tuesdays and Thursdays at 10 a.m. and 2 p.m. for \$18 per person. The tours

start out at Visit Pensacola's office at 1401 E. Gregory Street. The narrated tours through historic downtown Pensacola last about an hour. Seating is limited, so people are encouraged to make reservations. For more information or to make a reservation, call 850-941-2876.

WIREFLIER COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

ONGOING — The Wiregrass Museum of Art offers monthly adult art classes starting March 7. The classes take place the first Wednesday of each month from 9:30 a.m. to 12:30 p.m., and cost \$15 for members and \$20 for non-members. People need to register by noon March 6. To register, visit <https://www.wiregrassmuseum.org/events/silhouettes/>. For more information, call 334-794-3871.

ONGOING — Disabled American Veterans Chapter 87 meets the third Thursday of each month at 6 p.m. at the Doug Tew Recreation Center. For more information, call 334-86-0217 Ext. 122 or email davchapter87@gmail.com. The chapter maintains office hours at 545 West Main St. (Mixon Business Center, Rm. 122), Mondays, Tuesdays, Wednesdays and Thursday from 9 a.m. to 2 p.m. to assist, free of charge, disabled veterans and their spouses with disability compensation claims and other benefits.

ONGOING — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 6:30 p.m. Meetings are held at the post's facility at 3087 Hwy. 605, which is Brannon Stand Road at the intersection of Park Avenue. For more information, call 400-5356.

ENTERPRISE

ONGOING — The Coffee County Toastmasters Club, an organization dedicated to the development of leadership and public speaking skills, meets the second and fourth Tuesdays of each month from 6:15-8 p.m. at the Enterprise State Community College Student Center Community Room. For more information, call 334-347-0259.

ONGOING — The Weevil City Cruisers Car Club hosts its

monthly Cruise IN downtown in front of Milky Moo's the first Saturday of every month at 4:30 p.m. For more information on the club, send an email to weevilcitycruisers@gmail.com, visit www.facebook.com/Weevilcitycruisers, or call 334-347-8680 or 334-477-6806.

ONGOING — Classes in the Taoist Tai Chi Society™ Internal Arts and Methods are currently held at the YMCA Fitness Center and the Episcopal Church of the Epiphany Parish Hall. At the Y, classes are offered Thursdays at 1 p.m. and Saturdays at 10 a.m. At the church, classes are offered Mondays at 9 a.m. and Thursdays at 5:30 p.m. People interested in joining a class are welcome to join at any time. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire for these classes. All classes are taught by accredited volunteer instructors. For more information, call 334-588-0512. For more information about Taoist Tai Chi, visit <http://www.taoist.org/usa/locations/montgomery/>.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

FEB. 23 — The February meeting for the Disabled American Veterans Wiregrass Chapter 99 will be held at 6 p.m. The meeting will take place in the New Brockton Senior Center. For further information, call 334-718-5707.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Town Hall (old armory building) at 706 McKinnon Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 334-406-6700.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

ONGOING — The Friends of Ozark holds a monthly meeting

on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREFLIER AREA

FEB. 23 — The New Hope Freewill Baptist Church, 3819 County Road 31, will celebrate the 23rd annual Pastoral Anniversary honoring Pastor Eddie L. Baker and First Lady Ollie Baker beginning at 7 p.m. The Pastoral Anniversary will continue Feb. 25 at 11:15 a.m. with Pastor Johnny McCray of Just Jesus Family Worship Center in Clio as the guest speaker for the morning and at 2:30 p.m. with Pastor Jackson Glover of Greater St. Paul Missionary Baptist Church in Pinckard as the guest speaker for the evening. Everyone is invited to attend. Dinner will be served.

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

ONGOING — AMVETS Post 23 monthly meeting is held the second Thursday of each month at 7 p.m. at the AMVETS Service Center, 203 MLK Dr., in Opp. For more information, call 334-493-0785 or visit www.amvetstpost23.com.

Beyond Briefs

Alabama Clay Conference

The 33rd Alabama Clay Conference will be held Feb. 15-18 at the Embassy Suites hotel in Montgomery. Presenting artists include Larry Allen, Chandra De-Buse, Akira Satake and Didem Mert. The Artist Market is free and open to the public. Workshops are available for a cost of \$185 -- \$120 for students. Registration is required at <https://www.alclayconference.org/register-here/> for the workshops. For more information, including the schedule, visit www.alclayconference.org/.

Home building expo

The Greater Montgomery Home Building and Remodeling Expo is scheduled for Feb. 23-25 at the Montgomery Multiplex at Cramton Bowl. The expo is a three-day event that will highlight the latest and greatest in home building and remodeling trends and technology, according to organizers. This year's featured guest will be Clint Harp from HGTV's show "Fixer Upper" and DIY Network's new show "Wood Works." The expo is open 10 a.m. to 6 p.m. Feb. 23-24 and noon to 5 p.m. Feb. 25.

Regular admission is \$6 -- military are admitted for free Feb. 23. For other discounts or for more information, visit

www.gmhba.org.

Nina and Pinta

March 2, the Pinta and the Nina, replicas of Columbus' ships, will open in Orange Beach. The ships will be docked at The Wharf, 23101 Canal Road, until their departure March 6. The Nina was built completely by hand and without the use of power tools. Both ships tour together as a new and enhanced sailing museum for the purpose of educating the public and school children on the caravel, a Portuguese ship used by Columbus and many early explorers to discover the world, according to organizers. While in port, the general public is invited to visit the ships for a self-guided tour. Admission charges are \$8.50 for adults, \$7.50 for seniors and \$6.50 for students ages 5-16. Children 4 and under are admitted for free. The ships will be open every day from 9 a.m. to 5:30 p.m. No reservations necessary. For more information, call 787-672-2152 or visit www.ninapinta.org.

Parks guide

The "2018 Guide to Georgia State Parks and Historic Sites" can help people plan spring break, summer vacations or even family reunions. The free booklet is filled with tips on the ideal hiking trails, fishing spots, cabins, campsites and company picnics. Produced annually by the Georgia

Department of Natural Resources, the travel guide features colorful photos from all across the Peach State.

For a free copy, call 770-389-7286 or stop by any Georgia State Park or State Historic Site. An online version can be found at GeorgiaStateParks.org. Outdoor enthusiasts and history buffs can keep up with the latest news and discounts by signing up for the park system's e-newsletter at GeorgiaStateParks.org/enews or following them on Facebook at [Facebook.com/georgiastateparks](https://www.facebook.com/georgiastateparks).

Bridge Crossing Jubilee

Selma will host the Bridge Crossing Jubilee March 1-5. The weekend is a commemoration of the anniversary of Bloody Sunday and the Selma to Montgomery March. Activities include a pageant, a dance, women and youth conferences, a parade, festival, interfaith service and National Voting Rights Hall of Fame induction.

For more information, visit www.selmajubilee.com.

Emerald Coast Boat and Lifestyle Show

Panama City Beach, Florida, will host the Emerald Coast Boat and Lifestyle Show March 2-4 from 10 a.m. to 5 p.m. each day at Aron Bessant Park, 600 Pier Park Drive. The show will feature boat

displays from all major manufacturers and the top dealers representing the latest in boats, high tech engines, electronics and marine accessories. Boats will range from entry level bow riders and center consoles all the way up to the next generation 42-foot center consoles with quad outboards that have become so popular, according to organizers. The event features everything for the kind of active, outdoor beach living so popular along the Emerald Coast: stand up paddleboards, fishing kayaks, outdoor kitchens, diving equipment, active wear and beach-cruising bicycles. In short, all the great things residents and visiting tourists enjoy on and around the water along the beaches is available at this event.

For more information, including ticket prices, visit <http://www.gulfboatshow.com/>.

Scottish Festival

The 26th annual Panama City Beach Scottish Festival will be at Frank Brown Park in Panama City Beach, Florida, March 3. The event includes Scottish athletic competitions, Scottish clan representatives, bagpipe bands, a British Car Club show, children's activities, Scottish and Irish food, Irish step dancers and more, according to organizers.

For times, ticket prices and more information, visit <http://pscscotfestival.com>.

FACE OF DEFENSE

Perspective, tenacity mark Soldier's career

By Army Staff Sgt.
Tina Villalobos
Task Force Spartan
Public Affairs

CAMP ARIFJAN, Kuwait – Maj. Kimberly Scott, the logistical planner and acquisition and cross-service agreement manager for the Kansas Army National Guard's 35th Infantry Division, is the consummate trailblazer – she sees her world as an opportunity yet to be accomplished, rather than a path fraught with obstacles.

Hers is the hand that will reach out to pull another Soldier up by her side. She's a mentor and facilitator of success – something often discussed and less often achieved. Of course, it's only natural to wonder how such a leader came to be.

Somewhere, in an impoverished orphanage in South Korea, beginning in the early 1970s, U.S. military forces began to make an indelible mark on an impressionable little girl. These men were a beacon of light and hope, and served as the big brothers who kept Scott and her fellow orphans safe and well, at a time when darkness might have prevailed.

"I was born somewhere in South Korea – I don't know exactly where, because I was an orphan," Scott said. "I grew up in an orphanage until I got adopted in 1986. The orphanage was built in 1953, right at the end of the Korean War. Initially, it was built for war orphans."

According to Scott, South Korea was still a developing country at the time, and many of the children's lives were probably saved due to the care and concern of U.S. forces.

"Whenever the orphanage ran out of food, the U.S. military forces supplied food," said Scott. "There were several times they spent Christmas with us, buying gifts. There were a couple of times that we went to their installation to have Thanksgiving and Christmas parties, and they also did welfare checks on over 100 orphanage kids. The military forces did a lot for us in that orphanage."

SECOND CHANCE

In one way or another, most of Scott's life has shown her to be exceptional. In 1986, she was the oldest child, at 13 years old, to be adopted out of the orphanage.

Scott's life changed forever when she was adopted and moved to Gettysburg, Pennsylvania, with her new family.

According to a 2015 report by The Economist, 24 babies left South Korea every day to foreign adoptions in the mid-1980s. Another 2015 article, authored by S.C.S., and published by "The Economist," estimates that 85 percent of the children in South Korean orphanages today will stay there until they become adults. The reason for low adoption rates, according to the article, is that there are still social stigmas regarding adoption within the country, and changes in South Korean adoption laws have made adopting more difficult for foreigners seeking to adopt.

"The fact that American military forces were always there in a positive light for us meant a lot to me," Scott said. "If it wasn't for the American military forces, I probably would have died a long time ago. Orphanage life was not exactly that easy. I ran away from the orphanage a lot.

"I came back one time pretty messed up," Scott said. "It happened to be just at the time when the U.S. military forces had showed up to do one of their health and welfare checks. I was undernourished. My body was eating itself, and I was pretty much skin and bone. They were taking pictures of me to document my condition, as the doctor was checking me and giving me vitamins and everything. It was American Soldiers who took care of me until I got better. In turn, I felt that I could at least do something. I think probably my childhood had a lot to do with my decision to join the military."

BEATING THE ODDS

After graduating high school, Scott enlisted in the Marine Corps where she attained the rank of lance corporal. Again a statistical outlier, Scott was among the 7.7 percent of active-duty female Marines during that time.

"I got out of the Marines on June 7, 1997, and joined the Missouri National Guard on June 22, 1997," Scott said. "I was enlisted as a Marine and I was also enlisted when I first came into the Army National Guard."

Scott's propensity to serve went beyond her military service and extended to her community after she left the Marine Corps.

"After I got out of the Marine Corps, I went to the police academy and became a deputy sheriff for the Platte County Sher-



PHOTO BY STAFF SGT. TINA VILLALOBOS

Maj. Kimberly Scott, the logistical planner and acquisition and cross-service agreement manager for the Army National Guard's 35th Infantry Division, first enlisted in the military after seeing how U.S. forces in South Korea helped orphans such as herself.

iff's Department," Scott said. "I did that for over 14 years, and then I got out of law enforcement."

According to a Bureau of Labor and Statistics report, in 2012, only 12 percent of police patrol officers were women.

"I went up to the rank of sergeant on the enlisted side," Scott said. "I knew eventually that I wanted to go to the officer side of it, because there are certain things you can do as an enlisted Soldier, but you can't entirely take care of people at the level I wanted to, so I thought that, by becoming an officer, I could actually make some positive changes."

After she became a mother, Scott felt it was even more important to push forward, and further her education and career endeavors by working toward becoming an officer in the Army National Guard.

"About the year 2003, after I had my son, that's when I made the decision that I was going to go officer. I started my phase zero in January of 2004. Then I went to Officer Candidate School and graduated in September of 2005. I went through OCS the traditional way."

Becoming part of the 9 percent of the U.S. population to hold a master's degree, according to the National Center for Education Statistics, and having graduated through the traditional OCS, Scott now felt she had the experience and education to affect a greater depth of mentorship and assistance among her troops.

STANDING OUT

Scott's diverse military experiences have enabled her to be well-rounded and offer sound advice to soldiers. She has been a bulk fueler, a military police officer, worked in communications, logistics, as a human resources officer, a plans and operations officer, and in several managerial positions within the military.

With all of her accomplishments, Scott's most gratifying military moments have been in the service of her military family and in helping comrades to succeed.

"The most rewarding jobs in my military career have been becoming a platoon leader and company commander. My platoon was 43 Soldiers, including me, and working one-on-one with them – that's the part I enjoyed the most," Scott said. "I remember I had a Soldier that wanted to go to air assault school. I worked with squad leaders and team leaders to get that Soldier developed. He's now an officer. I am actually really proud of him. He is a great officer!"

As a citizen-Soldier, Scott has found gratification in her civilian occupation, as well. She leads a team of 10 employees as a Defense Department contractor for the Mission Command Training Program at Fort Leavenworth, Kansas, where her team, in conjunction with more than 500 other facilitators, creates up to five corps, division, or brigade-level warfighter exer-

cises per year. Warfighter exercises help to prepare soldiers for deployments, as they simulate conditions soldiers might encounter downrange in their varying military occupational specialties.

Military careers are often made or broken by the soldiers themselves, according to Scott. She encourages Soldiers to take charge of their careers, and she feels that

attitude plays a huge role in their outcomes and the quality of their experiences.

"Everyone's eyes are on you as a member of the U.S. military forces," she said. "Watch out what you do and what you say. Watch your actions, because there may be a little orphan kid keeping an eye on you. You may affect that kid, because they're putting you on a pedestal."

WE
APPRECIATE
FORT
RUCKER.

Southeast Alabama Medical Center employees and medical staff thank Fort Rucker for its commitment to the security of our community and our country.

We extend our appreciation to the soldiers and military families for their personal sacrifices.



SOUTHEAST ALABAMA
MEDICAL CENTER



CareChex
A Division of COMPANION

Top 10% in the nation for patient safety

1108 ROSS CLARK CIRCLE DOTHAN, AL 36301 334-793-8111 SAMC.ORG



All remaining 2017 CARS, TRUCKS, and SUVs in stock
PRICED AT or BELOW INVOICE!

START THE NEW YEAR OFF STRONG.

**NEW 2018 CHEVY DOUBLE CAB
LTZ SILVERADOS**

STARTING AT

\$37,800

AFTER ALL
MANUFACTURER'S
REBATES¹



NEW 2017 CHEVY CAMARO

STARTING AT

\$31,800

AFTER ALL
MANUFACTURER'S
REBATES¹



NEW 2017 CHEVY SPARK

STARTING AT

\$12,300

AFTER ALL
MANUFACTURER'S
REBATES¹



NEW 2017 CHEVY SONIC

STARTING AT

\$14,300

AFTER ALL
MANUFACTURER'S REBATES¹



FIND NEW ROADS™

¹ NOT AVAILABLE WITH SPECIAL FINANCING, LEASE AND SOME OTHER OFFERS.
PLUS T.T. & L. MUST TAKE DELIVERY BY 2/28/18.
SEE DEALER FOR DETAILS.

SEE YOUR LOCAL CHEVY DEALER:

CHEVROLET



*The area's fastest
growing Chevrolet dealer!*

**ENTERPRISE
CHEVROLET**

1001 Rucker Blvd.

Enterprise, Alabama

Sales: (877) 292-4679

Service: (866) 561-8857

★ ★ ★ ★ ★ ★ ★ ★
**To Those Who Serve,
Enterprise Chevrolet Salutes You &
Thanks You With A MILITARY
DISCOUNT!**



www.ENTERPRISECHEVY.com



FEBRUARY 15, 2018

DE-STRESS

Yoga provides strength training for mind, body

By Jeremy Henderson
Army Flier Staff Writer

Hectic work and school schedules often increase stress, but yoga can be a valuable tool for reducing stress and increasing overall health and fitness.

“It is over 5,000 years old,” Helaine Moesner, yoga instructor, said. “The poses have been tried and proven. If it wasn’t good for the body, it probably would have been considered a fad and fallen by the wayside centuries ago.”

“Yoga is a balance of flexibility, strength and cardio,” she added. “It is good emotionally as well as physically. It calms the body by focusing on the rhythmic nature breath.”

Moesner teaches hatha yoga, which means “force,” with what she considers a personal twist.

“I try to incorporate some power stances and planks to engage the core and provide strength training along with the meditative nature of yoga.”

Instructor-led group yoga classes are available Mondays and Wednesdays from 9:45-10:45 a.m., Mondays from 5-6 p.m. and Wednesdays from 6:15-7:15 p.m. at Fortenberry-Colton Physical Fitness Center.

What if these classes don’t fit a person’s schedule? Yoga classes will be offered as a Well Beats “February Freebie” Tuesdays and Thursdays from 10-11 a.m. throughout February.

Well Beats, a service billed as a virtual presentation and live experience, offers a wide range of formats customizable with various intensity levels and time lengths through video



PHOTO BY JEREMY HENDERSON

Helaine Moesner, yoga instructor, leads students through a series of meditative opening poses during a recent class at Fortenberry-Colton Physical Fitness Center.

instruction and can be accessed by patrons at anytime during the Fortenberry-Colton PFC’s normal business hours.

According to Moesner, finding a way to fit yoga into a busy day can provide numerous benefits.

“When everyone is trying to fit more in their day, sometimes you have to step back and de-stress,” she said. “If you only learn the meditation techniques, you can take that and apply it to everyday life. Step back from the day and spend three to five minutes deep breathing.”

Meditation techniques can also assist Soldiers on the job or at training, especially during

“When everyone is trying to fit more in their day, sometimes you have to step back and de-stress.”

— HELAINE MOESNER,
YOGA INSTRUCTOR

qualifying marksmanship shoots at the gun range, she said.

“I do competition shooting and I use meditation to calm my nerves before an event,” Moesner said. “Right before a match, I apply some of the breathing techniques I’ve learned through yoga. My heart is pounding be-

cause I am focused on beating the person next to me. Not good for a steady hand. Soldiers can apply the same techniques before qualifying shoots or stressful examinations.”

Although Moesner recommends attending at least two classes a week to receive the

full benefits of yoga, she feels patrons can reap invaluable benefits from one class.

“They can learn one pose, breathing technique or stretch to help with back pain or to eliminate stress from their day,” she said.

Each class is \$3.50 per class, \$15 for two weeks of unlimited classes or \$30 for one month of unlimited classes.

Group fitness schedules are available at the front desk of both PFCs or online at <http://rucker.armymwr.com/us/rucker/programs/fitness-centers/>.

For more information, call 255-3794 or 255-2296.



ARMY PHOTO ILLUSTRATION

Soldiers and other service members who deploy to areas of the world where antibiotic-resistant bacteria are widespread are at great risk for dangerous bacterial infections.

Army Medicine in thick of war against antibiotic-resistant bacteria

By Ronald W. Wolf
Army Medicine

WASHINGTON — An important battle is under way. It involves — rather than armies of people — armies of microbes — bacteria and viruses.

The weapons used in this war are antibiotics and vaccines. For antibiotics in particular, however, increasing resistance to these drugs has been a growing and serious problem for at least 20 years, and a topic of discussion for more than half a century by healthcare planners as healthcare quality and safety issues.

Why is this important to the Army? Soldiers — and all other service members — may deploy around the world on short notice to areas where disease is a threat, and potential threats to the health of troops must be identified. Medical experience reveals that Soldiers take longer to recover from infections caused by antibiotic-resistant bacteria, those infections can cause death, and the resources involved in treatment are expensive.

Illnesses that were once easily treatable with antibiotics are becoming more difficult to cure and more expensive to treat. For example, infections from common antibiotic-resistant foodborne bacteria, such as Salmonella, are a danger, and these infections can cause life-threatening illnesses.

The Centers for Disease Control and Prevention calls antibiotic resistance “one of the world’s most pressing public health problems.”

The World Health Organization has cautioned that it is possible that a “post-antibiotic era” may be coming

SEE MEDICINE, PAGE D3

Training program aims at improving patient outcomes

By Shireen Bedi
Office of the Air Force Surgeon General

FALLS CHURCH, Va. — As the use of surgical robotics increases, the Air Force Medical Service is training its surgical teams in the latest technology, ensuring patients have access to the most advanced surgical procedures and best possible outcomes.

To address the demand for training military health care providers, Air Force Maj. Joshua Tyler, the director of robotics at Keesler Air Force Base, Mississippi, helped to establish the Institute for Defense Robotic Surgical Education.

The first of its kind in the Air Force, the facility trains Air Force, Army, Navy and Department of Veterans Affairs surgical teams to use state-of-the-art medical robotics. Access to this type of training was previously available only through private industry.

“Robotic surgery is becoming the standard of care for many specialties and procedures, but Air Force surgeons had limited opportunities to train with surgical robots,” Tyler said. “We needed a way to get surgeons trained without relying solely on the private sector. With the creation of InDORSE, we are able to do just that by using existing facilities and personnel.”

ADDRESSING MILITARY HEALTH CARE CHALLENGES

The InDORSE training site addresses challenges unique to military health care. The training also uses a team-based model, which helps to overcome some of the challenges of implementing robotic surgery in military hospitals.

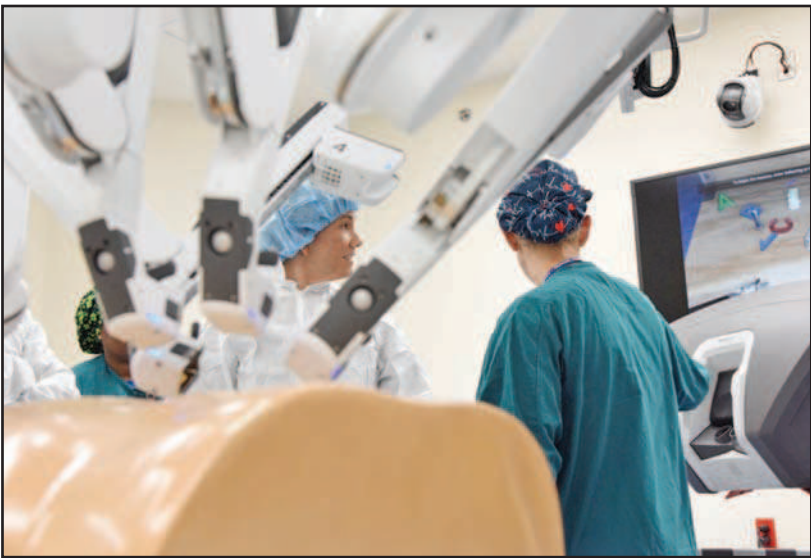


PHOTO BY KEMBERLY GROUE

Air Force Col. Debra Lovette, 81st Training Wing commander, receives a briefing from Air Force 2nd Lt. Nina Hoskins, 81st Surgical Operations Squadron nurse, on robotic surgery capabilities inside the robotics surgery clinic at Keesler Medical Center, Miss., June 16. The training program stood up in March and has trained surgical teams within the Air Force and across the Defense Department.

“Between deployments, operational tempo and varying surgical volumes at military facilities, it is important that whole teams are fully trained on surgical robotics,” Tyler explained. “Also training the nurses and medical technicians, in addition to the surgeon, ensures that everyone has tangible experience with the robot and helps get surgical robotics up and running much quicker.”

Robotic surgeries have been shown to deliver better outcomes for patients than traditional surgery. They offer better visualization and increased mobility for the surgeon, allowing them to make smaller incisions. This precision leads to more successful surgeries and quicker recovery times, which improves patient satisfaction and lowers costs.

“The best outcomes I’ve ever given my patients came using robotics,” Tyler said. “We see sig-

nificant decreases in post-surgery pain, surgical site infection rates and length of hospital stay. That quicker recovery means patients get to return to their normal life more quickly.”

The InDORSE facility at Keesler stood up in March. There are already plans to double its training capacity soon. Soon after Keesler’s facility opened, Wright-Patterson Air Force Base, Ohio, set up its own surgical robotics program. Travis Air Force Base, California, and Nellis Air Force Base, Nevada, are working on surgical robotics acquisition now.

“Use of robotics is increasing in many medical specialties,” Tyler said. “Providing opportunities for our whole surgical teams to receive training on this cutting edge technology is vital to the AFMS’s focus on continuously improving the patient experience.”

DOWN TIME



Just Like Cats & Dogs

by Dave T. Phipps



Trivia test

by Fifi Rodriguez

TRIVIA

1. SCIENCE: What is the threadlike conductor in an incandescent lightbulb called?
2. MOVIES: Who played the lead in the 1980s movie "Moscow on the Hudson"?
3. GEOGRAPHY: What is the official language of Mozambique?
4. ANIMAL KINGDOM: What is a female swan called?
5. TRANSPORTATION: What airport would you be traveling through if the three-letter designation is LGW?
6. TELEVISION: What is the subject matter of the drama called "Big Love"?
7. ANATOMY: A normal set of human teeth has how many incisors?
8. LITERATURE: To whom did Herman Melville dedicate the novel "Moby-Dick"?
9. GOVERNMENT: Which country's parliament is called the Althing?
10. AD SLOGANS: What company advertised its products as "the best a man can get"?

See Page D3 for this week's answers.

Super Crossword

HEARTFELT WISH

ACROSS

- 1 Birmingham locale
8 Holy See leaders
13 Largest living bird
20 One vilifying in print
21 Spitz relative
22 City WSW of Albany
23 Aroma source
24 Former NBA'er
25 Most humble
26 Own delicately pretty baby enclosures?
29 With 32-Across, tourist's reference
30 Baseballer Hersher
31 Rhine feeder
32 See 29-Across
35 People put aside their pride for a while?
43 Posing for a painting, e.g.
46 Mineo of film
47 Tidbits

DOWN

- 48 Log splitter
49 Bring on monster?
53 Turbine part
56 "Weird Al" Yankovic hit
57 Pinched a chubby shrink?
61 Pet's jingler
62 Gluck's "ed Euridice"
63 My, in Milan
64 "Ammo" pair
67 "New Math" singer Tom
69 "The Donald"
72 Shiite, e.g.
75 Stubborn beast
76 Not at home
79 Wage hike
82 Open spot in a forest
83 "Airplane!" co-star created an online fund-transfer service?
88 Large parrot
91 Exotic juice berry
92 India or Iran
93 Park it
94 Asounds
96 "Yay, team!"
98 Geezers

ACROSS

- 100 Turn down a mawkish sea monster?
106 USN rank
107 Chip or nick
108 Large feline
109 See 85-Down
113 What this puzzle's long answers are anagrams of
120 Enchant
123 PC character format
124 Some suede
125 In pieces
126 Diadem's kin
127 Prayer rug user, say
128 Hot springs
129 Lucifer
130 50- — (some long field goals)

DOWN

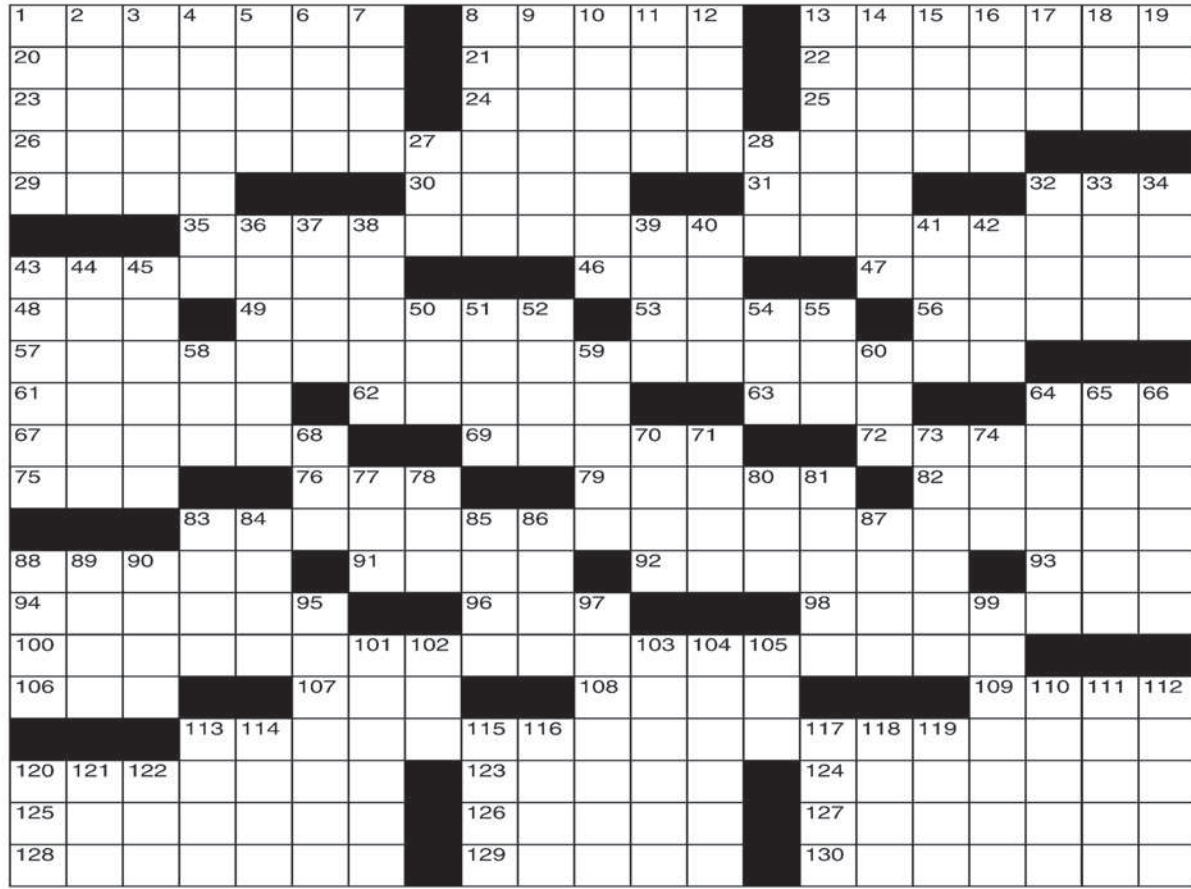
- 7 Intro class for painters
8 Trifling
9 Signed off on
10 Zits
11 List-curtailling abbr.
12 Poet Teasdale
13 Tuba sound
14 Disdain openly
15 Many a rave attendee
16 Soldiers on "M*A*S*H"
17 Salt additive?
18 Dol. parts
19 Fez or kepi
27 "Just joking!"
28 "Yahoo!"
32 Beef or ham
33 Opposing
34 "Hey, I've got a secret ..."
36 Maintain
37 Essential
38 Boise setting
39 Volcanic flow
40 Actor Ladd
41 JFK was one
42 Bog material
43 Philippines' capital
44 Lime, silica and rust

ACROSS

- 45 — of despair
50 The, to Franz
51 Roosevelt's successor
52 Higher than
54 "Rambo" site, for short
55 Yale student
58 Duffer's goal
59 "— joking!"
60 Thanksgiving staple
64 Slip by
65 In-flight
66 Puts in a blast furnace
68 Singer Clark
70 Singer Aimee
71 Bread for a gyro
73 Kampala site
74 Cunning
77 Signer of SALT I and II
78 Quirky habit
80 Unit for Graf
81 Mandate
83 Ill-defined
84 Astonishes
85 With 109-Across, zilch
86 Apothecary's bottle
87 Roo's friend
88 Produced

DOWN

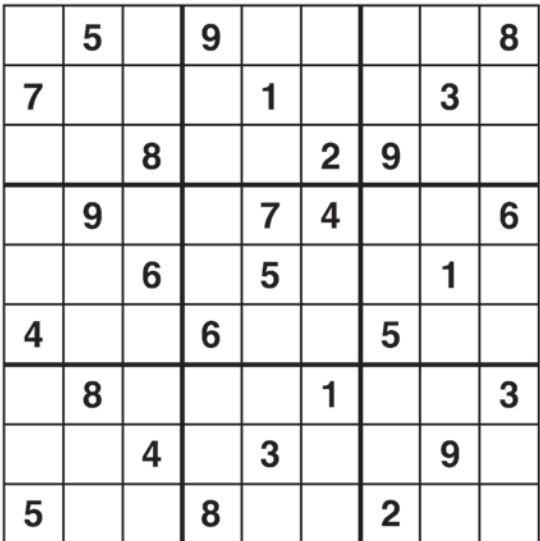
- 89 Revival reply
90 Gives the boot
95 Selection of chocolates
97 Spiteful, violent sort
99 Ground, as the teeth
101 Daily news sources
102 Inquire nosily
103 TV host Meredith
104 Old Greek
105 Cookout pest
110 "Swan Lake" villainess
111 Watchdog Ralph
112 People ogling
113 Attila's bunch
114 Secretary, say
115 Giant tubs
116 Yemen locale
117 Really gross
118 Octa- + one
119 Fancy water jug
120 Luggage item
121 Dialect suffix
122 Man



See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

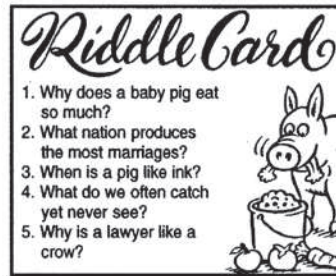
DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

© 2018 King Features Synd., Inc.

See Page D3 for this week's answers.

KID's CORNER

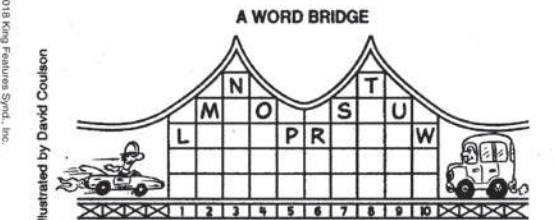


Answers: 1. To make a hog of himself. 2. Fascination. 3. Because when you put it in a pen, it's passing remarks. 4. A passing remark. 5. Because he likes to have his cause (case) heard.

DON'T GET SNOWED! To solve this problem, replace the letters in the AlphaMath problem pictured with the digits 1 through 9, so that you have a correct addition problem. The same letters get the same digits. See if you can get a higher total than we did.

GET A GRIP ON THIS PUZZLE! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in grid A contain the same letters as the corresponding words in grid B.

1. Like a chair.
2. A state of irritation.
3. Faster than a walk.
4. To start again.



Commander, actor, athlete shares life lessons with Soldiers

By Suzan Holl
20th CBRNE Command
Public Affairs

ABERDEEN PROVING GROUND, Md. — Like a lot of American boys, retired Army Col. Gregory D. Gadson had dreams and goals of becoming a Super Bowl champion.

By the time he was a senior in high school, it looked like he was well on his way of making those dreams a reality.

Gadson was an all-state football player in Virginia, captain of his all-star team. He thought he was heading to the University of Virginia on a full scholarship, but the school had a change of heart.

“I gave up on my dreams of becoming a professional football player and ended up going to West Point because that was the only other place I had to go,” Gadson said at the 20th Chemical, Biological, Radiological, Nuclear, Explosives Command’s town hall meeting Jan. 26 at Edgewood Arsenal on Aberdeen Proving Ground.

But football wasn’t out of the picture entirely. He played defen-



PHOTO BY CLEMENS GAINES

Retired Col. Gregory Gadson talked to the Soldiers of the 20th CBRNE Command Jan. 26 Aberdeen Proving Ground, Md. Gadson spoke about the adversity he faced in May 2007 due to the traumatic injuries he received when his vehicle hit an improvised explosive device in Iraq. He was presented with the command’s blanket by 20th CBRNE Command leadership, Command Sgt. Maj. Kenneth Graham and Brig. Gen. James Bonner.

sive tackle for the Golden Knights for all four years at West Point finishing his collegiate career on top with Army winning the Commander in Chief’s Trophy his se-

nior year.

Gadson graduated in 1989 and was commissioned as a second lieutenant in the field artillery. He served in several major conflicts

including Operation Desert Shield and Desert Storm, Operation Joint Forge, Operation Enduring Freedom and Operation Iraqi Freedom.

On May 7, 2007 he was in Iraq serving as commander of the 2nd Battalion, 32nd Field Artillery, when his whole life changed.

“I was returning from a memorial service for two fellow service members,” said Gadson. “I’ll never forget that day because the lives of those two men stuck with me. I had to wonder if it was worth it – whether their sacrifice and that god-awful time in Iraq was worth it,” and that’s when the vehicle he was riding in hit an improvised explosive device.

“I vaguely remember hitting the ground and coming to a stop on my back,” said Gadson, “I couldn’t move but I knew something was wrong.”

He said the last thing he recalls is telling God he didn’t want to die in Iraq and then he lost consciousness.

Sgt. 1st Class Fredrick Johnson, whose vehicle was behind Gadson’s, performed CPR and

another Soldier, 19-year-old Pvt. Eric Brown, tied tourniquets on to Gadson’s severely injured legs. It was Brown’s quick actions that saved his commander’s life.

“Brown was one of your own,” he told the 20th CBRNE Command Soldiers, “And the doctor’s told me that it was his actions that saved my life.”

Gadson’s medic didn’t deploy with the battalion because of a broken ankle. When Gadson asked for a replacement, the Army told him they didn’t have one available. Instead they sent Brown to a two-week emergency medical technician course at Kansas State University. Brown finished the course just days before deploying to Iraq.

A week after Gadson arrived at Walter Reed Medical Center in Bethesda, he was told that the blood vessels in his left leg were so badly damaged they could no longer sustain blood flow and in order to save his life, the leg would need to be amputated. Ultimately, Gadson’s right leg also was amputated, and he lost the use of his right hand and arm.

Medicine

Continued from Page D1

where minor infections – currently easily treated with common antibiotics – may become deadly. A number of national or international organizations are funding research on this medical threat.

Each year in the United States, at least 2 million people become infected with bacteria that are resistant to antibiotics and at least 23,000 people die each year because of these infections. Many more people die from other conditions that are complicated by antibiotic-resistant infections.

Soldiers who deploy to areas of the world where antibiotic-resistant bacteria are widespread are at risk for dangerous bacterial infections. Just as importantly, those troops may come home carrying drug-resistant or difficult to treat infections.

Issues with this problem are well documented. Troops returning from Iraq starting in 2003 and through at least 2010 came home with difficult to treat bacterial infections.

During that period, although no American Soldiers from the Iraq war died from the bacteria (*Acinetobacter baumannii*), at least five very ill patients that were in the same hospitals as the infected soldiers themselves became infected and died. Underlying illnesses may have contributed to the deaths of those patients, but that’s part of the problem. Individuals who are already ill are especially susceptible to life-threatening complications from antibiotic-resistant bacteria.

Getting a handle on these dangerous organisms is especially critical to protect the safety of Soldiers and family

members. Bacteria have natural defenses that let them shrug off many antibiotics, and they are also good at adapting to new drugs.

Even sterilizing surfaces in medical treatment facilities is a challenge. Bacteria are extremely resilient and can live on surfaces for days. Even hospitals are a threat for spreading infection because bacteria can lie in wait on bed rails, tables or other surfaces and infect other patients unless disinfection practices are diligent and thorough.

Army Medicine has been focused on this problem for a number of years. In 2009, the Multidrug-Resistant Organism Repository and Surveillance Network stood up under the Walter Reed Army Institute of Research. WRAIR is the largest and most diverse biomedical research laboratory in the Department of Defense.

The mission of the MRSN is to coordinate analysis and management of antibiotic resistance across the entire military health system. This effort helps military treatment facilities share information, optimize standard practices for infection control and patient safety, identify an outbreak of a pathogen earlier, and make more appropriate antibiotic selections for patients.

More recently, the MRSN became a key part of the DOD’s Antimicrobial Resistance and Monitoring Research Program. Managing antibiotic-resistant bacteria and related programs is a triservice effort; ARMOR includes DOD hospital laboratories, clinicians and infection control staff; public health reporting groups; Navy and Air Force public health data collection programs; and national policy groups.

Changes to what are considered effective and prudent use of antibiotics are critical to ensuring safety and health. A shift in the culture of how antibiotics are prescribed by providers and the expectations of patients need to be managed better.

Overprescribing antibiotics by providers when they aren’t sure what a patient has or because a patient asks for them, regardless of actual need, have contributed to this problem of antibiotic-resistance. In addition, antibiotics fight bacteria and have no effect on viruses.

Here are some recommendations.

- Use antibiotics only as prescribed by your provider.
- Take the appropriate daily dose for the entire course of treatment.
- Do not take leftover antibiotics. Throw away unused antibiotics.
- Never take antibiotics prescribed for another person.
- Practice good hygiene. Wash hands regularly with soap and water, especially after using the toilet, before eating, before preparing food and after handling uncooked meat.
- Use hand sanitizers – they are very effective in reducing bacteria and viruses.
- Ensure your children receive appropriate vaccinations.

Effective and prudent use of antibiotics and vaccines are critical to ensuring patients’ safety and health. Soldiers and their families should work as partners with their physicians to avoid unnecessary use of antibiotics. You can protect yourself by following their advice and using antibiotics only as directed by your healthcare provider.

ANNIVERSARY



PHOTO BY JENNY STRIPLING

Lyster Army Health Clinic celebrated 117 years of the Army Nurse Corps Feb. 2 with a cake cutting ceremony. Carolyn Peterson, LAHC nurse, Capt. Mildred Castillo, LAHC chief of Preventive Medicine, and Lt. Col. Latonya Walker, LAHC deputy commander for nursing, cut the cake for the Army Nurse Corps anniversary. Since the Revolutionary War, nurses have treated American Soldiers throughout the nation’s conflicts, but it was not until 1901 that the Army Nurse Corps officially came into being.

SPORTS BRIEFS

ATV Trail Ride

Fort Rucker Outdoor Recreation will host its ATV Trail Ride Saturday from 7 a.m. to 1 p.m. Pre-registration is required and the cost is \$20. Drivers must pass the safety driving t given through ODR before participating. Participants must provide their own all-terrain vehicle and also provide their own protective gear, including helmets, boots, etc., that must be worn at all times. This event is open to the public, ages 16 and up.

For more information, call 255-4305 or 255-2997.

Stars and Strikes bowling

Rucker Lanes will offer its Stars and Strikes bowling special for President’s Day Feb. 19 from 10 a.m. to 9 p.m. The special includes 25-cent games and 50-cent shoe rental per person. The special is open to the public.

For more information, call 255-9503.

Commanding General’s Golf Tournament

Silver Wings Golf Course will host the Commanding General’s Golf Tournament Feb. 23. The format is four-person team scramble and begins at 11 a.m. Entry fee is \$60 for non-members and \$50 for members. Entry fee includes tournament course fees, 18 holes of golf, range balls, carts, lunch and prizes. Prizes go to the longest drive, closest to the pin, Top 3 teams, and the highest scoring team.

For more information, call 255-0089.

T-ball, baseball, softball registration

Registration for youth T-ball, baseball and softball continues through Feb. 23 at Fort Rucker Parent Central Services, located in Bldg. 5700, Soldier Service Center, Rm. 193 or online using WebTrac. A current sports physical and a valid child and youth services registration are required for participation. There will be a parents meeting Feb. 28 at 6 p.m. in the youth center, Bldg. 2800, on Seventh Avenue.

For more information, including the various age groups and costs, call 255-9638 or 255-2254.

Start Smart Baseball registration

The National Alliance for Youth Sports and Fort Rucker Youth Sports will run Start Smart Baseball registration through Feb. 28. Start Smart is a six-session instructional program that helps children learn the basics of baseball: throwing, catching, batting, and running and agility. The program helps prepare children for organized baseball using safe and fun equipment to teach them the basic motor skills, according to organizers. The program is open to children ages 3-4. The program requires 100-percent parent participation. The program will meet on Mondays and Wednesdays from 5-5:45 p.m. at Youth Center Baseball Field 3 for three weeks beginning March 5. Cost is \$25 per participant and includes a T-shirt. There will be a parents meeting Feb.

28 at 5 p.m. at the youth center gym.

To register, visit parent central services, 255-9638, or the youth sports office, 255-2254 or 255-2257.

Saturday Afternoons on the Range

Silver Wings Golf Course hosts its Saturday Afternoons on the Range with PGA professional Ty Andersen Saturdays from 1-2 p.m. Cost is \$10 and can be paid at the pro shop before the session starts at the driving range. The afternoon is a supervised practice with unlimited range balls.

For more information, call 255-0089.

Softball coaches meeting

The Fort Rucker Physical Fitness Center will host intramural softball coaches meetings March 8 at 9 a.m. and 5:30 p.m. The meetings are for anyone interested in coaching an intramural softball team. The meetings will be held in the Fort Rucker PFC’s conference room.

For more information, call 255-2296.

Youth turkey hunt

Fort Rucker Outdoor Recreation will host its youth turkey hunt March 10 from 7 a.m. to noon. The hunt is open to the public for youth ages 5-15. Registration is \$20. A parent or escort of the youth must have an Alabama State Hunting License and hunter education completion card. There will be door prizes for all registered youth. Lunch will be provided.

PUZZLE ANSWERS

Super Crossword

Answers

A	L	A	B	A	M	A		P	O	P	E	S		O	S	T	R	I	C	H	
L	I	B	E	L	E	R		A	K	I	T	A		O	N	E	O	N	T	A	
O	D	O	R	A	N	T		L	A	M	A	R		M	E	E	K	E	S	T	
H	A	V	E	D	A	I	N	T	Y	P	L	A	Y	P	E	N	S				
A	R	E	A					O	R	E	L			A	A	R		M	A	P	
				V	A	N	I	T	Y	D	E	L	A	Y	H	A	P	P	E	N	S
M	O	D	E	L	E	D				S	A	L		T	R	E	A	T	S		
A	X	E		L	E	A	D	T	O		V	A	N	E		E	A	T	I	T	
N	I	P	P	E	D	H	E	A	V	A		A	N	A	L	I	S	T			
I	D	T	A	G		O	R	F	E	O		M	I	A		E	M	S			
L	E	H	R	E	R			T	R	U	M	P		M	U	S	L	I	M		
A	S				O	U	T			R	A	I	S	E		G	L	A	D	E	
				H	A	Y	S	I	N	V	E	N	T	E	D	P	A	Y	P	A	L
M	A	C	A	W		A	C	A	I		N	A	T	I	O	N		S	I	T	
A	M	A	Z	E	S		R	A	H		C	O	D	G	E	R	S				
D	E	N	Y	S	A	P	P	Y	L	E	V	I	A	T	H	A	N				
E	N	S			M	A	R			L	I	O	N			A	O	N	E		
				H	A	P	P	Y	V	A	L	E	N	T	I	N	E	S	D	A	Y
B	E	G	U	I	L	E		A	S	C	I		C	O	W	H	I	D	E		
A	S	U	N	D	E	R		T	I	A	R	A		K	N	E	E	L	E	R	
G	E	Y	S	E	R	S		S	A	T	A	N		Y	A	R	D	E	R	S	

Weekly SUDOKU

Answer

3	5	2	9	4	7	1	6	8
7	6	9	5	1	8	4	3	2
1	4	8	3	6	2	9	7	5
2	9	5	1	7	4	3	8	6
8	3	6	2	5	9	7	1	4
4	7	1	6	8	3	5	2	9
9	8	7	4	2	1	6	5	3
6	2	4	7	3	5	8	9	1
5	1	3	8	9	6	2	4	7

Trivia

Answers

1. Filament
2. Robin Williams
3. Portuguese
4. A pen
5. Gatwick, London
6. Modern-day polygamy
7. Eight
8. Nathaniel Hawthorne
9. Iceland
10. Gillette, razors

USKA MARTIAL ARTS SUMMER KARATE CAMP

1145 JAMES DRIVE • ENTERPRISE, AL
(BEHIND CARQUEST)

BEGINS MAY 29 - JULY 27, 2018
LUNCH INCLUDED

7:30am - 5:30pm
Monday - Friday
Largest Game Room In Enterprise

NOW REGISTERING
LOW AS \$65 WEEKLY
WITH USKA MEMBERSHIP

334-475-4308
WWW.SCORPIONKARATE1.COM

2018 SUMMER CAMP IS GOING TO BE A BLAST.
MAKE PLANS TODAY!
FREE KARATE CLASSES



DOTHAN & ENTERPRISE

WE'RE BUYING CARS!

WE WILL NOT BE OUTBID!

**WE WILL BUY YOUR VEHICLE *OR* YOU
CAN TRADE IT IN FOR TOP DOLLAR!**

**FAST & EASY 15-MINUTE
NO-OBLIGATION APPRAISAL!**



ALL MAKES!



ALL YEARS!



ALL MODELS!



ALL MILEAGES!

WE'RE BUYING THEM ALL!



ENTERPRISE
1501 E PARK AVENUE
ENTERPRISE, AL 36330
855-604-6551

DOTHAN SOUTH
2067 ROSS CLARK CIRCLE SOUTH
DOTHAN, AL 36301
877-542-1722

OutletAuto.com